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Steroid receptor coactivator-1 modulates the function of Pomc neurons and energy homeostasis

Yongjie Yang¹, Agatha A. van der Klaauw², Liangru Zhu^{1,3}, Tessa M. Cacciottolo², Yanlin He¹, Lukas K.J. Stadler², Chunmei Wang¹, Pingwen Xu¹, Kenji Saito¹, Antentor Hinton Jr.¹, Xiaofeng Yan¹, Julia M. Keogh², Elana Henning², Matthew C. Banton², Audrey E. Hendricks^{4,5}, Elena G. Bochukova², Vanisha Mistry², Katherine L. Lawler², Lan Liao⁶, Jianming Xu⁶, Stephen O’Rahilly², Qingchun Tong⁷, UK10K Consortium, Inês Barroso⁴, Bert W. O’Malley⁶, I. Sadaf Farooqi² & Yong Xu^{1,6}

Hypothalamic neurons expressing the anorectic peptide Pro-opiomelanocortin (Pomc) regulate food intake and body weight. Here, we show that Steroid Receptor Coactivator-1 (SRC-1) interacts with a target of leptin receptor activation, phosphorylated STAT3, to potentiate Pomc transcription. Deletion of *SRC-1* in Pomc neurons in mice attenuates their depolarization by leptin, decreases *Pomc* expression and increases food intake leading to high-fat diet-induced obesity. In humans, fifteen rare heterozygous variants in *SRC-1* found in severely obese individuals impair leptin-mediated Pomc reporter activity in cells, whilst four variants found in non-obese controls do not. In a knock-in mouse model of a loss of function human variant (*SRC-1*^{L1376P}), leptin-induced depolarization of Pomc neurons and *Pomc* expression are significantly reduced, and food intake and body weight are increased. In summary, we demonstrate that SRC-1 modulates the function of hypothalamic Pomc neurons, and suggest that targeting SRC-1 may represent a useful therapeutic strategy for weight loss.

¹Children’s Nutrition Research Center, Department of Pediatrics, Baylor College of Medicine, One Baylor Plaza, Houston, TX 77030, USA. ²University of Cambridge Metabolic Research Laboratories, and NIHR Cambridge Biomedical Research Centre, Wellcome Trust-MRC Institute of Metabolic Science, Addenbrooke’s Hospital, Cambridge CB2 0QQ, UK. ³Division of Gastroenterology, Union Hospital, Tongji Medical College, Huazhong University of Sciences & Technology, Wuhan 430022, China. ⁴Wellcome Sanger Institute, Cambridge CB10 1SA, UK. ⁵Mathematical and Statistical Sciences Department, University of Colorado – Denver, Denver, CO 80204, USA. ⁶Department of Molecular and Cellular Biology, Baylor College of Medicine, Houston, TX 77030, USA. ⁷Brown Foundation Institute of Molecular Medicine, University of Texas Health Science Center at Houston, Houston, TX 77030, USA. These authors contributed equally: Yongjie Yang, Agatha A. van der Klaauw, Liangru Zhu, Tessa M. Cacciottolo. A full list of consortium members appears at the end of the paper. Correspondence and requests for materials should be addressed to I.S.F. (email: isf20@cam.ac.uk) or to Y.X. (email: yongx@bcm.edu)

Transcriptional coactivators and corepressors regulate the ability of nuclear hormone receptors (NRs) and transcription factors (TFs) to enhance/suppress the expression of target genes by facilitating the assembly of the transcription complex at target gene promoters¹. Understanding the molecular mechanisms by which coactivators and corepressors alter gene expression to modulate physiological processes may provide insights into disease mechanisms and highlight potential therapeutic targets.

Steroid receptor coactivator (SRC)-1 belongs to a family of coactivators (SRC-1, -2, and -3) that mediate NR-dependent or TF-dependent transcription². Global deletion of SRC-1 in mice leads to obesity³; however, to date, the molecular mechanisms involved are incompletely understood. SRC-1 is abundantly expressed in the hypothalamus, including neurons within the arcuate nucleus of the hypothalamus (ARH)⁴, which play a key role in mediating the weight-reducing effects of the adipocyte-derived hormone leptin^{5,6}. Leptin is a signal of nutrient deprivation, with a fall in leptin levels triggering a set of responses that seek to restore energy homeostasis by increasing food intake and decreasing energy expenditure⁷. In the fed state, an increase in leptin levels leads to the activation of neurons expressing the anorectic peptide Pro-opiomelanocortin (POMC) leading to a reduction in food intake⁸. Specifically, leptin binding to its receptor phosphorylates the transcription factor STAT3 which

dimerizes and translocates to the nucleus where it stimulates the expression of POMC^{9–11}. Leptin-induced STAT3 activation also stimulates expression of *Socs3* (suppressor of cytokine signaling-3) which acts to inhibit leptin signaling^{12,13}.

In this study, we sought to investigate the central mechanisms by which SRC-1 modulates energy homeostasis. SRC family members bind to STAT transcription factors in cells¹⁴. Thus, we first examined the effects of SRC-1 on STAT3 transcriptional activity and *Pomc* expression. We then characterized metabolic phenotypes in mice lacking SRC-1 in *Pomc* neurons and explored the underlying mechanisms. Additionally, we examined the potential functional consequences of rare human variants in *SRC-1* identified in severe childhood-onset obesity. Finally, we generated a knock-in mouse model of the most severe loss of function human SRC-1 variant and characterized the metabolic consequences of these mutant mice.

Results

SRC-1 interacts with pSTAT3 to stimulate *Pomc* expression.

We found that global *SRC-1*-KO mice¹⁵ had lower *Pomc* but normal *Socs3* mRNA levels in the hypothalamus compared to control littermates (Fig. 1a). Using Chromatin-immunoprecipitation (ChIP) assays, we found that leptin-stimulated pSTAT3 binding to *Pomc* promoters was decreased

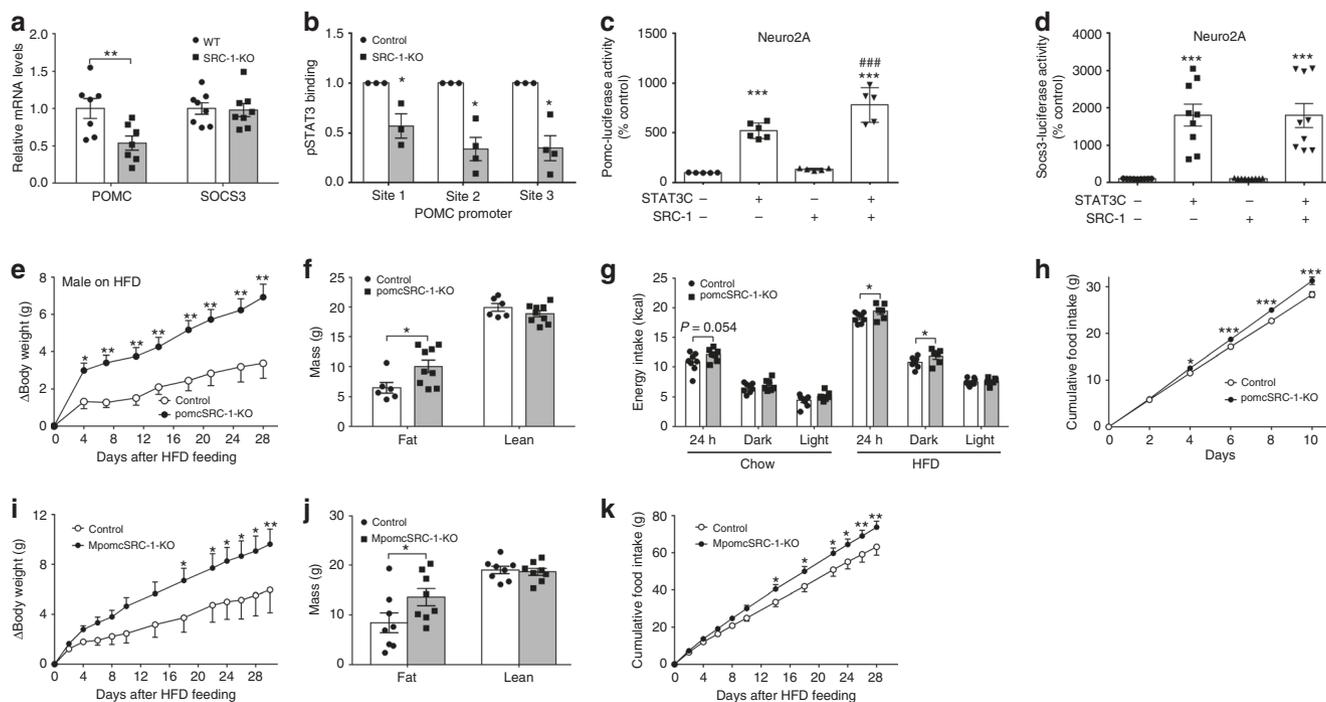


Fig. 1 SRC-1 potentiates STAT3-induced *Pomc* expression. Numbers of mice/repeats in each group are indicated; data are presented as mean \pm SEM and compared using *T*-tests or two-way ANOVA followed by post hoc Sidak tests (#). **a** *Pomc* and *Socs3* mRNA levels in hypothalami from 16-week old SRC-1-KO and WT control littermates ($n = 7/8$); ** $P < 0.01$. **b** ChIP assays detecting pSTAT3 binding on *Pomc* promoters in hypothalami from male SRC-1-KO and control littermates 30 min after leptin injections (5 mg/kg, i.p.): site 1, -998 to -989; site 2, -361 to -353; site 3, -76 to -68 upstream of *Pomc* ($n = 3/4$); * $P < 0.05$. **c, d** Effects of overexpressed constitutively active STAT3 and SRC-1 on *Pomc*- (**c**) or *Socs3*-luciferase activity (**d**) in Neuro2A cells ($n = 5-9$ independent experiments). *** $P < 0.001$ vs. empty vectors; ### $P < 0.001$ vs. STAT3 alone (#). **e** Change (Δ) in body weight after male control and pomcSRC-1-KO mice were switched onto a HFD at day 97 ($n = 6/9$); * $P < 0.05$ and ** $P < 0.01$ (#). **f** Fat mass and lean mass measured 28 days after HFD feeding ($n = 6/9$); * $P < 0.05$. **g** Energy intake measured by CLAMS chambers in 12-week old male mice matched for body weight, lean mass, and fat mass. Mice were subjected to a 2-day-chow-2-day-HFD protocol, and chow was replaced by HFD before the onset of dark cycle on day 3. Energy intake was averaged for 2-day chow feeding period and for 2-day HFD feeding period ($n = 7/8$); * $P < 0.05$. **h** Cumulative HFD intake measured in 12-week old male mice singly housed in home cages ($n = 10/14$); * $P < 0.05$ (#). **i** Change in body weight after control and MpomcSRC-1-KO mice were switched on a HFD at the age of day 84 ($n = 8$); * $P < 0.05$ (#). **j** Fat mass and lean mass measured 30 days after HFD feeding ($n = 8$); * $P < 0.05$. **k** Cumulative HFD intake measured in 12-week old male mice ($n = 6/7$); * $P < 0.05$ (#), ** $P < 0.01$. Source data are provided as Source Data Fig. 1

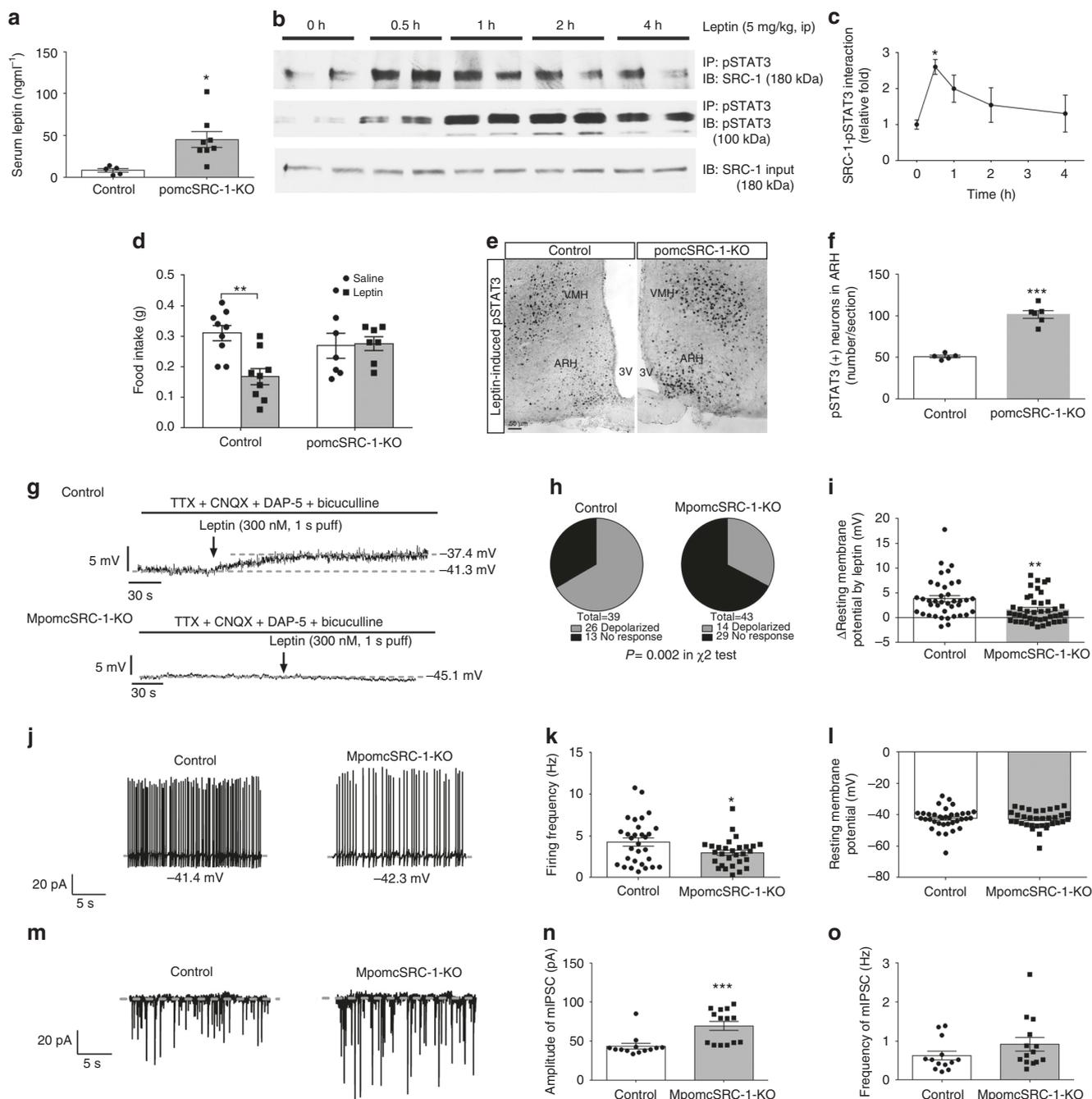


Fig. 2 SRC-1 mediates leptin signaling. Numbers of mice/experiments/neurons are indicated; data are presented as mean \pm SEM and compared using *T*-tests or one- or two-way ANOVA followed by post hoc Sidak tests (#). **a** Serum leptin levels 42 days after HFD feeding ($n = 5/8$); * $P < 0.05$. **b** Time course of hypothalamic SRC-1-pSTAT3 interaction in C57Bl6 wild type mice that received i.p. injections of leptin (5 mg/kg). **c** Quantification of the hypothalamic SRC-1-pSTAT3 interaction. * $P < 0.05$ (#). **d** Two-hour fasted mice (12 weeks of age) received i.p. injections of saline or leptin (5 mg/kg) 15 min prior to refeeding and food intake was recorded for 1 h afterwards ($n = 7/9$); ** $P < 0.01$ (#). **e** Representative pSTAT3 immunohistochemical staining in the ARH and VMH of control and pomcSRC-1-KO mice receiving a single bolus i.p. injection of leptin (0.5 mg/kg, 90 min). Scale bar = 50 μ m. 3V the 3rd ventricle, ARH arcuate nucleus, VMH ventromedial hypothalamic nucleus. **f** Quantification of pSTAT3 (+) neurons in the ARH ($n = 5$); *** $P < 0.001$. **g** Representative traces of leptin-induced depolarization, in the presence of TTX, CNQX, DAP-5, and bicuculline, in mature Pomc neurons from control mice vs. from MpomcSRC-1-KO mice after 1-week HFD feeding. **h** Responsive ratio (depolarization is defined as >2 mV elevations in resting membrane potential) ($n = 39/43$); $P = 0.002$ in χ^2 tests. **i** Quantification of leptin-induced depolarization in two groups ($n = 39/43$); ** $P < 0.01$. **j** Representative traces of action potentials in untreated mature Pomc neurons from control mice vs. from MpomcSRC-1-KO mice. **k**, **l** Quantification of firing frequency (**k**) and resting membrane potential (**l**) in two groups ($n = 29-36$); * $P < 0.05$. **m** Representative traces of mIPSC in untreated mature Pomc neurons from control mice vs. from MpomcSRC-1-KO mice. **n**, **o** Quantification of amplitude (**n**) and frequency (**o**) of mIPSC in two groups ($n = 13/14$); *** $P < 0.001$. Source data are provided as Source Data Fig. 2

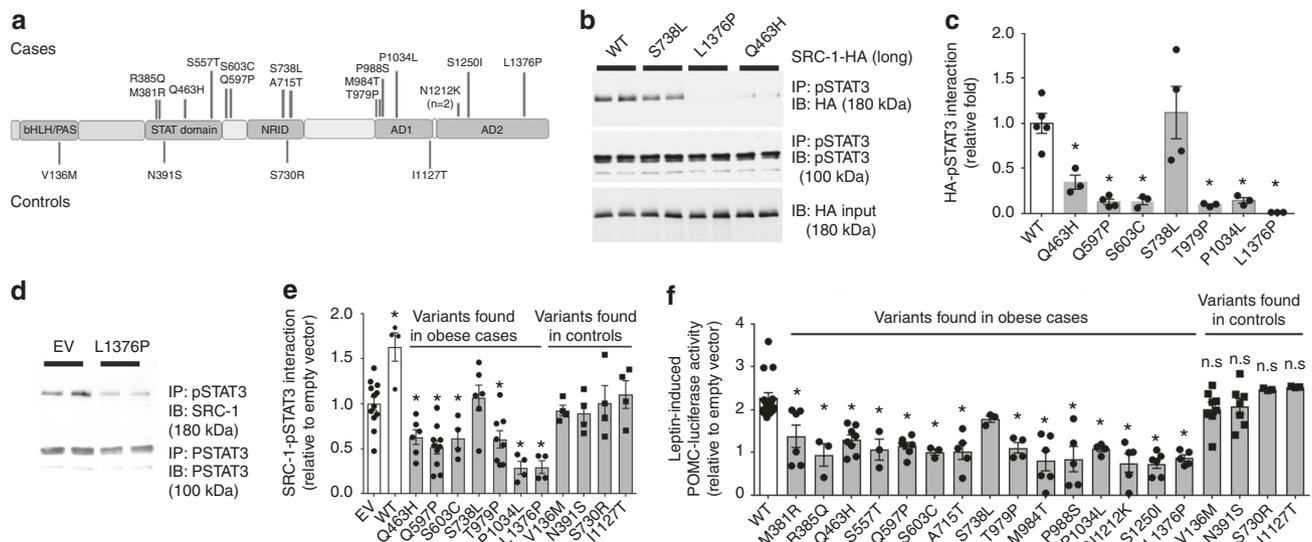


Fig. 3 Missense variants in SRC-1 disrupt leptin signaling. Numbers of experiments are indicated; data are presented as mean \pm SEM and compared using one-way ANOVA followed by post hoc Sidak tests unless mentioned otherwise. **a** Rare variants identified in individuals with severe early onset obesity (above) and in controls (below). **b, c** HEK293 cells were co-transfected with leptin receptor vector and human STAT3 vector. Cells were treated with leptin (200 ng/ml, 15 min) to induce phosphorylation of STAT3. pSTAT3 was pulled down using anti-pSTAT3 sepharose beads; beads were then aliquoted equally and incubated with the same amount of the long isoform of human SRC-1-HA (WT/mutant) and interactions between the pSTAT3 and SRC-1 were determined by CoIP experiments using anti-pSTAT3 and anti-HA antibodies. **b** Representative blots showing interactions between pSTAT3 and SRC-1 (WT/mutant), and inputs of pSTAT3 and SRC-1-HA. **c** Quantification for WT and SRC-1 mutants. Comparative folds were calculated as the ratios of HA blots and HA inputs ($n = 3-5$); $*P < 0.05$. **d, e** SRC-1 mutants inhibit the interaction between STAT3 and WT SRC-1. HEK293 cells were co-transfected with leptin receptor vector, STAT3 vector, and mutant SRC-1 vector (or empty vector). Cells were treated with leptin (200 ng/ml, 15 min) to induce phosphorylation of STAT3 and interactions between pSTAT3 and total SRC-1 were determined by CoIP experiments using anti-pSTAT3 and anti-SRC-1 antibodies. **d** Representative blots showing interactions between pSTAT3 and SRC-1 variants found in obese cases and inputs of pSTAT3. **e** Quantification. Comparative folds were calculated as the ratios of SRC-1-pSTAT3 interaction blots and pSTAT3 inputs ($n = 4-12$); $*P < 0.05$. **f** SRC-1 variants impair POMC expression. Neuro2A cells were co-transfected with leptin receptor vector, SRC-1 (WT or mutant) and a POMC luciferase expression reporter construct. Cells were stimulated with 200 ng/ml leptin for 15 min and then incubated for 6 h, following which luminescence was measured. Results were normalized to empty vector-induced expression ($n = 3-16$); $*P < 0.05$. Source data are provided as Source Data Fig. 3

in the hypothalamus of *SRC-1-KO* mice compared to control mice (Fig. 1b). In keeping with these findings, *SRC-1* overexpression potentiated STAT3-induced *Pomc* transcription but had no effect on *Socs3* transcription in Neuro2A cells and HEK293 cells (Fig. 1c, d; Supplementary Figure 1a-b). Similar effects of *SRC-1* were observed in *SRC-1-KO* MEFs cells, although STAT3 alone could stimulate *Pomc* expression in these cells devoid of endogenous SRC-1 (Supplementary Figure 1c-d). These results indicate that SRC-1, while not required for STAT3 transcriptional activity, can facilitate STAT3-induced *Pomc* expression.

SRC-1 in Pomc neurons regulates energy homeostasis. To test whether SRC-1 in Pomc neurons plays a functionally significant role in energy homeostasis, we crossed *SRC-1^{lox/lox}* mice with *Pomc-Cre* mice to generate mice lacking SRC-1 selectively in Pomc lineage cells (pomcSRC-1-KO, Supplementary Figure 1e). On a standard chow diet, the body weight of male pomcSRC-1-KO mice was comparable to control littermates (*SRC-1^{lox/lox}*) (Supplementary Figure 1f), whilst female pomcSRC-1-KO mice showed significant weight gain (Supplementary Figure 1g). This sexual dimorphism may be explained by our earlier observations that global SRC-1 deficiency blunts the weight-reducing effects of estrogen⁴. On a high fat diet (HFD), male pomcSRC-1-KO mice gained significantly more weight compared to control littermates (Fig. 1e) due to an increase in fat mass (Fig. 1f). In weight-matched mice, we observed a significant increase in HFD intake in pomcSRC-1-KO mice vs. controls (Fig. 1g, h); measurements

of energy expenditure were comparable (Supplementary Figure 1h-j).

A caveat of the regular *Pomc-Cre* mouse line is that, during the early development, Cre recombinase is transiently expressed in a broader population of neurons and some of these *Pomc* lineage cells mature into orexigenic Npy/AgRP neurons with opposing effects on food intake¹⁶. To address this concern, we crossed a *Pomc-CreER* transgene¹⁷ onto the *SRC-1^{lox/lox}* mouse allele. Tamoxifen induction at 9 weeks of age resulted in the deletion of SRC-1 in mature Pomc neurons (mpomcSRC-1-KO; Supplementary Figure 1k-l). When fed with a HFD, mpomcSRC-1-KO mice displayed increased weight gain and fat mass, associated with increased food intake compared to control littermates (Fig. 1i-k), which recapitulated the phenotypes observed in *pomcSRC-1-KO* mice. Collectively, these results indicate that SRC-1 in mature Pomc neurons is required to defend against diet-induced obesity.

SRC-1 in Pomc neurons is required for the anorectic effects of leptin. Several studies have shown that STAT3 signaling is a mediator of leptin's effects on body weight^{10,18}. In HFD-fed *pomcSRC-1-KO* mice, we observed a 5–6-fold increase in circulating leptin levels in HFD-fed *pomcSRC-1-KO* mice (Fig. 2a), whilst adiposity only increased 2-fold (Fig. 1f). Thus, we hypothesized that SRC-1 is downstream of leptin action and loss of SRC-1 in Pomc neurons may impair leptin signaling. Supporting this possibility, we found that intra-peritoneal administration of leptin to control mice rapidly increased the hypothalamic SRC-1-

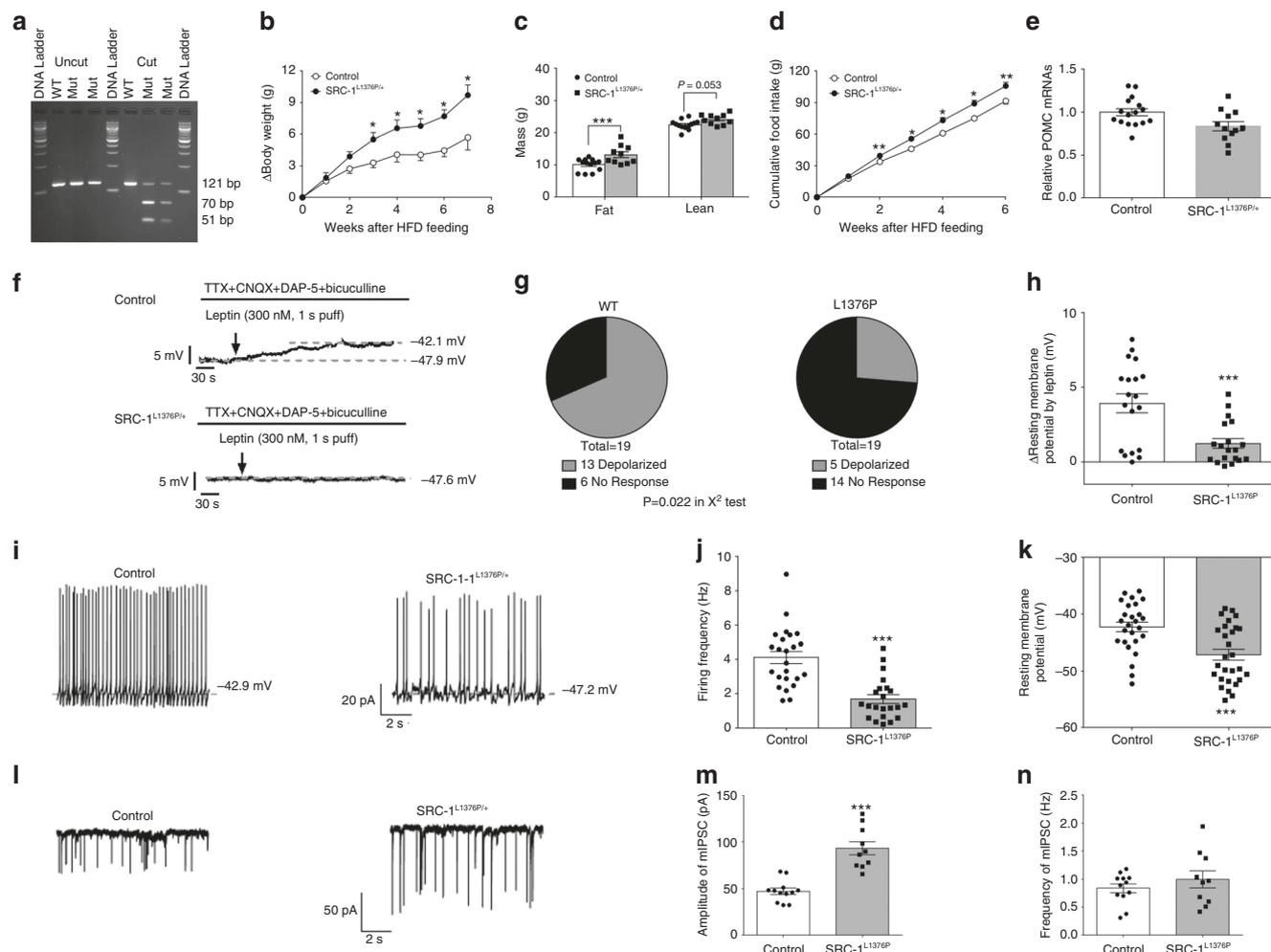


Fig. 4 *SRC-1^{L1376P/+}* mice are obese. Numbers of mice in each group are indicated; data are presented as mean ± SEM and compared using *T*-tests or two-way ANOVA followed by post hoc Sidak tests (#). **a** The PCR products (121 bp) around the L1376 were amplified from genomic DNA extracts of a WT and two *SRC-1^{L1376P/+}* mutant mice and incubated with or without *Sau3A1*. Control reaction (WT) resulted in a single large fragment (121 bp) and DNAs from the two *SRC-1^{L1376P/+}* mutant mice were cut into two fragments (70 and 51 bp) as expected. **b** Change in body weight after male control and *SRC-1^{L1376P/+}* mice were fed on a HFD ($n = 5/6$); * $P < 0.05$ (#). **c** Fat mass and lean mass measured 7 weeks after HFD feeding ($n = 5/6$); *** $P < 0.001$. **d** Cumulative HFD intake measured ($n = 5/6$); * $P < 0.05$ or ** $P < 0.01$ (#). **e** Pomc mRNA levels in hypothalami from 20-week old HFD-fed male control and *SRC-1^{L1376P/+}* mice ($n = 12/16$); * $P < 0.05$. **f** Representative traces of leptin-induced depolarization, in the presence of TTX, CNQX, DAP-5, and bicuculline, in Pomc neurons from control mice vs. from *SRC-1^{L1376P/+}* mice after 1-week HFD feeding. **g** Responsive ratio (depolarization is defined as >2 mV elevations in resting membrane potential) ($n = 19$); $P = 0.022$ in χ^2 tests. **h** Quantification of leptin-induced depolarization in two groups ($n = 19$); *** $P < 0.001$. **i** Representative traces of action potentials in untreated Pomc neurons from control mice vs. from *SRC-1^{L1376P/+}* mice. **j, k** Quantification of firing frequency (**j**) and resting membrane potential (**k**) in two groups ($n = 22-28$); *** $P < 0.001$. **l** Representative traces of mIPSC in untreated Pomc neurons from control mice vs. from *SRC-1^{L1376P/+}* mice. **m, n** Quantification of amplitude (**m**) and frequency (**n**) of mIPSC in two groups ($n = 10/12$); *** $P < 0.001$. Source data are provided as Source Data Fig. 4

pSTAT3 interaction (Fig. 2b, c). Leptin administration significantly reduced 1-hour (1h) food intake in control mice but not in pomcSRC-1-KO mice (Fig. 2d), despite increased leptin-induced pSTAT3 in the arcuate nucleus (Fig. 2e, f). These results suggest that the SRC-1-pSTAT3 interaction is downstream of leptin-STAT3 signaling, and contributes to the acute anorectic effects of leptin. Notably, the effects of leptin on 4 and 24 h food intake were not significantly altered in pomcSRC-1-KO mice (Supplementary Figure 2a-b), presumably because the anorectic effects of leptin after the first hour are mediated by other leptin-responsive neurons or other signaling pathways^{19,20}.

Leptin also depolarizes a subset of Pomc neurons to exert its anorectic effects⁸, although recent fiber photometry studies failed to detect acute effects of leptin on calcium dynamics in Pomc neurons²¹. Thus, we examined leptin-induced depolarization in

TOMATO-labeled mature Pomc neurons from *MpomcSRC-1-KO* mice and tamoxifen-treated controls after 1-week HFD feeding. We recorded leptin-induced changes in resting membrane potential (RM) in the presence of tetrodotoxin (TTX), which blocks action potentials, and a mixture of fast synaptic inhibitors which block the majority of presynaptic inputs. We found that 26/39 (67%) of Pomc neurons from control mice were depolarized (>2 mV elevations in RM) by leptin (Fig. 2g, h). In contrast, only 14/43 (33%) of Pomc neurons from *MpomcSRC-1-KO* mice were depolarized by leptin ($P = 0.002$) and the amplitude of leptin-induced depolarization was significantly reduced in these Pomc neurons (Fig. 2g-i). Interestingly, in the absence of TTX and synaptic inhibitors, leptin-induced depolarization and increases in firing frequency were comparable between the two groups (Supplementary Figure 2c-f), suggesting

that indirect effects of leptin through presynaptic terminals^{22,23} were not affected by the loss of SRC-1 in Pomc neurons. Notably, the baseline firing frequency was significantly decreased in mature Pomc neurons from MpomcSRC-1-KO mice compared to those from control mice, whereas the baseline RM remained unchanged (Fig. 2j–l). We found that the amplitude, but not the frequency, of miniature inhibitory postsynaptic currents (mIPSC) was significantly higher in mature Pomc neurons from MpomcSRC-1-KO mice than those from control mice (Fig. 2m–o). The frequency of mIPSC is thought to reflect presynaptic events (e.g., GABA release), while mIPSC amplitude is largely determined by the responsiveness of postsynaptic neurons. Thus we suggest that SRC-1 also regulates the responsiveness of Pomc neurons to GABA-ergic inputs via a leptin-independent mechanism.

Rare SRC-1 variants found in obese humans impairs SRC-1 functions. We next investigated the potential role of SRC-1 in humans by interrogating exome sequencing and targeted resequencing data on 2548 European ancestry individuals with severe, early-onset obesity (mean body mass index [BMI] standard deviation score = 3; age of onset < 10 years) and 1117 ancestry-matched controls²⁴. Eleven rare heterozygous variants in *SRC-1* were identified; another 8 variants were identified in an earlier data release (total $n = 19$). Fifteen *SRC-1* variants were identified only in obese cases (N1212K was found in two unrelated obese individuals); the other 4 variants were found in controls (Fig. 3a). Compared to WT SRC-1, six of seven randomly selected SRC-1 mutants found in obese cases (except for S738L) were significantly impaired in their interaction with pSTAT3 in leptin-treated HEK293 cells (Fig. 3b, c, Supplementary Figure 3a–c). To test whether heterozygous *SRC-1* variants exerted a dominant negative effect to inhibit the interaction between WT SRC-1 and pSTAT3, we overexpressed SRC-1 mutants in HEK293 cells which endogenously express SRC-1. After leptin treatment, an anti-pSTAT3 antibody was used to pull down the immunocomplex from cell lysates, followed by immunoblotting with an anti-SRC-1 antibody to examine the interaction between pSTAT3 and total SRC-1. Overexpression of SRC-1 mutants found in obese cases (6 of 7 tested mutants) significantly decreased the interaction between pSTAT3 and the total SRC-1, suggesting that these SRC-1 mutants can impair the ability of WT SRC-1 to interact with pSTAT3 (Fig. 3d, e and Supplementary Figure 3d–e). This dominant negative effect was not seen when testing the 4 mutants found in controls (Fig. 3e and Supplementary Figure 3d). We used a POMC-luciferase reporter assay to examine the effects of leptin on *Pomc* expression. We found that WT SRC-1 significantly enhanced leptin-induced Pomc-luciferase reporter activity, but co-expression of a dominant negative form of STAT3 abolished this effect (Supplementary Figure 3f–g), suggesting that the interaction with STAT3 is required for the observed effects of SRC-1 on *Pomc* transcription. Fourteen of fifteen SRC-1 mutants found in severely obese cases (except for S738L) significantly impaired leptin-induced *Pomc* expression, whereas the 4 control mutants exhibited WT-like responses in this assay (Fig. 3f). Interactions with estrogen receptor- α , vitamin D receptor, glucocorticoid receptor, thyroid hormone receptor- β , and peroxisome proliferator-activated receptor γ (PPAR γ) were comparable to those seen for WT SRC-1 (Supplementary Figure 4) in co-immunoprecipitation assays.

A mouse model of the human SRC-1 variant L1376P is obese.

To directly test whether rare human SRC-1 variants contribute to Pomc neuron function and/or energy homeostasis, we generated a knock-in mouse model of a human variant which results in a

severe loss of function in cells, SRC-1^{L1376P} (Fig. 4a). Heterozygous mutant mice (SRC-1^{L1376P/+}) fed a HFD exhibited increased weight gain, adiposity and food intake, associated with reduced Pomc mRNA levels compared to WT controls (Fig. 4b–e). We recorded leptin-induced depolarization in Pomc neurons in control vs. SRC-1^{L1376P/+} mice 1 week after HFD feeding. In control mice, 13/19 (68%) Pomc neurons were depolarized by leptin, whilst only 5/18 (26%) Pomc neurons from SRC-1^{L1376P/+} mice were depolarized by leptin ($P = 0.022$) and the amplitude of leptin-induced depolarization was significantly reduced in these Pomc neurons (Fig. 4f–h). Baseline firing frequency and resting membrane potential were both significantly decreased in Pomc neurons from SRC-1^{L1376P/+} mice compared to those from control mice (Fig. 4i–k). Further, the amplitude, but not the frequency, of the mIPSC was significantly higher in Pomc neurons from SRC-1^{L1376P/+} mice than those from control mice (Fig. 4l–n). Thus, these data indicate that the SRC-1^{L1376P} variant causes obesity in mice, associated with decreased Pomc expression and decreased Pomc neuron excitability through both leptin-dependent and independent mechanisms.

Discussion

In this study, we demonstrated that in the hypothalamus, the coactivator SRC-1 modulates the ability of leptin to regulate the expression of the anorectic peptide POMC by directly interacting with phosphorylated STAT3, a known product of leptin-receptor activation. In mice, disruption of SRC-1 in Pomc neurons led to increased food intake, weight gain on a HFD and impaired the acute anorectic response to leptin administration demonstrating the physiological relevance of this molecular interaction. The modest degree of obesity in these mice was comparable to that seen with inactivation of STAT3 in Pomc neurons⁹ and studies demonstrating that direct leptin action on Pomc neurons accounts for a proportion of leptin's effects on body weight^{19,20,25,26}. The obesity seen in SRC-1 deletion or mutant mice was less severe than that seen in mice deficient in Pomc²⁷ or melanocortin 4 receptor²⁸ in keeping with SRC-1's role as a modulator of Pomc expression. Additionally, leptin-responsive Agrp neurons have been shown to play a major role in energy homeostasis²⁰.

We identified 15 rare heterozygous variants in *SRC-1* in 16 severely obese individuals and 4 rare variants in controls. Notably, there are several low frequency and many rare variants in this gene in publically available databases (<http://gnomad.broadinstitute.org/>). Some of these low frequency variants have been shown to have functional consequences, for example, P1272S (MAF: 3.16% in cases, 3.45% in controls; 1.66% in gnomAD) disrupts a putative glycogen synthase 3 (GSK3) β phosphorylation site and has been shown to exhibit reduced ability to co-activate Estrogen Receptor in multiple cell lines²⁹. Genetic studies in larger numbers of cases and controls with functional studies of all variants identified will be needed to establish whether variants that result in a loss of function when tested in cells are more likely to be found in severely obese individuals than in controls. In this study, the variants found in obese individuals, but not those found in controls, were associated with impaired interaction with pSTAT3 and reduced POMC reporter activity in cells, predominantly through a dominant negative effect. Given the challenges associated with studying such rare variants, and to directly test whether rare human SRC-1 variants contribute to Pomc neuron function and/or energy homeostasis, we generated a knock-in mouse model of a human variant which results in a severe loss of function in cells, SRC-1^{L1376P}. The increased food intake and weight gain in heterozygous knock-in mice carrying a severe loss of function human SRC-1 variant supports the

potential importance of the mechanism identified here in humans.

Recent evidence indicates that loss of leptin receptors in Pomc neurons does not affect body weight in chow-fed mice^{19,20}. In line with these reports, we show that loss of SRC-1 in Pomc neurons produced minor effects on energy balance in chow-fed male mice. These suggest that the physiological consequences of disrupting this interaction in normal weight animals are small and/or may be compensated for by increased signaling through non-POMC expressing leptin-responsive neurons³⁰ and/or signaling via phosphoinositide-3-kinase (PI3K)³¹, mTOR/S6K³² and/or AMPK pathways^{33,34}. We showed that SRC-1 deletion in Pomc neurons attenuated the acute anorectic response (1 h) to leptin but not the late phase (4–24 h). Cumulatively, these findings indicate that leptin-mediated POMC expression (modulated by the SRC-1-pSTAT3 interaction) primarily contributes to the acute anorectic response to leptin. In keeping with this finding, we demonstrated that the hypothalamic SRC-1-pSTAT3 interaction was enhanced by leptin. Consumption of HFD leads to sustained positive energy balance and an increase in leptin levels. The resulting increase in pSTAT3 would be expected to stimulate POMC expression and reduce food intake, a response that we have shown is modulated by the interaction between pSTAT3 and SRC-1. We suggest that in the absence of functional SRC-1, pSTAT3 is less effective at stimulating POMC expression, which manifests as a relative increase in food intake and weight gain when mice are challenged with HFD. In this way, we conclude that SRC-1 acts as a positive regulator of leptin sensitivity in hypothalamic Pomc neurons.

Our findings suggest that SRC-1 facilitates but is not required for pSTAT3 to regulate *Pomc* expression and that this effect is target-specific as SRC-1 does not modulate the ability of pSTAT3 to regulate *Socs3*. The mechanisms underlying such specificity remain unclear at present. The molecular interaction between SRC-1 and pSTAT3 enhances pSTAT3-mediated transcriptional activity, presumably by stabilizing pSTAT3 binding to the POMC promoter, although we cannot exclude the possibility that recruitment of other co-coactivators or histone acetyltransferase activity of SRC-1 also may be involved³⁵. Further studies of the molecular mechanisms that modulate leptin signaling are emerging^{36–41}. For example, Chen et al showed that the nuclear receptor Nur77 facilitates STAT3 acetylation by recruiting acetylase p300 and disassociating deacetylase histone deacetylase 1 (HDAC1) to enhance the transcriptional activity of STAT3⁴². In findings that parallel our studies, they showed that Nur77 deficiency reduced the expression of *Pomc* in the hypothalamus and attenuated the response to leptin in mice fed on a HFD⁴².

Transcriptional coactivators such as SRC-1 facilitate the signaling mediated by multiple NRs and/or TFs homeostasis². Several NRs/TFs have been shown to affect energy homeostasis through their actions in the brain⁴³, including FoxO1^{44–47}, ER α ^{48,49}, PPAR γ ^{50,51}, and THR⁵² and thus could contribute to the body weight phenotype seen with SRC-1 disruption in mice and loss of function variants in humans. In addition to the central actions of SRC-1 on energy homeostasis, SRC-1 is expressed in brown adipose tissue, where it appears to compete with SRC-2 to interact with the PPAR γ -PGC1 α complex. Picard et al showed that *SRC-1-KO* mice had reduced rectal temperatures upon cold exposure and reduced oxygen consumption although they did not quantify food intake in this study³. Notably, we did not observe any changes in energy expenditure in mice lacking SRC-1 in Pomc neurons, consistent with the notion that SRC-1 in other tissues may also contribute to the regulation of energy expenditure³. Whilst we found that SRC-1 variants detected in obese patients did not affect the interactions with a number of NRs, these results do not exclude the potential impact of SRC-1 variants on the signaling of these NRs which need to be explored in

more detail using tissue-specific conditional knockout mouse models.

Targeting specific coactivator-mediated interactions has emerged as a potential therapeutic strategy to enhance signaling in some tissues while inhibiting signaling in others^{53,54}. For example, Selective Estrogen Receptor Modulators (SERMs) are effective in modulating the growth of hormone-responsive tumors (e.g., Tamoxifen in breast cancer) by impacting on coactivator stability and activity⁵⁵. As such, compounds that target the interaction between SRC-1 and STAT3 at specific sites may potentially be used to modulate (i.e., enhance) leptin signaling. Could this approach be efficacious in the treatment of obesity? Studies in mice and humans have consistently demonstrated that leptin sensitivity is greatest in those with no/very low endogenous circulating leptin levels^{56,57}. Whether enhancing leptin sensitivity in the context of common obesity, which is associated with elevated leptin levels, may be clinically beneficial, is the subject of much debate^{18,58–60}. The finding that some compounds (e.g., the amylin derivative pramlintide) can augment the effects of leptin^{61,62}, suggests that it may be possible to increase the sensitivity of some individuals to therapeutic leptin administration and that this approach may lead to weight loss. These observations and our findings on SRC-1 suggest that pharmacological approaches based on the modulation of leptin sensitivity could represent a potential therapeutic strategy for the treatment of obesity-associated metabolic disease.

Methods

Contact for reagent and resource sharing. Further information and requests for resources and reagents should be directed to and will be fulfilled by Yong Xu (yongx@bcm.edu) and Sadaf Farooqi (isf20@cam.ac.uk).

Experimental model and subject details. *Mice:* We crossed regular *Pomc-Cre* transgenic mice²⁶ and *SRC-1^{lox/lox}* mice⁶³. This cross produced *pomcSRC-1-KO* mice (those that are homozygous for *SRC-1^{lox/lox}* and also carry the *Pomc-Cre* transgene) and control mice (those that are homozygous for *SRC-1^{lox/lox}* but do not carry the *Pomc-Cre* transgene). These littermates were used to characterize the metabolic profile.

In addition, we also crossed inducible *Pomc-CreER* mice¹⁷ with *SRC-1^{lox/lox}* mice to generate *MpomcSRC-1-KO* mice (those that are homozygous for *SRC-1^{lox/lox}* and also carry the *Pomc-CreER* transgene) and control mice (those that are homozygous for *SRC-1^{lox/lox}* but do not carry the *Pomc-CreER* transgene). Both these mice received tamoxifen injections (0.2 mg/g, i.p., twice at 9 weeks of age). These littermates were used to characterize the metabolic profile. For electrophysiological recordings, we crossed the inducible *Pomc-CreER* and the *Rosa26-tdTOMATO* mouse alleles onto *SRC-1^{lox/lox}* mice, to produce *MpomcSRC-1-KO* mice with mature Pomc neurons labeled by TOMATO; as controls, we crossed inducible *Pomc-CreER* mice and *Rosa26-tdTOMATO* mice to generate *Pomc-CreER/Rosa26-tdTOMATO* mice. In parallel, we also crossed the *Npy-GFP* mouse allele²³ and the *Rosa26-tdTOMATO* allele onto inducible *Pomc-CreER* mice. This cross produced *Pomc-CreER/Rosa26-tdTOMATO/Npy-GFP* mice, which were subjected to histology validation for the inducible *Pomc-CreER* mice.

To generate the *SRC-1^{L1376P/+}* knock-in mice, a single-guide RNA (sgRNA) sequence was selected overlap amino acid residue L1382 (equivalent to human L1376) in SRC-1 (sgRNA 5'-CATCTGCGTCTGTTTGAAGG chr12:4253665-4253687; GRCh38/mm10) using the CRISPR Design Tool (Ran et al. 2013). A DNA templates for in vitro transcription of the sgRNA was produced using overlapping oligonucleotides in a high-fidelity PCR reaction⁶⁴, and sgRNA was transcribed using the MEGAshortscript T7 kit (ThermoFisher, Waltham, MA). Cas9 mRNA was purchased from ThermoFisher. The donor DNA template to introduce the L1382P point mutation, as well as a silent mutation D1381D to introduce a novel restriction site for *Sau3AI*, was purchased as an Ultramer from IDT (Coralville, IA). The sequence of ssODN is as follows (complementary to non-target strand): 5' TGAAAATCTG CTCITTTGTT TATCCCTAAT AGATGAATG A TCCAGCACTG AGACACACAG GCCTCTACTG CAACCAGCTC TCGTCCA CTG ATCCCCTCAA AACAGACGCA GATGAAACC AGGTCAGTAA GAAA, where the homology arms are in bold. The mutations introduced in the donor sequence disrupt base 20 of the sgRNA and the PAM site to prevent additional mutagenesis. The BCM Genetically Engineered Mouse (GEM) Core microinjected Cas9 mRNA (100 ng/ μ l), Ultramer ssDNA (100 ng/ μ l), and sgRNA (20 ng/ μ l) into the cytoplasm of 200 pronuclear stage C57Bl/6J embryos. Cytoplasmic injections were performed using a microinjection needle (1 mm outer and 0.75 mm inner) with a tip diameter of 0.25–0.5 μ m, an Eppendorf Femto Jet 4i to set pressure and time to control injection volume (0.5–1 pl per embryo). Injections were performed

under a 200–400× magnification with Hoffman modulation contrast for visualizations. Founder animals (F_0) were identified by PCR-based restriction digestion to detect the CRISPR generated point mutations in SRC-1. PCR product was first amplified with the primer pairs: 5'-CCTCACTTGTGGCAATGTGA and 5'-TCGTGGCAGTTCTGTAGTCAC; and then amplified with 2nd pairs: 5'-CACTGAGACACACAGGCTC and 5'-ATCGAATCTGCCAGTCTGC. The 121 bp PCR products were then digested with Sau3AI. 70 and 51 bp products after digest could be detected only for the mutated SRC-1 PCR products. Three independent lines were sequenced for the further confirmation of the point mutation. One of these lines was crossed to C57Bl6j to produce cohorts comprised of SRC-1^{L1376P/+} and wild-type control mice. In some breedings, the *Pomc-CreER/Rosa26-tdTOMATO* alleles were introduced to allow specific labeling of Pomc neurons.

In parallel, we crossed heterozygous SRC-1-KO mice⁶⁵ to heterozygous SRC-1-KO mice to produce homozygous SRC-1-KO and wild-type littermates. All the breeders have been backcrossed to C57Bl6 background for more than 12 generations. In addition, some C57Bl6 mice were purchased from the mouse facility of Baylor College of Medicine.

Care of all animals and procedures were approved by the Institutional Animal Care and Use Committee (IACUC) of Baylor College of Medicine Animal Facility, and all experimental procedures in animals complied with all relevant ethical regulations. Mice were housed in a temperature-controlled environment in groups of 2–5 at 22–24 °C using a 12 h light/12 h dark cycle. Some cohorts were singly housed to measure food intake. The mice were fed either standard chow (6.5% fat, #2920, Harlan-Teklad, Madison, WI), or a 60% HFD (60% fat, #D12492, Research Diets). Water was provided ad libitum.

Studies in mice. Validation of genomic deletion of SRC-1 in Pomc cells: Control mice, pomcSRC-1-KO mice or MpomcSRC-1-KO mice (after tamoxifen inductions) were anesthetized with inhaled isoflurane, and sacrificed. Various tissues, as detailed in the figures, were collected. Genomic DNAs were extracted using the REDExtract-N-Amp Tissue PCR Kit (#XNATS; Sigma-Aldrich, St Louis, MO), followed by PCR amplification of the floxed or recombined alleles. We used primers: forward-CAGTAAGGAATAGCAGATGTC and reverse-TGGCATCTATAACCAATGTGTA TCA to detect the wild-type allele (a 560 bp band) and the floxed SRC-1 allele (a 630 bp band); and combined the reverse primer (mentioned above) with another forward primer: GTCGTACCATC-TATGGCTCCTATAT to detect the recombined SRC-1 allele (a 320 bp band).

Histology: To validate specificity of the inducible *Pomc-CreER* transgene, *Pomc-CreER/Rosa26-tdTOMATO/Npy-GFP* mice received tamoxifen injections (0.2 mg/g, i.p., twice) at 9 weeks of age, and then were perfused 1 week later. Brain sections were cut at 25 μ m (1:5 series) and subjected to direct visualization of GFP and TOMATO signals using a Leica DM5500 fluorescence microscope with OptiGrid structured illumination configuration.

To examine the effects of leptin on STAT3 phosphorylation in vivo, control and pomcSRC-1-KO mice (5 or 6 per group) were fasted overnight and then received a single bolus injection of saline or leptin (0.5 mg/kg, i.p.). Ninety minutes after the bolus injections, mice were anesthetized with inhaled isoflurane, and quickly perfused with 10% formalin, and brain sections were cut at 25 μ m. The brain sections were pretreated (1% H₂O₂, 1% NaOH, 0.3% glycine, 0.03% SDS), blocked (3% goat-anti-rabbit serum for 1 h), incubated with rabbit anti-pSTAT3 antibody (1:2000; #9145, Cell Signaling) on shaker at room temperature for 24 h and then put in 4 °C for 48 h, followed by biotinylated anti-rabbit secondary antibody (1:1000; Vector) for 2 h. Sections were then incubated in the avidin-biotin complex (1:500, ABC; Vector Elite Kit) and incubated in 0.04% 3,3'-diaminobenzidine and 0.01% hydrogen peroxide. After dehydration through graded ethanol, the slides were then immersed in xylene and cover-slipped. Images were analyzed using a brightfield Leica microscope. The numbers of pSTAT3-positive neurons in the ARH were counted by blinded investigators. For each mouse, pSTAT3-positive neurons were counted in 3–5 consecutive brain sections containing ARH, and the average was treated as the data value for that mouse. Five or six mice were included in each group for statistical analyses.

Body weight study: pomcSRC-1-KO mice and their control littermates were weaned at week 4. These mice were group housed and maintained on the standard chow (6.5% fat, #2920, Harlan-Teklad). At the age of day 97, mice were switched to the HFD (60% fat, #D12492, Research Diets) for 6 weeks. Body weight was measured every 4 days since weaning. Body composition was determined using quantitative magnetic resonance (QMR) on 28 days after HFD feeding. On day 42 after HFD feeding, the mice were deeply anesthetized with inhaled isoflurane and sacrificed. Blood was collected and processed to measure serum leptin using the mouse leptin ELISA kit (#90030, Crystal Chem, Inc.). Serum samples with hemolysis (one from each group) were excluded from leptin ELISA assay. The gonadal white adipose tissue, the inguinal white adipose tissue, and the interscapular brown adipose tissue were isolated and weighed.

Similarly, MpomcSRC-1-KO mice and their control littermates were weaned at week 4. These mice were singly housed and maintained on the standard chow (6.5% fat, #2920, Harlan-Teklad). All mice received tamoxifen injections (0.2 mg/g, i.p., twice) at 9 weeks of age. At the age of day 84, mice were switched to the HFD (60% fat, #D12492, Research Diets) for 30 days. Body weight and food intake were

measured every 4 days. Body composition was determined using QMR on 30 days after HFD feeding.

Food intake and energy expenditure: To further characterize the food intake and energy expenditure of pomcSRC-1-KO mice, an independent male cohort (pomcSRC-1-KO mice and their control littermates) was weaned on the standard chow. At the age of 12 weeks, these mice were acclimated into the Comprehensive Laboratory Animal Monitoring System (CLAMS). Mice were housed individually at room temperature (22 °C) under an alternating 12:12-h light-dark cycle. After adaptation for 3 days, mice were subjected to a 2-day-chow–2-day-HFD protocol. Chow was replaced by HFD before the onset of dark cycle on day 3. Note that, the body weight and body composition were measured before the mice entered the CLAMS metabolic cages, and no difference was observed in body weight, fat mass, and lean mass.

Another male cohort (pomcSRC-1-KO mice and their control littermates) was weaned on the standard chow. At the age of 11 weeks, these mice were singly housed and at week 12, the chow diet was replaced by HFD. HFD intake was measured every 2 days for 10 days.

Leptin-induced anorexia: Male pomcSRC-1-KO mice and their control littermates (chow-fed) were briefly fasted for 2 h prior to the onset of dark cycle. These mice received intraperitoneal injections of saline or leptin (5 mg/kg in saline in a volume of 0.01 ml/g body weight) at 15 min prior to the dark cycle. The standard chow was provided at the onset of dark cycle. Food intake was measured 1, 4, and 24 h after food provision. Each mouse was tested with saline and leptin, administered in a counterbalanced order, with 4-day interval between the treatments.

Electrophysiology: For electrophysiological studies, *Pomc-CreER/Rosa26-tdTOMATO* (control) mice and *Pomc-CreER/Rosa26-tdTOMATO/SRC-1^{lox/lox}* (MpomcSRC-1-KO) mice received tamoxifen inductions (0.2 mg/g, i.p., twice at 9 weeks of age) and fed on HFD for 1 week. *Pomc-CreER/Rosa26-tdTOMATO/SRC-1^{L1376P/+}* and their control littermates (*Pomc-CreER/Rosa26-tdTOMATO*) were also fed on HFD for 1 week followed by electrophysiology recording as described below. Briefly, at 9:00–9:30 am, these mice were deeply anesthetized with isoflurane and transcardially perfused with a modified ice-cold artificial cerebral spinal fluid (aCSF, in mM: 10 NaCl, 25 NaHCO₃, 195 Sucrose, 5 Glucose, 2.5 KCl, 1.25 NaH₂PO₄, 2 Na pyruvate, 0.5 CaCl₂, 7 MgCl₂)⁴⁷. The mice were then decapitated, and the entire brain was removed. Brains was quickly sectioned in ice-cold aCSF solution (in mM: 126 NaCl, 2.5 KCl, 1.2 MgCl₂, 2.4 CaCl₂, 1 NaH₂PO₄, 11.1 Glucose, and 21.4 NaHCO₃)²³ saturated with 95% O₂ and 5% CO₂. Coronal sections containing the ARH (250 μ m) was cut with a Microm HM 650V vibratome (Thermo Scientific). Then the slices were recovered in the aCSF²³ at 34 °C for 1 h.

Whole-cell patch clamp recordings were performed in the TOMATO-labeled mature Pomc neurons in the ARH visually identified by an upright microscope (Eclipse FN-1, Nikon) equipped with IR-DIC optics (Nikon 40× NIR). Signals were processed using Multiclamp 700B amplifier (Axon Instruments), sampled using Digidata 1440A and analyzed offline on a PC with pCLAMP 10.3 (Axon Instruments). The slices were bathed in oxygenated aCSF²³ (32–34 °C) at a flow rate of approximately 2 ml/min. Patch pipettes with resistances of 3–5 M Ω were filled with solution containing 126 mM K gluconate, 10 mM NaCl, 10 mM EGTA, 1 mM MgCl₂, 2 mM Na-ATP and 0.1 mM Mg-GTP (adjusted to pH 7.3 with KOH).

Current clamp was engaged to test neural firing frequency and RM at the baseline and after puff application of leptin (300 nM, 1 s). In some experiments, the aCSF solution also contained 1 μ M TTX and a cocktail of fast synaptic inhibitors, namely bicuculline (50 μ M; a GABA receptor antagonist), DAP-5 (30 μ M; an NMDA receptor antagonist) and CNQX (30 μ M; an AMPA receptor antagonist) to block the majority of presynaptic inputs. The values for RM and firing frequency were averaged within 2-min bin at the baseline or after leptin puff. The RM values were calculated by Clampfit 10.3 using the “analysis \rightarrow statistic” function of the software. A neuron was considered depolarized or hyperpolarized if a change in membrane potential was at least 2 mV in amplitude and this response was observed after leptin application and stayed stable for at least 2 min. For the miniature inhibitory postsynaptic current (mIPSC) recordings, patch electrodes were filled with a recording solution that contained (in mM): 153.3 CsCl, 1.0 MgCl₂, 5.0 EGTA, and 10.0 HEPES, pH of 7.20 with CsOH. CsCl was included to block potassium currents. Mg-ATP (3 mM) was added to the intracellular solution before recording. Glutamate receptor-mediated synaptic currents were blocked by 30 μ M D-AP-5 and 30 μ M CNQX in the external solution, along with 1 μ M tetrodotoxin in the external solution blocking action potentials. Neurons were voltage-clamped at –70 mV during the recording.

At the end of recordings, lucifer yellow dye was included in the pipette solution to trace the recorded neurons and the brain slices were fixed with 4% formalin overnight and mounted onto slides. Cells were then visualized with the Leica DM5500 fluorescence microscope to identify post hoc the anatomical location of the recorded neurons in the ARH.

Real-time PCR analyses: Total RNA was isolated using TRIzol Reagent (Invitrogen) according to the manufacturer’s protocol and reverse transcription reactions were performed from 2 μ g of total RNA using a High-Capacity cDNA Reverse Transcription Kits (Invitrogen). cDNA samples were amplified on a CFX384 Real-Time System (Bio-Rad) using SsoADV SYBR Green Supermix (Bio-Rad). Correct melting temperatures for all products were verified after

amplification. Results were normalized against the expression of house-keeping gene-Cyclophilin. Primer sequences were listed in Supplementary Table 1.

Immunoprecipitation (Co-IP) and immunoblotting: The harvested hypothalami were lysed in lysis buffer (50 mM Tris-HCl, pH 8.0, 50 mM KCl, 20 mM NaF, 1 mM Na₃VO₄, 10 mM sodium pyrophosphate, 5 mM EDTA, and 0.5% Nonidet P-40) supplemented with protease inhibitors (1 mM phenylmethylsulfonyl fluoride, and 20 µg/ml each of leupeptin, aprotinin, and pepstatin). Lysates were cleared by centrifugation at 18,000 ×g for 10 min and used for immunoprecipitation or directly for immunoblotting. Equal amounts of tissue lysates were incubated with anti-Phospho-STAT3 (Tyr705) (D3A7) XP-Sepharose beads (Cell Signaling) or with a rabbit monoclonal SRC-1 (128E7) antibody (Cell Signaling) after preclearing for overnight and pulled down with Protein A/G agarose beads (Santa Cruz), respectively. Beads were washed three times with lysis buffer, and proteins were released from beads in SDS-sample buffer and analyzed by immunoblotting. For immunoblotting, protein samples were loaded onto SDS-polyacrylamide gels and transferred to a nitrocellulose membrane. The blot was probed with a rabbit monoclonal SRC-1 (128E7) antibody at 1:3000 (Cell Signaling), a rabbit monoclonal phospho-STAT3 (Tyr705) (D3A7) XP antibody at 1:2000 (Cell Signaling), or a monoclonal anti-β-Actin antibody (AC-15) at 1:10000 (Sigma). The secondary antibody was rabbit anti-mouse IgG or goat anti-rabbit IgG (Jackson ImmunoResearch), both at a 1:10,000 dilution, followed by development with the SuperSignal West Pico Chemiluminescent Substrate (Pierce).

Chromatin immunoprecipitation assay (ChIP): Fresh isolated hypothalami were homogenized and cross-linked in 1% formaldehyde. Then, the cross-linked protein-DNA complexes were sonicated to a length between 200 and 500 bp. The total chromatin (1%) was saved as an “input” for later quantification. Complexes were pre-cleared and incubated with the Pierce Protein A/G Magnetic Beads (Thermo Scientific) and antibodies against STAT3 (sc-482; Santa Cruz) overnight at 4 °C. Subsequently, cross-linking was reversed by overnight incubation at 65 °C. DNAs were purified by phenol/chloroform extraction, ethanol precipitation and the enriched promoter fragments were measured by qPCR (primer sequences provided in Supplementary Table 1). Relative STAT3 promoter occupancy was adjusted to the background content of the negative control, and the initial chromatin input. The assays were repeated independently 3 times.

Generation of SRC-1 constructs and expression plasmids: The long form of SRC-1 containing a C-terminal Flag MYC tag was purchased from Origene (RC224812). The short form of SRC-1 was generated using the Q5 site-directed mutagenesis kit (NEB) using primers containing the sequence specific to the short form of SRC-1. The N-terminal HA tag was added using the Q5 site-directed mutagenesis kit (NEB) using primers containing the HA tag sequence. The short and long forms of SRC-1 was then cloned into the pCDNA3.1(+) vector using KpnI and XhoI restriction sites after PCR amplification of SRC-1 using primers flanking the Origene KpnI and XhoI sites. SRC-1 mutant constructs were generated using the Quickchange II XL site-directed mutagenesis kit (Agilent).

In vitro protein interaction: HEK293 (Human embryonic kidney 293) cells were transfected with either Flag-tagged transcriptional factor (hSTAT3 or hPPARγ), Flag-tagged human hormone receptor (ERα, VDR, THRβ or GR) or empty vector using lipofectamine 2000 (Invitrogen). Before harvest, cell were treated with leptin (at 200 ng/ml, 15 min, HARBOR-UCLA Research And Education Institute), or rosiglitazone (at 50 µM, ADIPOGEN), 17β-estradiol (at 0.2 µg/ml, Sigma, E2758), Vitamin D3 (Calcitriol at 0.2 µM, TOCRIS), dexamethasone (at 10 µM, Sigma, D4902) for 30 min. Cells were collected and lysed with cell lysis buffer: 50 mM Tris, 50 mM KCl, 10 mM EDTA, 1% NP-40, supplied with protease inhibitor cocktail (Roche) and phosphatase inhibitor cocktail A (Santa Cruz). The lysates were incubated with proper amount of anti-phospho-STAT3 sepharose beads (Cell Signaling, #4074) or anti-Flag-beads (Sigma) for 4 h at 4 °C. After wash, beads were aliquoted equally and incubated with comparable amounts of SRC-1 protein (wt or mutants) overnight, and the interacting protein was detected by Western-Blot. SRC-1 WT or mutants were expressed in HEK293 cells and the amount of the SRC-1 expressed was determined by Western-Blot before the protein interaction assay. Comparable amounts of SRC-1 (wt or mutants) in the same volume of cell lysates (compensated with the cell lysates from the cells transfected with empty vector) were used for the in vitro protein interaction. Except for the THRβ IP were equal amounts of total protein from SRC-1 WT and mutant lysates (determined by Bradford assay (Biorad)) were incubated with equal volumes of flag-tagged THRβ lysate overnight at 4 °C with 1 µM T3 thyroid hormone. THRβ was then immunoprecipitated using anti-Flag conjugated beads for 1 h which were washed 6 times with lysis buffer and eluted with LDS sample buffer before western blotting.

Luciferase transcription activation assays: To measure STAT3 activity on the POMC promoter, HEK293, Neuro 2A (mouse neuroblastoma cell line) and immortalized MEF cells (generated in J.X. lab) were cultured in Dulbecco's modified Eagle's medium supplemented with 10% fetal bovine serum (Atlanta), 100 IU/ml penicillin and 100 ng/ml streptomycin. Cells were seeded into a 24-well plate overnight and then transfected with 600 ng of the Pomc-luciferase reporter plasmid⁶⁶ or 300 ng Socs3-luciferase 6T1 reporter plasmid¹², combined with 100 ng of pRL-SV40 (Promega), 100 ng of pCR3.1-SRC-1 and/or 10 ng pRC/CMV-STAT3C plasmids or the control empty plasmids, according to the Lipofectamine LTX protocol (Invitrogen). Thirty hours post-transfection, the cells were lysed and the luciferase activity was measured using the Dual-Luciferase® Reporter Assay System (Promega) according to the manufacturer's instruction.

For leptin-induced Pomc-luciferase reporter assay, a fragment of the human POMC promoter (−949 to +416, relative to the transcription start site) was cloned into the pGL3 Luciferase Reporter Vector by using the primer pairs: 5′-TGTCTT AGTTGGGGGAACAGC-3′ and 5′-GCGCCCTTACCTGTCTCGG-3′. Neuro 2A cells were cultured in 48-well plate for overnight and then transfected with 0.1 µg human Pomc-luciferase reporter plasmid, 0.025 µg LepR and 0.05 µg hSRC-1 plasmid. Forty hours post-transfection, the cells were treated with 0.2 µg/ml Leptin for 20 min and then kept cultured in fresh media for 6 h. To test the effect of dominant negative STAT3 on leptin-induced POMC-luciferase reporter activity, the above protocol was modified by cotransfecting 10 ng of the dominant negative form of STAT3 (Y705F).

Human studies: The Genetics of Obesity Study (GOOS) is a cohort of 7000 individuals with severe early-onset obesity; age of obesity onset is less than 10 years^{67,68}. Severe obesity is defined as a body mass index (weight in kilograms divided by the square of the height in meters) standard deviation score greater than 3 (standard deviation scores calculated according to the UK reference population). All studies were conducted in accordance with ethical regulations. The study protocol was reviewed and approved by the Cambridge Local Research Ethics Committee and each subject (or their parent for those under 16 years) provided written informed consent; minors provided oral consent.

Exome sequencing and targeted resequencing was performed in 2548 European ancestry individuals of the GOOS cohort (referred to as SCOOP) and in 1117 ancestry-matched controls¹⁶. Eleven rare variants (minor allele frequency <1%) in SRC-1 were identified in this study¹⁶; another 8 variants were identified in an earlier data release. Fifteen of these rare variants were identified in severely obese cases and 4 in the control dataset.

Quantification and statistical analysis: The minimal sample size was pre-determined by the nature of experiments. The actual sample size was indicated in each figure legend. The data are presented as mean ± SEM. Statistical analyses were performed using GraphPad Prism to evaluate normal distribution and variations within and among groups. Methods of statistical analyses were chosen based on the design of each experiment and are indicated in figure legends. *P* < 0.05 was considered to be statistically significant.

Reporting summary. Further information on experimental design is available in the Nature Research Reporting Summary linked to this article.

Data availability

All relevant data are available from the authors. The source data underlying Figs. 1–4 and Supplementary Figs. 1–4 are provided as Source Data files. A Reporting Summary for this Article is available as a Supplementary Information file.

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Author contributions

Y.Y., A.A. v d K., Y.X., and I.S.F. conceived and designed the studies. Y.X. and I.S.F. supervised the project. Y.Y. and L.Z. performed and C.W., P.X., K.S., A.H.J., X.Y., L.L., and J.X. contributed to the experiments involving animals. Y.H. performed electrophysiological studies. Q.T. and B.W.O'M. participated in the design of the animal studies. A.A. v d K., T.M.C., J.M.K., and E.H. contributed to the human studies and with S.O'R. and I.S.F. to the recruitment of the GOOS cohort. T.M.C., L.K.J.S., and M.C.B. performed the molecular studies of human mutations. A.E.H., E.G.B., V.M., K.L.L., I.B., and I.S.F. contributed to the human genetic studies as part of work supported by the UK10K Consortium.

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UK10K Consortium

Production group

Senduran Balasubramanian⁴, Peter Clapham⁴, Guy Coates⁴, Tony Cox⁴, Allan Daly⁴, Petr Danecek⁴, Yuanping Du⁸, Richard Durbin⁴, Sarah Edkins⁴, Peter Ellis⁴, Paul Flicek^{4,9}, Xiaosen Guo^{8,10}, Xueqin Guo⁸, Liren Huang⁸, David K. Jackson⁴, Chris Joyce⁴, Thomas Keane⁴, Anja Kolb-Kokocinski⁴, Cordelia Langford⁴, Yingrui Li⁸, Jieqin Liang⁸, Hong Lin⁸, Ryan Liu¹¹, John Maslen⁴, Shane McCarthy⁴, Dawn Muddyman⁴, Michael A. Quail⁴, Jim Stalker⁴, Jianping Sun^{12,13}, Jing Tian⁸, Guangbiao Wang⁸, Jun Wang^{8,10,14,15,16}, Yu Wang⁸, Kim Wong⁴ & Pingbo Zhang⁸

Cohorts group

Ines Barroso^{2,4}, Ewan Birney⁹, Chris Boustred¹⁷, Marie-Jo Brion¹⁷, Lu Chen^{4,18}, Gail Clement¹⁹, Petr Danecek⁴, George Davey Smith¹⁷, Ian N.M. Day¹⁷, Aaron Day-Williams^{4,20}, Thomas Down^{4,21}, Ian Dunham⁹, Richard Durbin⁴, David M. Evans^{17,22}, Ghazaleh Fatemifar¹⁷, Tom R. Gaunt¹⁷, Matthias Geijs⁴, Celia M.T. Greenwood^{12,13,23,24}, Deborah Hart¹⁹, Audrey E. Hendricks^{4,5}, Bryan Howie²⁵, Jie Huang⁴, Tim Hubbard^{4,21}, Pirro Hysi¹⁹, Valentina Iotchkova^{4,9}, Yalda Jamshidi²⁶, John P. Kemp^{17,22}, Genevieve Lachance¹⁹, Daniel Lawson¹⁷, Monkol Lek²⁷, Margarida Lopes^{4,28,29}, Daniel G. MacArthur^{27,30}, Jonathan Marchini^{28,31}, Mangino Massimo^{19,32}, Iain Mathieson³³, Shane McCarthy⁴, Yasin Memari⁴, Sarah Metrustry¹⁹, Josine L. Min¹⁷, Alireza Moayyeri^{19,34}, Dawn Muddyman⁴, Kate Northstone¹⁷, Kalliope Panoutsopoulou⁴, Lavinia Paternoster¹⁷, John R.B. Perry^{19,35}, Lydia Quaye¹⁹, J. Brent Richards^{12,13,19,23,36}, Susan Ring^{17,37}, Graham R.S. Ritchie^{4,9}, Stephan Schiffels⁴, Hashem A. Shihab¹⁷, So-Youn Shin^{4,17}, Kerrin S. Small¹⁹, Mari´a Soler Artigas³⁸, Nicole Soranzo^{4,18}, Lorraine Southam^{4,28}, Timothy D. Spector¹⁹, Beate St Pourcain^{8,39,40}, Gabriela Surdulescu¹⁹, Ioanna Tachmazidou⁴, Nicholas J. Timpson¹⁷, Martin D. Tobin^{38,41}, Ana M. Valdes¹⁹, Peter M. Visscher^{22,42},

Louise V. Wain³⁸, Klaudia Walter⁴, Kirsten Ward¹⁹, Scott G. Wilson^{19,43,44}, Kim Wong⁴, Jian Yang^{22,42}, Eleftheria Zeggini⁴, Feng Zhang¹⁹ & Hou-Feng Zheng^{12,23,36}

Neurodevelopmental disorders group

Richard Anney⁴⁵, Muhammad Ayub⁴⁶, Jeffrey C. Barrett⁴, Douglas Blackwood⁴⁷, Patrick F. Bolton^{48,49,50}, Gerome Breen^{48,49,50}, David A. Collier^{50,51}, Nick Craddock⁵², Lucy Crooks^{4,53}, Sarah Curran^{48,54,55}, David Curtis⁵⁶, Richard Durbin⁴, Louise Gallagher⁴⁵, Daniel Geschwind⁵⁷, Hugh Gurling⁵⁶, Peter Holmans⁵², Irene Lee⁵⁸, Jouko Lonnqvist⁵⁸, Shane McCarthy⁴, Peter McGuffin⁵⁰, Andrew M. McIntosh⁴⁸, Andrew G. McKechnie^{47,59}, Andrew McQuillin^{56,60}, James Morris⁴, Dawn Muddyman⁴, Michael C. O'Donovan⁵², Michael J. Owen⁵², Aarno Palotie^{4,61,62}, Jeremy R. Parr⁶³, Tiina Paunio^{64,65}, Olli Pietilainen^{4,64,61}, Karola Rehnstrom⁴, Sally I. Sharp⁵⁶, David Skuse⁵⁸, David St Clair⁶⁶, Jaana Suvisaari⁶⁴, James T.R. Walters⁵² & Hywel J. Williams^{52,67}

Obesity group

Ines Barroso^{2,4}, Elena Bochukova², Rebecca Bounds², Anna Dominiczak⁶⁸, Richard Durbin⁴, I. Sadaf Farooqi², Audrey E. Hendricks^{4,5}, Julia Keogh², Gaele Marenne⁴, Shane McCarthy⁴, Andrew Morris⁶⁹, Dawn Muddyman⁴, Stephen O'Rahilly², David J. Porteous⁷⁰, Blair H. Smith⁷¹, Ioanna Tachmazidou⁴, Eleanor Wheeler⁴ & Eleftheria Zeggini⁴

Rare disease group

Saeed Al Turki^{4,72}, Carl A. Anderson⁴, Dinu Antony⁷³, Ines Barroso^{2,4}, Phil Beales⁷³, Jamie Bentham⁷⁴, Shoumo Bhattacharya⁷⁴, Mattia Calissano⁷⁵, Keren Carss⁴, Krishna Chatterjee², Sebahattin Cirak^{75,76}, Catherine Cosgrove⁷⁴, Richard Durbin⁴, David R. Fitzpatrick⁷⁷, James Floyd^{4,78}, A. Reghan Foley⁷⁵, Christopher S. Franklin⁴, Marta Futema⁷⁹, Detelina Grozeva⁸⁰, Steve E. Humphries⁷⁹, Matthew E. Hurles⁴, Shane McCarthy⁴, Hannah M. Mitchison⁷³, Dawn Muddyman⁴, Francesco Muntoni⁷⁵, Stephen O'Rahilly², Alexandros Onoufriadis²¹, Victoria Parker², Felicity Payne⁴, Vincent Plagnol⁸¹, F. Lucy Raymond⁸⁰, Nicola Roberts⁸⁰, David B. Savage², Peter Scambler⁷³, Miriam Schmidts^{73,82}, Nadia Schoenmakers², Robert K. Semple², Eva Serra⁴, Olivera Spasic-Boskovic⁸⁰, Elizabeth Stevens⁷⁵, Margriet van Kogelenberg⁴, Parthiban Vijayarangakannan⁴, Klaudia Walter⁴, Kathleen A. Williamson⁷⁷, Crispian Wilson⁸⁰ & Tamieka Whyte⁷⁵

Statistics group

Antonio Ciampi¹³, Celia M.T. Greenwood^{12,13,23,24}, Audrey E. Hendricks^{4,5}, Rui Li^{12,23,36}, Sarah Metrustry¹⁹, Karim Oualkacha⁸³, Ioanna Tachmazidou⁴, ChangJiang Xu^{12,13} & Eleftheria Zeggini⁴

Ethics group

Martin Bobrow⁸², Patrick F. Bolton^{48,49,50}, Richard Durbin⁴, David R. Fitzpatrick⁷⁷, Heather Griffin⁸⁴, Matthew E. Hurles⁴, Jane Kaye⁸⁴, Karen Kennedy^{4,85}, Alastair Kent⁸⁶, Dawn Muddyman⁴, Francesco Muntoni⁷⁵, F. Lucy Raymond⁷⁸, Robert K. Semple², Carol Smee⁴, Timothy D. Spector¹⁹ & Nicholas J. Timpson¹⁷

Incidental findings group

Ruth Charlton⁸⁷, Rosemary Ekong⁸⁸, Marta Futema⁷⁹, Steve E. Humphries⁷⁹, Farrah Khawaja⁸⁹, Luis R. Lopes^{90,91}, Nicola Migone⁹², Stewart J. Payne⁹³, Vincent Plagnol⁸¹, Rebecca C. Pollitt⁹⁴, Sue Povey⁸⁸, Cheryl K. Ridout⁹⁵, Rachel L. Robinson⁸⁷, Richard H. Scott⁷³, Adam Shaw⁹⁶, Petros Syrris⁹⁰, Rohan Taylor⁸⁹ & Anthony M. Vandersteen⁹⁷

Management committee

Jeffrey C. Barrett⁴, Ines Barroso^{2,4}, George Davey Smith¹⁷, Richard Durbin⁴, I. Sadaf Farooqi², David R. Fitzpatrick⁷⁷, Matthew E. Hurles⁴, Jane Kaye⁸⁵, Karen Kennedy⁴, Cordelia Langford⁴, Shane McCarthy⁴, Dawn Muddyman⁴, Michael J. Owen⁵², Aarno Palotie^{4,61,62}, J. Brent Richards^{12,13,19,23}, Nicole Soranzo^{4,18}, Timothy D. Spector¹⁹, Jim Stalker⁴, Nicholas J. Timpson¹⁷ & Eleftheria Zeggini⁴

Lipid meta-analysis group

Antoinette Amuzu⁹⁸, Juan Pablo Casas^{90,98}, John C. Chambers³⁴, Massimiliano Cocca^{99,100}, George Dedoussis¹⁰¹, Giovanni Gambaro¹⁰², Paolo Gasparini^{99,100,103}, Tom R. Gaunt¹⁷, Jie Huang⁴, Valentina Iotchkova^{4,9}, Aaron Isaacs¹⁰⁴, Jon Johnson¹⁰⁵, Marcus E. Kleber¹⁰⁶, Jaspal S. Kooner¹⁰⁷, Claudia Langenberg¹⁰⁸, Jian'an Luan¹⁰⁸, Giovanni Malerba¹⁰⁹, Winfried Marz^{110,111,112}, Angela Matchan⁴, Josine L. Min¹⁷, Richard Morris¹¹³, Børge G. Nordestgaard^{114,115}, Marianne Benn^{114,115}, Susan Ring³⁷, Robert A. Scott¹⁰⁹, Nicole Soranzo^{4,18}, Lorraine Southam^{4,28}, Nicholas J. Timpson¹⁷, Daniela Toniolo¹¹⁶, Michela Traglia¹¹⁶, Anne Tybjaerg-Hansen^{115,117}, Cornelia M. van Duijn¹⁰⁴, Elisabeth M. van Leeuwen¹⁰⁴, Anette Varbo^{114,115}, Peter Whincup¹¹⁸, Gianluigi Zaza¹¹⁹, Eleftheria Zeggini⁴ & Weihua Zhang¹⁰⁰

⁸BGI-Shenzhen, Shenzhen 518083, China. ⁹European Molecular Biology Laboratory, European Bioinformatics Institute, Wellcome Trust Genome Campus, Hinxton, Cambridge CB10 1SD, UK. ¹⁰Department of Biology, University of Copenhagen, Ole Maaløes Vej 5, DK-2200 Copenhagen, Denmark. ¹¹BGI-Europe, London EC2M 4YE, UK. ¹²Lady Davis Institute, Jewish General Hospital, Montreal, Quebec H3T 1E2, Canada. ¹³Department of Epidemiology, Biostatistics and Occupational Health, McGill University, Montreal, Quebec H3A 1A2, Canada. ¹⁴Princess Al Jawhara Albrahim Center of Excellence in the Research of Hereditary Disorders, King Abdulaziz University, P.O. Box 80200Jeddah 21589, Saudi Arabia. ¹⁵Macau University of Science and Technology, Avenida Wai long, Taipa, Macau 999078, China. ¹⁶Department of Medicine and State Key Laboratory of Pharmaceutical Biotechnology, University of Hong Kong, 21 Sassoon Road, Hong Kong, Hong Kong. ¹⁷MRC Integrative Epidemiology Unit, School of Social and Community Medicine, University of Bristol, Oakfield House, Oakfield Grove, Clifton, Bristol BS8 2BN, UK. ¹⁸Department of Haematology, University of Cambridge, Long Road, Cambridge CB2 0PT, UK. ¹⁹The Department of Twin Research & Genetic Epidemiology, King's College London, St Thomas' Campus, Lambeth Palace Road, London SE1 7EH, UK. ²⁰Computational Biology & Genomics, Biogen Idec, 14 Cambridge Center, Cambridge, MA 02142, USA. ²¹Department of Medical and Molecular Genetics, Division of Genetics and Molecular Medicine, King's College London School of Medicine, Guy's Hospital, London SE1 9RT, UK. ²²University of Queensland Diamantina Institute, Translational Research Institute, Brisbane, Queensland 4102, Australia. ²³Department of Human Genetics, McGill University, Montreal, Quebec H3A 1B1, Canada. ²⁴Department of Oncology, McGill University, Montreal, Quebec H2W 1S6, Canada. ²⁵Adaptive Biotechnologies Corporation, Seattle, WA 98102, USA. ²⁶Human Genetics Research Centre, St George's University of London, London SW17 0RE, UK. ²⁷Analytic and Translational Genetics Unit, Massachusetts General Hospital, Boston, MA 02114, USA. ²⁸Wellcome Trust Centre for Human Genetics, Roosevelt Drive, Oxford OX3 7BN, UK. ²⁹Illumina Cambridge Ltd, Chesterford Research Park, Cambridge CB10 1XL, UK. ³⁰Program in Medical and Population Genetics, Broad Institute of Harvard and MIT, Cambridge, MA 02142, USA. ³¹Department of Statistics, University of Oxford, 1 South Parks Road, Oxford OX1 3TG, UK. ³²National Institute for Health Research (NIHR) Biomedical Research Centre at Guy's and St Thomas' Foundation Trust, London SE1 9RT, UK. ³³Department of Genetics, Harvard Medical School, Boston, MA 02115, USA. ³⁴The Department of Epidemiology and Biostatistics, Imperial College London, St Mary's campus, Norfolk Place, Paddington, London W2 1PG, UK. ³⁵MRC Epidemiology Unit, University of Cambridge School of Clinical Medicine, Box 285, Institute of Metabolic Science, Cambridge Biomedical Campus, Cambridge CB2 0QQ, UK. ³⁶Department of Medicine, Jewish General Hospital, McGill University, Montreal, Quebec H3A 1B1, Canada. ³⁷ALSPAC & School of Social and Community Medicine, University of Bristol, Oakfield House, Oakfield Grove, Clifton, Bristol BS8 2BN, UK. ³⁸Departments of Health Sciences and Genetics, University of Leicester, Leicester LE1 7RH, UK. ³⁹School of Oral and Dental Sciences, University of Bristol, Lower Maudlin Street, Bristol BS1 2LY, UK. ⁴⁰School of Experimental Psychology, University of Bristol, 12a Priory Road, Bristol BS8 1TU, UK. ⁴¹National Institute for Health Research (NIHR) Leicester Respiratory Biomedical Research Unit, Glenfield Hospital, Leicester LE3 9QP, UK. ⁴²Queensland Brain Institute, University of Queensland, Brisbane, Queensland 4072, Australia. ⁴³School of Medicine and Pharmacology, University of Western Australia, Perth, Western Australia 6009, Australia. ⁴⁴Department of Endocrinology and Diabetes, Sir Charles Gairdner Hospital, Nedlands, WA 6009, Australia. ⁴⁵Department of Psychiatry, Trinity Centre for Health Sciences, St James Hospital, James's Street, Dublin 8, Ireland. ⁴⁶Division of Developmental Disabilities, Department of Psychiatry, Queen's

University, Kingston, ON N6C 0A7, Canada. ⁴⁷Division of Psychiatry, The University of Edinburgh, Royal Edinburgh Hospital, Edinburgh EH10 5HF, UK. ⁴⁸Department of Child Psychiatry, Institute of Psychiatry, Psychology and Neuroscience, King's College London, 16 De Crespigny Park, London SE5 8AF, UK. ⁴⁹NIHR BRC for Mental Health, Institute of Psychiatry, Psychology and Neuroscience and SLAM NHS Trust, King's College London, 16 De Crespigny Park, London SE5 8AF, UK. ⁵⁰Social, Genetic and Developmental Psychiatry Centre, Institute of Psychiatry, Psychology and Neuroscience, King's College London, Denmark Hill, London SE5 8AF, UK. ⁵¹Lilly Research Laboratories, Eli Lilly & Co. Ltd., Erl Wood Manor, Sunninghill Road, Windlesham GU20 6PH, UK. ⁵²MRC Centre for Neuropsychiatric Genetics & Genomics, Institute of Psychological Medicine & Clinical Neurosciences, School of Medicine, Cardiff University, Cardiff CF24 4HQ, UK. ⁵³Sheffield Diagnostic Genetics Service, Sheffield Children's NHS Foundation Trust, Western Bank, Sheffield S10 2TH, UK. ⁵⁴University of Sussex, Brighton BN1 9RH, UK. ⁵⁵Sussex Partnership NHS Foundation Trust, Swandean, Arundel Road, Worthing BN13 3EP, UK. ⁵⁶University College London (UCL), Molecular Psychiatry Laboratory, Division of Psychiatry, Gower Street, London WC1E 6BT, UK. ⁵⁷UCLA David Geffen School of Medicine, Los Angeles, CA 90095, USA. ⁵⁸Behavioural and Brain Sciences Unit, UCL Institute of Child Health, London WC1N 1EH, UK. ⁵⁹The Patrick Wild Centre, The University of Edinburgh, Edinburgh EH10 5HF, UK. ⁶⁰University College London (UCL), UCL Genetics Institute, Darwin Building, Gower Street, London WC1E 6BT, UK. ⁶¹Institute for Molecular Medicine Finland (FIMM), University of Helsinki, Helsinki FI-00014, Finland. ⁶²Program in Medical and Population Genetics and Genetic Analysis Platform, The Broad Institute of MIT and Harvard, Cambridge, MA 02132, USA. ⁶³Institute of Neuroscience, Henry Wellcome Building for Neuroecology, Newcastle University, Framlington Place, Newcastle upon Tyne NE2 4HH, UK. ⁶⁴National Institute for Health and Welfare (THL), Helsinki FI-00271, Finland. ⁶⁵University of Helsinki, Department of Psychiatry, Helsinki FI-00014, Finland. ⁶⁶Institute of Medical Sciences, University of Aberdeen, Aberdeen AB25 2ZD, UK. ⁶⁷The Centre for Translational Omics - GOSgene, UCL Institute of Child Health, London WC1N 1EH, UK. ⁶⁸Institute of Cardiovascular and Medical Sciences, University of Glasgow, Wolfson Medical School Building, University Avenue, Glasgow G12 8QQ, UK. ⁶⁹Usher Institute of Population Health Sciences and Informatics, University of Edinburgh, 9 Little France Road, Edinburgh EH16 4UX, UK. ⁷⁰Centre for Genomic and Experimental Medicine, Institute of Genetics and Experimental Medicine, University of Edinburgh, Western General Hospital, Crewe Road, Edinburgh EH4 2XU, UK. ⁷¹Mackenzie Building, Kirsty Semple Way, Ninewells Hospital and Medical School, Dundee DD2 4RB, UK. ⁷²Department of Pathology, King Abdulaziz Medical City, P.O. Box 22490Riyadh 11426, Saudi Arabia. ⁷³Genetics and Genomic Medicine and Birth Defects Research Centre, UCL Institute of Child Health, London WC1N 1EH, UK. ⁷⁴Department of Cardiovascular Medicine and Wellcome Trust Centre for Human Genetics, Roosevelt Drive, Oxford OX3 7BN, UK. ⁷⁵Dubowitz Neuromuscular Centre, UCL Institute of Child Health & Great Ormond Street Hospital, London WC1N 1EH, UK. ⁷⁶Institut für Humangenetik, Uniklinik Köln, Kerpener Strasse 34, 50931 Köln, Germany. ⁷⁷MRC Human Genetics Unit, MRC Institute of Genetics and Molecular Medicine, at the University of Edinburgh, Western General Hospital, Edinburgh EH4 2XU, UK. ⁷⁸The Genome Centre, John Vane Science Centre, Queen Mary, University of London, Charterhouse Square, London EC1M 6BQ, UK. ⁷⁹Cardiovascular Genetics, BHF Laboratories, Rayne Building, Institute of Cardiovascular Sciences, University College London, London WC1E 6JJ, UK. ⁸⁰Academic Laboratory of Medical Genetics, Box 238, Lv 6 Addenbrooke's Treatment Centre, Addenbrooke's Hospital, Cambridge CB2 0QQ, UK. ⁸¹University College London (UCL) Genetics Institute (UGI) Gower Street, London WC1E 6BT, UK. ⁸²Genetics Department, Radboudumc and Radboud Institute for Molecular Life Sciences (RIMLS), Geert Grooteplein 25, Nijmegen 6525 HP, The Netherlands. ⁸³Department of Mathematics, Université de Québec À Montréal, Montréal, QC H3C 3P8, Canada. ⁸⁴HeLEX - Centre for Health, Law and Emerging Technologies, Nuffield Department of Population Health, University of Oxford, Old Road Campus, Oxford OX3 7LF, UK. ⁸⁵National Cancer Research Institute, Angel Building, 407 St John Street, London EC1V 4AD, UK. ⁸⁶Genetic Alliance UK, 4D Leroy House, 436 Essex Road, London N1 3QP, UK. ⁸⁷Leeds Genetics Laboratory, St James University Hospital, Beckett Street, Leeds LS9 7TF, UK. ⁸⁸University College London (UCL) Department of Genetics, Evolution & Environment (GEE), Gower Street, London WC1E 6BT, UK. ⁸⁹SW Thames Regional Genetics Lab, St George's University, Cranmer Terrace, London SW17 0RE, UK. ⁹⁰Institute of Cardiovascular Science, University College London, Gower Street, London WC1E 6BT, UK. ⁹¹Cardiovascular Centre of the University of Lisbon, Faculty of Medicine, University of Lisbon, Avenida Professor Egas Moniz, 1649-028 Lisbon, Portugal. ⁹²Department of Medical Sciences, University of Torino, 10124 Torino, Italy. ⁹³North West Thames Regional Genetics Service, Kennedy-Galton Centre, Northwick Park Hospital, Watford Road, Harrow HA1 3UJ, UK. ⁹⁴Connective Tissue Disorders Service, Sheffield Diagnostic Genetics Service, Sheffield Children's NHS Foundation Trust, Western Bank, Sheffield S10 2TH, UK. ⁹⁵Molecular Genetics, Viapath at Guy's Hospital, London SE1 9RT, UK. ⁹⁶Clinical Genetics, Guy's & St Thomas' NHS Foundation Trust, London SE1 9RT, UK. ⁹⁷Maritime Medical Genetics Service, 5850/5980 University Avenue PO Box 9700 Halifax, NS B3K 6R8, Canada. ⁹⁸London School of Hygiene and Tropical Medicine, Keppel Street, London WC1E 7HT, UK. ⁹⁹Medical Genetics, Institute for Maternal and Child Health IRCCS "Burlo Garofolo", 34100 Trieste, Italy. ¹⁰⁰Department of Medical, Surgical and Health Sciences, University of Trieste, 34100 Trieste, Italy. ¹⁰¹Department of Nutrition and Dietetics, School of Health Science and Education, Harokopio University, Athens 17671, Greece. ¹⁰²Division of Nephrology and Dialysis, Institute of Internal Medicine, Renal Program, Columbus-Gemelli University Hospital, Catholic University, 00168 Rome, Italy. ¹⁰³Experimental Genetics Division, Sidra, P.O. Box 26999 Doha, Qatar. ¹⁰⁴Genetic Epidemiology Unit, Department of Epidemiology, Erasmus MC, Rotterdam 3000 CA, Netherlands. ¹⁰⁵Department of Quantitative Social Science, UCL Institute of Education, University College London, 20 Bedford Way, London WC1H 0AL, UK. ¹⁰⁶Vth Department of Medicine, Medical Faculty, Mannheim 68167, Germany. ¹⁰⁷National Heart and Lung Institute, Imperial College London, London W12 0NN, UK. ¹⁰⁸MRC Epidemiology Unit, University of Cambridge School of Clinical Medicine, Institute of Metabolic Science, Cambridge Biomedical Campus, Cambridge CB2 0QQ, UK. ¹⁰⁹Biology and Genetics, Department of Life and Reproduction Sciences, University of Verona, 37134 Verona, Italy. ¹¹⁰Clinical Institute of Medical and Chemical Laboratory Diagnostics, Medical University of Graz, Graz 8036, Austria. ¹¹¹Synlab Academy, Synlab Services GmbH, D-68161 Mannheim, Germany. ¹¹²Medical Clinic V (Nephrology, Hypertensiology, Rheumatology, Endocrinology, Diabetology), Mannheim Medical Faculty, Heidelberg University, Mannheim 68167, Germany. ¹¹³School of Social and Community Medicine, Canynge Hall, 39 Whatley Road, Bristol BS8 2PS, UK. ¹¹⁴Department of Clinical Biochemistry and The Copenhagen General Population Study, Herlev and Gentofte Hospital, Copenhagen University Hospital, Herlev 2730, Denmark. ¹¹⁵The Faculty of Health and Medical Sciences, University of Copenhagen, Copenhagen 2200, Denmark. ¹¹⁶Division of Genetics and Cell Biology, San Raffaele Scientific Institute, Milan 20132, Italy. ¹¹⁷Department of Clinical Biochemistry KB3011, Rigshospitalet, Copenhagen University Hospital, Blegdamsvej 9, DK-2100 Copenhagen, Denmark. ¹¹⁸Population Health Research Institute, St George's University of London, London SW17 0RE, UK. ¹¹⁹Renal Unit, Department of Medicine, University of Verona, 37126 Verona, Italy