

1 ~~Stereolithography (SLA) 3D printing of an antihypertensive polyprintlet: Case study of~~
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28 **Abstract**

29 ~~The introduction of three-dimensional (3D) printing in the pharmaceutical arena has caused a~~
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33 ~~fabrication of multi-drug loaded dosage forms to reduce pill burden and improve patient~~
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60 **Keywords**

61 Stereolithographic fabrication; Printing pharmaceuticals; Polypills; Fixed-dose
62 combinations; Personalized medicines; 3D printed formulations; Polyprintlets

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63 **1. Introduction**

64 ~~Three-dimensional (3D) printing is forecasted to be a disruptive manufacturing technique from~~
65 ~~its ability to fabricate bespoke objects of virtually any shape and size in a layer-by-layer manner.~~
66 ~~Structures can be created from a digital 3D file using computer-aided design (CAD) software~~
67 ~~or imaging techniques to manufacture individualised entities on-demand [1]. 3D printing~~
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98 Moreover, the fabrication of oral dosage forms by 3D printing allows the inclusion of multiple
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101 ~~Several 3D printing technologies have proved their amenability in the pharmaceutical field,~~
102 ~~including fused deposition modelling (FDM), selective laser sintering (SLS), binder jetting and~~
103 ~~semi-solid extrusion [1]. Vat photopolymerisation techniques such as stereolithography (SLA)~~
104 ~~[2], digital light processing (DLP) [3] and continuous liquid interface production (CLIP) [4] are~~
105 ~~processes that utilise light irradiation (e.g. laser beam, UV and visible light) to create solid~~
106 ~~objects from a photoreactive liquid resin. Such methods offer several advantages including~~
107 ~~great feature resolution, a smooth surface finish and avoidance of drug thermal degradation~~
108 ~~[5, 6]. Generally, there are two main photopolymerisation systems including i) free radical and~~
109 ~~ii) ionic reactions. In both mechanisms, a photoinitiator system is responsible to generate~~
110 ~~reactive species (free radical, cations or anions) in order to initiate photopolymerisation [7].~~
111 ~~Methacrylate based and acrylate based monomers are most widely used in the free radical~~
112 ~~system, demonstrating fast reaction rates and tunable mechanical properties [8]. Free radical~~
113 ~~photopolymerisation is an attractive and versatile platform for the development of~~
114 ~~pharmaceutical products as the active components can simply be blended with photocurable~~
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137 Previously, controlled-release drug-loaded hydrogels were successfully prepared using
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142 Combination therapy has gained momentum with the aim of improving therapeutic outcomes
143 currently achieved by polypharmacy. The concurrent use of multiple medications by a patient,
144 however, is an ongoing concern due to the high pill burden, patient non-adherence and
145 increasing risk of medication errors [33,34]. To overcome such limitations, “polypills”, the
146 concept of incorporating more than one active pharmaceutical ingredient in a single dosage

147 form, was devised as an optimised therapeutic approach for treatments such as cardiovascular
148 disease (CVD) [35]. Recently, a high-impact clinical study investigated the therapeutic outcome
149 of a single polypill containing four antihypertensive drugs [36] (atenolol, hydrochlorothiazide,
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151 reduction in high blood pressure when compared with the standard dose of each medication
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175

176 **2. Materials and mMethods**

177 **2.1 Materials**

178 ~~Hydrochlorothiazide (MW 297.74 g/mol), poly(ethylene glycol) diacrylate (PEGDA, average M_n~~
179 ~~575 g/mol) and diphenyl(2, 4, 6-trimethyl-benzoyl) phosphine oxide (TPO) were purchased~~
180 ~~from Sigma-Aldrich, UK. Irbesartan (MW 428.53 g/mol) was obtained from Sun Pharmaceutical~~
181 ~~Industries Ltd., India. Amlodipine (MW 408.88 g/mol) and atenolol (MW 266.34 g/mol) were~~
182 ~~purchased from LKT Laboratories Inc., USA. Poly(ethylene glycol) (PEG 300, average MW~~
183 ~~300 g/mol) was acquired from Acros Organics, UK.~~

184

185 ~~Acetonitrile (ACN, ≥99.9%, HPLC grade) was supplied by Sigma-Aldrich, UK. Formic acid (FA,~~
186 ~~Optima, LC-MS grade) was purchased from Fisher Scientific, UK. The salts for the preparation~~
187 ~~of the buffer dissolution media were purchased from VWR International Ltd., UK. Dimethyl~~
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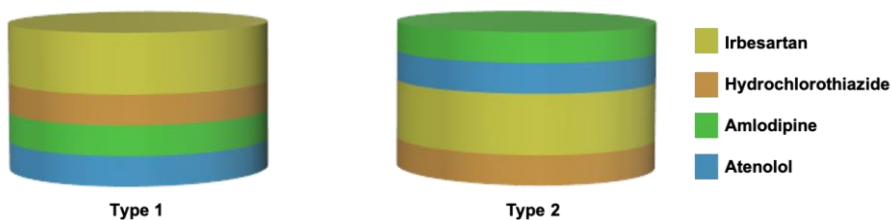
201 **2.2. Design of the polyprintlets**

202 ~~Four drugs were incorporated in different regions of the polyprintlet (Figure 1) and explored in~~

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203 two orientations; Type 1 and Type 2. The selected dimensions of the polyprintlet was 10 mm
204 diameter × 5 mm height with a 1 mm layer thickness for each drug, except for irbesartan.
205 Irbesartan was designed to be 2 mm in thickness. The thickness of irbesartan layer was
206 doubled (2mm) to allow a lower concentration of drug in the layer (20.9% w/w) to obtain the
207 desired dose (Table 1). If the thickness of irbesartan layer was 1mm the required drug
208 concentration would be 41.8% w/w, which is not printable. The Type 1 polyprintlet was
209 designed to incorporate the drugs with higher doses (irbesartan and atenolol) on the outer
210 layers and lower dosed drugs (hydrochlorothiazide and amlodipine) in the inner layers (Table
211 1). The order of drugs in the Type 2 polyprintlet was changed. Four drugs were incorporated
212 in different regions of the polyprintlet (Fig. 1) and explored in two orientations; Type 1 and Type
213 2. The selected dimensions of the polyprintlet was 10mm diameter × 5mm height with a 1mm
214 layer thickness for each drug, except for irbesartan. The thickness of irbesartan layer was
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221 following arrangement; amlodipine and hydrochlorothiazide on the outer layers and irbesartan
222 and atenolol in the inner layers.

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223
224 **Figure 1.** 3D designs of the polyprintlets (10 mm diameter and 5 mm height).
225
226

227 **2.3 Preparation of photopolymer solutions**

228 The photopolymer solutions were prepared with 1% (w/w) of diphenyl(2, 4, 6-trimethyl-benzoyl)
229 phosphine oxide (TPO) added to a total mass of 5 g. The pure drugs were added to each
230 solution according to previously calculated concentrations (Table 1). PEG 300 was added as
231 a diluent to decrease the crosslinking density at a ratio of 35% (w/w) PEGDA to 65% (w/w)
232 PEG 300. The photopolymer solutions were mixed thoroughly for 3 h at room temperature until
233 the drugs and photoinitiator were fully dissolved in the photopolymer solutions.

234

Table 1. Amount of material used for each layer in a 5 g solution preparation

Layer	Drug (g)	PEG 300 (g)	PEGDA (g)
Irbesartan	1.04 (20.9% w/w)	2.54 (50.8% w/w)	1.37 (27.4% w/w)
Atenolol	0.70 (13.9% w/w)	2.77 (55.3% w/w)	1.49 (29.8% w/w)
Hydrochlorothiazide	0.35 (6.9% w/w)	2.99 (59.8% w/w)	1.61 (32.2% w/w)
Amlodipine	0.07 (1.4% w/w)	3.17 (63.5% w/w)	1.71 (34.2% w/w)

*each formulation included 1% (w/w) TPO

235

236 **2.4 Printing process**

237 ~~The photopolymer solution was loaded into a commercial Form 1+ SLA 3D printer (Formlabs~~
238 ~~Inc., USA) equipped with a 405 nm laser. The geometry of the polyprintlet was designed with~~
239 ~~AutoCAD 2015 (Autodesk Inc., USA) and exported as a stereolithography file (.stl) in the 3D~~
240 ~~printer software (Preform Software v. 2.3.3 OpenFL, Formlabs, USA). The Form 1+ SLA 3D~~
241 ~~printer is designed to print uniform objects with only one material. In order to allow the use of~~
242 ~~different materials in a single object, the operation of the printer was conducted using OpenFL.~~
243 ~~This application programming interface was developed by FormLabs for the Form 1 and Form~~
244 ~~1+ SLA 3D printers and has previously been described in the literature [1]. The OpenFL~~
245 ~~software allows the user to pause the printing process and raise the build platform in order to~~
246 ~~change the material on the resin tray. After changing the material, the build platform was~~
247 ~~lowered to its previous position and printing was resumed. Deionised water was used to rinse~~

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248 ~~the printed layer between materials to avoid cross contamination. In the material print setting,~~
249 ~~the customised number of laser passes was selected as 10 for the first layer and 2 for the~~
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265 remaining layers with a layer thickness of 100 µm to achieve high resolution. The polyprintlets
266 were printed directly on the platform without the need of any support.

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268 **2.5 Polyprintlet dimensions**

269 The polyprintlets were weighed and measured (width and height) in triplicate using a digital
270 calliper (0.150 mm PRO-MAX, Fowler, mod S 235 PAT).

272 **2.6 Scanning eElectron mMicroscopy (SEM)**

273 The polyprintlet samples were previously cut in half and attached to a self-adhesive carbon
274 disc mounted on a 25 mm aluminium stub, which was coated with 25 nm of gold using a sputter
275 coater. The stub was then placed into a FEI Quanta 200 FEG Scanning Electron Microscope

276 (FEI, UK) at 5 kV accelerating voltage using secondary electron detection to obtain the cross-
277 section images of the SLA 3D printed polyprintlets.

278

279 **2.7 X-ray Powder Diffraction (XRPD)**

280 ~~Single drug loaded discs (23 mm diameter × 1 mm height) and discs without drugs (control)~~
281 ~~were printed via SLA and analysed together with the four drugs individually. X-ray powder~~
282 ~~diffraction patterns were obtained in a Rigaku MiniFlex 600 (Rigaku, USA) using a Cu K α X-~~
283 ~~ray source ($\lambda=1.5418\text{\AA}$). The angular range of data acquisition was $3-60^\circ 2\theta$ with a stepwise~~
284 ~~size of 0.02° at a speed of $5^\circ/\text{min}$. The intensity and voltage applied were 15 mA and 40 kV.~~
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290

291 **2.8 Thermal analysis**

292 ~~Differential scanning calorimetry (DSC) was used to characterise the single drug-loaded 3D~~
293 ~~printed formulations, the control and the pure drug samples. DSC measurements were~~
294 ~~performed with a Q2000 DSC (TA instruments, Waters, LLC, USA) at a heating rate of~~
295 ~~$10^\circ\text{C}/\text{min}$. Calibrations for cell constant and enthalpy were performed with indium~~
296 ~~($T_m=156.6^\circ\text{C}$, $\Delta H_f=28.71\text{ J/g}$) according to the manufacturer instructions. Nitrogen was used~~
297 ~~as a purge gas with a flow rate of $50\text{ mL}/\text{min}$ for all the experiments. Data were collected with~~
298 ~~TA Advantage software for Q series (version 2.8.394) and analysed using TA Instruments~~
299 ~~Universal Analysis 2000. All melting temperatures are reported as extrapolated onset unless~~
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301 ~~average sample mass of $8-10\text{ mg}$. Differential scanning calorimetry (DSC) was used to~~
302 ~~characterise the single drug-loaded 3D printed formulations, the control and the pure drug~~
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306 instructions. Nitrogen was used as a purge gas with a flow rate of 50 mL/min for all the
307 experiments. Data were collected with TA Advantage software for Q series (version 2.8.304)
308 and analysed using TA Instruments Universal Analysis 2000. All melting temperatures are
309 reported as extrapolated onset unless otherwise stated. TA aluminium pans and pin holed
310 hermetic lids (T_{zero}) were used with an average sample mass of 8–10 mg.

313 **2.9 Determination of drug content in the photopolymer resins and 3DP polyprintlets**

314 To quantify the drug content of the resins, aliquots of each photopolymer solution loaded with
315 drug were weighed and diluted together with 70% (v/v) methanol and 30% (v/v) water in
316 volumetric flasks (10 mL). The solutions were left under magnetic stirring overnight and filtered
317 through 0.45 μm filter (Merck Millipore Ltd., Ireland). The concentration of drug was then
318 determined by HPLC (Agilent 1260 Infinity Quaternary LC System).

319 For determination of drug loading in the polyprintlet, single drug loaded layers were crushed
320 and dissolved together with 70% (v/v) methanol and 30% (v/v) water in volumetric flasks (25
321 mL). Samples of the solutions were left under magnetic stirring overnight then filtered through
322 0.45 μm syringe filter (Merck Millipore Ltd., Ireland) and the concentration of drug was
323 determined by HPLC.

325 The gradient mobile phase consisted of (A) 0.1% v/v FA in water, (B) methanol and (C) ACN
326 which was pumped at a flowrate of 1 mL/min through a Luna 5u Phenyl Hexyl 5 μm column,
327 250 mm \times 4.6 mm (Phenomenex) under the gradient program shown in Table 2. The sample
328 injection volume was 30 μL and the total run time was 13 min, operating at room temperature
329 at a wavelength of 215 nm.

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volumetric flasks (10 mL). The solutions were left under magnetic stirring overnight and filtered through 0.45 µm filter (Merck Millipore Ltd., Ireland). The concentration of drug was then determined by HPLC (Agilent 1260 Infinity Quaternary LC System).

For determination of drug loading in the polyprintlet, single drug-loaded layers were crushed and dissolved together with 70 % (v/v) methanol and 30 % (v/v) water in volumetric flasks (25 mL). Samples of the solutions were left under magnetic stirring overnight then filtered through 0.45 µm syringe filter (Merck Millipore Ltd., Ireland) and the concentration of drug was determined by HPLC.

The gradient mobile phase consisted of (A) 0.1 % v/v FA in water, (B) methanol and (C) ACN which was pumped at a flowrate of 1 mL/min through a Luna 5 u Phenyl-Hexyl 5 µm column, 250mm × 4.6mm (Phenomenex) under the gradient program shown in Table 2. The sample injection volume was 30 µL and the total run time was 13 min, operating at room temperature at a wavelength of 215 nm.

Table 2. Gradient programme for the mobile phase.

Time (min)	0.1% FA in water (% A)	Methanol (% B)	ACN (% C)
0.0	95	0	5
5.5 – 6.0	50	0	50
6.5	87	0	13
9.0 – 10.0	77	10	13
11.0	95	0	5

2.10 Fourier-Transform infrared spectroscopy (FTIR)

The infrared spectra were collected using a Spectrum 100 FTIR spectrometer (PerkinElmer, Waltham, MA). Pure amlodipine drug powder and PEGDA were measured as the references. Physical mixtures containing 1, 30%, 10%, 20%, 30% and 50% (w/w) of amlodipine in PEGDA

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353 were prepared by thoroughly stirring. All samples were scanned over a range of 4000–650cm⁻¹
354 at a resolution of 1 cm⁻¹ for 64 scans. The infrared spectra were collected using a Spectrum
355 100 FTIR spectrometer (PerkinElmer, Waltham, MA). Pure amlodipine drug powder and
356 PEGDA were measured as the references. Physical mixtures containing 1.39 %, 10 %, 20 %, 30 %
357 and 50 % (w/w) of amlodipine in PEGDA were prepared by thoroughly stirring. All
358 samples were scanned over a range of 4000 – 650 cm⁻¹ at a resolution of 1 cm⁻¹ for 64
359 scans.

360

361 2.11 Nuclear Magnetic Resonance (NMR) spectroscopy

362 All NMR spectra were recorded in 99.9% DMSO-d6 (Cambridge Isotope Laboratories, Inc.,
363 USA). ¹H-NMR spectra of amlodipine and PEGDA were obtained separately. In order to
364 investigate the reaction between amlodipine and PEGDA, sample solution of amlodipine mixed
365 with PEGDA (molar ratio of 2:1) was prepared. ¹H and ¹³C NMR spectra of the solutions were
366 obtained using a Bruker AVANCE 400 spectrometer. Data acquisition and processing were
367 performed using standard TopSpin software (Bruker, UK). All NMR spectra were recorded in
368 99.9 % DMSO-d6 (Cambridge Isotope Laboratories, Inc., USA). ¹H-NMR spectra of amlodipine
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372 400 spectrometer. Data acquisition and processing were performed using standard TopSpin
373 software (Bruker, UK).

374

375 2.12 Dissolution testing conditions

376 Dissolution profiles for each 3D printed polyprintlet were obtained using USP-II apparatus
377 (Model PTWS, Pharmatest, Germany). Polyprintlets were first placed in 750 mL of 0.1M HCl
378 for 2 h to simulate gastric residence time and then transferred into 950 mL of physiological
379 bicarbonate buffer (Hanks buffer) (pH 5.6–7) for 35 min followed by 1000 mL of modified Krebs
380 buffer (pH 7–7.4 and then to 6.5). Hanks buffer (0.441 mM KH₂PO₄, 0.337 mM Na₂HPO₄ :

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381 $2\text{H}_2\text{O}$, 136.9 mM NaCl, 5.37 mM KCl, 0.812 mM $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$, 1.26 mM $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$, 4.17
382 mM NaHCO_3) was modified to form an in-situ modified Kreb's buffer by the addition of 50 mL
383 of pre-Krebs solution (6.9 mM KH_2PO_4 and 400.7 mM NaHCO_3) to every dissolution vessel
384 [37,38].

385
386 The polyprintlets were tested in small intestinal environment for 3.5 h with the pH value of 5.6–
387 7.4, followed by pH 6.5 representing the colonic environment [37,38]. The dissolution medium
388 is primarily a bicarbonate buffer system in which both bicarbonate (HCO_3^-) and carbonic acid
389 (H_2CO_3) exist in an equilibrium together with CO_2 (aq) resulting from the dissociation of the
390 carbonic acid [38]. The pH of the bicarbonate buffer is modulated and controlled by an Auto
391 pH System™ which incorporates a pH probe connected to a supply of CO_2 (pH reducing gas),
392 as well as to a supply of helium (pH increasing gas) [39]. During dissolution testing, the control
393 unit monitors the pH changes and adjusts the pH by feeding CO_2 or helium into the dissolution
394 vessel. The paddle speed of the USP-II was fixed at 50 rpm and the dissolution media was
395 maintained at 37 ± 0.5 °C. 1 mL samples of the dissolution media were withdrawn every half
396 an hour in the first 3 h, followed by every hour. The concentration of the drugs was determined
397 by HPLC (previously described in section 2.9) to calculate the percentage of drug released
398 from the polyprintlets. Dissolution profiles for each 3D printed polyprintlet were obtained using
399 USP-II apparatus (Model PTWS, Pharmatest, Germany). Polyprintlets were first placed in 750
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402 of modified Krebs buffer (pH 7 to 7.4 and then to 6.5). Hanks buffer (0.441 mM KH_2PO_4 , 0.337
403 mM $\text{Na}_2\text{HPO}_4 \cdot 2\text{H}_2\text{O}$, 136.9 mM NaCl, 5.37 mM KCl, 0.812 mM $\text{MgSO}_4 \cdot 7\text{H}_2\text{O}$, 1.26 mM
404 $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$, 4.17 mM NaHCO_3) was modified to form an in-situ modified Kreb's buffer by the
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406 dissolution vessel [1, 2].

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419 an hour in the first 3 hours, followed by every hour. The concentration of the drugs was
420 determined by HPLC (previously described in section 2.9) to calculate the percentage of drug
421 released from the polyprintlets.

423 3. Results and Discussion

424 The study herein demonstrates the amenability to incorporate the selected drugs in a resin to
425 be 3D printed via SLA. Pure amlodipine and hydrochlorothiazide readily dissolved in the
426 photopolymer solution although a longer time was required to completely dissolve atenolol and
427 irbesartan. Hydrochlorothiazide and amlodipine solutions were clear, although both of the
428 printed layers appeared off-white. A white solution was achieved following the homogenous
429 dispersion of pure atenolol in the photopolymer solution, however, after completely dissolving
430 the atenolol solution became clear. The irbesartan suspension was creamy and viscous as it
431 contained a high concentration of drug (20.8 % w/w).

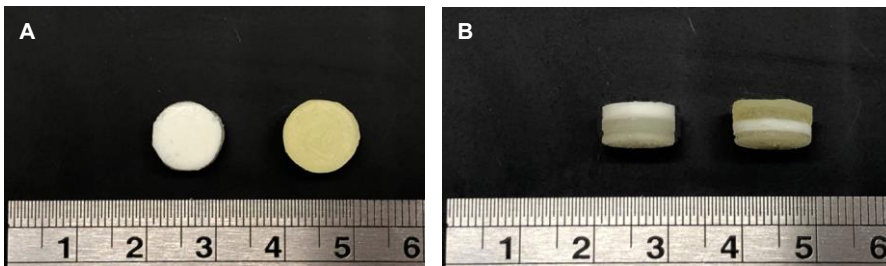
432
433 Drug loaded polyprintlets were successfully fabricated as shown in Fig. 2.

434
435 Type 1 and 2 polyprintlets were printed with good resolution and consistency in shape. The
436 printing settings were customised and optimised for the different formulations using the

437 OpenFL software. The Type 1 polyprintlet (diameter 11.2mm ± 0.3 mm, height 5.4mm ± 0.3
438 mm) was slightly wider in diameter but shorter in height when compared with the Type 2
439 polyprintlet (diameter 10.4mm ± 0.2 mm, height 6.7mm ± 0.3 mm).

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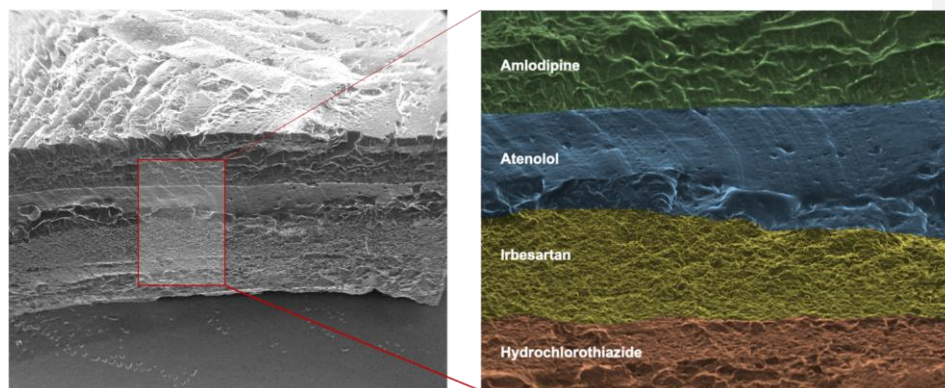


450 **Figure 2.** Top view (A) and lateral view (B) of Type 1 (left) and Type 2 (right) polyprintlets.
451 Type 1 was loaded with (from top to bottom) irbesartan, amlodipine, hydrochlorothiazide and
452 atenolol. Type 2 was loaded with (from top to bottom) amlodipine, atenolol, irbesartan and
453 hydrochlorothiazide. The scale is in cm.

454
455 SEM imaging was used to visualise the structures of the polyprintlets (Fig. 3). The cross section
456 of the Type 2 polyprintlet show visible signs of separation between the four printed layers. This
457 indicates that the individual drug and resin did not mix during the printing process.

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466 section of the Type 2 polyprintlet show visible signs of separation between the four printed
467 layers. This indicates that the individual drug and resin did not mix during the printing process.



469 **Figure 3.** SEM image of cross section of the Type 2 polyprintlet loaded with (from top to bottom)
470 amlodipine, atenolol, irbesartan and hydrochlorothiazide.

471
472
473 Pure drug samples and SLA 3D printed discs were analysed by XRD to evaluate the
474 incorporation of drugs in the drug-polymer matrices. The diffractogram outlines peaks of pure
475 atenolol at around 20 ° 2 θ (Fig. 4). Peaks at 9.5 ° 2 θ , 19.5 ° 2 θ and 23.8 ° 2 θ were observed
476 in pure amlodipine and peaks at 18.6 ° 2 θ and 28.3 ° 2 θ were shown in pure
477 hydrochlorothiazide. The absence of these peaks in atenolol, amlodipine and
478 hydrochlorothiazide 3D printed formulations indicated that the drugs existed in the amorphous
479 form with the absence of crystal formation during the printing process. Conversely, typical

480 peaks of irbesartan at around 4.4 ° 2 θ and 12.1 ° 2 θ were still visible in the printed formulation
481 indicating that irbesartan was existing in its partially crystalline form in the printed formulation.
482 This suggests that the irbesartan drug powder may not have fully dissolved in the photopolymer
483 solution prior to printing.

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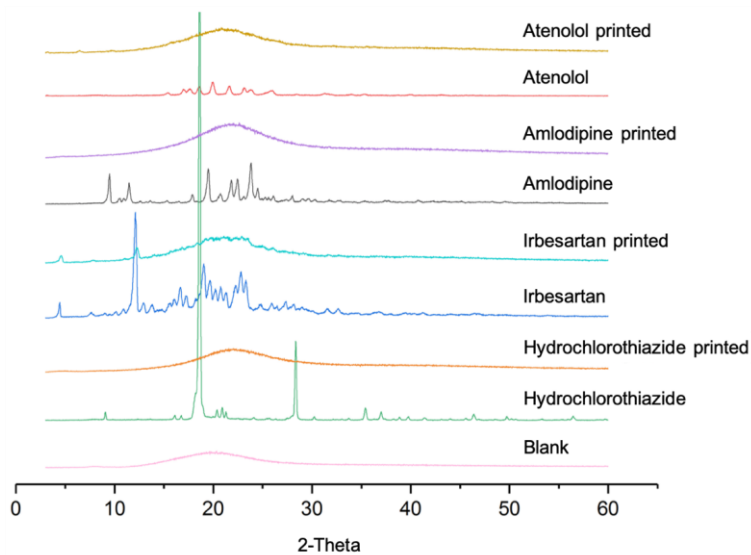
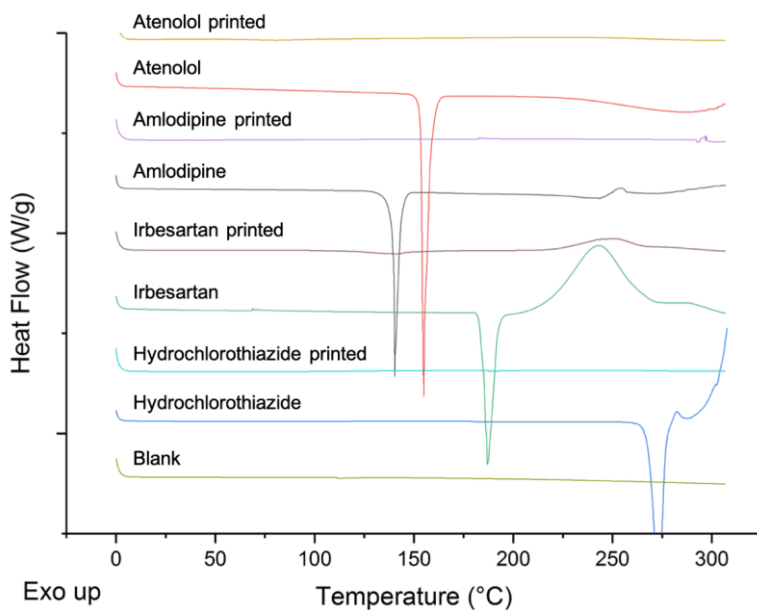


Figure 4. X-ray powder diffractograms of pure drugs and printed formulations.

DSC analysis of pure drugs and the 3D printed formulations were performed in order to determine the physical state of drugs in the photopolymer solutions before and after printing. The DSC results showed melting peaks at 154 °C, 140 °C and 273 °C for pure atenolol, amlodipine and hydrochlorothiazide respectively (Fig. 5). No evidence of melting was observed in the atenolol, amlodipine and hydrochlorothiazide 3D printed formulations which indicate that the drugs completely dissolved in the photopolymer solutions before printing which was further corroborated by the XRD findings. The DSC of pure irbesartan showed a sharp endothermic peak at around 187 °C which corresponded to the melting point of irbesartan. A small exothermic peak was also observed in the irbesartan printed formulation which suggests that the irbesartan powder was not completely dissolved in the photopolymer solution.

DSC analysis of pure drugs and the 3D printed formulations were performed in order to determine the physical state of drugs in the photopolymer solutions before and after printing. The DSC results showed melting peaks at 154°C, 140° and 273°C for pure atenolol, amlodipine and hydrochlorothiazide respectively (Figure 5). No evidence of melting was observed in the

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518 ~~exothermic peak was also observed in the irbesartan printed formulation which suggests that~~
519 ~~the irbesartan powder was not completely dissolved in the photopolymer solution.~~



520
521 **Figure 5.** DSC thermal traces of pure drugs and printed formulations.

522
523 Drug loading of irbesartan, atenolol and hydrochlorothiazide in the 3D printed layers were
524 slightly lower than that in the photopolymer solution which may be due to incomplete drug
525 extraction from the crosslinked network (Table 3). Noticeably, amlodipine was detected in
526 neither the photopolymer solution nor the printed layer which suggests a possible reaction
527 between amlodipine and PEGDA during the mixing process. ~~Drug loading of irbesartan,~~
528 ~~atenolol and hydrochlorothiazide in the 3D printed layers were slightly lower than that in the~~
529 ~~photopolymer solution which may be due to incomplete drug extraction from the crosslinked~~
530 ~~network (Table 3). Noticeably, amlodipine was detected in neither the photopolymer solution~~

nor the printed layer which suggests a possible reaction between amlodipine and PEGDA during the mixing process.

Table 3. Drug loading in photopolymer solutions and printed individual layers.

Drug	Theoretical drug loading (% w/w)	Drug loading in photopolymer solutions (% w/w)	Drug loading in SLA 3D printed layers (% w/w)
Irbesartan	20.85	20.85 ± 0.05	18.70 ± 0.82
Atenolol	13.90	13.86 ± 1.60	12.66 ± 0.39
Hydrochlorothiazide	6.95	7.10 ± 0.16	6.14 ± 0.01
Amlodipine	1.39	-	-

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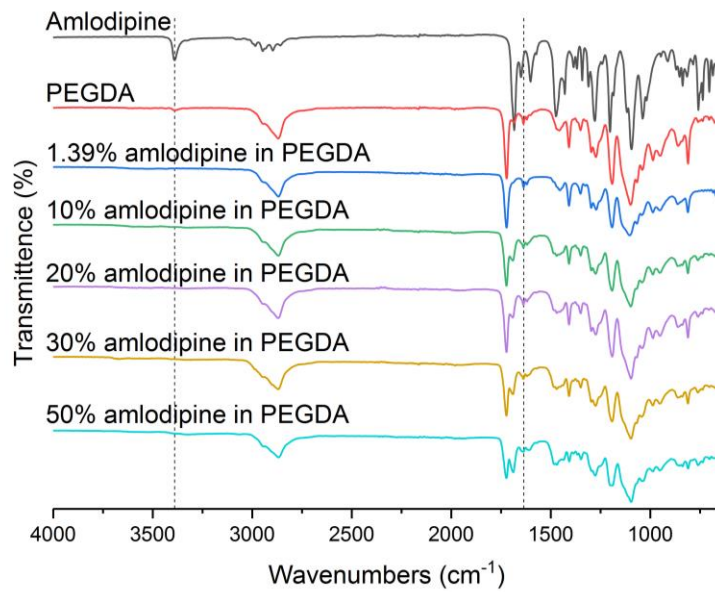
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FTIR was firstly employed to investigate the potential cause of drug and photopolymer reaction. Different masses of amlodipine were mixed with PEGDA until the drug was fully dissolved accompanied with continuous magnetic stirring. Results from FTIR showed that the typical peak of amlodipine at 3390 cm⁻¹ (N-H bond stretching) was not observed in any of the spectra of amlodipine-PEGDA mixtures regardless of the concentration which could indicate a possible effect on the N-H bonds of amlodipine (Fig. 6). In addition, the intensity of C=C peak of PEGDA at 1636 cm⁻¹ decreased when the amlodipine:PEGDA ratio increased. As such, a further reaction may occur with the acrylate groups as well.

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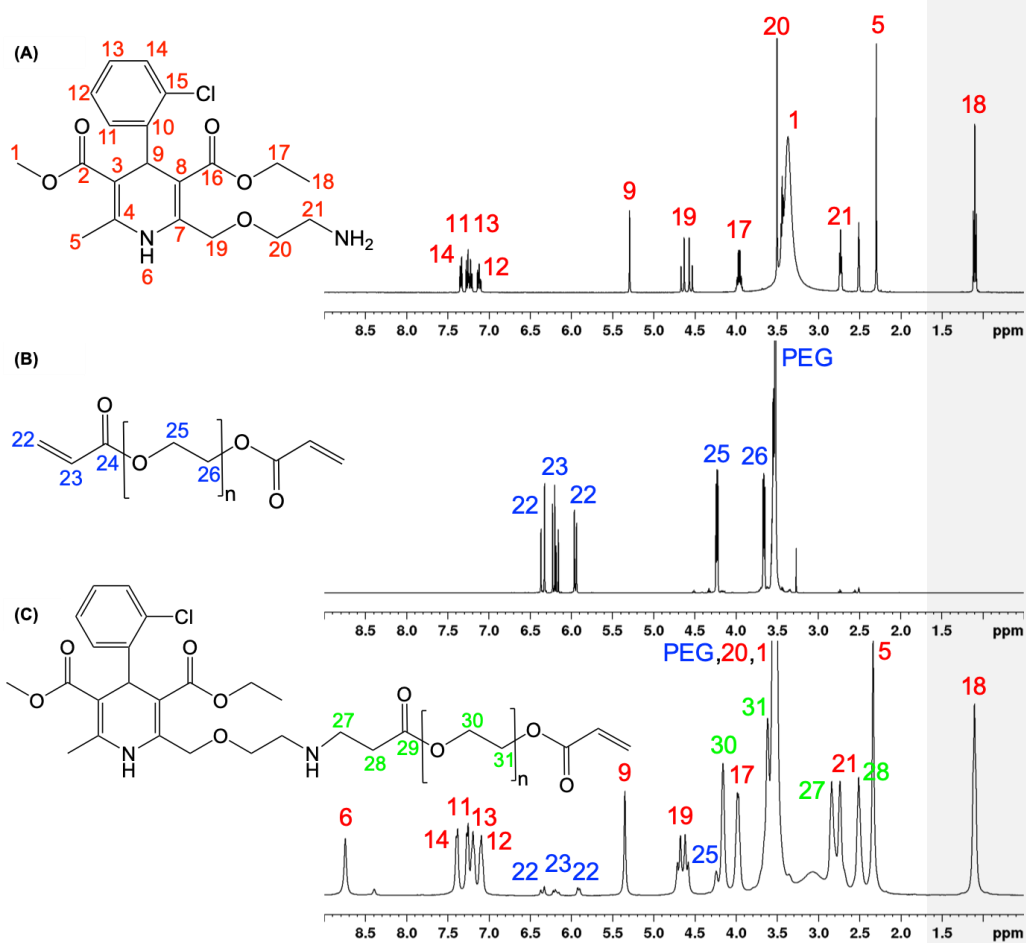
554
555 **Figure 6.** FTIR spectra of amlodipine, PEGDA and mixtures of amlodipine-PEGDA.

556
557 NMR spectroscopy was performed to confirm the reaction between amlodipine and PEGDA.
558 As the polyprintlets were designed to deliver a low-dose combination therapy, the
559 photocrosslinkable monomer PEGDA was used in a large excess when compared with
560 amlodipine (1.39 % w/w). The use of this formulation for NMR study, however, did not allow
561 the observation of drug peaks. As such, the characteristic peaks of the combination of
562 amlodipine to PEGDA were not detected due to the predominant signals of the distinct PEGDA
563 peaks. Consequently, the molar ratio of amlodipine to PEGDA was increased to 2:1 for the
564 ease in amlodipine peak detection and the covalent bond between amlodipine and PEGDA
565 respectively. Fig. 7 shows the ¹H NMR spectra of amlodipine, PEGDA and amlodipine-PEGDA
566 mixture and Supplementary Figure A shows the ¹³C NMR spectra of amlodipine-PEGDA

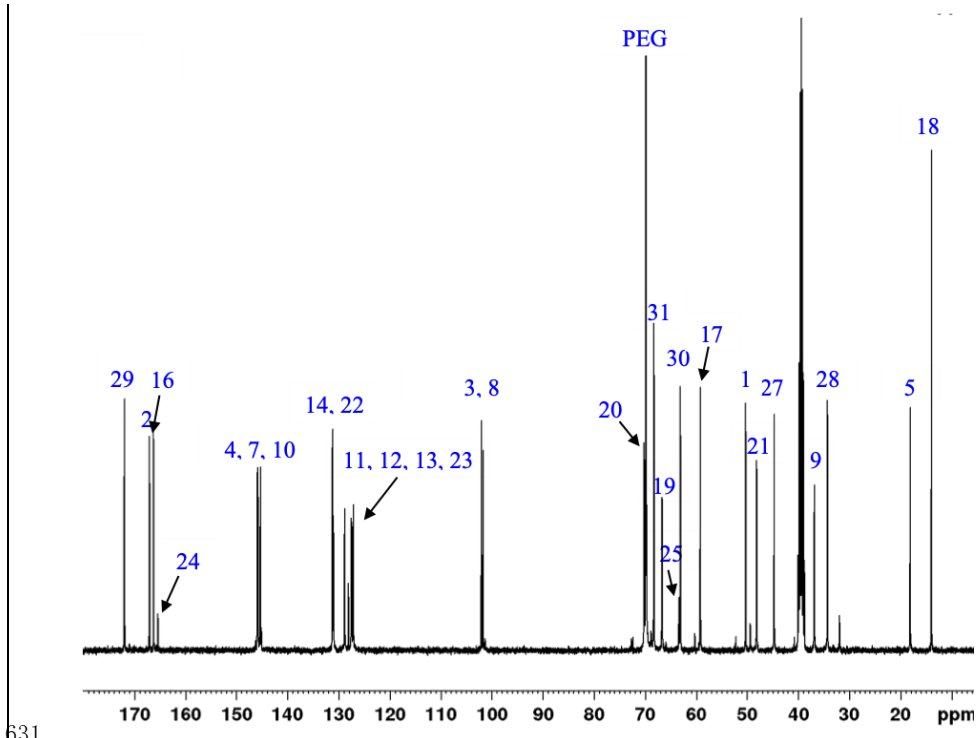
567 mixture. 2D NMR experiments, Heteronuclear Single Quantum Correlation (HSQC)
568 (Supplementary Figure Bi) and Heteronuclear Multiple-Bond Correlation (HMBC)
569 (Supplementary Figure Bii) facilitated the full assignment of the ^1H and ^{13}C NMR spectrum
570 (Fig. 7 and Supplementary Figure A respectively). Each characteristic peak of PEGDA and
571 amlodipine was detected in both 1D spectrum. However, an additional set of signals at 4.16,
572 3.62, 2.84 and 2.51 ppm (peaks labelled in green) was detected in the ^1H NMR spectrum
573 which were assigned to the methylene groups of PEGDA after interacting with amlodipine.
574 Additionally, the intensity of the signals of the diacrylate group at 6.34, 6.20 and 5.91 ppm were
575 much lower than expected from a molar ratio of amlodipine to PEGDA of 2:1. NMR
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585 Figure A shows the ^{13}C NMR spectra of amlodipine-PEGDA mixture. 2D NMR experiments,
586 Heteronuclear Single Quantum Correlation (HSQC) (Supplementary Figure Bi) and
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595
596
597 When compared with the spectra of amlodipine and PEGDA, the integral peak areas for the -
598 NH- group of amlodipine and CH₂=CH- of PEGDA were found to be only 0.83 and 0.10 in the
599 amlodipine-PEGDA mixture. In other words, a ratio of amlodipine to PEGDA of 2:0.24 was
600 calculated, thus indicating a loss of approximately 80 % of PEGDA due to its reaction with
601 amlodipine. It is proposed that the primary amine of amlodipine and the diacrylate of PEGDA
602 could undergo a Michael addition in mild conditions without the use of catalysts or solvents
603 [40]. The proton at the position 27 has only three carbon correlations in the HMBC spectrum
604 (Supplementary Figure A) indicating the formation of a secondary amine via the single
605 functionalisation of the primary amine with PEGDA. Akyol et al. described the synthesis of
606 novel poly(beta amino ester) macromonomers through Michael addition of various diacrylates
607 including PEGDA and a phosphonate that contains primary amine, as well as propyl amine
608 [41]. In their 1H-NMR spectra, a change of peaks was observed due to methylene groups
609 attaching to a carbonyl group, nitrogen and oxygen. In addition, in the article where an example
610 was given for a diacrylate and an amine, the NMR results illustrated the disappearance of the
611 amino protons as well as the weak intensity of the acrylate peaks after they were interacting
612 with each other [42].~~When compared with the spectra of amlodipine and PEGDA, the integral~~
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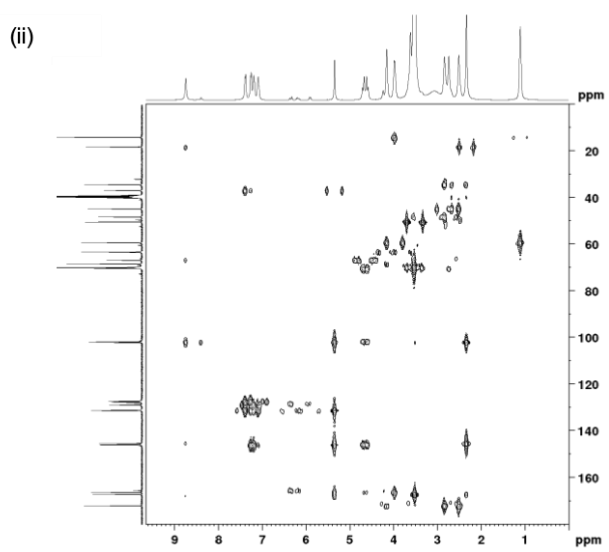
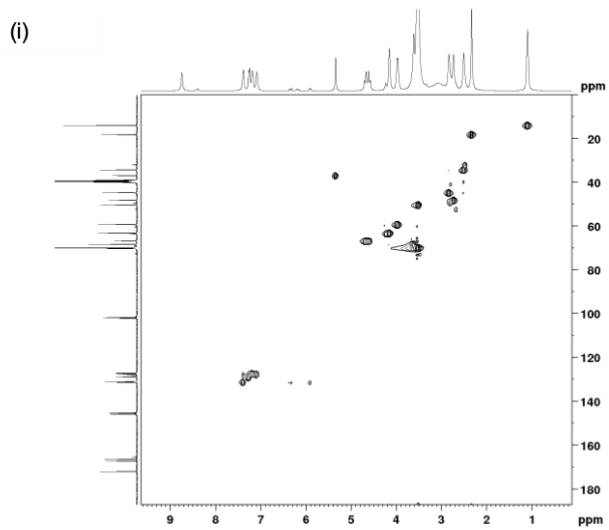
628 **Figure 7.** ¹H NMR spectra (DMSO-d₆) of (A) amlodipine, (B) PEGDA and (C) amlodipine-
 629 PEGDA mixture.
 630



631

632

Supplementary Figure A. ^{13}C NMR spectrum (DMSO- d_6) of amlodipine-PEGDA mixture.

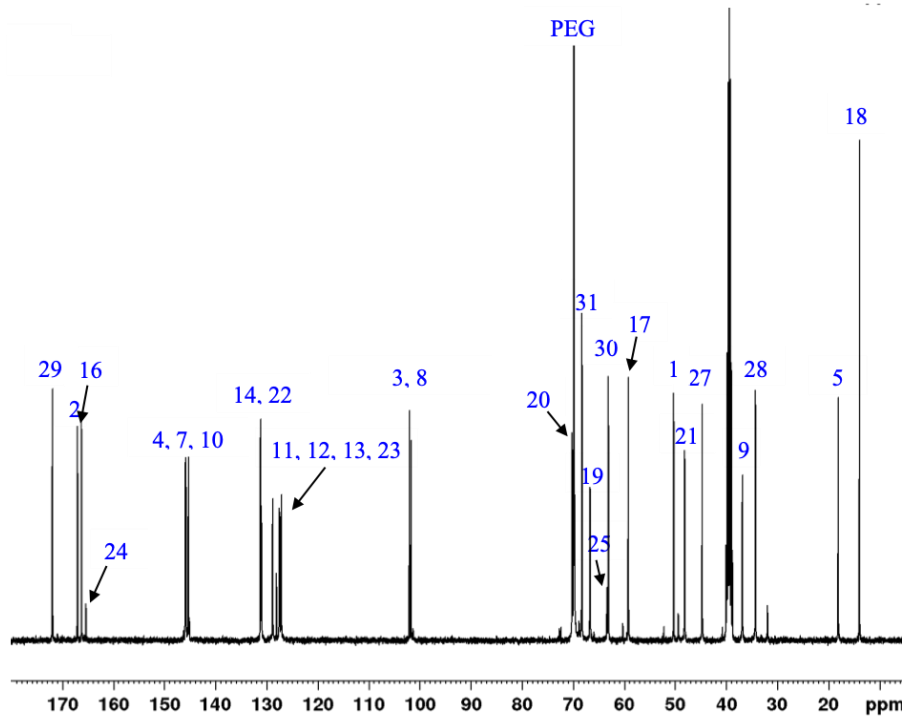


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634 **Supplementary Figure B. HSQC (i) and HMBC (ii) of amlodipine-PEGDA mixture in**

635 **(DMSO-d6).**

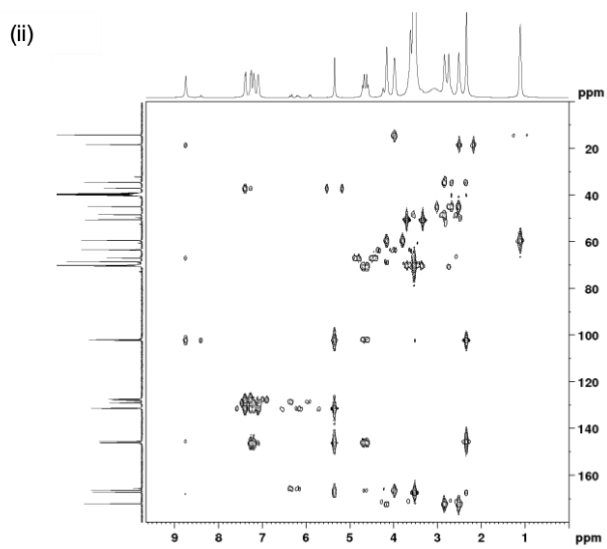
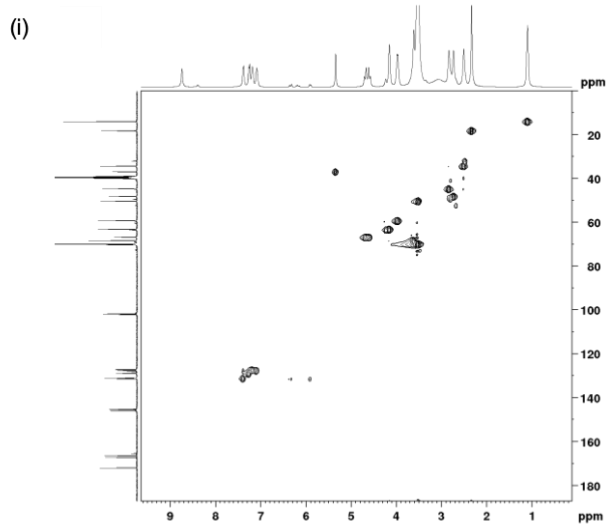
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Supplementary Figure A. ¹³C-NMR spectrum (DMSO-d₆) of amlodipine-PEGDA mixture.



639

640 **Supplementary Figure B.** HSQC (i) and HMBC (ii) of amlodipine-PEGDA mixture in-

641 (DMSO-d6).

642 The SLA 3D printed polyprintlets were tested in the dynamic in vitro dissolution model that
643 mimics the physiological conditions of the gastrointestinal tract. The drug release of atenolol,
644 hydrochlorothiazide and irbesartan from both formulations commenced in the gastric phase
645 and continued in the intestinal phase over a period of 24 h (Fig. 8). The polyprintlets were
646 designed and formulated to evaluate the effect of geometry on the dissolution profiles. Over
647 75 % of atenolol was released in the first 120 min in Type 1 polyprintlets while 55 % drug
648 release was achieved in the Type 2 polyprintlets in the same time. This coincided with the fact
649 that atenolol was located on the outer layer in the Type 1 polyprintlets where surface area to
650 volume ratio was higher than where it was in the Type 2 polyprintlets (inner layer) [43]. For
651 hydrochlorothiazide and irbesartan, minimal changes in drug release were observed on the
652 different surface to volume ratio of Types 1 and 2 polyprintlet. On the other hand, it was
653 observed that atenolol was the only formulation to reach 100 % drug release in both
654 polyprintlets while 48 % and 17 % of hydrochlorothiazide and irbesartan were released in total
655 after 24 h. This was attributed mainly to their poor aqueous solubilities (0.70 mg/mL for
656 hydrochlorothiazide and 0.00884 mg/mL for irbesartan) which consequently affect the drug
657 dissolution rates from the polymeric matrix [44,45]. No release of amlodipine was detected in
658 any type of polyprintlet which confirm the incompatibility of the drug via its reaction with PEGDA.

659
660 Crucially, undesirable reactions between the photoreactive monomer and the API should be
661 avoided when using the SLA 3D printing approach in drug delivery, otherwise the active drug
662 molecule could undergo possible degradation or iteration which can consequently deplete
663 therapeutic effects. Previously, studies involving SLA 3D printing of oral dosage forms have
664 demonstrated at least more than 90 % of drug contents in the printed tablets suggesting the
665 absence of drug-photopolymer reactions [24,32]. A recent article that utilised the DLP 3D
666 printing technology to fabricate oral tablets also employed FTIR to assess possible drug-
667 polymer reactions. No detectable chemical reactions, however, were found in the oral
668 formulations [25]. This could be due to the study design of proof of concept studies;
669 researchers tend to select common drugs such as paracetamol, 4-aminosalicylic acid and

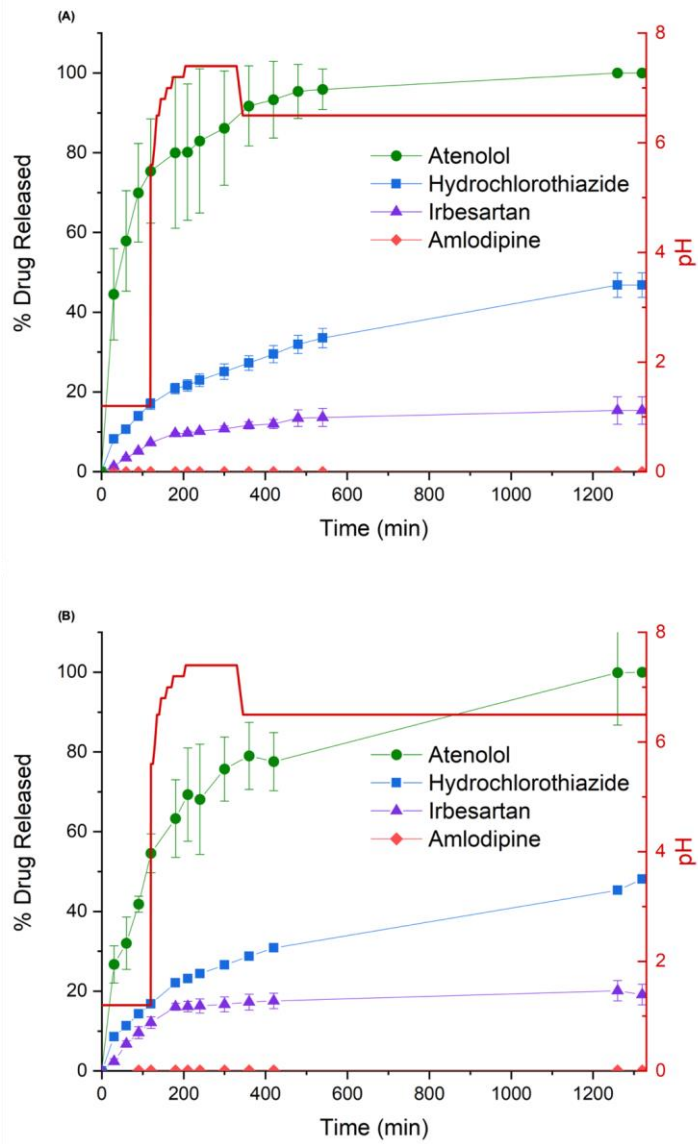
670 theophylline to demonstrate the feasibility of using SLA 3D printing for printing drug-loaded
671 tablets. Herein, however, we report that the reaction between drug and polymer could be
672 possibly due to a Michael addition reaction under a solvent-free and catalyst-free conditions.
673 This therefore may represent a limitation for the advancement of the SLA 3D printing
674 technology in the development of oral dosage forms. Michael addition is a versatile polymer
675 synthesis reaction that allows the biocompatible preparation of growth polymers including
676 poly(amido amines), poly(amino esters) and poly(ester sulfides) [40]. Beyond primary amines,
677 nucleophiles such as secondary amines, thiols and phosphines could perform as Michael
678 donors to undergo Michael addition with numerous Michael acceptors including ester acrylates
679 and acrylamides, for example [46].

680
681 Active compounds which could serve as a Michael donor can react with a Michael acceptor (in
682 this case the PEGDA or other monomers with diacrylate groups) even during the physical
683 mixing procedure. To resolve this issue, other biocompatible photocrosslinkable monomers
684 without acrylate groups should be considered to replace PEGDA. Alternative novel
685 biomaterials have recently been developed for photopolymerisation-based 3D printing like
686 alkyne carbonate based monomers which showed considerably lower cytotoxicity and higher
687 conversion rates when compared with methacrylates [30]. Moreover, mixtures of
688 poly(propylene fumarate) (PPF)/diethyl fumarate (DEF) [47] and vegetable oil-derived epoxy
689 monomers [48] have also been exploited as photopolymerisable materials for SLA 3D printing.

690
691 The SLA 3D printed polyprintlets were tested in the dynamic *in vitro* dissolution model that
692 mimics the physiological conditions of the gastrointestinal tract. The drug release of atenolol,
693 hydrochlorothiazide and irbesartan from both formulations commenced in the gastric phase
694 and continued in the intestinal phase over a period of 24 h (Figure 8). The polyprintlets were
695 designed and formulated to evaluate the effect of geometry on the dissolution profiles. Over
696 75% of atenolol was released in the first 120 min in Type 1 polyprintlets while 55% drug release
697 was achieved in the Type 2 polyprintlets in the same time. This coincided with the fact that

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698 ~~atenolol was located on the outer layer in the Type 1 polyprintlets where surface area to volume~~
699 ~~ratio was higher than where it was in the Type 2 polyprintlets (inner layer) [1]. For~~
700 ~~hydrochlorothiazide and irbesartan, minimal changes in drug release were observed on the~~
701 ~~different surface to volume ratio of Types 1 and 2 polyprintlet. On the other hand, it was~~
702 ~~observed that atenolol was the only formulation to reach 100% drug release in both~~
703 ~~polyprintlets while 48% and 17% of hydrochlorothiazide and irbesartan were released in total~~
704 ~~after 24 hr. This was attributed mainly to their poor aqueous solubilities (0.70 mg/mL for~~
705 ~~hydrochlorothiazide and 0.00884 mg/mL for irbesartan) which consequently affect the drug~~
706 ~~dissolution rates from the polymeric matrix [2, 3]. No release of amlodipine was detected in~~
707 ~~any type of polyprintlet which confirm the incompatibility of the drug via its reaction with PEGDA.~~



708 **Figure 8.** Drug dissolution profiles from SLA 3D printed Type 1 (A) and Type 2 (B) polyprintlets.

709 Red line shows the pH values of the dissolution media.

713
714 ~~Crucially, undesirable reactions between the photoreactive monomer and the API should be~~
715 ~~avoided when using the SLA 3DP approach in drug delivery, otherwise the active drug~~
716 ~~molecule could undergo possible degradation or iteration which can consequently deplete~~
717 ~~therapeutic effects. Previously, studies involving SLA 3DP of oral dosage forms have~~
718 ~~demonstrated at least more than 90% of drug contents in the printed tablets suggesting the~~
719 ~~absence of drug photopolymer reactions [1, 2]. A recent article that utilised the DLP 3DP~~
720 ~~technology to fabricate oral tablets also employed FTIR to assess possible drug-polymer~~
721 ~~reactions. No detectable chemical reactions, however, were found in the oral formulations [3].~~
722 ~~This could be due to the study design of proof of concept studies; researchers tend to select~~
723 ~~common drugs such as paracetamol, 4-aminosalicylic acid and theophylline to demonstrate~~
724 ~~the feasibility of using SLA 3DP for printing drug-loaded tablets. Herein, however, we report~~
725 ~~that the reaction between drug and polymer could be possibly due to a Michael-addition~~
726 ~~reaction under a solvent-free and catalyst-free conditions. This therefore may represent a~~
727 ~~limitation for the advancement of the SLA 3DP technology in the development of oral dosage~~
728 ~~forms. Michael-addition is a versatile polymer synthesis reaction that allows the biocompatible~~
729 ~~preparation of growth polymers including poly(amido-amines), poly(amino-esters) and~~
730 ~~poly(ester-sulfides) [4]. Beyond primary amines, nucleophiles such as secondary amines, thiols~~
731 ~~and phosphines could perform as Michael donors to undergo Michael addition with numerous~~
732 ~~Michael acceptors including ester acrylates and acrylamides, for example [5].~~

733
734 ~~Active compounds which could serve as a Michael donor can react with a Michael acceptor (in~~
735 ~~this case the PEGDA or other monomers with diacrylate groups) even during the physical~~
736 ~~mixing procedure. To resolve this issue, other biocompatible photocrosslinkable monomers~~
737 ~~without acrylate groups should be considered to replace PEGDA. Alternative novel~~
738 ~~biomaterials have recently been developed for photopolymerisation-based 3DP like alkyne~~
739 ~~carbonate-based monomers which showed considerably lower cytotoxicity and higher~~
740 ~~conversion rates when compared with methacrylates [6]. Moreover, mixtures of poly(propylene~~

fumarate) (PPF)/diethyl fumarate (DEF) [7] and vegetable oil-derived epoxy monomers [8] have also been exploited as photopolymerisable materials for SLA 3DP.

4. Conclusion

In this study, we successfully report the fabrication of a multi-layer antihypertensive polyprintlet that could potentially deliver a low-dose combination therapy utilising a novel SLA 3DP approach. Notably, reactions between photocrosslinkable monomers (PEGDA) and one of the drugs (amlodipine) were demonstrated and confirmed using FTIR and NMR spectroscopy. To the best of our knowledge, the findings from our case study was the first to describe the unexpected drug-polymer reactions in 3DP. As such, this highlights the need to screen for photoreactive monomers to ensure the compatibility of drug-loaded oral dosage forms manufactured by SLA. This work presents the vast opportunities and consequently the challenges that need to be addressed towards the advancement of novel and versatile photocurable biomaterials in 3DP for drug delivery.

In this study, we successfully report the fabrication of a multi-layer antihypertensive polyprintlet that could potentially deliver a low-dose combination therapy utilising a novel SLA 3D printing approach. Notably, reactions between photocrosslinkable monomers (PEGDA) and one of the drugs (amlodipine) were demonstrated and confirmed using FTIR and NMR spectroscopy. To the best of our knowledge, the findings from our case study was the first to describe the unexpected drug-polymer reactions in 3D printing. As such, this highlights the need to screen for photoreactive monomers to ensure the compatibility of drug-loaded oral dosage forms manufactured by SLA. This work presents the vast opportunities and consequently the challenges that need to be addressed towards the advancement of novel and versatile photocurable biomaterials in 3D printing for drug delivery.

CRediT authorship contribution statement

Xiaoyan Xu: Conceptualization, Methodology, Software, Validation, Formal analysis, Investigation, Resources, Data curation, Writing - original draft, Writing - review & editing.
Pamela Robles-Martinez: Conceptualization, Methodology, Software, Validation, Formal

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769 analysis, Investigation, Resources, Data curation, Writing – review & editing, Visualization.
770 Christine M. Madla: Conceptualization, Methodology, Resources, Writing - review & editing.
771 Fanny Joubert: Conceptualization, Methodology, Software, Validation, Formal analysis,
772 Investigation, Data curation, Writing - review & editing. Alvaro Goyanes: Conceptualization,
773 Methodology, Resources, Writing – review & editing, Supervision, Project administration. Abdul
774 W. Basit: Conceptualization, Methodology, Writing - review & editing, Supervision, Project
775 administration. Simon Gaisford: Conceptualization, Methodology, Writing - review & editing,
776 Supervision, Project administration.

777

778 **Declaration of Competing Interest**

779 The authors declare no conflict of interest.

780

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783 (EPSRC) UK, grant number EP/L01646X.

784

785 **Appendix A. Supplementary data**

786 Supplementary material related to this article can be found, in the online version, at

787 <https://doi.org/10.1016/j.addma.2020.101071>.

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