CTLA-4: a moving target in immunotherapy

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Abstract
CD28 and CTLA-4 are members of a family of Immunoglobulin-related receptors that are responsible for various aspects of T cell immune regulation. The family includes CD28, CTLA-4 and ICOS as well as other proteins including PD-1, BTLA and TIGIT. These receptors have both stimulatory (CD28, ICOS) as well as inhibitory roles (CTLA-4, PD-1, *BTLA* and TIGIT) in T cell function. Increasingly these pathways are targeted as part of immune modulatory strategies to treat cancers, referred to generically as immune checkpoint blockade, and conversely to treat autoimmunity and CTLA-4 deficiency. Here we focus on the biology of the CD28/CTLA-4 pathway as a framework for understanding the impacts of therapeutic manipulation of this pathway.

1. Molecular and cell biology of the CTLA-4 pathway

CTLA-4 and CD28 share two ligands, CD80 and CD86
Cytotoxic T Lymphocyte antigen 4 (CTLA-4) (CD152) and CD28 are homologous receptors expressed by both CD4^{+} and CD8^{+} T cells, which mediate opposing functions in T cell activation. Both receptors share a pair of ligands expressed on the surface of antigen presenting cells (APCs). CD28 interacts with the CD80 dimer with relatively high affinity and the CD86 monomer with lower affinity, mediating T cell co-stimulation in conjunction with T cell receptor (TCR) signals. In contrast, interactions of the ligands with CTLA-4 serve to inhibit T cell responses, although the precise mechanisms are not fully understood. CTLA-4 interacts with both ligands with higher affinity and avidity than CD28 [1-3] with CTLA-4-CD80 forming the highest avidity interaction and CD28-CD86 the weakest **(Figure 1A)**. Amongst several possibilities, this raises the concept that CTLA-4 can compete with CD28 for ligand binding and thereby act as an antagonist of CD28-mediated co-stimulation [4,5]. These interactions are thought to take place at the immune synapse between T cells and APCs where CTLA-4 has been shown to recruit CD80 thereby limiting its interactions with CD28 [6,7].

Whilst the biophysical characteristics of CD80 and CD86 are well defined, their functional differences are less clear and the ligands are often referred to together as B7 molecules or CD80/CD86. Both ligands are found on antigen presenting cells such as dendritic cells and B cells, although they have different expression patterns, inducibility and kinetics [8-10]. Knockout mice show impaired immune responses consistent with reduced CD28 co-stimulation, with CD86 deficiency arguably demonstrating a more severe phenotype [9]. There is considerable variation in ligand expression making generalisation difficult, CD86 is often expressed constitutively on dendritic cells (DC) and is induced to high levels following inflammatory stimuli. In contrast CD80 is thought to be upregulated later by DC. Human peripheral blood monocytes express CD86 and not CD80, whereas some human T cells can express both CD80 and CD86 under different conditions of activation [11,12]. Thus, at present, differences between the two ligands revolve mostly around different expression patterns, whereas clear functional distinctions have yet to emerge.

Cell biology of CD28
Perhaps the most surprising feature of CD28 and CTLA-4 is that whilst they share the same ligands, they have opposing functions. CD28 is the archetypal co-stimulatory molecule involved in the activation of T cells upon binding to either CD80 or CD86. Co-stimulatory signals from the CD28 cytoplasmic tail result from interactions with a number of signaling molecules including the p85 subunit of PI3 kinase, the Src family kinase Lck, IL-2 inducible family kinase Itk, protein kinase C theta and adaptor proteins such as Grb2 and GADS [13-16]. These signals result in the activation of transcription factors such as NF-κB and AP-1, which are important in functional outcomes including IL-2 production and T cell survival. The ability of CD28 to activate NF-κB and AP-1 pathways aligns well with the concept that AP-1 is important in avoiding unresponsive exhausted states [17] which can occur in the absence of CD28 costimulation. Indeed, there is considerable overlap between the exhausted gene signature

seen in CD8 T cells, resulting from an inability to recruit AP-1, and with that seen in CD4 T cell anergy [17].

In addition to the activation of signaling pathways such as PI3K, AP-1, NF-κB and others, CD28 is increasingly thought to be important in remodeling of the actin cytoskeleton. CD28 activates actin-regulators such as Vav-1, cofilin-1 and RLTPR [18] and actin remodeling initiated by co-stimulation has been shown to be required for full TCR signaling [19]. The close link between CD28 and the actin cytoskeleton has been further highlighted in a recent study characterizing CD28 interaction with capZIP, a regulator of the actin cytoskeleton. This demonstrated capZIP requirement for CD28 co-stimulation-dependent IL-2 production [20]. Effects on gene regulation are also triggered via the CD28-inducible transcription factor DEC1, required for efficient regulation of CD4$^+$ T cell activation pathways [21] and the expression of histone acetyl transferase Ezh2, which is responsible for maintaining the regulatory T cell (Treg) program [22]. Thus CD28 signaling pathways are important for both effector T cell activation and Treg function.

Cell biology of CTLA-4

Whilst CD28 is constitutively expressed on the plasma membrane and co-stimulates T cells, CTLA-4 is predominantly found in intracellular vesicles in FoxP3$^+$ Treg cells or activated conventional T cells. This localization is due to the constitutive endocytosis of CTLA-4 from the plasma membrane and results in approximately 90% of CTLA-4 being intracellular [23,24]. The endocytosis of CTLA-4 is extremely rapid, with more than 80% of surface CTLA-4 being internalised within five minutes [25]. Once internalised, CTLA-4 molecules appear to be either recycled to the plasma membrane or degraded in lysosomal compartments **(Figure 1B)**, however, the details of this process and its functional significance are not yet fully understood.

The post-endocytic fate and control of CTLA-4 trafficking is still poorly characterized, although experiments show that CTLA-4 lacking its 36-amino acid cytoplasmic tail is predominantly located at the cell surface [26]. A number of studies have therefore focused on identifying partners that interact with the cytoplasmic tail of CTLA-4 and on defining the role of its cytoplasmic domain. CTLA-4 endocytosis is dependent on clathrin due to its interaction with the μ2 subunit of the clathrin adaptor protein complex AP2 [24,27] and is also dependent upon dynamin. AP2 targets the cytoplasmic tyrosine containing YVKM motif of CTLA-4 and can be disengaged when this motif is tyrosine-phosphorylated upon T cell activation [24,28]. However, the immunological settings where the CTLA-4–AP-2 interaction is disrupted are unclear since activated T cells and Treg continue to endocytose CTLA-4 [25]. The cytoplasmic domain sequence and trafficking behavior of CTLA-4 are highly conserved in mammals whereas some animals such as fish lack this endocytic motif [5,29,30] resulting in predominantly surface expression. This suggests that endocytosis may be a later adaptation of CTLA-4. Overall, CD28 and CTLA-4 differ profoundly in sub-cellular location despite binding to the same ligands and, given the conservation of these features, it seems likely they are pivotal to the functioning of the system.

The significance of CTLA-4 trafficking was recently highlighted in patients with Lipopolysaccharide-responsive and beige-like anchor protein (LRBA) deficiency [31]. This BEACH domain containing protein [32] appears to regulate CTLA-4 turnover and it co-localizes predominantly with recycling (Rab11+) endosomes [31]. Loss of LRBA leads to increased CTLA-4 degradation with associated autoimmunity, indicating that LRBA may inhibit CTLA-4 trafficking to lysosomes and promote its recycling. This may be achieved through LRBA binding to the YVKM consensus sequence of CTLA-4 **(Figure 1B).** Additional control of CTLA-4 trafficking and cellular distribution may also be mediated via interaction with the TRIM/LAX/Rab8 complex, which is involved in the post-Golgi transport of CTLA-4 to the cell surface [33]. More recently, CTLA-4 interactions involving PKC-eta and PIX-PAK pathway have also been reported. These interactions appear to modulate Treg-APC interactions: PKC-eta

deficient Treg are associated with impaired depletion of CD86 from APCs by Treg and increased Treg motility [34].

Trans-endocytosis: a cell-extrinsic molecular mechanism of CTLA-4 function

A number of different models have been proposed to explain the mechanism of CTLA-4 function. The simplest of these involves competition between CD28 and CTLA-4 for ligand binding [4], which has been proposed alongside other cell-intrinsic inhibitory signaling models [26,35,36]. However, whilst CD4 T cells from CTLA-4 deficient mice have a hyper-activated, disease-causing phenotype, the presence CTLA-4 expressing cells in chimeras can prevent disease and normalise the phenotype of CTLA-4 deficient cells via a dominant, cell-extrinsic mechanism [37].

One molecular mechanism that is consistent with a dominant cell-extrinsic role for CTLA-4 is the physical capture of CD80 and CD86, and their subsequent removal from APCs: a process known as trans-endocytosis [38] **(Figure 2A)**. Trans-endocytosis requires T cell recognition of peptide and represents an antigen specific mechanism for controlling CD80 and CD86 expression levels on APC. Whilst the molecular mechanisms underlying trans-endocytosis itself are still largely unknown, the CTLA-4 pathway is not the only receptor-ligand pair that utilises such a pathway. Other examples include the Notch-Delta pathway [39,40], where binding of Delta (ligand) allows subsequent removal of Notch (receptor) from the adjacent cell. Similar examples operating in the absence of ectodomain cleavage, include the gap junction protein connexin-43 [41], adhesion junctions via VE-cadherin [42] receptor tyrosine-kinases Eph-ephrin interaction [43] and CD47-SHPS-1 [44]. Although these examples are present in varied biological systems, their overall similarity suggests that a conserved molecular machinery capable of removing membrane bound molecules from neighboring cells exists.

In summary, CTLA-4 is a highly endocytic molecule that binds to two distinct ligands, CD80 and CD86, leading to their removal from opposing cells. By utilizing trans-endocytosis CTLA-4 can act as an immune regulatory mechanism by directly reducing the ability of APC to stimulate via CD28. This concept helps explain why a stimulatory and an inhibitory receptor share the same ligands and embraces the endocytic nature of CTLA-4. Taken together, this model suggests that the CD28/ CTLA-4 system functions as a rheostat that can tune T cell activation up or down.

2. CD28 and CTLA-4: a volume control on T cell responses?

The use of a random repertoire of antigen receptors by T cells provides effective coverage for the recognition of evolving pathogens. However, it generates a significant problem: that of preventing such receptors recognising self-tissues. Such self-reactivity can lead to potentially fatal autoimmune conditions including type-I diabetes, inflammatory bowel disorders, autoimmune cytopaenias and others. Whilst T cell selection in the thymus can remove some of these self-reactive specificities, it is incomplete for a variety of reasons [45-47]. Therefore significant numbers of potentially autoreactive T cells are present in the circulation of healthy individuals, at frequencies similar to other antigen specificities [48]. Indeed recent evidence suggests that tolerance to some tissue-restricted self-antigens cannot be achieved by deletion and relies on the presence of regulatory T cells [49]. Thus, whilst thymic selection mitigates T cell self-reactivity, additional controls are required that involve the CD28/CTLA-4 system.

CD28 function: Turning up the volume

The requirement for CD28 to co-stimulate T cell activation emerged from studies by Schwartz and Jenkins [50]. Here, antigen specific T cells entered an unresponsive state, termed T cell anergy, in response to TCR stimuli in the absence of a "second signal". This signal was subsequently identified as coming from the CD28 receptor interacting with CD80 or CD86. Since these ligands are up-regulated by a variety of inflammatory signals, **(Figure 2B)** CD28

signaling provides information on the inflammatory context or "danger" accompanying TCR recognition. Importantly, CD28 co-stimulation appears to be additive with signals via the TCR enhancing commitment to, as well as more rapid, cell division [51]. Moreover, the requirement for CD28 co-stimulation is related to strength of TCR signaling [52] such that strong TCR stimulation requires less co-stimulation [53-55]. Thus, weak TCRs (such as those that are self-reactive) may be effectively controlled by constraining the availability of CD28 co-stimulation. These concepts relating to control of CD28 co-stimulation become significant when considering how CTLA-4 might function to quantitatively limit CD28 signaling [56] thereby controlling self-reactive and tumour-reactive T cells in the absence of inflammation.

The importance of CD28 signaling in driving T cell proliferative responses has been strikingly reinforced by the recent identification of CD28 mutations in T cell leukaemias that increase its affinity for ligands. Here, point mutations with increased ligand affinity as well as direct CTLA-4-CD28 fusions have been observed generating high affinity CD28 variants [57,58], which presumably are less effectively out-competed by CTLA-4. To date, a large body of work indicates that CD28 signals drive critical T cell effector functions by increasing the magnitude of T cell responses, stimulating metabolic changes [59,60] as well as enhancing T cell differentiation [61,62] and survival [63]. CD28 signals also contribute to enhanced cytokine production, influence T cell migration [64] and memory T cell responses to infections [65,66]. Given these potent activating functions, it is apparent that effective control of CD28 co-stimulation is essential and can be provided by CTLA-4.

CTLA-4: Turning down the volume
The observation of fatal autoimmunity in CTLA-4 knockout mice [67,68] resulting from the release of self-reactive T cells [69] illustrated that CTLA-4 was a critical negative regulator of T cell responses. T cells isolated from knockout mice showed high levels of activation markers including CD25. Whilst the initial interpretation of this activated T cell phenotype focused on the possibility that CTLA-4 mediated an inhibitory signal preventing T cell activation [70], accumulating evidence now points to an important role for CTLA-4 in mediating the suppressive functions of Treg. Indeed early experiments indicated that the major autoimmune phenotype of CTLA-4 deficient mice could be prevented by the presence of CTLA-4 expressing cells in mixed chimeras [37]. This observation has been supported by a number of other experiments (see [5]) and recently a series of conditional and inducible CTLA-4 deletion experiments have confirmed that the major phenotype is consistent with an effector function for CTLA-4 on Treg [71-73]. These data demonstrate that CTLA-4 on Treg can control the activity of other cells (such as APCs or naïve T cells) thereby, controlling fatal autoimmunity (**Figure 2A**).

Whilst, CTLA-4 on Treg is clearly important in preventing autoimmunity, its expression is also induced on activated T cells. Evidence from knockout mice demonstrates a more severe phenotype in complete CTLA-4 knockouts compared to Treg specific knockouts, indicating an important role for CTLA-4 in conventional T cells [72]. However, the function of CTLA-4 in non-Treg cells can also be cell extrinsic, suggesting they might use the same mechanism as Treg [74,75] and activated Tcon can carry out trans-endocytosis [38]. Nonetheless, cell-intrinsic functions of CTLA-4 controlling the homeostatic expansion of conventional T cells have been observed *in vivo,* although *in vitro* responses to stimulation were found to be similar between WT and knockout conventional T cells [73].

It is also clear that CTLA-4 and CD28 directly influence Treg homeostasis. For example, CD28-deficient mice, or those where ligands are blocked, have reduced Treg numbers due to altered Treg generation and peripheral survival [76-79]. Conversely, the loss of CTLA-4 from Treg promotes their expansion via increased CD28 signaling [80,81]. Thus, both CD28 and CTLA-4 profoundly impact the generation, maintenance and function of Treg. This intimate connection between CD28 and CTLA-4 function means that it is difficult to understand manipulation of one receptor without considering the impact on the other. Indeed, it is arguable that understanding

the impact of CTLA-4 manipulation is best appreciated in terms of its ultimate effect on CD28 - CD80/CD86 interactions.

3. Targeting the CTLA-4 pathway: lessons from the clinic

Targeting the CD28/CTLA-4 pathway using antibodies and fusion proteins is of considerable interest in the treatment of cancer and autoimmune diseases. Since CTLA-4 limits immune responses to self-tissues, augmenting this pathway represents a treatment option for autoimmunity whereas suppressing this has the potential to stimulate anti-self-responses towards tumours. The potential for the immunological rejection of cancer by harnessing immune responses was first realised using anti-CTLA-4 antibodies, and has resulted in exponential activity in this area [82].

Initially, murine cancer models demonstrated that anti-CTLA-4 antibody treatment resulted in tumour regression and relative resistance to re-inoculation with cancer [83]. Less immunogenic cancers were, however, unresponsive to anti-CTLA-4 therapy unless GM-CSF producing vaccines were co-administered [84]. Importantly, enhanced anti-tumour responses following CTLA-4 blockade were associated with autoimmunity. This was illustrated by CD8 T cell mediated depigmentation in melanoma models [85], immune-mediated prostatitis following vaccination against prostate cancer-specific antigens [86] and the generation of anti-double stranded DNA antibodies [87]. Based upon the efficacy of CTLA-4 blockade in animal models anti-CTLA-4 antibodies were developed for clinical use. Ipilimumab, a recombinant human immunoglobulin (Ig) G1 monoclonal antibody, and tremelimumab, a human IgG2 monoclonal antibody (previously known as ticilimumab) have both been trialed in a range of advanced stage cancers. It is clear that ipilimumab potently blocks the interaction of CTLA-4 with its ligands by binding to the MYPPPY motif, which is critical for this interaction [88]. Reports from human trials in melanoma, non-small cell lung cancer, mesothelioma, prostate, ovarian, breast and urothelial cancer treatment have shown efficacy [89-108]. Alongside the benefits in tumour control, these trials nonetheless demonstrate a broad range of immune related adverse events (irAEs) occurring in 60-65% of patients. irEAs most commonly effect the skin, gastrointestinal (GI) tract, liver and endocrine organs [109]. Additionally, autoimmunity has been reported in almost all other organs including the liver, eyes, nervous system, lungs, *heart*, kidneys, and joints [89-108,110,111]. The breadth of irAEs is therefore consistent with the biological role of CTLA-4 in the maintenance of polyclonal immune self-tolerance.

Further evidence for a role of CTLA-4 in the control of polyclonal auto-reactive T cells has come from examining the circulating TCR repertoire following anti-CTLA-4 therapy. Increased diversity of the TCR repertoire occurs following treatment [112], is associated with irAE frequency [113] and polyclonal T cell expansion predates and predicts irAEs [114]. This data is consistent with the idea that CTLA-4 blockade allows the expansion and activation of new T cell clones and fits with the idea that self-reactive T cells are present in healthy individuals [48,115] and are prevented from expanding by CTLA-4-mediated control of CD80/CD86 [116].

The fact that CTLA-4 blockade enables immune responses to cancers and healthy self-tissues indicates that significant recognition of self-antigens exists within our immune repertoire. This is supported by data from heterozygous loss-of-function mutations in the *CTLA-4* gene. Individuals with these mutations present with an autosomal dominant syndrome of complex autoimmunity and immunodeficiency [81,117]. This phenotype has many similarities to anti-CTLA-4 antibody treatment and includes enteropathy, autoimmune cytopenias, haemolytic anaemia, thyroid disease, arthritis, psoriasis, granulomatous lung disease and lymphocytic infiltration of non-immune organs. Furthermore, a second CTLA-4 deficiency syndrome caused by autosomal recessive mutations in the *LRBA* gene is associated with an earlier onset, but phenotypically similar autoimmune syndrome [31,118,119], *consistent with the role played by LRBA in the trafficking of CTLA-4* [31] *(Figure 1B)*. The similarities in wide-ranging autoimmunity between genetic deficiency in the CTLA-4 pathway and the impact of anti-CTLA-4 treatments

are striking and reaffirm the central role for CTLA-4 in the maintenance of self tolerance seen in animal studies.

The concept that CTLA-4 deficiency leads to a CD28 driven disease is also supported in humans by the effect of treatment with the CTLA-4-Ig fusion protein, abatacept. This drug has an established role in the treatment of autoimmune disorders, including rheumatoid arthritis [120], where it is viewed through the lens of blocking the CD28 co-stimulation pathway. In contrast, in CTLA-4 deficiency syndromes, abatacept is viewed as a CTLA-4 replacement therapy. Nonetheless, the functional effects are the same in that CD80 and CD86 ligand availability is diminished. The fact that CTLA-4- and LRBA-deficient patients respond to abatacept [31,121] is consistent with the concept that these diseases are driven by excessive CD28 co-stimulation and in agreement with the fundamental biology of CTLA-4, as described above.

Individuals with a mutation in a single allele of *CTLA-4* are highly susceptible to autoimmunity, raising the possibility that more subtle variations in the level of CTLA-4 in the general population may influence responses to treatment. Indeed, non-pathogenic polymorphisms in *CTLA-4* that alter the expression of CTLA-4 influence an individual's lifetime risk for the development of cancer and autoimmune disorders [122]. Taken together these findings illustrate that CTLA-4 expression has a pivotal role in balancing immune responses against self-tissues, and therefore in regulating both autoimmune and anti-cancer responses.

The impact of CTLA-4 blockade on Treg biology
Since Treg constitutively express CTLA-4 at high levels, anti-CTLA-4 therapy would be expected to have the greatest effect upon these cells. Data from human trials are mixed but an increased absolute number of circulating FoxP3+ CD4 Treg have been observed in some studies [104,123,124]. Similarly, CTLA-4 haplo-insufficiency results in either preserved or increased Treg numbers, due to lack of CTLA-4 and resultant increased CD28 signaling [81,117,125]. Indeed the role of CD28 signaling has been exploited in Treg expansion via the use of CD28-agonist antibodies. Whilst initial trials of this strategy were associated with significant inflammatory side effects, recent efforts have shown promise [126,127].

Whilst Treg express CTLA-4 at higher levels, activated conventional T cells do express CTLA-4 and there is additional evidence from cancer therapies to suggest conventional T cell CTLA-4 may have an important role in self-tolerance. Anti-CTLA-4 treatment combined with Treg depletion was shown to be more effective at inducing both anti-tumour responses and autoimmunity in animal models [128]. Also, using selective blockade of CTLA-4 on Treg or conventional T cell, it was demonstrated that Treg CTLA-4 blockade alone could not induce antitumor immunity, although it could augment the anti-tumour responses induced by CTLA-4 blockade of conventional T cells [129]. These experiments suggest that CTLA-4 expressed by conventional T cells is important in control of polyclonal immune self-tolerance, and the greater number of conventional T cells may compensate for their lower levels of CTLA-4 expression compared to Treg, when considering the functional impact of CTLA-4.

Despite the fact that limiting CTLA-4 function can drive an increase in Treg numbers there are indications that reducing tumour-infiltrating Tregs may be important in determining the response to immunotherapy **(Figure 2C)**. A reduction in tumour infiltrating FoxP3+ CD4 Treg was observed in one study following anti-CTLA-4 treatment [95] **(Figure 2D)**, although not in another [98]. However, a possible mechanism of Treg control by anti-CTLA-4 therapies is Treg depletion via antibody dependent cellular cytotoxicity (ADCC). Here, anti-CTLA-4 antibodies bound by FcR-IV expressing intra-tumoural macrophages results in removal of Treg [130] **(Figure 2D).**

CTLA-4 and the microbiome
One interesting observation from clinical blockade of CTLA-4 is that the most frequent and earliest sites of irAE are at the microbe-rich barriers of the skin and gut [131] suggesting either

that CTLA-4 has a particularly important role at these sites, or its biology is influenced by microbial exposure. Fluctuating levels of antibodies against commensal GI microbes were observed in patients following anti-CTLA-4 treatment [132] suggesting dysregulated mucosal immunity with CTLA-4 blockade. This interaction of the GI microbiome and CTLA-4 function has had considerable attention recently given that tumour control and effector immune responses following anti-CTLA-4 therapy are impaired in germ-free or antibiotic exposed mice [133]. Reconstitution of the mouse GI microbiome with specific *Bacteroides* species or with transplantation of *Bacteroides*-predominant faecal microbes from patients restored anti-tumour responses. Improved tumour responses following anti-CTLA-4 therapy are associated with particular microbial populations and also with a reduced incidence of colitis in mice [133] and patients [134]. Similarly, individuals with CTLA-4 deficiency also tend to experience immune targeting of microbe-rich sites, including the skin and gut, however, studies of microbiota have yet to be reported. Taken together these findings suggest that the microbial environment in the gut modulates the impact of CTLA-4 activity in the control of both distant tumour and local self-tissue responses.

Correlations between poor anti-tumour responses, higher peripheral Treg and gut homing lymphocyte numbers along with specific microbiome clusters have been described. In patients with a microbiome cluster associated with better clinical responses, greater up-regulation of ICOS (which is associated with more robust clinical responses) was observed on CD4 cells following treatment [134]. Treg from mice raised under germ free conditions were found to be impaired in their capacity to suppress T cell proliferation and the CD25+ CD4 cells from mesenteric lymph nodes of germ free mice less frequently express FoxP3 or CTLA-4 [135]. Taken together these findings suggest that the microbiome is important in influencing effector and regulatory T cell responses and potentially the dependence of mucosal immune regulation upon CTLA-4. However, if CTLA-4 plays a critical role in GI immune regulation a benefit of CTLA-4-Ig might have been expected in inflammatory bowel diseases, but this has not been demonstrated [136].

Conclusions
The CTLA-4 pathway is a critical regulator of T cell responses to tissues. The sharing of ligands with the stimulatory receptor CD28 establishes a rheostat, capable of tuning T cell responses. Accordingly, decreasing CTLA-4 function by antibody blockade, or in CTLA-4 genetic disorders, increases the availability of ligands for CD28 permitting the activation of potentially self-reactive T cells and altering Treg homeostasis. Furthermore, the high level expression of CTLA-4 on Treg and the emerging cell biology of this pathway continue to offer opportunities to stimulate or inhibit T cell responses.

Author Contributions
BR, NH and DMS co wrote the manuscript.

Conflict of Interests
The authors declare no competing financial interests.

Figure legends

Figure 1 – **Schematic of CTLA-4 cell biology:** (**A**) CTLA-4 and CD28 receptors share two ligands CD80 and CD86. CD80 is a dimeric high affinity ligand and CD86 is a monomeric lower affinity ligand for both receptors. CTLA-4 has a higher affinity and avidity for CD80 than CD86. The relative affinities go from high to low from left to right. (**B**) CTLA-4 expressed in T-cells is highly endocytic. CTLA-4 is constitutively expressed in Treg or induced following T cell activation via CD28 and TCR signaling. In the absence of the ligand, CTLA-4 is mainly found in intracellular compartments following clathrin-mediated endocytosis mediated through CTLA-4 interaction with the AP2 molecule. The AP2 (µ2 subunit) binds to the tyrosine-based (YVKM) motif of the cytoplasmic domain of CTLA-4 and mediates rapid internalization. LRBA and AP1 proteins have also been found to bind to the YVKM motif on CTLA-4, which appear to impose different fates on CTLA-4. LRBA may mediate recycling of CTLA-4 to the plasma membrane, whereas AP1 may mediate CTLA-4 trafficking to lysosomal compartments resulting in subsequent degradation.

Figure 2 – **CTLA-4 function and the impact of immune checkpoint blockade**: (**A**) In health, regulatory T cells express CTLA-4, which binds CD80 and CD86 expressed on antigen presenting cells (APCs). CTLA-4 binds to CD80 and CD86 with higher affinity and avidity than does CD28, preventing Tcon stimulation through CD80/CD86 interaction with CD28. *Removal of CD80/CD86 ligands by trans-endocytosis results in impaired costimulation of T cells via CD28, resulting in immune regulation.* (**B**) When the immune system is stimulated in the presence of inflammatory/innate immune stimuli, APCs up-regulate the expression of CD80/CD86 overcoming their control by Treg, enabling co-stimulation and the proliferation of T cells. (**C**) In the tumour microenvironment, CD80/CD86 are controlled by Treg and the abundance of Treg leads to the suppression of immune responses. (**D**) Anti-CTLA-4 antibodies bind to CTLA-4 molecules with high affinity leading to Treg depletion or functional blockade resulting in enhanced T cell activation and immunological responses to cancer. The impacts of CTLA-4 *blockade* can be mediated by a variety of mechanisms: prevention of trans-endocytosis increasing CD80/CD86 levels on APCs, direct Treg cytotoxicity and antibody dependent cellular cytotoxicity mediated by FcR-IV expressing intra-tumoural macrophages. *NB only CD80 is shown here for clarity.*

Acknowlegements

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Figure 1
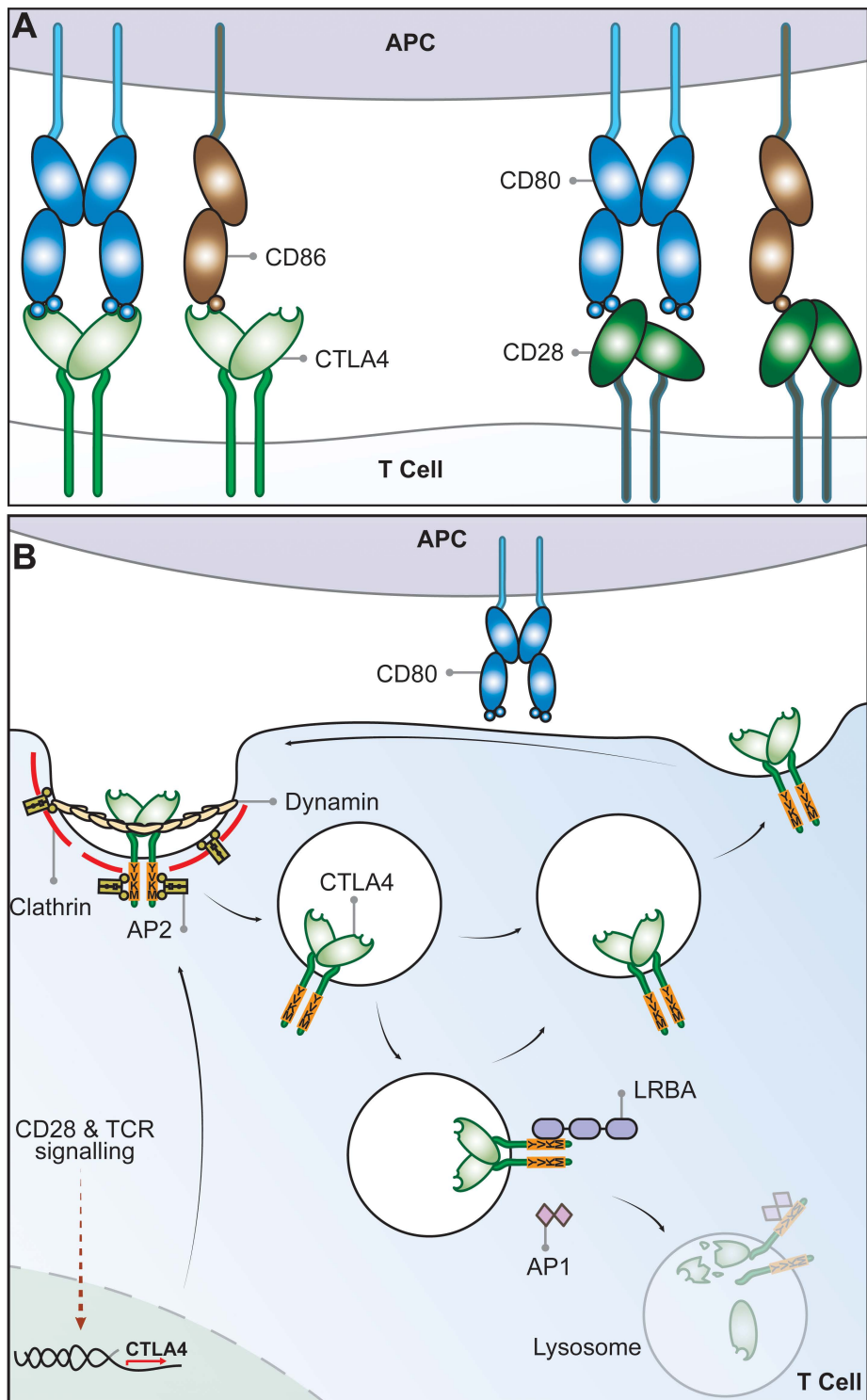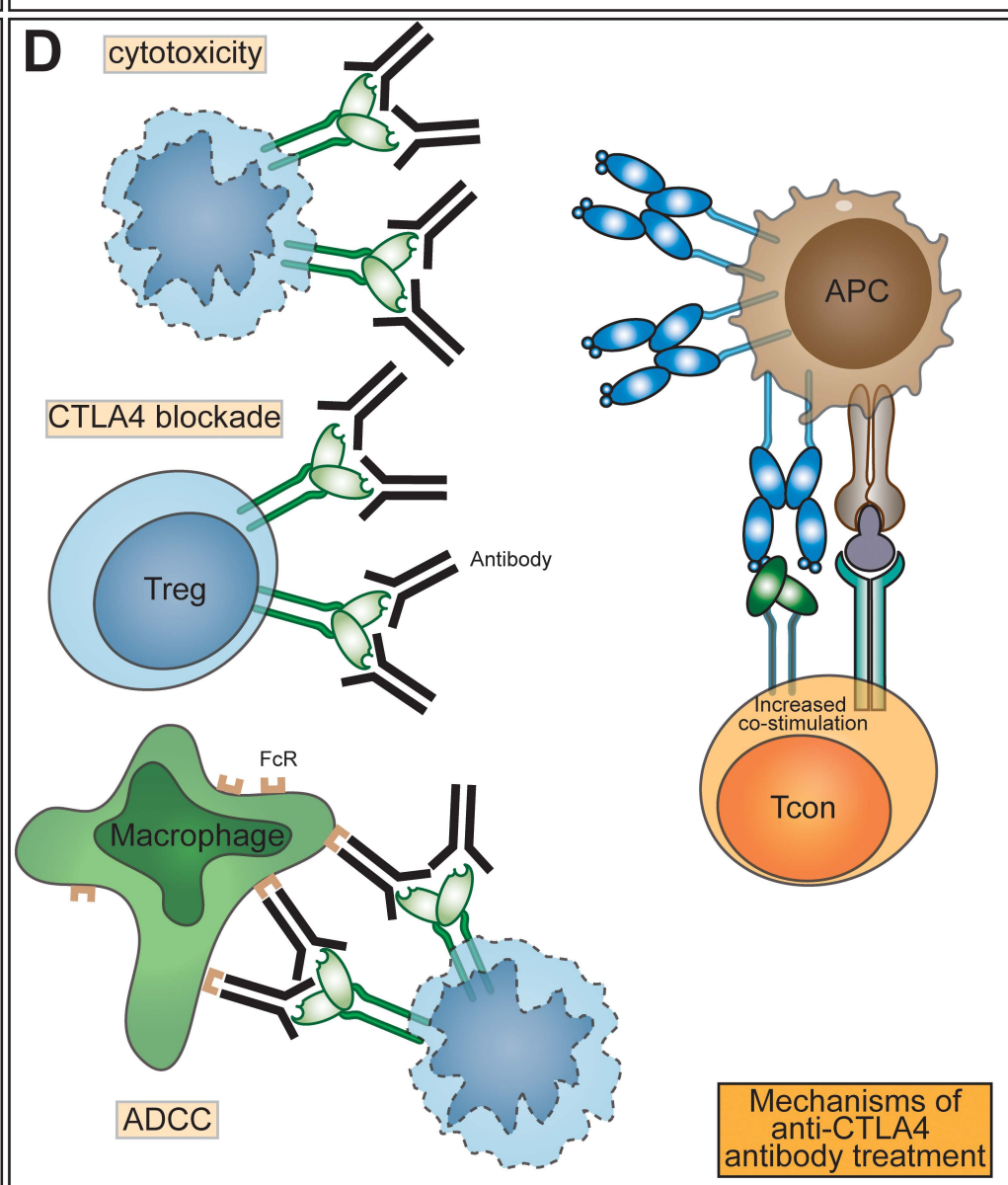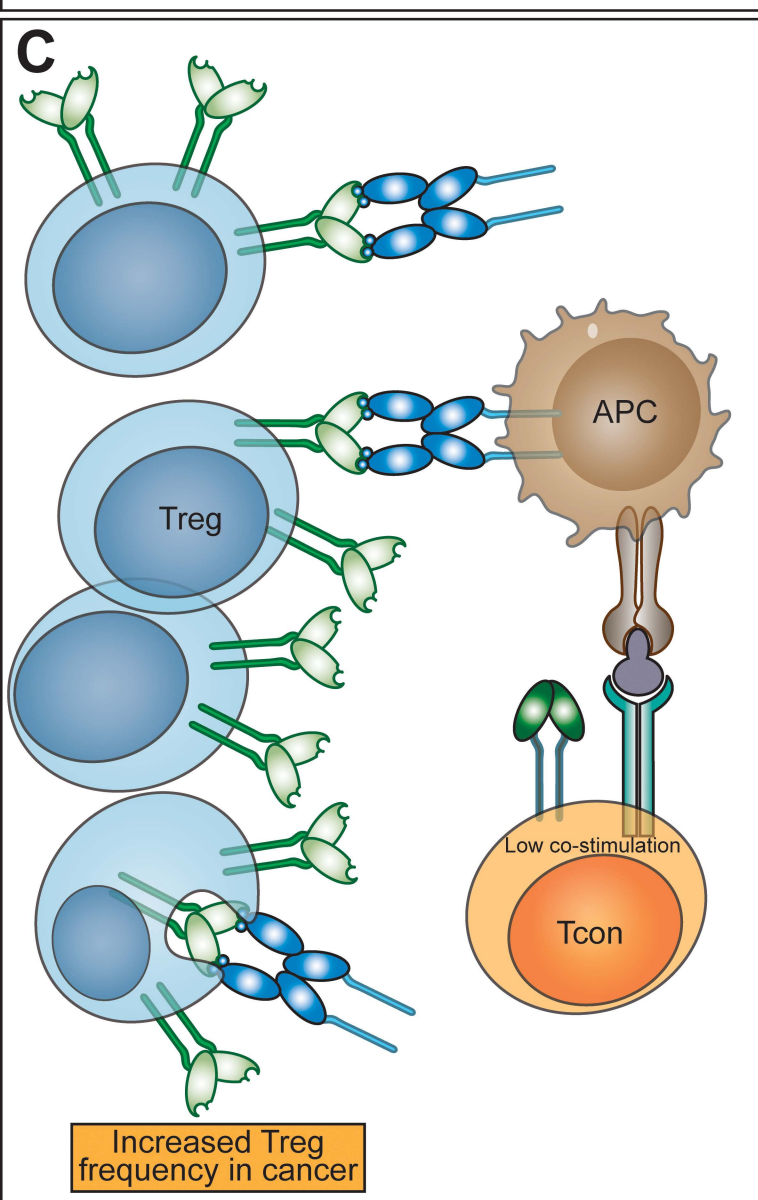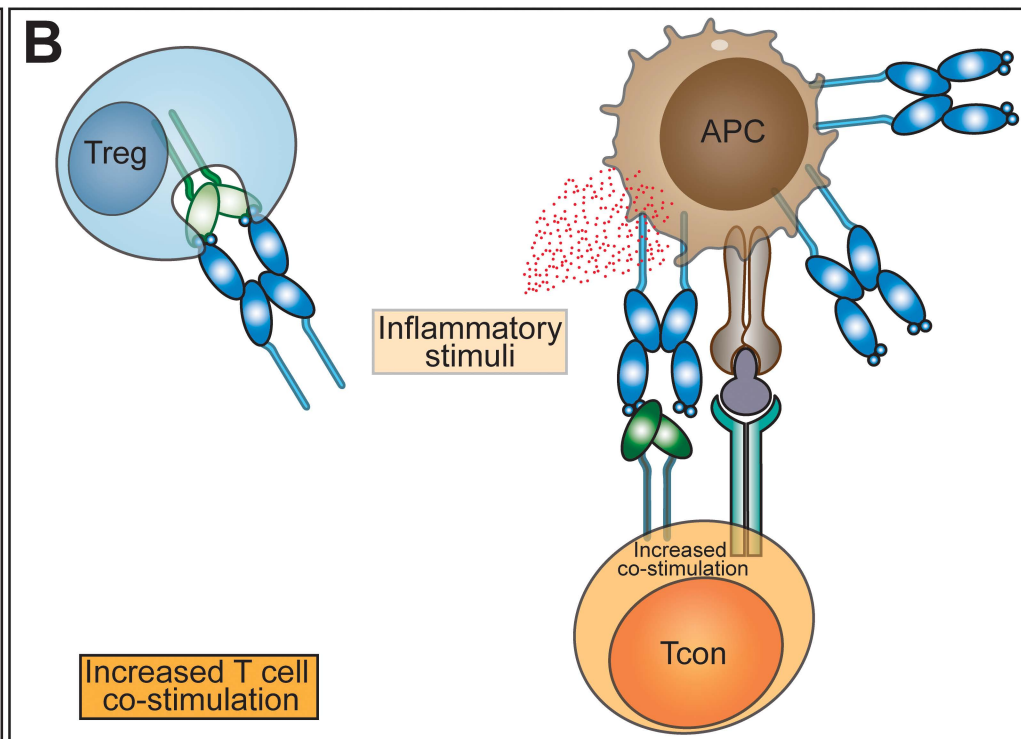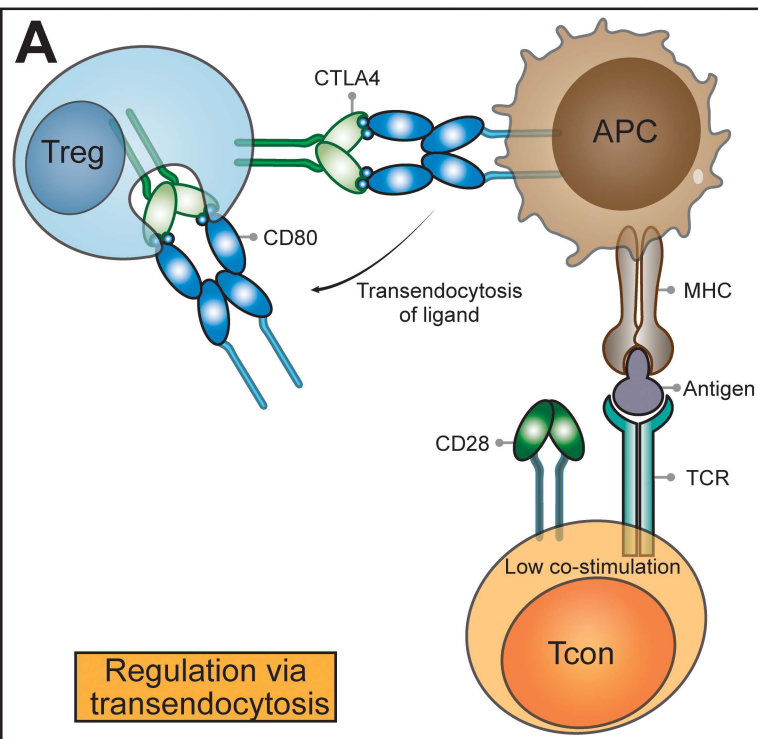
Figure 2

CTLA-4: a moving target in immunotherapy

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