# Thermodynamic and mechanistic insights into coupled binding and unwinding of collagen by matrix metalloproteinase 1

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#### Abstract

Local unwinding of the collagen triple helix is a necessary step for initiating the collagen degradation cascade in extracellular matrices. A few matrix metalloproteinases (MMPs) are known to support this key process, but its energetic aspects remain unknown. Here, we captured the thermodynamics of the triple helix unwinding by monitoring interactions between a collagen peptide and MMP-1(E200A) – an active-site mutant of an archetypal vertebrate collagenase – at increasing temperatures, using isothermal titration calorimetry (ITC). Coupled binding and unwinding manifests as a curved relationship between the total enthalpy change and temperature of the reaction, producing increasingly negative heat capacity change ( $\Delta\Delta C_p \approx -36.3 \text{ kcal/molK}^2$ ). A specially designed solid-phase binding and cleavage assay (SPBCA) reported strain in the catalytically relevant unwound state, suggesting that this state is distinct from the horizon of sampled conformations of the collagenase-susceptible site. MMP-1 appears to blend selected fit with induced fit mechanisms to catalyse collagen unwinding prior to cleavage of individual collagen chains.

Collagenolysis is an important process in development, organ morphogenesis and tissue repair. When perturbed, it contributes to diseases such as arthritis, atherosclerosis, aneurysm and cancer [1,2]. It is instigated by selected enzymes from the matrix metalloproteinase family (MMP-1, -2, -8, -13, and -14) that share a unique ability to support local unwinding of interstitial triple-helical collagens (types I-III) [3–5]. All collagenolytic MMPs comprise at least two domains, a catalytic (Cat) domain and a hemopexin (Hpx) domain, connected by a flexible linker. Only a single polypeptide chain can fit in the active site cleft of a Cat domain, thus unwinding of the three collagen strands, which absolutely requires input from an Hpx domain, is necessary for the cleavage to occur [6,3,7,8]. The unwinding takes place at a specific site, approximately <sup>3</sup>/<sub>4</sub> of the way from the N-terminus of a collagen molecule, which results in characteristic <sup>3</sup>/<sub>4</sub> and <sup>4</sup>/<sub>4</sub> length cleavage products. These collagen fragments are unstable at body temperature and, as they start to unfold, they become vulnerable to other, less selective proteases. Thus, the initial cleavage by MMPs is the rate-limiting step of collagen breakdown, and its exact mechanism is of wide interest.

A number of hypotheses have been formulated with regard to the mechanism of collagen unwinding [5,9]. The most recent models, focusing on MMP-1 (the prototypic collagenase), agree on several basic principles, but favour different energetic (thermodynamic) explanations for the process, based on two classic concepts: 1) conformational selection, i.e. passive recognition of a pre-existing unwound state, sampled among other fluctuating conformers (selected fit) [10–13] or 2) induced fit, i.e. induction of the functionally relevant unwound state only by the enzyme (while other loosely folded conformers may still be spontaneously sampled) [3,14,15]. Despite the numerous biochemical [3,12,16–19], structural [7,14,20–23], and computational [10,11,15,24] studies, the thermodynamic properties of collagen binding and unwinding by MMP-1 remain unclear.

We used isothermal titration calorimetry (ITC) to obtain a complete thermodynamic profile of the interaction between MMP-1(E200A) (active site mutant, human sequence) and a collagen peptide, which were previously used for co-crystallisation [7] (Fig. 1a and S1). It immediately became apparent that this interaction is endothermic and driven by entropy (Fig. S1a). The total enthalpy ( $\Delta$ H) and entropy ( $\Delta$ S) at each recorded temperature (T) exhibit a typical compensation, resulting in approximately constant free energy ( $\Delta$ G =  $\Delta$ H -T $\Delta$ S  $\approx$  -8.6 kcal/mol) (Fig. S1b). However, the absolute values of  $\Delta$ H and  $\Delta$ S change much faster than linearly with increasing temperature (Fig. 1a and Fig. S1b). This strong non-linearity likely corresponds to the well-documented structural change, i.e. the local unwinding of the triple helix accompanying the complex formation [3,14], as illustrated in an interaction scheme (Fig. 1b), while MMP-1(E200A) is known to be stable at the applied temperature range [7].

Regardless of the pathway in the scheme (induced fit or conformational selection), the data suggest an increasing ratio of the unwound to wound complex ( $[ES_{unw}]/[ES_w]$ ) with rising temperature (Fig. 1b). Thus, at lower temperatures little or no unwinding occurs (conformational equilibrium constants  $K_{conf}$  or  $K'_{conf} \ll 1$  (Fig. 1b)), and the interaction might be described as analogous to lock-and-key, whereas at higher temperatures (up to the melting point of the peptide,  $T_m \approx 30$  °C [7]) the proportion of the unwound complex grows

(reaching  $K_{conf}$  or  $K'_{conf} \gg 1$ ), and the thermodynamic contribution of the unwinding becomes increasingly more significant. Consequently, the  $\Delta$ H vs. T plot is concave (Fig. 1a), because  $\Delta$ H at any temperature (T) is a combination of the binding term ( $\Delta$ H<sub>bind</sub>) and the unwinding term ( $\Delta$ H<sub>unw</sub>) multiplied by the fraction of the unwound complex (f<sub>unw</sub>), which contributed a heat of unwinding [25]:

 $\Delta H(T) = \Delta H_{bind}(T) + f_{unw}(T)\Delta H_{unw}(T)$ (eq. 1),

$$f_{unw}(T) = \frac{[ES_{unw}]_T}{[ES_w]_T + [ES_{unw}]_T} = \frac{1}{1 + \frac{1}{K'_{conf}(T)}}$$
(eq. 2).

Such coupling of the binding and unwinding equilibria gives rise to temperature-dependence of the apparent heat capacity change ( $\Delta C_p$ ) of the system [26]:

$$\Delta C_{\rm p} = \frac{\partial \Delta H}{\partial T}$$
(eq. 3),

which can be calculated for any temperature (T) using an equation containing a  $\Delta\Delta C_p$  term that describes a linear change of  $\Delta C_p$  with temperature [27]:

$$\Delta C_{p}(T) = \Delta C_{p}(T_{mean}) + \Delta \Delta C_{p}(T - T_{mean})$$
(eq. 4),

where  $T_{mean} = 291.2$  K (mean temperature within the considered range). The  $\Delta\Delta C_p$  of approximately -36.3 cal/molK<sup>2</sup> was obtained by fitting the following function to the  $\Delta H$  vs. T data (Fig. 1 and S2):

$$\Delta H(T) = \Delta H(T_{mean}) + \Delta C_p(T - T_{mean}) + \Delta \Delta C_p \frac{(T - T_{mean})^2}{2}$$
(eq. 5).

Interestingly, similar  $\Delta\Delta C_p$  values were reported for DNA binding proteins (e.g. -19 cal/molK<sup>2</sup> for Klentaq DNA polymerase)[27].

It is broadly accepted that  $\Delta C_p$  is correlated with changes in solvent accessible surface area ( $\Delta$ ASA) upon enzyme-substrate interaction, with burial of polar ( $\Delta$ ASA<sub>pol</sub>) and apolar ( $\Delta$ ASA<sub>apol</sub>) surfaces contributing positively and negatively to  $\Delta C_p$ , respectively. Accordingly, the strongly negative  $\Delta\Delta C_p$  would suggest that the unwinding could be driven by hydrophobic interactions, compensated entropically by the disruption of ordered hydration shells surrounding the relevant hydrophobic patches on both the enzyme and the substrate, prior to interface formation [7]. However, calculation of  $\Delta C_p$  based on the previously proposed parameters [28] and  $\Delta ASA_{pol/apol}$ derived using the GetArea server (http://curie.utmb.edu/getarea.html) from the only available structure of the wound (ES<sub>w</sub>) complex [7] (Fig. 1a, top), gives  $\Delta C_{p,calc} \approx$  -387 cal/molK, which correlates best with the experimental  $\Delta C_p$  value observed at 21 °C ( $\Delta C_p$ (294 K)  $\approx$  -372 cal/molK, Fig. 1a), where we anticipate prevalence of the unwound (ES<sub>unw</sub>) complex, rather than the wound complex. The latter is likely best represented by the  $\Delta C_p$  value recorded at the lowest temperature  $(\Delta C_p(285K) \approx -45 \text{ cal/molK}, \text{ Fig. 1a})$ . Such poor correlations between experimental and  $\Delta ASA_{pol/apol}$ -derived  $\Delta C_p$  values are not uncommon for systems exhibiting strongly negative  $\Delta C_p$  and  $\Delta \Delta C_p$ , and may result from incorrect (non-universal) parametrisation [27]. Nonetheless, an overall effect of a conformational change coupled to molecular recognition, such as a qualitative change in  $\Delta$ ASA, may still be inferred from the observed temperaturedependence of  $\Delta C_p$ . Here, as previously noted, the particular temperature-dependence of  $\Delta C_p$ hints of a potential enhancement of hydrophobic contacts upon transition from the wound (ES<sub>w</sub>) to the unwound (ES<sub>unw</sub>) complex. This agrees with the previously proposed docking of the P1' leucine residue of an unwound collagen strand in the hydrophobic S1' pocket of the enzyme [7] (Fig. 1a, bottom model), prior to peptide bond hydrolysis (P1' is a residue Cterminally adjacent to a scissile bond and S1' is its acceptor site in an enzyme [29]).

ITC is useful not only for obtaining thermodynamic signatures, but also for estimating binding affinities (equilibrium association and dissociation constants,  $K_a$  and  $K_d = 1/K_a$ , respectively) (Fig. S1). The affinity of MMP-1(E200A) for its binding site in collagen was previously found to be temperature-dependent over a wide temperature range (4 – 37  $^{\circ}$ C), employing a solid-phase binding assay (SPBA) using immobilized native collagen [7]. Here, using a collagen peptide, we could only estimate binding affinities for a relatively narrow temperature range (12 – 21 °C) (Fig S2a), because of the thermal instability of the peptide at higher temperatures. We lack data points for the slope of the isotherm already at 25 °C (Fig. S1a), where the peptide starts to unfold according to the previously published circular dichroism (CD) data (Fig. S2b, reanalysed data from [7]). The apparent  $K_d$  of the MMP-1(E200A)-collagen peptide interaction in our workable temperature range (12 – 21 °C) appears to be constant within the experimental error ( $0.25 \le K_d \le 0.5 \ \mu$ M) (Fig. S2a). Since SPBA is a non-equilibrium method, it cannot deliver the bona fide equilibrium binding constants for direct comparisons with the ITC-derived values but can be used for relative comparisons. Accordingly, our ITC results are internally consistent with the previously reported SPBA results, showing small differences between the apparent collagen-binding affinities of MMP-1(E200A) at 4 and 20 °C ( $0.8 \le K_d \le 1 \mu M$ ) (Fig. S2c, reanalysed data from [7]). Further, SPBA data suggest that MMP-1(E200A) roughly doubles its affinity for collagen at 37 °C ( $K_d \approx 0.4 \ \mu$ M) compared to 20 °C ( $K_d \approx 0.8 \ \mu$ M) or 4 °C ( $K_d \approx 1 \ \mu$ M) (Fig. S2c). Above 37 °C collagen melts [30] and the affinity of MMP-1(E200A) for it drastically drops [7]. Thus,

within the 4 – 37 °C range, the observed  $K_a$  of the MMP-1-collagen interaction will be a population-weighted average of the intrinsic association constants of all the states present [26]:

$$K_{a} = \frac{K_{w} + K_{conf}K_{unw}}{1 + K_{conf}} = \frac{K_{w} + K'_{conf}K_{w}}{1 + K'_{conf}\frac{K_{w}}{K_{unw}}}$$
(eq. 6),

where  $K_w$  and  $K_{unw}$  are the intrinsic association constants of ES<sub>w</sub> and ES<sub>unw</sub>, respectively, and ES<sub>w</sub> and ES<sub>unw</sub> are considered boundary states for the conformational continuum (Fig. 1b). Assuming that at 4 °C the ES<sub>w</sub> population is approximately homogenous ( $K_{conf}$  or  $K'_{conf} \ll 1$ ) and at 37 °C the ES<sub>unw</sub> population is approximately homogenous ( $K_{conf}$  or  $K'_{conf} \gg 1$ ), then  $K_a$ (4 °C)  $\approx K_w$  and  $K_a$ (37 °C)  $\approx K_{unw}$ , hence  $K_{unw} \approx 2K_w$ . Based on this notion, we simulated apparent  $K_a$  (and  $K_d$ ) values that would be observed using ITC in our experimental temperature range if  $K_w$  and  $K_{unw}$  were fixed at 2  $\times$  10<sup>6</sup> and 4  $\times$  10<sup>6</sup>  $\mu$ M, respectively, and  $K_{conf}$  or  $K'_{conf}$  values were changing from 0.1 or 0.2 at 12 °C (5-fold higher [ES<sub>w</sub>] than [ES<sub>unw</sub>]) to 5 or 10 at 21 °C (10-fold higher [ES<sub>unw</sub>] than [ES<sub>w</sub>]), respectively. Such simulated apparent  $K_d$  values range from 0.46  $\mu$ M at 12 °C to 0.27  $\mu$ M at 21 °C (Fig. S2d), which agrees with our observed values within the experimental error (Fig. S2a). Thus, the intrinsic affinity of MMP-1 for the unwound state of collagen may indeed be 2-fold higher than that for the wound state, even when the observed  $K_a$  appears similar over a relatively narrow temperature range, given the uncertainty of our ITC measurements.

The noisy ITC results at 25 °C (Fig S1a) are a consequence of the overall thermal instability of the collagen peptide ( $T_m \approx 30$  °C, Fig S2b). Any local unfolding in the middle of it may essentially destabilize the whole structure, unlike with native collagen [3] or collagen constructs based on insertion of human collagen chains into bacterial collagen protein system [16], where long triple-helical regions flanking the unwound region ensure the overall stability of the assembly.

Based on the ITC data alone, we cannot discern which model for the dynamic MMP-1-collagen interaction is right: 1) conformational selection or 2) induced fit (Fig. 1b). To gain the relevant insight, we designed a custom solid-phase binding and cleavage assay (SPBCA), in which the binding of MMP-1(E200A) (the *unwinder* enzyme) to immobilized native collagen is monitored in the presence of a *cutter* enzyme, such as an isolated active Cat domain of MMP-1 (MMP-1Cat), supplied *in trans* [3]. Such a *cutter* enzyme can only cleave unwound collagen chains, therefore, its activity (at physiological conditions) requires prior MMP-1(E200A) interaction with the triple-helix [3]. We found that the binding of MMP-1(E200A) to collagen at 20 °C is dose-dependently enhanced in the presence of a potent *cutter* enzyme (MMP-1Cat) [3], as opposed to a poor *cutter* enzyme (MMP-3Cat, the isolated catalytic domain of MMP-3) [31], which showed no effect (Fig. 2a). We then confirmed by Western Blot that collagen is indeed cleaved by MMP-1Cat under the conditions of the assay and that this cleavage stimulates deposition of MMP-1(E200A) on collagen (Fig. 2b and c). These results suggest that the cleavage in the ES<sub>unw</sub> complex executed by the externally supplied cutter activity improves the fit between the unwinder enzyme and the clipped substrate, enabling formation of a tighter complex. We wondered if this effect is temperaturedependent, so we repeated the MMP-1Cat treatment for a range of temperatures  $(4 - 37 \degree C)$ (Fig. 2b). As expected, the effect was not observed below 15 °C, where little unwinding occurs [3] (Fig. 1a), and was increasingly more noticeable with increasing temperature, with the peak stimulation observed between 30 °C and 37 °C (Fig. 2d), where the unwinding is optimal. We also checked the time-dependence of this effect at 25 °C, which showed peak stimulation between 2 h and 6 h, and nearly no stimulation after 24 h (Fig. 2e). This suggests that MMP-1(E200A) binding to collagen chains becomes stronger when they are only partially cleaved in the context of the ES<sub>unw</sub> complex, and not excessively cleaved. For a final negative control, we used collagen in which the collagenase cleavage site was mutated, rendering it uncleavable by MMPs [32]. The binding of MMP-1(E200A) to the non-cleavable collagen was insensitive to the presence of MMP-1Cat at the optimal (30 °C) temperature (Fig. 2f), which ultimately confirmed that the observed binding enhancement of MMP-1(E200A) to collagen depends on the cleavage in the ES<sub>unw</sub> complex.

Overall, the SPBCA results suggest that even at the top of the collagen physiological temperature range (37 °C), close to its thermal denaturation temperature, the ES<sub>unw</sub> complex is still under strain. This means that the thermal plasticity of the substrate alone does not warrant the most optimal fit to the enzyme (maximal potential binding affinity). In other words, MMP-1 distorts collagen strands in a distinct manner, inducing strain in the ES<sub>unw</sub> complex. The strain energy stored in the ES<sub>unw</sub> complex cannot be released by simply supplying heat, unless collagen chains become completely denatured (above 37 °C) whereupon the whole complex dissociates. Conversely, the heat appears to enable the conformational change in the context of the enzyme-substrate interaction (ES<sub>w</sub>  $\rightarrow$  ES<sub>unw</sub>), likely by boosting thermal fluctuations (potential energy) in the complex. Thermal energy is, therefore, a sort of gatekeeper for the *unwinder* or triple-helicase [9] activity of MMP-1. The endothermic nature of the process is not surprising, given there is no other source of energy (such as, for example, hydrolysis of ATP) available to MMP-1 to drive collagen unwinding.

The apparent strain in the ES<sub>unw</sub> complex gets readily released upon cleavage with MMP-1Cat added *in trans*, which presumably relaxes the otherwise strained collagen chain(s) in that complex, enabling tighter enzyme-substrate binding. Importantly, this cleavage is unnatural, as it pertains to the liberated collagen strand(s) other than the one docked in the active site cleft of the *unwinder* enzyme, which under natural circumstances would have been cleaved first. Crucially, the release of the strain through natural cleavage is expected to have the opposite effect from the one demonstrated for the unnatural cleavage, because the active site docking provides one of the multiple anchor points that maintain the strain (besides those in the Hpx domain known as *exosites*) [7], and it gets disrupted through the natural cleavage. Consequently, the natural cleavage in the ES<sub>unw</sub> complex weakens the interaction with the now partially cleaved collagen, enabling a quicker processing of the remaining strands, which

no longer requires input from the Hpx domain [3]. The unnatural cleavage was instrumental in revealing that, although the intrinsic affinity of MMP-1 for the unwound state ( $K_{unw}$ ) is roughly twice as high as that for the wound state ( $K_w \approx \frac{1}{2} K_{unw}$ ), it is still suboptimal considering the potentially attainable (unconstrained) affinity, exhibited by the clipped complex. Therefore, the strain in the ES<sub>unw</sub> complex is probably an important aspect of the mechanism of MMP-1, ensuring that the binding, after the initial cleavage, is not overly tight, allowing quicker dissociation of the enzyme and a faster turnover rate.

While the strong temperature-dependence of the interaction of MMP-1 with collagen shown here and elsewhere [7,33] can prompt a notion that the process is governed purely by conformational selection, there is also a substantial body of evidence, shown likewise here and elsewhere [3,14,15] that supports the active involvement of the enzyme in the catalysis of collagen unwinding. Unambiguous discrimination between the two classic models of dynamic macromolecular recognition mechanisms involving conformational changes: 1) selected fit (conformational selection) vs. 2) induced fit, is a common problem in biology, sparking controversies in different fields [34–38] but this may be a semantic, rather than a real issue, as most biological systems are not clear-cut cases. It has been argued that any given real situation, where  $K_{conf}$  or  $K'_{conf} \neq 0$ , will be a combination of both mechanisms [26]. Accordingly, we postulate that both scenarios also account for collagen binding and unwinding by MMP-1. First, the enzyme clearly selects a particular, hydrophobic residue-rich and imino acid-poor collagenase-susceptible region, characterised by a less tightly folded triple-helix [10,11,16,39-42], as certain level of thermal plasticity in the substrate is, apparently, required for the efficient unwinding [11,16,17]. However, as previously argued [3] and shown here, MMP-1 is not just a passive acceptor of one or more of spontaneously fluctuating (stochastically sampled via so-called thermal breathing) unwound states of collagen, whose role is to merely stabilize those states (prolong their lifetime) and in turn increase the chance for an opportunistic cleavage in one of the separated collagen strands. Conversely, MMP-1 appears to utilise the pre-existing plasticity of the particular site in collagen (its intrinsic local property) to induce specific collagen unwinding, generating distinct strain in the unwound complex. This unique unwinder activity is fuelled by heat and compensated by entropy, which ensures sufficient structural dynamics in the enzymesubstrate complex (structural crosstalk) to trigger the unwinding machinery [15], in which the well-documented inter-domain flexing plays the key part [7,14,15,20,43,44].

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# **Declaration of Interests**

The authors declare no competing interests

# **Author Contributions**

S.W.M. designed and performed experiments and calculations, analysed data, interpreted results and wrote the manuscript; K.B. oversaw the research, interpreted results and edited the manuscript.

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#### **Figures**



conformational selection

Fig 1. Curved temperature dependence of the enthalpy of MMP-1(E200A) observed interaction with a triple-helical peptide reflects local unwinding of the triple helix. (a) A collagen peptide containing collagenase recognition and cleavage sites, previously cocrystallised with MMP-1(E200A) [7] (top structure: Cat, catalytic domain; Нрх, hemopexin domain), was titrated with MMP-1(E200A) using ITC, as described in Materials and Methods. The apparent change in enthalpy ( $\Delta H$ ) was recorded at increasing temperatures (Fig. S1), revealing a non-linear  $\Delta H$  vs. T dependence, which has been fitted with eq. 5 (goodness of fit:  $R^2 = 0.9970$ ). The fitted curve (solid line) is shown together with its 95% confidence intervals (dashed lines) and is colored with a blue-green gradient to illustrate a changing proportion of wound (blue) vs. unwound (green) states of the collagen peptide bound to the enzyme (ES<sub>w</sub> vs. ES<sub>unw</sub>) as the temperature increases. The heat capacity change  $(\Delta C_p)$  at each temperature is given by eq. 4. It evolves together with the enzyme-substrate interaction, becoming increasingly more negative with increasing temperature, according to  $\Delta\Delta C_p$  of approx. -36.3 kcal/molK<sup>2</sup>. An illustrative model of the unknown ES<sub>unw</sub> complex is shown at the bottom. The curved double-headed arrows indicate the inter-domain flexibility of MMP-1, which increases with temperature (arrow size). (b) Coupling between binding and conformational equilibria of the enzymesubstrate complex. Sw, triple-helical (wound) collagen substrate; Sunw, unwound collagen substrate; E, enzyme (MMP collagenase); K<sub>w</sub> and K<sub>unw</sub>, intrinsic equilibrium association constants ( $K_w = [ES_w]/\{[E][S_w]\}, K_{unw} =$ [ES<sub>unw</sub>]/{[E][S<sub>unw</sub>]}); K<sub>conf</sub> and K'<sub>conf</sub>, constants for the conformational equilibrium ( $K_{conf}$  =  $[S_{unw}]/[S_w] = K'_{conf}\{K_w/K_{unw}\}; K'_{conf} = [ES_{unw}]/[ES_w]$ =  $K_{conf}{K_{unw}/K_w}$ , square brackets denote molar concentration. Color-coding as in (a).



Fig 2. Partial cleavage in the unwound (ES<sub>unw</sub>) complex enhances MMP-1(E200A) interaction with the clipped collagen. (a) Solid-phase binding and cleavage assay (SPBCA) reporting the binding of biotinylated (\*) MMP-1(E200A) to collagen in the presence of increasing concentrations of the isolated catalytic domains of MMP-1 (MMP-1Cat) and MMP-3 (MMP-3Cat) (cutter domains), over 1 h at 20 °C. (b) Western blot reporting the cleavage of biotinylated (\*) immobilized collagen in the presence of MMP-1(E200A) and increasing concentrations of MMP-1Cat, over 24 h at 20 °C. The ¾ collagenase cleavage product of the collagen  $\alpha$ 1 chain was detected. (c) Western blot reporting the deposition of biotinylated (\*) MMP-1(E200A) on immobilized collagen in the presence of increasing concentrations of MMP-1Cat, over 6 h at 20 °C. (d-e) SPBCA reporting biotinylated (\*) MMP-1(E200A) binding to collagen in the presence of increasing concentrations of MMP-1Cat, over 1.5 h at variable temperatures (d), or at 25 °C with variable incubation times (e). (f) SPBCA reporting biotinylated (\*) MMP-1(E200A) binding to various collagens in the presence of increasing concentrations of MMP-1Cat, over 1.5 h at 30 °C. All SPBCAs were performed in a microtiter-plate format, using immobilized type I collagen purified from guinea pig skin (unless otherwise indicated), and using colorimetric detection of biotinylated proteins by absorption at 450 nm wavelength [A450] (for further details see Materials and Methods). Presented results are mean  $\pm$  standard deviation (SD) of triplicate readouts, with no visible error bars for SD values smaller than data points.

# **Supplementary material**

#### **Experimental Procedures**

#### **MMP** preparations

ProMMP-1(E200A), proMMP-1Cat and proMMP-3Cat were overexpressed from a pET3a vector in E. coli BL21 (DE3) strain (Invitrogen). Transformed cells were grown to OD600 of approximately 0.4, then induced with 0.5 mM isopropyl-β-D-thiogalactopyranoside (IPTG) (Biogene), and harvested after 4 h. Inclusion bodies were collected by lysing the cells in 0.05 M Tris (2-Amino-2-hydroxymethyl-propane-1,3-diol)-HCl (pH 8), 0.1 M NaCl, 0.26 mg/ml lysozyme (Sigma-Aldrich), 1 mM ethylenediaminotetraacetic acid (EDTA), 0.5% Triton-X100 (BDH/VWR), and dissolved in 20 mM Tris-HCl (pH 8.6), 8 M Urea, 50 µM ZnCl<sub>2</sub>, 20 mM dithiothreitol (DTT) (BDH/VWR). The solution was then passed over a Macroprep HighQ ionexchange column (BioRad), equilibrated in 20 mM Tris-HCl (pH 8.6), 8 M Urea, 1 mM DTT, 50  $\mu$ M ZnCl<sub>2</sub> (BDH/VWR) and eluted with a linear salt gradient (0-0.5 M NaCl). The fractions were run on SDS-PAGE and the peaks were pooled, diluted with 50 mM Tris-HCl (pH 8.6), 6 M Urea, 1 mM DTT, 150 mM NaCl, 5 mM CaCl<sub>2</sub>, 100 µM ZnCl<sub>2</sub>, 0.02 % NaN<sub>3</sub> to A<sub>280</sub> < 0.3, supplemented with 20 mM cystamine (Sigma-Aldrich) and refolded by dialyses at 4 °C against 4 volumes of renaturation buffer (50 mM Tris-HCl (pH 8.6), 150 mM NaCl, 5 mM CaCl<sub>2</sub>, 100 µM ZnCl<sub>2</sub>, 5 mM β-mercaptoethanol, 1 mM 2-hydroxyethyl disulphide, 0.02 % NaN<sub>3</sub> (BDH/VWR)) for 24 h, then 10 volumes of the same buffer for another 24 h, then against 10 volumes of the same buffer without  $\beta$ -mercaptoethanol for 24h, and finally against 4 volumes of 50 mM Tris-HCl (pH 8.6), 5 mM CaCl<sub>2</sub>, 50 µM ZnCl<sub>2</sub>, 0.02 % NaN<sub>3</sub>, for 24 h. Refolded proteins were purified using Green A affinity column (Amicon), equilibrated with 50 mM Tris-HCl (pH 7.5), 75 mM NaCl, 5 mM CaCl<sub>2</sub>, 0.02 % NaN<sub>3</sub>, and eluted with linear salt gradient (0-1 M NaCl). ProMMPs were activated with MMP-3Cat in 50:1 molar ratio and 1 mM p-aminophenyl mercuric acetate (APMA) (ICN Biochemicals) in TNC buffer (50 mM Tris-HCl (pH 7.5), 150 mM NaCl, 10 mM CaCl<sub>2</sub>, 0.02 % NaN<sub>3</sub>) for 60-120 min at 37 °C. The mature MMPs were finally purified on an S200 gel filtration column (GE Healthcare) in TNC buffer.

## **Isothermal Titration Calorimetry**

MMP-1(E200A) and a triple-helical collagen peptide (Ac-(GPO)2-GPO-GPQ-GLA-GQR-GIV-GLO-GQR-GER-(GPO)3G-NH2; O, hydroxyproline), synthesized in the laboratory of Prof. R. Farndale (Cambridge, UK) as described previously [1], were dialyzed extensively against 50 mM HEPES (2-[4-(2-hydroxyethyl)piperazin-1-yl]ethanesulfonic acid) buffer (pH 7.5), containing 150 mM NaCl and 10 mM CaCl<sub>2</sub>. We chose HEPES, which has moderate ionization enthalpy (+5 kcal/mol). It is therefore possible that ionization changes in either the enzyme or the substrate (or both) upon enzyme-substrate binding could contribute to the observed enthalpy change ( $\Delta$ H). However, based on the distribution of ionizable groups within the enzyme-substrate interface [1] and the previously reported small ionization change for the binding of tissue inhibitor of metalloproteinases 2 (N-TIMP-2) with MMP-1 (0.14+/-0.01 [2]) this contribution, if present, is expected to be of a relatively low magnitude. The collagen peptide (6  $\mu$ M) was titrated with the MMP-1(E200A) (68  $\mu$ m) at different temperatures using a MicroCal VP-ITC microcalorimeter. The instrument was programmed to carry out 15 injections of 10–20  $\mu$ l each over 16 s, spaced at 300-s intervals. The stirring speed was 200 rpm. Heats of binding were determined by integrating the signal from the calorimeter, and

binding isotherms were generated by plotting the heats of binding against the ratio of enzyme to substrate. The data were corrected for heats of dilution of MMP-1(E200A) and the Origin 5.0 software from Microcal Inc. was used to calculate the enthalpy changes ( $\Delta$ H) and stoichiometry (N).

# **Protein biotinylation**

MMP-1(E200A) or type I collagen stocks (see further) were buffer-exchanged using Sephadex G-25M PD-10 desalting columns (GE Healthcare) into 50 mM N-Cyclohexyl-2aminoethanesulfonic acid (CHES) (pH 8.8), 200 mM NaCl, 10 mM CaCl<sub>2</sub>. Then, 10 mM EZ-Link Sulfo-NHS-LC-Biotin (Thermo Fisher Scientific) solution in distilled water was added at 1:2 protein:biotin molar ratio and incubated for 1 h at room temperature. Proteins were next passed over another PD-10 column equilibrated in TNC buffer to remove excess biotin.

## Solid-phase binding and cleavage assay (SPBCA)

Costar High Binding 96-well plates (Corning, UK) were coated with 50  $\mu$ l of 20  $\mu$ g/ml type I collagen in TNC buffer, incubated overnight at room temperature. They were then washed with TNC buffer containing 0.05% Tween 20 (TNC/T) and blocked with 3% bovine serum albumin (BSA) (Sigma-Aldrich) in TNC/T. The mouse collagens (wild-type and non-cleavable variant) were a gift of Prof. Stephen M. Krane (Harvard) and the guinea pig collagen was extracted by Dr. Robert Visse (Oxford, UK) as described previously [3]. Biotinylated MMP-1(E200A) (0.5  $\mu$ M) was added in TNC buffer together with MMP-1Cat (1-5  $\mu$ M) and incubated at 4–40 °C for 1-24 h. The wells were then washed briefly 3 times in TNC/T at the temperature of incubation and developed using streptavidin-horseradish peroxidase conjugate (R&D, UK) and 3,3',5,5'-tetramethylbenzidine 2-Component Microwell Peroxidase Substrate Kit (KPL, UK) for a fixed time. All assays were carried out in triplicate and paired analyses were always developed simultaneously.

## Western blot

SDS-PAGE gels were transferred onto a polyvinylidene fluoride (PVDF) membrane (GE Healthcare) at constant voltage of 25 V for 90 min in transfer buffer (20 % (v/v) methanol, 12.6 mM Tris, 96 mM glycine and 0.1 % SDS). The membrane was then blocked using 5 % BSA in TNC/T for 1 h at room temperature. After blocking, the membrane was washed for 10 min in TNC/T and then incubated for 1 h at room temperature in a solution of streptavidin conjugated with alkaline phosphatase (Streptavidin-AP) (Promega). The Streptavidin-AP was diluted according to the manufacturers' instructions in TNC/T supplemented with 1 % BSA. The membrane was finally washed 3 times for 10 min in TNC/T and incubated with the Western Blue Stabilised Substrate for AP (Promega) until clear bands appeared. The membranes were scanned using Image Scanner TM III (GE Healthcare).



Fig S1. Isothermal calorimetric titrations of the triple-helical collagen peptide with MMP-1(E200A) at increasing temperatures. (a) Integrated heats from injections of equal volumes of the 68  $\mu$ M stock of MMP-1(E200A) into 6  $\mu$ M collagen peptide (Ac-(GPO)<sub>2</sub>-GPO-GPQ-G~LA-GQR-GIV-GLO-GQR-GER-(GPO)<sub>3</sub>G-NH<sub>2</sub>; O, hydroxyproline; ~, scissile bond), corrected for buffer-only injections (vehicle control), and fitted with isotherms using Origin 5.0 software (Microcal Inc.). Graph backgrounds are color-coded for temperature. Included are measured values of stoichiometry (N  $\approx$  1), enthalpy change ( $\Delta$ H in kcal/mol) and equilibrium association constant ( $K_a$  in M<sup>-1</sup>, except for titration at 25 °C, due to inconclusive slope of the fitted isotherm). Included are also values of entropy change ( $\Delta$ S in kcal/mol) calculated from the set of expressions for the Gibbs free energy change:  $\Delta$ G = -RTln $K_a$  and  $\Delta$ G =  $\Delta$ H - T $\Delta$ S; R = 0.0019872 kcal/molK, gas constant; T, temperature in Kelvins [K]. (b) Thermodynamic signature of the MMP-1(E200A) interaction with the triple-helical peptide.  $\Delta$ G and -T $\Delta$ S terms were calculated as in (a) (average  $K_a$  from 12 – 21 °C range was used for the 25 °C data point). Fitted curves are color-coded for temperature and extrapolated until the peptide's melting point (T<sub>m</sub>  $\approx$  303 K or 30 °C).



Fig S2. Temperature-dependence of the affinity of MMP-1(E200A) for the triple-helical collagen **peptide.** (a) A plot of equilibrium association constants ( $K_a$ ) of MMP-1(E200A) interactions with the collagen peptide measured at different temperatures with isothermal calorimetric titrations (ITC) (values  $\pm$  error listed in Fig. S1a). The measurement uncertainty is demonstrated with the background shape color-coded for temperature and with the equilibrium dissociation constant ( $K_d = 1/K_a$ ) range. (b) Re-analysed data from [1]: melting curve of the collagen peptide (10  $\mu$ M) obtained with circular dichroism (CD) ellipticity ( $\Theta$ ) at 222 nm. The fitted curve is color-coded for temperature and the reliable temperature range for direct  $K_a$  estimations by ITC is indicated with the likewise color-coded shading. (c) Re-analysed data from [1]: solid-phase binding assay (SPBA) reporting biotinylated (\*) MMP-1(E200A) binding to immobilized collagen at increasing temperatures; [A450], absorption at 450 nm wavelength. Shown are the apparent  $K_d$  values estimated from the fitted curves for each considered temperature using Prism 8 (GraphPad). (d) Graph and data simulated to illustrate that the approx. 2-fold higher intrinsic association constant of MMP-1(E200A) for the unwound state ( $K_{unw}$ ), than for the wound state ( $K_w$ ) of collagen (as shown in (c)) will in the ITC experiment produce observed  $K_a$  (or  $K_d$ ) values falling within our measurement error. The observed  $K_a$  at each temperature is the population-weighted average of  $K_{unw}$  and  $K_w$ :  $K_a = (K_w + K_{conf}K_{unw})/(1 + K_{conf})$  or  $K_a = (K_w + K'_{conf}K_w)/(1 + K_{conf}K_w)/(1 + K_{conf}K_w))/(1 + K_{conf}K_w)/(1 + K$  $K'_{conf}(K_w/K_{unw}))$ , according to the conformational equilibrium constants ( $K_{conf}$  or  $K'_{conf}$ ) at each temperature:  $K_{conf} = [S_{unw}]/[S_w] = K'_{conf}(K_w/K_{unw}); K'_{conf} = [S_{unw}E]/[S_wE] = K_{conf}(K_{unw}/K_w)$ . The table and the curve are color-coded as in (a) or (b).

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