Supporting increased and wider participation in STEM

Introduction

Participation in STEM (Science, Technology, Engineering and Mathematics) is widely recognised as being highly important for national economic competitiveness, greater upward social mobility and active citizenship. There is a strongly held belief that our future economy and workforce will need more, and more diverse, young people to continue with STEM post-16.

However, despite extensive investment by governments in the cause of attracting more young people to STEM subjects and careers, patterns in participation have remained stubbornly resistant to change.

The ASPIRES2 research, conducted at the UCL Institute of Education, sought to generate new understandings of how and why young people come to see science as being ‘for me’, or not, with the goal of supporting more effective approaches to increasing and widening participation in STEM.

ASPIRES2, conducted 2014-2019, was a large, national mixed methods project that investigated young people’s science and career aspirations from the age of 14 through to 19. It surveyed 40,000 young people and conducted 650 in-depth interviews. The study, led by Professor Louise Archer, extended previous research, the ASPIRES project, conducted with the same cohort of young people at age 10 to 14.

The study provides an authoritative source of evidence on how young people view science (and STEM) and how these views change over
time. In the process, it offers valuable insights into the variety of factors that combine to shape a young person’s likelihood of pursuing science and why existing efforts to build interest have had such limited impact. Its recommendations, set out overleaf, re-frame the problem and the remedies.

Key Findings

- Around 16% of young people in the ASPIRES samples wanted to be a scientist; this remained stable through the ages 10-19, although the demographic profile of those who expressed this aspiration became less diverse over time.

- Science aspirations and science identity age 10-19 show patterns of inequalities in terms of class, gender and ethnicity, with students from poorer backgrounds and girls showing less identification and engagement with science. While Black students tended to aspire to science careers, inequalities prevent their likelihood of continuing.

- Structural inequalities, science aspirations and identity are shaped by whether a young person has had opportunities to experience, do well in, feel connected with, be recognised in, and continue with STEM.

- This is influenced by (i) levels of ‘science capital’ – the science-related knowledge, attitudes, experiences and resources that an individual has built up; (ii) representations of science; and (iii) educational practices.

- Science capital is particularly important: 80 per cent of the ASPIRES qualitative sample who had ‘never’ showed an interest in science had low levels of science capital, while 83 per cent of those who continued with science post-18 had high science capital.

- Reflecting these factors and their interrelation with inequalities of class, gender and ethnicity, the research found that:

  - Working-class and minority ethnic students reported the most teacher turnover and teaching quality issues (e.g. ‘non-specialist’ science teachers).

  - The most socio-economically disadvantaged students were two and a half times less likely to study all three science subjects at GCSE compared to the most advantaged.

  - Working-class, minority ethnic students, girls and lower attaining students were significantly less likely to receive and benefit from high quality careers support.

  - Over time, many young women who continued with physics progressively ‘downplayed’ their femininity in order to better fit the masculine image and culture of the subject.

- Importantly, the research found that persistent, low science aspirations were not due to lack of interest in science (see fig 1).

Policy recommendations

In highlighting how inequalities, rather than lack of interest in STEM subjects per se, are driving disengagement from science, the research findings signal the need to re-focus engagement efforts on ameliorating those inequalities.
This requires a change of mind-set and of action, as set out below.

### Changing how we think

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<th>Change the STEM field not young people</th>
<th>Foreground equity</th>
<th>Adopt a social justice mind set</th>
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**Fig 2** Overview of recommendations for policy and practice: changing how we think and what we do.

#### Changing how we think

**Changing what we do**

To act on these changes means:

- **Building young people’s science capital.** Science capital is generated through the day-to-day engagement an individual has with science, whether through, for example, the media, or relatives who work in a STEM occupation. Schools in particular should think about how they can develop these engagement opportunities for all their students, particularly in the classroom but also through extra-curricular opportunities.

- **Challenging dominant constructions and representations of STEM.** How science is represented (e.g. through education, the media, and in everyday life) influences whether young people consider themselves ‘suited’ to science. The pervasive association with ‘cleverness’ and (white) ‘masculinity’, and the persistent notion that being good at science is based on ‘natural talent’ (or having a ‘science brain’), are highly detrimental. Replacing them with a more expansive and inclusive image for STEM fields would make a difference.

- **Addressing educational practices.** Teachers’ attitudes and behaviours, young people’s experiences of school science, and the nature of the curriculum all play a part in reinforcing or undermining science aspirations and identities. Teachers can help build student engagement by adopting the [Science Capital Teaching Approach](#) – a social justice teaching approach that works with any curriculum and has been found to significantly increase students’ science capital, science aspirations, and attitudes to science. Governments and schools should also urgently address gatekeeping practices that prevent students from continuing with science, such as the stratification of science routes at Key Stage 4 into ‘Double’ and ‘Triple’ science in England (replacing this with a revised common route for all), as well as the often stringent grade entry requirements for post-16 academic science routes.

**The Impact so far**

These challenges as set out by the ASPIRES/ASPIRES2 research are helping to bring about a shift in mind-set within the STEM community.

Based on the findings outlined above, and the team’s further study, Enterprising Science, the ASPIRES2 team went on to develop the Science Capital Teaching Approach (SCTA). The accompanying SCTA Handbook (2), developed with 43 secondary science teachers, provides practical examples and tools for adapting lesson plans and activities to cultivate students’ science capital. It is a free resource available in English and Welsh.
Since its launch in 2017, the handbook has been implemented in over 18 countries, most notably the UK, the US, Spain, Scandinavia and Australia. To date, over 4,000 teachers have so far engaged with the handbook. The Institute of Physics has trained their regional coordinators in the approach in order to cascade it to primary and secondary physics teachers nationally, and a new UCL/KCL project is developing the approach for the primary sector.

Evidence from two trials of the use of the handbook showed significant increases in student science capital, as well as greater interest in studying science at A-level and more positive attitudes to science. The ASPIRES research has also influenced government strategies in New Zealand, Norway and Malta. Science capital is now a criterion within the Primary Science Quality Mark, which reaches 240,000 children and 9,000 teachers annually, across and now beyond the UK. The Scottish government’s new STEM Education strategy, which includes funding a network of ‘STEM Regional Officers’ and ‘Gender Balance Officers’ was also informed by the SCTA. Capacity is also being built within the informal science learning sector through the Science Museum/Association of Science and Discovery Centres two-year ‘Science Capital in practice’ programme, which supports 12 national science centres to embed the approach in their practice.

In recognition of this work, the ASPIRES2 team was awarded the British Educational Research Association 2018 prize for Impact and Public Engagement, and the 2019 Economic and Social Research Council Panel’s Choice award for impact.

Our work in this area continues through the new ASPIRES3 project (which will continue tracking of the ASPIRES cohort from age 20-23), development of the science capital teaching approach in primary, and two projects addressing equity in informal STEM learning settings. To learn more, find out how you might get involved, and/or to find out how you might embed a science capital approach within your own policy and practice, please get in touch at ioe.aspires2@ucl.ac.uk

References


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