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The chicken eggshell membrane: a versatile, sustainable, biological material for translational biomedical applications

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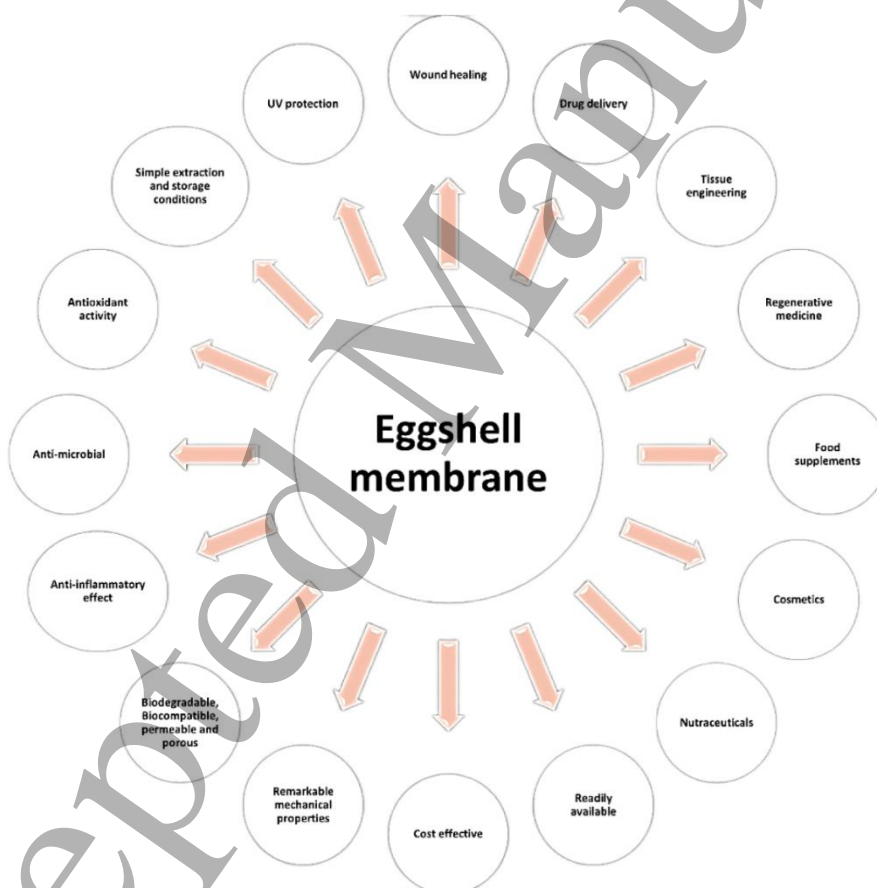
Abstract

Naturally derived materials are often preferred over synthetic materials for biomedical applications due to their innate biological characteristics, relative availability, sustainability, and agreement with conscientious end-users. The chicken eggshell membrane (ESM) is an abundant resource with a defined structural profile, chemical composition, and validated morphological and mechanical characteristics. These unique properties have not only allowed the ESM to be exploited within the food industry but has also led to it be considered for other novel translational applications such as tissue regeneration and replacement, wound healing and drug delivery. However, challenges still exist in order to enhance the native ESM: the need to improve its mechanical properties, the ability to combine/join fragments of ESM together, and the addition or incorporation of drugs/growth factors to advance its therapeutic capacity. This review article provides a succinct background to the native ESM, its extraction, isolation, and consequent physical, mechanical and biological characterisation including possible approaches to enhancement. Moreover, it also highlights current applications of the ESM in regenerative medicine and hints at future novel applications in which this novel biomaterial could be exploited to beneficial use.

Introduction

The chicken eggshell membrane (ESM) is a natural biomaterial that has gained increasing attention in the biomedical field due to its unique properties, versatility, and sustainability (Figure 1). It is a thin film-like structure that lines the interior surface of the eggshell and separates the albumen from the shell (Wang *et al*, 2017; Mensah *et al*, 2021; Shi *et al*, 2021;

37 Torres *et al.*, 2010; Chai *et al.*, 2013; Park *et al.*, 2016; Zurita-Méndez *et al.*, 2022; Torres-
 38 Mansilla *et al.*, 2023). The eggshell membrane is composed of a complex matrix of proteins,
 39 glycosaminoglycans, and minerals that confer it with remarkable biodegradability and
 40 biocompatibility (Park *et al.*, 2016; Ahmed *et al.*, 2019 Torres-Mansilla *et al.*, 2023). The
 41 eggshell membrane has been used for various applications, such as food supplements,
 42 nutraceuticals, and cosmetics. However, recent studies have identified its potential for
 43 translational biomedical applications, such as wound healing, tissue engineering, drug delivery,
 44 and regenerative medicine (Scatena *et al.* 2007; Mensah *et al.*, 2021; Mendoza, Chavez and
 45 Araya, 2022; Mohammadzadeh *et al.* 2019). The eggshell membrane can be easily isolated from
 46 waste eggshells generated by the poultry industry, making it a cost-effective and sustainable
 47 source of biomaterials (Morooka *et al.* 2009; Vuong *et al.* 2018; Cree and Phiya 2019; Ahmed,
 48 Suso and Hincke 2019; Saha *et al.* 2021). The aim of this review is to provide an overview of
 49 the chicken ESM as a versatile, sustainable, and biological material for translational biomedical
 50 applications. The composition, physical and biological properties, extraction methods and
 51 various applications, recent advances and limitations of ESM in the biomedical field are
 52 discuss.



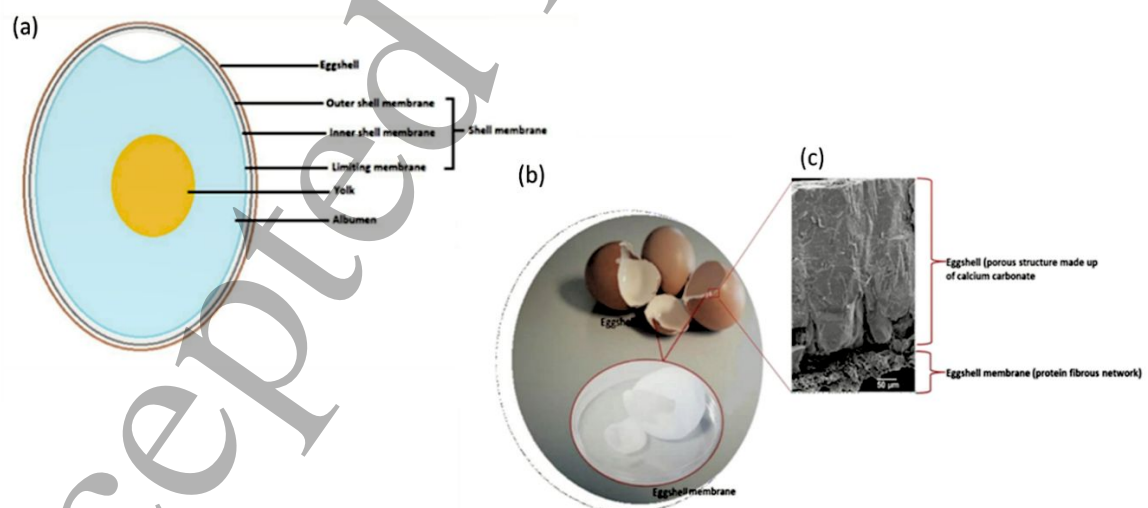
53
 54 **Figure 1:** Chicken eggshell membrane properties as a unique biological material

55
 56 ***Physical properties and components***

57 The ESM lines the inner aspect of the eggshell and has a unique structure and biochemical
 58 composition consisting of a porous and fibrous mesh-like membrane composed of 3 layers: the

59 outer membrane in contact with the eggshell; the inner membrane in contact with the albumen
 60 (egg white) and finally the limiting membrane (Yi *et al.*, 2004; Park *et al.* 2016; Mensah *et al.*,
 61 2021; Torres-Mansilla *et al.*, 2023) (Figure 2). The ESM is important in the eggshell
 62 mineralisation process by preventing the mineralisation of the albumin while inducing the
 63 mineralisation of the eggshell (Rose and Hincke 2009; Park *et al.*, 2016; Han *et al.*, 2023).
 64 Likewise, the ability of the ESM to prevent the internalisation of bacteria and thus its
 65 antibacterial properties are widely accepted (Ahlborn and Sheldon 2006). The presence of
 66 desmosine and isodesmosine crosslinks allows the ESM to be insoluble, allowing it to support
 67 the embryo during development (Torres-Mansilla *et al.*, 2023).

68 The inner and outer layers of the ESM differ in their structural morphology and chemical
 69 composition. The outer membrane is mainly composed of type I collagen, meanwhile the inner
 70 membrane is predominantly composed of type V collagen in addition to type I collagen (Torres
 71 *et al.*, 2010; Mensah *et al.*, 2021; Zurita-Méndez *et al.*, 2022). Type X collagen is found in both
 72 the inner and outer membrane (Zurita-Méndez *et al.*, 2022). In addition to the differences in the
 73 type of collagen present, the structural morphology also differs between the layers. The
 74 collagen fibres of the outer membrane closest to the eggshell is 1-7 μm in diameter. Meanwhile,
 75 the collagen fibres of the inner membrane are smaller with a diameter between 0.1-3 μm .
 76 Likewise, the general thickness of the three layers vary with the outer layer being the thickest
 77 (50-70 μm) followed by the inner membrane with a thickness of 15- 30 μm and finally the
 78 limiting membrane, the thinnest and is a non-fibrous layer interlaced within the inner
 79 membrane (Wang *et al.*, 2017; Mensah *et al.*, 2021; Shi *et al.*, 2021). The collagen fibres of the
 80 inner membrane are more densely packed in comparison to the fibres of the outer membrane,
 81 which infiltrate the inner surface of the eggshell membrane (Chai *et al.*, 2013; Shi *et al.*, 2022).



84
 85 **Figure 2:** (a) Schematic diagram showing the anatomy of chicken egg; (b) a photograph of the
 86 eggshell membrane separated from the eggshell (c) cross-sectional of eggshell (Image adapted
 87 from Jonchere *et al.*, 2010; Mensah *et al.*, 2021)

88

89 **Biological properties**

90 It has been widely observed that the ESM is a protein-rich structure containing over 500
91 different proteins and acts as a natural source of collagen, fibronectin, proteoglycans,
92 glycoproteins, hyaluronic acid and many amino acids such as arginine, glutamic acid, histidine,
93 cystine, and proline which are found in high concentrations (Guru & Dash 2009; Ahmed *et al.*,
94 2019; Mensah *et al.*, 2021). In addition to the proteins and amino acids, CaCO₃ is also present
95 in the ESM, this is due to the presence of a level of mineralisation in the outer membrane (Arias
96 *et al.*, 2020; Shi *et al.*, 2021; Torres-Mansilla *et al.*, 2023). The close resemblance in structure
97 between the ESM and extracellular matrix (ECM) and vast biological constituents allows the
98 ESM to have tremendous usefulness in many applications in material science and tissue
99 engineering. As mentioned previously, collagen is a key constituent of the ESM: however,
100 collagen only makes up 10% of the 80-85% of the organic matrix the ESM contains
101 (Kaweewong *et al.* 2013; Nakano *et al.* 2003; Shi *et al.*, 2021; Han *et al.*, 2023). Nonetheless,
102 the collagen fibrils are a major morphological component of the ESM. It provides the ESM
103 with the necessary structural support while also acting as a scaffold for biomineralization. The
104 presence of collagen is exploited in tissue engineering and biomaterial formation.

105 The ESM provides a natural source of substances vital for tissue engineering and wound
106 healing. For example, the ESM acts as a natural source of collagen but also glucosamine and
107 hyaluronic acid which have important implications in biomaterial development and success.
108 For instance, the collagen fibrils act as a 3D scaffold and can incorporate to form a new matrix
109 which provides anchorage for new cells through cell surface adhesion meanwhile being
110 biocompatible and biodegradable. Additionally, the type V collagen provides great tensile
111 strength and structural support for the new matrix. The ESM also contains fibronectin which
112 in addition to the arginine-glycine aspartic acid tripeptide glycoprotein motif facilitates cell
113 adhesion. Meanwhile the fibronectin also facilitates cell growth, migration and repair which
114 play a key role in wound healing and cell incorporation to ensure the success of the scaffold
115 (Scatena *et al.* 2007; Mensah *et al.*, 2021; Mendoza, Chavez and Araya, 2022). Furthermore,
116 the presence of osteopontin in the ESM facilitates tissue repair and remodelling while also
117 regulating cytokine release and macrophage recruitment (Scatena *et al.*, 2007; Han *et al.*, 2023).

119 **Historical outlook**

120 Eggs and their products have been historically used for wound healing and beauty (Ohto-Fujita
121 *et al.*, 2019). For example, the ESM has been historically used to cover wounds; meanwhile,
122 the egg white has been used as an astringent to help wound closure (Forrest, 1982). More
123 recently, eggshell powders are used as dietary calcium supplements (Bartter *et al.*, 2018).
124 Eggshells and eggshell membranes (ESM) can be exploited for use rather than left to be
125 destroyed, reigniting their historical applications in beauty and medicine (Ohto-Fujita *et al.*,
126 2019; Yoo, *et al.*, 2015). Likewise, in traditional Chinese medicine the ESM was historically
127 used for healing burns, ulcers and tympanic perforations (Jia *et al.*, 2011). Meanwhile in
128 Japanese cultures it continues to be used by sumo wrestlers for wound healing (Sah and
129 Pramanik, 2014). In the early 2000s, researchers began to explore the potential of ESM in tissue
130 engineering, where it could be used as a scaffold material to support the growth of new tissue
131 (Mohammadzadeh *et al.*, 2019). One study published in 2023 demonstrated the ability of ESM

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3 132 to support the growth of bone cells *in vitro*, leading to the suggestion that it could be used as a
4 133 bone graft material (Torres-Mansilla *et al.* 2023). Other studies have shown the potential of
5 134 ESM for cartilage regeneration, nerve regeneration, and other tissue engineering applications
6 135 (Ninov, Yun and Maximina Yun 2015; Kim 2020). More recently, researchers have explored
7 136 the potential of ESM in drug delivery and as a platform for regenerative medicine (Chen *et al.*,
8 137 2022). Studies have shown that ESM can be loaded with drugs and growth factors and used to
9 138 deliver these agents to targeted tissue (Liu *et al.*, 2017). In addition, ESM has been used as a
10 139 platform for cell transplantation, where cells are seeded onto the membrane and transplanted
11 140 into the body to regenerate damaged tissue (Vuong *et al.*, 2018; Yan *et al.*, 2020).

141 142 **Extraction and Isolation**

143 The ESM extraction methods (Table 1) can be divided into two major categories: (i)
144 mechanical, and (ii) chemical. The mechanical approach requires manual removal of the
145 eggshell by carefully peeling it from ESM with forceps Liu *et al.* 2019; Li *et al.* 2019a; Wan
146 *et al.* 2022). However, the procedure is time-consuming and there is a risk of damage to the
147 ESM or unintentional separation of its layers as the outer side is strongly embedded in the
148 eggshell. To overcome this challenge, an alternative strategy has been proposed which is based
149 on the dissolution of the CaCO₃-containing shell by placing the egg into highly acidic solution.
150 The most common are acetic acid, hydrochloric acid and EDTA (Mensah *et al.* 2021; Sheish
151 *et al.* 2021; Farjah *et al.* 2013). Mensah *et al.*, (2021) showed that the acid treatment resulted
152 in thicker and more porous membranes compared to the manual stripping. Moreover, the
153 membranes exhibited various wettability and swelling profiles depending on the separation
154 method. This could be attributed to the effective preservation of the intact outer layer under the
155 acidic treatment. Additionally, the treatment with acetic acid has been shown to improve
156 biocompatibility of the membranes thanks to the introduction of carboxylic functional groups
157 into the scaffold (Choi *et al.*, 2021). However, the efficiency of the chemical approach is
158 strongly affected by the length of incubation, temperature, and the acid concentration (Santana
159 *et al.*, 2016). In some studies, the two methods were combined, where the egg is first soaked
160 in weakly concentrated acid solution to weaken the bonds between the ESM and the eggshell,
161 which is then manually stripped (Sun *et al.*, 2022).

162
163 Nevertheless, the usability of natural ESM is limited by its poor solubility in aqueous
164 conditions, which stems from the strong interactions between cystine, hydroxylysine and
165 desmosines present in the ESM fibres (Baker and Balch, 1962; Crombie *et al.*, 1981). Due
166 to high concentration of disulphide bonds crosslinking the fibres, the manipulation of the shape
167 and size of the membrane becomes a challenge. Therefore, a number of studies attempted to
168 solubilize ESM and produce soluble eggshell membrane protein (SEP) in order to expand the
169 potential of the material. Takahashi *et al.*, (1996) successfully obtained SEP by subjecting it to
170 the performic acid oxidation and pepsin digestion, however, the yield was only 16-39%. Yi *et*
171 *al.*, (2003) proposed a new method for SEP separation, which was based on incubation of ESM
172 in 3-mercaptopropionic acid in the presence of 10% acetic acid. This strategy greatly improved
173 the efficacy of isolation, increasing the yield up to 62%. However, it requires temperatures of
174 at least 80 °C which could lead to protein denaturation. Nevertheless, it has remained as a

175 prevailing method of SEP extraction (Yang *et al.*, 2015; Amirsadeghi, Khorram and Hashemi,
176 2021).

177

178 **Table 1:** The Advantages and limitations of different eggshell membrane extraction methods.

Extraction Method	Advantages	Limitations	References
Manual peeling	<ul style="list-style-type: none"> • Replication of industrial setting • No chemical alterations 	<ul style="list-style-type: none"> • Time-consuming • High risk of ESM damage and layer separation 	Liu <i>et al.</i> , 2019 Wan <i>et al.</i> , 2022
Chemical dissolution (i.e., acetic acid, hydrochloric acid, EDTA)	<ul style="list-style-type: none"> • More porous and thicker ESM in comparison to manual peeling • Preservation of outer layer • Enhanced biocompatibility 	<ul style="list-style-type: none"> • Efficiency dependent on external factors: <ul style="list-style-type: none"> • Temperature • Incubation time • Acid concentration 	Mensah <i>et al.</i> , 2021 Choi <i>et al.</i> , 2021 Santana <i>et al.</i> , 2016
Performic acid oxidation and pepsin digestion	<ul style="list-style-type: none"> • ESM Solubilization • Easier modification of scaffold's size and shape 	<ul style="list-style-type: none"> • SEP yield at only 16-39% 	Takahashi <i>et al.</i> , 1996 Yi <i>et al.</i> , 2003
SEP extraction in 3-mercaptopropionic acid and in 10% acetic acid	<ul style="list-style-type: none"> • Yield improved up to 62% 	<ul style="list-style-type: none"> • Potential protein denaturation due to high temperature required (<80°C) 	Amirsadeghi, Khorram and Hashemi, 2021 Yang <i>et al.</i> , 2015
Heat treatment (i.e., oven, microwave)	<ul style="list-style-type: none"> • Convenient and accessible 	<ul style="list-style-type: none"> • Potential alterations to the biophysical properties of ESM 	Hussain <i>et al.</i> , 2010
Machinery appliances	<ul style="list-style-type: none"> • Optimal for commercial scaling-up 	<ul style="list-style-type: none"> • Pollution due to generated dust 	Torres-Mansilla <i>et al.</i> , 2023

		<ul style="list-style-type: none"> • Patented technologies 	
Flash evaporation	<ul style="list-style-type: none"> • Simple and quick technique • Energy-efficient • Good yield of 69.2% 	<ul style="list-style-type: none"> • Unknown ESM modifications 	Chi <i>et al.</i> , 2022
Enzymatic reactions	<ul style="list-style-type: none"> • Stand-by methodology 	<ul style="list-style-type: none"> • Efficiency dependent on external factors • Expensive 	Torres-Mansilla <i>et al.</i> , 2023

179

180 **Application Dermatology**

181 Millions are estimated to suffer from acute and chronic skin wounds yearly and these various
 182 wounds invariably bring aside the obvious health issues, potential emotional and financial
 183 implications to patients (Langemo and Brown, 2006; Shankaran, Brooks and Mostow, 2013).
 184 The centre of interest in intensive research on acute and chronic wounds is to find an effective
 185 treatment. The many proteins and peptides found in ESM make it an ideal candidate for wound
 186 healing. The application of chicken ESM for skin wound healing was first attempted by Maeda
 187 and Sasaki (1982). The initial study was conducted using rabbits. The results revealed that
 188 ESM was a suitable material for wound healing. Consequently, the ESM was applied as a skin
 189 graft in a patient and after seven days, the wound was well epithelialized. ESMs were further
 190 used in two cases, a 3-year-old female child with a severe burn on their foot and a 3-year-old
 191 female child with a scald burn on the elbow joint. In both cases, satisfactory epithelialisation
 192 was observed.

193

194 In wound management, the dressing must prevent bacterial infection, and stimulate
 195 angiogenesis and re-epithelialisation (Sivamani, Garcia and Rivkah Isseroff, 2007; Kim, 2018).
 196 In a study conducted by Li *et al.*, (2019), natural ESM was found to exhibit intrinsic
 197 antibacterial activity against both *Escherichia coli* (gram-negative) and *Staphylococcus aureus*
 198 (gram-positive). In order to enhance the bactericidal properties, the membranes were then
 199 immersed in a solution of silver nanoparticles, which were adsorbed onto their surface. The
 200 composites not only resulted in vastly superior antibacterial properties, but also demonstrated
 201 a sustained silver release over 4 days, which is important for a long-lasting protection. A similar
 202 profile was noticed with Briggs and colleagues who further adapted the ESM by modifying it
 203 with the thermoresponsive polymer, PNIPAAm (Briggs *et al.*, 2022).

204

205 In another study, a membrane consisting of polydopamine-modified ESM nano/microfibres
 206 with KR-12 antimicrobial peptide and HA was generated by Liu *et al.*, (2019). Accordingly,
 207 the *in vitro* biological results showed that the membrane had remarkable antibacterial activity
 208 and stopped the formation of methicillin-resistant *Staphylococcus aureus* (MRSA) biofilm on
 209 the membrane surface. In addition, the membrane increased the proliferation of keratinocytes

210 and human umbilical vein endothelial cells and enhanced the secretion of vascular endothelial
211 growth factor (VEGF). The *in vivo* animal model study revealed that the membrane is a suitable
212 material for wound dressings.

213

214 In a quest to generate a cost-effective wound healing product with anti-inflammatory
215 properties, processed ESM powder (PEP) has been explored in several studies (Morooka *et al.*,
216 2009; Vuong *et al.*, 2018; Cree and Pliya, 2019; Ahmed, Suso and Hincke, 2019; Saha *et al.*,
217 2021). Guarderas *et al.*, (2016) evaluated the effectiveness of chicken ESM dressing on wound
218 healing. The findings suggested that ESM significantly improves cutaneous wound healing.
219 Vuong *et al.*, (2018) studied the effect of PEP on matrix metalloproteinase (MMP) activities *in*
220 *vitro* dermal fibroblast cell culture and *in vivo* mouse skin wound healing models. The PEP
221 treatments in both models increased the activity of MMP and the regulation of early cellular
222 functions during wound healing. (Ahmed, Suso and Hincke, 2019) conducted a study to
223 evaluate PEP for advancement of skin wound healing. A mouse wound model was
224 implemented to assess the impact of the PEP on wound healing. The histopathological
225 assessment of the wound at days 3, 7 and 10 showed that the PEP significantly enhanced the
226 wound closure. Additionally, the histological studies revealed that the granulation tissue in the
227 PEP treated wounds, a bilayered skin substitute was constructed based on PEP-crosslinked
228 gelatine-chitosan cryogel (Saha *et al.*, 2021). The dressing exhibited high swelling capacity
229 and porosity as well as enhanced flexibility and biodegradability compared to cryogels
230 traditionally crosslinked by toxic glutaraldehyde. Additionally, the *in vitro* studies revealed
231 that PEP creates a better microenvironment for fibroblast attachment and proliferation, whereas
232 the *in vivo* testing showed accelerated wound healing comparable to the commercially available
233 dressing.

234

235 Beside wound healing, ESM has been found to possess anti-aging properties. Ohto-Fujita *et*
236 *al.*, (2019) demonstrated that the application of solubilised ESM to the mice skin resulted in
237 increased expression of genes encoding for type III collagen, decorin and MMP2, which
238 resembles the microenvironment of young papillary dermal skin. Moreover, the level of type
239 III collagen was elevated, resulting in higher skin elasticity. Therefore, the ESM might be
240 useful in preventing skin aging and maintaining its healthy state.

241

242 ***Nerve, bone, and cartilage regeneration***

243 Nerve damage represents a major challenge in healthcare due to its devastating impact on the
244 quality of life and the lack of effective treatments. Therefore, in recent years a huge interest
245 has been generated in neural tissue repair and the development of novel regenerative strategies
246 (Schmidt and Leach, 2003; Ninov, Yun and Maximina Yun, 2015; Kim, 2020). Due to its
247 biocompatibility and high content of bioactive components, ESM constitutes a promising
248 substrate for nerve regeneration. Farjah *et al.*, (2013) developed a conduit made out of an ESM
249 tube that would connect severed nerves and guide their regeneration. The construct was placed
250 between proximal and distal ends of sciatic nerves in rats. The *in vivo* study revealed that ESM
251 supported the regeneration of peripheral nerves. Moreover, further study revealed that ESM is
252 capable of not only boosting nerve repair, but also encouraging the operational improvement
253 in an injured sciatic nerve of a rat (Farjah, Naeimi and Saberi, 2016). It was noticed that on the

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3 254 90th day post-operation the ESM group exhibited a greater number of regenerated myelinated
4 255 axons compared to the autograft group. The regenerative capacity of native ESM can be
5 256 enhanced by combining the therapy with lycopene or ibuprofen, which have been shown to
6 257 further accelerate the functional recovery of sciatic nerves (Farjah, Mohammzadeh and
7 258 Javanmard, 2020; Raisi and Mohammadi, 2019).
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10 259
11 260 In recent years, bone tissue engineering has generated a substantial curiosity among the
12 261 research community and strong effort has been devoted to the development of a cost-effective
13 262 bioactive organic/inorganic hybrid materials capable of regulation of bone formation
14 263 (Yoshikawa *et al.*, 2002; Tohma *et al.*, 2012). Arias *et al.*, (2008) proved the effectiveness of
15 264 ESM as a biodegradable regulator of bone regeneration, where X-type collagen has been
16 265 implicated as the main contributor. In this study, dried ESM was interposed into the osteotomy
17 266 site in the rabbit ulna. The histological and radiographic examination of the ulna after 4 weeks
18 267 revealed an intact ESM and lack of bridging of the osteotomized bone ends. After 16 weeks
19 268 the bone was only partially bridged compared to the complete loss of the fracture line in the
20 269 control group. This research demonstrated a great potential of biodegradable ESM in
21 270 preventing the premature closures of bone, which could replace such conventional procedure
22 271 as the interposition of an autologous fat grafts that require second incisions.
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28 272
29 273 In recent years, several studies attempted to improve the potential of ESM for bone tissue
30 274 engineering by introducing changes to its nanotopography or by incorporating bioactive agents
31 275 (Park *et al.*, 2021; Kim *et al.*, 2021; Wan *et al.*, 2022). In the study by Park and colleagues, an
32 276 ESM-based nanopatterned scaffold for bone regeneration was developed (Park *et al.*, 2021). In
33 277 this study, the disulphide bonds between ESM fibres were broken down by double dissolution
34 278 and the obtained ESM solution was subjected to nanoimprint lithography to mimic the naturally
35 279 occurring extracellular matrix surrounding osteoblasts. The *in vitro* studies revealed that the
36 280 nanopatterned ESM resulted in high attachment and complete alignment of osteoblasts.
37 281 Moreover, the scaffold promoted growth factor secretion such as VEGF, which is crucial for
38 282 vascularization. Further *in vivo* studies showed that the nanopatterned ESM is capable of
39 283 accelerating bone regeneration in 3-mm-diameter cranial bone defects in mice (Park *et al.*,
40 284 2021). In another study, ESM was used as a base for periosteum-mimicking biomaterial (Wan
41 285 *et al.*, 2022). Cerium (III, IV) oxide-mineralised ESM was fabricated based on the biomimetic
42 286 mineralization principle. The cerium (III, IV) oxide provided ESM with enhanced
43 287 immunomodulatory and neuro-vascularization capabilities. Moreover, the construct
44 288 successfully prevented the infiltration of soft tissue cells and enhanced osteogenesis *in vivo*.
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51 290 Chen *et al.*, (2019) proved the use of a versatile biomimetic mineralisation procedure to
52 291 generate ESM/hydroxyapatite composite with the ESM as the model. The findings showed that
53 292 both sides of ESM proved exceptional biomimetic mineralisation ability, with the
54 293 hydrophilicity and thermal stability of ESM being efficiently better by the insertion of HA.
55 294 Furthermore, *in vitro* experiments on MC3T3-E1 cells showed that the inmost side of the ESM
56 295 benefited cell proliferation and adhesion more than the outer side. Incredibly, the processes of
57 296 proliferation, adhesion and multiplying, along with the alkaline phosphatase (ALP) activity
58 297 and demonstration of bone-related genes and proteins (runt-related transcription factor 2, ALP,
59
60

collagen type I, and osteocalcin) on both sides of the ESM composites showed a suggestively advanced as compared to those of the original ESM. These results indicated that ESM-HA composites attained employing biomimetic mineralisation potentially could be new materials for future bone tissue repair.

Likewise, ESM could be combined with chitosan and silk fibroin into a functional hydrogel that could act as an articular cartilage replacement (Adali, Kalkan and Karimizarandi, 2019). The hydrogel proved to be suitable to support attachment and promote proliferation of chondrocytes. They were also capable of strong antibacterial response towards gram-positive bacteria. Alternatively, SEP can be incorporated into agarose gel to facilitate cartilage regeneration as proposed by (Been *et al.*, 2021). Agarose in itself does not promote cell adhesion, therefore, the addition of SEP resulted in drastically higher numbers of attached and proliferating chondrocytes. Additionally, the presence of ESM resulted in the downregulation of immune response towards the scaffold.

Furthermore, in Oral and maxillofacial surgery, periodontitis is a primary cause of tooth loss in adults, and it affects 5 to 15 % of people worldwide (Petersen 2003). Guided tissue regeneration (GTR) is a technique employed in the regeneration of damaged periodontal tissues (Gentile *et al.* 2011). This technique involves the use of a barrier membrane to eliminate epithelial cells from the damaged surface and repopulate with the periodontal ligament cells (Salonen and Persson 1990; Dupoirieux *et al.* 2001; Jia *et al.* 2012). Synthetic GTR membranes have been shown to have poor biocompatibility and inflammatory effect due to the acidic degradation products (AlGhamdi and Ciancio 2009). In another study by Kalluri and Duan (2022), ESM was electrospun and blended with poly(ϵ -caprolactone) and bioceramic nano-hydroxyapatite to create a novel GTR membrane. The study was focused on optimisation of parameters that influence the mechanical properties using Taguchi orthogonal arrays. No biological examination was performed of the obtained composite.

Ophthalmology

In ophthalmology, ESM was first utilized by Coover in 1899 for four different eye injuries namely symblepharon, burns on eyeball, cornea ulcer and iritis (Coover 1899). Before then, the ESM was not used due to fear of infection. In that study, raw ESM obtained by manually peeling from the shell was applied in each case study. In the case of symblepharon, after 10 days, the eyeballs and lids of the patients were smooth with no adhesions. Similar results were observed in patients with burns on eyeballs. The use of ESM in patients with corneal ulcers experienced no pain or irritation during the treatment. The ulcers were suitably healed after two weeks. Finally, ESM was employed in iridectomy for recurrent iritis and resulted in an effective wound healing with no infection. Mensah *et al.*, (2021) further explored native ESM as a potential material for corneal wound healing. The study demonstrated that the raw ESM is capable of successfully supporting the attachment and proliferation of immortalised corneal epithelial cells and corneal mesenchymal stromal cells. Additionally, Choi *et al.*, (2020) proposed the use of ESM for retinal pigment epithelium (RPE) regeneration. In their study, ESM was incorporated into gellan gum hydrogel, which resulted in improved biocompatibility

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3 341 and biodegradability. Moreover, ESM acted as an anti-swelling agent which allowed the
4 342 implant to retain its shape. The *in vitro* study with RPE cells extracted from coloured rabbits
5 343 revealed that ESM enhanced cell proliferation and caused no adverse effect on cell viability.
6 344 No further studies have reported on the use of ESM in ophthalmic surgery or other eye
7 345 applications.
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10 346

11 347

12 348 **Neurosurgery**

13 349 In neurosurgical operations, it is important to protect the brain tissue from the hazardous effect
14 350 of the metallic microsurgical instruments (Cokluk and Aydin, 2007; Spetzger *et al.*, 2011). The
15 351 experimental study of Gokyar, Cokluk and Kuruoglu, (2017) evaluated the use of raw ESM as
16 352 a therapeutic intervention for the protection of naked brain tissue. In their study, 13.3 % of the
17 353 uncovered fresh cadaveric cow brains operated with ESM were minimally damaged as
18 354 compared to 60 % of the brains without it. According to the findings, ESM has some promising
19 355 effects as a material for brain tissue protection and essential in neurosurgery.
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26 358 **Otolaryngology**

27 359 ESM has been shown as an effective patch for the treatment of moderate to large traumatic
28 360 tympanic membrane perforation (TMP) in human (Jung *et al.*, 2017). TMP, a hole in ear drum
29 361 is a condition that can be caused by infection or trauma (Afolabi *et al.*, 2009). In clinical
30 362 practice, most TMPs have tendencies to heal on their own. Nonetheless, in large perforation,
31 363 the spontaneous healing fails (Lou, Tang and Yang, 2011). Jung *et al.*, (2017) evaluated the
32 364 effects of ESM patches on the healing time for TMP. Sterilized round disc ESM patches
33 365 moisturised with saline were placed on the surface of perforation in patients. After 3 months,
34 366 the healing time for patients with the ESM patches were significantly improved as compared
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41 368 **Cardiology**

42 369 Cardiovascular diseases (CVD) have become the leading cause of death worldwide, resulting
43 370 in more than 19 million death per year (Health Intelligence Team, 2022). Conventionally, the
44 371 replacement options for malfunctioning blood vessels are either allografts or autografts,
45 372 however, they are associated with drawbacks such as availability or high donor morbidity
46 373 (Fazal *et al.*, 2021). Therefore, there is high urgency for the development of new artificial
47 374 vascular grafts. The intrinsic properties of ESM such as high gas permeability and antibacterial
48 375 activity make it an attractive biomaterial for investigation in the CVD context. In one study by
49 376 Yan *et al.*, (2020) ESM was used as a material mimicking the vascular intima surface in order
50 377 to encourage endothelial cell growth. The membrane was incorporated into thermoplastic
51 378 polyurethane, which provided mechanical support. The constructed vascular graft successfully
52 379 promoted endothelial cell growth and rapid endothelialisation. Moreover, the grafts that
53 380 contained heparin also resulted in antithrombotic activity. Further *in vivo* study revealed that
54 381 heparin-conjugated ESM can be successfully used as an arterial patch in a rat aortic angioplasty
55 382 model (Sun *et al.*, 2022).
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384 Limitations

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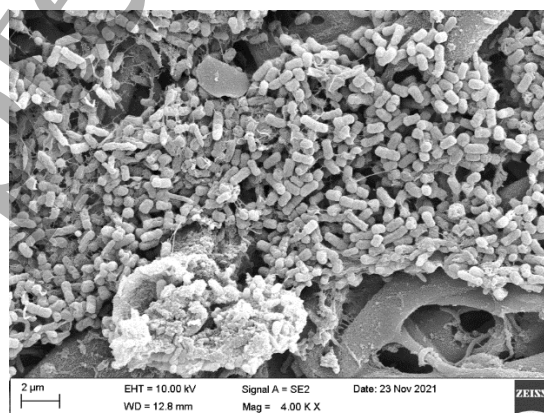
386 *Bacterial contamination*

387 Widely consumed across the world, eggs are one of the leading causes of food poisoning in the
388 UK (Adak *et al.* 2005), as the warm (42 °C), moist, and nutrient-rich environment of the egg
389 is particularly favourable to rapid bacterial growth. Bacterial contamination of the egg,
390 particularly of Salmonella, is a serious concern within the food industry for its food safety
391 implications. It is therefore well documented how contamination may occur and which
392 pathogens are commonly the causative agents. Trans-shell contamination in the first 30 to 60
393 seconds of laying, whereby eggshells with a wet surface can be penetrated by bacteria, has
394 been heavily researched and confirmed to be the most likely route of infection (Bering *et al.*
395 1999). There is currently no literature found, however, which measures bacterial penetration
396 of membranes alone, as for food purposes, the shell and membranes are usually considered
397 together. Although antibiotics are routinely used in egg production and chickens vaccinated
398 against salmonella, this is only partially protective, and infection of the egg still commonly
399 occurs.

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401 The risk of cross-contamination *in vitro* or more worryingly *in vivo* from using the ESM is
402 evident, as it may cause cell death or sepsis, respectively. However, Guarderas *et al.* (2016)
403 reported that their protocol included placing the ESM in solutions of antibiotics eliminates this
404 risk. This seemingly easy solution poses its own risks, primarily, it may contribute to growing
405 antimicrobial resistance which decreases the ability to treat infections. An alternative would be
406 to screen all eggs before the ESM is used for biomedical purposes, but of course, this confers
407 an extra processing step and cost. It should be noted that bacterial contamination is possible
408 during storage of the ESM. Figure 3 shows the bacterial colony found on the inner ESM stored
409 in PBS at ambient temperature. This clearly indicates that contamination remains a concern
410 even if the egg is screened and shows no presence of bacteria, these can later be introduced if
411 the ESM is handled in a non-sterile way and stored incorrectly with consequences later during
412 its use.

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416 **Figure 3:** Bacterial colonisation of inner eggshell membrane

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3 418 In summary, ESM has been found to possess antibacterial properties, particularly against
4 419 Gram-negative bacteria such as *Escherichia coli* and *Pseudomonas aeruginosa* (Yoo *et al.*,
5 420 2004). The antimicrobial activity of eggshell membrane is attributed to the presence of
6 421 lysozyme, a naturally occurring enzyme that breaks down bacterial cell walls by hydrolysing
7 422 the β -1,4-glycosidic bond between N-acetylmuramic acid and N-acetylglucosamine. It is
8 423 important to note that the antibacterial properties of eggshell membranes do not provide
9 424 complete protection against all types of bacteria and should not be relied upon as the sole means
10 425 of preventing bacterial contamination. Proper handling and storage protocols, such as washing
11 426 the eggshell before use and storing the eggshell membrane under sterile conditions, are
12 427 necessary to minimize the risk of bacterial contamination. Additionally, using antibiotics to
13 428 eliminate bacterial contamination in eggshell membranes may contribute to the growing
14 429 problem of antimicrobial resistance, and should only be used when absolutely necessary.

19 430

20 431 ***Variation***

21 432 Despite the use of the ESM for decades and in a wide variety of applications described herein,
22 433 there remains a scarcity of biomechanical characterization in the literature, and any mention is
23 434 almost always solely of the chicken ESM. This is further compounded by the high degree of
24 435 heterogeneity within the ESM (Torres *et al.*, 2010), as with many other naturally derived
25 436 materials, which limits the reproducibility of results and the ability to draw significant
26 437 conclusions. Torres, Trancos, and Montes (2013) demonstrated that this inhomogeneity
27 438 resulted in a wide variability of results and made it difficult to accurately define its mechanical
28 439 and biological properties or conduct further studies. For example, they found it challenging to
29 440 precisely estimate the cross-sectional area of the ESM, which could explain the variability of
30 441 ultimate tensile strength and pore volume. The heterogeneous nature of the ESM may also limit
31 442 its applications as it may not behave in a consistent way each time it is used or depending on
32 443 which part of the membrane is used. Without a standardized material, application *in vivo* and
33 444 *in vitro* will remain limited to existing uses. However, crosslinking, or other tissue
34 445 modifications, discussed within this review, are able to overcome this limitation to enhance the
35 446 native properties of the ESM and generate uniformity in its properties.

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42 448 ***Mechanical property***

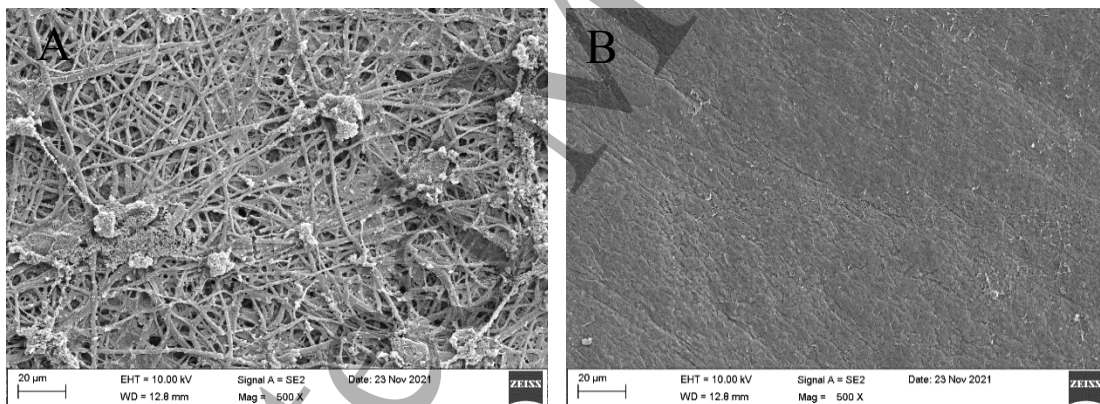
43 449 The ESM is fragile and mechanically weak, much like the amniotic membrane and other natural
44 450 materials used for biomedical applications (Sari *et al.*, 2020). This is an issue for wound healing
45 451 purposes where a sufficiently strong material that can protect the underlying surface by
46 452 maintaining a barrier between the wound and the outside environment is needed. Interestingly,
47 453 Torres *et al.* (2010) reported the ESM to have a higher tensile strength when it is dry than when
48 454 it's immersed in albumen or water. However, they also found that when dehydrated the
49 455 structure of the fibrous network is lost so cannot be visualised making it challenging to ascribe
50 456 the strength of the ESM to a particular structural. They showed that water acted as a plasticizer,
51 457 interacting with the long-chain polymer molecules of the ESM and reducing the number of
52 458 hydrogen bonds formed between them. This again is problematic if used as a wound dressing,
53 459 any exudate that is produced will weaken the structural integrity of the ESM and leave it
54 460 vulnerable to tearing and allowing infectious agents to access the healing wound, introducing
55 461 the possibility for infection or development of a chronic wound (Mogoşanu and Grumezescu,

462 2014). Crosslinking of the ESM is a particularly useful avenue that should be further studied
 463 to identify the most efficient crosslinker and address the mechanical weakness to produce a
 464 more robust material.

465

466 The pore properties of the ESM are rarely investigated in literature despite the understanding
 467 that pore size is an important parameter in cellular migration, proliferation and nutrient
 468 diffusion on growth platforms (Han *et al.*, 2021). Added to this, the little that is available,
 469 describes porosity in varying ways including as a percentage/ volume of the total material (Tsai
 470 *et al.*, 2006; Mensah *et al.*, 2021) or as an absolute pore size measurement (Hsieh *et al.*, 2013).
 471 From what is known, the ESM is essentially nonporous on the inner membrane with
 472 macropores or voids within the outer side (Tsai *et al.*, 2006) which is supported by images
 473 obtained by scanning electron microscopy (SEM) seen in Figure 4. Estimations by Torres *et al.*
 474 (2010) and Mensah *et al.* (2021) range from of 52.06% to 69.38% respectively depending
 475 on the method of extraction, whilst Hsieh *et al.* (2013) reported pore sizes of 3-10 μm . As
 476 different cell types have different preferences of pore size, fibroblasts for example prefer 5-
 477 10 μm sizes, whilst osteoid and skin regeneration have optimal pores sizes at 20-125 μm (Yang
 478 *et al.*, 2001), depending on the application of the ESM, the native porosity can be an advantage
 479 or disadvantage for its function (Han *et al.*, 2021). Fortunately, Hsieh *et al.* (2013)
 480 demonstrated that hydrogen peroxide is a useful tool in controlling pore size and was
 481 experimentally shown to reduce pore size to 1-5 μm after treatment for 24h. Where necessary
 482 this could be used to achieve the desired porosity in the ESM.

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485 **Figure 4:** Scanning electronic microscopy of Eggshell membrane. (A) Outer eggshell
 486 membrane (B) Inner eggshell membrane

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489 **Modification of Eggshell membrane**

490 Crosslinking has been established as a method to modify tissues, which can improve their
 491 mechanical and thermal stability and reduce degradation (Tolinski 2009). In the case of
 492 collagen or collagen-rich materials, various techniques are used, such as ultraviolet, physical
 493 treatment with heat, or chemical processes using 1-ethyl-3-carbodiimide hydrochloride. Caliari
 494 and Harley (2011) and Wang *et al.* (2015) suggest that crosslinking can reduce immunogenicity
 495 by masking antigenic markers. However, some literature suggests that crosslinking can impede

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3 496 intrinsic crosslinking and inhibit the breakdown of materials (Chapman 2007), and some
4 497 crosslinking agents are cytotoxic or damage ECM components, such as glycosaminoglycans,
5 498 which can affect the biocompatibility of treated materials (Hussein *et al.* 2017).
6 499

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8 500 To assess whether the properties and applications of the ESM can be enhanced through
9 501 crosslinking, analysis of the mechanical properties of the native and modified ESM is required.
10 502 The tensile strength or toughness of an ECM or growth medium is a factor in cell adhesion,
11 503 differentiation, and proliferation (Engler *et al.* 2006; Anderson, Owens and Naylor 2014). The
12 504 ability to control the mechanical strength of the ESM through crosslinking could provide
13 505 influence over cell fate and proliferation rate and could be used in biomedical and clinical
14 506 applications where specific cell niches are targeted or studied. A modified ESM could also be
15 507 used as a platform for drug testing, reducing the dependence on animal models (Grela *et al.*
16 508 2020).
17 509

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19 510 Dynamic scanning calorimetry (DSC) is a useful technique to determine the thermal stability
20 511 of the different crosslinked membranes at differential temperatures (Fessel *et al.* 2014). DSC
21 512 can show the ESM's behaviour at body temperature for biomedical applications such as wound
22 513 dressing, as well as the membrane's ability to maintain integrity during storage at freezing
23 514 (0°C), refrigerated (2-4 °C), or ambient (23-25 °C) temperatures (WHO and FAO 2009). Water
24 515 contact angle (WCA) is another experimental technique that can be used to assess the
25 516 wettability or hydrophilicity of a material. Hydrophilic membranes are better suited to
26 517 promoting cell growth and proliferation, but hydrophobicity can be useful for cell detachment
27 518 and fabric durability, particularly in cancer studies (Ferrari, Cirisano and Morán, 2019). Any
28 519 tissue modifications to the ESM must consider the impact on hydrophilicity and therefore on
29 520 protein adsorption.
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32 522 Nevertheless, there is currently not enough literature or evidence exploring the interplay
33 523 between the properties discussed herein. There needs to be a greater understanding of how
34 524 other factors such as surface roughness directly impact the hydrophilicity or toughness both
35 525 before and following tissue modification. This knowledge will allow for fine tuning of the
36 526 membrane's properties to suit a wide range of applications and produce the desired outcome.
37 527 Furthermore, modification will address some of the weaknesses that will be discussed in this
38 528 review and will increase the efficacy of the ESM for some of the applications described below.
39 529 Preliminary studies were conducted to evaluate the effects of physical crosslinking by boiling
40 530 and chemical methods using biologically derived and synthetic agents; genipin and
41 531 glutaraldehyde respectively. Figure 5 shows the appearance of the membranes following
42 532 modification.
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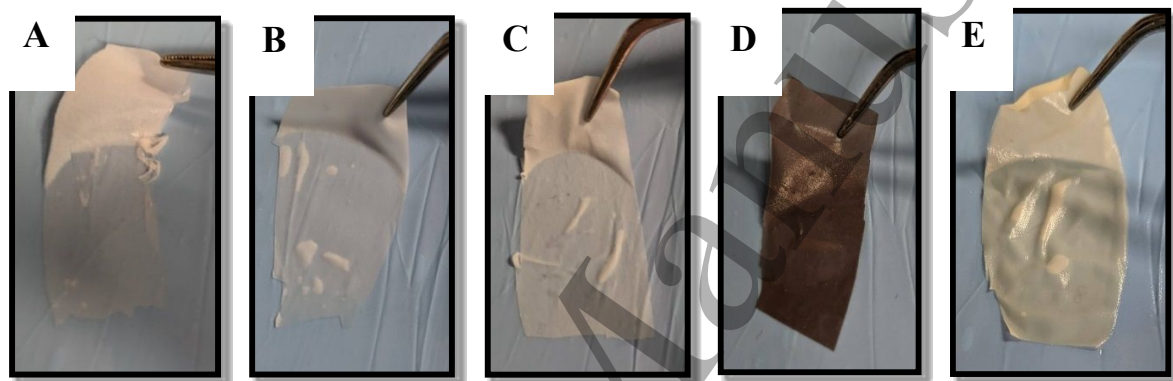
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45 534 Each side of the modified membranes were mechanically tested for their tensile strength under
46 535 strain, changes in physical properties at differential temperatures and their level of
47 536 hydrophilicity. Once these physical characteristics had been measured, biological
48 537 characterisation could be done. Gingival cells were seeded on the modified ESMs (mESM) and
49 538 native ESM (nESM) and incubated for 1, 3 and 6 days under normal physiological conditions.
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539 Initial results suggested that the use of chemical crosslinking agents, namely glutaraldehyde
 540 and genipin does indeed enhance the mechanical strength of the ESM. Genipin specifically
 541 also modifies the ESM to enhance cell viability and reduce cytotoxicity, making it a suitable
 542 construct for supporting cellular adhesion and proliferation. These results conformed with
 543 previous evidence reported in literature by Hussein *et al.*, (2017).

544

545 Further to this, it should be explored if the same crosslinking agent would be equally suited to
 546 combining several ESM membranes to form a large matrix. This would require DMA, DSC
 547 experiments and biological assays, particularly looking at the joining sites to determine if these
 548 have adequate properties relative to the rest of the membranes. Such a material would be most
 549 applicable to the translational purposes of wound dressing and 3D skin modelling for *in vitro*
 550 testing as it would standardise the material and allow custom sizes to be obtainable from one
 551 continuous sheet of modified ESM.

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554 **Figure 5:** Images of the prepared ESM taken using a Google Pixel 3 camera phone. Non-
 555 crosslinked membranes: (a) control, manually peeled. (b) Fresh vinegar soaking extraction.
 556 Crosslinked membranes: (c) boiled ESM, (d) Genipin treated and (e) glutaraldehyde
 557 crosslinked

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560 6. Conclusion

561 Historically, egg-derived components such as the egg white, eggshell and ESM have been
 562 commonly associated with wound healing and beautification strategies in Asian cultures, and
 563 suggest a pre-disposed acceptance of the scientific and cultural validation of the material. In
 564 addition, the current drive and promotion towards sustainability, ethical resourcing, and anti-
 565 animal testing movements have further raised awareness and popularity of alternatives to the
 566 current norm in the field of biomedical, clinical therapeutic and drug development pathways.
 567 An additional advantage of using this material stems from its encouragement of “green
 568 technology”- the conversion of a low-cost waste material to a product of significantly higher
 569 value. The ESM has shown to possess unique characteristics such as high biocompatibility,
 570 antimicrobial activity, appropriate mechanical and physical properties as well as additional
 571 parameters such as transparency, hydrophilicity/hydrophobicity, and porosity. In addition, the
 572 innate structure and composition of the ESM lends itself to additional enhancement which a
 573 number of examples have been described (e.g. crosslinking) and could result in a significantly

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574 more use in a variety of applications. To this end, the ESM has demonstrated a “pedigree” of
575 usefulness- even in its native form- and shows promising characteristics which may be further
576 exploited for not only biomedical applications but other areas of interest such as sustainable
577 packaging, filtration systems, and horticultural platforms.

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579

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584

585 **Conflict of interests**

586 The authors declare no conflict of interest.

587

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