Gr R Storybook



To keep the body clean

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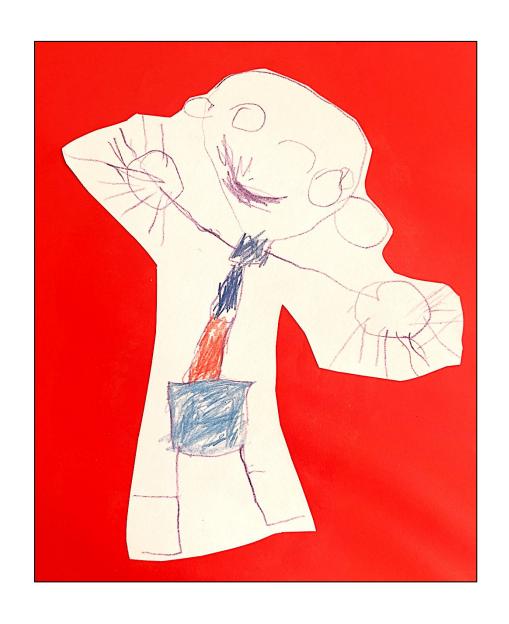
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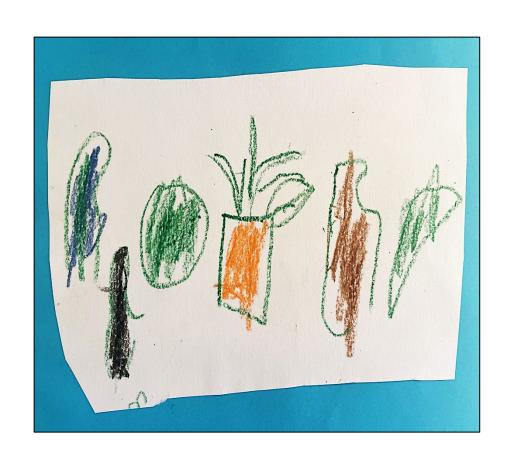
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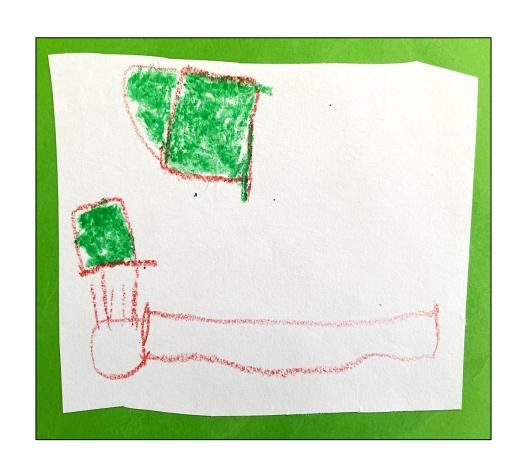
We must always
exercise
to keep our bodies
strong.



Fruit and vegetables are very important for our body.



It is very important to wash our hands before we eat.



Brushing our teeth every day is important.



Oily food is not good for our body.



We have to wash our bodies in the morning and the evening.



Being dirty is not good for our bodies.

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