

**CD36 and Lipid Metabolism in the Evolution of Atherosclerosis**

Journal:	<i>British Medical Bulletin</i>
Manuscript ID	Draft
Manuscript Type:	Invited Review
Date Submitted by the Author:	n/a
Complete List of Authors:	Zhao, Lei; Chongqing Medical University, Centre for Lipid Research Varghese, Zac; University College London Medical School, Centre for Nephrology/Medicine Moorhead, John; University College London Medical School, Centre for Nephrology/Medicine Chen, Yaxi; Chongqing Medical University, Centre for Lipid Research Ruan, Xiong ; University College London Medical School, Centre for Nephrology
Keywords:	CD36, atherosclerosis, hyperlipidemia, inflammation, endothelial dysfunction, thrombosis

SCHOLARONE™  
Manuscripts

view

## CD36 and Lipid Metabolism in the Evolution of Atherosclerosis

Lei Zhao<sup>1</sup>, Varghese Z<sup>3</sup>, Moorhead JF<sup>3</sup>, Yaxi Chen<sup>1</sup>, Xiong Z. Ruan<sup>1,2,3\*</sup>

<sup>1</sup>Centre for Lipid Research & Key Laboratory of Molecular Biology for Infectious Diseases (Ministry of Education), Institute for Viral Hepatitis, Department of Infectious Diseases, the Second Affiliated Hospital, Chongqing Medical University, 400016 Chongqing, China; <sup>2</sup>The Collaborative Innovation Center for Diagnosis and Treatment of Infectious Diseases (CCID), Zhejiang University, 310058 Hangzhou, China; <sup>3</sup>John Moorhead Research Laboratory, Centre for Nephrology, University College London Medical School, Royal Free Campus, University College London, London NW3 2PF, United Kingdom

**\*Correspondence authors.** Yaxi Chen and Xiong Z. Ruan, Centre for Lipid Research & Key Laboratory of Molecular Biology for Infectious Diseases (Ministry of Education), Institute for Viral Hepatitis, Department of Infectious Diseases, the Second Affiliated Hospital, Chongqing Medical University, 400016 Chongqing, China; John Moorhead Research Laboratory, Centre for Nephrology, University College London Medical School, Royal Free Campus, University College London, London NW3 2PF, United Kingdom. E-mail addresses: [x.ruan@ucl.ac.uk](mailto:x.ruan@ucl.ac.uk).

## Abstract

**Introduction or background:** CD36 is a multifunctional class B scavenger receptor, which acts as an important modulator of lipid homeostasis and immune responses.

**Sources of data:** This review uses academic articles.

**Areas of agreement:** CD36 is closely related to the development and progression of atherosclerosis.

**Areas of controversy:** Both persistent up-regulation of CD36 and deficiency of CD36 increase the risk for atherosclerosis. Abnormally up-regulated CD36 promotes inflammation, foam cell formation, endothelial apoptosis, macrophage trapping and thrombosis. However, CD36 deficiency also causes dyslipidemia, sub-clinical inflammation and metabolic disorders, which are established risk factors for atherosclerosis.

**Growing points:** There may be an 'optimal protective window' of CD36 expression.

**Areas timely for developing research:** In addition to traditionally modulating protein functions using gene overexpression or deficiency, the modulation of CD36 function at post-translational levels has recently been suggested to be a potential therapeutic strategy.

Keywords: CD36, atherosclerosis, hyperlipidemia, inflammation, endothelial dysfunction, macrophage migration, foam cell, thrombosis

## 1. INTRODUCTION

Atherosclerosis is a chronic inflammatory disease of the arterial wall and a major cause of vascular death worldwide. Its primary clinical manifestations include coronary heart disease (CHD), ischemic stroke and peripheral artery disease. In the United States, the prevalence of CHD in adults is estimated to be 6.2%, and the annual cost of CHD and strokes is approximate \$317 billion. Atherosclerotic lesions begin with endothelial dysfunction in arterial vasculature, which leads to focal permeation and trapping of circulating monocytes and lipoprotein particles in the sub-endothelial space (intima). Intimal monocytes differentiate into macrophages and internalise modified lipoproteins to form foam cells, which is the hallmark of early fatty streak lesions. The activated macrophages produce and secrete multiple cytokines/chemokines and growth factors, which act on smooth muscle cells to induce proliferation and synthesis of extracellular matrix components within the intimal space, thus generating a fibromuscular plaque. Progressive structural remodelling of developing lesions results in the formation of complex plaques containing a fibrous cap, a lipid-rich, necrotic core and a rich population of inflammatory cells, including activated macrophages, T-cells, natural killer T-cells and dendritic cells, accompanied by varying degrees of matrix remodelling and calcification.

As the fat-laden foam cell is the earliest visible characteristic of the atherosclerotic lesion, the underlying molecular mechanisms for their formation have attracted much interest for decades. Almost 40 years ago, Goldstein et al. demonstrated that the uptake of oxidised low-density lipoprotein (ox-LDL) by scavenger receptors could trigger macrophage foam cell formation *in vitro*.<sup>1</sup> Following this line, much interest has been focused on the role of scavenger receptor in atherosclerosis. To date, the class B scavenger receptor CD36, a key mediator of ox-LDL uptake in macrophages,<sup>2</sup> has received the most attention. Numerous studies have demonstrated its importance in hyperlipidemia, inflammation, endothelial dysfunction, macrophage migration, foam cell formation and thrombosis,<sup>3</sup> which are clearly related to the development and progression of the atherosclerotic lesion. In this review, we summarise the knowledge gained regarding the roles of CD36 in atherosclerosis.

## 2. THE STRUCTURE, LIGANDS AND FUNCTIONS OF CD36

CD36 is expressed in various cells, including skeletal and cardiac myocytes, adipocytes, microvascular endothelial cells, macrophages, platelets, epithelial cells in the gut, kidney and breast, and microglia. It is an integral membrane glycoprotein, which has a hairpin-like membrane topology with two transmembrane domains, two very short intracytoplasmic domains, and a large heavily glycosylated extracellular domain. The extracellular domain of CD36 proteins contains binding sites for ligands. It has been demonstrated that fatty acid (FA)-binding site in CD36 (amino 127-279) overlaps with the binding sites (amino 157-171) of ox-LDL and oxidised phosphatidylcholine. The carboxyl tail of CD36 can be interacted with Src-family

1  
2  
3 tyrosine kinases and is necessary for signal transduction.<sup>4</sup>  
4

5 CD36 independently binds and recognises multiple exogenous or endogenous  
6 ligands, including molecules presented on pathogens or pathogen-infected cells,  
7 apoptotic cells, long-chain fatty acid (LCFA), modified low-density lipoprotein (LDL)  
8 and high-density lipoprotein (HDL), glycated proteins,  $\beta$ -amyloid protein, serum  
9 amyloid A and thrombospondin-1 (TSP1). These ligands can be categorised into three  
10 major classes: LCFA; pathogen-associated molecular patterns (PAMPs) and  
11 endogenously derived hazardous molecules (e.g. ox-LDL); TSP1 and proteins that  
12 contain the TSP1 structural homology region (TSR). Through the interaction with  
13 diverse ligands, CD36 can modulate multiple physiologic and pathologic processes,  
14 including FA transport and lipid metabolism, scavenger receptor functions (e.g.  
15 uptake of apoptotic cells and modified lipid), angiogenesis, adhesion, inflammation,  
16 cardiomyopathy, diabetes and atherosclerosis.  
17  
18  
19  
20  
21

### 22 **3. THE ROLES OF CD36 IN HYPERLIPIDEMIA**

23

24 A strong link between hypercholesterolemia and atherogenesis was established  
25 over 40 years ago, based on abundant experimental and clinical relationships between  
26 hypercholesterolemia and atheroma.<sup>5</sup> Hypertriglyceridemia is also a risk factor for  
27 atherosclerosis. In a cohort of 500 survivors of myocardial infarction, Goldstein and  
28 colleagues demonstrated that elevation in triglyceride levels with or without an  
29 associated elevation in cholesterol levels was three times more common in  
30 cardiovascular disease (CVD) patients than high cholesterol levels alone.<sup>6</sup> In patients  
31 with familial hypertriglyceridemia (FHTG), baseline triglyceride levels can predict  
32 subsequent cardiovascular disease mortality.<sup>7</sup> Furthermore, triglyceride reduction in  
33 clinical trials using fibric acid drugs has been suggested for reduction of CVD events  
34 in hypertriglyceridemic (HTG) subjects.<sup>8</sup>  
35  
36  
37

38 Patients with the CD36 deficiency or CD36 gene polymorphism often display  
39 postprandial hyperlipidemia with high levels of plasma apoB48, triglyceride, FA and  
40 chylomicron (CM) remnants.<sup>9, 10</sup> These observations suggest the importance of CD36  
41 in hyperlipidemia and related atherosclerosis. CD36 is involved in multiple processes  
42 of lipid metabolisms, including dietary lipid intake, lipoprotein production and  
43 transport, lipid utilisation, storage and lipolysis, which will be discussed below.  
44  
45

46 **3.1. CD36 and dietary lipid intake:** Dietary lipid is an important source of  
47 lipids in the blood. As a lifestyle with high-fat diet consumption is closely related to  
48 increased risk of dyslipidemia and atherosclerosis, the role of CD36 in lipid sensing  
49 and its regulation on lipid intake has drawn much attention in the recent decade.  
50 CD36 in taste bud cells can recognise dietary FA and induce the rise of cytosolic  
51 calcium, resulting in neurotransmitter release and central fat perception.<sup>11</sup> CD36 in  
52 hypothalamic metabolic-sensing neurons is also crucial for neuronal FA sensing.<sup>12</sup> In  
53 addition, obese patients carrying a single-nucleotide polymorphism in the CD36 gene  
54 (rs1761667 involving A/G substitution), which reduces CD36 expression in  
55 monocytes and platelets,<sup>13</sup> have lower sensitivity for fat perception and have increased  
56  
57  
58  
59  
60

1  
2  
3 preference for food with high-fat content.<sup>14</sup>  
4

5 **3.2. CD36, CM formation and clearance:** CD36 plays an essential role in  
6 coordinating the incorporation of FA and cholesterol into CM (82% triglyceride, 9%  
7 cholesterol, 7% phospholipid, and 2% protein),<sup>15</sup> which is responsible for transporting  
8 dietary lipids from gut to the blood. The particle size of CM in CD36-null mice is  
9 smaller than in wild-type mice. More importantly, CD36 deficiency impairs clearance  
10 of CM from the blood, which induces hyperlipidemia in the postprandial and fasting  
11 states.<sup>16</sup> Postprandial hyperlipidemia with high levels of CM remnants is also  
12 observed in humans with CD36-deficiency.<sup>17</sup>  
13  
14

15 **3.3. CD36, lipid utilisation, lipid storage and lipolysis:** In heart and skeletal  
16 muscle of rodents and humans, CD36 has been recognised as a major FA transporter  
17 and serves to supply the cells with an energy source for beta-oxidation. Patients with  
18 mutations in the CD36 gene, in which the expression of the CD36 protein was not  
19 detected on either platelets or monocytes membranes, display total lack of LCFA  
20 accumulation in the heart.<sup>18</sup> In adipose tissue, CD36 regulates the process of lipid  
21 storage and lipolysis. CD36 is a marker of human adipocyte progenitors and cells with  
22 a high CD36 level have pronounced adipogenic and triglyceride accumulation  
23 potential. CD36 gene silencing attenuates adipocyte adipogenesis in vivo and in vitro.  
24 The level and trafficking of CD36 are also associated with lipolysis and FA  
25 re-esterification. CD36 deletion increases the cAMP level through interaction with Src  
26 and ERK signaling, which results in triglyceride hydrolysis and an increase of free FA  
27 into plasma.<sup>19</sup>  
28  
29  
30  
31

32 Thus, CD36 is necessary for the maintenance of lipid homeostasis. In patients  
33 with CD36-deficiency or CD36 gene polymorphism, multiple factors may contribute  
34 to the occurrence of dyslipidemia, including their preference for food with high-fat  
35 content, impaired CM formation and clearance, reduced lipid utilisation and lipid  
36 storage, as well as increased lipolysis (Figure 1).  
37  
38  
39  
40

#### 41 **4. THE ROLE OF CD36 IN CHRONIC INFLAMMATION**

42

43 Several new lines of evidence support the model of atherosclerosis as an  
44 inflammatory disease<sup>20</sup>: 1) Patients with chronic systemic inflammatory disorders,  
45 e.g., systemic lupus erythematosus, dialysis, obesity, type 2 diabetes and ageing have  
46 significantly increased the risk of atherosclerosis. 2) Inflammatory biomarkers  
47 including C-reactive protein, myeloperoxidase (a marker of leukocyte activation), and  
48 antibodies to ox-LDL are associated with risk and prognosis of atherosclerosis. 3)  
49 Tissue studies demonstrate that leukocyte recruitment and expression of  
50 pro-inflammatory cytokines characterize early atherogenesis, and malfunction of  
51 inflammatory mediators mutes atheroma formation in mice. Moreover, inflammatory  
52 pathways promote thrombosis, responsible for myocardial infarction and strokes. 4)  
53 Atherosclerosis is absent in animal models lacking monocytes or monocyte  
54 recruitment as well as T-cell-derived pro-inflammatory cytokines.  
55  
56  
57  
58  
59  
60

1  
2  
3 As a member of the class B scavenger receptor family, CD36 can recognise  
4 multiple endogenously derived hazardous molecules (e.g. ox-LDL), resulting in the  
5 activation of sterile inflammation. Although this process originally evolved to  
6 eliminate hazardous molecules, persistent inflammation contributes to a broad range  
7 of chronic metabolic disorders, including atherosclerosis, type 2 diabetes and  
8 Alzheimer's disease. Thus CD36 up-regulation is closely related to chronic  
9 inflammation and the development of atherosclerosis. However, recent studies also  
10 support an important role of CD36 in the regulation of immune and inflammatory  
11 responses. The function of CD36 in mediating the pro-inflammatory and  
12 anti-inflammatory response will be discussed below.

#### 16 4.1. Pro-inflammatory effects of CD36

17  
18 **CD36 and Toll-like receptor (TLR):** CD36 ligands (e.g. ox-LDL) triggers the  
19 assembly of a CD36–TLR4–TLR6 heterotrimeric complex, activating transcription  
20 factor nuclear factor  $\kappa$ B (NF- $\kappa$ B) and boosting sterile inflammation in macrophages  
21 and microglia cells.<sup>21</sup> Atherogenic lipid mediators such as ox-LDL, oxidised  
22 phospholipids, lipoproteins and FAs, also trigger an oxidative burst through the  
23 CD36–TLR2–TLR6 pathway, resulting in apoptosis of endoplasmic  
24 reticulum-stressed cholesterol-overloaded foam cells.<sup>22</sup> Defective clearance of  
25 apoptotic cells then causes secondary necrosis, triggering a pro-inflammatory  
26 response from macrophages. Furthermore, CD36 protein expression is up-regulated  
27 by pro-inflammatory cytokines at post-transcriptional level through modulating its  
28 translation in the ribosome, which may enlarge the inflammatory response in a  
29 feed-forward loop.

30  
31 The mechanisms by which CD36 promotes TLRs activation remain incompletely  
32 understood. Few studies suggested that the interaction between CD36 and TLRs may  
33 be mediated by the activation of the Src family pathway. CD36 ligands recruit Lyn  
34 kinase to CD36,<sup>21</sup> which may contribute to TLR4 and TLR6 phosphorylation and  
35 activation.

36  
37 **CD36 and NLRP3-inflammasome:** The nucleotide-binding domain and  
38 leucine-rich repeat pyrin domain containing 3 (NLRP3) inflammasome is a large  
39 multi-protein complex which comprises of the NLRP3 protein, the adapter  
40 apoptosis-associated speck-like protein (ASC) and pro-caspase-1. The  
41 NLRP3-Inflammasome catalyses the cleavage of pro-IL-1 $\beta$  and pro-IL-18 into their  
42 biologically active forms, which has been linked to the pathogenesis of several  
43 chronic inflammatory diseases such as atherosclerosis, type 2 diabetes (T2D) and  
44 Alzheimer's disease.

45  
46 CD36 is involved in both NLRP3-inflammasome priming and activation. Sheedy  
47 et al. found that ox-LDL sequestered by macrophage CD36 activated NF- $\kappa$ B,  
48 downstream of the heterotrimeric CD36-TLR4-TLR6 complex, thereby up-regulating  
49 NF- $\kappa$ B-driven NLRP3 expression.<sup>23</sup> In addition, CD36-mediated ox-LDL uptake  
50 results in the intracellular accumulation of cholesterol crystals that cause lysosomal  
51 disruption and NLRP3-inflammasome activation.<sup>23</sup> This finding highlights the role of  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 the CD36 act as a central regulator of inflammasome activation.  
4

#### 5 **4.2. Anti-inflammatory effects of CD36**

6  
7 **CD36 and IL-10:** IL-10 is an important anti-inflammatory cytokine that plays a  
8 multitude of roles in regulating both innate and adaptive immune responses. A subset  
9 of the peripheral blood mononuclear cell (PBMC) isolated from healthy individuals  
10 has readily detectable intracellular IL-10, and there is a linear relationship between  
11 IL-10 production and surface CD36 expression levels in these cells.<sup>24</sup> Interaction of  
12 CD36 on monocytes and immature dendritic cells with apoptotic cells is also  
13 associated with the secretion of IL-10. Binding of the apoptotic cells to CD36 on  
14 macrophages triggers Src family, p38 mitogen-activated protein kinase (MAPK)  
15 activation and phosphorylation of Pbx regulating protein-1 (Prep-1), thereby  
16 increasing pre-B cell leukaemia transcription factor-1 (Pbx-1) binding to the ACRE of  
17 the IL-10 promoter and up-regulating IL-10 transcription.<sup>25</sup> These findings support  
18 the importance of CD36 in the process of IL-10 induction and imply its  
19 anti-inflammatory effects in the microvasculature.  
20  
21  
22  
23

24 **CD36 and the clearance of neutrophils:** Effective elimination of neutrophils is  
25 essential for the resolution of the inflammatory process. Ballesteros et al. found that in  
26 a CD36-dependent manner, the peroxisome proliferator-activated receptor (PPAR)  
27 gamma agonist increases the microglia/macrophage-mediated phagocytosis of  
28 infiltrated neutrophils and contributes to the resolution of inflammation in stroke.  
29 Cifarelli et al. also reported that CD36-null mice exhibit chronic neutrophil infiltration  
30 of the gut and impaired epithelial barrier integrity, accompanied by an increase in  
31 circulating neutrophils and endotoxin levels as well as a depletion of Ly6Clow  
32 anti-inflammatory monocytes.<sup>26</sup> Loss of CD36 on endothelial cells, but not on  
33 enterocytes, causes neutrophil infiltration and epithelial barrier leakage in small  
34 intestines, reproducing notable abnormalities identified in germline CD36KO mice.<sup>26</sup>  
35  
36  
37

38 Together, the current results suggest that CD36 is important in the maintenance of  
39 immune homeostasis. The interaction of CD36 with different ligands may trigger  
40 different signaling pathways, resulting in wholly different phenomena (the pro- and  
41 anti-inflammatory responses) (Figure 2). In considering its importance in maintaining  
42 the balance between inflammation and anti-inflammation responses, both abnormal  
43 up-regulation and deficiency of CD36 may disrupt homeostasis and cause persistent  
44 inflammation in vivo.  
45  
46  
47

### 48 **5. CD36 AND ENDOTHELIAL DYSFUNCTION**

49  
50  
51 Several studies have linked CD36 to endothelial dysfunction. In vitro, glucose  
52 increased CD36 mRNA and protein levels in microvascular endothelial cells,  
53 accompanied by an increase of ox-LDL uptake, haemoxygenase-1 (HO-1) and  
54 endothelin-1 (ET-1) expression.<sup>27</sup> These glucose-induced changes are prevented by  
55 CD36 gene silencing in endothelial cells.<sup>27</sup> Jimenez et al. demonstrated that the  
56 interaction between endothelial cell CD36 and TSP1 leads to phosphorylation of the  
57  
58  
59  
60



1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

Src kinase Fyn, followed by phosphorylation of p38 MAPK.<sup>28</sup> This signaling pathway leads to cellular apoptosis of endothelial cells, and thus efficiently prevents angiogenesis.<sup>28</sup> However, CD36 is reported to be required for activation of endothelial nitric oxide (NO) synthase in response to high-density lipoprotein.<sup>29</sup> CD36-null mice exhibited higher arginase activity in adipose tissues,<sup>30</sup> which may contribute to decreased production of NO, causing reduced endothelial NO bioavailability and endothelial dysfunction. These findings suggest that CD36 is physiologically necessary for the maintenance of endothelial function; the abnormal up-regulation of CD36 under pathological conditions, such as hyperglycemia, may also lead to endothelial dysfunction.

## 6. THE ROLE OF CD36 IN MACROPHAGE MIGRATION

The migration of circulating monocyte into the arterial intima is a critical event in the development of atherosclerosis. However, the role of CD36 in monocyte/macrophage migration is complicated since both CD36 overexpression and down-regulation may regulate macrophage migration through different mechanisms.

Park et al. found that treatment of macrophages with ox-LDL activates (FAK) and inactivates Src homology 2-containing phosphotyrosine phosphatase, inducing actin polymerisation and cell spreading, thereby inhibiting cellular migration in a CD36-dependent manner.<sup>31</sup> The authors thus conclude that up-regulation of CD36 by ox-LDL inhibits macrophage migration and may contribute to macrophage trapping in the atherosclerotic lesion.

Paradoxically, however, Harb et al. reported that EP80317, a CD36-binding peptide which competes for the binding domain with ox-LDL on CD36, reduces phosphorylation of the focal adhesion kinase (FAK) Pyk2, resulting in reduced recruitment of radiolabeled macrophages to atherosclerotic lesions in ApoE<sup>-/-</sup> mice, but not in CD36-deficient mice.<sup>32</sup> Kuchibhotla et al. also reported that CD36-deficient macrophages display reduced chemotaxis towards the chemokine CCL2.<sup>33</sup> These studies thus support that the inhibition of CD36 on macrophages inhibits macrophage migration.

In addition, we recently found that while CD36 genetic silencing in macrophages inhibits cellular migration, CD36 genetic silencing in hepatic parenchyma cells promotes macrophage migration.<sup>34</sup> CD36 deficiency inactivates nuclear histone deacetylase 2 (HDAC2) and activates MCP-1 transcription in hepatic parenchyma cells, thereby promoting macrophages migration through a paracrine loop.<sup>34</sup> Interestingly, CD36 deficiency in macrophages does not alter the histone modification of MCP-1 promoter, at least in part, due to low levels of HDACs in macrophage nuclei.<sup>34</sup> Thus our findings provide the first evidence that CD36 is involved in the epigenetic modification of MCP-1 gene in a cell-specific manner. This also highlights the importance of CD36 in regulating the cross-talk between parenchyma cells and macrophages migration.

## 7. THE ROLE OF CD36 IN FOAM CELL FORMATION

It is well-recognised that macrophage scavenger receptors mediate the uptake of ox-LDL. Although this process is originally evolved to be homeostatic (i.e. clearance of modified lipoproteins from the vessel wall), the persistent uptake of ox-LDL “loads” the cells with excess cholesterol, resulting in what is called “foam cells”, the earliest visible characteristic of the atherosclerotic lesion.

It is noteworthy that ox-LDL can increase CD36 expression through activating the nuclear hormone receptor PPAR gamma, a transcription factor that regulates the expression of CD36. Thus ox-LDL promotes further cellular ox-LDL uptake, and this feed-forward loop presumably accelerates foam cell formation in the arterial intima. The CD36 expression is also up-regulated at the transcriptional level by FA and its metabolite, e.g. 13-hydroxy octadecadienoic acid (13-HODE), through activating the nuclear transcription factors testicular orphan nuclear receptor 4 (TR4) and/or PPAR gamma,<sup>35</sup> thereby promoting cellular uptake of ox-LDL and causing foam cell formation (Figure 3). Hyperglycemia promotes CD36 expression and contributes to a pro-atherosclerotic state in patients with diabetes.

CD36 deficiency in human monocyte-derived macrophages significantly reduced its binding and uptake capacity for ox-LDL.<sup>2</sup> The absence of CD36 expression is associated with a lack of foam cell formation in vitro when macrophages are exposed to ox-LDL.<sup>36</sup> However, the in vivo result of the CD36 function in foam cell formation is controversial. There appears to be no deficiency in foam cell formation in ApoE<sup>-/-</sup> mice deficient in either CD36 or scavenger receptor A, or both.<sup>37</sup> This remarkable observation suggests that foam cell formation may occur via pathways that are independent of scavenger receptors or ox-LDL uptake in vivo.

## 8. CD36 AND THROMBOSIS

Atherothrombotic events are severe adverse complications of atherosclerosis. Platelet CD36 mediates ox-LDL-induced platelet activation and the release of granules including IL-1 $\beta$ .<sup>38</sup> It renders platelets hypersensitive to aggregation stimuli by for example ADP, thereby contributing to platelet aggregation and atherothrombosis in vivo and in vitro. The underlying mechanism is dependent on ox-LDL-mediated activation of the CD36 signal cascade, which induces recruitment of the Src family proteins Fyn and Lyn to CD36.<sup>39</sup> This then leads to the phosphorylation and activation of JNK family members and extracellular signal-regulated kinase 5 (ERK5), thereby promoting platelet aggregation and thrombosis.<sup>40</sup> CD36-null mice have significantly prolonged thrombotic occlusion times in response to vascular injury.<sup>41</sup> Thus CD36 is an important link between lipid metabolism, atherosclerosis and thrombosis.

## 9. THE COMPLEXITY OF CD36 IN ATHEROSCLEROSIS

The roles of CD36 in atherosclerosis are both complex and conflicting in both rodents and humans. It seems that both CD36 overexpression and complete CD36 deficiency predispose to metabolic complications.

Spontaneously hypertensive rats (SHR) genetically deficient in CD36 display several features of human metabolic syndromes, including hypertension, type 2 diabetes, obesity, and hyperlipidemia.<sup>42</sup> Transgenic overexpression of CD36 in SHR ameliorates insulin resistance and lowers serum FAs.<sup>43</sup> These findings thus support CD36 as a protective factor for atherosclerosis in rat models.

In mice models, the function of CD36 in atherosclerosis is controversial. Febbraio et al. reported that CD36 deficiency reduced aortic lesion formation by 76% in ApoE deficient mice.<sup>33, 36</sup> Bone-marrow-specific deletion of CD36 has similar protective effects on atherosclerosis in ApoE<sup>-/-</sup> mice, suggesting CD36 on macrophages act as the key pro-atherogenic mediator of atherosclerosis.<sup>44</sup> Genetic deletion of CD36 also protects ApoE<sup>-/-</sup> mice from the hyper-coagulability and the prothrombotic state.<sup>45</sup> Thus these findings support the pro-atherosclerotic and pro-thrombotic potential of CD36. Paradoxically, however, Freeman and colleagues found in ApoE<sup>-/-</sup> mice that deletion of either CD36 or the related scavenger receptor A, or both had little impact on aortic lesion area in their experimental system.<sup>37, 46</sup> To date, explanations of these different findings remain unclear.

Likewise, the results from studies of CD36 function in human atherosclerosis are both complex and controversial. Levels of soluble CD36 are positively correlated with plaque instability and symptomatic carotid atherosclerosis.<sup>47</sup> The expression of CD36 on macrophages was significantly increased in atherosclerotic plaques of the human aorta.<sup>48</sup> The mRNA expression of CD36 on human PBMCs was significantly higher in hypercholesterolemic than normocholesterolemic patients. These findings thus suggest CD36 overexpression is perhaps a biomarker for the development and progression of atherosclerotic lesions.

However, the studies of human populations with the CD36 deficiency or CD36 gene polymorphism raise the possibilities that CD36 deficiency is as much a risk factor as CD36 overexpression for atherosclerosis. CD36 deficiency is rare in Caucasians but is relatively common (3-6%) in Asian and African populations. A genetic CD36 deficiency is closely associated with an increased prevalence of metabolic abnormalities, including hyperlipidemia, hypertension, and elevated fasting glucose contents.<sup>49</sup> So far, there is no definitive evidence supporting the direct relationship between human CD36 deficiency and altered cardiovascular risk although hit has been reported that the frequency of CD36-deficiency was three times higher in CHD patients than in healthy subjects.<sup>17</sup>

Overall, these findings support that there may be an 'optimal protective window' of CD36 expression that either abnormal up-regulation or deficiency of CD36 may

1  
2  
3 increase the risk for atherosclerosis. We proposed that different mechanisms are  
4 involved in these processes. When CD36 is persistently up-regulated by pathological  
5 factors, for example, ox-LDL and TSP1, it promotes inflammation induced by NF- $\kappa$ B  
6 and inflammasome activation, foam cell formation, endothelial apoptosis,  
7 and macrophage trapping and thrombosis. On the other hand, in subjects with the CD36  
8 deficiency or CD36 gene polymorphism, multiple factors may contribute to the  
9 development of atherosclerosis, including hyperlipidemia, subclinical inflammation  
10 caused by impaired apoptotic cells clearance, increased neutrophils and endotoxin  
11 levels, impaired endothelial NO bioavailability, and increased macrophage migration  
12 through a paracrine-loop (Figure 4). Therefore, the maintenance or restoration of  
13 CD36 function is important for prevention or treatment of atherosclerosis.  
14  
15  
16  
17  
18

19 Traditionally, we modulate protein functions at translational levels using gene  
20 overexpression or deficiency. Recently, increasing amounts of data have suggested  
21 that in addition to this, the post-translational modifications may be a novel mechanism  
22 to modulate the location and function of CD36.<sup>50</sup> These post-translational  
23 modifications on CD36 proteins include phosphorylation, glycosylation,  
24 palmitoylation, and ubiquitination. Glycosylation is necessary for CD36 location in  
25 plasma membranes. Inhibition of palmitoylation decreases the incorporation of CD36  
26 into plasma membrane rafts, thereby reducing the efficiency of uptake of ox-LDL in  
27 vitro.<sup>51</sup> Furthermore, we recently found that the blocking of CD36 palmitoylation  
28 reducing FA uptake and inflammatory response in mice models (unpublished data).  
29 These data suggest that modulation of CD36 functions at post-transcriptional levels  
30 may provide a new therapeutic strategy for the treatment of atherosclerosis.  
31  
32  
33  
34  
35

## 36 10. CONCLUSION

37 CD36 is a multi-functional immuno-metabolic receptor. It functions  
38 physiologically as an important modulator in lipid homeostasis and immune  
39 homeostasis. Both abnormal and persistent up-regulation of CD36 and CD36  
40 deficiency are involved in the development and progression of atherosclerosis. Thus  
41 there may be an 'optimal protective window' of CD36 expression. The modulation of  
42 the CD36 function at post-translational levels may provide a new potential therapeutic  
43 strategy for treatment of atherosclerosis.  
44  
45  
46  
47  
48

## 49 ACKNOWLEDGEMENTS

50 This work was supported by the National Natural Science Foundation of China (Key  
51 Program No. 81390354, 81570517, 31540029 and 31640043) and Chongqing  
52 Research Program of Basic Research and Frontier Technology (No.  
53 cstc2015jcyjBX0044).  
54  
55  
56  
57  
58  
59  
60

## References

- 1 Goldstein JL, Ho YK, Basu SK, et al. Binding site on macrophages that mediates uptake and degradation of acetylated low-density lipoprotein, producing massive cholesterol deposition. *Proc Natl Acad Sci U S A* 1979; 76: 333-7
- 2 Nozaki S, Kashiwagi H, Yamashita S, et al. Reduced uptake of oxidized low density lipoproteins in monocyte-derived macrophages from CD36-deficient subjects. *J Clin Invest* 1995; 96: 1859-65
- 3 Silverstein RL. Inflammation, atherosclerosis, and arterial thrombosis: role of the scavenger receptor CD36. *Cleve Clin J Med* 2009; 76 Suppl 2: S27-30
- 4 Silverstein RL, Li W, Park YM, et al. Mechanisms of cell signaling by the scavenger receptor CD36: implications in atherosclerosis and thrombosis. *Trans Am Clin Climatol Assoc* 2010; 121: 206-20
- 5 Ross R, Harker L. Hyperlipidemia and atherosclerosis. *Science* 1976; 193: 1094-100
- 6 Goldstein JL, Hazzard WR, Schrott HG, et al. Hyperlipidemia in coronary heart disease. I. Lipid levels in 500 survivors of myocardial infarction. *J Clin Invest* 1973; 52: 1533-43
- 7 Austin MA, McKnight B, Edwards KL, et al. Cardiovascular disease mortality in familial forms of hypertriglyceridemia: A 20-year prospective study. *Circulation* 2000; 101: 2777-82
- 8 Agrawal N, Freitas Corradi P, Gumaste N, et al. Triglyceride Treatment in the Age of Cholesterol Reduction. *Prog Cardiovasc Dis* 2016; 59: 107-118
- 9 Love-Gregory L, Abumrad NA. CD36 genetics and the metabolic complications of obesity. *Curr Opin Clin Nutr Metab Care* 2011; 14: 527-34
- 10 Kuwasako T, Hirano K, Sakai N, et al. Lipoprotein abnormalities in human genetic CD36 deficiency associated with insulin resistance and abnormal fatty acid metabolism. *Diabetes Care* 2003; 26: 1647-8
- 11 Ozdener MH, Subramaniam S, Sundaresan S, et al. CD36- and GPR120-mediated Ca(2+)(+) signaling in human taste bud cells mediates differential responses to fatty acids and is altered in obese mice. *Gastroenterology* 2014; 146: 995-1005
- 12 Le Foll C, Dunn-Meynell A, Musatov S, et al. FAT/CD36: a major regulator of neuronal fatty acid sensing and energy homeostasis in rats and mice. *Diabetes* 2013; 62: 2709-16
- 13 Love-Gregory L, Sherva R, Schappe T, et al. Common CD36 SNPs reduce protein expression and may contribute to a protective atherogenic profile. *Hum Mol Genet* 2011; 20: 193-201
- 14 Pepino MY, Love-Gregory L, Klein S, et al. The fatty acid translocase gene CD36 and lingual lipase influence oral sensitivity to fat in obese subjects. *J Lipid Res* 2012; 53: 561-6
- 15 Nauli AM, Nassir F, Zheng S, et al. CD36 is important for chylomicron formation and secretion and may mediate cholesterol uptake in the proximal intestine. *Gastroenterology* 2006; 131: 1197-207
- 16 Drover VA, Ajmal M, Nassir F, et al. CD36 deficiency impairs intestinal lipid secretion and clearance of chylomicrons from the blood. *J Clin Invest* 2005; 115: 1290-7
- 17 Masuda D, Hirano K, Oku H, et al. Chylomicron remnants are increased in the postprandial state in CD36 deficiency. *J Lipid Res* 2009; 50: 999-1011
- 18 Tanaka T, Nakata T, Oka T, et al. Defect in human myocardial long-chain fatty acid uptake is caused by FAT/CD36 mutations. *J Lipid Res* 2001; 42: 751-9

- 1  
2  
3 19 Zhou D, Samovski D, Okunade AL, et al. CD36 level and trafficking are determinants of  
4 lipolysis in adipocytes. *FASEB J* 2012; 26: 4733-42
- 5 20 Libby P, Ridker PM, Hansson GK. Progress and challenges in translating the biology of  
6 atherosclerosis. *Nature* 2011; 473: 317-25
- 7 21 Stewart CR, Stuart LM, Wilkinson K, et al. CD36 ligands promote sterile inflammation through  
8 assembly of a Toll-like receptor 4 and 6 heterodimer. *Nat Immunol* 2010; 11: 155-61
- 9 22 Seimon TA, Nadolski MJ, Liao X, et al. Atherogenic lipids and lipoproteins trigger  
10 CD36-TLR2-dependent apoptosis in macrophages undergoing endoplasmic reticulum stress.  
11 *Cell Metab* 2010; 12: 467-82
- 12 23 Sheedy FJ, Grebe A, Rayner KJ, et al. CD36 coordinates NLRP3 inflammasome activation by  
13 facilitating intracellular nucleation of soluble ligands into particulate ligands in sterile  
14 inflammation. *Nat Immunol* 2013; 14: 812-20
- 15 24 Barrett L, Dai C, Gamberg J, et al. Circulating CD14-CD36+ peripheral blood mononuclear cells  
16 constitutively produce interleukin-10. *J Leukoc Biol* 2007; 82: 152-60
- 17 25 Chung EY, Liu J, Homma Y, et al. Interleukin-10 expression in macrophages during  
18 phagocytosis of apoptotic cells is mediated by homeodomain proteins Pbx1 and Prep-1.  
19 *Immunity* 2007; 27: 952-64
- 20 26 Cifarelli V, Ivanov S, Xie Y, et al. CD36 deficiency impairs the small intestinal barrier and  
21 induces subclinical inflammation in mice. *Cell Mol Gastroenterol Hepatol* 2017; 3: 82-98
- 22 27 Farhangkhoe H, Khan ZA, Barbin Y, et al. Glucose-induced up-regulation of CD36 mediates  
23 oxidative stress and microvascular endothelial cell dysfunction. *Diabetologia* 2005; 48:  
24 1401-10
- 25 28 Jimenez B, Volpert OV, Crawford SE, et al. Signals leading to apoptosis-dependent inhibition  
26 of neovascularization by thrombospondin-1. *Nat Med* 2000; 6: 41-8
- 27 29 Yuhanna IS, Zhu Y, Cox BE, et al. High-density lipoprotein binding to scavenger receptor-BI  
28 activates endothelial nitric oxide synthase. *Nat Med* 2001; 7: 853-7
- 29 30 Kennedy DJ, Kuchibhotla S, Westfall KM, et al. A CD36-dependent pathway enhances  
30 macrophage and adipose tissue inflammation and impairs insulin signalling. *Cardiovasc Res*  
31 2011; 89: 604-13
- 32 31 Park YM, Febbraio M, Silverstein RL. CD36 modulates migration of mouse and human  
33 macrophages in response to oxidized LDL and may contribute to macrophage trapping in the  
34 arterial intima. *J Clin Invest* 2009; 119: 136-45
- 35 32 Harb D, Bujold K, Febbraio M, et al. The role of the scavenger receptor CD36 in regulating  
36 mononuclear phagocyte trafficking to atherosclerotic lesions and vascular inflammation.  
37 *Cardiovasc Res* 2009; 83: 42-51
- 38 33 Kuchibhotla S, Vanegas D, Kennedy DJ, et al. Absence of CD36 protects against atherosclerosis  
39 in ApoE knock-out mice with no additional protection provided by absence of scavenger  
40 receptor A I/II. *Cardiovasc Res* 2008; 78: 185-96
- 41 34 Zhong S, Zhao L, Wang Y, et al. Cluster of Differentiation 36 Deficiency Aggravates  
42 Macrophage Infiltration and Hepatic Inflammation by Upregulating Monocyte Chemoattractant  
43 Protein-1 Expression of Hepatocytes Through Histone Deacetylase 2-Dependent Pathway.  
44 *Antioxid Redox Signal* 2017; 27: 201-214
- 45 35 Xie S, Lee YF, Kim E, et al. TR4 nuclear receptor functions as a fatty acid sensor to modulate  
46 CD36 expression and foam cell formation. *Proc Natl Acad Sci U S A* 2009; 106: 13353-8
- 47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

- 1  
2  
3 36 Febbraio M, Podrez EA, Smith JD, et al. Targeted disruption of the class B scavenger receptor  
4 CD36 protects against atherosclerotic lesion development in mice. *J Clin Invest* 2000; 105:  
5 1049-56  
6  
7 37 Manning-Tobin JJ, Moore KJ, Seimon TA, et al. Loss of SR-A and CD36 activity reduces  
8 atherosclerotic lesion complexity without abrogating foam cell formation in hyperlipidemic  
9 mice. *Arterioscler Thromb Vasc Biol* 2009; 29: 19-26  
10  
11 38 Podrez EA, Byzova TV, Febbraio M, et al. Platelet CD36 links hyperlipidemia, oxidant stress  
12 and a prothrombotic phenotype. *Nat Med* 2007; 13: 1086-95  
13  
14 39 Chen K, Febbraio M, Li W, et al. A specific CD36-dependent signaling pathway is required for  
15 platelet activation by oxidized low-density lipoprotein. *Circ Res* 2008; 102: 1512-9  
16  
17 40 Yang M, Cooley BC, Li W, et al. Platelet CD36 promotes thrombosis by activating redox sensor  
18 ERK5 in hyperlipidemic conditions. *Blood* 2017; 129: 2917-2927  
19  
20 41 Ghosh A, Li W, Febbraio M, et al. Platelet CD36 mediates interactions with endothelial  
21 cell-derived microparticles and contributes to thrombosis in mice. *J Clin Invest* 2008; 118:  
22 1934-43  
23  
24 42 Aitman TJ, Glazier AM, Wallace CA, et al. Identification of Cd36 (Fat) as an insulin-resistance  
25 gene causing defective fatty acid and glucose metabolism in hypertensive rats. *Nat Genet*  
26 1999; 21: 76-83  
27  
28 43 Pravenec M, Landa V, Zidek V, et al. Transgenic rescue of defective Cd36 ameliorates insulin  
29 resistance in spontaneously hypertensive rats. *Nat Genet* 2001; 27: 156-8  
30  
31 44 Febbraio M, Guy E, Silverstein RL. Stem cell transplantation reveals that absence of  
32 macrophage CD36 is protective against atherosclerosis. *Arterioscler Thromb Vasc Biol* 2004;  
33 24: 2333-8  
34  
35 45 Guy E, Kuchibhotla S, Silverstein R, et al. Continued inhibition of atherosclerotic lesion  
36 development in long term Western diet fed CD36<sup>0</sup>/apoE<sup>0</sup> mice. *Atherosclerosis* 2007; 192:  
37 123-30  
38  
39 46 Moore KJ, Kunjathoor VV, Koehn SL, et al. Loss of receptor-mediated lipid uptake via  
40 scavenger receptor A or CD36 pathways does not ameliorate atherosclerosis in  
41 hyperlipidemic mice. *J Clin Invest* 2005; 115: 2192-201  
42  
43 47 Handberg A, Skjelland M, Michelsen AE, et al. Soluble CD36 in plasma is increased in patients  
44 with symptomatic atherosclerotic carotid plaques and is related to plaque instability. *Stroke*  
45 2008; 39: 3092-5  
46  
47 48 Nakata A, Nakagawa Y, Nishida M, et al. CD36, a Novel Receptor for Oxidized Low-Density  
48 Lipoproteins, Is Highly Expressed on Lipid-Laden Macrophages in Human Atherosclerotic  
49 Aorta. *Arteriosclerosis, Thrombosis, and Vascular Biology* 1999; 19: 1333-1339  
50  
51 49 Yamashita S, Hirano K, Kuwasako T, et al. Physiological and pathological roles of a multi-ligand  
52 receptor CD36 in atherogenesis; insights from CD36-deficient patients. *Mol Cell Biochem*  
53 2007; 299: 19-22  
54  
55 50 Luiken JJ, Chanda D, Nabben M, et al. Post-translational modifications of CD36 (SR-B2):  
56 Implications for regulation of myocellular fatty acid uptake. *Biochim Biophys Acta* 2016; 1862:  
57 2253-2258  
58  
59 51 Thorne RF, Ralston KJ, de Bock CE, et al. Palmitoylation of CD36/FAT regulates the rate of its  
60 post-transcriptional processing in the endoplasmic reticulum. *Biochim Biophys Acta* 2010;  
1803: 1298-307

## Figure legends

**Fig1.** The mechanisms of hyperlipidemia in patients with CD36 deficiency. CD36-deficiency may cause the preference for food with high-fat content. The impairment of CM clearance, the reduction of lipid utilisation and lipid storage, as well as the increase of lipolysis contribute to the occurrence of dyslipidemia in patients. TG, triglyceride; FA, fatty acid; CM, chylomicron.

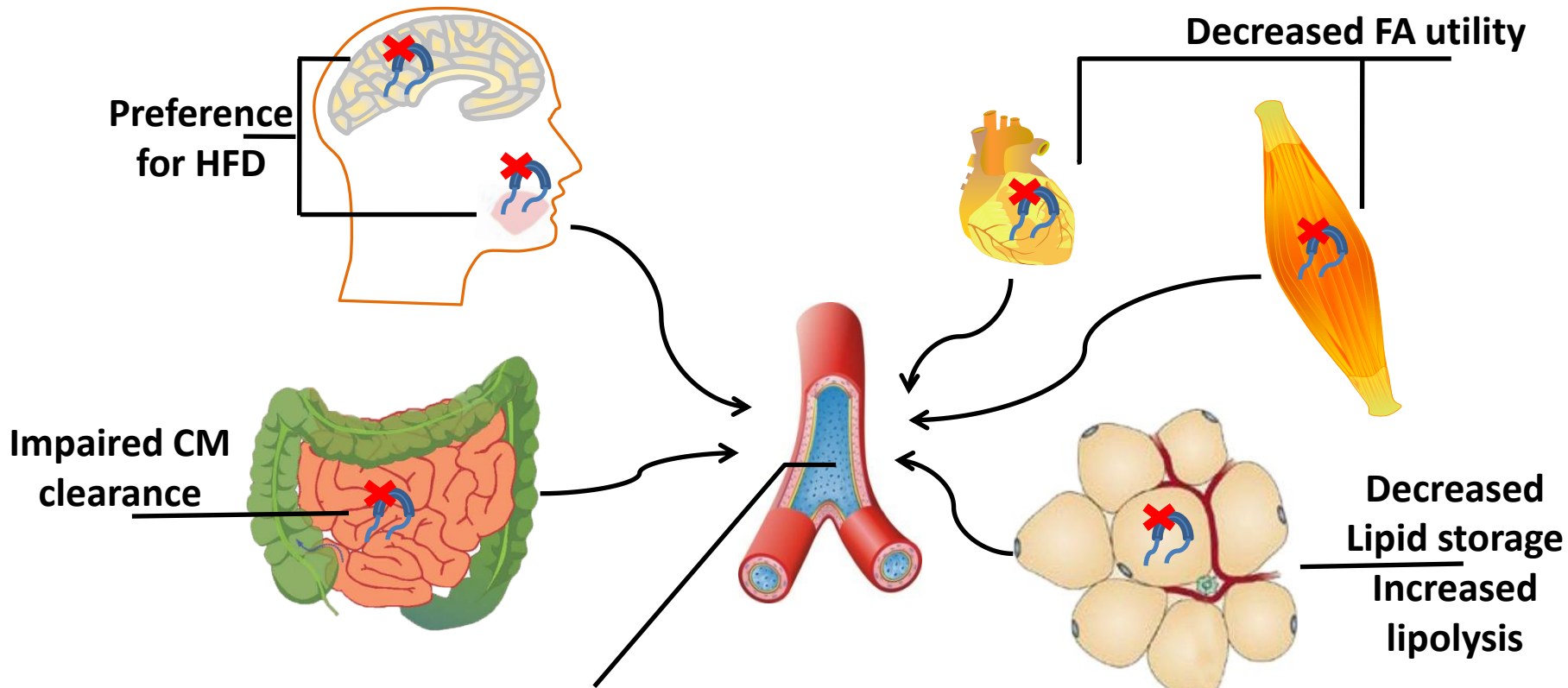
**Fig2.** The molecular mechanisms of CD36 modulation in inflammatory response and immune homeostasis. With the interaction with ox-LDL, CD36 mediates the activation of NF- $\kappa$ B and NLRP3-inflammasome, boosting sterile inflammation in macrophages. However, binding of the apoptotic cells to CD36 on macrophages up-regulates IL-10 expression, resulting in an anti-inflammatory response. Thus CD36 is important in the modulation of the pro- and anti-inflammatory responses. ox-LDL, oxidative low density lipoprotein; TLR, toll-like receptor; NLRP3, nucleotide-binding domain and leucine-rich repeat pyrin domain containing 3; NF- $\kappa$ B, nuclear factor kappa B; TNF  $\alpha$ , tumor necrosis factor alpha; IL-1  $\beta$ , interleukin 1  $\beta$ ; IL-6, interleukin 6; IL-10, interleukin 10; MAPK, mitogen-activated protein kinase; Prep1, Pbx regulating protein-1; Pbx1, pre-B cell leukemia transcription factor-1.

**Fig3.** The role of CD36 in foam cell formation. Macrophages uptake ox-LDL in a CD36-dependent manner. Furthermore, ox-LDL and FA activate the nuclear transcription factors TR4 and PPAR gamma, increasing CD36 expression. This feed-forward loop promotes further cellular uptake of ox-LDL and causing foam cell formation. ox-LDL, oxidative low-density lipoprotein; FA, fatty acid; PPAR $\gamma$ , peroxisome proliferator-activated receptor gamma; TR4, testicular orphan nuclear receptor 4.

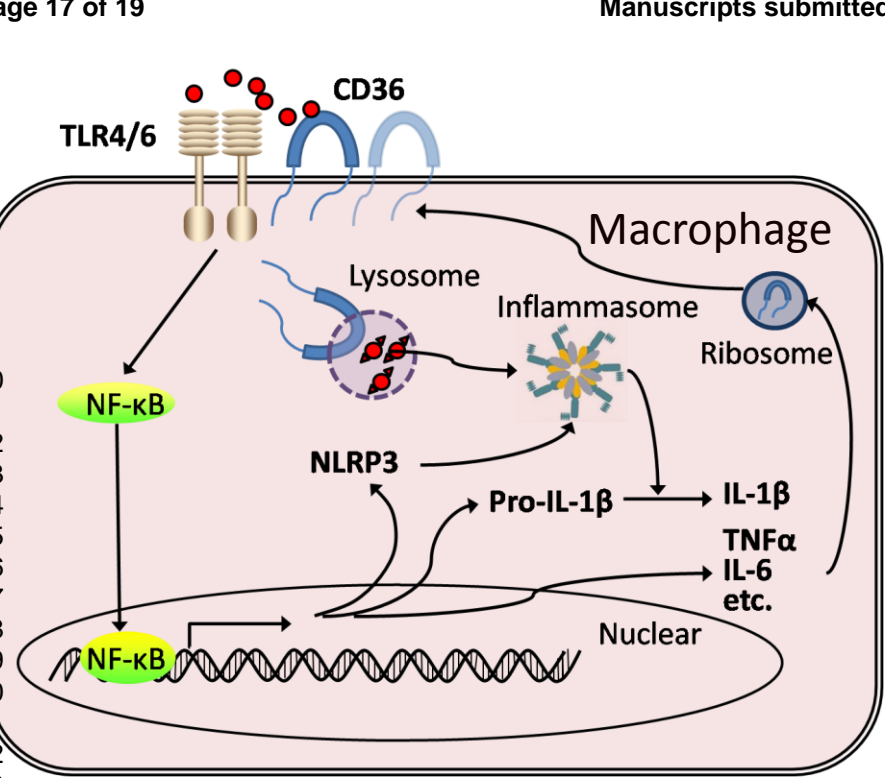
**Fig4.** A proposed hypothesis for the potential link between CD36 and atherosclerosis. When CD36 is persistently up-regulated, it promotes inflammation, foam cell formation, endothelial apoptosis, macrophage trapping and thrombosis. On the other hand, in subjects with the CD36 deficiency or CD36 gene polymorphism, hyperlipidemia, subclinical inflammation, impaired endothelial NO bioavailability, and increased macrophage migration may also increase the risk of atherosclerosis. ox-LDL, oxidative low-density lipoprotein; TSP1, thrombospondin-1; TLR, toll-like receptor; NF- $\kappa$ B, nuclear factor kappa B.



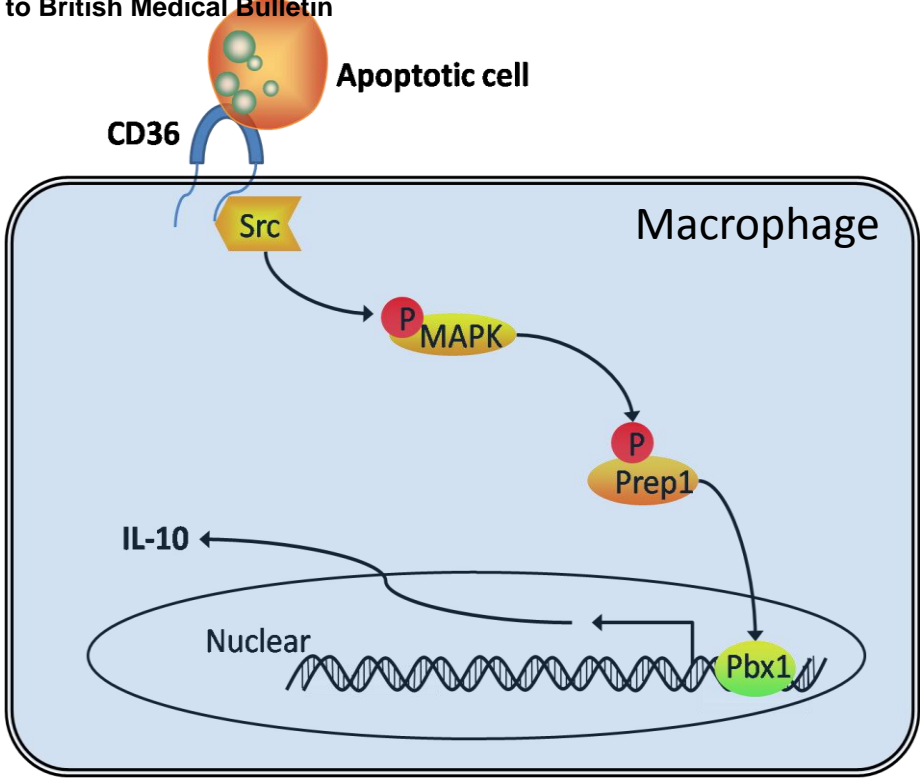
1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43



1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42



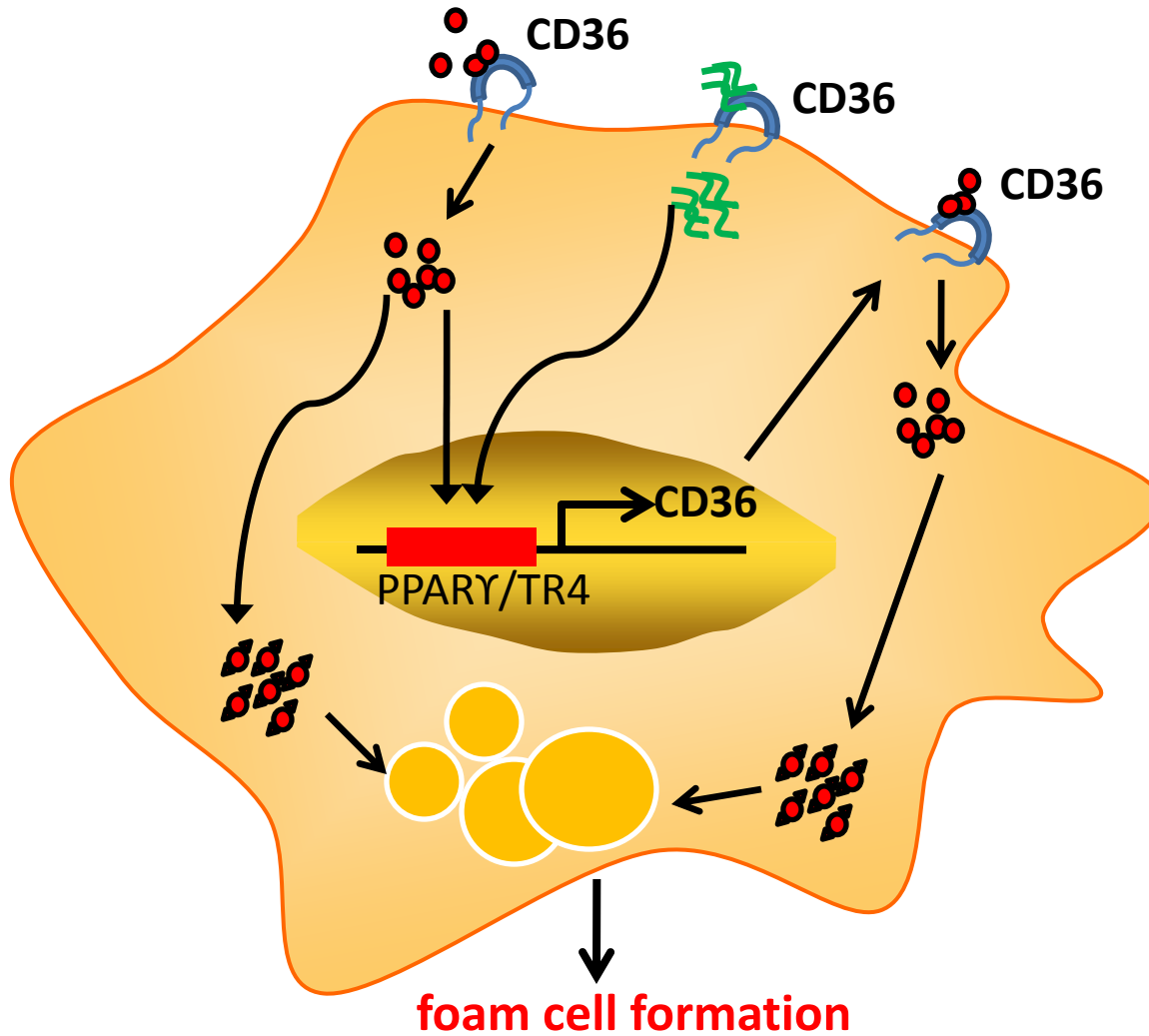
**Pro-inflammatory cytokines**



**Anti-inflammatory cytokine**



● ox-LDL  
 ● cholesterol crystal



1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35

- 36 ● ox-LDL
- 37 ㄣ FA
- 38
- 39 ● cholesterol crystal
- 40
- 41
- 42
- 43

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43

