

The doxycycline paradox in primary mitochondrial diseases

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Primary mitochondrial diseases (PMDs) are heterogeneous disorders affecting mitochondrial structure, function and/or dynamics and may be caused by pathogenic variants in hundreds of nuclear or mitochondrial DNA encoded genes^{1; 2}. PMDs cause pathologies involving virtually any organ and are frequently life-limiting in early life^{3; 4}. There are no disease-modifying therapies for the vast majority of PMDs and current treatments are mostly symptomatic^{4; 5}. The first multiprotein enzyme complex of the oxidative phosphorylation system is complex I (CI). CI plays an essential role in generation of chemical energy and its deficiency is associated with a robust increase in reactive oxygen species (ROS) production leading to the development of various pathologies including Leigh syndrome^{6; 7}.

Several mitochondrial functions can be traced back to their endosymbiotic ‘bacterial’ origin⁸. Consequently, antibiotics that target bacterial translation may also inhibit mitochondrial translation. Historically, some sources suggested avoiding certain antibiotics in patients with PMDs, especially antibiotics affecting translation including doxycycline. A recent Delphi consensus review however found no evidence base for this practice and so it is now discouraged⁹.

Interestingly, doxycycline extended lifespan of worms via increasing mitochondrial unfolded protein response and attenuating mitochondrial respiration¹⁰⁻¹². Specifically, doxycycline dose-dependently reduced oxygen consumption, without affecting citrate synthase activity or ATP levels¹⁰. Given at a low concentration during development, doxycycline did not appear to cause any adverse effects¹⁰.

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Through a chemical high-throughput screen in cells derived from patients with PMD, Perry et al. also found that tetracycline analogues including doxycycline rescue cell death and inflammatory signatures through partial and selective inhibition of mitochondrial translation¹³. They also showed that doxycycline treatment strongly promotes fitness and survival of *Ndufs4* knock-out mice, a model of Leigh syndrome¹⁴.

In contrast, Wüst et al. reported that mice treated with doxycycline presented with CI dysfunction and reduced mitochondrial respiratory capacity and concluded that doxycycline impairs mitochondrial function¹⁵. This may not be surprising since antibiotics designed to target the prokaryotic ribosome are known to induce dysregulation of mitochondrial function¹⁶.

Considering the above observations, doxycycline as a potential drug-targeted therapy for mitochondrial disease is highly paradoxical. So how can one reconcile the seemingly contradictory reports on the beneficiary effects of doxycycline versus its inhibitory action on mitochondrial translation and function?

To solve this paradox, one has to consider the different doses of doxycycline used in the two studies, which are not directly comparable. Another consideration is that doxycycline triggers a metabolic remodeling primarily driven by changes in the fatty acid oxidation pathway, suggesting a switch to lipid breakdown to fuel energy production¹⁰. Thus, doxycycline induces a metabolic rewiring favoring lipid metabolism¹². It has also been proposed that in CI deficiencies the activity of CII (succinate dehydrogenase) is significantly upregulated¹⁷. Increased CII activity as an adaptive response to CI improves lipid oxidation and provides a high rate of ATP¹⁸.

The major electron donor for CI is NADH and FADH₂ for CII. The ratio of NADH versus FADH₂ oxidation depends on the proton motive force, and lowering proton motive force by *e.g.*, inhibiting complex I by doxycycline will favor FADH₂ oxidation, *i.e.*, towards using lipids versus carbohydrate as fuel source.

We propose a mechanism to explain the potential beneficiary effects of doxycycline in individuals with PMDs, especially with CI-related PMD. As doxycycline decreases CI activity,

the accompanying metabolic rewiring favors CII driven fatty acid oxidation and provides a sufficient rate of ATP production to ameliorate symptoms. One has to consider too that this beneficiary effect of doxycycline could be dose dependent.

In summary, doxycycline is another example, along with rapamycin and hypoxia^{19; 20}, showing that CI activity is not required to rescue pathologies associated with PMDs. Currently, there are no clinically effective therapies for PMDs, and the above findings suggest that tetracyclines might constitute a potential intervention to ameliorate symptoms for PMDs. Further studies are warranted, including clinical trials if additional preclinical data suggest a beneficial effect of doxycycline.

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