

Table 3
Bivariate correlations of insight (SAI-ED total score) in anorexia nervosa and bulimia nervosa

| | <i>SAI-ED</i> | |
|--|-------------------------|------------------------|
| | Anorexia Nervosa (N=44) | Bulimia Nervosa (N=50) |
| Age | 0.30 | -0.08 |
| Education | 0.21 | 0.12 |
| BMI (kg/m ²) | 0.58*** | -0.10 |
| Lowest lifetime BMI (kg/m ²) | 0.56*** | 0.16 |
| Duration of disease (years) | 0.25 | 0.34* |
| <i>EDE-Q Restraint</i> | -0.49** | -0.13 |
| <i>EDE-Q Eating Concern</i> | 0.09 | -0.09 |
| <i>EDE-Q Shape Concern</i> | -0.11 | -0.56*** |
| <i>EDE-Q Weight Concern</i> | 0.02 | -0.58*** |
| <i>Global EDE-Q</i> | -0.10 | -0.46** |
| <i>HADS-Anxiety</i> | -0.05 | -0.27 |
| <i>HADS-Depression</i> | -0.13 | -0.26 |
| <i>MOCI Total</i> | -0.14 | -0.28* |

SAI-ED: Schedule for the Assessment of Insight in Eating Disorders, EDE-Q: Eating Disorder Examination – Questionnaire, HADS: Hospital Anxiety and Depression Scale, MOCI: Maudsley Obsessive Compulsive Inventory
 Spearman's rho correlation coefficients
 * p < .05 ** p < .01 *** p < .001