5a: "I would prefer to use herbal remedies over conventional medicine to help get to sleep" (N=142)

5b: "I would prefer to use herbal remedies over conventional medicine for increased energy" (N=139)

5c: "I would prefer to use herbal remedies over conventional medicine to boost the immune system" (N=140)

5d: "I would prefer to use herbal remedies over conventional medicine to aid the digestive system" (N=142)
5e: "I would prefer to use herbal remedies over conventional medicine in cases of anxiety/stress"  
(N=141)

5f: "I would prefer to use herbal remedies over conventional medicine against low mood/ feeling somewhat depressed" (N=139)

Figure 5: Participants’ level of agreement with statements about using herbal remedies over pharmaceuticals