

1 Title: Deep-phenotyping detects a pathological CD4⁺ T cell complosome signature in
2 systemic sclerosis

3 **Running Title:** A novel pathogenic T cell signature in scleroderma
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47 CD4⁺ T helper 1 cells (Th1) function is closely regulated by an intrinsic developmental program in
48 which activation/induction and pro-inflammatory interferon (IFN)- γ secretion is followed by a
49 deactivation/contraction period characterized by a switch into co-secretion of immunoregulatory
50 interleukin (IL)-10. Autocrine intracellular complement (complosome) activity plays a vital role in
51 Th1 initiation and contraction: T cell receptor (TCR) stimulation induces intracellular activation of
52 the complement key components C3 (through cathepsin L (CTSL) cleavage) and C5 which leads to
53 intrinsic engagement of CD46 by C3b, of the C3a receptor (C3aR) by C3a, and of the C5aR by
54 C5a^{1,2}. These events mediate the metabolic programming required for IFN- γ production and Th1
55 induction³. CD46-mediated signals also support subsequent IL-10 switching and Th1 contraction by
56 increasing oxidative phosphorylation vs. glycolysis ratio, while autocrine C5aR2 engagement by
57 secreted, des-Argininated C5a (C5a-desArg), suppresses intracellular C5aR1 activity (Supplementary
58 Figure 1a depicts a model summarizing the role of the complosome in Th1 induction and
59 contraction).

60 Diminished or augmented complosome activation and function is associated with recurrent
61 infections or hyperactive Th1 responses in rheumatoid arthritis (RA) and systemic lupus
62 erythematosus (SLE), respectively⁴. This raises the possibility that T cell complosome dysregulation
63 may operate in other immune-mediated rheumatic diseases, such as systemic sclerosis (scleroderma,
64 SSc)⁵. Designated as an orphan disease with high unmet medical need, SSc is characterized by
65 autoimmunity, vasculopathy and progressive fibrotic changes to major internal organs⁶. Hyperactive
66 T helper cells, often of the Th2 subtype, and increases in IL-6 and/or IL-17-producing CD4⁺ T cells
67 in the blood and skin of patients have been described conclusively^{7,8}. However, the evidence for a
68 distinct Th1 involvement is less clear as some researchers noted augmented Th1 activity while
69 others have failed to observe this. A method to comprehensively and rapidly monitor complosome
70 activity in cells, however, is currently unavailable: traditional FACS-based assays generally do not
71 permit measurement of sufficient markers to assess complosome activity and cellular effector
72 function on a single cell-level. Similarly, RNA-seq or gene array analyses fail to inform on the
73 intra- or extracellular localization of complement components and on their protein activation states.
74 Here, we addressed this need for advanced complosome/complement technologies and generated
75 the first complement-compatible antibody panel suitable to analyze the complosome signature of
76 cells comprehensively by mass cytometry (MC, CyTOF®) technology. We further utilized this
77 novel MC complosome panel to evaluate CD4⁺ T cells isolated from a well-characterised cohort of

78 early-stage treatment-naïve diffuse cutaneous systemic sclerosis (dcSSc) for complosome
79 perturbations. This strategy focused on detection of dysregulation in Th1 induction or contraction in
80 SSc and our results indicate potential biological coupling of dysregulated complosome activity in a
81 broader range of immune-mediated rheumatic disease states.

82
83 To assess for a potential defect in Th1 contraction in SSc, we measured cytokine expression from
84 resting and activated CD4⁺ T cells isolated from the blood of six dcSSc patients (Patients 1 to 6;
85 Supplementary Table 1) and matched healthy donors (HDs). Indeed, T cells from these patients not
86 only displayed significantly increased IL-6 and IL-17 secretion upon CD3+CD46 activation, they
87 also produced proportionally significantly larger amounts of IFN- γ compared to IL-10 with
88 increased IFN- γ :IL-10 ratio without affecting cell viability (Figure 1a and Supplementary Figure 1b
89 and c).

90 To test our hypothesis that aberrant intracellular complement activity may underpin the reduced
91 capacity for CD46-mediated Th1 contraction in SSc, we generated and validated a novel mass
92 cytometry biomarker panel to evaluate complement protein expression and activation states in
93 unprecedented depth. This panel simultaneously detects a combination of 18 complosome
94 components (extra- and intracellularly), seven selected T cell markers including those for Th1 and
95 Th17 activity, four cytokines/effector molecules, and two relevant transcription factors
96 (Supplementary Table 2). Importantly, this novel antibody panel detects all respective
97 (complement) antigens in resting or activated T cells in a similar pattern when compared to their
98 ‘conventional’ and previously published detection patterns via FACS analysis (Supplementary
99 Table 3a-b)^{1, 2}. We next assessed freshly blood-purified and not further activated or CD3+CD46-
100 stimulated CD4⁺ T cells isolated from five dcSSc patients (Patients 5 to 9; Supplementary Table 1)
101 utilizing our bespoke MC panel for complosome activity and functional markers. Data were
102 analyzed using automated dimension reduction including Uniform Manifold Approximation and
103 Projection (UMAP) or Stochastic Neighbor Embedding (SNE) in combination with spanning-tree
104 progression analysis of density-normalized events (SPADE) for clustering⁹ as well as deep
105 phenotyping of immune cells¹⁰. We further delineated newly identified relevant cell clusters using
106 our in-house pipeline for cell clustering (CytoClustr (published¹⁰ and available [here](#)).

107 Firstly, UMAP analysis of non-activated T cells isolated from three dcSSc patients (Patient 6, 8 and
108 9) and three matched HDs revealed a strikingly different single cell complosome

109 expression/activation landscape between patients and HDs and further a highly complement-
110 enriched island in patients which was absent in HDs (Figure 1b). The identified island was
111 particularly enriched in C3/C3b, C5/C5b and C5aR1; the three key complosome components that
112 we previously associated with Th1 (hyper)activity^{1,2}(Figure 1b). To next assess these complement-
113 enriched cells observed in the data set in relation to the additional activation, cytokine and
114 transcription factor markers, normalized FCS expression was Z-scaled, and cells expressing each of
115 C3/C3b, C5/C5b, and C5aR1 at $Z > 1.96$ ($p < 0.05$) were retained and regarded as 'hi' (high in these
116 components). All other cells were regarded as 'normal'. The expression of all panel markers across
117 these two cell groups, and across HDs and patients, was cross-analyzed via box and whisker plots
118 (Figure 1c and Supplementary Figure 2a). This analysis confirmed the presence of a distinct cluster
119 of complement-enriched cells, almost exclusively in patients but not in HDs (Figure 1c) and further
120 showed that these cells were enriched for the presence of activated Factor B (Bb Neo), intracellular
121 CD46 and C3aR expression, the canonical Th1 lineage transcription factor T-bet, and IL-17
122 (Supplementary Figure 2a). Subsequent calculation of average expression of markers following
123 viSNE and SPADE, further supported a substantially altered complosome signature in circulating T
124 cells from these patients (Figure 1d), with the increased levels of intracellular C3a and C5a in
125 patient T cells denoting augmented intracellular C3 and C5 activation. Patient T cells also express
126 higher intracellular levels of the activating complement receptors C3aR and C5aR1 whilst the
127 inhibitory receptor C5aR2 is decreased (Figure 1d). Expression of the complement regulator decay
128 accelerating factor (DAF, CD55) is also augmented, in line with DAF upregulation generally
129 observed on activated T cells, while CD46 shows a dysregulated isoform expression pattern with a
130 reduction of surface protein expression and an increase in intracellular presence of the CYT-1-
131 bearing isoform of CD46 (Figure 1d). The latter indicates likely ongoing autocrine activation of
132 CD46 as CD46 is normally lost on the cell surface upon stimulation due to metalloprotease-
133 mediated cleavage. A receiver operating curve performed with pROC package in R and based on
134 markers in Supplementary Figure 2a showed that this specific complosome signature was able to
135 discriminate patients from HDs (AUC 0.879) (Supplementary Fig. 2b).

136 We next performed a similar analysis of the patients' T cells after CD3+CD46 activation and
137 observed that perturbed complosome activity is further augmented. SPADE analysis to group
138 phenotypically related cells into clusters using both resting and activated cells confirmed marked
139 differences between the dcSSc and the HD groups: although CD4⁺ T cells are evenly distributed

140 within the SPADE tree prior to stimulation in both dcSSc and HDs cells, cell cluster formation itself
141 is visibly distinct in resting cells from dcSSc patients when compared to HDs. CD3+CD46
142 activation of HD and patient T cells induced extensive remodeling in both donor groups, and further
143 confirmed that T cells from patients displayed sustained discrete and more dynamic changes that
144 designate the majority of their cells into a distinctive area of the SPADE tree (yellow underlayered
145 area) (Figure 1e). A heatmap depiction of data derived from activated T cells from HDs and patients
146 (Supplementary Figure 2c) showed, for example, that the levels of C3a and the activating receptors
147 C3aR and C5aR1 remained increased, whilst expression of the inhibitory receptor C5aR2 was
148 further reduced when compared to activated HD T cells (Figure 1e). C5a levels are now reduced in
149 comparison to HD cells, which could reflect C5a consumption/usage during T cell activation. The
150 negative regulator CD55 showed an ‘ambivalent’ pattern with a clear intracellular decrease cell
151 surface increase on patients’ T cells. Importantly, the patients’ T cells respond normally to general
152 TCR activation denoted by the expected increase in CD25, CD28, and CD95 expression, and the
153 concurrent down-regulation of the IL-7 receptor.

154 Our MC analysis of resting and CD3+CD46 activated T cells from five dcSSc patients indicated
155 that a shared common feature of their perturbed complosome signature includes (at minimum)
156 augmented C3 and C5 activation and C5aR1 expression with concurrent reduction in C5aR2
157 expression (Figure 1b-e). Excitingly, we confirmed via ‘conventional’ FACS analysis that these
158 markers indeed followed this distinctive pattern in resting CD4⁺ T cells from two additional dcSSc
159 patients (Patients 10 and 11) (Figure 1f). This indicates that presence of our MC-identified specific
160 complosome signature may be extended to dcSSc patients across key SSc-hallmark autoantibody
161 specificities. We had previously shown that reducing CTSL-mediated activation of C3 within T
162 cells through a cell-permeable CTSL inhibitor normalizes hyperactive Th1 activity in T cells from
163 the synovial fluid of RA patients *in vitro*¹. CD3+CD46 stimulation of T cells from dcSSc patients in
164 presence of the CTSL inhibitor not only normalized the IFN- γ :IL-10 ratio (Figure 1g) but also
165 significantly reduced IL-6 production without affecting cell viability (Supplementary Figure 3a and
166 b). In contrast, only C5aR2 agonism significantly reduced IL-17 expression (Supplementary Figure
167 3a). TNF- α or IL-4 production in cultures remained unaltered in HDs and patients’ T cells under
168 any condition assessed, in line with our previous observations that the complosome is not required
169 for TNF production or Th2 induction in human CD4⁺ T cells (Supplementary Figure 3a).

170 In summary, utilization of our new MC-compatible complosome-specific antibody panel allowed us
171 to observe specific perturbations of the complosome in circulating T cells from patients with SSc.
172 Importantly, this complosome signature is further exaggerated upon stimulation and remains
173 distinguishable from those of healthy donors. Thus, biological coupling of perturbed complosome
174 activity may occur in a wide range of autoimmune rheumatic disease states, including RA, SLE and
175 SSc. Importantly, this technique/panel can be used to quickly assess other Th1-driven pathologies
176 for distinct changes in complosome signatures and can be adapted rapidly to probe for in-depth
177 complosome activity in other cell populations of interest. A refined FACS analysis ‘distilled’ from
178 such initial exploratory MC complosome screens can then potentially become a tool for early and
179 easy screening of (T) cell dysregulation in selected patient groups and may provide new biomarkers
180 for disease stratification. Our results clearly need to be validated in a larger SSc patient cohort and
181 other rheumatic diseases and we need to gain a better understanding of the diverse activities of the
182 complosome per se.

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184

185 **Figure legend**

186 **Figure 1. T cells from patients with diffuse cutaneous scleroderma have reduced capacity for**
187 **Th1 contraction and a distinct complosome signature. a** Purified blood CD4⁺ T cells from
188 treatment-naïve patients newly diagnosed with diffuse cutaneous systemic sclerosis (dcSSc; P1 to 6)
189 showed a perturbed IFN- γ :IL-10 ratio upon activation. **b** Resting CD4⁺ T cells from three dcSSc
190 patients (Patients 6, 8 and 9) and three matched healthy donor (HDs) were stained using the bespoke
191 MC panel. UMAPs identify patient-specific cell clusters which are enriched in intracellular C5aR1,
192 C5/C5b and C3/C3b (arrows). **c** Z-scale cross-analysis of normalized FCS expression from
193 C3/C3b⁺, C5/C5b⁺, and C5aR1⁺ patient cells (‘hi’) versus all other patient cells (‘normal’) and HD
194 cells. Frequencies of complement ‘hi’ cells and correlation with other markers assessed were
195 calculated and visualized as a barplot. **d** Expression summary depicted as heat map of all
196 intracellular and surface antigens assessed in non-activated T cells dcSSc patients and HDs. Color
197 range indicates relative expression levels between comparatives (markers) and not absolute values.
198 **e** SPADE analysis of data derived from MC staining of resting and CD3+CD46-activated CD4⁺ T
199 cells (36 hrs). Cellular abundance is denoted by node size and internode linkage distance indicates
200 degree of phenotype relatedness. The level of complosome activity indicated by colors in the side

201 bar. The circumscribed area contains the population phenotypes that emerge majorly in response to
202 *ex vivo* stimulation. **f** Freshly purified CD4⁺ T cells from two patients with recent onset dcSSc
203 (Patients 10 and 11) and two matched healthy donors (HDs 10 and 11) were assessed for presence
204 of intracellular C3a, C5a, C5aR1 and C5aR2 by FACS analysis (n = 2). **g** Purified CD4⁺ T cells
205 isolated from dcSSc Patients 5, 6, 10, and 11 and from matched HDs 5, 6, 10, and 11 were
206 CD3+CD46 activated in the presence or absence of either a cell-permeable cathepsin L inhibitor or
207 a C5aR2 agonist and IFN- γ :IL-10 ratio assessed. Data are means \pm SEM. * $p < 0.05$. (i), intracellular
208 staining; (s), surface staining.

209

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227 **Author contributions**

228 D.E.H, C.K. and S.K. conceived and directed the study, performed experiments and wrote the
229 manuscript. G.A., B.C., L.P., T.M.W., and C.K., designed, performed and/or analyzed the T cell
230 activation and 'rescue' experiments. L.M., R.E., S.H., S.K., K.B., and P.N., generated and validated
231 the heavy metal-conjugated CyTOF® compatible antibody panel and/or performed and/or analysed

232 the CyTOF experiments. V.H.O., D.A., and C.P.D., designed and analyzed experiments and data
233 derived from cells isolated from the patients. All authors discussed and edited the manuscript. G.A.
234 and V.H.O. contributed equally to the work and are shared first authors.

235

236 **Conflict of interest**

237 T.M.W is co-inventor on a patent for C5aR2 agonists as immunomodulators for inflammatory
238 disease. The authors have no additional financial interests.

239

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Figure 1: T cells from patients with diffuse cutaneous systemic sclerosis have a perturbed complosome signature and reduced capacity for Th1 contraction.

