Visual delay affects force scaling and weight perception during object lifting in virtual reality

van Polanen V, Tibold R, Nuruki A, Davare M. Visual delay affects force scaling and weight perception during object lifting in virtual reality. J Neurophysiol 121: 1398–1409, 2019. First published January 23, 2019; doi:10.1152/jn.00396.2018.—Lifting an object requires precise scaling of fingertip forces based on a prediction of object weight. At object contact, a series of tactile and visual events arise that need to be rapidly processed online to fine-tune the planned motor commands for lifting the object. The brain mechanisms underlying multisensory integration serially at transient sensorimotor events, a general feature of actions requiring hand-object interactions, are not yet understood. In this study we tested the relative weighting between haptic and visual signals when they are integrated online into the motor command. We used a new virtual reality setup to desynchronize visual feedback from haptics, which allowed us to probe the relative contribution of haptics and vision in driving participants’ movements when they grasped virtual objects simulated by two force-feedback robots. We found that visual delay changed the profile of fingertip force generation and led participants to perceive objects as heavier than when lifts were performed without visual delay. We further modeled the effect of vision on motor output by manipulating the extent to which delayed visual events could bias the force profile, which allowed us to determine the specific weighting the brain assigns to haptics and vision. Our results show for the first time how visuo-haptic integration is processed at discrete sensorimotor events and provides insight into how visual events are available to adjust force scaling and weight perception.

INTRODUCTION

Skilled object lifting involves the planning of a motor command specifying fingertip forces based on a prediction of the object weight. In case of a mismatch between the predicted and actual sensory feedback, forces are rapidly adjusted to control the action (Johansson and Westling 1988). During lifting of an object, multiple sources of sensory inputs are available to adjust fingertip forces to the specific object properties. For instance, haptic information about object weight and material is retrieved from both proprioceptive sensors as well as mechanoreceptors in the fingertips, just after object contact. Decreased grip force control is seen in the absence of cutaneous information (e.g., by anesthesia, Johansson and Westling 1984; Monzée et al. 2003) or force feedback (Gibo et al. 2014). In addition, visual events are also available in terms of object movement during lifting and visible contact of the fingertips with the object that indicate a stable grasp. Absence of visual information leads to impaired adaptation of force scaling in repeated object lifting (Buckingham and Goodale 2010). Furthermore, observing others handling objects can influence subsequent force scaling, as well (Buckingham et al. 2014; Uçar and Wenderoth 2012).

Multisensory integration has been widely studied in the context of perception, that is, how the brain generates a perceptual estimate of a given object property depending on available sources of sensory information. This definition distinguishes between actual sensory signals, which is the input processed in the brain, and perception, which is the final estimation of an object property that can be reported by a subject. In general, combined sensory input provides a better percept than when only one sensory modality is available by optimal integration of the unimodal information sources (Ernst and Banks 2002; Helbig and Ernst 2007). The optimal integration is also evident in findings that the weighting assigned to modalities depends on the accuracy of the information carried by a given sensory channel (Ernst and Banks 2002; Helbig and Ernst 2007; Knill and Saunders 2003).

Neural mechanisms underlying multisensory integration for controlling actions might be different from those underlying perception. On the one hand, when generating a perceptual estimate of a given object property, the brain usually receives constant sensory inputs in parallel from different sources and for a substantial amount of time. On the other hand, for action control, sensory information is rather processed serially at discrete sensorimotor control points even though multisensory signals are available continuously (Johansson and Flanagan...
2009). For example, during object lifting, key visual time points are initial contact of the fingers with the object and object movement (lift-off). In addition, these events are sensed in parallel by fast-adapting tactile mechanoreceptors in the skin (Johansson and Flanagan 2009). These sensorimotor control points are critical because the brain must quickly adjust the ongoing motor command if the actual sensory feedback from either tactile or visual signals at these time points deviates from expected values. Therefore, the rapid succession of these sensorimotor events and the rapid motor response they require make it very likely that sensory feedback from vision and touch is processed differently for action control than for perception. For instance, the relative weighting of visual and haptic inputs might be different for controlling actions than for generating perceptual estimates.

In this study, we wanted to investigate the relative contribution of visual and haptic information to controlling object lifting. Because visual and haptic signals are intrinsically not dissociable in real life, i.e., they provide the same information (contact, lift-off) at these different control points, such a question is merely impossible to investigate with real objects. Therefore, we used a virtual reality environment to introduce a visual delay with respect to haptic signals while subjects lifted virtual objects. By desynchronizing visual from haptic signals, our goal was to estimate the relative weighting of vision and haptics by quantifying how much visual delay could affect force generation. That is, the larger the effect of visual delay, the larger the gain of vision relative to haptics.

Moreover, we recently showed that the lifting phase is important for mediating weight perception (van Polanen and Davare 2015). Naturally, lifting an object provides information about its weight. Therefore, a second aim of this study was to determine whether visual delay would also affect perceptual weight judgments of objects that are actively lifted. It is worth mentioning that no study has investigated the effect of visual-haptic asynchronies on both force control and perception of weight. Hence, it is undetermined whether the contribution of vision to these processes is related or not, which would provide valuable information about how perception and action processes interact.

It is noteworthy that previous studies investigating visual delay effects on object manipulation only considered the object holding phase. For instance, during holding or transporting of objects, an altered grip and load force coupling (Sarlegna et al. 2010) and increased weight perception (Honda et al. 2013; Kambara et al. 2013) were found, suggesting a role of vision in force control and weight perception. Critically, these studies did not examine object lifting and therefore do not address the mechanisms underlying multisensory integration for implementing rapid sensorimotor corrections based on a mismatch between expected and actual sensory feedback. This mismatch can be detected at each sensorimotor control time point via visual and haptic feedback, and between object contact and lift-off. Therefore, current knowledge about the relative contribution of visual and tactile events for controlling force generation via rapid feedback loops is still lacking.

We addressed these issues in two experiments, in which objects were lifted with and without visual delays and participants judged the heaviness of the lifted objects. We found that a visual delay alters force scaling and also increases perceived object weight. These two effects were not strongly related. To determine the relative weighting of visual and haptic information, we compared different models, each explaining different mechanisms for combining multimodal inputs for motor control. We found that visual and haptic information contribute rather independently to force generation.

METHODS

Participants

Thirty participants (15 women, 2 left-handed) took part in the study, of which 14 participated in experiment 1 (30.14 ± 4.05 yr) and 16 in experiment 2 (24 ± 4.5 yr). Participants provided informed consent before the experiment and had no known visual deficits (including lack of stereovision). After debriefing, only one subject (experiment 1) reported she could notice the delay without the ability to quantify its duration. The experiment was approved by the local ethical committees of University College London (experiment 1) and KU Leuven (experiment 2).

Apparatus and Task

We used a virtual reality setup with two phantom haptic devices (Sensable), as illustrated in Fig. 1. A projected visual three-dimensional (3D) scene in combination with the haptic devices provided a realistic grasping and lifting experience. Participants were seated in front of a table, with their thumb and index fingertips inserted into the thimbles of each phantom. These devices were placed underneath a mirror, and thus the participant’s hand and haptic devices were not visible. The mirror projected a 3D screen (experiment 1, LG; experiment 2, Zalman) to provide a visual virtual environment that was aligned with the actual finger positions of the participant. The virtual environment consisted of a background with black and white squares...
forces need to be generated. Vertical (load) forces were the summa-
ted to avoid overload of the haptic device when high opposing
applied to the cube (grip forces) were modeled as a spring, where the
determined. Therefore, generated grip and load forces automat-
rate the object surface such that only part of the sphere became
visible. This mimics fingertip deformation when an object is squeezed
in real-life conditions and enhanced the impression of squeezing a
veridical object in our virtual reality setup.
The haptic devices provided force feedback to the participant and
measured position and force information in three directions, sampled
at 500 Hz. In response to position and velocity changes of the haptic
device positions, the position and acceleration of the object were calculated
and the resulting forces that were applied to the participant’s fingers
were determined. Therefore, generated grip and load forces automa-
tically followed the movement of the participant. Normal forces
applied to the cube (grip forces) were modeled as a spring, where the
stiffness of the box was set at 0.4 N/mm. This low stiffness value was
chosen to avoid overload of the haptic device when high opposing
forces need to be generated. Vertical (load) forces were the summa-
tion of the gravitational (g = 9.81 m/s²), angular momentum, and
damping forces (damping constant is 2 kg/s). For force calculations,
the openHaptics toolkit was used, which sends commands and re-
ceives information from the devices at a rate of 1 kHz. Force
commands were sent to the devices within a single sample to syn-
chronize the devices with minimal delay (i.e., maximum 1 ms). The visual
delay due to the screen refresh rate (60 Hz) was 17 ms. These
intrinsic delays, due to the virtual reality setup, were present in all
conditions and treated as a baseline value (i.e., 0-ms experimentally
induced delay).
Participants were positioned in front of the setup and familiarized
with the procedure. They performed practice trials to get used to the
virtual reality environment. In the experimental trials, a virtual cube was
positioned in the center of the environment and participants were in-
structed to hold their fingertips at the virtual start positions (i.e., one
fingertip at each position) that were shown in front of the participant,
between the participant and the cube. After a beep (1.5 s after the cube
appeared), they could reach for the cube, grasp it, and lift it up to the
target level (Fig. 1). Participants were instructed to hold the cube up
to this level until a second beep (3.0 s after the first beep). Afterward,
they had to replace the cube back on the virtual table. The cube
disappeared, and participants waited until the experimenter initiated
the next trial. The visual appearance and size of the cube were always
the same so as not to give any cues about its mass.

Experiment 1: Lifting Objects of Different Masses With or Without
Delay
In experiment 1, participants lifted cubes of different masses that
could be presented with or without a delay. In the case of a delay, the
delay was present during the whole time the cube was visible, i.e.,
during the complete trial. Participants estimated the heaviness of the
cube after each lift by providing a number best representing the
perceived heaviness on a self-chosen scale (magnitude estimation;
Zwislocki and Goodman 1980). Four cube masses were used (100,
200, 300, and 400 g) and two delays (100 and 200 ms). We chose
delays of 100 and 200 ms to ensure that they were not noticed by
participants and fell within typical loading phase durations, i.e.,
between object contact and lift-off. The order of trials was random-
ized, with 10 trials for each combination of cube mass and delay (total
of 80). In addition, all masses were also presented without a visual
delay. To make the delay less noticeable, two times as many trials
without delay (40 for each mass, total of 160) than with delay were
presented. A total of 240 trials were performed.

Experiment 2: Comparing Two Cubes Lifted With and Without
Delay
To better quantify the effect of visual delay on weight perception, we
performed a staircase procedure to determine the weight perception bias
caused by a visual delay. In this experiment, participants lifted two
visually identical cubes and indicated which of the two cubes felt heavier.
The cubes were presented sequentially, similar to two consecutive trials
in experiment 1, and each cube was only lifted once. When a cube was
lifted with a visual delay, the delay was present the entire time the cube
was visible. After lifting the second cube, participants reported whether
the first or second cube felt heavier. Because there was limited time
between the presentations of the two cubes so that the first object did not
need to be kept in memory for a long time, participants were not
instructed to return to the start positions but could choose their own
preferred starting position in this experiment.

Critically, in one of the two compared lifts, visual information
was delayed with respect to haptics by either 100 or 200 ms,
whereas in the other lift, no delay was present. In this way, lifts
with and without delay were directly compared. An adaptive
staircase procedure (one up, one down) was followed where a
standard mass of 200 g was compared with a variable test mass (ranging
between 110 and 290 g). Two staircases were interleaved
with test masses starting at 110 or 290 g. After each comparison,
the next test cube was increased with 15 g when it was perceived
as being lighter or decreased if it was perceived as being heavier.
Staircases were terminated after 15 comparisons (30 lifts in each
session), which was enough to reach a stable performance (except
for one participant in one session, see below).

Eight participants took part in the 100-ms delay condition, and the
other eight performed the 200-ms delay condition. In each delay
group, two sessions were performed. In one session the standard mass
was delayed, and in the other session the test mass was delayed. This
allowed us to determine which nondelayed test mass was perceived to
be equally heavy as the delayed standard mass or, in the other session,
which delayed test mass felt the same as the nondelayed standard
mass. Session order was counterbalanced among participants, and the
order of standard and test mass presentation (and delayed or nonde-
layed cubes) was randomized.

Analysis of Perceptual Estimates and Biases
In experiment 1, participants’ answers were converted to z-scores
and averaged over cube mass and visual delay. In experiment 2, we
calculated the perceptual bias, to determine whether a cube lifted with
a visual delay was perceived differently compared with a nondelayed
cube. The percentage of answers when the test mass was reported
as heavier than the standard mass was compared with a variable test mass
while comparing two lifts. An adaptive staircase procedure (one up, one
down) was used where a standard mass of 200 g was compared with a
variable test mass ranging between 110 and 290 g. After each comparison,
the next test mass was increased with 15 g when it was perceived
as being lighter or decreased if it was perceived as being heavier.
Staircases were terminated after 15 comparisons (30 lifts in each
session), which was enough to reach a stable performance (except
for one participant in one session, see below).

where μ and σ are the fitted parameters representing the mean and SD
of the curve, respectively. Because some test masses were presented
more often than others, a weighted fit was used. The value of μ
represents the perceptual bias for a specific session. The total bias was
calculated by subtracting the bias for the test-delay session from that
of the standard-delay session and dividing this by 2, and was pre-
RT as a percentage of the difference compared with the standard
weight of 200 g. This percentage indicates how much heavier (posi-
tive value) or lighter (negative value) a cube lifted with a delay is
perceived compared with a cube lifted without a delay.

For two participants in the 200-ms delay experiment, in one of the
sessions the bias was bigger than the difference between the standard
and the maximum test mass. In those cases, the bias was set to the

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maximum possible value in our set (i.e., 45%). In one participant in
one session, the staircases did not converge completely before the 15
comparisons were reached. This participant was very variable in
reporting which cube was heavier, possibly due to low weight sensi-
tivity or strategy differences for heaviness determination. However,
because only one test mass could not be compared with the standard
for this participant, we decided to still include data from this partic-
idan in the analysis and just exclude this missing test value from the
fit.

Analysis of Force Scaling Parameters

To investigate the effect of visual delay on force scaling, several
force parameters were calculated. Forces were filtered with a second-
order bidirectional low-pass Butterworth filter, with a cutoff fre-
quency of 15 Hz. Missing samples (<0.1%) were linearly interpo-
lated. Trials with multiple lifts, dropped cubes during lifting, or
technical errors were excluded from analysis (3%). Parameters were
defined for each cube mass (100–400 g) in experiment 1. To exclude
effects of cube mass on force scaling in experiment 2, only lifts for the
200-g cubes (standard mass) were analyzed. The differences between
forces in delay and no-delay conditions were further quantified by
calculating parameters indicative of force scaling. The four paramet-
ers of interest were the maximum load force rate (LFRmax), maxi-
mum grip force rate (GFRmax), loading phase duration (LPD), and
the grip force at the time of lift-off (GFatLO). Load force (LF) was
defined as the sum of the two vertical components (tangential to the
object surface) of the forces applied by the thumb and index fingertips.
Grip force (GF) was the mean of the horizontal (perpendicular to the
object surface) force components. LF onset and GF onset were set at
the time the force reached a threshold of 0.1 N. Lift-off was deter-
mined as the time when LF became equal to the weight of the
lifted cube. Load force rates (LFR) and grip force rates (GFR) were
the differentiated LF and GF, respectively. LFRmax and
GFRmax were calculated as the maximum force rate between 50 ms
before onset and 50 ms after lift-off. A slightly larger time range was
used for two reasons: 1) because onset was determined on the basis of
forces, not force rates, peaks could already appear early (before onset
<0.1% trials), and 2) especially if lift-off occurs earlier than expected,
force peaks can also occur just after lift-off (1.9% trials). LPD was the
time between LF onset and lift-off.

Because the force parameters only give information about a specific
time point during the lifting movement, we also performed an exploratory
analysis on the force profiles. To evaluate the difference in the force
profiles in delay and no-delay lifts, we calculated the average force
and force rate curves for each participant and condition. Force and force rate
curves were aligned at GF onset and analyzed starting from this time
point onward for a period of 1 s, by bins of 100 ms (10 bins). The area
under the curve was calculated for each cube mass, delay, and bin.

We explored the relation between force parameters and perceptual
biases by calculating correlation coefficients across participants. In
this way, we could compare the results of processing of visual and
haptic signals for weight perception and force control. Relative
differences between delay and no-delay conditions were determined
for 100- and 200-ms delay separately. These relative changes in force
parameters were correlated with the relative z-score changes (exper-
iment 1) or perceptual biases (experiment 2). Correlations were
performed for each delay, cube mass, and force parameter, giving 32
and 8 correlations in experiments 1 and 2, respectively. Positive
correlations indicate that force parameter values as well as heaviness
perception increase in response to a visual delay.

Kinematic measures were analyzed to determine whether a visual
delay affected the reaching phase before contact. This analysis was
only performed in experiment 1, because participants did not always
start from the fingertip start positions in experiment 2, almost com-
pletely removing the reaching phase. Trials in which participants were
not at the start position at the beginning of the trial were removed for
this analysis (2%). Kinematic parameters were determined from the
start of the movement (defined as the moment one of the fingers
reached a velocity of 10 mm/s in the direction toward the cube) until
object contact, as indicated by GF onset. The investigated parameters
were peak velocity, traveled path, and path curvature (maximum
deviation from a straight line) and were averaged over the two fingers
and collapsed over cube mass. In addition, the position at contact in
the reach direction was determined for the fingers separately. The path
curvature and position at contact were analyzed to further investigate
the differences we found in the traveled path (see RESULTS).

Statistics

Statistical analyses were performed with SPSS version 24 (IBM). In
experiment 1, variables were analyzed with a 3 (delay) × 4 (mass)
repeated-measures analysis of variance (ANOVA). Variables of interest
were the z-scored weight percept values, LFRmax, GFRmax, LPD, and
GFatLO. Because kinematic variables (peak velocity, traveled path, path
curvature, and finger position) were collapsed over cube mass, they were
analyzed with an ANOVA with a single factor (delay, 3 levels). Post hoc
tests were performed with paired-samples t-tests with a Bonferroni
 correction. If the sphericity assumption was violated (Mauchly’s test), a
Greenhouse-Geisser correction was applied.

For the analysis of the force profiles, we were interested in how the
delay conditions differed at different time points. Because effects of
mass and bin would be trivial, we performed planned comparisons on
the effects of delay. We compared the three conditions of delay: no-
delay, 100-ms delay, and 200-ms delay. Conditions were com-
pared (3 comparisons for each bin) using paired t-tests with a Bonferroni
correction to account for the 10 bin comparisons. Comparisons
were made for each cube mass separately.

In experiment 2, a 2 × 2 ANOVA was used with the within factor
delay (delay or no-delay) and the between factor group (100 ms, 200
ms). The analyzed variables were LFRmax, GFRmax, LPD, and
GFatLO. One-sample t-tests were used to determine whether the total
biases were significantly different from zero (P < 0.05).

Modeling of Load Force Curves

To quantify the relative weighting of visual and haptic information
on force scaling, we modeled the force planning in response to a
visual delay. Modeling complex corrective feedback mechanisms
during lifting was beyond the scope of this article. Instead, we used
simple models that incorporate haptic and visual feedback about
object contact and tested how these affected the force generation
profile. We considered three different models in which visual delay
could affect the force profile (Fig. 2A): 1) the force generation profile
was kept unchanged, but its onset was shifted by visual delay (shift
model); 2) visual delay slowed down the force generation profile, but
its onset was unaltered (stretch model); and 3) a combination of a
“haptic” (i.e., nonshifted) and “visual” (i.e., shifted) force profile (sum
model). In all models, the relative weight given to visual information
determined how much the original force curve without delay was
altered by visual delay. If one completely relies on vision (weight = 1),
the curve is maximally altered. On the other hand, if one
completely relies on haptic information (weight = 0), no change in
force scaling is expected with visual delay. The models were calcu-
lated using MATLAB 2017 (The MathWorks). The program code can
be found in the Supplemental Material in van Polanen et al. (2019)
(https://doi.org/10.1101/504563).

The force curves were modeled as a sigmoid curve starting to rise at
GF onset, corresponding to object contact, and saturating at lift-off at
a value equal to the cube’s weight. It is appropriate to apply sigmoid fitting
methods to fingertip force output during object lifting. When correctly
scaled to the object weight, fingertip force rates follow a bell-shaped
curve and are symmetrical. Because we were interested in modeling the
loading phase, the force curve model was calculated until lift-off. Be-
cause at lift-off the load forces have to be equal to cube weight, it was valid to assume that the model’s final force value would be the same as the cube’s weight. A sigmoid curve is the double integration of a sine with a specific frequency and amplitude of a single period. By altering the frequency, onset, and amplitude of this force acceleration, we could define the final force curve in different ways: the onset defines at what time point the force starts to increase (e.g., at object contact); the amplitude and frequency determine at what value the sigmoid ends (e.g., cube weight) and how long it takes to reach this level (e.g., loading phase duration). The starting point was chosen at GF onset, which represents object contact and is a good approximation of the expected LF acceleration onset. Because of noise in the second derivative of LF signals, GF onset was more reliably determined than LF acceleration. The resulting sigmoid function was fitted to the average LF curves from the data for each participant and each condition.

Basic model: sine wave. The basic force acceleration was defined as a sine wave of the form \( G \sin(ft) \), where \( G \) is the amplitude of the sine, \( f \) is the frequency, and \( t \) is the independent variable time. The amplitude determines the final force value that is reached, and the time to reach this force is specified by the frequency. Because the final force value should be equal to the cube weight \((m)\), only the time to reach this value (here called duration, \( d \)) is a free parameter. Therefore,

\[
f = \frac{2\pi}{d}
\]  
(2)

\[
G = \frac{2\pi m}{d^2}
\]  
(3)

We defined three models that could be described as a shifted sine (shift model), a stretched sine (stretch model), or a weighted combination of two sines (sum model). In each model, only \( d \) and the relative weight of vision \((w_v)\) and haptics \((w_h)\) were the two free parameters. Because \( w_v \) and \( w_h \) sum up to 1, these weights were considered as a single free parameter. The models are visualized in Fig. 2.

Model fitting of no-delay trials (duration) and delay trials (weights). In all models, it was assumed that \( d \) was independent of the delay but specific for each participant and each cube mass. Therefore, it was assumed that participants planned the same lift duration irrespective of a delay. The no-delay trials were used to obtain a measure of \( d \) for each participant and cube mass. Because in no-delay trials visual and haptic information are synchronous, they provide the same information and their weighting is redundant. The only remaining unknown parameter \( d \) is found by fitting one of the models to the averaged no-delay LF curve (note that all models give the same result without a delay; see black lines in Fig. 2B and gray triangles in Fig. 6). We fitted to average curves to make sure the force curves of the data were accurately scaled to the cube’s weight and not influenced by sensorimotor memory of the previous lift (Johansson and Westling 1988). The time point of lift-off was defined for the averaged LF curve, and the modeled curve was compared with the measured curve until this time point. The fitting procedure minimized the root mean square error (RMSE),

\[
\sqrt{\frac{1}{n} \sum_{i=1}^{n} (F_d(i) - F_m(i))^2}
\]  
(4)

where \( F_d \) is the force curve from the data, \( F_m \) is the modeled curve, and \( n \) is the number of data points until lift-off. In the delay conditions, the \( d \) from the no-delay condition was taken and the same fitting procedure was followed to define the weighting factor \( w_v \) for each model by minimizing the RMSE. This value also gives a measure of goodness of fit of the model, with lower values indicating that the model fits the data better. To decide which of the three models fitted the data best, the RMSE values were compared. For experiment 1, a repeated-measures 3 (model) \( \times 2 \) (delay) \( \times 4 \) (mass) ANOVA was used, and for experiment 2, a repeated-measures ANOVA with the within factor model (3 levels) and the between factor delay (100 ms, 200 ms) was performed.

Shift model. The shift model only shifts the onset of the acceleration sine wave with respect to GF onset (i.e., object contact). This model assumes that delayed visual information will also delay the onset of force scaling. How much the curve is shifted depends on the weight given to vision \((w_v)\) and visual delay. When \( w_v = 0 \), the curve is not shifted and the onset remains at GF onset. When \( w_v = 1 \), the curve is maximally shifted with the delay. For \( 0 < w_v < 1 \), the shift is between 0 and the visual delay value (100 or 200 ms).

Fig. 2. A: illustration of the 3 models (shift, stretch, and sum). Shaded areas are drawn between grip force onset and original lift-off, dashed lines indicate the visual delay (e.g., 100 or 200 ms). For each model in this example, the relative weight of haptics \((w_h)\) = 0.75 and the relative weight of vision \((w_v)\) = 0.25. The second derivative of the load force is modeled by a basic sine function (purple). In the shift model (blue), the basic sine is shifted between haptic contact and visual contact. In this case, the shift is 25% of the visual delay. In the stretch model (green), the duration of the sine is increased with, in this case, 25% of the visual delay duration. The sum model (red) is a combination of a sine at haptic contact and at visual contact. The amplitude of both sines is determined by the weighting factor and is, in this case, 75% of the basic sine for the haptic curve and 25% for the visual curve. B: example of 3 fitted models for a single participant lifting a 200-g cube. Black traces represent averaged actual data plotted until lift-off. Dashed lines are no-delay trials; solid lines are 200-ms delay trials. For this example, \( w_h \) is 0.62, 0.16, and 0.59 for the shift, stretch, and sum models, respectively.
**Stretch model.** The stretch model only changes the duration \( d \). This means that in this model, the lift-off time point is delayed based on the visual delay. With a maximal value of \( w_v = 1 \), \( d \) increases by an amount equal to the visual delay value. For \( 0 < w_v < 1 \), \( d \) is increased with a value between 0 and the delay. According to Eq. 3, the amplitude \( G \) depends on \( d \), indicating that the amplitude will decrease with a larger \( d \).

**Sum model.** In the sum model, the acceleration is calculated as a combination of two sine waves, one for each modality (Fig. 2A, top right). The haptic wave is a sine with an onset at GF onset. The visual wave is the same sine wave, but the onset is shifted by the visual delay value. The final force acceleration is a weighted sum of both sines (Fig. 2A, bottom right): the amplitude of each sine is multiplied by the weighting for the specific modality. Thus, for the haptic sine wave, the amplitude is \( w_h G \), and for the visual sine wave, the amplitude is \( w_v G \). This model assumes a rather independent contribution of haptic and visual information to the force scaling. The weight of each modality determines its contribution. Note that if \( w_v = 1 \), only the visual sine is used and therefore is equal to a completely shifted curve (i.e., similar to shift model with \( w_v = 1 \)).

### RESULTS

**Experiment 1: Visual Delay Alters Force Scaling and Weight Perception**

We used a virtual reality environment where subjects had to lift virtual cubes and estimate their heaviness. Crucially, in some trials vision was delayed with respect to haptics by 100 or 200 ms. We found that visual delay altered the force scaling of fingertip forces applied to the cube as can be seen in the average force traces in Fig. 3 (top row shows grip and load forces). The force profiles were compared within 10 bins of 100 ms. Significant differences can be seen between force profiles in delay vs. no-delay lifts and are indicated with colored bars. Specifically, load forces were lower during the loading phase, whereas grip forces were higher after lift-off. Moreover, it appears that force profiles are somewhat shifted with delay. When analyzing differences in force rates for different time bins (Fig. 3, bottom row), we found that for the first bins, force rates were lower in the delay conditions, but for later bins, force rates were higher in the delay conditions.

Overall, this suggests that visual delay led to a slower force generation and increased grip forces. We investigated force parameters indicative of force scaling, shown in Fig. 4. It seems that most force parameters, except GFRmax, increased with cube mass. In addition, pronounced effects of a visual delay were seen, as well. For LPD, a 3 (mass) × 4 (delay) repeated-measures ANOVA revealed main effects of mass \( [F(1,6,20.5) = 148.8, P < 0.001, \eta_p^2 = 0.92] \) and delay \( [F(1,3,17.4) = 13.1, P = 0.001, \eta_p^2 = 17.4] \). LPD increased with cube mass, and all comparisons were significantly different. In addition, the LPD increased with delay, where all conditions differed significantly.

Similarly, for GFatLO, effects of mass \( [F(1,2,16.1) = 66.0, P < 0.001, \eta_p^2 = 0.84] \) and delay \( [F(3,20) = 23.1, P < 0.001, \eta_p^2 = 0.64] \) were found. All mass comparisons were different, where GFatLO increased with cube mass. Furthermore, GFatLO was larger for a delay of 200 ms compared with both no-delay and 100-ms delay conditions. There was no difference between the 100-ms delay and no-delay conditions.

Although the force profiles suggest some decreases in grip force rate with a visual delay, no significant effects for mass or delay were found for GFRmax. For LFmax, an effect of mass \( [F(3,39) = 89.8, P < 0.001, \eta_p^2 = 0.87] \), an effect of delay \( [F(1,3,17,0) = 4.7, P = 0.037, \eta_p^2 = 0.27] \), and an interaction between mass × delay \( [F(6,78) = 5.1, P < 0.001, \eta_p^2 = 0.28] \) were found. Post hoc tests indicated that LFmax increased significantly with cube mass, but there was no difference between the 300- and 400-g cubes. There also was no differ-

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![Fig. 3. Averaged force curves (top) and force rate curves (bottom) for each cube mass and delay from experiment 1. Traces are aligned at grip force (GF) onset \( (t = 0) \). Lighter colors represent larger delays with red shades for grip forces and blue shades for load forces (LF). Horizontal bars indicate time bins for which significant differences between delay conditions were found (paired-samples t-tests between delay conditions with Bonferroni correction for the 10 bin comparisons). Transparent shades represent SE. Note negative load forces just after contact are due to subjects slightly pressing the virtual object on the virtual table before initiating the lift, as in real-life conditions (e.g., see van Polanen and Davare 2015).](i)
encer between the 200- and 300-g cubes in the 100- and 200-ms delay conditions. The effect of delay was only significant for the 100-g cube, indicating a smaller LFRmax in the 200-ms condition compared with the no-delay condition.

As shown in Fig. 4, a visual delay also affected magnitude estimations for lifted cubes. Higher z-scores were seen for heavier cubes, but also for lifts with larger visual delays. The ANOVA on the z-scores of the magnitude estimations revealed effects of mass \( F_{(1,5,19.0)} = 265.5, P < 0.001, \eta_p^2 = 0.95 \) and delay \( F_{(2,26)} = 36.2, P < 0.001, \eta_p^2 = 0.74 \) and an interaction \( F_{(6,78)} = 4.0, P = 0.001, \eta_p^2 = 0.24 \). As expected, magnitude estimations increased significantly with cube mass. However, cubes were also perceived as heavier with more visual delay. For all cube masses, cubes were perceived as being heavier when lifted with a 200-ms delay compared with lifts in the no-delay condition. In addition, there was a difference between the 100- and 200-ms delay conditions for the 100-g cube and a difference between the no-delay and 100-ms delay conditions for the 300-g cube.

In summary, visual delay makes cubes feel heavier while it also increases grip forces and load phase durations, and decreases load force rates. To determine whether perceptual differences and effects on force scaling were related, the relative differences between delay and no-delay conditions of these parameters were correlated. Overall, from the 32 performed correlations, few correlations, and in different directions with respect to the main results, were found. We found one significant correlation of magnitude estimations with GFRmax (100 ms, 200-g cube, \( R = 0.74, P = 0.002 \)), one with LPD (100 ms, 400 g, \( R = -0.67, P = 0.009 \)), and two with GFatLO (100 ms, 400 g, \( R = 0.61, P = 0.020 \) and 200 ms, 300 g, \( R = 0.55, P = 0.041 \)). The first two correlations indicate that an increase in GFRmax or a decrease in LPD is associated with an increase in weight rating. These relations are surprising, because there was no significant increase in GFRmax and a significant increase in LPD was actually found, thus opposite to these correlations. The correlations with GFatLO revealed that a larger increase in grip force at lift-off was associated with a larger increase in weight perception.

Kinematic analyses indicated significant effects of visual delay on the reaching phase. Repeated-measures ANOVAs with a single factor (delay) indicated that the fingers moved slower [lower peak velocity, \( F_{(2,26)} = 45.4, P < 0.001, \eta_p^2 = 0.78 \)] and traveled a longer path [\( F_{(2,26)} = 13.8, P < 0.001, \eta_p^2 = 0.52 \)]. The longer path seems to result from a larger curvature [larger maximum deviation from straight line, \( F_{(2,26)} = 12.1, P < 0.001, \eta_p^2 = 0.48 \)] and a small overshoot [farther position at contact for index finger, \( F_{(1,14,20)} = 14.6, P = 0.002, \eta_p^2 = 0.53 \), and thumb, \( F_{(1,2,15,9)} = 15.0, P = 0.001, \eta_p^2 = 0.54 \)]. Despite these kinematic effects on the reaching phase, subjects did not notice the visual delay, nor did they compensate for it later in the trial.

**Experiment 2: Quantifying the Effect of Visual Delay on Perceptual Weight Biases**

The results of experiment 1 showed that visual delay altered force scaling and weight perception. To further quantify the perceptual difference due to a delay, we performed a second experiment where we let participants directly compare cubes with and without a visual delay. With the use of an adaptive staircase, the perceptual bias induced by a visual delay of 100 or 200 ms was determined.

Biases were shown in Fig. 5. With a delay of 100 ms, the biases were small and scattered around zero. The mean bias of 4.0 ± 3.8% was not significantly different from zero \( t_{(7)} = 1.05, P = 0.327 \). On the other hand, when vision was delayed by 200 ms, most biases were positive, indicating that delayed cubes feel heavier. On average, a significant bias of 17.8 ± 6.5% was found \( t_{(7)} = 2.74, P = 0.029 \). This implies that cubes of 200 g feel almost 36 g heavier when lifted with a visual delay of 200 ms.

In addition, we examined force parameters in this experiment, as well. As can be seen in Fig. 5, differences between delay and no-delay lifts are more pronounced with a delay of 200 ms. Although GFatLO appears to increase with a delay, it was not significantly modified by the delay. No significant effect of delay was found for the GFRmax either. On the other hand, significant effects were found for LFRmax and LPD. LFRmax was lower with delay trials \( F_{(1,14)} = 8.4, P = 0.012, \eta_p^2 = 0.37 \). In accordance with the lower force rate, LPD was longer with a delay \( F_{(1,14)} = 5.7, P = 0.032, \eta_p^2 = 0.29 \). No effects of group or interactions of group × delay were found in any of the force parameters. Average force curves (not shown) were similarly changed as in experiment 1. These effects were more pronounced for the 200-ms delay condition.

In sum, we found that a cube lifted with a visual delay could be perceived as 18% heavier compared with a cube lifted without such a delay. In addition, the slower force generation found in experiment 1 was replicated in experiment 2. To examine whether differences in force parameters were related to perceptual changes, the relative changes in delay trials vs. no-delay trials were correlated with perceptual biases. For the 100-ms delay, a larger bias was found to correlate with an
increase in LFRmax ($R = 0.85, P = 0.007$). In addition, a decrease in LPD was associated with a larger bias ($R = -0.78, P = 0.023$). These results are unexpected because, on average, smaller values of LFRmax and a larger LPD in combination with larger biases were found. No correlations of biases with GFRmax and GFatLO were found. None of the correlations between force parameters and perceptual biases were significant for the 200-ms conditions.

**Visual and Haptic Information Both Contribute Independently to Force Scaling**

Results from both experiments show that the force scaling is altered in response to a visual delay. This effect on force parameters in object lifting is seen very early in the force profile, suggesting that the object contact point might be an important event. In general, force generation slows down, but it also appears that force rate profiles are shifted in time. To get a better insight into the mechanisms underlying these effects on force generation, we applied different models to the load force traces (Fig. 2A), which tested how haptic and visual feedback was incorporated online into force generation, before object lift-off. We considered three models: shift, stretch, and sum models. In the shift model, only the onset of the force curve is shifted in time. In contrast, in the stretch model, the duration of force generation is increased. In the shift and stretch models, it is assumed visual and haptic feedback is combined before affecting the force curve. In the sum model, two force curves (one for each feedback modality) are formed and then combined. How much the nondelayed force curve is shifted, stretched, or reshaped depends on the relative weight given to vision and haptics. In this way, we could estimate how visual and haptic information are integrated for force scaling during object lifting.

An example of three fitted curves to the no-delay and the 200-ms delay conditions of a representative participant lifting a 200-g cube is shown in Fig. 2B. Average RMSE values are shown in Fig. 6A. It can be seen that the sum model outperforms the other models in all conditions in both experiments. On average, the sum model performed better than the shift model in 10/14 participants in experiment 1 and in 8/8 and 7/8 participants in the 100- and 200-ms delay groups in experiment 2, respectively. Additionally, the sum model fitted the data better than the stretch model in 12/14, 5/8, and 6/8 participants in experiment 1 and in the 100- and 200-ms delay groups in experiment 2, respectively. To test whether this was significant, a repeated-measures ANOVA was performed with model as a factor. For experiment 1, a 3 (model) × 2 (delay) × 4 (mass) ANOVA revealed effects of model ($F(2,26) = 3.9, P = 0.034, \eta^2_p = 0.23$) and mass [$F(1.6, 20.7) = 14.3, P < 0.001, \eta^2_p = 0.52$]. Post hoc tests indicated that the sum model was significantly better than the stretch model. There was no significant difference between the shift model and the other two models. In addition, it was found that the models performed better for lower masses. An interaction between model × delay [$F(2,26) = 3.5, P = 0.046, \eta^2_p = 0.21$] had no significant post hoc tests. For experiment 2, a 3 (model, within factor) × 2 (group, 100 and 200 ms, between factor) ANOVA showed no effect of model or group and no interaction effect.

The weights that were given to the haptic information ($w_h$) and visual information ($w_v$) for the sum model are shown in Fig. 6B. It can be seen that most values are between 0 and 1, indicating that both visual and haptic information contribute to the modeled force curve. Indeed, all weights were significantly different from 0 and from 1 (onesample t-test). In some conditions, values were significantly higher than 0.5 (one-sample t-test), indicating a larger weight for haptic information. The weights were not correlated with the magnitude estimations (z-scores, experiment 1) or with the perceptual biases (experiment 2). The average weight for vision over all conditions and experiments was 0.36.

**DISCUSSION**

The aim of this study was to investigate the relative weighting of visual and haptic information during object lifting. To be able to disentangle the contribution of visual and haptic signals, we used a virtual reality environment where vision could be desynchronized from haptics. We found that visual delay not only altered the force scaling during lifting but also increased the perceived heaviness of lifted objects. Our results indicate that even though haptic information should be sufficient to lift an object skillfully after secure contact points have been made, visual inputs play a substantial role in controlling object lifting and heaviness perception. A comparison of different models explaining how multisensory information is integrated at discrete sensorimotor control points showed that visual and haptic feedback contribute rather independently to force scaling.

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We initially hypothesized that with a visual delay, forces would continue to increase after haptic lift-off, because the object would not yet visibly move. However, differences between force profiles of delayed and nondelayed lifts were already seen soon after object contact. This suggests that object contact is an important event in object lifting. Although tactile mechanoreceptors in the fingertips sense contact with the object (Johansson and Flanagan 2009), the fingers do not yet touch the object visibly. This mismatch of expected contact might lead to uncertainty, slowing down the force generation profile. We found that the reaching phase was also affected by visual delay, indicating that a mismatch might already be perceived before contact. However, if participants were aware of this visuo-haptic asynchrony, they were not able to correct for it in their force scaling. Earlier studies also found effects of visual delay on reaching (Foulkes and Miall 2000; Shimada et al. 2004), suggesting that there is a general effect of visuo-haptic asynchronies in motor control. It is not obvious that reaching and lifting (or force control) is similarly affected by sensory information, because different responses have been shown as well (Brenner and Smeets 1996; Danion et al. 2013) and different parameters (e.g., finger positioning and fingertip forces) have to be controlled. Therefore, our findings extend the existing knowledge on motor control by showing how visuo-haptic integration is processed in a rapid succession of key sensorimotor control points, a feature of lifting movements. How similar this integration is for lifting kinetics vs. reaching kinematics should be determined in future research.

At later stages, the force scaling was also affected, where a visual delay increased grip forces at lift-off. A second mismatch between haptic and visual lift-off might have caused the further increases in grip force after the object was lifted from the surface. The phantom devices do not provide similar tactile information about object friction and material as real objects would. This might explain why we have limited effects on grip force rates, which are naturally adjusted to both the weight and friction of objects (Johansson and Westling 1984).

**Visual Delay Makes Lifted Objects Feel Heavier**

A second main finding of our study was that cubes lifted with a visual delay were perceived as being heavier than cubes lifted without a delay. When cubes were compared directly, the cube lifted with delayed vision was perceived as 18% heavier (a perceptual effect of 36 g for a 200-g object lifted with a 200-ms visual delay, experiment 2). These results extend similar findings on compliance perception (Di Luca et al. 2011) and heaviness perception in object
transport (Honda et al. 2013) to the complete action of lifting and holding objects.

The altered force profiles following visual delay show similarities to force scaling of lifted objects that are heavier than expected (Johansson and Westling 1988), suggesting an increased sense of effort (van Polanen and Davare 2015). On the other hand, forces and sense of effort are not always related to heaviness perception, as seen in the size-weight illusion that occurs independent of force alterations (Flanagan and Beltzner 2000; Grandy and Westwood 2006). Although we found both effects on heaviness perception and force scaling, these effects were not strongly correlated. Therefore, it seems likely that the increased heaviness perception is not entirely caused by the altered lifting kinematics and might be an independent process.

In a previous experiment where objects needed to be lifted and rated for their heaviness, we found a relation between grip force rate and weight perception (van Polanen and Davare 2015). In the present experiment, there were no effects found on grip force rate, which could explain the different results in both studies. It is possible that an increased sense of effort is more apparent when changes in grip forces occur, as also seen in other studies (Flanagan and Bandomir 2000; Flanagan et al. 1995). In the virtual reality, grip forces might be less accurately scaled, because feedback about friction cues is absent. Moreover, the current study design essentially generates a mismatch in sensory feedback loops, whereas in the former study (van Polanen and Davare 2015) effects were driven by manipulations of predictive mechanisms (i.e., expected force scaling based on predicted object weight). Furthermore, although the loading phase seems important for weight perception, visuo-haptic asynchronies in the phases after lift-off could affect the weight perception as well, such as the transitional phase or the replacement of the object on the table. Kinematic visual information has been shown to provide information about object weight (Hamilton et al. 2007; Runeson and Frykholm 1981; Streit et al. 2007). As we stated in the introduction, multisensory integration for perception might be different than for action control, because for perception, sensory inputs can be acquired over longer time periods whereas brief key events are important for action control. Therefore, the brain processing or weighting of the visual and haptic modalities might have differed between heaviness perception and force scaling, resulting in the absence of strong correlations. To summarize, although perceptual and force scaling effects were observed in similar directions, they do not seem to be caused by the same underlying mechanisms.

**Visual and Haptic Information are Independently Weighted to Control Force Scaling**

To further investigate the integration of visual and haptic feedback for force scaling, we compared different models in which we examined how these sensory inputs are weighted. Our comparisons rule out two models of force control during object lifting. First, the onset of force generation does not seem to be delayed until an integrated feedback of visual and haptic contact can be formed, which rules out the shift model. Although the sum model was not significantly different from the shift model, it fitted the data best in a majority of subjects. In addition, it must be noted that with very high or very low weightings of visual feedback, the shift and sum models predict the same behavior. Second, visual delay does not simply slow down force generation until an integrated percept of lift-off is determined, which rules out the stretch model. In contrast, it appears that both feedback of haptic and visual object contacts trigger changes in force generation and that both modalities contribute to the final force output. Interestingly, this suggests that haptic and visual information is not “merged” to control force scaling (e.g., to initiate force build-up or determine its duration in the shift and stretch models, respectively) but that both influence force control independently. The notion that multimodal information is not merged agrees with earlier research in size perception that showed that information from individual senses is not lost in the perception of a single object (Hillis et al. 2002) and not completely fused in sequential event detection (Bresciani et al. 2006). The largest effects of visual delay on the force generation profiles are seen if equal weighting is assigned to visual and haptic feedback, leading to lower load force rates and longer loading phase durations, exactly as seen in our experimental data. The average weights given to haptic and visual information from our model fits suggest that whereas haptic feedback has a greater influence on the control of object lifting, visual signals play a substantial role in shaping up the motor commands.

A limitation of the present model is that it only considers a preplanned bell-shaped force output, starting from visual and/or haptic object contact. That is, corrective feedback processes that could be involved after lift-off are not included in the model. Another issue is that although the sum model outperformed the shift and stretch models, this does not necessarily indicate this model fits the data optimally. We used RMSEs to provide an estimation of goodness of fit, and discrepancies between the data and the models remain, even in the sum model. Because force scaling in object lifting is a complex process, which requires tight coordination between two fingers and multiple muscles, it seems obvious that more complicated models might capture force data more optimally. However, it was beyond the scope of this work to model these processes. Our models provide new insight into how visual and haptic feedback about object contact is integrated and used to update a motor plan online.

Although in general we found that force scaling and weight perception are influenced by visual and haptic information, the actual values (e.g., model weights and biases) differ among participants. These results suggest that the relative reliance on vision differs among individuals. Possibly, participants who are more skilled in fine motor control or are better at haptic sensing might give a bigger weight to haptic information. Furthermore, participants might shift their weighting if they are more familiar with virtual environments. It needs to be determined whether these weightings are constant for a specific individual over time.

Another relevant question is, why would we rely on visual information at all? We are perfectly able to lift objects with our eyes closed, without any visual information. Studies on the integration of haptic and visual information in perception suggest that this integration is an automatic process (Helbig and Ernst 2008). Furthermore, the visual contribution can be even higher than optimal predictions, e.g., in compliance perception (Cellini et al. 2013) and torque perception (Xu et al. 2012). Although there is evidence that the relative weighting of
haptic and visual information can be adapted to the task (Takahashi and Watt 2014), the shift to a particular modality might not always be complete (Drewing and Kruse 2014). Overall, this literature suggests that visual information will be used when present, even if not necessarily needed. However, this research about haptic and visual integration concerns perceptual measures, so this might not hold true for sensorimotor tasks.

It is possible that our delay manipulation in the virtual reality slightly altered the natural weighting of haptic and visual information occurring during lifting of real objects. However, it is unlikely that our findings in virtual reality are completely different from visuo-haptic integration in real-life conditions. First, given that delay and no-delay trials were presented randomly from trial to trial, participants could not adapt to visual delay and thus change their motor control strategies. This is also in line with the fact that the weighting of visual and haptic information cannot be changed flexibly (Cellini et al. 2013). Second, because we performed both our control condition (no-delay) and our manipulation (delay) in virtual reality, the comparison between them still informs about how multisensory information is processed by the brain. Any changes in signal accuracy due to the virtual environment that could affect the weighting between vision and haptics (Ernst and Banks 2002) would be present in both conditions. Third, possible general changes in lifting behavior, e.g., less skilled lifting due to the absence of frictional cues, were present in lifts with and without delay and would not explain our effects of delay.

Concluding Comments

In summary, our results provide the first account for the organization of multisensory integration when action control is performed in a rapid series of sensorimotor control points, such as in lifting movements. This experiment was performed in virtual reality and might contribute to developing virtual environments where both visual and haptic feedback is vividly rendered. For instance, in-depth measurements could improve research into the influence of a visual delay in robotic surgery (Kim et al. 2005; Onda et al. 2010). On the other hand, our findings also open up the possibility to create an illusionary heavy object simply by increasing the visual delay.

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DISCLOSURES

No conflicts of interest, financial or otherwise, are declared by the authors.

AUTHOR CONTRIBUTIONS


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