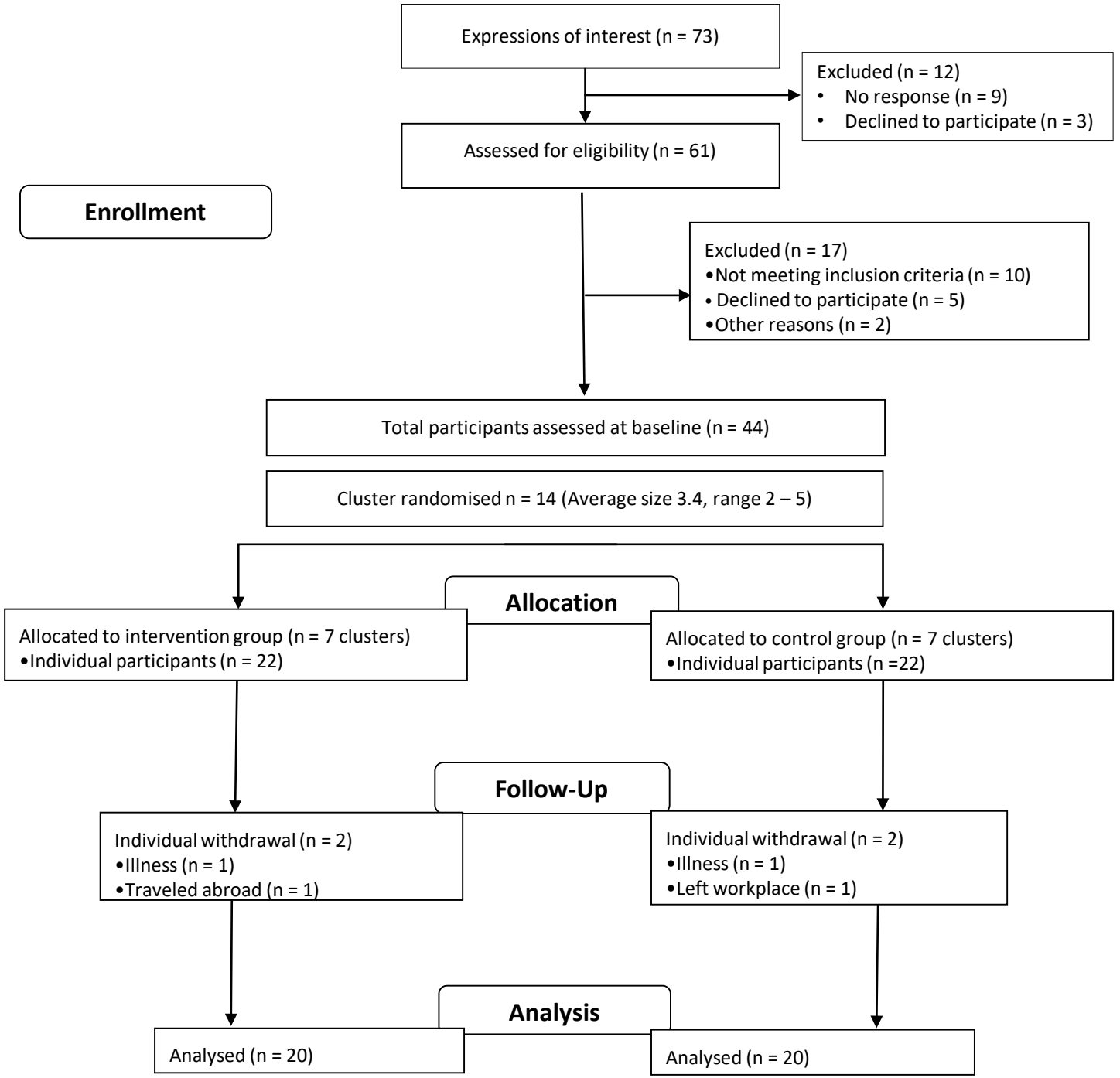
Expressions of interest (n = 73)
Excluded (n = 12)
• No response (n = 9)
• Declined to participate (n = 3)
Assessed for eligibility (n = 61)
Enrollment
Excluded (n = 17)
•Not meeting inclusion criteria (n = 10)
• Declined to participate (n = 5)
•Other reasons (n = 2)
Total participants assessed at baseline (n = 44)
Cluster randomised n = 14 (Average size 3.4, range 2 – 5)
Allocation
Allocated to intervention group (n = 7 clusters)
•Individual participants (n = 22)
Allocated to control group (n = 7 clusters)
•Individual participants (n =22)
Follow-Up
Individual withdrawal (n = 2)
•Illness (n = 1)
•Traveled abroad (n = 1)
Individual withdrawal (n = 2)
•Illness (n = 1)
•Left workplace (n = 1)
Analysis
Analysed (n = 20)
Analysed (n = 20)