

Table 1: Socio-demographic and clinical characteristics of MANTRA patients with and without a goodbye letter

	With Goodbye letter (n = 41)	Without Goodbye Letter (n = 32)	Statistical Significance
Age	27.37 (8.88)	26.59 (7.16)	0.929 ²
Age of onset	17.73 (7.34)	16.46 (5.01)	0.778 ²
Duration of illness	9.70 (8.47)	9.09 (7.16)	0.901 ²
Individual treatment sessions attended	21.95 (3.81)	14.34 (7.45)	0.000 ¹
BMI	16.41 (1.58)	16.63 (.78)	0.818 ²
Global EDE score	3.18 (1.35)	3.07 (1.22)	0.708 ¹
DASS-21	29.93 (11.20)	29.35 (11.95)	0.837 ¹
CFS	49.29 (8.27)	47.85 (8.70)	0.466 ¹
CIA	32.20 (9.25)	31.94 (8.62)	0.833 ²
OCI-R	23.41 (12.77)	21.78 (12.90)	0.637 ²
BES	50.27 (12.61)	47.63 (11.81)	0.365 ²

¹ = T test, ² = Mann Whitney U