

1 *An Update on the Genetics, Clinical Presentation and Pathomechanisms of Human*
2 *Riboflavin Transporter Deficiency*

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12 Manuscript word count: 4114

13 Summary Word Count: 174

14 Tables: 1 Figs: 1

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16 **SUMMARY:** Riboflavin Transporter Deficiency (RTD) is a rare neurological condition that
17 encompasses the Brown-Vialetto-Van Laere and Fazio-Londe syndromes since the discovery
18 of pathogenic mutations in the *SLC52A2* and *SLC52A3* genes that encode human riboflavin
19 transporters RFVT2 and RFVT3. Patients present with a deteriorating progression of
20 peripheral and cranial neuropathy that causes muscle weakness, vision loss, deafness, sensory
21 ataxia and respiratory compromise which when left untreated can be fatal. Considerable
22 progress in the clinical and genetic diagnosis of RTDs has been made in recent years and has
23 permitted the successful lifesaving treatment of many patients with high dose riboflavin
24 supplementation.

25 In this review we first outline the importance of riboflavin and its efficient transmembrane
26 transport in human physiology. Reports on 109 patients with a genetically confirmed
27 diagnosis of RTD are then summarised in order to highlight commonly presenting clinical
28 features and possible differences between patients with pathogenic *SLC52A2* (RTD2) or
29 *SLC52A3* (RTD3) mutations. Finally, we focus attention on recent work with different
30 models of RTD that have revealed possible pathomechanisms contributing to
31 neurodegeneration in patients.

32

33 **Take Home Message:** Here we outline the genetics, clinical features, and underlying
34 pathomechanisms of human riboflavin transporter deficiencies (RTDs). Lifesaving treatment
35 with oral riboflavin should be started as soon as a RTD is suspected and continued until the
36 diagnosis has been confirmed or excluded by genetic evaluation.

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38 **COMPLIANCE WITH ETHICS GUIDELINES**

39 **Author Contributions:** Ben O’Callaghan drafted the article. Annet Bosch and Henry
40 Houlden conceived and revised the content.

41 **Guarantor:** Ben O’Callaghan serves as guarantor for the article.

42 **Corresponding Author:** Henry Houlden

43 **Conflict of Interest:** Ben O’Callaghan, Annet Bosch and Henry Houlden declare that they
44 have no conflict of interest.

45 **Funding:** Ben O’Callaghan is supported by a PhD studentship from the MRC Centre for
46 Neuromuscular Diseases.

47 **Ethics Approval:** This article does not contain any studies with human or animal subjects
48 performed by any of the authors, and does not require ethics approval.

49 **Keywords:** *SLC52A2*, *SLC52A3*, RFVT, riboflavin, RTD

50 **INTRODUCTION**

51 Riboflavin belongs to the metabolic B class of vitamins (Vitamin B2) and is the sole
52 precursor for the biologically active cofactors flavin mononucleotide (FMN) and flavin
53 adenine dinucleotide (FAD). During evolution, humans and other higher animals have lost
54 the ability to synthesise riboflavin and instead rely on dietary sources. Emphasising the
55 importance of riboflavin in human physiology and furthermore its efficient absorption and
56 homeostasis are the riboflavin transporter deficiencies (RTDs) (ORPHA 97229
57 <https://www.orpha.net/>; OMIM 211500, 211530 and 614707) caused by recessive, biallelic
58 mutations in the genes encoding human riboflavin transporters (RFVTs).

59 **Essential Role of Riboflavin in Human Physiology**

60 Following cellular absorption, riboflavin is rapidly converted into activated flavin cofactors:
61 FMN through riboflavin kinase (RFK: EC 2.7.1.26) mediated phosphorylation of riboflavin,
62 and subsequently FAD by flavin adenine dinucleotide synthetase 1 (FLAD1: EC 2.7.7.2)
63 mediated adenylation of FMN. FMN and FAD are incorporated into 90 different proteins
64 collectively termed the “flavoproteome” (Lienhart et al. 2013), the large majority of which
65 are oxidoreductases localised to the mitochondria that catalyse electron transfer during
66 various redox metabolic reactions including: oxidative decarboxylation of amino acids and
67 glucose, and β -oxidation of fatty acids. Of particular note are a collection of flavoproteins
68 that are crucial for mitochondrial oxidative phosphorylation (OXPHOS) function including:
69 electron-transferring flavoprotein (ETF) and electron-transferring flavoprotein-
70 dehydrogenase (ETFHDH: EC 1.5.5.1), which together transfer electrons from various reduced
71 flavin groups to Complex III via Coenzyme Q10; and constituent subunits of Complexes I
72 (NADH Ubiquinone Oxidoreductase Core Subunit V1, NDUFV1: EC 1.6.99.3) and II
73 (Succinate Dehydrogenase Subunit A, SDHA: EC 1.3.5.1).

74 Central to the successful incorporation of flavin cofactors into mitochondrial flavoproteins is
75 the transport of FAD from the cytosol, into the mitochondrial matrix by the mitochondrial
76 FAD transporter (MFT encoded by *SLC25A32*). Biallelic mutations in *SLC25A32* have been
77 associated with riboflavin-responsive exercise intolerance (Schiff et al. 2016) and more
78 recently a severe neuromuscular phenotype (Hellebrekers et al. 2017), highlighting the
79 subcellular importance of flavin availability within mitochondria in particular. For further
80 discussion on the mitochondrial FAD transporter, readers are referred to an accompanying
81 review in this issue that addresses disorders of riboflavin metabolism (Balasubramaniam et
82 al. 2019).

83 Other important roles of flavoproteins include: the activation of other B class vitamins, redox
84 homeostasis, transcriptional regulation through enzymatic chromatin modifications, caspase
85 independent apoptosis and cytoskeletal reorganisation (Lienhart et al. 2013; Barile et al.
86 2016).

87 Considering the importance of flavins in metabolically active cells it is unsurprising that
88 inadequate supply of riboflavin has been implicated in diseases of energy demanding tissues,
89 particularly the nervous system.

90 **Human Riboflavin Transporters**

91 In order to maintain a sufficient supply of flavins to cells throughout the body, humans and
92 other higher animals have established an effective carrier-mediated system to transport
93 riboflavin across plasma membranes. Three human RFVT homologues have been identified:
94 RFVT1-3 encoded by genes *SLC52A1-3* respectively (note RFVT2 and RFVT3 were
95 designated RFT3 and RFT2 respectively in previous nomenclature) (Yonezawa et al. 2008;
96 Yamamoto et al. 2009; Yao et al. 2010; Yonezawa and Inui 2013). RFVT1 and RFVT2
97 display 87 % amino acid sequence identity, whereas RFVT3 only exhibits 44 % and 45 %

98 amino acid sequence identity with RFVT1 and RFVT2 respectively (ClustalW:
99 <http://www.clustal.org/omega/>).

100 Transmembrane Topology

101 Some confusion surrounding the transmembrane (TM) topology of RFVTs is present in the
102 literature. Based on initial *in silico* predictions, RFVT1 and RFVT2 were predicted to have
103 10 TM domains (Yonezawa et al. 2008; Yao et al. 2010) whereas RFVT3 was predicted to
104 have 11 TM domains (Yonezawa and Inui 2013). *In silico* predictions made using other
105 membrane topology algorithms predict all three RFVTs to have 11 TM domains however
106 (Yamamoto et al. 2009; Udhayabanu et al. 2016; Colon-Moran et al. 2017), and this is
107 supported by immunostaining of hemagglutinin (HA) tagged RFVT1 constructs that indicate
108 an intracellular N-terminus and extracellular C-terminus (Mattiuzzo et al. 2007). Knowing
109 the correct RFVT topology might be important for correlating disease causing mutation sites
110 with differences in phenotypical presentations and/or responsiveness to therapeutic
111 interventions.

112 Tissue Distribution

113 mRNA expression of the three different RFVT genes in human tissues has been assessed
114 (Yao et al. 2010) and is largely in accordance with more recent gene expression data from the
115 GTEx V7 dataset (<https://gtexportal.org/>). *SLC52A1* is mainly expressed in the placenta and
116 intestine. *SLC52A2* is rather ubiquitously expressed but is particularly abundant in nervous
117 tissues. *SLC52A3* is most highly expressed in testis but also intestine and prostate. These
118 different but overlapping expression profiles might explain the vulnerability of certain tissues
119 to mutations in one or more of the *SLC52A* genes.

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121

122 **RIBOFLAVIN TRANSPORTER DEFICIENCIES (RTDs)**

123 Brown-Vialetto-Van Laere (BVVL) and Fazio-Londe (FL) are two phenotypically
124 continuous syndromes presenting with a progressive sensorimotor and cranial neuropathy.
125 Both share a core phenotype of: bulbar palsy (e.g. dysphagia, dysphonia, tongue atrophy),
126 axial and distal muscle weakness, optic atrophy, sensory ataxia and respiratory compromise
127 due to diaphragm paralysis (Bosch et al. 2011; Horvath 2012; Manole and Houlden 2015;
128 Jaeger and Bosch 2016). Sensorineural deafness is present in BVVL only. Since 2010
129 biallelic mutations in the human riboflavin transporter genes *SLC52A3* (previously C20orf54)
130 and *SLC52A2* have been demonstrated to be the cause of the BVVL and FL syndromes which
131 were renamed to Riboflavin Transporter Deficiencies (RTDs) (Green et al. 2010; Johnson et
132 al. 2010, 2012, Bosch et al. 2011, 2012; Foley et al. 2014; Manole and Houlden 2015). RTD2
133 and RTD3 refer to disorders caused by *SLC52A2* and *SLC52A3* mutations respectively
134 (*Tables S2 and S3*).

135 **Transient Riboflavin Deficiency**

136 Although pathogenic mutations in *SLC52A1* have not been described in patients with a
137 typical RTD phenotype, there have been two reports of transient riboflavin deficiency
138 occurring in the newborn children of mothers harbouring one heterozygous *SLC52A1*
139 mutation (OMIM 615026), in one case in combination with a riboflavin deficiency due to
140 deficient maternal intake (*Table S1*) (Ho et al. 2011; Mosegaard et al. 2017). In both cases the
141 children but not the mothers showed clinical symptoms of riboflavin deficiency after birth
142 that had subsided by two years of age. Whilst *SLC52A1* is expressed in both the human small
143 intestine and placenta, the transient nature of the clinical presentation suggests that these
144 cases were caused by placental haploinsufficiency, and associated impairment in the transport
145 of riboflavin from the mother to the fetus.

146

147 **Genetically Diagnosed Cases of Riboflavin Transporter Deficiency**

148 An article in this journal three years ago (Jaeger and Bosch 2016) summarised reports of 70
149 genetically confirmed RTD patients that had been published at that time (Green et al. 2010;
150 Johnson et al. 2010, 2012; Bosch et al. 2011; Anand et al. 2012; Koy et al. 2012; Dezfouli et
151 al. 2012; Haack et al. 2012; Ciccolella et al. 2012, 2013; Spagnoli et al. 2014; Foley et al.
152 2014; Bandettini Di Poggio et al. 2014; Srour et al. 2014; Cosgrove et al. 2015; Horoz et al.
153 2016; Menezes et al. 2016a; Davis et al. 2016).

154 There have since been a further 10 publications reporting on 23 newly diagnosed RTD2 cases
155 (Petrovski et al. 2015; Menezes et al. 2016b; Guissart et al. 2016; Allison et al. 2017; Manole
156 et al. 2017; Woodcock et al. 2017; Çıralı et al. 2017; Babanejad et al. 2018; Nimmo et al.
157 2018; Set et al. 2018), and 12 reporting on 27 newly diagnosed RTD3 cases (van der Kooi et
158 al. 2016; Manole et al. 2017; Thulasi et al. 2017; Bashford et al. 2017; Chaya et al. 2017;
159 Woodcock et al. 2017; Hossain et al. 2017; Kurkina et al. 2017; Khadilkar et al. 2017;
160 Nimmo et al. 2018; Camargos et al. 2018; Gowda et al. 2018). A patient harbouring a
161 heterozygous pathogenic mutation in *SLC52A3* and heterozygous *SLC52A2* variant of
162 unknown significance has been described (Allison et al. 2017), which will be considered as a
163 RTD3 case here. The possibility that both heterozygous mutations within the two different
164 riboflavin genes are synergistically disrupting the same metabolic pathway to a pathogenic
165 level cannot be excluded however. Finally, a patient with homozygous mutations in both
166 *SLC52A2* and *SLC52A3* (Udhayabanu et al. 2016) has also been described (RTD2/3). In total,
167 various degrees of information are available on 109 patients (52 RTD2, 56 RTD3 and 1
168 RTD2/3) with 71 different *SLC52A* mutations (24 *SLC52A2*, 47 *SLC52A3*) (*Table 1*).

169 ***SLC52A2* and *SLC52A3* Pathogenic Variants**

170 Pathogenic variants in *SLC52A2* and *SLC52A3* are distributed throughout all coding exons
171 (Ex2-5) and include nonsense and missense mutations affecting RFVT amino acid residues

172 constituting: transmembrane domains, intracellular loops, extracellular loops and C-terminus
173 (*Tables S2 and S3*). Single nucleotide substitutions within intron-exon boundaries have also
174 been identified in *SLC52A2* and *SLC52A3* that likely cause splicing defects (Bosch et al.
175 2011; Manole et al. 2017; Çıralı et al. 2017). Single/double nucleotide insertions/deletions
176 causing frameshift mutations have been identified in *SLC52A3* (Green et al. 2010; Bandettini
177 di Poggio et al. 2013; Manole et al. 2017), in addition to a more recently described in-frame
178 insertion of 60 nucleotides (20 amino acid peptide) (Camargos et al. 2018).

179 Using heterologous expression systems the impact of different pathogenic *SLC52A2/3*
180 mutations on RFVT2/3 function has been assessed *in vitro* (Nabokina et al. 2012; Haack et al.
181 2012; Foley et al. 2014; Subramanian et al. 2015; Petrovski et al. 2015; Udhayabanu et al.
182 2016). In most cases the disease causing mutation reduces RFVT cell surface expression
183 which when assessed appears to be due to retainment in the endoplasmic reticulum (ER),
184 indicative of protein misfolding and/or trafficking defect. In some instances riboflavin
185 transport is impaired but with an apparently normal cell surface expression. Of the 15 mutant
186 RFVTs assessed only one (*SLC52A3* Genbank NM_033409.3 c.1048T>A; RFVT3
187 p.Leu350Met) has been shown to be functionally normal (Nabokina et al. 2012). Evidence for
188 a reduction in mRNA stability has also been shown for a *SLC52A2* single nucleotide
189 substitution (Ciccolella et al. 2013). Finally, impaired riboflavin uptake has been described in
190 fibroblasts from patients harbouring compound heterozygous *SLC52A2* mutations (Ciccolella
191 et al. 2013; Manole et al. 2017).

192 **Clinical Differentiation of RTD2 and RTD3**

193 Disease Onset

194 The large majority of patients with either RTD2 or RTD3 present early in life but until now
195 only in RTD3 has a late onset (as late as the third decade) been reported (Bashford et al.
196 2017; Camargos et al. 2018). Late onset RTD (>10y) might therefore be more suggestive of a

197 *SLC52A3* mutation. Hearing loss and muscle weakness are among the most common
198 presenting symptoms at onset of both RTD2 and RTD3. Abnormal gait and/or ataxia is often
199 a presenting feature of RTD2 but rarely RTD3. By contrast RTD3 commonly presents with
200 bulbar symptoms, whereas in RTD2 these are generally observed later in the disease course.
201 Other symptoms regularly described upon RTD onset include hypotonia, facial weakness and
202 respiratory dysfunction due to diaphragmatic paralysis as well as muscle weakness.

203 Common Symptoms

204 Whilst hearing loss as a consequence of cranial nerve VIII degeneration is a presenting
205 symptom of many patients, others develop sensorineural hearing loss later in the disease
206 course, and this remains the most commonly observed clinical feature of RTD2 and RTD3.
207 Bulbar symptoms such as dysphagia and dysarthria are present in most patients and a large
208 number display feeding difficulties as a result of dysphagia that in many instances
209 necessitates a nasogastric tube or gastrostomy feeding device. Artificial respiratory devices
210 are also often required, with respiratory symptoms due to neurogenic diaphragm paralysis
211 being very common. Weakness and hypotonia of both limb and axial muscles was prevalent
212 and commonly associated with neurogenic muscular atrophy, particularly of distal muscles.
213 Facial weakness caused by cranial nerve VII (facial nerve) degeneration was common in
214 RTD3 but rarely seen in RTD2. Abnormal gait and/or ataxia remains a distinguishing feature
215 of RTD2, with RTD3 patients rarely showing signs later during the disease course. *SLC52A2*
216 mutations have recently been associated with spinocerebellar ataxia with blindness and
217 deafness type 2 (SCABD2) (Guissart et al. 2016; Babanejad et al. 2018). Finally, vision loss
218 caused by cranial nerve II (optic nerve) atrophy was observed in numerous RTD3 cases but
219 appears to be a much more prevalent feature of RTD2.

220

221

222 Neurodiagnostic Tests

223 Neurophysiological studies are suggestive of peripheral neuropathy in the large majority of
224 RTD patients tested but normal results are also observed, particularly in RTD3. Motor and
225 sensory nerve conduction studies are indicative of an axonal rather than demyelinating
226 neuropathic phenotype, with signs of anterior horn dysfunction and chronic denervation in
227 most RTD cases. Slightly slowed sensorimotor conduction velocities suggestive of
228 demyelination have been described in a minority of RTD2 cases (Guissart et al. 2016; Allison
229 et al. 2017), and a single RTD3 patient (Bandettini di Poggio et al. 2013; Bandettini Di
230 Poggio et al. 2014) however.

231 In the large majority of RTD cases brain magnetic resonance imaging (MRI) is unremarkable.
232 Abnormal MRI observations rarely described in RTD2 brain include: mild atrophy of the
233 cerebellar vermis (Guissart et al. 2016), optic nerve abnormalities (Woodcock et al. 2017; Set
234 et al. 2018) and thinning/shortening of the corpus callosum (Srouf et al. 2014; Set et al.
235 2018). Cerebellar abnormalities described in RTD3 brain MRI include: hyperintense T2-
236 weighted signals within cerebellar peduncles (Koy et al. 2012; Bandettini Di Poggio et al.
237 2014), and volume loss of peduncles and vermis over an 8 year period (Bandettini Di Poggio
238 et al. 2014). Intense T2-weighted signals have also been noted in cortical, subcortical (basal
239 ganglia and internal capsule) and brainstem (vestibular nuclei and central tegmental tract)
240 regions of some RTD3 patients (Koy et al. 2012; Spagnoli et al. 2014; Hossain et al. 2017;
241 Nimmo et al. 2018). Spinal MRI has been conducted much less frequently, but abnormal T2-
242 weighted intensities have been described in ventral nerve roots and dorsal regions of the
243 spinal cord (Koy et al. 2012; Spagnoli et al. 2014; Davis et al. 2016; Woodcock et al. 2017;
244 Khadilkar et al. 2017) in accordance with the sensorimotor phenotype of RTD.

245

246

247 Neuropathology

248 Assessment of sural nerve biopsies from RTD2 (Haack et al. 2012; Foley et al. 2014; Srour et
249 al. 2014) and RTD3 (Johnson et al. 2010; Chaya et al. 2017) patients show evidence for
250 axonal neuropathy and degeneration which preferentially affects large calibre myelinated
251 axons (Foley et al. 2014; Srour et al. 2014; Chaya et al. 2017), in accordance with the sensory
252 impairments observed in these patients.

253 Recent neuropathological observations described in the central nervous system of two RTD3
254 patients are also reflective of the RTD clinical phenotype (Manole et al. 2017). In line with
255 the bulbar symptoms that are commonly observed, nuclei and tracts of cranial nerves IX, X
256 and XII showed marked neuronal loss and gliosis. Loss of neurons was also observed in the
257 nuclei of cranial nerves III and IV in accordance with eye movement impairments observed
258 in these patients. The nuclei of cranial nerve VIII and tracts of cranial nerve II showed
259 evidence of degeneration, underscoring the clinical presentation of sensorineural deafness
260 and vision loss respectively. Gliosis and neuronal loss was also evident in midbrain (medial
261 lemniscus, central tegmental tract) brainstem (pons, medulla), cerebellum (white matter
262 structures including cerebellar peduncles, cerebellar nuclei) and spinal cord (anterior horn,
263 spinothalamic tracts, spinocerebellar tracts), fitting with MRI observations that have been
264 made in some RTD3 patients (*see above*). Of particular interest was the presence of
265 symmetrical lesions in the brainstem of both patients that showed demyelination and
266 macrophage infiltration but with relative sparing of the neurons. The authors highlighted the
267 similarities of these lesions to neuropathological observations made in mitochondrial disease
268 patients.

269 Biochemical Tests

270 An increase in plasma acylcarnitines is indicative of an impairment in the metabolism of fatty
271 acids by mitochondrial β -oxidation and is a characteristic observation of the multiple acyl-

272 CoA dehydrogenation defect (MADD) syndromes caused by mutations in ETF (encoded by
273 *ETF A* and *ETF B*) or ETFDH (encoded by *ETFDH*) flavoproteins (OMIM 231680).
274 Identification of a MADD-like acylcarnitine profile in BVVL patients without *ETF A*, *ETF B*
275 or *ETFDH* mutations led to a hypothesis of impaired riboflavin absorption and was key to the
276 initial identification of BVVL as a RTD (Bosch et al. 2011). However, nearly half of the
277 RTD cases described since show normal acylcarnitine profiles on diagnosis and thus it cannot
278 be used to exclude a RTD diagnosis.

279 Urine organic acid analysis has been reported less frequently, and in half of RTD cases
280 results are normal. Ethylmalonic aciduria suggestive of impairments in fatty-acid, methionine
281 and/or isoleucine oxidation is the most common abnormality noted (4/10 RTD2, 5/12 RTD3).
282 Flavoproteins constitute important steps in the metabolic pathways responsible for branched-
283 chain, lysine and tryptophan amino acid catabolism (Barile et al. 2016) and elevations in
284 acylglycines associated with impairments of such pathways have also been described.

285 Assessment of plasma flavin status necessitates mass spectrometry analysis and is not
286 routinely done in the clinical setting. In the small number of patients assessed, plasma flavin
287 levels are generally within the normal range but low levels have been reported in both RTD2
288 (Srouf et al. 2014) and RTD3 (Bosch et al. 2011). Following high dose riboflavin treatment,
289 increases in plasma flavin levels are observed in both RTD2 and RTD3 cases (Bosch et al.
290 2011; Haack et al. 2012; Foley et al. 2014), highlighting the partial redundancy of RFVT
291 homologues in intestinal absorption. Nevertheless, with many patients presenting with normal
292 flavins at diagnosis, plasma flavin status cannot be used as a tool to exclude a RTD diagnosis.

293 Measurements of the erythrocyte glutathione reductase activity coefficient (EGRAC) are
294 representative of flavin status and more routinely done in the clinic. An abnormal EGRAC
295 measurement without acylcarnitine abnormalities has been reported in a single RTD3 case,
296 which normalised following riboflavin supplementation (Chaya et al. 2017).

297 Genetic Diagnostic Strategy

298 Whilst there does appear to be differences in the commonest clinical signs linked with RTD2
299 or RTD3, there is no observation that can definitively distinguish between the two. It is
300 therefore recommended that genetic analysis of *SLC52A2* and *SLC52A3* is performed
301 simultaneously rather than sequentially in suspected RTD cases (Manole and Houlden 2015).
302 Even though mutations in *SLC52A1* are yet to be associated with a typical RTD phenotype, it
303 remains a viable candidate that should also be considered. Whole or focused exome analysis
304 using next generation sequencing (NGS) technology might then be performed, with a filtering
305 strategy targeting genes associated with: similar clinical phenotypes (e.g. amyotrophic lateral
306 sclerosis, OMIM 105400; Joubert syndrome, OMIM 213300; Nathalie syndrome, OMIM
307 255990; Madras motor neuron disease, ORPHA 137867; MADD, OMIM 231680), riboflavin
308 metabolism, the flavoproteome and/or mitochondrial metabolism.

309 High Dose Riboflavin Therapy

310 Identification of causative *SLC52A* mutations in these debilitating disorders has not only
311 advanced their genetic diagnoses but also highlighted high dose oral riboflavin
312 supplementation as an effective therapeutic intervention. Excess riboflavin is excreted in the
313 urine and toxicity has not been reported, making riboflavin therapy a safe intervention. Over
314 70 % of patients demonstrate improvements in muscle strength, motor abilities, respiratory
315 function and/or cranial nerve deficits, with some patients no longer requiring ventilatory
316 support. No deaths have been reported in riboflavin treated patients, whilst over half of
317 untreated patients reported have died (Jaeger and Bosch 2016).

318 Effective doses which have been used vary between 10-80 mg/kg/day, whilst doses below 10
319 mg/kg/day are reported to be ineffective (personal communications). Doses as high as 80
320 mg/kg body weight per day (Chaya et al. 2017; Forman et al. 2018) have been tolerated with

321 minimal side effects, although gastrointestinal side effects are rarely noted (Bosch et al. 2011;
322 Foley et al. 2014; Woodcock et al. 2017; Nimmo et al. 2018).

323 Responses to high dose riboflavin are similarly observed in the majority of RTD2 and RTD3
324 cases (i.e. genotype is not predictive of treatment response). Clinical improvement following
325 riboflavin treatment is observed for the majority of RTD patients (19/30 RTD2, 20/23 RTD3)
326 with the remaining patients showing stabilisation of the current disease state (10/30 RTD2,
327 1/23). In only two RTD3 patients has no beneficial response to riboflavin supplementation
328 been reported. In one of these cases treatment was not started until 29 years after disease
329 onset (Davis et al. 2016), at which point irreversible neurodegenerative changes will have
330 occurred. In the second non-responsive case, treatment was discontinued after 1 week (Koy et
331 al. 2012) which might have preceded a latent response, as clinical improvement is frequently
332 not observed for months following the beginning of treatment. For example patient 2 reported
333 by (Nimmo et al. 2018) was started on 80 mg/kg/day riboflavin at 8 months of age but his
334 ventilator dependency had not improved by 10 months of age and for this reason a
335 tracheostomy was performed. However, with continued riboflavin treatment clinical
336 improvement was observed, and by the age of 14 months he was able to maintain
337 spontaneous respiration.

338 Generally the most positive responses are reported in patients that receive riboflavin
339 supplementation shortly after disease onset (Foley et al. 2014). Of note, a newly born sibling
340 of an RTD3 patient harbouring the same pathogenic mutations has been administered
341 riboflavin since birth and remains asymptomatic after 1 year (Horoz et al. 2016), whilst
342 patient 2 from the first report of RTD3 who was symptomatic and treated from 3 months of
343 age (Bosch et al. 2011) is now still asymptomatic at 8 years of age.

344 For these reasons it is recommended that riboflavin is administered immediately upon
345 suspected RTD in order to prevent irreversible neurological changes, and continued until an

346 alternate unrelated cause of disease has been identified. Esterified derivatives of riboflavin
347 are less reliant on RFVTs for cellular absorption and might therefore represent a strategy for
348 future RTD therapeutics with improved bioavailability (Manole et al. 2017).

349

350 **RECENT INSIGHTS INTO RTD PATHOMECHANISMS**

351 Whilst there has been great advancement in RTD diagnosis and treatment, much less progress
352 has been made in determining the pathomechanisms that lead to cranial and peripheral nerve
353 degeneration. Flavins are important to the function of cells throughout the whole body, yet
354 neurons appear to be especially vulnerable to riboflavin depletion. Recent work has started to
355 unravel possible downstream consequences of RFVT dysfunction that might lead to
356 neurodegeneration (*Figure 1*).

357 In a study by (Rizzo et al. 2017), human induced pluripotent stem cell (hiPSC) lines were
358 established from a RTD2 and RTD3 patient and differentiated into motor neurons. RTD
359 motor neurons displayed an increase in neurofilament heavy chain (NFH) expression and its
360 aggregation in inclusions, something previously characterised as an early event leading to
361 motor neuron degeneration in amyotrophic lateral sclerosis (ALS) (Chen et al. 2014). An
362 associated reduction in axonal length was also observed, however in a more recent study by
363 (Manole et al. 2017) no such cytoskeletal abnormalities were described in the motor axons of
364 *Drosophila* with knockdown of the *Drosophila* homologue of *SLC52A* (*drift*).

365 The phenotypic overlap of RTD with primary mitochondrial diseases and important role of
366 flavins in mitochondrial function, might point towards mitochondrial dysfunction as an
367 important pathomechanism contributing to neurodegeneration in RTD. In accordance,
368 mitochondria within neurons of *drift* knockdown *Drosophila* are structurally abnormal, show
369 reduced activity of OXPHOS complexes I and II and more depolarised mitochondrial
370 membrane potential (Manole et al. 2017). Such abnormalities are also seen in RTD2

371 fibroblasts (Manole et al. 2017) and RTD muscle biopsies (Foley et al. 2014; Chaya et al.
372 2017; Nimmo et al. 2018). OXPHOS activity is normal in hPSC-derived RTD motor
373 neurons, but impairments in mitochondrial fusion and autophagy (mitophagy) were seen
374 (Rizzo et al. 2017), both of which are important for maintaining a healthy mitochondrial
375 network in post mitotic cells.

376 Neurons are among the most energy demanding cells of the body making them particularly
377 sensitive to impairments in cellular metabolic processes. Increases in the release of
378 mitochondrial derived reactive oxygen species (ROS) have also been implicated as
379 pathomechanisms contributing to neuronal death. Mitochondrial dysfunction and concurrent
380 impairments in their clearance might therefore be contributing to the specific vulnerability of
381 neurons in RTD patients, and represent an additional pathomechanism that is shared with
382 many other neurodegenerative conditions including primary mitochondrial diseases and ALS
383 (Golpich et al. 2017).

384

385 **CONCLUSION**

386 The RTDs are an excellent example of how the genetic diagnosis of an inborn error of
387 metabolism can translate an effective rational based therapy back in to the clinic. Although
388 clinical improvements upon riboflavin supplementation are observed in many patients, some
389 cases only show a stabilisation of the current disease state indicating quick intervention with
390 riboflavin supplementation is important to avoid irreversible damage from occurring.
391 Therefore, start of oral riboflavin supplementation upon suspicion of RTD diagnosis without
392 awaiting test results is of utmost importance and lifesaving. Positive clinical responses to
393 riboflavin supplementation might occur with some latency and for this reason riboflavin
394 therapy should be continued in all suspected or genetically diagnosed RTD cases, even if no
395 apparent clinical improvement has initially occurred. In the foreseeable future newborn

396 screening of *SLC52A1-3* might ensure riboflavin therapy is administered prior to the
397 presentation of symptoms. Whilst biochemical screening parameters might in some instances
398 be suggestive of RTD, diagnosis can only be made by genetic analysis. Genetic analysis of
399 *SLC52A1-3* should therefore be the basis for such newborn screening tests. Understanding the
400 pathomechanisms contributing to irreversible neuronal damage caused by riboflavin
401 depletion might reveal additional targets for novel therapeutic intervention in patients which
402 receive a delayed diagnosis.

403

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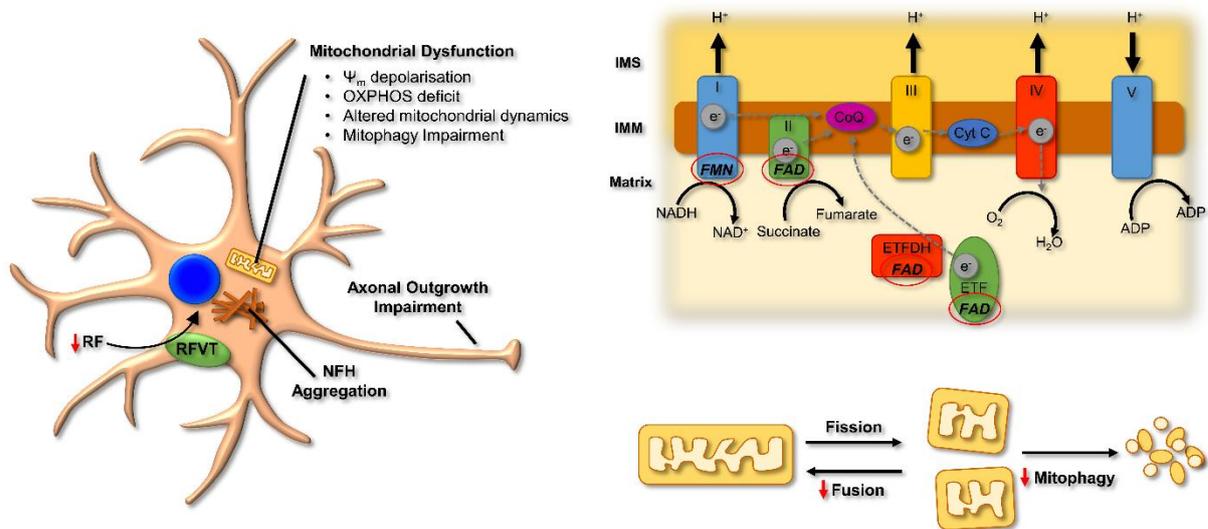
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611 **Table 1: Clinical Features of RTD2 and RTD3 patients described in published**
612 **literature. *Numbers in brackets represent number of patients showing symptom at**
613 **disease onset (see text for details).**

| | RTD2 (n=52) | RTD3 (n=56) | RTD2/3 (n=1) | Total RTD (n=109) |
|------------------------------------|--|--|--|--|
| Age of Onset | Mean 2.9yr SD 2.3yr Range 0-10yr | Mean 7.8yr SD 8.6yr Range 0.2-35yr | 9yr | Mean 5.3yr SD 6.6yr Range 0-35yr |
| Gender | Males 22/52 42 % Females 30/52 58 % | Males 24/56 43 % Females 30/56 54 % | Males 1/1 100 % Females 0/1 0 % | Males 47/109 43 % Females 60/109 55 % |
| Bulbar Symptoms | 26/52 (*1) 50 % | 34/56 (*15) 61 % | 1/1 (*0) 100 % | 61/109 (*16) 56% |
| Optic Atrophy | 37/52 (*7) 71 % | 13/56 (*2) 23 % | 0/1 (*0) 0 % | 50/109 (*9) 46 % |
| Hearing Loss | 47/52 (*21) 90 % | 47/56 (*20) 84 % | 1/1 (*0) 100 % | 95/109 (*41) 87 % |
| Muscle Weakness /Hypotonia | 43/52 (*8) 83 % | 47/56 (*12) 84 % | 1/1 (*0) 100 % | 91/109 (*20) 83 % |
| Facial Weakness | 3/52 (*0) 6 % | 26/56 (*7) 46 % | 1/1 (*0) 100 % | 30/109 (*7) 28 % |
| Gait Abnormality / Ataxia | 32/52 (*22) 62 % | 7/56 (*1) 13 % | 0/1 (*0) 0 % | 39/109 (*23) 36 % |
| Nystagmus | 12/52 (*6) 23 % | 4/56 (*2) 7 % | 1/1 (*0) 100 % | 17/109 (*8) 16 % |
| Feeding Difficulties | 13/52 (*0) 25 % | 28/56 (*7) 50 % | 0/1 (*0) 0 % | 41/109 (*7) 38 % |
| Respiratory Symptoms | 26/52 (*5) 50 % | 41/56 (*12) 73 % | 1/1 (*1) 100 % | 68/109 (*17) 62 % |
| Peripheral Neuropathy (EMG/NCS) | 41/42 98 % | 29/37 78 % | Not Performed | 70/79 89 % |
| Abnormal Cranial MRI | 5/29 17 % | 5/21 24 % | 0/1 0 % | 10/51 20 % |
| Abnormal Spinal MRI | 1/4 25 % | 5/8 63 % | Not Performed | 6/12 50 % |
| Plasma Acylcarnitine Abnormalities | 20/30 67 % | 9/16 56 % | Not Performed | 29/46 63 % |
| Plasma Flavin Abnormalities | 2/17 12 % | 3/7 43 % | 1/1 100 % | 6/25 24 % |
| Urine Organic Acid Abnormalities | 4/10 40 % | 8/13 62 % | Not Performed | 12/23 52 % |

| | | | | |
|--|---------------|---------------|--------------|----------------|
| Patients Administered Riboflavin Therapy | 30/52 58 % | 23/56 41 % | 1/1 100 % | 54/109 50 % |
|--|---------------|---------------|--------------|----------------|

614 *EMG: Electromyography, NCS: Nerve Conduction Study*



615
616 **Figure 1: Cellular Pathomechanisms of Riboflavin Transporter Deficiency**

617 RFVT dysfunction alters a number of cellular processes which have been implicated in the
618 specific vulnerability of neural cells in other neurodegenerative conditions. Of particular note
619 are deficits in mitochondrial oxidative phosphorylation caused by a reduced availability of
620 necessary flavin cofactors (red circles), and impairments in the dynamic pathways
621 responsible for maintaining a healthy mitochondrial network. RF, riboflavin; RFVT,
622 riboflavin transporter; NFH, neurofilament heavy chain; Ψ_m , mitochondrial membrane
623 potential; IMS, intermembrane space; IMM, inner mitochondrial membrane; CoQ, coenzyme
624 Q10; Cyt C, cytochrome C; ETF, electron transferring flavoprotein; ETFDH, electron
625 transferring flavoprotein dehydrogenase.

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Table S1: Pathogenic SLC52A1 Variants (Genbank NM_071986.3)

| DNA Nucleotide Changed | Mutation Type | Intron/Exon | Mutation Site | Publications | Functional Studies / Other Details |
|--------------------------------|-------------------------------|--------------------|----------------------|------------------------|---|
| Microdeletion spanning Ex2-Ex3 | | | | Ho et al., 2011 | Heterozygous deletion identified in the mother of a child that presented with riboflavin deficiency as a new-born. |
| c.1134+11G>A | Splicing loss >> Ex4 skipping | | | Mosegaard et al., 2017 | Heterozygous mutation identified in a mother and new-born child with transient riboflavin deficiency. Mutation introduces binding site for splice inhibiting hnRNPA1 and skipping of Ex4. |

Table S2: Pathogenic SLC52A2 Variants (Genbank NM_024531.4)

| DNA Nucleotide Changed | Mutation Type | Intron/Exon | Mutation Site | Publications | Functional Studies / Other Details |
|-------------------------------|----------------------|--------------------|----------------------|-------------------------|---|
| c.-110-1G>A | 5' Ex2 Splice Site | In1-2 | | Çıralı et al. 2017 | Not Performed |
| c.92G>C | p.Trp31Ser | Ex2 | TM1 | Foley et al. 2014 | Riboflavin uptake impaired but cell surface expression maintained. |
| c.155C>T | p.Ser52Phe | Ex3 | TM2 | Ciccolella et al., 2013 | Reduced SLC52A2 mRNA expression shown in heterozygous carriers fibroblasts. |
| c.231G>A | p.Glu77Lys | Ex3 | Int. TM2-TM3 | Manole et al., 2017 | Not Performed |

| | | | | | |
|----------|-------------|-----|--------------|---|---|
| c.297G>C | p.Trp99Cys | Ex3 | TM3 | Çıralı et al. 2017 | Not Performed |
| c.368T>C | p.Leu123Pro | Ex3 | TM4 | Haak et al., 2012; Subramanian et al., 2015 | Impaired riboflavin uptake and reduction in total protein. Reduction in cell surface expression with majority retained intracellularly colocalised with ER markers. |
| c.383C>T | p.Ser128Leu | Ex3 | TM4 | Manole et al., 2017 | Not Performed |
| c.401C>T | p.Pro134Leu | Ex3 | TM4 | Guissart et al., 2016 | |
| c.421C>A | p.Pro141Thr | Ex3 | Int. TM4-TM5 | Udhayabanu et al., 2016 | Patient homozygous for SLC52A2 variant but also harboured homozygous SLC52A3 c.62A>G (p.N21S). Riboflavin uptake impaired but cell surface expression was maintained. |
| c.505C>T | p.Arg169Cys | Ex3 | TM5 | Allison et. al., 2017; Woodcock et al., 2017 | Not Performed |
| c.700C>T | p.Gln234* | Ex3 | Int. TM6-TM7 | Foley et al. 2014 | Impaired riboflavin uptake and absent cell surface expression. |
| c.808C>T | p.Gln270* | Ex3 | Int. TM6-TM7 | Petrovski et al., 2015 | Absent cell surface expression. |
| c.851C>A | p.Ala284Asp | Ex3 | TM7 | Foley et al. 2014 | Impaired riboflavin uptake and absent cell surface expression. |
| c.865C>T | p.Ala288Val | Ex3 | TM7 | Manole et al., 2017 | |
| c.914A>G | p.Tyr305Cys | Ex3 | Ext. TM7-TM8 | Foley et al. 2014 | Impaired riboflavin uptake and almost absent cell surface expression. |
| c.916G>A | p.Gly306Arg | Ex3 | Ext. TM7- | Johnson et al., 2012; Foley | Not Performed |

| | | | | | |
|-----------|-------------|-----|---------------|--|--|
| | | | TM8 | et al. 2014; Srouf et al., 2014; Menezes et al., 2016a; Menezes et al., 2016b | |
| c.917G>A | p.Gly306Glu | Ex3 | Ext. TM7-TM8 | Nimmo et al., 2018 | Not Performed |
| c.935T>C | p.Leu312Pro | Ex3 | TM8 | Foley et al. 2014; Allison et al., 2017; Manole et al., 2017 | Impaired riboflavin uptake and reduced cell surface expression. |
| c.973T>G | p.Cys325Gly | Ex3 | TM8 | Babanejad et al., 2018 | Not Performed |
| c.1016T>C | p.Leu339Pro | Ex4 | TM9 | Haak et al., 2012; Foley et al., 2014; Subramanian et al., 2015; Menezes et al., 2016a; Menezes et al., 2016b; Manole et al., 2017 | Impaired riboflavin uptake and absent cell surface expression. Retained intracellularly colocalised with ER markers. |
| c.1088C>T | p.Pro363Leu | Ex4 | Ext. TM9-TM10 | Manole et al., 2017 | Not Performed |
| c.1255G>A | p.Gly419Ser | Ex5 | TM11 | Ciccolella et al., 2013 | Not Performed |
| c.1258G>A | p.Ala429Thr | Ex5 | Ext. C-term | Foley et al., 2014 | Not Performed |
| c.1327T>C | p.Cys443Arg | Ex5 | Ext. C-term | Manole et al., 2017; Set et al., 2018 | Not Performed |

Table S3: Pathogenic SLC52A3 Variants (Genbank NM_033409.3)

| DNA Nucleotide Changed | Mutation Type | Intron/Exon | Mutation Site | Publications | Functional Studies / Other Details |
|-------------------------------|----------------------|--------------------|----------------------|--|--|
| c.44G>T | p.Gly15Val | Ex2 | TM1 | Horoz et al., 2015 | Not Performed |
| c.49T>C | p.Trp17Arg | Ex2 | TM1 | Bosch et al., 2011; Nabokina et al., 2012 | Riboflavin uptake impaired but cell surface expression unaffected. |
| c.62A>G | p.Asn21Ser | Ex2 | TM1 | Dezfouli et al., 2012; Udhayabanu et al., 2016; Gowda et al., 2018 | Riboflavin uptake impaired and protein retained intracellularly colocalised with ER markers. |
| c.71G>A | p.Trp24* | Ex2 | TM1 | Hossain et al., 2017 | Not Performed |
| c.82C>A | p.Pro28Thr | Ex2 | Ext. TM1-TM2 | Johnson et al., 2010; Nabokina et al., 2012 | Riboflavin uptake impaired and |

| | | | | | |
|----------|------------|-----|--------------|--|--|
| | | | | | protein retained intracellularly . |
| c.106G>A | p.Glu36Lys | Ex2 | Ext. TM1-TM2 | Green et al., 2010; Nabokina et al., 2012; Manole et al., 2017; Allison et al., 2017 | Riboflavin uptake impaired and protein retained intracellularly colocalised with ER markers. |
| c.160G>A | p.Gly54Arg | Ex2 | TM2 | Johnson et al., 2012 | Not Performed |
| c.173T>A | p.Val58Asp | Ex2 | TM2 | Ciccolella et al., 2012 | Not Performed |
| c.193C>T | p.Arg65Trp | Ex2 | Int. TM2-TM3 | Davis et al., 2016 | Not Performed |
| c.211G>A | p.Glu71Lys | Ex2 | Int. TM2-TM3 | Johnson et al., 2010; Nabokina et al., 2012 | Riboflavin uptake impaired and protein retained intracellularly . |

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|----------|-------------|-----|--------------|--|---|
| c.211G>T | p.Glu71* | Ex2 | Int. TM2-TM3 | Green et al., 2010 | Not Performed |
| c.224T>C | p.Ile75Thr | Ex2 | TM3 | Johnson et al., 2012 | Not Performed |
| c.354G>A | p.Val118Met | Ex2 | TM4 | Manole et al., 2017 | Not Performed |
| c.374C>A | p.Thr125Asn | Ex2 | TM4 | Chaya et al., 2017; Manole et al., 2017 | Not Performed |
| c.383C>T | p.Pro128Leu | Ex2 | TM4 | Cosgrove et al., 2015 | Not Performed |
| c.394C>T | p.Arg132Trp | Ex2 | Int. TM4-TM5 | Green et al., 2010; Nabokina et al., 2012 | Riboflavin uptake impaired and protein retained intracellularly |
| c.403A>G | p.Thr135Ala | Ex2 | TM5 | Manole et al., 2017 | Not Performed |
| c.497G>C | p.Cys166Ser | Ex2 | Ext. TM5-TM6 | Kurkina et al., 2017 | Not Performed |
| c.634C>T | p.Arg212Cys | Ex3 | Ext. TM5-TM6 | Manole et al., 2017 | Not Performed |
| c.639C>G | p.Tyr213* | Ex3 | Ext. TM5- | Green et al., 2010; | Not |

| | | | | | |
|-----------|--------------------|-----|--------------|--|--|
| | | | TM6 | | Performed |
| c.659C>A | p.Pro220His | Ex3 | TM6 | Dezfouli et al., 2012 | Not Performed |
| c.670T>C | p.Phe224Leu | Ex3 | TM6 | Green et al., 2010 | Not Performed |
| c.935C>T | p.Ala312Val | Ex3 | TM7 | Dezfouli et al., 2012; Khadilkar et al., 2017 | Not Performed |
| c.955C>T | p.Pro319Ser | Ex3 | Ext. TM7-TM8 | Ciccolella et al., 2012 | Not Performed |
| c.989G>T | p.Gly330Val | Ex3 | Ext. TM7-TM8 | Koy et al., 2012 | Not Performed |
| c.1048T>A | p.Leu350Met | Ex3 | TM8 | Green et al., 2010; Nabokina et al., 2012 | Riboflavin uptake unaffected. |
| c.1074G>A | 5' Ex4 Splice Site | Ex4 | | Manole et al., 2017 | Not Performed |
| c.1081C>G | p.L361V | Ex4 | Int. TM8-TM9 | Bandettini Di Poggio et al., 2013; Bandettini Di Poggio et al., 2014 | Present on same allele as c.1127A>G (p.Tyr376Cys) variant. |
| c.1124G>A | p.Gly375Asp | Ex4 | TM9 | Dezfouli et al., 2012 | Not Performed |

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|--|---|-------|---------------|--|--|
| c.1127A>G | p.Tyr376Cys | Ex4 | TM9 | Bandettini Di Poggio et al., 2013; Bandettini Di Poggio et al., 2014 | Present on same allele as c.1081C>G (p.L361V) variant. |
| c.1128C>G | p.Tyr376* | Ex4 | Int. TM6-TM7 | Van der Kooi et al., 2016 | Not Performed |
| c.1128-1129_insT | p.Tyr376Leufs*129 | Ex4 | Int. TM6-TM7 | Manole et al., 2017 | Not Performed |
| c.1156T>C | p.Cys386Arg | Ex4 | Ext. TM9-TM10 | Thulasi et al., 2017 | Not Performed |
| c.1198-2A>C | 5' Ex5 Splice Site | In4-5 | | Bosch et al., 2011 | Not Performed |
| c.1203insT | p.Ser402Phefs*103 | Ex5 | TM10 | Bandettini Di Poggio et al., 2013; Bandettini Di Poggio et al., 2014 | Not Performed |
| c.1222G>C | p.Gly408Arg | Ex5 | TM10 | Kurkina et al., 2017 | Not Performed |
| c.1223G>A | p.Gly408Asp | Ex5 | TM10 | Nimmo et al., 2018 | Not Performed |
| c.1232_1233insCTAC GCTTCCCTCCCGGCC CCGCAGGTGGCCTCGTG | p.Ser411_Tyr412insTyrAla SerLeuProAlaProGlnValAla SerTrpValLeuPheSerGlyCy | Ex5 | TM10 | Camargos et al., 2018 | Not Performed |

| | | | | | |
|------------------------------|------------------|-----|-------------|---|------------------|
| GGTGCTTTTCAGCGGCTGCCTCA G | s LeuSer | | | | |
| c.1237T>C | p.Val413Ala | Ex5 | TM10 | Green et al., 2010; Bashford et al., 2017; Manole et al., 2017 | Not Performed |
| c.1238T>C | p.Val413Ala | Ex5 | TM10 | Ciccolella et al., 2012; Davis et al., 2016 | Not Performed |
| c.1292G>A | p.Trp431* | Ex5 | TM11 | Cosgrove et al., 2015 | Not Performed |
| c.1294G>A | p.Trp431* | Ex5 | TM11 | Manole et al., 2017 | Not Performed |
| c.1296C>A | p.Cys432* | Ex5 | TM11 | Ciccolella et al., 2012 | Not Performed |
| c.1316G>A | p.Gly439Asp | Ex5 | TM11 | Woodcock et al., 2017 | Not Performed |
| c.1325_1326delTG | p.Leu442Argfs*35 | Ex5 | TM11 | Green et al., 2010 | Not Performed |
| c.1371C>G | p.Phe457Leu | Ex5 | Ext. C-term | Green et al., 2010 | Not Performed |
| c.1381G>T | p.Asp461Tyr | Ex5 | Ext. C-term | Bashford et al., 2017 | Not Performed |

