

**Table 1: Summary of trials analysing the impact of QRS duration in patients with DCM with different EF; as well as the role of CRT in these cohorts** (Abbreviations: **ACM**: All-Cause Mortality; **AS**: Aortic Stenosis; **CAD**: Coronary Artery Disease; **CI**: Confidence Interval; **CRT**: Cardiac Resynchronization Therapy; **CRTD**: Cardiac Resynchronization Therapy – Defibrillator; **CRTP**: Cardiac Resynchronization Therapy – Pacemaker; **DCM**: Dilated Cardiomyopathy; **EF**: Ejection Fraction; **FU**: Follow-Up; **HF**: Heart Failure; **HR**: Hazard Ratio; **ICD**: Implantable Cardioverter-Defibrillator; **ICM**: Ischaemic Cardiomyopathy; **IVCD**: Intraventricular conduction delay; **LBBB**: Left Bundle Branch Block; **LVEDV**: Left ventricular end-diastolic volume; **LVEDVi**: Indexed LV End-Diastolic Volume; **LVEF**: Left Ventricular Ejection Fraction; **LVESVi**: Indexed LV End-Systolic Volume; **LVSD**: LV Systolic Dysfunction; **MI**: Myocardial Infarction; **MR**: Mitral Regurgitation; **NYHA**: New York Heart Association; **OMT**: Optimal Medical Therapy; **QoL**: Quality of Life; **RBBB**: Right Bundle Branch Block; **VT**: Ventricular Tachycardia; **VF**: Ventricular Fibrillation; **6MWT**: Six-Minute Walk Test.

Trial	Inclusion Criteria	Patient Numbers	Outcome
<b>Impact of LBBB in Patients with Intermediate LVSD</b>			
<p><b>Outcomes with LBBB and mildly to moderately reduced LV function [8]</b></p>	<p>Patients with LBBB and <b>LVEF 36-50%</b>.</p> <p>Exclusion: EF <math>\leq</math>35; or &gt; 50%; RBBB, IVCD</p>	<p>1436 patients. Mean LVEF 44 +/- 4%.</p> <p>Control group matched for age, sex and baseline EF but without IVCD.</p> <p>35% of patients with LBBB had CAD; 7% previous MI and 5.4% had moderate+ AS</p>	<p>LBBB is associated with increased mortality - HR 1.17 (1-1.36 CI); p=0.04</p> <p>LBBB associated with a higher incidence of LVEF reduction to <math>\leq</math>35% - HR 1.34 (1.09-1.63 CI)</p> <p>LBBB patients had similar rates of HF admission (11% vs 13% control; p=0.35) and similar incidence of VT/VF (15% vs 12% control; p=0.1) compared to non-LBBB controls.</p>
<b>CRT in Patients with Intermediate LVSD</b>			
<p><b>The Influence of LVEF on the effectiveness of CRT therapy: MADIT-CRT [e<sup>13</sup>, e<sup>17</sup>]</b></p>	<p>MADIT criteria with EF&lt;30%,</p> <p>Studied a subpopulation who had an <b>EF&gt;30%</b> adjudicated by core lab compared to initially thought EF &lt;30% by participating centre</p>	<p>1809 patients with CRT (696 patients with EF&gt;30% by corelab – 450 of these with LBBB)</p> <p>Response to CRT was an improvement in LVEDV</p> <p>Primary endpoint was Heart failure or death. Secondary endpoint was ACM.</p>	<p>Patients with EF&gt;30% had a 22.3% mean reduction in LVEDV with CRTD at 1 year.</p> <p>Reduced risk of HF hospitalization / death in EF&gt;30% with CRT - HR 0.56 (CI .39-0.82; p=0.003).</p>
<p><b>CRT in patients with mildly impaired LV function [e<sup>18</sup>]</b></p>	<p>NYHA 3-4; QRS <math>\geq</math>120ms; TTE LVEF <math>\leq</math>35% on pre-implant TTE.</p>	<p>157 Patients with CRT</p> <p>Group A (n=130): CMR initial LVEF <math>\leq</math>35% vs Group B</p>	<p>CRT resulted in an Improvement in NYHA class; QoL scores; 6MWT distance in both groups.</p>

	Sub-study with EF reclassification based on CMRI into those with <b>EF &gt;35%</b> .	(n=27): CMR initial LVEF reclassified to >35%	Group A had a higher risk of ACM, hospitalization or major cardiovascular events.
<b>CRT may benefit patients with LVEF&gt;35%: a PROSPECT trial substudy. [e<sup>12</sup>]</b>	The Prospect trial was a prospective, multicentred study recruiting patients with LVEF ≤35%; QRS ≥130ms; NYHA 3-4 on OMT  This substudy assessed patients in whom corelab re-classified the initial <b>EF to &gt;35%</b> versus EF <35% with CRT implantation.	361 Patients in the substudy – 86 (24%) had LVEF reclassified to >35% by corelab.	In patients with LVEF>35%, 63% improved in clinical composite score and 51% improved in LVESV.  In patients with EF >35% and NYHA 3-4, QRS >130ms – CRT appears to provide clinical and structural benefits.
<b>Long-term impact of CRT in mild heart failure: 5-year results from the REsynchronization reVERses Remodeling in Systolic left vEntricular dysfunction (REVERSE) study. [e<sup>15</sup>, e<sup>19</sup>, e<sup>20</sup>]</b>	Randomized, double-blind study on CRT in NYHA 1-2; QRS ≥120ms and <b>LVEF≤40%</b> .	419 CRT Patients (256 patients with LBBB)  Randomized CRT to switch on or off - after randomized phase, all patients had CRT switched on.	6min walk distance increased; mean LVESVi and LVEDVi decreased. Increase in mean LVEF with CRT-ON.  Low rates of hospitalisation and mortality with CRT. Effects persist over 5 years.
<b>Effect of CRT in patients with moderate LVSD and wide QRS complex: a prospective study [e<sup>14</sup>]</b>	15 patients NYHA 3; <b>LVEF 36-44%</b> and QRS >120ms on OMT compared to 30 age, sex, NYHA class and HF-aetiology matched patients with conventional CRT indications.	15 case patients (EF 36-44%) compared to 30 control patients (EF ≤ 35%).	Significant LV reverse remodelling by CRT in those with a wide QRS complex and moderate LVSD – significant reduction in LVEDV and LVESV and improvements in NYHA class and LVEF.
<b>CRT in chronic heart failure with moderately reduced LVEF: Lessons from the Multicenter InSync Randomized Clinical Evaluation MIRACLE EF study. [e<sup>21</sup>]</b>	Randomized, controlled, double-blind study with CRTP in NYHA 2-3, LBBB and <b>LVEF 36-50%</b> .  Exclusion: Prior pacing or ICD.	44 patients (26 randomized).  Patients Randomized 2:1 to CRTP-ON or CRTP-OFF.  Minimum FU 24 months	Study prematurely stopped due to poor patient recruitment.
<b>Biventricular pacing for atrioventricular block and systolic dysfunction – BLOCK HF [e<sup>22</sup>]</b>	Patients with pacing Indications (AV block), NYHA 1-3; <b>LVEF ≤50%</b> .  Primary outcome was time to ACM, urgent HF visit for intravenous diuretics or ≥15% increase in LVESVi	691 Patients (225 with LBBB)  Randomized to CRT(P/D) vs RV pacing  Mean FU 37 months	CRT resulted in significantly lower incidence of the primary outcome
<b>CRT in Patients with Severe LVSD</b>			
		813 Patients	

<p><b>The effect of Cardiac Resynchronization on Morbidity and Mortality in Heart Failure – CARE-HF [9]</b></p>	<p>Age <math>\geq 18</math>, NYHA 3-4, on OMT, <b>LVEF <math>\leq 35\%</math></b>; indexed LVEDD <math>\geq 30</math>mm, QRS <math>\geq 120</math>ms</p>	<p>38% DCM  Randomized to OMT vs CRT + OMT</p>	<p>CRT reduces the composite of ACM or hospitalization vs OMT (39% vs 55%).  CRT reduces mortality (20% vs 30%).  CRT improves EF, NYHA class and QoL.  CRT reduces LVESVi and area of MR jet.</p>
<p><b>CRT with or without an ICD in advanced chronic heart failure - COMPANION [e<sup>23</sup>]</b></p>	<p>NYHA 3-4, on OMT, QRS <math>\geq 120</math>ms; <b>LVEF <math>\leq 35\%</math></b>, Sinus rhythm, Prior HF hospitalization in preceding 12 months  Primary composite endpoint was time to all-cause mortality or hospitalization.</p>	<p>1520 patients  Randomized 1:2:2 to OMT : CRTP : CRTD  70% in OMT group had LBBB (71% overall)  45% DCM</p>	<p>CRTP/D reduced rate of primary endpoint.  CRTP/D both reduce risk of ACM compared to OMT.  CRT has benefits in both DCM and ICM subgroups with respect to ACM / hospitalization.</p>
<p><b>CRT for mild-moderate heart failure (RAFT trial) [e<sup>24</sup>]</b></p>	<p>NYHA 2-3, <b>LVEF <math>\leq 30\%</math></b>; QRS <math>\geq 120</math>ms or paced QRS <math>&gt; 200</math>ms;</p>	<p>1798 patients Randomized ICD vs CRTD. Mean FU 40 months.</p>	<p>CRTD compared to ICD alone reduced rates of composite of death or HF hospitalization.</p>