Experimental Investigation of Static and Dynamic Crosstalk in Trench-Assisted Multi-Core Fibre

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Abstract: We investigate the static and dynamic crosstalk characteristics of TA-MCF in a temperature controlled environment. Results indicate that temperature, PRBS length, modulation format and signaling rate have a significant influence on the properties of crosstalk.

OCIS codes: (060.2300) Fibre measurements, (060.2330) Fibre optics communication; (060.2400) Fibre properties

1. Introduction

In a move to address the ongoing capacity needs of next generation fibre optic systems, space division multiplexing (SDM) technologies have been developing rapidly in the recent years [1]. Multi-core fibre (MCF) based SDM schemes have shown great benefits in satisfying the capacity, front-panel density, power consumption and cost requirements in data centres [2]. However, the adoption of the MCF is potentially limited by the unwanted inter-core crosstalk (IC-XT) between core pairs, which affects the optical signal-to-noise ratio (OSNR) of transmission systems [3].

IC-XT in MCF occurs at stochastically distributed discrete points along the fibre where the phases of the principal and IC-XT signals match [4]. Reference [5] shows that the IC-XT varies over time and the IC-XT variance (\(\text{Var}_{\text{XT}}\)) enforces the system to require higher OSNR margins to prohibit performance degradation or even outages. \(\text{Var}_{\text{XT}}\) can be attributed to the longitudinally varying perturbation along the MCF such as bends, twists and structural fluctuations, which impact the phase matching points (PMPs). Furthermore, it has been shown that \(\text{Var}_{\text{XT}}\) is strongly affected by the spectral content of the stimulating optical signal and the skew between core pairs [5].

Temperature increases in silica fibre lead to length and refractive index increase by \(4.1 \times 10^{-7} \text{ mK}^{-1}\) and \(1.1 \times 10^{-5} \text{ K}^{-1}\), respectively [6]. These changes alter the skew and the dispersion of the link and in turn change the static and dynamic IC-XT in MCFs. However, to the best of our knowledge, there has been little study on the impact of temperature variation on IC-XT [7] and the study in [5] was limited by measuring \(\text{Var}_{\text{XT}}\) at sub-Hz sampling rates. \(\text{Var}_{\text{XT}}\) was shown to reduce by either increasing the signaling bandwidth in intensity modulated formats or adopting phase modulated formats, where in both cases the power in the residual optical carrier was either reduced or eliminated [8].

In this paper, we present a novel study of the effects of temperature and PRBS length on static and dynamic IC-XT in trench-assisted MCF (TA-MCF). Additionally, we extend the research from [5] on effects of advanced modulation formats and signaling rates on IC-XT. The IC-XT was measured for long periods of time over O-S-C-L bands and results, for the first time, are compared to theoretical calculations, leading to a more comprehensive understanding of the behavior of the IC-XT in MCFs.

2. Experimental Description

The cross section of the 8-core TA-MCF employed in this work along with the experimental setup are illustrated in Fig. 1. The fibre, previously described in [9], had a cladding diameter of 180 \(\mu\text{m}\) and a bending radius of 0.17 m. Our setup consisted of two parts: signal generation (SG) and IC-XT measurement. Two tunable lasers (Fig. 1, SG (a)), one for O-band (1260–1360 nm) with 500 kHz linewidth and one for S-, C-, L-band (1480–1630 nm) with 200 kHz linewidth, were used to generate continuous-wave (CW) laser seed light, respectively. A Mach-Zehnder modulator driven by a pulse pattern generator (PPG) and an electrical sub-system modulated the CW light with OOK and PAM4 signals. The PPG had reconfigurable PRBS pattern with lengths \(2^i - 1 (i = 7, 9, 10, 11, 15, 20, 23 \text{ and } 31)\) operating at 10 or 25 GBaud. To examine the characteristics of IC-XT with various phase modulated signals, a 100 kHz linewidth external cavity laser (ECL) operating at 1550 nm was modulated by a dual-polarization I-Q modulator driven by a 92 Gs/s arbitrary waveform generator (AWG) (Fig. 1, SG (b)). The AWG was used to generate various \(m\)-ary \((m = 4, 16, 64 \text{ and } 256)\) dual-polarization quadrature amplitude modulation (QAM) formats, each capable of operating at signaling rates ranging from 15–80 Gbaud. The modulated optical signal was then amplified by an erbium-doped fibre amplifier (EDFA) followed up by a variable optical attenuator (VOA) to control the signal launch power into the MCF fibre. Furthermore, an amplified spontaneous emission (ASE) source followed by a band-pass filter with 1.2 nm bandwidth (Fig. 1 SG (c)) was used to emulate a broadband signal.

A 48-port optical switch was used to interconnect all input ports of the MCF link via the fan-in device to the various signal sources over single mode single core fibres (SMFs). The switch enabled the generated signals to be sent into any core/core of the MCF via the fan-in device. The 1 km TA-MCF was placed in a temperature controlled chamber, which can vary its temperature from 20–80 °C. To measure the IC-XT level, the output of the MCF was fanned-out...
into 8 SMF links. Each link was connected to the input of an 8-port high speed power meter (PM) operating at 40 Hz, capable of detecting power levels as low as ~90 dBm. In this setup, the switch and fan-in/out device approximately had 1 dB and 3 dB insertion loss, respectively. The optical power of all signals was set to 3 dBm at the input of the optical switch and thus, launch powers through the MCF were not sufficiently high to cause any nonlinearities.

![Experimental setup diagram](image)

### 3. Results and Discussion

We measured the IC-XT between core 1 (exciting core) and core 3. Since the core pitch between them was the smallest, the highest (worst case) IC-XT was anticipated. Given that broadband ASE signal leads to lower VarXT in time [5], a 1550 nm ASE source was used to explore the effect of temperature on IC-XT. Figure 2(a) depicts the observed accumulated IC-XT in the TA-MCF for temperatures from 20−50 °C over 1 hour. As it can be seen, a 30 °C increase in temperature translates into a 1.5 dB increase in average level of IC-XT and 0.3 dB reduction in VarXT. Based on the theoretical work carried in [10] for TA-MCFs, it can be deduced that the smallest reduction in the refractive index difference between the core and the cladding can lead to large IC-XT increases between core pairs (e.g. a refractive index variation of 5x10^-5 can lead to >1 dB IC-XT increase over 1 km of fibre). Thus, in our speculation, the average level of IC-XT increase is due to index contrast reduction, and the VarXT reduction due to skew increase [5]. A similar trend is observed in Fig. 2(b), which presents the effects of temperature and operational wavelength on the average IC-XT induced by 25G OOK signals operating at different wavelengths (each point measured for 1 hour). Figure 2(b) also shows that IC-XT increases by up to 17 dB at 1550 nm compared to 3100 nm (averaging from 0.916 dB). It is observed that QAM formats have the least impact on VarXT. OOK and PAM4 signals have strong residual carriers constraining part of the optical power to a finite spectral content, which causes more constructive interference at PMPs and as a result higher stochastic variations in IC-XT intensity. All phase modulated schemes achieve a VarXT level close to that of the ASE case due to the removal of the residual carrier. Among all the QAM formats, QAM4 provides the biggest VarXT and QAM256 achieves the least. PAM4 across all studied signalling...
rates exhibits a higher $\text{Var}_{\text{XT}}$ compared to the OOK signals. This is because more non-zero intensity levels in PAM4 leads to over 30% increase in the optical carrier-to-signal ratio, which increases the probability of attaining a non-zero level over PMPs across the fibre. The reduction in $\text{Var}_{\text{XT}}$, as a result of an increase in the signalling rate by 15 Gbaud, is also evident for all intensity modulated signals, leading to reductions in excess of 5 dB for both OOK and PAM4. Note that Fig. 2 (d) does not include the evolution of $\text{Var}_{\text{XT}}$ for QAM formats over various signalling rates as the obtained values were only measured for 1 hour and not 12 hours. Nevertheless, the 1-hour observation of XT shows that for every QAM format, increasing the signalling rate from 15 to 80 Gbaud leads to a reduction of > 1 dB in $\text{Var}_{\text{XT}}$.

![Fig. 2](image1.png)

Fig. 2. a) Effect of temperature on the time-dependent IC-XT (ASE), b) Effect of temperature on the wavelength-dependent IC-XT (25G-OOK), c) Effect of PRBS length on the time-dependent IC-XT (25G-OOK), d) 12-hours IC-XT fluctuations for different modulation formats

4. Conclusion

We have experimentally investigated the influence of temperature, PRBS length, operating wavelength, modulation format and signaling rate on static and dynamic IC-XT levels in an 8-core TA-MCF. Results indicate that both static and dynamic IC-XT levels are proportional to the temperature and inversely proportional to the PRBS length, which signifies the importance of temperature and PRBS on IC-XT measurements in laboratory settings. Additionally, experimental results on wavelength-dependent IC-XT accurately fit the theoretical estimation. In terms of IC-XT dynamicity over time, it was found that the higher the temperature or signaling rate, the better the stability. Moreover, the level of IC-XT induced by QAM signals was found to be more stable than that of the OOK and PAM4 signals at signaling rates below 25 Gbaud. This is attributed to the reduced carrier power of QAM signals, which leads to a better IC-XT average over the signal band. Furthermore, it was found that IC-XT is over 7 dB less stable for the PAM4 signaling, which has higher optical carrier-to-signal ratio, compared to the OOK. The understanding and the accurate measurements of IC-XT levels can be used for design of MCF-based data centers or metro networks.

5. Acknowledgement

This work is partly supported by EPSRC TRANSNET grant EP/R035342/1, the Royal Academy of Engineering fellowship to Dr L Galdino and EPSRC studentship to E Sillekens. We would also like to thank Santec and Oclaro for the provision of the necessary equipment.

6. References