Diagnostic et classification de la névrite optique

https://doi.org/10.1016/S1474-4422(22)00200-9

CLUB DE NEURO-OPHTALMOLOGIE FRANCOPHONE

Jeudi 26-JAN-2023, 16:30-16:50

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Divulgations

NIHR UK, UCSF
Stichting MS Research NL
Novartis, Heidelberg Academy

Contenu

- Contexte
- Procédure Delphi
- Comité
- Classification
- Critère diagnostique
- Résumé

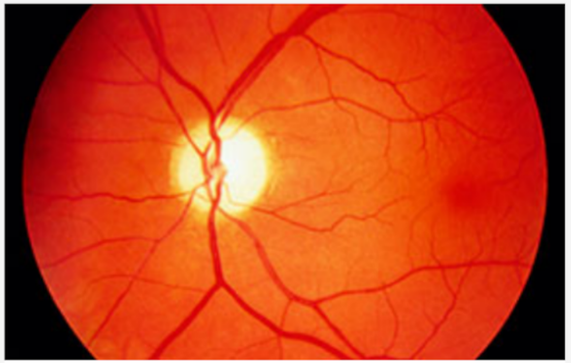
Mon permier patient

- Lyon, 5-JAN-1994
- *Je n'ai rien trouvé sauf l'atteinte de la vision, [...]. on a trouvé aussi une latence dans les potentiels évoques visuels. Ça peut être une atteinte directe de nerf optique. On féra des examens supplémentaires, comme la ponction lombaire (SEP, Chlamydias, Syphilis, tuberculose, Lyme).*

The Lancet

THE LANCET

Series and commissions



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Optic Neuropathies

The Lancet Neurology

Published: September 22, 2022

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Optic Neuropathies

Published: September 22, 2022

Executive Summary

Optic neuropathies can reflect a wide range of pathophysiologies, both acquired and inherited. This Series provides an update on the clinical, imaging, and laboratory findings that differentiate these disorders, allowing clinicians to focus their diagnostic studies and optimise treatments. Multimodality optic nerve imaging—including fundus photography, optical coherence tomography, and MRI—has greatly advanced the diagnosis and follow-up of patients with optic neuropathies. Also reviewed in this Series, new evidence shows that optic neuritis can frequently indicate autoimmune neurological disorders, including multiple sclerosis and the recently recognised disease categories of aquaporin-4 antibody-associated neuromyelitis optica spectrum disorder and myelin-oligodendrocyte glycoprotein antibody-associated disease. Early clinical recognition of optic neuritis is, therefore, important for prognosis and treatment. Also reviewed in the Series, a unifying feature in the pathophysiology of hereditary disorders of the optic nerve is mitochondrial dysfunction. Treatments are emerging for optic neuropathies, including immunotherapies and genetic therapies.

Series

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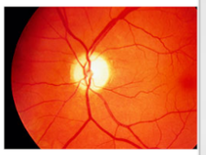

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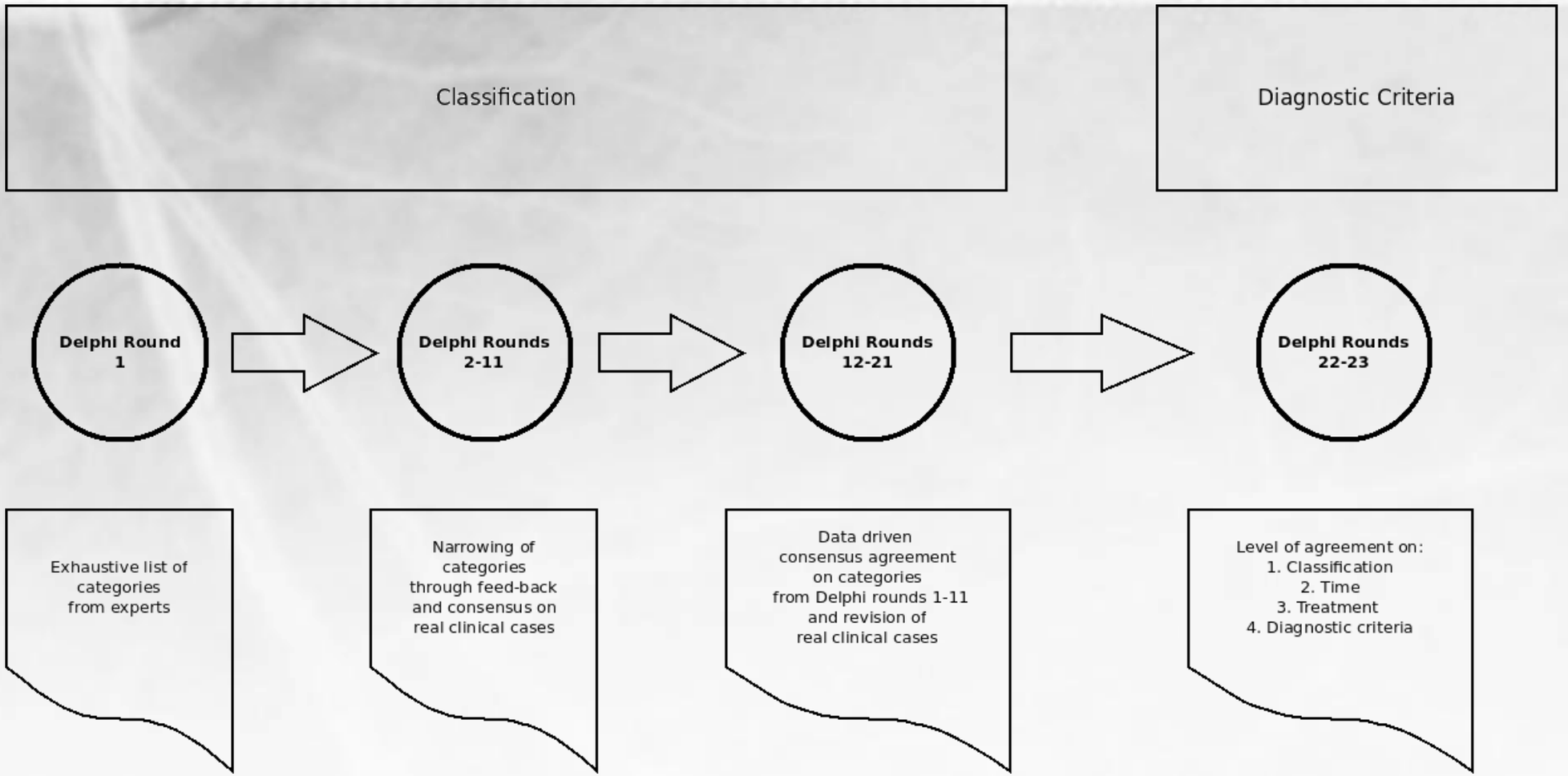
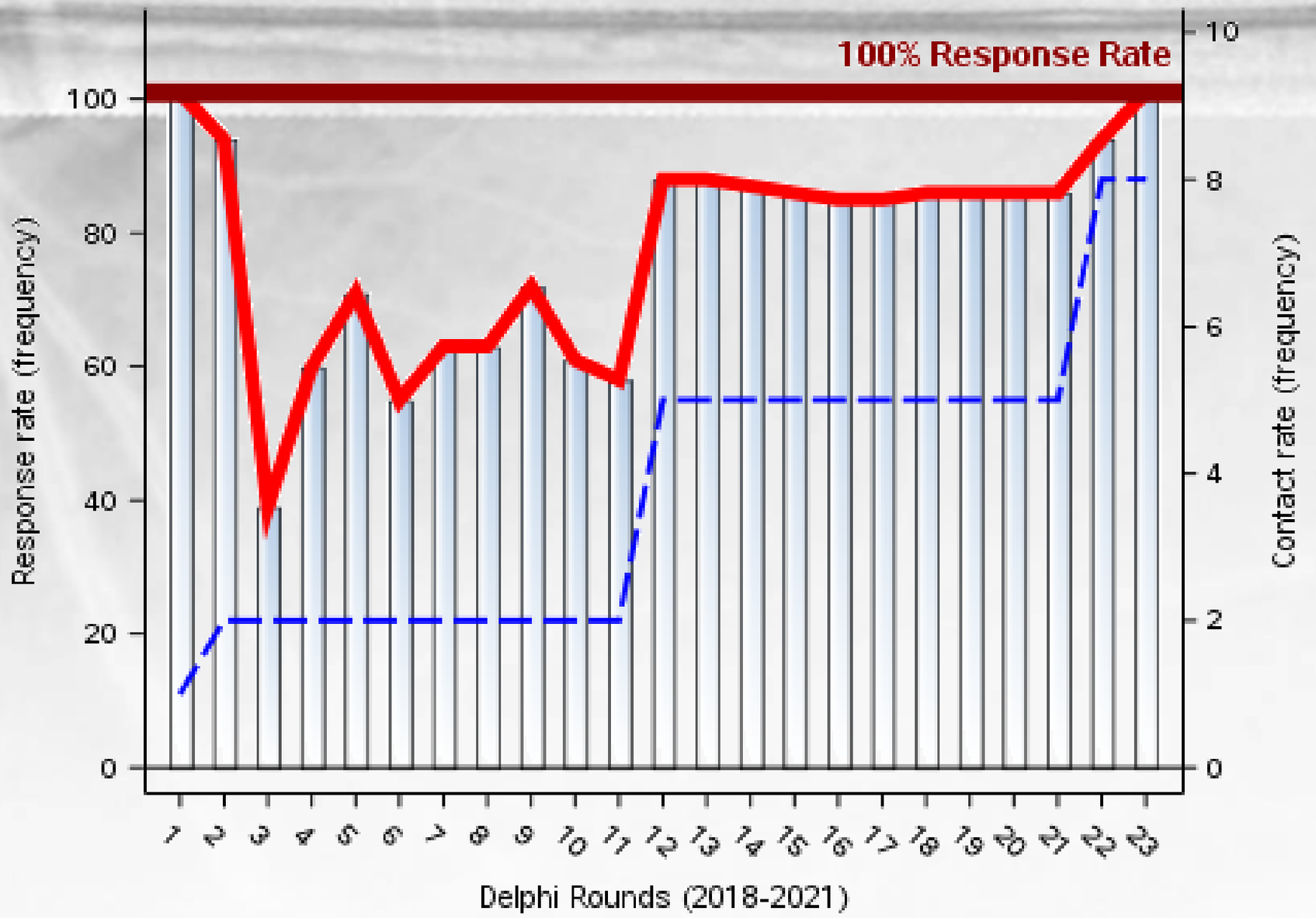
Procédure Delphi



Définition du consensus >80%

Delphi (2018-2021)



Cas clinique exemplaire

- A 50 year old man had developed a febrile illness with fatigue, anosmia and loss of taste. About 3 weeks later he experienced bilateral retrobulbar pain, worsening on eye movements with visual loss. Visual loss progressed over 7 days before he presented to Moorfields Eye Hospital. Visual acuities were reduced to RE hand movement and LE count finger. There was a right RAPD and bilateral swollen optic discs. He was treated with high dose steroids (1g/day i.v. for 5 days). Within 4 days his vision recovered to a VA of RE 6/9 and LE 6/5.

I have seen similar case(s) before /This is a new case for me

- His MRI (coronal T1 with contrast, Figure 29) showed contrast enhancement of both optic nerves and nerve sheets. There were no lesions typical for multiple sclerosis elsewhere in the brain.

This information changed my clinical working diagnosis /
This information confirmed my clinical working diagnosis

- A nasopharyngeal swab was positive for COVID (PCR). Routine blood tests were normal. He was seronegative for AQP4 and MOG. The CSF showed matched oligoclonal bands.

This makes a definite diagnosis /
This is non-specific

- I think this patient has a diagnosis of (please type your own answer here) [...]

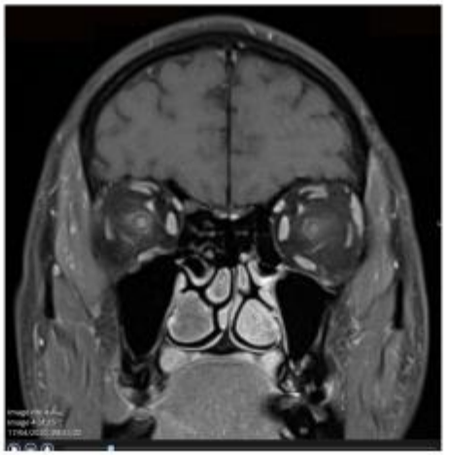


Figure 29: *Case 5 MRI.*

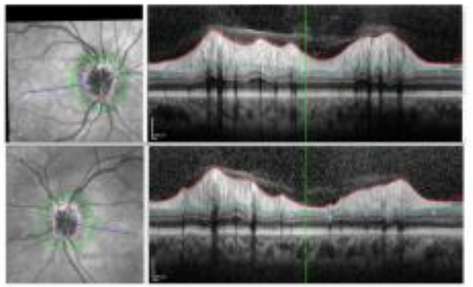


Figure 30: *Case 5 OCT.*

- Do you think the three week interval between onset of COVID and his bilateral optic neuritis is acceptable to strongly consider this to be a post-infectious optic neuritis? yes/no

- The bilateral optic disc swelling was documented by OCT (Figure 30).

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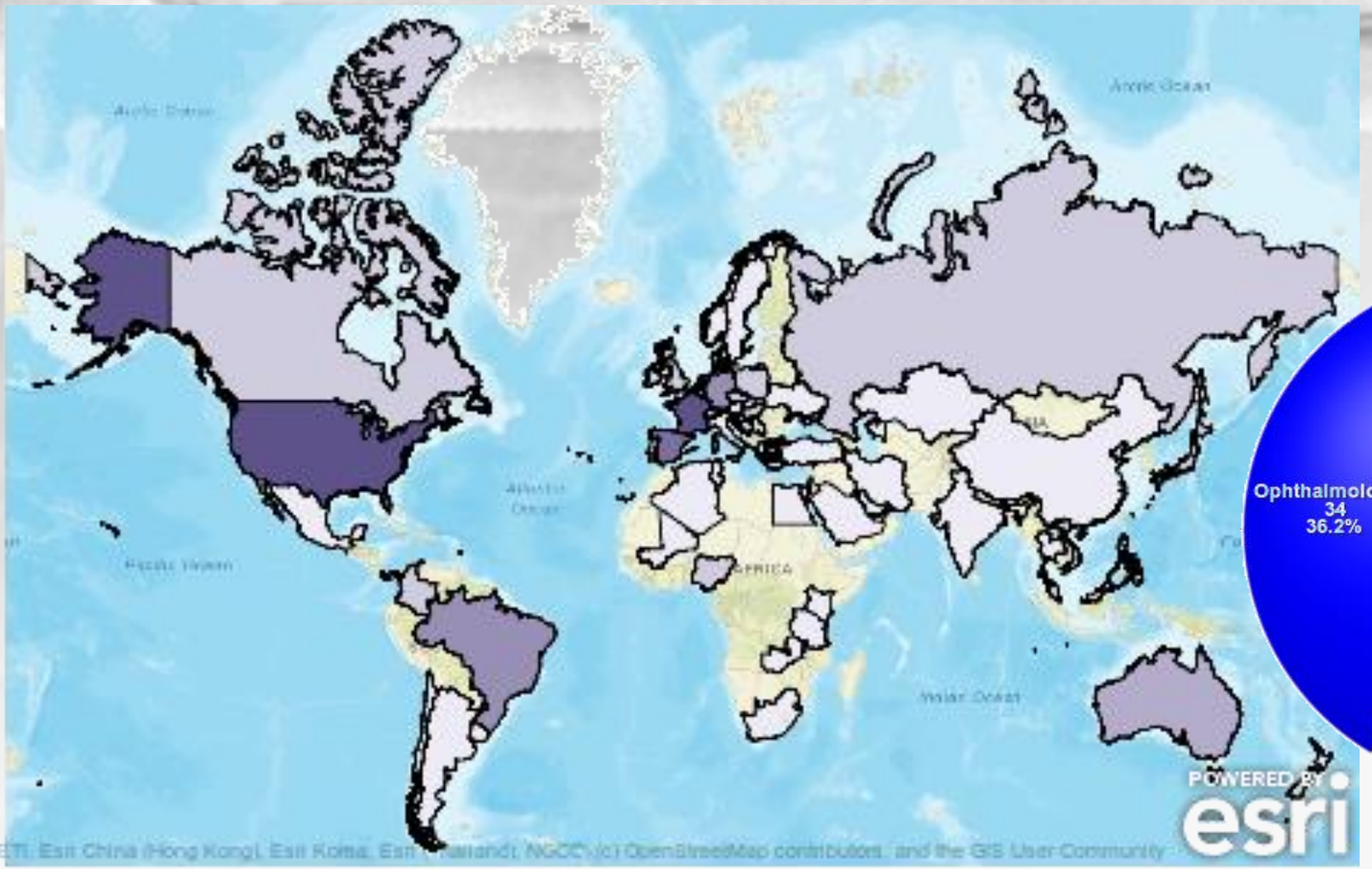
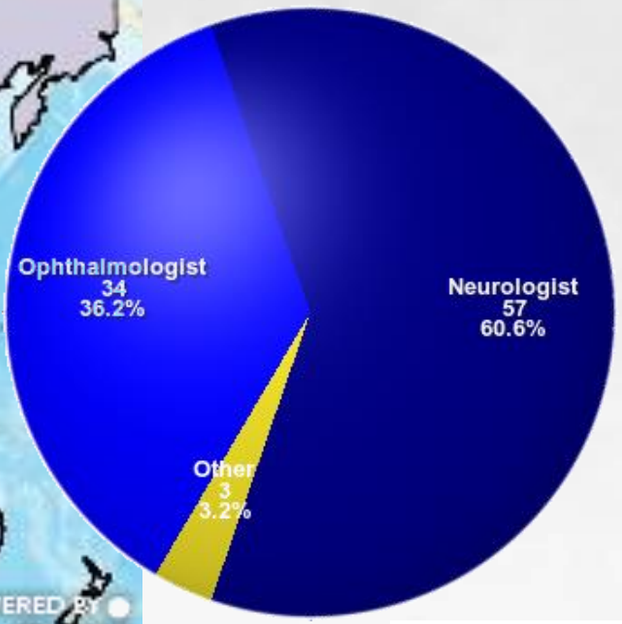
Commite


1
2
3
4
5
6
World wide distribution of number of experts


Ophthalmologist
34
36.2%
Neurologist
57
60.6%
Other
3
3.2%

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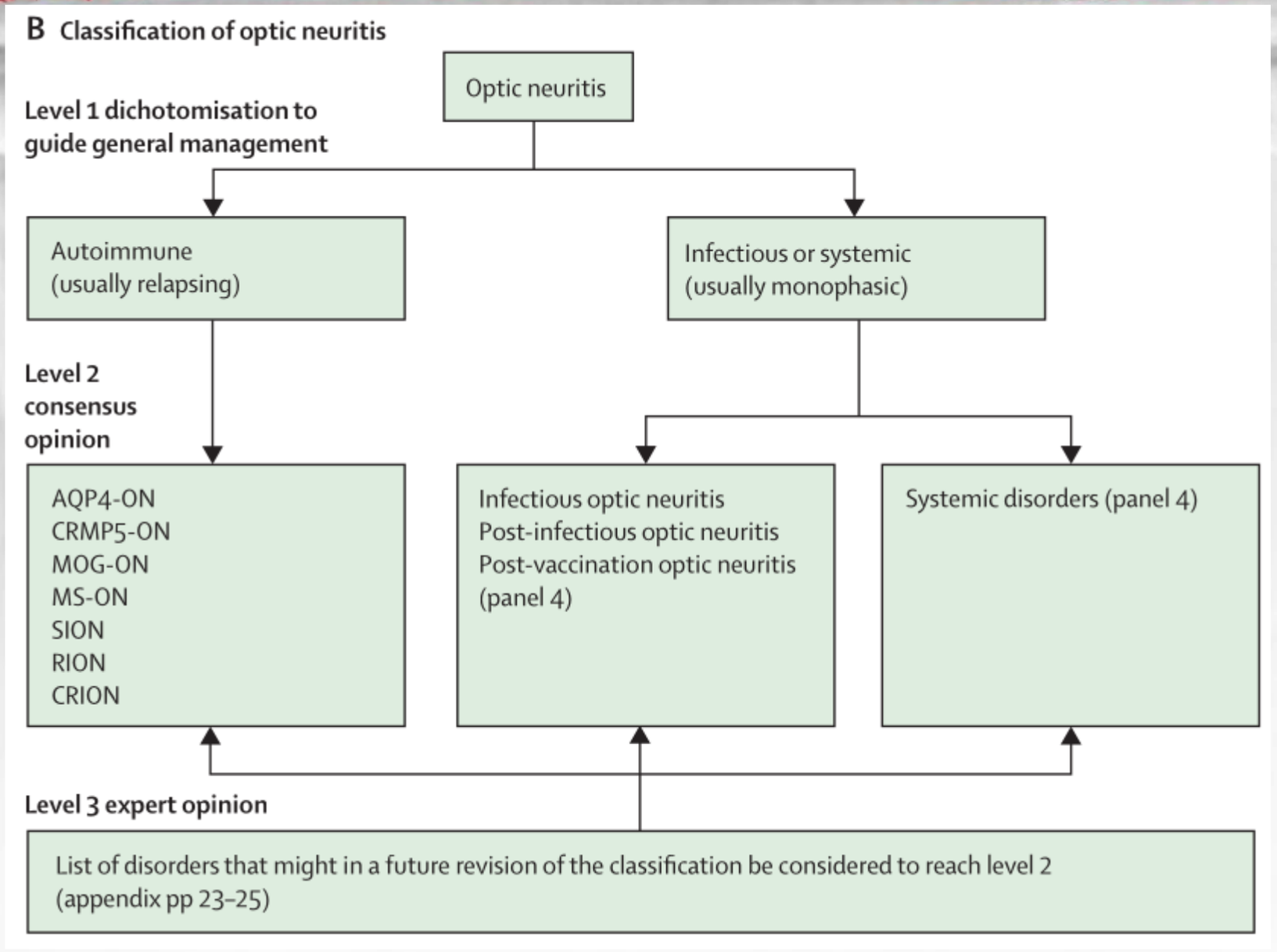
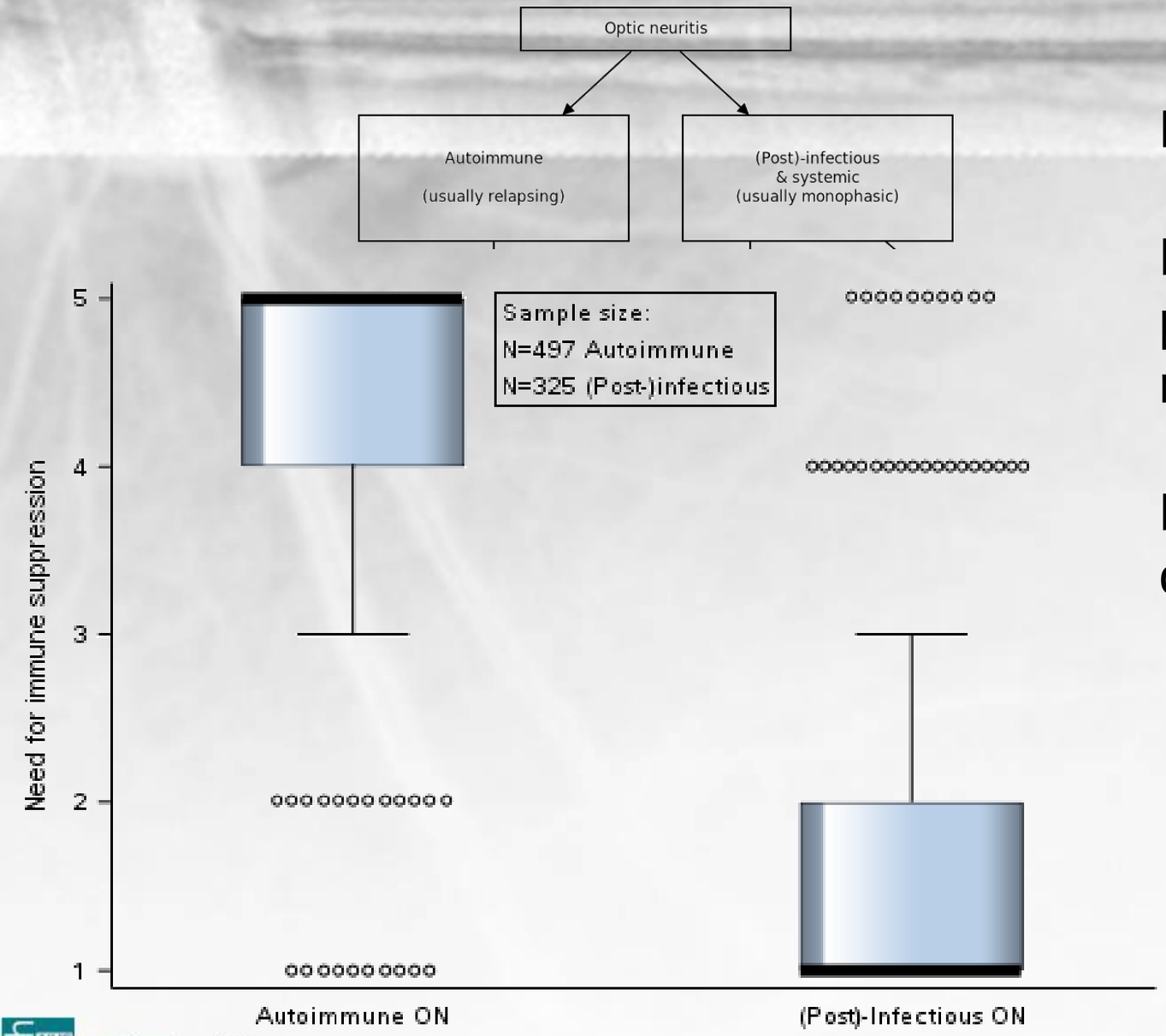
Classification



Niveau 1 de la classification

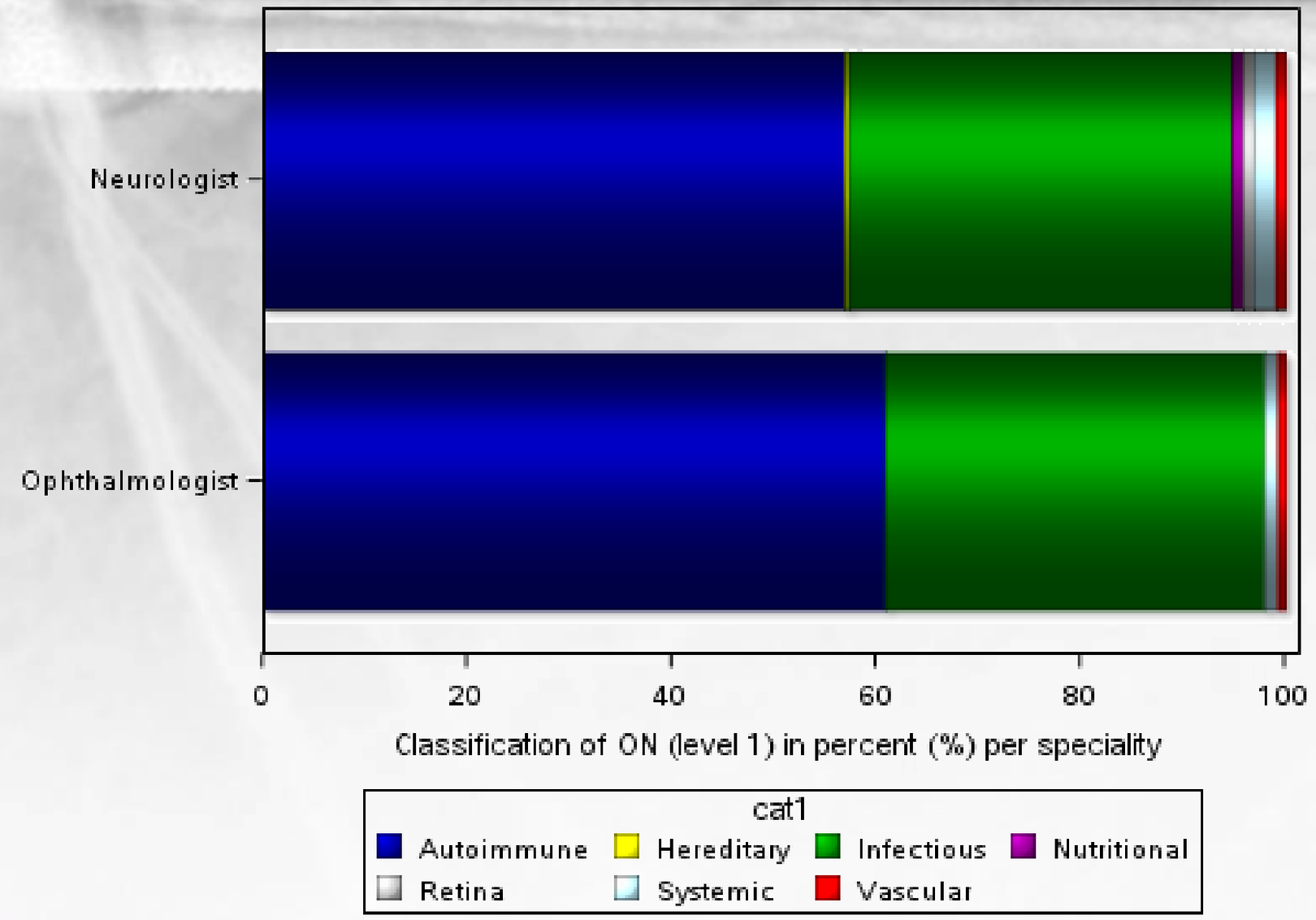


Niveau 1: 95% consensus

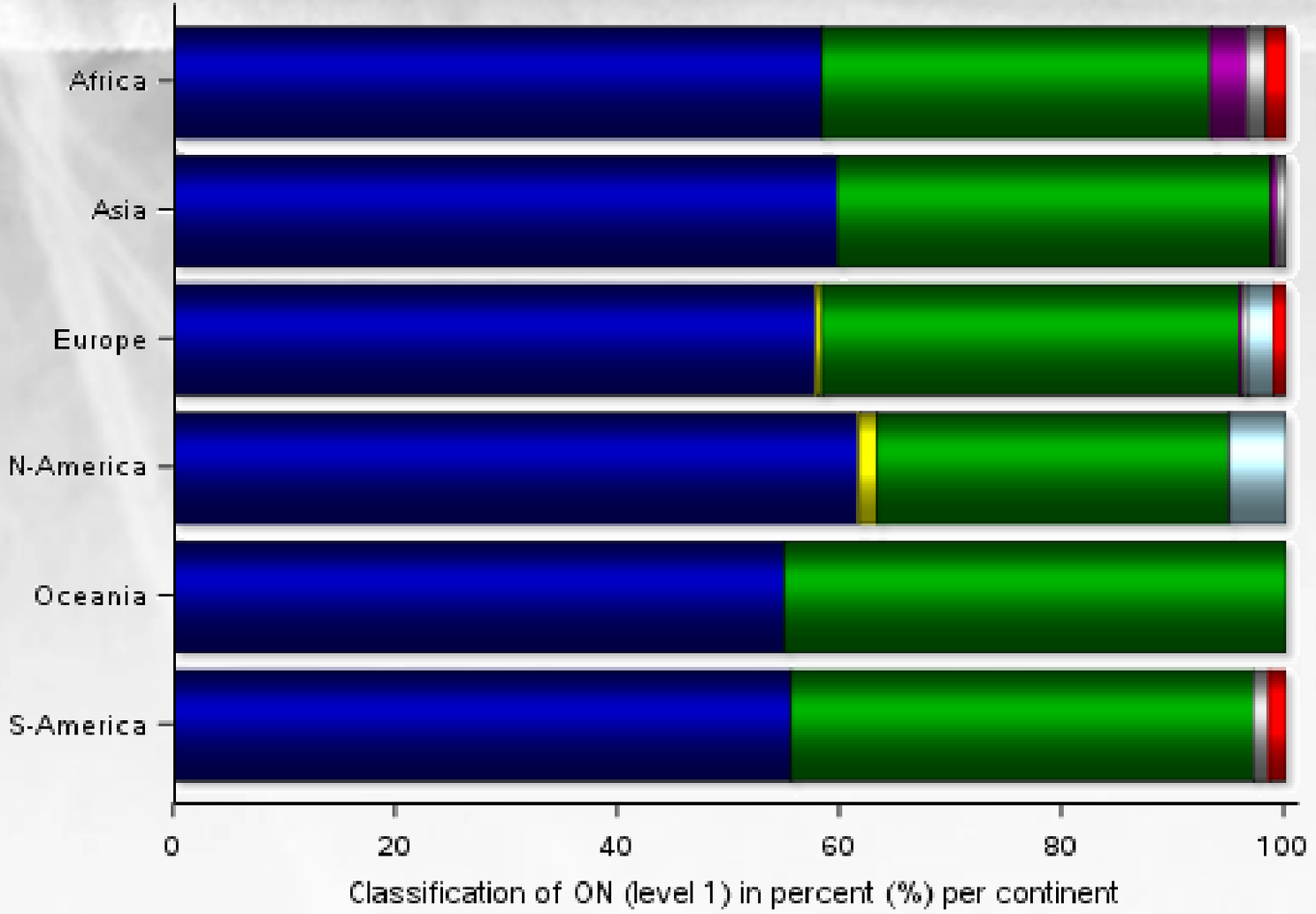
Les résultats de la procédure itérative Delphi ronde 2-21

Relevant pour la prise en charge des malades

Consensus: spécialiste



Consensus: continental



Clinique

***Panel 3*: Signs and symptoms aiding the clinical classification of optic neuritis and exclusion of alternative pathologies**

Clinical presentation*:

- Sequence of symptoms over time
- Preceding infection or vaccination
- Ethnic background or location
- Progression of pain or visual loss (>2 weeks)
- Absence of pain
- Associated epilepsy†
- Simultaneous bilateral ON
- Evidence of retinitis or retinal dysfunction from OCT or electrophysiology
- Presence of severe optic disc oedema
- Absence of optic disc oedema
- Unexplained optic atrophy in either eye at onset
- Fever or other systemic symptoms and signs‡
- Other focal neurological signs

Disease course§:

- Progressive loss of vision
- Progressive retinal layer atrophy for more than 12 months
- Sequential bilateral optic neuritis
- Absence of spontaneous recovery (>3 months)
- Corticosteroid dependence

Medical history:

- Medical history of cancer or diseases listed in panel 4
- Family history of a suspected hereditary optic neuropathy
- Family history of other mitochondrial cytopathy

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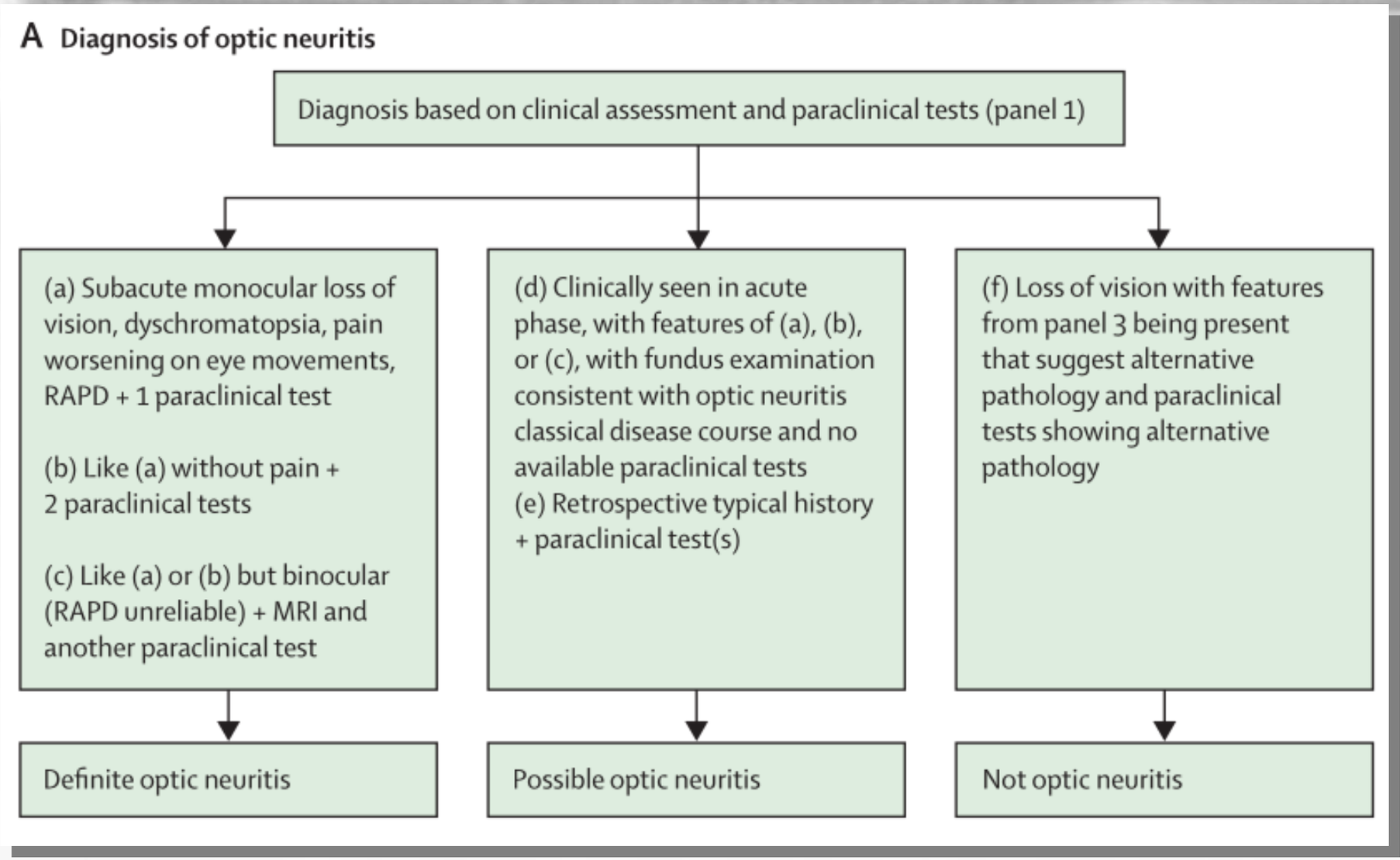
Diagnostique



Panel 1: Diagnostic criteria for optic neuritis

Clinical criteria

- A: Monocular, subacute loss of vision associated with orbital pain worsening on eye movements, reduced contrast and colour vision, and relative afferent pupillary deficit
- B: Painless with all other features of (A).
- C: Binocular loss of vision with all features of (A) or (B).

Paraclinical criteria

- OCT: Corresponding optic disc swelling acutely or an inter-eye difference in the mGCIPL of >4% or >4 µm or in the pRNFL of >5% or >5 µm within 3 months after onset.
- MRI: Contrast enhancement of the symptomatic optic nerve and sheaths acutely or an intrinsic signal (looking brighter) increase within 3 months.
- Biomarker: AQP4, MOG, or CRMP5 antibody seropositive, or intrathecal CSF IgG (oligoclonal bands).

Application of the clinical and paraclinical criteria

Definite optic neuritis

- (A) and one paraclinical test
- (B) and two paraclinical tests of different modality
- (C) and two different paraclinical tests of which one is MRI

Possible optic neuritis

- (A), (B), or (C) if seen acutely but in absence of paraclinical tests, with fundus examination typical for optic neuritis and consistent with the natural history during follow-up
- Positive paraclinical test or tests, with a medical history suggestive of optic neuritis

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Résumé

- Névrite optique 2002-2022: développement d’une perspective international
- Critère nouvelles avec tomographie par cohérence optique (sensitivité 61-100%), IRM (sensitivité 22-44%), biomarqueur (spécificité >95%)
- Classification nouvelle que priorise la pratique clinique
- Nous avisons des révision future

Merci