

**Title:**

An age- and stage-appropriate patient-reported outcome measure of vision-related quality of life (VQoL) of children and young people with visual impairment

**Short title:**

Vision-related quality of life of children/young people

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No conflicting relationship exists for any author.

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**Online supplemental materials:**

The following should appear online-only: Table 4 and Table 5.

1 **ABSTRACT**

2 **Purpose:** Developmentally sensitive measures of vision-related quality of life (VQoL) are  
3 needed to capture age-specific concerns about the impact of living with visual impairment  
4 (VI) in children and young people. Our objective was to use our validated vision-related  
5 quality of life instrument for children and young people aged 10-15 years (the VQoL\_CYP) as  
6 the foundation for development of age-specific extensions.

7 **Design:** Questionnaire development

8 **Participants:** A representative sample of children and young people aged 6-19 years with  
9 visual impairment, visual acuity of the logarithm of the minimum angle of resolution  
10 (LogMAR) worse than 0.50 in the better eye. They were recruited from Paediatric  
11 Ophthalmology clinics at Great Ormond Street Hospital and Moorfields Eye Hospital and in  
12 the final phase of the study from 20 additional UK hospitals.

13 **Methods:** Standard instrument development processes were followed across four phases.  
14 29 semi-structured interviews with children and young people permitted draft age-appropriate  
15 extensions. 28 cognitive interviews informed items and response options. Age-appropriate  
16 extensions were pre-piloted with 49 participants to ensure feasibility, and administered via a  
17 postal survey to a national sample of 160 for psychometric evaluation using Rasch analysis.  
18 Construct validity was evaluated through correlations with the Pediatric Quality of Life  
19 Inventory (PedsQL).

20 **Main Outcome measures:** Psychometric indices of validity and reliability of the instrument  
21 versions.

22 **Results:** Interviews confirmed the existing VQoL\_CYP content and format were relevant  
23 across a wider age-range. Age-appropriate extensions were drafted for children (8-12 years)  
24 and young people (13-17 years). Psychometric item reduction produced 20-item child and  
25 22-item young person versions, each with acceptable fit values, no notable differential item

26 functioning, good measurement precision, ordered response categories and acceptable  
27 targeting, and no notable differential item functioning on items common to both. Construct  
28 validity was demonstrated through correlations with health-related quality of life ( $r = 0.698$ ).

29 **Conclusions:** Using an efficient child/young person-centred approach we have developed  
30 two robust, age-appropriate versions of an instrument capturing VQoL that can be used  
31 cross-sectionally or sequentially across the age-range of 8-17 years in research and clinical  
32 practice. This approach may be applicable in other rare childhood ophthalmic disorders.

33 The use of patient-reported outcomes measures (PROMs) is now well established in both  
34 clinical practice and in research evaluating new treatments.<sup>1</sup> Patient-reported outcome  
35 measures enabling self-report of health-related quality of life (HRQoL), which cannot be  
36 captured through objective clinical assessments, are particularly important. Generic HRQoL  
37 measures<sup>2,3</sup> designed with developmental differences in mind, have followed the standard  
38 approach of concurrent development of age-appropriate instrument versions across different  
39 age groups, by drawing on the whole population. This approach is challenging in populations  
40 with rare ophthalmic disorders such as those causing visual impairment or blindness (VI for  
41 brevity throughout).

42 Visually impairing disorders collectively affect about 2 per 1000 children and young people in  
43 industrialised countries.<sup>4,5</sup> Most children and young people with VI are affected from infancy.  
44 All will face significant lifelong challenges through the impact on development, education,  
45 social and emotional wellbeing alongside high economic costs for affected individuals, their  
46 families and society.<sup>6</sup> In the industrialised world and increasingly in developing countries,  
47 most affected individuals have disorders that are currently neither preventable nor curable.  
48 There is therefore a strong focus on maintaining residual vision and functional abilities in  
49 order to maximise vision-related quality of life (VQoL). However reliable and valid measures  
50 of VQoL in children and young people remain scarce, partly due to the challenges of  
51 research on populations with rare disorders.<sup>7</sup> Hitherto, most PROMs for children and young  
52 people with ophthalmic conditions, including those designed to assess VQoL, comprised  
53 either a single instrument used across a very wide age-range<sup>8,9</sup> or age-specific versions  
54 without age-appropriate items or response formats.<sup>10</sup> Thus, they do not take account of the  
55 development of children's understanding of illness, health and quality of life (QoL) and how  
56 this changes as they mature, and cannot capture developmental differences or age-specific  
57 needs in terms of content, response options and ability to complete independently.<sup>11,12</sup>

58 We recently reported the first stage psychometric validation of a 35-item instrument  
59 measuring self-reported VQoL in children and young people with VI aged 10-15 years - the

60 VQoL\_CYP.<sup>13,14</sup> To ensure content validity, we undertook semi-structured and cognitive  
61 debriefing interviews. In the absence of both an existing conceptual framework and an  
62 established methodology for developing measures for this numerically small population, we  
63 deliberately targeted the 10-15 years age-group in this foundation research, as most capable  
64 of identifying the impact of living with VI through individual interviews and self-completing the  
65 instrument with ease. We now report our planned extension and adaption of that foundation  
66 instrument<sup>13,14</sup> to a broader age-range, including our novel approach of calibrating the new  
67 age-appropriate versions so that they can be used and compared in different age-groups at  
68 any given point but also be used to follow subjects over time as they grow older i.e.  
69 sequentially. Our decision to set the minimum age threshold at 8 years reflects the age from  
70 which self-report becomes reliable, and our maximum age threshold reflects the age of  
71 transition into adult services.

## 72 **METHODS**

73 The study was approved by the National Health Service (NHS) Research Ethics Committee  
74 for Essex and East of England, United Kingdom (UK) and followed tenets of the Declaration  
75 of Helsinki. Participants gave informed individual assent (if <16 years) or consent and  
76 parents gave informed consent to their child's participation (if <16 years).

### 77 Sample

78 Children and young people were eligible if they were *i)* visually impaired, severely  
79 visually impaired or blind (visual acuity in the better eye of LogMAR 0.50 or worse or Snellen  
80 worse than 6/18 or additional visual defects causing visual impairment) due to any visual  
81 disorder, but without any other significant impairment (i.e., learning, sensory or motor); and *ii)*  
82 aged 6-19 years (with age boundaries for the instrument determined later). They were drawn  
83 from 2 patient populations between September 2014 and May 2017 comprising those  
84 attending the Department of Ophthalmology at Great Ormond Street Hospital and the  
85 Pediatric Glaucoma Service and Genetic Eye Disease Service at Moorfields Eye Hospital,

86 London UK supplemented (final phase only) by patients attending 20 other hospitals across  
87 Britain (see Acknowledgments). By sampling across multiple sources nationally in the final  
88 phases, in which the largest samples are needed, we ensured our sample was as  
89 representative as possible of the UK population of children and young people with VI with  
90 respect to ethnic and socio-economic status.

## 91 Procedures

92 Instrument adaptation followed standard instrument development phases, with our  
93 'foundation' research with 10-15 year olds<sup>13,14</sup> as the framework.

### 94 Phase 1: Item development and adaptation

95 To investigate whether the issues covered by the existing VQoL\_CYP items (from the 10-15  
96 year olds' instrument<sup>13,14</sup>) were relevant to children/young people outside the age-range of  
97 10-15 years and identify any new age-specific issues not already included, we conducted  
98 individual in-depth semi-structured interviews with children younger than 10 and young  
99 people older than 15 years. Building on the foundation of the existing VQoL\_CYP instrument,  
100 which was based on 32 interviews with 10-15 year olds, we reached data saturation after 29  
101 interviews (12 with children aged 6-9 years, 17 with young people aged 16-19 years).  
102 Interviews were transcribed and coded using NVivo10.<sup>15</sup> We used the thematic framework  
103 developed through qualitative thematic analysis in the foundation study that produced the  
104 existing VQoL\_CYP instrument for 10-15 year olds, to identify areas of overlap and  
105 discrepancy between the new interview data and the existing instrument. Where omissions  
106 were identified, new, age-appropriate items were developed.

107 Additionally, to ensure that the subsequent first draft version of the instrument version for  
108 younger children was developmentally appropriate, participants <10 years were asked to  
109 complete the existing VQoL\_CYP (10-15 years)<sup>13,14</sup> with parental assistance and provide  
110 feedback to inform development of the subsequent age-appropriate version. This was not

111 considered necessary for participants older than 15 years, who were developmentally well  
112 placed to comprehend the existing VQoL\_CYP (10-15 years) items.

### 113 Phase 2: Pre-testing

114 The upper and lower age boundaries of each new age-appropriate VQoL instrument version  
115 were developed empirically throughout Phase 2, whilst considering data also from the early  
116 interview phases of the VQoL\_CYP (10-15 years) development.<sup>13</sup> Due to the extensive  
117 foundation work in development of the original instrument for 10-15 year olds and the  
118 resemblance of the new age-appropriate drafts to the published instrument, recruitment in  
119 this phase was focused primarily on participants younger than 10 and older than 15 years.  
120 Individual cognitive interviews with 12 children aged 7-10 years and 16 young people aged  
121 13-18 years ensured comprehensibility of the new age-appropriate draft instrument versions.  
122 This was supplemented by parental feedback on the same items presented to children and  
123 young people and study group consensus. Items were refined accounting for importance,  
124 comprehensibility, difficulty and response format. Alongside re-reading of the original  
125 individual interviews with 10-15 year olds,<sup>13</sup> feedback from children and young people, their  
126 parents, and study group consensus was used to determine the age thresholds for the new  
127 instrument versions as 8-12 years (VQoL\_Child) and 13-17 years (VQoL\_Young Person).

### 128 Phase 3: Pre-piloting

129 Pre-piloting of the modified new instrument versions comprised a postal survey of 26 children  
130 aged 8-12 years and 23 young people 13-17 years, to ensure feasibility with respect to  
131 missing data and administration burden and to inform initial decisions about subsequent item  
132 reduction.

133 Participants received a pack comprising invitation letters, child and parent information sheets  
134 and consent/assent forms, the age-appropriate instrument versions in large print (including a  
135 link to an electronic version) and a postage-paid envelope for return of the completed



136 materials. Participants were invited to provide written qualitative feedback. Questionnaire  
137 data were verified by checking the study database, with no errors detected.

#### 138 Phase 4: Piloting

139 Formal piloting comprised a large-scale postal survey of a national sample (UK) of 87  
140 children aged 8-12 years and 73 young people aged 13-17 years to confirm psychometric  
141 properties of the two new instrument versions. The VQoL\_Child and the VQoL\_Young  
142 Person were administered alongside the Child (8-12 years) and Teenager (13-18 years)  
143 versions of the Pediatric Quality of Life Inventory (PedsQL<sup>3</sup>) to assess construct validity. The  
144 PedsQL, a validated generic HRQoL instrument, produces Total, Physical Health and  
145 Psychosocial Health Scores, with higher scores indicating better HRQoL.<sup>3,16</sup>

146 Participants received study packs, as per previous phases. Questionnaire data were verified  
147 through double-checking the study database and any data-entry errors were corrected.

#### 148 *Psychometric evaluation*

149 In keeping with published criteria,<sup>17</sup> data from participants with >25% of item responses  
150 missing were excluded, as were items for which >50% of participant responses were  
151 missing.

152 Rasch analysis<sup>18-22</sup> was used for item reduction and psychometric assessment using  
153 Andrich's Rasch Rating Scale model.<sup>23</sup> Established criteria were used to assess the  
154 appropriateness of the two instruments,<sup>17,24</sup> as detailed in Table 2 and Figures 1 and 2. Prior  
155 to conducting Rasch analysis negatively worded items were reversed, and 1-4 responses  
156 were coded into scores of 0 to 3.

#### 157 *Calibration of VQoL\_Child and VQoL\_Young Person.*

158 The model resulting from equating both instruments, as outlined by Lincacre<sup>25</sup> ensured that  
159 the age-appropriate instrument versions were capable of measuring the same construct in  
160 children and young people. This model, based on the overlapping items on both age-

161 dependent instruments provides continuity of measurement for ages 8 to 17 years, ensuring  
162 the instruments can be used in cross-sectional studies. It also allows comparisons of  
163 summary scores measured during follow-up of individuals as they grow older (i.e. *sequential*  
164 use). These scores are obtained as the sum of all individual item raw scores, and can be  
165 transformed into Rasch person measures using Table 5 (available at [www.aaojournal.org](http://www.aaojournal.org)).  
166 This transformation assumes that all items have equal importance, and that response  
167 categories are scaled accordingly to yield an equal value with uniform increments between  
168 consecutive categories. To examine whether the equated Rasch person measures from the  
169 two age groups (8-12 and 13-17 years) were comparable in this way, a final differential item  
170 functioning (DIF) analysis was conducted using the 'core' set of items common to both.<sup>26</sup>

171 Unidimensionality was assessed using infit and outfit statistics, and the criteria described in  
172 Table 2.<sup>17</sup> DIF statistics, shown in Table 2 represent the effect size, in logits of the difference  
173 between the two classifications of persons.<sup>27</sup>

#### 174 *Construct validity*

175 VQoL summary scores were calculated and converted into Rasch person measures ranging  
176 from 0 (severely reduced VQoL) to 100 (excellent VQoL) using the score-to-measure tables  
177 for each age-appropriate version (Table 5, available at [www.aaojournal.org](http://www.aaojournal.org)), ensuring the  
178 derived measures can be compared between age-appropriate versions despite differences in  
179 the number and wording of items.

180 Construct validity (i.e. instrument's ability to truly measure an intended outcome) was  
181 assessed through correlations between Rasch person measures on the VQoL\_Child and  
182 VQoL\_Young Person and scores on the Child and Teen PedsQL (Total and Psychosocial  
183 subscale summaries). Participants with any missing responses were excluded from the  
184 analyses. Additionally correlation between Rasch person measures on the VQoL\_Child and  
185 VQoL\_Young Person and visual acuity was examined, without anticipation of a correlation, in  
186 keeping with the 'disability paradox'.<sup>28</sup>

187 Correlations with PedsQL were examined using the Rasch person measures for each new  
188 VQoL version individually, before combining scores from both age-appropriate versions.

189 Spearman's Rank correlations were reported.

190 Rasch analysis was conducted using Winsteps, 4.0.1.<sup>29</sup> All other analyses were completed  
191 using SPSS.

## 192 **RESULTS**

193 Table 1 shows the participant characteristics across the study phases, illustrating an  
194 unbiased representation of the overall UK population of children and young people with VI  
195 with respect to clinical and socio-demographic characteristics and ophthalmic diagnoses  
196 (given the exclusion of participants with any other significant impairment).<sup>5,13,14</sup>

### 197 *Phase 1: Item development and adaptation*

198 Analysis of the new interview data revealed significant overlap between the issues raised by  
199 children younger than 10 and young people older than 15 years, and the issues covered by  
200 the existing VQoL\_CYP instrument for 10-15 year olds.<sup>13,14</sup> Where age-related variation  
201 emerged it was in descriptions/and attributions of issues to QoL, rather than differences in  
202 the type of issues experienced, necessitating some adaptations. For the older age group, 11  
203 items removed during the foundation research were reinstated based on views expressed in  
204 the interviews regarding relevance. A new item on tiredness and impact on sleep, as flagged  
205 by participants, was added.

206 The format involving the illustrative child/3<sup>rd</sup> person vignette was changed as a result of  
207 significant skew in VQoL\_CYP items presented on the 'ideal status' scale in the foundation  
208 study.<sup>14</sup> All items were re-worded as first person statements (e.g. 'I feel left out because of  
209 my eyesight') and response categories amended accordingly whereby the responding  
210 child/young person reported how true each statement was about him/her. Four response  
211 categories were developed and refined, considering children and young people's natural

212 vocabulary used during interviews (1-Not at all true, 2-A little bit true, 3-Mostly true, 4-  
213 Completely true). Instrument instructions ensured the respondent children and young people  
214 made their responses in relation to their eyesight.

215 The resulting draft 31-item VQoL\_Child and 37-item VQoL\_Young Person versions for  
216 children aged <10 years and young people aged >15 years, were pre-tested.

#### 217 Phase 2: Pre-testing

218 A small number of items considered ambiguous by participants were re-phrased or removed.

219 The minimum age threshold was agreed as 8 years and age boundaries re-adjusted as 8-12  
220 years and 13-17 years, thus aligning to other child PROMs.<sup>3</sup> The resulting 29-item  
221 VQoL\_Child and 39-item VQoL\_Young Person extensions were pre-piloted.

#### 222 Phase 3: Pre-piloting

223 The participation rates were 44.1 % and 31.1% for children and young people respectively.

224 Median completion time was 15 minutes (IQR=13) for children and 10 minutes (IQR=23.75)  
225 for young people, with 86% and 95% of children and young people respectively rating  
226 instrument completion as easy/very easy, and 95% and 100% respectively rating the  
227 instructions as easy/very easy.

228 Data from one child were excluded due to 76% missing data. There were no missing  
229 responses in the child dataset and a small ( $\leq 10.26\%$ ) number of missing values per item in  
230 the young people's dataset.

231 The number of items with over 50% of responses or 0% responses in an 'end' category were  
232 8 and 4 respectively in the child and 5 and 13 in the young person dataset. Items with  
233 problematic distribution were flagged for potential removal during formal piloting of the 30-  
234 item VQoL\_Child and 39-item VQoL\_Young Person.

#### 235 Phase 4: Piloting

236 The participation rates were 31.4% and 26.4% for children and young people respectively.  
237 Missing data per item (completely at random) were less than 3% for both instrument  
238 versions. Two children (but no young people) were excluded from subsequent analysis  
239 based on having >25% missing data per person. All remaining missing data per person was  
240 found to be missing completely at random (MCAR),<sup>30</sup> and retained for Rasch analyses.<sup>31</sup>

#### 241 *Psychometric evaluation*

242 Six items were removed from the VQoL\_Child and 5 from the VQoL\_Young Person due to  
243 significant skewness, and ceiling effects and a further 4 and 12 respectively during Rasch  
244 based on goodness-of-fit, response ordering and DIF statistics (Table 4, available at  
245 [www.aaojournal.org](http://www.aaojournal.org)). The resulting 20-item child and 22-item young person instrument  
246 versions showed these statistics to be within acceptable limits. One item fell just outside the  
247 acceptable criteria for only goodness-of-fit criterion but was retained in the VQoL\_Young  
248 Person to preserve content validity and comparability with VQoL\_Child where it was retained  
249 (Table 2). For each version, the item probability plots showed good ordering, and acceptable  
250 differentiation between the 4 response categories (Figure 1) and targeting of items to  
251 respondents (the difference between person and item means = 0.81 logits (child version) and  
252 0.76 (young person version)) although items were clustered around the mid-low end of the  
253 item difficulty scale (Figure 2). Each version showed good precision as indicated by indices  
254 for person separation (3.64 and 2.74 for child and young person versions respectively).<sup>17,32</sup>

255 The final 20 item VQoL\_Child and 22 item VQoL\_Young Person scales included 12 common  
256 'core' items and 8 and 10 age specific items respectfully.

#### 257 *Calibration of the VQoL\_Child and VQoL\_Young Person instrument versions*

258 Differential item functioning analysis of overlapping core items showed no contrasts greater  
259 than 1 logit (Table 2), demonstrating they were not biased to either age group (after adjusting  
260 for the overall scores of respondents). Thus, all remaining overlapping items are productive

261 for measurement of VQoL in both instrument versions despite the presence of additional,  
262 age-specific items.

### 263 *Score-to-measure transformation*

264 To enable easy and precise scoring, we developed conversion tables for transforming the  
265 summary scores to Rasch person measures, as shown in Table 5 (available at  
266 [www.aaojournal.org](http://www.aaojournal.org)). These can be used to compare Rasch person measures when using  
267 either or both versions cross-sectionally or sequentially.

### 268 Construct validity

269 We excluded 6 children and 5 young people with missing data before analysing construct  
270 validity. Rasch person measures on the VQoL\_Child and VQoL\_Young Person correlated  
271 positively with Child and Teen PedsQL scores, substantiating the instrument's construct  
272 (convergent) validity (Table 3). As anticipated, acuity did not correlate significantly with  
273 VQoL.

## 274 **DISCUSSION**

275 We report an effective, efficient and child/young person-centred approach to developing an  
276 age-appropriate PROM for children and young people with VI. Using a novel approach for  
277 calibrating instruments and exploiting our prior research and original instrument for those  
278 aged 10-15 years,<sup>13,14</sup> we have generated two psychometrically robust versions of this  
279 measure that are suitable for a wider age-range, spanning 8-17 years, whilst retaining  
280 developmentally appropriate content through a modular structure of common core items  
281 alongside age-group specific items. Using this approach, we have improved feasibility for  
282 both patients and clinicians. Our final 20- and 22-item VQoL\_Child and VQoL\_Young Person  
283 instrument versions, respectively, are shorter than our original version for 10-15 year olds  
284 and reported to be easy to complete without sacrificing comprehensiveness. We have  
285 calibrated the two age-specific versions using overlapping core items, so that the correct

286 instrument version can be used based on the age of children in the study at that time point  
287 and also so that VQoL can be measured without loss of continuity of measurement as the  
288 subjects get older by using the alternative instrument version. Thus, these versions can be  
289 used both cross-sectionally (e.g. in trials with a wide age-range of subjects) and sequentially  
290 (e.g. in cohort studies or clinical follow up of individual patients) in future studies and  
291 research. Our log transformation tables, which convert summary scores into Rasch person  
292 measures, provide clinicians the means for using and interpreting scores with precision and  
293 ease. We also provide the model-based standard error of each measure, which should be  
294 used in future clinical research implementing the instruments.

295 Our two new instrument versions (like the original VQoL\_CYP<sup>13,14</sup>), show good construct  
296 validity, correlating strongly with HRQoL on a generic measure (particularly its psychosocial  
297 component). As anticipated,<sup>14</sup> the VQoL scores for both children and young people were not  
298 associated with visual acuity. These findings align with the 'disability paradox'.<sup>28,33,34</sup> This  
299 phenomenon, whereby individuals with severe disabilities or illnesses report good QoL,  
300 exemplifies the importance of considering QoL to be a subjective construct.<sup>35</sup> Thus the child  
301 or young person with VI will construct his/her perception of their QoL from the subjective day-  
302 to-day experience of living with a visual disability and ultimately, their scores on a self-  
303 reported QoL measure will reflect this. This has important implications for how the  
304 VQoL\_Child and VQoL\_Young Person, and indeed any child QoL PROMs, should be used.  
305 For instance, in the context of trials of new interventions or therapies intended to improve  
306 vision, the implications of the 'disability paradox' must be recognised to avoid conclusions  
307 about impact of interventions being misconstrued.

308 Although the new VQoL instrument versions are age-group specific (for example, concerns  
309 about independent living in the future feature only in the VQoL\_Young Person) the significant  
310 overlap in common content across the two versions, as well as with our original  
311 VQoL\_CYP,<sup>13,14</sup> demonstrates the core life trajectory of children with VI whereby concerns  
312 (e.g. social inclusion and acceptance) and barriers (e.g. in education) emerge and establish

313 across childhood and adolescence. This is likely to be true also for other child populations.  
314 Moreover, issues related to VI align with other disabilities as well as other chronic complex  
315 childhood conditions, as evidenced by the content of similar HRQoL measures<sup>2,3,35</sup> and by  
316 the significant correlations with the PedsQL in our study, thereby affirming the strong content  
317 and construct validity of the VQoL\_Child and VQoL\_Young Person.

318 Although we achieved a good sized sample relative to the rarity of childhood VI, a more  
319 granular examination of the underlying domain structure in the instrument was not possible  
320 due to limited power. We followed the conventional approach of using infit and outfit statistics  
321 to remove items until all the stringent criteria have been met.<sup>17</sup> Unidimensionality, for each  
322 instrument version was sufficiently evidenced by the ranges of infit and outfit statistics which  
323 support the derivation of a summary score, and the scale items span the spectrum of aspects  
324 of QoL suggested by broader literature,<sup>2,35</sup> demonstrating good face validity.

325 Recognising the lack of instruments suitable for the youngest children with VI and cognisant  
326 that some children can self-report reliably from as young as 5 years,<sup>12,36,37</sup> we conducted  
327 some semi-structured and cognitive interviews with children younger than 8 years but found  
328 both recruitment and information capture challenging despite using different child-appropriate  
329 methods. This highlights an important direction for future research. In the meantime, the age-  
330 range served by our instrument coincides with that recommended and reported in the  
331 literature,<sup>12,16</sup> and enables complementary use of generic HRQoL instruments.

332 We found both the VQoL\_Child and VQoL\_Young Person to be somewhat better targeted to  
333 participants reporting lower VQoL. This is comparable to the targeting pattern we reported for  
334 our original instrument for 10-15 year olds<sup>14</sup> as well as that reported in the development of  
335 the impact of vision impairment for children (IVI\_C),<sup>8</sup> which is a similar instrument developed  
336 in Australia to assess VQoL of children and young people with VI. Given that the items seem  
337 more suited to children with lower VQoL, these instruments may be particularly useful in  
338 assessing VQoL changes in visually impaired children and young people who are at risk of



339 lower QoL, for instance, due to receiving less professional support (e.g. in education) and in  
340 the context of relevant interventions aimed at increasing such support.

341 Differential item functioning analyses can be unstable and produce spurious results when  
342 applied to small samples. In particular, they often reflect an increased chance of false  
343 positive findings (i.e. removal of too many items).<sup>38</sup> In the case of questionnaire  
344 development, this means that a shorter scale will be produced. This is not the case for the  
345 reduced VQoL\_Child and VQoL\_Young Person instrument versions which have a good  
346 coverage of all elements of VQoL.

347 Ethical and practical considerations involved in re-testing participants precluded examination  
348 of test-retest reliability and responsiveness of the measure over time. We will address this in  
349 our planned research on optimal approaches to routine implementation of vision PROMs in  
350 clinical practice, to assess how our VQoL instrument can best be deployed alongside our  
351 other vision PROM assessing functional vision<sup>39</sup> to enable a holistic assessment of impact  
352 and thus truly 'personalised' care.

353 It is challenging but possible to generate psychometrically robust and developmentally  
354 appropriate instruments usable by the whole age-range of children and young people with VI.  
355 Our novel approach for vision specific PROMs enables a measurement model in which  
356 instruments can be used cross-sectionally and sequentially in both clinical practice and  
357 research. We suggest the approach we have described is transferable to other childhood  
358 ophthalmic conditions and is a parsimonious approach useful in research on rare conditions.  
359 Small sample sizes, inherent in research on rare paediatric populations such as children and  
360 young people with VI can preclude *concurrent* de novo development of age-group specific  
361 measures. We have overcome the challenges posed by limited sample sizes by starting with  
362 a foundation instrument that is anchored to the middle of the overall age-range (10-15  
363 years),<sup>13,14</sup> and using this as the basis for extending the age-range in both directions.

364 Figure 1: Category probability curves showing the probability of selecting response  
365 categories across the scale of item difficulty for age-appropriate extensions of the  
366 VQoL\_CYP<sup>40</sup>

367 Figure 1a: Category probability curves for the 20-item VQoL\_Child

368 Figure 1b: Category probability curves for the 22-item VQoL\_Young Person

369

370 Figure 2: Item-person maps illustrating acceptable targeting of VQoL items (located on the  
371 right side of the dashed line) to responders (located on the left side of the dashed line and  
372 represented by X).<sup>32</sup> Participants with higher VQoL and items with higher difficulty to endorse  
373 as true are at the top half of the map.

374 Figure 2a: Item-Person map for the VQoL\_Child

375 Figure 2b: Item-Person map for the VQoL\_Young Person

376 M = mean; S = 1 standard deviation from the mean; T = 2 standard deviations from the  
377 mean.

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