

1 Left atrial scarring and conduction velocity dynamics: rate dependent  
2 conduction slowing predicts sites of localized reentrant atrial tachycardias

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31 tachycardia, structural remodeling, catheter ablation

32

33 ABSTRACT

34 Background- Low voltage zones (LVZs) are associated with conduction velocity  
35 (CV) slowing. Rate-dependent CV slowing may play a role in reentry mechanisms.

36

37 Methods- Patients undergoing catheter ablation for AT were enrolled. Aim was to  
38 assess the relationship between rate-dependent CV slowing and sites of localized  
39 reentrant atrial tachycardias (AT). On a bipolar voltage map regions were defined as  
40 non-LVZs [ $\geq 0.5\text{mV}$ ], LVZs [ $0.2\text{-}0.5\text{mV}$ ] and very-LVZs [ $< 0.2\text{mV}$ ]. Unipolar  
41 electrograms were recorded with a 64-pole basket catheter during uninterrupted atrial  
42 pacing at four pacing intervals (PIs) during sinus rhythm. CVs were measured  
43 between pole pairs along the wavefront path. Sites of rate-dependent CV slowing  
44 were defined as exhibiting a reduction in CV between PI=600ms and 250ms of  $\geq 20\%$   
45 more than the mean CV reduction seen between these PIs for that voltage zone. Rate-  
46 dependent CV slowing sites were correlated to sites of localized reentrant ATs as  
47 confirmed with conventional mapping, entrainment and response to ablation.

48

49 Results- Eighteen patients were included ( $63\pm 10\text{yrs}$ ). Mean CV at 600ms was  
50  $1.61\pm 0.19\text{m/s}$  in non-LVZs,  $1.09\pm 0.15\text{m/s}$  in LVZs [ $0.2\text{-}0.5\text{mV}$ ], and  $0.73\pm 0.12\text{m/s}$  in  
51 very-LVZs respectively ( $p < 0.001$ ). Rate-dependent CV slowing sites were  
52 predominantly in LVZs [ $0.2\text{-}0.5\text{mV}$ ] ( $74.4\pm 10.3\%$ ;  $p < 0.001$ ). Localized reentrant ATs  
53 were mapped to these sites in 81.8% of cases (sensitivity 81.1%, 95%CI 48.2-97.8%  
54 and specificity 83.9%, 95%CI 81.8-86.0%). Macro-reentrant or focal ATs were not  
55 mapped to sites of rate-dependent CV slowing.

56

57 Conclusions- Rate-dependent CV slowing sites are predominantly confined to LVZs  
58 [0.2-0.5mV] and the resultant CV heterogeneity may promote reentry mechanisms.  
59 These may represent a novel adjunctive target for AT ablation.

60 INTRODUCTION

61 Left atrial (LA) structural remodeling in the form of low voltage zones (LVZs) on  
62 bipolar voltage maps or late gadolinium enhancement on cardiac MRI is associated  
63 with lower local conduction velocity (CV) compared to healthy tissue (1-3). Changes  
64 in CV with rate, i.e. CV dynamics, are also influenced by the presence of structural  
65 remodeling whereby the rate-adaptation of CV is smaller and occurs at longer pacing  
66 intervals (PIs) (4, 5). These differences may contribute to reentry (5, 6). The presence  
67 of sites with marked CV slowing with increasing rate, i.e. rate-dependent CV slowing  
68 sites, are associated with the ability to induce AF (7) and correspond to sites of  
69 reentry initiation at AF onset (8).

70

71 Atrial tachycardias (AT) are a significant problem, particularly following previous AF  
72 ablation. The atrial substrate is complex in this setting, involving both heterogeneous  
73 structural remodeling with additional scarring due to ablation which may be  
74 widespread and extensive. In this scenario there can often be multiple AT circuits and  
75 mapping can be hindered by difficulty detecting and timing low voltage fractionated  
76 electrograms. AT in this setting may rely on a zone of slow conduction (9), or simply  
77 revolve around a central core of dense scar (10). No attempt has ever been made to  
78 understand CV dynamics in the complex substrate of patients with ATs. We  
79 hypothesized that in a mixed group of patients with heterogeneous atrial scarring due  
80 to structural remodeling and/or previous ablation, abnormalities of CV dynamics  
81 could be defined that would predict sites of localized reentry. We aimed to define  
82 clinically relevant perturbations of CV dynamics in a practical way that might  
83 facilitate future development of a substrate modification strategy as an adjunct to  
84 conventional mapping and ablation for AT.

85

86 METHOD

87 *i) Study design*

88 Patients undergoing catheter ablation for AT (de-novo or following AF ablation) were  
89 prospectively included in this study. All patients were in sinus rhythm at the start of  
90 the case (following prior DC cardioversion +/- anti-arrhythmic drugs). All patients  
91 provided informed consent for their participation in this study. This study was  
92 approved by the UK Research Ethics Committee (London- Bloomsbury Research  
93 Ethics Committee, 16/LO/1379).

94

95 *ii) Electrophysiological mapping*

96 Mapping was performed with the CARTOFINDER mapping system (CARTO,  
97 Biosense Webster, Inc, CA) (11-13, Supplemental Method).

98

99 LA geometry and a high-density bipolar voltage map were created in sinus rhythm  
100 using a PentaRay® NAV catheter with 2-6-2mm electrode spacing (Biosense  
101 Webster, Inc, CA) (Supplemental Method). Non-LVZs were defined as sites with a  
102 bipolar voltage of  $[\geq 0.5\text{mV}]$ , LVZ was defined as  $[0.2-0.5\text{mV}]$ , and very LVZ  
103 (vLVZ) was defined as  $[< 0.2\text{mV}]$  (14-16). Bipolar voltages obtained at the pulmonary  
104 veins (PVs), mitral valve annulus and LA appendage (LAA) were excluded to allow  
105 for a mean bipolar voltage of the LA body only.

106

107 A 64-pole basket catheter (Constellation, Boston Scientific Ltd, Natick, MA or  
108 FIRMap, Abbott, CA, USA) was used to record unipolar signals and was positioned  
109 to achieve optimal coverage (17) (Supplemental Method).

110

111 *iii) Pacing procedure*

112 Uninterrupted atrial pacing with the ablation catheter was performed in sinus rhythm  
113 from four sites in the LA: endocardial proximal and distal coronary sinus (CS), LA  
114 roof and LAA. This method was adapted from a previously published method (7).  
115 This was to ensure that wavefront propagations in different directions were achieved.  
116 At each site pacing was performed at four pacing intervals (PIs) (600ms, 450ms,  
117 300ms, 250ms) for 30-seconds each. During the 30-seconds unipolar electrogram  
118 recording, a location point was also taken on CARTO3 to obtain 3D coordinates for  
119 each pole.

120

#### 121 *iv) Local CVs*

122 Unipolar electrograms, electrode location and left atrial geometry data were imported  
123 into MATLAB (MathWorks, MA) and utilizing an automated custom written script  
124 each basket catheter electrode was paired to a neighboring electrode within a known  
125 geodesic distance. CV was assessed over a distance of 5-30mm with electrode pairs  
126 closer or further apart than this excluded from the analysis. Following this, only  
127 electrode pairs with adequate contact were included. Contact was defined as per  
128 previous study (17, 18) whereby electrodes that were <10mm from the geometry were  
129 defined as being in contact. The electrograms were then reviewed on the electrodes  
130 that were within 10mm of the geometry to ensure that electrograms were adequate for  
131 analysis. Following this, electrode pairs position was verified on the LA geometry.  
132 CV was measured only between electrode pairs oriented parallel to the direction of  
133 wavefront propagation as determined by manual review of propagation maps on  
134 CARTOFINDER, which has been previously validated in terms of demonstrating  
135 wavefront propagation (13). Further to this, the CARTOFINDER system has shown  
136 to accurately annotate atrial signals without inappropriate annotation on far-field  
137 ventricular signals (12, 13). This process was conducted for all four pacing sites and

138 PIs. To determine the CV, firstly the local activation time was calculated as the  
139 interval between the pacing spike and the steepest descent (peak negative  $dv/dt$ ) in the  
140 unipolar electrogram. The last beat of the 30-second recording was used for this  
141 analysis. The CV between each electrode pair was defined as the geodesic distance  
142 between the electrodes divided by the activation time difference. CVs were expressed  
143 in m/s. Pairs that had an activation time difference of  $<1\text{ms}$  at 600ms PI were  
144 excluded as sites of simultaneous activation.

145

146 An automated custom written script was used to ensure consistency between all CV  
147 measurements in all patients included in this study and to minimize the effect of  
148 human error. However, to assess the accuracy of the automated script we compared  
149 50 CV measurements obtained manually with that obtained using the automated  
150 script.

151

152 *v) CV heterogeneity and rate-dependent CV slowing*

153 Using an automated MATLAB custom written script the position of the electrode  
154 pairs that were included in the analysis, were projected onto the LA geometry. The  
155 position of the bipolar voltage points taken with the PentaRay catheter was also  
156 projected on the same LA geometry. These points were considered within a 5mm  
157 band between the electrodes from which CV was assessed. The mean of these was  
158 taken as the local bipolar voltage along the path between each electrode pair  
159 (Supplemental Figure 1).

160

161 Areas were then subdivided into non-LVZs, LVZs or vLVZs according to the mean  
162 bipolar voltage along the path. CV at each PI was compared in these three areas.  
163 Heterogeneity in CV dynamics was examined in these zones and sites of rate-



164 dependent CV slowing were identified. These were defined as zones exhibiting a  
165 reduction in CV between PI=600ms and PI=250ms of  $\geq 20\%$  more than the mean CV  
166 reduction seen between these PIs for that voltage zone.

167

#### 168 *vi) CV and ATs*

169 Arrhythmia was induced following the study protocol by burst atrial pacing from the  
170 CS starting at PI of 400ms, with a 10ms decrement until either arrhythmia was  
171 induced or reaching 200ms. If this did not induce the arrhythmia then this was  
172 repeated from elsewhere in the atria. ATs were mapped using the CARTOFINDER  
173 system as described previously (13). The AT mechanisms were confirmed with  
174 conventional local activation time (LAT) maps, entrainment and ablation response.  
175 Locations of reentrant ATs were correlated to sites of rate-dependent CV slowing.  
176 Following ablation of AT, attempts was made to induce further AT which were also  
177 mapped and ablated. The clinical end-point was non-inducibility of AT.

178

179 We adopted a classification of ATs proposed previously (19). In brief, tachycardias  
180 were defined as (i) focal tachycardias which mapped to a discrete earliest point, (ii)  
181 macro-reentry whereby the entire cycle length (CL) can be mapped surrounding an  
182 anatomical obstacle, or (iii) localized reentry whereby the CL can be mapped to an  
183 area of  $< 2\text{cm}$  diameter.

184

#### 185 *Statistical analysis*

186 This was performed using SPSS (IBM SPSS Statistics, Version 25 IBM Corp,  
187 Armonk, NY, USA). Continuous variables are displayed as mean  $\pm$  standard deviation

188 (SD). Categorical variables are presented as a number and percentage. Chi-square was  
189 used for the comparison of nominal variables. The Student t-test, or its non-  
190 parametric equivalent, Mann-Whitney when appropriate, was used for comparison of  
191 continuous variables. ROC curves were performed to determine the association  
192 between different parameters and AT sites. P-value <0.05 were regarded as  
193 significant.

194

## 195 RESULTS

196 Eighteen patients were included in the (Supplemental Table 1).

197

### 198 *i) CV and Bipolar voltage*

199 14,785 bipolar voltage points were taken with an average of  $821 \pm 201$  points per  
200 patient, of which an average of  $402 \pm 181$  points were  $<0.5$  mV ( $49 \pm 22\%$ ). The mean  
201 bipolar voltage was  $0.43 \pm 0.16$  mV. LVZs occurred as islands or plaques each one  
202 covering a minimum of 10% of the LA surface ( $27 \pm 16\%$ ). LVZs predominantly  
203 affected the anterior (42%) and posterior wall (23%). The remainder included the  
204 septum (16%), lateral wall (12%) and roof (7%).

205

206 CV was determined over a total of 4922 electrode pairs with a mean of  $63.3 \pm 16.8$   
207 pairs for each activation sequence in each patient. The mean CV at PI of 600ms at  
208 non-LVZ [ $\geq 0.5$  mV] was  $1.53 \pm 0.19$  m/s,  $1.14 \pm 0.15$  m/s at LVZ [0.2-0.5 mV] and  
209  $0.73 \pm 0.13$  m/s at vLVZ [ $<0.2$  mV]. There was a strong correlation between mean CV  
210 and mean bipolar voltage ( $r_s=0.99$ ,  $p<0.001$ ; Supplemental Figure 2A) and proportion  
211 of LVZs ( $r_s=-0.97$ ,  $p<0.001$ ; Supplemental Figure 2B).

212

213 There was a 98% consistency between the 50 CV measurements obtained using either  
214 manual calculations or the automated custom written script.

215

216 *ii) CV dynamics and Bipolar voltage*

217 The CV change over the four PIs was different in the three voltage zones (Figure 1).

218 In non-LVZs [ $\geq 0.5\text{mV}$ ] the CV remained relatively stable until a significant reduction

219 was seen in the CV between PIs 300-250ms ( $0.588\pm 0.082\text{m/s}$ ;  $p < 0.001$ ). In LVZs

220 [ $0.2\text{-}0.5\text{mV}$ ] the reduction in CV was continuous and progressive across reducing PIs,

221 with a significant reduction in the CV across all four PIs ( $0.094\pm 0.06\text{m/s}$ ;  $p < 0.001$ ).

222 In vLVZs [ $< 0.2\text{mV}$ ] the CV curves remained relatively flat across the four PIs with a

223 total reduction in CV between 600-250ms of  $0.01\pm 0.008\text{m/s}$  ( $p = 0.45$ ).

224

225 *iii) Relationship between rate-dependent CV slowing sites and bipolar voltage*

226 For each pacing location, a mean of  $11.4\pm 3.8$  rate-dependent CV slowing sites were

227 observed per patient ( $22.7\pm 6.0\%$  of sites sampled). The proportion of rate-dependent

228 CV slowing sites identified per patient was not dependent on whether the patient was

229 on an anti-arrhythmic drug or not ( $11.0\pm 4.3$  vs.  $11.6\pm 3.4$ ;  $p = 0.76$ ). In relation to

230 voltage zones  $74.4\pm 10.3\%$  of rate-dependent CV slowing sites were found in LVZs

231 [ $0.2\text{-}0.5\text{mV}$ ] versus  $25.6\pm 10.2\%$  in non-LVZs [ $> 0.5\text{ mV}$ ] and  $0\pm 0\%$  in vLVZ

232 [ $< 0.2\text{mV}$ ]; ( $p < 0.001$ ; Figure 2A). The percentage of measurements with rate-

233 dependent CV slowing was  $17.2\pm 3.1\%$  for LVZ [ $0.2\text{-}0.5\text{mV}$ ],  $6.1\pm 3.4\%$  in non-LVZs

234 [ $> 0.5\text{mV}$ ] and  $0\pm 0\%$  for vLVZ [ $< 0.2\text{mV}$ ] ( $p < 0.001$ ) (Figure 2B). Further to this, rate-

235 dependent CV slowing sites were more prevalent in patients with a lower mean

236 bipolar voltage ( $r_s = -0.96$ ,  $p < 0.001$ ). They were also more commonly mapped to the

237 anterior (44%) and posterior (20%) wall, which correlated to sites where LVZs were

238 more frequent.

239

240 The rate-dependent CV slowing sites in LVZs were all in the LVZ range [0.2-0.5mV]  
241 and showed progressive decrease in CV over all four PIs (mean decrease in CV of  
242  $0.13\pm 0.03\text{m/s}$  for each PI) resulting in broader curves (Figure 2C). The reduction in  
243 CV between PI of 600-250ms at these sites was  $0.38\pm 0.05\text{m/s}$  or a reduction in CV of  
244  $37.7\pm 0.03\%$ . Since this reduction was progressive across PI in LVZ [0.2-0.5mV], this  
245 equated to a reduction in CV between PI 600-300ms of  $0.22\pm 0.03\text{m/s}$  at these sites, or  
246 a reduction of  $21.9\pm 0.02\%$ .

247 However, rate-dependent CV slowing sites in non-LVZs behaved differently, with the  
248 greatest decrease in CV seen between PI of 300-250ms (mean decrease in CV of  
249  $0.67\pm 0.12\text{m/s}$ ;  $p=0.001$ ) with minimal change at longer PIs, resulting in a steeper  
250 curve (Figure 2C).

251

#### 252 *iv) Relationship between rate-dependent CV slowing sites and ATs*

253 In the 18 AT patients, 23 ATs were mapped and ablated (Supplemental Table 2). Of  
254 these, 12 were non-macro-reentrant ATs mapped to the LA in 10 patients and out of  
255 these 11 were sustained by a localized reentry mechanism and 1 was focal. Out of the  
256 11 localized reentrant ATs 5 (45.5%) correlated to sites of previous AF ablation (2 at  
257 sites of previous roof line and 3 at sites of previous CFAE ablation).

258

259 Of the 11 LA localized reentrant ATs, 10 were mapped to sites of LVZ [0.2-0.5mV]  
260 (91.9%) with a mean bipolar voltage of  $0.28\pm 0.11\text{mV}$  and 1 was mapped to a non-  
261 LVZ. Nine were mapped to sites of rate-dependent CV slowing (81.8%) in LVZs  
262 [0.2-0.5mV] (Figure 3A-C). In the one AT patient thought to have a truly focal  
263 mechanism this was mapped to an area of non-LVZs which was not associated with  
264 rate-dependent CV slowing.

265

266 LVZs predicted sites of localized reentrant AT with high sensitivity (90.9%, 95%CI  
267 58.7-99.8%) but low specificity (36.1%, 95%CI 32.8-39.4%). Rate-dependent CV  
268 slowing sites showed a sensitivity and specificity of 81.8% (95%CI 48.2-97.87%) and  
269 83.9% (95%CI 81.8-86.0%) for predicting sites of localized reentry.

270

271 Heterogeneity in bipolar voltage within LVZs and the surface area of a LVZ were not  
272 strong predictors of localized reentry in LVZs. CV during pacing at 600ms was also  
273 not a strong predictor of localized reentry in LVZs. The percentage of CV  
274 measurements within an area of scar exhibiting rate-dependent CV slowing was the  
275 strongest predictor of localized reentry within LVZs (Table 1).

276

277 *Follow-up data*

278 During a follow-up of  $16.6 \pm 2.5$  months none of the patients had recurrence of AT.

279

280 **DISCUSSION**

281 This is the first study to comprehensively investigate CV dynamics in the complex  
282 substrate of patients with AT. The CVs were proportional to voltage irrespective of  
283 the mixed etiology of the scarring. The CV dynamic curves were different across  
284 areas with different degrees of scarring: healthy tissue had CV slowing only at PI of  
285 250ms, LVZs [0.2-0.5mV] had the curve shifted to the right showing significant  
286 slowing from 400ms, whereas vLVZs [ $<0.2$ mV] was very slow at 600ms and  
287 remained flat with little further slowing. Almost all localized reentrant AT were found  
288 in LVZs [0.2-0.5mV], however, these were sensitive for sites of localized reentry but  
289 not specific. Sites of rate-dependent CV slowing were both sensitive and specific for

290 sites of localized reentry causing AT. These rate-dependent CV slowing sites in LVZ  
291 [0.2-0.5mV] were evident when pacing at 300ms potentially allowing them to be  
292 identified with an abbreviated protocol by pacing at only 2 PIs (600ms and 300ms).  
293 ATs are a significant clinical problem and encountered frequently following AF  
294 ablation. Attempts to target drivers in AF have often reduced the proportion of  
295 patients with recurrent AF but often at the expense of more patients with recurrent AT  
296 instead (20, 21). AT due to localized reentry is a particular problem in this context  
297 with scarring caused by both remodeling and ablation lesions. This may allow slow  
298 conduction zones, or simply create a central core of dense scar around which  
299 wavefronts can revolve (9, 10). There is currently interest in targeting LVZs for AF as  
300 this may represent sites for reentry formation (22-24). This could be considered for  
301 AT, but areas of scarring are likely to be widespread. The feasibility of examining CV  
302 dynamics in the scarred LA of patients with AT has not been investigated previously  
303 and this may identify potential targets for a conservative substrate ablation strategy.

304

305 A majority of the patients in this study had undergone prior ablation for AF, although  
306 none had panoramic mapping of drivers during these procedures. Of the 11 localized  
307 reentrant ATs 5 corresponded to sites of prior ablation. These sites may therefore  
308 relate to iatrogenic scarring, although it has been suggested that the mechanisms of  
309 some AT may overlap with those of drivers initially present in AF (25, 26).

310

#### 311 *i) CV and Bipolar voltage*

312 LVZ were clustered in relatively large regions or ‘islands’ rather than scattered  
313 throughout the myocardium. The focal nature of this remodeling process has been  
314 observed previously (16, 27, 28), and enabled an accurate assessment of CV dynamics  
315 within these zones. The strong correlation between mean CV and both mean bipolar

316 voltage and the proportion of LVZs demonstrates a strong link between structural and  
317 electrical remodeling.

318

319 *ii) CV dynamics and bipolar voltage*

320 The CV reduction over the four PIs differed markedly amongst the three voltage  
321 zones. In non-LVZs [ $\geq 0.5\text{mV}$ ] the CV change was significant only between PI of  
322 300-250ms whereby a steep reduction in CV was seen consistent with that seen in  
323 healthy myocardial tissue (5). CV dynamics were different in LVZs and furthermore  
324 differed significantly between LVZs [0.2-0.5mV] and vLVZs [ $< 0.2\text{mV}$ ]. Whilst in  
325 LVZs [0.2-0.5mV] CV started to reduce at a longer PI resulting in broad curves, in  
326 vLVZs [ $< 0.2\text{mV}$ ] there was minimal rate-adaptation seen with reducing PI resulting  
327 in flat CV curves. With structural remodeling there is replacement of myocardial  
328 tissue by fibrosis (8, 14), alteration in gap junction communication (29) and coupling  
329 of myocytes with fibroblasts (30). These phenomena may contribute to the slowing of  
330 conduction and altered CV dynamics curves seen in LVZs.

331

332 *iii) Relationship between rate-dependent CV slowing sites and bipolar voltage*

333 There were a greater percentage of rate-dependent CV slowing sites in LVZs than  
334 non-LVZs with a direct correlation between the proportion of LVZs and the number  
335 of rate-dependent CV slowing sites identified. However, rate-dependent CV slowing  
336 sites were limited to LVZs [0.2-0.5mV] with no sites identified in vLVZs [ $< 0.2\text{mV}$ ].  
337 Thereby all LVZs do not play an equal mechanistic importance in CV dynamics.  
338 Rate-dependent CV slowing sites being limited to LVZs [0.2-0.5mV] is potentially as  
339 a result of the tissue being healthy enough to be capable of near normal CV at longer  
340 PIs (600ms), but is abnormal enough to reduce CV significantly with shorter PIs  
341 ( $< 600\text{ms}$ ). In contrast, the tissue in vLVZs  $< 0.2\text{mV}$  is markedly diseased and as a

342 result the CV at 600ms is already very slow and there is no rate-adaptation feasible  
343 resulting in no conduction reserve.

344

345 *iv) Relationship between rate-dependent CV slowing sites and ATs*

346 The majority of the non-macro-reentrant ATs had a localized reentry mechanism  
347 rather than a focal mechanism, which is consistent with other reports in patients post  
348 AF ablation (31). These data suggest that rate-dependent CV slowing plays an  
349 important role in these reentry mechanisms, since a majority of the localized reentry  
350 ATs were mapped to these sites. The focal AT did not correlate with low voltage,  
351 slow CV or rate-dependent CV slowing, and hence other mechanisms are likely  
352 responsible for truly focal AT for example an automatic focus.

353

354 Interestingly rate-dependent CV slowing sites were also identified in non-LVZs. It is  
355 unclear why areas with healthy endocardial voltage also demonstrate CV  
356 heterogeneity. As bipolar voltage map only allows the assessment of fibrosis/scar at  
357 an endocardial level it is possible that the presence of sub-endocardial or epicardial  
358 fibrosis results in the CV heterogeneity seen. The pattern of rate-dependent CV  
359 slowing at non-LVZs [ $\geq 0.5\text{mV}$ ] was different to that seen at LVZs [0.2-0.5mV]  
360 whereby the curves were steeper with the greatest change in CV seen between PI 350-  
361 250ms whilst at LVZs [0.2-0.5mV] the change in CV was almost equally distributed  
362 across all four PIs resulting in broader CV dynamic curves. This difference can  
363 potentially explain the lack of mechanistic importance of the rate-dependent CV  
364 slowing sites mapped to non-LVZs [ $\geq 0.5\text{mV}$ ] as supported by no localized reentrant  
365 ATs having been mapped to these sites. It has been shown that sites with a broad CV  
366 dynamics curve have an alteration in activation vector and arcing with accelerated  
367 rates which may reflect rate-dependent conduction block in certain directions (7)



368 which may promote initiation of reentry (32). Further to this, the lack of mechanistic  
369 importance of rate-dependent CV slowing in non-LVZs could be because the  
370 fibrosis/scar needs to be transmural to effectively promote reentry.

371

372 The data from this feasibility study outlines a potential rationale for a substrate  
373 modification strategy as an adjunct to conventional mapping and ablation for AT.  
374 Discerning sites with rate-dependent CV slowing appears feasible, and targeting such  
375 areas only in LVZs [0.2-0.5mV] would be conservative in terms of the amount of  
376 ablation required and may reduce the potential for subsequent localized reentry. These  
377 data suggest that a pragmatic protocol might be to focus assessment of LVZs [0.2-  
378 0.5mV], that pacing from a single site is sufficient, and that pacing at only 2 CL  
379 (600ms and 300ms) ought to be sufficient looking for a reduction in CV of  
380  $0.22\pm 0.03\text{m/s}$  or  $21.9\pm 0.02\%$ . A more focused pacing protocol focusing on areas of  
381 low voltage may allow assessment of CV using other multipolar catheters. High  
382 density mapping of such areas may offer further insights into CV dynamics in these  
383 regions. It is possible that imaging of scar using techniques such as MRI may help to  
384 characterize such sites and facilitate their identification.

385

### 386 *Limitations*

387 One of the study limitations is the small patient numbers. This was overcome to some  
388 extent through assessing CV between more than 4000 electrode pairs to allow  
389 regional analysis of multiple LVZs in each patient. LA coverage achieved with the  
390 basket catheter is limited and as a result the number of rate-dependent CV slowing  
391 sites is inevitably underestimated. There was no apparent effect of the pacing site on  
392 the CV measured. However, the impact of fiber orientation and anisotropic effect on

393 CV was not directly assessed in this study. Assessment of CV over much smaller  
394 areas and use of novel methods to assess fiber orientation (33) may allow this to be  
395 explored further.

396

## 397 CONCLUSIONS

398 Despite the heterogeneous nature of LA scarring in patients with AT and the practical  
399 limitations to assessing CV *in-vivo*, there is a clear relationship between voltage and  
400 CV with distinct patterns in CV dynamics at different voltage zones. Localized  
401 reentrant AT occurred almost exclusively in LVZs [0.2-0.5mV] which were sensitive  
402 but not specific in predicting these sites. Rate-dependent CV slowing sites was both  
403 sensitive and specific for predicting reentry sites. It may be practical to identify these  
404 sites with relatively simple and pragmatic pacing protocols. Rate-dependent CV  
405 slowing sites in LVZs [0.2-0.5mV] may represent a novel potential target for patients  
406 with AT.

407

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Each LVZ island	AUC	p-value	95%CI	Optimal Cutoff value	Sensitivity	Specificity
Surface area cm <sup>2</sup>	0.51	0.34	0.34-0.69	3.2	0.74	0.64
Mean bipolar voltage mV	0.84	<0.001	0.72-0.96	0.30	0.90	0.65
SD of mean bipolar voltage mV	0.50	0.99	0.32-0.68	0.14	0.54	0.52
CV* at 600ms m/s	0.75	0.002	0.64-0.94	1.21	0.74	0.74
% CV measurements demonstrating RD <sup>‡</sup> CV slowing	0.84	<0.001	0.71-0.98	19.1	0.82	0.93
% CV change in RD CV slowing sites	0.87	<0.001	0.74-0.98	56.3	0.84	0.94

\*CV- conduction velocity 530

‡RD- rate-dependent 531

532



533 FIGURE LEGEND

534 *Figure 1-* Demonstrates the change in CV over the four PIs in non-LVZs [ $\geq 0.5\text{mV}$ ]  
535 (black triangle), LVZs [ $0.2\text{-}0.5\text{mV}$ ] (light grey circle) and vLVZs [ $<0.2\text{mV}$ ] (dark  
536 grey triangle).

537  
538 *Figure 2A-C-* (A) Bar chart shows the percentage of the rate-dependent CV slowing  
539 sites in non-LVZs [ $\geq 0.5\text{mV}$ ], LVZs [ $0.2\text{-}0.5\text{mV}$ ] and vLVZs [ $<0.2\text{mV}$ ] and (B) the  
540 proportion of non-LVZs [ $\geq 0.5\text{mV}$ ], LVZs [ $0.2\text{-}0.5\text{mV}$ ] and vLVZs [ $<0.2\text{mV}$ ]  
541 demonstrating rate-dependent CV slowing. (C) Demonstrates the CV reduction  
542 between the four PIs (600-450ms, 450-300ms and 300-250ms) in rate-dependent CV  
543 slowing sites in non-LVZs [ $\geq 0.5\text{mV}$ ] and LVZs [ $0.2\text{-}0.5\text{mV}$ ].

544  
545 *Figure 3A-C-* (A) Conventional activation map (Anterior-posterior view) of a  
546 localized reentrant AT mapped to the low anterior wall of the LA with the  
547 electrograms used to time in relation to the reference electrode. (B) Bipolar voltage  
548 map demonstrating LVZ at the site of the localized reentrant AT. (C) Electrogram  
549 recordings demonstrating slowing of AT followed by termination to sinus rhythm on  
550 ablation (red circles show ablation lesions). (D) Electrograms demonstrating the rate-  
551 dependent slowing site mapped to the LVZ (highlighted by the black arrows) that  
552 corresponds to the site of the localized reentrant AT. The activation time difference  
553 between electrodes B6 and B7 on the basket catheter, that transects this area, during  
554 pacing in sinus rhythm increased by 100% when pacing at a PI of 250ms from 600ms.

555 LUPV- Left upper pulmonary vein

556 RUPV- Right upper pulmonary vein

557 LAA- Left atrial appendage