#### Population analyses of mosaic X chromosome loss identify genetic drivers and 1

#### 2 widespread signatures of cellular selection

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Mosaic loss of the X chromosome (mLOX) is the most commonly occurring clonal somatic alteration detected in the leukocytes of women, yet little is known about its genetic determinants or phenotypic consequences. To address this, we estimated mLOX in > 880,000 women across eight biobanks, identifying 12% of women with detectable X loss in approximately 2% of their leukocytes. Out of 1,253 diseases examined, women with mLOX had an elevated risk of myeloid and lymphoid leukemias and pneumonia. Genetic analyses identified 56 common variants influencing mLOX, implicating genes with established roles in chromosomal missegregation, cancer predisposition, and autoimmune diseases. Complementary exome-sequence analyses identified rare missense variants in FBXO10 which confer a two-fold increased risk of mLOX. A small fraction of these associations were shared with mosaic Y chromosome loss in men, suggesting different biological processes drive the formation and clonal expansion of sex chromosome missegregation events. Allelic shift analyses identified alleles on the X chromosome which are preferentially retained, demonstrating that variation at many loci across the X chromosome is under cellular selection. A novel polygenic score including 44 independent X chromosome allelic shift loci correctly inferred the retained X chromosomes in 80.7% of mLOX cases in the top decile. Collectively our results support a model where germline variants predispose women to acquiring mLOX, with the allelic content of the X chromosome possibly shaping the magnitude of subsequent clonal expansion.

# Introduction

Females carry a maternal and paternal copy of the X chromosome in which one copy is partially rendered transcriptionally inactive early in development by expression of Xist<sup>1</sup> and epigenetic modifications. The inactivation process is random as to which X chromosome is chosen with the resulting inactive state being irreversible and clonally transmitted to daughter cells<sup>2</sup>. X chromosome inactivation has evolved as a mechanism to compensate for gene dosage imbalances between XX females and XY males, although some genes are only partially inactivated<sup>3</sup>, including several tumor suppressor genes (e.g., *ATRX*, *KDM5C*)<sup>4</sup>. Analytic challenges associated with X inactivation and haploid male X chromosomes have led to fewer studies of the X chromosome, potentially missing critical germline and somatic variation relevant to disease risk.

With age, the expected 1:1 ratio of inactivated maternal to paternal X chromosome copies can become skewed. X chromosome inactivation skewing is observed in various tissues with high frequencies observed in leukocytes<sup>5,6</sup>. Detectable skewed X chromosome inactivation in leukocytes is heritable (h²=0.34)<sup>7</sup> and can indicate depletion of haematopoietic stem cells, selection pressures on leukocytes, or clonal hematopoiesis (CH). Recent investigations of age-related CH have described elevated rates of mosaic sex chromosome aneuploidies in population-based surveys of apparently healthy adults<sup>8-13</sup>. Mosaic loss of the female X chromosome (mLOX) is elevated in frequency compared to the

autosomes<sup>14</sup>, preferentially impacts the inactivated X chromosome<sup>10</sup> and is associated with elevated leukemia risk<sup>15,16</sup>. This contrasts with the male X chromosome which has very low rates of aneuploidy<sup>17</sup>. As the X chromosome encompasses approximately 5% of the genome and contains genes relevant to immunity, cancer susceptibility, and cardiovascular diseases, loss of a homologous copy and subsequent hemizygous selection could lead to downstream consequences on female health, as observed in Turner syndrome (45,XO)<sup>18</sup>; however, no study has systematically examined longitudinal associations of mLOX with disease risk. As mLOX is a clonal pro-proliferative genomic alteration, understanding the molecular mechanisms driving susceptibility to mLOX could provide new insights into the impact of aging on hematopoiesis as well as hematologic cancer risk. The X chromosome, particularly the inactive X, is more frequently mutated in cancer genomes<sup>19</sup> and is late replicating relative to autosomes, potentially increasing susceptibility to chromosomal alterations<sup>20</sup>. While few genome-wide association studies (GWAS) of mLOX have been reported to date 14,21, GWAS of mosaic loss of the Y chromosome (mLOY) in men has identified hundreds of susceptibility loci<sup>11-13,22</sup>, many of which highlight genes involved in cell cycle regulation and cancer susceptibility. Here we describe insights from epidemiologic and genetic analyses of X chromosome loss from a combined meta-analysis of 883,574 women. We identify 56 independent common susceptibility variants across 42 loci, rare missense variants of FBXO10 associated with mLOX, and 44 X chromosome loci that strongly influence which X chromosome is retained. The identified signals only partially overlap with known signals for other age-related types of CH. These data indicate mLOX, along with other age-related types of CH, are important preclinical indicators of hematologic cancer risk and identify mitotic missegregation, autoimmunity, blood cell trait, and cancer predisposition genes as core etiologic components for mLOX susceptibility and selection.

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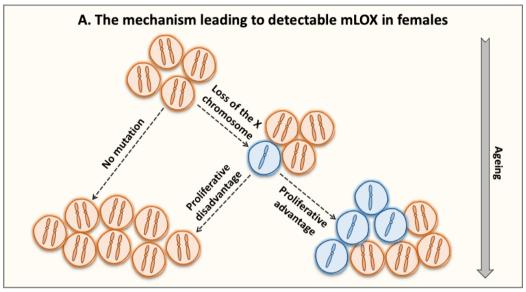
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#### 103 Results



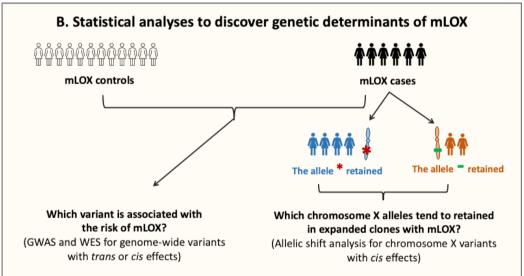


Figure 1. Theoretical framework of the mLOX study.

Panel (A) depicts the etiologic process leading to detectable mosaic loss of the X chromosome (mLOX) in females. Detectable age-related mLOX develops only if the mutant haematopoietic stem cell (HSC) survives loss of the X chromosome and the mutation confers a proliferative advantage over normal cells. Panel (B) shows the statistical approaches used to discover the genetic determinants of mLOX. Variants associated with susceptibility to mLOX, acting as either *trans* or *cis* factors, are examined using a genome-wide association study (GWAS), for common variants with minor allele frequency (MAF) > 0.1%, and a gene-burden test performed for whole-exome sequencing (WES) data for rare variants with MAF < 0.1%. Among samples with detectable mLOX, allelic shift analysis is used to detect chromosome X alleles exhibiting *cis* selection, that is, more likely to be clonally selected for when detectable mLOX retains these alleles.

## Mosaic loss of the X chromosome in eight contributed biobanks

We leveraged genetic data in a total of 883,574 women from eight biobanks worldwide, including European ancestry participants from FinnGen<sup>23</sup>, Estonian Biobank (EBB)<sup>24</sup>, UK Biobank (UKBB)<sup>25,26</sup>, Breast Cancer Association Consortium (BCAC)<sup>27,28</sup>, Million Veteran Program (MVP)<sup>29,30</sup>, Mass General Brigham Biobank (MGB)<sup>31,32</sup>, and Prostate, Lung, Colorectal and Ovarian Cancer Screening Trial (PLCO)<sup>33</sup>, as well as East Asian ancestry participants from Biobank Japan (BBJ)<sup>34</sup> (Supplementary Table S1). The median (SD) age at sample collection for genotyping ranged from 44 (16.3) for EBB to 65 (15.8) for BBJ. We identified mLOX using the Mosaic Chromosomal Alterations (MoChA) WDL pipeline (https://github.com/freeseek/mochawdl), which uses raw signal intensities from single-nucleotide polymorphism (SNP) array data. Out of 883,574 women, 105,286 (11.9%) were classified as cases with detectable mLOX (Methods; Table 1). Overall, the cell fraction of mLOX (i.e., the estimated fraction of peripheral leukocytes with X loss) was low (median=1.5%) with expanded clones having frequency  $\geq 5\%$  infrequently observed (0.6% of women) (Supplementary Figure S1). A subset of UKBB participants (243,520 out of 261,145) also had whole-exome sequencing (WES) data available which allowed us to assess the performance of mLOX calling from MoChA. Among UKBB mLOX cases classified by MoChA, a high correlation (r=-0.86) was observed between cell fraction derived from SNP array data (by MoChA) and X dosage derived from WES data (Supplementary Figure S2). In addition to the MoChA generated dichotomous measure used by all biobanks, in UKBB we generated a 3-way combined quantitative measure by integrating independent information from both SNP array and WES data (Methods). As increasing age is a well-established causal factor for acquiring all types of CH including mLOX, we further assessed the performance of different mLOX measures in UKBB by their associations with age. We observed an increase in t-test statistics by 29.2% with the 3-way calls but noted that the SNP arrayonly calls with MoChA were still a powerful approach for defining mLOX.

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Table 1. Descriptive characteristics of the eight biobanks contributing to the mLOX analysis

Biobank	Median age (SD)	mLOX Cases	Controls	Effective sample size	Continental ancestry groups
FinnGen	54 (18.2)	27,001	141,837	90,732	European, Finnish
Breast Cancer Association Consortium (BCAC)	57 (11.9)	21,966	155,356	76,980	European
Estonian Biobank (EBB)	44 (16.3)	20,232	110,547	68,408	European, Estonians
UK Biobank (UKBB)	57 (8.0)	16,214	244,931	60,829	European, British
Biobank Japan (BBJ)	65 (15.8)	13,597	63,720	44,823	East Asian, Japanese
Million Veteran Program (MVP)	54 (13.9)	1,496	33,192	5,726	European
Mass General Brigham Biobank (MGB)	54 (17.3)	2,108	11,527	7,128	European
Prostate, Lung, Colorectal and Ovarian Cancer Screening Trial (PLCO)	64 (5.4)	2,672	17,178	9,249	European

144	Environmental determinants and epidemiological consequences
145	Like many other types of somatic mutations <sup>13,14</sup> , the frequency of women with detectable mLOX in
146	peripheral leukocyte is age-related, with a frequency of 3.0% in women aged <40 and
147	reaching >35.0% after 80, averaged over all contributing biobanks (Supplementary Table S2).
148	Across biobanks, differences were seen in the frequency of mLOX, with the highest age-adjusted
149	frequency presented in EBB and the lowest in MVP (Supplementary Figure S3A). However, such
150	variation in frequencies was largely reduced when restricted to expanded mLOX with cell
151	fraction >5% (Supplementary Figure S3B), suggesting that mLOX detection differences were more
152	prominent for low cell fraction clones. To investigate the effect of lifestyle factors on the risk of
153	acquiring detectable mLOX, we assessed associations of smoking and body mass index (BMI) with
154	mLOX in FinnGen and UKBB. Overall, ever-smokers had no increased risk of mLOX (P=0.56 in
155	FinnGen and P=0.28 in UKBB); however, an increased risk was observed among ever-smokers
156	having expanded mLOX with cell fraction ≥5% (OR=1.3 [1.2-1.5], P=6.9×10 <sup>-5</sup> in FinnGen and
157	OR=1.3 [1.1-1.5], P= $4.6 \times 10^{-4}$ in UKBB) (Supplementary Table S3 and Figure S4-S5). The
158	relationship between smoking and skewed X-inactivation has not been established, as smoking was
159	suggested as a modulator for skewed X inactivation in the whole-blood tissue for women older than
160	age 55 <sup>7</sup> but not associated in the TwinsUK cohort <sup>35</sup> . We observed limited evidence for an association
161	between BMI and mLOX in FinnGen and UKBB (Supplementary Table S4).
162	To evaluate disease outcomes associated with detectable mLOX, we performed Cox proportional
163	hazards regression for incident disease cases in FinnGen, UKBB, MVP, and MGB independently
164	considering genotyping age and ever-smoking status as covariates and meta-analyzed across biobanks
165	with a fixed-effect model (Methods). Out of the 1,253 diseases we examined, we identified
166	significant associations (P<4.0×10 <sup>-5</sup> ) with leukemia overall (HR=1.7 [1.5-2.1], P=3.5×10 <sup>-10</sup> ) and
167	chronic lymphoid leukemia (CLL) (HR=3.3 [2.4-4.4], P=8.4×10 <sup>-15</sup> ) and suggestive evidence for acute
168	myeloid leukemia (AML) (HR=1.9 [1.3-2.8], P=1.8×10 <sup>-3</sup> ) ( <b>Supplementary Table S5</b> ). Unlike the
169	germline loss of the X chromosome in women with Turner syndrome (45,XO), which can cause
170	various medical and developmental problems <sup>18</sup> , we noted limited clinical consequences for women
171	with detectable mLOX in blood.
172	As the median mLOX cell fraction impacted is approximately 2%, we proposed that investigating
173	expanded clones could result in stronger disease associations. Here, we focused on mLOX with cell
174	fraction ≥10% as this threshold has been empirically determined to be etiologically relevant for
175	detecting diseases associated with mCAs <sup>15,16</sup> . Restricting to expanded mLOX, we observed evidence
176	for elevated associations with leukemia overall (HR=6.3 [3.9-10.2], P=7.3×10 <sup>-14</sup> ), CLL (HR=14.7
177	[6.5_33.31 P=0.5×10 <sup>-11</sup> ) and AMI (HP=10.6.[3.1_36.1] P=1.5×10 <sup>-4</sup> ) (Supplementary Table S6)

1/8	We also observed suggestive evidence for associations with vitamin B complex deficiency (HR=3.7)
179	[1.8-7.9], $P=6.0\times10^{-4}$ ) and pneumonia (HR=1.5 [1.2-1.8], $P=4.7\times10^{-4}$ ), especially pneumonia caused
180	by bacterial infections (HR=1.8 [1.3-2.3], P=3.9×10 <sup>-5</sup> ). Similarly, in UKBB <sup>16</sup> , an increased risk of
181	incident pneumonia was observed for both women with expanded mLOX (HR=1.8 [1.0-3.2],
182	$P=0.035$ ) and men with expanded mLOY (HR=1.2 [1.1-1.4], $P=1.1\times10^{-4}$ ).
183	To examine the potential impacts of other types of CH on mLOX associations with leukemia, we
184	performed sensitivity analyses in UKBB where we had available calls on autosomal mosaic
185	chromosomal alterations (mCAs) as well as CH mutations in driver genes, commonly referred to as
186	clonal hematopoiesis of indeterminate potential (CHIP) <sup>36</sup> . We observed attenuations in associations
187	for expanded mLOX when removing individuals with autosomal mCAs (HR=3.8 [1.6-9.3],
188	$P=2.7\times10^{-3}$ ), CHIP (HR=6.2 [3.1-12.4], $P=3.1\times10^{-7}$ ), and both mCAs and CHIP (HR=4.5 [1.9-10.8],
189	P=8.6×10 <sup>-4</sup> ) ( <b>Supplementary Table S7</b> ); however, significant associations with expanded mLOX
190	and overall leukemia risk remained indicating mLOX is independently associated with leukemia risk.
191	Associations for other lymphoid and myeloid leukemias display similar patterns, albeit losing
192	statistical significance likely due to reduced sample size.
193	We further assessed the relationship between mLOX and a broad range of quantitative phenotypes in
194	UKBB (Methods; Supplementary Table S8) and observed enrichment of associations with blood
195	count traits, such as higher levels of lymphocyte count (P=9.3×10 <sup>-126</sup> ) and monocyte count
196	$(P=4.9\times10^{-4})$ and lower levels of neutrophil count $(P=3.3\times10^{-62})$ and red blood cell count $(P=4.4\times10^{-62})$
197	<sup>4</sup> ). As for blood biomarkers or biochemistry, acquiring mLOX was associated with shorter telomere
198	length (e.g., $P=2.8\times10^{-14}$ for adjusted T/S ratio) and higher levels of total protein ( $P=1.9\times10^{-8}$ ),
199	triglycerides (P=1.1 ×10 <sup>-5</sup> ), aspartate aminotransferase (P=1.1×10 <sup>-7</sup> ), and gamma-glutamyl
200	transferase (P= $3.0 \times 10^{-4}$ ). We noted that, unlike disease associations that usually exerted more
201	significant effects in expanded mLOX (e.g., various subtypes of leukemia), for quantitative
202	phenotypes, most of the identified associations did not hold for expanded clones, suggesting that
203	mLOX of different cell fraction ranges might not reflect the same medical or biological conditions in
204	women.
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Common and rare variants associated with mLOX susceptibility

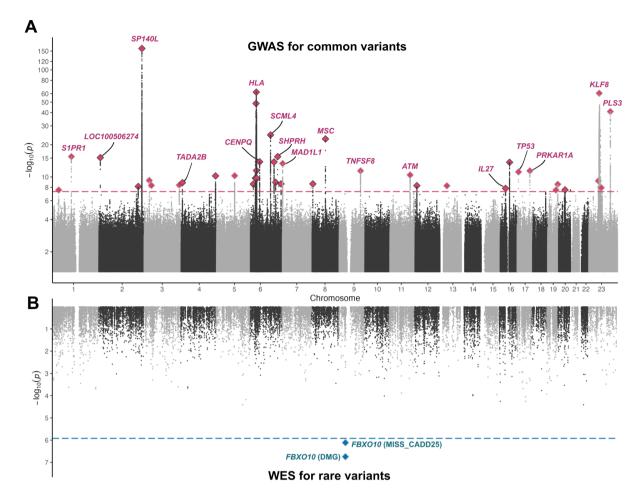


Figure 2. Common and rare genetic contributors to mLOX susceptibility.

Panel (**A**) shows genome-wide association study  $-\log_{10}(P)$  for the association of common variants (MAF>0.1%) with mLOX. Labels are only assigned for candidate genes of the top 10 lead variants from meta-analysis or the top 10 candidate genes from gene prioritization and the y-axis is log scale. Panel (**B**) presents gene burden test  $-\log_{10}(P)$  for the rare variants (MAF<0.1%) associations with mLOX. The dashed lines denote the statistical significance, which is  $5.0 \times 10^{-8}$  for GWAS (**A**) and  $1.2 \times 10^{-6}$  for the gene-burden test (**B**).

We performed a genome-wide association study (GWAS) to identify common and low-frequency germline variants (minor allele frequency (MAF)>0.1%) associated with the risk of developing detectable mLOX in peripheral leukocytes. We examined the autosomes (chromosomes 1-22) and X chromosome in each of the eight contributing biobanks independently, for a total of 883,574 women (Methods). To increase GWAS power, we used enhanced 3-way combined calls for UKBB and meta-analyzed summary statistics across different mLOX measures with a weighted z-score method (Methods). Of the 33,737,925 variants examined, we identified 56 independent genome-wide significant variants (P<5.0×10<sup>-8</sup>) across 42 loci associated with mLOX susceptibility (Methods; Figure 2A; Supplementary Table S9). Most independent variants were located on chromosomes 6

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        (17 variants), 2 (9 variants), X (7 variants), 3 (3 variants), and 17 (3 variants), with chromosomes 6, 2,
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        and X explaining more heritability than expected by their chromosome length (Supplementary
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        Figure S6). Despite differences in age-adjusted mLOX frequencies, mLOX variant effects were
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        consistent across the eight biobanks and across European and East Asian ancestry (P from Cochran's
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        O-test > 0.05/56 = 8.9 \times 10^{-4}) (Supplementary Table S10), with the exception of rs78378222 (TP53,
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        P from meta-analysis = 7.2 \times 10^{-12}, P from heterogeneity test = 6.7 \times 10^{-4}) and three X chromosome
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        variants (X:51749114:C:CGT, rs141849992, and rs58638231). For rs78378222, the heterogeneity of
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        variant effects across biobanks was likely due to differences in mLOX cell fraction by contributing
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        studies. When stratifying by cell fraction in FinnGen, the OR for the risk allele of rs78378222 was 1.1
        [1.0-1.2] (P=0.01) for cell fractions below 5% but reached 1.7 [1.3-2.3] (P=1.4×10<sup>-4</sup>) for expanded
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        mLOX with cell fraction above 5% (P for effect size difference from a two-sided t-test = 2.5 \times 10^{-5})
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        (Supplementary Table S11 and Figure S7).
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        We deployed a range of variant to gene mapping approaches to rank genes proximal to each of our
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        hits by their strength of evidence for causality (Methods), highlighting the highest-scoring gene at
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        each locus (Supplementary Table S12). The most significantly associated mLOX locus is at 2q37.1,
        replicating previous UKBB mLOX GWAS signals at that locus<sup>14,21</sup>. We mapped the hit to SP140L, a
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        gene predicted to be involved in regulation of transcription by RNA polymerase II and active in the
        nucleus. Nearby genetic variants are associated with lymphocyte percentage<sup>37</sup>. Several identified
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        mLOX loci implicated plausible causal genes relevant to cancer predisposition including EOMES
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        (3p24.1), JARID2 (6p22.3), MYB (6q23.3), MAD1L1 (7p22.3), TNFSF8 (9q32-q33.1), ATM
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        (11q22.3), HEATR3 (16q12.1), TP53 (17p13.1), PRKAR1A (17q24.2), and KLF8 (Xp11.21), many of
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        which (e.g., EOMES<sup>38,39</sup>, JARID2<sup>40</sup>, MYB<sup>41</sup>, ATM<sup>42</sup>, TP53<sup>43</sup>, and PRKAR1A<sup>44</sup>) are directly relevant to
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        leukemia predisposition or progression. Additionally, highlighted genes at several mLOX loci are
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        important for mitotic spindle assembly and kinetochore function including MADILI (7p22.3),
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        CENPU (4q35.1), CENPO (6p12.3), and CENPW (6q22.32), all of which are highly relevant to
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        mitotic missegregation errors leading to loss of an X chromosome at a single cell level. Several
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        mLOX associated loci also implicate genes related to immunity and autoimmune disorders including
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        EOMES (3p24.1), LPP-ASI (3q28), CENPU (4q35.1), ERAP2 (5q15), HLA-A (6p22.1), HSPAIA
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        (6p21.33), ITPR3 (6p21.31), CENPW (6q22.32), MYB (6q23.3), MSC (8q13.3), TNFSF8 (9q32-
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        q33.1), IL27 (16p12.1-p11.2), and LILRAI (19q13.42), suggesting a shared etiologic relationship
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        between mLOX and immune cell function. Similar to these locus-specific results, the genome-wide
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        pathway-based analysis identified enrichment in pathways related to DNA damage response, cell-
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        cycle regulation, cancer susceptibility, and immunity (Methods; Supplementary Table S13).
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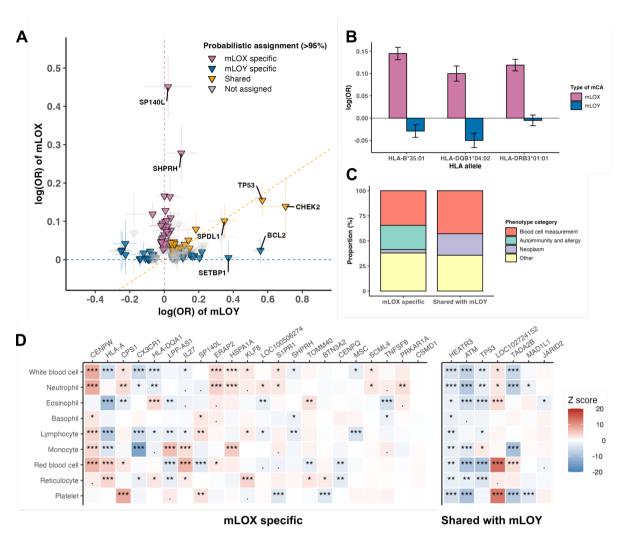


Figure 3. Shared and distinct genetic contributors to mLOX susceptibility in women and mLOY susceptibility in men.

Examination of the shared and distinct genetic contributors to mLOX in women and mLOY in men. Panel (A) is a scatterplot of mLOX susceptibility variants (N=56) and mLOY susceptibility variants<sup>13</sup> (N=147) and their effects on mLOX and mLOY. Variants are assigned to mLOX specific, mLOY specific, and shared by applying a Bayesian model with posterior probability >95%. (B) Fine-mapping of imputed HLA alleles for mLOX and mLOY in FinnGen, for three HLA alleles that are significantly associated with mLOX from step-wise conditional analyses. Panel (C) and (D) depict phenotype associations for lead variants of 29 independent mLOX susceptibility loci that were assigned to either mLOX specific or shared with mLOY. (C) Phenotype associations (GWAS lead variants (r²>0.6)) from Open Targets genetics. To avoid the impact of pleiotropic effects, we categorized phenotypes into blood cell measurement, autoimmunity and allergy, neoplasm, and others. The association with each phenotype category was first examined at a variant level and then summarized over all variants assigned to the same category in terms of the relationship with mLOY. To avoid the associations driven by HLA signals, we excluded all identified variants from the

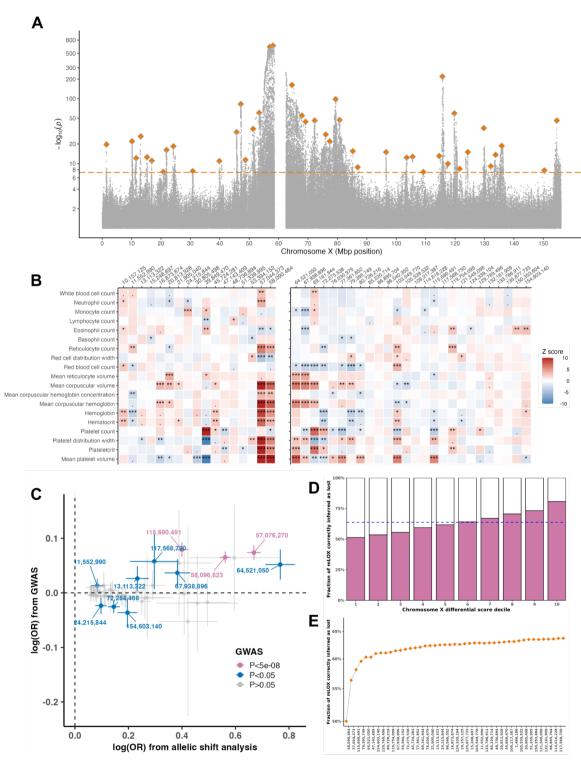
275 traits<sup>48</sup>. The absolute Z scores were cropped to the range of [0-20]. 276 277 We next investigated if the identified common variants for mLOX susceptibility in women were 278 associated with mLOY, the most common leukocyte sex chromosome mosaicism in men (Supplementary Figure S8) and likewise if mLOY loci were associated with mLOX. We employed a 279 280 Bayesian model to assign 56 independent common variants identified from mLOX GWAS and 147 281 variants (nine variants dropped due to missing in mLOX GWAS) from the published mLOY GWAS<sup>13</sup> 282 into three groups: specific to mLOX, specific to mLOY, and shared between mLOX and mLOY 283 (Methods; Figure 3A). Out of 56 variants identified from the mLOX GWAS, we assigned 34 284 variants as specific for mLOX and seven as shared with mLOY, with greater than 95% probability 285 (Supplementary Table S14). Among three centromere protein genes identified for mLOX 286 susceptibility, CENPQ (for rs9395493, OR=1.04 [1.03-1.05] for mLOX and 0.99 [0.98-1.01] for 287 mLOY, P for effect size difference= $4.1 \times 10^{-9}$ ) and CENPW (for rs9372840, OR=1.04 [1.03-1.06] for 288 mLOX and 1.02 [1.01-1.04] for mLOY, P for effect size difference=0.01) were specific to mLOX 289 with posterior probability > 95%, while for CENPU (for 4:184696883:C:CT, OR=0.96 [0.94-0.97] for 290 mLOX and 0.97 [0.95-0.98] for mLOY, P for effect size difference=0.11) the probability to be mLOX 291 specific was 83%. When likewise examining the 147 mLOY susceptibility variants, we further 292 identified eight variants (prioritized genes such as SPDL1, HLA-A, CHEK2, and MAGEH1) to be 293 shared with mLOX susceptibility, in addition to the six variants that are exactly mLOX GWAS lead 294 variants (prioritized genes GRPEL1, OKI, TP53, and MAD1L1) or in high LD (r<sup>2</sup>>0.6) with mLOX 295 GWAS lead variants (prioritized genes ATM and HEATR3). Notably, for variants that are shared 296 between mLOX and mLOY, ORs were attenuated for mLOX relative to mLOY, possibly due to lower 297 cell fractions observed for mLOX as compared to mLOY (Supplementary Figure S1). For example, 298 for rs78378222 (TP53), the effect size for mLOX (OR=1.17[1.11-1.22]) was lower than for mLOY (OR=1.77 [1.65-1.88]) (P for effect size difference= $\frac{6.0\times10^{-35}}{1.00\times10^{-35}}$ ). Likewise for rs2280548 (MAD1L1), 299 300 the effect for mLOX (OR=1.04 [1.03-1.05]) was also lower than for mLOY (OR=1.13 [1.11-1.14]) (P 301 for effect size difference= $\frac{1.1\times10^{-25}}{1.1\times10^{-25}}$ ). This smaller effect size together with the lower frequency of 302 mLOX (e.g., 6.2% for 261,145 women in UKBB aged 40-70 at genotyping) relative to mLOY (e.g., 303 20.4% for 205,011 men in UKBB aged 40-70 at genotyping<sup>13</sup>) indicates that a large meta-analysis was 304 needed to identify susceptibility variants for mLOX. The partially shared genetic architecture from 305 common variants between mLOX and mLOY was also supported by the moderate genetic correlation 306  $(r=0.30 [0.21-0.39], P=1.7\times10^{-10})$  (Methods; Supplementary Table S15). We noted that, in addition 307 to potential differences in biological mechanisms, the differences between mLOX and mLOY could 308 also be related to differences in cell fractions as calling algorithms can detect lower cell fraction 309 mLOX events relative to mLOY events (Supplementary Figure S1).

extended MHC region (GRCh38: chr6:25.7-33.4 Mb). (D) Associations with nine blood cell count

310	We then wanted to understand the overlaps of mLOX susceptibility variants with autosomal
311	mosaicism, a more heterogeneous group composing any types of detectable mosaic events (loss, gain,
312	and copy-neutral loss of heterozygosity) on chromosomes 1-22, and whether the reported autosomal
313	mCA trans variants in UKBB (3.6% of autosomal mCA cases among 452,469 participants) <sup>45</sup> act in
314	acquiring of mLOX in women. Of the 55 mLOX variants (one dropped) available in the UKBB
315	autosomal mCA GWAS, no variant reached genome-wide significance for autosomal mCAs
316	(Supplementary Table S16). Together with the identified effects on mLOY, we suggested seven of
317	the mLOX variants as specific for mLOX susceptibility (prioritized genes LOC100506274, SP140L,
318	HSPA1A, CENPW, SHPRH, TOMM40, and KLF8) and three as shared with both mLOY and
319	autosomal mCAs (prioritized genes MADIL1, ATM, and TP53). Additionally, for the three loci
320	reported as associated with any detectable autosomal mCAs in trans <sup>45</sup> , only the lead variant
321	rs62191195 (SP140) exerted shared effects with mLOX (OR=1.05 [1.04-1.06] for mLOX and 1.08
322	[1.05-1.10] for autosomal mCAs, P for effect size difference=0.08) while the other two variants,
323	rs12638862 (TERC) and rs7705526 (TERT), presented limited effects on mLOX.
324	Given the many associations of HLA genes with mLOX, we fine-mapped HLA alleles at a unique
325	protein sequence level on 10 genes commonly used for HLA marker matching in organ
326	transplantation for a set of 168,838 Finnish female participants (N of mLOX cases=27,001) and
327	128,729 Finnish male participants (N of mLOY cases=45,675) (Methods; Supplementary Figure
328	S8). Out of 156 examined HLA alleles, 16 alleles were associated with the odds of developing
329	detectable mLOX (P<5.0×10 <sup>-8</sup> ), including alleles from both MHC class I (six out of 74 examined
330	alleles locating on HLA-A, -B, and -C) and class II molecules (10 out of 82 examined alleles locating
331	on HLA-DR, -DP, and -DQ) (Supplementary Table S17). The most significant HLA allele HLA-
332	B*35:01 increased the risk of mLOX (OR=1.16 [1.12-1.19], P=1.1×10 <sup>-23</sup> ), but had no effect on
333	mLOY (OR=0.97 [0.94-1.00], P for mLOY=0.03, P for effect difference with mLOX = $3.6 \times 10^{-18}$ )
334	(Figure 3B). This association with HLA-B*35:01 was independently replicated in BBJ (OR= 1.10
335	[1.05-1.15], $P=1.5\times10^{-5}$ ). The HLA-B*35:01 allele is well established as the major driver for the
336	progression of human immunodeficiency virus (HIV)46 and also associated with several autoimmune
337	diseases (e.g., subacute thyroiditis (OR=4.36 [3.25-5.85]) <sup>47</sup> ). With stepwise conditional analyses in
338	FinnGen, we identified two independent genome-wide significant HLA associations at HLA-
339	DRB3*01:01 (copy number variation that presents only in a subset of individuals) (OR=0.89 [0.87-
340	0.91], P=2.8×10 <sup>-19</sup> ) and HLA-DQB1*04:02 (OR=0.90 [0.87-0.94], P=6.5×10 <sup>-9</sup> ). For mLOY in males,
341	despite a larger effective sample size, no HLA allele reached the genome-wide significant threshold
342	suggesting that HLA has a larger role in mLOX than mLOY. Likewise, we observed no evidence for
343	associations of HLA alleles with autosomal mCAs. Additionally, we conducted conditional GWAS
344	analyses in FinnGen by adjusting for the three lead variants (rs74615740 (HLA-B) (r2=0.45 with
345	HLA-B*35:01), rs9275511 (HLA-DQA2), rs2734971 (HLA-G)) identified from the Finnish population

346 GWAS. The results suggested that the associations with mLOX observed in the extended MHC region 347 (GRCh38: chr6:25.7-33.4 Mb) were likely due to HLA signals instead of nearby non-HLA variants 348 (Supplementary Figure S9). 349 To understand potential mechanisms relevant to mLOX susceptibility revealed by each identified 350 mLOX variant, we examined associations with additional phenotypes documented in the Open Target 351 Genetics platform. Out of  $\frac{56}{6}$  independent variants,  $\frac{30}{6}$  were in LD ( $r^2 > 0.6$ ) with at least one GWAS 352 lead variant from Open Target  $(5.0 \times 10^{-8})$  (Supplementary Table S18). Notably, more than half of 353 the phenotype associations were with variants associated with blood cell trait measurements, 354 autoimmunity and allergy, and neoplasms (Figure 3C). Several mLOX specific variants are GWAS 355 lead variants of multiple autoimmune diseases such as type 1 diabetes (rs9372840 (CENPW) and 356 rs181206 (IL27)), celiac disease (rs13080752 (LPP-ASI)), and rheumatoid arthritis (rs2887944 357 (EOMES)). Based on Open Target Genetics, none of the mLOX variants shared with mLOY were 358 reported to be associated with any autoimmune disease. Additionally, the group of variants shared 359 with mLOY have more associations with neoplasms (e.g., rs751343 (ATM) for breast cancer and 360 rs2280548 (MADILI) for prostate cancer) and blood cell measurements than the group of variants 361 specific for mLOX. We then examined the associations between each identified mLOX susceptibility 362 locus and the counts of different types of blood cells<sup>48</sup>. Of 42 independent mLOX loci (only 363 considering the lead variant of each locus), 39 were associated with at least one of the nine blood cell count traits examined (P<0.05), suggesting a shared genetic etiology between hematopoiesis and 364 development of detectable mLOX (Figure 3D). Again, the mLOX variants shared with mLOY were 365 366 among the variants associated with the most number of blood cell traits (5.0 traits average over seven 367 variants) compared to mLOX specific variants (3.3 traits average over 22 variants). 368 To identify rare autosomal and X chromosome germline variants (MAF < 0.1%) associated with the 369 susceptibility of detectable mLOX, we performed gene-burden tests for our newly proposed mLOX 370 metric which utilized information from both SNP array and WES data (mLOX 3-way combined calls) 371 in 226,125 UKBB female participants with available WES data (Methods). Three non-synonymous 372 variant functional categories were used in our analysis: high-confidence protein truncating variants 373 (HC PTVs), missense variants with CADD scores ≥ 25 (MISS CADD25), and damaging variants 374 (HC PTV+MISS CADD25). Only one gene, FBXO10 (F-Box Protein 10), was associated with mLOX susceptibility (P<1.2×10<sup>-6</sup>) (**Figure 2B**), with the strongest association observed in carriers of 375 376 missense variants with CADD scores  $\geq 25$  (N of carriers=581, beta=0.059, P=1.8×10<sup>-7</sup>) 377 (Supplementary Table S19). Logistic regression for the dichotomous mLOX status observed a 378 consistent effect of FBXO10 missense variants associated with a 2-fold increased risk of acquiring 379 mLOX (OR=2.1 [1.6-2.7], P=1.4×10<sup>-7</sup>), and we further confirmed this association using a distinct 380 analytical pipeline implementing STAAR (variant-set test for association using annotation information)<sup>49</sup> (P=2.5×10<sup>-7</sup>) and SAIGE-GENE+ (scalable generalized mixed-model region-based 381

association test plus)<sup>50</sup> (P=9.5×10<sup>-8</sup> for the 3-way combined quantitative measure and P=3.0×10<sup>-7</sup> for the dichotomous status). A leave-one-out analysis confirmed this association was not restricted to a single coding variant (P<3.0×10<sup>-7</sup>). FBXO10 is the substrate-recognition component of the SCF (SKP1-CUL1-F-box protein)-type E3 ubiquitin ligase complex. The SCF (FBXO10) complex mediates ubiquitination and degradation of the anti-apoptotic protein, BCL2 (BCL2 apoptosis regulator), thereby playing a role in apoptosis by controlling the stability of  $BCL2^{51}$ .



### Figure 4. Allelic shift of chromosome X alleles among mLOX cases.

Panel (**A**) shows -log<sub>10</sub>(**P**) of chromosome X variants from allelic shift analysis by meta-analyzing data of 83,320 mLOX cases from seven biobanks, with lead variants of 44 independent loci highlighted. The dashed line denotes the statistical significance (5.0×10<sup>-8</sup>, which is the same as the GWAS significance level) and the y axis is log scale. Panel (**B**) depicts associations of 43 allelic shift analysis lead variants with 19 blood cell phenotypes<sup>48</sup>. One variant was dropped due to no appropriate proxy variant available in blood cell phenotype GWAS. The absolute Z scores were cropped to the range of [0-20]. Panel (**C**) is a scatterplot of lead variants identified from allelic shift analysis (N=44) and their effects from allelic shift analysis (x axis) and GWAS (y axis). Variants are categorized based on P values from GWAS. Panel (**D**) and (**E**) show the fraction of mLOX cases with the retained X chromosome correctly inferred using an X chromosome differential score constructed from allelic shift analysis signals. To avoid overfitting, the effects of 44 lead variants were estimated from allelic shift analysis of 56,319 mLOX cases from six biobanks excluding FinnGen while the prediction performance was tested in 27,001 FinnGen mLOX cases. Panel (**D**) stratifies prediction performance by differential decile of each X chromosome prediction score. Panel (**E**) shows the contribution of each lead variant to the prediction, starting with the most significant variants.

#### Allelic shift analysis for cis clonal selection of chromosome X alleles

As several germline variants reside on the X chromosome, we sought to investigate for a given X chromosome variant whether mLOX cells with one allele retained in a hemizygous state confers a propensity to be retained or a selective advantage over mLOX cells with the alternate X allele retained (Figure 1B). Conditional on mLOX having been detected, for each variant on the X chromosome, we tested whether there is a higher frequency of a given allele retained in comparison to the alternate allele being retained<sup>14</sup> (**Methods**). This allelic shift analysis is similar to a transmission disequilibrium test<sup>52</sup> which is robust to the presence of population structure, with only heterozygous genotypes being informative. Of the 1,645,601 X chromosome variants we examined, 25,370 (1.5%) reached the significance threshold (P<5.0×10<sup>-8</sup>). We identified 44 independent chromosome X variants with shifted allelic fractions on the retained X chromosome (Methods; Supplementary Table S20). The allelic shift signals spanned the length of the X chromosome (Figure 4A), with the strongest signals observed near the centromere (lead variant rs6612886; out of 39,246 heterozygous rs6612886 genotypes examined, 25,035 had the alternative C allele lost while 14,211 had the reference T allele lost, OR=1.76 [1.73-1.80], P=4.0×10<sup>-659</sup>). To investigate if the observed associations were driven by variant density, we explored the relationship between the number of markers being statistically significant and the total number of markers we examined within a window size of 1k bp and found no relationship between the two measures (Supplementary Figure S10). Finally, signals were consistent

424 across seven biobanks further supporting the robustness of the results (Supplementary Figure S11: 425 Supplementary Table S21). 426 Similar to GWAS lead variants, 35 out of 43 lead variants (one variant dropped due to no appropriate 427 proxy variant available in blood cell phenotype GWAS<sup>48</sup>) identified from allelic shift analyses were 428 associated with at least one of blood cell phenotypes (prioritized genes P2RY8, WAS, PJA1, PLS3, 429 ITM2A, TMEM255A, and SOWAHD) (Supplementary Table 822), especially for several variants 430 near the centromere region (Figure 4B). 431 Among variants exhibiting significant allelic shifts in mLOX cases, 59 were missense variants 432 (Supplementary Table S23) including 16 variants from 11 genes (P2RY8, FANCB, UBA1, WAS, 433 USP27X, VSIG4, PJA1, CITED1, POF1B, SAGE1, and MAP7D3) likely to be lead signals 434 (Supplementary Figure S12). The genes VSIG4 (rs41307375/rs41306131 and rs17315645, 435 r2<0.001) and SAGE1 (rs41301507 and rs4829799, r2=0.30) each contained more than one 436 independent missense variant. Based on the Human Protein Atlas (https://www.proteinatlas.org/), 437 several genes with identified missense variants were also associated with cancer risk/progression 438 (P2RY8, UBA1, WAS, and SAGE1), mental disorders (e.g., USP27X for intellectual disability and 439 PJA1 for schizophrenia<sup>53</sup>), or had relevance to DNA damage/repair (FANCB) and apoptosis 440 (CITED1). Additionally, several genes were involved in X-linked recessive disorders (e.g., FANCB 441 for Fanconi anemia, WAS for Wiskott-Aldrich syndrome, and POF1B for X-linked premature ovarian 442 failure) or known to escape from X-inactivation (e.g., P2RY8, UBA1, WAS, VSIG4, and POF1B)<sup>3</sup>. 443 Most chromosome X variants identified from the allelic shift analysis were not shared with the 444 variants from the GWAS of mLOX (Figure 4C), except for rs4029980 (X:57044373:T:C, proxy SNP 445  $X:57076270:G:A, r^2=0.87$ ) and rs6612886 ( $X:58090464:T:C, proxy SNP X:58096823:A:C, r^2=0.98$ ) 446 near the centromere and rs12836051 (X:115690491:A:G). Unlike GWAS, which can identify 447 germline variants related to both chromosome missegregation and subsequent clonal selection, a large 448 amount of chromosome X signals identified from allelic shift analysis suggests that in many women 449 mLOX strongly favors one X chromosome over the other based on the differing allelic content of the 450 two X chromosomes. This preference could arise from the clonal selection on retained alleles or could 451 be due to allelic influences on X inactivation skewing (Supplementary Figure S13), which later 452 manifests as an allelic shift if mLOX occurs since mLOX mostly affects the inactive X 453 chromosome<sup>10</sup>. 454 We then investigated how accurately we can predict which X chromosome is likely to be retained 455 when detectable mLOX occurs. An X chromosome differential score was constructed based on the 44 456 independent variants identified from allelic shift analysis by generating a chromosome-specific score 457 for each X chromosome and calculating the difference between scores of two X chromosomes 458 (Methods). To avoid overfitting, the prediction performance was tested in 27,001 FinnGen mLOX

cases, with effect sizes of lead variants estimated from the allelic shift analysis of 56,319 mLOX cases from six biobanks excluding FinnGen. The fraction of mLOX cases with the retained X chromosome correctly inferred was 63.7% across all mLOX cases and up to 80.7% for mLOX cases within the top 10<sup>th</sup> percentile (**Figure 4D**). When partitioning the contribution at a variant level, starting from the most significant variants (Figure 4E), the fraction correctly inferred reached >60% when including the first four lead variants (rs58090464, rs57044373, rs115690491, rs79395749), while the improvement of prediction accuracy from adding another 40 lead variants increased performance but was smaller in comparison (fraction from 60.3% to 63.7%). We also performed simulation analyses to assess the upper limit of prediction performance that can be reached in FinnGen mLOX cases, given the distribution of allele frequencies of 44 lead variants (**Methods**). Overall, the fraction of mLOX cases correctly inferred from real data analysis (63.7%) approached that obtained from simulation analysis (65.0%) (Supplementary Figure S14-S15). To further understand whether women carrying higher X chromosome differential scores would have an elevated lifetime disease risk, we examined its association with 1,630 disease endpoints in 27,001 FinnGen mLOX cases (Methods) and identified significant associations with cardiovascular diseases (e.g., for major coronary heart disease event, HR=1.1 [1.1-1.2] for a one SD change in the score, P=2.1×10<sup>-5</sup>) and suggestive evidence for associations with myeloproliferative diseases such as polycythaemia vera (HR=1.7 [1.2-2.4], P=1.3×10<sup>-3</sup>) (Supplementary Table S24).

#### Discussion

This population-based analysis of approximately 900K European and Asian ancestry women indicates detectable mLOX can be observed in a substantial fraction of middle-aged and elderly women, but typically impacts less than 5% of circulating leukocytes. In an analysis of 1,253 diseases extracted from electronic health records or registry data, we identified prospective associations of mLOX with leukemia risk, specifically myeloid leukemia, and provided additional evidence for susceptibility to infectious disease such as pneumonia. Our results indicated that the value of mLOX as a diagnostic marker could be limited to blood cancers. For non-genetic risk factors, we replicated prior mLOX associations with age and identified an association with tobacco smoking among high cell fraction mLOX. Our large sample size coupled with an improved mLOX detection approach enabled the identification of 56 common independent germline susceptibility signals across 42 loci and rare coding variations in *FBXO10* associated with mLOX. The mLOX germline susceptibility signals implicate genes involved in kinetochore and spindle function, blood cell measurements, cancer predisposition, and immunity as etiologically relevant to mLOX susceptibility. Little heterogeneity was noted in these loci across contributing studies or ancestry.

We identified shared and, more surprisingly, distinct genetic etiologies of mLOX with mLOY, which

occurs frequently in aging men – albeit at higher cell fractions. The two traits are moderately correlated genome-wide and seven of the 56 mLOX variants demonstrated evidence for shared effects for both mLOX and mLOY. Shared mLOX and mLOY variants were enriched for genes important for cancer susceptibility and blood cell traits; however, effects observed for mLOX were noticeably attenuated from effects observed for mLOY. This attenuation could be due to differences in our ability to detect mLOX at lower cell fractions relative to mLOY or could be a biological impact since mLOX is often present at lower cell fractions relative to mLOY. Variants specific to mLOX demonstrated unique evidence for associations with immunity, including HLA alleles, which could play a role in the selection of X-linked cell surface antigens, in addition to genes relevant to mitotic missegregation (Supplementary Figure S16). The biological implications of shared germline susceptibility of mLOX and immunological traits could indicate the observed increased risk of pneumonia among females with mLOX is driven by pleiotropic effects; however, the mLOXpneumonia association was restricted to a subset of mLOX females with high clonality (>10% cell fraction), suggesting mLOX could be associated with elevated infectious disease risk among high-cell fraction mLOX carriers independent of the effects of germline variation in immune-related genes. In addition to conducting a GWAS, we also performed allelic shift analyses on X chromosome germline variants to identify signals of cis clonal selection. Allelic shift tests are similar to transmission disequilibrium tests commonly used in family trios and are robust to population stratification. These analyses identified strong independent signals of cis selection near the centromere as well as multiple additional signals spanning across the X chromosome. Interestingly, the majority of the allelic shift loci were not detected in the GWAS, demonstrating the ability to identify signals of selection by utilizing this approach. While the allelic shift centromeric signals were strongly associated with several blood cell phenotypes, their location near the centromere could tag germline variation with relevance for kinetochore formation and spindle attachment in this region and may predispose specific X chromosomes to missegregation errors; although, limited is known as to how germline variation in DNA sequences could impact centrosomal protein binding and spindle formation<sup>54,55</sup>. Other loci identified by allelic shift analyses provide support for genes involved in escaping X inactivation, cancer susceptibility, and blood cell traits as relevant to mLOX. Scores created that aggregate information across allelic shift loci correctly classified which X chromosome was more likely retained in a high percentage of mLOX women in which the difference in X chromosome scores was high. To our knowledge, this is the first demonstration of the utility of a score consisting of multiple germline variants to predict which chromosome will be impacted if a somatic event occurs. Our approach for identifying variation important for chromosome X loss may be extendable to investigating other somatic events with relevance for cancer risk. In conclusion, we provide evidence for a strong germline component to somatically occurring mLOX in which genes related to cancer susceptibility, blood cell traits, autoimmunity, and chromosomal

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- missegregation events are relevant to mLOX susceptibility. Further, we identify many strong cis
- effects for chromosome X loci that impact which X chromosome is retained and promote clonal
- expansion. Genetic insights from mLOX could also be relevant to better understanding skewed X
- inactivation, another commonly observed X chromosome abnormality in middle-aged and elderly
- 534 women.

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- 713 55. Du, Y., Topp, C.N. and Dawe, R.K., 2010. DNA binding of centromere protein C (CENPC) is

714 stabilized by single-stranded RNA. PLoS genetics, 6(2), p.e1000835. 715 716 **Online Methods** 717 Definition of mosaic loss of the X chromosome (mLOX) 718 Detection of mLOX events from SNP array data in eight biobanks 719 All DNA samples were obtained from peripheral leukocytes and typed with single nucleotide 720 polymorphism (SNP) arrays. The median (SD) age at sample collection for genotyping ranged from 721 44 (16.3) for EBB to 65 (15.8) for BBJ. The calling of mosaic loss of the X chromosome (mLOX) 722 was performed using the Mosaic Chromosomal Alterations (MoChA) pipeline 723 (https://github.com/freeseek/mochawdl), with GRCh38 assembly as the reference genome build. The 724 mLOX detection ability is related to chromosome X probe density, missing genotype frequency, 725 clarity of raw probe intensity signals, and phasing accuracy – all of which can be linked to the 726 molecular approach and number of chromosome X probes on the genotyping platform used by each 727 biobank for genotyping. As such, the MoChA pipeline was run separately within each biobank, and 728 biobank results were then meta-analyzed for all association analyses to avoid potential cohort effects, 729 except where noted. 730 The raw genotyping array signal intensities of each variant were first transformed to B allele 731 frequency (BAF) (relative intensity of the B allele) and Log R Ratio (LRR) (total intensity of both alleles). Then, haplotype phasing was performed using SHAPEIT4<sup>56</sup> across all batches of a biobank. 732 733 except for BBJ and BCAC for which phasing was done separately within each biobank sub-cohort 734 (for BBJ, four sub-cohorts, with cohort sizes ranging from 3,888 to 45,877; for BCAC, two sub-735 cohorts of breast cancer cases and controls by genotyping array platform, with cohort size of 72,145 736 and 105,177). Utilizing long-range haplotype phasing can improve the sensitivity of detecting large mosaic events with low cell fractions<sup>14</sup>, which is characteristic of mLOX. To avoid issues with 737 738 phasing and the subsequent mLOX calling, we excluded variants with poor genotyping quality such as 739 segmental duplications with low divergence (<2%) and single-nucleotide polymorphisms (SNPs) with 740 high levels of missingness (>3%) or heterozygote excess ( $P<1.0\times10^{-6}$ ). Finally, the calling of mLOX 741 events was performed within each batch based on the imbalance of phased BAF of heterozygous sites 742 over the whole X chromosome. To filter out 47,XXY and 47,XXX samples, we restricted to 743 chromosome X events with estimated ploidy less than 2.5, where the estimated ploidy is estimated by 744 first computing the median LRR across the assayed chromosome X SNPs and then by computing the  $value \ 2^{1+(LRR/LRR-hap2dip)} \ with \ LRR-hap2dip \ (the \ difference \ between \ LRR \ for \ haploid \ and \ diploid) \ set \ at$ 745 746 0.45 by default. We further removed events with length < 100 Mb to exclude partial X chromosome 747 loss (e.g., 2.0% in FinnGen) as they might be caused by different mechanisms compared to the major 748 type of full mLOX events. For each mLOX event that passed quality control, the fraction of cells (cf)

749 with X loss was calculated as 4\*bdev/(1+2\*bdev), where bdev is the estimated BAF deviation of 750 heterozygous sites. 751 The 2022-01-14 version of MoChA was used to detect the dichotomous mLOX status for all 752 biobanks, except for BBJ (version: 2021-08-17 and 2021-09-07) and BCAC (version: 2022-12-21). 753 The priors of MoChA have been updated since 2021-05-14 to improve the detection of low cell 754 fraction mLOX calls, and thus, the biobanks that used the updated MoChA pipeline (all biobanks that 755 contributed to this study) are expected to yield higher age-adjusted mLOX frequencies than those that 756 used the previous version. For BCAC, we included both those diagnosed as breast cancer cases 757 (N=99,043) and cancer-free controls (N=78,279) in the analyses. A brief description of each 758 contributed biobank (e.g., continental ancestry, sample size, age structures, and SNP array) is 759 available in **Supplementary Table S1**. 760 Estimation of X chromosome dosages from UKBB whole-exome sequence data For UKBB, the whole-exome sequence (WES) data was released in late 2021<sup>57</sup>, which permitted 761 762 identification of X loss from sequencing allelic dosage data in combination with array data. The 763 relative X chromosome dosage at the individual level was estimated following the steps described 764 previously<sup>58</sup>. In brief, we first generated mean coverages from the original WES data for variants on 765 the autosomes and the X chromosome non-pseudoautosomal regions, separately; then, we obtained 766 the relative X chromosome dosage by adjusting for the mean coverage of autosomes. Therefore, for 767 UKBB, three ways were available to define the mLOX phenotype, including the dichotomous mLOX 768 status derived from the phased BAF method (by MoChA) and two quantitative measures employing 769 either mLRR from SNP array data or allele dosage from WES data. To assess the performances of the 770 three mLOX measures in UKBB, we compared either mLRR or X dosage between the case and the 771 control groups defined by MoChA (Figure S2A-C). As shown in Figure S2B and S2C, the 772 participants identified as mLOX cases by MoChA exhibited lower mLRR (P from the Analysis of 773 Variance (ANOVA) test= $1.5 \times 10^{-5}$ ) and X dosage value (P< $1.0 \times 10^{-250}$ ) than mLOX controls. Then, 774 for mLOX cases, we examined the relationships between three measures representing the extent of

780 Enhanced 3-way combined mLOX calls in UKBB

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In addition to the dichotomous mLOX status defined by the phased BAF method, for UKBB, we

stronger correlation was observed with X dosage (r=-0.86) than with mLRR (-0.48).

proposed a new quantitative measure by combining the three methods of mLOX calling for UKBB,

mosaicism (Figure S2D-F), including cell fraction (from MoChA), mLRR, and X dosage. Overall,

significant correlations were observed across the three measures, with the absolute Pearson correlation

coefficient ranging from 0.42 between mLRR and X dosage to 0.86 between mLOX cell fraction and

X dosage. Again, given that mLRR is a noisier measure than X dosage, for mLOX cell fraction, a

that is, the mLOX combined call (3-way) = mLOX-status + 2\*cf - 2\*mLRR - 4\*(dosage-2) (cropped

to the range [0,2]). The intuition behind this newly proposed measure was to emphasize mLOX cases with larger cell fractions (similar to the strategy used by a recent mosaic loss of the Y chromosome (mLOY) study<sup>59</sup>) while obtaining enhanced mLOX calls from integrating independent information of both SNP array and WES data. As not all participants with SNP array data had WES data available, we imputed the missing 3-way mLOX combined calls with 2-way combined calls, defined as mLOX-status + 3\*cf– 3\*mLRR (cropped to the range [0,2] as well). As age is strongly associated with mLOX, we evaluated the age-mLOX association for MoChA calls versus the enhanced 3-way combined mLOX calls. Compared to the dichotomous mLOX status derived from MoChA, the t-test statistic for association with age was increased by 29.2% when using the 3-way combined calls, suggesting increased power to detect mLOX. As such, enhanced 3-way combined mLOX calls were used for UKBB in the genome-wide association study (GWAS) meta-analysis and the exome-wide rare variant gene-burden test.

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## Environmental determinants and epidemiological consequences

To investigate the effect of lifestyle factors on the odds of acquiring mLOX, we assessed the associations between smoking and body mass index (BMI) with mLOX in the FinnGen cohort. In FinnGen data freeze 9, 50.3% of female participants had smoking status (N=84,926) and 18.4% had measurements for BMI (N=31,101) recorded at enrollment. We applied a logistic regression model adjusting for age (at genotyping), age<sup>2</sup>, and the first 10 PCs as covariates. As sensitivity analyses, we restricted the analyses to expanded mLOX calls having cf > 5%. Given that we identified a significant association between ever-smoking and expanded mLOX, we further adjusted for ever-smoking status when assessing the effect of BMI on mLOX. To examine whether the environmental determinants were shared or distinct between mLOX in women and mLOY in men, we also extended the association analyses to mLOY (N=76,808 for smoking, N=33,668 for BMI). To validate our findings identified from FinnGen, we performed the same analyses for smoking (N=241,761) and BMI (N=242,024) in UKBB. To assess the clinical consequences of acquiring mLOX, we performed a Cox proportional hazards regression for incident cases in FinnGen, UKBB, MVP, and MGB independently, with the time-on study as the time scale. For covariates, we recommended each biobank adjust for age, age<sup>2</sup>, smoking, and the first 10 PCs. Meta-analysis across four biobanks was carried out with a fixed-effect model applied in the meta package<sup>60</sup>. For each disease, we applied Cochran's Q-test to assess heterogeneity across biobanks with different healthcare systems. In total, we examined 1,253 phecodes covering 13 disease categories. Accordingly, the multiple-testing corrected P value threshold was set to P<4.0×10

<sup>5</sup>. In the main analysis, we used all detectable mLOX calls without restriction for cell fraction. For a

818 sensitivity analysis, we considered mLOX having cf > 10% as expanded calls, following the definition used by Zekavat et al<sup>16</sup>. 819 820 To further understand the phenotypic associations for mLOX, we applied a linear regression model 821 adjusting for age, age<sup>2</sup>, smoking, and the first 10 PCs as covariates for a broad range of representative 822 quantitative traits across anthropometry, reproductive health, lung function, blood cell parameters, 823 blood biomarkers, urine biomarkers, cognitive function, and telomere length using the data from 824 UKBB. The same analyses were performed for all detectable mLOX calls without restriction for cf as 825 well as for expanded calls having cf >10%. 826 827 Common and rare germline variants associated with detectable mLOX susceptibility 828 GWAS of dichotomous mLOX status in eight contributed biobanks 829 To identify common germline variants (minor allele frequency (MAF)>0.1%) associated with risk of 830 detectable mLOX in peripheral leukocytes, we performed a GWAS on chromosomes 1-22 and X in 831 each of eight contributing biobanks independently, for a total of 883,574 women. For the dichotomous 832 mLOX status (derived from MoChA), GWAS was conducted for FinnGen and BCAC using the Scalable and Accurate Implementation of Generalized mixed model (SAIGE)<sup>61</sup> and for the other six 833 biobanks (including UKBB) using regenie<sup>62</sup> applied in the assoc.wdl pipeline (part of the MoChA 834 835 pipeline; https://github.com/freeseek/mochawdl). Both SAIGE and regenie are feasible to account for 836 sample relatedness and extreme case-control imbalances of a dichotomous phenotype. For covariates, 837 each biobank adjusted for age (at genotyping), age<sup>2</sup>, and the first 20 genetic principal components 838 (PCs). The effective sample size, presented in Table 1, was calculated as 839  $(4*N_{case}*N_{control})/(N_{case}+N_{control}).$ GWAS of 3-way combined quantitative mLOX measure in UKBB 840 841 For UKBB, to improve the power of GWAS, we used the new quantitative measure which combined 842 the three ways of mLOX calling. For the proposed quantitative mLOX measure, GWAS was 843 performed with the linear mixed model applied in BOLT-LMM<sup>63</sup>. 844 **GWAS** Meta-analysis 845 For each contributed biobank, we filtered out variants with MAF < 0.1% or imputation INFO score < 846 0.6. We also inspected allele frequencies of each biobank versus Genome Aggregation Database 847 (gnomAD) 3.0 as well as the relationship between standard errors and effective sample sizes across biobanks, as applied by the covid-19 HGI meta-analysis<sup>64</sup>. Given that no biobank deviated from the 848 849 expected pattern, we conducted meta-analyses across biobanks. In addition to the dichotomous mLOX 850 measure used by all biobanks, UKBB was able to run GWAS with an additional quantitative measure 851 that combined information of three ways of mLOX calling and thus was expected to yield increased

852 power in GWAS. Depending on which mLOX measure was used in the UKBB GWAS, we applied 853 two fixed-effect meta-analysis models accordingly. When using the dichotomous measure, we applied 854 the inverse variance weighting (IVW) method which weighted the effect size estimated from an 855 individual biobank by its inverse variance. When UKBB used the 3-way combined measure as the 856 GWAS phenotype, we employed the weighted z-score method (weighted by the square root of the 857 effective sample size) applied in the METAL software<sup>65</sup> which can manage the different units of 858 dichotomous and quantitative measures. As the main analysis, we meta-analyzed summary statistics 859 across all eight biobanks regardless of ancestry and applied Cochran's Q-test to assess the 860 heterogeneity. To further investigate the impact of ancestry, we also conducted a meta-analysis for 7 861 biobanks containing only participants of European ancestry (without BBJ of East Asian ancestry). 862 Independent loci identification and gene prioritization 863 To identify independent signals and prioritize candidate causal genes, we applied the GWAStoGenes 864 pipeline for variants presented in at least half of the contributed biobanks. In brief, primary 865 independent signals associated with mLOX susceptibility at a genome-wide significance level  $(P<5\times10^{-8})$  were initially selected in 2Mb windows<sup>66</sup> (spanning  $\pm$  1Mb region around the most 866 867 significant variant). Secondary independent signals were identified by using an approximate 868 conditional analysis applied in GCTA<sup>66</sup>, with LD structures constructed from UKBB samples. 869 Secondary signals were only considered if they were genome-wide significant, in low LD (r2<0.05) 870 with primary signals, and having association statistics unchanged with the conditional analysis. We 871 also excluded variants without any nearby genes (within 500 kb) documented in the NCBI RefSeq 872 dataset<sup>67</sup>. In total, we identified 56 independent common susceptibility variants across 42 loci. 873 Candidate genes were prioritized using the following criteria and scored by their strength of evidence 874 for causality. First, signals were annotated with their physically closest genes. Second, signals and 875 their closely linked variants ( $R^2 > 0.8$ ) were annotated if they were predicted deleterious coding 876 variants, or if the paired genes exhibited a gene-level association when collapsing all predicted 877 deleterious coding variants within a gene using Multi-marker Analysis of GenoMic Annotation (MAGMA)<sup>68</sup>. Third, non-coding signals and closely linked variants were then annotated if they could 878 879 be mapped to known enhancers using the activity-by-contact (ABC) enhancer maps<sup>69</sup>, but restricted to 088 available cells and tissue types where each gene was actively expressed. Fourth, colocalization 881 between GWAS and expression quantitative trait locus (eQTL) data was performed using the 882 summary data-based Mendelian randomization (SMR) and heterogeneity in dependent instruments 883 (HEIDI) test (version 0.68)<sup>70</sup> and the Approximate Bayes Factor (ABF) method applied in the "coloc" 884 package (version 5.1.0)<sup>71</sup>. These two tools were used in conjunction, as using a combination of colocalization methods has been shown to outperform single approaches<sup>72</sup>. To identify tissues 885 886 exhibiting a significant genome-wide enrichment, we used LD score regression applied to specifically expressed gene (LDSC-SEG)<sup>73</sup> approach, with eQTL datasets from cross-tissue meta-analyzed GTEx 887

888	eQTL v.7 <sup>74</sup> , eQTLGen <sup>75</sup> , and Brain-eMeta <sup>76</sup> . The same set of analyses were also applied to a protein
889	quantitative trait locus (pQTL) dataset <sup>77</sup> . Finally, by integrating GWAS summary statistics with data
890	from gene expression, biological pathway, and predicted protein-protein interaction, candidate genes
891	were identified using the gene-level Polygenic Priority Score (PoPS) method <sup>78</sup> .
892	Independent loci in UKBB with different mLOX measures
893	Among the 56 mLOX susceptibility variants identified from the GWAS meta-analysis, in UKBB, 47
894	out of 55 (85%, one missing in UKBB) have a lower P value when using the enhanced 3-way
895	combined mLOX calling method compared to the standard MoChA calling method, suggesting the
896	enhanced 3-way combined approach is recommended for mLOX detection when WES data is
897	available. We noted that the meta-analysis signals might favor the 3-way combined measure over the
898	binary MoChA calls given the 3-way combined calls were used for UKBB in the GWAS meta-
899	analysis.
900	Gene-burden test for rare variants causing detectable mLOX
901	To identify rare germline variants (MAF $\leq$ 0.1%) associated with the risk of detectable mLOX, we
902	performed gene-burden tests on chromosomes 1-22 and X in 226,125 UKBB female participants with
903	WES data available. We performed WES data pre-processing and quality control following Gardner et
904	al. <sup>79</sup> . We annotated variants using the ENSEMBL Variant Effect Predictor (VEP) v104 <sup>80</sup> and defined
905	protein-truncating variants (PTVs) as high-confidence (HC, as defined by LOFTEE) stop gained,
906	splice donor/acceptor, and frameshift consequences. We then utilized CADDv1.6 to score a variant
907	based on its predicted deleteriousness $^{81}$ . Only non-synonymous variants with MAF $< 0.1\%$ were
908	included in the analysis. As the main analysis, we used BOLT-LMM <sup>61</sup> to perform the gene-burden
909	test. For each gene, we defined individuals with HC PTVs, missense variants with CADD scores $\geq 25$
910	(MISS_CADD25), and damaging variants (HC_PTV + MISS_CADD25) (DMG) as carriers. Then,
911	carriers with non-synonymous variants were defined as heterozygous and non-carriers as
912	homozygous. For covariates, we adjusted for age, age <sup>2</sup> , batches, sex, and the first 10 PCs. We further
913	excluded the genes with less than 50 non-synonymous variant carriers for each setting, resulting in
914	8,702 genes for HC_PTV, 15,144 for MISS_CADD25, and 16,493 for DMG, for a total of 40,339
915	genes. Accordingly, the Bonferroni corrected exome-wide significant threshold was set to
916	$0.05/40,339=1.24\times10^{-6}$ . To avoid the identified association dominated by a single variant, as
917	sensitivity analysis, we conducted a leave-one-out analysis using a generalized linear model for each
918	significant gene. In addition, we reproduced the associations detected by BOLT-LMM <sup>63</sup> with STAAR
919	(variant-set test for association using annotation information) <sup>49</sup> and SAIGE_GENE+ (scalable
920	generalized mixed-model region-based association test plus)50 to address the potential case-control
921	imbalance issue.
922	Pathway and gene set analysis

923 To identify gene sets enriched in the same biological process, we performed pathway-based analysis 924 using the summary data-based adaptive rank truncated product (sARTP) method<sup>82</sup>. We used summary 925 statistics from meta-analysis of seven biobanks of European ancestry (without BBJ) and LD structures 926 constructed from European ancestry samples of the 1000 Genomes project<sup>83</sup>. We considered a total of 927 6,285 gene sets available in GSEA (https://www.gseamsigdb.org/gsea/msigdb/). Accordingly, the 928 Bonferroni corrected P value was set to 0.05/6,285=8.0×10<sup>-6</sup>. 929 Genetic correlation 930 To investigate whether there are traits that are genetically correlated with mLOX susceptibility, we 931 estimated genetic correlations between mLOX and 60 phenotypes (including both major diseases and blood cell phenotypes) using LD score regression (LDSC)<sup>84</sup>. For LDSC, we used HapMap3<sup>85</sup> SNPs 932 and LD structures constructed from 1000 Genomes project<sup>83</sup> samples of European ancestry. 933 934 Per-chromosome heritability 935 To examine whether the observed heritability for each chromosome was proportional to chromosome 936 length, we estimated per-chromosome heritability for 3-way combined mLOX measure in UKBB using BOLT-REML<sup>86</sup>. Given the large associations of HLA genes, we further examined how 937 938 heritability explained by chromosome 6 changed after excluding variants from the extended MHC 939 region (GRCh38: chr6:25.7-33.4 Mb). 940 941 Shared and distinct mechanisms between mLOX in women and mLOY in men 942 Bayesian models to cluster variants by effects on mLOX and mLOY 943 We employed a Bayesian line model framework (https://github.com/mjpirinen/linemodels) to assign 944 each of the 56 independent common variants identified from mLOX GWAS and 147 variants (nine variants dropped due to missing in mLOX GWAS) from the published mLOY GWAS<sup>13</sup> into three 945 946 groups: specific to mLOX, specific to mLOY, and shared between mLOX and mLOY. In general, 947 each variant was fitted into the model separately and assigned to a specific group mainly based on its 948 estimated effect sizes on mLOX and mLOY (variances of the estimates were considered as well to 949 capture the uncertainty, but not for directly deciding the group) rather than P values or effective 950 sample sizes of the GWAS discovery populations. The slopes of the line models were set to 0 for the 951 group of variants specific for mLOY and infinite for variants specific for mLOX. For variants shared 952 between mLOX and mLOY, the slope was set to 0.3, based on the effects of four variants 953 (rs568868093, rs381500, rs2280548, rs78378222) that were genome-wide significant in both mLOX 954 GWAS and mLOY GWAS. For all three line models, the prior SD determining the magnitude of the 955 effects was set to 0.15 and the correlation parameter determining the allowed deviations from the lines 956 to 0.995. The correlation between mLOX and mLOY GWAS statistics was set to 0 given that there

957	was no overlap between samples used in the two GWAS. We assumed a uniform prior for the three
958	models and obtained the posterior probabilities for each data point separately within a Bayesian
959	framework. Probability assignment threshold was set to 95%.
960	Fine-mapping of HLA alleles in FinnGen
961	Given the large associations with mLOX and the high polymorphism of HLA genes, we fine-mapped
962	HLA alleles at a unique protein sequence level in the FinnGen cohort. In FinnGen data freeze 9, a
963	total of 172 HLA alleles of 10 transplantation genes were imputed using a Finnish-specific reference
964	panel, as described in Ritari et al.87. We conducted the association analysis between each imputed
965	HLA allele and the dichotomous mLOX status in 168,838 Finnish female participants (N of cases =
966	27,001) using a multivariate logistic regression model, considering age, age <sup>2</sup> , and the first 10 PCs as
967	covariates. Only HLA alleles with more than 5 mLOX cases carrying the minor alleles were included
968	in the analysis. Ultimately, we considered 156 HLA alleles for mLOX, including 18 alleles for HLA-
969	A, 36 for HLA-B, 20 for HLA-C, 29 for HLA-DRB1, 14 for HLA-DQA1, 14 for HLA-DQB1, 18 for
970	HLA-DPB1, 3 for HLA-DRB3, and 2 each for HLA-DRB4 and DRB5. To identify independent HLA
971	alleles, a stepwise conditional analysis was performed with each step adding the most significant HLA
972	allele obtained from the previous step as an additional covariate, until no HLA allele can reach the
973	significant threshold.
974	To examine whether the HLA associations are shared with other types of mCAs, we extended the
975	HLA fine-mapping analyses to mLOY in men (total N = 128,729, N of cases = 45,675) for 157 HLA
976	alleles (including HLA-A*02:02 compared to the 156 alleles used by mLOX association analyses)
977	and for autosomal mCAs in both sexes (total N = 297,567, N of cases = 9,302) for 155 HLA alleles
978	(missing HLA-C*15:05 compared to the 156 alleles used by mLOX association analyses).
979	
980	Allelic shift analysis for cis clonal selection of chromosome X alleles
981	Allelic shift analysis
982	Conditional on mLOX having been detected, for each variant on the X chromosome we tested
983	whether there is a propensity for X chromosomes with a given allele to be identified as lost more
984	often than X chromosomes with the other allele. Similar to a transmission disequilibrium test <sup>52</sup> , this
985	test is robust to the presence of population structure. Rather than measuring the over-transmission of
986	an allele from heterozygous parents to offspring, we measured the propensity of alleles to be on the
987	retained chromosome X homologue. Therefore, we carried out a binomial test for each variant with a
988	sample size equal to the number of women with detected mLOX who were heterozygous for that
989	variant, with no need to correct for covariates or relatedness.
990	Given the large number of X chromosome signals observed from the allelic shift analysis, we

991 inspected whether variant density may have contributed to the signals. We hypothesized that if the 992 signals were random, then the number of variants being significant would be related to the number of 993 variants being examined in that region. We therefore checked the number of variants per 1kb region 994 across the whole X chromosome. 995 Identification of independent loci 996 Given the complexity of LD structures for X chromosomes especially for centromere and 997 pseudoautosomal (PAR) regions, we defined index variants by iteratively spanning the  $\pm$  500 kb 998 region around the most significant variant until no further variants reached a genome-wide significant 999 level (P<5.0×10<sup>-8</sup>). Then, we calculated LD between every two index variants and kept the variant 1000 with a lower P value if a pair of index variants with r2<0.1. 1001 Polygenic score to predict the retained X chromosome 1002 To assess how well the identified allelic shift signals can predict which X chromosome is retained when mLOX occurs, we constructed polygenic scores (PGSs) in FinnGen mLOX cases (N=27,001). 1003 1004 In brief, we extracted the effect size for 44 independent loci from the allelic shift analysis of six 1005 biobanks excluding FinnGen. Given that MoChA was able to detect which alleles were lost at 1006 heterozygous sites, for each mLOX case, we computed the PGS for the retained X chromosome 1007  $(PGS_{retained})$  and the lost X chromosome  $(PGS_{lost})$  separately and obtained the difference in PGS 1008 between the two X chromosomes (PGS<sub>diff</sub>=PGS<sub>lost</sub>-PGS<sub>retained</sub>). A negative PGS<sub>diff</sub> indicates that the 1009 retained X chromosome of the mLOX case was correctly predicted. 1010 To assess the upper limit of prediction performance for the proposed PGS, we performed simulation 1011 analyses in FinnGen mLOX cases. We first simulated genotypes for the 44 loci we identified as 1012 independently associated using the allele frequency calculated from the biobank meta-analysis 1013 (weighted by the effective sample size of each contributing biobank) and assuming all genotypes were 1014 independent (i.e., r<sup>2</sup>=0). For a given FinnGen female sample and each one of the 44 loci, we defined 1015 OR<sub>i</sub> as the odds ratio between the likelihood of losing the paternal X chromosome and the likelihood 1016 of losing the maternal X chromosome, as inferred by the meta-analysis and with OR<sub>i</sub>=1 when the ith 1017 locus is homozygous. We then defined the X chromosome differential score PGS<sub>diff</sub> with the equation:  $PGS_{diff} = \Sigma_i \log(OR_i) = \Sigma_i$  heterozygous  $\log(OR_i)$ , by aggregating variant effects at all simulated 1018 1019 heterozygous genotypes. Assuming that PGS<sub>diff</sub> is positive (negative), we estimated the probability P 1020 of the paternal (maternal) X chromosome being lost using the logistic function for  $|PGS_{diff}|$ , with P = P1021  $/(1-P+P) = P/(1-P)/(1+P/(1-P)) = \prod_{i} OR_{i}/(1+\prod_{i} OR_{i}) = \exp(|PGS_{diff}|)/(1+\exp(|PGS_{diff}|))$ . Given 1022 an estimated  $|PGS_{diff}|$ , we think of P, with  $0.5 \le P \le 1$ , as the probability of inferring which X 1023 chromosome was lost conditional on one X chromosome being lost, that is, our prediction accuracy. 1024 As we independently simulated genotypes without modeling linkage disequilibrium and variant 1025 effects without assuming possible interactions, we expected the simulation to overestimate the

1026	prediction accuracy from real data and to effectively estimate a best-case scenario for how predictive
1027	our proposed PGS could be.
1028	Lifetime disease risk for women with high X differential score
1029	We then evaluated whether women carrying higher X differential scores would have an elevated
1030	lifetime disease risk by examining the association between the score and 1,630 disease endpoints in
1031	27,001 FinnGen mLOX cases (FinnGen data freeze 9). In FinnGen, disease endpoints were defined by
1032	a clinical expert group by harmonizing International Classification of Diseases (ICD) codes of version
1033	8 (1968-1986), 9 (1987-1995), and 10 (1996-) archived in nationwide healthcare registers <sup>23</sup> . Given
1034	that the nature of our proposed X differential score is a PGS, it reflects the germline risk an individual
1035	acquires at birth. Therefore, we performed a Cox Proportional hazards regression model considering
1036	the chronological age as the time scale, with the follow-up time starting from birth rather than the age
1037	at genotyping, and censoring at disease onset, death, or the end of follow-up, whichever occurs first.
1038	For covariates, similar to the epidemiological association analyses we performed for the dichotomous
1039	mLOX status, we considered genotyping age, age <sup>2</sup> , smoking, and the top 10 PCs.
1040	
1041	Data availability
1042	Summary statistics generated from meta-analysis will be uploaded to the GWAS Catalog after
1043	publication. The access to individual-level data can be requested directly from each contributing
1044	biobank.
1045	
1046	Code availability
1047	The Mosaic Chromosomal Alterations (MoChA) pipelines used for mosaic loss of the X chromosome
1048	calling (mocha.wdl), GWAS (assoc.wdl), allelic shift analysis (impute.wdl and shift.wdl), and X
1049	chromosome differential score estimation (score.wdl) are available at
1050	https://github.com/freeseek/mochawdl. The GWAS meta-analysis was performed by using the
1051	pipeline developed by COVID-19 HGI, available at <a href="https://github.com/covid19-">https://github.com/covid19-</a>
1052	hg/META_ANALYSIS. The codes used for the Bayesian line model are available at
1053	https://github.com/dsgelab/Mosaic-loss-of-chromosome-X/tree/main/BayesLineModel.
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- 1158 Acknowledgments We thank Juha Karjalainen (Institute for Molecular Medicine Finland (FIMM),
- 1159 Finland) and Mattia Cordioli (FIMM, Finland) for assistance in GWAS meta-analysis, Shea J.
- Andrews (Icahn School of Medicine at Mount Sinai, USA) and Jaakko Leinonen (FIMM, Finland) for
- 1161 kindly sharing formatted GWAS summary statistics used in genetic correlation analyses, Sakari
- Jukarainen (FIMM, Finland) and Alessio Gerussi (University of Milano-Bicocca, Italy) for insightful
- discussion on pheWAS analyses from a clinical standpoint, Samuel Jones (FIMM, Finland) and
- 1164 Masahiro Kanai (Broad Institute of MIT and Harvard, USA) for valuable feedback on HLA and fine-
- mapping, Jukka Koskela (FIMM, Finland) and Mikko Myllymäki (FIMM, Finland) for discussion on
- 1166 clonal hematopoiesis, Yu Fu (FIMM, Finland) and Annina Preussner (FIMM, Finland) for discussion
- on genetic analyses of sex chromosomes, and Geert Kops for discussion on mechanism causing
- 1168 chromosome missegregation. We thank Ms. Azusa Kouno in RIKEN Center for Integrative Medical

1169 Sciences and the members of the BioBank Japan Project, headquartered in the University of Tokyo 1170 Institute of Medical Science, for supporting the BBJ analyses. We thank Bill Wheeler for his 1171 assistance in running the pathway analyses. We want to acknowledge the participants and 1172 investigators of each contributing biobank. The FinnGen project is funded by two grants from 1173 Business Finland (HUS 4685/31/2016 and UH 4386/31/2016) and the following industry partners: 1174 AbbVie Inc., AstraZeneca UK Ltd, Biogen MA Inc., Bristol Myers Squibb (and Celgene Corporation 1175 & Celgene International II Sàrl), Genentech Inc., Merck Sharp & Dohme LCC, Pfizer Inc., 1176 GlaxoSmithKline Intellectual Property Development Ltd., Sanofi US Services Inc., Maze 1177 Therapeutics Inc., Janssen Biotech Inc, Novartis AG, and Boehringer Ingelheim International GmbH. 1178 Following biobanks are acknowledged for delivering biobank samples to FinnGen: Auria Biobank 1179 (www.auria.fi/biopankki), THL Biobank (www.thl.fi/biobank), Helsinki Biobank 1180 (www.helsinginbiopankki.fi), Biobank Borealis of Northern Finland (https://www.ppshp.fi/Tutkimus-1181 ja-opetus/Biopankki/Pages/Biobank-Borealis-briefly-in-English.aspx), Finnish Clinical Biobank 1182 Tampere (www.tays.fi/en-US/Research and development/Finnish Clinical Biobank Tampere), 1183 Biobank of Eastern Finland (www.ita-suomenbiopankki.fi/en), Central Finland Biobank 1184 (www.ksshp.fi/fi-FI/Potilaalle/Biopankki), Finnish Red Cross Blood Service Biobank 1185 (www.veripalvelu.fi/verenluovutus/biopankkitoiminta), Terveystalo Biobank 1186 (www.terveystalo.com/fi/Yritystietoa/Terveystalo-Biopankki/Biopankki/) and Arctic Biobank 1187 (https://www.oulu.fi/en/university/faculties-and-units/faculty-medicine/northern-finland-birth-1188 cohorts-and-arctic-biobank). All Finnish Biobanks are members of BBMRI.fi infrastructure 1189 (www.bbmri.fi). Finnish Biobank Cooperative -FINBB (https://finbb.fi/) is the coordinator of 1190 BBMRI-ERIC operations in Finland. The Finnish biobank data can be accessed through the 1191 Fingenious® services (https://site.fingenious.fi/en/) managed by FINBB. For BCAC and MVP, the 1192 detailed acknowledgement is available in Supplementary materials. 1193 1194 Author contributions This project is initialized and led by A.L., G.G., P.-R.L, A.G., J.R.B.P., and 1195 M.M.. A.L. and M.M. wrote the first draft of the manuscript with input from all lead authors. A.L. 1196 coordinated the analyses of each contributing biobank, conducted across biobank meta-analysis 1197 (including GWAS, allelic shift analysis, and pheWAS) and FinnGen specific analyses, organized 1198 post-GWAS analyses, designed and generated all figures and tables (except where noted), and wrote 1199 Results, Methods, and part of the Introduction and Discussion sections. G.G. developed the MoChA 1200 pipelines for mLOX calling, GWAS, allelic shift analysis, and X chromosome differential score 1201 estimation, guided the analyses of each contributing biobank, performed mLOX calling, GWAS, and 1202 allelic shift analysis for UKBB and MGB, and wrote the manuscript. Y.Z. performed WES analyses 1203 and 3-way combined call GWAS in UKBB, generated Supplementary Figure S2 and S6, prepared 1204 Supplementary Table S8 and S19, and drafted the relevant result and method paragraphs. M.P.

1205 developed the Bayesian line model to cluster mLOX and mLOY loci and wrote the relevant method 1206 paragraph. M.M.Z. performed pheWAS for UKBB, MGB, and MVP and GWAS for MGB. K.K. 1207 performed the GWAS to gene pipeline, prepared Supplementary Table S12, and drafted the relevant 1208 method paragraphs. Z.Y. estimated heritability and genetic correlations and prepared Supplementary 1209 Table S15. K.Y. and L.S. performed the pathway analysis and prepared Supplementary Table S13. 1210 C.V. performed the sensitivity analyses for associations with leukemia in UKBB and prepared 1211 Supplementary Table S7. X.L. performed mLOX calling, GWAS, allelic shift analysis, and HLA fine-1212 mapping replication analysis in BBJ. D.W.B. performed GWAS for PLCO and generated inputs for 1213 blood cell trait heat-map (Figure 3D and 4B). G.H. performed mLOX calling, GWAS, and allelic shift 1214 analysis for EBB, B.G. and S.P. performed mLOX calling, GWAS, and allelic shift analysis for MVP. 1215 J.D performed mLOX calling and GWAS for BCAC. W.Z. performed mLOX calling, GWAS, and 1216 allelic shift analysis for PLCO. Y.M. participated in BBJ analyses. V.T. and F.-D.P participated in 1217 EBB analyses. M.A., T.P.S, and A.G. participated in FinnGen analyses. W-Y.H. and N.F. participated 1218 in PLCO analyses, E.J.G. participated in UKBB WES analyses, V.G.S. assisted in interpretating 1219 findings related to clonal hematopoiesis. A.P. coordinated the FinnGen project. H.M.O advised the 1220 HLA fine-mapping analysis and assisted in interpretating findings related to HLA. T.T. assisted in 1221 interpretating findings related to skewed X-chromosome inactivation and escaping from X-1222 chromosome inactivation. S.J.C. coordinated the PLCO project. R.M. supervised EBB analyses. P.N. 1223 supervised pheWAS for UKBB, MGB, and MVP. M.J.D. initialized/conceptualized the mosaic 1224 chromosomal alteration project in FinnGen and assisted in interpretating findings especially those 1225 related to mLOY in men. A.B. supervised pheWAS in UKBB, MGB, and MVP and the sensitivity 1226 analyses for associations with leukemia in UKBB. S.A.M. supervised the development of MoChA 1227 pipelines. C.T. supervised BBJ analyses and advised the HLA fine-mapping analysis. P.-R.L., A.G., 1228 J.R.B.P, and M.M. co-supervised the project, interpreted the findings, and wrote the manuscript. For 1229 FinnGen, BCAC, and MVP, detailed author lists are available in supplementary materials. All authors 1230 reviewed the manuscript. 1231 1232 Funding This work was supported by the Intramural Research Program of the National Cancer 1233 Institute, National Institutes of Health, and the Medical Research Council (unit programs: 1234 MC UU 12015/2, MC UU 00006/2). G.G. was supported by NIH grants R01 MH104964 and R01 1235 MH123451. A.G. was supported by the Academy of Finland (grant no. 323116) and by the European 1236 Research Council under the European Union's Horizon 2020 Research and Innovation Programme 1237 (grant no. 945733). P.-R.L. was supported by NIH grant DP2 ES030554, a Burroughs Wellcome Fund 1238 Career Award at the Scientific Interfaces, the Next Generation Fund at the Broad Institute of MIT and 1239 Harvard, and a Sloan Research Fellowship. C.T. was supported by Japan Agency for Medical

Research and Development (AMED) grants JP21ek0109555, JP21tm0424220, JP21ck0106642,

JP22wm0425008, JP23ek0410114, and JP23tm0424225, and Japan Society for the Promotion of 1241 1242 Science (JSPS) KAKENHI grant JP20H00462. 1243 1244 Competing interests G.G., P.-R.L., and S.A.M. declare competing interests: patent application 1245 PCT/WO2019/079493 has been filed on the mosaic chromosomal alterations detection method used 1246 in this work, J.R.B.P and E.J.G are employee of and hold shares in Adrestia Therapeutics, A.B. 1247 reports scientific advisory board membership for TenSixteen Bio. P.N. reports grant support from 1248 Apple, Amgen, Boston Scientific, AstraZeneca, and Novartis, personal fees from Apple, AstraZeneca, 1249 Blackstone Life Sciences, Foresite Labs, Genentech/Roche, Allelica, Novartius, scientific advisory 1250 board membership for geneXwell, Esperion Therapeutics, and TenSixteen Bio, is a scientific co-1251 founder of TenSixteen Bio, and spousal employment at Vertex, all unrelated to the present study. 1252 1253 Ethics statement Patients and control subjects in FinnGen provided informed consent for biobank 1254 research, based on the Finnish Biobank Act. Alternatively, separate research cohorts, collected prior 1255 the Finnish Biobank Act came into effect (in September 2013) and start of FinnGen (August 2017), 1256 were collected based on study-specific consents and later transferred to the Finnish biobanks after 1257 approval by Fimea (Finnish Medicines Agency), the National Supervisory Authority for Welfare and 1258 Health. Recruitment protocols followed the biobank protocols approved by Fimea. The Coordinating 1259 Ethics Committee of the Hospital District of Helsinki and Uusimaa (HUS) statement number for the 1260 FinnGen study is Nr HUS/990/2017. The FinnGen study is approved by Finnish Institute for Health 1261 and Welfare (permit numbers: THL/2031/6.02.00/2017, THL/1101/5.05.00/2017, 1262 THL/341/6.02.00/2018, THL/2222/6.02.00/2018, THL/283/6.02.00/2019, THL/1721/5.05.00/2019 1263 and THL/1524/5.05.00/2020), Digital and population data service agency (permit numbers: 1264 VRK43431/2017-3, VRK/6909/2018-3, VRK/4415/2019-3), the Social Insurance Institution (permit 1265 numbers: KELA 58/522/2017, KELA 131/522/2018, KELA 70/522/2019, KELA 98/522/2019, KELA 1266 134/522/2019, KELA 138/522/2019, KELA 2/522/2020, KELA 16/522/2020), Findata permit 1267 numbers THL/2364/14.02/2020, THL/4055/14.06.00/2020, THL/3433/14.06.00/2020, 1268 THL/4432/14.06/2020, THL/5189/14.06/2020, THL/5894/14.06.00/2020, THL/6619/14.06.00/2020, 1269 THL/209/14.06.00/2021, THL/688/14.06.00/2021, THL/1284/14.06.00/2021, 1270 THL/1965/14.06.00/2021, THL/5546/14.02.00/2020, THL/2658/14.06.00/2021, 1271 THL/4235/14.06.00/202, Statistics Finland (permit numbers: TK-53-1041-17 and 1272 TK/143/07.03.00/2020 (earlier TK-53-90-20) TK/1735/07.03.00/2021, TK/3112/07.03.00/2021) and 1273 Finnish Registry for Kidney Diseases permission/extract from the meeting minutes on 4<sup>th</sup> July 2019. 1274 The Biobank Access Decisions for FinnGen samples and data utilized in FinnGen Data Freeze 9 1275 include: THL Biobank BB2017 55, BB2017 111, BB2018 19, BB 2018 34, BB 2018 67,

1276 BB2018 71, BB2019 7, BB2019 8, BB2019 26, BB2020 1, Finnish Red Cross Blood Service 1277 Biobank 7.12.2017, Helsinki Biobank HUS/359/2017, HUS/248/2020, Auria Biobank AB17-5154 1278 and amendment #1 (August 17 2020), AB20-5926 and amendment #1 (April 23 2020) and it's 1279 modification (Sep 22 2021), Biobank Borealis of Northern Finland 2017 1013, Biobank of Eastern 1280 Finland 1186/2018 and amendment 22 § /2020, Finnish Clinical Biobank Tampere MH0004 and 1281 amendments (21.02.2020 & 06.10.2020), Central Finland Biobank 1-2017, and Terveystalo Biobank STB 2018001 and amendment 25<sup>th</sup> Aug 2020. The UKBB analyses were conducted using applications 1282 7089, 9905, and 21552. 1283