Gr R Storybook



My favourite food

Published by: The UCL Centre for Educational Leadership, University College London & The Centre for the Study of Resilience, University of Pretoria.

This publication can be copied, translated or adapted when necessary steps have been taken to acknowledge all relevant sources.

Authors: G.J. Podile Primary School, Grade R (B), 2022:

Kamogelo Butcher, Simphiwe Cindi, Reaobaka Dikoma, Ontse Gaolatelwe, Atlegang Gwai, Olesego Hlathi, Ogotlhe Josia, Ayisha Kaitano, Olerato Kgang, Temogo Mabitsela, Alicia Majombo, Rorisang Makae, Hlompho Malesela, Bokang Mantsi, Keamogetse Marogwe, Dimpho Matladi, Kabelo Moabi, Onkarabile Moabi, Kelebaone Moagi, Oratile Moeng, Onthatile Mojolwane, Reatlegile Molete, Omolemo Mooketsane, Boitshoko Mooketsi, Oarabile Mosebekwa, Palesa Mosia, Tsaone Motsamai, Reabetswe Mpanza, Gofaone Nakedi, Talent Nkhokwara, Pako Palale, Orefemetse Phagane, Gontse Pholoholo, Evelyn Pimai, Oretlametse Pitso, Refentse Rebane, Ogone Sedupelela, Reatlegile Tshwane.

School: G.J. Podile Primary School

Principal: SetIhare Modise

Teacher: Mamokwena Jane Mosiamang

CRC: Lesego Tsima
Fieldworker: Nomhle Mboneni

Illustrators:

Motsamai Tsaone Cover: Page 1: **Butcher Kamogelo** Page 2: Moiolwane Onthatile Page 3: Mpanza Reabetswe Page 4: Mosebekwa Oarabile Page 5: Nakedi Gofaone Page 6: Mosia Palesa Page 7: Kaitano Ayisha

Font within booklet: Grade 1 font by Edu-Aid

Websites and links were correct at the time of publication. For further information about the project, please visit http://www.ucl.ac.uk/ioe/enabling-schools

Acknowledgements

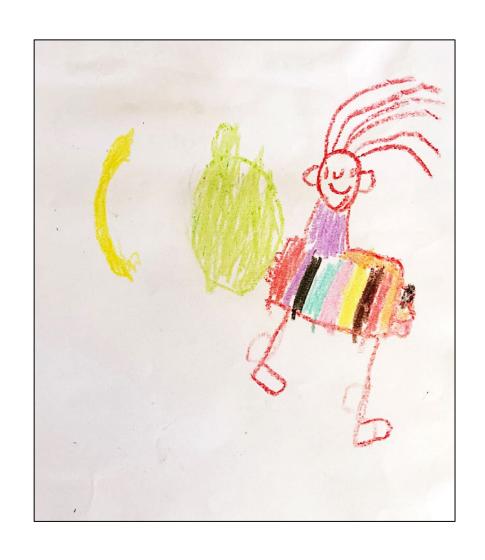
The following partners have played a valuable role in the co-creation of this storybook:

The North West Province Department of Education, Ngaka Modiri Molema District. South Africa.

The Department of Basic Education, Directorate: Rural Education, South Africa.

London South Bank University, United Kingdom.

The Economic & Social Research Council (ESRC) (ES/T005149/1), United Kingdom (funder).



Malebogo is a smart girl.

She is careful of the type of food she eats.

This year she is in Grade 5.



When Malebogo goes to school in the morning, she eats brown bread and milk. She does not like white bread because she says it does not make her body strong.



Malebogo's
grandmother keeps
telling her to drink a lot
of water in the morning.
So, Malebogo takes a
bottle of water when
she goes to school.



Malebogo likes eating fruit. She likes it more than anything else. Each day she eats two different types of fruit.



On Monday, when Malebogo goes to school, she packs an apple and a banana in her lunchbox. She eats both of them.



On Friday, Malebogo packs a pear and a juicy orange with one sweet. She does not like more than that because she could get diabetes.



On Saturdays,
Malebogo and her
grandmother wake up
at 6 o'clock to exercise.
They run for an hour
and then go home to
eat a healthy breakfast.

The contents of this booklet can be copied, translated or adapted as long as the relevant sources have been acknowledged properly.

My favourite food

Authors:

G.J. Podile Primary School, Gr R(B), 2022, North-West Province, South Africa

http://www.ucl.ac.uk/ioe/enabling-schools









