

Supp Table 3- Analysis of aggregated outcome variable. Baseline and treatment characteristics used as predictor variables alongside treatment group

Variable	n	Contribution of baseline variable			Remaining contribution of I	
		OR(95% CI)	Z	p=	OR(95% CI)	Z
<b>Demographic</b>						
Group assignment	96				0.312 (0.15-0	-3.19
Gender (% male)	96	0.907 (0.37-2.2)	-0.22	0.829	0.315 (0.15-0	-3.16
Age (mean)	98	1.056 (1.01-1.1)	2.35	0.019	0.315 (0.15-0	-3.16
Tertiary education (%)	96	0.405 (0.19-0.84)	-2.41	0.016	0.299 (0.14-0	-3.22
Not in employment (%)	96	0.22 (0.1-0.48)	-3.81	0.0001	0.284 (0.14-0	-3.38
On social security (%)	96	4.07 (1.9-8.7)	3.62	0.0001	0.317 (0.15-0	-3.11
Living alone (%)	96	2.646 (1.28-5.48)	2.62	0.009	0.303 (0.15-0	-3.19
<b>Clinical</b>						
Number of Axis I diagnoses (mean)	96	1.214 (0.93-1.58)	1.44	0.151	0.339 (0.17-0	-2.96
Dysthymia (%)	96	0.876 (0.44-1.76)	-0.37	0.71	0.332 (0.16-0	-3
Major depression (%)	96	0.741 (0.25-2.22)	-0.54	0.592	0.143 (0.04-0	-3.05
Anxiety disorder (%)	96	2.114 (1.03-4.33)	2.05	0.041	0.329 (0.16-0	-3.04
Somatoform disorder (%)	96	1.024 (0.33-3.13)	0.04	0.967	0.334 (0.16-0	-2.99
Eating disorder (%)	96	6.417 (1.99-20.67)	3.11	0.002	0.647 (0.29-1	-1.04
Post-traumatic stress disorder (%)	96	0.976 (0.38-2.49)	-0.05	0.96	0.333 (0.16-0	-2.98
Substance use disorder (%)	96	3.495 (1.22-9.97)	2.34	0.019	0.879 (0.34-2	-0.27
Number of Axis II diagnoses (%)	96	1.137 (0.81-1.6)	0.73	0.465	0.329 (0.16-0	-3.03
Paranoid PD (%)	96	1.211 (0.6-2.45)	0.53	0.594	0.335 (0.16-0	-2.99
Schizoid PD (%)	96	5.568 (0.77-40.29)	1.7	0.089	0.386 (0.19-0	-2.55

Histrionic pd (%)	96 0.928 (0.36-2.41)	-0.15	0.878	0.337 (0.16-0	-2.93
Narcisistic PD (%)	96 1.777 (0.68-4.65)	1.17	0.241	0.308 (0.15-0	-3.16
Avoidant PD (%)	96 0.755 (0.31-1.85)	-0.62	0.538	0.331 (0.16-0	-3.01
Depressive PD (%)	96 0.859 (0.35-2.12)	-0.33	0.741	0.34 (0.16-0.7	-2.91
Antisocial PD (%)	96 1.31 (0.53-3.24)	0.58	0.559	0.324 (0.16-0	-3.04
Trouble with the law (%)	96 2.232 (0.93-5.35)	1.8	0.072	0.352 (0.17-0	-2.83
Cluster A (paraniod, schizotypal) PD (%)	96 1.267 (0.63-2.57)	0.66	0.511	0.337 (0.16-0	-2.97
Cluster C (avoidant, depressive, obsessive) PD (%)	96 0.864 (0.49-1.51)	-0.51	0.608	0.336 (0.16-0	-2.97
Number of BPD criteria met (mean)	96 1.729 (1.1-2.72)	2.37	0.018	0.268 (0.13-0	-3.49
Severe substance abuse (%)	96 1.488 (0.71-3.13)	1.05	0.294	0.34 (0.17-0.7	-2.94
Regular alcohol use (%)	96 1.588 (0.75-3.35)	1.22	0.224	0.308 (0.15-0	-3.16
Trauma history					
Early loss (%)	96 1.203 (0.59-2.47)	0.5	0.615	0.329 (0.16-0	-3.02
Sexual abuse (%)	96 1.427 (0.7-2.91)	0.98	0.328	0.333 (0.16-0	-3
Physical abuse (%)	96 1.634 (0.8-3.34)	1.34	0.179	0.341 (0.17-0	-2.94
Number of developmental trauma	96 1.271 (0.9-1.8)	1.36	0.174	0.33 (0.16-0.6	-3.02
Any developmental trauma (%)	96 1.912 (0.93-3.94)	1.76	0.079	0.327 (0.16-0	-3.05
Treatment					
Number of hospital admissions	96 1.086 (0.59-2)	0.26	0.791	0.333 (0.16-0	-3
Duration of hospitalization	96 1.007 (0.98-1.04)	0.49	0.623	0.336 (0.16-0	-2.97
Number of individual sessions	96 1.013 (1-1.03)	1.46	0.145	0.309 (0.15-0	-3.15
Number of group sessions	96 1.013 (0.99-1.03)	1.38	0.167	0.312 (0.15-0	-3.13
Anti-depressant medication (%)	96 1.946 (0.92-4.1)	1.75	0.08	0.305 (0.15-0	-3.18
Anti-psychotic medication (%)	96 1.831 (0.87-3.85)	1.59	0.111	0.32 (0.15-0.6	-3.09
Moodstabilizer (%)	96 3.623 (1.2-10.89)	2.29	0.022	0.337 (0.16-0	-2.96
Other psychoactive medication (%)	96 4.726 (1.98-11.28)	3.5	0	0.299 (0.15-0	-3.28
Not on any medication (%)	96 2.213 (0.97-5.05)	1.89	0.059	0.295 (0.14-0	-3.26

Clinical outcomes

Recovered to criteria at end of treatment (%)	96	1.749 (0.83-3.68)	1.48	0.14	0.374 (0.18-0.58)	-2.64
Suicide attempts (mean no.)	96	1.128 (0.96-1.32)	1.47	0.141	0.315 (0.15-0.48)	-3.13
Severe self harm (mean no.)	96	1.012 (0.94-1.09)	0.3	0.766	0.328 (0.16-0.49)	-3
GAF Score at start (mean)	96	0.937 (0.9-0.98)	-2.9	0.004	0.305 (0.15-0.46)	-3.21
GAF Score at treatment end (mean)	96	0.98 (0.95-1.01)	-1.54	0.124	0.41 (0.19-0.63)	-2.32
Self-report data						
SCL90_GSI baseline (mean)	96	1.803 (0.98-3.32)	1.89	0.058	0.309 (0.15-0.46)	-3.17
SCL90_GSI change (mean)	96	1.293 (0.74-2.25)	0.91	0.364	0.273 (0.13-0.41)	-3.29
BDI at baseline (mean)	96	1.034 (1-1.07)	1.82	0.069	0.308 (0.15-0.46)	-3.18
BDI change (mean)	96	1.018 (0.98-1.06)	0.82	0.413	0.28 (0.13-0.43)	-3.28
IIP at baseline (mean)	96	0.952 (0.48-1.89)	-0.14	0.888	0.334 (0.16-0.5)	-2.99
IIP change (mean)	96	1.298 (0.64-2.63)	0.72	0.469	0.297 (0.13-0.46)	-3.02
SAS at baseline (mean)	96	0.981 (0.54-1.77)	-0.06	0.948	0.334 (0.16-0.5)	-2.99
SAS change (mean)	96	0.856 (0.44-1.67)	-0.46	0.649	0.36 (0.16-0.56)	-2.53

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MBT assignment

p=

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