

A large-scale multi-centre study characterising atrophy heterogeneity in Alzheimer's disease

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ABSTRACT

Previous studies identified atrophy-based Alzheimer's disease(AD) subtypes linked to distinct clinical symptoms, but their consistency across subtyping approaches remains unclear. This large-scale study evaluates subtype concordance using two data-driven approaches. In this work, we analyzed data from $n = 10,011$ patients across 10 AD cohorts spanning Europe, the US, and Australia, extracting regional volumes using Freesurfer. To characterize atrophy heterogeneity in the AD continuum, we developed a two-step approach, Snowflake (Staging Neurodegeneration With PHenotype informed progression timeLine of biomarkerS), to identify subtypes and atrophy-event sequences within each subtype. Results were compared with SuStaIn (Subtype and Stage Inference), which jointly estimates subtypes and staging, using similar training and validation. Training included Aβ+

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[‡] Data used in preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (adni.loni.usc.edu). As such, the investigators within the ADNI contributed to the design and implementation of ADNI and/or provided data but did not participate in analysis or writing of this report. A complete listing of ADNI investigators can be found at: adni.loni.usc.edu/wp-content/uploads/how_to_apply/ADNI_Acknowledgement_List.pdf.

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participants ($n = 1,195$) and $A\beta$ - cognitively unimpaired controls ($n = 1,692$). We validated model-staging in a held-out clinical dataset ($n = 6,362$) and an independent dataset ($n = 762$), and assessed clinical significance in $A\beta$ + subsets ($n = 1,796$ held-out; $n = 159$ external). Concordance analysis evaluated consistency between methods.

In the AD dementia (AD-D) training data, both Snowflake and SuStaIn identified four subtypes. In the validation datasets, staging with both methods correlated with Mini-Mental State Examination (MMSE) scores. The Snowflake subtypes assigned in $A\beta$ + validation datasets were associated with alterations in specific cognitive domains (Cohen's d : [0.15 – 0.33]). Similarly, the SuStaIn subtypes were also associated specific cognitive domains (Cohen's d : [0.17 – 0.34]). However, we observed low concordance between Snowflake and SuStaIn, with 39.7% of AD-D patients grouped in concordant subtypes by both methods. In conclusion, Snowflake and SuStaIn identified four atrophy-based subtypes that linked to distinct symptom profiles. While this highlights that the neuro-anatomically defined subtypes also meaningfully associate with different cognitive impairments at a group level, the low concordance between methods suggests that future research is needed to better understand the biological and methodological factors contributing to the observed variability.

1. Introduction

Alzheimer's disease (AD) is the leading cause of dementia. (Alzheimer's disease facts and figures, 2023) It is characterised by progressive loss of brain volume (atrophy) and cognitive decline with early involvement of the medial temporal lobe structures followed by atrophy spreading to the frontal, parietal, and posterior cingulate regions as the disease progresses. (Nagy et al., 1999; Apostolova and Thompson, 2008; Hari et al., 2024) However, across individuals with AD, there is substantial variability in severity and pattern of brain atrophy, (Young et al., 2018; Ferreira et al., 2020; Ten Kate et al., 2018; Zhang et al., 2021) as well as in the symptoms that AD patients manifest. (Scheltens et al., 2017; Geifman et al., 2018) Understanding the variability in brain atrophy between patients, and how they explain differences in cognitive symptoms, could improve tailored patient care management.

One approach to study heterogeneity in atrophy patterns is by data-driven analysis of structural magnetic resonance imaging (MRI) that quantify *in-vivo* atrophy patterns in AD patients. Previous studies taking this approach, using different techniques, identified either three subtypes (Risacher et al., 2017; Zhang et al., 2016; Chen et al., 2023) or four subtypes (Ten Kate et al., 2018; Ferreira et al., 2017) of AD. The most frequently identified subtypes include a medial temporal lobe (MTL) atrophy subtype and hippocampal-sparing subtype. (Young et al., 2018; Ten Kate et al., 2018; Risacher et al., 2017; Zhang et al., 2016; Ferreira et al., 2017) Other subtypes that have been identified include subcortical atrophy subtype (Young et al., 2018; Zhang et al., 2016), parieto-occipital atrophy subtype (Ten Kate et al., 2018), cortical atrophy subtype (Young et al., 2018; Ten Kate et al., 2018; Zhang et al., 2016), and minimal atrophy subtype. (Ten Kate et al., 2018; Ferreira et al., 2017) Although these findings suggest that atrophy-based subtypes may represent robust biological entities, there remains inconsistency in the specific subtypes found, number of subtypes found, and in their associations with clinical symptoms. Possibly, this may be explained by difference in methodology used for subtyping, but so far remains unclear to what extent different subtyping methodologies converge on identifying the same subtypes when performed in the same patient population.

Apart from distinct patterns of atrophy, studies have identified another dimension that contributes to atrophy heterogeneity i.e. severity of atrophy (also referred to as atrophy stage). (Young et al., 2018; Ferreira et al., 2020) Consequently, it remains a challenge to reliably identify data-driven subtypes that reflect meaningful phenotypic differences independent of disease severity, which might further explain the inconsistencies in atrophy subtypes observed across studies. To overcome this challenge, data-driven disease progression models (DPMs), (Young et al., 2024) such as SuStaIn (Young et al., 2018) and Disease Course Mapping (Poulet and Durrleman, 2021), have been developed to identify subtypes and severity jointly within a single framework. However, these methods remain computationally expensive

and thus use a limited number of volumetric (or thickness) markers. Other studies have used regular machine-learning (ML) approaches for subtyping by selecting patients within the same clinical stage of AD (Ten Kate et al., 2018; Zhang et al., 2016). While the regular ML approaches are computationally efficient as compared to DPMs and thus scalable to large cohorts and markers with greater spatial resolution, regular ML methods do not account for atrophy severity. To address this drawback, in this work, we combined a well-validated ML approach for AD subtyping using non-negative matrix factorization (NMF) (Ten Kate et al., 2018; Tijms et al., 2024) with a scalable disease progression model called discriminative event-based model (DEBM) (Venkatraghavan et al., 2019; V Venkatraghavan et al., 2021) for estimating severity. The resulting hybrid-method was termed Snowflake (Staging Neuro-degeneration With PHenotype informed progression timeLine of biomarkers) and this was used to study AD heterogeneity and compare our results with those obtained using SuStaIn.

In this large-scale multi-centre study including $n = 10,011$ participants from 10 cohorts across Europe, United States, and Australia, we first characterised atrophy heterogeneity in the AD continuum using Snowflake and compared our results with SuStaIn, trained and validated similarly. Second, we studied how the data-driven estimates of atrophy heterogeneity for each method were related to the cognitive symptoms that patients experience. Finally, we examined the concordance between the subtypes assigned by Snowflake and SuStaIn.

2. Methods

2.1. Study participants

We selected participants with a clinical diagnosis of AD dementia (AD-D), mild cognitive impairment (MCI), subjective cognitive decline (SCD), or were cognitively normal (CN) when they had a 3D T1w MRI scan available, from 10 cohorts across Europe, United States of America, and Australia. The included cohorts were: Amsterdam Dementia Cohort (ADC) (van der Flier et al., 2014), Alzheimer's Disease Neuroimaging Initiative (ADNI) (Jack et al., 2008), Australian Imaging Biomarker & Lifestyle Flagship Study of Ageing (AIBL) (Ellis et al., 2009), National Alzheimer's Coordinating Center (NACC) (Beekly et al., 2007), Open Access Series of Imaging Studies (OASIS) (Marcus et al., 2007), Alzheimer's Repository Without Borders (ARWiBo) (Frisoni et al., 2009), European DTI Study on Dementia (EDSD) (Bruggen et al., 2017), Italian Alzheimer's Disease Neuroimaging Initiative (I-ADNI) (Cavedo et al., 2014), European Alzheimer's Disease Neuroimaging Initiative (also known as PharmaCOG) (Galluzzi et al., 2016), and the Geneva memory-centre cohort (GMC) (Ribaldi et al., 2021). The characteristics of each cohort are summarized in Supplementary Table 1. ADNI data used in the preparation of this article were obtained from the database adni.loni.usc.edu. Further details about ADNI are mentioned in the Supplementary methods section S1.1. The institutional review boards of all participating institutes approved the protocol for data collection and

its subsequent use in retrospective analyses. The clinical diagnosis of participants in each cohort was performed by the different study teams according to international criteria and have been described in detail in each of those cohorts. In the present study we grouped the CN and SCD participants together as cognitively unimpaired (CU).

2.2. Study data, MRI processing and harmonization

Across cohorts, baseline 3D T1w MRI scans were acquired with 44 different MRI scanners, with varied image acquisition protocols. Supplementary Table 2 gives an overview of the scanners included in this study. Cortical reconstruction and volumetric segmentation were performed with a Docker container of Freesurfer v7.1.1 in 3 different centres (ADC and NACC in Amsterdam, ADNI and AIBL in Brisbane, and the rest in Brescia) to extract volumes of 68 cortical regions as per the Desikan-Killiany atlas and 14 subcortical brain regions. Automated quality control for Freesurfer segmentations utilized the Euler number, (Monereo-Sanchez et al., 2021; Archetti et al., 2024) with outlier thresholds determined independently for each scanner. These thresholds were based on the interquartile range (IQR) specific to each scanner, where outliers were identified as $1.5 \times \text{IQR}$ below the first quartile. (Monereo-Sanchez et al., 2021; Archetti et al., 2024) Furthermore, subjects with total intracranial volume (TIV) greater than the threshold of $1.5 \times \text{IQR}$ above the third quartile computed independently for males and females, were identified as outliers. These outliers were excluded from further analysis in this study. The number of participants excluded based on these two criteria were $n = 1,198$ (10.7%), leaving a total number of scans of $n = 10,011$ participants included for subsequent analyses.

We harmonized cortical and subcortical volumes by removing scanner related batch effects while preserving the effects of age, sex, and clinical stage. In our analysis, we used ComBat harmonization (Fortin et al., 2018) with empirical Bayes optimization to remove batch-related effects, with the largest single-scanner data from the ADNI cohort (Siemens TrioTim 3T scanner, $n = 257$) used as a reference batch. Finally, because SuStaIn is a computationally intensive algorithm and prior subtyping studies using SuStaIn have used between 12 and 21 input features (Young et al., 2018; Young et al., 2023), we reduced the number of cortical areas by constructing 24 composite regions, comprising 17 composite cortical ROIs (details of the mapping to derive these composite ROI volume from Freesurfer cortical parcellation are tabulated in Supplementary Table 3) and 7 subcortical regions (namely: Thalamus, Caudate, Putamen, Pallidum, Hippocampus, Amygdala, and Accumbens-area). We corrected for the effects of total intracranial volume and normal aging by regressing out the effects that were estimated in the A β - CU participants (see the next section for details on determining amyloid status). The harmonized volumes were combined using the sum of left and right counterparts. These volumes were converted to w-scores (covariate-adjusted z-score) based on the mean and standard deviation of A β - CU participants in the study.

2.3. Amyloid status

Where information about amyloid markers was available, individuals were labelled as having a normal or abnormal amyloid biomarker (A β - / A β + for normal/abnormal respectively) based on either cerebrospinal fluid (CSF, available in ADC, ADNI, ARWiBo, EDSD, PharmaCog, and in NACC after 2015), positron emission tomography (PET) images, or pathological examination (NACC). CSF testing and PET imaging performed during the baseline visit (within a timeframe of 90 days of MRI) were considered for this purpose. Positivity in PET images was determined by either visual readouts by radiologists (available in ADC and GMC), centiloid values (available in ADNI, AIBL, cut-off = 30), (Salvado et al., 2019) or a combination of the two (in NACC after 2015). The cut-off points for A β positivity based on CSF were defined for each cohort independently based on A β_{1-42} concentrations. The details of

cut-off point selection and assays used are in Supplementary Section S1.2. Details of the A β PET processing pipeline and the tracers used are in Supplementary Section S1.3. In ADC, ADNI, and NACC, participants were considered A β + if either one of CSF or PET were positive. In pre-2015 NACC cohort, due to the absence of either of these biomarkers, autopsy-confirmed AD-related neuro-pathologic change (ADNC) based on ABC summary score (Hyman et al., 2012) (comprising A β plaque score, modified Braak stage, modified CERAD score) was used to define A β positivity in patients, when available. These scores were categorized as either non-AD, or graded as low, intermediate, or high ADNC in the NACC cohort. In this study, MCI and AD-D participants with low to high ADNC were termed A β positive. Participants for whom amyloid status was unavailable were excluded from training the models, and their inclusion in the validation experiments is detailed in the study design.

2.4. Cognitive data preparation

Neuropsychological test batteries assessing the cognitive domains of episodic memory, attention and executive function, language, and visuospatial function were used to compute composite scores for these domains. Cognitive tests performed during the baseline visit (within a timeframe of 90 days of MRI) were considered for this purpose. A β - CU participants' data were used as a reference group for computing these composite scores. The methodological details of computing the cognitive domain scores in each of our cohorts are included in Supplementary material Section S1.4. We computed the domain scores in the cohorts of ADC, ADNI, AIBL, NACC, and GMC in our analysis. Cognitive test data in the remaining cohorts were not available to us. In the GMC cohort, the language domain score was not computed as the cognitive test battery in that cohort did not include any associated tests for assessing language. Since the different cohorts had different neuropsychological tests to assess the patients, we computed the domain scores independently in the different cohorts, with the A β - CU participants in that cohort serving as a reference group to compute z-scores for individual tests. Subsequently, for each domain, multiple test scores belonging to a specific domain were averaged to compute the domain score.

2.5. Study design

We divided our combined cohorts into three different datasets: training dataset, held-out clinical validation dataset, and an independent external dataset. A subset of the clinical validation dataset and the external dataset with A β + participants was further selected for a few experiments (A β + validation dataset). Fig. 1 gives a graphical overview of the study design described here.

The training dataset comprised 40% of the combined A β + participants randomly selected from six cohorts (ADC, ADNI, AIBL, NACC, ARWiBo, EDSD) that had A β biomarker status of participants available. With the aim of creating atrophy-based subtyping models that are equally generalizable to AD patients across all ages and to potentially remove any age-related bias while excluding participants based on A β status, we ensured the training set had a uniform age distribution. Hence the participants were selected in the training dataset based on weighted random sampling without replacement, with weights inversely proportional to the age distribution in each clinical stage. Moreover, we also included A β - CU participants in all the cohorts except GMC to serve as a reference group for training the models.

The held-out clinical validation dataset consisted of all the participants not included in the training dataset or the reference group from ADC, ADNI, AIBL, NACC, ARWiBo, EDSD, I-ADNI, OASIS, and PharmaCOG. The GMC cohort was chosen as the independent external validation dataset. The difference between the held-out clinical validation dataset and the independent external validation dataset is that for the training dataset all the A β + participants from the GMC cohort were excluded.

The A β + validation datasets comprised the remaining 60% A β +

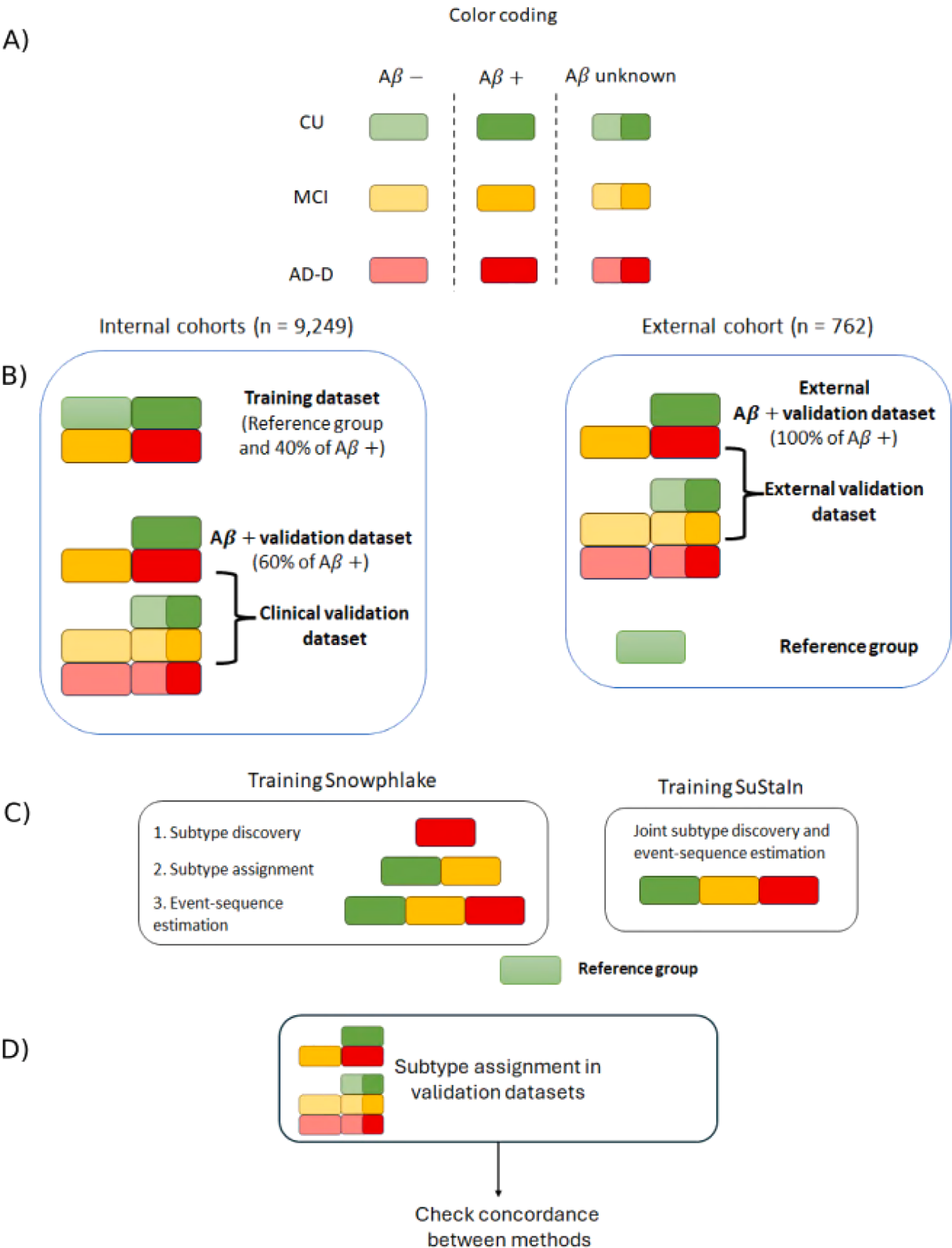


Fig. 1. Graphical overview of this study. A) Shows the color coding used in the graphical over to denote participants in different clinical stages of the disease as well as their $A\beta$ status. B) Overview of the data partitioning into the training dataset, $A\beta+$ validation dataset, clinical validation dataset, and external validation datasets, including the inclusion criteria for participants in each dataset. C and D) Overview of the steps involved in training the Snowflake and SuStaln models and their subsequent use in subtype assignment in validation datasets for concordance analysis. The reference group shown here is used in both the methods for creating a reference distribution and for w-scoring the imaging biomarkers. Abbreviations: CU: Cognitively unimpaired consisting of both cognitively normal (CN) individuals and subjective cognitive decliners (SCD); MCI: mild cognitively impaired; AD-D: individuals with clinical diagnosis of AD Dementia; + denotes $A\beta$ positivity; - denotes $A\beta$ negativity.

participants not included in training from the aforementioned six cohorts (ADC, ADNI, AIBL, NACC, ARWiBO, EDSO) and 100% A β + participants in the external dataset.

2.6. Characterising atrophy heterogeneity

We used two data-driven approaches for estimating atrophy subtypes and severity: Snowphlake and SuStaIn. Snowphlake is a hybrid method we introduce using non-negative matrix factorization (NMF) (Ten Kate et al., 2018; Tijms et al., 2024) for subtyping followed by DEBM (Venkatraghavan et al., 2019; V Venkatraghavan et al., 2021) for estimating sequence of atrophy-events *within* each subtype. Although each component of this approach has independently been validated before, this is the first study to jointly use them for the purpose of subtype and severity estimation. To ensure easy reproducibility of this approach, we built a python software toolbox: <https://github.com/snowphlake-dpm/snowphlake>. SuStaIn is a disease progression modelling technique developed previously (Young et al., 2018), with an existing python software package. (Aksman et al., 2021) The key conceptual difference is that Snowphlake is a two-step subtype-then-stage approach, while SuStaIn estimates both subtype and stage jointly. Correspondingly, SuStaIn optimizes a non-linear likelihood-based objective function for joint estimation (Young et al., 2018), whereas Snowphlake uses a linear objective function based on NMF to identify subtypes (Lee and Seung, 1999) prior to staging.

Snowphlake: The subtyping model was trained on A β + AD-D participants, using the non-smooth variant of non-negative matrix factorization (ns-NMF) (Ten Kate et al., 2018; Pascual-Montano et al., 2006) with KL-divergence as a distance metric. Ns-NMF is a stochastic dual-clustering approach that is designed to estimate sparse clusters in the data. With different random initializations resulting in slightly different subtypes, ns-NMF was run n_{run} times on the training data, where $n_{run} = 25 \times n_{AD-D}$. Here, n_{AD-D} was the number of A β + AD-D participants in the training data. The run with the least residual of subtyping (res_k) was chosen as the optimal factorization solution, where k is the number of subtypes. For choosing the optimal number of subtypes (n_{opt}), a random permutation of the training data was subsequently subtyped. k_{opt} is chosen such that $\Delta residual = res_{k-1} - res_k$ for the training data is higher than that in the random permutations. On subtyping, each participant is assigned a weight for each subtype. These subtype weights were further used to detect outliers within each subtype based on minimum covariance determinant algorithm (Rousseeuw and Van Driessen, 1999) with Mahalanobis distance metric.

Next, based on the identified optimal factorization, we assigned the subtypes of A β + MCI and A β + CU participants in the training dataset. We then determined the sequences of atrophy-events for each subtype using co-initialized discriminative event-based model (DEBM). (Venkatraghavan et al., 2019; Venkatraghavan et al., 2021) Briefly, Gaussian mixture modelling (GMM) was used to estimate the probabilities for each region to be abnormal for each participant, with A β - CU group considered as a reference group for GMM. These probabilistic abnormality values were used to infer a sequence for each A β + participant in the training data. These individual estimates were aggregated using generalized Mallows model (Venkatraghavan et al., 2019) to estimate the sequence of atrophy-events for each subtype. Further details about training DEBM are in Supplementary Section S1.5.

SuStaIn: We trained SuStaIn on the same training data as used in Snowphlake, with the pySuStaIn toolbox (Aksman et al., 2021). We used the cross-validation information criteria (CVIC) for selecting optimum number of subtypes, with $w = -1$ and $w = -2$ chosen as event thresholds. The methodological details of the SuStaIn approach has been described in detail in Young et al. (Young et al., 2018). For the sake of completeness, the method has been briefly described in Supplementary Section S1.6.

For both Snowphlake and SuStaIn, the trained models were used to

assign atrophy-based subtype and stage to participant data in the different validation datasets.

2.7. Statistical analysis to characterise subtypes and evaluate concordance of assigned subtypes

The subtype and staging measures assigned in the A β + validation dataset, clinical validation dataset, and external validation dataset by both methods, were used further for investigating if these measures were associated with symptom profile and severity respectively.

2.7.1. Experiment 1: validating the estimated staging

To evaluate the staging system of Snowphlake and SuStaIn, the trained models were used to assign the subtypes and stages of all participants in the A β + validation dataset, clinical validation dataset, and external validation dataset. The assigned stage within each subtype was used to compute Pearson's correlation with Mini-Mental Status Examination (MMSE), as a proxy for disease severity.

2.7.2. Experiment 2: comparison of subtypes on cognitive symptoms

In the absence of ground-truth in data-driven subtyping, we used the association of the identified subtypes with the patients' cognitive-symptom profile, to determine their validity. We performed analysis of variance (ANOVA) tests in MCI and AD-D patients in A β + validation dataset and A β + subset of the external validation dataset to determine if subtypes differed in terms of deficits in specific cognitive domains, after correction for confounding effects of age, sex, and level of education. These statistical tests were performed for both subtyping methods in the validation datasets, independently in each of ADC, ADNI, NACC, AIBL, and GMC. Lastly, we performed random-effect meta-analysis pooling the results of independent cohorts and accounted for multiple testing using false discovery rate (FDR) correction.

2.7.3. Experiment 3: concordance between Snowphlake and SuStaIn

The motivation to investigate concordance between the methods was to go beyond group-level definitions of subtypes to individuals assigned to these subtypes. High concordance between the two methods would indicate individual patients in different subtypes have distinct atrophy pattern much like their group-level definitions, while low concordance would indicate individual atrophy patterns vary substantially even within each subtype. To quantify the concordance between the two methods, we constructed contingency matrices of participant subtypes by Snowphlake and SuStaIn for A β + CU, MCI, and AD-D in the training and in the validation dataset. Concordant subtype-pairs are defined based on A β + AD-D patients, as the Snowphlake subtype most frequently co-occurring with SuStaIn subtypes identified.

Lastly, we estimated the sequence of atrophy-events in the concordant subtype-pairs using DEBM, the methodological equivalent of Snowphlake with 1-subtype and w-score EBM, the methodological equivalent of SuStaIn with 1-subtype.

3. Results

The demographics of participants and their amyloid status are summarized in Table 1. Overall, our combined dataset (from 10 cohorts) consisted of $n = 3,150$ A β + participants ($n_{ADD} = 1,525$; $n_{MCI} = 1,150$; $n_{CU} = 475$), $n = 2,568$ A β - participants ($n_{ADD} = 131$; $n_{MCI} = 706$; $n_{CU} = 1,731$), and $n = 4,293$ participants with unknown A β status ($n_{ADD} = 1,264$; $n_{MCI} = 1,360$; $n_{CU} = 1,669$). This combined dataset was divided into a training dataset, held-out validation dataset, and an external validation dataset. The training dataset consisted of $n = 1,195$ A β + participants ($n_{ADD} = 596$; $n_{MCI} = 416$; $n_{CU} = 183$) and $n = 1,692$ A β - CU reference group participants. The held-out validation dataset consisted of $n = 6,362$ participants across the clinical spectrum ($n_{ADD} = 2,187$; $n_{MCI} = 2,381$; $n_{CU} = 1,794$) and the external dataset consisted of $n = 723$ patients ($n_{ADD} = 137$; $n_{MCI} = 419$; $n_{CU} = 167$) and

Table 1

Participant Demographics. Values indicated in this table are calculated after automated quality control.

Cohort	Age [years]	Sex (F/M)	CN and SCD	MCI	AD-D
			A β Status: - / + / unknown	A β Status: - / + / unknown	A β Status: - / + / unknown
ADC	63.9 $\pm$ 9.2	1675 / 1952	687 / 184 / 456	256 / 328 / 199	79 / 1053 / 385
ADNI	72.1 $\pm$ 7.0	875 / 909	378 / 184 / 113	254 / 397 / 177	21 / 192 / 68
AIBL	72.7 $\pm$ 6.5	298 / 224	268 / 91 / 28	27 / 49 / 7	6 / 43 / 3
ARWiBo	55.1 $\pm$ 16.0	482 / 293	1 / 0 / 593	0 / 14 / 89	4 / 10 / 64
EDSD	70.4 $\pm$ 7.3	191 / 174	0 / 0 / 136	24 / 45 / 43	0 / 1 / 116
I-ADNI	72.1 $\pm$ 8.0	105 / 64	0 / 0 / 7	0 / 0 / 35	0 / 0 / 127
NACC	71.2 $\pm$ 10.2	882 / 688	358 / 0 / 0	39 / 126 / 463	18 / 191 / 375
OASIS	71.9 $\pm$ 10.8	197 / 105	0 / 0 / 185	0 / 0 / 90	0 / 0 / 27
PharmaCog	69.0 $\pm$ 7.4	78 / 57	0 / 0 / 0	52 / 83 / 0	0 / 0 / 0
GMC	71.5 $\pm$ 10.5	443 / 319	39 / 16 / 151	54 / 108 / 257	3 / 35 / 99
Total	67.6 $\pm$ 10.9	5226 / 4785	1731 / 475 / 1669	706 / 1150 / 1360	131 / 1525 / 1264

Abbreviations: CN: cognitively normal; SCD: subjective cognitive decline; MCI: mild cognitive impairment; AD-D: Clinical diagnosis of AD Dementia.

$n = 39$ A β - CU reference group participants. A subset of participants in the validation datasets with A β + status (A β + validation dataset) consisted of $n = 1,796$ participants in the internal cohorts ($n_{ADD} = 894$; $n_{MCI} = 626$; $n_{CU} = 276$) and $n = 159$ participants in the external cohort.

The age of the $n = 1,525$ A β + AD-D patients included in our study was 66.8 ± 8.7 years (see Supplementary Figure 1), with ADC predominantly being a young-onset AD cohort, while the rest being predominantly late-onset AD cohorts. Supplementary Figure 1 also shows the age distribution in the different clinical stages within the A β + patient population and in our selected training dataset. 52.2% (5226/10,011) of the included participants were women, while 47.6% (569/1195) of the A β + patients included in the training dataset were women. Furthermore, all the imaging markers used in this study except Pallidum volume were different between the A β + AD-D patients and A β - CU reference group with $p > 0.05$ for Pallidum and $p < 10^{-5}$ for all other markers, after correcting for multiple testing with FDR.

3.1. Subtypes identified with Snowflake and SuStaIn

Snowflake and SuStaIn each identified four subtypes. Supplementary Figure 2 shows the criteria used for selecting the optimum number of subtypes for each modelling technique ($\Delta_{residual}$ for Snowflake, CVIC for SuStaIn). For SuStaIn, the CVIC value for the 5-subtype solution was marginally better than the 4-subtype solution. However, only 3 / 1, 195 A β + patients in the training data belonged to 5th subtype. We hence chose the 4-subtype solution for our further analysis.

The atrophy subtypes identified by Snowflake, along with the prevalence of each subtype and age distribution among AD-D A β + patients in the training and A β + validation datasets were: Diffuse cortical atrophy subtype (Training: 21.6% ($n = 129/596$), age = 66.5 ± 7.8 ; A β + Validation: 21.1% ($n = 189/894$), age = 67.5 ± 9.4), Parieto-temporal atrophy subtype (Training: 19.2% ($n = 115/596$), age = 63.1 ± 6.9 ; A β + Validation: 19.7% ($n = 177/896$), age = 60.9 ± 7.9), Frontal atrophy subtype (Training: 25.5% ($n = 152/596$), age = 68.3 ± 7.9 ; A β + Validation: 24.8% ($n = 222/894$), age = 67.6 ± 8.9), and Subcortical atrophy subtype (Training: 24.8% ($n = 148/596$), age

= 70.0 ± 7.2 ; A β + Validation: 25.2% ($n = 225/894$), age = 68.3 ± 8.3) with prominent temporal lobe atrophy in each of the identified subtypes. Apart from these subtypes, an additional outlier group not assigned to any subtype was detected (Training: 8.7%; A β + Validation: 9.1%). Fig. 2 depicts the sequence of atrophy-events estimated for each subtype by Snowflake. Supplementary Figure 3 shows the uncertainty in these estimates.

The prevalence, age and MMSE distribution, and the percentage of APOE4 carriers in each of these atrophy subtypes across the different clinical stages in the pooled validation datasets (held-out validation and external validation pooled together) are summarized in Table 2 and these results in each cohort independently are reported in Supplementary Table 4. Age of onset of AD-D differed significantly ($p < 0.05$) between the four identified subtypes in the pooled validation datasets, as well as in each of the cohorts independently, except EDSD ($p = 0.11$), with Parieto-temporal atrophy subtype consisting of the youngest AD-D patients (61.2 ± 8.1) and subcortical atrophy subtype the oldest (68.3 ± 8.6). In ADNI, AIBL, ARWiBo, I-ADNI and OASIS cohorts, MMSE of the AD-D patients in different subtypes were not significantly different ($p > 0.05$), indicating the identified subtypes and severity were disentangled. In ADC, EDSD and NACC cohorts, MMSE of AD-D patients was significantly different ($p < 0.05$) between subtypes, with the Parieto-temporal atrophy subtype having the lowest MMSE among the four subtypes. Percentage of APOE4 carriers was significantly different ($p < 0.05$) in the AD-D dementia patients in the pooled validation datasets. The percentage of outliers across all A β + validation datasets decreased with clinical stage (CU: 25.0%, MCI: 12.4%, AD-D: 9.1%) indicating that characteristic atrophy patterns emerge as the disease progresses.

Supplementary Figure 4 depicts the atrophy subtypes and sequence of atrophy-events estimated by SuStaIn and Supplementary Figure 5 shows the posterior probability distribution of these sequences using Markov chain Monte Carlo (MCMC) sampling, interpreted as the uncertainty in this estimation. The identified subtypes were Typical subtype (with early hippocampus and temporal lobe atrophy), Limbic predominant subtype, Hippocampal sparing subtype, and Subcortical subtype. The prevalence of these subtypes and age distribution among AD-D participants in the training and A β + validation dataset were: Typical (Training: 55.7% ($n = 332/596$), age = 66.7 ± 7.8 ; A β + Validation: 56.0% ($n = 501/894$), age = 65.8 ± 9.3) Limbic predominant (Training: 24.1% ($n = 144/596$), age = 72.2 ± 6.6 ; A β + Validation: 24.0% ($n = 215/894$), age = 69.8 ± 8.2), Hippocampal sparing (Training: 14.5% ($n = 87/596$), age = 62.8 ± 6.9 ; A β + Validation: 12.9% ($n = 115/894$), age = 60.9 ± 7.0), Subcortical atrophy (Training: 0.8% ($n = 5/596$), age = 68.2 ± 7.6 ; A β + Validation: 0.5% ($n = 5/894$), age = 70.4 ± 9.3). Apart from these subtypes, an outlier group (defined as AD-D patients in stage 0) was detected (Training: 4.7%; A β + Validation: 6.5%) The prevalence, age and MMSE distribution, and the percentage of APOE4 carriers in each of these subtypes across the different diagnostic categories in the pooled validation datasets have been summarized in Table 2 and these results in each cohort independently are reported in Supplementary Table 5. Age of onset of AD dementia and APOE4 carriership percentage differed significantly ($p < 0.05$) between the four subtypes identified by SuStaIn with Hippocampal sparing subtype consisting of the youngest AD-D patients (61.0 ± 7.1) and Limbic-predominant and Subcortical atrophy subtypes the oldest (69.9 ± 8.2 and 70.4 ± 9.3 respectively).

3.2. Experiment 1: atrophy-based model stage correlates with MMSE

Fig. 3 depicts the correlation between the atrophy-based patient stage assigned by Snowflake for the clinical validation dataset and external dataset, with MMSE, a clinical screening tool for measuring disease severity of the patient. The atrophy-based stage showed significant correlation with MMSE within all four subtypes, with higher atrophy stage related to worse MMSE scores ($R = -0.51$ to -0.28),

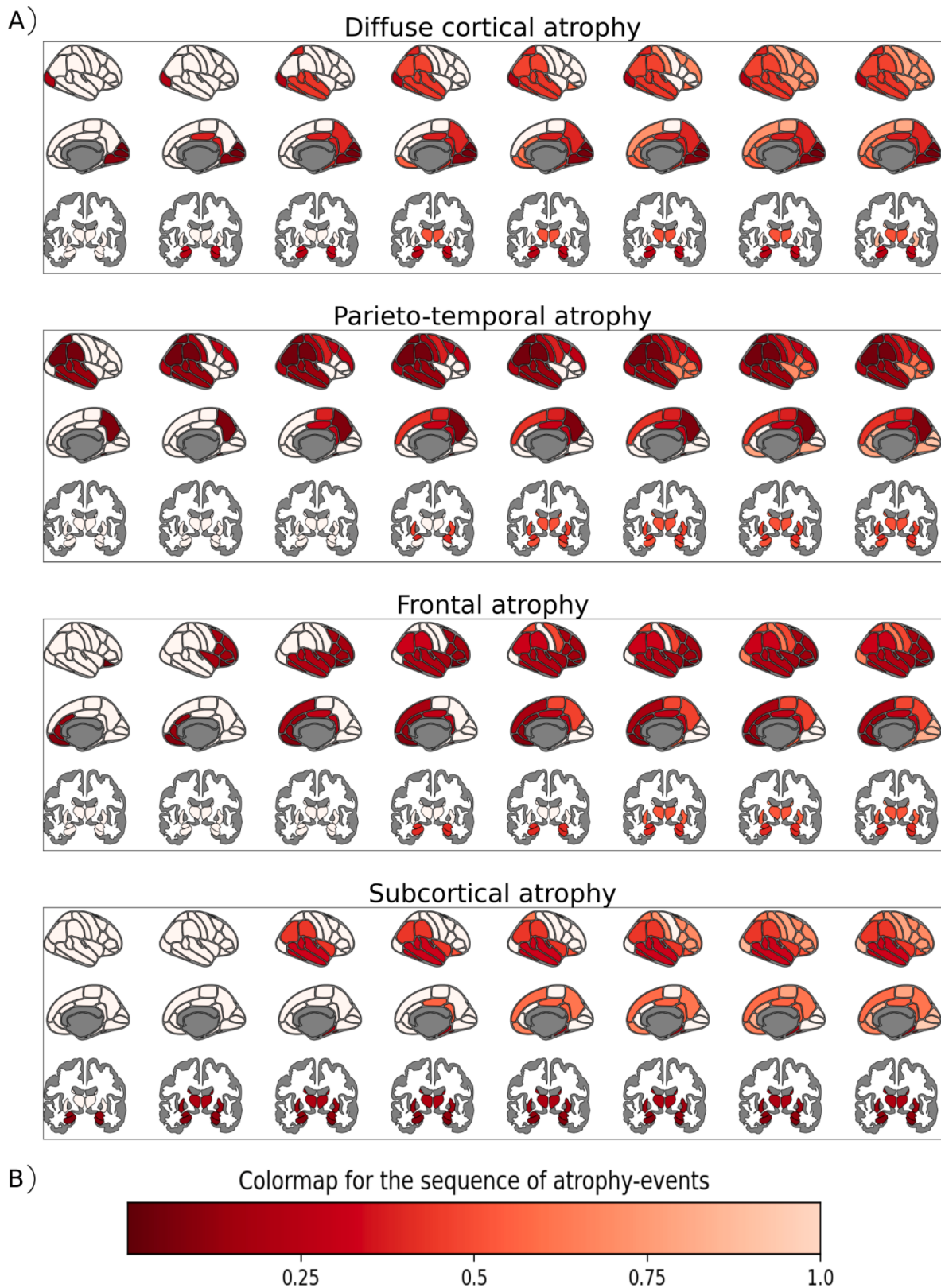


Fig. 2. Snowflake modelling in the $A\beta^+$ participants in the multi-cohort harmonized training dataset. A) These plots depict the subtypes and sequence of atrophy-events for each subtype estimated. Within each subtype, the x-axis corresponds to the stage of the disease. Each column shows the brain in its lateral, medial, and subcortical views, with the regions that is expected to be abnormal at this stage for the subtype in shades of red and unaffected regions in white. **B)** The scale for the colour map goes from 0 to 1, the normalized staging scale for Snowflake, where 0 represents a region becoming abnormal at the earliest stages of the disease and 1 represents late stage.

Table 2

Characteristics of atrophy-based subtypes assigned by the trained Snowflake and SuStaIn models, pooled across the validation datasets (held-out validation dataset and external dataset).

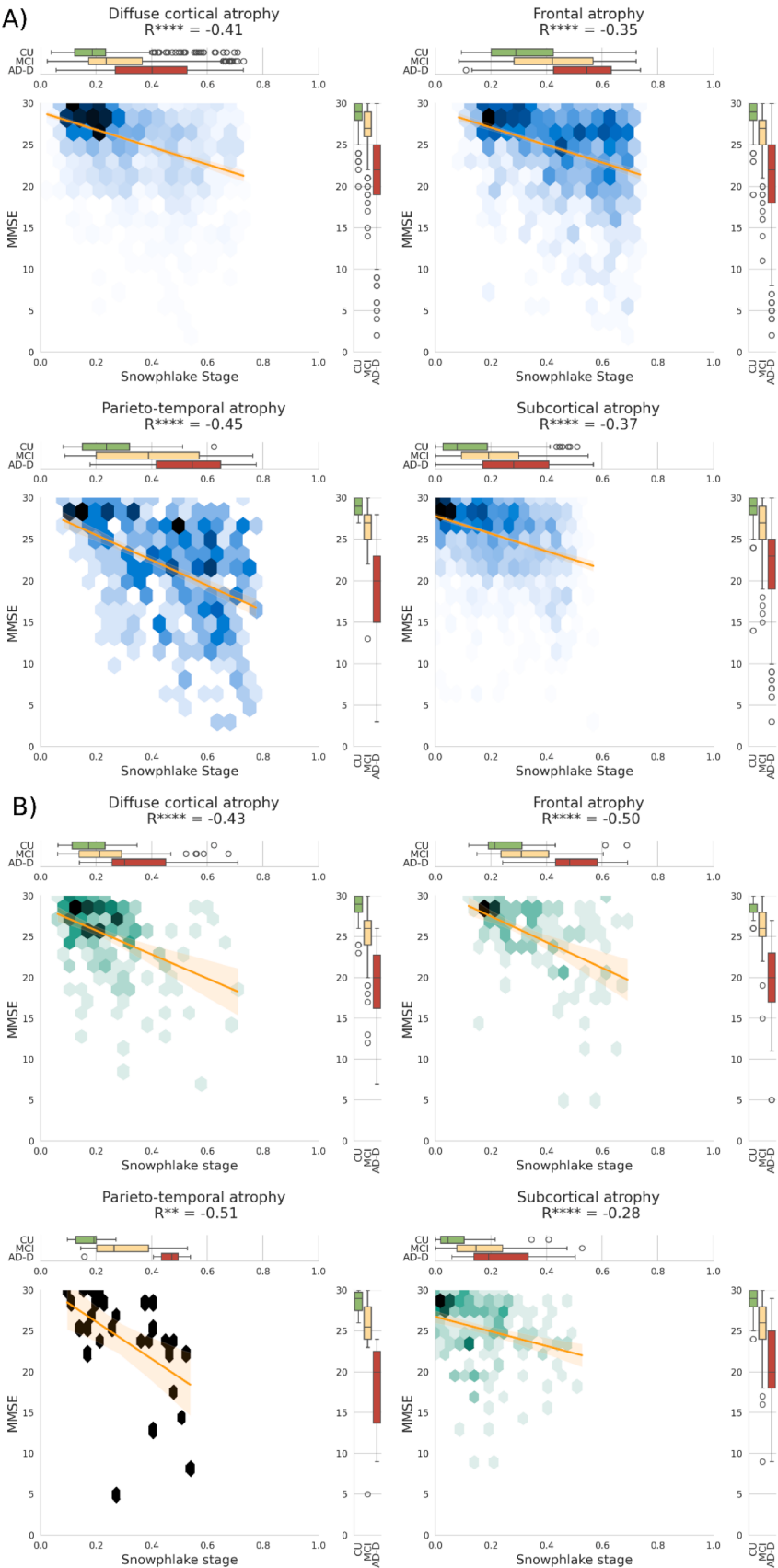
Method: Snowflake											
Characteristic per diagnostic group		Diffuse cortical atrophy		Parieto-temporal atrophy		Frontal atrophy		Subcortical atrophy		Outliers	
		Aβ+	All	Aβ+	All	Aβ+	All	Aβ+	All	Aβ+	All
Age	CU [#]	71.9 ± 9.2	60.4 ± 15.1	73.6 ± 3.8	62.7 ± 13.8	70.2 ± 10.0	66.0 ± 11.4	69.9 ± 6.0	62.0 ± 14.6	69.6 ± 9.0	61.0 ± 14.2
	MCI	71.1 ± 7.9	71.4 ± 8.8	68.8 ± 8.7	69.3 ± 9.4	71.0 ± 6.9	71.0 ± 8.7	71.3 ± 7.5	71.4 ± 8.8	71.3 ± 8.9	69.7 ± 9.6
	AD-D ^{*,#}	67.7 ± 9.3	71.1 ± 9.3	61.2 ± 8.1	62.9 ± 8.8	67.6 ± 8.8	70.8 ± 8.9	68.3 ± 8.6	71.4 ± 8.9	66.5 ± 10.2	70.0 ± 10.6
N (%)	CU	90 (30.8)	533 (27.2)	5 (1.7)	49 (2.5)	53 (18.2)	293 (14.9)	73 (25.0)	421 (21.5)	71 (24.3)	665 (33.9)
	MCI	228 (31.1)	781 (27.9)	34 (4.6)	117 (4.2)	130 (17.7)	575 (20.5)	246 (33.5)	816 (29.1)	96 (13.1)	511 (18.3)
	AD-D	202 (21.7)	520 (22.4)	182 (19.6)	328 (14.1)	228 (24.5)	655 (28.1)	234 (25.2)	556 (23.9)	83 (8.9)	265 (11.4)
Sex (<i>n</i> _{male} / <i>n</i> _{female})	CU	46/44	259/274	2/3	25/24	32/21	159/134	41/32	207/214	14/57	198/467
	MCI [#]	111/117	384/397	21/13	75/42	81/49	346/229	134/112	465/351	39/57	187/324
	AD-D [*]	76/126	217/303	88/94	145/183	113/115	298/357	121/113	276/280	28/55	96/169
MMSE	CU	28.5 ± 1.5	28.6 ± 1.5	28.4 ± 1.1	28.6 ± 1.2	28.7 ± 1.4	28.7 ± 1.5	28.5 ± 1.4	28.6 ± 1.5	28.8 ± 1.2	28.6 ± 1.6
	MCI [#]	26.7 ± 2.5	26.6 ± 2.7	25.2 ± 4.1	26.4 ± 3.2	26.6 ± 2.2	26.5 ± 2.7	26.3 ± 2.5	26.6 ± 2.6	27.1 ± 2.5	26.8 ± 2.8
	AD-D ^{*,#}	21.8 ± 4.5	21.4 ± 4.7	19.1 ± 5.4	18.7 ± 5.7	21.0 ± 4.9	20.8 ± 5.3	22.1 ± 4.2	21.7 ± 4.5	20.3 ± 5.7	20.9 ± 5.4
APOE4 carriers (<i>n</i> _{APOE} / <i>n</i> _{total})	CU	38/69	103/334	3/5	9/34	20/41	56/192	37/65	69/269	27/47	86/302
	MCI	125/198	265/594	21/28	43/88	82/120	200/451	131/193	283/598	49/74	122/342
	AD-D ^{*,#}	137/185	240/388	103/173	140/275	135/216	256/529	159/217	267/428	54/80	93/194
Method: SuStaIn											
Characteristic per diagnostic group		Typical		Limbic-predominant		Hippocampal-sparing		Subcortical atrophy		Outliers	
		Aβ+	All	Aβ+	All	Aβ+	All	Aβ+	All	Aβ+	All
Age	CU [#]	71.5 ± 8.9	65.4 ± 13.4	67.6 ± 8.8	59.0 ± 16.5	75.8 ± 13.6	62.2 ± 15.8	76.0	68.2 ± 11.1	70.3 ± 8.2	61.0 ± 14.1
	MCI [#]	71.5 ± 7.5	72.1 ± 8.5	71.5 ± 8.2	71.4 ± 8.9	67.7 ± 9.6	68.1 ± 9.7	75.2 ± 4.4	73.3 ± 8.7	70.5 ± 7.5	69.7 ± 9.3
	AD-D ^{*,#}	66.0 ± 9.3	69.5 ± 9.7	69.9 ± 8.2	72.2 ± 8.3	61.0 ± 7.1	63.0 ± 8.4	70.4 ± 9.3	71.8 ± 10.0	67.5 ± 10.6	72.3 ± 10.0
N (%)	CU	87 (29.8)	504 (25.7)	18 (6.2)	124 (6.3)	6 (2.1)	52 (2.7)	1 (0.3)	5 (0.3)	180 (61.6)	1276 (65.0)
	MCI	368 (50.1)	1255 (44.8)	150 (20.4)	484 (17.3)	27 (3.7)	91 (3.3)	5 (0.7)	26 (0.9)	184 (25.1)	944 (33.7)
	AD-D	525 (56.5)	1292 (55.6)	221 (23.8)	542 (23.2)	118 (12.7)	224 (9.6)	5 (0.5)	18 (0.8)	60 (6.5)	248 (10.7)
Sex (<i>n</i> _{male} / <i>n</i> _{female})	CU [#]	50/37	252/252	13/5	84/40	4/2	27/25	1/0	4/1	67/113	471/805
	MCI	207/161	706/549	80/70	274/210	17/10	55/36	4/1	18/8	78/106	404/540
	AD-D	242/283	567/725	118/103	281/261	49/69	98/126	3/2	11/7	14/46	75/173
MMSE	CU	28.2 ± 1.6	28.5 ± 1.6	28.5 ± 1.4	28.5 ± 1.4	27.5 ± 1.4	28.5 ± 1.3	29.0	29.0 ± 0.7	28.8 ± 1.2	28.7 ± 1.5
	MCI [*]	26.6 ± 2.3	26.5 ± 2.7	26.0 ± 2.4	26.2 ± 2.8	24.3 ± 4.9	26.1 ± 3.6	26.4 ± 1.8	27.0 ± 2.9	26.9 ± 2.6	27.0 ± 2.6
	AD-D ^{*,#}	20.8 ± 5.2	20.6 ± 5.2	21.5 ± 4.1	21.3 ± 4.8	19.3 ± 5.6	19.2 ± 5.5	22.0 ± 5.5	21.6 ± 4.4	23.5 ± 3.1	22.8 ± 4.3
APOE4 carriers (<i>n</i> _{APOE} / <i>n</i> _{total})	CU	37/73	101/315	11/16	22/92	1/3	7/31	0/1	0/5	76/134	193/688
	MCI	212/310	431/916	78/117	172/360	14/25	28/68	3/5	7/18	102/158	275/711
	AD-D ^{*,#}	309/495	516/1003	153/202	256/435	80/111	125/193	3/5	8/14	43/58	91/169

* indicates the corresponding measure is significantly different ($p < 0.05$) between the different subtypes (excluding the outliers group) in Aβ+ validation dataset, using ANOVA test for Age and MMSE characteristics, and χ^2 contingency test for Sex and APOE4 characteristics.

indicates the significant difference ($p < 0.05$) using similar tests in the clinical validation dataset. Abbreviations: CU: Cognitively unimpaired (Cognitively normal or subjective cognitive decline); MCI: Mild cognitive impairment; AD-D: Alzheimer's disease dementia.

with $p < 0.0001$ in the clinical validation dataset and $p < 0.05$ in the external validation dataset. The distribution of atrophy-based stages for the different diagnostic groups (of CU, MCI, AD-D) were different ($p < 0.0001$) and are also shown in Fig. 3. Supplementary Figure 6 depicts a similar plot for these correlations for the Aβ+ validation dataset and the Aβ+ subset of the external dataset. Supplementary Figure 7 shows the correlation between the atrophy-based patient stage assigned by

SuStaIn for the clinical validation dataset and external dataset, with MMSE. The atrophy-based stage assigned by SuStaIn showed significant correlation with MMSE within all subtypes except in the subcortical atrophy subtype ($R = -0.54$ to -0.26) with $p < 0.0001$ in the clinical validation dataset and $p < 0.01$ in the external validation dataset and $p > 0.05$ for the subcortical atrophy subtype in both validation datasets.



(caption on next page)

Fig. 3. Experiment 1: Correlation of the estimated stage (measuring atrophy severity) using Snowflake with MMSE in A) clinical validation cohort B) external validation cohort. Figures A) and B) both consists of 4 hex-plots, one for each subtype assigned by the trained Snowflake model. The colour of a bin in the hex-plot denotes the relative proportion of the participants. The boxplot on top of each hex-plot shows the distribution of estimated Snowflake stage for the participants in the different clinical groups. The boxplot at the right of each hex-plot shows the distribution of MMSE in the different clinical groups. The line overlaying on each hex-plot shows the regression line between MMSE and Snowflake's stage. The text on top of each hex-plot shows the correlation coefficient (R) between estimated stage and MMSE. The asterisk (*) next to R denotes the significance level. * corresponds to $p < 0.05$; ** corresponds to $p < 0.01$; *** corresponds to $p < 0.001$; **** corresponds to $p < 0.0001$. Abbreviations: CU: Cognitively unimpaired (Cognitively normal or subjective cognitive decline); MCI: Mild cognitive impairment; AD-D: Alzheimer's disease dementia.

3.3. Experiment 2: cognitive domain characteristics of the subtypes

Fig. 4 shows the effect sizes (Cohen's f -statistic) of cognitive domain score differences between subtypes identified by Snowflake and SuStaIn, for the diagnostic groups of MCI and AD-D. These subtype differences are computed for participants in the $A\beta+$ validation cohorts of ADC, ADNI, NACC, AIBL, and GMC for the cognitive domains of memory, executive function and attention, language, and visuospatial function. For Snowflake, the mean effect sizes for the effects of subtypes on the four cognitive domains were between $f = 0.15$ to 0.33 in the AD-D group, and were between $f = 0.15$ to 0.24 in the MCI group. For SuStaIn, the mean effect sizes for the effects of subtypes on the four cognitive domains were between $f = 0.17$ to 0.34 in the AD-D group and were between $f = 0.08$ to 0.20 in the MCI group. There were no significant differences between the effect sizes of Snowflake and SuStaIn for AD-D patients, when the effect sizes were compared using Fisher's z -transformation before testing for significance. However, a similar comparison showed Snowflake was significantly better at detecting differences in the language domain for MCI patients (FDR-corrected $p = 0.016$) than SuStaIn's subtypes. There was significant heterogeneity (based on Cochran's Q statistic) observed between cohorts for both the methods, for both the diagnostic groups.

3.4. Experiment 3: concordant subtype-pairs

When comparing how participants were clustered, we observed a low concordance between Snowflake and SuStaIn. Fig. 5 shows the contingency matrices between Snowflake and SuStaIn subtype assignments in different clinical stages of $A\beta+$ participants, in the training and validation datasets.

Of the $n = 501$ AD-D individuals assigned to the typical subtype (with prominent hippocampal and temporal lobe atrophy) of SuStaIn in the $A\beta+$ validation dataset, $n = 183$ (36.5%) were also assigned to the frontal atrophy subtype (with prominent frontal and temporal lobe atrophy) of Snowflake, which is referred to as concordant subtype-pair #1. Of the $n = 215$ AD-D individuals assigned to the limbic-predominant subtype (with prominent thalamus, hippocampus, and amygdala atrophy) of SuStaIn in the $A\beta+$ validation dataset, $n = 127$ (59.1%) were also assigned to the subcortical-atrophy subtype of Snowflake, which is referred to as concordant subtype-pair #2. Of the $n = 115$ AD-D individuals assigned to the hippocampal-sparing subtype of SuStaIn in the $A\beta+$ validation dataset, $n = 52$ (45.2%) were also assigned to the parieto-temporal atrophy subtype of Snowflake, which is referred to as concordant subtype-pair #3. The Subcortical atrophy subtype of SuStaIn was too small to be compared. The concordant subtype-pairs accounted only for 38.6% ($n = 230/596$) of $A\beta+$ AD-D participants in the training dataset and 40.5% ($n = 362/894$) in the $A\beta+$ validation dataset. Cohort-wise contingency matrix shown in Supplementary Figure 8 further added to the evidence that low concordance was consistent across cohorts.

Lastly, progression modelling in the three concordant subtype-pairs using DEBM and w-score EBM showed that the estimated atrophy-event sequences using the two methods were largely similar. The normalized Kendall's Tau (KT) metric measuring the dissimilarity between the sequences estimated by SuStaIn and Snowflake were: $KT = 0.11$ for concordant subtype-pair #1, $KT = 0.14$ for concordant subtype-pair #2, and $KT = 0.12$ for concordant subtype-pair #3. These

values are within the expected error ranges of each model, (Venkatraghavan et al., 2019) indicating that the estimated sequences in concordant subtype-pairs using the two methods agree with each other. The sequences of atrophy-events estimated using DEBM and z-score EBM are shown in Fig. 6.

4. Discussion

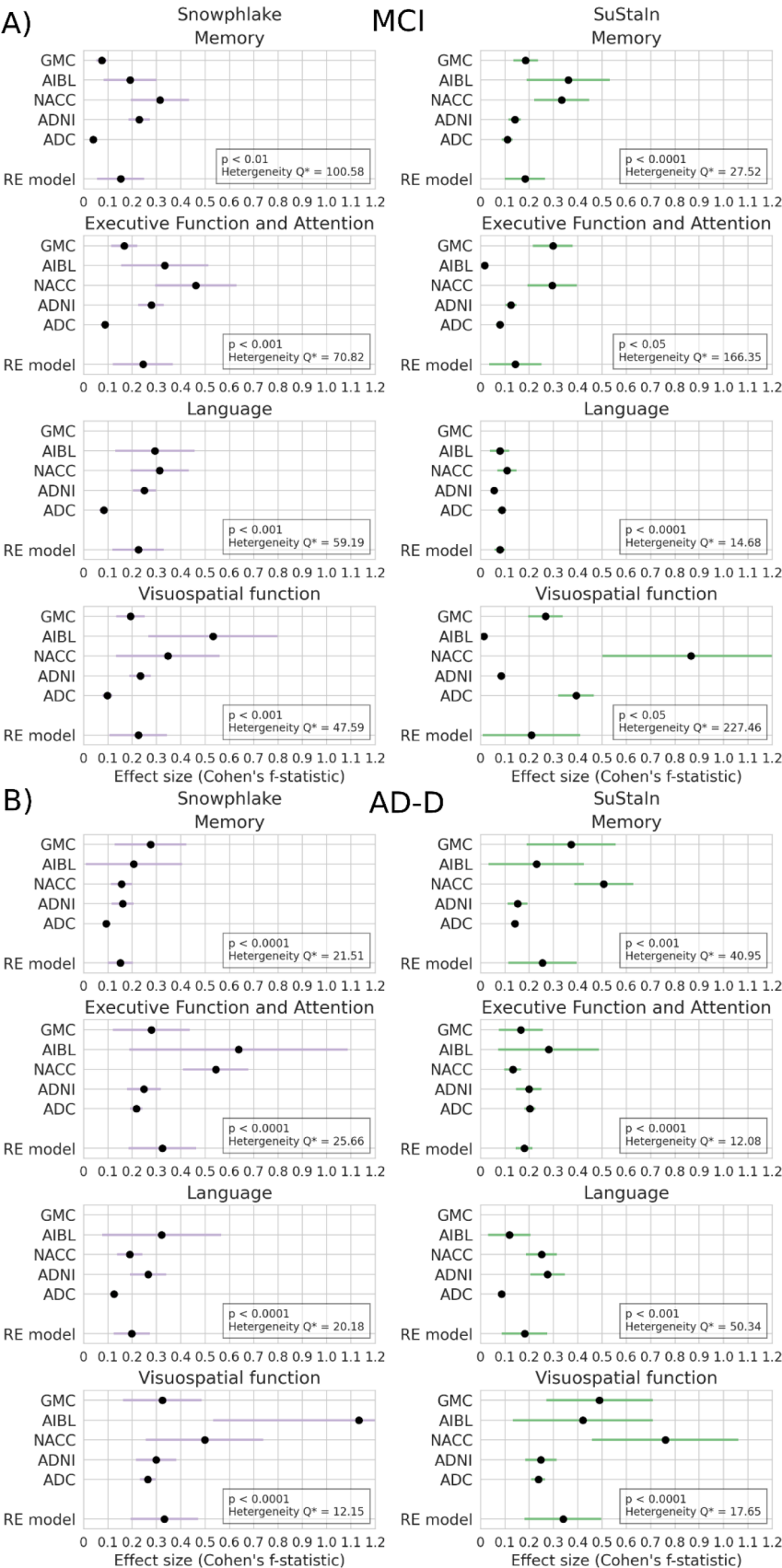
In this large-scale multi-cohort study of atrophy-heterogeneity in AD, we used a novel methodology, Snowflake, that couples a previously-validated ML approach for disease subtyping (NMF) (Ten Kate et al., 2018; Tijms et al., 2024) with data-driven disease progression modelling (DEBM), to estimate sequences of atrophy-events in four atrophy-based subtypes of AD. We compared our results with those obtained using SuStaIn and used the trained models to assign subtypes and atrophy stage in patient populations not included in training them. The assigned subtypes in validation datasets were associated with distinct cognitive profiles and the atrophy stage with the subtypes correlated with global cognition level of patients. We have made the trained models of both SuStaIn and Snowflake openly available at <https://snowflake-dpm.github.io>, along with the associated code. The source code for Snowflake has also been made available at: <https://github.com/snowflake-dpm/snowflake>, while the source code for SuStaIn was previously made available by Aksman et al. (Aksman et al., 2021). A thorough comparison of Snowflake's subtype assignments with that of SuStaIn's provided evidence for a spectrum of differences in atrophy among AD patients, rather than discretised by distinct subtypes.

4.1. The identified atrophy-based subtypes were consistent with literature

Snowflake identified a parieto-temporal atrophy subtype where the AD-D patients were consistently the youngest and had worse visuospatial function, attention and executive function consistent with prior studies on young-onset AD patients. (Ten Kate et al., 2018; Scheltens et al., 2017; van der Flier et al., 2011) This subtype also had a significantly lower percentage of $APOE4$ carriers in the ADC cohort, also observed in a previous study (van der Flier et al., 2011), as well as in the and the ARWiBo cohort. Still, $APOE4$ carriership did not differ significantly in other cohorts in our study, which may be because those cohorts predominantly consisted of late-onset AD patients. The subcortical atrophy subtype (also referred to as "mild atrophy" in literature) patients had the least affected cognition across all domains when compared to the other subtypes. (Ten Kate et al., 2018; Zhang et al., 2016; Ferreira et al., 2017) The diffuse cortical atrophy subtype (or cortical atrophy subtype) and frontal atrophy subtype have also been identified in previous studies (Chen et al., 2023; Alladi et al., 2007; Sawyer et al., 2017). Moreover, the subtypes identified by SuStaIn in this study (typical, hippocampal-sparing, limbic-predominant) were aligned with the neuropathological subtypes of AD reported in literature (Ferreira et al., 2020; Murray et al., 2011) and largely aligned with the previous studies of atrophy-subtypes using SuStaIn. (Young et al., 2018; Chen et al., 2023; Baumeister et al., 2024)

4.2. Comparing Snowflake and SuStaIn subtypes

A novel approach in our study was that we compared two data-driven AD subtyping techniques directly on the same patient



(caption on next page)

Fig. 4. Experiment 2: Cognitive domain differences between subtypes assigned in the A β + validation datasets. Cognitive domain differences are shown for subtypes assigned by Snowphlake (left) and SuStaIn (right) in **A)** MCI patients and **B)** AD-D patients. Each sub-plot shows the effect size (Cohen's f-statistic) and its confidence interval for a cognitive domain in 5 different cohorts within the A β + validation datasets. The combined effect-size of the random effect (RE) model obtained via meta-analysis across the different cohorts, and the corresponding confidence interval is shown within each subplot as well. The p-value corresponding to the RE model and the Cochran's Q statistic measuring heterogeneity across cohorts is shown at the bottom right of each sub-plot. The Q* indicates that the shown Cochran's Q statistic is significant (< 0.0001).

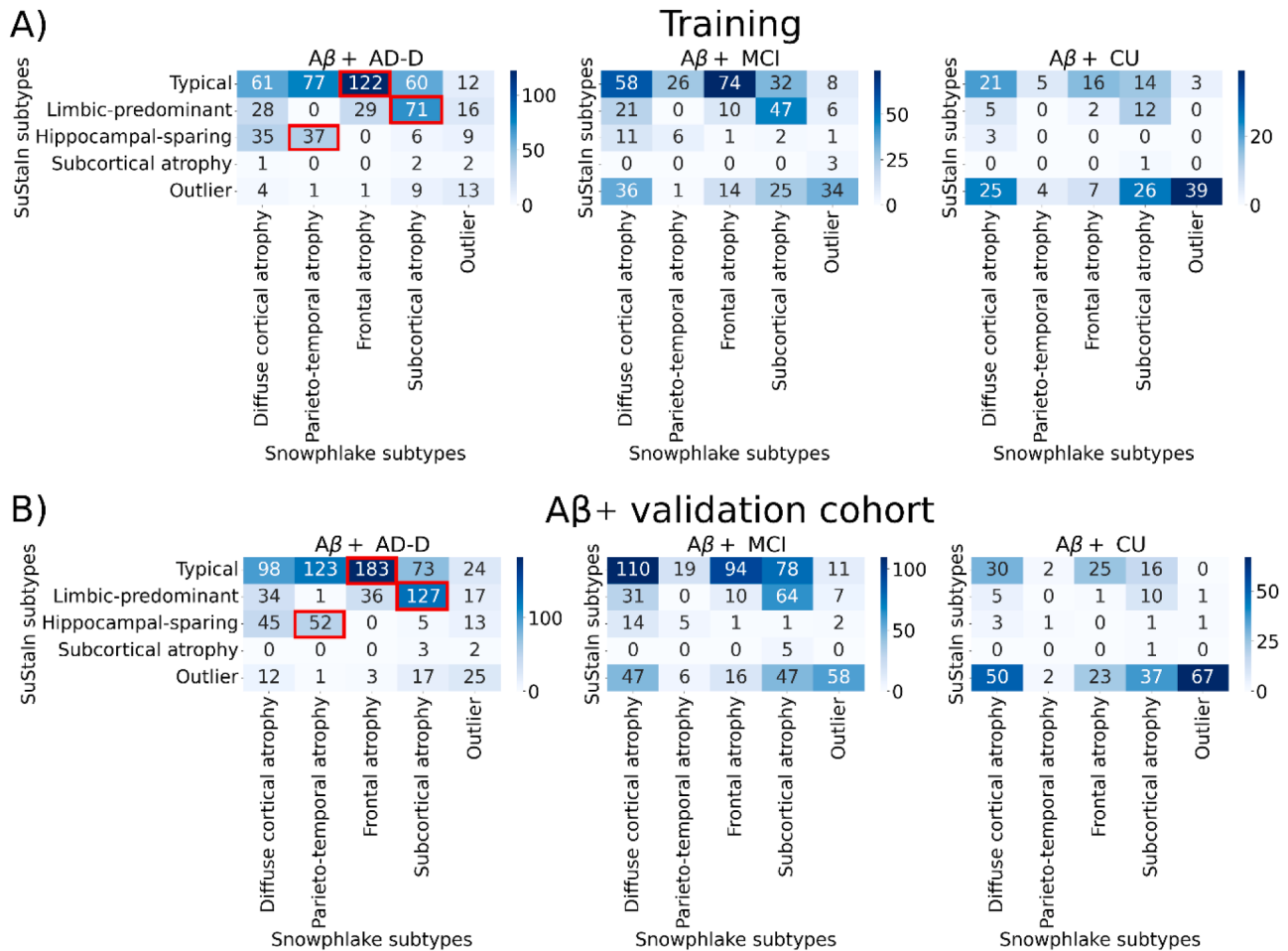


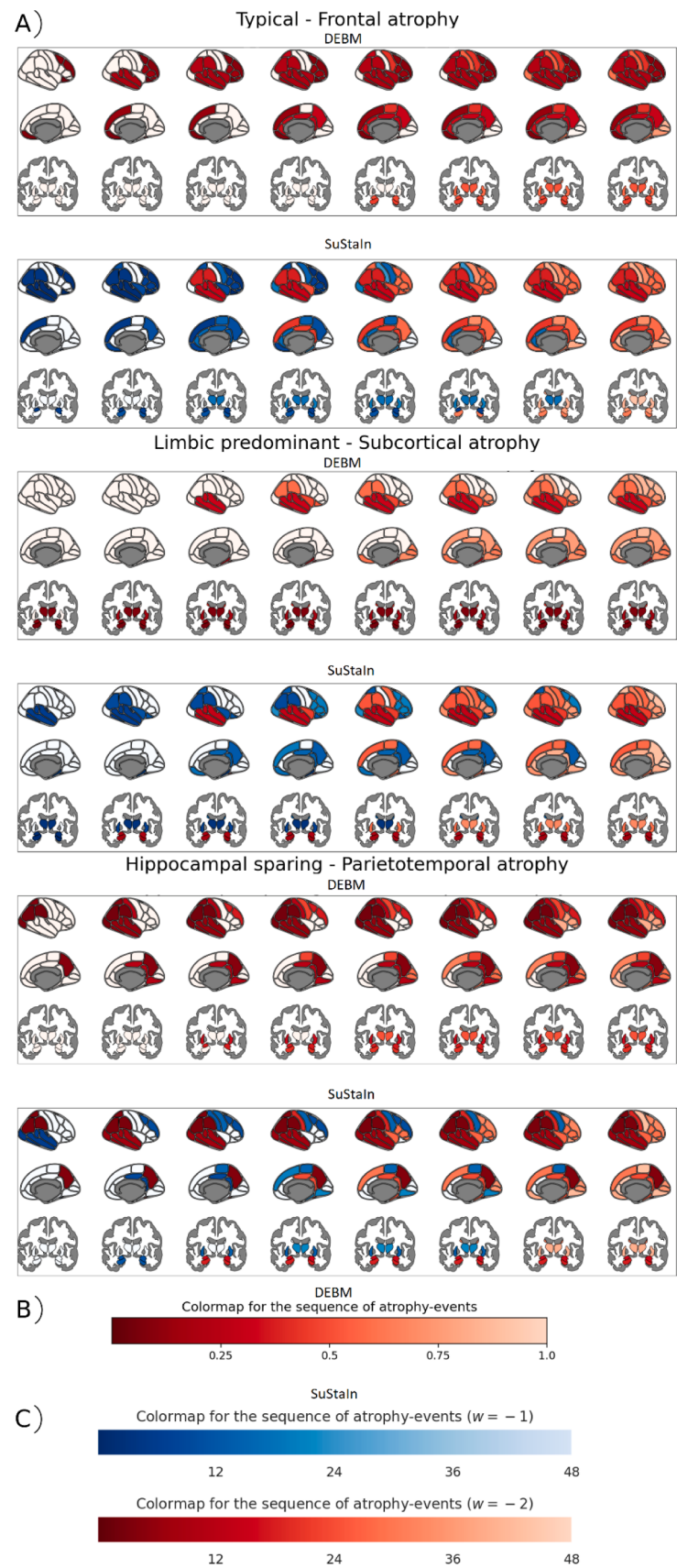
Fig. 5. Experiment 3: Concordance of Snowphlake and SuStaIn subtypes. **A)** shows the contingency matrix of estimated atrophy-based subtypes using Snowphlake and SuStaIn for participants in the training dataset, in different clinical stages of the disease. **B)** shows a similar contingency matrices for participants in the A β + validation dataset, in different clinical stages of the disease. The squares marked in red in the contingency matrix for AD-D patients correspond to the frequently co-occurring subtypes between SuStaIn and Snowphlake, also referred to as concordant subtypes. Abbreviations: CU: Cognitively unimpaired (Cognitively normal or subjective cognitive decline); MCI: Mild cognitive impairment; AD-D: Alzheimer's disease dementia.

population, while the comparisons in the previous studies so far have been based on the identified atrophy characteristics or patient characteristics. (Young et al., 2018; Ten Kate et al., 2018; Zhang et al., 2016) The subtypes identified by the two methods in our analysis also showed some similarities in patient characteristics, for example, parieto-temporal atrophy subtype of Snowphlake and hippocampal-sparing subtype of SuStaIn both consisted of significantly younger-onset AD-D patients. Nevertheless, our direct comparison showed low concordance between the subtype assignments of the two methods, highlighting the limitations of indirect comparisons based on read-outs.

While comparing average w-score maps of patients within a specific SuStaIn subtype, but assigned to different Snowphlake subtype, we saw significant differences in atrophy profiles, providing further evidence that atrophy patterns might vary substantially between individuals within a data-driven subtype. The three concordant subtype-pairs that accounted for approximately 40 % of individuals with AD-D were the

typical subtype with temporal and frontal lobe atrophy, the limbic predominant subtype with severe subcortical atrophy, and the hippocampal sparing subtype with parieto-temporal atrophy. The sequence of atrophy-events estimated by the two methods in these concordant subtype-pairs agreed with each other, showing that in spite of the methodological differences, similar inferences could be made in these concordantly subtyped individuals. Although these concordant subtype-pairs are in line with previous literature (Ferreira et al., 2020; Zhang et al., 2021), future work on synthetic data simulating a spectrum of atrophy differences would be crucial for understanding more about concordant subtype-pairs. However, the notion that not all patients were clustered similarly, suggests that group estimates of atrophy subtypes may be driven by a particular subset of patients, and may not capture heterogeneity of all patients. Future studies should further investigate more continuous measures of subtyping that may be able to better capture such nuance and heterogeneity.

The differences in estimated subtypes by the two methods arise from



(caption on next page)

Fig. 6. Experiment 3: Snowflake and SuStaln modelling of the $A\beta+$ participants in the three identified concordant subtypes. A) For each concordant subtype, the top row depicts the sequence of atrophy-events obtained using DEBM, the methodological equivalent of Snowflake with 1-subtype. The bottom row depicts the sequence of atrophy-events obtained using w-score EBM the methodological equivalent of SuStaln with 1-subtype. Within each subtype, the x-axis corresponds to the stage of the disease. Each column shows the brain in its lateral, medial, and subcortical views, with the regions that is expected to be abnormal at this stage. B) shows the scale of the colour map used for DEBM plots goes from 0 to 1, where 0 represents a region becoming abnormal at the earliest stages of the disease and 1 represents late stage. C) shows the scale of the colour map used for w-score EBM plots, in which regions that are expected to be mildly affected ($w = -1$) are shown in shades of blue, and severely affected ($w = -2$) in shades of red, and unaffected regions in white. The scale for the color map goes from 1 to 48, where 1 represents a region getting affected at the earliest stages of the disease and 48 represents late stage.

the differences in the objective functions being optimized by the methods. While SuStaln optimizes a non-linear objective function to jointly estimate subtypes and atrophy-stage, Snowflake uses linear objective function in NMF to identify subtypes. Each of them have been shown before to identify true subtypes in the presence of distinct subtypes. (Young et al., 2018; Lee and Seung, 1999) In the absence of ground-truth in data-driven AD subtyping, the ability of the identified subtypes to associate with distinct cognitive profiles determines their validity. In our current study, atrophy-based subtypes identified by both Snowflake and SuStaln resulted in cognitive profile differences. However, we observed low concordance between the atrophy-subtype assignments of the two methods which can potentially be explained by a spectrum of atrophy differences between individuals with AD. This is supported by the results of our concordance analysis in Fig. 5, which shows that individuals grouped together in one method's subtype are often assigned to different subtypes by the other method, suggesting overlapping and continuous variation rather than distinct categories. This possibility has also been raised by other studies (Ten Kate et al., 2018; Groot et al., 2020), which highlighted the graded nature of atrophy in AD suggesting a spectrum.

This spectrum could either consist of distinct prototypical subtypes coupled with a lot of variations in a large number of AD patients, or it could be a continuum of atrophy-variations with the Snowflake and SuStaln identifying different variations depending on the objective function used for their optimization. While the non-linear objective function of SuStaln identifies non-uniform distribution of the identified subtypes, Snowflake's linear objective function identifies four subtypes that were roughly uniformly distributed.

4.3. Differences in cognitive domain profiles

The subtypes identified by Snowflake and SuStaln each showed significant differences in cognitive domain scores in both $A\beta+$ MCI and AD-D patients. While the effect sizes were comparable for Snowflake and SuStaln for AD-D patients, Snowflake showed marginally stronger effect sizes for MCI patients, potentially indicating that Snowflake's subtypes are more sensitive at associating with different symptom profiles at the prodromal stage of the disease. While some of the differences between subtypes (by either method) assigned were consistent across the multiple cohorts in our study, we also observed significant heterogeneity in associations across cohorts. These differences could potentially indicate genuine cohort-wise differences in how atrophy causes symptoms or could be due to using different cognitive tests to compute cognitive domain scores in different cohorts. Future work on studying these associations could focus on working with harmonized cognitive data across multiple cohorts. (Gavett et al., 2023; Boccardi et al., 2022) Notwithstanding these inconsistencies, the significant differences in cognitive domain profiles between subtypes indicate that data-driven subtyping models have the potential to identify personalized end-points in future interventions to boost statistical power. (Evans et al., 2018; Doherty et al., 2023)

4.4. Methodological considerations and limitations

A potential limitation of our approach is that while our algorithms allow estimation of sequences of atrophy events, these remain inferences based on cross-sectional data. While there have been prior studies that

validated these inferences on longitudinal datasets (Wijeratne et al., 2023; Venkatraghavan and Vinke et al., 2021), future studies could focus on a similar large-scale validation on multi-cohort longitudinal datasets to confirm if these subtypes remain consistent in preclinical and prodromal AD patients as the disease develops. Another limitation of the study is that the cohorts used came from the countries of the European Union, United States, and Australia. It would be essential to also validate the subtyping models in AD patients from diverse ethnicity and under-represented regions. Further independent validation of low-concordance between subtyping methods would also be valuable to assess the robustness of these findings across diverse cohorts.

One of the strengths of our study is that we have made the trained models and source code openly available and validated the subtype assignments in external datasets. Future or ongoing studies such as the AD sequence project (Leung et al., 2024), can hence use these trained models to identify proteomic profiles, genetic and lifestyle factors driving these subtypes in large external cohorts. Another important feature of this study is that our combined multi-cohort data had many patients with young-onset AD-D. This could potentially be a strength of our study since young-onset AD-D patients have less comorbidity or it could be a limitation with the identified subtypes being an over-representation of young-onset AD-D patients. Lastly, by decoupling atrophy-based subtyping from disease progression modelling in the Snowflake framework, we pave the way for the inclusion of high-dimensional imaging features (such as voxel-based measures) in data-driven subtyping and staging analysis.

5. Conclusion

In conclusion, in this large-scale multi-centre study, we identified four atrophy-based subtypes using Snowflake and SuStaln. Subtype assignments in independent validation datasets were associated with different cognitive symptoms, and estimated atrophy-severity measures were associated with global cognition. The low concordance of subtypes between the two methods indicates that atrophy differences between individuals may be a spectrum rather than strictly delineated subtypes. Based on our findings, future research should prioritize developing novel approaches to capture and analyse this spectrum of heterogeneity in atrophy patterns to help us further understand the biological-basis for the observed variability in atrophy patterns between individuals.

Data and code availability

The ADNI data used in this study were obtained from the ADNI database (adni.loni.usc.edu). The ADC data used in this study are available from the corresponding author, upon reasonable request. The AIBL imaging data used in this study were obtained from the AIBL LONI database (<https://ida.loni.usc.edu/login.jsp?project=AIBL>), while cognitive and genetic data can be requested from the AIBL management team, upon reasonable request by submitting an Expression of Interest (EOI) form available on the AIBL website (<https://aibl.org.au/collaboration/>). The NACC data used in this study were obtained from <https://naccdata.org/>. The OASIS data used in this study were obtained from <https://sites.wustl.edu/oasisbrains/> website. The data of the other cohorts used in this study can be requested from the neuGRID (<https://www.neugrid2.eu/>) and GAIAIN (<https://www.gaiaain.org>) platforms after registration.

The source code for Snowflake has also been made available at: <https://github.com/snowflake-dpm/snowflake>, while the source code for SuStaIn was previously made available by Aksman et al.

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CRediT authorship contribution statement

Vikram Venkatraghavan: Writing – review & editing, Writing – original draft, Visualization, Validation, Software, Methodology, Investigation, Formal analysis, Data curation, Conceptualization. **Damiano Archetti:** Writing – review & editing, Validation, Data curation. **Pierrick Bourgeat:** Writing – review & editing, Validation. **Chenyang Jiang:** Writing – review & editing. **Mara ten Kate:** Writing – review & editing. **Anna C. van Loenhoud:** Writing – review & editing. **Rik Ossenkoppele:** Writing – review & editing. **Charlotte E. Teunissen:** Writing – review & editing, Data curation. **Elsmarieke van de Giessen:** Writing – review & editing, Data curation. **Yolande A.L. Pijnenburg:** Writing – review & editing, Data curation. **Giovanni B. Frisoni:** Writing – review & editing, Data curation. **Béla Weiss:** Writing – review & editing. **Zoltán Vidnyánszky:** Writing – review & editing. **Tibor Auer:** Writing – review & editing. **Stanley Durrleman:** Writing – review & editing, Funding acquisition. **Alberto Redolfi:** Writing – review & editing, Funding acquisition, Data curation. **Simon M. Laws:** Writing – review & editing, Funding acquisition, Data curation. **Paul Maruff:** Writing – review & editing, Data curation. **Neil P. Oxtoby:** Writing – review & editing, Software, Funding acquisition. **Andre**

Altmann: Writing – review & editing, Funding acquisition. **Daniel C. Alexander:** Writing – review & editing, Funding acquisition. **Wiesje M. van der Flier:** Writing – review & editing, Supervision, Funding acquisition, Data curation. **Frederik Barkhof:** Writing – review & editing, Funding acquisition. **Betty M. Tijms:** Writing – review & editing, Supervision, Resources, Funding acquisition, Conceptualization.

Declaration of competing interest

F.B. is on the steering committee or Data Safety Monitoring Board member for Biogen, Merck, ATRI/ACTC and Prothena. F.B. has been a consultant for Roche, Celltrion, Rewind Therapeutics, Merck, IXICO, Jansen, Combinostics and has research agreements with Merck, Biogen, GE Healthcare, Roche. F.B. and D.C.A. are also co-founders and shareholders of Queen Square Analytics Ltd. N.P.O. is a consultant for Queen Square Analytics Ltd.

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W.F. has been an invited speaker at Biogen MA Inc, Danone, Eisai, WebMD Neurology (Medscape), NovoNordisk, Springer Healthcare, European Brain Council. All funding is paid to her institution. W.F. is consultant to Oxford Health Policy Forum CIC, Roche, Biogen MA Inc, and Eisai. All funding is paid to her institution. W.F. participated in advisory boards of Biogen MA Inc, Roche, and Eli Lilly. W.F. is member of the steering committee of EVOKE/EVOKE+ (NovoNordisk). All funding is paid to her institution. W.F. is member of the steering committee of PAVE, and Think Brain Health. W.F. was associate editor of Alzheimer, Research & Therapy in 2020/2021. W.F. is associate editor at Brain.

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Supplementary materials

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