

Pharmacology | Full-Length Text



# Simultaneous pharmacokinetic modeling of unbound and total darunavir with ritonavir in adolescents: a substudy of the SMILE trial

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ABSTRACT Darunavir (DRV) is an HIV protease inhibitor commonly used as part of antiretroviral treatment regimens globally for children and adolescents. It requires a pharmacological booster, such as ritonavir (RTV) or cobicistat. To better understand the pharmacokinetics (PK) of DRV in this younger population and the importance of the RTV boosting effect, a population PK substudy was conducted within SMILE trial, where the maintenance of HIV suppression with once daily integrate inhibitor + darunavir/ritonavir in children and adolescents is evaluated. A joint population PK model that simultaneously used total DRV, unbound DRV, and total RTV concentrations was developed. Competitive and non-competitive models were examined to define RTV's influence on DRV pharmacokinetics. Linear and non-linear equations were tested to assess DRV protein binding. A total of 443 plasma samples from 152 adolescents were included in this analysis. Darunavir PK was best described by a one-compartment model first-order absorption and elimination. The influence of RTV on DRV pharmacokinetics was best characterized by ritonavir area under the curve on DRV clearance using a power function. The association of non-linear and linear equations was used to describe DRV protein binding to alpha-1 glycoprotein and albumin, respectively. In our population, simulations indicate that 86.8% of total and unbound DRV trough concentrations were above 0.55 mg/L [10 times protein binding-adjusted EC<sub>50</sub> for wild-type (WT) HIV-1] and 0.0243 mg/L (10 times EC<sub>90</sub> for WT HIV-1) targets, respectively. Predictions were also in agreement with observed outcomes from adults receiving 800/100 mg DRV/r once a day. Administration of 800/100 mg of DRV/r once daily provides satisfactory concentrations and exposures for adolescents aged 12 years and older.

**KEYWORDS** population pharmacokinetics, darunavir, ritonavir, children, adolescent, free fraction, unbound

C urrent international antiretroviral treatment guidelines continue to recommend three-drug antiretroviral therapy (ART) as the preferred first-line treatment for children and adolescents living with HIV (1, 2). These triple ART drug combinations are primarily composed of two nucleos(t)ide reverse transcriptase inhibitor (NRTI) backbone plus either a non-nucleoside reverse transcriptase inhibitor, a protease inhibitor (PI), or an integrase strand transfer inhibitor (INSTI) anchor drug. The relative tolerability and potential complications associated with long-term NRTI treatments have led to the investigation of NRTI-sparing drug combinations (3, 4). Darunavir (DRV) is a PI administered with a pharmacological booster, cobicistat or ritonavir (RTV), and is included in potential NRTI-free regimens, such as dolutegravir plus ritonavir-boosted DRV (DRV/r) (5, 6). Pharmacokinetic studies of DRV/r in children and adolescents already exist and **Editor** James E. Leggett, Providence Portland Medical Center, Portland, Oregon, USA

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Copyright © 2023 American Society for Microbiology. All Rights Reserved. a population PK model has been built using adult and pediatric data (7). In adults, the boosting effect of ritonavir was described by different types of inhibition models (8, 9) showing that the ritonavir effect on darunavir clearance is not proportional to ritonavir concentrations or exposures. Giving 100 mg daily of ritonavir instead of 200 mg daily (100 mg twice daily) may result in a substantial difference from the expected boosting effect. In addition, the boosting behavior of ritonavir has not been studied yet in adolescents, and limited data are available concerning the influence of RTV boosting on DRV pharmacokinetics in adolescents when administered once instead of twice daily. Darunavir is highly bound to plasma protein, primarily to alpha-1 glycoprotein (AAG), with saturation of binding at high therapeutic concentrations (10), which may lead to changes in the unbound fraction. Unbound DRV concentrations, the pharmacologically active form of the drug, have been investigated but mostly in specific adult populations (e.g., pregnant women or patients with hepatic cirrhosis) (10–13).

SMILE (strategy for maintenance of HIV suppression with once daily integrate inhibitor + darunavir/ritonavir in children) (PENTA 17-ANRS 152) was an international multicenter clinical trial evaluating the safety and efficacy of dolutegravir combined with DRV/r once a day in adolescents aged 12 years and older. This pharmacokinetic substudy of the SMILE trial aimed to (i) characterize the pharmacokinetics of DRV and RTV, (ii) define the influence of RTV on DRV pharmacokinetics, (iii) establish the relationship between unbound and total DRV concentrations and determine plasma protein-binding behavior, and (iv) evaluate DRV/r fixed-dose of 800/100 mg once daily in adolescents.

## RESULTS

# Darunavir/ritonavir quantification and population characteristics

Twelve samples had DRV and RTV (and dolutegravir) concentrations below the lower limit of quantification and were excluded from the analysis due to suspected non-adherence to trial medication. The final data set included a total of 443 plasma samples from 152 participants, with a mean of three samples per patient. The median (range) age was 15 (12 – 18) years old and weight was 50 (39 – 97) kg. Table 1 summarizes the baseline characteristics of the population.

TABLE 1	Population baseline characteristics at the start of the PK substudy (i.e., 4 weeks after the start of
the SMILE	E trial) <sup>a</sup>

Characteristics	Value	
No. of patients/no. of samples	152/443	
Age (years)	15 (12–18)	
Male, n (%)	64 (42.1)	
Weight (kg)	50 (39–97)	
Body mass index (kg/m²)	20 (14.3–34.4)	
Body surface area (m <sup>2</sup> )	1.48 (1.27–2.15)	
Smoking status		
Smoker, <i>n</i> (%)	2 (1.3)	
Ethnic origin		
Caucasian, n (%)	31 (20.4)	
Black African, n (%)	85 (55.9)	
Asian, n (%)	28 (18.4)	
Others, <i>n</i> (%)	8 (5.3)	
Albumin (g/L)	45 (36–52.2)	
Alpha-1 glycoprotein (g/L)	0.66 (0.25–1.47)	
Alkaline phosphatase (UI/L)	202 (41–718)	
Alanine aminotransferase (UI/L)	12 (5–1,765)	
Aspartate aminotransferase (UI/L)	19 (11–1,039)	
Total bilirubin (mg/dL)	0.3 (0.09–2.52)	
Creatinine (mg/dL)	0.63 (0.4–1.37)	

<sup>a</sup>Values expressed as median (range) where applicable.

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Regarding the distribution of time sampling, 15.8% of blood samples was collected in the first 10 h post-dose, 78.6% was collected within 10 and 20 h post-dose, and 5.6% of blood samples was collected after 20 h post-dose. Figure 1 displays time point distribution of blood collections.

Total DRV, RTV, and unbound DRV concentrations were measured for each plasma sample and used for model building. Concentrations below the lower limit of quantification (LLOQ) represented 2.0%, 4.7%, and 3.6% of the data set for total DRV, RTV, and unbound DRV, respectively. Median (interguartile range, IQR) total DRV concentration measured was 3.27 (2.19-4.71) mg/L, and the median (IQR) unbound DRV concentration measured was 0.173 (0.112-0.261) mg/L. The median (IQR) DRV-free fraction (whatever the delay between administration and sampling), calculated for each blood sample as <u>Unbound concentration</u>  $\times$  100 was 5.4 (4.2–6.9)%.

Total concentration

#### Pharmacokinetics of darunavir and ritonavir

Two separate models were built for DRV and RTV using total DRV and RTV concentrations, respectively. A one-compartment model with first-order absorption and elimination best described the data for both drugs. The PK parameters of the models were absorption constant (ka), apparent volume of distribution (V/F), and apparent clearance (CL/F). PK parameters were well estimated (i.e., relative standard error, RSE < 30%). Inter-individual variability (IIV) on V/F<sub>DRV</sub>, CL/F<sub>DRV</sub>, and CL/F<sub>RTV</sub> was kept in the models. Other PK parameters' IIVs were fixed to zero. Residual variability was defined with a proportional error model for both models.

For the DRV model, a great influence of alpha-1 glycoprotein concentrations on CL/ F<sub>DRV</sub> was observed. The inclusion of alpha-1 glycoprotein concentrations in the model led to an objective function value (OFV) decrease of 95.4 units and an IIV decrease on CL/F<sub>DRV</sub> of 4%.

An allometric model, standardized on an adult weight of 70 kg and with an effect of weight fixed to 1 on apparent volume of distribution and fixed to 0.75 on apparent



FIG 1 Time point distribution of blood samples collected and used for the PK analysis.

clearance, was implemented for ritonavir model. Estimating allometric parameters rather than fixing them did not improve the model. No other covariates were retained.

# Influence of ritonavir on darunavir: total darunavir/ritonavir joint model

Different competitive and non-competitive interaction models of ritonavir on darunavir clearance were tested using the previous DRV and RTV models. Ritonavir area under the curve (AUC) with a power function on ritonavir clearance best described the influence of RTV on DRV pharmacokinetics.

The equation of darunavir oral clearance from the interaction model was

$$CL/F_{\text{DRV},i}(L/h) = 9.7 \times \left(\frac{[\text{AAG}]_i}{0.66}\right)^{-0.73} \times \left(\frac{\text{AUC}_{0-24,\text{RTV},i}}{5.8}\right)^{-0.38}$$
 (1)

whereas the equations of ritonavir oral clearance and volume of distribution were

$$CL/F_{\text{RTV},i}(L/h) = 21.8 \times \left(\frac{\text{WEIGHT}_i}{70}\right)^{0.75}$$
(2)

$$V/F_{\text{RTV},i}(L) = 107.6 \times \left(\frac{\text{WEIGHT}_i}{70}\right)$$
 (3)

Ritonavir AUC represents the AUC between 0 and 24 h post-dose at steady-state and was obtained by dividing the dose with the apparent clearance of ritonavir. Median ritonavir  $AUC_{0-24h}$  in our population was 5.8 mg·h/L.

The model showed acceptable performance with good diagnostic plots and prediction-corrected Visual Predictive Check (pcVPC). PK parameter estimates, diagnostic plots, and pcVPC of this "intermediate" model, using only total concentrations, are presented in the supplemental material.

# DRV protein binding behavior: total/unbound darunavir and ritonavir final joint model

The same modeling process as for total DRV concentrations was used for unbound DRV concentrations. The structural model was defined, and the inclusion of other potential covariates was explored. The interaction of darunavir and ritonavir was then added using the interaction model previously established. A one-compartment model best describes unbound DRV concentrations. The effect of alpha-1 glycoprotein was reassessed to refine the relationship between unbound and total DRV concentrations. Unbound DRV concentrations were linked to total DRV concentrations using several protein-binding behavior models. The relationship between unbound and total DRV concentrations was best described using a non-linear model regarding darunavir binding to AAG and a linear model regarding darunavir binding to albumin (HSA). Figure 2 shows a schematic representation of the final joint model that simultaneously used unbound DRV, total DRV, and RTV concentrations. Parameters estimated for the total/unbound relationship were the dissociation constant ( $K_d$ ) for alpha-1 glycoprotein and a binding constant  $\theta_{HSA}$  for albumin. The equation for total/unbound relationship was

$$C_{\text{DRV}} = \left(\frac{N_{\text{AAG}} \times [\text{AAG}] \times C_{\text{DRV},u}}{K_{d,\text{AAG}} + C_{\text{DRV},u}}\right) + (\theta_{\text{HSA}} \times [\text{HSA}] \times C_{\text{DRV},u}) + C_{\text{DRV},u}$$
(4)

The number of drug-binding sites on alpha-1 glycoprotein (*N*<sub>AAG</sub>) was fixed to 1 as the estimate was near this value and was reported in the literature (14). Moreover, fixing this parameter to 1 did not significantly increase the OFV. Parameter estimates of the final model, using total/unbound DRV concentrations and RTV concentrations, are detailed in Table 2. Diagnostic plots and prediction-corrected Visual Predictive Check of this final model are shown in Fig. 3 and 4, respectively.



**FIG 2** Schematic representation of the final joint model. *F* is the bioavailability, *D* is the dose administered, ka is the absorption constant, *V* is the volume of distribution, ke is the elimination constant, [AAG] is the AAG concentration,  $N_{AAG}$  is the number of binding sites on AAG for DRV, *K<sub>d</sub>* is the dissociation constant of AAG for DRV, [HSA] is the albumin concentration,  $\theta_{HSA}$  is the binding constant of HSA for DRV, and AUC<sub>RTV</sub> is the RTV AUC<sub>0-24h</sub> inhibiting the elimination of DRV.



FIG 3 Goodness-of-fit plots from the final joint model. Red, blue, and gray points are unbound DRV, total DRV, and RTV concentrations, respectively. NPDE is the normalized prediction distribution error. Solid lines represent identity lines (top plots) or the theoretical mean of NPDE (bottom plots). Orange dashed lines are the regression lines.

TABLE 2 Pharmacokinetic parameter estimates of the final joint model<sup>a</sup>

Parameters	Value	Relative standard error (%)
Fixed population effects		
Darunavir		
ka <sub>DRV</sub> (h <sup>-1</sup> )	0.43	21
CL/F <sub>DRV, u</sub> (L/h)	169	4
AUC <sub>RTV</sub> effect on CL/F <sub>DRV, u</sub>	-0.5	21
<i>V/F</i> <sub>DRV, <i>u</i></sub> (L)	2601	18
N <sub>AAG</sub>	1	Fixed
$K_{d, \text{ AAG}} (\times 10^{-3} \text{ mmol/L})$	0.85	10
Θ <sub>HSA</sub> (L/mmol)	5.54	25
Ritonavir		
ka <sub>RTV</sub> (h <sup>-1</sup> )	0.18	17
CL/F <sub>RTV</sub> (L/h)	21.6	5
Weight effect on	0.75	Fixed
CL/F <sub>RTV</sub>		
<i>V/F</i> <sub>RTV</sub> (L)	105.7	18
Weight effect on	1	Fixed
V/F <sub>RTV</sub>		
Inter-individual variability (CV%)		
CL/F <sub>DRV,u</sub>	29.3	9
V/F <sub>DRV,u</sub>	76.1	15
CL/F <sub>RTV</sub>	41.7	9
Proportional error model (%)		
Unbound DRV concentrations	40	4
Total DRV concentrations	34	4
RTV concentrations	50	5

 $^{e}$ ka<sub>DRV</sub> is the absorption constant of DRV, CL/ $F_{DRV, u}$  is the apparent clearance of unbound DRV, AUC<sub>RTV</sub> is the ritonavir AUC between 0 and 24 h post-dose at steady state,  $V/F_{DRV, u}$  is the apparent volume of distribution of unbound DRV,  $K_{d, AAG}$  is the dissociation constant of AAG for DRV,  $N_{AAG}$  is the number of binding sites on AAG for DRV,  $\Theta_{HSA}$  is the binding constant of HSA for DRV, ka<sub>RTV</sub> is the absorption constant of RTV, CL/ $F_{RTV}$  is the apparent clearance of RTV, and  $V/F_{RTV}$  is the apparent volume of distribution of unbound DRV, the parameter estimate, expressed as a percentage.

Implication of alpha-1 glycoprotein and albumin in DRV protein binding varies according to DRV concentrations. Figure 5 illustrates the darunavir-free fraction, as well as the fractions bound to alpha-1 glycoprotein and albumin, with respect to darunavir and plasma protein concentrations. At high DRV concentrations, DRV binding to albumin is more important, and the unbound fraction increases more or less, depending on protein concentrations. On average, at a median total DRV concentration of 3.27 mg/L in our population, darunavir is 73.7% bound to alpha-1 glycoprotein and 20.8% to albumin, for a total plasma protein binding of 94.5%.

# Simulations and predictions

Simulations from the final model indicated that administration of 800/100 mg of DRV/r once daily lead to total trough darunavir concentration ( $C_{DRV}$ ) above the protein-adjusted WT EC<sub>50</sub> (0.055 mg/L) for 98% of participants. The recommended target for adults with no documented PI-resistant HIV-1 strains (0.55 mg/L) (15, 16) was reached by 86.8% of the adolescents, while the recommended target with proven or suspected PI-resistance HIV-1 strains (2 mg/L) (16, 17) was attained by only 47.4%.

Similar results of target attainment were found with unbound DRV concentrations when using WT EC<sub>90</sub> as the target. Trough  $C_{DRV,u}$  were above the WT EC<sub>90</sub> (0.00243 mg/L) for 98% of the patients and above 10 times the WT EC<sub>90</sub> for 86.8% of them.

Individual-predicted trough DRV concentrations and exposures were comparable with reported observations in treatment-experienced adults receiving the same dose (Table 3).



FIG 4 pcVPC plots for total DRV (left), unbound DRV (middle), and RTV (right) concentrations. Black points represent observed concentrations. Solid black lines represent the 10th, 50th, and 90th percentiles of observed concentrations. Gray areas represent the 95% confidence interval of the 10th, 50th, and 90th percentiles of simulated concentrations.

# DISCUSSION

Several darunavir pharmacokinetic models have been published for adults using cobicistat (16) or ritonavir for boosting (7–9). To our knowledge, the work of Brochot et al. (7) is the only darunavir model published that includes children and/or adolescents. No more data were available on adolescents, and the effect of ritonavir boosting was not evaluated in this study. Furthermore, no model has studied the darunavir-free fraction, which is the pharmacologically active part of the drug, except for pregnant women (10). Our model highlighted the binding behavior of plasma proteins and its potential influence on darunavir pharmacokinetics.

Our study reported a detailed pharmacokinetic study of DRV/r in adolescents aged 12 years and older. We introduced a novel approach to DRV interactions with plasma proteins in clinical settings, which improves our understanding of darunavir elimination and overall pharmacokinetics according to plasma protein levels in patients, and we evaluated the rationale for using adult doses in adolescents.

Through this study, population PK models were built from total plasma DRV concentrations, unbound DRV concentrations, and total RTV concentrations. DRV and RTV interaction was assessed using total DRV and RTV concentrations, and DRV plasma protein-binding behavior was defined using unbound and total DRV concentrations. Oral clearance of total DRV and RTV was 9.7 L/h and 21.8 L/h, respectively, which is consistent with the reported values [e.g., 10.9 L/h (9) and 10.7 L/h (8) for darunavir clearance and 20.5 L/h (9) and 16.4 L/h (8) for ritonavir clearance] in the literature. The volumes of distribution of darunavir and ritonavir were, however, significantly higher than previously reported. Brochot et al. observed an important elevation of the peripheral volume of darunavir (from 83 to 254 L) by adding children and adolescents in their modeling data set. We were not able to define a second compartment for darunavir or ritonavir, but it might explain why our estimates of the volume of distribution are higher compared to the above-cited models in adults.

Darunavir is almost exclusively metabolized by cytochrome P450 (CYP) 3A4 and 2D6 to a lesser degree. By inhibiting CYP3A4, ritonavir decreases darunavir elimination and

TABLE 3 Trough concentrations and exposures of darunavir in adults and adolescents of 12 years and older  $^{\prime\prime}$ 

PK parameter	ODIN trial ( <i>N</i> = 280)	SMILE trial (N = 152)
Trough C <sub>DRV</sub> (mg/L)	1.90 (0.18–7.88)	1.76 (0.05–6.98)
AUC <sub>0-24h, DRV</sub> (mg·h/L)	87.8 (45.5–236.9)	80.2 (28–199)

 $^{a}$ Results are expressed as median (range). SMILE outcomes are individual predictions, and ODIN outcomes are observations.

provides higher darunavir plasma trough concentrations and overall exposures. The PK boosting effect of RTV on DRV concentrations was evaluated by testing different competitive and non-competitive inhibition models on darunavir clearance. Ritonavir AUC with a power function model was found to best characterize its effect on darunavir clearance compared to time-point concentrations. While precise inhibition mechanisms of CYP3A4 by ritonavir have not been clearly established, competitive, mixed-non-competitive, and mechanism-based inhibition have been reported (18, 19). Ritonavir inhibits the CYP2D6 enzyme and the P-gp efflux transporter, which can also contribute to the boosting effect (20, 21). The complexity of all possible ritonavir and darunavir interactions could probably be the reason that makes a direct competitive inhibition model with time-point ritonavir concentrations unsuitable or would demand a more in-depth mechanistic model. Ritonavir AUC, which reflects overall dose exposure, fits more reasonably with a population PK model and matches mechanism-based inhibition of CYP3A4 (9, 18, 21, 22).

Darunavir is mainly bound to the alpha-1 glycoprotein in human plasma. Common values for alpha-1 glycoprotein concentrations are between 0.5 and 1.2 g/L. These relatively low alpha-1 glycoprotein concentrations and the one single drug-binding site available on each alpha-1 glycoprotein molecule (14) explain the saturation pattern observed in darunavir plasma protein binding. Nevertheless, darunavir binds to both alpha-1 glycoprotein and albumin (23). The saturation of alpha-1 glycoprotein binding is partially compensated by albumin binding, which limits the exponential increase of the unbound fraction. Our model was able to define the implication of both alpha-1 glycoprotein and albumin in DRV protein binding behavior. Indeed, the unbound fraction and proportion of DRV bound to alpha-1 glycoprotein, and albumin concentrations (Fig. 5).

Several studies indicate that alpha-1 glycoprotein concentrations interfere with DRV PK parameters (7, 8, 16). Our total Darunavir PK model showed that alpha-1 glycoprotein concentrations had an influence on oral DRV clearance. By adding unbound DRV concentrations to the model, alpha-1 glycoprotein was found to explain the relationship between total and unbound concentrations, and its effect on darunavir clearance was no longer visible. This finding informs us about the involvement of alpha-1 glycoprotein in darunavir pharmacokinetics. Darunavir presents the properties of a low-extraction type of drug. In the therapeutic DRV concentrations. Predictions showed that alpha-1 glycoprotein does not clearly affect unbound DRV trough concentrations, although AAG concentrations are positively correlated with AAG concentrations, although AAG concentration concentration variations indirectly influence total DRV clearance but do not influence unbound DRV clearance.

No direct association between darunavir exposure/concentration and viral load decrease had been demonstrated, challenging the necessity of therapeutic drug monitoring for this drug (24, 25). However, clinical practices suggest 0.55 mg/L (2 mg/L for patients who are PI-experienced with HIV strains expressing the PI-resistant gene) as good trough concentration targets, although this cut-off can be considered conservative for patients who are PI-naive (15–17, 26). No investigation was made to define the potential link between unbound DRV exposure/concentration and viral load change. We, therefore, decided to use 10 times the WT EC<sub>90</sub> for unbound trough concentrations,



FIG 5 Percentage of darunavir bound to HSA (dotted line), AAG (dashed line), and unbound fraction of darunavir (solid line) according to total DRV concentrations in different conditions of AAG and HSA levels. Bottom-middle plot depicts protein binding for average AAG and HSA levels in our population.

which resulted in the same findings as 10 times the protein-adjusted WT  $EC_{50}$  for total trough concentrations.

For a daily DRV/r dose of 800/100 mg, simulated PK outcomes indicate good trough concentrations and exposures. The predictions for our population are also relatively similar to PK outcomes recorded for adults receiving the same dose in the ODIN trial (Table 3) (25). Our findings, considering the targets used, are also consistent with the primary outcome of the SMILE trial, where 95% of the participants was maintained with a suppressed viral load (VL < 50 copies/mL) by week 48 (27).

All these results encourage the use of a once-daily adult dose in adolescents aged 12 years and older, but caution is necessary for patients presenting proven or suspected PI-resistant strains. The 2 mg/L target for trough  $C_{DRV}$  was scarcely attainable for more than half of our population with this current fixed dose. A twice-daily DRV/r dose of 600/100 mg would be more adequate for patients with probable or confirmed HIV PI resistance. This suggestion is primarily based on the equivalence of trough concentrations and exposures observed between adolescents and adults. The similarity in the PK outcomes led us to suggest that a 600/100 mg dose twice daily is very likely to be adequate for adolescents with PI resistance as it is for adults with PI resistance. No relationship between exposure or concentration and toxicity was identified in adults (28), but an investigation in children and adolescents, with regard to this topic, may be necessary at such a dose.

Our study has several limitations. Blood samples were collected unequally over dosing intervals. More than half of the blood samples were collected between 12 and 15 h post-dose, which may have restrained the identification of a more elaborate absorption model or of a second compartment. Still, the current models presented in this study were well-defined and showed good prediction performance via validation tools. Moreover, one-compartment models for darunavir and ritonavir have already been described in other publications (9, 16). Assessment of the impact of ritonavir on unbound

DRV clearance was performed using total RTV concentrations/exposures, although it would ideally be done using unbound RTV concentrations/exposures. Considering the RTV plasma concentration range, the unbound and total RTV concentrations' relationship is very likely to be linear (10); therefore, the use of unbound instead of total RTV concentrations would probably not have modified our findings. An important amount of albumin is present in human plasma, suggesting that DRV binding to albumin could not be saturated at therapeutic concentrations; it was thus described by a linear model, and the albumin affinity constant or maximal protein binding capacity could not be determined. In addition, albumin carries more than one potential drug-binding site, each of which has a different affinity for darunavir. Predictions of protein-binding behavior with our model should only be within the DRV, alpha-1 glycoprotein, and albumin concentration ranges observed in our study.

In summary, we were able to characterize darunavir and ritonavir pharmacokinetics in adolescents receiving 800/100 mg DRV/r once daily. The protein binding of darunavir was also described by the relative implication of both alpha-1 glycoprotein and albumin. The influence of RTV on DRV clearance was defined, and it highlights the importance of ritonavir to attain targets. Administration of 800/100 mg of ritonavir-boosted darunavir once daily for adolescents aged 12 years and older provides satisfactory concentrations and exposures, similar to those observed in adults.

# MATERIALS AND METHODS

#### Study design and population

SMILE is a phase 2/3, multicenter and open-label trial. SMILE trial has previously been described (29). Children and adolescents with HIV-1 aged between 12 and 18 years were included in the trial. Before inclusion, patients were virologically controlled (HIV-1 RNA viral load < 50 copies/mL for at least 12 months) with no evidence of DRV or INSTI resistance-associated mutations. Prior to inclusion, informed consent was obtained from the patient's legal representatives after oral and written communication. All information on the study design is detailed on clinicaltrials.gov (NCT02383108) and at penta-id.org (30).

This PK substudy focused on the NRTI-sparing regimen arm where participants weighing  $\geq$  40 kg received 50 mg of dolutegravir in combination with 800/100 mg DRV/r once daily. Darunavir and ritonavir formulations were film-coated tablets (Prezista 800 mg + Norvir 100 mg). Darunavir was provided by Janssen.

#### Sample collection and analytical method

Blood samples were collected at different time points following a sparse sampling scheme. For each participant, one or two blood samples were collected at designated time points (depending on if they took their medications in the morning or evening) during follow-up visits at weeks 4, 12, and 24. Blood samples were centrifuged, and plasma was stored at  $-25^{\circ}$ C until analysis. Drug concentrations were measured at the Laboratory of Clinical Pharmacology at Cochin Hospital in Paris, France.

Total and unbound DRV concentrations were measured using liquid chromatographytandem mass spectrometry assays. After thawing and incubation at 37°C for 20 min, unbound DRV was obtained using ultrafiltration with a Centrifree tube for 10 min to collect protein-free plasma. The assays used for total and unbound concentration measurements were developed in the laboratory and were validated according to the Food and Drug Administration (FDA) guidance (31).

For ritonavir and total darunavir quantification, calibration curves were linear and ranged from 0.01 to 2.5 mg/L and from 0.06 to 15 mg/L, respectively. For unbound darunavir quantification, the calibration curve was quadratic and ranged from 0.01 to 4 mg/L.

The quantification methods were described in detail in the publications of Zheng et al. (32, 33).

#### Pharmacokinetic analysis and data handling

Population pharmacokinetic models were developed using nonlinear mixed-effect modeling software MONOLIX (version 2023R1), along with the stochastic approximation expectation-maximization algorithm. Simulations were performed using SIMULX (version 2023R1), and all graphical outputs were managed using R software (version 4.0.5).

Some samples with DRV and RTV concentrations below the LLOQ were removed due to suspected non-compliance. Concentrations below the LLOQ were left censored and handled using the MONOLIX algorithm (34). Missing time-point covariates for participants were replaced by the most recent observation or by the median observation in the population when a covariate is completely missing for the patient.

The modeling objective was to develop a single PK model that combines unbound DRV, total DRV, and RTV concentrations. To do so, the model-building process included several steps: first, DRV and RTV pharmacokinetics were characterized with two separate PK models using total DRV and RTV concentrations. Second, a joint model was constructed to define RTV influence on total DRV concentrations. Third, unbound DRV concentrations were added to the previous model to study darunavir protein binding.

#### Darunavir and ritonavir pharmacokinetic model

Two separate population pharmacokinetic models were developed to describe total DRV and total RTV concentrations.

A stepwise procedure was used to find models that best suited the data. One- or two-compartment models with first-order absorption and elimination were tested with analytical solutions. Inter-individual variability was defined by an exponential model, and only significant IIV of the PK parameter was retained. Proportional, additive, and combined models were considered for the residual variability.

IIV on a parameter was kept in the model when their deletion led to an increase of at least 3.84 units (equal to chi-squared, 1 degree of freedom,  $P \le 0.05$ ) of the OFV.

The covariates included age, sex, weight, body mass index, plasma albumin, alpha-1 glycoprotein, bilirubin, creatinine concentrations (determined with Abbott Jaffe or enzymatic methods), and estimated glomerular filtration rate (eGFR). The eGFR was calculated using Schwarz formula (35).

Continuous covariates were integrated as

$$\theta_i = \theta_{\text{pop}} \times \left(\frac{\text{Cov}_i}{\text{median}(\text{Cov})}\right)^{\beta}$$
(5)

where  $\theta_{pop}$  is the typical value of clearance or volume of distribution for a patient with the median covariate value,  $Cov_i$  is the covariate value for the individual *i*, and  $\beta$  is the influential factor for the continuous covariate estimated by the modeling software.

Categorical covariates were tested as

$$\theta_i = \theta_{\rm pop} \times \beta^{\rm Cov, \, i} \tag{6}$$

where the covariate value is set to 0 or 1.

Covariate selection is based on stepwise forward inclusion and backward deletion. Acceptance of a biologically plausible covariate requires a minimal OFV decrease of 3.84 units (chi-squared, 1 degree of freedom,  $P \le 0.05$ ) in the inclusion phase associated with an IIV decrease of the considered parameter, and a minimal OFV increase of 6.63 units (chi-squared, 1 degree of freedom,  $P \le 0.01$ ) in the deletion phase.

#### Ritonavir influence on darunavir

The interaction between DRV and RTV was evaluated with a joint model simultaneously estimating PK parameters for both total DRV and RTV. Ritonavir AUC and time-point

concentrations were used to evaluate the influence of ritonavir on total DRV clearance. Several non-competitive and competitive inhibition models were tested.

Non-competitive inhibition models link ritonavir AUC with total darunavir clearance ( $CL_{DRV}$ ), while competitive models link ritonavir time-point concentrations with  $CL_{DRV}$  using power or maximum effect functions described as follows:

$$CL_{\text{DRV},i} = CL_{\text{DRV},\text{pop}} \times \left(\frac{\text{RTV}_i}{\text{median}(\text{RTV})}\right)^{-\beta_{\text{RTV}}}$$
(7)

$$CL_{\text{DRV},i} = CL_{\text{DRV},\text{pop}} \times \left(1 - \frac{I_{\text{max}} \times \text{RTV}_i}{\text{IC}_{50} + \text{RTV}_i}\right)$$
(8)

where  $CL_{DRV, pop}$  is the typical value of DRV clearance,  $RTV_i$  is ritonavir AUC (AUC<sub>RTV</sub>) or time-point concentration ( $C_{RTV}$ ) for the individual *i*,  $\beta_{RTV}$  is the power factor representing the influence of RTV on CL<sub>DRV</sub>,  $I_{max}$  is the maximum inhibitory effect of ritonavir, and  $IC_{50}$  is the RTV value producing half of  $I_{max}$ .

## Darunavir protein binding behavior

The protein-binding behavior of darunavir was determined by adding unbound DRV concentrations ( $C_{DRV,u}$ ) to the previous model where the interaction model of RTV on DRV clearance is already set. Total DRV was linked to the unbound DRV concentrations using linear or non-linear relationships between  $C_{DRV,u}$  and total DRV concentrations ( $C_{DRV}$ ). Linear and non-linear protein binding models were defined by the equations below:

$$C_{\rm DRV} = \frac{1}{f_u} \times C_{\rm DRV, u} \tag{9}$$

$$C_{\rm DRV} = \frac{B_{\rm max} \times C_{\rm DRV, u}}{K_d + C_{\rm DRV, u}} + C_{\rm DRV, u}$$
(10)

where  $f_u$  is the unbound fraction,  $B_{max}$  is the maximum protein-binding capacity, and  $K_d$  is the constant of dissociation of darunavir from plasma protein.

The implication of plasma albumin (HSA) and alpha-1 glycoprotein in DRV protein binding was also evaluated with the inclusion of HSA- or AAG-dependent parameters in the previous equations, expressed as:

$$C_{\text{DRV}} = \theta_{\text{protein}} \times [\text{protein}] \times C_{\text{DRV},u}$$
(11)  
$$B_{\text{max}} = N_{\text{protein}} \times [\text{protein}]$$
(12)

where [*protein*] is the plasma protein (albumin or alpha-1 glycoprotein) concentration,  $N_{protein}$  is the number of binding sites per protein, and  $\theta_{protein}$  is a hybrid constant integrating  $N_{protein}/K_d$  ratio (36). Concentrations were all converted in mmol/L in order to estimate the binding parameters.

### Model selection and evaluation

For each population PK model developed, the main selection criteria were improvement of diagnostic plots, model stability, and relative decrease of OFV and IIV when applicable.

Final model evaluation was performed, and visual examination was made on diagnostic plots and on generated prediction-corrected visual predictive checks.

#### Target attainments

One thousand Monte Carlo simulations from the final total DRV, unbound DRV, and RTV joint model were performed for each patient following steady-state 800/100 mg of DRV/r once daily and compared to different target trough concentrations.

For total darunavir, trough  $C_{DRV}$  targets were set at 0.055 mg/L, the protein bindingadjusted EC<sub>50</sub> for wild-type HIV-1; at 0.55 mg/L (10 times the protein binding-adjusted EC<sub>50</sub> for WT HIV-1), recommended for patients with no documented PI-resistant HIV-1 strains; and at 2 mg/L, the recommended trough  $C_{DRV}$  for patients with proven or suspected PI-resistance HIV-1 strains (15–17, 26).

For unbound darunavir, trough  $C_{DRV,u}$  target was set at 0.0243 mg/L, which is 10 times the *in vitro* EC<sub>90</sub> for the WT virus (11, 37) and coherent with 5% (typical unbound fraction value) (10) of 0.55 mg/L.

Predictions were also compared to PK outcomes in treatment-experienced adults receiving the same doses in the ODIN trial (25).

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#### **ETHICS APPROVAL**

Ethical approval was obtained from local and/or National Ethics Committees and relevant competent authorities (27).

# **ADDITIONAL FILES**

The following material is available online.

#### Supplemental Material

Table S1, Figure S2, Figure S3 (AAC01004-23-s0001.docx).Parameter estimates,diagnostic plots, and pcVPC of the intermediate model.Figure S4 (AAC01004-23-s0002.docx).Correlation between AAG and trough DRVconcentrations.

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