| 1 | Future impacts of O ₃ on <u>respiratory hospital admission in the </u> UK health from current | | | | | | | | |
|----|--|--|--|--|--|--|--|--|--|
| 2 | emissions policies | | | | | | | | |
| 3 | Helen L. Macintyre ^{a,b} , Christina Mitsakou ^a , Massimo Vieno ^c , Mathew R. Heal ^d , Clare | | | | | | | | |
| 4 | Heaviside ^e , Karen S. Exley ^{a,f} | | | | | | | | |
| 5 | a. UK Health Security Agency, Chilton, Oxon, OX11 0RQ, UK. | | | | | | | | |
| 6 | b. School of Geography, Earth and Environmental Sciences, University of Birmingham, Edgbaston, B15 2TT, UK. | | | | | | | | |
| 7 | c. UK Centre for Ecology & Hydrology, Bush Estate, Penicuik, Midlothian, EH26 0QB, UK. | | | | | | | | |
| 8 | d. School of Chemistry, University of Edinburgh, Joseph Black Building, David Brewster Road, Edinburgh, EH9 | | | | | | | | |
| 9 | 3FJ, UK. | | | | | | | | |
| 10 | e. Institute for Environmental Design and Engineering, University College London, Central House, 14 Upper | | | | | | | | |
| 11 | Woburn Place, London, WC1H 0NN, UK. | | | | | | | | |
| 12 | f. Department of Health Sciences, University of Leicester, Leicester, UK | | | | | | | | |
| 13 | | | | | | | | | |
| 14 | Corresponding author: Dr Helen L Macintyre helen.macintyre@ukhsa.gov.uk | | | | | | | | |
| 15 | Co-author contacts: Christina Mitsakou christina.mitsakou@ukhsa.gov.uk; Massimo Vieno mvi@ceh.ac.uk; | | | | | | | | |
| 16 | Mathew Heal m.heal@ed.ac.uk; Clare Heaviside c.heaviside@ucl.ac.uk; Karen Exley | | | | | | | | |
| 17 | karen.exley@ukhsa.gov.uk. | | | | | | | | |
| 18 | | | | | | | | | |
| 19 | | | | | | | | | |
| 20 | Highlights | | | | | | | | |
| 21 | Policies on anthropogenic emissions dominate health impacts of air pollution | | | | | | | | |
| 22 | • O_3 simulated at 3 km resolution for 2030, 2040 and 2050 emissions pathways | | | | | | | | |
| 23 | Hospitalisations calculated with latest UK health impact assessment | | | | | | | | |
| 24 | recommendations | | | | | | | | |
| 25 | 7078Small increase in respiratory hospitalisations by 2050 for current policy c.f. 2018 | | | | | | | | |
| 26 | Estimated increases are 2-3 times lower if population growth is not included | | | | | | | | |
| 27 | | | | | | | | | |
| 28 | Graphical abstract | | | | | | | | |



- 29
- 31

32 **Keywords**

33 Air quality; health impact assessment; emissions; respiratory hospital admissions; ozone

34

35 Abstract

36 Exposure to ambient ozone (O_3) is associated with impacts on human health. O_3 is a 37 secondary pollutant whose concentrations are determined inter alia by emissions of 38 precursors such as oxides of nitrogen (NO_x) and volatile organic compounds (VOCs), and 39 thus future health burdens depend on policies relating to climate and air quality. While 40 emission controls are expected to reduce levels of PM_{2.5} and NO₂ and their associated 41 mortality burdens, for secondary pollutants like O₃ the picture is less clear. Detailed 42 assessments are necessary to provide quantitative estimates of future impacts to support 43 decision-makers. We simulate future O₃ across the UK using a high spatial resolution 44 atmospheric chemistry model with current UK and European policy projections for 2030, 45 2040 and 2050, and use UK regional population-weighting and latest recommendations on 46 health impact assessment to quantify respiratory emergency hospital admissions associated 47 with short-term effects of O₃. We estimate 60,488 admissions in 2018, increasing by 4.2%, 48 4.5% and 4.6% by 2030, 2040 and 2050 respectively (assuming a fixed population). 49 Including future population growth, estimated emergency respiratory hospital admissions are 50 8.3%, 10.3% and 11.7% higher by 2030, 2040 and 2050 respectively. Increasing O₃ 51 concentrations in future are driven by reduced nitric oxide (NO) in urban areas due to 52 reduced emissions, with increases in O_3 mainly occurring in areas with lowest O_3 53 concentrations currently. Meteorology influences episodes of O_3 on a day-to-day basis,

- 54 although a sensitivity study indicates that annual totals of hospital admissions are only
- 55 slightly impacted by meteorological year. While reducing emissions results in overall benefits
- to population health (through reduced mortality due to long-term exposure to $PM_{2.5}$ and
- 57 NO₂), <u>due to the complex chemistry, as NO emissions reduce</u> there are associated local
- increases in O_3 close to population centres that <u>may increase harms to health</u>should be
- 59 considered in future health advice and planning.
- 60
- 61

62 1 Introduction & background

63

64 Air pollution has detrimental impacts on human health. The main air pollutants associated

- 65 with impacts on human health are $PM_{2.5}$ (particulate matter with aerodynamic diameter
- $<2.5 \ \mu$ m), nitrogen dioxide (NO₂), and ozone (O₃), with long-term exposure to ambient PM_{2.5}
- and NO_2 in the UK estimated to have an effect equivalent to 29,000–43,000 deaths annually
- 68 (Mitsakou et al., 2022). Exposure to ambient O_3 is also associated with ill health, particularly
- 69 respiratory effects including exacerbation of asthma symptoms.; O₃ is estimated to
- 70 contribute to over 5 million disability adjusted life years (DALYs) lost annually globally
- 71 (Forouzanfar et al., 2015). The evidence of O_3 impacts on health is strongest for
- associations between short-term exposure (as quantified using the daily maximum 8-hour
- running mean O₃) and respiratory and cardiovascular hospital admissions, though with more
- vuncertainty for the latter (COMEAP, 2015). Quantification of the impact on health of long-
- 75 term exposure to O_3 is not recommended by the UK's Committee on the Medical Effects of
- air Pollutants (COMEAP) as there is currently insufficient evidence (COMEAP, 2015;
- 77 <u>Huangfu and Atkinson, 2020;</u> COMEAP, 2022).
- 78
- 79 Ozone is not directly emitted but is a secondary pollutant formed through complex
- 80 (photo)chemical reactions in the atmosphere involving NO_x (= $NO + NO_2$) and volatile
- 81 organic compound (VOC) emissions, including of methane (CH₄). <u>The levels of methane</u>
- 82 contribute to the longer-term (annual average) concentrations of O₃ that are also part of O₃
- 83 exposure and upon which the shorter-term variations in O_3 driven by non-methane VOCs are
- superimposed. Concentrations of O_3 are also affected by meteorology, which influences its
- 85 build-up through photochemistry and air mass transport and dilution, and also via the rate of
- O_3 deposition to the surface (Royal Society, 2008). High levels of NO_x (e.g. close to emission
- sources) also act to limit O_3 formation, which is why reductions in NO_x emissions in urban
- 88 areas, largely associated with improvements in vehicle exhaust emission standards, have
- 89 led to <u>modelled</u> local increases in O_3 (Carnell et al., 2019).
- 90

- Air pollution levels have generally improved in the UK over the past several decades, thanks
 to environmental and public health initiatives. Carnell et al. (2019 reported that reductions in
- 93 air pollution levels between 1970 and 2010 led to a reduction in UK attributable mortality
- 94 associated with exposure to $PM_{2.5}$ and NO_2 of 56% and 44% respectively; however, the
- 95 same study reported an increase in O_3 -attributable respiratory mortality of 17%. This reflects
- 96 a different trend in response to recent air pollutant emissions changes for O_3 in urban areas.
- 97 where most people live, than for urban NO₂ and PM_{2.5} (AQEG, 2021). In particular, as noted
- above, there is potential for local increases in O_3 due to reductions in emissions of NO, with
- 99 a recent report noting upwards trend in urban ozone of $5 9 \mu g m^{-3}$ between 2000-2019
- 100 (AQEG, 2021). A modelling study on possible UK net-zero policies showed that while longer-
- 101 term (April to September) mean O₃ concentrations may reduce, short-term O₃ metrics
- 102 revealed less O₃ suppression from reduced NO_x, particularly in winter (Williams et al., 2018).
- 103 The effect of reduced traffic NO_x emissions increasing urban O₃ was also illustrated during
- 104 the travel restrictions implemented as part of COVID-19 'lockdown' restrictions (AQEG,
- 105 2020; Lee et al., 2020; Jephcote et al., 2021).
- 106
- 107 Changes in climate will also modify concentrations of surface O₃, as it will for other air
- 108 pollutants (von Schneidemesser et al., 2015; Doherty et al., 2017). However, the Doherty
- 109 et al. review concludes that for O₃ over Europe in the next few decades, changes in
- anthropogenic emissions of the VOC and NO_x precursors will have much greater influence
- 111 on O₃ levels than changes in climate. For example, model simulations of impacts of climate
- scenarios and compatible air pollutant emissions under CMIP5 scenarios showed O₃
- exposure metrics over Europe in 2050 change by 3% (±8%) to 5% (±11%) due to changes in
- 114 climate, but by -24% ($\pm 10\%$) to -43% ($\pm 7\%$) due to emission changes (Colette et al., 2013).
- 115 Over the UK, changes in annual mean O₃ by 2030 (compared to 2003) due to changes in
- 116 precursor emissions (-3.0 to +3.5 ppbv) are larger than for a +5°C scenario (+1.0 to
- +1.5 ppbv) including temperature effects on biogenic VOCs, chemical reaction rates and O₃
- 118 <u>dry deposition</u>, with the latter being comparable to the changes in O_3 arising from normal
- 119 interannual meteorological variability (Heal et al., 2013). Resulting changes in mortality
- burdens were 4.1% associated with O_3 changes due to +5°C, whereas they were 15.6% to
- 121 27.7% for emissions changes (depending on emission scenario), assuming no threshold for
- 122 effects (Heal et al., 2013).
- 123
- 124 In a previous study we performed an up-to-date quantitative impact assessment of the
- 125 mortality burdens associated with long-term effects of PM_{2.5} and NO₂ in 2030, 2040 and
- 126 2050 using a high spatial resolution atmospheric chemistry and aerosol model with the latest
- 127 official UK and European emissions datasets (Macintyre et al., 2023). We found that

- 128 mortality burdens associated with these two pollutants were reduced by over 30% beyond
- 129 2030. As O_3 is also impacted by such emission policies, but in more complex ways as
- 130 described above, we expand our analysis here to consider impacts on respiratory hospital
- admissions associated with short-term exposure to O₃, using a similar health impact
- 132 assessment (HIA), to more fully capture future impacts to health associated with changing
- 133 emissions.
- 134
- 135

136 2 Methods

- 137
- 138 2.1 Air pollution modelling and emissions

139 Simulations of UK present-day and future air quality at 3 km × 3 km spatial resolution and 140 hourly temporal resolution were undertaken using the EMEP4UK¹ atmospheric chemistry 141 transport model version rv4.36. The chemical model was driven by hourly meteorology from 142 the Weather Research and Forecasting (WRF) model version 4.2.2 (wrf-model.org). The 143 EMEP4UK-WRF modelling system has been widely used to simulate historic, present-day 144 and potential future air quality over the UK (Heal et al., 2013; Vieno et al., 2014; Vieno et al., 145 2016; Nemitz et al., 2020), including provision of evidence on air quality to the UK 146 government (HPA, 2012; AQEG, 2013; AQEG, 2017; AQEG, 2021). Details of the model 147 system have been described previously in our companion HIA study (Macintyre et al., 2023) 148 and in the above references, and are also detailed in the Supplementary Material, so only a 149 brief description of the model runs used in this study is provided here.

150

151 Anthropogenic emissions of NO_x, NH₃, SO₂, CO, NMVOC (non-methane VOC), PM_{2.5} and 152 PM_{CO} (coarse particulate matter, aerodynamic diameter >2.5 µm and <10 µm) for the 2018 153 simulation for the UK were taken from the National Atmospheric Emissions Inventory 154 (naei.beis.gov.uk). UK emissions for model simulations of atmospheric composition in 2030, 155 2040 and 2050 use the 'business as usual (BAU)', also referred to as 'baseline' scenarios 156 developed for Defra (ApSimon et al., 2019; Defra, 2022; Oxley et al., 2023) which reflect 157 assumed trends for anthropogenic emissions under existing interventions and policies 158 relating to air quality, including adjustments to include the projected impact of recent policy 159 not included in the 2018 NAEI projections. Emissions projections for the rest of the European 160 domain use official anthropogenic EMEP emissions fields for the corresponding years 161 (www.ceip.at). Model simulations of future air quality use 2018 meteorology in order to

¹ EMEP4UK is a nested version, focused on the British Isles (Figure 1a), of the CLRTAP EMEP MSC-W model described in Simpson et al. (2012), with updates as specified in annual reports (emep.int/mscw).

- 162 evaluate the impact of changes in anthropogenic emissions on changes in health burden.
- 163 Biogenic VOC (BVOC) emissions are included in the model and are dependent on the
- 164 meteorological year (here held constant to evaluate changes in anthropogenic emissions),
- 165 and thus will be the same in simulations using the same meteorological year. Additionally, a
- sensitivity experiment was run for future years using 2003 meteorology, as an example of a
- 167 hot year in the UK for comparison. The CH₄ concentration and the O₃ concentrations at the
- 168 boundary of the extended European domain were fixed at 2018 values.
- 169

170 2.2 Exposure metric and population-weighting

- 171 The daily maximum of the 8-hour running mean O_3 concentration was calculated from
- 172 gridded hourly model output for each of the simulation years at the native grid resolution, to
- 173 match the O_3 exposure metric used in the epidemiology (see equations in Section 2.3). This
- O_3 exposure metric was population-weighted to create regional estimates for the nine
- regions in England, and for Scotland, Wales and Northern Ireland (Fig. 1b) using 100 m
- 176 gridded residential population information for England, Scotland and Wales (National
- 177 Population Database, 2020), and at 1 km for Northern Ireland (Reis et al., 2017).
- 178



Figure 1. (a) The EMEP4UK model domain showing the 3 km x 3 km resolution British Isles domain (yellow box) nested within an extended Europe domain at 27 km x 27 km (plotted variable is altitude). (b) Regions used in the health impact assessment analysis.

179

180 2.3 Health impact calculations

- 181 The hospital admissions associated with short-term exposure to O_3 (H_{aq}) were estimated as
- follows: $H_{aq} = H_T \times AF$, where H_T is the total emergency respiratory hospital admissions <u>(all-</u>
- 183 <u>ages</u>) in the region, and *AF* is attributable fraction of the health outcome in each region
- 184 associated with exposure to O₃. AF is calculated based on the percent increase in

- emergency respiratory hospital admissions per 10 μ g m⁻³ O₃ reported from meta-analyses of time-series studies. We used an exposure-response coefficient corresponding to an increase in emergency respiratory hospital admissions <u>(all-ages)</u> of 0.75% (95% CI: 0.30%,1.2%) per 10 μ g m⁻³ daily maximum 8-hour running mean O₃ with no threshold for effects (COMEAP, 2015; COMEAP, 2022).
- 190

191 Daily emergency hospital admissions for respiratory causes (all-ages) were obtained from ONS for the nine regions in England (extracted via UKHSA DataLake), from Public Health 192 193 Scotland for Scotland, and provided by Northern Ireland Statistical and Research Agency 194 (NISRA) for Northern Ireland for 2018. For Wales, daily data was not available so annual 195 totals for respiratory causes and emergency admission type were obtained from Patient Episode Database for Wales (PEDW, year 2018/19 dhcw.nhs.wales), and distributed across 196 197 days in the year using the daily cycle of the data for England. Annual totals are shown in 198 Supplementary Table S1.

199

200 To account for future changes in population, the HIA results were normalised with mid-year 201 population estimates for 2018 for each region, and then scaled for future years using 202 population projections. ONS produce a range of population projections for the UK based on 203 assumptions about future fertility, mortality, and migration trends (based on long-term 204 demographic trends), with different scenarios ('variant' projections) produced based on 205 high/low fertility, migration, and mortality. We used the 'principal' population projections 206 representing a middle estimate for future population demographics (interim 2020-based, 207 (ONS, 2022)²). Projections are available for Scotland, Wales, Northern Ireland, and England 208 as a whole, so regional totals in England are scaled uniformly. Population totals are shown in 209 Supplementary Table S2.

- 210
- 211

212 3 Results

213

3.1 Impact of future emissions on **O**₃ and associated hospital admissions

- Across the UK, population-weighted O_3 is generally highest in the spring and early summer
- 216 (April to June) and lower in winter, with some very low values occurring in colder months
- 217 (November to February, Fig. 2a). This seasonal cycle is consistent with surface observations

² The use of the term "interim" in the 2020 release reflects the interval between the 2020-based principal projection and subsequent projections, which will incorporate Census 2021 data. It also recognises uncertainties in the mid-2020 base year and in setting long-term demographic assumptions following the onset of the coronavirus (COVID-19) pandemic.

218 of UK O₃ (AQEG, 2021). The lowest values appear mostly in the London region, with the 219 West Midlands, East of England, and North west also showing low excursions (Fig. 3). 220 Comparing the impact of 2050 emissions against 2018 emissions shows an overall increase 221 in O₃ (Fig. 2b,c). The increases in O₃ under 2050 emissions are in areas where O₃ is lowest 222 with 2018 emissions, thus the with greatest increases in O3 2050 are in those regions 223 showing lower values in 2018 (Fig. 3). In winter months (November to March) the O₃ 224 concentrations increase in response to emission changes across all regions, whereas for warmer months the changes are mixed, with some increases and some decreases (Fig 2b). 225 226 227

- 221
- 228





(b) Absolute difference in 2050 O_3 exposure with respect to 2018 O_3 exposure (i.e., positive indicates higher O_3 within 2050 emissions as compared with 2018)



(c) Relative difference in 2050 O_3 exposure with respect to 2018 O_3 exposure



Figure 2: (a) Regional-UK population-weighted O_3 exposure (daily maximum 8-hour running mean) by country and regions in England in 2018; (b) Difference in 2050 compared to 2018; (c) percent difference in 2050 compared to 2018. (See Fig. 1b for region codes.)

- Examining the overall annual distribution of O_3 exposure for each of the by regions and
- emission years (Fig. 3) reveals small increases in median daily O_3 exposure, of around 2 –
- $4 \mu g \text{ m}^{-3}$, and up to 6 $\mu g \text{ m}^{-3}$ in London, with some individual days showing >20 $\mu g \text{ m}^{-3}$
- 233 increase (Fig. 3b)., There is with a narrowing of the range of exposures by 2050 (Fig. 3a), as
- high values in summer are slightly reduced, and low values in winter months are increased

235 (Fig. 2b). While the range of exposure narrows in future, the range in the difference 236 compared to 2018 appears to expand (Fig. 3b) indicating less variations in the daily 237 <u>concentrations</u>; this is due to the decreases in O_3 occurring where there is existing higher O_3 238 (so peak O₃ values in summer are reduced), and the increases in O₃ being where low O₃ 239 values currently occur, particularly so for the instances of very low O₃ values. As the 240 increases in O₃ (due to less suppression by NO) occur on background values that are 241 already small, this leads to very high apparent changes when expressed as a percentage 242 (Fig. 3c).





Figure 3: Boxplots^{*} of daily population-weighted O_3 exposure (based on daily max 8-hour running mean) across all regions and different emission years (meteorology is for 2018 in all simulations). (a) Daily absolute values; (b) daily absolute differences compared to 2018; (c) percent differences compared to 2018. (See Fig. 1b for region codes; EN = England, UK= Whole UK population-weighted value.)

*Whiskers extend to the largest value or no further than 1.5 * IQR. Outliers beyond this range are plotted individually.

244

The annual mean daily attributable fraction of emergency respiratory hospital admissions
 attributable to short-term effects of O₃ exposure was 5.4% in 2018 (with mean ranging from

247 5.25% in London to 5.65% in the South West), rising slightly to 5.6% by 2050 (range 5.52% 248 in Scotland to 5.78% in the South West) (Fig. 4). The annual cycle of the attributable 249 fractions is in Supplementary Fig. S1. While attributable fractions are driven by air pollution 250 concentrations, the absolute totals of attributable hospital admissions are also influenced by 251 baseline admission rates and population in each region. Northern Ireland, Scotland, and the 252 North West have higher baseline admission rates, and the South East, London and the 253 North West have higher populations, leading to the highest overall attributable hospital 254 admissions being estimated in Scotland, North West and South East (Fig. 4). Given that the 255 changes in future O_3 concentration are comparatively small, the differences in annual 256 attributable fractions and hospital admissions in future years compared with 2018 shown in 257 Fig. 4 are likewise relatively modest. (The values of attributable fractions and hospital 258 admissions using the confidence interval range on the exposure response function are 259 shown in Supplementary Fig. S2.) 260 261 Our analysis suggests that for 2018 the annual total of daily emergency hospital admissions 262 for respiratory causes across the UK associated with short-term exposure to O_3 was 60,488 263 (95% CI: 24,673 – 94,927), and that this will be higher by 4.2%, 4.5%, and 4.6% in 2030, 264 2040 and 2050 respectively (relative to 2018) reaching 63,289 (95% CI: 25,827 – 99,278) 265 with 2050 emissions, an increase of 2,801 (1,154 – 4,352) (Table 1). The overall estimated 266 associated hospital admissions in each region are also influenced by baseline admission

rates and population size in each region, with the North West, London and South East

- having larger populations, and Scotland having larger admission rates.
- 269





Figure 4: Regional attributable fraction (left column) and annual total respiratory emergency hospital admissions (right column) associated with short-term exposure to O₃. The top row shows annual totals, with error bars showing the 90% confidence interval on the exposure-response coefficient. The bottom row boxplots show the detail of the annual distribution of the daily values of attributable fraction and daily attributable admissions for the central estimates of future populations. (See Fig. 1b for region codes.)

| Table 1: Annual total of daily emergency respiratory admissions associated with short-term | | | | | | | |
|--|------------------|-----------------------|---------------------|----------------|--|--|--|
| O ₃ ex | conne (95% conne | dence interval on the | exposure response d | oenicient). | | | |
| Region 2018 2030 2040 2050 | | | | | | | |
| Scotland | 8366 | 8576 | 8587 | 8589 | | | |
| | (3412 – 13131) | (3499 – 13456) | (3503 – 13474) | (3504 – 13477) | | | |
| Wales | 3277 | 3360 | 3366 | 3368 | | | |
| | (1337 – 5140) | (1371 – 5269) | (1374 – 5278) | (1374 – 5282) | | | |
| Northern | 3148 | 3181 | 3181 | 3180 | | | |
| Ireland | (1284 – 4938) | (1298 – 4990) | (1298 – 4990) | (1298 – 4989) | | | |
| East of | 4724 | 4922 | 4945 | 4955 | | | |
| England | (1927 – 7413) | (2009 – 7720) | (2018 – 7758) | (2022 – 7771) | | | |
| East | 3903 | 4080 | 4093 | 4096 | | | |
| Midlands | (1592 – 6126) | (1665 – 6400) | (1670 – 6421) | (1671 – 6425) | | | |
| London | 5222 | 5680 | 5716 | 5725 | | | |
| | (2130 – 8197) | (2319 – 8907) | (2333 – 8963) | (2337 – 8978) | | | |
| North East | 2826 | 2921 | 2929 | 2930 | | | |
| | (1153 – 4435) | (1192 – 4583) | (1195 – 4595) | (1195 – 4596) | | | |
| North West | 7723 | 8127 | 8150 | 8152 | | | |
| | (3149 – 12123) | (3316 – 12750) | (3326 – 12786) | (3326 – 12790) | | | |
| South East | 6466 | 6723 | 6759 | 6778 | | | |
| | (2638 – 10146) | (2744 – 10544) | (2759 – 10601) | (2766 – 10630) | | | |
| South | 4605 | 4716 | 4728 | 4735 | | | |
| West | (1879 – 7224) | (1925 – 7395) | (1930 – 7414) | (1933 – 7425) | | | |
| West | 5388 | 5673 | 5695 | 5700 | | | |
| Midlands | (2197 – 8457) | (2315 – 8900) | (2324 – 8934) | (2326 – 8942) | | | |
| Yorkshire | 4839 | 5065 | 5079 | 5082 | | | |
| & Humber | (1974 – 7596) | (2066 – 7946) | (2072 – 7970) | (2073 – 7974) | | | |
| UK Total 60.488 63.024 63.228 63.289 | | | | | | | |
| (24,673 - 94,927) (25,719 - 98,863) (25,802 - 98,863) (258270 - 99,278) | | | | | | | |

273 When accounting for changes in population size in the future (scaled based on the 274 population changes in Table S2), the annual total of daily hospital admissions for the UK in 275 2050 rises from 63,289 to 67,566 (+4,277) (Table 2), meaning that the increases from the 276 2018 baseline of 4.2%, 4.5%, and 4.6% in 2030, 2040 and 2050 respectively (due to O_3 277 changes only), are now increased to 8.3%, 10.3% and 11.7% respectively (due to both O_3) 278 and population changes) (full breakdown of results in Table S3). This total hides some 279 regional variation, as although overall UK population increases by 2050, the population in 280 Scotland is expected to rise in 2030, but then fall thereafter and by 2050 is 1.9% lower than 281 its 2018 value (Table S2). The increase in hospital admissions in Scotland (due to O_3 only 282 with no population change) of 222 by 2050, becomes an increase of 55 hospital admissions 283 over the same period when accounting for the shrinking population. In Northern Ireland, 284 population is projected to increase in 2030 and 2040, but to reduce in 2050 closer to 2030 285 levels (Table S2). In all other regions, population changes increase the health burden, with 286 the greatest combined (O_3 and population) changes in hospital admissions by 2050 being in 287 London (+19.1%), the West Midlands (+14.9%), and North West (+14.7%) with respect to 288 the 2018 baseline.

289

| Table 2: Respiratory emergency hospital admissions associated with O_3 for future years, | | | | | | | | |
|---|---|--------|------------------------------|--------|------------------------------|--------|------------------------------|--|
| with and without projected population size changes. | | | | | | | | |
| Region 2018 2030 2040 2050 | | | | | | 050 | | |
| | | Base | With population change | Base | With population change | Base | With population change | |
| England | 45,698 | 47,907 | 50,101 | 48,094 | 51,348 | 48,153 | 52,319 | |
| Scotland | 8,366 | 8,576 | 8,644 | 8,587 | 8,570 | 8,589 | 8,422 | |
| Wales | 3,277 | 3,360 | 3,480 | 3,366 | 3,528 | 3,368 | 3,556 | |
| Northern Ireland 3,148 3,181 3,269 3,181 3,275 3,180 3,270 | | | | | | | 3,270 | |
| UK total | JK total 60,488 63,024 65,495 63,228 66,712 63,289 67,566 | | | | | | | |

290

291

3.2 Impact of inter-annual variation in meteorology on O₃ and hospital admissions

The future emission years were also run with 2003 meteorology as another historical 'hot' year for the UK as a sensitivity study for the impact of interannual meteorology on O_3 concentrations. While the annual means of future population-weighted daily maximum 8hour mean concentrations are very similar when using either 2018 or 2003 meteorology (less than 1 µg m⁻³ difference on a UK mean of all such values of 78 µg m⁻³), there are differences in the annual cycles of the daily concentrations, as illustrated in Fig. 5 for 2050 emissions. Overall, the annual cycles both show higher concentrations in April and May (as

- 300 expected), with some peaks during heatwaves and anticyclonic airflows; for example the 301 effects on simulated O_3 of using the meteorology associated with the European heatwave in early August 2003³ are clearly visible (Fig. 5b). There is also a particular O₃ peak associated 302 303 with the 16 April 2003 meteorology, coinciding with an unusually hot day for that time of year 304 (26.7°C was recorded in Northolt, Greater London) with clear skies and south easterly air 305 flow, with population-weighted daily maximum 8-hour mean O_3 exceeding 120 µg m⁻³ in 306 West Midlands, North West, East Midlands, and Yorkshire and The Humber (Supplementary 307 Fig. S4). May 2018 was the sunniest May on record, leading to high O₃ values when using that month's meteorology, followed by a decline in O_3 in early June (6th to 19th) related to 308 309 more variable weather and low-pressure systems passing over the UK (Weather, 2018a; 310 Weather, 2018b) (Fig. 5a). A transient decrease in O_3 is also apparent in the actual 311 measured ozone in June 2018 (Supplementary Fig. S54).
- 312



Overall totals of annual associated hospital admissions are less than 1% different when using 2018 vs 2003 meteorology (-0.46% in Scotland to 0.91% in South West for 2030 emissions, and 0.07% in Northern Ireland to 0.80% in South West for 2050 emissions). While the annual total changes are small between the two meteorological years (with the same emissions), short-term peaks and episodes of higher O₃ (and associated hospital admissions) are transiently influenced by the difference in weather patterns. B20

³ "The Heatwave of 2003", Met Office, <u>https://www.metoffice.gov.uk/weather/learn-about/weather/case-studies/heatwave</u>. Also Vieno M, Dore AJ, Stevenson DS, Doherty R, Heal MR, Reis S, et al. Modelling surface ozone during the 2003 heat-wave in the UK. Atmos. Chem. Phys. 2010; 10: 7963-7978. 10.5194/acp-10-7963-2010.

321 <u>3.3 Impact of emissions changes on hot days</u>

322 As periods of hot weather and O_3 episodes often overlap, we also present the impact of 323 emissions changes on respiratory hospital admissions with the analysis restricted to days 324 with higher temperatures. To define a 'hot day', studies typically consider different 325 percentiles of the annual distribution of daily mean temperatures, and we selected here the 326 95th percentile to define a 'hot day' (as also used by Pattenden et al. (2010)). Taking the 327 Central England Temperature (CET) as an indicator for UK temperature (Parker et al., 1992), gives 18.4°C as the 95th percentile of the annual distribution of daily mean 328 329 temperature (with a total of 34 days above this temperature in 2018). During summer when 330 O₃ concentrations are generally higher, the impact of emission reductions is to lower some 331 of the peak O₃ values (Fig. 2b), and results in a reduction in respiratory hospital admissions 332 associated with O₃ exposure for these days (Table 3). This would indicate that while the 333 overall annual total of respiratory emergency hospital admissions across the year increases 334 in response to anthropogenic emissions changes (Fig. 4, Table 1), those admissions 335 occurring on the hottest days (when O₃ concentrations are highest) are actually reduced,

336 <u>demonstrating a benefit of anthropogenic emission controls on hot days.</u>

337

Table 3: Health impact assessment restricted to hot days (>95th percentile of annual daily mean CET distribution) at the UK level. (The total number of days in consideration here is 34, to consider when comparing to annual totals. Population changes are not assumed

| <u>here).</u> | | | | | | |
|---|-------------|---------------|---------------|---------------|--|--|
| | | | | | | |
| Emission year | <u>2018</u> | <u>2030</u> | <u>2040</u> | <u>2050</u> | | |
| O ₃ exposure (µg m ⁻³) | <u>86.1</u> | <u>85.1</u> | <u>84.2</u> | <u>84.0</u> | | |
| Mean attributable fraction | <u>6.2%</u> | <u>6.2%</u> | <u>6.1%</u> | <u>6.1%</u> | | |
| Total attributable hospital | <u>4958</u> | <u>4904</u> | <u>4851</u> | <u>4841</u> | | |
| admissions over the 34-days | | <u>(-54)</u> | <u>(-107)</u> | <u>(-116)</u> | | |
| (change from 2018) | | | | | | |
| Mean daily attributable hospital | <u>146</u> | <u>144</u> | <u>143</u> | <u>142</u> | | |
| admissions (change from 2018) | | <u>(-1.6)</u> | <u>(-3.1)</u> | <u>(-3.4)</u> | | |

338

339

340 4 Discussion

341

Our results suggest that current policies driving <u>anthropogenic</u> emission changes will lead to
 an increase in future UK O₃ concentrations and hence in associated respiratory emergency

344 hospital admissions; for example, by 4.6% in 2050, an increase of 2,801 admissions across 345 the UK from 2018 assuming no population changes. Hospital admissions increase by 11.7% 346 by 2050 when population projections are also included (Table S3). Our pPrevious work has 347 shown that in future there are likely to be improvements in UK air quality through reductions 348 in PM_{2.5} and NO₂, and a reduction in the mortality burden associated with long-term exposure (Macintyre et al., 2023), whilst here we show that there may be a concurrent, albeit 349 350 smaller, increase in respiratory hospital admissions. When restricting the analysis to the 351 hottest days of the year, future anthropogenic emission reductions result in lower O₃ concentrations on hot days, and lower associated respiratory hospital admissions. While the 352 353 overall annual burden of associated respiratory hospital admissions increases (as hospital 354 admissions are generally greater in colder months, and the effect of emission reductions is 355 generally to increase O₃ concentrations in these months), on hot days O₃ concentrations are 356 lower in simulations with lower anthropogenic emissions, which could be beneficial for health 357 and care services during periods of hot weather (Table 3). The use of different 358 meteorological years in our analysis results in only very small (<1%) differences in the 359 annual total attributable daily hospital admissions, although there is a clear influence of 360 meteorology on day-to-day variation in O₃ concentrations and thus in associated hospital 361 admission (Fig. 5). It is not possible to know future meteorology exactly, but clearly there will 362 be some potential impact of interannual variability in meteorology on future O₃ 363 concentrations and health burdens as well. As heatwaves (commonly associated with O₃ 364 episodes) are projected to become more frequent and intense with climate change in the UK 365 (Murphy et al., 2018), there may be implications for response planning when periods of hot 366 weather are forecast, as there may also be health effects from increased O₃. While the aim 367 here is to examine the impact of changes in anthropogenic emissions, the role of natural 368 emissions of O₃ precursors (for example BVOC emissions that increase with temperature), 369 and hemispheric CH₄ may become more important in future as anthropogenic emissions 370 become smaller, and as temperatures rise. BVOC emissions are included in the model and 371 are dependent on the meteorology; though as the aim of the study is to evaluate the impacts 372 of anthropogenic air pollutant emission changes associated with current policies, we use the 373 same meteorological year to aid comparison. However, whilst BVOC emissions are the 374 same for simulations using the same meteorological year, the impact of the BVOC emissions 375 on O₃ formation will vary with the different anthropogenic VOC and NO_x emissions. Our 376 simulations extend to 2050 which has been shown to be about the point where future 377 temperature projections start to significantly diverge for different scenarios. It is not possible 378 to simulate future meteorology at the high spatial and temporal resolution, and over a large 379 enough spatial domain, required to drive BVOC emissions and other meteorologically-380 dependent transboundary atmospheric chemistry processes within air quality models such

- as the EMEP4UK model we use here. Instead, our selection of a relatively hot recent year
 (2018) that may become a 50-50 likely summer by 2050 (as noted in the UKCP18 headline
 findings report) will emulate potential representation of future conditions.
- 384

385 Regional variation in the impacts of emissions changes is generally modest; the largest 386 impacts of emissions changes are observed in London, which has the greatest reduction in 387 NO_x emissions in future (leading to enhanced O₃ through reduced titration with NO). At the 388 daily scale, the largest changes are to the lowest O₃ concentrations which are due to high 389 NO chemically depleting the O₃. By reducing NO emissions, the most polluted NO days are 390 reduced in future, leading to increases in O_3 on these days (Fig. 3). This effect has also 391 been observed during the sudden curtailment of emissions, particularly from transport, 392 during the 'lockdown' periods associated with COVID-19 measures in 2020 (AQEG, 2020;

- 393 Grange et al., 2021; Jephcote et al., 2021).
- 394

395 Our results here align with other studies assessing the impact of future emission changes on 396 O₃ concentrations which find similar increases near population centres, driven by NO_x 397 emission reductions (Heal et al., 2013; Hedegaard et al., 2013; Fenech et al., 2021). Very 398 few studies have quantified hospital admissions associated with O₃ across the UK (with the 399 majority examining mortality); our results for 2018 (60,488) are larger than those of Heal et 400 al. (2013, who reported 30,700 respiratory hospital admissions associated with O_3 exposure 401 in 2003, though our study has higher baseline admission rates, different background 402 emission scenarios and atmospheric model resolution, and a slightly larger ERF coefficient; 403 our study also has higher O₃ levels, with averages in the range 70-80 µg m⁻³ compared with 404 60-70 µg m⁻³. Stedman et al. (1997) estimate about 6% of respiratory emergency hospital 405 admissions are attributable to O₃, which compares with the figures in our study, noting this is 406 strongly affected by use or not of an O₃ concentration threshold, where health effects are 407 assumed to be attributed to the exposure only above a given threshold for effects, and no 408 health impacts attributed at concentrations below this. The choice of exposure coefficient 409 and concentration threshold for effects is important as this impacts the overall health burden 410 estimates, which are higher when no threshold is used (e.g. Stedman 1997 found a 20-fold 411 increase in burden estimate when using no threshold as opposed to a 50 ppbv threshold). 412 However, when assessing the impact of O₃ changes, the impact of the change appears 413 larger when a threshold is used; for example if a threshold for O₃ effects is assumed, health 414 burdens are more sensitive to changes in O₃ concentrations, although total health burdens 415 are roughly an order of magnitude lower (Stedman et al., 1997; Stedman and Kent, 2008; 416 Heal et al., 2013; COMEAP, 2022). Recent recommendations for the UK are not to use a 417 threshold for effects (COMEAP, 2022), which we followed in this work. There is some

- 418 evidence that temperature may act as a modifier for O₃ effects, and this may be important in
- 419 future if heatwaves and episodes of O₃ become more common or intense (Pattenden et al.,
- 420 2010; Atkinson et al., 2012). It is not possible to predict future changes in exposure-
- 421 response relationships. Changes in baseline hospital admissions may also influence overall
- 422 health impact estimates.
- 423
- 424 The UK has a<u>n objective target</u> value of 100 μ g m⁻³ for the daily maximum 8-hour mean O₃,
- not to be exceeded more than 10 times a year as set out in the National Air Quality
- 426 Objectives as part of the Air Quality Standards Regulations 2010 (UK Government, 2010).
- 427 Our study shows that, in future, the number of days exceeding the target value of 100 μg m⁻³
- 428 is projected to increase in London (from 44 in 2018 to 57 days in 2050), North West (26 in
- 429 2018 to 36 in 2050), and East England (37 in 2018 to 48 in 2050), and decreases in others
- 430 (1 or 2 fewer days in Scotland, Northern Ireland and the South West), with small increases in
- 431 other areas. In 2021, the WHO updated its recommended air quality guideline (AQG) levels
- 432 for air pollutants, including O_3 , with a new guideline of 100 µg m⁻³ for 8-hour mean O_3
- 433 (reduced from 120 µg m⁻³) not to be exceeded 3-4 times per year (World Health
- 434 Organization, 2021). Our analysis shows it may be harder for the UK to meet its objective
- and the new WHO AQG values in future. We note however that the data presented above
- are based on population-weighted mean values for the region or country and that changes in
- 437 daily maximum 8-hour mean O_3 at specific locations will vary.
- 438
- At global scale, surface O₃ is expected to decrease slightly in future in low-NO_x regimes, due
 to increased humidity leading to greater O₃ destruction, whereas in polluted regions, model
 studies suggest an increase in O₃ (Szopa et al., 2021), with the influence of climate changes
 on air quality being dependent on the particular emissions scenarios (Fiore et al., 2015).
 Here we use fixed CH₄ and O₃ boundary conditions, and while wider hemispheric trends in
 ozone from global trends in emissions of CH₄ will impact on UK concentrations, the direction
- 445 of change is unclear (AQEG, 2021).
 - 446
 - 447 The results here and from our previous workA previous study using the same modelling as 448 here (Macintyre et al., 2023) showed that while reducing emissions generally improves air 449 pollution (PM_{2.5} and NO₂) and the associated health mortality burdens by around a third by 450 2050 (Macintyre et al., 2023), though as no threshold for effects is assumed, health impacts 451 still remain. Here however we show that, there can be some worsening effects related to 452 secondary pollutants such as O₃₋, though for hot days (that often coincide with higher O₃) 453 these may be reduced. While the overall impacts of emission reductions are beneficial for 454 health (Macintyre et al., 2023) (acknowledging that it is challenging to directly compare

455 mortality burdens and daily hospital admissions), we find that there may be increased effects 456 on emergency respiratory hospital admissions particularly during air pollution episodes, 457 which is important for health system response planning when such episodes are forecast. 458 Our analysis in this study and a previous study (Macintyre et al., 2023) both studies provides 459 quantitative estimates of the potential effects to health of current policy commitments. 460 Although overall health burden is simulated to decrease in future, because there are no 461 thresholds for effects then health impacts associated with exposure to air pollution will 462 remain in future. The methods here use a simple burden calculation to estimate health 463 effects, though the specific impacts will depend on the speed and scale of emission 464 reductions. Our results indicate the likely impacts to health if emissions likely to be reached 465 at a particular indicative year in the future were to be met and sustained. While we examine 466 the impact of population size changes, potential changes in baseline hospital admission 467 rates are another source of uncertainty for future projections. An important point is that the 468 UK population is ageing; as the likelihood of living with chronic disease and susceptibility to 469 illness in general tends to increases with age, there may be increases in the baseline rates 470 of many health effects associated with air pollution. Future baseline rates of hospital 471 admissions though these are challenging to predict in any robust manner as many factors 472 influence these (e.g. circulating respiratory infections, rates of chronic respiratory disease, 473 influenza vaccine uptake and effectiveness) and thus are not considered here, which is a 474 limitation of the study. Another limitation is related to potential future changes in exposure-475 response relationships; No known methodology exists to reliably predict these as these 476 depend on multiple factors such as the future air pollution composition, exposure estimates, 477 and population health, thus we do not examine this in the current analysis. Finally, the 478 effects of higher air pollution levels and air pollution episodes will undoubtedly be modified 479 by behaviours that affect exposure and inhaled dose, such as time spent indoors and 480 exercise undertaken.

481

482 Conclusion

483

484 The effect of future emission policy on air pollution in the UK has been modelled and a 485 guantitative HIA to estimate impacts on emergency respiratory hospital admissionshealth 486 performed. While our previous work showed significant reductions in the mortality burden 487 due to lower PM_{2.5} and NO₂ concentrations, we estimate here that there will be a small 488 increase in O₃ exposure in future, and hence in associated hospital admissions, as a result 489 of lower NO in urban areas, where most people reside. The main impacts on O₃ occur on the 490 days with lowest O_3 (i.e. highest NO_x days) in regions that are already more polluted 491 generally, such as London. Emission control policy has clear benefits to health through

492 reducing $PM_{2.5}$ and NO_2 , though effects related to secondary pollutants such as O_3 can be

- 493 complex and should be acknowledged. As other air pollutants in the UK continue to decline
- thanks to emission controls, it seems likely that the importance of O₃ will grow. Future work
- 495 on the health impacts of air pollution episodes in summer coinciding with heat should
- 496 <u>consider potential worsening effects associated with local increasing O₃ concentrations, and</u>
- 497 <u>may need to be considered when be a priority for better planning of or public health</u>
- 498 protection <u>during these periods</u>.
- 499

500 Acknowledgements

- 501 This research was partly funded by the National Institute for Health Research (NIHR) Health
- 502 Protection Research Unit (HPRU) in Environmental Change (NIHR200909), a partnership
- 503 between the UK Health Security Agency and the London School of Hygiene and Tropical
- 504 Medicine, University College London, and the Met Office, and the HPRU in Environmental
- 505 Exposures and health, a partnership between the UK Health Security Agency and the
- 506 University of Leicester. The views expressed are those of the authors and not necessarily
- 507 those of the NIHR, the UK Health Security Agency, or the Department of Health and Social
- 508 Care. We acknowledge health data from ONS, Public Health Scotland, Northern Ireland
- 509 Statistical and Research Agency (NISRA), dhcw.nhs.wales, and population data from the
- 510 National Population Database, and UK Centre for Ecology & Hydrology. The work of the UK
- 511 Centre for Ecology & Hydrology was supported through funding from the Department for
- 512 Environment, Food and Rural Affairs under the contract "Research & Development Support
- 513 for National Air Pollution Control Strategies (ECM: 62041) 2021 to 2024" and builds upon
- 514 research supported by the Natural Environment Research Council award number
- 515 NE/R016429/1 as part of the UK-SCAPE programme delivering National Capability. CH is
- 516 supported by a NERC fellowship (NE/R01440X/1) and acknowledges funding for the
- 517 HEROIC project (216035/Z/19/Z) from the Wellcome Trust.
- 518

519 References

- ApSimon H, Oxley T, Woodward H, Mehlig D. Air quality: Assessing progress towards WHO
 guideline levels of PM_{2.5} in the UK. Annex 1 (Imperial College London) in Asessing
 progress towards WHO guideline levels of PM2.5 in the UK Department of Food,
 Environment & Rural Affairs, <u>https://www.gov.uk/government/publications/air-quality-</u>
 <u>assessing-progress-towards-who-guideline-levels-of-pm25-in-the-uk</u>, 2019.
- 525AQEG. Mitigation of United Kingdom PM2.5 Concentrations. Report from the Air Quality526Expert Group. UK Department for Environment, Food and Rural Affairs, London,527http://uk-air.defra.gov.uk/library/reports?report_id=827, 2013.
- AQEG. Impacts of Shipping on UK Air Quality. Report from the Air Quality Expert Group. UK
 Department for Environment, Food and Rural Affairs, London, <u>https://uk-</u>
 <u>air.defra.gov.uk/library/reports.php?report_id=934</u>, 2017.
- AQEG. Estimation of changes in air pollution emissions, concdentrations and exposure
 during the COVID-19 outbreak in the UK: Rapid evidence review June 2020. Defra,

| 533 | https://uk- |
|------------|---|
| 534 | air.defra.gov.uk/assets/documents/reports/cat09/2007010844_Estimation_of_Chang |
| 535 | es_in_Air_Pollution_During_COVID-19_outbreak_in_the_UK.pdf, 2020. |
| 536 | AQEG. Ozone in the UK – Recent Trends and Future Projections. Report from the Air |
| 537 | Quality Expert Group. UK Department for Environment, Food and Rural Affairs, |
| 538 | London, https://uk-air.defra.gov.uk/library/reports.php?report_id=1064, 2021. |
| 539 | Atkinson RW, Yu D, Armstrong BG, Pattenden S, Wilkinson P, Doherty RM, et al. |
| 540 | Concentration–Response Function for Ozone and Daily Mortality: Results from Five |
| 541 | Urban and Five Rural U.K. Populations. Environmental Health Perspectives 2012; |
| 542 | 120: 1411-1417. doi:10.1289/ehp.1104108. |
| 543 | Carnell E. Vieno M. Vardoulakis S. Beck R. Heaviside C. Tomlinson S. et al. Modelling |
| 544 | public health improvements as a result of air pollution control policies in the UK over |
| 545 | four decades—1970 to 2010. Environmental Research Letters 2019: 14: 074001 |
| 546 | 10 1088/1748-9326/ab1542 |
| 547 | Colette A Bessagnet B Vautard R Szona S Rao S Schucht S et al European |
| 548 | atmosphere in 2050, a regional air quality and climate perspective under CMIP5 |
| 5/0 | scenarios Atmos Chem Phys $2013: 13: 7451-7471$ 10 5194/acn-13-7451-2013 |
| 550 | COMEAD Quantification of Mortality and Hospital Admissions Associated with Ground-level |
| 551 | Ozono, Committee on the Medical Effects of Air Pollutants, Produced by Public |
| 551 | Health England for the Committee in the Medical Effects of Air Pollutants. Produced by Public |
| 552 | COMEAD Statement on undate of recommendations for quantifying bespital admissions |
| 555 | according with chart term expectives to air pollutants. Broduced by LIK Health |
| 554 | Associated with short-term exposures to all politicalls. Froduced by OK freatin |
| 000 556 | bttps://www.gov.uk/government/publications/oir pollution guentifying effects on |
| 550 | heapital admissiona, 2022 |
| 557 550 | <u>Inospital-admissions</u> , 2022. |
| 000 550 | Dena. All quality PM _{2.5} targets. Detailed evidence report. In. Department for Environment |
| 559 | Food & Rural Analis, editor, <u>https://consult.deira.gov.uk/hatural-environment-</u> |
| 560 | policy/consultation-on-environmental- |
| 561 | targets/supporting_documents/Air%20quality%20targets%20%20Detailed%20Eviden |
| 562 | <u>Ce%20report.pdr</u> , 2022. |
| 563 | Donerty RM, Heal MR, O Connor FM. Climate change impacts on numan nealth over Europe |
| 564 | through its effect on air quality. Environmental Health 2017; 16: 118. |
| 565 | 10.1186/S12940-017-0325-2. |
| 566 | Fenech S, Donerty RM, O Connor FM, Heaviside C, Macintyre HL, Vardoulakis S, et al. |
| 567 | Future air pollution related health burdens associated with RCP emission changes in |
| 568 | the UK. Science of The Total Environment 2021: 145635. |
| 569 | 10.1016/j.scitotenv.2021.145635. |
| 570 | Fiore AM, Naik V, Leibensperger EM. Air Quality and Climate Connections. Journal of the Air |
| 571 | & Waste Management Association 2015; 65: 645-685. |
| 572 | 10.1080/10962247.2015.1040526. |
| 573 | Forouzantar MH, Afshin A, Alexander LT, Anderson HR, Bhutta ZA, Biryukov S, et al. |
| 574 | Global, regional, and national comparative risk assessment of 79 behavioural, |
| 575 | environmental and occupational, and metabolic risks or clusters of risks, 1990–2015: |
| 576 | a systematic analysis for the Global Burden of Disease Study 2015. The Lancet |
| 577 | 2015; 388: 1659-1724. <u>http://dx.doi.org/10.1016/S0140-6736(16)31679-8</u> . |
| 578 | Grange SK, Lee JD, Drysdale WS, Lewis AC, Hueglin C, Emmenegger L, et al. COVID-19 |
| 579 | lockdowns highlight a risk of increasing ozone pollution in European urban areas. |
| 580 | Atmos. Chem. Phys. 2021; 21: 4169-4185. 10.5194/acp-21-4169-2021. |
| 581 | Heal MR, Heaviside C, Doherty RM, Vieno M, Stevenson DS, Vardoulakis S. Health burdens |
| 582 | of surface ozone in the UK for a range of future scenarios. Environment International |
| 583 | 2013; 61: 36-44. 10.1016/j.envint.2013.09.010. |
| 584 | Hedegaard GB, Christensen JH, Brandt J. The relative importance of impacts from climate |
| 585 | change vs. emissions change on air pollution levels in the 21st century. Atmos. |
| 586 | Chem. Phys. 2013; 13: 3569-3585. 10.5194/acp-13-3569-2013. |

587 HPA. Health Effects of Climate Change in the UK 2012. In: Vardoulakis S. Heaviside C. 588 editors. Health Protection Agency, 589 https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachm ent data/file/371103/Health Effects of Climate Change in the UK 2012 V13 wit 590 h cover accessible.pdf. 2012. 591 Huangfu P, Atkinson R. Long-term exposure to NO2 and O3 and all-cause and respiratory 592 593 mortality: A systematic review and meta-analysis. Environment International 2020; 594 144: 105998. https://doi.org/10.1016/j.envint.2020.105998. Jephcote C, Hansell AL, Adams K, Gulliver J. Changes in air quality during COVID-19 595 596 'lockdown' in the United Kingdom. Environmental Pollution 2021; 272: 11. 597 10.1016/j.envpol.2020.116011. Lee JD, Drysdale WS, Finch DP, Wilde SE, Palmer PI. UK surface NO2 levels dropped by 598 599 42 % during the COVID-19 lockdown: impact on surface O3. Atmos. Chem. 600 Phys. 2020; 20: 15743-15759. 10.5194/acp-20-15743-2020. 601 Macintyre HL, Mitsakou C, Vieno M, Heal MR, Heaviside C, Exley KS. Impacts of emissions 602 policies on future UK mortality burdens associated with air pollution. Environment 603 International 2023; 174: 107862. https://doi.org/10.1016/j.envint.2023.107862. 604 Mitsakou C, Gowers A, Exley K, Milczewska K, Evangelopoulos D, Walton H. Updated 605 mortality burden estimates attributable to air pollution. Chemical Hazards and 606 Poisons Report. Issue 28 - June 2022. UK Health Security Agency, 607 https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachm ent data/file/1083447/CHaPR_AQ_Special_Edition_2206116.pdf, 2022. 608 609 Murphy JM. Harris GR. Sexton DMH. Kendon EJ. Bett PE. Clark RT. et al. UKCP18 Land 610 projections: Science Report. Version 2.0,. Met Office Hadley Centre, Exeter. 611 http://ukclimateprojections.metoffice.gov.uk/, 2018, pp. Met Office © Crown Copyright 612 2018. 613 Nemitz E, Vieno M, Carnell E, Fitch A, Steadman C, Cryle P, et al. Potential and limitation of 614 air pollution mitigation by vegetation and uncertainties of deposition-based 615 evaluations. Philosophical Transactions of the Royal Society A: Mathematical, Physical and Engineering Sciences 2020; 378: 20190320. 10.1098/rsta.2019.0320. 616 617 ONS. National population projections: 2020-based interim, https://www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/pop 618 ulationprojections/bulletins/nationalpopulationprojections/2020basedinterim, 2022. 619 Oxley T, Vieno M, Woodward H, ApSimon H, Mehlig D, Beck R, et al. Reduced-form and 620 621 complex ACTM modelling for air quality policy development: A model inter-622 comparison. Environment International 2023; 171: 107676. 623 10.1016/i.envint.2022.107676. 624 Parker DE, Legg TP, Folland CK. A new daily central England temperature series, 1772-625 1991. 1992; 12: 317-342. 10.1002/joc.3370120402. 626 Pattenden S, Armstrong B, Milojevic A, Heal MR, Chalabi Z, Doherty R, et al. Ozone, heat 627 and mortality: acute effects in 15 British conurbations. Occupational and 628 Environmental Medicine 2010; 67: 699-707. 10.1136/oem.2009.051714. 629 Reis S, Liska T, Steinle S, Carnell E, Leaver D, Roberts E, et al. UK Gridded Population 630 2011 based on Census 2011 and Land Cover Map 2015. In: Centre NEID, editor, 631 https://doi.org/10.5285/0995e94d-6d42-40c1-8ed4-5090d82471e1, 2017. Royal Society. Ground-level ozone in the 21st century: future trends, impacts and policy 632 633 implications. Sceince Policy Report 15/08. The Royal Society, 634 http://royalsociety.org/policy/publications/2008/ground-level-ozone/, 2008. 635 Stedman JR, Anderson HR, Atkinson RW, Maynard RL. Emergency hospital admissions for respiratory disorders attributable to summer time ozone episodes in Great Britain. 636 637 Thorax 1997; 52: 958-963. 10.1136/thx.52.11.958. 638 Stedman JR, Kent AJ. An analysis of the spatial patterns of human health related surface 639 ozone metrics across the UK in 1995, 2003 and 2005. Atmospheric Environment 640 2008; 42: 1702-1716. http://dx.doi.org/10.1016/j.atmosenv.2007.11.033.

- Szopa S, Naik V, Adhikary B, Artaxo P, Berntsen T, Collins WD, et al. Short-Lived Climate
 Forcers. In Climate Change 2021: The Physical Science Basis. Contribution of
 Working Group I to the Sixth Assessment Report of the Intergovernmental Panel on
 Climate Change. [Masson-Delmotte, V., P. Zhai, A. Pirani, S.L. Connors, C. Péan, S.
 Berger, N. Caud, Y. Chen, L. Goldfarb, M.I. Gomis, M. Huang, K. Leitzell, E. Lonnoy,
 J.B.R. Matthews, T.K. Maycock, T. Waterfield, O. Yelekçi, R. Yu, and B. Zhou (eds.)].
 2021: 817–922. 10.1017/9781009157896.008.
- 648 UK Government. The Air Quality Standards Regulations 2010. In: Department for
 649 Environment Food & Rural Affairs, editor. Gov.uk,
 650 https://www.legislation.gov.uk/uksi/2010/1001/contents/made, 2010.
- Vieno M, Heal MR, Hallsworth S, Famulari D, Doherty RM, Dore AJ, et al. The role of long range transport and domestic emissions in determining atmospheric secondary
 inorganic particle concentrations across the UK. Atmos. Chem. Phys. 2014; 14:
 8435-8447. 10.5194/acp-14-8435-2014.
- Vieno M, Heal MR, Twigg MM, MacKenzie IA, Braban CF, Lingard JJN, et al. The UK
 particulate matter air pollution episode of March–April 2014: more than Saharan dust.
 Environmental Research Letters 2016; 11: 044004. 10.1088/1748-9326/11/4/044004.
- von Schneidemesser E, Monks PS, Allan JD, Bruhwiler L, Forster P, Fowler D, et al.
 Chemistry and the Linkages between Air Quality and Climate Change. Chemical
 Reviews 2015; 115: 3856-3897. 10.1021/acs.chemrev.5b00089.
- Weather. June 2018 Most places dry, warm and sunny; exceptionally dry in much of south.
 Weather 2018a; 73: i-iv. <u>https://doi.org/10.1002/wea.3138</u>.
- Weather. May 2018 Warm and very sunny. Many places dry, but thundery downpours in
 south in closing days. Weather 2018b; 73: i-iv. <u>https://doi.org/10.1002/wea.3133</u>.
- Williams ML, Lott MC, Kitwiroon N, Dajnak D, Walton H, Holland M, et al. The Lancet
 Countdown on health benefits from the UK Climate Change Act: a modelling study
 for Great Britain. The Lancet Planetary Health 2018; 2: e202-e213. <u>10.1016/S2542-</u>
 <u>5196(18)30067-6</u>.
- 669 World Health Organization. WHO global air quality guidelines: particulate matter (PM_{2.5} and 670 PM₁₀), ozone, nitrogen dioxide, sulfur dioxide and carbon monoxide.
- https://apps.who.int/iris/handle/10665/345329, accessed November 2022: World
 Health Organization, 2021.
- 673

| 1 | Future impacts of O_3 on respiratory hospital admission in the UK from current | | | | | | | | |
|----|--|--|--|--|--|--|--|--|--|
| 2 | emissions policies | | | | | | | | |
| 3 | Helen L. Macintyre ^{a,b} , Christina Mitsakou ^a , Massimo Vieno ^c , Mathew R. Heal ^d , Clare | | | | | | | | |
| 4 | Heaviside ^e , Karen S. Exley ^{a,f} | | | | | | | | |
| 5 | a. UK Health Security Agency, Chilton, Oxon, OX11 0RQ, UK. | | | | | | | | |
| 6 | b. School of Geography, Earth and Environmental Sciences, University of Birmingham, Edgbaston, B15 2TT, UK. | | | | | | | | |
| 7 | c. UK Centre for Ecology & Hydrology, Bush Estate, Penicuik, Midlothian, EH26 0QB, UK. | | | | | | | | |
| 8 | d. School of Chemistry, University of Edinburgh, Joseph Black Building, David Brewster Road, Edinburgh, EH9 | | | | | | | | |
| 9 | 3FJ, UK. | | | | | | | | |
| 10 | e. Institute for Environmental Design and Engineering, University College London, Central House, 14 Upper | | | | | | | | |
| 11 | Woburn Place, London, WC1H 0NN, UK. | | | | | | | | |
| 12 | f. Department of Health Sciences, University of Leicester, Leicester, UK | | | | | | | | |
| 13 | | | | | | | | | |
| 14 | Corresponding author: Dr Helen L Macintyre <u>helen.macintyre@ukhsa.gov.uk</u> | | | | | | | | |
| 15 | Co-author contacts: Christina Mitsakou <u>christina.mitsakou@ukhsa.gov.uk;</u> Massimo Vieno <u>mvi@ceh.ac.uk;</u> | | | | | | | | |
| 16 | Mathew Heal <u>m.heal@ed.ac.uk</u> ; Clare Heaviside <u>c.heaviside@ucl.ac.uk</u> ; Karen Exley | | | | | | | | |
| 17 | karen.exley@ukhsa.gov.uk. | | | | | | | | |
| 18 | | | | | | | | | |
| 19 | | | | | | | | | |
| 20 | Highlights | | | | | | | | |
| 21 | Policies on anthropogenic emissions dominate health impacts of air pollution | | | | | | | | |
| 22 | • O_3 simulated at 3 km resolution for 2030, 2040 and 2050 emissions pathways | | | | | | | | |
| 23 | Hospitalisations calculated with latest UK health impact assessment | | | | | | | | |
| 24 | recommendations | | | | | | | | |
| 25 | 7078 increase in respiratory hospitalisations by 2050 for current policy c.f. 2018 | | | | | | | | |
| 26 | Estimated increases are 2-3 times lower if population growth is not included | | | | | | | | |
| 27 | | | | | | | | | |
| 28 | Graphical abstract | | | | | | | | |



- 29
- 31

32 **Keywords**

33 Air quality; health impact assessment; emissions; respiratory hospital admissions; ozone

34

35 Abstract

36 Exposure to ambient ozone (O_3) is associated with impacts on human health. O_3 is a 37 secondary pollutant whose concentrations are determined inter alia by emissions of 38 precursors such as oxides of nitrogen (NO_x) and volatile organic compounds (VOCs), and 39 thus future health burdens depend on policies relating to climate and air quality. While 40 emission controls are expected to reduce levels of PM_{2.5} and NO₂ and their associated 41 mortality burdens, for secondary pollutants like O₃ the picture is less clear. Detailed 42 assessments are necessary to provide quantitative estimates of future impacts to support 43 decision-makers. We simulate future O₃ across the UK using a high spatial resolution 44 atmospheric chemistry model with current UK and European policy projections for 2030, 45 2040 and 2050, and use UK regional population-weighting and latest recommendations on 46 health impact assessment to quantify respiratory emergency hospital admissions associated 47 with short-term effects of O₃. We estimate 60,488 admissions in 2018, increasing by 4.2%, 48 4.5% and 4.6% by 2030, 2040 and 2050 respectively (assuming a fixed population). 49 Including future population growth, estimated emergency respiratory hospital admissions are 50 8.3%, 10.3% and 11.7% higher by 2030, 2040 and 2050 respectively. Increasing O₃ 51 concentrations in future are driven by reduced nitric oxide (NO) in urban areas due to 52 reduced emissions, with increases in O_3 mainly occurring in areas with lowest O_3 53 concentrations currently. Meteorology influences episodes of O_3 on a day-to-day basis,

54 although a sensitivity study indicates that annual totals of hospital admissions are only

55 slightly impacted by meteorological year. While reducing emissions results in overall benefits

to population health (through reduced mortality due to long-term exposure to PM_{2.5} and

57 NO₂), due to the complex chemistry, as NO emissions reduce there are associated local

58 increases in O_3 close to population centres that may increase harms to health.

59

60

61 **1 Introduction & background**

62

63 Air pollution has detrimental impacts on human health. The main air pollutants associated 64 with impacts on human health are PM_{2.5} (particulate matter with aerodynamic diameter <2.5 μ m), nitrogen dioxide (NO₂), and ozone (O₃), with long-term exposure to ambient PM_{2.5} 65 66 and NO₂ in the UK estimated to have an effect equivalent to 29,000-43,000 deaths annually 67 (Mitsakou et al., 2022). Exposure to ambient O_3 is also associated with ill health, particularly 68 respiratory effects including exacerbation of asthma symptoms. O₃ is estimated to contribute to over 5 million disability adjusted life years (DALYs) lost annually globally (Forouzanfar et 69 70 al., 2015). The evidence of O_3 impacts on health is strongest for associations between short-71 term exposure (as quantified using the daily maximum 8-hour running mean O_3) and 72 respiratory and cardiovascular hospital admissions, though with more uncertainty for the 73 latter (COMEAP, 2015). Quantification of the impact on health of long-term exposure to O_3 is 74 not recommended by the UK's Committee on the Medical Effects of air Pollutants 75 (COMEAP) as there is currently insufficient evidence (COMEAP, 2015; Huangfu and 76 Atkinson, 2020; COMEAP, 2022).

77

78 Ozone is not directly emitted but is a secondary pollutant formed through complex 79 (photo)chemical reactions in the atmosphere involving NO_x (= NO + NO₂) and volatile 80 organic compound (VOC) emissions, including of methane (CH₄). The levels of methane 81 contribute to the longer-term (annual average) concentrations of O_3 that are also part of O_3 82 exposure and upon which the shorter-term variations in O_3 driven by non-methane VOCs are 83 superimposed. Concentrations of O₃ are also affected by meteorology, which influences its 84 build-up through photochemistry and air mass transport and dilution, and also via the rate of O₃ deposition to the surface (Royal Society, 2008). High levels of NO_x (e.g. close to emission 85 sources) also act to limit O₃ formation, which is why reductions in NO_x emissions in urban 86 87 areas, largely associated with improvements in vehicle exhaust emission standards, have 88 led to modelled local increases in O_3 (Carnell et al., 2019).

91 to environmental and public health initiatives. Carnell et al. (2019 reported that reductions in air pollution levels between 1970 and 2010 led to a reduction in UK attributable mortality 92 93 associated with exposure to PM_{2.5} and NO₂ of 56% and 44% respectively; however, the 94 same study reported an increase in O_3 -attributable respiratory mortality of 17%. This reflects 95 a different trend in response to recent air pollutant emissions changes for O_3 in urban areas, 96 where most people live, than for urban NO₂ and PM_{2.5} (AQEG, 2021). In particular, as noted 97 above, there is potential for local increases in O₃ due to reductions in emissions of NO, with 98 a recent report noting upwards trend in urban ozone of $5 - 9 \mu g m^{-3}$ between 2000-2019 99 (AQEG, 2021). A modelling study on possible UK net-zero policies showed that while longer-100 term (April to September) mean O₃ concentrations may reduce, short-term O₃ metrics 101 revealed less O₃ suppression from reduced NO_x, particularly in winter (Williams et al., 2018). 102 The effect of reduced traffic NO_x emissions increasing urban O₃ was also illustrated during

Air pollution levels have generally improved in the UK over the past several decades, thanks

- 103 the travel restrictions implemented as part of COVID-19 'lockdown' restrictions (AQEG,
- 104 2020; Lee et al., 2020; Jephcote et al., 2021).
- 105

- 106 Changes in climate will also modify concentrations of surface O₃, as it will for other air 107 pollutants (von Schneidemesser et al., 2015; Doherty et al., 2017). However, the Doherty 108 et al. review concludes that for O_3 over Europe in the next few decades, changes in 109 anthropogenic emissions of the VOC and NO_x precursors will have much greater influence 110 on O_3 levels than changes in climate. For example, model simulations of impacts of climate 111 scenarios and compatible air pollutant emissions under CMIP5 scenarios showed O₃ 112 exposure metrics over Europe in 2050 change by 3% (±8%) to 5% (±11%) due to changes in 113 climate, but by -24% ($\pm 10\%$) to -43% ($\pm 7\%$) due to emission changes (Colette et al., 2013). 114 Over the UK, changes in annual mean O_3 by 2030 (compared to 2003) due to changes in precursor emissions (-3.0 to +3.5 ppbv) are larger than for a $+5^{\circ}$ C scenario (+1.0 to 115 116 +1.5 ppbv) including temperature effects on biogenic VOCs, chemical reaction rates and O_3 dry deposition, with the latter being comparable to the changes in O₃ arising from normal 117 118 interannual meteorological variability (Heal et al., 2013). Resulting changes in mortality burdens were 4.1% associated with O₃ changes due to +5°C, whereas they were 15.6% to 119 120 27.7% for emissions changes (depending on emission scenario), assuming no threshold for 121 effects (Heal et al., 2013).
- 122
- 123 In a previous study we performed an up-to-date quantitative impact assessment of the
- mortality burdens associated with long-term effects of PM_{2.5} and NO₂ in 2030, 2040 and
- 125 2050 using a high spatial resolution atmospheric chemistry and aerosol model with the latest
- 126 official UK and European emissions datasets (Macintyre et al., 2023). We found that

- 127 mortality burdens associated with these two pollutants were reduced by over 30% beyond
- 128 2030. As O₃ is also impacted by such emission policies, but in more complex ways as
- 129 described above, we expand our analysis here to consider impacts on respiratory hospital
- admissions associated with short-term exposure to O₃, using a similar health impact
- 131 assessment (HIA), to more fully capture future impacts to health associated with changing
- 132 emissions.
- 133
- 134

135 2 Methods

- 136
- 137 **2.1 Air pollution modelling and emissions**

138 Simulations of UK present-day and future air quality at 3 km × 3 km spatial resolution and 139 hourly temporal resolution were undertaken using the EMEP4UK¹ atmospheric chemistry 140 transport model version rv4.36. The chemical model was driven by hourly meteorology from 141 the Weather Research and Forecasting (WRF) model version 4.2.2 (wrf-model.org). The 142 EMEP4UK-WRF modelling system has been widely used to simulate historic, present-day 143 and potential future air quality over the UK (Heal et al., 2013; Vieno et al., 2014; Vieno et al., 144 2016; Nemitz et al., 2020), including provision of evidence on air quality to the UK 145 government (HPA, 2012; AQEG, 2013; AQEG, 2017; AQEG, 2021). Details of the model 146 system have been described previously in our companion HIA study (Macintyre et al., 2023) 147 and in the above references, and are also detailed in the Supplementary Material, so only a 148 brief description of the model runs used in this study is provided here. 149

- 450 Anthronomotic emissions of NO
 - 150 Anthropogenic emissions of NO_x , NH_3 , SO_2 , CO, NMVOC (non-methane VOC), $PM_{2.5}$ and
 - 151 PM_{CO} (coarse particulate matter, aerodynamic diameter >2.5 µm and <10 µm) for the 2018
 - simulation for the UK were taken from the National Atmospheric Emissions Inventory
 - 153 (naei.beis.gov.uk). UK emissions for model simulations of atmospheric composition in 2030,
 - 154 2040 and 2050 use the 'business as usual (BAU)', also referred to as 'baseline' scenarios
 - developed for Defra (ApSimon et al., 2019; Defra, 2022; Oxley et al., 2023) which reflect
 - 156 assumed trends for anthropogenic emissions under existing interventions and policies
 - relating to air quality, including adjustments to include the projected impact of recent policy
 - not included in the 2018 NAEI projections. Emissions projections for the rest of the European
 - 159 domain use official anthropogenic EMEP emissions fields for the corresponding years
 - 160 (www.ceip.at). Model simulations of future air quality use 2018 meteorology in order to

¹ EMEP4UK is a nested version, focused on the British Isles (Figure 1a), of the CLRTAP EMEP MSC-W model described in Simpson et al. (2012), with updates as specified in annual reports (emep.int/mscw).

- 161 evaluate the impact of changes in anthropogenic emissions on changes in health burden.
- 162 Biogenic VOC (BVOC) emissions are included in the model and are dependent on the
- 163 meteorological year (here held constant to evaluate changes in anthropogenic emissions),
- and thus will be the same in simulations using the same meteorological year. Additionally, a
- sensitivity experiment was run for future years using 2003 meteorology, as an example of a
- 166 hot year in the UK for comparison. The CH₄ concentration and the O₃ concentrations at the
- 167 boundary of the extended European domain were fixed at 2018 values.
- 168

169 2.2 Exposure metric and population-weighting

- 170 The daily maximum of the 8-hour running mean O_3 concentration was calculated from
- 171 gridded hourly model output for each of the simulation years at the native grid resolution, to
- 172 match the O_3 exposure metric used in the epidemiology (see equations in Section 2.3). This
- O_3 exposure metric was population-weighted to create regional estimates for the nine
- 174 regions in England, and for Scotland, Wales and Northern Ireland (Fig. 1b) using 100 m
- 175 gridded residential population information for England, Scotland and Wales (National
- 176 Population Database, 2020), and at 1 km for Northern Ireland (Reis et al., 2017).
- 177



Figure 1. (a) The EMEP4UK model domain showing the 3 km x 3 km resolution British Isles domain (yellow box) nested within an extended Europe domain at 27 km x 27 km (plotted variable is altitude). (b) Regions used in the health impact assessment analysis.

178

179 2.3 Health impact calculations

- 180 The hospital admissions associated with short-term exposure to O_3 (H_{aq}) were estimated as
- 181 follows: $H_{aq} = H_T \times AF$, where H_T is the total emergency respiratory hospital admissions (all-
- ages) in the region, and *AF* is attributable fraction of the health outcome in each region
- 183 associated with exposure to O₃. AF is calculated based on the percent increase in

emergency respiratory hospital admissions per 10 μ g m⁻³ O₃ reported from meta-analyses of time-series studies. We used an exposure-response coefficient corresponding to an increase in emergency respiratory hospital admissions (all-ages) of 0.75% (95% CI: 0.30%,1.2%) per 10 μ g m⁻³ daily maximum 8-hour running mean O₃ with no threshold for effects (COMEAP,

- 188 2015; COMEAP, 2022).
- 189

190 Daily emergency hospital admissions for respiratory causes (all-ages) were obtained from ONS for the nine regions in England (extracted via UKHSA DataLake), from Public Health 191 192 Scotland for Scotland, and provided by Northern Ireland Statistical and Research Agency 193 (NISRA) for Northern Ireland for 2018. For Wales, daily data was not available so annual 194 totals for respiratory causes and emergency admission type were obtained from Patient Episode Database for Wales (PEDW, year 2018/19 dhcw.nhs.wales), and distributed across 195 196 days in the year using the daily cycle of the data for England. Annual totals are shown in 197 Supplementary Table S1.

198

199 To account for future changes in population, the HIA results were normalised with mid-year 200 population estimates for 2018 for each region, and then scaled for future years using 201 population projections. ONS produce a range of population projections for the UK based on 202 assumptions about future fertility, mortality, and migration trends (based on long-term 203 demographic trends), with different scenarios ('variant' projections) produced based on 204 high/low fertility, migration, and mortality. We used the 'principal' population projections 205 representing a middle estimate for future population demographics (interim 2020-based, 206 (ONS, 2022)²). Projections are available for Scotland, Wales, Northern Ireland, and England 207 as a whole, so regional totals in England are scaled uniformly. Population totals are shown in 208 Supplementary Table S2.

- 209
- 210

211 3 Results

212

3.1 Impact of future emissions on O₃ and associated hospital admissions

- Across the UK, population-weighted O_3 is generally highest in the spring and early summer
- 215 (April to June) and lower in winter, with some very low values occurring in colder months
- 216 (November to February, Fig. 2a). This seasonal cycle is consistent with surface observations

² The use of the term "interim" in the 2020 release reflects the interval between the 2020-based principal projection and subsequent projections, which will incorporate Census 2021 data. It also recognises uncertainties in the mid-2020 base year and in setting long-term demographic assumptions following the onset of the coronavirus (COVID-19) pandemic.

- 217 of UK O₃ (AQEG, 2021). The lowest values appear mostly in the London region, with the 218 West Midlands, East of England, and North west also showing low excursions (Fig. 3). 219 Comparing the impact of 2050 emissions against 2018 emissions shows an overall increase 220 in O₃ (Fig. 2b,c). The increases in O₃ under 2050 emissions are in areas where O₃ is lowest 221 with 2018 emissions, thus the greatest increases in O₃ 2050 are in those regions showing 222 lower values in 2018 (Fig. 3). In winter months (November to March) the O₃ concentrations 223 increase in response to emission changes across all regions, whereas for warmer months 224 the changes are mixed, with some increases and some decreases (Fig 2b).
- 225
- 226
- 227





(b) Absolute difference in 2050 O_3 exposure with respect to 2018 O_3 exposure (i.e., positive indicates higher O_3 with 2050 emissions as compared with 2018)



(c) Relative difference in 2050 O_3 exposure with respect to 2018 O_3 exposure



Figure 2: (a) UK population-weighted O_3 exposure (daily maximum 8-hour running mean) in 2018; (b) Difference in 2050 compared to 2018; (c) percent difference in 2050 compared to 2018.

- 228
- Examining the overall annual distribution of O₃ exposure by region and emission years
- 230 (Fig. 3) reveals small increases in median daily O_3 exposure, of around 2 4 µg m⁻³, and up
- to 6 μ g m⁻³ in London, with some individual days showing >20 μ g m⁻³ increase (Fig. 3b).
- There is a narrowing of the range of exposures by 2050 (Fig. 3a), as high values in summer
- are slightly reduced, and low values in winter months are increased (Fig. 2b). While the
- range of exposure narrows in future, the range in the difference compared to 2018 appears

to expand (Fig. 3b) indicating less variations in the daily concentrations; this is due to the decreases in O_3 occurring where there is existing higher O_3 (so peak O_3 values in summer are reduced), and the increases in O_3 being where low O_3 values currently occur, particularly so for the instances of very low O_3 values. As the increases in O_3 (due to less suppression by NO) occur on background values that are already small, this leads to very high apparent changes when expressed as a percentage (Fig. 3c).





Figure 3: Boxplots^{*} of daily population-weighted O_3 exposure (based on daily max 8-hour running mean) across all regions and different emission years (meteorology is for 2018 in all simulations). (a) Daily absolute values; (b) daily absolute differences compared to 2018; (c) percent differences compared to 2018. (See Fig. 1b for region codes; EN = England, UK= Whole UK population-weighted value.)

*Whiskers extend to the largest value or no further than 1.5 * IQR. Outliers beyond this range are plotted individually.

242

243 The annual mean daily fraction of emergency respiratory hospital admissions attributable to 244 short-term effects of O₃ exposure was 5.4% in 2018 (with mean ranging from 5.25% in 245 London to 5.65% in the South West), rising slightly to 5.6% by 2050 (range 5.52% in 246 Scotland to 5.78% in the South West) (Fig. 4). The annual cycle of the attributable fractions 247 is in Supplementary Fig. S1. While attributable fractions are driven by air pollution 248 concentrations, the absolute totals of attributable hospital admissions are also influenced by 249 baseline admission rates and population in each region. Northern Ireland, Scotland, and the 250 North West have higher baseline admission rates, and the South East, London and the 251 North West have higher populations, leading to the highest overall attributable hospital 252 admissions being estimated in Scotland, North West and South East (Fig. 4). Given that the 253 changes in future O_3 concentration are comparatively small, the differences in annual 254 attributable fractions and hospital admissions in future years compared with 2018 shown in 255 Fig. 4 are likewise relatively modest. (The values of attributable fractions and hospital 256 admissions using the confidence interval range on the exposure response function are 257 shown in Supplementary Fig. S2.) 258

259 Our analysis suggests that for 2018 the annual total of daily emergency hospital admissions 260 for respiratory causes across the UK associated with short-term exposure to O_3 was 60,488 (95% CI: 24,673 – 94,927), and that this will be higher by 4.2%, 4.5%, and 4.6% in 2030, 261 262 2040 and 2050 respectively (relative to 2018) reaching 63,289 (95% CI: 25,827 - 99,278) with 2050 emissions, an increase of 2,801 (1,154 – 4,352) (Table 1). The overall estimated 263 264 associated hospital admissions in each region are also influenced by baseline admission 265 rates and population size in each region, with the North West, London and South East 266 having larger populations, and Scotland having larger admission rates. 267



Figure 4: Regional attributable fraction (left column) and annual total respiratory emergency hospital admissions (right column) associated with short-term exposure to O_3 . The top row shows annual totals, with error bars showing the 90% confidence interval on the exposure-response coefficient. The bottom row boxplots show the detail of the annual distribution of the daily values of attributable fraction and daily attributable admissions for the central estimates of future populations. (See Fig. 1b for region codes.)

268

| Table 1: Annual total of daily emergency respiratory admissions associated with short-term O ₃ exposure (95% confidence interval on the exposure response coefficient). | | | | | | | |
|--|------------------------------|-------------------------------|------------------------------|------------------------------|--|--|--|
| Region | Region 2018 2030 2040 2050 | | | | | | |
| Scotland | 8366 (3412 – 13131) | 8576 (3499 – 13456) | 8587 (3503 – 13474) | 8589 (3504 – 13477) | | | |
| Wales | 3277 (1337 – 5140) | 3360 (1371 – 5269) | 3366 (1374 – 5278) | 3368 (1374 – 5282) | | | |

| Northern | 3148 | 3181 | 31813181(1298 - 4990)(1298 - 4990) | |
|---|-------------------|-------------------|------------------------------------|-------------------|
| Ireland | (1284 – 4938) | (1298 – 4990) | | |
| East of | 4724 | 4922 | 4945 | 4955 |
| England | (1927 – 7413) | (2009 – 7720) | (2018 – 7758) | (2022 – 7771) |
| East | 3903 | 4080 | 4093 | 4096 |
| Midlands | (1592 – 6126) | (1665 – 6400) | (1670 – 6421) | (1671 – 6425) |
| London | 5222 | 5680 | 5716 | 5725 |
| | (2130 – 8197) | (2319 – 8907) | (2333 – 8963) | (2337 – 8978) |
| North East | 2826 | 2921 | 2929 | 2930 |
| | (1153 – 4435) | (1192 – 4583) | (1195 – 4595) | (1195 – 4596) |
| North West | 7723 | 8127 | 8150 | 8152 |
| | (3149 – 12123) | (3316 – 12750) | (3326 – 12786) | (3326 – 12790) |
| South East | 6466 | 6723 | 6759 | 6778 |
| | (2638 – 10146) | (2744 – 10544) | (2759 – 10601) | (2766 – 10630) |
| South | 4605 | 4716 | 4728 | 4735 |
| West | (1879 – 7224) | (1925 – 7395) | (1930 – 7414) | (1933 – 7425) |
| West | 5388 | 5673 | 5695 | 5700 |
| Midlands | (2197 – 8457) | (2315 – 8900) | (2324 – 8934) | (2326 – 8942) |
| Yorkshire 4839 & Humber (1974 – 7596) | | 5065 | 5079 | 5082 |
| | | (2066 – 7946) | (2072 – 7970) | (2073 – 7974) |
| UK Total | 60,488 | 63,024 | 63,228 | 63,289 |
| | (24,673 – 94,927) | (25,719 – 98,863) | (25,802 – 98,863) | (258270 – 99,278) |

271 When accounting for changes in population size in the future (scaled based on the 272 population changes in Table S2), the annual total of daily hospital admissions for the UK in 273 2050 rises from 63,289 to 67,566 (+4,277) (Table 2), meaning that the increases from the 274 2018 baseline of 4.2%, 4.5%, and 4.6% in 2030, 2040 and 2050 respectively (due to O₃ 275 changes only), are now increased to 8.3%, 10.3% and 11.7% respectively (due to both O₃ 276 and population changes) (full breakdown of results in Table S3). This total hides some 277 regional variation, as although overall UK population increases by 2050, the population in 278 Scotland is expected to rise in 2030, but then fall thereafter and by 2050 is 1.9% lower than 279 its 2018 value (Table S2). The increase in hospital admissions in Scotland (due to O₃ only 280 with no population change) of 222 by 2050, becomes an increase of 55 hospital admissions 281 over the same period when accounting for the shrinking population. In Northern Ireland, 282 population is projected to increase in 2030 and 2040, but to reduce in 2050 closer to 2030 283 levels (Table S2). In all other regions, population changes increase the health burden, with 284 the greatest combined (O₃ and population) changes in hospital admissions by 2050 being in London (+19.1%), the West Midlands (+14.9%), and North West (+14.7%) with respect to 285 286 the 2018 baseline.

287

Table 2: Respiratory emergency hospital admissions associated with O_3 for future years, with and without projected population size changes.

| Region | 2018 | 2 | 030 | 2040 | | 2050 | |
|---------------------|--------|--------|------------------------------|--------|------------------------------|--------|------------------------------|
| | | Base | With population change | Base | With population change | Base | With population change |
| England | 45,698 | 47,907 | 50,101 | 48,094 | 51,348 | 48,153 | 52,319 |
| Scotland | 8,366 | 8,576 | 8,644 | 8,587 | 8,570 | 8,589 | 8,422 |
| Wales | 3,277 | 3,360 | 3,480 | 3,366 | 3,528 | 3,368 | 3,556 |
| Northern Ireland | 3,148 | 3,181 | 3,269 | 3,181 | 3,275 | 3,180 | 3,270 |
| UK total | 60,488 | 63,024 | 65,495 | 63,228 | 66,712 | 63,289 | 67,566 |

289

290 3.2 Impact of inter-annual variation in meteorology on O₃ and hospital admissions 291 The future emission years were also run with 2003 meteorology as another historical 'hot' 292 year for the UK as a sensitivity study for the impact of interannual meteorology on O_3 293 concentrations. While the annual means of future population-weighted daily maximum 8-294 hour mean concentrations are very similar when using either 2018 or 2003 meteorology 295 (less than 1 μ g m⁻³ difference on a UK mean of all such values of 78 μ g m⁻³), there are 296 differences in the annual cycles of the daily concentrations, as illustrated in Fig. 5 for 2050 297 emissions. Overall, the annual cycles both show higher concentrations in April and May (as 298 expected), with some peaks during heatwaves and anticyclonic airflows; for example the 299 effects on simulated O₃ of using the meteorology associated with the European heatwave in 300 early August 2003³ are clearly visible (Fig. 5b). There is also a particular O_3 peak associated 301 with the 16 April 2003 meteorology, coinciding with an unusually hot day for that time of year 302 (26.7°C was recorded in Northolt, Greater London) with clear skies and south easterly air flow, with population-weighted daily maximum 8-hour mean O_3 exceeding 120 µg m⁻³ in 303 West Midlands, North West, East Midlands, and Yorkshire and The Humber (Supplementary 304 305 Fig. S4). May 2018 was the sunniest May on record, leading to high O_3 values when using that month's meteorology, followed by a decline in O₃ in early June (6th to 19th) related to 306 307 more variable weather and low-pressure systems passing over the UK (Weather, 2018a; 308 Weather, 2018b) (Fig. 5a). A transient decrease in O_3 is also apparent in the actual 309 measured ozone in June 2018 (Supplementary Fig. S5).

| (a) | (b) |
|-----|-----|
| | |

³ "The Heatwave of 2003", Met Office, <u>https://www.metoffice.gov.uk/weather/learn-about/weather/case-studies/heatwave</u>. Also Vieno M, Dore AJ, Stevenson DS, Doherty R, Heal MR, Reis S, et al. Modelling surface ozone during the 2003 heat-wave in the UK. Atmos. Chem. Phys. 2010; 10: 7963-7978. 10.5194/acp-10-7963-2010.



Overall totals of annual associated hospital admissions are less than 1% different when using 2018 vs 2003 meteorology (-0.46% in Scotland to 0.91% in South West for 2030 emissions, and 0.07% in Northern Ireland to 0.80% in South West for 2050 emissions). While the annual total changes are small between the two meteorological years (with the same emissions), short-term peaks and episodes of higher O₃ (and associated hospital

- admissions) are transiently influenced by the difference in weather patterns.
- 318

319 **3.3 Impact of emissions changes on hot days**

320 As periods of hot weather and O₃ episodes often overlap, we also present the impact of 321 emissions changes on respiratory hospital admissions with the analysis restricted to days 322 with higher temperatures. To define a 'hot day', studies typically consider different 323 percentiles of the annual distribution of daily mean temperatures, and we selected here the 324 95th percentile to define a 'hot day' (as also used by Pattenden et al. (2010)). Taking the 325 Central England Temperature (CET) as an indicator for UK temperature (Parker et al., 1992), gives 18.4°C as the 95th percentile of the annual distribution of daily mean 326 327 temperature (with a total of 34 days above this temperature in 2018). During summer when 328 O₃ concentrations are generally higher, the impact of emission reductions is to lower some 329 of the peak O_3 values (Fig. 2b), and results in a reduction in respiratory hospital admissions 330 associated with O_3 exposure for these days (Table 3). This would indicate that while the 331 overall annual total of respiratory emergency hospital admissions across the year increases 332 in response to anthropogenic emissions changes (Fig. 4, Table 1), those admissions 333 occurring on the hottest days (when O_3 concentrations are highest) are actually reduced, 334 demonstrating a benefit of anthropogenic emission controls on hot days.

Table 3: Health impact assessment restricted to hot days (>95th percentile of annual daily mean CET distribution) at the UK level. (The total number of days in consideration here is 34, to consider when comparing to annual totals. Population changes are not assumed

| here). | | | | | |
|---|------|--------|--------|--------|--|
| | | | | | |
| Emission year | 2018 | 2030 | 2040 | 2050 | |
| O ₃ exposure (µg m ⁻³) | 86.1 | 85.1 | 84.2 | 84.0 | |
| Mean attributable fraction | 6.2% | 6.2% | 6.1% | 6.1% | |
| Total attributable hospital | 4958 | 4904 | 4851 | 4841 | |
| admissions over the 34-days | | (-54) | (-107) | (-116) | |
| (change from 2018) | | | | | |
| Mean daily attributable hospital | 146 | 144 | 143 | 142 | |
| admissions (change from 2018) | | (-1.6) | (-3.1) | (-3.4) | |

336

337

338 4 Discussion

339

340 Our results suggest that current policies driving anthropogenic emission changes will lead to 341 an increase in future UK O_3 concentrations and hence in associated respiratory emergency 342 hospital admissions; for example, by 4.6% in 2050, an increase of 2,801 admissions across 343 the UK from 2018 assuming no population changes. Hospital admissions increase by 11.7% 344 by 2050 when population projections are also included (Table S3). Previous work has shown 345 that in future there are likely to be improvements in UK air quality through reductions in PM_{2.5} 346 and NO₂, and a reduction in the mortality burden associated with long-term exposure 347 (Macintyre et al., 2023), whilst here we show that there may be a concurrent, albeit smaller, 348 increase in respiratory hospital admissions. When restricting the analysis to the hottest days 349 of the year, future anthropogenic emission reductions result in lower O₃ concentrations on 350 hot days, and lower associated respiratory hospital admissions. While the overall annual 351 burden of associated respiratory hospital admissions increases (as hospital admissions are 352 generally greater in colder months, and the effect of emission reductions is generally to 353 increase O_3 concentrations in these months), on hot days O_3 concentrations are lower in 354 simulations with lower anthropogenic emissions, which could be beneficial for health and 355 care services during periods of hot weather (Table 3). The use of different meteorological 356 years in our analysis results in only very small (<1%) differences in the annual total 357 attributable daily hospital admissions, although there is a clear influence of meteorology on 358 day-to-day variation in O_3 concentrations and thus in associated hospital admission (Fig. 5).

359 It is not possible to know future meteorology exactly, but clearly there will be some potential 360 impact of interannual variability in meteorology on future O_3 concentrations and health 361 burdens as well. As heatwaves (commonly associated with O_3 episodes) are projected to 362 become more frequent and intense with climate change in the UK (Murphy et al., 2018), 363 there may be implications for response planning when periods of hot weather are forecast, 364 as there may also be health effects from increased O₃. While the aim here is to examine the 365 impact of changes in anthropogenic emissions, the role of natural emissions of O_3 366 precursors (for example BVOC emissions that increase with temperature), and hemispheric 367 CH₄ may become more important in future as anthropogenic emissions become smaller, and 368 as temperatures rise. BVOC emissions are included in the model and are dependent on the 369 meteorology; though as the aim of the study is to evaluate the impacts of anthropogenic air 370 pollutant emission changes associated with current policies, we use the same 371 meteorological year to aid comparison. However, whilst BVOC emissions are the same for 372 simulations using the same meteorological year, the impact of the BVOC emissions on O_3 373 formation will vary with the different anthropogenic VOC and NO_x emissions. Our simulations 374 extend to 2050 which has been shown to be about the point where future temperature 375 projections start to significantly diverge for different scenarios. It is not possible to simulate 376 future meteorology at the high spatial and temporal resolution, and over a large enough 377 spatial domain, required to drive BVOC emissions and other meteorologically-dependent 378 transboundary atmospheric chemistry processes within air quality models such as the 379 EMEP4UK model we use here. Instead, our selection of a relatively hot recent year (2018) 380 that may become a 50-50 likely summer by 2050 (as noted in the UKCP18 headline findings 381 report) will emulate potential representation of future conditions.

382

383 Regional variation in the impacts of emissions changes is generally modest; the largest 384 impacts of emissions changes are observed in London, which has the greatest reduction in 385 NO_x emissions in future (leading to enhanced O_3 through reduced titration with NO). At the 386 daily scale, the largest changes are to the lowest O₃ concentrations which are due to high 387 NO chemically depleting the O₃. By reducing NO emissions, the most polluted NO days are 388 reduced in future, leading to increases in O_3 on these days (Fig. 3). This effect has also 389 been observed during the sudden curtailment of emissions, particularly from transport, 390 during the 'lockdown' periods associated with COVID-19 measures in 2020 (AQEG, 2020; Grange et al., 2021; Jephcote et al., 2021). 391

392

393 Our results here align with other studies assessing the impact of future emission changes on 394 O_3 concentrations which find similar increases near population centres, driven by NO_x 395 emission reductions (Heal et al., 2013; Hedegaard et al., 2013; Fenech et al., 2021). Very 396 few studies have quantified hospital admissions associated with O₃ across the UK (with the 397 majority examining mortality); our results for 2018 (60,488) are larger than those of Heal et 398 al. (2013, who reported 30,700 respiratory hospital admissions associated with O_3 exposure 399 in 2003, though our study has higher baseline admission rates, different background 400 emission scenarios and atmospheric model resolution, and a slightly larger ERF coefficient; 401 our study also has higher O_3 levels, with averages in the range 70-80 µg m⁻³ compared with 402 60-70 µg m⁻³. Stedman et al. (1997) estimate about 6% of respiratory emergency hospital 403 admissions are attributable to O₃, which compares with the figures in our study, noting this is 404 strongly affected by use or not of an O_3 concentration threshold, where health effects are 405 assumed to be attributed to the exposure only above a given threshold for effects, and no 406 health impacts attributed at concentrations below this. The choice of exposure coefficient 407 and concentration threshold for effects is important as this impacts the overall health burden 408 estimates, which are higher when no threshold is used (e.g. Stedman 1997 found a 20-fold 409 increase in burden estimate when using no threshold as opposed to a 50 ppbv threshold). 410 However, when assessing the impact of O₃ changes, the impact of the change appears 411 larger when a threshold is used; for example if a threshold for O_3 effects is assumed, health 412 burdens are more sensitive to changes in O_3 concentrations, although total health burdens 413 are roughly an order of magnitude lower (Stedman et al., 1997; Stedman and Kent, 2008; 414 Heal et al., 2013; COMEAP, 2022). Recent recommendations for the UK are not to use a 415 threshold for effects (COMEAP, 2022), which we followed in this work. There is some 416 evidence that temperature may act as a modifier for O_3 effects, and this may be important in 417 future if heatwaves and episodes of O_3 become more common or intense (Pattenden et al., 418 2010; Atkinson et al., 2012). It is not possible to predict future changes in exposure-419 response relationships. Changes in baseline hospital admissions may also influence overall 420 health impact estimates.

421

The UK has an objective value of 100 μ g m⁻³ for the daily maximum 8-hour mean O₃, not to 422 423 be exceeded more than 10 times a year as set out in the National Air Quality Objectives as 424 part of the Air Quality Standards Regulations 2010 (UK Government, 2010). Our study 425 shows that, in future, the number of days exceeding the target value of 100 μ g m⁻³ is 426 projected to increase in London (from 44 in 2018 to 57 days in 2050), North West (26 in 427 2018 to 36 in 2050), and East England (37 in 2018 to 48 in 2050), and decreases in others 428 (1 or 2 fewer days in Scotland, Northern Ireland and the South West), with small increases in 429 other areas. In 2021, the WHO updated its recommended air quality guideline (AQG) levels 430 for air pollutants, including O_3 , with a new guideline of 100 µg m⁻³ for 8-hour mean O_3 431 (reduced from 120 µg m⁻³) not to be exceeded 3-4 times per year (World Health

432 Organization, 2021). Our analysis shows it may be harder for the UK to meet its objective

and the new WHO AQG values in future. We note however that the data presented above
are based on population-weighted mean values for the region or country and that changes in
daily maximum 8-hour mean O₃ at specific locations will vary.

436

At global scale, surface O_3 is expected to decrease slightly in future in low-NO_x regimes, due to increased humidity leading to greater O_3 destruction, whereas in polluted regions, model studies suggest an increase in O_3 (Szopa et al., 2021), with the influence of climate changes on air quality being dependent on the particular emissions scenarios (Fiore et al., 2015). Here we use fixed CH₄ and O₃ boundary conditions, and while wider hemispheric trends in ozone from global trends in emissions of CH₄ will impact on UK concentrations, the direction of change is unclear (AQEG, 2021).

444

445 A previous study using the same modelling as here showed that reducing emissions 446 generally improves air pollution ($PM_{2.5}$ and NO_2) and the associated mortality burdens by 447 around a third by 2050 (Macintyre et al., 2023), though as no threshold for effects is 448 assumed, health impacts still remain. Here however we show that there can be some 449 worsening effects related to secondary pollutants such as O_3 , though for hot days (that often 450 coincide with higher O_3) these may be reduced. While the overall impacts of emission 451 reductions are beneficial for health (Macintyre et al., 2023) (acknowledging that it is 452 challenging to directly compare mortality burdens and daily hospital admissions), we find that 453 there may be increased effects on emergency respiratory hospital admissions, which is 454 important for health system response planning when such episodes are forecast. Our 455 analysis in this study and a previous study (Macintyre et al., 2023) provides quantitative 456 estimates of the potential effects to health of current policy commitments. The methods here 457 use a simple burden calculation to estimate health effects, though the specific impacts will 458 depend on the speed and scale of emission reductions. Our results indicate the likely 459 impacts to health if emissions likely to be reached at a particular indicative year in the future 460 were to be met and sustained. While we examine the impact of population size changes, potential changes in baseline hospital admission rates are another source of uncertainty for 461 462 future projections. An important point is that the UK population is ageing; as the likelihood of 463 living with chronic disease and susceptibility to illness in general tends to increases with age, 464 there may be increases in the baseline rates of many health effects associated with air 465 pollution. Future baseline rates of hospital admissions are challenging to predict in any 466 robust manner as many factors influence these (e.g. circulating respiratory infections, rates 467 of chronic respiratory disease, influenza vaccine uptake and effectiveness) and thus are not 468 considered here, which is a limitation of the study. Another limitation is related to potential 469 future changes in exposure-response relationships; No known methodology exists to reliably

- 470 predict these as these depend on multiple factors such as the future air pollution
- 471 composition, exposure estimates, and population health, thus we do not examine this in the
- 472 current analysis. Finally, the effects of higher air pollution levels and air pollution episodes
- 473 will undoubtedly be modified by behaviours that affect exposure and inhaled dose, such as
- 474 time spent indoors and exercise undertaken.
- 475

476 Conclusion

477

478 The effect of future emission policy on air pollution in the UK has been modelled and a 479 quantitative HIA to estimate impacts on emergency respiratory hospital admissions 480 performed. While our previous work showed significant reductions in the mortality burden 481 due to lower PM_{2.5} and NO₂ concentrations, we estimate here that there will be a small 482 increase in O_3 exposure in future, and hence in associated hospital admissions, as a result 483 of lower NO in urban areas, where most people reside. The main impacts on O_3 occur on the 484 days with lowest O₃ (i.e. highest NO_x days) in regions that are already more polluted 485 generally, such as London. Emission control policy has clear benefits to health through 486 reducing $PM_{2.5}$ and NO_2 , though effects related to secondary pollutants such as O_3 can be 487 complex and should be acknowledged. As other air pollutants in the UK continue to decline 488 thanks to emission controls, it seems likely that the importance of O_3 will grow. Future work 489 on the health impacts of air pollution episodes in summer coinciding with heat should 490 consider potential worsening effects associated with local increasing O₃ concentrations, and 491 may need to be considered when planning for public health protection during these periods. 492

493 Acknowledgements

494 This research was partly funded by the National Institute for Health Research (NIHR) Health 495 Protection Research Unit (HPRU) in Environmental Change (NIHR200909), a partnership 496 between the UK Health Security Agency and the London School of Hygiene and Tropical 497 Medicine, University College London, and the Met Office, and the HPRU in Environmental Exposures and health, a partnership between the UK Health Security Agency and the 498 499 University of Leicester. The views expressed are those of the authors and not necessarily 500 those of the NIHR, the UK Health Security Agency, or the Department of Health and Social 501 Care. We acknowledge health data from ONS, Public Health Scotland, Northern Ireland 502 Statistical and Research Agency (NISRA), dhcw.nhs.wales, and population data from the 503 National Population Database, and UK Centre for Ecology & Hydrology. The work of the UK 504 Centre for Ecology & Hydrology was supported through funding from the Department for 505 Environment, Food and Rural Affairs under the contract "Research & Development Support 506 for National Air Pollution Control Strategies (ECM: 62041) 2021 to 2024" and builds upon

- 507 research supported by the Natural Environment Research Council award number
- 508 NE/R016429/1 as part of the UK-SCAPE programme delivering National Capability. CH is
- 509 supported by a NERC fellowship (NE/R01440X/1) and acknowledges funding for the
- 510 HEROIC project (216035/Z/19/Z) from the Wellcome Trust.
- 511

512 References

- ApSimon H, Oxley T, Woodward H, Mehlig D. Air quality: Assessing progress towards WHO
 guideline levels of PM_{2.5} in the UK. Annex 1 (Imperial College London) in Asessing
 progress towards WHO guideline levels of PM2.5 in the UK Department of Food,
 Environment & Rural Affairs, <u>https://www.gov.uk/government/publications/air-quality-</u>
 assessing-progress-towards-who-guideline-levels-of-pm25-in-the-uk, 2019.
 AQEG. Mitigation of United Kingdom PM_{2.5} Concentrations. Report from the Air Quality
 Expert Group. UK Department for Environment, Food and Rural Affairs, London,
- 520 <u>http://uk-air.defra.gov.uk/library/reports?report_id=827, 2013.</u>
- 521AQEG. Impacts of Shipping on UK Air Quality. Report from the Air Quality Expert Group. UK522Department for Environment, Food and Rural Affairs, London, https://uk-air.defra.gov.uk/library/reports.php?report_id=934, 2017.
- AQEG. Estimation of changes in air pollution emissions, concdentrations and exposure
 during the COVID-19 outbreak in the UK: Rapid evidence review June 2020. Defra,
 <u>https://uk-</u>
- 527 <u>air.defra.gov.uk/assets/documents/reports/cat09/2007010844_Estimation_of_Chang</u> 528 <u>es_in_Air_Pollution_During_COVID-19_outbreak_in_the_UK.pdf</u>, 2020.
- AQEG. Ozone in the UK Recent Trends and Future Projections. Report from the Air
 Quality Expert Group. UK Department for Environment, Food and Rural Affairs,
 London, <u>https://uk-air.defra.gov.uk/library/reports.php?report_id=1064</u>, 2021.
- Atkinson RW, Yu D, Armstrong BG, Pattenden S, Wilkinson P, Doherty RM, et al.
 Concentration–Response Function for Ozone and Daily Mortality: Results from Five
 Urban and Five Rural U.K. Populations. Environmental Health Perspectives 2012;
 120: 1411-1417. doi:10.1289/ehp.1104108.
- Carnell E, Vieno M, Vardoulakis S, Beck R, Heaviside C, Tomlinson S, et al. Modelling
 public health improvements as a result of air pollution control policies in the UK over
 four decades—1970 to 2010. Environmental Research Letters 2019; 14: 074001.
 10.1088/1748-9326/ab1542.
- Colette A, Bessagnet B, Vautard R, Szopa S, Rao S, Schucht S, et al. European
 atmosphere in 2050, a regional air quality and climate perspective under CMIP5
 scenarios. Atmos. Chem. Phys. 2013; 13: 7451-7471. 10.5194/acp-13-7451-2013.
- 543 COMEAP. Quantification of Mortality and Hospital Admissions Associated with Ground-level
 544 Ozone. Committee on the Medical Effects of Air Pollutants. Produced by Public
 545 Health England for the Committee in the Medical Effects of Air Pollutants, 2015.
- 546 COMEAP. Statement on update of recommendations for quantifying hospital admissions
 547 associated with short-term exposures to air pollutants. Produced by UK Health
 548 Security Agency for the Committee in the Medical Effects of Air Pollutants,
 549 <u>https://www.gov.uk/government/publications/air-pollution-quantifying-effects-on-</u>
 550 hospital-admissions, 2022.
- 551 Defra. Air quality PM_{2.5} targets: Detailed evidence report. In: Department for Environment
 552 Food & Rural Affairs, editor, <u>https://consult.defra.gov.uk/natural-environment-</u>
 553 policy/consultation-on-environmental-
- 554targets/supporting_documents/Air%20quality%20targets%20%20Detailed%20Eviden555ce%20report.pdf, 2022.
- 556 Doherty RM, Heal MR, O'Connor FM. Climate change impacts on human health over Europe
 557 through its effect on air quality. Environmental Health 2017; 16: 118.
 558 10.1186/s12940-017-0325-2.

- Fenech S, Doherty RM, O'Connor FM, Heaviside C, Macintyre HL, Vardoulakis S, et al.
 Future air pollution related health burdens associated with RCP emission changes in the UK. Science of The Total Environment 2021: 145635.
- 562 10.1016/j.scitotenv.2021.145635.
- Fiore AM, Naik V, Leibensperger EM. Air Quality and Climate Connections. Journal of the Air
 & Waste Management Association 2015; 65: 645-685.
 10.1080/10962247.2015.1040526.
- Forouzanfar MH, Afshin A, Alexander LT, Anderson HR, Bhutta ZA, Biryukov S, et al.
 Global, regional, and national comparative risk assessment of 79 behavioural,
 environmental and occupational, and metabolic risks or clusters of risks, 1990–2015:
 a systematic analysis for the Global Burden of Disease Study 2015. The Lancet
 2015; 388: 1659-1724. http://dx.doi.org/10.1016/S0140-6736(16)31679-8.
- Grange SK, Lee JD, Drysdale WS, Lewis AC, Hueglin C, Emmenegger L, et al. COVID-19
 lockdowns highlight a risk of increasing ozone pollution in European urban areas.
 Atmos. Chem. Phys. 2021; 21: 4169-4185. 10.5194/acp-21-4169-2021.
- Heal MR, Heaviside C, Doherty RM, Vieno M, Stevenson DS, Vardoulakis S. Health burdens
 of surface ozone in the UK for a range of future scenarios. Environment International
 2013; 61: 36-44. 10.1016/j.envint.2013.09.010.
- Hedegaard GB, Christensen JH, Brandt J. The relative importance of impacts from climate
 change vs. emissions change on air pollution levels in the 21st century. Atmos.
 Chem. Phys. 2013; 13: 3569-3585. 10.5194/acp-13-3569-2013.
- HPA. Health Effects of Climate Change in the UK 2012. In: Vardoulakis S, Heaviside C,
 editors. Health Protection Agency,
- 582https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachm583ent_data/file/371103/Health_Effects_of_Climate_Change_in_the_UK_2012_V13_wit584h_cover_accessible.pdf, 2012.
- Huangfu P, Atkinson R. Long-term exposure to NO2 and O3 and all-cause and respiratory
 mortality: A systematic review and meta-analysis. Environment International 2020;
 144: 105998. <u>https://doi.org/10.1016/j.envint.2020.105998</u>.
- Jephcote C, Hansell AL, Adams K, Gulliver J. Changes in air quality during COVID-19
 'lockdown' in the United Kingdom. Environmental Pollution 2021; 272: 11.
 10.1016/j.envpol.2020.116011.
- Lee JD, Drysdale WS, Finch DP, Wilde SE, Palmer PI. UK surface NO2 levels dropped by
 42 % during the COVID-19 lockdown: impact on surface O3. Atmos. Chem.
 Phys. 2020; 20: 15743-15759. 10.5194/acp-20-15743-2020.
- Macintyre HL, Mitsakou C, Vieno M, Heal MR, Heaviside C, Exley KS. Impacts of emissions
 policies on future UK mortality burdens associated with air pollution. Environment
 International 2023; 174: 107862. https://doi.org/10.1016/j.envint.2023.107862.
- 597 Mitsakou C, Gowers A, Exley K, Milczewska K, Evangelopoulos D, Walton H. Updated
 598 mortality burden estimates attributable to air pollution. Chemical Hazards and
 599 Poisons Report. Issue 28 June 2022. UK Health Security Agency,
 600 https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attac
- 600https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachm601ent_data/file/1083447/CHaPR_AQ_Special_Edition_2206116.pdf, 2022.
- 602Murphy JM, Harris GR, Sexton DMH, Kendon EJ, Bett PE, Clark RT, et al. UKCP18 Land603projections: Science Report. Version 2.0,. Met Office Hadley Centre, Exeter.604<u>http://ukclimateprojections.metoffice.gov.uk/</u>, 2018, pp. Met Office © Crown Copyright6052018.
- Nemitz E, Vieno M, Carnell E, Fitch A, Steadman C, Cryle P, et al. Potential and limitation of air pollution mitigation by vegetation and uncertainties of deposition-based evaluations. Philosophical Transactions of the Royal Society A: Mathematical, Physical and Engineering Sciences 2020; 378: 20190320. 10.1098/rsta.2019.0320.
 ONS. National population projections: 2020-based interim,
- 611https://www.ons.gov.uk/peoplepopulationandcommunity/populationandmigration/pop612ulationprojections/bulletins/nationalpopulationprojections/2020basedinterim, 2022.

613 Oxley T, Vieno M, Woodward H, ApSimon H, Mehlig D, Beck R, et al. Reduced-form and 614 complex ACTM modelling for air quality policy development: A model inter-615 comparison. Environment International 2023; 171: 107676. 616 10.1016/j.envint.2022.107676. 617 Parker DE, Legg TP, Folland CK. A new daily central England temperature series, 1772-618 1991. 1992; 12: 317-342. 10.1002/joc.3370120402. 619 Pattenden S, Armstrong B, Milojevic A, Heal MR, Chalabi Z, Doherty R, et al. Ozone, heat 620 and mortality: acute effects in 15 British conurbations. Occupational and 621 Environmental Medicine 2010; 67: 699-707. 10.1136/oem.2009.051714. 622 Reis S, Liska T, Steinle S, Carnell E, Leaver D, Roberts E, et al. UK Gridded Population 2011 based on Census 2011 and Land Cover Map 2015. In: Centre NEID, editor, 623 https://doi.org/10.5285/0995e94d-6d42-40c1-8ed4-5090d82471e1, 2017. 624 625 Royal Society. Ground-level ozone in the 21st century: future trends, impacts and policy 626 implications. Sceince Policy Report 15/08. The Royal Society, http://rovalsocietv.org/policy/publications/2008/ground-level-ozone/. 2008. 627 628 Stedman JR, Anderson HR, Atkinson RW, Maynard RL. Emergency hospital admissions for 629 respiratory disorders attributable to summer time ozone episodes in Great Britain. 630 Thorax 1997; 52: 958-963. 10.1136/thx.52.11.958. Stedman JR, Kent AJ. An analysis of the spatial patterns of human health related surface 631 632 ozone metrics across the UK in 1995, 2003 and 2005. Atmospheric Environment 633 2008; 42: 1702-1716. http://dx.doi.org/10.1016/j.atmosenv.2007.11.033. 634 Szopa S, Naik V, Adhikary B, Artaxo P, Berntsen T, Collins WD, et al. Short-Lived Climate 635 Forcers, In Climate Change 2021: The Physical Science Basis, Contribution of 636 Working Group I to the Sixth Assessment Report of the Intergovernmental Panel on 637 Climate Change. [Masson-Delmotte, V., P. Zhai, A. Pirani, S.L. Connors, C. Péan, S. Berger, N. Caud, Y. Chen, L. Goldfarb, M.I. Gomis, M. Huang, K. Leitzell, E. Lonnoy, 638 639 J.B.R. Matthews, T.K. Maycock, T. Waterfield, O. Yelekçi, R. Yu, and B. Zhou (eds.)]. 640 2021: 817-922. 10.1017/9781009157896.008. 641 UK Government. The Air Quality Standards Regulations 2010. In: Department for Environment Food & Rural Affairs, editor. Gov.uk, 642 643 https://www.legislation.gov.uk/uksi/2010/1001/contents/made, 2010. Vieno M, Heal MR, Hallsworth S, Famulari D, Doherty RM, Dore AJ, et al. The role of long-644 645 range transport and domestic emissions in determining atmospheric secondary 646 inorganic particle concentrations across the UK. Atmos. Chem. Phys. 2014; 14: 647 8435-8447. 10.5194/acp-14-8435-2014. Vieno M, Heal MR, Twigg MM, MacKenzie IA, Braban CF, Lingard JJN, et al. The UK 648 649 particulate matter air pollution episode of March-April 2014: more than Saharan dust. 650 Environmental Research Letters 2016; 11: 044004. 10.1088/1748-9326/11/4/044004. 651 von Schneidemesser E, Monks PS, Allan JD, Bruhwiler L, Forster P, Fowler D, et al. 652 Chemistry and the Linkages between Air Quality and Climate Change. Chemical 653 Reviews 2015; 115: 3856-3897. 10.1021/acs.chemrev.5b00089. Weather. June 2018 Most places dry, warm and sunny; exceptionally dry in much of south. 654 655 Weather 2018a; 73: i-iv. https://doi.org/10.1002/wea.3138. 656 Weather. May 2018 Warm and very sunny. Many places dry, but thundery downpours in 657 south in closing days. Weather 2018b; 73: i-iv. https://doi.org/10.1002/wea.3133. Williams ML, Lott MC, Kitwiroon N, Dajnak D, Walton H, Holland M, et al. The Lancet 658 659 Countdown on health benefits from the UK Climate Change Act: a modelling study for Great Britain. The Lancet Planetary Health 2018; 2: e202-e213. 10.1016/S2542-660 661 5196(18)30067-6. 662 World Health Organization. WHO global air guality guidelines: particulate matter (PM_{2.5} and 663 PM₁₀), ozone, nitrogen dioxide, sulfur dioxide and carbon monoxide. 664 https://apps.who.int/iris/handle/10665/345329, accessed November 2022: World 665 Health Organization, 2021.