IRF2BPL mutations cause autosomal dominant dystonia with anarthria, slow saccades and seizures

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In the ever-expanding spectrum of genetic dystonia syndromes, the presence of associated clinical signs can provide useful clues to guide diagnostic reasoning and inform treatment approaches. We have previously delineated the range of known etiologies associated with dystonia and anarthria/aphonia, and provided an algorithmic approach to reach diagnosis\(^1\). Since then, mutations in the \(KMT2B\) gene have been added to this list and indeed, two of the patients we previously reported (cases 15 and 20)\(^1\) were subsequently found to harbor pathogenic mutations in this gene. Here, we wish to highlight a novel genetic etiology, namely mutations in the \(IRF2BPL\) gene, recently reported to cause a broad phenotypic range of neurological syndromes\(^2\)\(^-\)\(^4\), with a particular focus on the syndromic association of dystonia with anarthria/aphonia.

In 2013 we described an autosomal dominant dystonic syndrome in a female patient (index) and her son (figure 1A), with a characteristic phenotypic presentation consisting of leg-onset generalized dystonia, severe anarthria/aphonia, slow saccades and epilepsy, including photic myoclonus (video; with informed written consent from all individuals for online publication and dissemination of the videos; additional clinical information is to be found in original description)\(^5\). Thorough clinical, paraclinical and genetic investigations at the time, including exome sequencing had been unrevealing\(^5\). Brain MRI of the index patient revealed mild supratentorial and cerebellar brain atrophy (figure 1B) and neurophysiology showed axonal and demyelinating neuropathy of the peroneal and sural nerves. Due to newly performed trio-based exome analyses of the affected mother, the affected son and the unaffected brother of the index patient we filtered all common variants which were unique only in the affected family members. With this approach we identified a heterozygous nonsense variant (c.355C>T; p.Gln119*) within the gene \(IRF2BPL\), which was confirmed by Sanger sequencing (figure 1C).

\(IRF2BPL\) mutations were recently reported to cause a range of neurological syndromes, from progressive childhood-onset motor regression with severe speech abnormalities, including anarthria/aphonia, and photosensitive seizures, over to developmental epileptic encephalopathy\(^2\)\(^-\)\(^4\). Dystonia was reported in 9 cases and oculomotor abnormalities, including (horizontal) saccadic speed slowing, were also documented\(^2\)\(^-\)\(^4\). Onset of dystonia was variable. Indeed, in the 4 out of 7 cases
reported by Macroliese et al. dystonic symptoms developed between childhood and adolescence. Remarkably, in one further patient symptoms of neurological degeneration were first noted at 17 years of age.

The cases we present here, fit well within the phenotypic presentation of \textit{IRF2BPL} mutation syndrome, but also provide important new aspects. First, all previous reported patients, where genetic evaluation of parents was available, harbored \textit{de novo} mutations. In contrast, our cases show that \textit{IRF2BPL} mutations could also manifest later in life and be, thereby, transmitted in an autosomal dominant manner. Importantly, they also reveal marked variability in the onset of symptoms (23 years for index vs early childhood for her son). Second, we believe that mutations at the \textit{IRF2BPL} gene should be – to date – considered pathognomonic for the remarkably rare syndromic association of dystonia with anarthria/aphonia, slow (horizontal) saccades and seizures. Moreover, our patients had certain features, such as keratoconus (male) and gingival enlargement (index), which may prove to be further useful diagnostic clues. Third, we note the lack of treatment response to pallidal deep brain stimulation in the male patient.

To conclude, \textit{IRF2BPL} mutations should be added to the long list of conditions that cause dystonia with anarthria/aphonia, particularly in cases were slow horizontal saccades and epileptic seizures, including photic myoclonus, are present.
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**Reference:**

Figure 1. **A.** Pedigree of the reported family (previously published and used with permission). **B.** Midsagittal plane of brain MRI of the index patient (II.2) at the age of 56 years demonstrating cerebellar atrophy. **C.** NGS (upper lane: family members; lower lane: wildtype references) and Sanger data of the region of interest of the *IRF2BPL* gene.
**Video:** Segment A demonstrates index patient at the age of 56 with generalized dystonia, including jaw-opening dystonia, profound saccadic slowing, particularly in the horizontal plane, anarthria and photic myoclonus. No evidence of cerebellar ataxia in finger-to-nose testing. Gingiva hyperplasia, as well as distal muscle atrophy of both legs without evidence of spasticity are noted. Segment B shows the same patient at the age of 61 years with now spontaneous myoclonic jerks during examination and severe atrophy of distal leg muscles, with accompanying color and temperature changes of the skin. Segment C shows son of index patient at the age of 27 years with generalized dystonia, including jaw-opening dystonia, aphonia, and markedly slowed horizontal saccades. No evidence of cerebellar ataxia was noted (Segments A and C previously published¹).