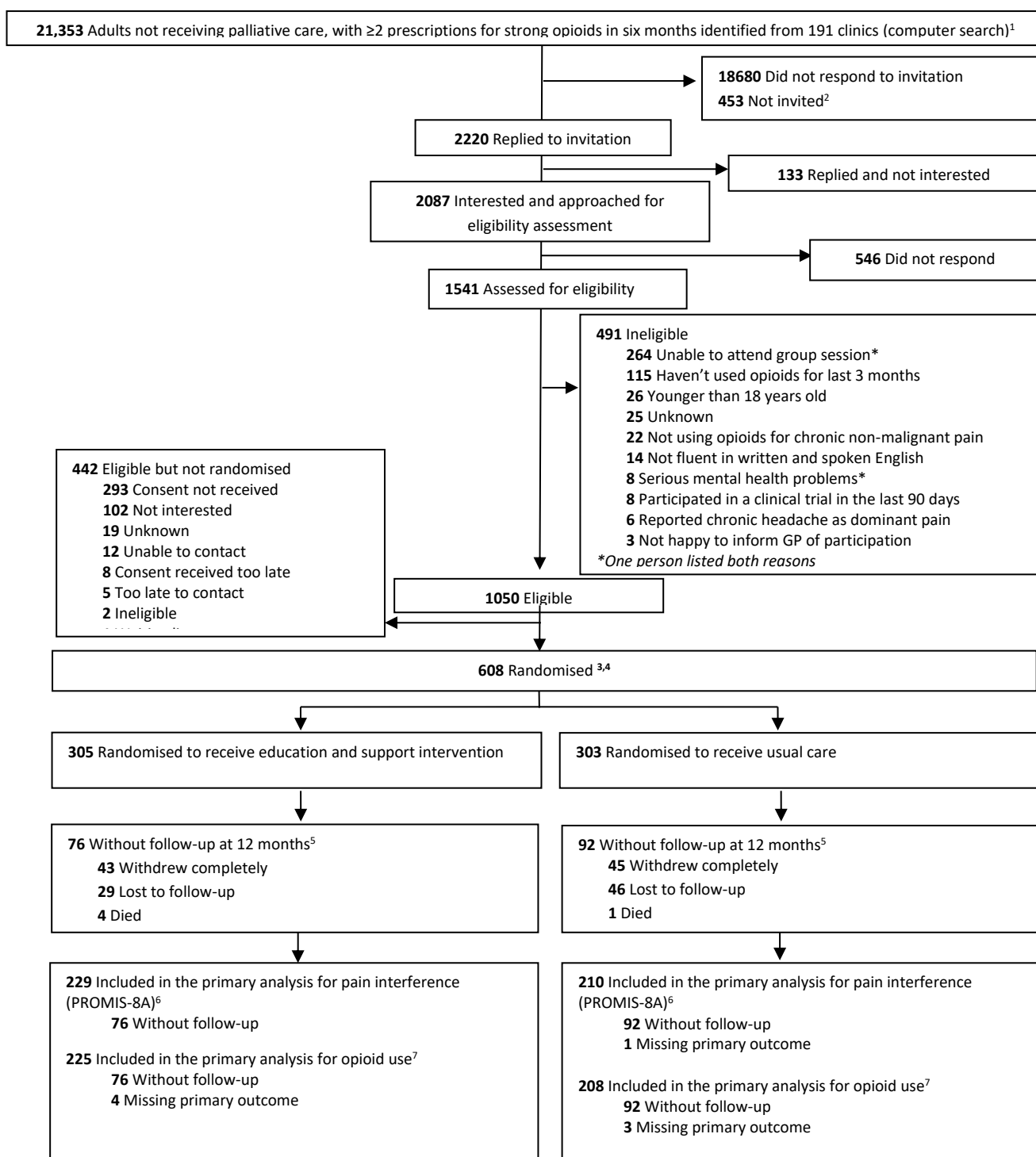


Figure 1: Participant selection, randomisation, and follow-up



1: 9 Self-referrals, 5 Secondary care referrals.

2: GP practice felt it inappropriate to approach. Reasons including malignant pain, short life expectancy, care home resident/housebound, severe mental illness, active cancer causing pain.

3: 2 Self-referrals, 2 Secondary care referrals.

4: Randomisation stratified by geographical locality, baseline pain severity (low/high) and baseline morphine equivalent dose of opioids.

5: See eTable 11 in Supplement 2 for follow-up rates and availability for secondary outcomes at 4 and 8 months. See eTable 10, 12-14 in Supplement 2 for information on withdrawals.

6: Patient-reported Outcomes Measurement Information System (PROMIS) Pain interference Short Form (8A)

7: Opioid use calculated as morphine equivalent dose (MED) per day in the four weeks prior to 12-month follow-up. NOTE