

Supp Table 1: Characteristics of successfully followed-up versus lost to follow-up participants in trial of Outpatient Mentalisation Based Treatment

Variable	Followed-up		Not followed-up		Statistics t(131)/Chi2(1)
	n	mean(sd)/fr eq(%)	n	mean(sd)/fr eq(%)	
Demographic					
Allocation to MBT (%)	98	45 (46%)	38	16 (42%)	0.16
Gender (% male)	98	20 (20%)	38	9 (24%)	0.17
Age (mean)	98	30.83 (7.8)	35	31.37 (7.7)	0.34
Tertiary education (%)	96	58 (60%)	36	23 (64%)	0.13
Not in employment (%)	96	64 (67%)	36	30 (83%)	3.54
On social security (%)	96	61 (64%)	36	28 (78%)	2.41
Living alone (%)	95	44 (46%)	36	15 (42%)	0.22
Have children (%)	68	21 (24%)	25	6 (24%)	0.44
Number of Axis I diagnoses	96	2.72 (1.3)	36	3.02 (1.1)	1.16
Dysthymia	96	50 (52%)	36	24 (67%)	2.26
Major depression (%)	96	61 (64%)	36	12 (33%)	9.66
Anxiety disorder	96	54 (56%)	36	26 (72%)	2.79
Somatoform disorder	96	12 (12%)	36	5 (14%)	0.04
Eating disorder	96	24 (25%)	36	13 (36%)	1.6
Post-traumatic stress disorder	96	14 (15%)	36	5 (14%)	0.01
Substance use disorder	96	47 (49%)	36	23 (64%)	2.34
Number of Axis II diagnoses	96	2.32 (1.1)	36	2.41 (1.0)	0.45
Paranoid PD	96	41 (43%)	36	10 (28%)	2.46
Schizoid PD	96	4 (4%)	36	1 (3%)	0.13
Histrionic pd	96	14 (15%)	36	5 (14%)	0.01

	Narcisistic PD	96	19 (20%)	36	5 (14%)	0.61
	Avoidant PD	96	20 (21%)	36	8 (22%)	0.03
	Depressive PD	96	18 (19%)	36	11 (31%)	2.12
	Antisocial PD	96	23 (24%)	36	14 (39%)	2.89
	Cluster A (paranoid, schizoid)	96	44 (46%)	36	11 (31%)	2.51
	Cluster C (avoidant, depressive)	96	32 (33%)	36	18 (50%)	3.09
	Number of BPD criteria met	95	5.58 (0.8)	37	5.51 (0.7)	0.51
	Severe substance abuse	96	36 (37%)	36	17 (47%)	1.02
	Regular alcohol use	96	62 (65%)	36	25 (69%)	0.27
Trauma history						
	Early loss (%)	96	43 (45%)	36	20 (56%)	1.21
	Sexual abuse (%)	96	53 (55%)	36	16 (44%)	1.21
	Physical abuse (%)	96	35 (36%)	36	17 (47%)	1.27
	Number of developmental traumas	96	1.36 (1.1)	36	1.47 (1.1)	0.52
	Any developmental trauma	96	47 (49%)	36	20 (56%)	0.45
Treatment						
	Number of hospital admissions	96	0.34 (0.6)	36	0.38 (0.5)	0.41
	Duration of hospitalization	96	5.38 (11.2)	36	7.00 (14.2)	0.68
	Number of individual sessions	96	46.42 (21.5)	36	53.69 (18.6)	1.79
	Number of group sessions	96	38.48 (20.2)	36	44.97 (19.5)	1.65
	Anti-depressant medication	95	62 (65%)	34	20 (59%)	0.44
	Anti-psychotic medication	95	31 (33%)	34	9 (26%)	0.44
	Moodstabilizer	95	11 (12%)	34	3 (9%)	0.19
	Other psychoactive medication	96	20 (21%)	36	8 (22%)	0.03
	Not on any medication	96	23 (24%)	36	12 (33%)	1.18
Clinical outcomes						
	Recovered to criteria at end of study	96	58 (60%)	36	21 (58%)	0.04
	Suicide attempts (mean no.)	96	2.51 (2.2)	36	2.25 (2.3)	0.59

Severe self harm (mean no.	96	3.85 (4.2)	36	4.22 (4.6)	0.42
GAF Score at start (mean)	96	40.82 (8.7)	36	41.36 (7.8)	0.32
GAF Score at treatment end	91	56.69 (14.8)	35	59.45 (13.7)	0.95

Self-report data

SCL90_GSI baseline (mean)	96	1.97 (0.6)	36	2.08 (0.8)	0.88
SCL90_GSI change (mean)	96	0.62 (0.7)	36	0.81 (0.7)	1.34
BDI at baseline (mean)	96	29.49 (9.8)	36	29.65 (9.1)	0.08
BDI change (mean)	96	12.33 (10.4)	36	14.09 (10.8)	0.89
IIP at baseline (mean)	96	2.02 (0.5)	36	2.07 (0.5)	0.53
IIP change (mean)	96	0.53 (0.6)	36	0.66 (0.8)	1.05
SAS at baseline (mean)	96	2.69 (0.6)	36	2.8 (0.5)	1.07
SAS change (mean)	96	0.72 (0.7)	36	0.88 (0.6)	1.3

ent vs Structured Clinical Management for Borderline Personality Disorder (MBTOPD)

p=
0.688

0.676

0.363

0.715

0.06

0.12

0.633

0.802

0.123

0.133

0.002

0.094

0.832

0.206

0.919

0.126

0.325

0.117

0.71

0.919

0.434
0.862
0.145
0.089
0.113
0.079
0.699
0.31
0.6

0.27
0.271
0.261
0.301
0.501

0.339
0.247
0.037
0.05
0.503
0.505
0.658
0.862
0.277

0.828
0.72

0.334
0.373
0.172

0.187
0.091
0.465
0.197
0.296
0.146
0.142
0.096