

Table 1
Demographic and clinical characteristics of the sample

	AN (<i>n</i> =44)	BN (<i>n</i> =50)	<i>z</i> [†]	<i>p</i>
	Median (IQR)			
Age (years)	26.00 (10.75)	24.00 (6.00)	0.76	0.450
Education (years)	16.00 (3.00)	16.00 (2.00)	0.66	0.511
BMI (kg/m ²)	16.58 (2.37)	21.77 (4.45)	-8.04	< 0.001
Lowest lifetime BMI (kg/m ²)	15.49 (2.22)	18.66 (3.50)	-5.47	< 0.001
Duration of disease (years)	5.00 (8.00)	6.00 (9.00)	-0.43	0.667
EDE-Q Restraint	4.80 (1.20)	4.00 (1.85)	2.42	0.016
EDE-Q Eating Concern	3.50 (1.90)	4.00 (1.45)	-1.80	0.072
EDE-Q Shape Concern	4.50 (2.06)	4.94 (1.75)	-1.46	0.143
EDE-Q Weight Concern	3.60 (2.00)	4.60 (1.65)	-2.59	0.010
Global EDE-Q	4.15 (1.34)	4.45 (1.08)	-1.41	0.160
HADS-Anxiety	13.00 (5.00)	10.50 (7.00)	2.33	0.020
HADS-Depression	9.00 (5.00)	9.00 (5.00)	1.03	0.303
MOCI total	13.50 (7.75)	12.00 (8.00)	1.31	0.191
BABS total	13.00 (5.75)	8.00 (8.00)	4.04	< 0.001

IQR: Inter-quartile range, EDE-Q: Eating Disorder Examination – Questionnaire, HADS: Hospital Anxiety and Depression Scale, MOCI: Maudsley Obsessive Compulsive Inventory, BABS: Brown Assessment of Beliefs Scale

[†] *p*-values are estimated with Mann-Whitney U test (standardized test statistic values are displayed)