

# Simulation-aided occupant-centric building design: A critical review of tools, methods, and applications

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## Abstract

Occupants are active participants in their built environment, affecting its performance while simultaneously being affected by its design and indoor environmental conditions. With recent advances in computer modeling, simulation tools, and analysis techniques, topics such as human-building interactions and occupant behavior have gained significant interest in the literature given their premise of improving building design processes and operating strategies. In practice, the focus of occupant-centric literature has been mostly geared towards the latter (i.e., operation), leaving the implications on building design practices underexplored. This paper fills the gap by providing a critical review of existing studies applying computer-based modeling and simulation to guide occupant-centric building design. The reviewed papers are organized along four main themes, namely occupant-centric: (i) metrics of building performance, (ii) modeling and simulation approaches, (iii) design methods and applications, and (iv) supporting practices and mechanisms. Important barriers are identified for a more effective application of occupant-centric building design practices including the limited consideration of metrics beyond energy efficiency (e.g., occupant **well-being** and space planning), the limited implementation and validation of the proposed methods, and the lack of integration of occupant behavior modeling in existing building performance simulation tools. Future research directions include the need for large-scale international data collection efforts to move from generic assumptions about occupant behavior to specific/localized knowledge, the need for improved metrics of measuring building performance, as well as the need for industry practices, such as building codes, to promote an occupant-in-the-loop approach to the building design process.

*Keywords: building design; occupant-centric; building performance simulation; occupant behavior; human-building interaction; performance metrics.*

# 45 1. Introduction

## 46 1.1. Background

47 Beyond their energy, economic, and environmental footprints, buildings also have a significant impact on  
48 their occupants, as people are estimated to spend 87% of their time in enclosed buildings [1]. Numerous  
49 research efforts confirm the significant impact of indoor environmental conditions on the comfort, well-  
50 being, health, and productivity of occupants. Commonly-studied indoor environmental metrics include  
51 temperature, humidity, lighting, noise, and air quality levels [2–6].

52 In parallel to the effects of building conditions on occupants, occupants, in turn, exhibit a significant  
53 influence on building performance. As highlighted by de Dear and Brager [7], occupants are active – rather  
54 than passive – recipients of the indoor environments assigned to them. Through their presence and control  
55 of various building systems such as lighting, plug-loads, and space heating, ventilation, and air conditioning  
56 (HVAC) systems, occupants can significantly affect the thermal/energy performance of a building [8]. The  
57 stated impact is even applicable to buildings equipped with automated systems as occupants can look for  
58 adaptive actions to mitigate any thermal discomfort they experience (e.g., operating windows and shades),  
59 in addition to maintaining control over end-uses such as office equipment [9,10].

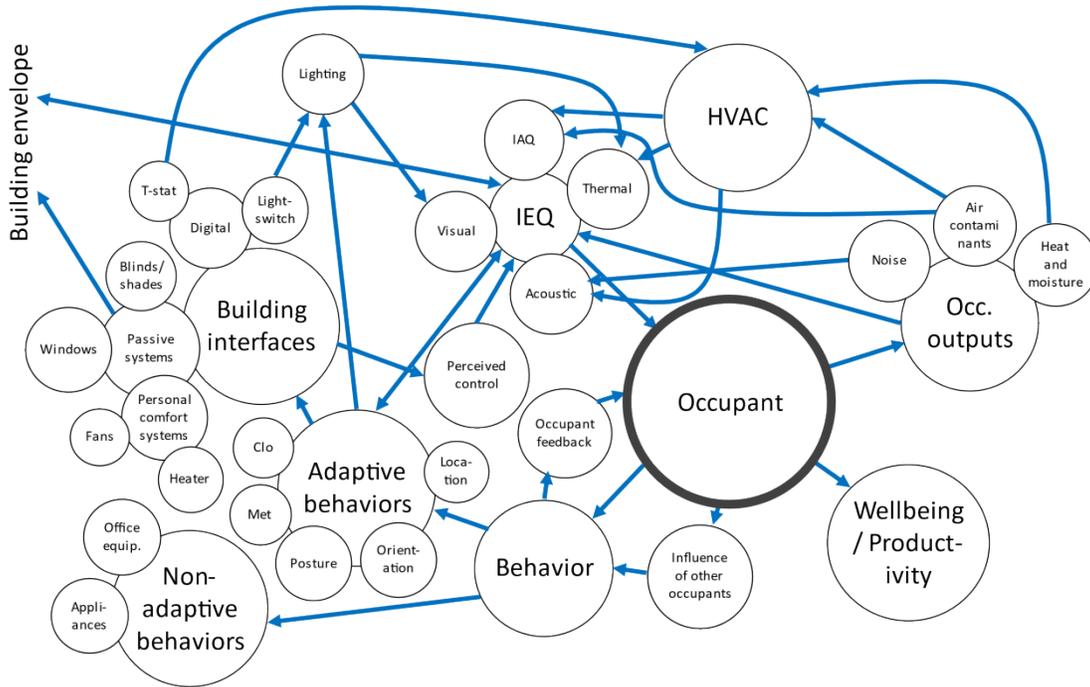
60 Acknowledging the two-way interaction between occupants and their built environment,  
61 researchers have turned to research methods and approaches that help evaluate building performance while  
62 accounting for its human dimensions [11]. A notable recent effort to advance the state-of-of-the-art in  
63 occupant behavior (OB) research is the Annex 66 project of the International Energy Agency Energy in  
64 Buildings and Communities Programme (IEA EBC): Definition and simulation of OB in buildings [12].  
65 The project successfully advanced important aspects of OB research, such as data collection, behavior  
66 model representation, and evaluation approaches. However, it typically fell short of effectively integrating  
67 most developed tools and methods in the design process of actual occupant-centric buildings.

68 In this paper, the term occupant-centric refers to the notion of placing occupants and their well-  
69 being as a top priority throughout the building life-cycle. Rather than providing comfortable conditions in  
70 buildings, occupant-centrism means to provide comfort and well-being to occupants. Rather than the  
71 highly-implicit schedules as a basis to characterize occupants, occupant-centric approaches use an explicit  
72 presentation of occupants that recognizes the two-way interaction between occupants and building design.  
73 More broadly, occupant-centric design, in this paper, also refers to space utilization by occupants and the  
74 impact of a building’s physical layout on its occupants.

75 In general, occupant-centric building research encompasses various disciplines covering both the  
76 design and operation phases of buildings. The former investigates design features and strategies that  
77 maximize one of more occupant-centric metrics (e.g., visual comfort, space utilization), while the latter  
78 focuses on operation strategies (i.e., post-construction) to achieve similar or other occupant-centric goals  
79 [13]. Such occupant-centric approaches to building research are in line with global efforts to develop and  
80 promote green or sustainable buildings that minimize resource consumption while ensuring high levels of  
81 occupants’ comfort, well-being, health, and productivity [14].

82 Computer-based modeling/simulation is a promising tool that can be used to support occupant-  
83 centric decision-making during design and operation. It allows designers, engineers, and researchers to  
84 experiment with various design and/or operation-focused strategies and predict their impact on building  
85 performance. As detailed later in this paper, building performance simulation (BPS) models are commonly  
86 used to predict the performance of buildings in terms of energy consumption, carbon emissions, or occupant  
87 comfort-related metrics [15–17]. However, such tools tend to treat occupants in simplistic ways that fail to

88 recognize their stochastic, diverse, and reactive nature, affecting the quality of their estimates [18]. For  
 89 example, the Advanced Energy Design Guide of ASHRAE [19] summarizes the complex energy  
 90 interactions between building systems but shows occupants as merely an internal heat gain rather than an  
 91 agent that can affect the energy use of virtually every system. In contrast, the relationship between  
 92 occupants, indoor environmental quality (IEQ), and energy is far more complex. For instance, building  
 93 design and operations affect IEQ, which can result in adaptive behaviors that in turn affect IEQ (refer to  
 94 Figure 1).



95  
 96 Figure 1: A conceptual figure showing the IEQ- and energy-related role of occupants in buildings.  
 97

98 The recognition of the above shortcomings to modeling approaches has contributed to the  
 99 emergence of OB modeling tools and approaches that aim to overcome some of the gaps of BPS [11,20].  
 100 Integration efforts can also be found where BPS and OB capabilities are combined in holistic modeling  
 101 frameworks [20,21]. In parallel, analytical methods are developed to leverage the power of the modeling  
 102 tools and extract efficient design and operation strategies. These include – but are not limited to – parametric  
 103 variations, uncertainty analyses, optimization algorithms, and robust/resilient design practices [22–24].  
 104 Finally, research efforts can also be found on mechanisms and practices that support the development and  
 105 adoption of occupant-centric design approaches such as building codes, green building rating systems, and  
 106 integrated project delivery methods that promote stakeholder communications from the early stages of  
 107 building design [20,25].

108 **1.2. Previous reviews and gaps in the literature**

109 The literature lacks a comprehensive assessment of occupant-centric building design covering its  
 110 multifaceted aspects, including occupant-centric metrics, simulation tools, analytical methods, and external  
 111 mechanisms to apply research findings in actual buildings. Nonetheless, previous review articles covered  
 112 topics related to occupant-centric buildings. The studies are summarized in Table 1 and discussed in the  
 113 following paragraphs.

Table 1: Summary of previous review articles and their limitations pertaining to the current review.

Source	Year	Scope	Main gaps		
			Limited focus on the design phase	Limited coverage of multivariable metrics	Limited emphasis on simulation tools
D'Oca et al. [26]	2018	Review of energy-related behaviors of key stakeholders that affect energy use over the building life cycle	X		X
Zhang et al. [27]	2018	Review of the role of OB in building energy performance	X	X	
D'Oca et al. [28]	2019	Review and illustrative examples of office occupant modeling formalisms	X	X	
Gaetani et al. [11]	2016	Proposing a fit-for-purpose modeling approach for occupant behavior models	X		
Hong et al. [29]	2015	Proposing the DNAs 'Drivers-Needs-Actions-Systems' framework providing an ontology to represent energy-related OB in buildings	X	X	X
Hong et al. [30]	2015	Implementation of the DNAs framework proposed in [X] using an XML schema	X	X	
Østergård et al. [32]	2016	Review of building simulations supporting decision making in the early design stage		X	
Ouf et al. [31]	2018	Review and comparison of occupant-related features between common BPS tools	X		
Hong et al. [17]	2018	Review of implementation and representation approaches of OB models in BPS programs	X		
Lindner et al. [33]	2017	Determination of requirements on occupant behavior models for the use in building performance simulations	X	X	
Gunay et al. [40]	2016	Implementation and comparison of existing OB models in EnergyPlus	X	X	
O'Brien et al. [35]	2017	Review, discussion, and guidance for developing and applying of occupant-centric building performance metrics	X		X
Ouf et al. [38]	2019	Proposing an approach and metrics to quantify building performance adaptability to variable occupancy	X	X	X
Machairas et al. [22]	2014	Review of algorithms for optimization of building design	X	X	
Tian et al. [15]	2018	Review and survey of building energy simulation and optimization applications to sustainable building design	X	X	
Kheiri et al. [39]	2018	Review on optimization methods applied in energy-efficient building geometry and envelope design	X	X	
Shi et al. [13]	2016	Review on building energy-efficient design optimization from the perspective of architects		X	
Dong et al. [11]	2018	Review on modeling occupancy and behavior for better building design and operation		X	

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D'Oca et al. [26] and Zhang et al. [27] reviewed and categorized the “human dimensions” of building performance and the need to integrate them into the operation and design processes. More specific reviews on various OB modeling approaches classified them into distinct formalisms [28], proposed a “fit-for-purpose” modeling strategy [11], or introduced an ontology to represent energy-related behaviors of

120 building occupants [29,30]. Other papers focused on performing comparative reviews of occupant-related  
121 features and inputs in common BPS tools [31,32], or presented different approaches to implement OB  
122 models in BPS tools (e.g., [17,33,34]). On the other hand, O'Brien et al. [35] assessed occupant-centric  
123 building performance metrics and proposed new ones to quantify the impact of occupants on building  
124 performance, while Ouf et al. [36] introduced metrics to quantify building adaptability to variable  
125 occupancy. Other researchers have focused on applying a specific analytical technique to guide design  
126 choices such as optimization, which is used in various contexts such as overall building design [22], passive  
127 designs [37], building geometry and envelope design [38], and efficient designs from the perspective of  
128 architects [39]. Finally, Dong et al. [13] reviewed modeling efforts of OB with applications covering  
129 operation patterns and specific design features. However, the scope of that study was limited to two specific  
130 design areas: crowd circulation and HVAC sizing. Additional occupant-centric performance metrics such  
131 as thermal comfort, well-being, productivity, or space planning are not covered in that review.

132 In summary, the review articles described in the previous paragraph present three main gaps that  
133 motivated the need for the current work. The first and most important gap is that the vast majority of studies  
134 evaluating OB in buildings focus on its implications on building operation – rather than design – strategies.  
135 Limited insights are presented on how OB modeling can be leveraged to improve or guide the design stages  
136 of buildings. The second gap in existing reviews of occupant-centric simulation studies is the dominant  
137 focus on energy efficiency/conservation as the primary target or objective of the modeling process.  
138 Additional occupant-centric performance considerations such as occupant thermal comfort, well-being,  
139 productivity, or space planning are not thoroughly and systematically covered in review studies. Finally,  
140 existing reviews on occupant-centric performance metrics often fail to connect their results to state-of-the-  
141 art simulation tools and methods that can be used to guide design decisions.

### 142 1.3. Current review objectives and methodology

143 The aim of this paper is to provide a comprehensive and critical review of existing studies that apply  
144 computer-based modeling/simulation to guide occupant-centric building design. The review is inclusive in  
145 its coverage of metrics, tools, methods, and supporting mechanisms to guide the design of occupant-centric  
146 buildings. It provides readers with a holistic understanding of the field's state-of-the-art, its gaps, and future  
147 perspectives.

148 While the main scope of study is on occupant-centric design applications, it is essential to first  
149 review how studies in the literature define occupant-centric designs and the computer-based tools they use  
150 to experiment with and guide such designs. Therefore, Section 2 starts by covering the main occupant-  
151 centric metrics that can be used to guide the design of buildings (e.g., thermal and visual comfort, well-  
152 being, productivity, energy, and space planning). Section 3 then summarizes the main modeling/simulation  
153 tools and approaches currently used in the literature, including BPS, OB models, and efforts to integrate  
154 the two in comprehensive modeling schemes. Sections 2 and 3 serve as a foundation for Section 4, which  
155 reviews key research on simulation-aided occupant-centric design methods and applications such as  
156 parametric analysis, optimization, and robust/resilient design practices. In Section 5, practices that are  
157 currently supporting, or can be used to support, occupant-centric design applications are discussed, such as  
158 building codes and standards, as well as mechanisms to involve stakeholders (e.g., occupants) in integrated  
159 design processes. A synthesis of the results is then presented in Section 6, followed by concluding remarks  
160 and future perspectives in Section 7.

161 As for the data collection process, it consisted of the following steps: (i) collection of articles known  
162 to authors; (ii) collection of articles citing or being cited by the articles; (iii) initial screening and elimination

163 of irrelevant articles (e.g., out of scope, content duplicated in multiple documents, non-English documents);  
164 (iv) final screening for inclusion and assignment to a specific section; (v) inclusion in the article. It is  
165 important to note that the above process provided the needed flexibility to cover the diverse topics reviewed,  
166 particularly in Sections 2 to 5, without limiting the search space to a predefined set of keywords. A total of  
167 253 articles passed the initial screening stage, out of which 213 passed the final screening stage and were  
168 included in the paper.

## 169 2. Occupant-centric metrics of building performance

170 Building performance is a complex and evolving concept that allows stakeholders to quantify how well a  
171 building fulfills its functions [41]. For benchmarking purposes, building performance is commonly  
172 normalized using building-centric quantities such as the building's gross volume, the net, gross or treated  
173 floor areas, or the façade surface. Building users – who are the final recipients of the services offered by a  
174 building – are often not directly accounted for the performance evaluation [42]. The purpose of this section  
175 is to synopsise the main aspects and features of occupant-related building performance metrics that are  
176 commonly used in building performance estimation. Examples of such metrics covered in the next sections  
177 include occupant comfort (thermal, visual, and acoustic), indoor air quality (IAQ), well-being and  
178 productivity, space planning, and energy. These metrics are useful tools for the operational assessment of  
179 the performance of an existing building or for guiding the optimization of the design of the building  
180 envelope and systems, and related control strategies.

### 181 2.1. Thermal comfort

182 Thermal comfort is the “condition of mind that expresses satisfaction with the thermal environment” [43];  
183 as such, it is a highly subjective phenomenon influenced by a range of factors. Quantifying thermal comfort  
184 has been the subject of studies for many decades due to its role in determining acceptable indoor design  
185 conditions and HVAC system requirements in buildings. While thermal comfort is primarily assessed by  
186 subjective evaluation (e.g., occupant surveys), in practice, empirical models are typically used, in lieu of  
187 subjective evaluation, to predict the human perception of thermal comfort based on physically observable  
188 qualities. The most widely accepted model is the Fanger's model of thermal comfort that expresses human  
189 thermal sensation in terms of environmental (air temperature, radiant temperature, airspeed, humidity) and  
190 personal (metabolic rate, clothing insulation) factors based on the steady-state heat balance principle [44].  
191 It is expressed through two indexes: the Predicted Mean Vote (PMV) and the Predicted Percentage of  
192 Dissatisfied (PPD). The PMV/PPD model provides a global estimation of thermal sensation and  
193 acceptability of indoor environmental conditions by a large group of people, and typically has to be  
194 accompanied by the verification of possible local discomfort conditions that can affect individual  
195 occupants. It associates comfort with neutral sensation, which can lead to narrow temperature prescriptions  
196 that are energy-intensive to maintain [45].

197 Adaptive comfort models present an alternative approach that expresses acceptable indoor  
198 temperatures in terms of prevailing outdoor temperatures [46,47]. Such an approach accounts for the  
199 human's ability to adapt to variable environmental conditions in naturally-conditioned buildings. Hence, it  
200 is often used to support passive design strategies or mixed-mode operation that allow a wider range of  
201 temperatures than can be explained by the PMV/PPD model. The adaptive comfort models assume that  
202 occupants have direct control on buildings devices to restore thermal comfort (often called adaptive  
203 opportunities), hence there exists the complex challenge of modeling the actual occupants' behavior in

204 building simulation tasks. In an effort to overcome trivial and simplistic rule-based control strategies,  
205 research efforts in the last decades aimed to describe occupants' presence and their interaction with building  
206 devices using stochastic models and data-driven methods.

207 Another issue is that both the PMV/PPD model and the adaptive comfort models are often  
208 accompanied with right-here and right-now metrics (e.g., PPD, Nicol et al.'s overheating risk) [48], which  
209 result in time series that are difficult to be processed in automated design procedures. In this regard, several  
210 long-term thermal discomfort indices have been proposed to estimate the thermal stimuli accumulated by  
211 people into a building over a period. Such long-term thermal discomfort metrics differ by the type of thermal  
212 comfort model adopted for the right-here and right-now assessment of the thermal environment, the use of  
213 comfort categories or classes for weighting the estimation of thermal stress, whether considering  
214 symmetrical overshoots of acceptable conditions, and whether considering the non-linear relationship  
215 between the comfort temperature and acceptability of the indoor environmental conditions [49,50]. Despite  
216 their successful adoption into international standards (e.g., [43,51,52]), both types of models (PMV/PPD  
217 and adaptive) have displayed challenges in describing the thermal comfort of individuals in a particular  
218 field setting due to their one-size-fits-all approach [53]. To address this issue, a more recent approach called  
219 personal comfort models focuses on learning individuals' thermal comfort based on relevant data (e.g.,  
220 behavior, biomarkers) collected via various sensors and devices in their everyday environment [54–56].  
221 This new approach is gaining attention among researchers and practitioners whose goal is to create a  
222 personalized comfort experience in occupant-centric buildings.

## 223 2.2. *Visual comfort*

224 The European standard EN 12665 defines visual comfort as “a subjective condition of visual well-being  
225 induced by the visual environment” [52]. It is a complex state that depends on several intertwined aspects  
226 like the physiology of the human eye, the physical quantities describing the amount of light and its  
227 distribution in space, and the spectral emission of artificial light sources. Visual comfort has been  
228 commonly studied through the assessment of some coexisting factors characterizing the relationship  
229 between the human needs and the light environment, such as (i) the amount of light, (ii) the uniformity of  
230 light, (iii) the prediction of the risk of glare for occupants, and (iv) the quality of light in rendering colors.  
231 Numerous metrics have been proposed to assess such factors and used to inform the simulation process of  
232 buildings, for example [57]. However, although these factors are possibly correlated with each other,  
233 indexes usually only focus on one of them and fail to represent the full complexity of a luminous  
234 environment in particular from a human-centric perspective.

235 Furthermore, light, by stimulating the intrinsically-photosensitive retinal ganglion cells (ipRGCs),  
236 produces non-visual responses in humans. These responses have direct effects on human physiology (e.g.,  
237 sleep-wake cycles, secretion of hormones like melatonin, core body temperature, and heart rate) [58] and  
238 psychology, for instance altering mood [59]. To this regard, the International Commission on Illumination  
239 (CIE) developed the International Standard CIE S 026/E:2018 [60] that addresses non-visual effects of light  
240 in humans. The standard defines spectral sensitivity functions, quantities, and metrics related to quantifying  
241 retinal photoreceptor stimulation of the five types of photoreceptors while also considering the effects of  
242 age and field of view. Nevertheless, it does not provide any indications of lighting applications or  
243 quantitative prediction of non-visual light responses or ipRGC-influenced light (ILL) responses [60].  
244 Further details on non-visual effects of light are available in dedicated reviews (e.g., [61,62]).

245 For simulation, the amount and uniformity of light can be estimated in a reasonably good manner,  
246 at the room level, with illuminance-based metrics such as the Unified Glare Rating (UGR) [63] or the

247 Illuminance Uniformity ( $U_0$ ) [64] even if no harmonized threshold levels are common among such types of  
248 metrics. These metrics are built upon the assessment/estimation of the illuminance at a point on a surface  
249 (the work plane or floor), but they do not explicitly take into account occupants' presence, activity, location,  
250 or orientation into the space. Glare depends on the location of an observer into space and on his/her relative  
251 position with respect to both natural (e.g., windows) and artificial (luminaires) light sources. This  
252 geometrical complexity makes it very impractical to estimate the glare risk for an individual person located  
253 in a built environment and requests a number of assumptions on use scenarios for testing the visual  
254 performance of space during the design phase. One of the most commonly used glare metrics is the  
255 Discomfort Glare Probability (DGP) [65]. However, it requires the knowledge of the exact location and  
256 orientation of the occupant into a space; but if the ambition of the glare risk assessment at each occupant in  
257 a built space is reduced, simplified metrics such as the Wienold's Simplified Discomfort Glare Probability  
258 [66], which are based on the vertical illuminance measured at the observer's eye, provide a good correlation  
259 with DGP. Regarding the quality of light in rendering colors, it has shown to affect the psychological  
260 reaction of occupants to a luminous environment but has not been linked to any energy-related performance  
261 of a building so far. Consequently, it has not been used in the whole building simulation, and its application  
262 remains mostly limited to the optimization of artificial light sources, such as light-emitting diodes (LEDs).

263 In general, the vast majority of light and daylight metrics do not account for the actual artificial  
264 lighting use and do not reflect the energy use for lighting. To overcome this limitation, O'Brien et al [35].  
265 proposed the light utilization ratio (LUR) that simultaneously considers daylight availability, the lighting  
266 control scheme, and OB. This is an attempt to explicitly account for occupant impact on a building energy  
267 performance and link together more than one of the aforementioned aspects. Finally, lighting practices and  
268 regulations address visual and energy efficiency aspects of light while little interest is dedicated yet to non-  
269 visual light responses [60].

### 270 2.3. *Acoustic comfort*

271 Acoustic comfort is the perceived state of well-being and satisfaction with the acoustical conditions in an  
272 environment [67,68]. It can be affected by two main types of noise in buildings: (i) structure-borne (impact)  
273 noise that is created by physical impact or vibration against a building element, and (ii) airborne noise that  
274 is transmitted through the air [69]. The sound pressure level is one of the main acoustical factors that affect  
275 comfort. Maximum sound pressure level ( $L_{max}$ ) is typically used when predicting comfort with impact noise,  
276 whereas equivalent sound pressure level over a given period of time ( $L_{eq}$ ) is used for airborne noise [70,71].  
277 Other acoustical factors that impact acoustic comfort are: (i) frequency of the noise, (ii) noise source, (iii)  
278 duration of noise, and (iv) its variation with time [72,73]. Acoustic comfort is, however, highly subjective,  
279 and noise sources with the same physical characteristics can be perceived differently by different people.  
280 Personal and societal characteristics, such as sensitivity to noise and attitude towards a noise source, are  
281 thus essential when quantifying acoustic comfort [71,72]

282 Due to the physical and psychological effects associated with acoustic discomfort, some regional  
283 and international standards provide guidelines on noise level limits and other acoustic performance  
284 evaluation metrics. These metrics vary based on the purpose of the space and the type of effect noise will  
285 have on occupants. For instance, in residences, the main effects of noise exposure are annoyance, activity  
286 interference, and sleep disturbance, while in offices, effects on communication, work performance, and  
287 speech privacy are more important [74]. Standards and guidelines thus provide different background noise  
288 level limits for different spaces to ensure minimum interference with the activities performed in the spaces.  
289 The World Health Organization (WHO) [74], for instance, identifies different noise level limits for several

290 indoor spaces including residences, hospitals and schools. In open-plan offices, additional metrics, such as  
291 speech transmission index, distraction distance, and privacy distance are typically used to quantify the  
292 performance of an office with respect to speech privacy as well as effects of speech on occupants' work  
293 performance [75].

294 Despite the available standards and guidelines, acoustic discomfort remains one of the most  
295 important comfort issues even in spaces that meet requirements set by standards. One reason for this is the  
296 lack of consideration of individual differences, such as noise sensitivity. In addition, many guidelines fail  
297 to consider the effects of variable noise levels over time as well as variable noise sources [76]. For example,  
298 the focus of most guidelines for residential spaces is outdoor noise sources such as traffic noise, and outdoor  
299 community noise, and do not include indoor sources. In addition, some guidelines group all noise sources  
300 together. The U.S. Environmental Protection Agency (US EPA), for instance, provides one  $L_{eq}$  limit for all  
301 environmental noise sources to prevent annoyance and interference with activities disregarding the effects  
302 of specific noise sources and frequency on acoustic comfort [77]. Other guidelines, for instance, the WHO  
303 [74] and the Ontario Ministry of the Environment and Climate Change (MOECC) Noise Guideline [78],  
304 try to overcome this issue by providing different limits for different noise sources such as road traffic, rail  
305 traffic, and aircraft noise.

#### 306 2.4. *Indoor air quality*

307 The term Indoor Air Quality (IAQ) includes all physical, chemical, and biological pollutants to which we  
308 are exposed via indoor air [79]. IAQ is an important determinant of two high-performance goals that are  
309 closely related to building occupants: (i) population health and well-being, and (ii) energy-efficient  
310 ventilation for indoor hygiene and comfort [80]. The time-weighted concentration thresholds of air  
311 contaminants are the key information to convert IAQ design to an engineering problem of achieving the  
312 two aforementioned goals. Among the different indoor air pollutants, eight groups of substances including  
313 carbon dioxide ( $CO_2$ ), nitrogen dioxide ( $NO_2$ ), formaldehyde (HCHO), carbon monoxide (CO), sulfur  
314 dioxide ( $SO_2$ ), particulate matter in sizes up to 2.5 and 10  $\mu m$  ( $PM_{2.5}$  and  $PM_{10}$ , respectively), total volatile  
315 organic compounds (TVOCs), and Ozone ( $O_3$ ), are the most frequently addressed contaminants. Abdul-  
316 Wahab et al. [81] and NRC [82] summarized the concentration limits published by a broad range of regional  
317 and international guidelines. It is worth noting that the acceptable values for the same substance could vary  
318 between guidelines because of the differences in the derivation approach and base data [83]. Some  
319 organizations, for instance, the WHO [84] and the German Federal Environment Agency [85], identified  
320 the requirements of certain VOC species that can be commonly found in building material emissions and  
321 synthetic products for household use. Some examples of those VOC agents are benzene, naphthalene,  
322 benzopyrene, trichloroethylene, and tetrachloroethylene. A few non-mandatory standards extended the IAQ  
323 metrics to include indoor bioaerosol contaminants. Singapore's SPRING [86] specified the recommended  
324 limit of microbial pollutants in indoor air, but its application in modeling and design could be a challenge  
325 due to limited knowledge on the emission-to-response model of bioaerosols. More guidelines (e.g., WHO  
326 [87]) address this issue from the source control perspective, through managing the indoor dampness and  
327 removing the microbial-contaminated material.

328 In response to the time-weighted concentration thresholds specified by legislations, numerical  
329 models have been developed to predict the indoor concentrations of various air contaminants as functions  
330 of outdoor air pollutant concentrations, indoor-outdoor air exchange rates, and indoor sources and sinks.  
331 The mechanistic nature of those indoor air pollution models ranges from single- to multi-compartment  
332 representations, from steady- to transient-state approaches. For example, the first-order differential

333 approach representing mass balance in one compartment model consolidated by Batterman [88] can be  
334 applied to calculate CO<sub>2</sub> concentrations in both stable and unstable conditions. Earnest and Corsi [89] used  
335 a two-compartment model to predict concentration variations of two VOC agents owing to the use of  
336 cleaning products. The EnergyPlus generic contaminant model and CONTAM was employed to estimate  
337 indoor concentrations of NO<sub>2</sub>, PM<sub>2.5</sub>, and CO for the dwelling [90] and school spaces [91]. The indoor air  
338 simulation is based on many input parameters, and three of them are closely related to OB. The three  
339 parameters are (i) ventilation rate, which obviously depends on the operation of windows and doors, (ii)  
340 indoor source strength, which is under the influence of daily activities, such as cooking, the use of synthetic  
341 chemical products for cleaning, the burning of fossil fuels for heating, among others, and (iii) transient  
342 modifier, which relates to the location and duration of occupant activity.

343 The health impact of indoor air quality ushered in the paradigm transformation towards preserving  
344 occupants' health beyond the traditional performance goal on energy and resource reduction. To that point,  
345 the WHO issued a report in 2000, declaring the human right to healthy indoor air [92]. As summarized in  
346 a recent review work [93], the associations between adverse health outcomes and exposure to air  
347 contaminants commonly present in indoor spaces have been evidenced by toxicological testing,  
348 epidemiology association, and self-rated health assessment. In general, there is a clear link to the increased  
349 risk of developing lung cancer, respiratory infections, immune system diseases, skin and mucous membrane  
350 irritations, and other building-related illnesses. However, having a consensus on their quantitative  
351 relationships with indoor air exposure would be a great challenge because site-specific and contextual  
352 factors differ between studies.

353 Acknowledging the importance of indoor air to public health, many human health risk assessment  
354 models have extended their inhalation pathway developed for urban air quality research to include indoor  
355 media. Some examples are the indoor microenvironmental scenes incorporated in the APEX [94], USEtox  
356 [95], and SHAPE [96] models. The health risk assessment integrates three parameters in indoor air setting:  
357 (i) the time spent in the interior spaces (exposure time), (ii) the pollutant concentrations that the occupant  
358 is exposed to (exposure concentration), and (iii) the risk factors of different air pollutants. Occupants  
359 behavior greatly affects the first two parameters: the relationship between exposure time and occupant  
360 presence is obvious; the exposure concentration is built upon the indoor concentration, which is in turn  
361 affected by the location and behavior of occupants in the space.

## 362 2.5. *Well-being and productivity*

363 The built environment has a direct impact on how occupants sense and perceive a given space, and it has  
364 significant consequences on their well-being and productivity. Research shows ample evidence about the  
365 impact of office design on workers' health, well-being, and productivity. Despite that, occupant well-being  
366 and productivity have not been a priority in traditional building design and construction. This is changing  
367 in recent years as more companies recognize the business case for healthy and productive offices and third-  
368 party building rating systems begin to incorporate wellness and productivity into their requirements.

369 Well-being is a broad term that encompasses the physical, mental, emotional, and social health of  
370 a person, and is generally measured based on the level of happiness, satisfaction with life, and fulfillment  
371 [97]. Productivity is an economic term that measures the efficiency of production, expressed in terms of a  
372 ratio of outputs (e.g., goods and services) to inputs (e.g., labors and materials) [98]. Since both well-being  
373 and productivity are not architectural terms, a key role of research communities has been to establish the  
374 criteria and metrics that can describe the impact of the built environment on occupant well-being and  
375 productivity. Studies have identified the following criteria for the assessment of well-being and productivity

376 in office environments: indoor environmental quality, office layout, biophilia, look and feel, and location  
377 and amenities [99,100]. The evaluation metrics are largely categorized into three groups: (i) financial  
378 metrics such as absenteeism, staff turnover, revenue breakdown (by department or per building), medical  
379 costs and complaints; (ii) perceptual metrics based on self-reported attitudes about health, well-being and  
380 productivity in the workplace; and (iii) physical metrics that are direct measures of IEQ (e.g., temperature,  
381 illuminance, pollutants) or an evaluation of design features (e.g., views outside, quality of amenities) [101].

382 Finding optimal ambient temperatures for office productivity is one of the most frequently studied  
383 topics. Amongst the best-known studies were the ones carried out by Seppanen and Fisk [102], showing an  
384 optimal temperature point for cognitive performance in an inverted-U relationship, which was later adopted  
385 by ASHRAE's Handbook of Fundamentals [103] and REHVA Guidebook No. 6 [104]. However, this  
386 approach has been criticized for oversimplifying human response to environmental stimuli, justifying tight  
387 and energy-intensive indoor temperature control practices worldwide [105]. Recognizing this, studies (e.g.,  
388 [106,107]) have looked into the interactions between the environment, occupant comfort (thermal, visual),  
389 and behavior through building simulations to optimize energy consumption and office productivity.

390 Other research efforts (e.g., [105,108,109]) have adopted multidisciplinary approaches to provide  
391 a more holistic understanding of the relationship between physical environments and human well-being and  
392 productivity. For instance, Nayak et al. [109] study and predict work performance due to changes in indoor  
393 room temperatures using human brain signals recorded using electroencephalography (EEG). The proposed  
394 method achieved a performance prediction accuracy 17 times higher than that of traditional models using  
395 skin temperature, heat-rate, and thermal survey votes.

396 In parallel to the mentioned research efforts, studies have also investigated the positive link between  
397 passive/low-energy design strategies and occupant satisfaction, health, and performance, including natural  
398 lighting [110], occupant controls [111], and view of nature and plants [112]. Green building rating systems  
399 such as Leadership in Energy and Environmental Design (LEED), the WELL Building Standard, and Fitwel  
400 have adopted many of these design strategies to promote more natural and energy-conscious design  
401 solutions that can improve the indoor environment quality and the overall well-being of the occupants.

## 402 2.6. *Space planning and organizational metrics*

403 Beyond the individual aspects of occupant-centric metrics (e.g., comfort, IAQ), interactions among  
404 occupants can also be used to measure the success of a building from the perspective of the occupant and  
405 organization. This focus on group-level metrics can be particularly important in commercial buildings,  
406 where enabling the success and productivity of the occupants and organization in a building is a  
407 fundamental design goal of any commercial facility. Based on a review of the literature, we define two key  
408 categories for these kinds of organizational metrics: efficiency of space utilization and organizational  
409 performance.

410 Analysis of the utilization of spaces enables metrics that describe how appropriately spaces are  
411 serving their intended function; in other words, the ability of a building to enable occupants to carry out  
412 their intended activities. Spaces can be defined as under-utilized (which is both cost and energy-inefficient),  
413 properly utilized, or over-utilized (in which case occupants are inhibited from performing their activities)  
414 [113]. Metrics such as the percentage of desks occupied in a workspace can be used to determine the overall  
415 spatial efficiency [114]. With new methods enabling real-time, detailed inference of occupants' space  
416 utilization [115–117], researchers have defined metrics that explore the potential to improve overall space  
417 utilization rates by moving to a scenario in which occupants share desks [35].

418 Ultimately, organizations in commercial buildings care most deeply about the productivity of their  
419 workforce as the cost of people is typically an order of magnitude higher than the cost of building operation  
420 [118]. Recently, researchers have noted that the physical design of buildings can have large impacts on  
421 different metrics related to productivity, such as communication, collaboration, and innovation. Using the  
422 language of space syntax [119], researchers have defined metrics based on the physical layout and  
423 correlated them with occupant outcomes. For instance, Congdon et al. [120] found that higher levels of a  
424 single desk's spatial integration correlated with more central positions in the organizational network for the  
425 individual occupying that workstation. Kabo et al. [121,122] found that higher path overlap among  
426 occupants correlated with more successful collaborations. Generally, research has found that closer spatial  
427 relationships (e.g., proximity) improve the way individuals communicate and collaborate with one another  
428 in a building [123–126]. Conversely, recent research has also shown that certain *open-plan* office layouts  
429 – in which spatial relationships are harder to define due to a lack of spatial boundaries – are actually  
430 associated with a decrease in face-to-face communication [127]. This unique interface between spatial  
431 boundaries and communication patterns points up the need for further research relating building design to  
432 organizational performance.

## 433 2.7. Energy

434 Energy is a physical quantity that measures the capacity of a system to perform work or transfer heat to or  
435 from another (thermodynamic) system. It is an extensive property meaning that it is proportional to the  
436 extension of the system and is additive for independent and non-interacting subsystems [128]. In buildings,  
437 it is used to quantify the performance of any building services and mechanical systems to provide end-uses  
438 required by occupants. Focusing in the current work only on HVAC systems, renewable energy generation  
439 systems, artificial lighting, and electric appliances, energy is typically used to assess the performance of a  
440 building in providing space heating and cooling, humidification and dehumidification, ventilation and  
441 pumping, (domestic hot) water heating, (artificial) lighting, and electric appliances.

442 Several energy performance indicators (EPIs) are used to express a building performance, differing  
443 by the boundary at which they are measured or the contributions considered for their calculation. The  
444 international standard ISO 52000-1 [129] sets a systematic and comprehensive framework for the holistic  
445 evaluation of the energy performance of new and existing buildings, also by defining several EPIs, such as  
446 primary energy, delivered energy, energy uses, and energy needs. Furthermore, for benchmarking purposes,  
447 the building energy performance is commonly normalized with respect to other extensive properties that (i)  
448 describe the building geometry such as the net or gross/treated floor area, the net or gross volume, or (ii)  
449 quantify the number of users, generating energy intensity quantities that do not depend on building size. In  
450 occupant-centric design applications, the use of geometrical properties is more commonly used than  
451 occupancy despite the target being people using or living in a building. Such an approach may lead to  
452 misrepresentation of phenomena [42] because building geometry is assumed to be time-invariant with  
453 epistemic uncertainty that can be, at least in theory, nullified, while the count of occupants in a building is  
454 variable and typically affected by aleatory uncertainty that cannot be reduced.

## 455 2.8. Observations and gaps

456 The aim of this section was to present the most common occupant-related metrics of building performance  
457 prior to reviewing the tools and methods used to assess that performance in the upcoming sections. The  
458 following observations can be made. Firstly, there is an imbalance in the breadth and depth of information  
459 on the different metrics that were covered. For instance, thermal comfort is very well covered in the

460 literature with clearly defined metrics and standards. Well-being or productivity, on the other hand, are  
461 more difficult to categorize, assess, and quantify. Secondly, while all metrics are directly related to and  
462 affected by occupants, there is a tendency to normalize metrics at the building level. A common example  
463 is the normalization of building energy performance per unit of floor area, which contributes to the  
464 categorization of energy as a building-focused, rather than an occupant-focused, metric. Such an  
465 aggregation of information contributes to the diluting of the personal and societal characteristics of the  
466 occupants, which have shown to contribute to the way they perceive and interact with their built  
467 environment. Thirdly, the reviewed sources of information mostly define what the different metrics are and  
468 how they are measured; less is presented on how to use such information to guide decision-making. Such a  
469 process is highly complex and depends on the characteristics of the building under study (e.g., typology,  
470 size, age, location) as well as the objectives of the different stakeholders involved (e.g., owner, facility  
471 manager, occupants). Moreover, possible conflicts may exist between metrics and should be accounted for  
472 (e.g., space utilization and acoustic comfort). While a holistic approach to assessing building performance  
473 is needed, most metrics are mostly defined and modeled in isolation, as further discussed in the following  
474 sections.

### 475 3. Occupant-centric building performance simulation

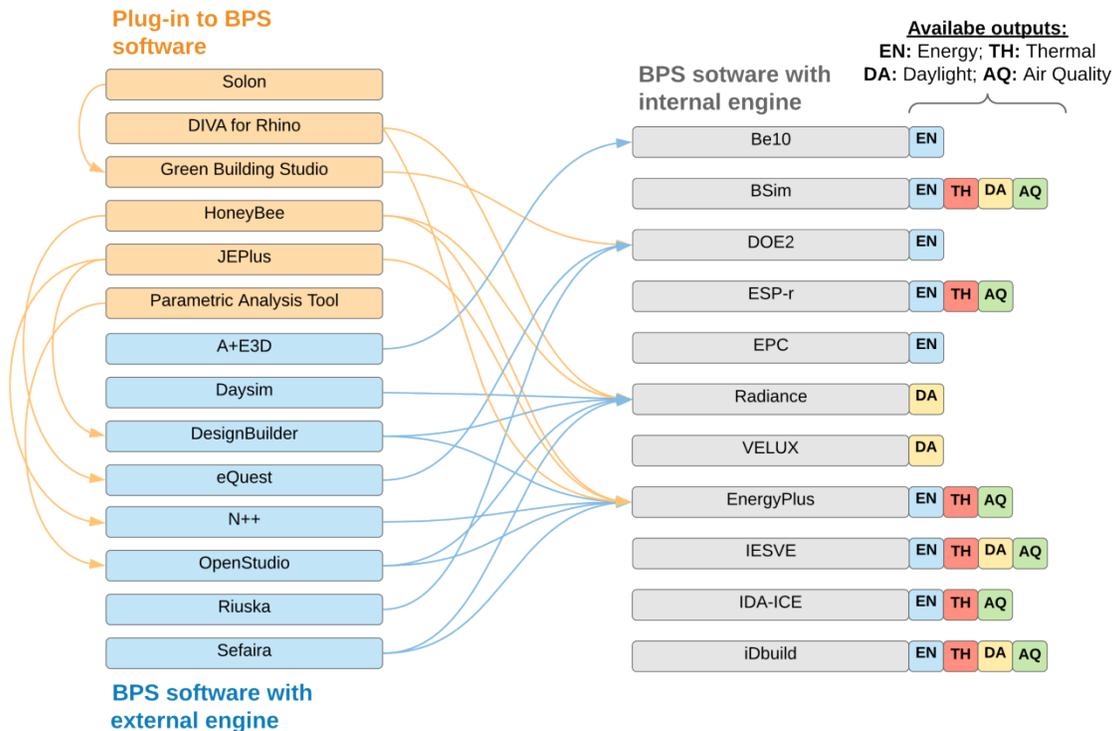
476 Following the review of occupant-centric building performance metrics, the current section covers common  
477 computer-based modeling and simulation approaches that are used to assess such metrics, as well as  
478 opportunities and challenges of adopting such approaches and tools to support building design. The section  
479 includes: (i) common BPS software tools and their core functions, (ii) their ability to account for occupant-  
480 related features as inputs to the models, and (iii) OB-focused modeling tools and their interoperability in  
481 BPS environments.

#### 482 3.1. Building performance simulation overview

483 Building performance simulation – also known as building energy modeling, energy simulation, or building  
484 simulation – is a physics-based software simulation of building systems and their performance [16]. A BPS  
485 program takes as inputs the characteristics of the building, such as its geometry, construction materials,  
486 electro-mechanical systems (e.g., HVAC and lighting), water heating configurations, and renewable energy  
487 generation systems. Inputs also include occupancy schedules and the operation patterns of plug-loads,  
488 lighting, and HVAC systems (e.g., thermostat settings) [130]. A BPS program then combines the physics  
489 equations of the building systems with outdoor weather conditions to predict one or more of the following  
490 metrics: building energy flows, energy consumption, peak loads, carbon emissions, air quality, daylighting  
491 availability, thermal comfort (e.g., PMV and PPD), and visual comfort (e.g., DGP) [15,16].

492 Figure 2 provides a summary of common BPS software tools adapted from the work of Østergård  
493 et al. [32]. The figure classifies the tools according to two main characteristics. The first is the software's  
494 main functionality, which varies between BPS software with internal engine (right side), BPS software with  
495 external engine (bottom-left side), and plugin to existing BPS software (upper-left side). The  
496 interoperability between specific software is shown using arrows. The second characteristic is related to the  
497 available output metrics of the BPS engines, including useful metrics for occupant-centric design such as  
498 daylighting, thermal comfort, and air quality. It is clear that the outputs of these models are mostly focused  
499 on energy performance, followed by thermal, daylighting, and air quality related metrics. Other occupant-  
500 related metrics, such as acoustic comfort, well-being, productivity, or space planning, are not covered. Even

501 when comfort outputs, such as PMV and PPD, are considered, they are often calculated at the building  
 502 level, overlooking differences between occupants. Additional details are provided in the upcoming sections,  
 503 which cover the ability of BPS tools to account for occupant-centric characteristics and behaviors, as  
 504 discussed in the next subsection.



505  
 506

Figure 2: BPS software classification, adapted from Ostergard et al. [32].

### 507 3.2. Occupant behavior modeling overview

508 OB is a complex phenomenon that is driven by the response of occupants to multidisciplinary factors  
 509 including the physical properties of the building (e.g., orientation), indoor and outdoor environmental  
 510 conditions (e.g., temperature and humidity), state of building systems (e.g., an open window), personal  
 511 characteristics (e.g., gender and age), and time of day [29,30]. However, one of the main limitations of  
 512 current BPS tools is the simplistic representation of OB and its effect on simulation outputs. A recent survey  
 513 of 274 building simulation practitioners in 36 countries confirmed this limitation, especially as most  
 514 respondents (> 75%) indicated that common BPS tools should have more features for OB modeling [131].  
 515 Commonly-studied behaviors in OB models include – but are not limited to – occupancy presence/absence,  
 516 lighting and blind control, windows opening, plug-load usage, and other user behaviors [132]. The same  
 517 study classifies the models in three main categories or levels. Type 0 includes non-probabilistic models that  
 518 mostly derive schedules (i.e., diversity profiles) from data monitoring and mining data (e.g., [133]). Type  
 519 1, covers stochastic or probabilistic models of behaviors using methods such as Poisson processes, Markov  
 520 chain processes, Logit, Probit, or survival analyses (e.g., [11]). This type exhibits higher resolution and  
 521 level of complexity compared to the previous ones. Finally, Type 2 includes object-oriented and agent-  
 522 based models and is considered the largest among the three types in terms of modeling size, resolution, and  
 523 especially complexity (e.g., [134]).

### 524 3.3. *Occupant-related features in building performance simulation tools*

525 While BPS programs may include built-in stochastic OB modeling capabilities, this functionality is far from  
526 consistent across the different programs and generally lacks flexibility for user customization [135]. This  
527 finding was confirmed by Ouf et al. [31], who evaluated and compared the direct occupant-related BPS  
528 inputs of five major BPS software. The first category consists of schedules that specify the operation  
529 patterns of various systems such as HVAC, lighting, and plug-in equipment, as well as the presence of  
530 occupants in the building. A schedule, also referred to as a diversity profile, determines the fraction of the  
531 loads that are operating at a specific hour of the day. The second category of inputs is densities, which can  
532 include the density of occupants and other building systems (e.g., plug load equipment, lighting, and water  
533 fixtures), in addition to the corresponding sensible and latent heat gains they generate. The last category  
534 consists of user-defined rules that represent operation patterns based on specific environmental conditions  
535 and thresholds (e.g., outdoor/indoor temperatures, daylight illuminance/glare). Overall, the authors argue  
536 that the vast majority of inputs used in BPS software to capture occupancy presence and actions are static  
537 or homogeneous rather than probabilistic that can better represent the diversity and stochastic nature of OB.  
538 The software also typically fails to capture the relationships between occupants' presence and their actions  
539 (e.g., operating lighting or equipment), as those are typically modeled with separate schedules. Finally, the  
540 limitations extend to the outputs of the software, which are commonly calculated at the building level; this  
541 complicates the process of using that output for detailed modeling of OB.

542 The limitations covered in this section have motivated the need to develop and integrate dedicated  
543 OB models in BPS as a step to generate more realistic models [11]. The next subsection presents common  
544 OB modeling approaches and integration efforts with existing BPS software tools.

### 545 3.4. *Occupant behavior modeling and building performance simulation: toward integrated* 546 *approaches*

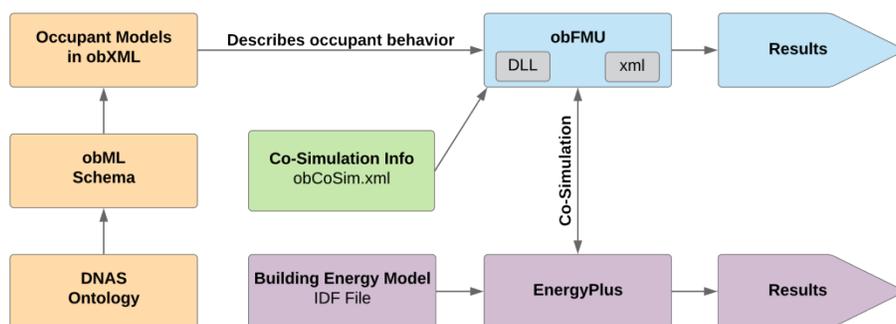
547 A study by Hong et al. [20] provided a thorough overview of OB implementation approaches in the current  
548 BPS tools, which are: (i) direct input or control – refers to the case when occupant-related inputs are defined  
549 using the semantics of BPS programs – just as other model inputs are defined (building geometry,  
550 construction, internal heat gains, and HVAC systems); (ii) built-in OB models – users can choose  
551 deterministic or stochastic models already implemented in the BPS program, which are initially data-driven  
552 and use functions and models such as linear or logit regression functions. These models typically include  
553 occupant movement models, window operation models, and lights switching on/off models; (iii) user  
554 function or custom – users can write functions or custom code to implement new or overwrite existing or  
555 default building operation and supervisory controls; and (iv) co-simulation approach – allows simulations  
556 to be carried out in an integrated manner, running modules developed by different programming languages  
557 or in different physical computers. The following paragraphs summarize key research efforts and tools on  
558 OB modeling and integration in BPS tools.

559 Gunay et al. [34] developed *EMS (Energy Management System)* scripts to implement 20 existing  
560 OB models for use with EnergyPlus. The EnergyPlus EMS feature allows users to write custom code in a  
561 runtime language that overwrites the EnergyPlus calculations without requiring the recompilation of  
562 EnergyPlus. Using Ruby scripts, O'Brien et al. [136] developed an OpenStudio library of measures  
563 representing typical OB models that can be directly applied to EnergyPlus simulation models. Although the  
564 EMS scripts and OpenStudio measures provide more flexibility than the direct inputs method to model OB  
565 in BPS tools, they lack interoperability due to the need for customization for different applications.

566 To address the interoperability issue of OB modeling in BPS tools, various approaches to coupling  
 567 OB modeling and BPS have been explored. Plessis et al. [137] developed a co-simulation approach using  
 568 a *Functional Mockup Interface (FMI)* that couples the *SMACH OB* simulator using agent-based modeling  
 569 with a building energy model built with the *BuildSysPro Modelica library*. Gunay et al. [138] investigated  
 570 the viability of employing the discrete event system specification (DEVS) formalism to represent OB using  
 571 an adaptive time advancement scheme, which permits realistic patterns of decision-making while  
 572 facilitating the coupling of stochastic occupant models with BPS tools. Menassa et al. [139] proposed a  
 573 *High-Level Architecture (HLA)* framework coupling a BPS engine (DOE-2) with an ABM software  
 574 (Anylogic). The authors illustrate their approach through a simulation of OB in an office building followed  
 575 by an energy feedback mechanism that promotes energy conservation actions among occupants.

576 Two additional OB modeling tools, *obXML* and *obFMU*, were recently developed under IEA EBC  
 577 Annex 66 [12] to (i) standardize the input structures for OB models, (ii) enable the collaborative  
 578 development of a shared library of OB models, and (iii) allow for rapid and widespread integration of OB  
 579 models in various BPS programs using the FMU-based co-simulation approach. *obXML* [29,30] is an XML  
 580 schema that standardizes the representation and exchange of OB models for BPS. *obXML* builds upon the  
 581 Drivers–Needs–Actions–Systems (DNAS) ontology to represent energy-related OB in buildings. Drivers  
 582 represent the environmental and other contextual factors that stimulate occupants to fulfill a physical,  
 583 physiological, or psychological need. Needs represent the physical and non-physical requirements of  
 584 occupants that must be met to ensure satisfaction with their environment. Actions are the interactions with  
 585 systems or activities that occupants can perform to achieve environmental comfort. Systems refer to the  
 586 equipment or mechanisms within the building that occupants may interact with to restore or maintain  
 587 environmental comfort. A library of *obXML* files, representing typical OB in buildings, was developed from  
 588 the literature [140]. These *obXML* files can be exchanged between different BPS programs, different  
 589 applications, and different users.

590 *obFMU* [141] is a modular software component represented in the form of functional mockup units  
 591 (FMUs), enabling its application via co-simulation with BPS programs using the standard functional  
 592 mockup interface (FMI). FMU is a file (with an extension *fmU*) that contains a simulation model that  
 593 adheres to the FMI standard. *obFMU* reads the OB models represented in *obXML* and functions as a solver.  
 594 A variety of OB models are supported by *obFMU*, including (i) lighting control based on occupants' visual  
 595 comfort needs and availability of daylight, (ii) comfort temperature set-points, (iii) HVAC system control  
 596 based on occupants' thermal comfort needs, (iv) plug load control based on occupancy, and (v) window  
 597 opening and closing based on indoor and outdoor environmental parameters. *obFMU* has been used with  
 598 EnergyPlus (Figure 3) and ESP-r via co-simulation to improve the modeling of OB.  
 599



600  
601 Figure 3: Co-simulation workflow of obFMU with EnergyPlus.

602 For Modelica users, *Buildings.Occupants* [142] is an OB model package that can be used to  
603 simulate the continuous and dynamic interaction between occupants and building systems. The  
604 *Buildings.Occupants* package is part of the Modelica Buildings Library [143]. The first release of the  
605 package includes 34 OB models, reported and clearly described in the literature, for office and residential  
606 buildings. The office building models include eight models on windows operation, six models on window  
607 blind operation, four models on lighting operation, and one occupancy model. These models vary by their  
608 region of origin, driving factors of actions (e.g., indoor air temperature, and/or outdoor air temperature for  
609 windows opening or closing), and other contextual factors such as types of windows.

610 *Occupancy Simulator* [144,145] is a web-based application running on multiple platforms to  
611 simulate occupant presence and movement in buildings. The application can generate sub-hourly or hourly  
612 occupant schedules for each space and individual occupants in the form of CSV files and EnergyPlus IDF  
613 files for building performance simulations. *Occupancy Simulator* uses a homogeneous Markov chain model  
614 [146,147] and performs agent-based simulations for each occupant. A hierarchical input structure is  
615 adopted, building upon the input blocks of building type, space type, and occupant type to simplify the  
616 input process while allowing flexibility for detailed information capturing the diversity of space use and  
617 individual OB. Users can choose a single space or the whole building to see the simulated occupancy results.

### 618 3.5. Observations and gaps

619 The aim of this section was to cover computer-based modeling and simulation approaches that can support  
620 decision-making toward occupant-centric building designs. Several main observations can be made. Firstly,  
621 the review of BPS tools highlights a plethora of available BPS engines, software, and plug-ins. However,  
622 as shown in Figure 2 and discussed earlier, the outputs of these models mostly focus on energy/thermal  
623 performance, with a tendency to normalize results at the building level. This finding highlights an important  
624 gap between the diversity of occupant-centric metrics covered in Section 2 of this paper and the capabilities  
625 of the BPS tools, mainly EnergyPlus, highlighted in the current section.

626 Secondly, the review of OB models and research efforts on their integration with BPS tools show  
627 promising potential to better account for occupant characteristics and interactions with their environment.  
628 However, it should be noted that the current available OB models were developed for specific purposes  
629 considering contextual factors (e.g., building type, location, season, and activity type) and with limited  
630 measurement data. Users should be cautious about using OB models for extended purposes [148].  
631 Improving the interoperability between OB and BPS models is essential to leverage the power of advanced  
632 OB modeling methods without significantly increasing the complexity of the BPS process. Some of the  
633 tools covered in the previous section, such as *obXML* [29,30], *obFMU* [141], or the *Occupancy Simulator*  
634 [144,149], are important steps in that direction. In parallel, there remains a strong need to design and collect  
635 large-scale measured data of occupants, building operation and performance, to support OB model  
636 development, evaluation, validation, and application.

637 Thirdly, common challenges are contributing to the limited adoption of stochastic OB modeling to  
638 support building design, from the designers, engineers or modelers' perspectives, include: (i) not knowing  
639 what types of occupants and behavior patterns will be in the new building under design; (ii) lack of  
640 knowledge in using advanced OB modeling tools; (iii) complexity of OB modeling tools and steep learning  
641 curve for new users; and (iv) lack of clear value proposition for using advanced OB modeling.

642 Also to be noted is that stochastic models of occupant activities and behavior are not always  
643 necessarily needed or better than the use of static profiles or settings; fit-for-purpose modeling should be  
644 adopted to balance the needs, resources, and expertise [150]. Such an adaptive modeling approach also

645 offers alternatives to the purely static (i.e., overly simple) and purely dynamic (i.e., overly complex)  
646 modeling schemes. For instance, “static-stochastic” is a hybrid modeling method where static BPS inputs  
647 (e.g., schedules) are multiplied by randomly-selected coefficients, hence introducing stochasticity in the  
648 modeling process while still managing its complexity [151].

#### 649 4. Occupant-centric design methods and applications

650 The vast majority of research on occupant modeling and simulation has been focused on two topics:  
651 occupant model development (e.g., [34,152–154]) and quantification of the impact of occupants on energy  
652 and/or comfort (e.g., [155–161]) Both these topics, along with papers focused on the implementation of  
653 occupant modeling (e.g., [40,133,145,162–164]), are clearly a necessary building block for simulation-  
654 aided occupant-centric design. However, far fewer papers have examined methods to apply occupant  
655 modeling to inform design, despite the fact that this -along with the so-called performance gap- is cited as  
656 a leading reason for improving occupant modeling.

657 This section is entirely focused on reviewing papers that applied occupant modeling to inform  
658 design processes. It is comprised of four main subsections. Section 4.1 provides a summary of frameworks  
659 and workflows for simulation-aided occupant-centric design. The remaining sections focus on the  
660 development and/or application of specific techniques. Section 4.2 is focused on papers where authors  
661 performed a systematic assessment of one or more design variables in the context of informing design (not  
662 merely for scientific purposes). Section 4.3 is focused on papers where authors performed design  
663 optimization using simulation paired with an optimization script. Finally, Section 4.4 is focused on robust  
664 and probabilistic design, whereby papers exploit the stochasticity of occupant models to consider both the  
665 uncertainty and mean predicted performance to inform design.

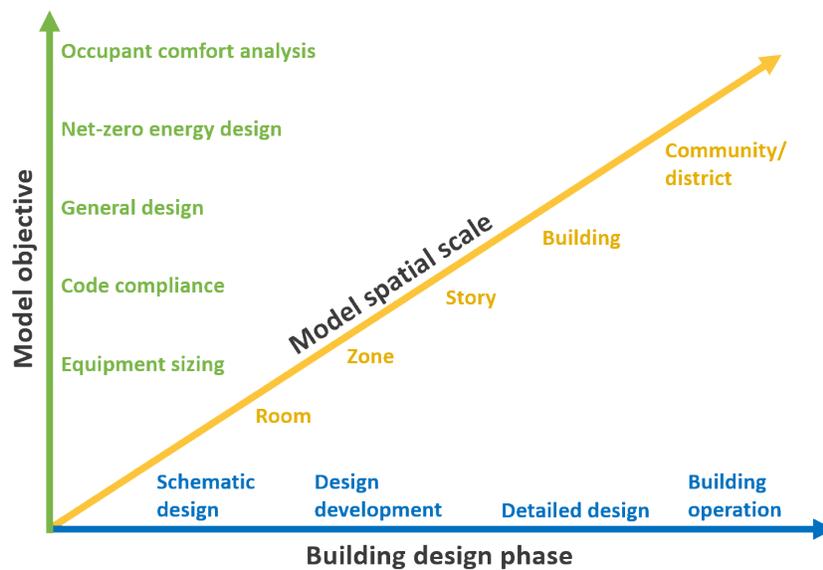
666 In brief, the papers fitting the topics of this section are few in numbers. They tend to focus on  
667 providing a proof-of-concept but generally required using one or more modeling or simulation tools in  
668 advanced ways. Accordingly, the developed methods are generally not readily available for deployment to  
669 design practice.

##### 670 4.1. Simulation-aided occupant-centric design strategies

671 There are several noteworthy pieces of work whereby researchers outlined and/or demonstrated occupant-  
672 centric design workflows. Gaetani [150] developed a so-called “fit-for-purpose” approach to occupant  
673 modeling, whereby they proposed a systematic approach to assessing the optimal occupant modeling  
674 method for a particular situation, balancing model complexity and validity. Gilani and O’Brien [151]  
675 developed a best practices guidebook for occupant modeling to support design. The document provides a  
676 background on theory, recommendations for techniques on applying occupant modeling to building design,  
677 and guidelines for selecting the most appropriate occupant model. Both of the above works explain the  
678 importance of strategically choosing the most appropriate occupant modeling strategy as a function of  
679 modeling purpose, building model scale, and design phase (Figure 4). Roetzel [165] proposed a method to  
680 simulate occupants in early-stage design. She argues that there is significant uncertainty about occupants in  
681 early-stage design, yet simulation has the potential to be most influential at that time. Therefore, the  
682 recommendation is to use a best and worst-case scenario to assess the magnitude of the impact of occupants.  
683 Finally, recognizing that occupant modeling results remain relatively intangible and difficult to visualize,  
684 Chen et al. [145] developed a tool to visualize occupants and their energy impacts in a simulation  
685 environment.

686 The following sections review the literature on parametric design, design optimization, and  
 687 probabilistic design methods - all with aspects of occupant-centric simulation-aided design. The vast  
 688 majority of papers occupy a narrow zone within Figure 4, namely schematic design for rooms (or buildings)  
 689 for the purpose of general design. The focus tends to be on architectural design or lighting/daylighting -  
 690 perhaps because they are simpler to model and also directly relevant to occupants.

691 The authors argue that with the progression towards more accurate and precise occupant models  
 692 (e.g., based on long-term field data collection), the research and practitioner community should evolve from  
 693 simple parametric design (Section 4.2) to probabilistic design (Section 4.4). That is, the uncertainty analysis  
 694 that is often performed in conjunction with a parametric design is normally approached from the standpoint  
 695 that the uncertainty from occupants is high (e.g., passive and active occupants; best- and worst-case  
 696 scenarios). However, a more refined approach is to acknowledge uncertainty but apply data-driven models  
 697 that can quantify the likelihood of extreme results.



698  
 699 **Figure 4: A conceptual design space indicating key considerations for the most appropriate occupant model**  
 700 **section and modeling strategy.**

701 **4.2. Parametric design**

702 Given the widely accepted uncertainty during building design that originates from occupants, a popular  
 703 method to assess the impact of occupants in design is simultaneously varying occupant assumptions (i.e.,  
 704 uncertainty analysis) and design or control parameters (i.e., parametric analysis). A common approach is to  
 705 model two or more extreme conditions either via personas (e.g., passive and active occupants) (e.g.,  
 706 [23,166]) or extreme schedule values or densities (e.g., [157]). Other papers simulated occupants according  
 707 to a range of assumptions or compared simple and advanced models (e.g., [164,167]). Finally, some  
 708 researchers have simulated the effects of spatial layouts and locations of occupants on metrics designed to  
 709 capture the building's performance from a social perspective (e.g., [122]).

710 Reinhart et al. [168] provided an early example of simulation-aided design based on a relatively  
 711 detailed occupant model. Starting with his Lightswitch-2002 stochastic occupant model, he demonstrated  
 712 how a designer could use simulation to assess the impact of various lighting and blind control strategies for  
 713 different occupant types. Even for a given occupant type and lighting/shade control configuration, Reinhart

714 et al. [168] showed that the annual lighting energy could vary by a factor of four or more. Bourgeois et al.  
715 [163] implemented the Lightswitch-2002 lighting and blind use model in ESP-r to support decision-making  
716 for automated versus manual lighting. This work built upon Reinhart et al. [168] in that it included heating  
717 and cooling results in the simulation, though the primary modeled behavior was still focused on lighting  
718 and shades. They showed automation does not necessarily save energy if the occupants actively seek  
719 daylight. Compared to the previous studies, Parys et al. [169] performed a more comprehensive assessment  
720 than the above studies, which was enabled by occupant models that were developed in the meantime. They  
721 included models covering occupancy, window shades, operable windows, lighting, internal gains from  
722 equipment, heating, and cooling setpoints. Upon applying the models using a Monte Carlo approach to an  
723 office building with 20 private offices, the standard deviation of annual energy was approximately 10%.  
724 This level, which is typically lower than those reported by other papers (e.g., [159,168]), is due to the fact  
725 that Parys et al. [23] studied a whole building rather than a single office. Thus, the impact of individual  
726 occupants largely canceled out. This scaling effect was formally studied by Gilani et al. [170]. Sarwono et  
727 al. [171] evaluated the impact of cubicle geometry and materials on speech privacy in an open-plan office  
728 using the CATT-Acoustic software. Unsurprisingly, they found that higher cubicle walls improved acoustic  
729 performance.

730 Gilani et al. [167] used both typical (e.g., blinds all open or all closed) and stochastic lighting and  
731 blind use models from the literature in a parametric analysis to assess the impact of window size and shade  
732 transmittance on energy use in an office. They found that the case with blinds always open tends to lead to  
733 a larger optimal window size than if the stochastic models are used. This is because the stochastic window  
734 shade use model recognizes that a larger window leads to more frequent glare conditions (based on the  
735 work plane illuminance proxy), and thus, the window shade is closed more often, at the cost of greater  
736 reliance on electric lighting. Thus, this paper provided anecdotal evidence that the choice of occupant  
737 modeling approach can influence design decisions.

738 Sun and Hong [172] applied three different occupant scenarios – austerity, normal, and wasteful –  
739 against a wide range of energy-conservation measures (ECMs) for an office building. They found that  
740 except for natural ventilation, the wasteful occupant generally yields greater absolute predicted energy  
741 savings from ECMs; however, the relative energy savings are similar in magnitude between all occupancy  
742 scenarios for each ECM. Following a similar approach, Abuimara et al. [173] used parametric analysis to  
743 assess an office building under three different occupant-related scenarios and a list of 20 building upgrades.  
744 They found some significant differences in the rank of the upgrades' effectiveness at saving energy. For  
745 example, insulation was more beneficial for cases with lower occupant-related internal heat gains compared  
746 to cases with high heat gains. O'Brien and Gunay [174] used stochastic occupancy simulation in an open-  
747 plan office to quantify the relationship between lighting control zone size and energy use on an annual  
748 basis.

749 Reinhart and Wienold [164] developed a design workflow that involves modeling energy use and  
750 daylighting against several different extreme and simplistic and detailed occupant modeling methods. They  
751 provided a number of recommendations for extending their workflow into practice given the significant  
752 effort and computational time required. These include: automating the process (e.g., starting with a building  
753 information model), cloud computing, optimizing designs with expert systems to keep the designer in the  
754 loop at each design iteration, and providing the designers with a dashboard for comparison between designs  
755 and consideration of multiple performance criteria.

756 Researchers have also parameterized spatial layouts of buildings – explicitly connected to  
757 occupants' locations – and simulated their effects on metrics of organizational performance. This body of

758 the literature connects design (typically discussed retrospectively) to workplace metrics using the language  
759 of space syntax, often describing spaces within a building according to their integration, or connectedness  
760 to the other spaces [119]. Congdon et al. [120] compared two different real building designs occupied by  
761 the same organization using metrics from space syntax and found that the more integrated layout enabled  
762 better communication and was correlated with increased productivity. Jeong and Ban [175] similarly  
763 compared multiple design options using space syntax and demonstrated the ability to compare integration  
764 – associated with how “public” that part of the building feels – among designs. These design simulations  
765 enable evaluation of organizational outcomes, as researchers have noted that spatial design decisions impact  
766 both the formation of social relationships in workplaces [126,176] as well as the frequency and success of  
767 collaborations [122]. This research shows that parameterizing spaces by measures of their connectedness  
768 to the rest of the building can enable the simulation of the organizational performance.

#### 769 4.3. *Design optimization*

770 In contrast to the previous section on parametric analysis, very few papers have formally optimized building  
771 designs that use advanced occupant modeling. The papers below discuss both the impact of geometric  
772 design alternatives on energy performance as well as the impact of spatial and occupant layouts on energy  
773 and organizational outcomes.

774 Ouf et al. [150] used a genetic algorithm to optimize 10 facade-related design parameters for a  
775 private south-facing office. Using annual energy use as the cost function, they optimized the design using  
776 both standard occupant assumptions and the state-of-the-art in stochastic occupant models. Because the  
777 stochastic models yield a different annual performance level every time they are run, the mean energy use  
778 of 50 simulations was used to evaluate each design. The conclusions showed similar energy predictions for  
779 the optimal designs, but somewhat different optimal parameters. For example, the optimization with  
780 stochastic occupant modeling favored significant solar shading (side fin and overhang) to prevent the shade  
781 from being closed early in the day and reducing daylight potential for the remainder of the day. In a follow-  
782 up study, Ouf et al. [177] optimized both the mean and standard deviation of sets of 30 stochastic  
783 simulations. The intent was to show the potential trade-off between certainty and mean predicted  
784 performance.

785 To enhance thermal comfort in a housing design across different climates, Marschall and Burry  
786 [178] subjected building aspect ratio, orientation, roof type, window-to-wall ratio, and shading type to  
787 optimization. Thereby two types of window operation models were considered: a deterministic model based  
788 on a single indoor temperature setpoint (namely 23.9 °C) and a specific data-driven stochastic model based  
789 on another study [179]. In particular, the optimization results showed a considerable variation in shading  
790 design solutions depending on the choice of window operation models, which was more noticeable in  
791 warmer climates.

792 Based on metrics describing the organizational operation of buildings, research also suggests that  
793 optimization can be used to create building layouts and designs that improve space-use metrics as well as  
794 notions of organizational performance (e.g., productivity). Lee et al. [180] simulated occupants’ walking  
795 behavior and used ant colony optimization to reduce cumulative walking time in a hospital building, thus  
796 improving its operating efficiency from a space-use perspective. Yang et al. [181] and Sonta et al. [115]  
797 connected this notion of optimally laying out a building based on space-use data to a building’s energy  
798 performance. By hierarchically clustering occupants based on their overall patterns of presence and absence  
799 and then virtually re-assigning them to different building zones through an iterative process, this work  
800 demonstrates that physically co-locating individuals with similar occupancy patterns can reduce zone-level

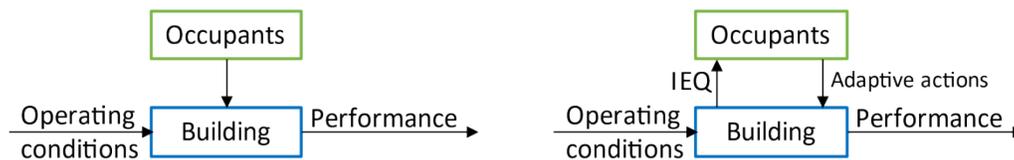
801 building energy consumption. As researchers discuss the importance of simulating the organizational  
802 performance of a building based on its design, the opportunity to optimize such designs for these  
803 organizational metrics emerges. Nascent work by Housman and Minor [125] shows that the spatial  
804 colocation of different types of workers can have differing effects on productivity. They show that a simple  
805 exploration of the design space can lead to spatial layouts that are optimized for productivity.

#### 806 4.4. Probabilistic design methods

807 A widely-recognized trait of occupant modeling is the stochasticity of inputs and the corresponding  
808 uncertainty of simulation outputs. A growing number of papers that have treated non-deterministic  
809 simulation outputs (e.g., annual energy use) as an opportunity rather than a burden by focusing on  
810 minimizing both the mean and variance of the output(s) of interest. In practical terms, this means designing  
811 buildings to be less sensitive to occupants and less dependent on occupants' energy-saving behaviors. While  
812 robust design approaches have been developed and applied in engineering design since the 1960s [182] and  
813 have been applied to building design in general since then (e.g., [183]), they have only been applied to  
814 occupant modeling more recently.

815 The papers that applied robust design to occupant-centric building design fall into two categories,  
816 as shown in Figure 5. Either they use the classical approach, whereby occupants are treated primarily as  
817 heat gains via schedules, or an advanced approach whereby the two-way interaction between occupants and  
818 buildings is recognized. In the latter case, building design can affect the way people behave and their  
819 energy-related actions.

820



821

822 Figure 5: The classic P-diagram of robust design theory applied to occupant modeling [148]: assuming  
823 occupants can be treated as a source of noise to the building (left) and recognizing the two-way interaction  
824 between buildings and occupants (right).

825

826 The literature has generally pursued two ways to assess the robustness of building designs: in the  
827 formal sense by adding random noise to a building and by scenario analysis. The latter is more common.  
828 For example, Palme et al. [24] are the first known authors to explicitly tie robust design to occupant  
829 modeling. They defined robust design as designing buildings to such that it is “[...] difficult for users to  
830 make inappropriate decisions”. They used a simplified modeling approach to demonstrate the impact of  
831 occupants, with a focus on windows opening. Hoes et al. [184] are considered to have spurred advances in  
832 the application of occupant modeling. They were pioneers in developing robust design in the context of  
833 occupant modeling and building design. They showed how the coefficient of variation caused by OB could  
834 be significantly reduced through passive design decisions such as thermal mass and window area. In a  
835 follow-up paper, Hoes et al. [185] applied a genetic algorithm to design a building to be robust against  
836 uncertainty from basic occupant parameters (i.e., setpoints and internal heat gains). In contrast to Palme et  
837 al. [24], Karjalainen [186] cautioned that robust design does not necessarily mean removing adaptive  
838 opportunities (e.g., operable windows and controllable thermostats) from buildings; such adaptive  
839 opportunities are known to allow occupants to tolerate a wider range of conditions (e.g., [46]). Karjalainen

840 [186] set out with a similar motivation as the previous papers but used occupant types (careless, normal,  
841 conscious) and TRNSYS to assess the robustness of a building design. He demonstrated that the ‘careless’  
842 occupant used 75 to 79% less energy in the robust office (which consisted of occupancy-controlled and  
843 efficient lighting, an overhang, and a low-power computer) as opposed to the normal design. Similarly,  
844 Abuimara et al. [173] assessed the robustness of various building upgrades against a wide range of possible  
845 occupant-related scenarios.

846 Buso et al. [187] modeled 15 different design options for an office building in three different  
847 climates. Stochastic window shade and operable window use models were implemented in IDA ICE. They  
848 ran parametric simulations and reported the standard deviation among the simulations, as a measure for  
849 robustness. They concluded that the design options with high thermal mass and smaller windows resulted  
850 in the greatest robustness against OB. In a more targeted fashion, O’Brien and Gunay [148] set out to  
851 demonstrate that improving comfort can reduce energy by reducing the number of adaptive actions. They  
852 used a formal robust design method to show that fixed exterior shading to reduce the frequency of daylight  
853 glare can prevent the occupants from closing blinds, which in turn improves daylight availability and  
854 reduces dependence on electric lighting. However, in this paper and a follow-up paper [188], it was  
855 concluded that current occupant model development approaches do not lend themselves to robust design  
856 because they suppress diversity by aggregating all occupant data. In the meantime, this has generally been  
857 resolved in the literature by using several extreme occupant types (similar to Section 4.2).

858 On probabilistic occupant-centric design, O’Brien et al. [189] developed a plug and lighting use  
859 model for the building scale based on measured data. They implemented a stochastic schedule model for  
860 the lighting, plug load, and occupancy domains in a whole building simulation tool to perform HVAC-  
861 sizing. The paper showed several advantages to stochastic occupant modeling and a probabilistic approach  
862 to HVAC sizing. First, the trade-off between the probability of under-sizing and HVAC component sizing  
863 can be quantified. This allows designers to take calculated risks, whereby the comfort risk associated with  
864 under-sizing (relative to traditional design methods) can be quantified. For example, ASHRAE  
865 recommends 25% safety factors for heating equipment, whereas the new method showed that there is only  
866 a 1% risk of having the true heating load being 21% lower than the result of ASHRAE’s safety factor.  
867 Secondly, the results showed that larger buildings greatly benefit from diversity between tenants and that  
868 the building-scale plant size can be safely reduced on a per unit floor area compared to smaller buildings.  
869 Using the same tenant models (for occupancy, lighting, and plug loads), Abdelalim et al. [190] developed  
870 and demonstrated a probabilistic method to size a photovoltaic (PV) array for a net-zero energy office  
871 building. They showed that uncertainty from occupants is costly and that each percentage point of improved  
872 likelihood of reaching net-zero energy is more costly than the one before. For example, the PV array  
873 required to be 99.9% certain about achieving net-zero energy is 50% more expensive than a PV array that  
874 yields 90% certainty. This is a result of the long tails on the cumulative probability distribution for annual  
875 energy consumption (i.e., it is unlikely, but not impossible, to have extremely high values).

#### 876 4.5. Observations and gaps

877 The aim of this section was to review articles that applied simulation/modeling to guide occupant-centric  
878 designs. The following observations can be made. Firstly, the number of studies fitting in this section is  
879 relatively small. Such a small number confirms what was observed earlier in Section 1.2 that most studies  
880 evaluating OB in buildings focus on building operation rather than building design strategies.

881 Moreover, most studies have a specific or narrow scope of coverage of occupant-centric building  
882 performance (e.g., simulation tools or behavioral classifications). They lack a comprehensive assessment

883 of occupant-centric building design that covers its multifaceted aspects, including occupant-centric metrics,  
884 simulation tools, analytical methods, and external mechanisms to apply research findings in actual  
885 buildings.

886 Another gap is the lack of papers on design considering multiple aspects of IEQ simultaneously or  
887 on the domains of IAQ and acoustic comfort. This is thought to be a combination of fewer researchers in  
888 these areas and the relatively less emphasis on these domains in BPS tools. Moreover, IAQ and acoustic  
889 comfort have generally not been included as predictors in OB models.

890 Finally, most of the studies are limited to proofs-of-concept of occupant-centric designs using  
891 advanced modeling or analysis techniques. They typically fall short of effectively scaling or deploying the  
892 design practices in actual buildings, indicating an important gap remaining between OB research and actual  
893 design applications.

## 894 5. Supporting practices for occupant-centric methods/applications

895 Following the review of existing occupant-centric modeling tools and methods, the current section  
896 discusses two main practices or media that can promote further applications and implementations of  
897 occupant-centric designs in actual buildings. The first subsection discusses the premise of using building  
898 codes as a mechanism to promote occupant-centric design practices. The second subsection reviews  
899 common construction project delivery methods and their potential of engaging stakeholders - building  
900 occupants in particular - in the early building design stages.

### 901 5.1. Building codes and standards

902 Today's society may aspire for occupant-centric high-performance buildings, but, arguably, the majority of  
903 new buildings aim to comply and not exceed local codes pertinent to building performance and occupant  
904 comfort. Therefore, building codes play a critical role to tailor the future built environment for occupants  
905 and to achieve the global emissions reduction targets. In this context, as discussed in Section 2, building  
906 codes set a variety of building performance metrics to regulate different aspects of occupant requirements  
907 in the built environment with efficient use of resources. The authors, however, argue that while the building  
908 codes have been commonly trying to address occupant needs in terms of indoor environmental conditions,  
909 OB (i.e., occupants' adaptive actions to adjust the environmental conditions) and the controllability of  
910 building indoor environment by occupants (arguably as another occupant need) have not been sufficiently  
911 addressed in these efforts.

912 To clarify the aforementioned point, one can focus on building energy codes, which are meant to  
913 provide determinant regulatory requirements for the realization of occupant-centric high-performance  
914 buildings. In spite of the consensus on the substantial inter-influence of occupants and building  
915 performance, the current building energy codes often treat occupants in simplistic and often inadequate  
916 ways. On the lower end of the spectrum, a building energy code, which is based on steady-state heat balance  
917 calculations, may only rely on a single value for overall internal heat gains along with monthly hours of use  
918 (see, for example, the Austrian code for thermal protection in building construction [191]). On the higher  
919 end of the spectrum, the codes that benefit from dynamic building simulation represent OB with values of  
920 occupancy, lighting, and equipment power density along with associated schedules for weekdays and  
921 weekends (see, for example, the building energy codes used in England [192], United States [193] and  
922 Canada [194]). For instance, ASHRAE Standard 90.1 mandates that eligible BPS tools used for compliance  
923 “shall explicitly model hourly variations in occupancy, lighting and equipment power, as well as thermostat

924 setpoints” [193]. In general, building codes, at best, only implicitly acknowledge the interactions between  
925 occupants and buildings and do not value building affordance in terms of indoor environmental control  
926 possibilities. Such a limitation is believed to contribute to the common use of deterministic input parameters  
927 in BPS tools when representing occupants’ presence and actions in buildings [135].

928 On the other hand, the aforementioned simplistic occupant representation can be considered  
929 beneficial for verification of modeling assumptions and validation of simulation results. It also, in principle,  
930 suffices for those building performance enhancement efforts that are not tightly intertwined with OB.  
931 However, as many aspects of building performance and OB are closely linked, overlooking the interactions  
932 between building performance and OB can undermine the use of building codes in occupant-centric design  
933 efforts. In this regard, while the new generation of data-driven OB models aims to capture the interactive  
934 nature of OB, the building codes and standards (e.g., LEED) are yet to benefit from the state-of-the-art  
935 research in this area. Of course, reliable modeling of the OB and measuring the controllability of indoor  
936 environment pose challenges for compliance checking applications. Nonetheless, the authors believe that  
937 building codes can further contribute to occupant-centric building performance optimization efforts by  
938 addressing the interactive relation between occupants and buildings in a more explicit manner. Moreover,  
939 standards and building rating systems that are specifically focused on occupant health and well-being (e.g.,  
940 WELL) have the potential to drive the market towards simulation-aided occupant-centric design. While  
941 requirements in WELL are mostly verifiable without the use of simulation, a performance path in such  
942 standards could lead the industry in this direction. Another interesting line of inquiry is whether normalizing  
943 building performance by occupancy rather than floor area can address the uncertainty caused by space  
944 utilization and occupancy. To this end, efforts such as IEA EBC Annex 79 [195] and the present paper aim  
945 to pave the way for the preparation of guidelines and standards to form the future building codes and rating  
946 systems with a more holistic approach to occupant needs and behavior in buildings.

## 947 5.2. *Project delivery methods*

948 One significant opportunity to support occupant-centric design applications revolves around innovations in  
949 project delivery methods. A project delivery method is a process by which various stakeholders (e.g.,  
950 building owners, occupants, architects, engineers, constructors) work together to deliver a building; it is  
951 generally distinguished by two key characteristics: (i) the contractual relationships between project  
952 stakeholders; and (ii) their timing of engagement in the project [196].

953 The traditional Design-Bid-Build (DBB) delivery is one where the different project phases (e.g.,  
954 design, construction, occupancy) are sequential and do not offer room for involving and aligning the various  
955 stakeholders. In DBB, the design is typically fully completed without engaging with the constructors who  
956 do not get a chance to offer insights on how the design could have been tweaked to save considerable  
957 amounts of time and resources in the construction phase of the project. Similarly, future building occupants,  
958 arguably the most important stakeholder group, are not part of the weekly or monthly decision-making  
959 process, where there is an opportunity to adapt the building design and construction to the future needs of  
960 its occupants [197].

961 In contrast, more progressive and integrated methods are on the rise, also referred to as Alternative  
962 Project Delivery Methods (APDM). APDM are designed to engage these critical building stakeholders as  
963 part of the design and construction process [198]. They offer the possibility of engaging the occupants and  
964 constructors much earlier in the process (e.g., before the design is complete) for occupants to test hands-on  
965 mock-ups of rooms, constructors to provide constructability advice, as well as to explore design strategies  
966 and their anticipated impact on construction performance metrics (e.g., cost and schedule) and occupant-

967 centric metrics (e.g., comfort levels, efficiency of space utilization and organizational performance)  
968 [199,200].

969 The impact of this involvement has been considerable, leading to successive research efforts to  
970 study it further. In fact, this difference in performance has been measured over the past two decades,  
971 showing a significant improvement in project outcomes when the constructor is engaged in informing the  
972 design [201–204]. The average numbers from Sullivan et al. [205] meta-analysis are on the order of 2% to  
973 4% improved cost control and 35% faster delivery. El Asmar et al. [25,206] show that the average building  
974 quality increases significantly, and stakeholder communication (through requests for information and  
975 change order processing times) can be up to four times faster; the authors then mapped the level of  
976 integration of major delivery methods versus overall project performance, showing that more integration in  
977 the process leads to increasingly higher project performance. There is new preliminary evidence that  
978 suggests the actual performance of the facility itself, over its lifecycle, may improve too [207,208].

979 The same tested concept of increasing communication and involvement between design and  
980 construction stakeholders can be pushed further upstream allowing the prospective occupants to participate  
981 in informing the design of the facility and provide the perspective of building users. Design charrettes with  
982 prospective occupants and successive iterations of the design and simulations that engage occupants are a  
983 good start in this direction. Contractual and process mapping elements to engage occupants through APDM  
984 have not yet been sufficiently explored yet, but the mountains of evidence linking stakeholder collaboration  
985 and integration to improved performance are hard to ignore. There is an exciting opportunity to use these  
986 proven frameworks to support occupant-centric design applications.

### 987 5.3. Observations and gaps

988 The aim of this section was to explore and discuss potential enablers for occupant-centric building designs,  
989 namely building codes and standards, in addition to project delivery methods. The main observation is that  
990 both approaches are promising and can contribute to addressing the challenges raised in the previous  
991 sections. However, currently, they are not successful in doing so.

992 Firstly, traditional buildings codes and rating systems (e.g., ASHRAE and LEED) account for  
993 occupants' needs mostly through indoor environmental specifications. They typically overlook occupant-  
994 building interactions and fail to leverage the advances in OB modeling and integration with BPS to provide  
995 a more realistic representation of occupants. Similarly, health- and well-being-focused standards, such as  
996 WELL, are not well integrated with the tools commonly used to guide the design process.

997 Secondly, project delivery methods, particularly APDMs, have shown to increase communication  
998 among stakeholders and better integrate the different phases of the construction process. However, it is  
999 important to note that no studies were found directly linking the capabilities of APDMs to occupant-centric  
1000 design practices. Future research efforts can explore and quantify the potential contributions of APDMs  
1001 towards more occupant-centric and integrated designs.

## 1002 6. Synthesis

1003 The in-depth reviews presented in the previous sections identified critical gaps in the literature on occupant-  
1004 centric building design: (i) most occupant-centric simulation studies focus on energy efficiency and  
1005 conservation as the main target or objective of the building modeling process. There is limited coverage  
1006 and discussion of other occupant-centric performance metrics such as comfort (thermal, visual, and  
1007 acoustic), IAQ, well-being, productivity, and space planning. Moreover, metrics are commonly measured

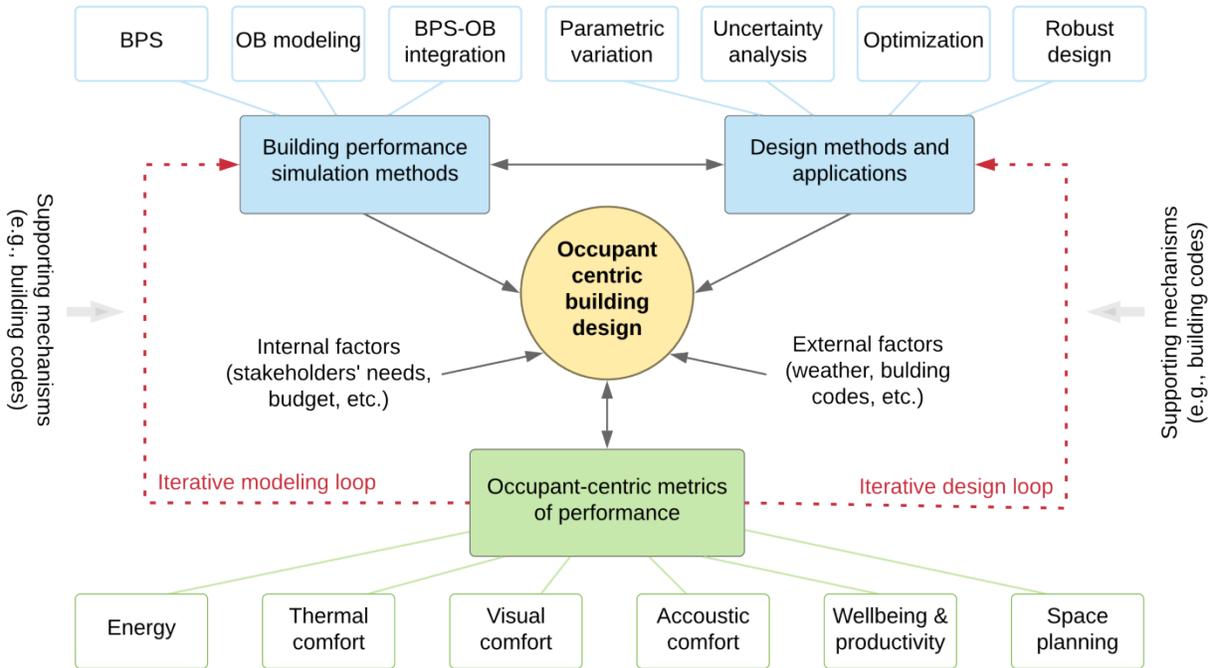
1008 and normalized at the building level, overlooking occupant-level characteristics and interactions with the  
1009 built environment; (ii) the application of OB modeling and simulation tools in BPS is limited in the building  
1010 design process. This can be attributed to multiple factors such as the lack of clear objective (i.e., why  
1011 business-as-usual is not adequate), the lack of expertise of engineers, designers or energy modelers to  
1012 effectively use the tools, the lack of readily available occupant models and data and easy to use BPS tools,  
1013 or the lack of methods to communicate results or design considering the stochastic nature of OB; and (iii),  
1014 while interdependent, there is a clear gap in the literature on occupant-centric metrics (Section 2), modeling  
1015 tools (Section 3), applications (Section 4), and potential enabling mechanisms for occupant-centric building  
1016 applications (Section 4).

1017 A synthesizing framework is proposed in Figure 6 to connect the different themes covered in this  
1018 paper and offer a more central role for occupants in the design process compared to the traditional approach,  
1019 which deals with occupants in simplistic ways (e.g., conservative schedule values, passive tolerance to  
1020 discomfort). At the core of the proposed framework below is the goal of achieving occupant-centric design,  
1021 which is measured by the various occupant-centric metrics of performance covered in Section 2. There is a  
1022 particular need to explore multi-domain drivers of occupants' perceptions and behaviors in buildings, which  
1023 are still less studied in comparison to single-domain drivers [209]. As stated by ASHRAE [210], "current  
1024 knowledge on interactions between and among factors that most affect occupants of indoor environments  
1025 is limited". Recent efforts (e.g., [209,211,212]) are important steps in that direction and should be further  
1026 developed into design guiding principles and processes. BPS, supported by OB modeling upon need, can  
1027 provide the milieu to model these metrics. In parallel, various methods (e.g., uncertainty analysis and  
1028 optimization) can be used to translate the generated knowledge into practical design decisions. Such  
1029 decisions should also account for external factors, such as weather conditions, and internal factors, such as  
1030 the needs of different stakeholders. The latter is particularly important as occupants, owners, facility  
1031 managers, researchers, and practitioners might perceive and define "occupant-centric design" differently.

1032 An important consequence of the agency problem stated above is that advances in research tools  
1033 and methods developed in academic circles do not often translate to applications in the building industry.  
1034 This was confirmed in the current review by the plethora of occupant-centric metrics, tools, and methods  
1035 found in the academic literature on the one hand, and the minimal application to the design of actual  
1036 buildings, on the other. Such disconnect is also present in academia, even in relatively close fields (e.g.,  
1037 studying various occupant comfort metrics). This was confirmed by the limited studies found in Section 4  
1038 that apply multivariable occupant-centric metrics of building performance to guide design. Further  
1039 alignment is needed within academia, as well as between academics and practitioners. The latter can be  
1040 enabled by case studies using real building projects to demonstrate how OB research and tools can  
1041 effectively improve the design process, hence showing the added value to the practitioners. In parallel,  
1042 building codes and regulations [213] can help translate the state-of-the-art of OB research to design  
1043 guidelines and best practices.

1044 Finally, the framework emphasizes the need to move from a linear top-down design process, where  
1045 occupants are simply considered as end-consumers or passive recipients of building design, to a circular  
1046 one, where occupants' needs and preferences are key guiding factors of the design. This approach is  
1047 illustrated in Figure 6, with the dotted lines highlighting the iterative processes that are needed for effective  
1048 occupant-centric modeling and design practices

1049



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Figure 6: Proposed framework for occupant-centric building design research and applications.

1052 **7. Conclusion and Future Perspectives**

1053 In principle, most buildings are designed and operated to provide a comfortable and healthy environment  
 1054 for occupants; however, reality – particularly in simulation-aided design processes – is quite different.  
 1055 Understanding occupants’ diverse needs are essential to optimize building energy use as well as to ensure  
 1056 occupants’ comfort, **well-being**, and productivity. Occupants’ activities and behaviors influence building  
 1057 operation and, thus, energy use; on the other hand, building design and operation **patterns lead to adaptive**  
 1058 **behaviors of occupants**. This two-way human-building interaction is crucial to achieving sustainable, zero-  
 1059 energy, or carbon-neutral buildings, which are targeted by more and more countries in the world.

1060 In this paper, a comprehensive and critical review was conducted on existing studies that apply  
 1061 computational methods and tools to provide quantitative insights to inform occupant-centric building  
 1062 design. The reviews were organized into four cohesive themes covering occupant-centric metrics of  
 1063 building performance, modeling and simulation approaches, design methods and applications, as well as  
 1064 supporting practices and mechanisms. Key barriers were then identified for a more effective application of  
 1065 occupant-centric building design practices, including the limited consideration of metrics beyond energy  
 1066 efficiency (e.g., occupant **well-being** and space planning), the limited implementation and validation of the  
 1067 proposed methods, and the lack of integration of OB models in existing BPS tools.

1068 Future research and applications are needed to address the gaps identified in this paper and support  
 1069 an integrated occupant-centric design approach, as proposed in Figure 6. These include: (i) developing a  
 1070 diverse collection of OB datasets based on large-scale monitoring or international surveys. Such effort can  
 1071 help improve the occupant data and assumptions that are used for building code compliance calculations,  
 1072 as well as define and quantify a suite of occupant-centric metrics (including occupants’ thermal comfort,  
 1073 visual, acoustic, IAQ and **well-being**) to characterize building performance while considering their  
 1074 variability. The output of such activities can serve as an input to advanced OB models that can better capture

1075 the stochastic and dynamic nature of OB while accounting for the diversity and uniqueness of the individual  
1076 users who are studied; (ii) integrating OB models in the building energy modeling process to support its  
1077 multiple uses during building design (e.g., comfort and usability, space layout for productivity, peak load  
1078 calculations, HVAC system type determination and sizing, code compliance, evaluation of design  
1079 alternatives, and building performance rating). The studies reviewed in Section 4 can serve as a good start  
1080 to the simulation-aided occupant-centric design, but additional efforts are needed both in terms of breadth  
1081 of analysis (i.e., covering metrics beyond energy use and comfort) and depth (i.e., moving from proof-of-  
1082 concept to implementation and validation); (iii) establishing an industry practice of engaging occupants and  
1083 communicating occupant-centric building design among building owners, architects, engineers, energy  
1084 modelers/consultants, and operators. Building codes and alternative project delivery methods can serve as  
1085 media for such exchange, bringing users at the center of the different stages of a building's life-cycle: from  
1086 early design to operation.

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- A review of simulation-aided occupant-centric building design studies is presented.
- Covered themes include occupant-centric metrics, models and design practices.
- Most studies focus on energy-related metrics with a lack of implementation.
- Metrics related to occupant comfort, wellbeing and space planning are understudied.
- Improved data collection, modeling and communication methods are recommended.

# Simulation-aided occupant-centric building design: A critical review of tools, methods, and applications

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## Abstract

Occupants are active participants in their built environment, affecting its performance while simultaneously being affected by its design and indoor environmental conditions. With recent advances in computer modeling, simulation tools, and analysis techniques, topics such as human-building interactions and occupant behavior have gained significant interest in the literature given their premise of improving building design processes and operating strategies. In practice, the focus of occupant-centric literature has been mostly geared towards the latter (i.e., operation), leaving the implications on building design practices underexplored. This paper fills the gap by providing a critical review of existing studies applying computer-based modeling and simulation to guide occupant-centric building design. The reviewed papers are organized along four main themes, namely occupant-centric: (i) metrics of building performance, (ii) modeling and simulation approaches, (iii) design methods and applications, and (iv) supporting practices and mechanisms. Important barriers are identified for a more effective application of occupant-centric building design practices including the limited consideration of metrics beyond energy efficiency (e.g., occupant well-being and space planning), the limited implementation and validation of the proposed methods, and the lack of integration of occupant behavior modeling in existing building performance simulation tools. Future research directions include the need for large-scale international data collection efforts to move from generic assumptions about occupant behavior to specific/localized knowledge, the need for improved metrics of measuring building performance, as well as the need for industry practices, such as building codes, to promote an occupant-in-the-loop approach to the building design process.

*Keywords: building design; occupant-centric; building performance simulation; occupant behavior; human-building interaction; performance metrics.*

## 45 1. Introduction

### 46 1.1. Background

47 Beyond their energy, economic, and environmental footprints, buildings also have a significant impact on  
48 their occupants, as people are estimated to spend 87% of their time in enclosed buildings [1]. Numerous  
49 research efforts confirm the significant impact of indoor environmental conditions on the comfort, well-  
50 being, health, and productivity of occupants. Commonly-studied indoor environmental metrics include  
51 temperature, humidity, lighting, noise, and air quality levels [2–6].

52 In parallel to the effects of building conditions on occupants, occupants, in turn, exhibit a significant  
53 influence on building performance. As highlighted by de Dear and Brager [7], occupants are active – rather  
54 than passive – recipients of the indoor environments assigned to them. Through their presence and control  
55 of various building systems such as lighting, plug-loads, and space heating, ventilation, and air conditioning  
56 (HVAC) systems, occupants can significantly affect the thermal/energy performance of a building [8]. The  
57 stated impact is even applicable to buildings equipped with automated systems as occupants can look for  
58 adaptive actions to mitigate any thermal discomfort they experience (e.g., operating windows and shades),  
59 in addition to maintaining control over end-uses such as office equipment [9,10].

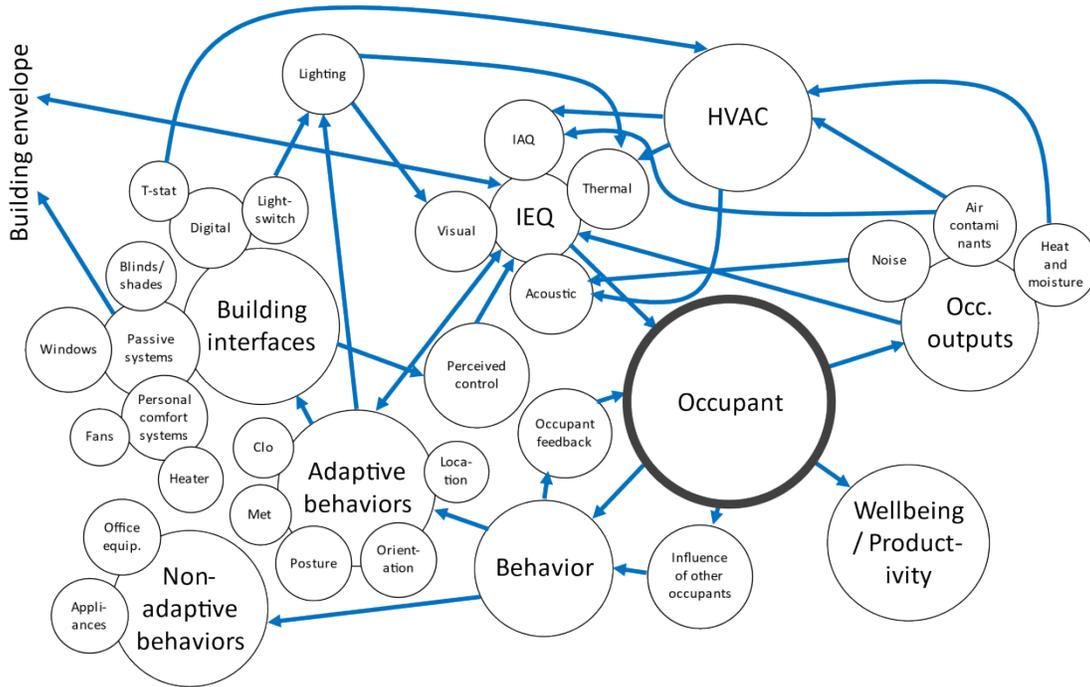
60 Acknowledging the two-way interaction between occupants and their built environment,  
61 researchers have turned to research methods and approaches that help evaluate building performance while  
62 accounting for its human dimensions [11]. A notable recent effort to advance the state-of-of-the-art in  
63 occupant behavior (OB) research is the Annex 66 project of the International Energy Agency Energy in  
64 Buildings and Communities Programme (IEA EBC): Definition and simulation of OB in buildings [12].  
65 The project successfully advanced important aspects of OB research, such as data collection, behavior  
66 model representation, and evaluation approaches. However, it typically fell short of effectively integrating  
67 most developed tools and methods in the design process of actual occupant-centric buildings.

68 In this paper, the term occupant-centric refers to the notion of placing occupants and their well-  
69 being as a top priority throughout the building life-cycle. Rather than providing comfortable conditions in  
70 buildings, occupant-centrism means to provide comfort and well-being to occupants. Rather than the  
71 highly-implicit schedules as a basis to characterize occupants, occupant-centric approaches use an explicit  
72 presentation of occupants that recognizes the two-way interaction between occupants and building design.  
73 More broadly, occupant-centric design, in this paper, also refers to space utilization by occupants and the  
74 impact of a building’s physical layout on its occupants.

75 In general, occupant-centric building research encompasses various disciplines covering both the  
76 design and operation phases of buildings. The former investigates design features and strategies that  
77 maximize one of more occupant-centric metrics (e.g., visual comfort, space utilization), while the latter  
78 focuses on operation strategies (i.e., post-construction) to achieve similar or other occupant-centric goals  
79 [13]. Such occupant-centric approaches to building research are in line with global efforts to develop and  
80 promote green or sustainable buildings that minimize resource consumption while ensuring high levels of  
81 occupants’ comfort, well-being, health, and productivity [14].

82 Computer-based modeling/simulation is a promising tool that can be used to support occupant-  
83 centric decision-making during design and operation. It allows designers, engineers, and researchers to  
84 experiment with various design and/or operation-focused strategies and predict their impact on building  
85 performance. As detailed later in this paper, building performance simulation (BPS) models are commonly  
86 used to predict the performance of buildings in terms of energy consumption, carbon emissions, or occupant  
87 comfort-related metrics [15–17]. However, such tools tend to treat occupants in simplistic ways that fail to

88 recognize their stochastic, diverse, and reactive nature, affecting the quality of their estimates [18]. For  
 89 example, the Advanced Energy Design Guide of ASHRAE [19] summarizes the complex energy  
 90 interactions between building systems but shows occupants as merely an internal heat gain rather than an  
 91 agent that can affect the energy use of virtually every system. In contrast, the relationship between  
 92 occupants, indoor environmental quality (IEQ), and energy is far more complex. For instance, building  
 93 design and operations affect IEQ, which can result in adaptive behaviors that in turn affect IEQ (refer to  
 94 Figure 1).



95  
 96 Figure 1: A conceptual figure showing the IEQ- and energy-related role of occupants in buildings.  
 97

98 The recognition of the above shortcomings to modeling approaches has contributed to the  
 99 emergence of OB modeling tools and approaches that aim to overcome some of the gaps of BPS [11,20].  
 100 Integration efforts can also be found where BPS and OB capabilities are combined in holistic modeling  
 101 frameworks [20,21]. In parallel, analytical methods are developed to leverage the power of the modeling  
 102 tools and extract efficient design and operation strategies. These include – but are not limited to – parametric  
 103 variations, uncertainty analyses, optimization algorithms, and robust/resilient design practices [22–24].  
 104 Finally, research efforts can also be found on mechanisms and practices that support the development and  
 105 adoption of occupant-centric design approaches such as building codes, green building rating systems, and  
 106 integrated project delivery methods that promote stakeholder communications from the early stages of  
 107 building design [20,25].

108 **1.2. Previous reviews and gaps in the literature**

109 The literature lacks a comprehensive assessment of occupant-centric building design covering its  
 110 multifaceted aspects, including occupant-centric metrics, simulation tools, analytical methods, and external  
 111 mechanisms to apply research findings in actual buildings. Nonetheless, previous review articles covered  
 112 topics related to occupant-centric buildings. The studies are summarized in Table 1 and discussed in the  
 113 following paragraphs.

114 Table 1: Summary of previous review articles and their limitations pertaining to the current review.

Source	Year	Scope	Main gaps		
			Limited focus on the design phase	Limited coverage of multivariable metrics	Limited emphasis on simulation tools
D'Oca et al. [26]	2018	Review of energy-related behaviors of key stakeholders that affect energy use over the building life cycle	X		X
Zhang et al. [27]	2018	Review of the role of OB in building energy performance	X	X	
D'Oca et al. [28]	2019	Review and illustrative examples of office occupant modeling formalisms	X	X	
Gaetani et al. [11]	2016	Proposing a fit-for-purpose modeling approach for occupant behavior models	X		
Hong et al. [29]	2015	Proposing the DNAs 'Drivers-Needs-Actions-Systems' framework providing an ontology to represent energy-related OB in buildings	X	X	X
Hong et al. [30]	2015	Implementation of the DNAs framework proposed in [X] using an XML schema	X	X	
Østergård et al. [32]	2016	Review of building simulations supporting decision making in the early design stage		X	
Ouf et al. [31]	2018	Review and comparison of occupant-related features between common BPS tools	X		
Hong et al. [17]	2018	Review of implementation and representation approaches of OB models in BPS programs	X		
Lindner et al. [33]	2017	Determination of requirements on occupant behavior models for the use in building performance simulations	X	X	
Gunay et al. [40]	2016	Implementation and comparison of existing OB models in EnergyPlus	X	X	
O'Brien et al. [35]	2017	Review, discussion, and guidance for developing and applying of occupant-centric building performance metrics	X		X
Ouf et al. [38]	2019	Proposing an approach and metrics to quantify building performance adaptability to variable occupancy	X	X	X
Machairas et al. [22]	2014	Review of algorithms for optimization of building design	X	X	
Tian et al. [15]	2018	Review and survey of building energy simulation and optimization applications to sustainable building design	X	X	
Kheiri et al. [39]	2018	Review on optimization methods applied in energy-efficient building geometry and envelope design	X	X	
Shi et al. [13]	2016	Review on building energy-efficient design optimization from the perspective of architects		X	
Dong et al. [11]	2018	Review on modeling occupancy and behavior for better building design and operation		X	

115  
116 D'Oca et al. [26] and Zhang et al. [27] reviewed and categorized the “human dimensions” of  
117 building performance and the need to integrate them into the operation and design processes. More specific  
118 reviews on various OB modeling approaches classified them into distinct formalisms [28], proposed a “fit-  
119 for-purpose” modeling strategy [11], or introduced an ontology to represent energy-related behaviors of

120 building occupants [29,30]. Other papers focused on performing comparative reviews of occupant-related  
121 features and inputs in common BPS tools [31,32], or presented different approaches to implement OB  
122 models in BPS tools (e.g., [17,33,34]). On the other hand, O'Brien et al. [35] assessed occupant-centric  
123 building performance metrics and proposed new ones to quantify the impact of occupants on building  
124 performance, while Ouf et al. [36] introduced metrics to quantify building adaptability to variable  
125 occupancy. Other researchers have focused on applying a specific analytical technique to guide design  
126 choices such as optimization, which is used in various contexts such as overall building design [22], passive  
127 designs [37], building geometry and envelope design [38], and efficient designs from the perspective of  
128 architects [39]. Finally, Dong et al. [13] reviewed modeling efforts of OB with applications covering  
129 operation patterns and specific design features. However, the scope of that study was limited to two specific  
130 design areas: crowd circulation and HVAC sizing. Additional occupant-centric performance metrics such  
131 as thermal comfort, well-being, productivity, or space planning are not covered in that review.

132 In summary, the review articles described in the previous paragraph present three main gaps that  
133 motivated the need for the current work. The first and most important gap is that the vast majority of studies  
134 evaluating OB in buildings focus on its implications on building operation – rather than design – strategies.  
135 Limited insights are presented on how OB modeling can be leveraged to improve or guide the design stages  
136 of buildings. The second gap in existing reviews of occupant-centric simulation studies is the dominant  
137 focus on energy efficiency/conservation as the primary target or objective of the modeling process.  
138 Additional occupant-centric performance considerations such as occupant thermal comfort, well-being,  
139 productivity, or space planning are not thoroughly and systematically covered in review studies. Finally,  
140 existing reviews on occupant-centric performance metrics often fail to connect their results to state-of-the-  
141 art simulation tools and methods that can be used to guide design decisions.

### 142 **1.3. Current review objectives and methodology**

143 The aim of this paper is to provide a comprehensive and critical review of existing studies that apply  
144 computer-based modeling/simulation to guide occupant-centric building design. The review is inclusive in  
145 its coverage of metrics, tools, methods, and supporting mechanisms to guide the design of occupant-centric  
146 buildings. It provides readers with a holistic understanding of the field's state-of-the-art, its gaps, and future  
147 perspectives.

148 While the main scope of study is on occupant-centric design applications, it is essential to first  
149 review how studies in the literature define occupant-centric designs and the computer-based tools they use  
150 to experiment with and guide such designs. Therefore, Section 2 starts by covering the main occupant-  
151 centric metrics that can be used to guide the design of buildings (e.g., thermal and visual comfort, well-  
152 being, productivity, energy, and space planning). Section 3 then summarizes the main modeling/simulation  
153 tools and approaches currently used in the literature, including BPS, OB models, and efforts to integrate  
154 the two in comprehensive modeling schemes. Sections 2 and 3 serve as a foundation for Section 4, which  
155 reviews key research on simulation-aided occupant-centric design methods and applications such as  
156 parametric analysis, optimization, and robust/resilient design practices. In Section 5, practices that are  
157 currently supporting, or can be used to support, occupant-centric design applications are discussed, such as  
158 building codes and standards, as well as mechanisms to involve stakeholders (e.g., occupants) in integrated  
159 design processes. A synthesis of the results is then presented in Section 6, followed by concluding remarks  
160 and future perspectives in Section 7.

161 As for the data collection process, it consisted of the following steps: (i) collection of articles known  
162 to authors; (ii) collection of articles citing or being cited by the articles; (iii) initial screening and elimination

163 of irrelevant articles (e.g., out of scope, content duplicated in multiple documents, non-English documents);  
164 (iv) final screening for inclusion and assignment to a specific section; (v) inclusion in the article. It is  
165 important to note that the above process provided the needed flexibility to cover the diverse topics reviewed,  
166 particularly in Sections 2 to 5, without limiting the search space to a predefined set of keywords. A total of  
167 253 articles passed the initial screening stage, out of which 213 passed the final screening stage and were  
168 included in the paper.

## 169 **2. Occupant-centric metrics of building performance**

170 Building performance is a complex and evolving concept that allows stakeholders to quantify how well a  
171 building fulfills its functions [41]. For benchmarking purposes, building performance is commonly  
172 normalized using building-centric quantities such as the building's gross volume, the net, gross or treated  
173 floor areas, or the façade surface. Building users – who are the final recipients of the services offered by a  
174 building – are often not directly accounted for the performance evaluation [42]. The purpose of this section  
175 is to synopsise the main aspects and features of occupant-related building performance metrics that are  
176 commonly used in building performance estimation. Examples of such metrics covered in the next sections  
177 include occupant comfort (thermal, visual, and acoustic), indoor air quality (IAQ), well-being and  
178 productivity, space planning, and energy. These metrics are useful tools for the operational assessment of  
179 the performance of an existing building or for guiding the optimization of the design of the building  
180 envelope and systems, and related control strategies.

### 181 **2.1. Thermal comfort**

182 Thermal comfort is the “condition of mind that expresses satisfaction with the thermal environment” [43];  
183 as such, it is a highly subjective phenomenon influenced by a range of factors. Quantifying thermal comfort  
184 has been the subject of studies for many decades due to its role in determining acceptable indoor design  
185 conditions and HVAC system requirements in buildings. While thermal comfort is primarily assessed by  
186 subjective evaluation (e.g., occupant surveys), in practice, empirical models are typically used, in lieu of  
187 subjective evaluation, to predict the human perception of thermal comfort based on physically observable  
188 qualities. The most widely accepted model is the Fanger's model of thermal comfort that expresses human  
189 thermal sensation in terms of environmental (air temperature, radiant temperature, airspeed, humidity) and  
190 personal (metabolic rate, clothing insulation) factors based on the steady-state heat balance principle [44].  
191 It is expressed through two indexes: the Predicted Mean Vote (PMV) and the Predicted Percentage of  
192 Dissatisfied (PPD). The PMV/PPD model provides a global estimation of thermal sensation and  
193 acceptability of indoor environmental conditions by a large group of people, and typically has to be  
194 accompanied by the verification of possible local discomfort conditions that can affect individual  
195 occupants. It associates comfort with neutral sensation, which can lead to narrow temperature prescriptions  
196 that are energy-intensive to maintain [45].

197 Adaptive comfort models present an alternative approach that expresses acceptable indoor  
198 temperatures in terms of prevailing outdoor temperatures [46,47]. Such an approach accounts for the  
199 human's ability to adapt to variable environmental conditions in naturally-conditioned buildings. Hence, it  
200 is often used to support passive design strategies or mixed-mode operation that allow a wider range of  
201 temperatures than can be explained by the PMV/PPD model. The adaptive comfort models assume that  
202 occupants have direct control on buildings devices to restore thermal comfort (often called adaptive  
203 opportunities), hence there exists the complex challenge of modeling the actual occupants' behavior in

204 building simulation tasks. In an effort to overcome trivial and simplistic rule-based control strategies,  
205 research efforts in the last decades aimed to describe occupants' presence and their interaction with building  
206 devices using stochastic models and data-driven methods.

207 Another issue is that both the PMV/PPD model and the adaptive comfort models are often  
208 accompanied with right-here and right-now metrics (e.g., PPD, Nicol et al.'s overheating risk) [48], which  
209 result in time series that are difficult to be processed in automated design procedures. In this regard, several  
210 long-term thermal discomfort indices have been proposed to estimate the thermal stimuli accumulated by  
211 people into a building over a period. Such long-term thermal discomfort metrics differ by the type of thermal  
212 comfort model adopted for the right-here and right-now assessment of the thermal environment, the use of  
213 comfort categories or classes for weighting the estimation of thermal stress, whether considering  
214 symmetrical overshoots of acceptable conditions, and whether considering the non-linear relationship  
215 between the comfort temperature and acceptability of the indoor environmental conditions [49,50]. Despite  
216 their successful adoption into international standards (e.g., [43,51,52]), both types of models (PMV/PPD  
217 and adaptive) have displayed challenges in describing the thermal comfort of individuals in a particular  
218 field setting due to their one-size-fits-all approach [53]. To address this issue, a more recent approach called  
219 personal comfort models focuses on learning individuals' thermal comfort based on relevant data (e.g.,  
220 behavior, biomarkers) collected via various sensors and devices in their everyday environment [54–56].  
221 This new approach is gaining attention among researchers and practitioners whose goal is to create a  
222 personalized comfort experience in occupant-centric buildings.

## 223 2.2. *Visual comfort*

224 The European standard EN 12665 defines visual comfort as “a subjective condition of visual well-being  
225 induced by the visual environment” [52]. It is a complex state that depends on several intertwined aspects  
226 like the physiology of the human eye, the physical quantities describing the amount of light and its  
227 distribution in space, and the spectral emission of artificial light sources. Visual comfort has been  
228 commonly studied through the assessment of some coexisting factors characterizing the relationship  
229 between the human needs and the light environment, such as (i) the amount of light, (ii) the uniformity of  
230 light, (iii) the prediction of the risk of glare for occupants, and (iv) the quality of light in rendering colors.  
231 Numerous metrics have been proposed to assess such factors and used to inform the simulation process of  
232 buildings, for example [57]. However, although these factors are possibly correlated with each other,  
233 indexes usually only focus on one of them and fail to represent the full complexity of a luminous  
234 environment in particular from a human-centric perspective.

235 Furthermore, light, by stimulating the intrinsically-photosensitive retinal ganglion cells (ipRGCs),  
236 produces non-visual responses in humans. These responses have direct effects on human physiology (e.g.,  
237 sleep-wake cycles, secretion of hormones like melatonin, core body temperature, and heart rate) [58] and  
238 psychology, for instance altering mood [59]. To this regard, the International Commission on Illumination  
239 (CIE) developed the International Standard CIE S 026/E:2018 [60] that addresses non-visual effects of light  
240 in humans. The standard defines spectral sensitivity functions, quantities, and metrics related to quantifying  
241 retinal photoreceptor stimulation of the five types of photoreceptors while also considering the effects of  
242 age and field of view. Nevertheless, it does not provide any indications of lighting applications or  
243 quantitative prediction of non-visual light responses or ipRGC-influenced light (ILL) responses [60].  
244 Further details on non-visual effects of light are available in dedicated reviews (e.g., [61,62]).

245 For simulation, the amount and uniformity of light can be estimated in a reasonably good manner,  
246 at the room level, with illuminance-based metrics such as the Unified Glare Rating (UGR) [63] or the

247 Illuminance Uniformity ( $U_0$ ) [64] even if no harmonized threshold levels are common among such types of  
248 metrics. These metrics are built upon the assessment/estimation of the illuminance at a point on a surface  
249 (the work plane or floor), but they do not explicitly take into account occupants' presence, activity, location,  
250 or orientation into the space. Glare depends on the location of an observer into space and on his/her relative  
251 position with respect to both natural (e.g., windows) and artificial (luminaires) light sources. This  
252 geometrical complexity makes it very impractical to estimate the glare risk for an individual person located  
253 in a built environment and requests a number of assumptions on use scenarios for testing the visual  
254 performance of space during the design phase. One of the most commonly used glare metrics is the  
255 Discomfort Glare Probability (DGP) [65]. However, it requires the knowledge of the exact location and  
256 orientation of the occupant into a space; but if the ambition of the glare risk assessment at each occupant in  
257 a built space is reduced, simplified metrics such as the Wienold's Simplified Discomfort Glare Probability  
258 [66], which are based on the vertical illuminance measured at the observer's eye, provide a good correlation  
259 with DGP. Regarding the quality of light in rendering colors, it has shown to affect the psychological  
260 reaction of occupants to a luminous environment but has not been linked to any energy-related performance  
261 of a building so far. Consequently, it has not been used in the whole building simulation, and its application  
262 remains mostly limited to the optimization of artificial light sources, such as light-emitting diodes (LEDs).

263 In general, the vast majority of light and daylight metrics do not account for the actual artificial  
264 lighting use and do not reflect the energy use for lighting. To overcome this limitation, O'Brien et al [35].  
265 proposed the light utilization ratio (LUR) that simultaneously considers daylight availability, the lighting  
266 control scheme, and OB. This is an attempt to explicitly account for occupant impact on a building energy  
267 performance and link together more than one of the aforementioned aspects. Finally, lighting practices and  
268 regulations address visual and energy efficiency aspects of light while little interest is dedicated yet to non-  
269 visual light responses [60].

### 270 **2.3. Acoustic comfort**

271 Acoustic comfort is the perceived state of well-being and satisfaction with the acoustical conditions in an  
272 environment [67,68]. It can be affected by two main types of noise in buildings: (i) structure-borne (impact)  
273 noise that is created by physical impact or vibration against a building element, and (ii) airborne noise that  
274 is transmitted through the air [69]. The sound pressure level is one of the main acoustical factors that affect  
275 comfort. Maximum sound pressure level ( $L_{max}$ ) is typically used when predicting comfort with impact noise,  
276 whereas equivalent sound pressure level over a given period of time ( $L_{eq}$ ) is used for airborne noise [70,71].  
277 Other acoustical factors that impact acoustic comfort are: (i) frequency of the noise, (ii) noise source, (iii)  
278 duration of noise, and (iv) its variation with time [72,73]. Acoustic comfort is, however, highly subjective,  
279 and noise sources with the same physical characteristics can be perceived differently by different people.  
280 Personal and societal characteristics, such as sensitivity to noise and attitude towards a noise source, are  
281 thus essential when quantifying acoustic comfort [71,72]

282 Due to the physical and psychological effects associated with acoustic discomfort, some regional  
283 and international standards provide guidelines on noise level limits and other acoustic performance  
284 evaluation metrics. These metrics vary based on the purpose of the space and the type of effect noise will  
285 have on occupants. For instance, in residences, the main effects of noise exposure are annoyance, activity  
286 interference, and sleep disturbance, while in offices, effects on communication, work performance, and  
287 speech privacy are more important [74]. Standards and guidelines thus provide different background noise  
288 level limits for different spaces to ensure minimum interference with the activities performed in the spaces.  
289 The World Health Organization (WHO) [74], for instance, identifies different noise level limits for several

290 indoor spaces including residences, hospitals and schools. In open-plan offices, additional metrics, such as  
291 speech transmission index, distraction distance, and privacy distance are typically used to quantify the  
292 performance of an office with respect to speech privacy as well as effects of speech on occupants' work  
293 performance [75].

294 Despite the available standards and guidelines, acoustic discomfort remains one of the most  
295 important comfort issues even in spaces that meet requirements set by standards. One reason for this is the  
296 lack of consideration of individual differences, such as noise sensitivity. In addition, many guidelines fail  
297 to consider the effects of variable noise levels over time as well as variable noise sources [76]. For example,  
298 the focus of most guidelines for residential spaces is outdoor noise sources such as traffic noise, and outdoor  
299 community noise, and do not include indoor sources. In addition, some guidelines group all noise sources  
300 together. The U.S. Environmental Protection Agency (US EPA), for instance, provides one  $L_{eq}$  limit for all  
301 environmental noise sources to prevent annoyance and interference with activities disregarding the effects  
302 of specific noise sources and frequency on acoustic comfort [77]. Other guidelines, for instance, the WHO  
303 [74] and the Ontario Ministry of the Environment and Climate Change (MOECC) Noise Guideline [78],  
304 try to overcome this issue by providing different limits for different noise sources such as road traffic, rail  
305 traffic, and aircraft noise.

#### 306 2.4. *Indoor air quality*

307 The term Indoor Air Quality (IAQ) includes all physical, chemical, and biological pollutants to which we  
308 are exposed via indoor air [79]. IAQ is an important determinant of two high-performance goals that are  
309 closely related to building occupants: (i) population health and well-being, and (ii) energy-efficient  
310 ventilation for indoor hygiene and comfort [80]. The time-weighted concentration thresholds of air  
311 contaminants are the key information to convert IAQ design to an engineering problem of achieving the  
312 two aforementioned goals. Among the different indoor air pollutants, eight groups of substances including  
313 carbon dioxide ( $CO_2$ ), nitrogen dioxide ( $NO_2$ ), formaldehyde (HCHO), carbon monoxide (CO), sulfur  
314 dioxide ( $SO_2$ ), particulate matter in sizes up to 2.5 and 10  $\mu m$  ( $PM_{2.5}$  and  $PM_{10}$ , respectively), total volatile  
315 organic compounds (TVOCs), and Ozone ( $O_3$ ), are the most frequently addressed contaminants. Abdul-  
316 Wahab et al. [81] and NRC [82] summarized the concentration limits published by a broad range of regional  
317 and international guidelines. It is worth noting that the acceptable values for the same substance could vary  
318 between guidelines because of the differences in the derivation approach and base data [83]. Some  
319 organizations, for instance, the WHO [84] and the German Federal Environment Agency [85], identified  
320 the requirements of certain VOC species that can be commonly found in building material emissions and  
321 synthetic products for household use. Some examples of those VOC agents are benzene, naphthalene,  
322 benzopyrene, trichloroethylene, and tetrachloroethylene. A few non-mandatory standards extended the IAQ  
323 metrics to include indoor bioaerosol contaminants. Singapore's SPRING [86] specified the recommended  
324 limit of microbial pollutants in indoor air, but its application in modeling and design could be a challenge  
325 due to limited knowledge on the emission-to-response model of bioaerosols. More guidelines (e.g., WHO  
326 [87]) address this issue from the source control perspective, through managing the indoor dampness and  
327 removing the microbial-contaminated material.

328 In response to the time-weighted concentration thresholds specified by legislations, numerical  
329 models have been developed to predict the indoor concentrations of various air contaminants as functions  
330 of outdoor air pollutant concentrations, indoor-outdoor air exchange rates, and indoor sources and sinks.  
331 The mechanistic nature of those indoor air pollution models ranges from single- to multi-compartment  
332 representations, from steady- to transient-state approaches. For example, the first-order differential

333 approach representing mass balance in one compartment model consolidated by Batterman [88] can be  
334 applied to calculate CO<sub>2</sub> concentrations in both stable and unstable conditions. Earnest and Corsi [89] used  
335 a two-compartment model to predict concentration variations of two VOC agents owing to the use of  
336 cleaning products. The EnergyPlus generic contaminant model and CONTAM was employed to estimate  
337 indoor concentrations of NO<sub>2</sub>, PM<sub>2.5</sub>, and CO for the dwelling [90] and school spaces [91]. The indoor air  
338 simulation is based on many input parameters, and three of them are closely related to OB. The three  
339 parameters are (i) ventilation rate, which obviously depends on the operation of windows and doors, (ii)  
340 indoor source strength, which is under the influence of daily activities, such as cooking, the use of synthetic  
341 chemical products for cleaning, the burning of fossil fuels for heating, among others, and (iii) transient  
342 modifier, which relates to the location and duration of occupant activity.

343 The health impact of indoor air quality ushered in the paradigm transformation towards preserving  
344 occupants' health beyond the traditional performance goal on energy and resource reduction. To that point,  
345 the WHO issued a report in 2000, declaring the human right to healthy indoor air [92]. As summarized in  
346 a recent review work [93], the associations between adverse health outcomes and exposure to air  
347 contaminants commonly present in indoor spaces have been evidenced by toxicological testing,  
348 epidemiology association, and self-rated health assessment. In general, there is a clear link to the increased  
349 risk of developing lung cancer, respiratory infections, immune system diseases, skin and mucous membrane  
350 irritations, and other building-related illnesses. However, having a consensus on their quantitative  
351 relationships with indoor air exposure would be a great challenge because site-specific and contextual  
352 factors differ between studies.

353 Acknowledging the importance of indoor air to public health, many human health risk assessment  
354 models have extended their inhalation pathway developed for urban air quality research to include indoor  
355 media. Some examples are the indoor microenvironmental scenes incorporated in the APEX [94], USEtox  
356 [95], and SHAPE [96] models. The health risk assessment integrates three parameters in indoor air setting:  
357 (i) the time spent in the interior spaces (exposure time), (ii) the pollutant concentrations that the occupant  
358 is exposed to (exposure concentration), and (iii) the risk factors of different air pollutants. Occupants  
359 behavior greatly affects the first two parameters: the relationship between exposure time and occupant  
360 presence is obvious; the exposure concentration is built upon the indoor concentration, which is in turn  
361 affected by the location and behavior of occupants in the space.

## 362 **2.5. Well-being and productivity**

363 The built environment has a direct impact on how occupants sense and perceive a given space, and it has  
364 significant consequences on their well-being and productivity. Research shows ample evidence about the  
365 impact of office design on workers' health, well-being, and productivity. Despite that, occupant well-being  
366 and productivity have not been a priority in traditional building design and construction. This is changing  
367 in recent years as more companies recognize the business case for healthy and productive offices and third-  
368 party building rating systems begin to incorporate wellness and productivity into their requirements.

369 Well-being is a broad term that encompasses the physical, mental, emotional, and social health of  
370 a person, and is generally measured based on the level of happiness, satisfaction with life, and fulfillment  
371 [97]. Productivity is an economic term that measures the efficiency of production, expressed in terms of a  
372 ratio of outputs (e.g., goods and services) to inputs (e.g., labors and materials) [98]. Since both well-being  
373 and productivity are not architectural terms, a key role of research communities has been to establish the  
374 criteria and metrics that can describe the impact of the built environment on occupant well-being and  
375 productivity. Studies have identified the following criteria for the assessment of well-being and productivity

376 in office environments: indoor environmental quality, office layout, biophilia, look and feel, and location  
377 and amenities [99,100]. The evaluation metrics are largely categorized into three groups: (i) financial  
378 metrics such as absenteeism, staff turnover, revenue breakdown (by department or per building), medical  
379 costs and complaints; (ii) perceptual metrics based on self-reported attitudes about health, well-being and  
380 productivity in the workplace; and (iii) physical metrics that are direct measures of IEQ (e.g., temperature,  
381 illuminance, pollutants) or an evaluation of design features (e.g., views outside, quality of amenities) [101].

382 Finding optimal ambient temperatures for office productivity is one of the most frequently studied  
383 topics. Amongst the best-known studies were the ones carried out by Seppanen and Fisk [102], showing an  
384 optimal temperature point for cognitive performance in an inverted-U relationship, which was later adopted  
385 by ASHRAE's Handbook of Fundamentals [103] and REHVA Guidebook No. 6 [104]. However, this  
386 approach has been criticized for oversimplifying human response to environmental stimuli, justifying tight  
387 and energy-intensive indoor temperature control practices worldwide [105]. Recognizing this, studies (e.g.,  
388 [106,107]) have looked into the interactions between the environment, occupant comfort (thermal, visual),  
389 and behavior through building simulations to optimize energy consumption and office productivity.

390 Other research efforts (e.g., [105,108,109]) have adopted multidisciplinary approaches to provide  
391 a more holistic understanding of the relationship between physical environments and human well-being and  
392 productivity. For instance, Nayak et al. [109] study and predict work performance due to changes in indoor  
393 room temperatures using human brain signals recorded using electroencephalography (EEG). The proposed  
394 method achieved a performance prediction accuracy 17 times higher than that of traditional models using  
395 skin temperature, heat-rate, and thermal survey votes.

396 In parallel to the mentioned research efforts, studies have also investigated the positive link between  
397 passive/low-energy design strategies and occupant satisfaction, health, and performance, including natural  
398 lighting [110], occupant controls [111], and view of nature and plants [112]. Green building rating systems  
399 such as Leadership in Energy and Environmental Design (LEED), the WELL Building Standard, and Fitwel  
400 have adopted many of these design strategies to promote more natural and energy-conscious design  
401 solutions that can improve the indoor environment quality and the overall well-being of the occupants.

## 402 **2.6. *Space planning and organizational metrics***

403 Beyond the individual aspects of occupant-centric metrics (e.g., comfort, IAQ), interactions among  
404 occupants can also be used to measure the success of a building from the perspective of the occupant and  
405 organization. This focus on group-level metrics can be particularly important in commercial buildings,  
406 where enabling the success and productivity of the occupants and organization in a building is a  
407 fundamental design goal of any commercial facility. Based on a review of the literature, we define two key  
408 categories for these kinds of organizational metrics: efficiency of space utilization and organizational  
409 performance.

410 Analysis of the utilization of spaces enables metrics that describe how appropriately spaces are  
411 serving their intended function; in other words, the ability of a building to enable occupants to carry out  
412 their intended activities. Spaces can be defined as under-utilized (which is both cost and energy-inefficient),  
413 properly utilized, or over-utilized (in which case occupants are inhibited from performing their activities)  
414 [113]. Metrics such as the percentage of desks occupied in a workspace can be used to determine the overall  
415 spatial efficiency [114]. With new methods enabling real-time, detailed inference of occupants' space  
416 utilization [115–117], researchers have defined metrics that explore the potential to improve overall space  
417 utilization rates by moving to a scenario in which occupants share desks [35].

418           Ultimately, organizations in commercial buildings care most deeply about the productivity of their  
419 workforce as the cost of people is typically an order of magnitude higher than the cost of building operation  
420 [118]. Recently, researchers have noted that the physical design of buildings can have large impacts on  
421 different metrics related to productivity, such as communication, collaboration, and innovation. Using the  
422 language of space syntax [119], researchers have defined metrics based on the physical layout and  
423 correlated them with occupant outcomes. For instance, Congdon et al. [120] found that higher levels of a  
424 single desk’s spatial integration correlated with more central positions in the organizational network for the  
425 individual occupying that workstation. Kabo et al. [121,122] found that higher path overlap among  
426 occupants correlated with more successful collaborations. Generally, research has found that closer spatial  
427 relationships (e.g., proximity) improve the way individuals communicate and collaborate with one another  
428 in a building [123–126]. Conversely, recent research has also shown that certain *open-plan* office layouts  
429 – in which spatial relationships are harder to define due to a lack of spatial boundaries – are actually  
430 associated with a decrease in face-to-face communication [127]. This unique interface between spatial  
431 boundaries and communication patterns points up the need for further research relating building design to  
432 organizational performance.

## 433   2.7.   *Energy*

434   Energy is a physical quantity that measures the capacity of a system to perform work or transfer heat to or  
435 from another (thermodynamic) system. It is an extensive property meaning that it is proportional to the  
436 extension of the system and is additive for independent and non-interacting subsystems [128]. In buildings,  
437 it is used to quantify the performance of any building services and mechanical systems to provide end-uses  
438 required by occupants. Focusing in the current work only on HVAC systems, renewable energy generation  
439 systems, artificial lighting, and electric appliances, energy is typically used to assess the performance of a  
440 building in providing space heating and cooling, humidification and dehumidification, ventilation and  
441 pumping, (domestic hot) water heating, (artificial) lighting, and electric appliances.

442           Several energy performance indicators (EPIs) are used to express a building performance, differing  
443 by the boundary at which they are measured or the contributions considered for their calculation. The  
444 international standard ISO 52000-1 [129] sets a systematic and comprehensive framework for the holistic  
445 evaluation of the energy performance of new and existing buildings, also by defining several EPIs, such as  
446 primary energy, delivered energy, energy uses, and energy needs. Furthermore, for benchmarking purposes,  
447 the building energy performance is commonly normalized with respect to other extensive properties that (i)  
448 describe the building geometry such as the net or gross/treated floor area, the net or gross volume, or (ii)  
449 quantify the number of users, generating energy intensity quantities that do not depend on building size. In  
450 occupant-centric design applications, the use of geometrical properties is more commonly used than  
451 occupancy despite the target being people using or living in a building. Such an approach may lead to  
452 misrepresentation of phenomena [42] because building geometry is assumed to be time-invariant with  
453 epistemic uncertainty that can be, at least in theory, nullified, while the count of occupants in a building is  
454 variable and typically affected by aleatory uncertainty that cannot be reduced.

## 455   2.8.   *Observations and gaps*

456   The aim of this section was to present the most common occupant-related metrics of building performance  
457 prior to reviewing the tools and methods used to assess that performance in the upcoming sections. The  
458 following observations can be made. Firstly, there is an imbalance in the breadth and depth of information  
459 on the different metrics that were covered. For instance, thermal comfort is very well covered in the

460 literature with clearly defined metrics and standards. Well-being or productivity, on the other hand, are  
461 more difficult to categorize, assess, and quantify. Secondly, while all metrics are directly related to and  
462 affected by occupants, there is a tendency to normalize metrics at the building level. A common example  
463 is the normalization of building energy performance per unit of floor area, which contributes to the  
464 categorization of energy as a building-focused, rather than an occupant-focused, metric. Such an  
465 aggregation of information contributes to the diluting of the personal and societal characteristics of the  
466 occupants, which have shown to contribute to the way they perceive and interact with their built  
467 environment. Thirdly, the reviewed sources of information mostly define what the different metrics are and  
468 how they are measured; less is presented on how to use such information to guide decision-making. Such a  
469 process is highly complex and depends on the characteristics of the building under study (e.g., typology,  
470 size, age, location) as well as the objectives of the different stakeholders involved (e.g., owner, facility  
471 manager, occupants). Moreover, possible conflicts may exist between metrics and should be accounted for  
472 (e.g., space utilization and acoustic comfort). While a holistic approach to assessing building performance  
473 is needed, most metrics are mostly defined and modeled in isolation, as further discussed in the following  
474 sections.

### 475 **3. Occupant-centric building performance simulation**

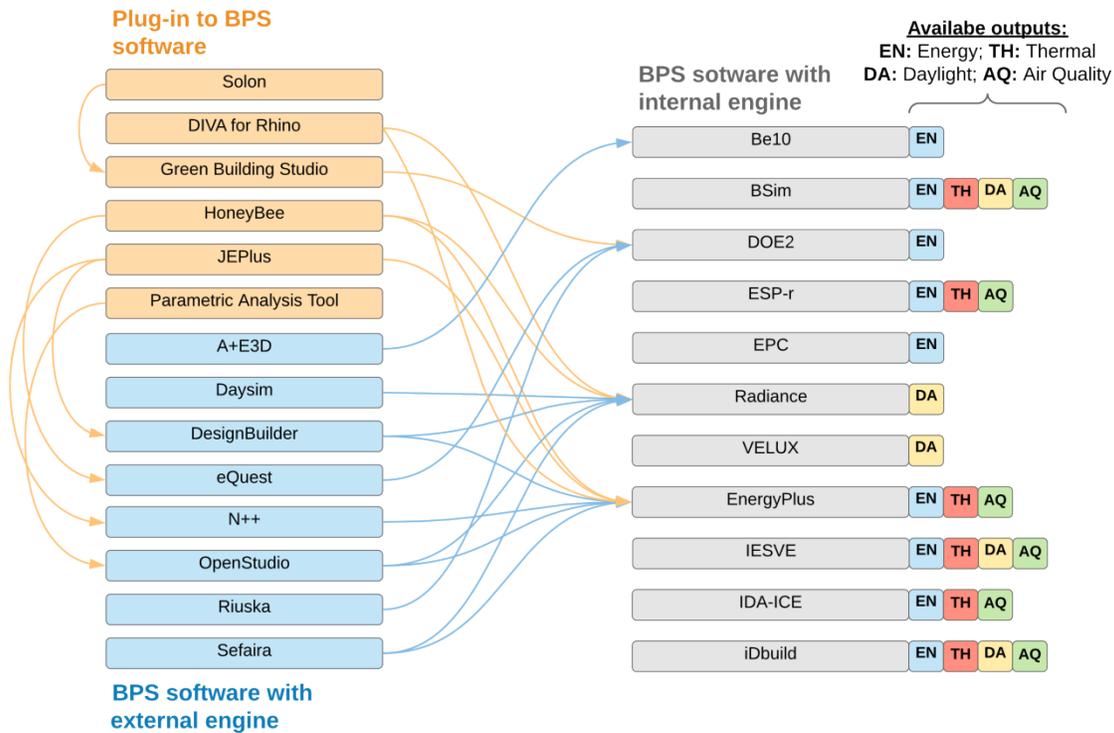
476 Following the review of occupant-centric building performance metrics, the current section covers common  
477 computer-based modeling and simulation approaches that are used to assess such metrics, as well as  
478 opportunities and challenges of adopting such approaches and tools to support building design. The section  
479 includes: (i) common BPS software tools and their core functions, (ii) their ability to account for occupant-  
480 related features as inputs to the models, and (iii) OB-focused modeling tools and their interoperability in  
481 BPS environments.

#### 482 **3.1. Building performance simulation overview**

483 Building performance simulation – also known as building energy modeling, energy simulation, or building  
484 simulation – is a physics-based software simulation of building systems and their performance [16]. A BPS  
485 program takes as inputs the characteristics of the building, such as its geometry, construction materials,  
486 electro-mechanical systems (e.g., HVAC and lighting), water heating configurations, and renewable energy  
487 generation systems. Inputs also include occupancy schedules and the operation patterns of plug-loads,  
488 lighting, and HVAC systems (e.g., thermostat settings) [130]. A BPS program then combines the physics  
489 equations of the building systems with outdoor weather conditions to predict one or more of the following  
490 metrics: building energy flows, energy consumption, peak loads, carbon emissions, air quality, daylighting  
491 availability, thermal comfort (e.g., PMV and PPD), and visual comfort (e.g., DGP) [15,16].

492 Figure 2 provides a summary of common BPS software tools adapted from the work of Østergård  
493 et al. [32]. The figure classifies the tools according to two main characteristics. The first is the software's  
494 main functionality, which varies between BPS software with internal engine (right side), BPS software with  
495 external engine (bottom-left side), and plugin to existing BPS software (upper-left side). The  
496 interoperability between specific software is shown using arrows. The second characteristic is related to the  
497 available output metrics of the BPS engines, including useful metrics for occupant-centric design such as  
498 daylighting, thermal comfort, and air quality. It is clear that the outputs of these models are mostly focused  
499 on energy performance, followed by thermal, daylighting, and air quality related metrics. Other occupant-  
500 related metrics, such as acoustic comfort, well-being, productivity, or space planning, are not covered. Even

501 when comfort outputs, such as PMV and PPD, are considered, they are often calculated at the building  
 502 level, overlooking differences between occupants. Additional details are provided in the upcoming sections,  
 503 which cover the ability of BPS tools to account for occupant-centric characteristics and behaviors, as  
 504 discussed in the next subsection.



505  
 506 Figure 2: BPS software classification, adapted from Ostergard et al. [32].

507 **3.2. Occupant behavior modeling overview**

508 OB is a complex phenomenon that is driven by the response of occupants to multidisciplinary factors  
 509 including the physical properties of the building (e.g., orientation), indoor and outdoor environmental  
 510 conditions (e.g., temperature and humidity), state of building systems (e.g., an open window), personal  
 511 characteristics (e.g., gender and age), and time of day [29,30]. However, one of the main limitations of  
 512 current BPS tools is the simplistic representation of OB and its effect on simulation outputs. A recent survey  
 513 of 274 building simulation practitioners in 36 countries confirmed this limitation, especially as most  
 514 respondents (> 75%) indicated that common BPS tools should have more features for OB modeling [131].  
 515 Commonly-studied behaviors in OB models include – but are not limited to – occupancy presence/absence,  
 516 lighting and blind control, windows opening, plug-load usage, and other user behaviors [132]. The same  
 517 study classifies the models in three main categories or levels. Type 0 includes non-probabilistic models that  
 518 mostly derive schedules (i.e., diversity profiles) from data monitoring and mining data (e.g., [133]). Type  
 519 1, covers stochastic or probabilistic models of behaviors using methods such as Poisson processes, Markov  
 520 chain processes, Logit, Probit, or survival analyses (e.g., [11]). This type exhibits higher resolution and  
 521 level of complexity compared to the previous ones. Finally, Type 2 includes object-oriented and agent-  
 522 based models and is considered the largest among the three types in terms of modeling size, resolution, and  
 523 especially complexity (e.g., [134]).

### 524 3.3. *Occupant-related features in building performance simulation tools*

525 While BPS programs may include built-in stochastic OB modeling capabilities, this functionality is far from  
526 consistent across the different programs and generally lacks flexibility for user customization [135]. This  
527 finding was confirmed by Ouf et al. [31], who evaluated and compared the direct occupant-related BPS  
528 inputs of five major BPS software. The first category consists of schedules that specify the operation  
529 patterns of various systems such as HVAC, lighting, and plug-in equipment, as well as the presence of  
530 occupants in the building. A schedule, also referred to as a diversity profile, determines the fraction of the  
531 loads that are operating at a specific hour of the day. The second category of inputs is densities, which can  
532 include the density of occupants and other building systems (e.g., plug load equipment, lighting, and water  
533 fixtures), in addition to the corresponding sensible and latent heat gains they generate. The last category  
534 consists of user-defined rules that represent operation patterns based on specific environmental conditions  
535 and thresholds (e.g., outdoor/indoor temperatures, daylight illuminance/glare). Overall, the authors argue  
536 that the vast majority of inputs used in BPS software to capture occupancy presence and actions are static  
537 or homogeneous rather than probabilistic that can better represent the diversity and stochastic nature of OB.  
538 The software also typically fails to capture the relationships between occupants' presence and their actions  
539 (e.g., operating lighting or equipment), as those are typically modeled with separate schedules. Finally, the  
540 limitations extend to the outputs of the software, which are commonly calculated at the building level; this  
541 complicates the process of using that output for detailed modeling of OB.

542 The limitations covered in this section have motivated the need to develop and integrate dedicated  
543 OB models in BPS as a step to generate more realistic models [11]. The next subsection presents common  
544 OB modeling approaches and integration efforts with existing BPS software tools.

### 545 3.4. *Occupant behavior modeling and building performance simulation: toward integrated* 546 *approaches*

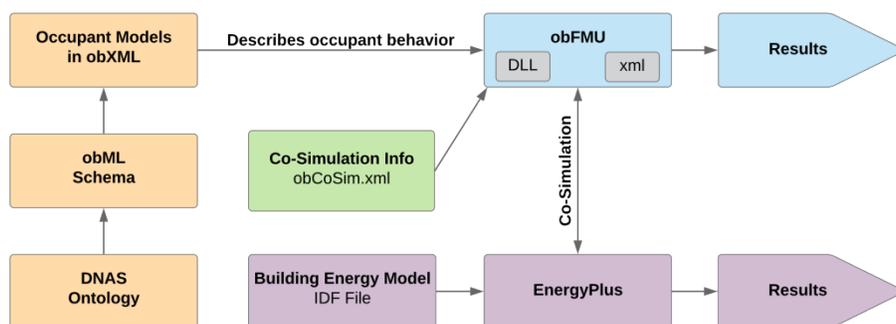
547 A study by Hong et al. [20] provided a thorough overview of OB implementation approaches in the current  
548 BPS tools, which are: (i) direct input or control – refers to the case when occupant-related inputs are defined  
549 using the semantics of BPS programs – just as other model inputs are defined (building geometry,  
550 construction, internal heat gains, and HVAC systems); (ii) built-in OB models – users can choose  
551 deterministic or stochastic models already implemented in the BPS program, which are initially data-driven  
552 and use functions and models such as linear or logit regression functions. These models typically include  
553 occupant movement models, window operation models, and lights switching on/off models; (iii) user  
554 function or custom – users can write functions or custom code to implement new or overwrite existing or  
555 default building operation and supervisory controls; and (iv) co-simulation approach – allows simulations  
556 to be carried out in an integrated manner, running modules developed by different programming languages  
557 or in different physical computers. The following paragraphs summarize key research efforts and tools on  
558 OB modeling and integration in BPS tools.

559 Gunay et al. [34] developed *EMS (Energy Management System)* scripts to implement 20 existing  
560 OB models for use with EnergyPlus. The EnergyPlus EMS feature allows users to write custom code in a  
561 runtime language that overwrites the EnergyPlus calculations without requiring the recompilation of  
562 EnergyPlus. Using Ruby scripts, O'Brien et al. [136] developed an OpenStudio library of measures  
563 representing typical OB models that can be directly applied to EnergyPlus simulation models. Although the  
564 EMS scripts and OpenStudio measures provide more flexibility than the direct inputs method to model OB  
565 in BPS tools, they lack interoperability due to the need for customization for different applications.

566 To address the interoperability issue of OB modeling in BPS tools, various approaches to coupling  
 567 OB modeling and BPS have been explored. Plessis et al. [137] developed a co-simulation approach using  
 568 a *Functional Mockup Interface (FMI)* that couples the *SMACH OB* simulator using agent-based modeling  
 569 with a building energy model built with the *BuildSysPro Modelica library*. Gunay et al. [138] investigated  
 570 the viability of employing the discrete event system specification (DEVS) formalism to represent OB using  
 571 an adaptive time advancement scheme, which permits realistic patterns of decision-making while  
 572 facilitating the coupling of stochastic occupant models with BPS tools. Menassa et al. [139] proposed a  
 573 *High-Level Architecture (HLA)* framework coupling a BPS engine (DOE-2) with an ABM software  
 574 (Anylogic). The authors illustrate their approach through a simulation of OB in an office building followed  
 575 by an energy feedback mechanism that promotes energy conservation actions among occupants.

576 Two additional OB modeling tools, *obXML* and *obFMU*, were recently developed under IEA EBC  
 577 Annex 66 [12] to (i) standardize the input structures for OB models, (ii) enable the collaborative  
 578 development of a shared library of OB models, and (iii) allow for rapid and widespread integration of OB  
 579 models in various BPS programs using the FMU-based co-simulation approach. *obXML* [29,30] is an XML  
 580 schema that standardizes the representation and exchange of OB models for BPS. *obXML* builds upon the  
 581 Drivers–Needs–Actions–Systems (DNAS) ontology to represent energy-related OB in buildings. Drivers  
 582 represent the environmental and other contextual factors that stimulate occupants to fulfill a physical,  
 583 physiological, or psychological need. Needs represent the physical and non-physical requirements of  
 584 occupants that must be met to ensure satisfaction with their environment. Actions are the interactions with  
 585 systems or activities that occupants can perform to achieve environmental comfort. Systems refer to the  
 586 equipment or mechanisms within the building that occupants may interact with to restore or maintain  
 587 environmental comfort. A library of *obXML* files, representing typical OB in buildings, was developed from  
 588 the literature [140]. These *obXML* files can be exchanged between different BPS programs, different  
 589 applications, and different users.

590 *obFMU* [141] is a modular software component represented in the form of functional mockup units  
 591 (FMUs), enabling its application via co-simulation with BPS programs using the standard functional  
 592 mockup interface (FMI). FMU is a file (with an extension *fmU*) that contains a simulation model that  
 593 adheres to the FMI standard. *obFMU* reads the OB models represented in *obXML* and functions as a solver.  
 594 A variety of OB models are supported by *obFMU*, including (i) lighting control based on occupants’ visual  
 595 comfort needs and availability of daylight, (ii) comfort temperature set-points, (iii) HVAC system control  
 596 based on occupants’ thermal comfort needs, (iv) plug load control based on occupancy, and (v) window  
 597 opening and closing based on indoor and outdoor environmental parameters. *obFMU* has been used with  
 598 EnergyPlus (Figure 3) and ESP-r via co-simulation to improve the modeling of OB.  
 599



600  
601 Figure 3: Co-simulation workflow of obFMU with EnergyPlus.

602 For Modelica users, *Buildings.Occupants* [142] is an OB model package that can be used to  
603 simulate the continuous and dynamic interaction between occupants and building systems. The  
604 *Buildings.Occupants* package is part of the Modelica Buildings Library [143]. The first release of the  
605 package includes 34 OB models, reported and clearly described in the literature, for office and residential  
606 buildings. The office building models include eight models on windows operation, six models on window  
607 blind operation, four models on lighting operation, and one occupancy model. These models vary by their  
608 region of origin, driving factors of actions (e.g., indoor air temperature, and/or outdoor air temperature for  
609 windows opening or closing), and other contextual factors such as types of windows.

610 *Occupancy Simulator* [144,145] is a web-based application running on multiple platforms to  
611 simulate occupant presence and movement in buildings. The application can generate sub-hourly or hourly  
612 occupant schedules for each space and individual occupants in the form of CSV files and EnergyPlus IDF  
613 files for building performance simulations. *Occupancy Simulator* uses a homogeneous Markov chain model  
614 [146,147] and performs agent-based simulations for each occupant. A hierarchical input structure is  
615 adopted, building upon the input blocks of building type, space type, and occupant type to simplify the  
616 input process while allowing flexibility for detailed information capturing the diversity of space use and  
617 individual OB. Users can choose a single space or the whole building to see the simulated occupancy results.

### 618 3.5. *Observations and gaps*

619 The aim of this section was to cover computer-based modeling and simulation approaches that can support  
620 decision-making toward occupant-centric building designs. Several main observations can be made. Firstly,  
621 the review of BPS tools highlights a plethora of available BPS engines, software, and plug-ins. However,  
622 as shown in Figure 2 and discussed earlier, the outputs of these models mostly focus on energy/thermal  
623 performance, with a tendency to normalize results at the building level. This finding highlights an important  
624 gap between the diversity of occupant-centric metrics covered in Section 2 of this paper and the capabilities  
625 of the BPS tools, mainly EnergyPlus, highlighted in the current section.

626 Secondly, the review of OB models and research efforts on their integration with BPS tools show  
627 promising potential to better account for occupant characteristics and interactions with their environment.  
628 However, it should be noted that the current available OB models were developed for specific purposes  
629 considering contextual factors (e.g., building type, location, season, and activity type) and with limited  
630 measurement data. Users should be cautious about using OB models for extended purposes [148].  
631 Improving the interoperability between OB and BPS models is essential to leverage the power of advanced  
632 OB modeling methods without significantly increasing the complexity of the BPS process. Some of the  
633 tools covered in the previous section, such as *obXML* [29,30], *obFMU* [141], or the *Occupancy Simulator*  
634 [144,149], are important steps in that direction. In parallel, there remains a strong need to design and collect  
635 large-scale measured data of occupants, building operation and performance, to support OB model  
636 development, evaluation, validation, and application.

637 Thirdly, common challenges are contributing to the limited adoption of stochastic OB modeling to  
638 support building design, from the designers, engineers or modelers' perspectives, include: (i) not knowing  
639 what types of occupants and behavior patterns will be in the new building under design; (ii) lack of  
640 knowledge in using advanced OB modeling tools; (iii) complexity of OB modeling tools and steep learning  
641 curve for new users; and (iv) lack of clear value proposition for using advanced OB modeling.

642 Also to be noted is that stochastic models of occupant activities and behavior are not always  
643 necessarily needed or better than the use of static profiles or settings; fit-for-purpose modeling should be  
644 adopted to balance the needs, resources, and expertise [150]. Such an adaptive modeling approach also

645 offers alternatives to the purely static (i.e., overly simple) and purely dynamic (i.e., overly complex)  
646 modeling schemes. For instance, “static-stochastic” is a hybrid modeling method where static BPS inputs  
647 (e.g., schedules) are multiplied by randomly-selected coefficients, hence introducing stochasticity in the  
648 modeling process while still managing its complexity [151].

#### 649 **4. Occupant-centric design methods and applications**

650 The vast majority of research on occupant modeling and simulation has been focused on two topics:  
651 occupant model development (e.g., [34,152–154]) and quantification of the impact of occupants on energy  
652 and/or comfort (e.g., [155–161])Both these topics, along with papers focused on the implementation of  
653 occupant modeling (e.g., [40,133,145,162–164]), are clearly a necessary building block for simulation-  
654 aided occupant-centric design. However, far fewer papers have examined methods to apply occupant  
655 modeling to inform design, despite the fact that this -along with the so-called performance gap- is cited as  
656 a leading reason for improving occupant modeling.

657 This section is entirely focused on reviewing papers that applied occupant modeling to inform  
658 design processes. It is comprised of four main subsections. Section 4.1 provides a summary of frameworks  
659 and workflows for simulation-aided occupant-centric design. The remaining sections focus on the  
660 development and/or application of specific techniques. Section 4.2 is focused on papers where authors  
661 performed a systematic assessment of one or more design variables in the context of informing design (not  
662 merely for scientific purposes). Section 4.3 is focused on papers where authors performed design  
663 optimization using simulation paired with an optimization script. Finally, Section 4.4 is focused on robust  
664 and probabilistic design, whereby papers exploit the stochasticity of occupant models to consider both the  
665 uncertainty and mean predicted performance to inform design.

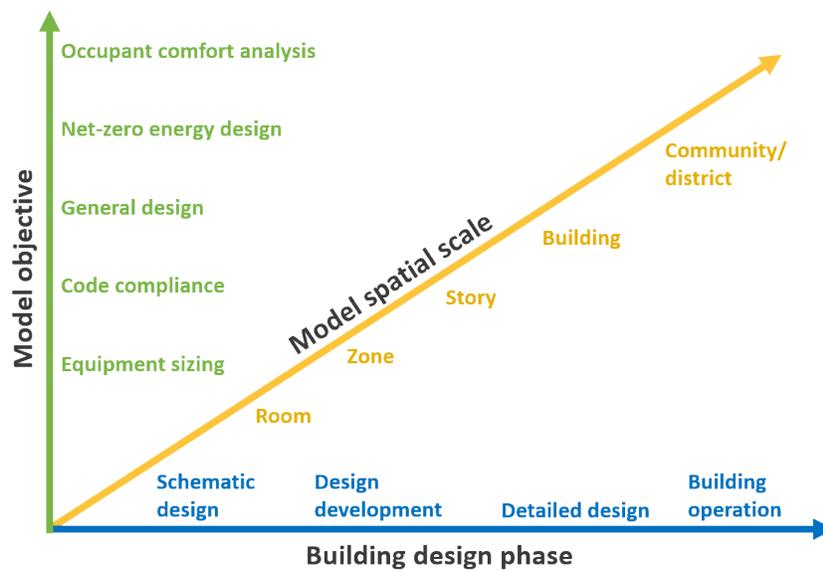
666 In brief, the papers fitting the topics of this section are few in numbers. They tend to focus on  
667 providing a proof-of-concept but generally required using one or more modeling or simulation tools in  
668 advanced ways. Accordingly, the developed methods are generally not readily available for deployment to  
669 design practice.

##### 670 **4.1. *Simulation-aided occupant-centric design strategies***

671 There are several noteworthy pieces of work whereby researchers outlined and/or demonstrated occupant-  
672 centric design workflows. Gaetani [150] developed a so-called “fit-for-purpose” approach to occupant  
673 modeling, whereby they proposed a systematic approach to assessing the optimal occupant modeling  
674 method for a particular situation, balancing model complexity and validity. Gilani and O’Brien [151]  
675 developed a best practices guidebook for occupant modeling to support design. The document provides a  
676 background on theory, recommendations for techniques on applying occupant modeling to building design,  
677 and guidelines for selecting the most appropriate occupant model. Both of the above works explain the  
678 importance of strategically choosing the most appropriate occupant modeling strategy as a function of  
679 modeling purpose, building model scale, and design phase (Figure 4). Roetzel [165] proposed a method to  
680 simulate occupants in early-stage design. She argues that there is significant uncertainty about occupants in  
681 early-stage design, yet simulation has the potential to be most influential at that time. Therefore, the  
682 recommendation is to use a best and worst-case scenario to assess the magnitude of the impact of occupants.  
683 Finally, recognizing that occupant modeling results remain relatively intangible and difficult to visualize,  
684 Chen et al. [145] developed a tool to visualize occupants and their energy impacts in a simulation  
685 environment.

686 The following sections review the literature on parametric design, design optimization, and  
 687 probabilistic design methods - all with aspects of occupant-centric simulation-aided design. The vast  
 688 majority of papers occupy a narrow zone within Figure 4, namely schematic design for rooms (or buildings)  
 689 for the purpose of general design. The focus tends to be on architectural design or lighting/daylighting -  
 690 perhaps because they are simpler to model and also directly relevant to occupants.

691 The authors argue that with the progression towards more accurate and precise occupant models  
 692 (e.g., based on long-term field data collection), the research and practitioner community should evolve from  
 693 simple parametric design (Section 4.2) to probabilistic design (Section 4.4). That is, the uncertainty analysis  
 694 that is often performed in conjunction with a parametric design is normally approached from the standpoint  
 695 that the uncertainty from occupants is high (e.g., passive and active occupants; best- and worst-case  
 696 scenarios). However, a more refined approach is to acknowledge uncertainty but apply data-driven models  
 697 that can quantify the likelihood of extreme results.



698  
 699 Figure 4: A conceptual design space indicating key considerations for the most appropriate occupant model  
 700 section and modeling strategy.

701 **4.2. Parametric design**

702 Given the widely accepted uncertainty during building design that originates from occupants, a popular  
 703 method to assess the impact of occupants in design is simultaneously varying occupant assumptions (i.e.,  
 704 uncertainty analysis) and design or control parameters (i.e., parametric analysis). A common approach is to  
 705 model two or more extreme conditions either via personas (e.g., passive and active occupants) (e.g.,  
 706 [23,166]) or extreme schedule values or densities (e.g., [157]). Other papers simulated occupants according  
 707 to a range of assumptions or compared simple and advanced models (e.g., [164,167]). Finally, some  
 708 researchers have simulated the effects of spatial layouts and locations of occupants on metrics designed to  
 709 capture the building's performance from a social perspective (e.g., [122]).

710 Reinhart et al. [168] provided an early example of simulation-aided design based on a relatively  
 711 detailed occupant model. Starting with his Lightswitch-2002 stochastic occupant model, he demonstrated  
 712 how a designer could use simulation to assess the impact of various lighting and blind control strategies for  
 713 different occupant types. Even for a given occupant type and lighting/shade control configuration, Reinhart

714 et al. [168] showed that the annual lighting energy could vary by a factor of four or more. Bourgeois et al.  
715 [163] implemented the Lightswitch-2002 lighting and blind use model in ESP-r to support decision-making  
716 for automated versus manual lighting. This work built upon Reinhart et al. [168] in that it included heating  
717 and cooling results in the simulation, though the primary modeled behavior was still focused on lighting  
718 and shades. They showed automation does not necessarily save energy if the occupants actively seek  
719 daylight. Compared to the previous studies, Parys et al. [169] performed a more comprehensive assessment  
720 than the above studies, which was enabled by occupant models that were developed in the meantime. They  
721 included models covering occupancy, window shades, operable windows, lighting, internal gains from  
722 equipment, heating, and cooling setpoints. Upon applying the models using a Monte Carlo approach to an  
723 office building with 20 private offices, the standard deviation of annual energy was approximately 10%.  
724 This level, which is typically lower than those reported by other papers (e.g., [159,168]), is due to the fact  
725 that Parys et al. [23] studied a whole building rather than a single office. Thus, the impact of individual  
726 occupants largely canceled out. This scaling effect was formally studied by Gilani et al. [170]. Sarwono et  
727 al. [171] evaluated the impact of cubicle geometry and materials on speech privacy in an open-plan office  
728 using the CATT-Acoustic software. Unsurprisingly, they found that higher cubicle walls improved acoustic  
729 performance.

730 Gilani et al. [167] used both typical (e.g., blinds all open or all closed) and stochastic lighting and  
731 blind use models from the literature in a parametric analysis to assess the impact of window size and shade  
732 transmittance on energy use in an office. They found that the case with blinds always open tends to lead to  
733 a larger optimal window size than if the stochastic models are used. This is because the stochastic window  
734 shade use model recognizes that a larger window leads to more frequent glare conditions (based on the  
735 work plane illuminance proxy), and thus, the window shade is closed more often, at the cost of greater  
736 reliance on electric lighting. Thus, this paper provided anecdotal evidence that the choice of occupant  
737 modeling approach can influence design decisions.

738 Sun and Hong [172] applied three different occupant scenarios – austerity, normal, and wasteful –  
739 against a wide range of energy-conservation measures (ECMs) for an office building. They found that  
740 except for natural ventilation, the wasteful occupant generally yields greater absolute predicted energy  
741 savings from ECMs; however, the relative energy savings are similar in magnitude between all occupancy  
742 scenarios for each ECM. Following a similar approach, Abuimara et al. [173] used parametric analysis to  
743 assess an office building under three different occupant-related scenarios and a list of 20 building upgrades.  
744 They found some significant differences in the rank of the upgrades' effectiveness at saving energy. For  
745 example, insulation was more beneficial for cases with lower occupant-related internal heat gains compared  
746 to cases with high heat gains. O'Brien and Gunay [174] used stochastic occupancy simulation in an open-  
747 plan office to quantify the relationship between lighting control zone size and energy use on an annual  
748 basis.

749 Reinhart and Wienold [164] developed a design workflow that involves modeling energy use and  
750 daylighting against several different extreme and simplistic and detailed occupant modeling methods. They  
751 provided a number of recommendations for extending their workflow into practice given the significant  
752 effort and computational time required. These include: automating the process (e.g., starting with a building  
753 information model), cloud computing, optimizing designs with expert systems to keep the designer in the  
754 loop at each design iteration, and providing the designers with a dashboard for comparison between designs  
755 and consideration of multiple performance criteria.

756 Researchers have also parameterized spatial layouts of buildings – explicitly connected to  
757 occupants' locations – and simulated their effects on metrics of organizational performance. This body of

758 the literature connects design (typically discussed retrospectively) to workplace metrics using the language  
759 of space syntax, often describing spaces within a building according to their integration, or connectedness  
760 to the other spaces [119]. Congdon et al. [120] compared two different real building designs occupied by  
761 the same organization using metrics from space syntax and found that the more integrated layout enabled  
762 better communication and was correlated with increased productivity. Jeong and Ban [175] similarly  
763 compared multiple design options using space syntax and demonstrated the ability to compare integration  
764 – associated with how “public” that part of the building feels – among designs. These design simulations  
765 enable evaluation of organizational outcomes, as researchers have noted that spatial design decisions impact  
766 both the formation of social relationships in workplaces [126,176] as well as the frequency and success of  
767 collaborations [122]. This research shows that parameterizing spaces by measures of their connectedness  
768 to the rest of the building can enable the simulation of the organizational performance.

#### 769 **4.3. Design optimization**

770 In contrast to the previous section on parametric analysis, very few papers have formally optimized building  
771 designs that use advanced occupant modeling. The papers below discuss both the impact of geometric  
772 design alternatives on energy performance as well as the impact of spatial and occupant layouts on energy  
773 and organizational outcomes.

774 Ouf et al. [150] used a genetic algorithm to optimize 10 facade-related design parameters for a  
775 private south-facing office. Using annual energy use as the cost function, they optimized the design using  
776 both standard occupant assumptions and the state-of-the-art in stochastic occupant models. Because the  
777 stochastic models yield a different annual performance level every time they are run, the mean energy use  
778 of 50 simulations was used to evaluate each design. The conclusions showed similar energy predictions for  
779 the optimal designs, but somewhat different optimal parameters. For example, the optimization with  
780 stochastic occupant modeling favored significant solar shading (side fin and overhang) to prevent the shade  
781 from being closed early in the day and reducing daylight potential for the remainder of the day. In a follow-  
782 up study, Ouf et al. [177] optimized both the mean and standard deviation of sets of 30 stochastic  
783 simulations. The intent was to show the potential trade-off between certainty and mean predicted  
784 performance.

785 To enhance thermal comfort in a housing design across different climates, Marschall and Burry  
786 [178] subjected building aspect ratio, orientation, roof type, window-to-wall ratio, and shading type to  
787 optimization. Thereby two types of window operation models were considered: a deterministic model based  
788 on a single indoor temperature setpoint (namely 23.9 °C) and a specific data-driven stochastic model based  
789 on another study [179]. In particular, the optimization results showed a considerable variation in shading  
790 design solutions depending on the choice of window operation models, which was more noticeable in  
791 warmer climates.

792 Based on metrics describing the organizational operation of buildings, research also suggests that  
793 optimization can be used to create building layouts and designs that improve space-use metrics as well as  
794 notions of organizational performance (e.g., productivity). Lee et al. [180] simulated occupants’ walking  
795 behavior and used ant colony optimization to reduce cumulative walking time in a hospital building, thus  
796 improving its operating efficiency from a space-use perspective. Yang et al. [181] and Sonta et al. [115]  
797 connected this notion of optimally laying out a building based on space-use data to a building’s energy  
798 performance. By hierarchically clustering occupants based on their overall patterns of presence and absence  
799 and then virtually re-assigning them to different building zones through an iterative process, this work  
800 demonstrates that physically co-locating individuals with similar occupancy patterns can reduce zone-level

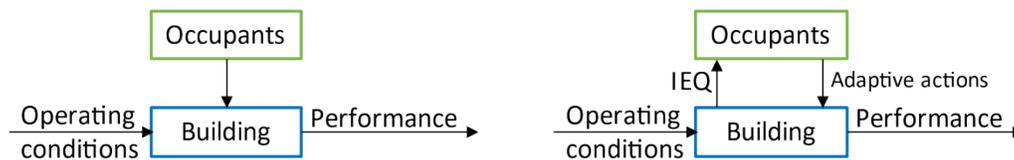
801 building energy consumption. As researchers discuss the importance of simulating the organizational  
802 performance of a building based on its design, the opportunity to optimize such designs for these  
803 organizational metrics emerges. Nascent work by Housman and Minor [125] shows that the spatial  
804 colocation of different types of workers can have differing effects on productivity. They show that a simple  
805 exploration of the design space can lead to spatial layouts that are optimized for productivity.

#### 806 4.4. Probabilistic design methods

807 A widely-recognized trait of occupant modeling is the stochasticity of inputs and the corresponding  
808 uncertainty of simulation outputs. A growing number of papers that have treated non-deterministic  
809 simulation outputs (e.g., annual energy use) as an opportunity rather than a burden by focusing on  
810 minimizing both the mean and variance of the output(s) of interest. In practical terms, this means designing  
811 buildings to be less sensitive to occupants and less dependent on occupants' energy-saving behaviors. While  
812 robust design approaches have been developed and applied in engineering design since the 1960s [182] and  
813 have been applied to building design in general since then (e.g., [183]), they have only been applied to  
814 occupant modeling more recently.

815 The papers that applied robust design to occupant-centric building design fall into two categories,  
816 as shown in Figure 5. Either they use the classical approach, whereby occupants are treated primarily as  
817 heat gains via schedules, or an advanced approach whereby the two-way interaction between occupants and  
818 buildings is recognized. In the latter case, building design can affect the way people behave and their  
819 energy-related actions.

820



821

822 Figure 5: The classic P-diagram of robust design theory applied to occupant modeling [148]: assuming  
823 occupants can be treated as a source of noise to the building (left) and recognizing the two-way interaction  
824 between buildings and occupants (right).

825

826 The literature has generally pursued two ways to assess the robustness of building designs: in the  
827 formal sense by adding random noise to a building and by scenario analysis. The latter is more common.  
828 For example, Palme et al. [24] are the first known authors to explicitly tie robust design to occupant  
829 modeling. They defined robust design as designing buildings to such that it is “[...] difficult for users to  
830 make inappropriate decisions”. They used a simplified modeling approach to demonstrate the impact of  
831 occupants, with a focus on windows opening. Hoes et al. [184] are considered to have spurred advances in  
832 the application of occupant modeling. They were pioneers in developing robust design in the context of  
833 occupant modeling and building design. They showed how the coefficient of variation caused by OB could  
834 be significantly reduced through passive design decisions such as thermal mass and window area. In a  
835 follow-up paper, Hoes et al. [185] applied a genetic algorithm to design a building to be robust against  
836 uncertainty from basic occupant parameters (i.e., setpoints and internal heat gains). In contrast to Palme et  
837 al. [24], Karjalainen [186] cautioned that robust design does not necessarily mean removing adaptive  
838 opportunities (e.g., operable windows and controllable thermostats) from buildings; such adaptive  
839 opportunities are known to allow occupants to tolerate a wider range of conditions (e.g., [46]). Karjalainen

840 [186] set out with a similar motivation as the previous papers but used occupant types (careless, normal,  
841 conscious) and TRNSYS to assess the robustness of a building design. He demonstrated that the ‘careless’  
842 occupant used 75 to 79% less energy in the robust office (which consisted of occupancy-controlled and  
843 efficient lighting, an overhang, and a low-power computer) as opposed to the normal design. Similarly,  
844 Abuimara et al. [173] assessed the robustness of various building upgrades against a wide range of possible  
845 occupant-related scenarios.

846 Buso et al. [187] modeled 15 different design options for an office building in three different  
847 climates. Stochastic window shade and operable window use models were implemented in IDA ICE. They  
848 ran parametric simulations and reported the standard deviation among the simulations, as a measure for  
849 robustness. They concluded that the design options with high thermal mass and smaller windows resulted  
850 in the greatest robustness against OB. In a more targeted fashion, O’Brien and Gunay [148] set out to  
851 demonstrate that improving comfort can reduce energy by reducing the number of adaptive actions. They  
852 used a formal robust design method to show that fixed exterior shading to reduce the frequency of daylight  
853 glare can prevent the occupants from closing blinds, which in turn improves daylight availability and  
854 reduces dependence on electric lighting. However, in this paper and a follow-up paper [188], it was  
855 concluded that current occupant model development approaches do not lend themselves to robust design  
856 because they suppress diversity by aggregating all occupant data. In the meantime, this has generally been  
857 resolved in the literature by using several extreme occupant types (similar to Section 4.2).

858 On probabilistic occupant-centric design, O’Brien et al. [189] developed a plug and lighting use  
859 model for the building scale based on measured data. They implemented a stochastic schedule model for  
860 the lighting, plug load, and occupancy domains in a whole building simulation tool to perform HVAC-  
861 sizing. The paper showed several advantages to stochastic occupant modeling and a probabilistic approach  
862 to HVAC sizing. First, the trade-off between the probability of under-sizing and HVAC component sizing  
863 can be quantified. This allows designers to take calculated risks, whereby the comfort risk associated with  
864 under-sizing (relative to traditional design methods) can be quantified. For example, ASHRAE  
865 recommends 25% safety factors for heating equipment, whereas the new method showed that there is only  
866 a 1% risk of having the true heating load being 21% lower than the result of ASHRAE’s safety factor.  
867 Secondly, the results showed that larger buildings greatly benefit from diversity between tenants and that  
868 the building-scale plant size can be safely reduced on a per unit floor area compared to smaller buildings.  
869 Using the same tenant models (for occupancy, lighting, and plug loads), Abdelalim et al. [190] developed  
870 and demonstrated a probabilistic method to size a photovoltaic (PV) array for a net-zero energy office  
871 building. They showed that uncertainty from occupants is costly and that each percentage point of improved  
872 likelihood of reaching net-zero energy is more costly than the one before. For example, the PV array  
873 required to be 99.9% certain about achieving net-zero energy is 50% more expensive than a PV array that  
874 yields 90% certainty. This is a result of the long tails on the cumulative probability distribution for annual  
875 energy consumption (i.e., it is unlikely, but not impossible, to have extremely high values).

#### 876 **4.5. Observations and gaps**

877 The aim of this section was to review articles that applied simulation/modeling to guide occupant-centric  
878 designs. The following observations can be made. Firstly, the number of studies fitting in this section is  
879 relatively small. Such a small number confirms what was observed earlier in Section 1.2 that most studies  
880 evaluating OB in buildings focus on building operation rather than building design strategies.

881 Moreover, most studies have a specific or narrow scope of coverage of occupant-centric building  
882 performance (e.g., simulation tools or behavioral classifications). They lack a comprehensive assessment

883 of occupant-centric building design that covers its multifaceted aspects, including occupant-centric metrics,  
884 simulation tools, analytical methods, and external mechanisms to apply research findings in actual  
885 buildings.

886 Another gap is the lack of papers on design considering multiple aspects of IEQ simultaneously or  
887 on the domains of IAQ and acoustic comfort. This is thought to be a combination of fewer researchers in  
888 these areas and the relatively less emphasis on these domains in BPS tools. Moreover, IAQ and acoustic  
889 comfort have generally not been included as predictors in OB models.

890 Finally, most of the studies are limited to proofs-of-concept of occupant-centric designs using  
891 advanced modeling or analysis techniques. They typically fall short of effectively scaling or deploying the  
892 design practices in actual buildings, indicating an important gap remaining between OB research and actual  
893 design applications.

## 894 **5. Supporting practices for occupant-centric methods/applications**

895 Following the review of existing occupant-centric modeling tools and methods, the current section  
896 discusses two main practices or media that can promote further applications and implementations of  
897 occupant-centric designs in actual buildings. The first subsection discusses the premise of using building  
898 codes as a mechanism to promote occupant-centric design practices. The second subsection reviews  
899 common construction project delivery methods and their potential of engaging stakeholders - building  
900 occupants in particular - in the early building design stages.

### 901 **5.1. Building codes and standards**

902 Today's society may aspire for occupant-centric high-performance buildings, but, arguably, the majority of  
903 new buildings aim to comply and not exceed local codes pertinent to building performance and occupant  
904 comfort. Therefore, building codes play a critical role to tailor the future built environment for occupants  
905 and to achieve the global emissions reduction targets. In this context, as discussed in Section 2, building  
906 codes set a variety of building performance metrics to regulate different aspects of occupant requirements  
907 in the built environment with efficient use of resources. The authors, however, argue that while the building  
908 codes have been commonly trying to address occupant needs in terms of indoor environmental conditions,  
909 OB (i.e., occupants' adaptive actions to adjust the environmental conditions) and the controllability of  
910 building indoor environment by occupants (arguably as another occupant need) have not been sufficiently  
911 addressed in these efforts.

912 To clarify the aforementioned point, one can focus on building energy codes, which are meant to  
913 provide determinant regulatory requirements for the realization of occupant-centric high-performance  
914 buildings. In spite of the consensus on the substantial inter-influence of occupants and building  
915 performance, the current building energy codes often treat occupants in simplistic and often inadequate  
916 ways. On the lower end of the spectrum, a building energy code, which is based on steady-state heat balance  
917 calculations, may only rely on a single value for overall internal heat gains along with monthly hours of use  
918 (see, for example, the Austrian code for thermal protection in building construction [191]). On the higher  
919 end of the spectrum, the codes that benefit from dynamic building simulation represent OB with values of  
920 occupancy, lighting, and equipment power density along with associated schedules for weekdays and  
921 weekends (see, for example, the building energy codes used in England [192], United States [193] and  
922 Canada [194]). For instance, ASHRAE Standard 90.1 mandates that eligible BPS tools used for compliance  
923 “shall explicitly model hourly variations in occupancy, lighting and equipment power, as well as thermostat

924 setpoints” [193]. In general, building codes, at best, only implicitly acknowledge the interactions between  
925 occupants and buildings and do not value building affordance in terms of indoor environmental control  
926 possibilities. Such a limitation is believed to contribute to the common use of deterministic input parameters  
927 in BPS tools when representing occupants’ presence and actions in buildings [135].

928 On the other hand, the aforementioned simplistic occupant representation can be considered  
929 beneficial for verification of modeling assumptions and validation of simulation results. It also, in principle,  
930 suffices for those building performance enhancement efforts that are not tightly intertwined with OB.  
931 However, as many aspects of building performance and OB are closely linked, overlooking the interactions  
932 between building performance and OB can undermine the use of building codes in occupant-centric design  
933 efforts. In this regard, while the new generation of data-driven OB models aims to capture the interactive  
934 nature of OB, the building codes and standards (e.g., LEED) are yet to benefit from the state-of-the-art  
935 research in this area. Of course, reliable modeling of the OB and measuring the controllability of indoor  
936 environment pose challenges for compliance checking applications. Nonetheless, the authors believe that  
937 building codes can further contribute to occupant-centric building performance optimization efforts by  
938 addressing the interactive relation between occupants and buildings in a more explicit manner. Moreover,  
939 standards and building rating systems that are specifically focused on occupant health and well-being (e.g.,  
940 WELL) have the potential to drive the market towards simulation-aided occupant-centric design. While  
941 requirements in WELL are mostly verifiable without the use of simulation, a performance path in such  
942 standards could lead the industry in this direction. Another interesting line of inquiry is whether normalizing  
943 building performance by occupancy rather than floor area can address the uncertainty caused by space  
944 utilization and occupancy. To this end, efforts such as IEA EBC Annex 79 [195] and the present paper aim  
945 to pave the way for the preparation of guidelines and standards to form the future building codes and rating  
946 systems with a more holistic approach to occupant needs and behavior in buildings.

## 947 **5.2. Project delivery methods**

948 One significant opportunity to support occupant-centric design applications revolves around innovations in  
949 project delivery methods. A project delivery method is a process by which various stakeholders (e.g.,  
950 building owners, occupants, architects, engineers, constructors) work together to deliver a building; it is  
951 generally distinguished by two key characteristics: (i) the contractual relationships between project  
952 stakeholders; and (ii) their timing of engagement in the project [196].

953 The traditional Design-Bid-Build (DBB) delivery is one where the different project phases (e.g.,  
954 design, construction, occupancy) are sequential and do not offer room for involving and aligning the various  
955 stakeholders. In DBB, the design is typically fully completed without engaging with the constructors who  
956 do not get a chance to offer insights on how the design could have been tweaked to save considerable  
957 amounts of time and resources in the construction phase of the project. Similarly, future building occupants,  
958 arguably the most important stakeholder group, are not part of the weekly or monthly decision-making  
959 process, where there is an opportunity to adapt the building design and construction to the future needs of  
960 its occupants [197].

961 In contrast, more progressive and integrated methods are on the rise, also referred to as Alternative  
962 Project Delivery Methods (APDM). APDM are designed to engage these critical building stakeholders as  
963 part of the design and construction process [198]. They offer the possibility of engaging the occupants and  
964 constructors much earlier in the process (e.g., before the design is complete) for occupants to test hands-on  
965 mock-ups of rooms, constructors to provide constructability advice, as well as to explore design strategies  
966 and their anticipated impact on construction performance metrics (e.g., cost and schedule) and occupant-

967 centric metrics (e.g., comfort levels, efficiency of space utilization and organizational performance)  
968 [199,200].

969 The impact of this involvement has been considerable, leading to successive research efforts to  
970 study it further. In fact, this difference in performance has been measured over the past two decades,  
971 showing a significant improvement in project outcomes when the constructor is engaged in informing the  
972 design [201–204]. The average numbers from Sullivan et al. [205] meta-analysis are on the order of 2% to  
973 4% improved cost control and 35% faster delivery. El Asmar et al. [25,206] show that the average building  
974 quality increases significantly, and stakeholder communication (through requests for information and  
975 change order processing times) can be up to four times faster; the authors then mapped the level of  
976 integration of major delivery methods versus overall project performance, showing that more integration in  
977 the process leads to increasingly higher project performance. There is new preliminary evidence that  
978 suggests the actual performance of the facility itself, over its lifecycle, may improve too [207,208].

979 The same tested concept of increasing communication and involvement between design and  
980 construction stakeholders can be pushed further upstream allowing the prospective occupants to participate  
981 in informing the design of the facility and provide the perspective of building users. Design charrettes with  
982 prospective occupants and successive iterations of the design and simulations that engage occupants are a  
983 good start in this direction. Contractual and process mapping elements to engage occupants through APDM  
984 have not yet been sufficiently explored yet, but the mountains of evidence linking stakeholder collaboration  
985 and integration to improved performance are hard to ignore. There is an exciting opportunity to use these  
986 proven frameworks to support occupant-centric design applications.

### 987 **5.3. Observations and gaps**

988 The aim of this section was to explore and discuss potential enablers for occupant-centric building designs,  
989 namely building codes and standards, in addition to project delivery methods. The main observation is that  
990 both approaches are promising and can contribute to addressing the challenges raised in the previous  
991 sections. However, currently, they are not successful in doing so.

992 Firstly, traditional buildings codes and rating systems (e.g., ASHRAE and LEED) account for  
993 occupants' needs mostly through indoor environmental specifications. They typically overlook occupant-  
994 building interactions and fail to leverage the advances in OB modeling and integration with BPS to provide  
995 a more realistic representation of occupants. Similarly, health- and well-being-focused standards, such as  
996 WELL, are not well integrated with the tools commonly used to guide the design process.

997 Secondly, project delivery methods, particularly APDMs, have shown to increase communication  
998 among stakeholders and better integrate the different phases of the construction process. However, it is  
999 important to note that no studies were found directly linking the capabilities of APDMs to occupant-centric  
1000 design practices. Future research efforts can explore and quantify the potential contributions of APDMs  
1001 towards more occupant-centric and integrated designs.

## 1002 **6. Synthesis**

1003 The in-depth reviews presented in the previous sections identified critical gaps in the literature on occupant-  
1004 centric building design: (i) most occupant-centric simulation studies focus on energy efficiency and  
1005 conservation as the main target or objective of the building modeling process. There is limited coverage  
1006 and discussion of other occupant-centric performance metrics such as comfort (thermal, visual, and  
1007 acoustic), IAQ, well-being, productivity, and space planning. Moreover, metrics are commonly measured

1008 and normalized at the building level, overlooking occupant-level characteristics and interactions with the  
1009 built environment; (ii) the application of OB modeling and simulation tools in BPS is limited in the building  
1010 design process. This can be attributed to multiple factors such as the lack of clear objective (i.e., why  
1011 business-as-usual is not adequate), the lack of expertise of engineers, designers or energy modelers to  
1012 effectively use the tools, the lack of readily available occupant models and data and easy to use BPS tools,  
1013 or the lack of methods to communicate results or design considering the stochastic nature of OB; and (iii),  
1014 while interdependent, there is a clear gap in the literature on occupant-centric metrics (Section 2), modeling  
1015 tools (Section 3), applications (Section 4), and potential enabling mechanisms for occupant-centric building  
1016 applications (Section 4).

1017 A synthesizing framework is proposed in Figure 6 to connect the different themes covered in this  
1018 paper and offer a more central role for occupants in the design process compared to the traditional approach,  
1019 which deals with occupants in simplistic ways (e.g., conservative schedule values, passive tolerance to  
1020 discomfort). At the core of the proposed framework below is the goal of achieving occupant-centric design,  
1021 which is measured by the various occupant-centric metrics of performance covered in Section 2. There is a  
1022 particular need to explore multi-domain drivers of occupants' perceptions and behaviors in buildings, which  
1023 are still less studied in comparison to single-domain drivers [209]. As stated by ASHRAE [210], "current  
1024 knowledge on interactions between and among factors that most affect occupants of indoor environments  
1025 is limited". Recent efforts (e.g., [209,211,212]) are important steps in that direction and should be further  
1026 developed into design guiding principles and processes. BPS, supported by OB modeling upon need, can  
1027 provide the milieu to model these metrics. In parallel, various methods (e.g., uncertainty analysis and  
1028 optimization) can be used to translate the generated knowledge into practical design decisions. Such  
1029 decisions should also account for external factors, such as weather conditions, and internal factors, such as  
1030 the needs of different stakeholders. The latter is particularly important as occupants, owners, facility  
1031 managers, researchers, and practitioners might perceive and define "occupant-centric design" differently.

1032 An important consequence of the agency problem stated above is that advances in research tools  
1033 and methods developed in academic circles do not often translate to applications in the building industry.  
1034 This was confirmed in the current review by the plethora of occupant-centric metrics, tools, and methods  
1035 found in the academic literature on the one hand, and the minimal application to the design of actual  
1036 buildings, on the other. Such disconnect is also present in academia, even in relatively close fields (e.g.,  
1037 studying various occupant comfort metrics). This was confirmed by the limited studies found in Section 4  
1038 that apply multivariable occupant-centric metrics of building performance to guide design. Further  
1039 alignment is needed within academia, as well as between academics and practitioners. The latter can be  
1040 enabled by case studies using real building projects to demonstrate how OB research and tools can  
1041 effectively improve the design process, hence showing the added value to the practitioners. In parallel,  
1042 building codes and regulations [213] can help translate the state-of-the-art of OB research to design  
1043 guidelines and best practices.

1044 Finally, the framework emphasizes the need to move from a linear top-down design process, where  
1045 occupants are simply considered as end-consumers or passive recipients of building design, to a circular  
1046 one, where occupants' needs and preferences are key guiding factors of the design. This approach is  
1047 illustrated in Figure 6, with the dotted lines highlighting the iterative processes that are needed for effective  
1048 occupant-centric modeling and design practices

1049

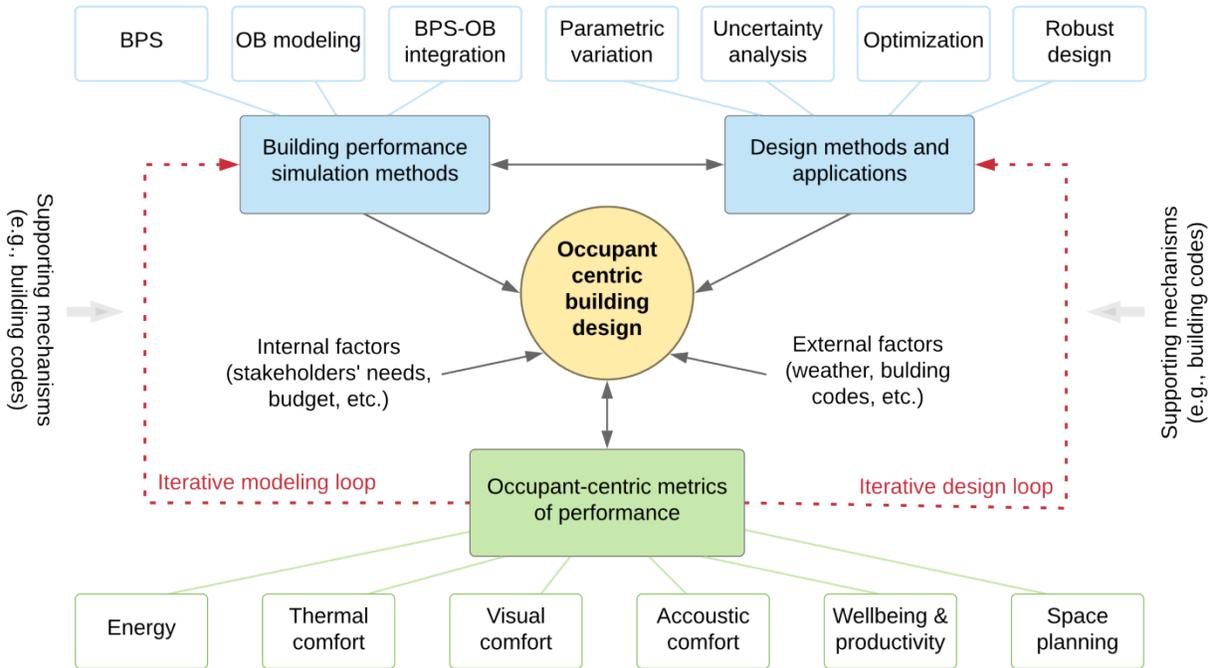


Figure 6: Proposed framework for occupant-centric building design research and applications.

## 7. Conclusion and Future Perspectives

In principle, most buildings are designed and operated to provide a comfortable and healthy environment for occupants; however, reality – particularly in simulation-aided design processes – is quite different. Understanding occupants’ diverse needs are essential to optimize building energy use as well as to ensure occupants’ comfort, well-being, and productivity. Occupants’ activities and behaviors influence building operation and, thus, energy use; on the other hand, building design and operation patterns lead to adaptive behaviors of occupants. This two-way human-building interaction is crucial to achieving sustainable, zero-energy, or carbon-neutral buildings, which are targeted by more and more countries in the world.

In this paper, a comprehensive and critical review was conducted on existing studies that apply computational methods and tools to provide quantitative insights to inform occupant-centric building design. The reviews were organized into four cohesive themes covering occupant-centric metrics of building performance, modeling and simulation approaches, design methods and applications, as well as supporting practices and mechanisms. Key barriers were then identified for a more effective application of occupant-centric building design practices, including the limited consideration of metrics beyond energy efficiency (e.g., occupant well-being and space planning), the limited implementation and validation of the proposed methods, and the lack of integration of OB models in existing BPS tools.

Future research and applications are needed to address the gaps identified in this paper and support an integrated occupant-centric design approach, as proposed in Figure 6. These include: (i) developing a diverse collection of OB datasets based on large-scale monitoring or international surveys. Such effort can help improve the occupant data and assumptions that are used for building code compliance calculations, as well as define and quantify a suite of occupant-centric metrics (including occupants’ thermal comfort, visual, acoustic, IAQ and well-being) to characterize building performance while considering their variability. The output of such activities can serve as an input to advanced OB models that can better capture

1075 the stochastic and dynamic nature of OB while accounting for the diversity and uniqueness of the individual  
1076 users who are studied; (ii) integrating OB models in the building energy modeling process to support its  
1077 multiple uses during building design (e.g., comfort and usability, space layout for productivity, peak load  
1078 calculations, HVAC system type determination and sizing, code compliance, evaluation of design  
1079 alternatives, and building performance rating). The studies reviewed in Section 4 can serve as a good start  
1080 to the simulation-aided occupant-centric design, but additional efforts are needed both in terms of breadth  
1081 of analysis (i.e., covering metrics beyond energy use and comfort) and depth (i.e., moving from proof-of-  
1082 concept to implementation and validation); (iii) establishing an industry practice of engaging occupants and  
1083 communicating occupant-centric building design among building owners, architects, engineers, energy  
1084 modelers/consultants, and operators. Building codes and alternative project delivery methods can serve as  
1085 media for such exchange, bringing users at the center of the different stages of a building's life-cycle: from  
1086 early design to operation.

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