

**Research Articles: Cellular/Molecular****Inorganic polyphosphate regulates AMPA and NMDA receptors and protects against glutamate excitotoxicity via activation of P2Y receptors**

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1 Inorganic polyphosphate regulates AMPA and NMDA receptors and protects  
2 against glutamate excitotoxicity via activation of P2Y receptors

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4 Running title: Regulation of glutamate signal in neurons by inorganic polyphosphate

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20 **Abstract**

21 Glutamate is one of the most important neurotransmitters in the process of signal transduction  
22 in the central nervous system. Excessive amounts of this neurotransmitter lead to glutamate  
23 excitotoxicity which is accountable for neuronal death in acute neurological disorders including  
24 stroke, trauma, and in neurodegenerative diseases. Inorganic polyphosphate (PolyP) plays  
25 multiple roles in the mammalian brain, including function as a calcium-dependent  
26 gliotransmitter mediating communication between astrocytes, while its role in the regulation of  
27 neuronal activity is unknown. Here we studied the effect of polyP on glutamate-induced calcium  
28 signal in primary rat neurons in both physiological and pathological conditions. We found that  
29 pre-incubation of primary neurons with polyP reduced glutamate- and AMPA- but not the  
30 NMDA-induced calcium signal. However, in rat hippocampal acute slices polyP reduced ion  
31 flux through NMDA and AMPA receptors in native neurons. The effect of polyP on glutamate  
32 and specifically on the AMPA receptors was dependent on the presence of P2Y1 but not of P2X  
33 receptor inhibitors and also could be mimicked by P2Y1 agonist 2MeSADP. Pre-incubation of  
34 cortical neurons with polyP significantly reduced the initial calcium peak as well as the number  
35 of neurons with delayed calcium deregulation in response to high concentrations of glutamate  
36 and resulted in protection of neurons against glutamate-induced cell death. As a result,  
37 activation of P2Y1 receptors by polyP reduced calcium signal acting through AMPA receptors,  
38 thus protecting neurons against glutamate excitotoxicity by reduction of the calcium overload  
39 and restoration of mitochondrial function.

40

41

42     *Keywords: inorganic polyphosphate, glutamate excitotoxicity, AMPA, NMDA, calcium signaling*

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46     **Significance Statement**

47     **One of the oldest polymers in the evolution of living matter is the inorganic polyphosphate. It is**  
48     **shown to play a role of gliotransmitter in the brain; however, the role of polyphosphate in**  
49     **neuronal signalling is not clear. Here we demonstrate that inorganic polyphosphate is able to**  
50     **reduce calcium signal, induced by physiological or high concentrations of glutamate. The effect**  
51     **of polyphosphate on glutamate-induced calcium signal in neurons is due to the effect of this**  
52     **polymer on the AMPA receptors.**

53     **The effect of polyP on glutamate- and AMPA-induced calcium signal is dependent on P2Y**  
54     **receptor antagonist. The ability of polyphosphate to restrict glutamate-induced calcium signal**  
55     **lies in the basis of its protection of neurons against glutamate excitotoxicity.**

56

57     **Introduction**

58

59     Signal transduction in the central nervous system is a well-balanced process which includes multiple  
60     players and factors. In astrocytes signals propagate predominantly through calcium signalling, in  
61     neurons it is mostly a change in plasma membrane potential and calcium signal (Fellin, 2009;  
62     Bazargani and Attwell, 2016). Neurons are capable of the release of multiple and very diverse  
63     neurotransmitters and neuromodulators. Astrocytes release gliotransmitters which can also have an  
64     effect on neurons (Gundersen et al., 2015). One of the major neurotransmitters is glutamate, which  
65     can act as an excitatory transmitter in vast majority of the neurons and play a role of a signaling  
66     molecule for astrocytes (Hertz and Zielke, 2004). Synaptically released glutamate activates ionotropic  
67     or metabotropic glutamate receptors which changes electrical activity of neurons and triggers  $\text{Ca}^{2+}$   
68     signal. Prolonged stimulation of neurons with high concentration of glutamate, as seen in many  
69     pathologies, leads to excitotoxicity, and is believed to be one of the major reasons behind neuronal  
70     loss in stroke, epilepsy and some neurodegenerative diseases (Olney, 1969; Choi, 1985). Both  
71     excitatory and inhibitory types of neurotransmission are mediated in large part by glutamate and  
72     gamma-aminobutyric acid (GABA), however, some other neurotransmitters and neuromodulators,  
73     including dopamine and those of the purinergic system could modify the glutamate signal (Krnjevic,  
74     1970; Vaarmann et al., 2013).

75 One of the oldest polymers in the evolution of the living matter is the inorganic polyphosphate  
76 (polyP). It plays an essential role in bacteria, yeast and protozoa, but is also presented in relatively  
77 high concentration in the mammalian brain – up to 50 µM, where it acts as a gliotransmitter (Lorenz  
78 et al., 1997; Holmstrom et al., 2013);(Angelova et al., 2014) (Angelova et al., 2018). As seen by the  
79 relatively small amount of publications in this field up-to-date, the function of this polymer is largely  
80 underestimated, especially for the brain. Potentially, polyP can play multiple roles in the CNS  
81 (Kumble and Kornberg, 1995; Angelova et al., 2016) (Cremers et al., 2016; Muller et al., 2017). For  
82 example, in astrocytes it is localised in mitochondria, lysosomes and VNUT-containing vesicles  
83 (Abramov et al., 2007; Pavlov et al., 2010; Holmstrom et al., 2013; Angelova et al., 2018). PolyP is  
84 released from lysosomes or VNUT vesicles by exocytosis which leads to the development of calcium  
85 waves (Holmstrom et al., 2013; Angelova et al., 2018). Structurally, PolyP consists of long chains of  
86 only orthophosphate residues, but despite such a simple composition it is able to activate P2Y1  
87 receptors, stimulating the activation of phospholipase C and inducing the release of  $\text{Ca}^{2+}$  from the  
88 endoplasmic reticulum via the IP3 receptors (Holmstrom et al., 2013; Dinarvand et al., 2014).  
89 Moreover, PolyP directly induces calcium signal in only ~3% of the neurons and it has been found  
90 positioned to the synapses (Holmstrom et al., 2013; Stotz et al., 2014). Furthermore, it has been  
91 shown to modulate the activity of ion channels, i.e. TRPM8 channels (Zakharian et al., 2009).  
92 However, polyP significantly changes neuronal activity *in vivo* (Holmstrom et al., 2013) and this  
93 effect can be induced by both – a direct effect of polyP on neurons or indirectly through activation of  
94 astrocytes. Here, we study whether polyP is as well able to reduce glutamate-induced calcium signal  
95 and in particular the signal mediated by AMPA and NMDA receptors. We then tested whether the  
96 effect of polyP on the calcium signal stimulated by glutamate is involving the purinergic system.  
97 Finally, we tested the ability of polyP to influence the glutamate-induced calcium signal and  
98 effectively protect neurons from the delayed calcium deregulation (DCD) and consequently from  
99 glutamate-induced cell death.

100

## 101 **Methods**

102

### 103 ***Cell culture***

104 Co-cultures of cortical neurons and astrocytes were prepared from Sprague-Dawley rat pups either sex  
105 2-4 days post-partum (UCL breeding colony) as described (Angelova et al., 2019). Brain cortices  
106 were removed into ice-cold HBSS ( $\text{Ca}^{2+}$ ,  $\text{Mg}^{2+}$ -free, Invitrogen, Paisley, UK). The tissue was minced  
107 and trypsinised (0.1% for 15 min at 37°C), triturated and plated on poly-D-lysine-coated coverslips  
108 and cultured in Neurobasal medium (Gibco-Invitrogen, Paisley, UK) supplemented with B-27 (Gibco-

109 Invitrogen, Paisley, UK) and 2 mM L-glutamine. The cultures were maintained at 37 °C (5% CO<sub>2</sub>)  
110 and the media changed twice a week. To avoid the age dependence on the DCD, cells were used after  
111 12–15 days in vitro in all experiments.

112

113 **[Ca<sup>2+</sup>]<sub>c</sub> and [Δψ<sub>m</sub>] imaging**

114 Hippocampal or cortical neurons were loaded for 30 min at room temperature with 5 μM fura-ff AM  
115 (Molecular probes) or 5 μM fura-2 AM (Molecular probes) and 0.005% Pluronic acid in a HEPES-  
116 buffered salt solution (HBSS): 156 NaCl, 3 KCl, 2 MgSO<sub>4</sub>, 1.25 KH<sub>2</sub>PO<sub>4</sub>, 2 CaCl<sub>2</sub>, 10 glucose, and 10  
117 HEPES, pH adjusted to 7.35. For simultaneous measurement of [Ca<sup>2+</sup>]<sub>c</sub> and mitochondrial membrane  
118 potential (Δψ<sub>m</sub>), Rh123 (1 μM, Molecular Probes) was added into the cultures during the last 15 min  
119 of the fura-2 or fura-ff loading period, and the cells were then washed 3-5 times before experiment.  
120 Fluorescence measurements were obtained on an epifluorescence inverted Olympus microscope  
121 equipped with a × 20 fluorite objective. [Ca<sup>2+</sup>]<sub>c</sub> and Δψ<sub>m</sub> were monitored in single cells using  
122 excitation light provided by a Xenon arc lamp, the beam passing sequentially through 10 nm band  
123 pass filters centred at 340, 380 and 490 nm housed in computer-controlled filter wheel (Cairn  
124 Research, Kent, UK). Emitted fluorescence light was reflected through a 515 nm long-pass filter to a  
125 cooled CCD camera (Retiga, QImaging, Canada). The fura-2 or fura-ff data have not been calibrated  
126 in terms of [Ca<sup>2+</sup>]<sub>c</sub> because of the uncertainty arising from the use of different calibration techniques.  
127 For ΔFura ratio calculation, we used the maximal value of fluorescence obtained during glutamate  
128 exposure and, as the baseline, the mean of fluorescence recorded during the time preceding the  
129 stimulation. For Δψ<sub>m</sub> measurements, we have normalised the fluorescence signals between resting  
130 level (set to 0) and a maximal signal (which correspond to full mitochondrial depolarisation)  
131 generated in response to the protonophore FCCP (1 μM; set to 100%). Changes in Rh123 fluorescence  
132 were then expressed as the difference between peak values (at 15 min) attained during glutamate  
133 stimulation and basal values. All imaging data were collected and analysed using software from  
134 Andor (Andor IQ3, Belfast, UK).

135 PolyP standards (sodium salt): Short (S-PolyP) 14 orthophosphates, Medium (M-PolyP) 60  
136 orthophosphate and long (L-PolyP) 130 orthophosphates were provided by Dr T Shiba (Regenesis,  
137 Inc., Japan).

138

139 **Neuronal toxicity experiment**

140 For toxicity assay, cortical neurons were sequentially exposed to 20 μM PolyP for 10 minutes and to  
141 100 μM glutamate for further 30 minutes. When P2Y and P2X inhibitors were tested, compounds

142 were added 20 min before polyP exposure. Then, cells were cultured with fresh media without polyp  
143 and glutamate and cell viability was assessed 24 hours after treating neurons with 20  $\mu$ M propidium  
144 iodide (PI) and 4.5  $\mu$ M Hoechst 33342 (Molecular Probes, Eugene, OR, USA) for 30 min before  
145 imaging. The PI is excluded from viable cells and exhibits a red fluorescence (excitation/ emission  
146 530 nm/ >560 nm) following a loss of membrane integrity, while the Hoechst 33342 labels all nuclei  
147 blue (excitation 405 nm, emission 460 nm). This allows subtraction of the number of dead (red  
148 stained) cells from the total number of cells counted (blue stained nuclei). Using phase contrast optics,  
149 a bright field image allowed identification of neurons, which are morphologically different to the  
150 flatter glial component and lie in a different focal plane, above the glial layer. A total number of 100–  
151 300 neurons or glial cells were counted in 5–6 fields of each coverslip. Each experiment was repeated  
152 three or more times, using different neuronal preparations.

153

154 ***Electrophysiology:***

155 Transverse hippocampal slices (300–400  $\mu$ m thick) were used for *in vitro* electrophysiological  
156 recordings. Slices were prepared from 3- to 5-week old Sprague-Dawley rats. Animals were killed by  
157 cervical dislocation after being anesthetized by an overdose of isoflurane according to the United  
158 Kingdom Animals (Scientific Procedures) Act of 1986. After decapitation, brains were rapidly  
159 removed and dissected, and whole-brain sagittal slices were prepared with a Leica VT1200S  
160 vibratome in ice-cold sucrose-based solution containing the following (in mM): 70 sucrose, 80 NaCl,  
161 2.5 KCl, 7 MgCl<sub>2</sub>, 0.5 CaCl<sub>2</sub>, 25 NaHCO<sub>3</sub>, 1.25 NaH<sub>2</sub>PO<sub>4</sub>, 22 glucose, equilibrated with 95% O<sub>2</sub> plus  
162 5% CO<sub>2</sub>, pH 7.35, 315–330 mOsm. Slices were equilibrated to a room temperature and then placed to  
163 recover in continuously oxygenated sucrose-ACSF chamber for at least 1 h before recording. After  
164 recovering, individual slices were transferred into recording chamber. The perfusion solution  
165 contained the following (in mM): 119 NaCl, 2.5 KCl, 1.3 MgSO<sub>4</sub>, 2.5 CaCl<sub>2</sub>, 26.2 NaHCO<sub>3</sub>, 1  
166 NaH<sub>2</sub>PO<sub>4</sub>, 22 glucose and was continuously gassed with 95%O<sub>2</sub> and 5%CO<sub>2</sub>, pH 7.35; 290–298  
167 mOsm. For the whole-cell patch-clamp recordings, we used borosilicate glass electrodes of 4–6 M $\Omega$   
168 impedance. Recordings were performed with Multiclamp 700B amplifier running under pClamp 11x  
169 software (Molecular Devices). The intracellular pipette solution contained the following (mM): 120.5  
170 CsCl, 10 KOH-HEPES, 2 EGTA, 8 NaCl, 5 QX-314 Br<sup>-</sup> salt, 2 Mg-ATP, 0.3 Na-GTP. Voltage-clamp  
171 recordings of NMDA receptors (NMDARs) activity in hippocampal dentate gyrus granule cells  
172 (DGCs) were performed at +30 mV holding potential. To isolate NMDAR response  
173 pharmacologically we added to perfusion solution the following antagonists ( $\mu$ M): picrotoxin 50,  
174 GGP-55645 1, strychnine 1, NBQX 20, S-MCPG 200. Voltage-clamp recordings of AMPA receptors  
175 (AMPARs) activity in DGCs were performed at -70 mV holding potential. To isolate AMPAR  
176 response pharmacologically we added to perfusion solution the following antagonists ( $\mu$ M):

177 picrotoxin 50, GGP-55645 1, strychnine 1, APV 50, S-MCPG 200. For both NMDAR and AMPAR  
178 recordings response amplitude after polyphosphate application was normalized to that of control  
179 recording from the same cell. Synaptic responses were evoked by bipolar tungsten electrode placed in  
180 perforant path and connected to DS2A constant-voltage stimulator (Digitimer). Electrical stimuli were  
181 applied with 200 ms time interval, once per 15 seconds.

182

### 183 **Statistical and data analysis**

184 Statistical analysis and data analysis were performed using Origin 9 (Microcal Software Inc.,  
185 Northampton, MA) software. Statistical analysis was performed using unpaired or paired two tailed  
186 Student's *t* test, as indicated. A test for outliers was not conducted on the data. Results are expressed  
187 as means  $\pm$  standard error of the mean (S.E.M.). Differences were considered to be significantly  
188 different if  $p < 0.05$ .

189

### 190 **Results**

#### 191 **PolyP decreases glutamate-induced calcium signal**

192 The application of physiological concentration of glutamate (5 $\mu$ M) to primary cortical co- culture of  
193 neurons and astrocytes induced a fast and transient increase in  $[Ca^{2+}]_c$  of neurons (by  $1.57 \pm 0.04$  fura-2  
194 ratio; n=120; Figure 1A, C). Stimulation of neurons with short length polyP (S-PolyP; 5-15  
195 orthophosphates; 20 $\mu$ M,) induced only minor changes in  $[Ca^{2+}]_c$  of neurons (Figure 1B). However,  
196 consequent addition of 5  $\mu$ M glutamate results in significantly lower calcium signal in these neurons  
197 compared to control (from  $1.56 \pm 0.04$ , n=120, to  $0.98 \pm 0.04$  fura-2 ratio; n=63;  $p > 0.0001$ ; figure 1 B,  
198 C). The ability of polyP to reduce glutamate-induced calcium signal was dependent on the length of  
199 polymer: it was less effective with elongation of the chain (Figure 1 C).

200 High and toxic concentrations of glutamate induce initial calcium influx followed by DCD which  
201 triggers excitotoxicity (Figure 2A). Pre-incubation of neurons with 20  $\mu$ M short ( $p = 0.0157$ , Figure  
202 2B), medium ( $p = 0.0250$ , Figure 2C), both significantly reduced the number of cells with delayed  
203 calcium deregulation. Importantly, short polyP was more effective in the overall protection of the  
204 neurons against occurrence of DCD compared to medium and long polyP (Figure 2E) but  
205 interestingly all types of PolyP significantly decreased the amplitude of glutamate-induced (100  $\mu$ M)  
206 calcium signal (from  $0.64 \pm 0.03$ , n=178 in CTRL to  $0.32 \pm 0.04$ , n=64,  $p > 0.0001$  for S-PolyP; to  
207  $0.45 \pm 0.03$ , n=146 ,  $p > 0.0001$  for M-PolyP and to  $0.45 \pm 0.03$ , n=97,  $p > 0.0001$  by L-PolyP,  
208 respectively; Figure 2F). Thus both short and medium polyP are more effective in suppressing the

209 glutamate-induced calcium signal that results in protection of the neurons against excitotoxic DCD,  
210 compared to L-PolyP.

211

212 ***PolyP reduces glutamate-induced mitochondrial depolarisation***

213 Glutamate-induced DCD is associated with profound mitochondrial depolarisation (Vergun et al.,  
214 1999; Abramov and Duchen, 2008). In our experiments exposure of neurons to 100  $\mu$ M glutamate  
215 induced simultaneous DCD and mitochondrial depolarisation (Rh123 signal rose by 38±12% in 7 min  
216 after glutamate addition, n=81; Figure 3A, D). Pre-incubation of cortical neurons with 20  $\mu$ M S-PolyP  
217 did not change basal mitochondrial potential but significantly reduced the effect of high glutamate  
218 exposure on  $\Delta\psi_m$  (Figure 3 B, C, D). Thus, Rh123 fluorescence rose only to 17±5%, n=55, p=0.0279  
219 that correlates with the decrease of the number of cells with DCD in cultures treated with short PolyP.

220

221 ***PolyP reduces glutamate-stimulated calcium signal via P2Y receptors***

222 PolyP can stimulate P2Y receptors and induce the release of vesicles with transmitters that can have  
223 potentially an effect on glutamate signal (Holmstrom et al., 2013; Angelova et al., 2018). To assess  
224 the potential effect of the purinergic system in the polyP-induced reduction of glutamate response we  
225 used inhibitors of P2Y and P2X receptors, Suramin and TNP-ATP, respectively. In agreement with  
226 the data presented in Figure 1 short polyP induced significant reduction of glutamate-induced calcium  
227 signal compared to untreated cells (from 1.57±0.05, n=120 in CTRL to 0.98±0.05 with S-PolyP,  
228 n=91; p>0.0001; Figure 4A, B, F). Pre-incubation of the cortical co-culture with 20  $\mu$ M Suramin  
229 significantly mitigated the effects of S-PolyP on calcium signal induced by 5  $\mu$ M glutamate (from 0.98±0.05  
230 with S-PolyP, n=91 to 1.27±0.07, n=63; p=0.0002; Figure 4 C, F). Importantly, pre-  
231 incubation of the cortical co-culture with the more specific inhibitor for P2X receptors (20  $\mu$ M TNP-  
232 ATP) had no significant effect on the action of polyP on glutamate-induced rise in  $[Ca^{2+}]_c$  of cortical  
233 neurons (n=76; Figure 4 D, F). Another inhibitor of P2 (more specific for P2X) receptors PPADS  
234 (pyridoxalphosphate-6-azophenyl-2',4'-disulfonic acid tetrasodium salt) also had as well no effect on  
235 the ability of PolyP to reduce calcium signal under application of 5 $\mu$ M glutamate (n=44; Figure 4 E,  
236 F).

237 ***Stimulation of P2 receptors by polyP reduce number of cells with DCD***

238 Ability of polyP to reduce DCD in neurons under exposure of the 100  $\mu$ M glutamate was also  
239 dependent on the presence of the inhibitor of P2Y receptor Suramin (n=48, p=0.0007; Figure 5 C, F),  
240 PPADS (n=32, p=0.0208; Figure 5 E, F) but not TNP-ATP (n=36, p=0.0676; Figure 5 D, F). Thus,

241 PolyP acts more likely through P2Y receptors to reduce calcium responses to physiological (5 $\mu$ M)  
242 and excitotoxic (100  $\mu$ M) concentrations of glutamate.

243 ***PolyP stimulates P2Y1 receptor and reduces calcium signal through AMPA receptors***

244 In order to identify which type of glutamate receptors is affected by polyP, we used application of  
245 receptor agonist AMPA and NMDA to fura-2 loaded cortical neurons. Addition of 20  $\mu$ M NMDA  
246 induced rise in  $[Ca^{2+}]_c$  of cortical neurons (n=88; Figure 6 A, J). Exposure of the neurons to 20  $\mu$ M  
247 short polyP did not significantly change the amplitude or the shape of the calcium signal in response  
248 to NMDA (n=76; Figure 6 B, J). However, short polyP significantly reduced AMPA-induced calcium  
249 signal in neurons compared to control cells (from 2.3 $\pm$ 0.142, n=208 to 0.3045 $\pm$ 0.0469, n=161;  
250 p>0.0001; Figure 6 C, D, J). Importantly, Suramin suppressed the action of S-PolyP on AMPA-  
251 induced calcium signal in the same way as it did for glutamate (from 0.3045 $\pm$ 0.0469, n=161, to  
252 2.459 $\pm$ 0.1806, n=132; p=0.0004, Figure 6 E, J). However, considering that none of the following P2  
253 receptor antagonists used is purely selective for P2X or P2Y (Suramin, PPADS or TNP-ATP), we  
254 used selective antagonist for P2Y1 receptor- MRS2179 (2'-Deoxy-N6-methyladenosine 3',5'-  
255 bisphosphate tetrasodium salt). Pre-incubation of primary cortical neurons with 50  $\mu$ M MRS2179  
256 completely prevented the effect of short polyP on AMPA-induced calcium signal (from  
257 0.3045 $\pm$ 0.0469, n=161, to 2.409 $\pm$ 0.1765, n=157; p=0.0016, Figure 6 F, J). Thus, polyP activates  
258 P2Y1 receptors which reduce calcium signal through AMPA receptors in response to AMPA or  
259 glutamate. Application of another classical agonist of P2 receptors - ATP, at 100 $\mu$ M, induced typical  
260 calcium signal as expected only in astrocytes (not shown), but not in neurons (Figure 6 G). Interestingly,  
261 pre-stimulation of neurons with 100 $\mu$ M ATP did not reach statistical significance in the  
262 change of AMPA-induced calcium signal in these neurons (n=82; p=0.0977, Figure 6 G, J). However,  
263 when reduced to a concentration of 10 $\mu$ M ATP induced primary response in cortical neurons and  
264 significantly reduced the AMPA-evoked calcium signal from 2.3 $\pm$ 0.142, n=208 to 0.7 $\pm$ 0.055, n=54,  
265 p>0.0001, Figure 6 H, J. Additionally, application of another P2Y agonist 2MeSADP (2-Methylthio-  
266 adenosine-5'-diphosphate, 1  $\mu$ M, a P2Y1, P2Y12 and P2Y13 receptors, moderately potent at P2Y11  
267 receptors), was able to reduce the AMPA-induced calcium signal in neurons similar to the level of  
268 reduction by 20  $\mu$ M short-chain PolyP (0.3045 $\pm$ 0.0469, n=161, for AMPA+S PolyP compared to  
269 0.796 $\pm$ 0.095, n=77, for AMPA+2MeSADP, p>0.0001; Figure 6 I, J).

270 ***PolyP downregulates electrophysiological neural response in living tissue***

271 Considering the role that has been given to the P2Y receptors in the literature for activation of  
272 electrical activity of glutamate receptors and in order to test effects of PolyP in a system where  
273 intercellular interaction is more pronounced, we studied the effect of stimulation with polyP in *ex vivo*  
274 hippocampal slices. To test whether PolyP affects electrical charge transfer through NMDARs in  
275 native dentate gyrus granule cells (DGCS), we performed electrophysiological recording of

276 pharmacologically isolated NMDAR and AMPAR response evoked by electrical stimulation (Figure  
277 7A, B). We found, that 20  $\mu$ M of both long and short chain polyP, when added to perfusion solution,  
278 decreased significantly NMDAR response amplitude. L-PolyP: to  $0.66\pm0.09$  of control value,  $p<0.05$ ,  
279  $n=5$ , paired Student's t-test; S-polyP: to  $0.67\pm0.08$  of control,  $p<0.01$ ,  $n=8$ , paired Student's t-test.  
280 However, neither L-PolyP, nor S-PolyP affected significantly the paired-pulse ratio (PPR) of paired  
281 responses: for L-PolyP  $0.97\pm0.07$ ,  $p>0.05$ ,  $n=5$ , paired Student's t-test; for S-PolyP  $0.94\pm0.38$ ,  
282  $p>0.05$ ,  $n=8$ , paired Student's t-test.

283 Similarly, PolyP species affected the response amplitude, but not PPR of AMPARs (Figure 7C, D). 20  
284  $\mu$ M of both long and short PolyP downregulated amplitude of pharmacologically isolated AMPAR  
285 response to  $0.72\pm0.068$  and  $0.58\pm0.092$  of control, respectively ( $n=8$ ,  $p<0.01$  for both cases, paired  
286 Student's t-test). PPR of AMPAR response was calculated to be  $1.12\pm0.11$  of control with L-PolyP  
287 and  $0.97\pm0.083$  of control with S-PolyP ( $n=8$ ,  $p>0.05$  for both cases, paired Student's t-test).

288

289

#### 290 **PolyP protects neurons against glutamate excitotoxicity via P2Y receptors**

291 The application of 100  $\mu$ M glutamate to cortical co-culture neurons and astrocytes induced significant  
292 cell death measured 24 hours after stimulation ( $36.6\pm5.4$ ,  $n=250$ , Figure 8B). High concentrations of  
293 long PolyP can be also toxic for neurons (Angelova et al., 2016). However, pre-incubation (20  $\mu$ M, 10  
294 min) of the cortical co-cultures with long, medium or short PolyP significantly decreased the number  
295 of glutamate-induced dead cells (to  $10.47\pm0.95$ ;  $12.54\pm1.75$  and to  $12.62\pm2.33$ , respectively, for both  
296  $n=250$ ;  $p>0.0001$ ; Figure 8 A, B). Importantly, inhibitor of P2Y receptors Suramin (20  $\mu$ M added 20  
297 min before S-PolyP and glutamate) significantly reduced protective effect of 20  $\mu$ M short PolyP  
298 against glutamate-induced excitotoxicity (from  $26.48\pm2.38$  to  $10.18\pm0.89$ , for both  $n=250$ ;  $p>0.0001$ ;  
299 Figure 8 C) while more selective inhibitor of P2X receptor TNP-ATP (20  $\mu$ M, 20 min before PolyP  
300 and glutamate) had no effect on neuronal viability. This strongly suggests that PolyP protects neurons  
301 against glutamate-induced toxicity via stimulation of P2Y receptors.

302

#### 303 **Discussion**

304 In the present study, we found that PolyP is able to reduce physiological calcium signal induced by  
305 glutamate. This effect was dependent on the length of the polymer and activity was reduced with  
306 elongation of polyphosphate chain. The ability of PolyP to reduce  $\text{Ca}^{2+}$  influx through glutamate  
307 receptors is more likely to be a basis for significant reduction of the number of neurons with DCD  
308 under exposure of the cells with toxic concentration of glutamate (100  $\mu$ M). DCD is induced by

309 multiple factors (Vergun et al., 1999; Khodorov, 2004; Abramov and Duchen, 2010) but initiated by  
310 massive ion flux through glutamate receptors. Reduction of the calcium influx or activation of  $\text{Ca}^{2+}$ -  
311 ATPases protects neurons against DCD induced by high concentrations of glutamate in the same way  
312 as PolyP (Suwanjang et al., 2013; Vaarmann et al., 2013). Although PolyP is shown to play an  
313 important role in mitochondria (Abramov et al., 2007; Pavlov et al., 2010) and in our experiments  
314 PolyP significantly reduced glutamate-induced depolarisation (Figure 4), the protective effect of  
315 PolyP is less likely due to direct effect on mitochondria. The effect of this polymer on  $\Delta\psi_m$  under  
316 glutamate exposure is more likely due to reduction of  $[\text{Ca}^{2+}]_c$  that lead to lower calcium uptake into  
317 mitochondria. Interestingly, inhibition or sequestration of mitochondrial calcium uptake by  
318 mitochondria leads to protection against glutamate-induced depolarisation (Abramov and Duchen,  
319 2008; Angelova et al., 2019).

320 Most of the effects which we observed here: reduction of the calcium signal upon stimulation with  
321 low or high concentrations of glutamate by PolyP and protection of the cells against glutamate  
322 toxicity were dependent of the presence of P2Y (but not P2X) antagonist suramin. Previously, we and  
323 others have shown that PolyP activates calcium signal in astrocytes (and in 3% neurons) via  
324 stimulation of P2Y1 receptor (Holmstrom et al., 2013; Dinarvand et al., 2014). Purinergic receptors  
325 (P2X and P2Y) can be activated by purines (Burnstock, 2013) and induced calcium signal in  
326 astrocytes which depends on the activation of phospholipase C (Domijan et al., 2014). Activation of  
327 both ionotropic (P2X) and metabotropic (P2Y) receptors suppresses AMPA and NMDA and protects  
328 against glutamate excitotoxicity (Ortega et al., 2011; Pougnet et al., 2016). PolyP suppresses  
329 glutamate-induced calcium signal and glutamate toxicity via P2Y1 that can be proven by experiments  
330 with the highly selective inhibitor MRS2179 and less likely through P2X due to weaker effects of  
331 TNP-ATP and PPADS in our experiments.

332 Clear downregulation of NMDA receptor response amplitude without significant changes in paired-  
333 pulse ratio suggests suppression of NMDA receptor conductance due to postsynaptic mechanisms (i.e.  
334 impact on biochemical regulatory networks) rather than due to presynaptic (i.e. modulation of  
335 glutamate release from synaptic bouton).

336 Absence of significant PolyP -generated suppression of NMDA-induced  $\text{Ca}^{2+}$  waves (Figure 7B) and  
337 presence of such a suppression of NMDAR electrophysiological response (Fig. 7A, B) looks to some  
338 extent counter-intuitive. However, this apparent discrepancy has two potential explanations. First,  
339 NMDA-induced  $\text{Ca}^{2+}$  elevation may not be only due to  $\text{Ca}^{2+}$  transport through NMDA receptor  
340 channels:  $\text{Ca}^{2+}$ -induced  $\text{Ca}^{2+}$  release from endoplasmic reticulum in response to NMDA application,  
341 which has long been established for DGCs (Lazarewicz et al., 1998) provides a good alternative  
342 source. Hence,  $\text{Ca}^{2+}$  wave after glutamate receptors activation may be generated mostly by  $\text{Ca}^{2+}$   
343 release from endoplasmic reticulum, whereas, to start such a wave, NMDARs at cytoplasmic

344 membrane should provide just an small initial amount of  $\text{Ca}^{2+}$  which works as a trigger; therefore,  
345 reduction of  $\text{Ca}^{2+}$  ion transfer through NMDARs by PolyP leaves enough  $\text{Ca}^{2+}$  to initiate release from  
346 endoplasmic reticulum, and thus does not cause a significant impact on the overall  $\text{Ca}^{2+}$  rise in  
347 cytoplasm.

348 Second, permeability of NMDARs to  $\text{Ca}^{2+}$  depends on NMDAR subunit composition (Evans et al.,  
349 2012). Therefore, PolyP may suppress selectively NMDARs of subunit composition with low  
350 permeability to  $\text{Ca}^{2+}$ : this would reduce the overall charge transfer (Fig. 6), but not the overall  $\text{Ca}^{2+}$   
351 influx (as in Figure 6).

352 On other side, PolyP can directly act on P2Y1 receptors in neurons producing (or not producing)  
353 much smaller calcium signal due to much smaller calcium ER pool compared to astrocytes. This  
354 effect results in suppression of glutamate receptors. However, we cannot exclude the fact that PolyP  
355 induces activation of astrocytic P2Y1 receptors (Holmstrom et al., 2013) and stimulates the release of  
356 neuromodulators which in turn reduces the conductance of glutamate receptors for  $\text{Ca}^{2+}$ , one example  
357 of which could be underlying neuron-glia interaction (Angelova and Abramov, 2014).

358 Despite the fact that the P2 agonist ATP was shown to be able to decrease conductance of glutamate  
359 receptors (Ortega et al., 2011; Pougnet et al., 2016) , in our experiments 100  $\mu\text{M}$  ATP had no effect  
360 on AMPA-induced calcium signal (Figure 6 G). This could possibly be explained by the higher  
361 selectivity of PolyP to P2Y1 receptor compared to 100  $\mu\text{M}$  ATP, which is possibly more selective to  
362 other type of P2 receptors. When we tested lower concentration, 10  $\mu\text{M}$  ATP, we obtained a similar  
363 effect to those of short PolyP. Importantly, it also can be proven with P2Y1 specific agonist  
364 2MeSADP.

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368

369 **Figure Legends**

370

371 **Figure 1. PolyP supresses the effect of low glutamate concentrations (5 $\mu\text{M}$ ) on neuronal calcium  
372 signal. A,** Application of 5  $\mu\text{M}$  glutamate to cortical neurons induced a rise in  $[\text{Ca}^{2+}]_c$  (Fura-2 ratio).  
373 **B,** Pre-treatment of 20 $\mu\text{M}$  of S-PolyP significantly reduced glutamate-induced calcium signal. **C,**  
374 Histogram representing the effect of different lengths of PolyP on the glutamate-induced calcium

375 signals in cortical neurons as a  $\Delta$ Fura-2 ratio between basal level of  $[Ca^{2+}]_c$  and maximal peak after  
376 glutamate (5 $\mu$ M) application. \*P<0.05, \*\*P<0.001

377

378 **Figure 2. Poly-P reduces the number of neurons with delayed calcium deregulation (DCD)**  
379 **induced by high concentration of glutamate.** A, Kinetic measurements of the changes in  $[Ca^{2+}]_c$   
380 (Fura-FF ratio) of single neurons in response to 100  $\mu$ M glutamate in primary cortical co-cultures. B,  
381 C, D, Pre-treatment (6 min) of cortical neurons with respectively Short, Medium and Long Poly-P  
382 reduced  $[Ca^{2+}]_c$  responses to glutamate (100 $\mu$ M). E, Changes in the percentage of neurons responding  
383 to glutamate (100 $\mu$ M)-induced DCD after pre-treatment with different lengths of PolyP. F, Histogram  
384 showing the effect of different length of PolyP on total glutamate-induced calcium increase ( $\Delta$ Fura-ff  
385 ratio between basal and maximal amplitude) in cortical neurons.\*P<0.05, \*\*P<0.001

386

387 **Figure 3. Poly-P mitigates the glutamate-induced mitochondrial membrane depolarization.** A,  
388 Application of toxic (100  $\mu$ M) concentrations of glutamate induced a decrease in  $\Delta\psi_m$  (represented as  
389 increase in Rhodamine123 signal, maximal depolarisation after 1 $\mu$ M FCCP was taken as 100%). B,  
390 Pre-treatment of cortical neurons with S-PolyP reduced the effect of high concentration of glutamate  
391 on mitochondrial membrane potential. C, Average traces from single representative experiments  
392 showing kinetic changes in  $\Delta\psi_m$  of control and polyP pre-treated neurons in response to 100  $\mu$ M  
393 glutamate D, Summary of the effect of S-PolyP on the glutamate-induced mitochondrial  
394 depolarization in cortical neurons. \*P< 0.05

395

396 **Figure 4. Modulation of glutamate-induced calcium signal by S-PolyP is P2Y receptor-**  
397 **mediated.** Kinetic measurement of the changes in  $[Ca^{2+}]_c$  from single neurons in response to 5 $\mu$ M  
398 glutamate in cortical cultures with (B, C, D, E) and without (A) S-PolyP, in the presence of P2  
399 receptors antagonists 20  $\mu$ M suramin (C), 20 $\mu$ M TNP-ATP (D) and 20  $\mu$ M PPADS (E). F, Summary  
400 of the effects of P2 receptor antagonists on the S-PolyP action on glutamate-induced calcium signal.  
401 \*P< 0.05

402

403 **Figure 5. Effect of polyP on  $[Ca^{2+}]_c$  rise in response to toxic concentration of glutamate (100**  
404  **$\mu$ M) in the presence of P2 receptor antagonists.** 100  $\mu$ M glutamate induced profound elevation of  
405  $[Ca^{2+}]_c$  in primary cortical neurons (A), which could be reduced by pre-treatment of the cells with  
406 20 $\mu$ M PolyP (B). Pre-incubation of primary cortical co-culture with P2 receptors blockers 20  $\mu$ M  
407 Suramin (C), 20 $\mu$ M TNP-ATP (D) and 20  $\mu$ M PPADS (E) modified the effect of S-polyP on

408 glutamate-induced calcium signal. F, Summary the effects of P2 antagonists on reduction of  
409 glutamate-induced calcium signal by PolyP ( $\Delta$ Fura-ff ratio between basal calcium level and maximal  
410 calcium amplitude after application of 100  $\mu$ M glutamate). \*P<0.05, \*\*P<0.001

411

412 **Figure 6. Effects of PolyP on the AMPA and NMDA-induced calcium signals.** A. 20 $\mu$ M NMDA  
413 induced calcium signal in cortical neurons (fura-2 ratio). B. Pre-application of short polyP (20  $\mu$ M)  
414 had no significant effect on NMDA-induced increase in fura-2 ratio. Effect of AMPA (20  $\mu$ M) on  
415  $[Ca^{2+}]_c$  of cortical neurons (C) can be reduced by pre-treatment of cells with 20  $\mu$ M S-PolyP (D). P2  
416 antagonist Suramin (20  $\mu$ M, E, J) or P2Y1 blocker MRS2179 (50  $\mu$ M, F) completely abolished the  
417 effect of S-PolyP on AMPA-induced calcium signal. Agonist of P2 receptor ATP induced calcium  
418 rise in astrocytes did change neuronal  $[Ca^{2+}]_c$  in response to 20  $\mu$ M AMPA significantly when applied  
419 at 10  $\mu$ M (H), but not at 100  $\mu$ M (G) concentration. I – A more specific agonist of the P2Y1, P2Y12  
420 and P2Y13 receptors -2MeSADP, at 1  $\mu$ M, mimicked the effect of S-PolyP on the AMPA receptors.  
421 J, Summary of the effects of P2 agonists and antagonists on the S-PolyP effect on the AMPA-induced  
422 calcium signal. \*\*\*P<0.0001

423

424 **Figure 7. Polyphosphate suppresses glutamate receptor synaptic response.** A, representative  
425 traces illustrating the impact of 20 $\mu$ M PolyP on the response generated by isolated NMDARs from  
426 dentate gyrus cells from the hippocampus (DGcs). Top: L-polyP (L-PP); bottom: S-PolyP (S-PP). B,  
427 Summary of the effects depicted in A: first response amplitudes and paired-pulse ratio (PPR). C,  
428 Representative traces illustrating the impact of 20 $\mu$ M PolyP on the response generated by isolated  
429 AMPARs in DGcs. Top: L-polyP (L-PP); bottom: S-PolyP (S-PP). D: Statistical summary of the  
430 effects of PolyP in C on the first response amplitudes and PPR. Data was normalised to values  
431 generated under control, asterisks denote significance of difference from unity. \* P<0.05, \*\* P<0.01.

432

433 **Figure 8. PolyP protects neurons against glutamate-induced cell death** A, Representative images  
434 depicting the effect of PolyP of different length on cell death induced by 100  $\mu$ M glutamate using PI  
435 fluorescence. B, Histogram represents the effect of different length of PolyP on the glutamate-induced  
436 cell death in cortical neurons. C, Histogram summarising the effect of PolyP on glutamate-induced  
437 toxicity in the presence of P2-receptor antagonists. The number of dead cells was counted with  
438 respect to the total number of cells identified by staining the nuclei with Hoechst 33342. The  
439 percentage of death cells shown in the histogram was calculated as the sum of average number of  
440 dead neurons obtained for each field of view. Each experiment was repeated three or more times using  
441 3 or more different neuronal preparations. \*\* p<0.01, \*p<0.05

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448

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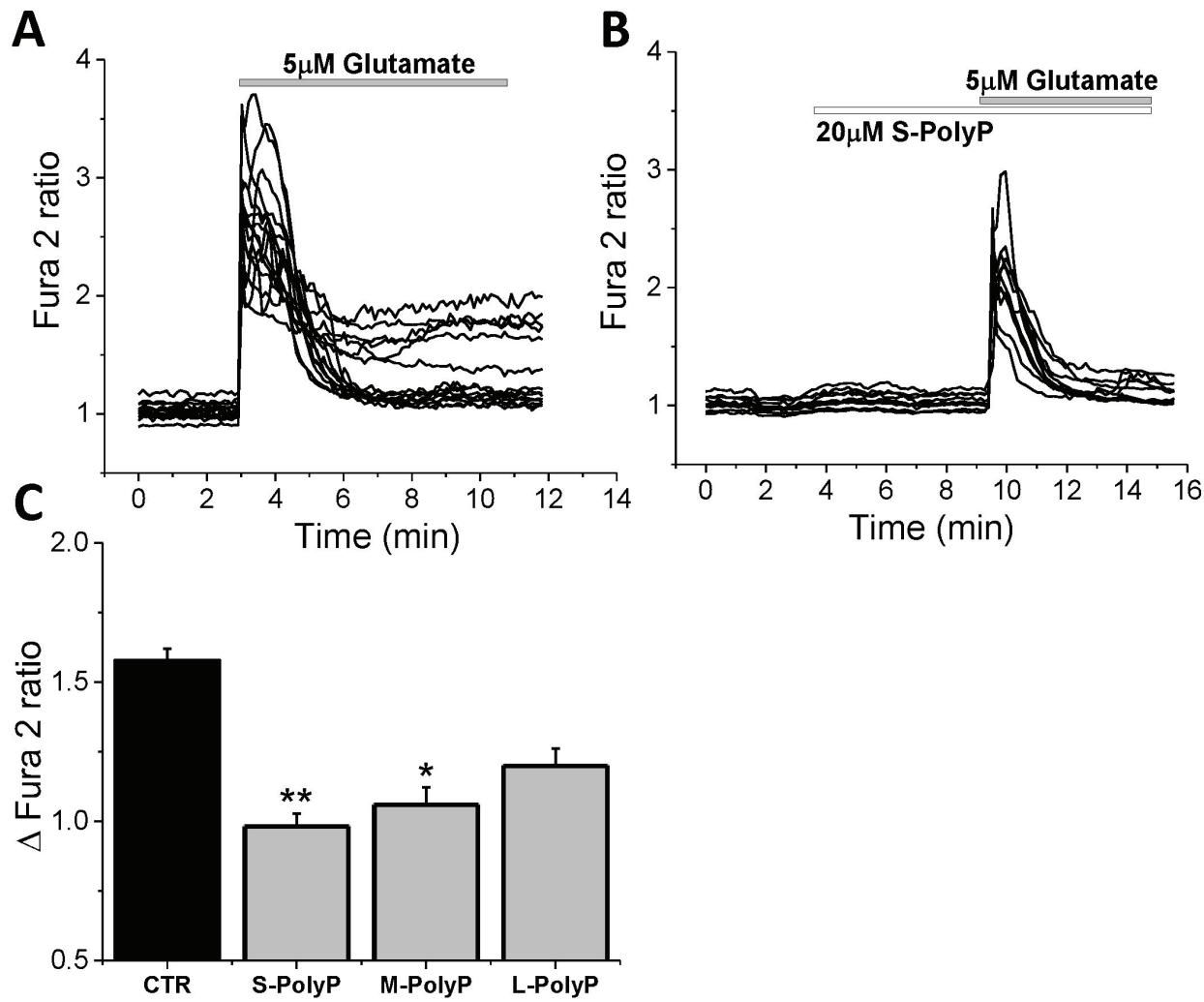


Figure 1

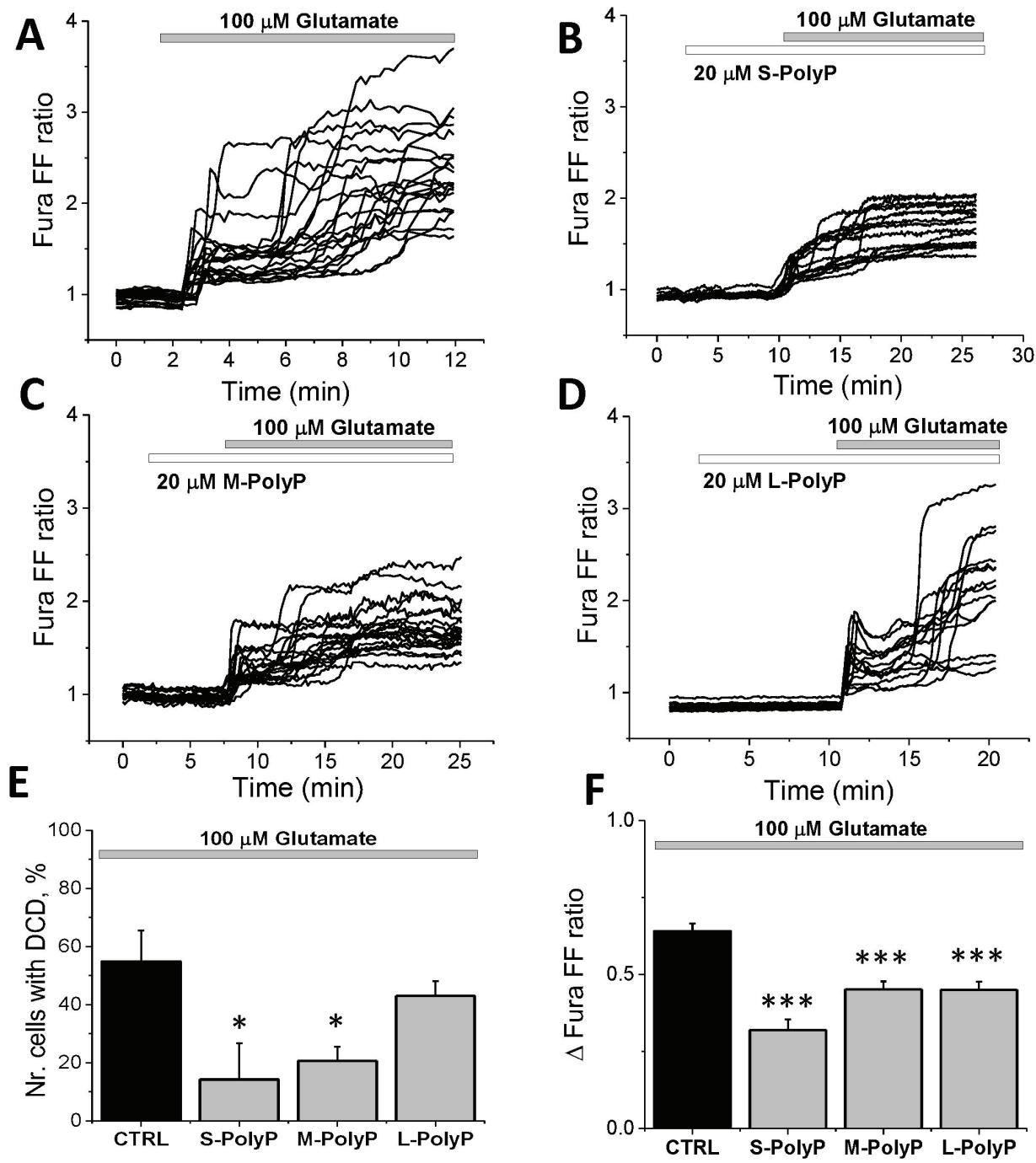


Figure 2

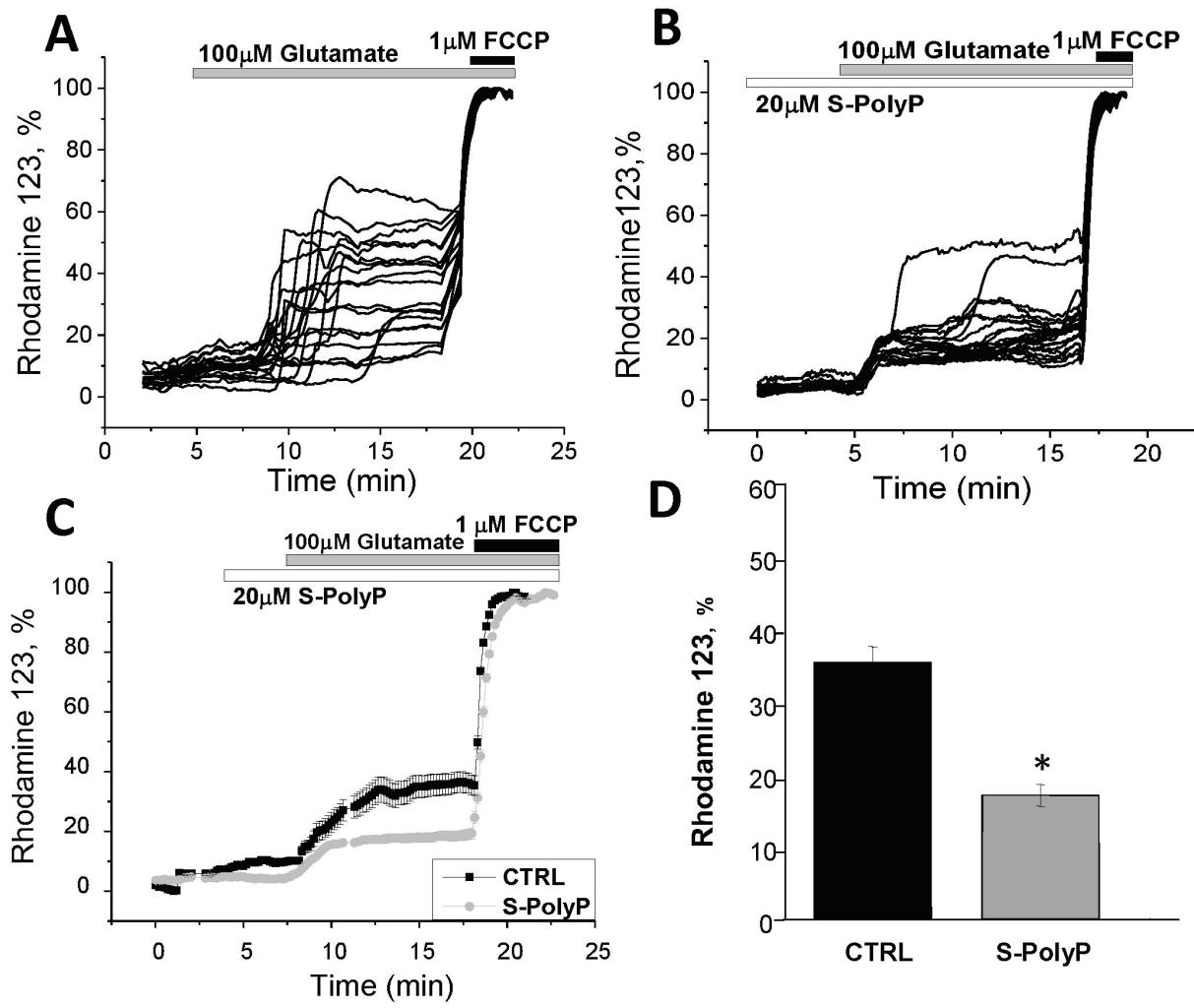


Figure 3

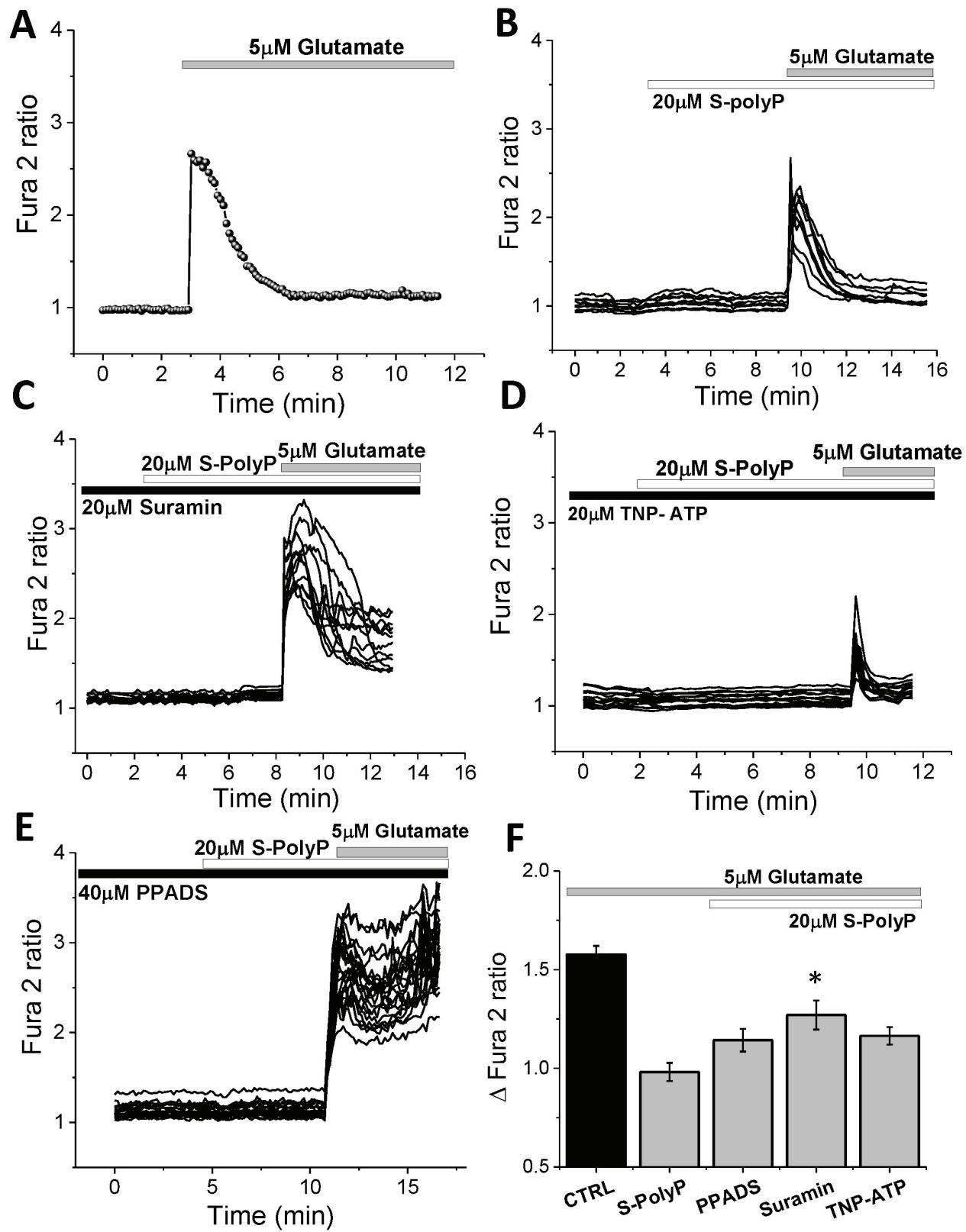


Figure 4

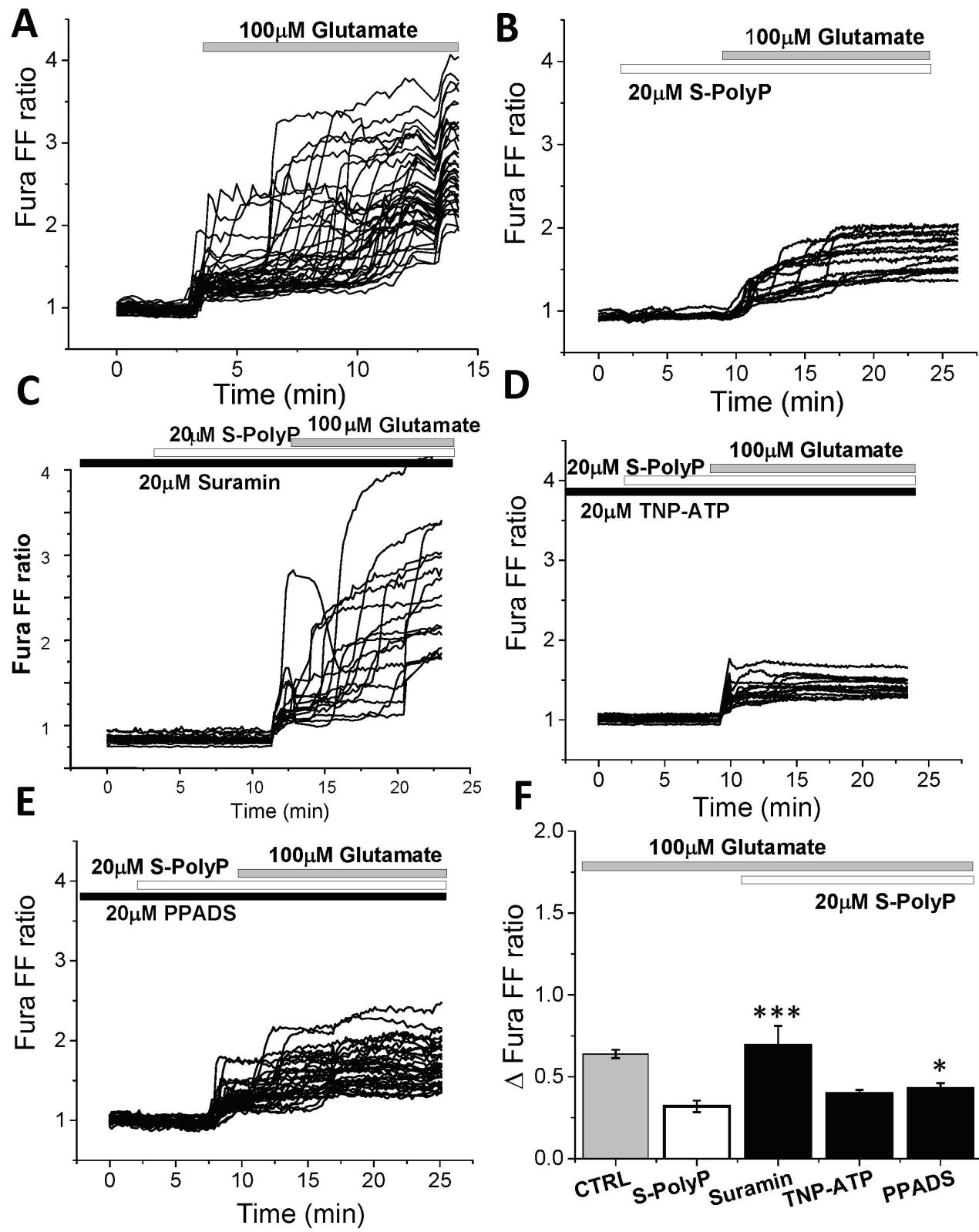


Figure 5

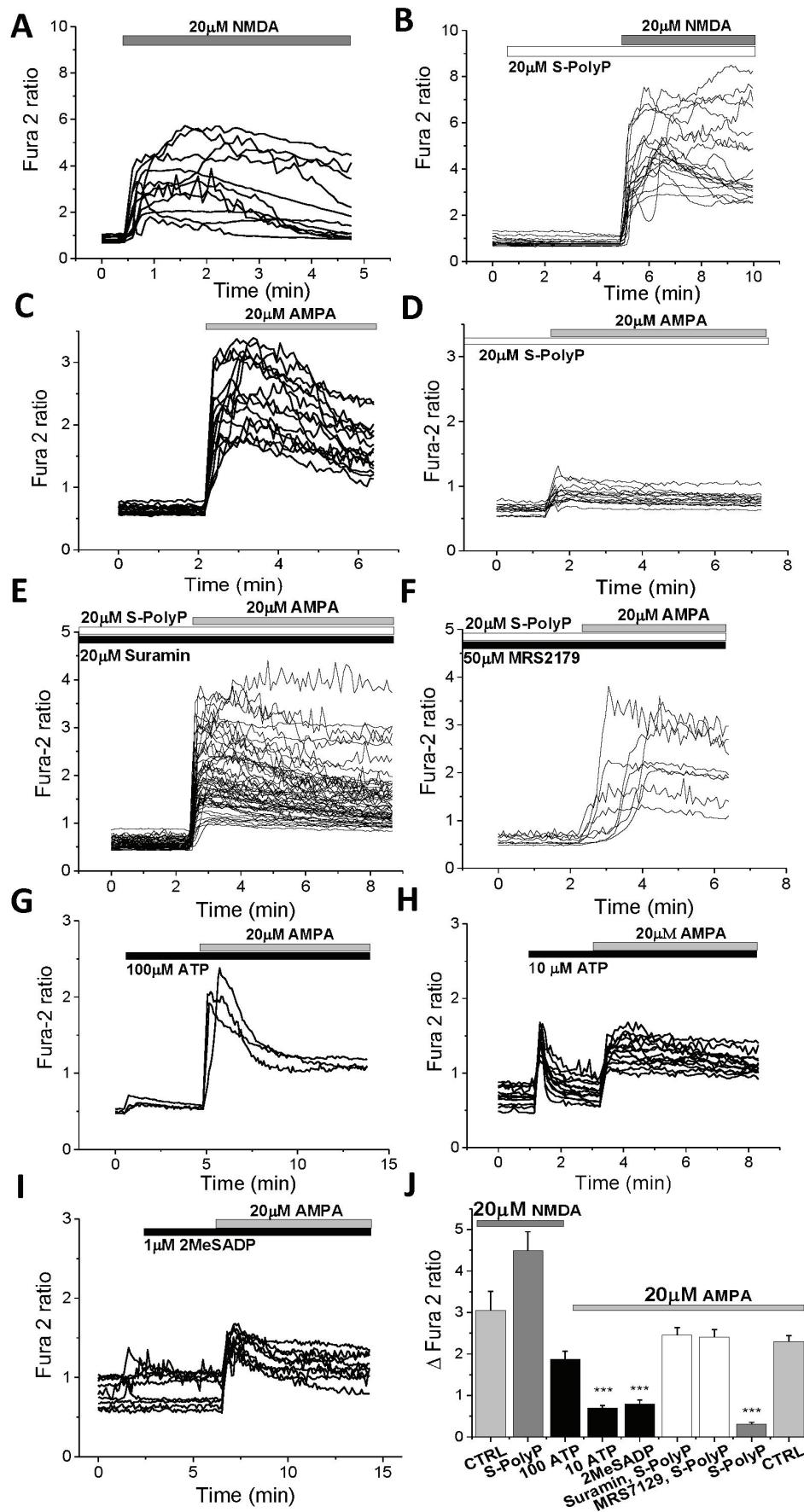


Figure 6

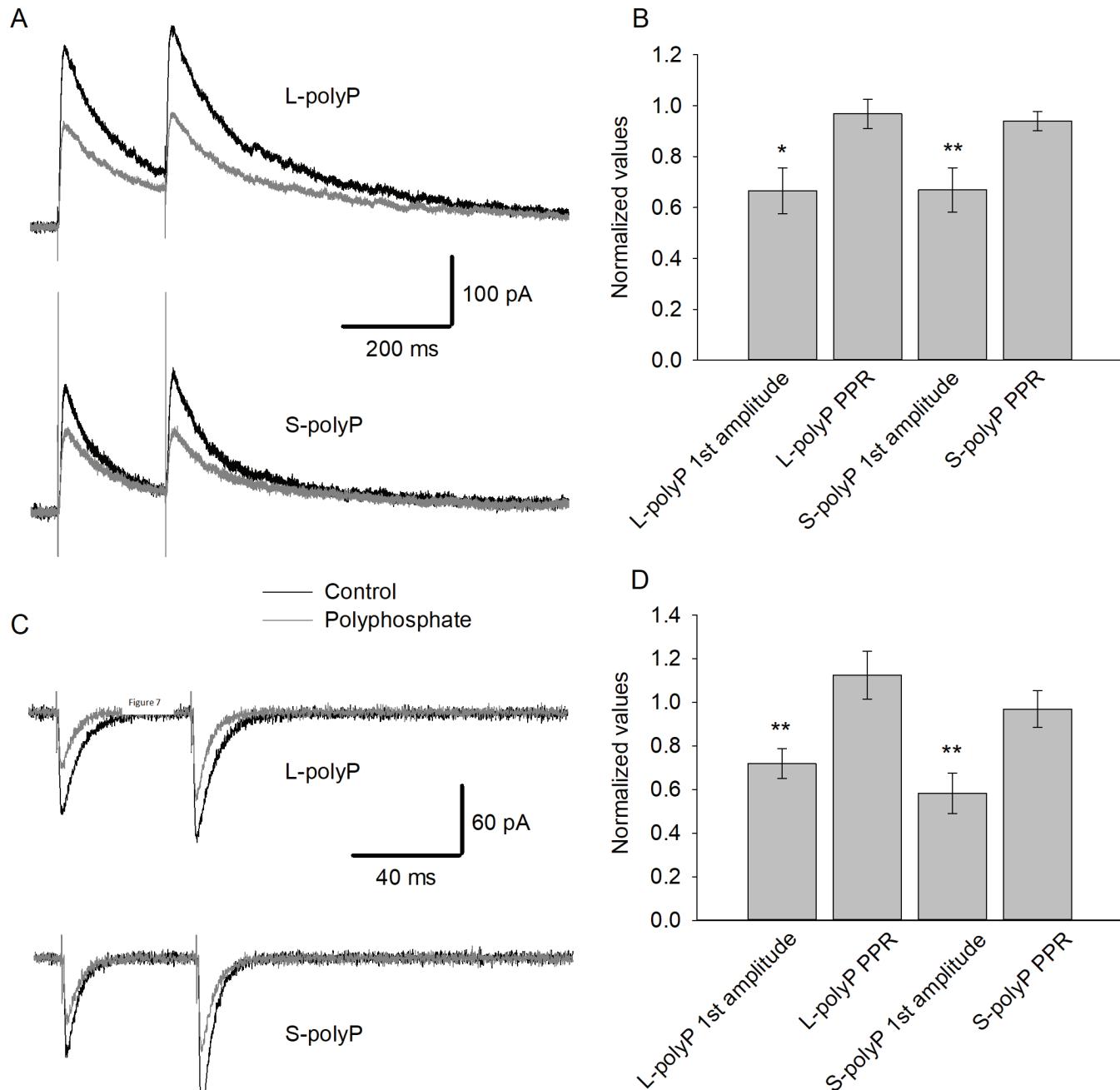


Figure 7

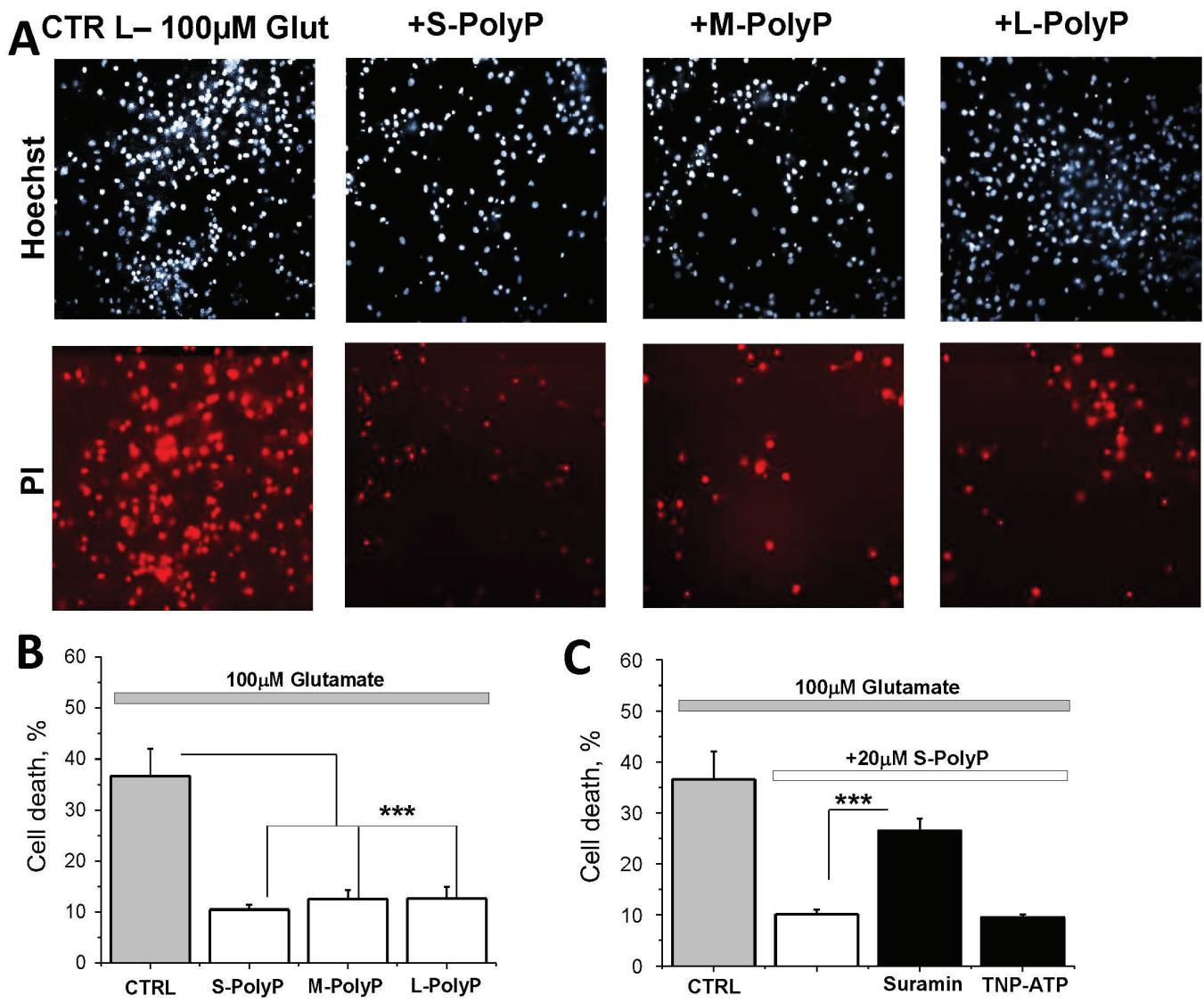


Figure 8