# Novel therapeutic targets for amyotrophic lateral sclerosis: ribonucleoproteins and cellular autonomy

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# Abstract

**Introduction:** Amyotrophic lateral sclerosis (ALS) is a devastating disease with a lifetime risk of approximately 1:400. It is incurable and invariably fatal. Average survival is between 3 and 5 years and patients become increasingly paralyzed, losing the ability to speak, eat, and breathe. Therapies in development either (i) target specific familial forms of ALS (comprising a minority of around 10% of cases) or ii) emanate from (over)reliance on animal models or non-human / non-neuronal cell models. There is a desperate and unmet clinical need for effective therapy. Deciphering both the primacy and relative contributions of defective protein homeostasis and RNA metabolism in ALS across different model systems will help to confidently identify putative therapeutic targets.

**Areas covered:** This review discusses recent studies addressing putative common primary molecular events leading to ALS pathogenesis. We specifically review the deregulated RNA metabolism, protein mislocalization / pathological aggregation and the role of glia in ALS-related motor neuron degeneration. Against this background, we describe some promising targets for therapeutic evaluation in this arena.

**Expert opinion:** An effective strategy will consider a poly-therapeutic approach targeting both deregulated RNA metabolism and protein dyshomeostasis together in the relevant cell types and at the appropriate phase of disease.

# Article highlights

- ALS is a devastating neurodegenerative disease in which further investigation of molecular and cellular events is crucial to elucidate therapeutically targetable mechanisms.
- Aberrant splicing (including intron retention) and nuclear loss of RNA binding proteins (RBPs) are observed in ALS.
- Protein misfolding (including toxic oligomerization) underlies ALS pathogenesis to some degree, including aggregation and a prion-like cell-to-cell propagation.
- Astrocytes and microglia undergo deleterious reactive transformation in ALS, which perturbs their neuroprotective capacity.
- Elucidation of primary pathogenic events in motor neurons and glia through integration of different ALS models is crucial and will allow the identification of high confidence therapeutic targets.
- Considering a poly-therapeutic approach will likely advance our efforts in discovering effective therapeutic strategies.

#### Introduction

ALS is relentlessly progressive and uniformly fatal. It is characterized by progressive motor neuron (MN) degeneration. There exists significant clinical heterogeneity in ALS, which has been categorized in a variety of ways including the clinical site of onset (upper limb, lower limb or bulbar), cellular substrate (upper MN, lower MN or both) and rate of progression [1]. The current standard of care in ALS is essentially supportive: a feeding tube is inserted into the stomach to maintain nutrition, non-invasive ventilation is needed to support breathing and a disease modifying drug (Riluzole) is prescribed, which can increase life expectancy by approximately 3 months. ALS is multifactorial with contributions from genetic and environmental factors, and ageing [2]. There is a desperate need to understand disease mechanisms in order to guide the development of effective therapies.

Although different forms of neurodegeneration are frequently considered as predominantly protein aggregation disorders or defects in RNA metabolism, this taxonomy is potentially facile and misleading. Indeed, accumulating evidence suggests that both processes are fundamentally implicated in ALS (reviewed in [3]). The common molecular denominators in ALS are ribonucleoproteins (RNPs). An RNP is a complex of RNA and RNA-binding proteins (RBPs). These multifunctional complexes play key roles in regulating gene expression and RNA metabolism. Eukaryotic cells possess myriad strategies to mitigate a diverse range of stressors, which generally lead to the assembly of RNPs into 'stress granules' (non membrane delimited organelles), likely through tightly regulated prion-like polymerization of RBPs together with RNAs. Indeed, genetic evidence strongly implicates aberrant RBPs in ALS, including disease-causing mutations in genes encoding RBPs called fused in sarcoma / translocated in liposarcoma (FUS) and transactive response DNA-binding protein 43 (TDP-43) [4-6]. Increased formation and persistence of such granules may be important in the pathogenesis of ALS, although further investigation is required. Aberrant phase transition of RBPs with low-complexity domains may also drive the formation of pathologically-relevant intracellular inclusions, a process regulated by interaction with RNAs [7,8]. More generally, evidence for RNA binding proteinopathy in ALS fundamentally implicates deregulation of both protein homeostasis and RNA metabolism. The integrated investigation of both processes is therefore crucial in the elucidation of therapeutically targetable underlying disease mechanisms.

Beyond such molecular considerations, the role of non-neuronal cells in ALS has become an increasingly important area of investigation. Until approximately 25 years ago, the consensus view regarding ALS pathogenesis was that selective injury to motor neurons is mechanistically cell autonomous. This 'neuron-centric' view has been increasingly challenged beginning with important mice-chimera studies using lineage-specific expression of mutant superoxide dismutase 1 (SOD1) [9][10]. These, and subsequent, studies have confirmed major non cell-autonomous roles for astrocytes, microglia, and oligodendrocytes, reviewed in [11,12] [13]. Increasing recognition of glial involvement in ALS raises the prospect of targeting these cells to increase neuroprotective capacity and/or to reduce acquired neurotoxic attributes.

Through integrated and multi-modal approaches to modeling ALS combined with key technological advances, recent discoveries are changing the landscape of therapeutic possibility. Here, we review a range of potential opportunities in this context, and provide a personal view on the most promising approaches towards developing new therapies.

#### Defects in pre-mRNA splicing

Several studies have now examined splicing changes in ALS (or the related disorder frontotemporal lobar degeneration (FTLD), which shares pathogenetic features with ALS). For example loss of nuclear TDP-43 protein has been associated with cryptic splice site usage, which might ultimately induce RNA degradation via nonsense mediated RNA decay and thereby reduce abundance of (correctly spliced) mRNAs for translation [14][15]. A recent important example here is aberrant splicing of the microtubule-associated stathmin-2 (STMN2) transcript caused by TDP-43 depletion in human neurons [16,17]. TDP-43 levels are regulated via a negative feedback loop, where TDP-43 binds to its own transcripts and destabilizes them, thereby reducing their translation and controlling the levels of TDP-43 protein. Perturbed TDP-43 autoregulation can lead to accumulation of cytoplasmic TDP-43 protein and subsequent neurodegeneration. We recently analyzed RNA sequencing data from human iPSC-derived MNs from ALS patients carrying mutations in valosin containing protein (VCP), SOD1 and FUS genes and discovered aberrant intron retention as a unifying molecular hallmark in these diverse genetic causes of ALS (Figure 1) [18]. Intron retention is an understudied type of alternative splicing whereby mature polyadenylated transcripts retain one or more introns. Indeed intron retention is increasingly recognized as a fundamental mechanism for myriad cellular homeostatic processes [19-22], reinforcing the importance of understanding its role in ALS. We additionally found evidence in support of a model whereby the RBPs splicing factor proline and glutamine rich (SFPQ) and FUS bind avidly to retained introns and are transported out of the nucleus by intron-retaining transcripts [18]. It follows that silencing intron retention may offer a tractable therapeutic target as removing the aberrant (intron-retaining) transcripts may then prevent nuclear displacement of their avidly bound RBPs (Figure 1). Importantly, by targeting the intronic sequence, this should leave intact the correctly spliced transcripts. Noting that >150 ALS-related intron retention transcripts have been identified, it would be important to prioritise therapeutically tractable events by their abundance in the cytoplasm, intron length and affinity for binding RBPs that are implicated in ALS. Depending on the approach for intervention adopted, considering polytherapy, targeting several aberrant transcripts, may be required to induce cellular remission. However, importantly, these aberrant intron retention events have not yet been proven to be pathogenic, which clearly argues for further evaluation in *in vitro* and *in vivo* models before considering progressing any individual candidates as potential therapeutic targets.

In the case that one or more aberrant intron retention events are found to be pathogenic, one approach to selectively targeting these transcripts is the use of antisense oligonucleotides (ASOs), which are short stretches of synthetic DNA that hybridize with complementary RNA. Within ASO biology, there exist an increasing number of possible chemical modifications to the oligonucleotide allowing target binding with predictable functional outcomes ranging from mRNA degradation (by activation of endogenous RNAse

H) to blocking RBP binding by steric hindrance on otherwise intact mRNAs). The ability to predictably manipulate the life cycle of targeted RNAs in this manner has already proved transformational in clinical trials for an FDA-approved ASO in patients with spinal muscular atrophy [23,24]. *SMN2* specific alternative splicing modifier, Nusinersen, significantly improves motor function and event-free survival of patients with spinal muscular atrophy [25]. Eteplirsen, another ASO that induces exon skipping within the dystrophin gene, has also been assessed to be both safe and effective in patients with Duchenne muscular dystrophy [26]. Several ASOs are currently being developed for genetic causes of ALS, including a first-in-human ALS ASO against *SOD1 [27]* and others against the intronic hexanucleotide repeat expansion in *C9ORF72 [28]*. Furthermore, noting that the majority of ALS patients are sporadic, ASO-based therapy might be extended to modulate transversal biological pathways involved in the pathogenesis of ALS, including the aforementioned deregulated splicing events or RBP mislocalization directly.

## RBP mislocalization and nucleocytoplasmic compartmentalization

The pathological hallmark in >95% of all ALS cases is nuclear-to-cytoplasmic mislocalization of the RBP TDP-43, where it becomes abnormally phosphorylated, cleaved and forms insoluble protein inclusions [29] (Figure 2). This occurs in all sporadic cases and in most familial cases, including those where protein function is not directly linked to RNA metabolism. However, SOD1 and FUS ALS-causing mutations do not generally exhibit TDP-43 mislocalization [30], thus representing a conundrum for ALS researchers striving to identify common mechanisms across the full ALS spectrum. This is further reinforced by the fact that patients with SOD1 or FUS mutations are largely clinically (phenotypically) indistinguishable from other forms of familial or sporadic ALS. To this end, we recently described 2 further molecular hallmarks in ALS: nuclear loss of RBPs SFPQ and FUS, which we found in human induced pluripotent stem cell (hiPSC) models and validated in both mouse transgenic tissue and human post-mortem tissue from sporadic cases [18][31]. Of these hallmarks, nuclear loss of SFPQ was observed in all models studied, including familial (VCP and SOD1 mutants) and sporadic tissue, and therefore seemingly represents a universal hallmark of ALS [18]. Historical bias towards studying the constituents of aggregates themselves - rather than nuclear cytoplasmic ratio or the concentration of unaggregated cytoplasmic protein for example - likely explains why these findings have evaded detection until now. The importance of perturbed nucleocytoplasmic compartmentalization is exemplified by the fact that impaired FUS nuclear import correlates with the disease severity in ALS [32-34]. Indeed, deletion of its nuclear localization signal (NLS) leads to dramatic FUS cytoplasmic mislocalization and an earlier age of onset [35]. possible pathogenic mechanisms emerge from the nuclear-to-cytoplasmic Two mislocalization of RBPs: i) a nuclear loss-of-function causing aberrant pre-mRNA processing (e.g. intron retention, discussed above) or ii) a toxic gain of cytoplasmic function. Importantly, these mechanisms are not mutually exclusive and may occur simultaneously or sequentially in ALS pathogenesis.

Perturbed cellular compartmentalization of molecular constituents (RBPs and/or RNA) also raises the important issue of nucleocytoplasmic transport defects. Nuclear transport deregulation is a common theme in the majority of ALS cases. Recognizing that ageing is

the major risk factor for ALS, it is noteworthy that cellular ageing also induces changes in nucleocytoplasmic transport. Protein complexes of the nuclear pore have long half lives and therefore will not be replenished in postmitotic cells such as neurons [36]. Therefore, these cells become 'leaky' with ageing likely secondary to cumulative oxidative damage and structural dysfunction at the level of the nuclear pore [37]. Likewise, the importin receptors, which transport NLS-containing protein cargo through the nuclear pore, are downregulated with ageing [38,39]. Whilst evidence of a mechanistic relationship between ALS pathogenic events and ageing is emerging, nuclear-to-cytoplasmic mislocalization of TDP-43 in most cases together with other recent studies implicate perturbed nuclear transport. However, the temporal relationship between TDP-43 mislocalization, nuclear transport dysfunction, and neuronal loss remains unclear. An age-related defect in nuclear transport might cause mislocalization and cytoplasmic aggregation of RBPs [40]. Indeed, ageing cells accumulate misfolded and aggregated proteins due to compromised protein homeostasis [41]. Conversely, cytoplasmic aggregation of RBPs might drive a secondary defect in nuclear transport. In support of this hypothesis, accumulation of cytoplasmic aggregates (e.g. C-terminal fragments of TDP-43), cause a partial dislocation of nuclear pore complex proteins to the cytoplasmic inclusions [42]. Of course these two possibilities are not mutually exclusive and may occur simultaneously or sequentially. Promoting nuclear import of mislocalized TDP-43, FUS or more generally stimulating the canonical nuclear import pathway mediated by the importin  $\beta$  family of proteins has beneficial effects in ALS models. Conversely, decreasing nuclear import of these RBPs results in neurodegeneration, reviewed in [43]. Histopathological studies of C9ORF72-associated patients have raised the hypothesis that dipeptide repeat (DPR) pathology may precede TDP-43 mislocalization [44] [45,46]. In animal models, C9ORF72 hexanucleotide repeat expression leads to TDP-43 nuclear loss and pathological aggregation in the cytoplasm. Therefore, therapeutic approaches correcting the deficits of nuclear transport may be an important consideration in ALS.

The prospect of relocalizing RBPs to the nucleus as a therapeutic strategy might also be realized through pharmacological targeting of their post-translational modifications. For example, the C-terminal NLS of FUS is juxtaposed to an arginine/glycine-rich region where several arginines and the NLS together are recognized by karyopherin ß2 (also termed transportin-1) to regulate FUS localization. However, ALS-associated mutations within or near the NLS alter it's interaction with karyopherin β2 (either directly through the mutation or disrupted methylation). Arginine methyltransferase inhibitors have been shown to ameliorate the cytoplasmic mislocalization of FUS [47]. It follows that factors associated with nucleocytoplasmic transport (e.g. nuclear importins or exportins, transport-partners) may represent tractable therapeutic targets. Indeed, overexpressing importin  $\alpha$ , karyopherin  $\beta$ 1 or β2 has been shown to decrease and even reverse aberrant fibrillization of TDP-43, FUS, TAF15, EWSR1, hnRNPA1, and hnRNPA2 through interaction with their NLS [48]. Karyopherin  $\beta^2$  can also dissolve aberrant fibril-containing hydrogels, prevent the RBP accumulation into stress granules and restore nuclear localization of misplaced RBPs [49][50][51]. Selective inhibitors of the nuclear export receptor CRM1 (SINE compounds) have proved effective in ameliorating TDP-43 mediated locomotor defects in neuronal cells and animal models [52][53]. However the effect on TDP-43 localization could not be reproduced when using a neuroprotective concentration by a subsequent study, suggesting that RBP export from the nucleus operates through a more complex mechanism including CRM1-independent receptor-mediated or passive diffusion pathways [53][54][55].

#### **RBP** aggregation - prion like characteristics

RBP mislocalization from the nucleus to the cytoplasm is also associated with misfolding and cytoplasmic aggregation in ALS. Initiating events of this process possibly relate to deregulated liquid-liquid phase separation (LLPS). From the viewpoint of RBP aggregation, the ALS field has benefitted from studies in the prototypic protein misfolding disorders, the prion diseases. It is widely accepted that misfolded proteins underlie the cellular pathogenesis and cell-to-cell propagation in classic prion diseases by forming distinct conformations of amyloid cross  $\beta$  sheets, which then serve as self-templates recruiting native monomers to misfold. Indeed, analogous 'seeding' / propagation phenomena have been demonstrated experimentally for different ALS proteins including TDP-43 [56][57], FUS [58] and SOD1 [59]. These experimental models usually rely on protein overexpression in non-human or non-neuronal cell lines. However, we have recently demonstrated seeded hiPSC-derived motor neurons treated with serially aggregation in passaged sarkosyl-insoluble extract from sporadic ALS post-mortem tissue. In this work, we also demonstrated that TDP-43 oligomers are at least part of the toxic principle in ALS [60]. This raises the possibility of designing therapeutics that target these toxic oligomers. Broadly, three main strategies can be considered here: i) perturbing the formation of protein aggregates within the cell; ii) promoting their clearance from affected cells and iii) preventing their uptake into other cells. These approaches are discussed in more detail below.

ALS-associated RBPs with prion-like domains, such as TDP-43, FUS, TAF15, EWSR1 and hnRNPA1, are prone to form pathological aggregates [61-65]. Multiple studies have suggested that FUS, hnRNPA1, and TIA-1 can form dynamic liquid droplets in vitro that, over time, form more stable hydrogels and pathological fibrils, resembling the behaviour of protein aggregates in ALS [66-69][70]. Protein aggregates observed in ALS are likely the consequence of overwhelmed cellular machinery coping with aberrant phase separation and protein misfolding. Therapeutic approaches to either enhance the endogenous regulation of RNP-granule disassembly or intervene in RBP recruitment to granules are therefore potential candidates in ALS therapy [71]. These approaches essentially target aberrant RBP phase transitions, which may then play a key role in preventing pathological aggregation [72][73]. Somewhat paradoxically, recent studies have suggested that blocking the formation of stress granules may actually facilitate pathological inclusion formation and/or toxicity [7,8]. Taken together, it is clear that further investigation is required here. The precise consequences of stress granule formation are likely determined in a context-specific fashion by factors such as disease chronicity and cell type(s) involved. The aforementioned studies at least demonstrate that pathological inclusion formation can occur independently of stress granules but are likely the consequence of deregulated LLPS.

Heat shock proteins, or chaperones, can refold misfolded proteins into native functional conformations. Small molecules harnessing the disaggregase potential of heat shock proteins hold therapeutic potential for aggregate clearance. Arimoclomol (BRX-345), a potent activator of heat shock transcription factor 1 (HSF1), has been shown to increase the expression of Hsp70 and Hsp90, leading to reduced insoluble TDP-43 aggregate levels. Indeed, this compound has also shown promising results in the phase II trial in patients with rapidly progressive familial SOD1-ALS (NCT00706147) [74][75][76][77][78]. Potentiated chaperones, such as engineered Hsp104, also bear real significance for therapeutic strategy by reversing ALS-linked TDP-43 and FUS aggregation [79][80][81]. Small molecules that enhance endogenous chaperone activity in cells or the introduction of de novo 'designer' chaperone proteins can effectively remodel misfolded proteins and maintain disaggregase activity to reverse aberrant phase separation [82-86]. Additionally, specific kinases, such as DYRK3 and CK2, have been found to modify stress granule proteins and regulate granule disassembly [87][88][89]. As the  $\beta$ -sheet structure of aggregates plays an important role in seeding capacity, TDP-43 seeding might potentially be abrogated by formic acid [89,90]. Tafamidis meglumine (Fx-1006A), the only FDA-approved anti-amyloidogenic drug, is a potential candidate to test in preventing monomer misfolding and aggregation of TDP-43 in ALS [91]. Several further compounds have been identified that decrease the aggregation of TDP-43 in stress granules through an acridine-imidazole derivative (AIM4), 4-aminoquinoline derivatives, copper complexes, and other compounds [92][93][94][95]. Using ASOs or small molecule inhibitors targeting molecular seeding factors, such as ataxin-2 and PAR, are further therapeutic strategies to reduce aberrant phase transition in several ALS models [67,96-98]. For example, using ASOs to downregulate ataxin-2 affected stress granule dynamics and decreased TDP-43 recruitment, which then improved the lifespan and motor function of TDP-43 transgenic mice [96]. It is noteworthy that RNA can either function as a molecular seed of RBP-containing membraneless condensates or to counter aberrant phase separation, although the precise molecular mechanism(s) underlying these processes remain incompletely resolved. Recognition that a high concentration of RNA in the nucleus acts as a buffer to prevent RBP phase separation (e.g. FUS and TDP-43) may have therapeutic significance [99][7]. Indeed, delivery or induced expression of particular RNAs can rescue RBP aggregation pathology. Specifically, a high concentration of ribosomal RNA, tRNA, and a noncoding RNA (Neat1) that is known to bind to FUS, have individually been shown to solubilize FUS droplets [99]. Furthermore, the solubility of TDP-43 increases with delivery of its cognate single-stranded DNA (ssDNA) or RNA (ssRNA) [100], and overexpression of nontoxic short UGGAA repeat RNA can also suppress mutated RBP aggregation (TDP-43, FUS, and hnRNPA2B1) and toxicity in ALS drosophila models [101]. On the other hand, blocking the RNA-binding ability of TDP-43 has been shown to enhance protein destabilization and ameliorate TDP43-dependent neurotoxicity probably through affecting transcripts encoding ribosome and oxidative phosphorylation components [102]. Overall, the molecular 'logic' of how sequence specific RNAs can affect phase separation of particular RBPs is an exciting and intensely active field where much remains to be understood.

The cellular ubiquitin-proteasome system and autophagy pathways are also responsible for clearing misfolded and aggregated proteins. Compounds stimulating autophagy can improve TDP-43 clearance and localization in iPSC-derived neurons and astrocytes [103].

Colchicine, a potent HspB8 inducer, can facilitate cellular autophagy to remove insoluble TDP-43 species, which now is under a phase II clinical trial in ALS (NCT03693781) [104][105]. The mTOR pathway inhibits autophagy and inhibitors of mTOR (rapamycin, resveratrol, BECN1, or calpastatin) can induce protective autophagy and restore neuronal homeostasis, which have been modelled and trialled in ALS, Alzheimer's disease and Huntington's disease treatments [106][107][108]. However, there is some recognized concern over the efficacy of mTOR inhibitors in neurons, and so mTOR-independent autophagy activation may ultimately be a preferable strategy for the clearance of aggregated misfolded proteins in this context [109,110]. Beyond the clearance of accumulated aberrant protein aggregates, prion-like protein propagation can be also prevented by blocking cellular release and/or uptake, and promoting the degradation of misfolded proteins in the extracellular space. There is a unifying chaperone-dependent mechanism for the release of pathogenic proteins in various neurodegenerative diseases. DnaJC5, a heat shock protein co-chaperone, has been found to be associated with the release of TDP-43,  $\alpha$ -synuclein and Tau. Small molecule inhibitors preventing the interaction between DnaJC5 and other heat shock protein chaperones may hold therapeutic promise [111]. There is also a unifying mechanism involved in cellular uptake whereby protein aggregates bind heparan sulfate proteoglycans (HSPGs) on the surface of recipient cells. Therefore blocking the HSPGs pharmacologically by adding a synthetic heparin mimetic may prevent cell-to-cell uptake [112], but the overall effect of such a strategy on cellular homeostasis is clearly an important consideration here. Developing vaccines and passive immunisation with antibodies to block misfolded proteins from spreading is also worthy of consideration. For instance, the development of vaccination or monoclonal antibodies against SOD1 has been shown to clear extracellular SOD1 mutant proteins, delay disease onset and prolong survival of SOD1 transgenic mice [113][114][115]. A note of caution, however, is required here when considering the multiple failed drug trials using analogous approaches for other neurodegenerative disorders such as Alzheimer's disease [116,117]. These studies together reinforce the importance of selecting tractable and high confidence therapeutic targets that are orthogonally validated across a range of models, and which carefully take into account clinical heterogeneity, phase of disease, toxicity, cellular and molecular pathophysiology together with careful trial design.

## The contribution of glia in ALS

Ourselves and others have demonstrated that hiPSC-derived patient-specific astrocytes exhibit cell autonomous and non-cell autonomous pathology in ALS (Figure 3) [118–122]. We have also recently demonstrated seeded aggregation in human iPSC-derived motor neurons and astrocytes when they are treated with serially passaged sarkosyl-insoluble extract from sporadic ALS post-mortem tissue. We showed that neurons are generally more vulnerable to this process compared with astrocytes. Additionally, we found that astrocytes are neuroprotective to seeded aggregation within motor neurons by reducing (mislocalized) cytoplasmic TDP-43, TDP-43 aggregation and cell toxicity [60]. These findings raise the prospect of invoking this endogenous reparative potential as a therapeutic option. However, it is likely that this initial protective capacity is eroded as the disease progresses, with the astrocytes undergoing a deleterious pro-inflammatory reactive transformation, as suggested by recent studies [123][11]. Indeed, neuroinflammation induced centrally by activated

microglia, astrocytes and infiltrating T lymphocytes is increasingly recognized to play a key role in ALS pathophysiology and in fact may possibly be a primary event preceding the neurodegeneration cascade, reviewed in [124]. The importance of this inflammatory component in ALS is exemplified by mass spectrometry of human ALS plasma showing a significant increase of ficolin-3 which results in an increased complement activation potential [125]. Some attributes of this deleterious glial reactive transformation can also be observed upon normal ageing [126]. Clearly the ability to predictably manipulate astrocyte and/or microglial reactive states across this inflammatory continuum, back to being more neuroprotective, represents a large therapeutic opportunity for ALS (Figure 3).

Several studies have focused on glutamate transporter EAAT2 expression and the glutamate uptake capacity of astrocytes, primarily because excessive glutamate stimulation can cause excitotoxicity in surrounding motor neurons. Translational activation of EAAT2 (e.g. through compounds such as LDN/OSU-0212320) has been demonstrated to protect neurons from glutamate-mediated excitotoxic injury, which extended the lifespan of SOD1 transgenic mice [127]. Neuroimmunophilins (e.g. tacrolimus) also induced the expression of EAAT2 in astrocytes that protected motor neurons in vitro and prolonged the lifespan of SOD1 transgenic mice [128]. However, two further studies where upregulation of astrocytic EAAT2 was achieved through HDAC inhibitors or β-lactam antibiotics (e.g. ceftriaxone) failed to show clinical efficacy in ALS, suggesting that restoration of glutamate uptake alone may not sufficient for ALS therapy [129][130][131][132]. Targeting activation of astrocytes has been tested as a possible treatment in ALS. Anti-oxidative agent bromocriptine (BRC), cannabigerol quinone derivate VCE-003.2, or cyclic nitroxides (e.g. tempol), have reduced astrocyte activation, lowered the level of inflammatory factors (TNF- $\alpha$  and IL-1 $\beta$ ) and improved motor function in transgenic mice [133][134][135]. Glucagon-like peptide-1 receptor (GLP1R) agonists, such as NLY01, have also been suggested as potential neuroprotective agents to inhibit the formation of deleterious reactive astrocytes through blocking the microglial activation [136]. Another experimental drug, RNS60, has been shown to have anti-inflammatory and neuroprotective properties through inducing a protective state in astrocytes and microglia. RNS60 is currently in a phase II clinical trial (NCT03456882) [137][138].

Cellular implantation is an alternative potential therapeutic consideration (Figure 3). Harnessing astrocytes as cellular material currently seems tractable as this bypasses the challenge of neuronal implantation (i.e. reconstructing highly complex connections over long distances between motor neurons and their distal muscle targets). Multiple clinical trials of cell transplantation have used neural progenitor cells to generate astrocytes and interneurons, which can release growth factors and/or reduce inflammation to protect surrounding motor neurons [139–142]. Another study utilised human neural progenitor cells that had been genetically engineered *ex vivo* to produce glial cell line-derived neurotrophic factor (GDNF), a protein that promotes the survival of neurons and has proved beneficial in ALS rat models [143,144]. Transplantation of the GDNF-secreting cells into the spinal cord of ALS patients is now in phase I/IIa clinical trials (NCT02943850). Another FDA-approved cell transplantation trial using highly purified glial-restricted progenitors is also planned [145]. Notably, grafting human iPSCs-derived neural progenitor cells leads to astrocyte differentiation and improvement in the lifespan of rodents [146,147], indicating that human

iPSC-derived progenitors are a worthy source of cellular material for transplantation in ALS therapy. Cumulatively, astrocytes represent an underexplored therapeutic opportunity in ALS but different phases of disease may necessitate distinct therapeutic approaches.

Concordant with the perspective that neuroinflammation is relevant to ALS, microglia are the immune-competent sentinels of the CNS and are activated in ALS especially around the site of MN degeneration [148–151] (Figure 3). Increased microglial pathology is associated with the severity of degeneration of upper MNs in the motor cortex and with disease progression [149,152]. Studies using transgenic mouse models showed that the number of activated microglia increases during the ALS disease progression with phenotypic transformation from M2 anti-inflammatory to M1 pro-inflammatory microglial states [153–155]. At the presymptomatic stage, microglia exhibit an anti-inflammatory profile with overexpression of IL-10 and attenuated TLR2 responses [156]. During disease onset, the M2 markers Ym1 and CD206 are upregulated in microglia. In later phases, microglia exhibit enhanced ROS production and secretion of inflammatory cytokines such as TNF- $\alpha$ , IL-1, and IL-6, which coincide with a decrease in neurotrophic / anti-inflammatory factors such as IGF-1, IL-4, and IL-10, and the expression of high levels of NOX2, together considered an M1 phenotype [157][158]. Isolated early disease stage M2 microglia enhance MN survival in co-culture, whereas end-stage M1 microglia are neurotoxic [154]. Activated microglia also induce A1 reactive astrocytes through secreting cytokines and other factors, including IL-1a, TNF and C1q [123]. Microglia derived from SOD1 transgenic mice exhibit an upregulation of neurotoxic factors, consistent with the recognized non cell-autonomous effect of microglia in ALS pathogenesis [153,159]. Ablating mutant SOD1 in microglia efficiently maintained tissue homeostasis and prolonged the survival in the same mouse model [160]. Transplantation of wide-type donor-derived bone marrow to replenish microglia in SOD1<sup>G93A</sup>/PU.1<sup>-/-</sup> mice, a model unable to generate lymphoid and myeloid cells (e.g. CNS microglia), both slowed MN loss and disease progression [161]. In a sporadic ALS-like mouse model expressing hTDP43 ANLS, reactive microgliosis was associated with pathological TDP-43 clearance and motor recovery [162]. These data suggest that microglia have temporally-regulated dynamic roles in ALS disease progression.

A potential therapeutic approach would be to maintain anti-inflammatory and neuroprotective functions of microglia (Figure 3). Nuclear factor-kappa  $\beta$  (NF- $\kappa\beta$ ) protein is upregulated in mouse models and ALS patients, which may play an important role in the regulation of microglial inflammation. Selective inhibition of NF- $\kappa\beta$  signaling in microglia rather than astrocytes rescued MN loss *in vitro* and delayed disease progression *in vivo* by preventing pro-inflammatory conversion of microglia, while the constitutive activation of NF- $\kappa\beta$  in wild-type microglia induced gliosis and MN death [163]. Insulin-like growth factor (IGF1)-mediated suppression of NF- $\kappa$ B activation is a novel therapeutic avenue, as intrathecal injection of *scAAV9-hIGF-1* in *SOD1* transgenic mice at presymptomatic and symptomatic stages inhibited the inflammatory response and prolonged the lifespan of mice [164]. Histamine plays a role in regulating the release of pro-inflammatory factors (e.g. TNF $\alpha$ , IL-6) from activated microglia partially through histamine H1 and H4 receptors and NF- $\kappa$ B signaling pathway [165]. Clemastine (also known as meclastin), an histamine H1 antagonist, can reduce microgliosis, modify microglial inflammatory parameters (e.g. downregulation of NOX2), and enhance MN survival [166]. Cromolyn sodium treatment

increased MN survival and decreased the denervation of neuromuscular junctions in SOD1 transgenic mice through inducing a shift in microglial activation states from pro-inflammatory to anti-inflammatory [167]. In the same mouse model where inflammatory cytokine IL-1 was upregulated with the acquisition of a pro-inflammatory phenotype, treatment with IL-1 receptor antagonist attenuated inflammatory pathology and extended survival [168]. A recent study reported immunotherapy targeting poly-GA dipeptide repeat proteins in a C9ORF72 mouse model vaccinated by ovalbumin-(GA)<sub>10</sub> can inhibit the activation of microglia and improve motor function [169]. Colony stimulating factor 1 receptor (CSF1R) and the ligand (CSF1) regulate the proliferation and activation of microglia in SOD1 transgenic mice and treatment with a selective CSF1R inhibitor GW2580 rescued MN death, slowed down disease progression and extended survival [170]. Masitinib, a selective oral tyrosine kinase inhibitor, which can prevent CSF1-induced microgliosis, cell migration, and the inflammatory response [171], is in a phase III trial (NCT03127267). Treatment of SOD1 transgenic mice with tempol can also reduce the level of microglial reactivity and, as alluded to above, the expression of pro-inflammatory cytokines (IL-1 $\beta$  and TNF- $\alpha$ ) at the initial stage of symptoms and delay disease onset [135]. Ibudilast, which can attenuate inflammation in the CNS by preventing the production of pro-inflammatory factors from microglia [172][173], is now being evaluated in two trials (NCT02714036, NCT02238626).

There is accumulating evidence that oligodendrocytes also contribute to ALS pathogenesis (Figure 3). Degeneration of oligodendrocytes has been demonstrated in ALS mice before disease onset and observed in ALS patients, resulting in progressive demyelination in the motor cortex and spinal cord [174][175]. Genetic deletion of mutant SOD1 from oligodendrocytes substantially delayed the disease onset and extended the survival of mice [174]. Oligodendrocytes support axons of MNs partially through the transport of lactate, however the lactate transporter MCT1 in oligodendrocytes is reduced in ALS and associates with axon damage and neuron loss in mouse models and patients [176]. In a zebrafish model, selectively expressing mutant SOD1 in mature oligodendrocytes induced disruption of myelin sheath and downregulation of MCT1, which resulted in MN degeneration [177]. In a human co-culture system, oligodendrocytes derived from familial and sporadic ALS patients iPSCs induce MN hyperexcitability and death, while early downregulation of the misfolded SOD1 in progenitor cells resulted in MN rescue in all ALS cases (except samples carrying C9ORF72 repeat expansions) [178]. A genome-wide association analyses with more than ten thousands ALS patients identified myelin-associated oligodendrocyte basic protein (MOBP) as a new ALS-related risk locus, the mutation of which may disturb the intercellular communication between oligodendrocytes and MNs [179]. Taken together, glia represent attractive cellular targets in ALS and a better understanding of regionally encoded functional heterogeneity [180], glial-glial crosstalk and their interplay with ageing will be important to highlight further therapeutic opportunities.

## Conclusion

Approximately 200 clinical trials examining drugs with varied mechanisms of action have been conducted across > 50 clinical research centres. However, no therapy to halt or reverse disease progression has been identified. Indeed in the UK only 1 approved therapy of modest efficacy (Riluzole) is licenced. Reasons underlying this failure in translation may

include over reliance on animal studies and/or non-human or non-neuronal models and possibly issues with trial design. Furthermore, in preclinical studies, the delivery of treatments has often been commenced prior to disease onset / establishment, which biases efficacy towards largely non clinically representative outcomes. Recognizing the phenotypic variability of ALS patients, treatment approaches would likely benefit from being tailored towards specific rates of disease progression. Against this background, accurately understanding cellular and molecular pathophysiology in human experimental models, validation of key phenotypes using orthogonal models and the establishment of universal biomarkers will be essential for guiding drug trials. These biomarkers will ideally indicate not only the presence of disease, but also the rate of progression and inform on pathogenetic subtypes of ALS to help target the correct therapeutic approaches to the correct patient cohorts.

## **Expert** opinion

An integrated approach to modeling is crucial to yield high confidence findings of translational value by reducing inherent biases of each particular model system. Human iPSCs can be predictably manipulated into becoming any human cell type without the need for artificial overexpression or knock down [181–184], whilst faithfully recapitulating human cell type-specific properties of ALS [119,185-187]. A recent important example here is aberrant splicing of the microtubule-associated stathmin-2 (STMN2) transcript caused by TDP-43 depletion in human neurons [16,17]. Although hiPSC-derivatives essentially represent a fetal maturational state [188], strategies are now emerging to induce ageing or preserve ageing from the donor cell (reviewed in [189]). It follows that primary discovery in hiPSCs and secondary validation in mouse transgenic models and human post-mortem tissue is a particularly powerful combination to identify promising candidates for further mechanistic / therapeutic evaluation (Figure 4). Such 'cross-modal' validation will yield candidates that may then be rigorously evaluated for their utility as therapeutic targets in relevant cell types. This approach can also be strengthened by moving beyond just motor neurons; indeed potential candidates should be shown to be at least neutral - but ideally also to exert a positive effect - in astrocytes, microglia and oligodendrocytes. It is worth then evaluating the drug in co-culture paradigms that can undergo stepwise increases in sophistication once cell autonomous effects are confidently established. Initial discovery science in hiPSCs also allows elucidation of the primacy of molecular pathogenic events in clinically relevant target cell types. This can be followed by only necessary in vivo testing. Such an integrated approach arguably helps to ensure relevance to human target cell types, whilst also reducing animal experimentation. Beyond evaluating the effect of one potential drug on multiple cell types (therapeutic and toxicity assays [185]), we feel it is also crucial to consider a poly-therapeutic approach where distinct salient mechanisms can be targeted in specific cell types by simultaneously employing different therapies.

Neurodegenerative disorders including ALS have long been considered as protein misfolding diseases characterised by the formation of (cytoplasmic > nuclear) protein aggregation. Defective RNA metabolism is rapidly becoming acknowledged as playing crucial roles in ALS. The molecular mechanisms by which these defects in cellular homeostasis conspire to cause motor neuron degeneration is a key issue to resolve. Therefore it is our view that the

most promising therapeutic approaches will consider targeting both deregulated RNA metabolism and protein dyshomeostasis. Implicit within this goal is to resolve both the primacy and relative contributions of defective protein homeostasis and RNA metabolism within different cell types and at different phases of the disease. Noting that ALS is an asynchronous disease, therapeutic intervention at the time of diagnosis may indeed lead to significant prevention of neurological disability. However, in order for this promise to be realized, we first need robust identification of cellular and molecular therapeutic targets, taking account of the spatio-temporal heterogeneity of ALS pathogenesis within individual patients.

## **Declaration of Interest**

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**Figures** 

**Figure 1**. **Aberrant splicing alterations in ALS**. Loss of nuclear RNA binding proteins (RBP), including splicing factors, may lead to perturbed pre-mRNA splicing such as aberrant intron retention. Aberrant intron-retaining transcripts are exported to the cytoplasm, which may lead to mislocalization of their bound / cognate RBPs (e.g. SFPQ and FUS) from the nucleus to the cytoplasm in ALS. It follows that ASOs targeting aberrant splicing events might influence RBP nucleocytoplasmic distribution, but more experiments are required to

demonstrate that these two phenomena are causally related. Figure created with BioRender.com.



Key: 
RNA binding protein 🚱 Inclusion body 🎆 Amyloid-like aggregate

Figure 2. RNA binding proteins mislocalization and aggregation in ALS. Defective compartmentalization of RNA binding proteins (RBP) leads to cytosolic accumulation and nuclear depletion in ALS, including TDP-43, SFPQ and FUS. RBPs can undergo liquid-liquid phase separation, however some RBPs abnormally form distinct conformations of amyloid cross  $\beta$  sheets and aggregates, inducing native monomers to misfold in ALS. Aggregation-prone RBPs can spread from cell to cell in a prion-like fashion. Therapeutic approaches perturbing protein mislocalization and misfolding, promoting the clearance of abnormally oligomerized proteins, or preventing the intercellular spread of these proteins are promising therapeutic strategies in ALS. Figure created with BioRender.com.



**Figure 3**. **Glial involvement in ALS**. Glia exhibit cell autonomous and non-cell autonomous neurodegeneration in ALS. As the disease progresses, astrocytes and microglia likely transition from an initial neuroprotective state to a toxic pro-inflammatory state in ALS with fewer neurotrophic factors and more neurotoxic factors secretion, such as inflammatory cytokines (TNF, IL-1, etc.), prostaglandin D2 PGD2 [122][190]. Reduced expression and activity of the astrocytic glutamate transporter EAAT2 influences motor neuron excitability. Oligodendrocytes fail to support axons of motor neurons through the disruption of lactate transport and normal myelination. Upon ageing, glia-specific genes, but not neuron-specific genes, shift strikingly their regional expression patterns. A viable therapeutic approach might be to invoke the neuroprotective capacity of astrocytes or microglia. Similarly, cellular (glial) transplants may be a tractable therapy in ALS by promoting survival of juxtaposed motor neurons. Figure created with BioRender.com.



**Figure 4.** Integration of models for ALS therapeutic study. An integrated approach for the discovery of high confidence therapeutic candidates for ALS. Patient iPSC-derived region-specific neurons and glia for primary discovery with mouse transgenic models and human post-mortem tissue for secondary validation to identify promising candidates for further mechanistic and/or therapeutic evaluation. Insights gained from *in vivo* studies are then used to improve or modify *in vitro* model systems to better portray the disease and/or focus on different targets. Figure created with BioRender.com.

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