

1 **Title:** STAT3-deficient hyperimmunoglobulin E syndrome: Report of a case with orofacial
2 granulomatosis-like disease.

3 **Running title:** STAT3-deficient HIES with OFG

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38 **Statement of Clinical relevance:** This paper highlights the common clinical features of hyper
39 IgE syndrome, the genetic mutations responsible, disease pathogenesis, as well as current
40 treatment strategies.

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43

44 **Abstract**

45 Hyperimmunoglobulin E syndrome (HIES) is a rare heterogenous primary immunodeficiency
46 disorder characterised by infections of the lung and skin, elevated serum IgE, and involvement of
47 the soft and bony tissues. Autosomal dominant HIES (AD-HIES) and related disorders are due to
48 defects in the Janus activated kinase-signal transducer and activator of transcription (JAK-STAT)
49 signaling pathway leading to reduced numbers of Th17 cells and impaired production of IL-17A,
50 IL-17F, and IL-22. In addition, neutrophils have chemotactic defects resulting in impaired
51 responses at skin and lung sites. We report a case of orofacial granulomatosis-like disease in a

52 teenage boy ultimately found to have autosomal dominant HIES due to a heterozygous mutation
53 in the STAT3 gene.

54

55 **Introduction**

56 Hyper-IgE syndrome (HIES) is a heterogeneous group of primary immunodeficiency diseases
57 characterised by recurrent staphylococcal abscesses, sinopulmonary infections, severe eczema,
58 candidosis and elevated serum levels of immunoglobulin E (IgE)¹. The exact prevalence is
59 unknown, although, there are approximately 200 cases reported worldwide². Autosomal
60 recessive (AR) and autosomal dominant (AD) (Job's syndrome) types exist.

61

62 Most patients with autosomal dominant HIES (AD-HIES) have a mutation in signal transducer and
63 activator of transcription 3 (*STAT3*), which is encoded on chromosome 17q21^{3,4,5}. *STAT3* plays a
64 key role in the signal transduction induced by a broad range of cytokines, hormones and growth
65 factors, which is consistent with the multi-system manifestations of the disorder. *STAT3* is crucial
66 for the IL-6 and IL-23-mediated regulation of T helper cell type 17 (Th17) differentiation and
67 function. Defective Th17 function results in decreased neutrophil proliferation and chemotaxis,
68 decreased inflammation, and increased susceptibility to *Candida* and bacterial infections^{5,6,7}.

69

70 There are seven publications on *STAT3* mutations reporting on 155 patients with HIES⁶. The
71 majority of reports have focused on the molecular and cellular defects, providing little clinical
72 information. The full extent and variation of the phenotype, including nature and severity of the
73 infectious events, the impact of prophylaxis, age at diagnosis, and clinical outcome are
74 incompletely documented and described. Here we describe the clinical features of a patient with
75 orofacial granulomatosis (OFG)-like disease, dermatitis and atopy, but without significant other
76 clinical features of HIES who was found to have *STAT3*-deficient HIES, with an emphasis upon its
77 oral implications.

78

79 **Case**

80 A 12-year-old male presented to the Oral Medicine Department, Eastman Dental Hospital, with a
81 worsening 4-year history of persistent upper and lower lip swelling. At the time of presentation,
82 the lip deformity was impacting on psychological well-being and the patient was concerned
83 regarding facial aesthetics but reported minimal discomfort. Additionally, he reported occasional
84 gingival bleeding and oral dryness secondary to a mouth-breathing habit.

85

86 The medical history was significant for atopy including well-controlled asthma and allergic
87 rhinitis. Spontaneous perinatal pneumothorax was reported, for which no definite cause was
88 identified. There was a history of a widespread erythematous cutaneous eruption at four weeks
89 of age which led to a diagnosis of eczema. At 13 years of age, whilst under our care, the patient
90 developed an extensive acneiform rash and folliculitis on the chest, back and buttocks and
91 pronounced erosions and exudation on the scalp. The cause of this rash had not formally been
92 investigated. There was a history of recurrent ear infections, requiring grommet insertion, and
93 recurrent upper respiratory tract infections, none of which required hospital admission or
94 antibiotic therapy. He was fully immunized without complications, except for measles, mumps
95 and rubella. There was a history of probable urticarial reaction to fish. The history was negative
96 for gastrointestinal disease, invasive or fungal infections. The dental history was negative for
97 delayed tooth eruption and no fractures were described. There was a strong family history of
98 atopy with maternal asthma and allergic rhinitis and eczema in a male sibling. The patient's score
99 on the NIH scoring system¹ was in the indeterminate range for AD-HIES⁸.

100

101 On systemic examination, excoriated lesions on the scalp, an acneiform rash on the torso and mid-
102 facial dermatitis were noted. Extra-orally, there was evidence of submental lymphadenopathy
103 and lip incompetence. The lip was firm to palpation with evidence of crusting at the vermilion
104 border (Fig. 1). The facial nerve was intact. Intraorally, there was evidence of cobblestoning of
105 the lower labial mucosa and mild fissuring of the tongue. Erythematous and hyperplastic gingivae

106 were noted on the labial aspects of the upper right first premolar extending to the upper left first
107 premolar (Fig. 2). The oral cavity appeared well lubricated with clear saliva expressed from the
108 major duct openings. There was no adenotonsillar hypertrophy. The clinical features of the lips
109 and oral cavity accorded with those expected of orofacial granulomatosis (OFG) or another
110 granulomatous process, hence appropriate confirmatory investigations were undertaken (Table
111 1).

112

113 Complete blood count revealed eosinophilia 2.45×10^9 (reference range 0.0-0.4). In light of the
114 history of atopy, immunoglobulin E (IgE) serology was undertaken to exclude allergic
115 angioedema. IgE levels were notably elevated at 16151kIU/L (reference range 0-200).
116 Histopathological examination of the affected upper gingiva demonstrated acute on chronic
117 inflammation but no granulomas and necrosis. The gingiva was the preferred site for biopsy to
118 avoid the potential morbidity associated with a lip biopsy. Ultrasound guided core biopsy of the
119 enlarged submental nodes for the presence of granulomatous disease was undertaken and
120 showed histopathological features in keeping with a reactive lymphadenopathy. Skin prick
121 testing was positive to wheat along with other foodstuffs.

122

123 Following referral to immunology, the patient had very low class switched memory B cells (1.0%,
124 reference range 6.5-29.1) and non-switched memory B cells (1.0%, reference range 7.4-32.5)
125 with increased transitional B cell (9.0%, reference range 0.6-3.4). The patient received the
126 pneumococcal vaccine (Pneumovax) to assess antibody response to polysaccharide antigens. He
127 generated specific antibody responses to 5 of the 13 pneumococcal serotypes in Pneumovax.
128 Genetic testing revealed a STAT3 heterozygous mutation c.2102-2A>G. This substitutes an
129 invariant base at the splice acceptor site and is therefore considered to be pathogenic and
130 consistent with a diagnosis of STAT3-deficient HIES.

131

132 The diagnosis was in keeping with plaque-related gingivitis with OFG-like disease secondary to a
133 heterozygous mutation in the STAT3 gene.

134

135 The lip swelling was treated with intralesional injections of triamcinolone acetonide (40mg/ml)
136 to the upper and lower lips. A total of 96mg (2.4ml) was administered over three weeks, with
137 injections spaced one week apart. At each visit, 0.4ml was administered to each lip, totaling 32mg
138 (0.8ml) per visit. Eight weeks post therapy, there was complete resolution of the swelling with
139 the lips returning to normal size, shape and consistency (Fig. 3). The patient underwent an
140 intensive course of hygiene therapy which led to an improvement in gingival swelling. Fixed
141 orthodontic appliances were placed in the upper and lower arches. Following orthodontic
142 therapy, the gingival enlargement persisted on the upper anterior labial and palatal gingiva and
143 the patient was referred for gingivectomy. The lips have remained stable at 30-month follow-up.
144 The eczematous eruption and the scalp lesions remain partially controlled with regular topical
145 corticosteroid application. The skin remains partially controlled with topical corticosteroid
146 cream three times weekly to affected skin areas and corticosteroid scalp application. At the
147 present time, treatment remains empirical in terms of preventing infections (azithromycin
148 500mg three times weekly), managing infections and other complications relevant to STAT3
149 deficiency.

150

151 **Discussion**

152 Autosomal dominant hyper IgE syndrome (Job's syndrome) was first described in 1996 by Davis
153 et al⁹ in two sisters with eczema, cold boils, and pneumonias. Since then, HIES has been
154 increasingly recognised as a multisystem immunodeficiency disorder characterised by the triad
155 of high serum IgE levels, eczema and cutaneous and sinopulmonary infections.

156

157 The autosomal dominant form of HIES reflects missense or in-frame deletions resulting in one
158 amino acid change or loss in STAT3. In contrast, the autosomal recessive form is due to Dedicator

159 of Cytokines 8 (DOCK 8) mutation¹⁰. The STAT3 protein has a central role in cell development
160 and inflammation control. It is crucial for the IL-6 and IL-23-mediated regulation of T helper cell
161 type 17 (Th17) differentiation and function which appears to be critical in control of extracellular
162 microbes. Heterozygous loss of-function mutations in STAT3 cause a dominant negative effect on
163 STAT3 function resulting in defects in signal transduction for IL-6 and IL-23, leading to low levels
164 of Th17 cells but not Th1 cells^{11,12}. Defective Th17 function results in decreased neutrophil
165 proliferation and chemotaxis¹³, impaired interferon (IFN)-gamma production^{14,15}, decreased
166 inflammation, and increased susceptibility to *Candida* and bacterial infections^{5,6,7,16}.

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169 Affected patients usually have characteristic facial features including increased alar width, broad
170 nasal bridge, frontal bossing, wide outer canthal distances, 'coarse facies' and deep-set eyes¹⁷.
171 These features tend to become more accentuated with age. Intra-oral features include prominent
172 arched palate, recurrent oral candidiasis, delayed healing, failure of exfoliation of primary teeth
173 and periodontitis¹⁸. Oral lesions involving the hard palate, dorsal tongue, buccal mucosa, and lip
174 mucosa, have been identified in over 75% of patients^{19,20}. Mucosal lesions can consist of surface
175 fissures and keratotic striations, patches, or plaques. Palatal lesions have been documented in the
176 majority, manifesting as a midline fibrotic bridge, occasionally surrounded by grooves or clefts. A
177 deep midline cleft anterior to the circumvallate papillae on the dorsum tongue has been observed
178 in some patients. The patient in this case lacked any of these oral features, which made the
179 diagnosis more challenging.

180

181 A spectrum of other features can arise including dermatitis, recurrent infections (principally
182 bacterial sinopulmonary and skin infections mainly caused by *Staphylococcus aureus* and *Candida*
183 *sp*), skeletal abnormalities (scoliosis, osteoporosis, bone fractures), central nervous system
184 abnormalities (e.g. focal hyperintensities on MRI, Chiari type 1 malformations), and arterial
185 aneurysms^{1,21}. As with many other immunodeficiency syndromes, there is an increased risk of

186 malignancy in HIES particularly for haematological solid and non-solid tumours, vulval, hepatic
187 and lung cancers^{22,23}. AD-HIES STAT3 deficient patients have an increased level of IgE but
188 paradoxically appear to be relatively protected from atopic disease^{24,25}. Patients with AR-HIES
189 types do not have the skeletal and connective tissue abnormalities seen with AD-HIES, nor do
190 they appear to have the same oral manifestations observed in AD-HIES. They may be more
191 susceptible to severe fungal and viral infections, as well as asthma, food allergies, and
192 malignancies^{21,26,27}.

193

194 A clinical scoring system was introduced in 1999 by the US National Institutes of Health (NIH)
195 based on 19 clinical and laboratory findings⁸. A score of 30 has a specificity of 80.6 percent and
196 sensitivity of 87.5 percent for the diagnosis of HIES. Oral findings in the scoring system include
197 retained primary teeth, candidosis, high palate and characteristic facial features. The patient
198 scored below this (22). A score of 20-40 is considered indeterminate. This patient therefore falls
199 into the small percentage of patients with genetically defined HIES for which the scoring system
200 does not provide a definitive diagnosis. When interpreting a clinical score, it is important to be
201 aware of its limitations. As genetic testing has developed in recent years, we are identifying more
202 patients with an incomplete phenotype. Historical scoring systems may under-diagnose these
203 patients.

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207 The management of patients with HIES can be challenging with therapy focused on improving
208 skin care, preventing infection, aggressively managing infections and controlling pulmonary
209 complications. Maintaining skin hydration and controlling the associated pruritus requires the
210 use of topical agents for treatment of eczema and antiseptic washes to decrease *S.*
211 *aureus* colonisation. Prophylactic antimicrobials are given to prevent pneumonia and skin
212 infections. Maintenance antifungals are used in individuals with recurrent mucocutaneous
213 candidiasis. Immunomodulatory agents have been used with varying success. Recombinant

214 human interferon (IFN)-gamma can slightly lower immunoglobulin E (IgE) levels and decrease
215 respiratory secretions²⁸. There is anecdotal evidence that high-dose
216 intravenous immunoglobulin (IVIG) may cause improvement in some individuals²⁹. Results from
217 bone marrow transplantation (BMT) have been mixed and it has not been pursued as a treatment
218 option in this cohort^{30,31}, though two patients with HIES showed sustained benefit over 10 and 14
219 years of follow-up³². Omalizumab, a monoclonal antibody that blocks IgE-mediated histamine
220 release from mast cells, was used successfully in one case³³.

221

222 A number of immunodeficiency disorders, hereditary and acquired (e.g. ataxia telangiectasia,
223 CVID, chronic granulomatous disease), present with non-infectious granulomatous inflammation
224 at a variety of body sites^{34,35,36}. Understanding the genetic overlap between HIES and
225 granulomatous conditions is key to elucidating common pathways. As mentioned previously,
226 heterozygous loss of-function mutations in STAT3 cause defects in signal transduction for IL-6
227 and IL-23. Several primary immunodeficiencies characterised by mutations in IL-23 pathway
228 present with granulomatous inflammation³⁶. Granulomatous inflammation and ulceration
229 involving the buccal mucosa was reported in one child with DOCK8 deficiency³⁷. Interestingly,
230 ustekinumab, which targets the p40 unit of both IL-12 and IL-23, has been shown to reduce
231 disease burden of Crohn's disease³⁸. The diagnosis of OFG requires a) the presence of typical
232 orofacial clinical features, and b) the exclusion of systemic disorders that may mimic the
233 condition by taking a thorough medical history with appropriate serologic, radiological, or
234 endoscopic investigations where clinically justified. Histopathological confirmation of non-
235 caseating granulomas is not an essential criterion, though may prove useful in excluding other
236 causes of granulomatous inflammation. The clinical features of the lips and oral cavity in this case
237 were consistent with an OFG-like condition and lip biopsy was not indicated for confirmation of
238 the diagnosis. Intralesional corticosteroids have been successfully used to manage lip swelling in
239 patients with OFG, with remission of lip swelling for up to 10–12 months³⁹.

240

241 **Conclusion**

242 STAT3 deficiency is a rare disorder that can be challenging to diagnose. Identifying specific
243 genetic defects not only confirms the diagnosis and facilitates genetic counselling but allows for
244 improved risk stratification. Importantly, the identification of genetic defects also allows for the
245 use of specific but rare therapeutic management strategies. A strong collaborative approach by
246 various specialists is essential for the diagnosis and management of patients with such disease.
247 This patient illustrates that broad genetic testing strategies are identifying patients with an
248 extended phenotype of immunodeficiencies and other conditions.

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268 **Figure Legends**

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270 **Figure 1:** Upper and lower lip swelling with lip incompetence. The lip was firm and there was
271 evidence of crusting at the vermilion border.

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273 **Figure 2:** Erythematous and hyperplastic gingivae were noted on the labial aspects of UR4
274 extending to UL4.

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276 **Figure 3:** Resolution of lip swelling following Intralesional triamcinolone to upper and lower
277 lips. There is evidence of drying of the superior inner labial lip mucosa.

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