

SUPPLEMENTARY DATA

Search strategy

A systematic search was undertaken using PubMed and the Cochrane Database of Systematic Reviews to find original papers and systematic reviews with or without meta-analysis in the English language using the terms shown below in the supplementary table S1. The questions about the management of lupus developed by the guideline development group to be addressed by the literature review were:

- i) What clinical and serological features should prompt consideration of a diagnosis of SLE?
- ii) How should SLE patients be assessed?
- iii) How should SLE patients be monitored in the non-acute setting?
- iv) What is the evidence for the management of mild SLE?
- v) What is the evidence for the management of moderate SLE?
- vi) What is the evidence for the management of severe SLE?

Papers covering purely animal studies, pediatric studies, narrative review articles (except systematic reviews), commentaries, conference abstracts or statements, expert opinion statements and other guidelines were excluded (although such papers were checked manually for additional relevant references). We only reviewed papers that included the following numbers of patients (with search terms as described below): background, prevalence & prognosis a minimum 50 SLE patients, for diagnosis, assessment & monitoring a minimum 10 patients, for therapy a minimum 5 patients. Papers meeting these selection criteria were graded according to the SIGN revised grading system for recommendations in evidence based guidelines as shown in supplementary .table S 2 (1).

Supplementary table S1: Search terms used in PubMed and Cochrane Database of Systematic Reviews for the literature review

| Section of guideline | Topic | Search terms used in addition to SLE OR Systemic Lupus Erythematosus OR Lupus |
|--------------------------------------|---|---|
| Diagnosis and background | Clinical | Diagnosis Clinical manifestations/ Manifestations Clinical features Presentation Classification |
| | Serologic | Immunology/Immunological Antibody/auto-antibody/serological Anti-nuclear antibodies, ANA, anti-dsDNA, anti-Ro, anti-Sm, C3, C4, anti-phospholipid, antiphospholipid, anti-cardiolipin, anticardiolipin, lupus anticoagulant |
| | Lupus manifestations including differences between lupus in males and females | SLE activity Disease Damage Mortality Presentation Outcome ACR classification criteria Malar rash Discoid Rash Photosensitivity Oral Ulcers Nonerosive arthritis Pleuritis OR Pericarditis Proteinuria OR Cellular casts Neuropsychiatric Haemolytic anaemia OR Leucopenia/Leukopenia OR Lymphopenia OR Thrombocytopenia anti-double stranded DNA OR anti-Sm OR antiphospholipid antibodies OR anti-phospholipid antibodies OR ANA +/- gender differences +/- male/men/man |
| For assessment and monitoring | Lupus features | All above items AND Assess/ assessment Activity/ disease activity/BILAG/SLEDAI Monitoring Damage/ SLICC Prognosis Quality indicators Recommendations |
| | Neuro-psychiatric disease | Neuropsychiatric AND Prevalence Risk factors Screening Diagnosis Monitoring Prevention Prognosis |

| | | |
|------------------|--|--|
| | Malignancy | Cancer OR Malignancy AND Mortality Lymphoma HPV OR cervical dysplasia OR cervical Lung Prostate Endometrial Ovarian Screen |
| | Infection | Infection Risk AND/OR Death Antibiotic prophylaxis vaccin* Bacteria* Infections CMV HPV Varicella Zoster virus Hepatitis B AND C Hepatitis vaccin* Pneumocystis jiroveci TB OR Tuberculosis |
| Treatment | Hydroxychloroquine/chloroquine/mepacrine Methotrexate NSAIDs Sunscreen/sunblock Prednisolone/prednisone/methylprednisolone/methylprednisolone/triamcinolone/corticosteroid* Azathioprine Ciclosporin/cyclosporine/cyclosporin/cyclosporine/tacrolimus Mycophenolate mofetil/mycophenolic acid Leflunomide Rituximab Belimumab Intra-venous immunoglobulin/intravenous immunoglobulin/IVIG Plasma exchange/plasmapheresis | Treatment or therapy or trial or study or management) AND Therapy NAME AND/OR Mild or Moderate or Severe Activity or damage or flare BILAG or SLEDAI or ECLAM or SLAM or disease activity index Efficacy or safety or outcome Non-renal Constitutional Rash or mucocutaneous or dermatol* Vasculitis Arthritis or musculoskeletal Cardiac or respiratory or cardio-respiratory or gastrointestinal Neuro-psychiatric or neuro* |

Supplementary table S2: SIGN revised grading system for recommendations in evidence based guidelines

| SIGN Levels of evidence | SIGN Grades of recommendations |
|---|---|
| <p>1++ High quality meta-analyses, systematic reviews of RCTs, or RCTs with a very low risk of bias</p> <p>1+ Well conducted meta-analyses, systematic reviews of RCTs, or RCTs with a low risk of bias</p> <p>1- Meta-analyses, systematic reviews or RCTs, or RCTs with a high risk of bias</p> <p>2++ High quality systematic reviews of case-control or cohort studies or High quality case-control or cohort studies with a very low risk of confounding, bias, or chance and a high probability that the relationship is causal</p> <p>2+ Well conducted case-control or cohort studies with a low risk of confounding, bias, or chance and a moderate probability that the relationship is causal</p> <p>2- Case-control or cohort studies with a high risk of confounding, bias, or chance and a significant risk that the relationship is not causal</p> <p>3 Non-analytic studies, e.g. case reports, case series</p> <p>4 Expert opinion</p> | <p>A At least one meta-analysis, systematic review, or RCT rated as 1++ and directly applicable to the target population or a systematic review of RCTs or a body of evidence consisting principally of studies rated as 1+ directly applicable to the target population and demonstrating overall consistency of results</p> <p>B A body of evidence including studies rated as 2++ directly applicable to the target population and demonstrating overall consistency of results or Extrapolated evidence from studies rated as 1++ or 1+</p> <p>C A body of evidence including studies rated as 2+ directly applicable to the target population and demonstrating overall consistency of results or Extrapolated evidence from studies rated as 2++</p> <p>D Evidence level 3 or 4 or Extrapolated evidence from studies rated as 2+</p> |

Reproduced from A new system for grading recommendations in evidence based guidelines, Harbour R, Miller J, 323, 334-6, 2001 with permission from BMJ Publishing Group Ltd [1].

Supplementary Table S3: Cumulative incidence of SLE manifestations in lupus cohorts

| Cumulative % incidence of SLE manifestations in lupus cohorts | | | | | | |
|---|-----------------|------------|-----------------|-----------------|-----------------|-----------------|
| Author | Worrall | Pons Estel | Font | Cervera | Lim | Isenberg |
| Year | 1990 | 2004 | 2004 | 2009 | 2014 | 2010 |
| Reference | (2) | (3) | (4) | (5) | (6) | (7) |
| Number of patients in cohort studied | (n=100) | (n=1214) | (n=600) | (n=1000) | (n=1156) | (n=500) |
| Constitutional | | | | | | |
| Fever | - | 57 | 42 | 17 | - | - |
| Weight Loss | - | 27 | - | - | - | - |
| Lymphadenopathy | - | 15 | 1 | - | - | - |
| Cutaneous | | | | | | |
| Alopecia | 27 | 58 | 18 | - | - | - |
| Oral/nasal ulcers | 36 | 42 | 30 | 13 | 22 | 26 |
| Photosensitivity | 48 | 56 | 41 | 23 | 26 | 35 |
| Malar rash | 90 ^a | 61 | 54 | 31 | 32 | 62 ^a |
| Discoid rash | 90 ^a | 12 | 6 | 8 | 23 | 62 ^a |
| Subacute cutaneous | - | 3 | 8 | - | - | - |
| Raynaud's phenomenon | - | 28 | 22 | 16 | - | - |
| Musculoskeletal | | | | | | |
| Arthralgia/Arthritis | 94 | 93 | 83 | 48 ^b | 67 ^b | 94 |
| Myalgia/myositis | - | 18 | 7 | 4 | - | - |
| Cardiorespiratory | | | | | | |
| Pericarditis | 57 ^a | 17 | 28 ^a | 16 ^a | 43 ^a | 43 ^a |
| Pleurisy | 57 ^a | 22 | 28 ^a | 16 ^a | 43 ^a | 43 ^a |
| Pneumonitis | - | 2 | 4 | - | - | - |
| Myocarditis | - | 3 | 2 | - | - | - |
| Endocarditis | - | 3 | 8 | - | - | - |
| Neurological | | | | | | |
| Seizures | 45 ^c | 8 | 12 ^a | 19 ^a | 14 ^a | 21 ^c |
| Psychosis | 45 ^c | 4 | 12 ^a | 19 ^a | 14 ^a | 21 ^c |
| Chorea | 45 ^c | 0.4 | 0.5 | - | - | 21 ^c |
| Transverse myelitis | 45 ^c | 0.6 | - | - | - | - |
| Organic brain syndrome | 45 ^c | 2 | - | - | - | - |
| Renal | | | | | | |
| Proteinuria/sediment | 29 | 46 | 34 | 28 | 34 | 31 |
| Nephrotic Syndrome | - | 7 | - | - | - | - |
| ESRD | - | 2 | - | - | 7 | - |

| | | | | | | |
|-------------------------|----|-------|-----|----|-----------------|------|
| Gastrointestinal | | | | | | |
| Ascites | - | 1 | - | - | - | - |
| Liver | - | - | 0.3 | - | - | - |
| Haematological | | | | | | |
| Haemolytic anaemia | - | 12 | 8 | 5 | - | - |
| Leucopenia | 57 | 42 | 66 | - | 75 ^a | - |
| Lymphopenia | 81 | 59 | 82 | - | 75 ^a | - |
| Thrombocytopenia | 21 | 19 | 31 | 13 | - | - |
| Thrombosis | - | 6 | 7 | 9 | - | - |
| Serological | | | | | | |
| ANA | 99 | 98 | 99 | - | 82 ^d | 95 |
| Anti-dsDNA | 55 | 71 | 90 | - | 64 ^e | 64 |
| Anti-Smith | - | 48 | 13 | 10 | 64 ^e | 13 |
| Anticardiolipin IgG/IgM | 34 | 51/39 | - | - | 64 ^e | 21/9 |
| Lupus anticoagulant | 19 | 30 | 15 | - | - | 14 |
| Anti-Ro | - | 49 | 23 | 25 | - | 37 |
| Anti-RNP | - | 51 | - | 13 | - | 27 |
| Rheumatoid factor | 27 | - | 12 | 18 | - | 25 |
| Low C3 | - | 49 | 31 | - | - | 44 |
| Low C4 | - | 54 | 38 | - | - | - |

^acombined incidence for items with same value. ^bconfirmed arthritis only (usually non-erosive). ^call neurological features associated with lupus combined. ^dpossible failure of ascertainment but patients met ≥ 4 ACR criteria. ^ecombined as met ACR criteria for immunological involvement. - not reported.

- ◆ **Only record manifestations/items due to SLE Disease Activity**
- ◆ **Assessment refers to manifestations occurring in the last 4 weeks (compared with the previous 4 weeks)**
- ◆ **TO BE USED WITH THE GLOSSARY**

Record: **ND Not Done**
0 Not present
1 Improving
2 Same
3 Worse
4 New

Yes/No OR Value (where indicated)
***Y/N Confirm this is due to SLE activity (Yes/No)**

CONSTITUTIONAL

- 1. Pyrexia - documented > 37.5°C ()
- 2. Weight loss - unintentional > 5% ()
- 3. Lymphadenopathy/splenomegaly ()
- 4. Anorexia ()

MUCOCUTANEOUS

- 5. Skin eruption - severe ()
- 6. Skin eruption - mild ()
- 7. Angio-oedema - severe ()
- 8. Angio-oedema - mild ()
- 9. Mucosal ulceration - severe ()
- 10. Mucosal ulceration - mild ()
- 11. Panniculitis/Bullous lupus - severe ()
- 12. Panniculitis/Bullous lupus - mild ()
- 13. Major cutaneous vasculitis/thrombosis ()
- 14. Digital infarcts or nodular vasculitis ()
- 15. Alopecia - severe ()
- 16. Alopecia - mild ()
- 17. Peri-ungual erythema/chilblains ()
- 18. Splinter haemorrhages ()

NEUROPSYCHIATRIC

- 19. Aseptic meningitis ()
- 20. Cerebral vasculitis ()
- 21. Demyelinating syndrome ()
- 22. Myelopathy ()
- 23. Acute confusional state ()
- 24. Psychosis ()
- 25. Acute inflammatory demyelinating polyradiculoneuropathy ()
- 26. Mononeuropathy (single/multiplex) ()
- 27. Cranial neuropathy ()
- 28. Plexopathy ()
- 29. Polyneuropathy ()
- 30. Seizure disorder ()
- 31. Status epilepticus ()
- 32. Cerebrovascular disease (not due to vasculitis) ()
- 33. Cognitive dysfunction ()
- 34. Movement disorder ()
- 35. Autonomic disorder ()
- 36. Cerebellar ataxia (isolated) ()
- 37. Lupus headache - severe unremitting ()
- 38. Headache from IC hypertension ()

MUSCULOSKELETAL

- 39. Myositis - severe ()
- 40. Myositis - mild ()
- 41. Arthritis (severe) ()
- 42. Arthritis (moderate)/Tendonitis/Tenosynovitis ()
- 43. Arthritis (mild)/Arthralgia/Myalgia ()

CARDIORESPIRATORY

- 44. Myocarditis - mild ()
- 45. Myocarditis/Endocarditis + Cardiac failure ()
- 46. Arrhythmia ()
- 47. New valvular dysfunction ()
- 48. Pleurisy/Pericarditis ()
- 49. Cardiac tamponade ()
- 50. Pleural effusion with dyspnoea ()
- 51. Pulmonary haemorrhage/vasculitis ()
- 52. Interstitial alveolitis/pneumonitis ()
- 53. Shrinking lung syndrome ()
- 54. Aortitis ()
- 55. Coronary vasculitis ()

GASTROINTESTINAL

- 56. Lupus peritonitis ()
- 57. Abdominal serositis or ascites ()
- 58. Lupus enteritis/colitis ()
- 59. Malabsorption ()
- 60. Protein losing enteropathy ()
- 61. Intestinal pseudo-obstruction ()
- 62. Lupus hepatitis ()
- 63. Acute lupus cholecystitis ()
- 64. Acute lupus pancreatitis ()

OPHTHALMIC

- 65. Orbital inflammation/myositis/proptosis ()
- 66. Keratitis - severe ()
- 67. Keratitis - mild ()
- 68. Anterior uveitis ()
- 69. Posterior uveitis/retinal vasculitis - severe ()
- 70. Posterior uveitis/retinal vasculitis - mild ()
- 71. Episcleritis ()
- 72. Scleritis - severe ()
- 73. Scleritis - mild ()
- 74. Retinal/choroidal vaso-occlusive disease ()
- 75. Isolated cotton-wool spots (cytoid bodies) ()
- 76. Optic neuritis ()
- 77. Anterior ischaemic optic neuropathy ()

RENAL

- 78. Systolic blood pressure (mm Hg) value () **Y/N***
- 79. Diastolic blood pressure (mm Hg) value () **Y/N***
- 80. Accelerated hypertension Yes/No ()
- 81. Urine dipstick protein (+=1, ++=2, +++=3) () **Y/N***
- 82. Urine albumin-creatinine ratio mg/mmol () **Y/N***
- 83. Urine protein-creatinine ratio mg/mmol () **Y/N***
- 84. 24 hour urine protein (g) value () **Y/N***
- 85. Nephrotic syndrome Yes/No ()
- 86. Creatinine (plasma/serum) µmol/l () **Y/N***
- 87. GFR (calculated) ml/min/1.73 m² () **Y/N***
- 88. Active urinary sediment Yes/No ()
- 89. Active nephritis Yes/No ()

HAEMATOLOGICAL

- 90. Haemoglobin (g/dl) value () **Y/N***
- 91. Total white cell count (x 10⁹/l) value () **Y/N***
- 92. Neutrophils (x 10⁹/l) value () **Y/N***
- 93. Lymphocytes (x 10⁹/l) value () **Y/N***
- 94. Platelets (x 10⁹/l) value () **Y/N***
- 95. TTP ()
- 96. Evidence of active haemolysis Yes/No ()
- 97. Coombs' test positive (isolated) Yes/No ()

| | |
|---------------------|-----------------------------|
| Weight (kg): | Serum urea (mmol/l): |
|---------------------|-----------------------------|

BILAG-2004 INDEX GLOSSARY

INSTRUCTIONS

- only record features that are **attributable to SLE disease activity and not due to damage, infection, thrombosis (in absence of inflammatory process) or other conditions**
- assessment refers to manifestations occurring in the **last 4 weeks compared with the previous 4 weeks**
- activity refers to disease process which is reversible while damage refers to permanent process/scarring (irreversible)
- damage due to SLE should be considered as a cause of features that are fixed/persistent (SLICC/ACR damage index uses persistence ≥ 6 months to define damage)
- in some manifestations, it may be difficult to differentiate SLE from other conditions as there may not be any specific test and the decision would then lie with the **physician's judgement on the balance of probabilities**
- ophthalmic manifestations usually need to be assessed by an ophthalmologist and these items would need to be recorded after receiving the response from the ophthalmologist
- guidance for scoring:

(4) NEW

- manifestations are recorded as new when it is a new episode occurring in the last 4 weeks (compared to the previous 4 weeks) that has not improved and this includes new episodes (recurrence) of old manifestations
- new episode occurring in the last 4 weeks but also satisfying the criteria for improvement (below) would be classified as improving instead of new

(3) WORSE

- this refers to manifestations that have deteriorated/worsened significantly in the last 4 weeks compared to the previous 4 weeks, sufficient for consideration of increase in therapy

(2) SAME

- this refers to manifestations that have been present for the last 4 weeks and the previous 4 weeks without significant improvement or deterioration (from the previous 4 weeks)
- this also applies to manifestations that have improved over the last 4 weeks compared to the previous 4 weeks but do not meet the criteria for improvement

(1) IMPROVING

- definition of **improvement**: (a) the amount of improvement is sufficient for **consideration of reduction in therapy** and would not justify escalation in therapy

AND

- (b) improvement must be **present currently and for at least 2 weeks** out of the last 4 weeks

OR

manifestation that has **completely resolved and remained absent** over the **whole of last 1 week**

(0) NOT PRESENT

(ND) NOT DONE

- it is important to indicate if a test has not been performed (particularly laboratory investigations) so that this will be recorded as such in the database & not as normal or absent (which is the default)

☐ INDICATE (TICK) IF NOT DUE TO SLE ACTIVITY

- for descriptors that are based on measurements (in renal and haematology systems), it is important to indicate if these are not due to lupus disease activity (for consideration of scoring) as they are usually recorded routinely into a database

CHANGE IN SEVERITY CATEGORY

- there are several items in the index which have been divided into categories of mild and severe (depending on definition). It is essential to record mild and severe items appropriately if the manifestations fulfil both criteria during the last 4 weeks
- if a mild item deteriorated to the extent that it fulfilled the definition of severe category (ie changed into severe category) within the last 4 weeks:
severe item scored as new (4)
AND mild item scored as worsening (3)
- if a severe item improved (fulfilling the improvement criteria) to the extent that it no longer fulfilled the definition of severe category (ie changed into mild category) within the last 4 weeks:
severe item scored as not present (0) if criteria for severe category has not been met over last 4 weeks
or as improving (1) if criteria for severe category has been met at some point over last 4 weeks

AND

mild item scored as improving (1) if it is improving over last 4 weeks
or as the same (2) if it has remained stable over last 4 weeks

CONSTITUTIONAL

1. Pyrexia

temperature > 37.5°C documented

2. Unintentional weight loss > 5%

3. Lymphadenopathy

lymph node more than 1 cm diameter

exclude infection

4. Anorexia

MUCOCUTANEOUS

5. Severe eruption

> 18% body surface area

any lupus rash except panniculitis, bullous lesion & angio-oedema

body surface area (BSA) is estimated using the rules of nines (used to assess extent of burns) (9) as follows:

palm(excluding fingers) = 1% BSA

each lower limb = 18% BSA

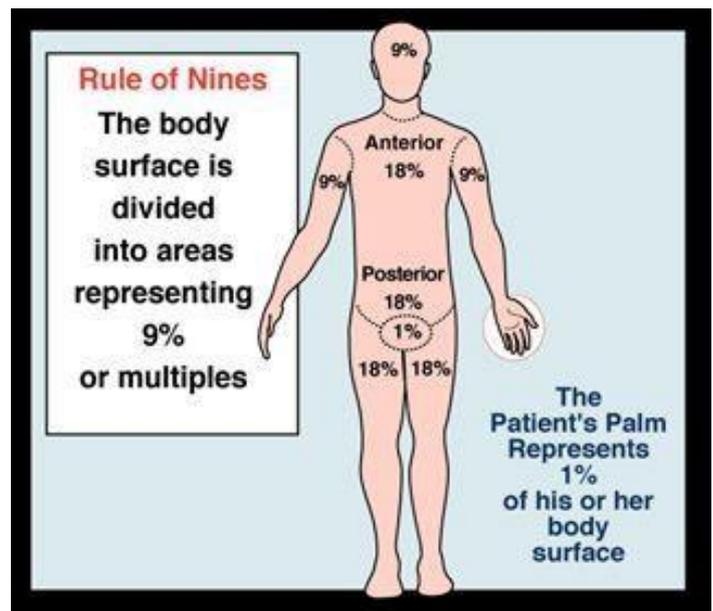
each upper limb = 9% BSA

torso (front) = 18% BSA

torso (back) = 18% BSA

head = 9% BSA

genital (male) = 1% BSA



| | |
|---|--|
| 6. Mild eruption | <p>≤ 18% body surface area</p> <p>any lupus rash except panniculitis, bullous lesion & angio-oedema</p> <p>malar rash must have been observed by a physician and has to be present continuously (persistent) for at least 1 week to be considered significant (to be recorded)</p> |
| 7. Severe angio-oedema | <p>potentially life-threatening eg: stridor</p> <p>angio-oedema is a variant form of urticaria which affects the subcutaneous, submucosal and deep dermal tissues</p> |
| 8. Mild angio-oedema | not life threatening |
| 9. Severe mucosal ulceration | <p>disabling (significantly interfering with oral intake), extensive & deep ulceration</p> <p>must have been observed by a physician</p> |
| 10. Mild mucosal ulceration | localised &/or non-disabling ulceration |
| 11. Severe panniculitis or bullous lupus | <p>any one:</p> <ul style="list-style-type: none"> > 9% body surface area facial panniculitis panniculitis that is beginning to ulcerate panniculitis that threatens integrity of subcutaneous tissue (beginning to cause surface depression) on > 9% body surface area <p>panniculitis presents as a palpable and tender subcutaneous induration/nodule</p> <p>note that established surface depression and atrophy alone is likely to be due to damage</p> |
| 12. Mild panniculitis or bullous lupus | <p>≤ 9% body surface area</p> <p>does not fulfil any criteria for severe panniculitis (for panniculitis)</p> |
| 13. Major cutaneous vasculitis/thrombosis | resulting in extensive gangrene or ulceration or skin infarction |
| 14. Digital infarct or nodular vasculitis | localised single or multiple infarct(s) over digit(s) or tender erythematous nodule(s) |

- | | |
|--|---|
| 15. Severe alopecia | clinically detectable (diffuse or patchy) hair loss with scalp inflammation (redness over scalp) |
| 16. Mild alopecia | diffuse or patchy hair loss without scalp inflammation (clinically detectable or by history) |
| 17. Peri-ungual erythema or chilblains | chilblains are localised inflammatory lesions (may ulcerate) which are precipitated by exposure to cold |
| 18. Splinter haemorrhages | |

NEUROPSYCHIATRIC

- | | |
|----------------------------|--|
| 19. Aseptic meningitis | <p>criteria (all): acute/subacute onset headache fever abnormal CSF (raised protein &/or lymphocyte predominance) but negative cultures</p> <p>preferably photophobia, neck stiffness and meningeal irritation should be present as well but are not essential for diagnosis</p> <p>exclude CNS/meningeal infection, intracranial haemorrhage</p> |
| 20. Cerebral vasculitis | <p>should be present with features of vasculitis in another system</p> <p>supportive imaging &/or biopsy findings</p> |
| 21. Demyelinating syndrome | <p>discrete white matter lesion with associated neurological deficit not recorded elsewhere</p> <p>ideally there should have been at least one previously recorded event</p> <p>supportive imaging required</p> <p>exclude multiple sclerosis</p> |
| 22. Myelopathy | <p>acute onset of rapidly evolving paraparesis or quadriparesis and/or sensory level</p> <p>exclude intramedullary and extramedullary space occupying lesion</p> |

| | |
|---|---|
| 23. Acute confusional state | <p>acute disturbance of consciousness or level of arousal with reduced ability to focus, maintain or shift attention</p> <p>includes hypo- and hyperaroused states and encompasses the spectrum from delirium to coma</p> |
| 24. Psychosis | <p>delusion or hallucinations</p> <p>does not occur exclusively during course of a delirium</p> <p>exclude drugs, substance abuse, primary psychotic disorder</p> |
| 25. Acute inflammatory demyelinating polyradiculoneuropathy | <p>criteria:</p> <ul style="list-style-type: none"> progressive polyradiculoneuropathy loss of reflexes symmetrical involvement increased CSF protein without pleocytosis supportive electrophysiology study |
| 26. Mononeuropathy (single/multiplex) | <p>supportive electrophysiology study required</p> |
| 27. Cranial neuropathy | <p>except optic neuropathy which is classified under ophthalmic system</p> |
| 28. Plexopathy | <p>disorder of brachial or lumbosacral plexus resulting in neurological deficit not corresponding to territory of single root or nerve</p> <p>supportive electrophysiology study required</p> |
| 29. Polyneuropathy | <p>acute symmetrical distal sensory and/or motor deficit</p> <p>supportive electrophysiology study required</p> |
| 30. Seizure disorder | <p>independent description of seizure by reliable witness</p> |
| 31. Status epilepticus | <p>a seizure or series of seizures lasting ≥ 30 minutes without full recovery to baseline</p> |
| 32. Cerebrovascular disease (not due to vasculitis) | <p>any one with supporting imaging:</p> <ul style="list-style-type: none"> stroke syndrome transient ischaemic attack intracranial haemorrhage |

exclude hypoglycaemia, cerebral sinus thrombosis, vascular malformation, tumour, abscess

cerebral sinus thrombosis not included as definite thrombosis not considered part of lupus activity

33. Cognitive dysfunction

significant deficits in any cognitive functions:
simple attention (ability to register & maintain information)
complex attention
memory (ability to register, recall & recognise information eg learning, recall)
visual-spatial processing (ability to analyse, synthesise & manipulate visual-spatial information)
language (ability to comprehend, repeat & produce oral/written material eg verbal fluency, naming)
reasoning/problem solving (ability to reason & abstract)
psychomotor speed
executive functions (eg planning, organising, sequencing)

in absence of disturbance of consciousness or level of arousal

sufficiently severe to interfere with daily activities

neuropsychological testing should be done or corroborating history from third party if possible

exclude substance abuse

34. Movement disorder

exclude drugs

35. Autonomic disorder

any one:
fall in blood pressure to standing > 30/15 mm Hg (systolic/diastolic)

increase in heart rate to standing \geq 30 bpm

loss of heart rate variation with respiration (max – min < 15 bpm, expiration:inspiration ratio < 1.2, Valsalva ratio < 1.4)

loss of sweating over body and limbs (anhidrosis) by sweat test

- exclude drugs and diabetes mellitus
36. Cerebellar ataxia cerebellar ataxia in isolation of other CNS features
usually subacute presentation
37. Severe lupus headache (unremitting) disabling headache unresponsive to narcotic analgesia & lasting ≥ 3 days
exclude intracranial space occupying lesion and CNS infection
38. Headache from IC hypertension exclude cerebral sinus thrombosis

MUSCULOSKELETAL

39. Severe myositis significantly elevated serum muscle enzymes with significant muscle weakness
exclude endocrine causes and drug-induced myopathy
electromyography and muscle biopsy are used for diagnostic purpose and are not required to determine level of activity
40. Mild myositis significantly elevated serum muscle enzymes with myalgia but without significant muscle weakness
asymptomatic elevated serum muscle enzymes not included
exclude endocrine causes and drug-induced myopathy
electromyography and muscle biopsy are used for diagnostic purpose and are not required to determine level of activity
41. Severe arthritis observed active synovitis ≥ 2 joints with marked loss of functional range of movements and significant impairment of activities of daily living, that has been present on several days (cumulatively) over the last 4 weeks
42. Moderate arthritis or Tendonitis tendonitis/tenosynovitis or active synovitis ≥ 1

or Tenosynovitis

joint (observed or through history) with some loss of functional range of movements, that has been present on several days over the last 4 weeks

43. Mild arthritis or Arthralgia or Myalgia

inflammatory type of pain (worse in the morning with stiffness, usually improves with activity & not brought on by activity) over joints/muscle

inflammatory arthritis which does not fulfil the above criteria for moderate or severe arthritis

CARDIORESPIRATORY

44. Mild myocarditis

inflammation of myocardium with raised cardiac enzymes &/or ECG changes and without resulting cardiac failure, arrhythmia or valvular dysfunction

45. Cardiac failure

cardiac failure due to myocarditis or non-infective inflammation of endocardium or cardiac valves (endocarditis)

cardiac failure due to myocarditis is defined by left ventricular ejection fraction $\leq 40\%$ & pulmonary oedema or peripheral oedema

cardiac failure due to acute valvular regurgitation (from endocarditis) can be associated with normal left ventricular ejection fraction

diastolic heart failure is not included

46. Arrhythmia

arrhythmia (except sinus tachycardia) due to myocarditis or non-infective inflammation of endocardium or cardiac valves (endocarditis)

confirmation by electrocardiogram required (history of palpitations alone inadequate)

47. New valvular dysfunction

new cardiac valvular dysfunction due to myocarditis or non-infective inflammation of endocardium or cardiac valves (endocarditis)

supportive imaging required

48. Pleurisy/Pericarditis

convincing history &/or physical findings that you would consider treating

| | |
|---|---|
| | in absence of cardiac tamponade or pleural effusion with dyspnoea |
| | do not score if you are unsure whether or not it is pleurisy/pericarditis |
| 49. Cardiac tamponade | supportive imaging required |
| 50. Pleural effusion with dyspnoea | supportive imaging required |
| 51. Pulmonary haemorrhage/vasculitis | inflammation of pulmonary vasculature with haemoptysis &/or dyspnoea &/or pulmonary hypertension |
| | supportive imaging &/or histological diagnosis required |
| 52. Interstitial alveolitis/pneumonitis | radiological features of alveolar infiltration not due to infection or haemorrhage required for diagnosis |
| | corrected gas transfer Kco reduced to < 70% normal or fall of > 20% if previously abnormal |
| | on-going activity would be determined by clinical findings and lung function tests, and repeated imaging may be required in those with deterioration (clinically or lung function tests) or failure to respond to therapy |
| 53. Shrinking lung syndrome | acute reduction (> 20% if previous measurement available) in lung volumes (to < 70% predicted) in the presence of normal corrected gas transfer (Kco) & dysfunctional diaphragmatic movements |
| 54. Aortitis | inflammation of aorta (with or without dissection) with supportive imaging abnormalities |
| | accompanied by > 10 mm Hg difference in BP between arms &/or claudication of extremities &/or vascular bruits |
| | repeated imaging would be required to determine on-going activity in those with clinical deterioration or failure to respond to therapy |
| 55. Coronary vasculitis | inflammation of coronary vessels with radiographic evidence of non-atheromatous narrowing, obstruction or aneurysmal changes |

GASTROINTESTINAL

| | |
|-----------------------------------|--|
| 56. Lupus peritonitis | serositis presenting as acute abdomen with rebound/guarding |
| 57. Serositis | not presenting as acute abdomen |
| 58. Lupus enteritis or colitis | vasculitis or inflammation of small or large bowel with supportive imaging &/or biopsy findings |
| 59. Malabsorption | diarrhoea with abnormal D- xylose absorption test or increased faecal fat excretion after exclusion of coeliac's disease (poor response to gluten-free diet) and gut vasculitis |
| 60. Protein-losing enteropathy | diarrhoea with hypoalbuminaemia or increased faecal excretion of iv radiolabeled albumin after exclusion of gut vasculitis and malabsorption |
| 61. Intestinal pseudo-obstruction | subacute intestinal obstruction due to intestinal hypomotility |
| 62. Lupus hepatitis | raised transaminases absence of autoantibodies specific to autoimmune hepatitis (eg: anti-smooth muscle, anti-liver cytosol 1) &/or biopsy appearance of chronic active hepatitis hepatitis typically lobular with no piecemeal necrosis exclude drug-induced and viral hepatitis |
| 63. Acute lupus cholecystitis | after exclusion of gallstones and infection |
| 64. Acute lupus pancreatitis | usually associated multisystem involvement |

OPHTHALMIC

| | |
|--------------------------|--|
| 65. Orbital inflammation | orbital inflammation with myositis &/or extra-ocular muscle swelling &/or proptosis supportive imaging required |
| 66. Severe keratitis | sight threatening includes: corneal melt peripheral ulcerative keratitis |
| 67. Mild keratitis | not sight threatening |

| | |
|--|---|
| 68. Anterior uveitis | |
| 69. Severe posterior uveitis &/or retinal vasculitis | sight-threatening &/or retinal vasculitis not due to vaso-occlusive disease |
| 70. Mild posterior uveitis &/or retinal vasculitis | not sight-threatening not due to vaso-occlusive disease |
| 71. Episcleritis | |
| 72. Severe scleritis | necrotising anterior scleritis anterior &/or posterior scleritis requiring systemic steroids/immunosuppression &/or not responding to NSAIDs |
| 73. Mild scleritis | anterior &/or posterior scleritis not requiring systemic steroids excludes necrotising anterior scleritis |
| 74. Retinal/choroidal vaso-occlusive disease | includes: retinal arterial & venous occlusion serous retinal &/or retinal pigment epithelial detachments secondary to choroidal vasculopathy |
| 75. Isolated cotton-wool spots | also known as cytoid bodies |
| 76. Optic neuritis | excludes anterior ischaemic optic neuropathy |
| 77. Anterior ischaemic optic neuropathy | visual loss with pale swollen optic disc due to occlusion of posterior ciliary arteries |

RENAL

| | |
|------------------------------------|---|
| 78. Systolic blood pressure | |
| 79. Diastolic blood pressure | |
| 80. Accelerated hypertension | blood pressure rising to > 170/110 mm Hg within 1 month with grade 3 or 4 Keith-Wagener-Barker retinal changes (flame-shaped haemorrhages or cotton-wool spots or papilloedema) |
| 81. Urine dipstick | |
| 82. Urine albumin-creatinine ratio | on freshly voided urine sample conversion: 1 mg/mg = 113 mg/mmol it is important to exclude other causes (especially infection) when proteinuria is present |
| 83. Urine protein-creatinine ratio | on freshly voided urine sample |

From Yee et al. Numerical scoring for the BILAG-2004 index Rheumatology (2010) 49 (9): 1665-1669 [8].

conversion: 1 mg/dl = 113 μmol/l

it is important to exclude other causes (especially infection) when proteinuria is present

84. 24 hour urine protein

it is important to exclude other causes (especially infection) when proteinuria is present

85. Nephrotic syndrome

criteria:

heavy proteinuria (≥ 3.5 g/day or protein-creatinine ratio ≥ 350 mg/mmol or albumin-creatinine ratio ≥ 350 mg/mmol)

hypoalbuminaemia
oedema

86. Plasma/Serum creatinine

exclude other causes for increase in creatinine (especially drugs)

87. GFR

MDRD formula (10):

$$\text{GFR} = 170 \times [\text{serum creatinine (mg/dl)}]^{-0.999} \times [\text{age}]^{-0.176} \times [\text{serum urea (mg/dl)}]^{-0.17} \times [\text{serum albumin (g/dl)}]^{0.318} \times [0.762 \text{ if female}] \times [1.180 \text{ if African ancestry}]$$

units = ml/min per 1.73 m²
normal: male = 130 ± 40
female = 120 ± 40

conversion:

serum creatinine - mg/dl = (μmol/l)/88.5
serum urea - mg/dl = (mmol/l) x 2.8
serum albumin - g/dl = (g/l)/10

creatinine clearance not recommended as it is not reliable

exclude other causes for decrease in GFR (especially drugs)

88. Active urinary sediment

pyuria (> 5 WCC/hpf or > 10 WCC/mm³ (μl))

OR

haematuria (> 5 RBC/hpf or > 10 RBC/mm³ (μl))

OR

red cell casts

OR

white cell casts

exclude other causes (especially infection, vaginal bleed, calculi)

89. Histology of active nephritis

WHO Classification (1995): (any one)

Class III – (a) or (b) subtypes

Class IV – (a), (b) or (c) subtypes

Class V – (a), (b), (c) or (d) subtypes

Vasculitis

OR

ISN/RPS Classification (2003) (11): (any one)

Class III – (A) or (A/C) subtypes

Class IV – (A) or (A/C) subtypes

Class V

Vasculitis

within last 3 months

glomerular sclerosis without inflammation not included

HAEMATOLOGICAL

90. Haemoglobin

exclude dietary deficiency & GI blood loss

91. White cell count

exclude drug-induced cause

92. Neutrophil count

exclude drug-induced cause

93. Lymphocyte count

94. Platelet count

exclude drug-induced cause

95. TTP

thrombotic thrombocytopenic purpura

clinical syndrome of micro-angiopathic haemolytic anaemia and thrombocytopenia in absence of any other identifiable cause

96. Evidence of active haemolysis

positive Coombs' test & evidence of haemolysis (raised bilirubin or raised reticulocyte count or reduced haptoglobulins or fragmented RBC or microspherocytes)

97. Isolated positive Coombs' test

ADDITIONAL ITEMS

These items are required mainly for calculation of GFR

- i. Weight
- ii. African ancestry
- iii. Serum urea
- iv. Serum albumin

BILAG-2004 INDEX SCORING

- scoring based on the principle of physician's intention to treat

| Category | Definition |
|----------|--|
| A | <p>Severe disease activity requiring any of the following treatment:</p> <ol style="list-style-type: none"> 1. systemic high dose oral glucocorticoids (equivalent to prednisolone > 20 mg/day) 2. intravenous pulse glucocorticoids (equivalent to pulse methylprednisolone \geq 500 mg) 3. systemic immunomodulators (include biologicals, immunoglobulins and plasmapheresis) 4. therapeutic high dose anticoagulation in the presence of high dose steroids or immunomodulators eg: warfarin with target INR 3 - 4 |
| B | <p>Moderate disease activity requiring any of the following treatment:</p> <ol style="list-style-type: none"> 1. systemic low dose oral glucocorticoids (equivalent to prednisolone \leq 20 mg/day) 2. intramuscular or intra-articular or soft tissue glucocorticoids injection (equivalent to methylprednisolone < 500mg) 3. topical glucocorticoids 4. topical immunomodulators 5. antimalarials or thalidomide or prasterone or acitretin 6. symptomatic therapy eg: NSAIDs for inflammatory arthritis |
| C | Mild disease |
| D | Inactive disease but previously affected |
| E | System never involved |

CONSTITUTIONAL

Category A:

Pyrexia recorded as 2 (same), 3 (worse) or 4 (new) **AND**

Any 2 or more of the following recorded as 2 (same), 3 (worse) or 4 (new):

Weight loss
Lymphadenopathy/splenomegaly
Anorexia

Category B:

Pyrexia recorded as 2 (same), 3 (worse) or 4 (new) **OR**

Any 2 or more of the following recorded as 2 (same), 3 (worse) or 4 (new):

Weight loss
Lymphadenopathy/splenomegaly
Anorexia

BUT do not fulfil criteria for Category A

Category C

Pyrexia recorded as 1 (improving) **OR**

One or more of the following recorded as > 0:

Weight loss
Lymphadenopathy/Splenomegaly
Anorexia

BUT does not fulfil criteria for category A or B

Category D

Previous involvement

Category E

No previous involvement

MUCOCUTANEOUS

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Skin eruption - severe
- Angio-oedema - severe
- Mucosal ulceration - severe
- Panniculitis/Bullous lupus - severe
- Major cutaneous vasculitis/thrombosis

Category B

Any Category A features recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Skin eruption - mild
- Panniculitis/Bullous lupus - mild
- Digital infarcts or nodular vasculitis
- Alopecia - severe

Category C

Any Category B features recorded as 1 (improving) **OR**

Any of the following recorded as > 0:

- Angio-oedema - mild
- Mucosal ulceration - mild
- Alopecia - mild
- Periungual erythema/chilblains
- Splinter haemorrhages

Category D

Previous involvement

Category E

No previous involvement

NEUROPSYCHIATRIC

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Aseptic meningitis
- Cerebral vasculitis
- Demyelinating syndrome
- Myelopathy
- Acute confusional state
- Psychosis
- Acute inflammatory demyelinating polyradiculoneuropathy
- Mononeuropathy (single/multiplex)
- Cranial neuropathy
- Plexopathy
- Polyneuropathy
- Status epilepticus
- Cerebellar ataxia

Category B

Any Category A features recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Seizure disorder
- Cerebrovascular disease (not due to vasculitis)
- Cognitive dysfunction
- Movement disorder
- Autonomic disorder
- Lupus headache - severe unremitting
- Headache due to raised intracranial hypertension

Category C

Any Category B features recorded as 1 (improving)

Category D

Previous involvement

Category E

No previous involvement

MUSCULOSKELETAL

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Severe Myositis

Severe Arthritis

Category B

Any Category A features recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

Mild Myositis

Moderate Arthritis/Tendonitis/Tenosynovitis

Category C

Any Category B features recorded as 1 (improving) **OR**

Any of the following recorded as > 0:

Mild Arthritis/Arthralgia/Myalgia

Category D

Previous involvement

Category E

No previous involvement

CARDIORESPIRATORY

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Myocarditis/Endocarditis + Cardiac failure
- Arrhythmia
- New valvular dysfunction
- Cardiac tamponade
- Pleural effusion with dyspnoea
- Pulmonary haemorrhage/vasculitis
- Interstitial alveolitis/pneumonitis
- Shrinking lung syndrome
- Aortitis
- Coronary vasculitis

Category B

Any Category A features recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Pleurisy/Pericarditis
- Myocarditis - mild

Category C

Any Category B features recorded as 1 (improving)

Category D

Previous involvement

Category E

No previous involvement

GASTROINTESTINAL

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Peritonitis
- Lupus enteritis/colitis
- Intestinal pseudo-obstruction
- Acute lupus cholecystitis
- Acute lupus pancreatitis

Category B

Any Category A feature recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Abdominal serositis and/or ascites
- Malabsorption
- Protein losing enteropathy
- Lupus hepatitis

Category C

Any Category B features recorded as 1 (improving)

Category D

Previous involvement

Category E

No previous involvement

OPHTHALMIC

Category A

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Orbital inflammation/myositis/proptosis
- Keratitis - severe
- Posterior uveitis/retinal vasculitis - severe
- Scleritis - severe
- Retinal/choroidal vaso-occlusive disease
- Optic neuritis
- Anterior ischaemic optic neuropathy

Category B

Any Category A features recorded as 1 (improving) **OR**

Any of the following recorded as 2 (same), 3 (worse) or 4 (new):

- Keratitis - mild
- Anterior uveitis
- Posterior uveitis/retinal vasculitis - mild
- Scleritis - mild

Category C

Any Category B features recorded as 1 (improving) **OR**

Any of the following recorded as > 0:

- Episcleritis
- Isolated cotton-wool spots (cytoid bodies)

Category D

Previous involvement

Category E

No previous involvement

RENAL

Category A

Two or more of the following **providing 1, 4 or 5 is included:**

1. Deteriorating proteinuria (severe) defined as

(a) urine dipstick increased by ≥ 2 levels (used only if other methods of urine protein estimation not available); **or**

(b) 24 hour urine protein > 1 g that has not decreased (improved) by $\geq 25\%$; **or**

(c) urine protein-creatinine ratio > 100 mg/mmol that has not decreased (improved) by $\geq 25\%$; **or**

(d) urine albumin-creatinine ratio > 100 mg/mmol that has not decreased (improved) by $\geq 25\%$

2. Accelerated hypertension

3. Deteriorating renal function (severe) defined as

(a) plasma creatinine > 130 $\mu\text{mol/l}$ and having risen to $> 130\%$ of previous value; **or**

(b) GFR < 80 ml/min per 1.73 m^2 and having fallen to $< 67\%$ of previous value; **or**

(c) GFR < 50 ml/min per 1.73 m^2 , and last time was > 50 ml/min per 1.73 m^2 or was not measured.

4. Active urinary sediment

5. Histological evidence of active nephritis within last 3 months

6. Nephrotic syndrome

Category B

One of the following:

1. One of the Category A feature

2. Proteinuria (that has not fulfilled Category A criteria)

(a) urine dipstick which has risen by 1 level to at least 2+ (used only if other methods of urine protein estimation not available); **or**

(b) 24 hour urine protein ≥ 0.5 g that has not decreased (improved) by $\geq 25\%$; **or**

(c) urine protein-creatinine ratio ≥ 50 mg/mmol that has not decreased (improved) by $\geq 25\%$;

or

(d) urine albumin-creatinine ratio ≥ 50 mg/mmol that has not decreased (improved) by $\geq 25\%$

3. Plasma creatinine > 130 $\mu\text{mol/l}$ and having risen to $\geq 115\%$ but $\leq 130\%$ of previous value

Category C

One of the following:

1. Mild/Stable proteinuria defined as

- (a) urine dipstick $\geq 1+$ but has not fulfilled criteria for Category A & B (used only if other methods of urine protein estimation not available); **or**
- (b) 24 hour urine protein > 0.25 g but has not fulfilled criteria for Category A & B ; **or**
- (c) urine protein-creatinine ratio > 25 mg/mmol but has not fulfilled criteria for Category A & B; **or**
- (d) urine albumin-creatinine ratio > 25 mg/mmol but has not fulfilled criteria for Category A & B

2. Rising blood pressure (providing the recorded values are $> 140/90$ mm Hg) which has not fulfilled criteria for Category A & B, defined as

- (a) systolic rise of ≥ 30 mm Hg; **and**
- (b) diastolic rise of ≥ 15 mm Hg

Category D

Previous involvement

Category E

No previous involvement

Note: although albumin-creatinine ratio and protein-creatinine ratio are different, we use the same cut-off values for this index

HAEMATOLOGICAL

Category A

TTP recorded as 2 (same), 3 (worse) or 4 (new) **OR**

Any of the following:

Evidence of haemolysis and Haemoglobin < 8 g/dl
Platelet count < 25 x 10⁹/l

Category B

TTP recorded as 1 (improving) **OR**

Any of the following:

Evidence of haemolysis and Haemoglobin 8 - 9.9 g/dl
Haemoglobin < 8 g/dl (without haemolysis)
White cell count < 1.0 x 10⁹/l
Neutrophil count < 0.5 x 10⁹/l
Platelet count 25 - 49 x 10⁹/l

Category C

Any of the following:

Evidence of haemolysis and Haemoglobin ≥ 10g/dl
Haemoglobin 8 - 10.9 g/dl (without haemolysis)
White cell count 1 - 3.9 x 10⁹/l
Neutrophil count 0.5 - 1.9 x 10⁹/l
Lymphocyte count < 1.0 x 10⁹/L
Platelet count 50 - 149 x 10⁹/l
Isolated Coombs' test positive

Category D

Previous involvement

Category E

No previous involvement

SLEDAI-2000 index

Name/ID:

Date of Birth:

Date of Assessment:

SLEDAI-2000 index data collection form

(Circle in SLEDAI Score column if descriptor is present at the time of the visit or in the preceding 10 days)

| SLEDAI SCORE | Descriptor | Definition |
|--------------|------------------------|---|
| 8 | Seizure | Recent onset, exclude metabolic, infectious or drug causes |
| 8 | Psychosis | Altered ability to function in normal activity due to severe disturbance in the perception of reality. Include hallucinations, incoherence, marked loose associations, impoverished thought content, marked illogical thinking, bizarre, disorganised, or catatonic behaviour. Exclude uraemia and drug causes |
| 8 | Organic brain syndrome | Altered mental function with impaired orientation, memory, or other intellectual function, with rapid onset and fluctuating clinical features, inability to sustain attention to environment, plus at least 2 of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor activity. Exclude metabolic, infectious or drug causes |
| 8 | Visual disturbance | Retinal changes of SLE. Include cytoid bodies, retinal hemorrhages, serous exudates or hemorrhages in the choroid, or optic neuritis. Exclude hypertension, infection, or drug causes |
| 8 | Cranial nerve disorder | New onset of sensory or motor neuropathy involving cranial nerves |
| 8 | Lupus headache | Severe, persistent headache; may be migrainous, but must be non-responsive to narcotic analgesia |
| 8 | CVA | New onset Cerebrovascular accident(s). Exclude arteriosclerosis |
| 8 | Vasculitis | Ulceration, gangrene, tender finger nodules, periungual infarction, splinter hemorrhages or biopsy or angiogram proof of vasculitis |
| 4 | Arthritis | ≥ 2 joints with pain and signs of inflammation (i.e. tenderness, swelling or effusion) |
| 4 | Myositis | Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a biopsy showing myositis |
| 4 | Urinary casts | Heme-granular or RBC casts |
| 4 | Hematuria | > 5 RBC/high power field. Exclude stone, infection or other cause |
| 4 | Proteinuria | > 0.5 gram/24 hours |
| 4 | Pyuria | > 5 WBC/high power field. Exclude infection |
| 2 | Rash | Inflammatory type rash |
| 2 | Alopecia | Abnormal, patchy or diffuse loss of hair |
| 2 | Mucosal ulcers | Oral or nasal ulcerations |
| 2 | Pleurisy | Pleuritic chest pain with pleural rub or effusion, or pleural thickening |
| 2 | Pericarditis | Pericardial pain with at least 1 of the following: rub, effusion or ECG or echocardiogram confirmation |
| 2 | Low complement | Decrease in CH50, C3 or C4 below lower limit of normal for testing laboratory |
| 2 | Increased DNA binding | Increased DNA binding above normal range for testing laboratory |
| 1 | Fever | > 38°C. Exclude infectious cause |
| 1 | Thrombocytopenia | < 100 x 10 ⁹ platelets/L, exclude drug causes |
| 1 | Leukopenia | < 3 x 10 ⁹ WBC/L, exclude drug causes |

TOTAL SCORE:

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SELENA version of SLEDAI

SELENA-SLEDAI index data collection form

(Circle in SLEDAI Score column if descriptor is present at the time of the visit or in the preceding 4 weeks)

| Item no. | SLEDAI SCORE | Descriptor | Definition |
|----------|--------------|-------------------------------|---|
| 1 | 8 | Seizure | Recent onset, exclude metabolic, infectious or drug causes |
| 2 | 8 | Psychosis | Altered ability to function in normal activity due to severe disturbance in the perception of reality. Include hallucinations, incoherence, marked loose associations, impoverished thought content, marked illogical thinking, bizarre, disorganised, or catatonic behaviour. Exclude uraemia and drug causes |
| 3 | 8 | Organic brain syndrome | Altered mental function with impaired orientation, memory, or other intellectual function, with rapid onset and fluctuating clinical features, inability to sustain attention to environment, plus at least 2 of the following: perceptual disturbance, incoherent speech, insomnia or daytime drowsiness, or increased or decreased psychomotor activity. Exclude metabolic, infectious or drug causes |
| 4 | 8 | Visual disturbance | Retinal changes of SLE. Include cytooid bodies, retinal hemorrhages, serous exudates or hemorrhages in the choroid, or optic neuritis, scleritis or episcleritis. Exclude hypertension, infection, or drug causes |
| 5 | 8 | Cranial nerve disorder | New onset of sensory or motor neuropathy involving cranial nerves |
| 6 | 8 | Lupus headache | Severe, persistent headache; may be migrainous, but must be non-responsive to narcotic analgesia |
| 7 | 8 | CVA | New onset cerebrovascular accident(s). Exclude arteriosclerosis |
| 8 | 8 | Vasculitis | Ulceration, gangrene, tender finger nodules, periungual infarction, splinter hemorrhages or biopsy or angiogram proof of vasculitis |
| 9 | 4 | Arthritis | > 2 joints with pain and signs of inflammation (i.e. tenderness with swelling or effusion) |
| 10 | 4 | Myositis | Proximal muscle aching/weakness, associated with elevated creatinine phosphokinase (CK)/aldolase, or EMG changes or a biopsy showing myositis |
| 11 | 4 | Urinary casts | Heme-granular or RBC casts |
| 12 | 4 | Hematuria | > 5 RBC/high power field. Exclude stone, infection or other cause |
| 13 | 4 | Proteinuria | New onset or recent increase of more than 0.5 gm/24 hours |
| 14 | 4 | Pyuria | > 5 WBC/high power field. Exclude infection |
| 15 | 2 | Rash | Inflammatory type rash |
| 16 | 2 | Alopecia | Abnormal, patchy or diffuse loss of hair |
| 17 | 2 | Mucosal ulcers | Oral or nasal ulcerations |
| 18 | 2 | Pleurisy | Pleuritic chest pain or pleural rub or effusion, or pleural thickening (does not require an objective component if medically convincing) |
| 19 | 2 | Pericarditis | Classic pericardial pain and/or rub, effusion or ECG or echocardiogram confirmation (does not require an objective component if medically convincing) |
| 20 | 2 | Low complement | Decrease in CH50, C3 or C4 < lower limit of nl for testing laboratory |
| 21 | 2 | Increased DNA binding | Increased DNA binding above normal range for testing laboratory |
| 22 | 1 | Fever | > 38°C. Exclude infectious cause |
| 23 | 1 | Thrombocytopenia | < 100 x 10 ⁹ platelets/L, exclude drug causes |
| 24 | 1 | Leukopenia | < 3 x 10 ⁹ WBC/L, exclude drug causes |

_____ Total SCORE

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