

Predictive models for starting antiseizure medication withdrawal following epilepsy surgery in adults

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Abstract

More than half of adults with epilepsy undergoing resective epilepsy surgery achieve long-term seizure freedom and might consider withdrawing antiseizure medications (ASMs). We aimed to identify predictors of seizure recurrence after starting postoperative ASM withdrawal and develop and validate predictive models.

We performed an international multicentre observational cohort study in nine tertiary epilepsy referral centres. We included 850 adults who started ASM withdrawal following resective epilepsy surgery and were free of seizures other than focal non-motor aware seizures before starting ASM withdrawal. We developed a model predicting recurrent seizures, other than focal non-motor aware seizures, using Cox proportional hazards regression in a derivation cohort (n=231). Independent predictors of seizure recurrence, other than focal non-motor aware seizures, following the start of ASM withdrawal were focal non motor-aware seizures after surgery and before withdrawal (adjusted hazards ratio [aHR] 5.5, 95% confidence interval [CI] 2.7-11.1), history of focal to bilateral tonic-clonic seizures before surgery (aHR 1.6, 95% CI 0.9-2.8), time from surgery to the start of ASM withdrawal (aHR 0.9, 95% CI 0.8-0.9), and number of ASMs at time of surgery (aHR 1.2, 95% CI 0.9-1.6). Model discrimination showed a

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1 concordance statistic of 0.67 (95% CI 0.63-0.71) in the external validation cohorts (n=500). A
2 secondary model predicting recurrence of any seizures (including focal non-motor aware
3 seizures) was developed and validated in a subgroup that did not have focal non-motor aware
4 seizures before withdrawal (n=639), showing a concordance statistic of 0.68 (95% CI 0.64-0.72).
5 Calibration plots indicated high agreement of predicted and observed outcomes for both models.
6 We show that simple algorithms, available as graphical nomograms and online tools
7 (predictepilepsy.github.io), can provide probabilities of seizure outcomes after starting
8 postoperative ASMs withdrawal. These multicentre-validated models may assist clinicians when
9 discussing ASM withdrawal after surgery with their patients.

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9

10 **Keywords:** epilepsy; epilepsy surgery; antiseizure medication; withdrawal; prognosis

11 **Abbreviations:** AIC = Akaike Information Criterion; ASM = AntiSeizure Medication; aHR =

12 Adjusted Hazard Ratio; EEG = Electroencephalogram ; FBTCS = Focal to Bilateral Tonic

13 Clonic Seizures; IQR = Interquartile Range; HR = Hazard Ratio; ILAE = the International

14 League Against Epilepsy; MRI = Magnetic Resonance Imaging; SUDEP= Sudden Death in

15 Epilepsy; WAMS = Withdrawal of Antiseizure Medication After Surgery

16 **Introduction**

17 More than half of adults with drug-resistant epilepsy who undergo resective surgery achieve
18 postoperative seizure freedom.¹ After successful surgery, they and their treating clinicians need
19 to decide whether antiseizure medication (ASM) should be reduced or withdrawn. Continued
20 administration of ASMs may have side effects, teratogenic implications and increase healthcare
21 costs.² Conversely, ASM withdrawal might increase the risk of seizure relapse and subsequent
22 injuries, epilepsy-related mortality, including sudden death in epilepsy (SUDEP), occupational
23 and driving constraints, and social stigma.^{3,4} Several studies have identified risk factors for
24 seizure recurrence following ASM withdrawal after epilepsy surgery. These include, among
25 others, epilepsy duration at the time of surgery, characteristics of presurgical seizures,
26 preoperative MRI abnormalities, the timing of ASM withdrawal, incomplete resection, and
27 postoperative EEG abnormalities.⁵⁻¹²

1 Recent studies have shown the feasibility of predicting outcomes of ASM withdrawal in non-
2 surgical cases,¹³ and after paediatric epilepsy surgery.¹¹ A prognostic model synthesizing the
3 clinical characteristics predicting recurrence after ASM withdrawal following successful
4 epilepsy surgery in adults is not yet available.¹⁴ The lack of tools to guide ASM withdrawal
5 decisions leads to significant heterogeneity in the timing and strategies of drug
6 discontinuation.^{8,9,12,13,15,16} There is a need for practical instruments to support these clinical
7 decisions and inform individuals and their caregivers about realistic expectations of the risks and
8 outcomes following ASM withdrawal.

9 We aimed to develop and validate a prediction model that provides probabilities of seizure
10 recurrence following ASM withdrawal after epilepsy surgery in adults with readily available
11 clinical variables.

12

13 **Materials and methods**

14 We developed the prediction model using prospectively collected baseline and follow-up data
15 from an ongoing consecutive registry of individuals who had epilepsy surgery at a tertiary centre
16 in London (United Kingdom). The cohort has been reported previously in detail.¹ All participants
17 were prospectively followed in yearly intervals (median total follow up duration 11 years,
18 interquartile range [IQR] 6 – 16 years). Annual postsurgical seizure outcome was determined
19 using the International League Against Epilepsy (ILAE) outcome scale,¹⁷ and the participants'
20 medication regime was noted. Start of ASM withdrawal was defined as any reduction in dose or
21 number of ASMs after surgery with the ultimate goal of complete ASM withdrawal. Data on
22 ASM reductions' timing was corroborated by reviewing medical notes and extracting the exact
23 timing of starting ASM withdrawal and seizure recurrences.

24 We randomly divided the London cohort into derivation and internal validation cohorts with a
25 2:1 ratio for model development and internal validation. For the development of the model, we
26 only used the derivation cohort.¹⁸

27 For external model validation, we collected baseline and follow-up data of individuals
28 undergoing epilepsy surgery with at least one year of postsurgical follow up at eight tertiary
29 epilepsy referral centres (Cleveland [United States], Cape Town [South Africa], Shenzhen

1 [China], Oxford [United Kingdom], Melbourne [Australia], Cardiff [United Kingdom], Lisbon
2 [Portugal], and Bogotá [Colombia]). A detailed description of each cohort and the informed
3 consent procedures are described in the Online Supplement.

4 In all cohorts, we included consecutive adults who underwent resective epilepsy surgery, had at
5 least one year of postoperative follow-up, had no seizures other than focal non-motor aware
6 seizures after surgery, i.e. ILAE outcome class 1 or 2,¹⁷ and started reducing ASMs. We
7 excluded those who did not achieve initial seizure freedom other than focal-aware seizures
8 (ILAE outcome class 3 or worse), did not attempt ASM withdrawal, had disconnective
9 procedures, multiple brain surgeries, or had insufficient follow-up data. Acute postoperative
10 seizures (i.e., occurring during the first 30 days after surgery) were not considered to be seizure
11 recurrences.¹⁹ Data for model development was complete.

12 **Outcomes**

13 The primary model outcome was time to seizure recurrence other than focal non-motor aware
14 seizures (i.e., ILAE outcome Class 3-6)¹⁷ after the start of ASM withdrawal. Due to several
15 considerations, we only considered seizures other than focal non-motor aware seizures, i.e.,
16 seizures with motor symptoms or those associated with impaired awareness. Firstly, the presence
17 of focal non-motor aware seizures only may not be regarded as a poor outcome.²⁰ Seizures other
18 than focal non-motor aware seizures are arguably clinically more relevant than focal non-motor
19 aware seizures because they are more likely to cause injuries and lead to increased morbidity and
20 mortality.²¹ Secondly, individuals with only focal non-motor aware seizures may still consider
21 ASM withdrawal and thus, including them makes the model more applicable.²² Third, in some
22 jurisdictions, focal non-motor aware seizures do not preclude driving.

23 On the other hand, given that focal non-motor aware seizures may have an impact on quality of
24 life and represent a red flag for starting ASM discontinuation,²³ we developed a secondary model
25 to predict any type of seizure recurrence (i.e., ILAE outcome Class 2-6) that included individuals
26 that were completely seizure-free after surgery and before withdrawal (i.e., did not have any
27 focal non-motor aware seizures).

28 As an additional outcome, we also assessed the time to complete withdrawal of all ASMs.

1 **Development of the primary model**

2 We performed a literature review of previously-reported predictors of seizure recurrence after
3 ASM withdrawal following epilepsy surgery (see online Supplement). We chose predictors
4 consistently reported to have a significant and independent association with the outcome and
5 easily ascertained in different settings with varying clinical expertise. The selected predictors are
6 also part of the routine diagnostic tests for people who ultimately undergo epilepsy surgery. We
7 identified consistent evidence for eleven predictors of seizure recurrence following postoperative
8 ASM withdrawal: age (at onset and at surgery), epilepsy duration, pre-surgical seizure
9 frequency, history of focal to bilateral tonic-clonic seizures (FBTCS), number of ASMs at
10 surgery, abnormalities on preoperative MRI, location of surgery, incomplete resection of a
11 lesion, pathology findings, postsurgical focal non-motor aware seizures before the onset of ASM
12 withdrawal, and time from surgery to the start of ASM withdrawal.²⁻⁴

13 We did not include data on postsurgical electroencephalography (EEG) because there were
14 insufficient available data (Supplement),²⁴ as this was not routinely performed in several centres
15 involved in this study.²⁵ Data on percentage and rate of dose reduction, and reasons to halt
16 withdrawal other than seizure relapse were not available (Supplement)

17 Using Kaplan-Meier plots, we estimated the proportion of individuals remaining seizure-free at
18 various time-points after ASM withdrawal commencement. We used univariable Cox
19 proportional hazards regression analyses to assess the relevance of previously reported variables
20 and identify any other potential predictors. Hazard ratios (HRs) were estimated with 95%
21 confidence intervals (CI). The model was censored at the recurrence of a seizure other than focal
22 non-motor aware seizures or on the last follow-up day.

23 Variables previously reported were included in the multivariable analyses and any significant
24 variable ($p < 0.05$) in the univariable analyses. The multivariable model was simplified by
25 backward stepwise elimination based on the Akaike Information Criterion (AIC).²⁶ The AIC
26 evaluates the fit of a model while penalizing overfitting and provides a means to select the most
27 relevant variables regardless of their p-value. Lower AIC indicates a better fit, i.e., a higher
28 likelihood with fewer parameters.

1 We checked the statistical assumptions for Cox proportional hazard regressions and they were
2 fulfilled.

3 **Validation of the model**

4 The performance of the model in the internal and external validation cohorts was assessed using
5 discrimination and calibration.²⁷ Discrimination refers to how well the model distinguishes
6 between participants with favorable or unfavorable outcomes. We used the concordance (c)
7 statistic to measure discrimination, which corresponds to the area under the receiver operating
8 characteristic (ROC) curve. Calibration indicates the agreement between outcomes that were
9 predicted by the model and those that were observed. We used calibration curves, which plot the
10 predicted risk given by the model against the observed risk, to assess calibration.

11 A main concern when building predictive models is optimism, also known as overfitting. This
12 happens when the models fit very well the data that was used to develop the model but performs
13 poorly with new data.²⁸ To address this, bootstrapping was performed using a shrinkage factor
14 obtained from 1000 random samples, resulting in an “optimism-corrected c statistic”.
15 Additionally, 95% confidence intervals were generated for risk estimates to account for residual
16 uncertainty. Internal-external cross-validation was performed to evaluate the model across
17 different populations, as described previously.¹⁸ The final AIC value was calculated over the
18 pooled data set.¹⁸

19 **Model predictions**

20 The final risk estimates were estimated using combined data from all cohorts to increase
21 generalisability.¹⁸ To improve the practical usability of the model, we generated an easily
22 estimated nomogram, a two-dimensional diagram that allows the graphical computation of a
23 mathematical function. We also developed an interactive, user-friendly, and convenient web tool
24 that provides individualized outcome estimates with corresponding 95% CIs and graphical
25 representation.²⁹

26 **Secondary models**

27 A secondary model was developed, including only those completely seizure-free after surgery
28 (ILAE Class 1), i.e., those that did not have any postsurgical focal non-motor aware seizures.

1 The secondary outcome parameter for these analyses was complete seizure-freedom, i.e.,
2 counting focal non-motor aware seizures as seizure relapses. As a sensitivity analysis, we also
3 created a similar model that only included those undergoing temporal lobe surgery. We also
4 developed a model of time to withdrawal of all ASMs in individuals that were completely
5 seizure free after surgery. The same methodologies as described above were applied, and data
6 was assessed and cross-validated in the combined cohort.

7
8 Development and validation of the presented models followed established recommendations (i.e.
9 TRIPOD).³⁰ Two-sided p-values < 0.05 were considered statistically significant. Analyses were
10 performed and updated using R version 3.6.2 using the packages "survival", "survminer," "rms",
11 "survivalROC".

12 **Data availability**

13 The data that support the findings of this study are available from the corresponding author, upon
14 reasonable request.

15 **Results**

16 **Participant characteristics**

17 The London cohort included 350 adults, of whom 231 randomly selected were used for model
18 development (derivation cohort) and 119 for internal validation (internal validation cohort).
19 External cohorts included 500 adults (Cleveland [$n=98$], Cape Town [$n=105$], Shenzhen [$n=83$],
20 Melbourne [$n=48$], Cardiff [$n=44$], Lisbon [$n=42$], Oxford [$n=40$], Bogota [$n=40$]). We included
21 850 subjects overall, all of whom were seizure-free from other than focal non-motor aware
22 seizures between surgery and the start of ASM withdrawal (ILAE outcome 1 or 2,
23 Supplementary Figure 1).

24 The overall clinical and demographic characteristics are provided in Supplementary Table 1. In
25 the combined data set, the median time between surgery and the start of ASM withdrawal was
26 1.0 years (*IQR* 0.5-2.2). Kaplan Meier estimates indicate that 80% remained free from seizures
27 other than focal non-motor aware seizures two years after starting ASM withdrawal and 72%
28 after four years (Figure 1). At the end of follow-up, 317 (37%) participants had experienced a

1 seizure relapse (including focal non-motor aware seizures), of whom 47 only had focal non-
2 motor aware seizures. 308 (36%) individuals ultimately came off all ASMs. The median time
3 between the start of ASM withdrawal to the complete withdrawal of all ASMs was 1.5 years
4 (*IQR* 0.44-2.83).

5 **Primary model**

6 Variables consistently described as relapse predictors (time between surgery and starting of ASM
7 withdrawal, history of FBTCS before surgery, number of ASMs at time of surgery, duration of
8 epilepsy at time of surgery, hippocampal sclerosis on neuropathology, incomplete resection of an
9 epileptogenic lesion, extratemporal lobe surgery, normal MRI before surgery, and presurgical
10 seizure frequency) were included in the multivariable regression. The univariable analysis
11 showed that postsurgical focal non-motor aware seizures before starting withdrawal were
12 significantly associated with relapse after starting ASM withdrawal (Supplementary Table 2),
13 and thus were also included.

14 After simplification based on the AIC, four predictors remained in the final multivariable model
15 (Table 1A): focal non-motor aware seizures after surgery and before the starting ASM
16 withdrawal, history of FBTCS, the time between surgery and starting withdrawal, and ASMs
17 number at the time of surgery. Figure 1 displays the impact of these predictors on time to seizure
18 relapse other than focal non-motor aware seizures after starting ASM withdrawal in the
19 combined data of all cohorts.

20 The model had an optimism-corrected *c* statistic of 0.68 (95% *CI* 0.58-0.79) in the internal
21 validation (*n*=119) and 0.67 (95% *CI* 0.63-0.71) in the external validation (*n*=500) cohorts.
22 Calibration plots indicated high agreement between predicted and observed data in the internal
23 and external validation cohorts (Supplementary Figure 2). Internal-external cross-validation
24 showed that the *c* statistic remained stable across different populations (Supplementary Table 3).

25 The model, named *WAMS* (Withdrawal of Antiseizure Medication After Surgery) was translated
26 into an easy-to-use graphical nomogram (Figure 3A) predicting outcomes two and four years
27 after starting withdrawal. Time-variable prediction estimates can be estimated using a freely
28 available practical online tool with a graphical user interface on <https://predictepilepsy.github.io/>

1 **Secondary models**

2 We performed a secondary analysis looking at predictors of complete seizure-freedom (binary
3 outcome) in postoperatively seizure-free participants who did not have any focal non-motor
4 aware seizures (ILAE Class 1, $n=639$). The resulting model (Figure 2, Supplementary Tables 4,
5 5) included the following predictors: history of FBTCS before surgery, presurgical seizure
6 frequency, the time between surgery and starting withdrawal, duration of epilepsy before surgery
7 and history of febrile seizure. The model showed an optimism-corrected c statistic of 0.68 (95%
8 CI 0.64-0.72) and a high agreement between predicted and observed data (Supplementary Figure
9 2). Prediction estimates can be determined using a graphical nomogram (Figure 3B) or the online
10 tool. The results for a similar model in people undergoing temporal lobe surgery can be found in
11 the online supplement (Supplementary Tables 6, 7; Supplementary Figures 2, 3).

12 The results of a model predicting the withdrawal of all ASMs are displayed in the online
13 supplement (Supplementary Tables 8, 9; Supplementary Figure 2). This model had an optimism-
14 corrected c statistic of 0.73 (95% CI 0.68-0.78) and can be calculated using a graphical
15 nomogram (Supplementary Figure 4).

16 ROC curves for all models are displayed in Supplementary Figure 5.

17 **Case simulation**

18 Examples of how to use the nomograms and online tools based on two fictional cases are
19 illustrated in Figure 4.

20 **Discussion**

21 The decision to withdraw, or even just to reduce, ASMs after having reached seizure-freedom
22 following epilepsy surgery is a common clinical problem. Here, we developed and validated
23 predictive models that provide individualized probabilities of seizure outcomes in people that
24 have started ASM withdrawal after epilepsy surgery. The models will provide objective
25 recurrence expectations for people with epilepsy considering ASM withdrawal. They could assist
26 presurgical counselling and decision making, especially in individuals who prioritize ASM
27 withdrawal as a marker of surgical success. The models can be easily estimated using graphical
28 nomograms or a freely available online tool.

1 The included predictors are clinically meaningful. We identified the timing of ASM withdrawal
2 after surgery as a significant predictor in all models. This is relevant because the optimal time for
3 starting ASM withdrawal after successful surgery is unknown, and approaches are
4 heterogeneous, mainly relying on the clinician's personal experience and subjective risk
5 assessment.³¹⁻³⁴ In the context of non-surgical individuals, a common practice is to consider
6 ASM reduction after two years of seizure-freedom. Despite the lack of robust evidence, this
7 approach is often implemented in postsurgical cases.^{3,14,15,33} Some studies found that early
8 withdrawal (<2 years) is associated with an increased risk of relapse compared with later
9 withdrawal.^{8,9,13,16,34} Others reported that early withdrawal did not affect long-term
10 outcomes.^{35,36} Our models might support individualized decisions on the timing of ASM
11 withdrawal as we incorporated timing as an adjustable variable. The models will allow clinicians
12 to adjust dynamically and individually postoperative observation time before attempting
13 medication withdrawal according to individual characteristics and preferences. It might be
14 feasible and safe to start withdrawal earlier in low-risk cases and prolong the observation period
15 in high-risk individuals, although such an approach will require further prospective studies.

16 We found that focal non-motor aware seizures after surgery were the strongest predictor of
17 seizure recurrence following ASM withdrawal. They may represent an early marker of surgical
18 failure due to the incomplete removal of the epileptogenic zone.^{1,37} It has been previously
19 described that entirely seizure-free individuals had a lower risk of seizure relapse with impaired
20 awareness in the following year than individuals with only focal non-motor aware seizures.³⁷

21 Taking more ASMs at the time of surgery, having a higher preoperative seizure frequency, and
22 preoperative FBTCS have been shown to be associated with epilepsy severity and increased risk
23 of seizure relapse in surgical and non-surgical cases.^{10,11,37} FBTCS involve and spread through
24 distributed brain networks and maybe a biomarker of a more diffuse epileptogenic zone that is
25 more difficult to completely resect.³⁸ Long presurgical duration of epilepsy³⁹ and having no
26 history of febrile seizures⁴⁰ have previously been reported as risk factors for poor surgical
27 outcome. These factors could account for a higher risk of seizure relapse when there is an
28 attempt at ASM withdrawal. We found that acute post-surgical seizures, the resection location
29 (temporal versus extratemporal), and the pathological findings were not associated with seizure
30 freedom after starting postsurgical ASM withdrawal. These factors have, however, been
31 previously related to surgical success.^{41,42}

1 This study has several strengths. We evaluated data from one of the largest multicentre
2 populations of people who attempted ASM withdrawal after successful surgery. When validated
3 across nine cohorts from high and low-income countries, the models showed robust performance,
4 supporting their generalizability.²⁷ Our models were well calibrated and may, thus, provide
5 realistic statistical estimates of the risk of seizure relapse in individuals that have decided to
6 attempt ASM withdrawal, which is relevant for decision making and follow-up
7 recommendations.^{27,29,43}

8 Data were acquired in the clinical setting of tertiary epilepsy referral centres. Thus, the findings
9 reflect real-life scenarios, and the results can be readily applied to clinical situations. The models
10 were developed using consecutive long-term single-center data from 1990-2016, but the external
11 validation was done in several cohorts with recent data, contributing to temporal validation.²⁷
12 This confirmed the performance of the model in more contemporary settings given changes to
13 the surgical candidates and procedures over the last decades. We conducted a review to identify
14 predictors of outcomes comprehensively evaluated in previous reports. The selected predictors
15 were well defined, easily measured, and routinely available. Additional models predicting
16 complete seizure freedom and the likelihood of achieving complete ASM withdrawal were also
17 developed. We implemented the main models in an online tool that will increase their
18 accessibility and practicality.

19 Our study was devised in an intention-to-treat manner. We included all participants that decided
20 to start ASM withdrawal, regardless of whether the withdrawal was completed or not. Thus, the
21 models provide the probabilities of seizure recurrence to individuals that are considering to start
22 ASM withdrawal, rather than to those who already successfully reduced doses and are coming
23 off all medications. The participants included in our study had a low pre-test likelihood of
24 recurrence based on clinical expertise.

25 Developing a predictive model involves making compromises. We did not include predictors not
26 routinely assessed in clinical practice or those that did not support sufficient validation data.
27 Future studies might refine predictions by including data from postsurgical EEG, blood
28 biomarkers, advanced neuroimaging, and genetic data. Such additional biomarkers could further
29 improve model discrimination.

1 Our study has several limitations. Our results are only applicable to adults, and different models
2 should be used for children.¹¹ The models should only be applied when data for each included
3 predictor is available. Due to the cohorts' observational character, we could not implement a
4 systematic withdrawal procedure and prevalence of observed outcomes could have been affected
5 by follow up duration. The decision to start withdrawing ASMs was dependent on the
6 participants' characteristics and preferences, which could lead to selection bias and increased
7 data variability. This approach reflects a real-life clinical setting and makes the models
8 applicable to various realistic withdrawal protocols. The models should only be applied to those
9 who are already considered potential candidates for ASM withdrawal by their treating
10 physicians. There were baseline differences between the included cohorts, but this reflects real-
11 life scenarios and supports the model's generalizability to a wide range of cohorts and settings.
12 Data on missed medications was unavailable in some cohorts, which could account for provoked
13 seizure relapse. Lastly, due to the large variability of treatment regimens, we did not differentiate
14 or adjusted for specific ASMs or percentage and rate of dose reduction. Future controlled studies
15 are needed to identify the impact of different dose reduction protocols with recurrence risks.

16 In summary, we developed and validated simple algorithms that can help assert decisions on
17 postsurgical ASM withdrawal. They might support individuals and attending physicians by
18 providing quantitative risk estimates of seizure relapse that are dependent on the timing of
19 starting ASM withdrawal and are a step towards more personalized epilepsy care.

20

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16 **Supplementary material**

17 Supplementary material is available at *Brain* online.

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14 7/TABLES/1

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1 **Figure legends**

2 **Figure 1 Impact of predictors on Kaplan-Meier estimates (time to seizure recurrence other**
3 **than focal non-motor aware seizures after starting ASM withdrawal).** Panel **A** represents the
4 Kaplan-Meier estimates of time to seizure recurrence other than focal non-motor aware seizures
5 in the overall cohort (n=850). Panels **B-E** show the impact of predictors included in the final
6 model on the time to seizure recurrence other than focal non-motor aware seizures. Time at
7 baseline was beginning of ASM withdrawal. Shaded band represents 95% confidence interval.

8
9 **Figure 2 Impact of predictors on Kaplan-Meier estimates (time to any seizure recurrence**
10 **after starting ASM withdrawal).** Panel **A** represents the Kaplan-Meier estimates of time to any
11 seizure recurrence in the completely seizure-free cohort (n=639). Panels **B-F** show the impact of
12 predictors included in the final model on the time to any seizure recurrence. Time at baseline was
13 beginning of ASM withdrawal. Shaded band represents 95% confidence interval.

14
15 **Figure 3 Nomograms for predicting 2- and 4-year seizure outcome after starting ASM**
16 **withdrawal following epilepsy surgery.** Freedom from seizures other than focal non-motor
17 aware seizures (**A**) and from any seizures including focal non-motor aware seizures (**B**) after
18 starting ASM withdrawal after epilepsy surgery. Instructions: Determine the individual risk in
19 three steps: 1) For every variable on the left, count the points given at the top, 2) Add up the
20 points to a total, 3) Determine the associated recurrence risk at 2 and 4 years according to the
21 calculated point total.

22
23 **Figure 4 Fictional case simulations.** Examples on how to use the nomogram [**A(i)**, **B(i)**] and
24 online tool [**A(ii)**, **B(ii)**] based on two fictional cases reflecting real life scenarios. Case A [panels
25 **A(i and ii)**] is a 35-year-old individual with a 20-year history of epilepsy with 1-2 preoperative
26 FBTCs per year, no febrile seizures, taking two ASMs at time of surgery, and focal non-motor
27 aware seizures after surgery, who is considering withdrawal of ASMs two years after epilepsy
28 surgery. The models show a low chance of remaining free from seizures other than focal non-
29 motor aware seizures four years after starting withdrawal (35%, 95% CI 20-62). Case B [panels

1 **B(i and ii)]** is an individual with similar characteristics but no history of FBTCS and complete
 2 postoperative seizure-freedom (i.e., no focal non-motor aware seizures after surgery). The
 3 models predict a higher chance of remaining seizure-free (freedom from non-focal non-motor
 4 aware seizures after four years 86%, 95% CI 80-92; complete seizure freedom after four years
 5 83%, 95% CI 77-88).

6
 7 **Table 1 Multivariable Cox regression analysis of time to seizure recurrence other than focal non-motor aware seizure after**
 8 **starting ASM withdrawal following epilepsy surgery**

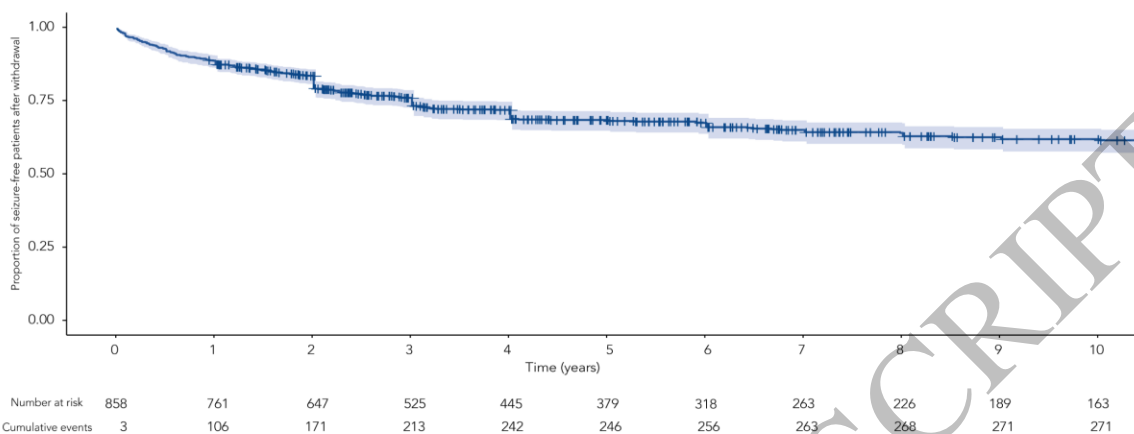
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Predictors	aHR (95% CI)	p-value	Δ AIC ^a
Focal non-motor aware seizures after surgery and before starting ASM withdrawal	5.53 (2.74–11.15)	<0.0001	-14.1
Time to beginning of ASM withdrawal (per year from surgery)	0.90 (0.82–0.98)	0.02	-4.8
Focal to bilateral tonic- clonic seizures before surgery	1.60 (0.91–2.82)	0.09	-1.0
Number of ASMs at time of surgery	1.24 (0.95–1.60)	0.10	-0.5
Normal presurgical MRI	eliminated step 5	0.45	1.5
Age at surgery	eliminated step 4	0.59	1.7
Presurgical seizure frequency (as an ordinal scale)	eliminated step 3	0.60	1.7
Hippocampal sclerosis on neuropathology	eliminated step 2	0.67	1.8
Duration of epilepsy at time of surgery	eliminated step 1	0.74	1.9

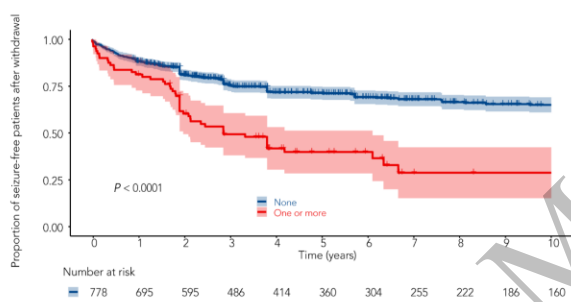
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 11 N=231. aHR, adjusted hazard ratio; MRI, magnetic resonance imaging; Δ AIC=change in Akaike information criterion after elimination of a
 12 variable at each step.

13 ^aA negative value implies that the variable improves the model and should be kept in the model.
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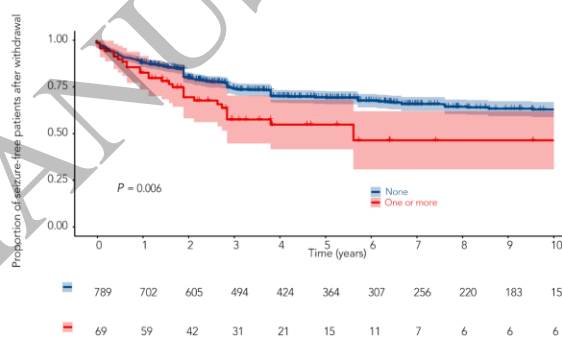
A Time to seizure relapse after starting ASM withdrawal, overall cohort



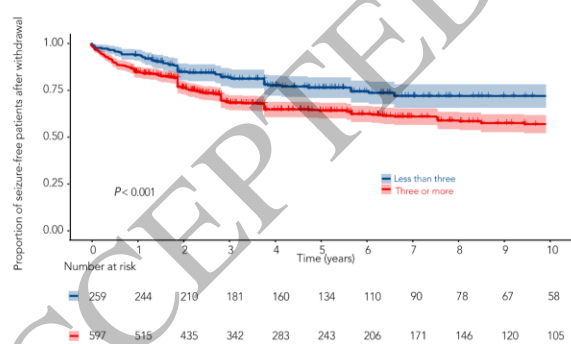
B Auras after surgery and before ASM withdrawal



C Focal to bilateral tonic clonic seizures before surgery



D Number of ASMs at time of surgery



E Time to begin ASM withdrawal after surgery (per year from surgery)

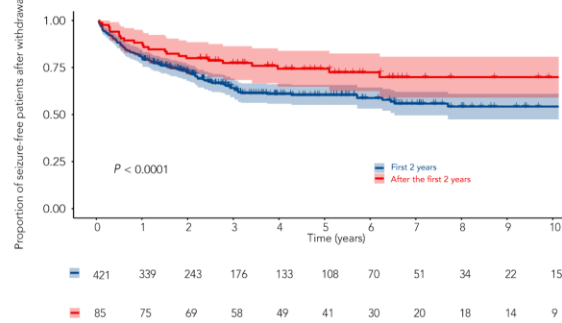


Figure 1
159x177 mm (x DPI)

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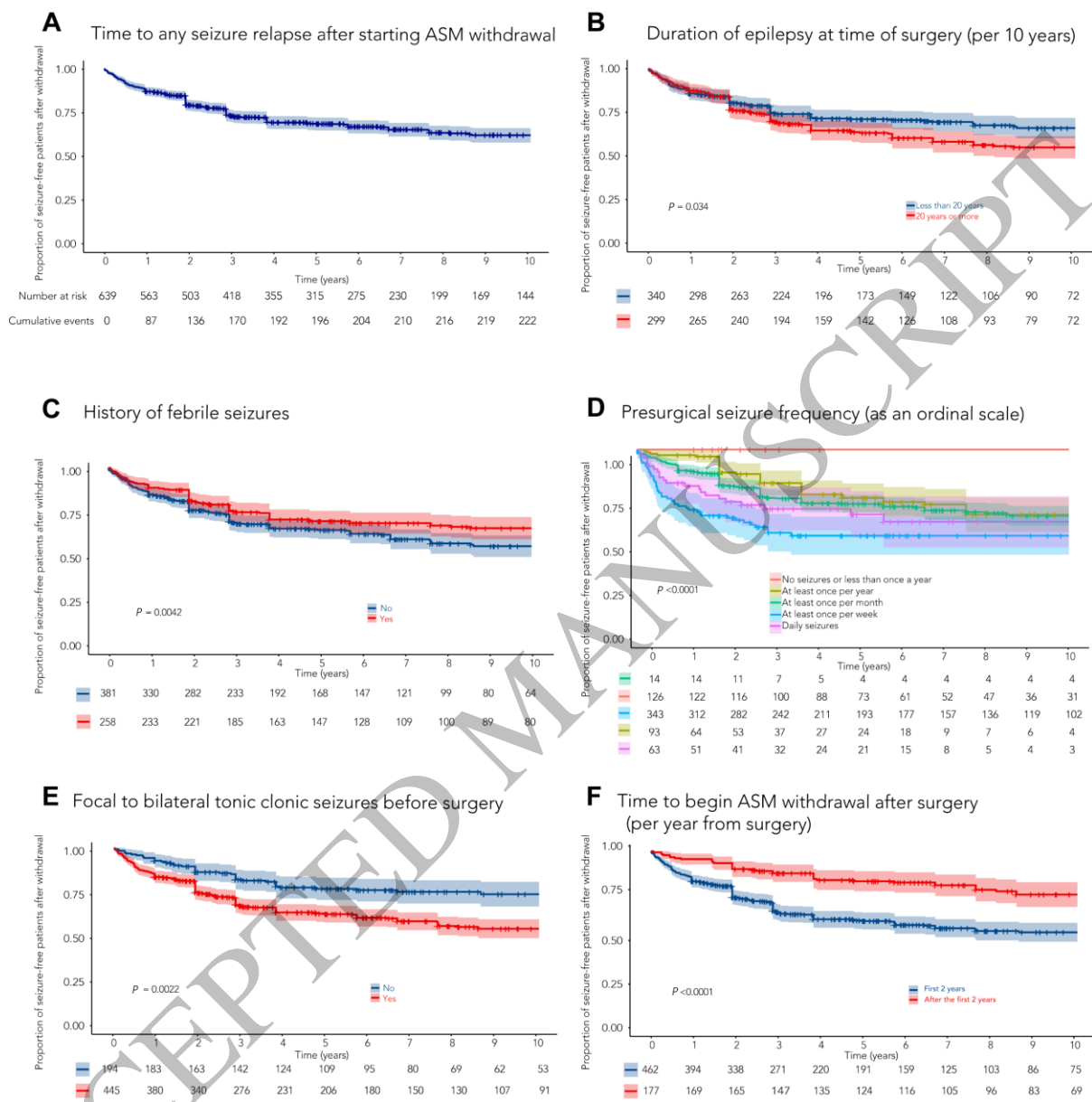


Figure 2
159x180 mm (x DPI)

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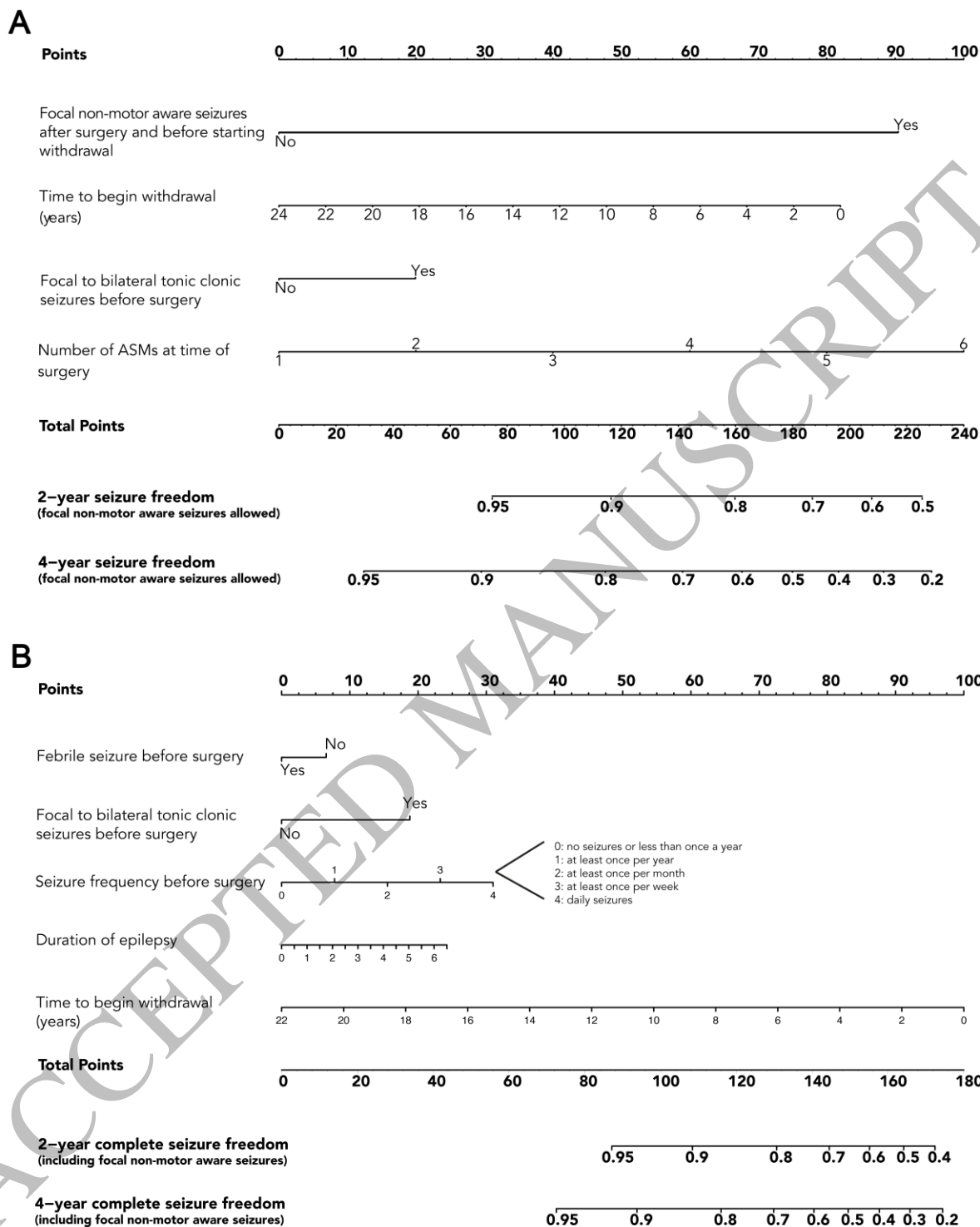


Figure 3
 159x197 mm (x DPI)

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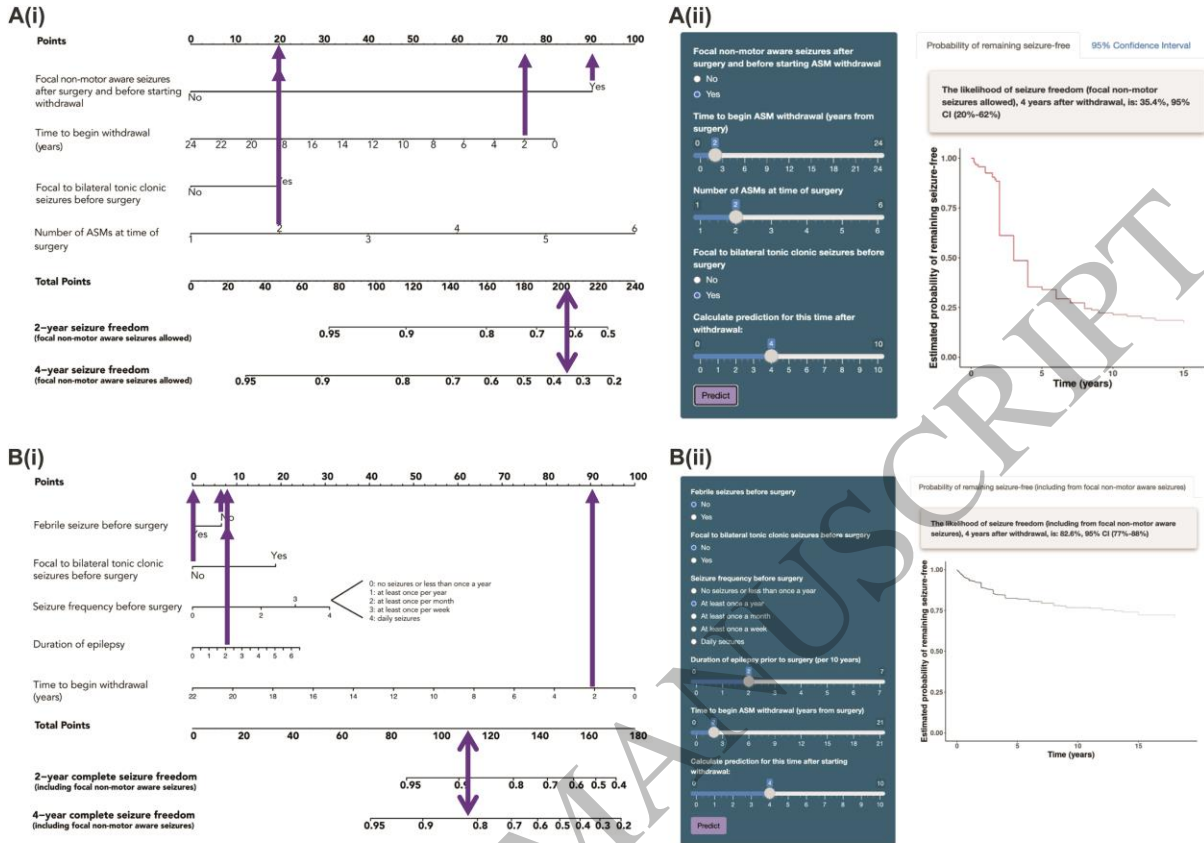


Figure 4
159x114 mm (x DPI)

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