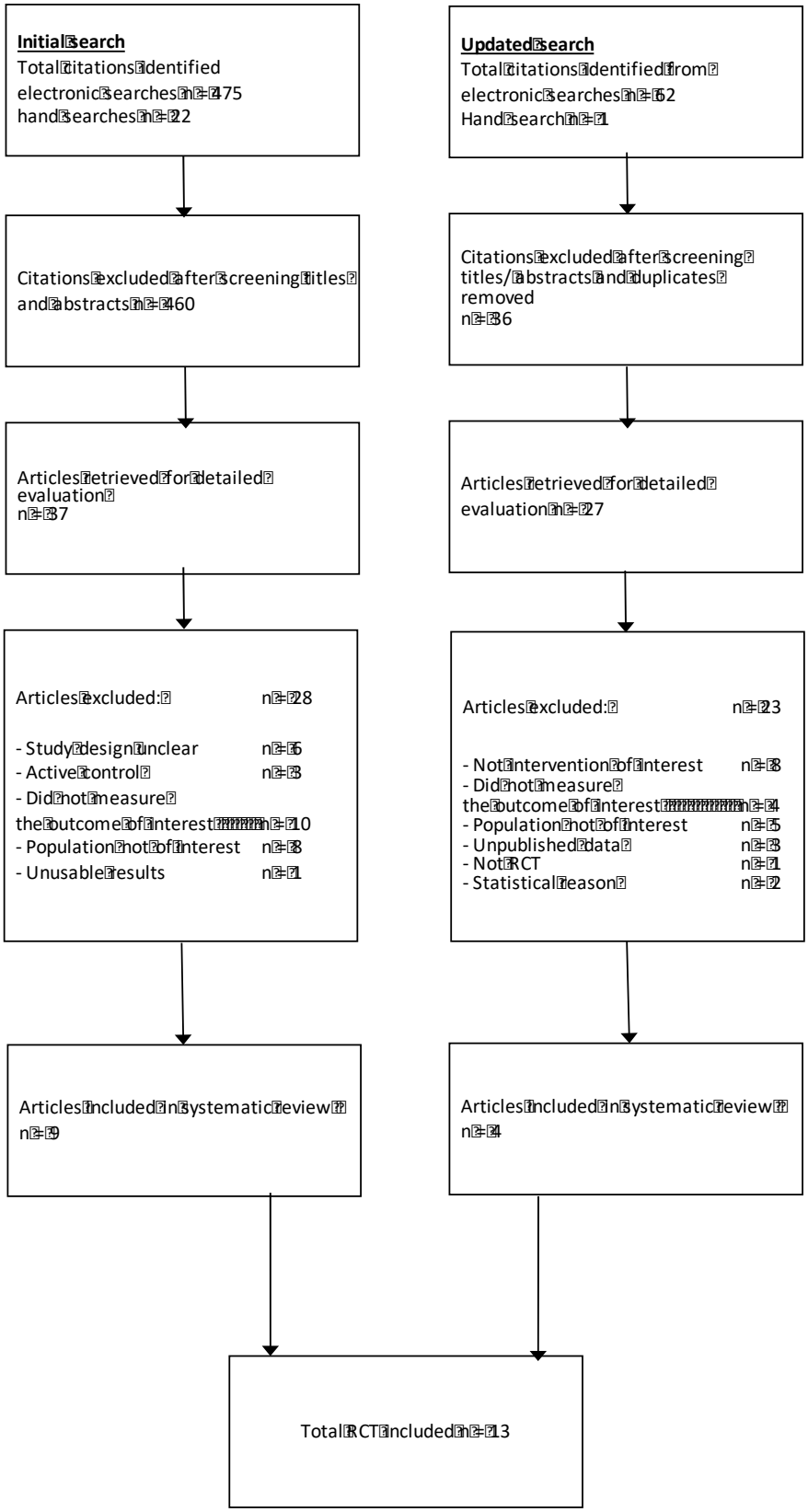
Figure 1


Initial search
Total citations identified
electronic searches n = 475
hand searches n = 22
Citations excluded after screening titles and abstracts n = 460
Articles retrieved for detailed evaluation n = 37
Articles excluded: n = 28
- Study design unclear n = 6
- Active control n = 3
- Did not measure the outcome of interest n = 10
- Population not of interest n = 8
- Unusable results n = 1
Articles included in systematic review n = 9
Updated search
Total citations identified from electronic searches n = 62
Hand search n = 1
Citations excluded after screening titles/abstracts and duplicates removed n = 36
Articles retrieved for detailed evaluation n = 27
Articles excluded: n = 23
- Not intervention of interest n = 8
- Did not measure the outcome of interest n = 4
- Population not of interest n = 5
- Unpublished data n = 3
- Not RCT n = 1
- Statistical reason n = 2
Articles included in systematic review n = 4
Total RCT included n = 13