



Explaining oral health inequalities in European welfare state regimes: the role of health behaviours

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Keywords:	Oral health, Health inequalities, Europe, Welfare regimes, Adults
Abstract:	<p>Objective: To assess the extent to which behavioural factors, including those related to dental care, account for oral health inequalities in different European welfare state regimes.</p> <p>Methods: Data from the Eurobarometer 2009 survey were analysed. Nationally representative samples of dentate adults aged ≥ 45 years ($n=9,979$) from 21 European countries classified into the five welfare regimes (Scandinavian, Anglo-Saxon, Bismarckian, Southern, Eastern) were considered. Inequalities in no functional dentition (having <20 natural teeth) by education and occupation were identified using the Relative and Slope Indices of Inequality (RII and SII, respectively). The percentage reduction in RII and SII was calculated from regression models before and after adjustment for behaviours, first one at a time and then all together.</p> <p>Results: Behaviours explained 21.0% (95% CI 8.7, 31.4) and 13.1% (95% CI 7.9, 33.2) of educational inequalities in no functional dentition (RII) in the Scandinavian and Eastern regimes, respectively. For occupational inequalities, the attenuations in RII in these welfare regimes were 19.3% (95% CI 7.1, 24.2) and 10.5% (95% CI 3.4, 22.5) respectively. Attenuations were weaker and non-significant in the Bismarckian, Anglo-Saxon and Southern regimes. Among the behaviours analysed, alcohol consumption was particularly relevant in explaining inequalities in the Scandinavian regime, and this was confirmed in sensitivity analyses through three-way cross-level interaction terms in multilevel models. Behaviours related to dental care produced similar, consistent attenuations in the Scandinavian and Eastern regimes for both socioeconomic indicators. SII findings showed a similar picture.</p>

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	Conclusion: The role of particular behaviours in explaining oral health inequalities could be heterogeneous across European welfare regimes, indicating that their importance might be influenced by the general approach to social policies.

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3 1 **Explaining oral health inequalities in European welfare state regimes: the role of health**
4 2 **behaviours**
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43 34 Running head: Behaviours and inequalities in welfare regimes
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3 **1 Abstract**

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6 **3 Objective:** To assess the extent to which behavioural factors, including those related to
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10 dental care, account for oral health inequalities in different European welfare state regimes.

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12 **6 Methods:** Data from the Eurobarometer 2009 survey were analysed. Nationally
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representative samples of dentate adults aged ≥ 45 years ($n=9,979$) from 21 European
countries classified into the five welfare regimes (Scandinavian, Anglo-Saxon, Bismarckian,
Southern, Eastern) were considered. Inequalities in no functional dentition (having < 20
natural teeth) by education and occupation were identified using the Relative and Slope
Indices of Inequality (RII and SII, respectively). The percentage reduction in RII and SII was
calculated from regression models before and after adjustment for behaviours, first one at a
time and then all together.

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Results: Behaviours explained 21.0% (95% CI 8.7, 31.4) and 13.1% (95% CI 7.9, 33.2) of
educational inequalities in no functional dentition (RII) in the Scandinavian and Eastern
regimes, respectively. For occupational inequalities, the attenuations in RII in these welfare
regimes were 19.3% (95% CI 7.1, 24.2) and 10.5% (95% CI 3.4, 22.5) respectively.
Attenuations were weaker and non-significant in the Bismarckian, Anglo-Saxon and Southern
regimes. Among the behaviours analysed, alcohol consumption was particularly relevant in
explaining inequalities in the Scandinavian regime, and this was confirmed in sensitivity
analyses through three-way cross-level interaction terms in multilevel models. Behaviours
related to dental care produced similar, consistent attenuations in the Scandinavian and
Eastern regimes for both socioeconomic indicators. SII findings showed a similar picture.

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Conclusion: The role of particular behaviours in explaining oral health inequalities could be
heterogeneous across European welfare regimes, indicating that their importance might be
influenced by the general approach to social policies.

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Key words: Oral health; health inequalities; Europe; welfare regimes; adults

Introduction

Studies have shown that countries with the most generous and universal welfare policies (that is, those in the Social-democratic or Scandinavian welfare regime) are not consistently exhibiting the lowest health inequalities, including inequalities in oral health.¹⁻³ Various factors have been suggested to explain this puzzle or paradox, including differences in inequalities in health-related behaviours across welfare regimes.^{4,5} Behaviours could play a key role because: (1) health compromising behaviours are not usually the focus of welfare state related policies and non-material resources related to behaviours, such as cultural capital, have been traditionally 'untouched' by welfare state provision;^{4,6} (2) large inequalities in behaviours in the most generous welfare states could be related to 'intervention generated inequalities' where universal health promotion interventions are taken up mostly by those of higher socioeconomic position (SEP);^{5,7} and (3) in more "advanced" welfare states, extensive welfare benefits such as cash benefits could, paradoxically, have contributed to widen health inequalities by increasing the availability of certain health-damaging goods such as alcohol and tobacco to those of lower SEP.^{4,8} If that is the case, behaviours could play a more relevant role in explaining health/oral health inequalities in the Scandinavian regime than in other European welfare regimes.

In general, behaviours can play a role in explaining health inequalities, as evidence has shown that unhealthier behaviours, including those related to oral health, usually cluster among people in less advantaged social groups.^{9,10} Smoking, diet, physical activity, alcohol consumption and personal care practices have all been related to socioeconomic circumstances.⁹⁻¹¹ Also, stressful working and living conditions (as well as access to material resources) have an impact on health-related behaviours. Smoking, drug use and comfort eating might be ways of coping with the psychosocial stress and pressures of certain socioeconomic circumstances.¹² In turn, eating habits are associated with economic resources; for example, fruits and vegetables are more expensive than less nutritious food in many countries.¹³ Studies have assessed the role of behaviours in explaining oral health inequalities, with mixed findings according to the oral health outcome, SEP measure and

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3 1 type of behaviour(s)¹⁴⁻¹⁶. Overall, this evidence suggests that the role of behaviours would be
4 2 relatively limited, but **that it** could vary according to the context analysed¹⁴⁻¹⁶.

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8 4 Considering the psychosocial aspect of health behaviours, one would expect certain
9 5 differences in **their** role in explaining general/oral health inequalities across welfare regimes.
10 6 Since the provision of welfare benefits and services could address some of the stressors
11 7 experienced by people at lower socioeconomic levels, differences across welfare regimes in
12 8 the coverage, generosity and ways of delivering welfare benefits could have a differential
13 9 impact on levels of psychosocial stress and their related unhealthy behaviours. Variation
14 10 across regimes would also be expected when differences in health promotion policies are
15 11 taken into account (since promoting healthy behaviours is at the core of these policies). A
16 12 policy analysis found that the approach to these policies was in line with the broader
17 13 'ideology' of the regimes, emphasising individual choices and targeted interventions in the
18 14 Liberal and Bismarckian regimes, while highlighting structural measures and a clear
19 15 commitment towards reducing inequalities in the Scandinavian.¹⁷ Finally, there is
20 16 considerable variation across European countries and welfare regimes in both the
21 17 prevalence of behaviours and **their** role in explaining health inequalities.^{6,15,18,19}

22 18
23 19 We previously found significant occupational and educational inequalities in all welfare
24 20 regimes in Europe³ but the pattern of inequalities across regimes varied according to the
25 21 socioeconomic measure used, oral health outcome and nature of the inequalities (absolute
26 22 or relative).^{3,20} In line with the health inequalities evidence, oral health inequalities were not
27 23 smaller in the Scandinavian regime. However, no study has yet analysed the extent to which
28 24 oral health inequalities in different European welfare regimes may be attributable to
29 25 potentially modifiable behaviours. Given the considerable variation in health-related
30 26 behaviours and inequalities in those behaviours across Europe^{10,19,21} and that oral health
31 27 behaviours are significantly associated with SEP,^{9,11} the role of behaviours in explaining oral
32 28 health inequalities may vary between welfare state regimes in Europe. **Accordingly**, this
33 29 study aimed to assess the potential role of sugar intake, alcohol consumption, smoking and
34 30 dental attendance to explain socioeconomic inequalities in oral health in different European
35 31 welfare regimes.

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1 **Methods**

2 *Data source and study sample*

3 We analysed cross-sectional data from the Eurobarometer 72.3, a survey carried out in 2009
4 on nationally representative samples of adults in European countries. We used data from
5 the 21 countries which are classified in one of the five European welfare regimes based on
6 Ferrera's typology²² and the additional Eastern type. The survey employed a multi-stage
7 random sampling design using sampling points within administrative regional units in each
8 country. From the selected sampling points, households were randomly selected and a
9 household member was approached to complete the questionnaire. The analytical sample
10 for this study consisted of dentate adults aged ≥45 years with complete information on the
11 study variables (n=9,979 for analysis by education, n=8,802 for analysis by occupation). From
12 the initial eligible sample of 10,435 adults, 456 were excluded due to missing data. In
13 addition, the unemployed, homemakers, students and people who had never done any paid
14 job, were excluded from analyses by occupation.

15 *Variables*

16 Outcome measure

17 The oral health outcome for this analysis was no functional dentition (defined as having
18 fewer than 20 natural teeth). This is a measure of life-time oral health since it captures the
19 cumulative effect of different determinants of health and also reflects the experience of
20 dental treatment.^{23,24} Having fewer than 20 natural teeth has been associated with poorer
21 chewing ability^{25,26} and lower consumption of fruits and vegetables.²⁷ In the present study,
22 no functional dentition was self-reported and derived from a question about the number of
23 natural teeth, with five response options: all; 20 or more, but not all; 10-19; 1-9; no natural
24 teeth. The variable was dichotomised, with '10-19' and '1-9' responses categorised as 'no
25 functional dentition'. Respondents answering 'no natural teeth' were not included in
26 analyses which referred to dentate persons only. Since the prevalence of this state is very
27 low among young adults, only persons aged 45 years and over were considered.

28 Socioeconomic position measures

29 We analysed inequalities by education and occupational social class. Education was
30 measured as age at completion of full-time education and categorized into three groups: up

1 to 15 years; 16-19 years; and 20 years and older. Occupational social class was classified
2 into: managerial and professional; intermediate; and routine-manual. Retired participants
3 were allocated to an occupational class based on their last job.

4 Behavioural factors

5 The behaviours analysed in this study included sugar intake, alcohol consumption, smoking
6 and dental attendance. Sugar intake was assessed by asking respondents how often they
7 consume biscuits, cakes, sweets, soft drinks, jam and chewing gum containing sugar
8 (response options: 'Never', 'Rarely', 'From time to time' and 'Often'). A binary variable for
9 frequent sugar consumption was derived including those participants reporting 'Often' on
10 one or more sugary food or drink items. Two separate measures of alcohol consumption
11 were used. Frequency was assessed by a question on the number of times the respondent
12 had consumed alcohol during the last month. We distinguished between respondents who
13 drank alcohol more than once a week, once a week or less often, and those who never drank
14 alcohol.^{10,19} The quantity of alcohol consumed was measured by a question about how much
15 respondents drank on a single occasion. We distinguished between respondents who drank
16 less than 1 drink, those who drank 1 or more drinks but did not have excessive drinking (1-4
17 drinks on a single occasion), and those reporting risky single-occasion drinking (5+ drinks).²⁸
18 Smoking was measured by a three-category variable identifying current smokers, former
19 smokers, and those who had never smoked. Two dental care variables were considered. The
20 first captured whether a participant had had a dental check-up in the previous year (vs.
21 otherwise). The second measured the time since the last visit to the dentist, with response
22 categories of less than one year ago, one to less than two years ago, and two or more years
23 ago.

24 Welfare state regimes

25 Five European welfare regimes were considered: Scandinavian, Anglo-Saxon, Bismarckian,
26 Southern and Eastern. The first four regimes are based upon Ferrera's typology,²² which
27 clustered countries according to their eligibility criteria for welfare benefits, coverage,
28 funding regulations and administrative processes of the social security systems.²⁹ The
29 Scandinavian welfare regime (Sweden, Finland, and Denmark in our study) has universal,
30 generous welfare benefits provided by the State with social security programs designed to
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1 have a redistributive impact. In the Bismarckian regime (Austria, Belgium, France, Germany, Luxemburg and Netherlands), the State provides some earnings-related welfare benefits; the family plays an important role in welfare provision, and the market participation in social services and benefits is minimal. Unlike the Scandinavian regime, the Bismarckian does not have welfare provision with significant redistributive effects. The Anglo-Saxon regime (the UK and Ireland) is characterised by minimal State-provided benefits and services, and a significant role of the market in the provision of goods and services. The Southern regime (Greece, Italy, Portugal and Spain) exhibits a fragmented welfare system combining generous and weak provisions, a strong public-private mix, and a scheme of cash subsidies prone to corruption.²² Finally, the Eastern European welfare regime (Czech Republic, Estonia, Hungary, Poland, Slovakia and Slovenia) groups together former Communist countries that have experienced severe changes in social policies since the 1990s and moved from a communist welfare state to welfare schemes characterised by decentralization and marketization.^{30,31}

16 *Statistical analysis*

17 First, relative educational and occupational inequalities in having no functional dentition were identified by estimating the relative index of inequality (RII) using a base model (age, gender and marital status adjusted). The RII is a measure of relative inequalities that summarises the association between the SEP measure and the outcome with one single value considering all socioeconomic groups at once.³² For this, categories of education and occupational social class were organized hierarchically and, based on the distribution of participants in these categories, values between 1 and 0 were assigned to each category, creating a weighted score for each SEP measure. The RII was obtained by regressing (robust Poisson) this score on the outcome, adjusting for covariates. Then, this model was further adjusted for behavioural factors, one at a time and then all together. The percentage reduction in the RII coefficient was used to calculate the mediation proportion (attenuation) for each adjustment based on the formula: $100 * (\beta_0 - \beta_1) / \beta_0$, where β_0 is the SEP variable coefficient in the initial base model and β_1 is the SEP variable coefficient in a model adjusting for behaviour(s). The confidence interval for the percentage attenuation in the RII was obtained using a bias-corrected bootstrap method, with 1000 re-samplings. Identical analyses were conducted using the slope index of inequality (SII) as a measure of absolute

1 inequality. As a sensitivity analysis to examine whether significant differences existed in the
2 role of behaviours in explaining inequalities across welfare regimes, we fitted multilevel
3 models (two-level random intercept models) that included three-way cross-level interaction
4 terms between welfare regimes, SEP and each behaviour.

5 6 **Results**

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8 Estimates of the base model showed significant educational and occupational inequalities in
9 all welfare regimes, with a higher prevalence of no functional dentition among those in
10 lower socioeconomic levels, as indicated by values of RII larger than one (Tables 1 and 2).
11 Given that the magnitude of inequalities may differ according to age³³, we estimated
12 inequalities by age group (45-59 years, 60-74 years and 75 years and over), but did not find a
13 consistent pattern of age differences across regimes. Most of the stratified RII estimates
14 showed non-significant differences by age groups (Appendix).

15 16 *Educational inequalities*

17 Overall, behaviours explained 21.0% and 13.1% of educational inequalities in the
18 Scandinavian and Eastern regimes, respectively (Table 1 and Figure 1). In the Anglo-Saxon
19 regime, behaviours explained 11.4% of educational inequalities, but the reduction in RII was
20 not significant. Behaviours did not explain educational inequalities in the Bismarckian and
21 Southern regimes. When only dental care behaviours were considered, educational
22 inequalities were lower by 10.7% in the Scandinavian and Eastern regimes. In other regimes,
23 those factors explained up to 4% of the RII but the reductions were not significant. Other
24 behavioural factors (sugar intake, alcohol consumption and smoking) were particularly
25 relevant in explaining educational inequalities in the Scandinavian regime (15.1% lower RII),
26 mainly due to the contribution of alcohol consumption. Sugar intake alone did not show a
27 significant role in explaining educational inequalities in any welfare regime (Table 1).

28 29 *Occupational inequalities*

30 Relative occupational inequalities were larger in magnitude than educational inequalities in
31 all welfare regimes except the Bismarckian (Table 2). Overall, 19.3% and 10.5% of
32 occupational inequalities were accounted for by behavioural factors in the Scandinavian and

1 Eastern regimes, respectively. In the Anglo-Saxon regime, behaviours explained 11.1% of
2 occupational inequalities, but the reduction was not significant. Similar to findings for
3 education, behaviours were less relevant in explaining occupational inequalities in the
4 Bismarckian and Southern welfare regimes. Dental care behaviours reduced occupational
5 inequalities by 8.5% in the Scandinavian and Eastern regimes, while, in other regimes, the
6 reductions were lower and not significant. Other behavioural factors explained a larger
7 proportion of occupational inequalities in the Scandinavian regime with a reduction of
8 14.2%, with alcohol consumption alone explaining 10.9%. Again, sugar intake did not have a
9 significant role in explaining occupational inequalities.

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11 Results for absolute inequalities, using the SII, showed a similar picture. However, the
12 behavioural factors explained a larger proportion of absolute inequalities in the Eastern
13 regime compared with the Scandinavian, mainly due to the contribution of dental care
14 behaviours (Appendix). The three-way cross-level interaction terms in the multilevel model
15 showed a significant interaction between education, welfare regime and alcohol
16 consumption, thereby confirming differences in the role of alcohol in explaining educational
17 inequalities across welfare regimes (results not shown).

18 19 **Discussion**

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21 After identifying significant educational and occupational inequalities in functional dentition
22 in different European welfare regimes, we assessed the contribution of behavioural factors
23 in explaining those inequalities. Our findings showed a general picture of relatively larger
24 significant reductions in inequalities after accounting for behaviours in the Scandinavian and
25 Eastern regimes, smaller and non-significant reductions in the Anglo-Saxon and very small
26 non-significant attenuations in the Bismarckian and Southern regimes. These differences
27 across welfare regimes should be, nonetheless, viewed with caution, because there was a
28 large overlap in the confidence intervals of percentage attenuations. Such observed wide
29 confidence intervals, leading to overlap, are common in this type of analysis.^{34,35} In addition,
30 larger reductions in inequalities in the Scandinavian and Eastern regimes could be partly
31 explained by their larger baseline inequalities. Despite this, our findings would suggest that
32 behaviours could play a role in the Scandinavian regime, with dental care behaviours in

1 particular having a considerable role in both the Scandinavian and Eastern regimes.
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3 However, in other regimes (particularly in the Bismarckian), the behavioural factors analysed
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5 did not explain much of the inequalities.
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10 There are different potential explanations for the lack of larger reductions in inequalities
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12 after accounting for behaviours. It is possible that other pathways (including psychosocial,
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14 materialist and social relational ones) play a more relevant role than behaviours in
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16 explaining oral health inequalities in European countries. The findings could also reflect
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18 some limitations of the data. For example, information on oral hygiene practices was not
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20 available; sugar consumption was not measured thoroughly; and the categorisation of
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22 behavioural variables might have influenced the findings. However, we conducted additional
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24 analyses using slightly different cut points for the categorisation, and the findings were very
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26 similar. Finally, the nature of the outcome could partially explain the limited role of
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28 behaviours in explaining oral health inequalities. A functional dentition is an established
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30 measure of oral health, reflecting oral function primarily and providing a cumulative account
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32 of the effect of oral diseases and treatments across the life course. As such, the role of
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34 current health behaviours could be expected to be rather limited for this outcome.

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37 Our findings suggest a potential variation in the explanatory power of behavioural factors
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39 across European welfare state regimes. The higher contribution of behaviours in the
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41 Scandinavian regime than in other regimes gives support to the idea that the traditional
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43 welfare provision in those countries might have paradoxically contributed to higher
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45 socioeconomic inequalities in health behaviours.^{4,8} Previous analyses have identified a
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47 substantial contribution of behavioural factors, including those related to dental care, in
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49 explaining oral health inequalities in Scandinavian countries. Educational inequalities in
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51 dental caries among Finnish adults were fully explained by dental attendance, tooth
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53 brushing with fluoride toothpaste, sugar consumption and smoking.¹⁶ Moreover, studies of
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55 Swedish adults have found that more than 60% of the socioeconomic differences in self-
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57 rated oral health were explained by lack of access to oral health care,³⁶ and that people from
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59 lower SEP groups refrained from seeking dental services for financial reasons despite
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61 perceived need.^{37,38} Our findings are not in agreement, since the proportion of inequalities
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63 explained in our study was much lower and dental attendance factors were less relevant

1 than other health behaviours in Scandinavian countries. In addition, the contribution of
2 dental attendance in our analysis could be due to the stronger association observed
3 between that behaviour and the outcome, rather than by inequalities in dental attendance,
4 which were not particularly high in the Scandinavian regime. These differences between our
5 findings and those of previous studies could be explained by the dissimilar outcomes, SEP
6 and behaviour measurements, as well as the population groups included in the analyses.
7 More in-depth studies of the role of different behaviours are needed to fully understand the
8 complex picture of oral health inequalities in contexts of low socioeconomic inequality.

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10 In line with our findings, recent analyses have shown considerable cross-national variation in
11 the extent to which behavioural and dental care factors explain socioeconomic inequalities
12 in general and oral health.^{6,15} Research on adults aged 50 years and over in 14 European
13 countries showed that considerable proportions of socioeconomic inequalities in the
14 number of teeth were attributable to dental attendance in only half of these countries.¹⁵
15 Furthermore, those countries were spread across welfare regimes, indicating also
16 considerable variation within welfare regimes and highlighting the necessity to also
17 investigate other macro-level determinants and their influence on both oral health
18 inequalities and behaviours. In addition, an analysis on educational inequalities in self-
19 reported health revealed that material and psychosocial factors were more relevant in the
20 UK and Ireland, whereas occupational and behavioural factors were the leading explanations
21 of inequalities in Nordic countries.⁶ These and our findings suggest that European countries
22 should consider different strategies to reduce health (and oral health) inequalities,
23 prioritising specific mediating pathways that are more relevant in different contexts and also
24 expanding their strategies rather than focusing solely on behaviours.

25
26 In addition to the above-mentioned limitations of the behavioural data (including the non-
27 availability of other oral health behaviours), this study has other caveats. First, the cross-
28 sectional nature of the data makes it impossible to establish a temporal sequence in the
29 hypothesised SEP-behaviours-oral health relationship. Second, our analyses were limited to
30 one oral health outcome (having no functional dentition). It is possible that behaviours
31 analysed in this study may play a different role in explaining inequalities in other oral health
32 outcomes. For example, the unequal distribution of current behaviours could be more

1 strongly related to inequalities in decay. Unfortunately, data on decay or other (more
2 current) oral health indicators were not available in the survey. Third, our outcome was self-
3 reported and so it may be influenced by health perceptions and cultural background.³⁹
4 However, this is unlikely to occur as this outcome reports on the number of teeth rather
5 than requires reflection on perceptions of function. In addition, self-reported health
6 measures are suitable for cross-national analyses and have strong associations with clinical
7 indicators of morbidity and mortality.^{40,41} Self-reported oral health indicators have also
8 shown associations with clinical conditions and are valid oral health outcomes.^{42,43} Fourth,
9 information on water fluoridation and fluoridated toothpaste consumption in each country
10 was not included in the analysis due to its non-availability. These two factors could act as
11 confounders of the associations of interest. Finally, the welfare regime approach has
12 limitations related to the homogeneity assumed in different social policy areas within each
13 regime and the changes in social welfare policies observed during the last decades.^{1,44}
14 However, clusters of countries which are very similar to the welfare regime typology have
15 been identified in international comparisons of particular areas of the welfare provision
16 (e.g., labour market, health care and family)^{44,45} and in analyses of social 'outcomes' like
17 poverty and income inequality.^{46,47} Although welfare regimes have blurred over time, some
18 evidence suggests that they could still play a role as macro-level determinants of health
19 inequalities,⁴⁸ including those in oral health.⁴⁹ Future studies should explore whether that
20 will remain the case in years to come, along with examining more specific features of
21 welfare provision and characteristics of the dental health systems.

22
23 It is possible that the welfare regime approach could be less relevant for oral health than for
24 other health outcomes since, in many countries, dental care is not fully integrated into the
25 health care system. Furthermore, it has been argued that the role of the welfare state is not
26 only to create overall general equality, but also improve the situation of those at the bottom
27 of the socioeconomic hierarchy.⁵ Our findings on the age-standardized prevalence estimates
28 are in line with this view, since those in the lowest socioeconomic levels were better off in
29 functional dentition terms in the Scandinavian regime than in the other regimes.

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31 This study also has considerable strengths. It examined five different oral health-related
32 behaviours and oral health inequalities using two indicators that capture different SEP

1 dimensions. We also ran analyses using both relative and absolute measures of inequalities.
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4 This is the first study to investigate the contribution of behaviours in explaining oral health
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6 inequalities in five European welfare regimes (in 21 countries) using a comparable data
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8 source that employed the same questions for all countries.
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11 To conclude, we have shown that the role of behaviours in explaining socioeconomic
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13 inequalities in oral health is not universal across European welfare regimes, suggesting that
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15 their relevance is influenced by the broader political context. This highlights the importance
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17 of tackling socioeconomic inequalities in health-related behaviours, even in contexts of
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19 relatively low social inequality. Further research considering different mediating pathways to
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21 inequalities will shed light on how the mechanisms leading to oral health inequalities
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23 operate under diverse political contexts.
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Table 1 - Educational inequalities in no functional dentition and effect of adjustment for oral health related behaviours.

	Scandinavian (n= 1,760)		Anglo-Saxon (n= 1,011)		Bismarckian (n= 2,825)		Southern (n= 1,650)		Eastern (n= 2,733)	
	RII (95% CI)	% attenuation (95% CI)	RII (95% CI)	% attenuation (95% CI)	RII (95% CI)	% attenuation (95% CI)	RII (95% CI)	% attenuation (95% CI)	RII (95% CI)	% attenuation (95% CI)
Base model	3.38 (2.38, 4.80)		2.02 (1.28, 3.19)		2.20 (1.70, 2.84)		1.77 (1.19, 2.62)		1.91 (1.56, 2.33)	
<i>Behaviours related to Dental care</i>										
Dental check-up	3.14 (2.21, 4.46)	7.1 (0.5, 11.7)	1.94 (1.23, 3.05)	3.5 (-7.5, 18.8)	2.14 (1.65, 2.77)	2.7 (-0.9, 7.3)	1.76 (1.18, 2.63)	0.6 (-17.4, 18.3)	1.75 (1.43, 2.15)	8.4 (5.3, 21.7)
Time since last visit	3.03 (2.14, 4.29)	10.4 (2.3, 15.7)	1.95 (1.24, 3.07)	3.5 (-7.9, 17.5)	2.17 (1.67, 2.81)	1.4 (-2.8, 6.3)	1.72 (1.16, 2.56)	2.8 (-12.7, 22.8)	1.71 (1.39, 2.11)	10.5 (6.5, 27.2)
All dental care	3.02 (2.13, 4.28)	10.7 (2.2, 16.3)	1.94 (1.23, 3.04)	4.0 (-8.1, 20.2)	2.16 (1.67, 2.80)	1.8 (-2.9, 7.2)	1.74 (1.17, 2.59)	1.7 (-14.1, 20.5)	1.71 (1.39, 2.10)	10.5 (6.6, 28.2)
<i>Other Behaviours</i>										
Sugar intake	3.37 (2.37, 4.78)	0.3 (-1.1, 1.9)	2.03 (1.28, 3.21)	-0.5 (-7.0, 5.4)	2.19 (1.70, 2.83)	0.5 (-1.7, 2.3)	1.76 (1.19, 2.61)	0.6 (-6.1, 8.2)	1.91 (1.57, 2.34)	0.0 (-2.8, 2.7)
Alcohol consumption	3.04 (2.12, 4.35)	10.0 (1.8, 17.1)	1.98 (1.25, 3.12)	2.0 (-9.4, 20.5)	2.20 (1.70, 2.84)	0.0 (-3.0, 5.1)	1.72 (1.16, 2.57)	2.8 (-16.8, 38.1)	1.84 (1.50, 2.25)	3.7 (-1.4, 10.5)
Smoking	3.24 (2.29, 4.60)	4.1 (-0.7, 7.5)	1.89 (1.19, 2.98)	6.4 (-10.7, 30.0)	2.20 (1.71, 2.83)	0.0 (-5.7, 5.3)	1.81 (1.22, 2.69)	-2.3 (-17.7, 9.3)	1.89 (1.56, 2.30)	1.1 (-3.6, 6.8)
All other behaviours	2.87 (2.00, 4.13)	15.1 (4.2, 23.7)	1.84 (1.17, 2.92)	8.9 (-15.4, 45.5)	2.18 (1.70, 2.80)	0.9 (-5.8, 10.1)	1.76 (1.18, 2.62)	0.6 (-14.2, 29.6)	1.81 (1.49, 2.21)	5.2 (-1.3, 14.2)
All Factors	2.67 (1.87, 3.81)	21.0 (8.7, 31.4)	1.79 (1.14, 2.82)	11.4 (-51.2, 89.2)	2.14 (1.67, 2.76)	2.7 (-4.1, 12.8)	1.74 (1.16, 2.61)	1.7 (-17.4, 36.3)	1.66 (1.35, 2.04)	13.1 (7.9, 33.2)
Prevalence of no functional dentition by educational level ^a - Weighted percentage % (95% CI)										
High	15.53 (13.43, 17.90)		23.97 (16.76, 33.05)		28.17 (24.12, 32.61)		28.67 (21.15, 37.59)		51.84 (45.88, 57.75)	
Intermediate	21.59 (18.12, 25.53)		28.65 (23.44, 34.49)		34.18 (30.74, 37.78)		30.61 (25.63, 36.10)		63.30 (60.18, 66.30)	
Low	38.41 (31.77, 45.51)		41.43 (33.31, 50.05)		48.93 (43.81, 54.08)		39.99 (36.48, 43.59)		82.78 (76.67, 87.56)	

^a Age-standardized prevalence

Table 2 - Occupational inequalities in no functional dentition and effect of adjustment for oral health related behaviours.

	Scandinavian (n= 1,710)		Anglo-Saxon (n= 826)		Bismarckian (n= 2,466)		Southern (n= 1,251)		Eastern (n= 2,549)	
	RII (95% CI)	% attenuation (95% CI)	RII (95% CI)	% attenuation (95% CI)	RII (95% CI)	% attenuation (95% CI)	RII (95% CI)	% attenuation (95% CI)	RII (95% CI)	% attenuation (95% CI)
Base model	3.93 (2.74, 5.63)		2.80 (1.74, 4.53)		1.52 (1.18, 1.96)		2.04 (1.32, 3.15)		2.10 (1.68, 2.61)	
<i>Behaviours related to Dental care</i>										
Dental check-up	3.71 (2.59, 5.31)	5.6 (0.3, 8.0)	2.72 (1.67, 4.42)	2.9 (-8.0, 14.0)	1.48 (1.15, 1.91)	2.6 (-4.4, 15.9)	2.02 (1.31, 3.13)	0.56 (-8.0, 10.1)	1.94 (1.55, 2.43)	8.4 (3.1, 18.0)
Time since last visit	3.62 (2.54, 5.17)	7.9 (0.9, 11.0)	2.77 (1.70, 4.51)	1.1 (-9.6, 11.8)	1.47 (1.14, 1.90)	3.3 (-6.3, 20.1)	1.99 (1.27, 3.10)	2.5 (-12.1, 19.5)	1.93 (1.54, 2.45)	8.1 (3.4, 18.8)
All dental care	3.60 (2.53, 5.14)	8.4 (1.05, 11.6)	2.75 (1.69, 4.48)	1.8 (-9.5, 13.3)	1.48 (1.14, 1.91)	2.6 (-7.4, 20.4)	1.99 (1.28, 3.10)	2.5 (-9.1, 16.3)	1.92 (1.53, 2.41)	8.6 (3.7, 20.5)
<i>Other Behaviours</i>										
Sugar intake	3.95 (2.76, 5.66)	-0.5 (-1.8, 1.0)	2.82 (1.74, 4.57)	-0.7 (-4.5, 3.2)	1.53 (1.18, 1.97)	-0.7 (-8.1, 4.4)	2.03 (1.31, 3.13)	0.5 (-3.9, 5.4)	2.10 (1.69, 2.62)	0.0 (-1.7, 1.0)
Alcohol consumption	3.50 (2.43, 5.03)	10.9 (2.4, 14.5)	2.61 (1.60, 4.28)	6.8 (-7.7, 22.6)	1.53 (1.18, 1.98)	-0.7 (-13.5, 13.1)	2.05 (1.32, 3.18)	-0.5 (-23.1, 26.0)	2.06 (1.65, 2.56)	1.9 (-1.4, 7.0)
Smoking	3.77 (2.63, 5.41)	4.1 (-0.5, 6.5)	2.71 (1.67, 4.42)	3.2 (-8.7, 15.0)	1.53 (1.19, 1.97)	-0.7 (-17.3, 11.6)	2.03 (1.32, 3.13)	0.5 (-7.1, 8.2)	2.06 (1.65, 2.56)	1.9 (-2.1, 7.1)
All other behaviours	3.37 (2.34, 4.85)	14.2 (4.1, 18.3)	2.52 (1.52, 4.16)	10.0 (-8.5, 30.8)	1.54 (1.20, 1.98)	-1.3 (-26.2, 21.0)	2.02 (1.31, 3.14)	1.0 (-15.3, 21.1)	2.01 (1.61, 2.51)	4.3 (-1.3, 12.1)
All Factors	3.17 (2.21, 4.54)	19.3 (7.1, 24.2)	2.49 (1.49, 4.16)	11.1 (-10.2, 34.8)	1.51 (1.17, 1.94)	0.7 (-17.4, 24.0)	2.01 (1.29, 3.12)	1.5 (-11.9, 20.4)	1.88 (1.50, 2.36)	10.5 (4.7, 25.0)
Prevalence of no functional dentition by occupational level ^a - Weighted percentage % (95% CI)										
Managerial/professional	13.75 (11.26, 16.70)		22.07 (16.39, 29.03)		29.62 (25.80, 33.74)		26.06 (19.79, 33.49)		48.64 (42.46, 54.86)	
Intermediate	17.66 (14.31, 21.59)		30.06 (23.34, 37.76)		39.47 (34.80, 44.35)		34.36 (28.02, 41.31)		55.80 (51.16, 60.34)	
Routine-manual	29.88 (26.84, 33.12)		41.97 (35.79, 48.42)		39.29 (35.83, 42.86)		40.44 (36.19, 44.83)		71.33 (67.92, 74.51)	

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Age-standardized

prevalence

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3 Figure 1 - Educational inequalities in no functional dentition (RII) at baseline
4 and after adjustment for oral health related behaviours
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6 Figure 2 - Occupational inequalities in no functional dentition (RII) at baseline
7 and after adjustment for oral health related behaviours
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Figure 1 - Educational inequalities in no functional dentition (RII) at baseline and after adjustment for oral health related behaviours

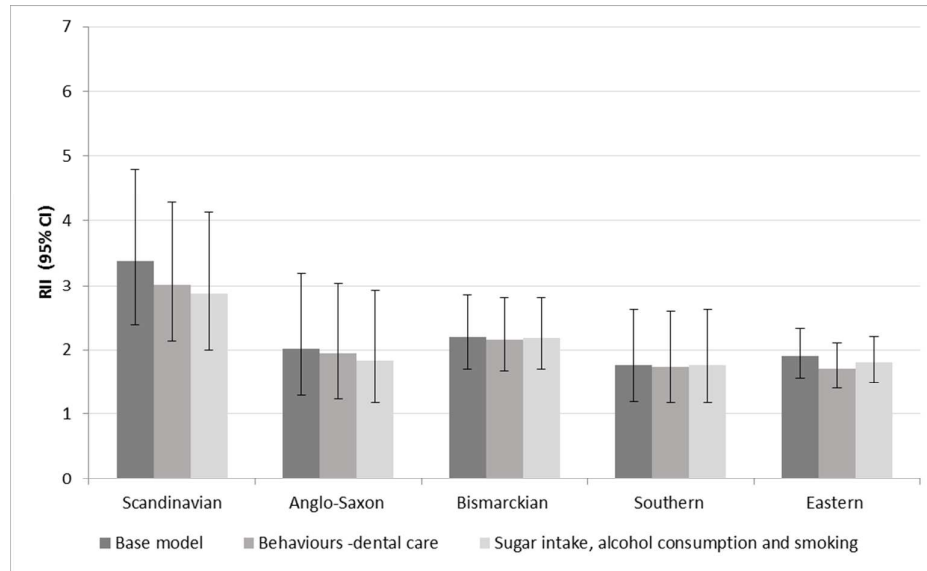


Figure 2 - Occupational inequalities in no functional dentition (RII) at baseline and after adjustment for oral health related behaviours

