

# A European Research Agenda for Geriatric Emergency Medicine – a modified Delpi study

Simon P. Mooijaart<sup>1,2</sup>, Christian H. Nickel<sup>3</sup>, Simon P. Conroy<sup>4</sup>, Jacinta A. Lucke<sup>1,5</sup>, Lisa S. van Tol<sup>1</sup>, Mareline Olthof<sup>1</sup>, Laura C. Blomaard<sup>1</sup>, Bianca M. Buurman<sup>6</sup>, Zerrin D. Dundar<sup>7</sup>, Bas de Groot<sup>8</sup>, Beatrice Gasperini<sup>9</sup>, Pieter Heeren<sup>10</sup>, Mehmet A. Karamercan<sup>11</sup>, Rosa McNamara<sup>12</sup>, Aine Mitchell<sup>13</sup>, James D. van Oppen<sup>14,15</sup>, Javier Sanchez<sup>16</sup>, Yvonne Schoon<sup>17</sup>, Katrin Singler<sup>18</sup>, Renan Spode<sup>19</sup>, Sigrun Skúldóttir<sup>20,21</sup>, Thordis Thorrsteindottir<sup>22</sup>, Marije van der Velde<sup>23</sup>, James Wallace<sup>24</sup>

<sup>1</sup> Department of Gerontology and Geriatrics, Leiden University Medical Centre, Leiden, The Netherlands

<sup>2</sup> Institute for Evidence-based Medicine for Older People (IEMO), Leiden, The Netherlands

<sup>3</sup> Department of Emergency Medicine, University Hospital Basel, University of Basel, Switzerland

<sup>4</sup> Department of Health Sciences, University of Leicester, Leicester, UK

<sup>5</sup> Department of Emergency Medicine, Spaarne Gasthuis, Haarlem, The Netherlands

<sup>6</sup> Department of Internal Medicine, Section of Geriatric Medicine, Amsterdam Public Health Research Institute, Amsterdam UMC, University of Amsterdam, Amsterdam, The Netherlands

<sup>7</sup> Department of Emergency Medicine, Necmettin Erbakan University Meram Faculty of Medicine, Konya, Turkey

<sup>8</sup> Department of Emergency Medicine, Leiden University Medical Centre, Leiden, The Netherlands.

<sup>9</sup> Department of Geriatrics and Rehabilitation, Santa Croce Hospital, Azienda Ospedaliera Ospedali Riuniti Marche Nord, Fano, Italy

<sup>10</sup> Department of Public Health and Primary Care, KU Leuven, Leuven, Belgium, Department of Geriatric Medicine, University Hospitals Leuven, Leuven, Belgium, Research Foundation - Flanders (FWO), Brussels, Belgium

<sup>11</sup> Department of Emergency Medicine, Gazi University School of Medicine, Ankara, Turkey

<sup>12</sup> Department of Emergency Medicine, St. Vincent University Hospital, Dublin, Ireland

<sup>13</sup> Department of Emergency Medicine, Sligo University hospital, Sligo, Ireland

<sup>14</sup> Department of Health Sciences, University of Leicester, Leicester, UK

<sup>15</sup> Emergency Department, University Hospitals of Leicester NHS Trust, Leicester, UK

<sup>16</sup> Emergency Department, Hospital Clínico San Carlos, Instituto de Investigación Sanitaria Hospital Clínico San Carlos (IdISSC), Universidad Complutense de Madrid, Madrid, Spain

<sup>17</sup> Department of Emergency Medicine and Department of Geriatrics, Radboud Institute for Health Sciences, Radboud University Medical Center, Nijmegen, The Netherlands

<sup>18</sup> Department of Geriatrics, Klinikum Nürnberg, Paracelsus Private, Medical University, Nürnberg, Germany

<sup>19</sup> Department of Emergency Medicine, Charité University Hospital, Berlin, Germany

<sup>20</sup> Research institute in Emergency Care, Landspítali National University Hospital of Iceland, Reykjavik, Iceland

<sup>21</sup> The Icelandic Gerontological Research Institute, Reykjavik, Iceland

<sup>22</sup> Research Institute in Emergency Care, Landspítali National University Hospital of Iceland, Reykjavik, Iceland

<sup>23</sup> Department of Geriatrics, Amphia Hospital, Breda, The Netherlands

<sup>24</sup> Emergency Department, Warrington and Halton Hospitals NHS Teaching Trust, Warrington, England

## Corresponding author

Simon P. Mooijaart, Department of Gerontology and Geriatrics, Leiden University Medical Centre, PO box 9600, 2300 RC Leiden, The Netherlands. Telephone: +3171-5266640. E-mail: [S.P.Mooijaart@lumc.nl](mailto:S.P.Mooijaart@lumc.nl)

## **Declaration**

### ***Funding***

The Institute for Evidence-Based Medicine in Old Age (S.P.M.) is funded by the Dutch Ministry of Health and Welfare and supported by “ZonMW” (project number 62700.3001). PH is holder of a PhD fellowship granted by Research Foundation - Flanders (FWO) (1133320N).

### ***Conflict of interest***

Lead authors are chairs of the Geriatric Emergency Medicine special interest group of the European Society for Geriatric Medicine (SPM) and the Geriatric Emergency Medicine section of the European Society for Emergency Medicine (CHN and JAL). On behalf of all authors, the corresponding author states that there is no conflict of interest.

### ***Availability of data and materials***

Not applicable

### ***Code availability***

Not applicable

### ***Authors' contributions***

Not applicable

## **Key summary points**

### ***Aim***

To provide an inventory and prioritisation of research questions amongst GEM professionals throughout Europe.

### ***Findings***

A list of 10 research questions was identified and prioritised.

### ***Message***

The list of research questions may serve as guidance for scientists, policymakers and funding bodies in prioritising future research projects.

## **Abstract**

**Purpose:** Geriatric Emergency Medicine (GEM) focuses on delivering optimal care to (sub)acutely ill older people. This involves a multidisciplinary approach throughout the whole healthcare chain. However, the underpinning evidence base is weak and it is unclear which research questions have the highest priority. The aim of this study was to provide an inventory and prioritisation of research questions amongst GEM professionals throughout Europe.

**Methods:** A two-stage modified Delphi approach was used. In stage 1, an online survey was administered to various professionals working in GEM both in the Emergency Department (ED) and other healthcare settings throughout Europe to make an inventory of potential research questions. In the processing phase, research questions were screened, categorised, and validated by an expert panel. Subsequently, in stage 2, remaining research questions were ranked based on relevance using a second online survey administered to the same target population, to identify the top-10 prioritised research questions.

**Results:** In response to the first survey, 145 respondents submitted 233 potential research questions. A total of 61 research questions were included in the second stage, which was completed by 176 respondents. The question with the highest priority was: *Is implementation of elements of CGA (comprehensive geriatric assessment, such as screening for frailty and geriatric interventions, effective in improving outcomes for older patients in the ED?*

**Conclusion:** This study presents a top-10 of high-priority research questions for a European Research Agenda for Geriatric Emergency Medicine. The list of research questions may serve as guidance for researchers, policymakers and funding bodies in prioritising future research projects.

### **1 Key words**

2 Geriatric Emergency Medicine, Research Prioritisation

3

## 4 Introduction

5 Geriatric Emergency Medicine (GEM) focuses on opportunities to improve outcomes for older people by  
6 applying the knowledge and skills required for prevention, diagnosis, and management of urgent care presentations  
7 [1, 2]. Older people are already core users of Emergency Medicine (EM) [1, 3]. Providing care for older people is  
8 complex, since often there is multimorbidity or frailty and patients may present with non-specific complaints and  
9 vital signs which may need to be interpreted differently. Furthermore, GEM is delivered both in the emergency  
10 department (ED) as well as in other healthcare settings and by various types of professionals, such as nurses,  
11 physiotherapists and physicians, often in a multi-disciplinary manner. The knowledge gap caused by lack of  
12 scientific evidence in this patient group, hinders care professionals in the field of GEM in providing older patients  
13 with appropriate diagnostic and therapeutic interventions [4].

14 Evidence regarding optimal care for the vulnerable older population is lacking, and it is still unclear which  
15 research topics have the most added value in the improvement of GEM and which should be prioritised above  
16 others [1, 5].

17 The present study aimed to provide an inventory and prioritisation of research questions among health  
18 care professionals in Europe regarding the improvement of urgent care for older people.

19

## 20 **Methods**

### 21 *Study design*

22 The development of a research agenda on GEM at a European level is a joint initiative of the European  
23 Society for Emergency Medicine GEM section (EUSEM GEM section) and the European Geriatric Medicine  
24 Society GEM Special Interest Group (EuGMS GEM SIG). The Delphi method is an acknowledged consensus  
25 method used for determining the extent of agreement on a certain topic [6]. This two-stage modified Delphi method  
26 was derived from the PREDICT prioritisation study by Deane et al. (2017) [7].

27 We used 2 rounds of surveys: **survey 1 was performed during stage 1 and survey 2 was performed during**  
28 **stage 2.** In stage 1, the divergent phase, a non-limited list of potential research topics and questions was  
29 administered using an online survey among care professionals throughout Europe following the modified Delphi  
30 process. In the processing phase, the convergent phase, the collected research questions and topics were screened,  
31 validated, and categorised during expert panel meetings. Subsequently, in stage 2, the remaining research questions  
32 were prioritised using a second online survey distributed among care professionals, including the participants of  
33 stage 1 (*Figure 1*).

### 34 Expert Panel

35 The expert panel of the processing phase consisted of emergency physicians who are members of the  
36 EUSEM GEM section and geriatricians and geriatric nurses who are members of EuGMS GEM SIG.

### 37 38 *Stage 1 of Delphi: collecting potential research questions*

39 From May 2nd 2018 through to July 6th 2018, the first online survey was published and distributed among  
40 all members of EUSEM and EuGMS throughout all European countries by email, using both organisations'  
41 networks to contact national organisations of interest. Particular care was taken to collect data from all European  
42 countries by searching the internet for national organisations, with equal representation of both emergency  
43 physicians and geriatricians as well as nurses from both fields and representatives of other professions involved in  
44 GEM, e.g. physiotherapists, occupational therapists, pharmacists, and dieticians.

45 Input on potentially relevant research questions was collected by proposing the following question: '*When*  
46 *reflecting on your clinical practice in the field of Geriatric Emergency Medicine, which questions with the aim of*  
47 *improving the emergency care for acutely ill older people should be addressed in future research?'* Inputs were  
48 collected through the website <https://www.geriemeurope.eu/research-agenda/> after which stage 1 was closed and

49 the survey was no longer available online. This first stage of collection resulted in a provisional long list of  
50 potential research questions.

### 51 *Processing phase I: screening & categorisation*

52 *Processing phase I* was devoted to the screening of the long list in order to discard the clearly  
53 inappropriate research questions, duplicated research questions or already answered research questions and to  
54 categorise the remaining inputs. Groups of questions were assigned by category to couples consisting of two  
55 experts (one from geriatrics, one from emergency medicine), who independently screened the questions for the  
56 following criteria:

- 57 1. Is the input relevant to the focus of the survey regarding older people with acute disease in diverse urgent  
58 health care settings? Clearly out-of-focus inputs were discarded.
- 59 2. Is the input a clear and specific question? Unclear and unspecific inputs were discarded. A question was  
60 regarded unclear for instance if the experts were uncertain which determinant, comparison, intervention  
61 or outcomes were mentioned, or unspecific if only one of a determinant or outcome was mentioned, for  
62 example just a simple word such as 'atrial fibrillation'.
- 63 3. Has the question already been answered by previous or ongoing research? Already answered questions  
64 were discarded. This was ascertained by consulting the expert group of authors on the one hand and by  
65 performing PubMed searches on the other hand.
- 66 4. Is the question a duplication of a previous input? Duplications were excluded.

67 Questions were either discarded or passed to the next phase. In case of disagreement between the experts,  
68 consensus was reached by discussion in the expert panel.

69 The remaining questions were then categorized into (within) a list of topic areas that was generated in a  
70 previous expert panel meeting after reviewing the literature: 1. Organisation of care (structural, processes, and  
71 attitude); 2. Screening; 3. Triage; 4. Evaluation & management; 5. Diagnostics; 6. Geriatric syndromes in  
72 emergency settings; 7. Disposition; and 8. Ethics. Finally, a categorised short list of questions was obtained, which  
73 served as input for *processing phase II*. Discarded inputs were saved for later analysis on usability for clinical or  
74 educational purposes.

75

76

77

78 *Processing phase II: validation*

79 The aim of this phase was to validate the research questions of the short list obtained by screening in  
80 *processing phase I* and to specify them when necessary. All research questions of the short list were transformed  
81 into PICO format (Population, Intervention, Comparison, Outcome), if possible. Subsequently, a literature search  
82 was performed for all PICOs by members of the Expert Panel. Additionally, each question of the short list was  
83 assessed for validity in a face-to-face expert meeting (May 2018, Basel) based on the following criteria:

- 84 1. Is the question relevant for the field of GEM throughout Europe? Questions not focusing upon older  
85 people (65+ years) in receipt of care in urgent care settings were excluded.
- 86 2. Is there current existing evidence available to answer the question? A question was excluded the expert  
87 panel agreed that existing evidence could answer the question.
- 88 3. Can the question be feasibly answered in terms of resources (money, time, ethics)?

89 All Expert Panel members had to reach consensus about the validity assessment of each question individually.  
90 During the validity assessment, inputs were checked for their previous allocated category as well. An additional  
91 teleconference was scheduled to discuss the doubtful inputs. Following this teleconference, the eight categories  
92 from *processing phase II* were merged into five categories. After reaching consensus on all inputs' validity and  
93 allocated category, the final list of research questions was composed.

94

95 *Stage 2 of Delphi: prioritisation by participants*

96 Using the final list of research questions resulting from *processing phase II*, a second online survey was  
97 conducted among care professionals throughout Europe, including all respondents of stage 1. The survey was set  
98 out online from March 1st 2019 until May 6th 2019 on the same website used in stage 1 (see above), and one  
99 reminder was sent. The following question was asked: '*When reflecting on your clinical practice in the field of*  
100 *Geriatric Emergency Medicine, how important are the following questions to you in terms of need for future*  
101 *research?*' Subsequently, respondents were asked to rate each research question of the "validated long-list"  
102 individually by allocating a percentage, ranging from 0% to 100%, with a slider indicating the importance of the  
103 question, 0% indicating not important, 100% percent indicating very important.

104 After collecting the allocated scores, the questions were ranked according to the highest average of the  
105 ranking percentage. As determined in advance, the ten highest-ranking questions constituted an overall top-10 of  
106 research questions and therefore, the consensus regarding the content of the present European Research Agenda

107 for Geriatric Emergency Medicine was reached. Furthermore, two subdivisions consisting of multiple subgroups  
108 were made. The first subdivision concerned four GEM professions working in the hospital setting, namely:  
109 emergency physicians/acute medicine; geriatricians; ED nurses; and geriatric nurses. The second subdivision was  
110 made between primary care professionals, secondary care professionals and others. For each subgroup, a top-5 of  
111 prioritised research questions was constituted resulting from their submitted ranking scores. The degree of  
112 representation of each subgroup in the overall top-10 was determined by analyzing each top-5 separately on  
113 overlapping research questions.

114



## 115 **Results**

116           After closing the online survey of stage 1, 233 research questions from 145 respondents throughout  
117 Europe were collected (*Table 1*). In total, 10 different professions in the field of GEM were represented in this  
118 first survey. The following three professions within the geriatric emergency care chain were represented the most:  
119 emergency physician/acute medicine (n=50); geriatrician (n=40); and ED nurse (n=11). On May 6th 2019, the  
120 second online survey – belonging to stage 2 – was closed. In those four weeks, 176 respondents did fill out the  
121 survey and prioritised the research questions of the “validated long-list” (*Table 1*). The same three professions  
122 were represented the most in this second survey: geriatrician (n=72); emergency physician/acute medicine (n=65);  
123 and ED nurse (n=9). In total, 25 European countries were represented among all respondents.

124           All 233 received inputs resulting from the first online survey were collected and screened for invalid  
125 inputs and the presence of multiple questions in one submitted input, resulting in a list of 240 valid research  
126 questions (*Figure 2*). In the subsequent *processing phase I*, 45 (18.8%) inputs were excluded based on the  
127 following criteria: irrelevance (n=8); unclear (n=8); and presence of overlapping content (n=18), or a combination  
128 of these three (n=11). Of all remaining categorised 195 inputs that passed *processing phase I*, 126 (52.5%) inputs  
129 were excluded after validation in *processing phase II* by expert groups based on: irrelevance (n=37); unclear  
130 (n=74); presence of overlapping content (n=37); already answer available (n=38). Several inputs were excluded  
131 based on more than one criterion. Finally, another 8 inputs (3,3%) were excluded following the scheduled  
132 teleconference with the expert groups and the final check by the study coordination, resulting in 61 (25.4%)  
133 remaining validated inputs, which were implemented in the second survey used in stage 2.

134           After processing all submitted ranking scores from the second survey and calculating the average scores  
135 of all research questions individually, the top-10 comprising the ten research questions with the highest average  
136 scores was composed (*Table 2*). The mean score of all questions was 70.1%. The next three research questions  
137 received - with more than 80% - the highest average scores: 1.) *Is implementation of elements of CGA, such as*  
138 *screening for frailty and geriatric interventions, effective in improving outcomes for older patients at the ED?* (*M*  
139 *= 83.5%*); 2.) *Which interventions in older ED patients are effective in reducing ED or hospital length of stay?* (*M*  
140 *= 81.0%*); 3.) *Is ‘hospital at home’ effective and cost-effective in improving outcomes in older ED patients?* (*M*  
141 *= 80.6%*) The question with the lowest ranking score was: *Are ED-based vaccination programs effective and cost-*  
142 *effective in decreasing the rate of infectious disease related ED presentations, hospital admissions and mortality?*  
143 (*M = 51.4%*)

144 In addition to the overall top-10, a subdivision was made between emergency physicians/acute medicine  
145 (42%), geriatricians (47%), ED nurses (6%), and geriatric nurses (5%) as GEM professionals working in secondary  
146 care. Table 3 shows the corresponding top-5 per subgroup based on the data of the second survey. The top-5 of  
147 emergency physicians/acute medicine is completely represented in the overall top-10. Out of the top-5 of both the  
148 geriatricians and ED nurses, the first four questions are present in the overall top-10. Finally, out of the top-5 of  
149 the geriatric nurses three research questions are represented in the overall top-10 and is the only subgroup in this  
150 subdivision that did not prioritize the number one of the overall top-10 in their top-5. Furthermore, another  
151 subdivision was made based on the respondent distribution among primary care (4%), secondary care (87%), and  
152 others (9%). Table 4 presents the top-5 for each subgroup separately. Of the primary care group - consisting of  
153 general practitioners and physical therapists- four questions of the top-5 are present in the overall top-10. The top-  
154 5 of the secondary care group - which consists of emergency physicians/acute medicine, geriatricians, ED nurses,  
155 and geriatric nurses - is completely represented in the overall top-10 with (almost) corresponding ranking scores.  
156 In the group of others – consisting of other physicians, other nurses, and unknown – all, excepting the fourth  
157 question of the top-5 is notated in the overall top-10.

158

## 159 **Discussion**

160 After completion of the two stages, a top-10 of high-priority research questions was constituted for the  
161 European Research Agenda Emergency Medicine based on the contributions of GEM professionals working  
162 throughout Europe. The final prioritised top-10 comprises a diversity of research topics, including diagnostics,  
163 preventive interventions, and the capabilities of emergency care professionals.

164 Considering the wide range of (care) professions in GEM, the chosen study design consisting of two  
165 modified Delphi rounds served as a proper method to reach consensus between all parties on the content of this  
166 research agenda. By implementing two online surveys, many different potential respondents matching the target  
167 population could be reached in a relatively short time span. Additionally, because of online accessibility, the  
168 threshold to participate was low. The representativeness would have been higher if more respondents with diverse  
169 backgrounds in GEM would have participated in the constitution of the overall top-10. However, despite the  
170 differences between the number of respondents per profession in the second survey – e.g. two general practitioners  
171 vs. nine ED nurses vs. 72 geriatricians - the results show that the overall top-10 almost completely represents each

172 top-5 of the formulated subgroups (*Table 3 and Table 4*). Additionally, the overall top-10 contains a diversity of  
173 research topics, which may also indicate a representation of all GEM professionals.

174 The prioritized research questions very well reflect the knowledge gaps and complexities experienced in  
175 the field. For instance, it is still unclear how to best identify older people with frailty in the Emergency Department  
176 as screening tools do not perform well [8] and Comprehensive Geriatric Assessment has proven effective [9] but  
177 as a whole not to be feasible in the ED. Other approaches, such as the use of readily available data for prediction  
178 may be promising [10, 11], but need further validation and new approaches, such as the use of Machine Learning,  
179 and implementation science are called for [12]. Another complexity is that delivering geriatric emergency  
180 medicine requires a whole system approach and therefore the connection of various professionals. The Acute  
181 Frailty Network in the UK is such a network and has shown to result in improvement in patient outcomes [13].

182 This prioritised list of GEM research topics can serve as research policy for scientists, policymakers, and  
183 funding parties in their process of developing research projects and requesting subsidies. In the assessment of the  
184 grant proposal, the present research agenda will serve as substantiation for the proposed research topic by  
185 emphasizing its importance for the GEM practice. Since evidence and knowledge regarding the provision of  
186 optimal care to the vulnerable aged population are lacking, the necessity for future research in the field of GEM is  
187 high. Therefore, funding schemes should be allocated to research projects devoted to the prioritised research  
188 questions of the present research agenda.

189 The respondents were different between survey 1 and survey 2. The advantage of this is that the  
190 respondents of survey 2 have independently judged the potential research questions on their merits. The  
191 disadvantage may be that these second respondents may have missed questions that they have found most relevant  
192 or may have misinterpreted the questions.

193 The first limitation of this study comprises the potential bias resulting from survey fatigue due to the  
194 absence of a quasi-randomisation technique in the second survey. The second limitation concerns the  
195 representation of all professionals working in GEM throughout Europe. In both surveys the secondary care  
196 professionals are overrepresented compared to primary care professionals. Multiple primary care professionals,  
197 e.g. nursing home physicians, district nurses, and occupational therapists, were invited but did not participate in  
198 the present study. Additionally, the results showed an unequal representation of different European countries in  
199 both surveys, e.g. the overrepresentation of Spain, the United Kingdom and the Netherlands in the first survey  
200 (*Table 1*). The unequal representation of different care professionals and the underrepresentation of several

201 European countries may have influenced the composition of the overall top-10 of research questions. Finally, we  
202 did not include older people themselves and their caregivers in the composition of the present research agenda.

203 This study presents a top-10 of high-priority research questions for a European Research Agenda for  
204 Geriatric Emergency Medicine. The list of research questions may serve as guidance for scientists, policymakers  
205 and funding bodies in prioritising future research projects.

206

207

### 208 **Informed consent statement**

209 As this was a questionnaire among healthcare professionals only, which did not include patient data or information,  
210 we did not ask for ethics approval nor did we ask for informed consent. Professionals were informed about the  
211 study through e-mail and website and consented to participate by filling in the questionnaire. Data were extracted  
212 from the online questionnaire system and analysed in an anonymous fashion.

213 **References**

214  
215 1. Melady D. Geriatric emergency medicine: Research priorities to respond to "The Silver Boom". *Cjem.*  
216 2018;20(3):327-8.  
217 2. EUSEM. Updated definition of Emergency Medicine in Europe 2017 [2020 March 05]. Available from:  
218 <https://eusem.org/news/87-updated-definition-of-emergency-medicine-in-europe>.  
219 3. Quinn TJ, Mooijaart SP, Gallacher K, Burton JK. Acute care assessment of older adults living with  
220 frailty. *BMJ.* 2019;364:113.  
221 4. Carpenter CR, Heard K, Wilber S, Ginde AA, Stiffler K, Gerson LW, et al. Research priorities for high-  
222 quality geriatric emergency care: medication management, screening, and prevention and functional assessment.  
223 *Acad Emerg Med.* 2011;18(6):644-54.  
224 5. Hwang U, Shah MN, Han JH, Carpenter CR, Siu AL, Adams JG. Transforming emergency care for  
225 older adults. *Health Aff (Millwood).* 2013;32(12):2116-21.  
226 6. Roller-Wirnsberger R, Masud T, Vassallo M, Zöbl M, Reiter R, Van Den Noortgate N, et al. European  
227 postgraduate curriculum in geriatric medicine developed using an international modified Delphi technique. *Age*  
228 *Ageing.* 2019;48(2):291-9.  
229 7. Deane HC, Wilson CL, Babl FE, Dalziel SR, Cheek JA, Craig SS, et al. PREDICT prioritisation study:  
230 establishing the research priorities of paediatric emergency medicine physicians in Australia and New Zealand.  
231 *Emerg Med J.* 2018;35(1):39-45.  
232 8. Carpenter CR, Shelton E, Fowler S, Suffoletto B, Platts-Mills TF, Rothman RE, et al. Risk factors and  
233 screening instruments to predict adverse outcomes for undifferentiated older emergency department patients: a  
234 systematic review and meta-analysis. *Acad Emerg Med.* 2015;22(1):1-21.  
235 9. Ellis G, Gardner M, Tsiachristas A, Langhorne P, Burke O, Harwood RH, et al. Comprehensive  
236 geriatric assessment for older adults admitted to hospital. *Cochrane Database Syst Rev.* 2017;9:CD006211.  
237 10. Cardona M, Lewis ET, Kristensen MR, Skjøt-Arkil H, Ekmann AA, Nygaard HH, et al. Predictive  
238 validity of the CriSTAL tool for short-term mortality in older people presenting at Emergency Departments: a  
239 prospective study. *European Geriatric Medicine.* 2018;9(6):891-901.  
240 11. Gilbert T, Neuburger J, Kraindler J, Keeble E, Smith P, Ariti C, et al. Development and validation of a  
241 Hospital Frailty Risk Score focusing on older people in acute care settings using electronic hospital records: an  
242 observational study. *Lancet.* 2018;391(10132):1775-82.  
243 12. Carpenter CR, Mooijaart SP. Geriatric Screeners 2.0: Time for a Paradigm Shift in Emergency  
244 Department Vulnerability Research. *J Am Geriatr Soc.* 2020;68(7):1402-1405.  
245 13. van Oppen JD, Thompson D, Tite M, Griffiths S, Martin FC, Conroy S. The Acute Frailty Network:  
246 experiences from a whole-systems quality improvement collaborative for acutely ill older patients in the English  
247 NHS. *European Geriatric Medicine.* 2019;10:559-565.

248

## Tables & Figures

**Table 1** Baseline characteristics respondents from the first and second survey. The first survey, belonging to stage 1 of Delphi, was administered to various professionals working in the field of GEM, with the aim of making an inventory of potential research questions. In stage 2 of Delphi, the remaining research questions – research questions that were collected during stage 1 and that passed the subsequent screening and validation phase – were ranked based on relevance by administering a second survey to the same target population to identify the top-10 of prioritised research questions concerning GEM.

	Stage 1 of Delphi (first survey)	Stage 2 of Delphi (second survey)
<b>No. of respondents</b>	145	176
<b>Professions</b>		
Emergency physician/acute medicine	50 (34.5%)	65 (36.9%)
Geriatrician	40 (27.6%)	72 (40.9%)
General practitioner	9 (6.2%)	2 (1.1%)
Other physician	8 (5.5%)	6 (3.4%)
ED nurse	11 (7.6%)	9 (5.1%)
Geriatric nurse	4 (2.8%)	8 (4.5%)
Other nurse	7 (4.8%)	4 (2.3%)
Physiotherapist	9 (6.2%)	5 (2.8%)
Other healthcare worker	5 (3.4%)	-
Researcher	2 (1.4%)	-
Unknown	-	5 (2.8%)
<b>Country</b>		
Austria	1 (0.7%)	-
Belgium	5 (3.4%)	5 (2.8%)
Bosnia Herzegovina	1 (0.7%)	-
Croatia	1 (0.7%)	1 (0.6%)
Cyprus	1 (0.7%)	-
Czech Republic	1 (0.7%)	1 (0.6%)
Denmark	6 (4.1%)	5 (2.8%)
Finland	3 (2.1%)	2 (1.1%)
France	-	3 (1.7%)
Germany	1 (0.7%)	3 (1.7%)
Iceland	3 (2.1%)	12 (6.8%)
Ireland	2 (1.4%)	13 (7.4%)
Italy	2 (1.4%)	47 (26.7%)
The Netherlands	20 (13.8%)	14 (7.9%)
Norway	-	1 (0.6%)
Poland	1 (0.7%)	1 (0.6%)
Portugal	-	1 (0.6%)
Romania	1 (0.7%)	-
Slovakia	1 (0.7%)	-
Slovenia	1 (0.7%)	9 (5.1%)
Spain	58 (40.0%)	23 (13.1%)
Sweden	-	2 (1.1%)
Switzerland	3 (2.1%)	5 (2.8%)
Turkey	3 (2.1%)	14 (7.9%)
United Kingdom	22 (15.2%)	11 (6.2%)
Non-European	6 (4.1%)	2 (1.1%)
Unknown	2 (1.4%)	1 (0.6%)

**Table 2** Overall top-10 with ranking scores resulting from stage 2. The ranking scores are calculated from all submitted scores that were allocated to each research question by the respondents of the second survey.

Research questions included in top-10	Ranking score
1. Is implementation of elements of CGA, such as screening for frailty and geriatric interventions, effective in improving outcomes for older patients?	83.5 %
2. Which interventions in older ED patients are effective in reducing ED or hospital length of stay?	81.0 %
3. Is 'hospital at home' effective and cost-effective in improving outcomes in older ED patients?	80.6 %
4. Is the presence in the ED of a geriatrician or geriatric nurse effective in improving outcomes for older ED patients?	79.6 %
5. What interventions are effective in reducing ED visits of older adults?	79.5 %
6. Does additional geriatric training of ED nurses improve patient outcomes in older ED patients?	79.5 %
7. Is assessment of frailty effective in reducing the number of unscheduled reattendances of older patients visiting the ED?	78.5 %
8. Do education and training interventions focusing on geriatric syndromes of ED staff improve outcomes for older patients in the ED?	78.0 %
9. Which elements of CGA, such as screening for frailty and geriatric interventions, are feasible in the ED?	77.8 %
10. Which alternative models of care outside the ED are safe and effective to deliver geriatric emergency medicine to older patients who would otherwise come to the ED?	77.4 %

**CGA:** Comprehensive Geriatric Assessment

**ED:** Emergency Department

**Table 3** Top-5 of research questions for each GEM profession working in secondary care, namely; emergency physicians / acute medicine; geriatricians; ED nurses; and geriatric nurses. The ranking scores are calculated from all submitted scores that were allocated to each research question by the respondents of the second survey.

		Ranking score	Notation in top-10	% in overall list
<b>Top-5 Emergency Physicians / Acute Medicine (n=65)</b>				
1.	Is 'hospital at home' effective and cost-effective in improving outcomes in older ED patients?	80.3 %	3	80.6 %
2.	Is implementation of elements of CGA, such as screening for frailty and geriatric interventions, effective in improving outcomes for older patients?	78.1 %	1	83.5 %
3.	Which interventions in older ED patients are effective in reducing ED or hospital length of stay?	78.0 %	2	81.0 %
4.	Does additional geriatric training of ED nurses improve patient outcomes older ED patients?	77.7 %	6	79.5 %
5.	What interventions are effective in reducing ED visits of older adults?	77.2 %	5	79.5 %
<b>Top-5 Geriatricians (n=72)</b>				
1.	Is implementation of elements of CGA, such as screening for frailty and geriatric interventions, effective in improving outcomes for older patients?	86.1 %	1	83.5 %
2.	Is the presence in the ED of a geriatrician or geriatric nurse effective in improving outcomes for older ED patients?	85.1 %	4	79.6 %
3.	Which interventions in older ED patients are effective in reducing ED or hospital length of stay?	84.1 %	2	81.0 %
4.	Which elements of CGA, such as screening for frailty and geriatric interventions, are feasible in the ED?	82.5 %	9	77.8 %
5.	Is delivering of elements of CGA in the ED cost-effective?	82.2 %	-	75.9 %
<b>Top-5 ED nurses (n=9)</b>				
1.	Is implementation of elements of CGA, such as screening for frailty and geriatric interventions, effective in improving outcomes for older patients?	91.2 %	1	83.5 %
2.	Does additional geriatric training of ED nurses improve patient outcomes older ED patients?	88.7 %	6	79.5 %
3.	Is assessment of frailty effective in reducing the number of unscheduled reattendance of older patients visiting the ED?	86.4 %	7	78.5 %
4.	Is the presence in the ED of a geriatrician or geriatric nurse effective in improving outcomes for older ED patients?	85.4 %	4	79.6 %
5.	Are interventions led by a geriatric nurse effective in improving outcomes for older patients in the ED?	85.2 %	-	74.0 %



**Top-5 Geriatric nurses (n=8)**

1.	Does additional geriatric training of ED nurses improve patient outcomes older ED patients?	<b>88.9 %</b>	<b>6</b>	79.5 %
2.	Is 'hospital at home' effective and cost-effective in improving outcomes in older ED patients?	<b>88.7 %</b>	<b>3</b>	80.6 %
3.	Are interventions led by a geriatric nurse effective in improving outcomes for older patients in the ED?	<b>87.6 %</b>	-	74.0 %
4.	Is assessment of frailty effective in reducing the number of unscheduled reattendance of older patients visiting the ED?	<b>84.4 %</b>	<b>7</b>	78.5 %
5.	What support do caregivers of older ED patients experience and what are their needs?	<b>83.5 %</b>	-	71.3 %

**CGA:** Comprehensive Geriatric Assessment

**ED:** Emergency Department

**Table 4** Top-5 of research questions for primary care, secondary care, and others. The ranking scores are calculated from all submitted scores that were allocated to each research question by the respondents of the second survey.

		Ranking score	Notation in top-10	% in overall list
<b>Top-5 Primary care (n=7)</b>				
1.	Is implementation of elements of CGA, such as screening for frailty and geriatric interventions, effective in improving outcomes for older patients?	90.3 %	1	83.5 %
2.	What interventions are effective in reducing ED visits of older adults?	88.8 %	5	79.5 %
3.	What symptoms or signs predict prolonged hospitalisation in older patients?	86.4 %	-	68.8 %
4.	Which elements of CGA, such as screening for frailty and geriatric interventions, are feasible in the ED?	85.6 %	9	77.8 %
5.	Which interventions in older ED patients are effective in reducing ED or hospital length of stay?	82.6 %	2	81.0 %
<b>Top-5 Secondary care (n=154)</b>				
1.	Is implementation of elements of CGA, such as screening for frailty and geriatric interventions, effective in improving outcomes for older patients?	82.3 %	1	83.5 %
2.	Which interventions in older ED patients are effective in reducing ED or hospital length of stay?	80.8 %	2	81.0 %
3.	Does additional geriatric training of ED nurses improve patient outcomes older ED patients?	80.7 %	6	79.5 %
4.	Is 'hospital at home' effective and cost-effective in improving outcomes in older ED patients?	80.6 %	3	80.6 %
5.	Is the presence in the ED of a geriatrician or geriatric nurse effective in improving outcomes for older ED patients?	80.1 %	4	79.6 %
<b>Top-5 Others (n=15)</b>				
1.	Is implementation of elements of CGA, such as screening for frailty and geriatric interventions, effective in improving outcomes for older patients?	92.6 %	1	83.5 %
2.	Which elements of CGA, such as screening for frailty and geriatric interventions, are feasible in the ED?	84.0 %	9	77.8 %
3.	Is the presence in the ED of a geriatrician or geriatric nurse effective in improving outcomes for older ED patients?	84.0 %	4	79.6 %
4.	Are interventions led by a geriatric nurse effective in improving outcomes for older patients in the ED?	82.7 %	-	74.0 %
5.	Which interventions in older ED patients are effective in reducing ED or hospital length of stay?	82.3 %	2	81.0 %

**CGA:** Comprehensive Geriatric Assessment, ED: Emergency Department

**ED:** Emergency Department

Fig. 1 Overview of research process in order to gain insight into the knowledge gap in the field of geriatric emergency medicine by conducting two modified Delphi stages.

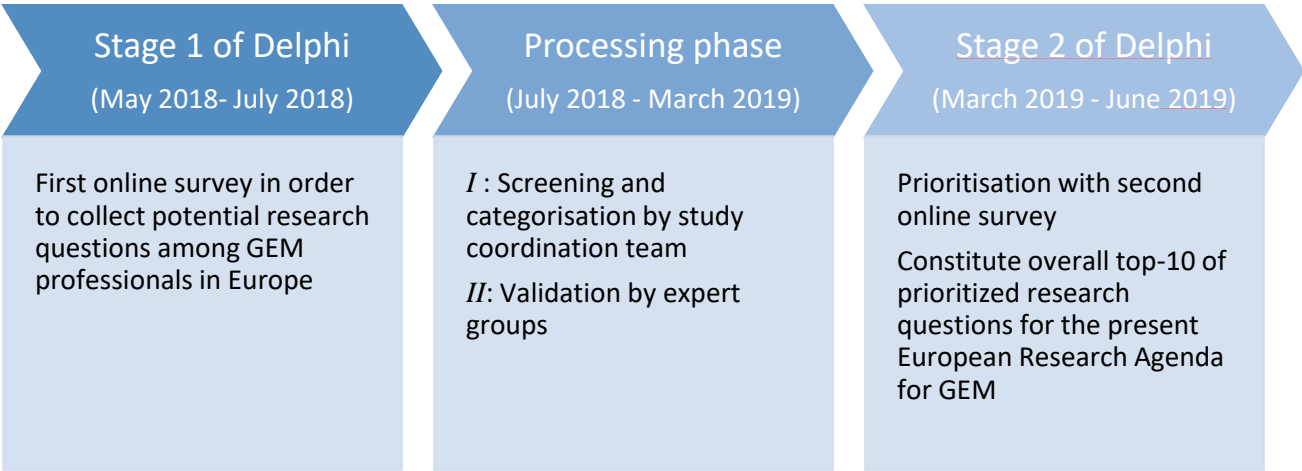


Fig. 2 Flowchart representing the screening and categorization process (processing phase I) and the validation (processing phase II) of the received inputs resulting from the first online survey of stage 1.

