

# Quantitative Susceptibility Mapping identifies hippocampal and other subcortical gray matter tissue composition changes in temporal lobe epilepsy

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**Running title (40 chars):** QSM identifies tissue changes in TLE

# 1 Abstract

2  
3 Temporal lobe epilepsy (TLE) is associated with widespread brain alterations. Using  
4 quantitative susceptibility mapping (QSM) alongside transverse relaxation rate ( $R_2^*$ ), we  
5 investigated regional brain susceptibility changes in 36 patients with left-sided (LTLE) or right-  
6 sided TLE (RTLE) secondary to hippocampal sclerosis, and 27 healthy controls (HC). We  
7 compared three susceptibility calculation methods to ensure image quality. Correlations of  
8 susceptibility and  $R_2^*$  with age of epilepsy onset, frequency of focal-to-bilateral tonic-clonic  
9 seizures (FBTCS), and neuropsychological test scores were examined. Weak-harmonic QSM  
10 (WH-QSM) successfully reduced noise and removed residual background field artefacts.  
11 Significant susceptibility increases were identified in the left putamen in the RTLE group  
12 compared to the LTLE group, the right putamen and right thalamus in the RTLE group  
13 compared to HC, and a significant susceptibility decrease in the left hippocampus in LTLE vs  
14 HC. LTLE patients who underwent epilepsy surgery showed significantly lower left-vs-right  
15 hippocampal susceptibility. Significant  $R_2^*$  changes were found between TLE and HC groups  
16 in the amygdala, putamen, thalamus and in the hippocampus. Specifically, decreased  $R_2^*$  was  
17 found in the left and right hippocampus in LTLE and RTLE, respectively, compared to HC.  
18 Susceptibility and  $R_2^*$  were significantly correlated with cognitive test scores in the  
19 hippocampus, globus pallidus, and thalamus. FBTCS frequency correlated positively with  
20 ipsilateral thalamic and contralateral putamen susceptibility and with  $R_2^*$  in bilateral globi  
21 pallidi. Age of onset was correlated with susceptibility in the hippocampus and putamen, and  
22 with  $R_2^*$  in the caudate. Susceptibility and  $R_2^*$  changes observed in TLE groups suggest selective  
23 loss of low-myelinated neurons alongside iron redistribution in the hippocampi, predominantly  
24 ipsilaterally, indicating QSM's sensitivity to local pathology. Increased susceptibility and  $R_2^*$   
25 in the thalamus and putamen suggest increased iron content and reflect disease severity.

26  
27 **Keywords:** quantitative susceptibility mapping; temporal lobe epilepsy; hippocampal  
28 sclerosis; refractory epilepsy; quantitative MRI

29  
30 **Abbreviations:** BFR = background field removal; FAS = focal aware seizures; FBTCS =  
31 focal-to-bilateral tonic-clonic seizures; FIAS = Focal impaired aware seizures; GE = gradient  
32 echo; GP = globus pallidus; HC = healthy controls; HS = hippocampal sclerosis; LTLE = left  
33 temporal lobe epilepsy; QSM = quantitative susceptibility mapping;  $R_2^*$  = transverse

1 relaxation rate; ROI = region of interest; RTLE = right temporal lobe epilepsy; TLE =  
2 temporal lobe epilepsy; TV = total variation; WH-QSM = weak harmonic quantitative  
3 susceptibility mapping;  
4  
5  
6

# 1 Introduction

2 Temporal lobe epilepsy (TLE) is the most common type of focal epilepsy. Hippocampal  
3 sclerosis (HS) is the most common histopathological cause of TLE<sup>1</sup>, and is characterized by  
4 atrophy and loss of internal tissue architecture on neuroimaging and, microscopically, by  
5 neuronal cell loss and gliosis<sup>2</sup>. Magnetic resonance imaging (MRI) is a key tool in the diagnosis  
6 of HS, with hippocampal atrophy and signal hyperintensities on  $T_2$ -weighted images seen in  
7 most patients<sup>2</sup>. Further improvements in diagnostic performance have been obtained from  
8 quantification of MRI abnormalities<sup>3</sup>.

9 Although seizures in TLE arise focally from the temporal lobe, MRI has revealed  
10 changes at cortical and subcortical levels. A recent meta-analysis of cortical volumetry shows  
11 strong evidence for temporal and extratemporal cortical volume loss in TLE related to epilepsy  
12 disease duration<sup>4</sup>, supported by a longitudinal study showing widespread cortical atrophy in  
13 TLE compared to age-matched controls<sup>5</sup>. Subcortically, there are bilateral thalamic volumetric  
14 changes in TLE that relate to disease duration<sup>6</sup>, alterations in diffusivity properties throughout  
15 the white matter<sup>7</sup>, and functional connectivity changes in the thalamus and basal ganglia<sup>8,9</sup>.  
16 Transverse relaxation rate ( $R_2^*$ ) maps have been used to investigate the hippocampus in TLE  
17 with HS significantly associated with  $R_2^*$  reductions in the hippocampus of TLE patients  
18 compared to healthy controls but no significant  $R_2^*$  differences found between TLE patients  
19 with and without HS<sup>10</sup>. Quantitative MRI methods such as myelin mapping and neurite density  
20 imaging have only recently seen applications in TLE, revealing widespread cortical and  
21 subcortical changes<sup>11</sup>. Here, we explore the contributions of a different quantitative MRI  
22 technique, quantitative susceptibility mapping (QSM).

23 QSM<sup>12-14</sup> is a quantitative MRI technique that relies on images acquired from gradient-  
24 echo based sequences (commonly  $T_2^*$ -weighted images) and calculates the tissue magnetic  
25 susceptibility distribution,  $\chi$ , from the phase component,  $\phi$ , of the complex MRI signal. There  
26 are three key steps in the QSM pipeline: i) phase unwrapping, which removes the artificial  
27 phase wraps present in phase images due to  $\phi$  being constrained to the  $[-\pi, \pi)$  interval; ii)  
28 background field removal (BFR), which separates and removes the magnetic field perturbations  
29 due to external  $\chi$  sources (such as the skull and air), leaving the local fields from the  $\chi$  sources  
30 of interest inside the brain; iii) susceptibility calculation from the local fields through field-to-  
31 source or dipole inversion. This is an ill-posed problem solved using various mathematical  
32 regularisation strategies<sup>15,16</sup>, each with different benefits for particular applications<sup>17-19</sup>. QSM  
33 has successfully identified subtle tissue composition changes, for example, in paediatric

1 epilepsy to reveal susceptibility changes in focal cortical dysplasia lesions, consistent with  
2 reduced iron and myelin and increased calcium and zinc content<sup>20</sup>. QSM has also been used to  
3 successfully derive oxygen extraction fraction maps in epilepsy patients<sup>21</sup>, and has been  
4 suggested as a possible biomarker for diagnosis and treatment monitoring in cerebral cavernous  
5 malformations<sup>22</sup>, a common cause of epilepsy. Furthermore, QSM has been used to investigate  
6 changes in susceptibility in the presumed seizure-onset zone between postictal and interictal  
7 states in three subjects with TLE, where increased susceptibility was found postictally  
8 compared to interictally<sup>23</sup>.

9 Here, we extend the application of QSM in epilepsy by investigating susceptibility  
10 changes in the hippocampus, amygdala, thalamus, and basal ganglia in people with TLE and  
11 unilateral HS. Further, we compared three susceptibility calculation methods with respect to  
12 the quality of their corresponding susceptibility maps, to ensure adequate noise and residual  
13 background field removal. We also included comparisons of  $R_2^*$ , because  $R_2^*$  and susceptibility  
14 provide complementary information regarding the underlying tissue composition changes.  
15 Finally, we correlated  $\chi$  and  $R_2^*$  with clinical characteristics – including neuropsychology data,  
16 age of disease onset, and seizure type and frequency – to assess the potential sensitivity of these  
17 quantitative MRI measures to disease severity.

## 19 **Materials and methods**

### 20 **Participants**

21 We included a total of 41 participants with TLE and unilateral HS, who attended the Chalfont  
22 Centre for Epilepsy at Chalfont St Peter, Buckinghamshire, United Kingdom for routine  
23 examination. We also included 29 healthy controls. Visual inspection showed poor image  
24 quality due to artefacts (Supplementary Figure 1) in five TLE participants and two controls.  
25 Therefore, the final cohort consisted of 36 TLE participants and 27 healthy controls (see Table  
26 1 for demographics). Nine patients underwent anterior temporal lobectomy. This project was  
27 approved by the London–Bloomsbury Research Ethics Committee (REC reference:  
28 20/LO/0149) and comprised retrospective research conducted on clinically acquired data that  
29 did not pose risk to any patients. Written informed consent was obtained from each healthy  
30 control through studies approved by the National Hospital for Neurology and Neurosurgery and  
31 the UCL Institute of Neurology Joint Research Ethics Committee. For TLE participants, the  
32 following clinical characteristics were available: seizure type and frequency, disease duration,  
33 and age of epilepsy onset. For FBTCS<sup>8,9</sup>, this was further specified depending on whether

1 patients had FBTCS in the twelve months preceding the MRI scan (called the ‘recent’ group),  
2 only longer than twelve months ago (the ‘historic’ group), or never, as in Caciagli et al<sup>9</sup>.

3

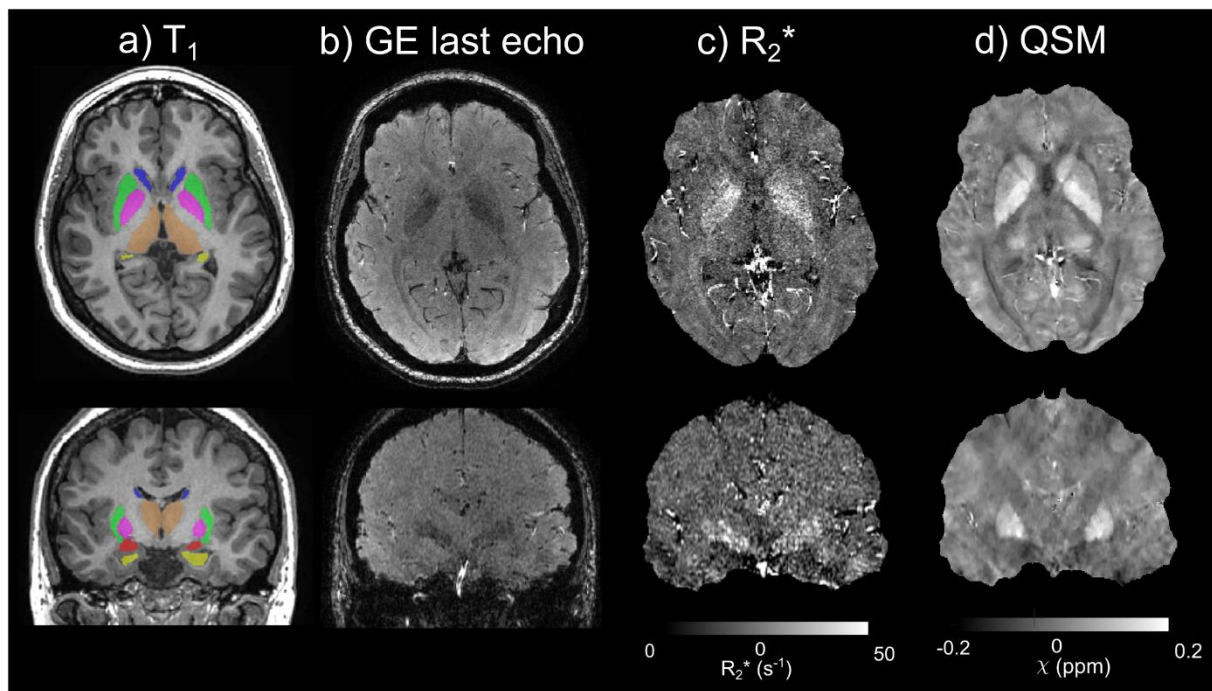
#### 4 **Data Acquisition and Processing**

5 All subjects were imaged on a 3T General Electric Discovery MR750 scanner with a 32-channel  
6 head RF receive coil. Sequences included a  $T_1$ -weighted inversion recovery fast spoiled  
7 gradient-recalled echo (TE/TR/TI = 3.1/7.4/400 ms, field of view (FOV) 224 × 256 × 256  
8 mm, matrix size 224 × 256 × 256, 1-mm isotropic voxel size, parallel imaging factor = 2;  
9 acquisition time 4 min 19 s). Subjects also underwent a multi-echo 3D gradient-echo (SWAN)  
10 sequence, acquired with oblique axial acquisition along the AC-PC line, with monopolar  
11 readout gradients, in which the complex (magnitude and phase) images were saved  
12 (TE1/ΔTE/TE5 = 12.9/5.0/32.8 ms, TR = 37.1 ms, flip angle = 15°, FOV 200 × 200 × 137  
13 mm, matrix size 384 × 384 × 114, reconstructed to a voxel size of 0.52 × 0.52 × 0.60 mm  
14 through zero-padding by a factor of 2 in the last dimension; acquisition time 6 min 30 s).

15 Regions of interest (ROIs) in the amygdala, caudate nucleus, globus pallidus (GP),  
16 putamen, and thalamus were segmented on the 3D  $T_1$ -weighted images using GIF<sup>24–26</sup>. To  
17 ensure accurate hippocampal segmentation in the presence of hippocampal pathology,  
18 HippoSeg<sup>27</sup> was used to segment the hippocampus. The  $T_1$ -weighted images were rigidly  
19 registered to the first-echo magnitude image of the QSM SWAN data using NiftyReg<sup>28</sup>. The  
20 resulting transformation was then used to align the ROIs with the SWAN data (Figure 1).

21  $R_2^*$  maps were calculated via a least-squares linear fit of the logarithm of the magnitude  
22 images over echo times using the FANSI toolbox<sup>29</sup>.

23



1  
 2 **Figure 1: Images from a representative subject: T<sub>1</sub>-weighted image, gradient echo**  
 3 **magnitude image, R<sub>2</sub><sup>\*</sup> map and Susceptibility map.** a) T<sub>1</sub>-weighted image with ROIs  
 4 superimposed (putamen – green, globus pallidus – pink, caudate nucleus – blue, thalamus –  
 5 brown, amygdala – red, hippocampus - yellow) b) last echo gradient echo magnitude image c)  
 6 R<sub>2</sub><sup>\*</sup> map d) susceptibility ( $\chi$ ) map calculated with the optimised weak harmonic QSM method.

7  
 8 **Neuropsychological Testing**

9 People with TLE underwent neuropsychological tests providing measures of: verbal  
 10 comprehension (vocabulary and similarity subtests of the Wechsler Adult Intelligence Scale;  
 11 WAIS), working memory (digit span and arithmetic subtests of the WAIS), information  
 12 processing (coding and matrix reasoning subtests of the WAIS), letter and category fluency,  
 13 visual confrontation naming (McKenna Graded Naming Test), verbal and visual learning and  
 14 recall (list and design A1-A5 and A6 subtasks of the BIRT Memory and Information Processing  
 15 Battery; BMIPB). A comprehensive description of these neuropsychological tests has been  
 16 provided elsewhere<sup>30</sup>.

17  
 18 **Comparison of QSM Methods**

19 For all subjects, a total field map and a noise map were obtained from a non-linear fit of the  
 20 complex SWAN data over all echo times<sup>31,32</sup>. Residual phase wraps were removed with  
 21 Laplacian unwrapping<sup>32,33</sup> and a brain mask was obtained via Otsu thresholding<sup>34</sup> on the final

1 echo of the SWAN magnitude images. The final echo was chosen as it provides a conservative  
 2 brain mask estimate, removing regions of signal dropout near areas of high susceptibility  
 3 gradients. To remove other noisy regions, the brain mask was eroded via thresholding at the  
 4 mean of the inverse noise map<sup>32,35,36</sup> except within ROIs. To account for oblique slice  
 5 acquisition, the total field map was rotated into alignment with the scanner axes, using FSL  
 6 FLIRT<sup>37</sup> with trilinear interpolation, after phase unwrapping and prior to BFR<sup>38</sup>. The brain mask  
 7 was then eroded by three voxels to improve the performance of BFR using projection onto  
 8 dipole fields (PDF)<sup>39</sup>.

9         The clinical multi-echo SWAN data were acquired using a sequence optimised for  
 10 susceptibility weighted imaging (SWI) with parameters that were not appropriately optimised  
 11 for QSM, which is a common issue for QSM analyses on retrospectively acquired clinical data.  
 12 Acquired volumes had particularly high non-isotropic, spatial resolution and suffered from low  
 13 signal-to-noise ratio (SNR) per volume, as well as residual background fields<sup>40</sup>. Therefore, to  
 14 reduce the impact of noise and residual background field artefacts, susceptibility maps  
 15 calculated using three separate local field-to-susceptibility inversion methods were compared.  
 16 There are a range of dipole inversion methods to choose from and, after comparison of several  
 17 state-of-the-art direct and iterative methods, iterative Tikhonov regularisation<sup>41</sup>, non-linear total  
 18 variation<sup>42</sup> and weak harmonic QSM (WH-QSM)<sup>43</sup> were selected. Iterative Tikhonov was  
 19 chosen for its applicability to head (and neck) imaging<sup>41</sup> and its use in clinical QSM  
 20 research<sup>44,45</sup>. Total variation-based approaches were shown to be the most accurate in the QSM  
 21 Challenge 2.0<sup>15</sup> and non-linear total variation (FANSI), in particular, was chosen because it  
 22 scored the highest in Stage 2 of the Challenge. WH-QSM was also investigated due to its  
 23 additional ability to remove residual background fields. Further information for each method is  
 24 given below.

25

## 26 **Iterative Tikhonov Regularisation**

27 The first method, iterative fitting with Tikhonov regularisation<sup>41</sup>, was chosen as it has shown  
 28 high repeatability in head and neck images<sup>41</sup>. It aims to minimise the energy of susceptibility  
 29 solutions by solving the minimisation problem

30

$$31 \quad \arg \min_{\chi} \|MW(\Delta B_z(r) - B_0\chi(r) * d_z(r))\|_2^2 + \alpha \|\chi\|_2^2, \quad (2)$$

32



1 where the first term is the data fidelity term reflecting the difference between the forward field  
 2 calculation and the measured MRI signal,  $\Delta B_z(r)$  is the measured local magnetic field,  $B_0$   
 3 the magnetic field strength,  $d_z(r)$  the unit magnetic dipole,  $\chi(r)$  is the tissue  
 4 susceptibility distribution,  $M$  is the brain mask,  $W$  (the reciprocal of the noise map) is a  
 5 weighting term accounting for spatially varying noise, and  $\alpha$  is the Tikhonov regularisation  
 6 parameter. The latter was set to  $\alpha = 0.0652$  by averaging the results of an L-Curve analysis in  
 7 ten randomly selected subjects<sup>46</sup>.

8

## 9 **Non-Linear Total Variation**

10 The second method, non-linear total variation (TV), scored highly in the QSM Challenge 2.0<sup>15</sup>.  
 11 It solves a non-linear version of Equation 2, moving from a Gaussian noise representation to a  
 12 more realistic complex-valued Gaussian noise distribution for MRI measurements<sup>47</sup>, with TV  
 13 regularisation which promotes piece-wise constant solutions:

14

$$15 \quad \arg \min_{\chi} \|W(e^{i(B_0\chi(r)*d_z(r))} - e^{i\Delta B_z(r)})\|_2^2 + \alpha |\nabla\chi|_1. \quad (3)$$

16

17 Equation 3 was solved using the FANSI toolbox<sup>29,42,48</sup> with the default convergence tolerance  
 18 (0.1). The regularisation parameter  $\alpha = 1.956 \times 10^{-5}$  was chosen by averaging the results of  
 19 an L-Curve and frequency spectrum analysis<sup>49</sup> in the same ten subjects as for iterative Tikhonov  
 20 regularisation.

21

## 22 **Weak Harmonic Non-Linear Total Variation**

23 The third method, known as Weak-harmonic (WH) QSM, contains an additional regularisation  
 24 term to remove residual background field artefacts<sup>43</sup>. This solves the minimisation problem

25

$$26 \quad \arg \min_{\chi, \phi_h} \|W(e^{i(B_0\chi(r)*d_z(r)+\phi_h(r))} - e^{i\Delta B_z(r)})\|_2^2 + \frac{\beta}{2} \|M\nabla^2\phi_h\|_2^2 + \alpha |\nabla\chi|_1, \quad (4)$$

27

28 which is the same as equation 3 but with an additional WH term, where  $\phi_h$  contains residual  
 29 background fields after BFR with PDF. These fields are forced to be harmonic through the WH  
 30 penalty term, with  $\beta$  as the WH regularisation parameter, which was set to the default value  
 31 (150). This value was empirically checked to ensure that only residual background fields, and

1 no anatomical information, were contained within the harmonic field maps  $\phi_h$ . As in the non-  
2 linear TV formulation  $\alpha = 1.956 \times 10^{-5}$  was chosen.

3

## 4 **Statistical Analyses**

5 In all analyses,  $P < 0.05$  was used to determine statistical significance unless stated otherwise.  
6 Normality of the variables was tested using the Lilliefors goodness-of-fit test of composite  
7 normality, using  $P < 0.01$  to determine statistical significance. Comparison of demographic data  
8 between study groups was performed using the Kruskal-Wallis test for continuous variables  
9 (age, age at onset, seizure frequency) and the chi-square test for categorical variables (sex,  
10 history of status epilepticus, seizure type).

11 As  $\chi$  and  $R_2^*$  are known to depend on age<sup>50,51</sup> and to account for possible age differences  
12 between groups, mean  $\chi$  and  $R_2^*$  values in the ROIs were corrected for age. A linear age  
13 correction was chosen as there was large variability in ROI mean values and the quality of the  
14 linear fit was far greater than using an exponential model. Age-correction used a least-squares  
15 linear fit across control participants in each ROI<sup>52</sup>, pooled across both hemispheres

16

$$17 \quad \hat{Y}_i = \lambda_i + \theta_i A \quad (5)$$

18

19 where  $\hat{Y}_i$  is the mean value ( $\chi$  or  $R_2^*$ ) in an ROI  $i$ ,  $A$  is the age, and  $\lambda_i$  and  $\theta_i$  are the fitted  
20 parameters. The age-corrected mean value in each ROI  $i$  and TLE subject  $j$ ,  $\chi_{i,j}$ , is given by:

21

$$22 \quad \chi_{i,j} = Y_{i,j} + \theta_i(\mu - A_j) \quad (6)$$

23

24 where  $Y_{i,j}$  is the measured mean value,  $\mu$  is the mean age in the control group, and  $A_j$  is the age  
25 of subject  $j$ .

## 26 **QSM Quality**

27 To quantitatively compare the noise levels within ROIs of susceptibility maps calculated using  
28 the three different inversion methods, the standard deviation of  $\chi$  was calculated in each ROI  
29 of each subject and a three-group two-tailed ANOVA was performed to compare the average  
30 standard deviation between the three susceptibility calculation techniques: iterative Tikhonov  
31 regularisation, non-linear TV and WH-QSM.

## 1 **Comparing ROI mean $\chi$ and $R_2^*$ Between Groups and** 2 **Hemispheres**

3 Three-group two-tailed ANOVA was then performed for each ROI, testing for significant  
4 differences in  $\chi$  and  $R_2^*$  values between the LTLE, RTLE and control groups, using  $\eta^2$  to denote  
5 the effect size. Post-hoc Tukey-Kramer tests were used to assess which groups exhibited  
6 statistically significant differences if ANOVA revealed group differences, which incorporates  
7 multiple comparison correction. Here, Cohen's d is used to denote the effect size. Additionally,  
8 intra-subject left-right differences in ROI mean values were investigated per group using a  
9 paired *t*-test, using Cohen's d to denote the effect size.

10 To ensure any regional differences found were not driven by age, individual linear fits  
11 of  $\chi/R_2^*$  versus age for the three groups were compared using analysis of covariance in all ROIs  
12 (pooled across both hemispheres).

## 13 **Correlation with Clinical Features**

14 In TLE, age of onset is correlated with various MRI-based biomarkers (e.g., cortical thinning<sup>5</sup>)  
15 so we explored correlations between ROI mean susceptibility and  $R_2^*$  and age of onset. Age of  
16 epilepsy onset was distributed highly non-normally, and as log-transformation did not improve  
17 this we used Spearman rank correlations to investigate correlations with susceptibility or  $R_2^*$ .

18 Previous work in TLE indicates that the thalamus and basal ganglia may facilitate  
19 FBTCS<sup>8,9</sup>. Therefore, we compared ROI mean susceptibility and  $R_2^*$  across patient groups  
20 stratified based on FBTCS (none, historic, or recent) using ANOVA. In those patients with  
21 recent FBTCS we also correlated these quantitative measures with frequency of FBTCS in the  
22 year preceding the scan<sup>9</sup> using Pearson correlation. As only 7 LTLE and 8 RTLE patients  
23 reported recent FBTCS, data from the two patient groups were pooled by ipsilateral and  
24 contralateral ROIs, as the impact of FBTCS is considered as most prominent in the ipsilateral  
25 hemisphere<sup>8,9</sup>.

26 Neuropsychological test scores were correlated with the ROI mean susceptibility and  
27  $R_2^*$  using multiple linear regressions to include covariation with patient group (LTLE vs RTLE).  
28 For some cognitive test scores, it is known that LTLE and RTLE are affected differently<sup>53,54</sup>,  
29 therefore, we included an interaction term between patient group and cognitive test. Some  
30 cognitive processes (e.g., naming) rely on lateralized hemispheric processing, so left-sided and  
31 right-sided ROIs were considered in separate regressions. These regressions can reveal if  
32 imaging metrics correlate with cognitive scores (slope of regression), if the two groups (LTLE

1 and RTLE) have a difference in average susceptibility/ $R_2^*$  (group effect), or a different  
 2 sign/magnitude of effect between the groups (group x cognitive score interaction). As not all  
 3 participants performed all tests, the number of participants included in each correlation analysis  
 4 is given with the statistical test outcomes. Based on prior work highlighting the relevance of  
 5 the thalamus and basal ganglia for linguistic and executive processing<sup>53-55</sup>, executive function  
 6 tests (working memory, arithmetic, picture naming, and letter and category fluency) as well as  
 7 information processing and verbal comprehension scores were included in a multiple regression  
 8 model with the ROI mean susceptibilities or  $R_2^*$  values within the caudate nucleus,  
 9 hippocampus, GP, putamen, and thalamus. Finally, verbal and visual memory scores were  
 10 regressed against mean hippocampal susceptibility and  $R_2^*$  values. These regressions were  
 11 deemed significant at  $P < 0.05$  using the false discovery rate to correct for multiple comparisons.

12 In each group, we performed correlations between hippocampal volume – a known  
 13 radiological biomarker of HS – and mean hippocampal  $\chi$  values and between hippocampal  
 14 volume and mean  $R_2^*$  values to investigate if these susceptibility-based metrics provide  
 15 overlapping or new information.

16  
 17

## 18 Data Availability

19 The data that support the findings of this study are available upon reasonable request from the  
 20 corresponding author.

21  
 22

**Table 1: Demographic information for each group**

	Healthy controls (n=27)	Left TLE (n = 19)	Right TLE (n = 17)
<b>Age</b> range; median (IQR), years	16.5-55.1; 30 (9.6)	19.4-66.5; 32.9 (15.9)	21.4-67.1; 34.0 (16.3)
<b>Sex</b> female/male, n	9/18	7/12	8/9
<b>Surgery</b> yes/no, n	N/A	7/12	2/15
<b>Age at onset<sup>a</sup></b> median (IQR), years	N/A	10.0 (16.5)	15.0 (16)
<b>Epilepsy duration<sup>a</sup></b> median (IQR), years	N/A	25.8 (29.9)	18.0 (21.2)

<b>History of SE</b> yes/no/unknown, n	N/A	1/8/10	2/8/7
<b>FAS</b> yes/no/unknown, n	N/A	10/3/6	7/2/8
<b>FIAS</b> yes/no/unknown, n	N/A	14/0/5	15/1/1
<b>FBTCS</b> Recent/historic/none	N/A	7/8/4	8/5/4
<b>FBTCS frequency<sup>b</sup></b> Median (IQR), per month	N/A	0.75 (0.65)	2.50 (4.0)

1 Abbreviations: FAS: focal aware seizures; FBTCS: focal-to-bilateral tonic-clonic seizures, with  
2 'recent' meaning within the last 12 months, 'historic' means ever but not in the last 12 months; FIAS:  
3 focal impaired aware seizures; IQR = inter-quartile range; SE: status epilepticus; TLE: temporal lobe  
4 epilepsy.

5 <sup>a</sup>indicates missing data (4 for left TLE, 2 for right TLE)

6 <sup>b</sup>indicates missing data (12 for left TLE, 9 for right TLE)

7  
8

## 9 Results

### 10 Demographic and Clinical Characteristics

11 There was a significant difference in age between the three groups (Table 1;  $\chi^2 = 7.96$ ;  $df =$   
12  $2$ ;  $P = 0.019$ ,  $\eta^2 = 0.12$ ), and susceptibility values were age-corrected as detailed above. Sex  
13 was not different between the three groups. None of the other patient characteristics were  
14 significantly different between left and right TLE groups. All surgical specimens were HS type  
15 1.

16

### 17 QSM Quality

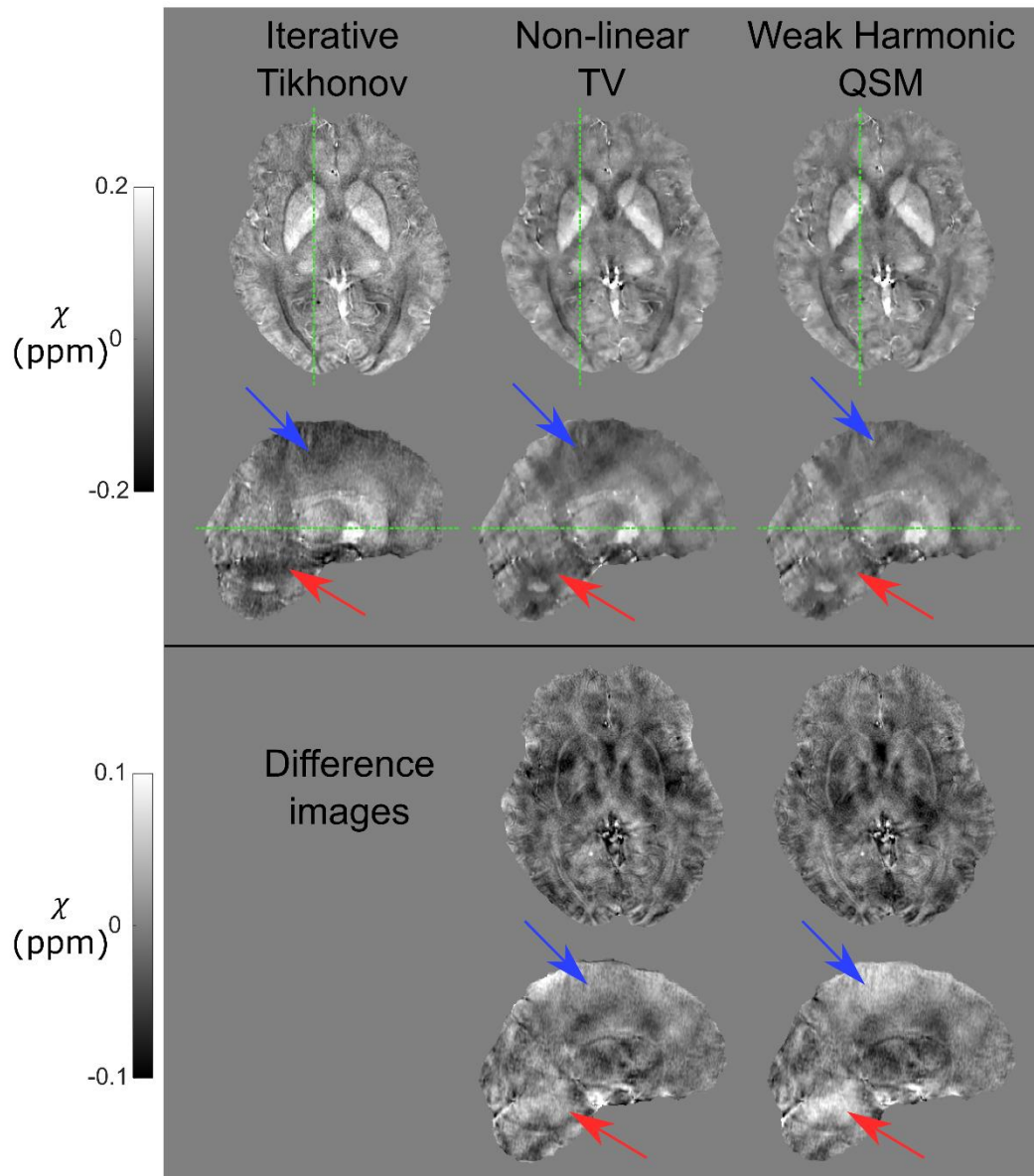
18 Susceptibility maps calculated via iterative Tikhonov regularisation suffered from noise and  
19 residual background fields, particularly in the cerebellum and the top of the brain (Figure 2).  
20 Upon visual comparison, non-linear TV reduced noise and increased the contrast in deep grey  
21 matter ROIs (Figure 2). Residual background fields remained in the non-linear TV  
22 susceptibility maps, and WH-QSM qualitatively reduced the noise, reduced the standard  
23 deviation of susceptibility values within ROIs, and removed residual background fields (Figure  
24 2).

25 Three-group one-way ANOVA indicated significant standard deviation differences  
26 between the three susceptibility calculation methods in the bilateral caudate nucleus ( $P <$

1 0.001 for both), putamen ( $P < 0.001$  for both), thalamus ( $P < 0.001$  for both), hippocampus  
2 ( $P < 0.001$  for both), and left GP ( $P = 0.021$ ). Tukey-Kramer multiple comparison analysis  
3 tests revealed that non-linear TV had significantly greater standard deviation in several ROIs  
4 (Figure 3) compared to both iterative Tikhonov and WH-QSM. It also revealed that WH-QSM  
5 outperformed both non-linear TV and iterative Tikhonov in all of ROIs that displayed  
6 significant differences across methods except for the left GP, where it only outperformed non-  
7 linear TV (Figure 3).

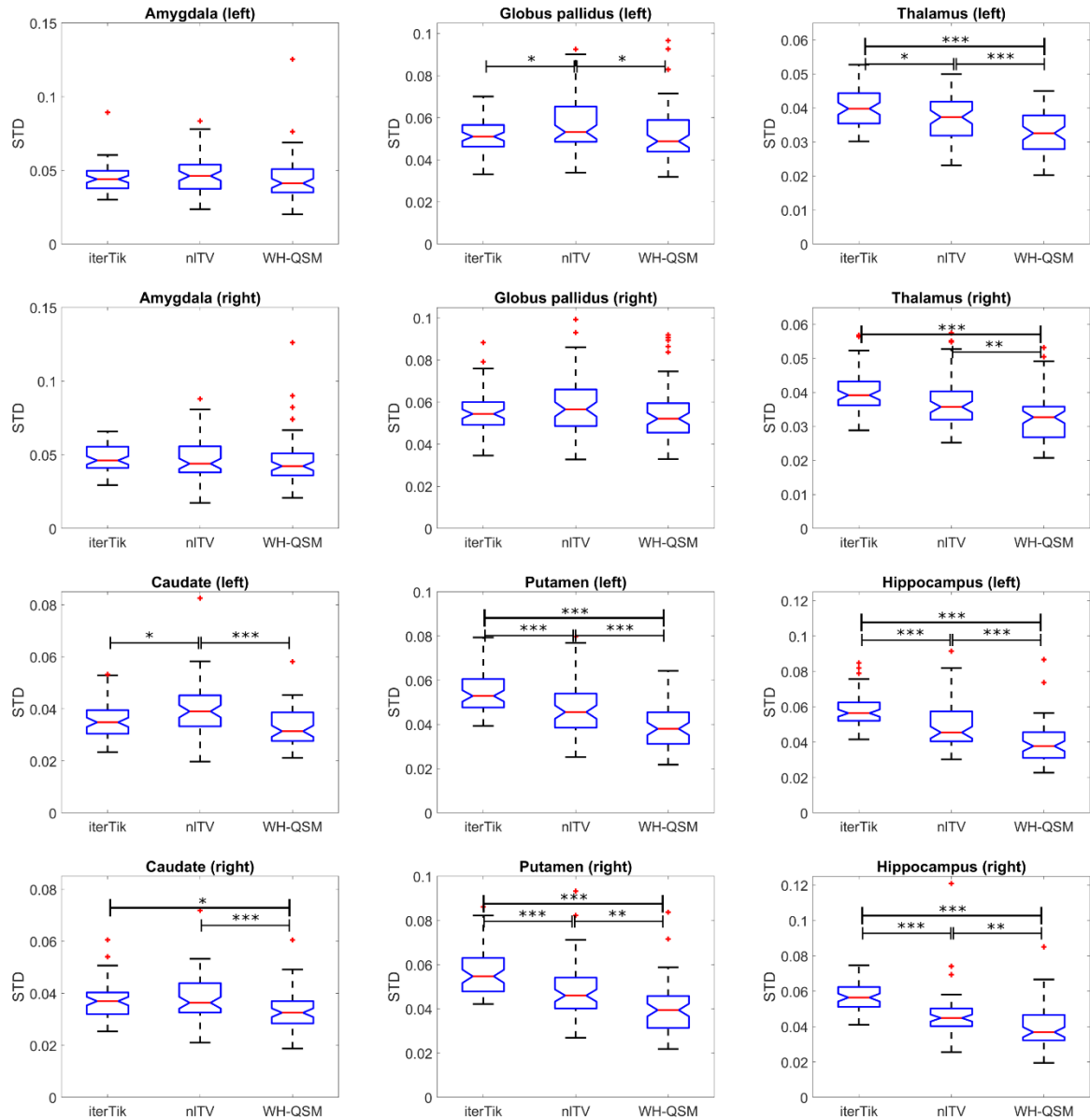
8         This quality comparison identified WH-QSM as the optimal method for these data and  
9 all group results and correlations shown are from the susceptibility maps calculated with WH-  
10 QSM.

11



1  
2 **Figure 2: Comparison of susceptibility calculation techniques.** Comparison of the three  
3 susceptibility ( $\chi$ ) calculation methods in a representative RTLE subject: iterative Tikhonov  
4 regularisation (left), non-linear total variation (middle) and weak harmonic QSM (right).  
5 Difference images are relative to the iterative Tikhonov regularisation susceptibility map.  
6 Iterative Tikhonov suffers from high noise and residual background fields. WH-QSM performs  
7 the best, removing both noise and residual background fields. This is most evident in the  
8 cerebellum (red arrows) and the top of the brain (blue arrows). Axial and sagittal slice positions  
9 are indicated by the green dashed lines.

10



1

2 **Figure 3: Comparison of standard deviation across susceptibility calculation techniques.**

3 The average standard deviation of susceptibility values in each ROI, over all participants

4 regardless of disease state, was compared across the three QSM methods: iterative Tikhonov

5 regularisation (iterTik), non-linear total variation (nITV) and weak harmonic QSM (WH-

6 QSM). WH-QSM consistently had the lowest standard deviation for all ROIs. An outlier (STD

7 > 0.25) in the left and right amygdala in the non-linear TV group has been omitted to facilitate

8 comparison. \* indicates  $P < 0.05$ , \*\* indicates  $P < 0.01$ , \*\*\* indicates  $P < 0.001$ .

9



## 1 **Group Differences in Susceptibility**

2 The susceptibility values in all ROIs in all groups were found to be normally distributed. We  
3 observed significant susceptibility differences between groups in the left hippocampus ( $P =$   
4  $0.020$ ), right thalamus ( $P = 0.049$ ), left putamen ( $P = 0.036$ ) and the right putamen ( $P =$   
5  $0.017$ ) using ANOVA (Figure 4, Supplementary Table 1). Tukey-Kramer multiple comparison  
6 analysis tests revealed that: the LTLE group had a significantly lower susceptibility in the left  
7 hippocampus compared to healthy controls ( $P = 0.015$ ), but the RTLE group did not ( $P =$   
8  $0.513$ ). The RTLE group had a significantly higher susceptibility in the right thalamus than  
9 healthy controls ( $P = 0.040$ ), but the LTLE group did not ( $P = 0.757$ ). The RTLE group had  
10 a significantly higher susceptibility in the left putamen compared to the LTLE group ( $P =$   
11  $0.041$ ), and in the right putamen compared to healthy controls ( $P = 0.014$ ). The LTLE group  
12 was not significantly different in susceptibility of the left putamen ( $P = 0.859$ ) or the right  
13 putamen ( $P = 0.789$ ) compared to healthy controls. Effect sizes and details can be found in  
14 Table 2.

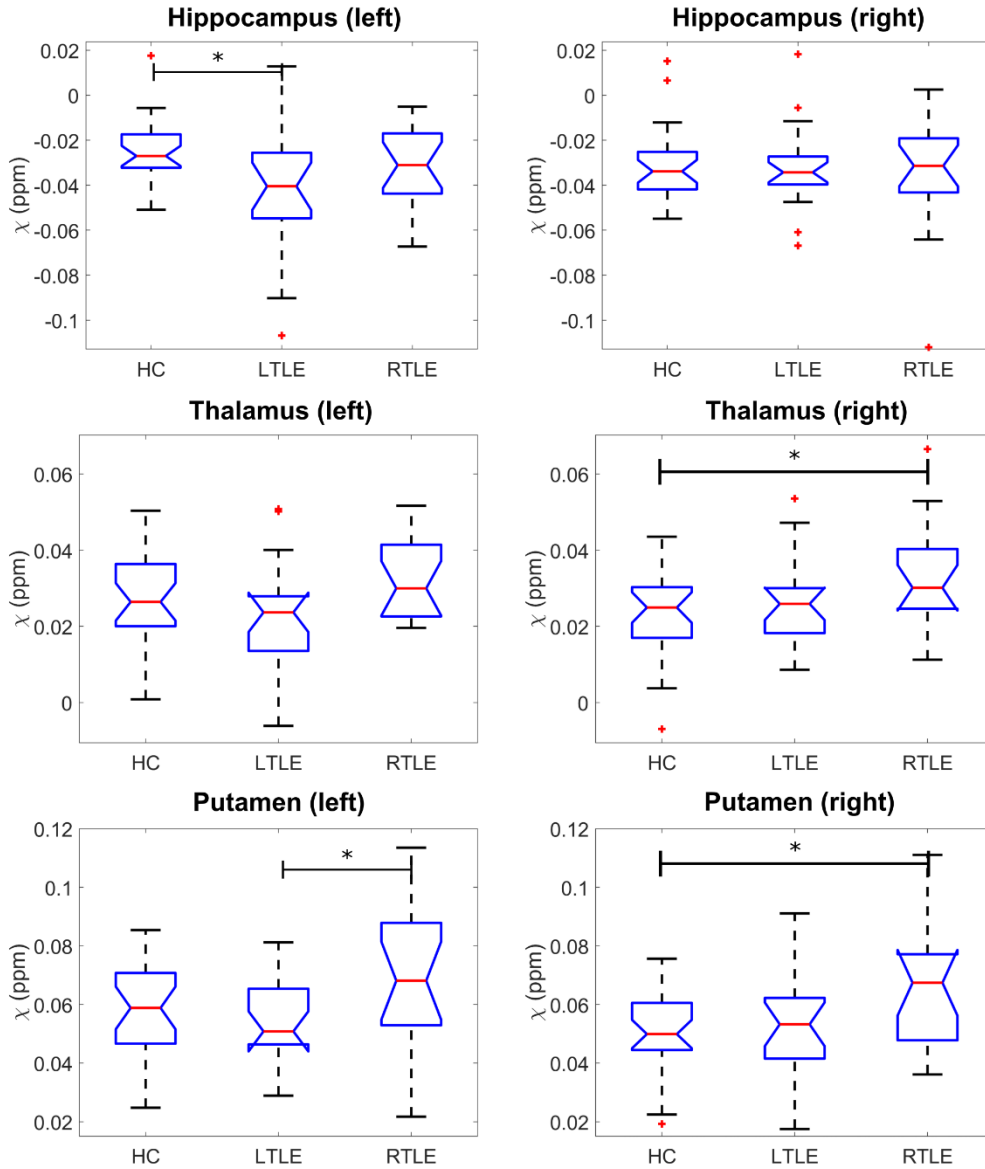
15 We also identified left-right asymmetry in susceptibility in the putamen in the healthy  
16 control group, with the left putamen having a higher susceptibility than the right ( $P = 0.032$ )  
17 using a paired  $t$ -test. No asymmetry in putamen susceptibility was observed in the LTLE or  
18 RTLE groups. Although no left-right asymmetry in susceptibility was found in the hippocampi  
19 in any of the groups, subgroup analysis within the surgical LTLE group did reveal a  
20 significantly lower susceptibility in the left (affected) hippocampus than the right ( $-0.050$  ppm  
21 vs  $-0.035$  ppm, respectively,  $P = 0.031$ ).

22 No statistically significant differences between groups in the analysis of covariance of  
23 susceptibility with age were found in any of the ROIs (Supplementary Figure 3), indicating that  
24 the regional differences found were not driven by age.

25

26

27



1

2 **Figure 4: Significant ROI mean susceptibility differences between TLE and healthy**  
 3 **control groups.** Boxplots showing comparison of average susceptibility ( $\chi$ ) across the three  
 4 groups. \* indicates  $P < 0.05$ . Abbreviations: HC: healthy controls; LTLE: left temporal lobe  
 5 epilepsy; RTLE: right temporal lobe epilepsy

6

## 7 **Group Differences in $R_2^*$**

8 The  $R_2^*$  values in all ROIs were found to be normally distributed. With ANOVA, we observed  
 9 group  $R_2^*$  differences (Figure 5, Supplementary Table 1) in the left and right amygdala ( $P =$   
 10 0.0029 and  $P = 0.0063$  , respectively), hippocampus (  $P = 0.0012$  and  $P < 0.001$  ,  
 11 respectively), the left putamen ( $P = 0.0078$ ) and the left thalamus ( $P = 0.0069$ ).

Tukey-Kramer multiple comparison analysis tests revealed that both the LTLE and RTLE group had significantly lower  $R_2^*$  in the left amygdala compared to healthy controls ( $P = 0.004$ ,  $P = 0.031$ , respectively). The TLE groups had significantly reduced  $R_2^*$  in their ipsilateral hippocampus compared to both healthy controls and the contralateral hippocampus (Figure 5). The left putamen was found to have a significantly higher  $R_2^*$  in the RTLE group compared to the LTLE group ( $P = 0.005$ ) but not the control group. The left thalamus had a significantly higher  $R_2^*$  in the RTLE group than both the control and LTLE groups ( $P = 0.049$ ,  $P = 0.006$ ). Effect sizes and details can be found in Table 2.

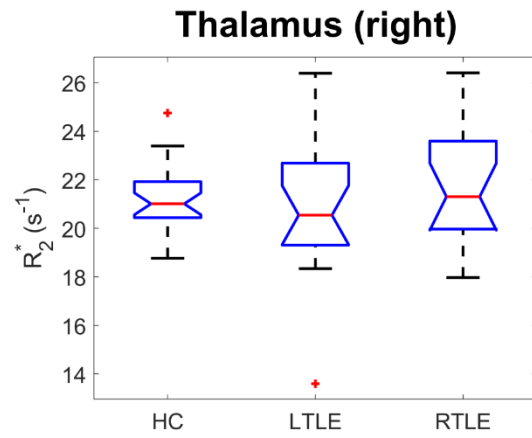
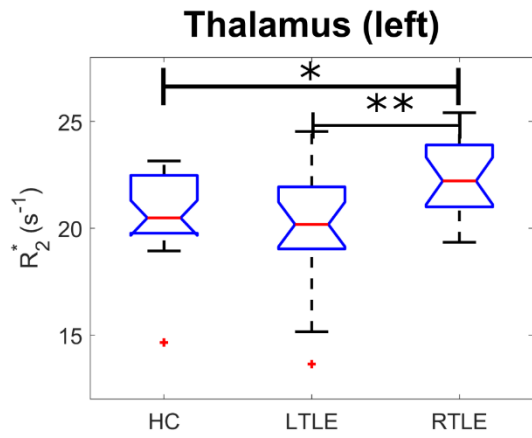
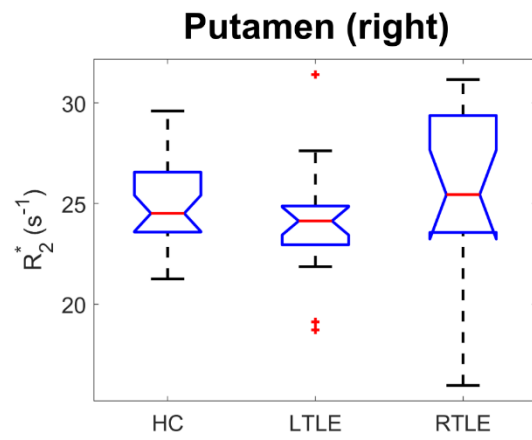
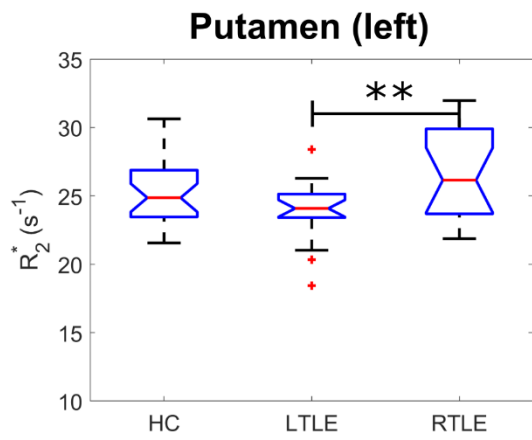
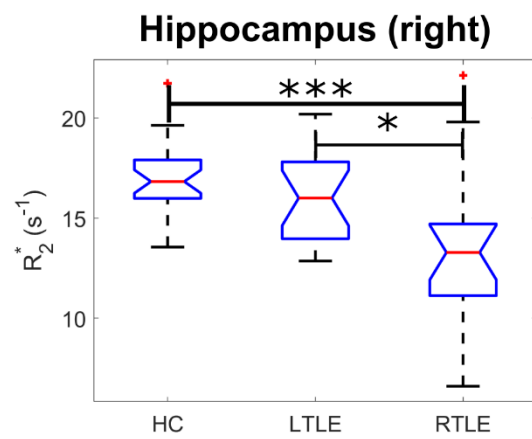
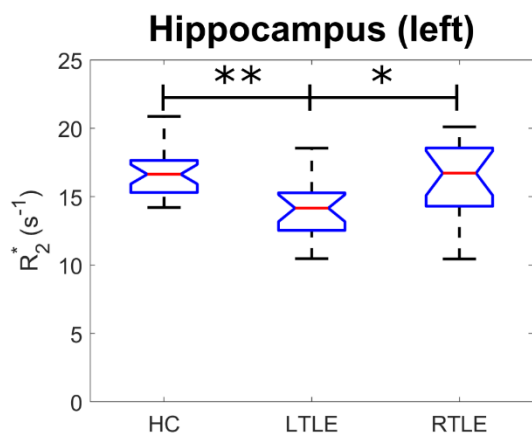
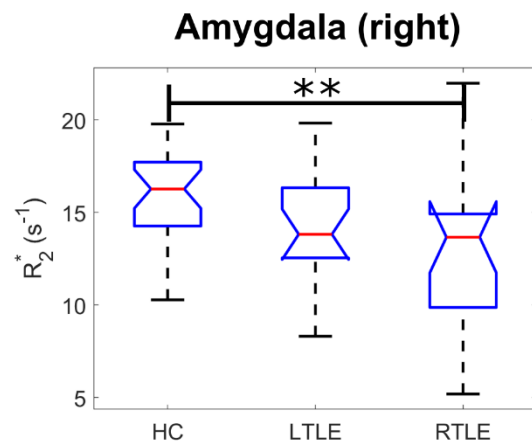
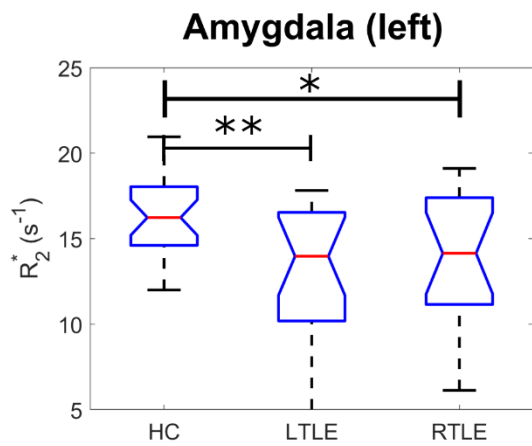
Using paired  $t$ -tests, we also identified left-right asymmetry in the hippocampus of the LTLE and RTLE groups, with the ipsilateral hippocampus having a lower  $R_2^*$  than the contralateral hippocampus in each group ( $P = 0.0215$  and  $P = 0.0265$ , respectively). We also identified asymmetry in the GP of the RTLE group with the left GP having a higher  $R_2^*$  than the right ( $P = 0.0167$ ).

No statistically significant differences between groups in the analysis of covariance of  $R_2^*$  and age were found in any of the ROIs (Supplementary Figure 4), indicating that the regional differences found were not driven by age.

**Table 2: Significant Results of ANOVA for group-wise  $\chi$  and  $R_2^*$  comparisons.** ANOVA p-values, post-hoc Tukey-Kramer (T-K) p-values and their corresponding effect sizes ( $\eta^2$  and Cohen's d, respectively) for group-wise  $\chi$  and  $R_2^*$  comparisons, which showed significant ANOVA differences. Bold table entries signify statistically significant differences (with post-hoc T-K  $p < 0.05$ ).

Susceptibility ( $\chi$ )			HC v LTLE		HC v RTLE		LTLE v RTLE	
ROI	ANOVA	$\eta^2$	T-K p-value	Cohen's d	T-K p-value	Cohen's d	T-K p-value	Cohen's d
Hippocampus (left)	0.020	0.122	<b>0.015</b>	<b>0.837</b>	0.513	0.418	0.269	0.433
Putamen (left)	0.036	0.105	0.859	0.186	0.084	-0.623	<b>0.041</b>	<b>0.726</b>
Putamen (right)	0.017	0.127	0.789	-0.212	<b>0.014</b>	<b>-0.893</b>	0.098	0.614
Thalamus (right)	0.049	0.096	0.757	-0.222	<b>0.040</b>	<b>-0.742</b>	0.221	0.527
$R_2^*$								
Amygdala (left)	0.003	0.177	<b>0.004</b>	<b>1.054</b>	<b>0.031</b>	<b>0.854</b>	0.838	0.158
Amygdala (right)	0.006	0.155	0.262	0.539	<b>0.004</b>	<b>1.011</b>	0.232	-0.465
Hippocampus (left)	0.001	0.202	<b>0.001</b>	<b>1.207</b>	0.904	0.136	<b>0.013</b>	<b>0.831</b>
Hippocampus (right)	0.0001	0.256	0.347	0.573	<b>0.0001</b>	<b>1.289</b>	<b>0.013</b>	<b>-0.797</b>
Putamen (left)	0.008	0.149	0.195	0.584	0.177	-0.514	<b>0.005</b>	<b>1.004</b>
Thalamus (left)	0.007	0.153	0.527	0.308	<b>0.049</b>	<b>-0.839</b>	<b>0.006</b>	<b>0.958</b>

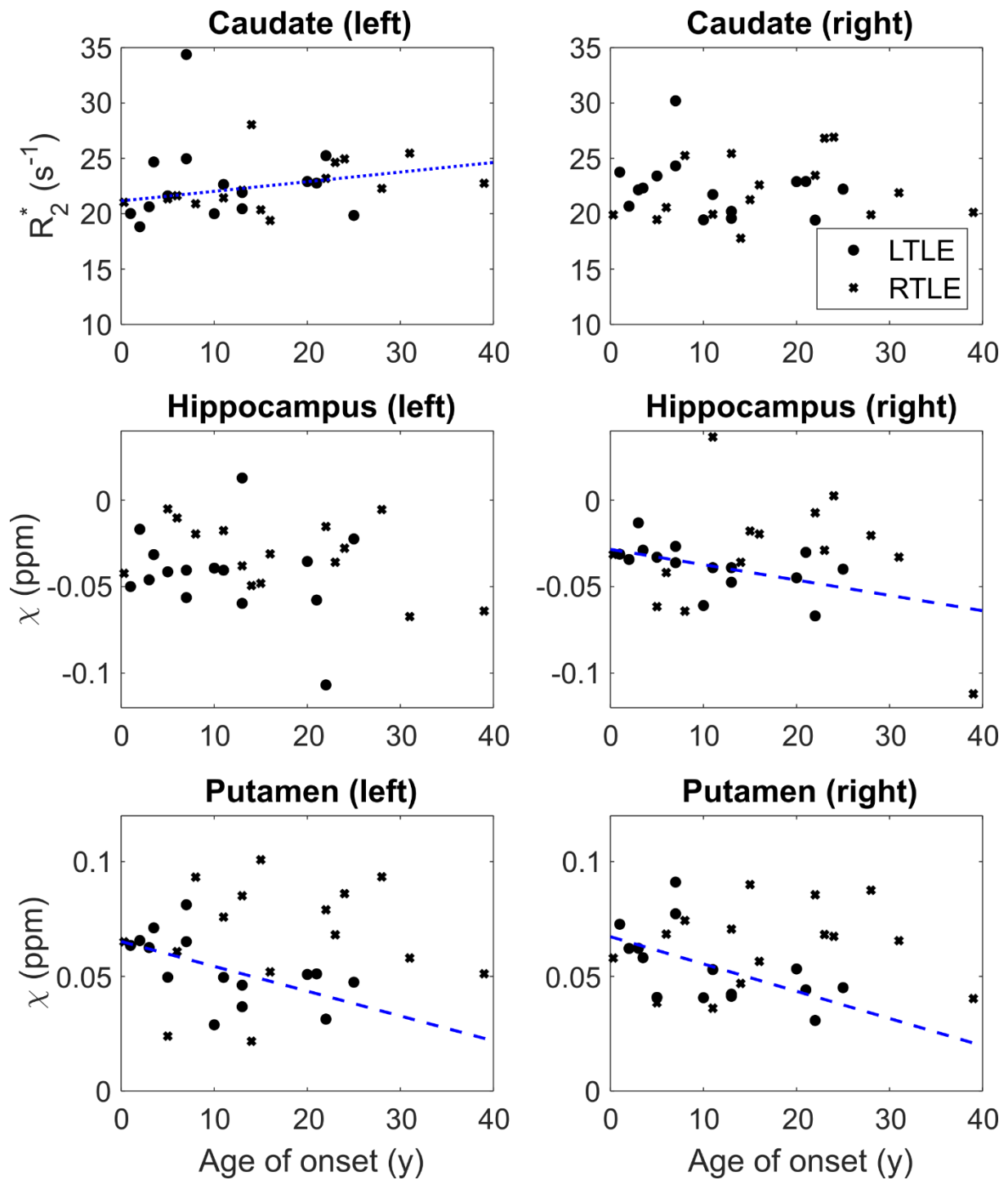
- 1 Abbreviations: ROI: region of interest; HC: healthy controls; LTLE: left temporal lobe epilepsy;
- 2 RTLE: right temporal lobe epilepsy



1 **Figure 5: Significant ROI mean  $R_2^*$  differences between TLE and healthy control groups.**  
2 Significant  $R_2^*$  group changes in six ROIs are shown. Both pathological hippocampi in their  
3 respective TLE group were found to have significantly reduced  $R_2^*$  values. \* indicates  $P <$   
4 0.05, \*\* indicates  $P < 0.01$ , \*\*\* indicates  $P < 0.001$ .

## 5 **Correlations with Clinical Features**

6 We found negative correlations between age of TLE onset and: bilateral putamen susceptibility  
7 ( $P = 0.013$  for left;  $P = 0.028$  for right) and right hippocampal susceptibility ( $P = 0.014$ ) in  
8 the LTLE group. A positive correlation was found between the age of TLE onset and left  
9 caudate  $R_2^*$  ( $P = 0.034$ ) in the RTLE group (Figure 6).  
10

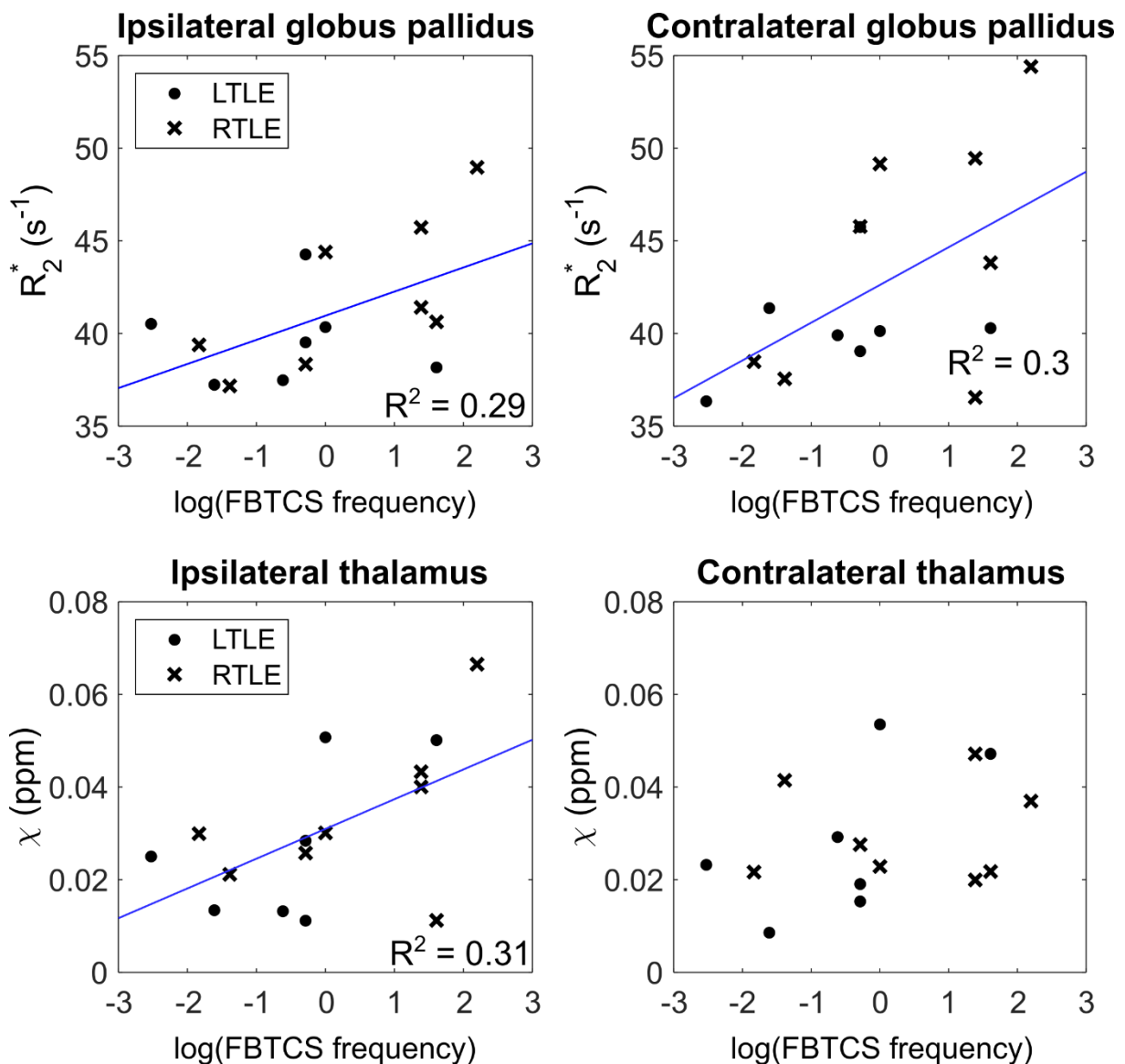


1

2 **Figure 6: Susceptibility and  $R_2^*$  versus age of TLE onset.** Scatterplots showing caudate  $R_2^*$   
 3 and hippocampal and putamen susceptibility ( $\chi$ ) versus age of TLE onset. Dots indicate people  
 4 with left temporal lobe epilepsy (TLE); crosses indicate people with right TLE. Dashed (left  
 5 TLE) and dotted (right TLE) lines indicate plots of linear correlation for regions with significant  
 6 correlations. These lines are shown only as a visual aid as significance testing was performed  
 7 using Spearman rank correlation.

1            There were no significant differences in susceptibility or  $R_2^*$  between FBTCS groups  
 2 (recent, historic, or none). FBTCS frequency was highly non-normal ( $P < 0.001$ ), and data  
 3 were log-transformed to ensure normality ( $P = 0.25$  after log-transformation) and facilitate  
 4 linear correlations with  $\chi$  and  $R_2^*$ . There were significant positive correlations between FBTCS  
 5 frequency and susceptibility in the ipsilateral thalamus ( $P = 0.031$ ) and the contralateral  
 6 putamen ( $P = 0.042$ ), and significant positive correlations between FBTCS frequency and  $R_2^*$   
 7 in the ipsilateral and contralateral globi pallidi ( $P = 0.040$  and  $P = 0.036$ , respectively; Figure  
 8 7).

9



10

11 **Figure 7: Susceptibility and  $R_2^*$  versus log-transformed frequency of FBTCS.** Scatterplots  
 12 showing thalamic and putamen susceptibility ( $\chi$ ) and  $R_2^*$  in the globi pallidi against the  
 13 frequency of focal to bilateral tonic-clonic seizures (FBTCS), log-transformed to ensure



1 normality. Dots indicate people with left temporal lobe epilepsy (TLE); crosses indicate people  
2 with right TLE; the black line indicates the linear fit of significantly correlated factors.

3         None of the neurocognitive test scores were significantly correlated with age for either  
4 patient population. Significant multiple linear regressions between neuropsychological tests  
5 and susceptibility or  $R_2^*$  are summarised in Supplementary Table 2. Neuropsychological scores  
6 were normally distributed for all tests. No significant findings were observed for the right-sided  
7 ROIs. Arithmetic performance (n=18) was associated with higher left caudate susceptibility  
8 ( $P = 0.0032$ ) and higher left putamen susceptibility ( $P < 0.001$ ). In both regions, the RTLE  
9 patients had higher susceptibility values, a difference that diminished with higher test scores  
10 (negative interaction). Letter fluency (n=32) was associated with higher left hippocampal  $R_2^*$   
11 ( $P = 0.0022$ ) and higher left thalamic  $R_2^*$  ( $P = 0.0056$ ). For the hippocampus, RTLE patients  
12 had lower  $R_2^*$  values but a stronger increase in  $R_2^*$  with increasing test scores (positive  
13 interaction). For the thalamus, RTLE patients had a higher  $R_2^*$  that increased further with  
14 increasing test scores (a positive interaction term). Matrix reasoning (n=31) was positively  
15 associated with left thalamic  $R_2^*$  ( $P = 0.029$ ). Here, the RTLE group had higher  $R_2^*$  values, but  
16 with a smaller positive association between test scores and  $R_2^*$  (a negative interaction). No  
17 correlations were observed for other regions or other cognitive test scores.

18

19         Investigations of correlations between hippocampal susceptibility or  $R_2^*$  and volume  
20 found a significant positive ( $P = 0.036$ ) association between hippocampal volume and  $R_2^*$  in  
21 the right hippocampus in the RTLE group (Supplementary Figure 2).

22

## 23 **Discussion**

24 In this study, we investigated the use of QSM in a cohort of people with TLE and healthy  
25 controls. We revealed, for the first time, that there are *in vivo* susceptibility and  $R_2^*$  differences  
26 between people with TLE and healthy controls in the amygdala, hippocampus, thalamus, and  
27 basal ganglia. We also identified correlations between susceptibility and  $R_2^*$  measures and  
28 clinical characteristics (age at epilepsy onset, FBTCs frequency in the last year, and  
29 neuropsychological test scores), indicative of these quantitative MRI metrics' sensitivity to  
30 changes in tissue composition underlying disease characteristics and cognitive performance.

31

1 To provide a biological interpretation of the observed  $\chi$  and  $R_2^*$  changes, it is important  
2 to consider what these measures reflect.  $\chi$  estimates reflect the magnetic susceptibility which,  
3 in biological tissues, is primarily influenced by myelin and iron content<sup>56</sup>; myelin is diamagnetic  
4 ( $\chi < 0$ , meaning that myelin reduces the local magnetic field strength), while iron is paramagnetic  
5 ( $\chi > 0$ , meaning iron enhances the local magnetic field). However, when  $\chi$  increases are observed,  
6 these could be the result of myelin reduction or iron accumulation.  $R_2^*$  complements  $\chi$   
7 measurements, as  $R_2^*$  is a measure of the concentration of microscopic susceptibility sources,  
8 with  $R_2^*$  increases indicating an increase in susceptibility sources (e.g., increased tissue iron).  
9 This means that an observed increase in both  $\chi$  and  $R_2^*$  in a particular brain region is most  
10 parsimoniously explained by an increase in paramagnetic iron content in that region, whereas  
11 an increase in  $\chi$  coupled with a reduction in  $R_2^*$  are more indicative of reduction in diamagnetic  
12 myelin content. Other factors may contribute to  $\chi$  and  $R_2^*$  (e.g., zinc, calcium), and therefore,  
13 without histological confirmations, the above interpretations may still reflect a simplification  
14 of the true biological complexity.

15

## 16 **Regional Differences Between Groups**

17 In people with LTLE, the left hippocampus had a significantly lower susceptibility than  
18 in the controls, and a lower mean  $R_2^*$  than the right hippocampus. In the RTLE group,  $R_2^*$  values  
19 were significantly lower in the right hippocampus than the left in agreement with literature<sup>10</sup>.  
20 Group differences may be explained by the observed within-subject asymmetry, with both  
21 patient groups demonstrating lower ipsilateral than contralateral  $R_2^*$ . Further, there is a  
22 consistently more negative ipsilateral hippocampal susceptibility in the subgroup of LTLE  
23 patients who underwent surgery. Right hippocampal volume was positively correlated with  
24 right hippocampal  $R_2^*$ , indicating that, with more atrophy, there was a reduction in  $R_2^*$  and thus  
25 a loss of susceptibility sources (e.g., myelin or iron). Hippocampal susceptibility differences  
26 were not found in the RTLE group, possibly due to a slightly smaller sample and higher within-  
27 group standard deviation (0.0313 ppm vs 0.0265 ppm).

28 Although a loss of hippocampal iron might be postulated as the simplest cause of these  
29 susceptibility and  $R_2^*$  decreases, this may at first glance be complex to reconcile with the  
30 underlying biology, given that the two main histopathological hallmarks of HS are neuronal  
31 cell loss and gliosis<sup>57</sup>. Neuronal cell loss, especially in HS type 1 as observed in our participants,  
32 predominantly affects CA1 and spares the subiculum<sup>57</sup>; the latter is heavily myelinated,  
33 especially compared to CA1<sup>58,59</sup>. Hence, we hypothesize that a loss of relatively low-myelinated

1 neurons in CA1 may increase the average myelination (i.e. the concentration of diamagnetic  
2 myelin) throughout the hippocampus and thus explain the decreased susceptibility values in the  
3 affected left hippocampi.

4 Significant decreases in  $R_2^*$  in the right hippocampus of the RTLE group and the  
5 correlation between  $R_2^*$  and hippocampal volume in the same RTLE group point towards  
6 demyelination accompanied by neuronal cell loss – because  $R_2^*$  decreases when tissue  
7 susceptibility sources (whether diamagnetic or paramagnetic) are lost. The left hippocampus in  
8 the LTLE group also shows a decrease in  $R_2^*$ , indicating the same mechanism, although the  
9 latter may be confounded by the significant susceptibility decrease in the pathological  
10 hippocampus of the LTLE group. Normally, we would expect demyelination (loss of  
11 diamagnetic myelin) to be observed as an increase in susceptibility, and highly myelinated  
12 regions with negative susceptibility to thus become less negative. However, as we explained  
13 above, the decrease in hippocampal susceptibility in the LTLE group together with a decreased  
14  $R_2^*$  could be explained by a loss of low-myelinated CA1 neurons that leaves behind the  
15 subiculum's highly myelinated neurons.

16 Previous studies in multiple sclerosis<sup>60</sup> have also suggested that  $R_2^*$  and susceptibility  
17 changes can be explained by selective loss of particular cells (e.g. iron-rich versus iron-free  
18 cells or, in this study, low-myelin versus high-myelin neurons). Decreases in hippocampal  
19 susceptibility were also observed in premanifest Huntington Disease patients, and attributed to  
20 a possible redistribution of brain iron in response to the loss of myelin.<sup>61</sup> Harrison et al. further  
21 observed that a combined decrease in iron and myelin content can result in  $R_2^*$  decreases and  
22 unchanged susceptibility in multiple sclerosis.<sup>62</sup> Therefore, it seems that the  $R_2^*$  and  
23 susceptibility decreases we observed in the left hippocampus of the LTLE group could be a  
24 result of a complex interplay between loss of myelinated neurons (demyelination) and brain  
25 iron redistribution/dysregulation in this region. This is supported by a recent study into iron  
26 dysregulation in TLE which found histopathological evidence for iron deposition as well as  
27 dysregulation in the hippocampi of TLE patients<sup>23</sup> resulting in more extra-axonal iron, with iron  
28 binding and oxidative states also known to impact on susceptibility<sup>63</sup>.

29 Importantly, we also identified correlations between markers of hippocampal tissue  
30 composition and cognitive test scores. Left hippocampal  $R_2^*$  was significantly correlated with  
31 letter fluency with lower  $R_2^*$  being associated with lower (worse) cognitive test scores,  
32 suggesting that the degree of pathological change in hippocampal composition may directly  
33 relate to multidomain cognitive impairment. In the LTLE group, who had lower group-wise

1 left-hippocampal  $R_2^*$  (Figure 5), the effect of this cognitive score on  $R_2^*$  was reduced. These  
2 effects are in agreement with prior imaging work that suggests the importance of a hippocampal  
3 contribution to letter fluency<sup>64</sup>.

4  
5 In the amygdala, bilateral and ipsilateral decreases in  $R_2^*$  were observed in RTLE and  
6 LTLE compared to controls, respectively, suggestive of demyelination. The lack of significant  
7 susceptibility differences here may be attributed to the large within-subject and inter-subject  
8 variance in  $\chi$  in this region (Supplementary Table 1). The amygdala is located very anteriorly  
9 in the mesial temporal lobe and is at the border between brain and non-brain tissue antero-  
10 medially. From a methodological perspective, the large variance in susceptibility in this region  
11 could be ascribed to technical factors, as BFR is known to be imperfect in the border region<sup>40</sup>.  
12 In TLE, the amygdala is a known structure of interest<sup>65</sup>, with volumetric<sup>66</sup> and T2 relaxometry<sup>67</sup>  
13 abnormalities that reflect partial sclerosis<sup>68</sup>. Moreover, resection of the amygdala during  
14 temporal lobe surgery may lead to improved surgical outcomes<sup>69</sup>. All this points to similar  
15 pathological changes in the amygdala as the hippocampus, reflected by a similar  $R_2^*$  decrease  
16 in these two regions.

17  
18 The right thalamus had significantly higher susceptibility values in RTLE compared to  
19 controls. The positive correlation of FBTCS frequency, a clinical marker of TLE severity, with  
20 the susceptibility in the ipsilateral thalamus is concordant with these changes.  $R_2^*$  measurements  
21 indicated abnormalities in the left thalamus in this RTLE group, with increased  $R_2^*$  indicating  
22 increased magnetic susceptibility sources. The observed increased thalamic susceptibility and  
23  $R_2^*$  increases found here indicate that iron deposition is the most parsimonious explanation.

24 Left thalamus  $R_2^*$  values were positively correlated with matrix reasoning, consistent  
25 with demyelination affecting cognitive performance. The elevated susceptibility and  $R_2^*$  values  
26 in the ipsilateral thalamus in RTLE are more consistent with iron deposition than demyelination,  
27 indicating either disparate processes between hemispheres or multiple co-occurring  
28 pathological processes.

29 Thalamic changes are widely reported in TLE, including atrophy<sup>4</sup>, diffusion MRI  
30 abnormalities<sup>70</sup>, and reorganization of functional<sup>8,9,71</sup> and structural connectivity patterns<sup>72</sup>. Our  
31 findings advance our understanding of thalamic abnormalities in TLE, by indicating tissue  
32 composition changes. Further investigations would be required to explore relationships with  
33 abnormalities observed in these other imaging features, and to clarify the biological  
34 underpinnings. A complicating factor in thalamic QSM is the great intra-thalamic variability in

1 susceptibility, with both myelinated and unmyelinated axons, and different cellular composition  
2 of the thalamic nuclei<sup>73</sup>. Given the small sample size and relatively low SNR of our data, we  
3 consider our findings best interpreted as exploratory. Future work leveraging larger sample  
4 sizes is advocated to better establish the underlying drivers of thalamic susceptibility changes.  
5

6 In the putamen, the RTLE group had a significantly higher susceptibility compared to  
7 controls in the right putamen, and a higher susceptibility compared to the LTLE group in the  
8 left putamen. There was further evidence of differences between controls and TLE patients, in  
9 that there was a significant left-right asymmetry in healthy controls, concordant with higher  
10 iron content in the left than right putamen<sup>74</sup>. This asymmetry was not identified in left or right  
11 TLE patients. However, an increase in  $R_2^*$  was found in the left putamen in the RTLE group  
12 compared to the LTLE group. These  $\chi$  and  $R_2^*$  findings are consistent with iron deposition in  
13 the putamen in TLE. The putamen has previously been shown to be affected in TLE patients,  
14 with smaller putamen volume bilaterally compared to healthy controls<sup>75</sup>.

15  
16 A within-subject asymmetry in  $R_2^*$  in the GP was observed in the RTLE group, with the  
17 left GP having higher  $R_2^*$  values than the right, and comparison with values from controls  
18 (Supplementary Table 1) indicates that indeed the left GP exhibits abnormally high  $R_2^*$ . This  
19 finding is in line with the increased  $R_2^*$  in the left thalamus and left putamen in the RTLE group.  
20 Higher right GP  $R_2^*$  was correlated with worse category fluency performance, which could be  
21 explained by iron deposition affecting local function. The GP was shown to be atrophic in  
22 TLE<sup>76</sup>, and involved in an abnormal functional subnetwork with the putamen<sup>8</sup> and structural  
23 networks<sup>77</sup>, showing structural and functional abnormalities in line with the  $R_2^*$  differences  
24 found here.  
25

## 26 **Correlations with Clinical Features**

27 We observed significant positive correlations between left caudate  $R_2^*$  and age of  
28 epilepsy onset and significant negative correlations between  $\chi$  in the hippocampus and putamen  
29 and age of onset. Considering  $\chi$  and  $R_2^*$  correlations across these ROIs, this is consistent with  
30 reduced myelin content in those with earlier epilepsy onset.

31 We observed significant positive correlations between  $\chi$  and  $R_2^*$  and FBTCS frequency  
32 in the thalamus and GP. These are the same regions found by He et al.<sup>8</sup> to have altered between-  
33 region functional interactions in those with recent FBTCS. As such, our results provide a

1 possible structural hypothesis of increased iron deposition underpinning those previously  
2 observed functional changes.

3 Cognitive impairment, as captured by neuropsychological tests, is common in TLE and  
4 encompasses multiple domains, including memory, language, information processing, and  
5 executive function<sup>78</sup>. Here, we found that worse neuropsychological performance correlated  
6 with changes in mean  $\chi$  and  $R_2^*$  in four regions of interest on three cognitive domains, with  
7 consistent correlations for information processing (left thalamus for matrix reasoning),  
8 executive function (letter fluency in left thalamus and left hippocampus), and working memory  
9 (arithmetic in left caudate and left putamen) all concordant with demyelination.

## 11 **Impact**

12 To the best of our knowledge, this is the first study to use QSM in TLE patients *in vivo*  
13 to investigate and quantify alterations in deep grey matter structures. Therefore, comparisons  
14 will be made with literature from other neurological conditions. Several other neurological  
15 disorders, including Alzheimer's, Parkinson's, and Huntington's diseases, are associated with  
16 widespread increases in susceptibility and  $R_2^*$  compared to controls that affect regions analysed  
17 in our work, including the amygdala, hippocampus, GP, thalamus, and putamen<sup>61,79–81</sup>. Given  
18 the well-characterised hippocampal abnormalities in this population of TLE with hippocampal  
19 sclerosis, we reason that the observed decreased hippocampal susceptibility is most likely a  
20 result of focal pathology. This is supported by the intra-subject asymmetry in susceptibility  
21 observed in the LTLE surgical subgroup alongside decreased  $R_2^*$  in pathological hippocampi  
22 compared to healthy contralateral hippocampi. Similar considerations apply to the reduced  $R_2^*$   
23 in the amygdala<sup>68</sup>. Increased susceptibility and  $R_2^*$  observed in the putamen and thalamus in  
24 TLE suggest increased iron content in these regions. This is consistent with neurodegeneration  
25 studies where increased susceptibility in these regions was attributed to iron accumulation as  
26 part of the neurodegenerative process<sup>79–81</sup>. There is ongoing debate as to whether epilepsy is a  
27 neurodegenerative disease<sup>82–84</sup>. A recent meta-analysis<sup>4</sup> of MRI studies over the last two  
28 decades identified progressive cortico-subcortical grey matter loss in TLE, and recent  
29 longitudinal MRI work found progressive cortical thinning in people with focal epilepsy,  
30 including TLE, beyond that observed in healthy aging<sup>5</sup>. Hence, the results from our study could  
31 be interpreted as being consistent with this narrative. Further investigations are required to  
32 confirm or disprove such interpretation.

1 From a methodological perspective, we show that the difference in image quality  
2 between three susceptibility calculation methods – with WH-QSM performing best here –  
3 exemplifies the impact that non-optimized data processing can have on study results. Recent  
4 QSM challenges<sup>15,16</sup> have set out to ascertain which susceptibility calculation methods are most  
5 accurate and informed our choice of analysis methods. The top-scoring FANSI method<sup>42</sup>, used  
6 with the reportedly most accurate TV-based regularisation that promotes piece-wise constant  
7 solutions, yielded higher variability in our data compared to an adapted version of FANSI with  
8 an additional weak-harmonic penalty term, WH-QSM<sup>43</sup>. This weak-harmonic penalisation was  
9 designed to remove residual harmonic background fields<sup>43</sup> and successfully did so for our data.  
10 Although there are ongoing efforts within the QSM research community to achieve consensus  
11 on the best QSM processing and susceptibility calculation methods<sup>85</sup>, this study suggests that  
12 optimisation and choice of QSM reconstruction methods for particular datasets are necessary  
13 and beneficial, particularly when performing retrospective QSM reconstruction on data  
14 acquired using parameters that were not optimised for QSM – as in this study.

15

## 16 **Limitations**

17 A main limitation of this work is the low SNR of the data, which was a consequence of using  
18 routinely acquired susceptibility-weighted imaging data without QSM-optimised acquisition  
19 parameters. We addressed this by conducting an evaluation of three QSM methods to minimise  
20 artefacts and ensure robustness in our susceptibility estimates. Furthermore, our patient sample  
21 size was relatively small, and although it was exclusively a TLE-HS population, there was still  
22 within-group heterogeneity in terms of age of onset and seizure characteristics, such as FBTCS  
23 frequency, which we identified as associated with these susceptibility-based imaging measures.  
24 Given the limited sample size and novel use of QSM in TLE, we considered our work as an  
25 exploratory study and did not correct for multiple comparisons, but instead used a more  
26 stringent uncorrected p-value for the neuropsychological correlations. The consistency of our  
27 results – with matching  $\chi$  and  $R_2^*$  changes across participant groups, consistent correlations  
28 across different tests per cognitive domain, and findings correlating with clinical features such  
29 as FBTCS characteristics and age of onset – indicate that these results reflect genuine changes  
30 in tissue composition in TLE. The lifespan trajectories of susceptibility and  $R_2^*$  with age are  
31 nonlinear<sup>86</sup>, but a linear correction for age was selected because it provided the best fit to our  
32 data.

1           Although QSM and  $R_2^*$  changes may reflect and suggest changes in tissue composition,  
2 the findings of this study were all obtained from non-invasive in-vivo imaging; therefore, we  
3 can only speculate about the neuropathological substrates underpinning these imaging findings.  
4 Neuropathological studies using either resected tissue or post-mortem tissues are essential to  
5 reveal the underlying histopathological tissue changes in temporal lobe epilepsy. Note that  
6 typical anterior temporal lobe resections may be limited to the hippocampus and amygdala and  
7 thus may not help clarify histopathological changes throughout the subcortical gray matter.  
8

## 9 **Conclusion**

10 In this study, we found susceptibility and  $R_2^*$  abnormalities in TLE patients compared to healthy  
11 controls that affected the hippocampus, amygdala, thalamus, and basal ganglia. Changes  
12 observed in our TLE populations provide evidence in support of demyelination in the  
13 amygdalae and selective loss of low-myelinated neurons combined with iron redistribution in  
14 the hippocampus, predominantly ipsilaterally, indicative of sensitivity to local HS pathology.  
15 The increased susceptibility and  $R_2^*$  in the thalamus and putamen are concordant with QSM  
16 changes related to increased iron content observed in other neurological diseases and seem to  
17 reflect disease severity. Further work is required to characterise pathological hippocampal  
18 changes that precede hippocampal sclerosis in TLE and that may, in turn, lead to a decrease in  
19 hippocampal susceptibility.  
20

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10

11

## 12 **Competing interests**

13 The authors report no competing interests.

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# 1 Figure Captions

2 **Figure 1: Images from a representative subject: T1-weighted image, gradient echo**  
3 **magnitude image,  $R_2^*$  map and Susceptibility map.** a) T1-weighted image with ROIs  
4 superimposed (putamen – green, globus pallidus – pink, caudate nucleus – blue, thalamus –  
5 brown, amygdala – red, hippocampus - yellow) b) last echo gradient echo magnitude image c)  
6  $R_2^*$  map d) susceptibility ( $\chi$ ) map calculated with the optimised weak harmonic QSM  
7 method.

8  
9 **Figure 2: Comparison of susceptibility calculation techniques.** Comparison of the three  
10 susceptibility ( $\chi$ ) calculation methods in a representative RTLE subject: iterative Tikhonov  
11 regularisation (left), non-linear total variation (middle) and weak harmonic QSM (right).  
12 Difference images are relative to the iterative Tikhonov regularisation susceptibility map.  
13 Iterative Tikhonov suffers from high noise and residual background fields. WH-QSM  
14 performs the best, removing both noise and residual background fields. This is most evident  
15 in the cerebellum (red arrows) and the top of the brain (blue arrows). Axial and sagittal slice  
16 positions are indicated by the green dashed lines.

17  
18 **Figure 3: Comparison of standard deviation across susceptibility calculation techniques.**  
19 The average standard deviation of susceptibility values in each ROI, over all participants  
20 regardless of disease state, was compared across the three QSM methods: iterative Tikhonov  
21 regularisation (iterTik), non-linear total variation (nlTV) and weak harmonic QSM (WH-  
22 QSM). WH-QSM consistently had the lowest standard deviation for all ROIs. An outlier  
23 ( $STD > 0.25$ ) in the left and right amygdala in the non-linear TV group has been omitted to  
24 facilitate comparison. \* indicates  $P < 0.05$ , \*\* indicates  $P < 0.01$ , \*\*\* indicates  $P < 0.001$ .

25  
26 **Figure 4: Significant ROI mean susceptibility differences between TLE and healthy**  
27 **control groups.** Boxplots showing comparison of average susceptibility ( $\chi$ ) across the three  
28 groups. \* indicates  $P < 0.05$ , \*\*\* indicates  $P < 0.001$ . Abbreviations: HC: healthy controls;  
29 LTLE: left temporal lobe epilepsy; RTLE: right temporal lobe epilepsy

30  
31 **Figure 5: Significant ROI mean  $R_2^*$  differences between TLE and healthy control**  
32 **groups.** Significant  $R_2^*$  group changes in six ROIs are shown. Both pathological hippocampi  
33 in their respective TLE group were found to have significantly reduced  $R_2^*$  values. \* indicates  
34  $P < 0.05$ , \*\* indicates  $P < 0.01$ , \*\*\* indicates  $P < 0.001$ .

35  
36 **Figure 6: Susceptibility and  $R_2^*$  versus age of TLE onset.** Scatterplots showing caudate  $R_2^*$   
37 and hippocampal and putamen susceptibility ( $\chi$ ) versus age of TLE onset. Dots indicate  
38 people with left temporal lobe epilepsy (TLE); crosses indicate people with right TLE.  
39 Dashed (left TLE) and dotted (right TLE) lines indicate plots of linear correlation for regions  
40 with significant correlations. These lines are shown only as a visual aid as significance testing  
41 was performed using Spearman rank correlation.

42  
43 **Figure 7: Susceptibility and  $R_2^*$  versus log-transformed frequency of FBTCS.** Scatterplots  
44 showing thalamic and putamen susceptibility ( $\chi$ ) and  $R_2^*$  in the globi pallidi against the  
45 frequency of focal to bilateral tonic-clonic seizures (FBTCS), log-transformed to ensure  
46 normality. Dots indicate people with left temporal lobe epilepsy (TLE); crosses indicate  
47 people with right TLE; the black line indicates the linear fit of significantly correlated factors.