Supplementary Figure 1. Participant flow chart of the Dietary, Lifestyle and Genetic determinants of Obesity and Metabolic syndrome (DILGOM) study.
Supplementary Figure 2. Prospective associations between restrained eating and obesity indicators in the Finnish DILGOM participants from 2007 to 2014 by gender. (A) Cross-lagged autoregressive model for restrained eating and BMI. (B) Cross-lagged autoregressive model for restrained eating and WC. Models were adjusted for baseline age (not shown in Figure). Standardized regression coefficients (95% confidence intervals) are shown on the arrows and correlation coefficients (95% confidence intervals) on the double arrows. ***P<0.001, **P<0.01, *P<0.05. Superscripts that differ across men and women indicate that multi-group analyses showed a significant (a,b P=0.012) or borderline significant (c,d P=0.063) gender difference. BMI, body mass index; DILGOM, Dietary, Lifestyle and Genetic determinants of Obesity and Metabolic syndrome; WC, waist circumference.