The PriDem Project

IMPROVING ACCESS TO PERSONALISED CARE PLANNING FOR PEOPLE LIVING WITH DEMENTIA

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Background

Over 900,000 people living with dementia in UK. Traditional models of secondary care provision inequitable, unaffordable, inadequate, unsustainable (Alzheimer's Society, 2022)

Research and policy call for task-shifted, task-shared approach led by primary care — could lead to more personalised and timely care and be up to 40% cheaper (Alzheimer's Disease international, 2016; Wheatley et al, 2021)



PriDem Programme (2018-2023)

The PriDem Model

Clinical Dementia Lead - three interlinked intervention strands

Key focus = improving annual dementia reviews, addressing commitment to **personalised care planning** (NHS England, 2017)

Annual dementia reviews inconsistent/lack quality (Wheatley et al, 2022)

Mixed methods feasibility and implementation study (2022-2023): **Main implementation outcome**

- adoption of personalised care planning



Methods

Seven general practices across **four primary care networks** in Northeast and Southeast England

Two CDLs delivered PriDem intervention over 12 months

Worked with practice staff to **develop resources and improve systems** for annual dementia reviews and care planning

Annual health review: what to expect



DIAGNOSIS & PROGRESSION

- Do you have any difficulties with memory?
- Were you given a diagnosis at the memory clinic? Have you told others?
- What key changes if any have you noticed?
- Would you like to know more about services, therapy and courses available to support you?

PHYSICAL HEALTH CHECK

Opportunity to check and raise any concerns about:

- · your height, weight, BP.
- · your sight and hearing
- · your mobility, and if you've had falls
- vour footcare
- your skin care
- · your diet
- · any continence issues
- any pain or distress
- any mouthcare, swallowing or salivation issues
- · any communication difficulties
- your eligibility for any immunisations
- any outstanding investigations, reviews for other diagnoses, pending hospital appointments

PSYCHOLOGICAL WELLBEING

- How are your daily planning, concentration, word finding, memory and multitasking abilities?
- How is your mood and sleep?
- Do you feel lonely?
- . Do you see or hear things others cannot?
- How is your relationship with your carer?
 Do they need any support?
- Are you a carer for someone else?

SAFEGUARDING & ADVOCACY

Are there any concerns about safety at home or outside (e.g. harassment, cold callers, burglaries in area)

HOME ENVIRONMENT AND ADLS

- Are there any difficulties with your current living arrangements, managing household tasks & personal care
- Do you require for aids/adaptations or have any safety concerns
- How are you managing finances? Are you entitled to any benefits?
- Do you need any extra support or

ACTIVITIES AND INTERESTS

- Are you maintaining your interests, getting out, coping at work?
- How do you +/- carer spend your days
- Are you interested in a break from routine and wanting to try something new?
- Are you interested in taking part in dementia research?

MEDICATION REVIEW

- Do you need help or prompting to take your medication? Do you sometimes miss doses?
- Do you understand all your medications or have any concerns
- Do you wish to stop some medication?

PLANNING AHEAD

- Do you know how to appoint an Lasting Power of Attorney for health/finance or deputyship
- Would you like information on extra help such as carers or emergency respite
- Would you like to make an emergency hospital admission care plan, discuss resuscitation or any existing plans
- Are there any religious or spiritual needs we need to be aware of?

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Methods

Care Plan Audit of 215 patients – with NHS Confidentiality Advisory Group (CAG) support

Pre-intervention QOF year (April 2018-March 2019) compared with intervention QOF year (April 2022-March 2023)

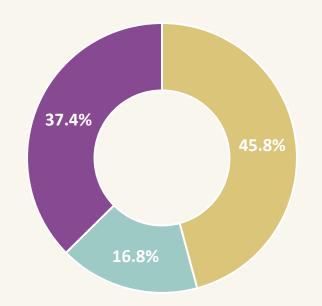
Eligibility: Diagnosis of dementia; registered at participating practice; living at home at beginning of audit period

Preliminary audit findings

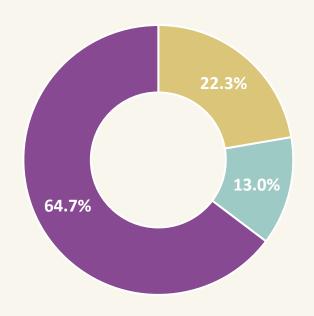
Primary outcome: presence or absence of personalised care plans

- personalised care plan
- care plan not personalised
- no evidence of care plan

Pre-intervention, n=179

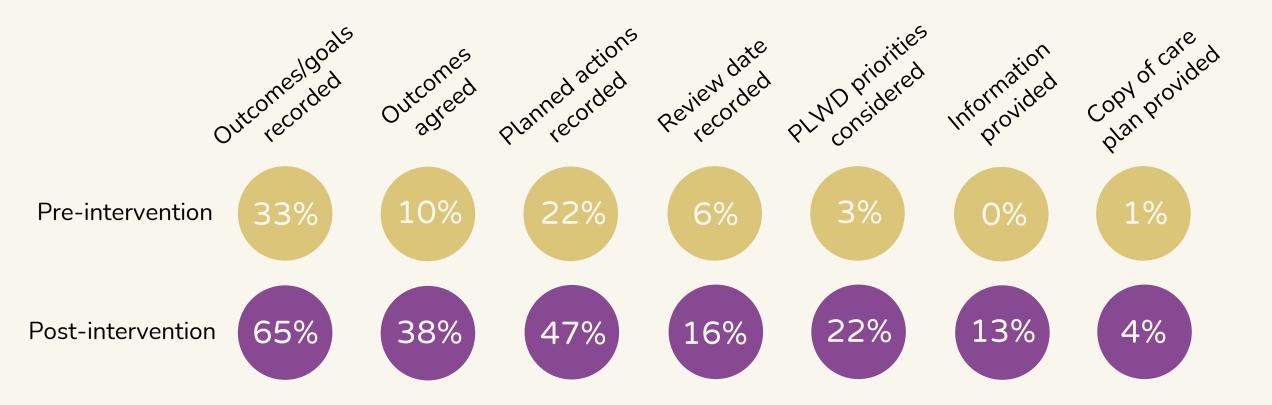


Post-intervention, n=215



Preliminary Findings

Within completed care plans, increases in all indicators of personalisation



Preliminary Findings

Within completed care plans, changes in represented domains of care



Implications

The intervention succeeded in improving the **proportion, quality and consistency** of annual dementia reviews and **personalised care plans**

Evidence of sustainability and impact

Implications for future commissioning

To follow: Qualitative process evaluation and health economics analysis



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Thank You

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 https://www.medrxiv.org/content/10.1101/2022.04.26.22274255v1.full medRxiv. [Accessed 13/10/2022].

CARE PLAN AUDIT – CASE REPORT FORM						
Date of completion:	D D M M 2 O Y Y Baseline Follow-up					
Site code:	Completed by (initials):					
Patient ID:	Signed:					
	PATIENT DEMOGRAPHICS					
Age:	IMD Quintile:					
Gender:	Male Female Other					
Place of residence:	Private home Care / nursing home Other Unknown					
If private home:	Lives alone Lives with others Unknown					
Ethnicity:	White South Asian / East Asian / Asian British					
	Black / African / Caribbean Mixed / multiple ethnic groups					
	Other ethnic group Missing Missing					
Dementia type:	Alzheimer's type					
	Mixed Unknown Other					
Date entered onto p	practice dementia register:					
	INFORMAL CARER					
Does the patient hav	ve an informal carer: Yes No Unknown					
<u>If YES</u>						
Is the name of the ca	arer recorded: Yes No					
Is the relationship of	f the carer to the PLWD recorded: Yes No					
Are contact details o	of the carer recorded: Yes No					
NAMED PROFESSIONAL POINT OF CONTACT						
Does the PLWD have	e a named point of contact: Yes No Unknown					
<u>If YES</u>						
Is the name of the n	amed point of contact recorded: Yes No					
Is the job role of the	named point of contact recorded: Yes No					
Are contact details f	or the named point of contact recorded: Yes No					

		CAR	E PLAN		
Is there a care plan?	Yes		No 🔲		
Are outcomes, identified need	ds, or goals re	corded?			
•	Yes		No 🔲		
Is there evidence outcomes w	oro agrood wi	i+h +ha DI W/D	and/or carer?		
is there evidence outcomes w	rere agreeu w Yes		No		
		_			
Is there a plan for how these		be achieved			
	Yes		No 📙		
Is there a clear date for when	the care plan	will be revie	wed?		
	Yes		No 🔲		
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PLWD atter			the meeting? (tick any that app. er attended	her attended	
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Was the PLWD and/or carer in		_			
	Yes		Jnknown 🔲		
Was the PLWD and/or carer s	ent information	on on care pl	anning in advance?		
	Yes	_	Unknown		
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