

1 **Recent Advances in Human Respiratory Epithelium Models for Drug**
2 **Discovery**

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20 **Abstract**

21 The respiratory epithelium is intimately associated with the pathophysiologies of highly
22 infectious viral contagions and chronic illnesses such as chronic obstructive pulmonary
23 disorder, presently the third leading cause of death worldwide with a projected economic
24 burden of £1.7 trillion by 2030. Preclinical studies of respiratory physiology have almost
25 exclusively utilised non-humanised animal models, alongside reductionistic cell line-based
26 models, and primary epithelial cell models cultured at an air-liquid interface (ALI). Despite
27 their utility, these model systems have been limited by their poor correlation to the human
28 condition. This has undermined the ability to identify novel therapeutics, evidenced by a 15%
29 chance of success for medicinal respiratory compounds entering clinical trials in 2018.
30 Consequently, preclinical studies require new translational efficacy models to address the
31 problem of respiratory drug attrition. This review describes the utility of the current *in vivo*
32 (rodent), *ex vivo* (isolated perfused lungs and precision cut lung slices), two-dimensional *in*
33 *vitro* cell-line (A549, BEAS-2B, Calu-3) and three-dimensional *in vitro* ALI (gold-standard
34 and co-culture) and organoid respiratory epithelium models. The limitations to the application
35 of these model systems in drug discovery research are discussed, in addition to perspectives of
36 the future innovations required to facilitate the next generation of human-relevant respiratory
37 models.

38 **Keywords**

39 Respiratory Epithelium, *In vitro*, *In vivo*, *Ex vivo*, 3D Cell Culture, Organoids, Air-liquid
40 Interface.

41 **Abbreviations**

42 3Rs (Refinement, Reduction and Replacement), Absorption, Distribution, Metabolism,
43 Excretion and Toxicology (ADMET), Air-liquid Interface (ALI), Arginine-Glycine-Aspartic
44 acid-Alanine (RGDA), ATP-binding Cassette (ABC), Chronic Obstructive Pulmonary
45 Disorder (COPD), Clustered Regularly Interspaced Short Palindromic Repeats/CRISPR-
46 associated protein 9 (CRISPR/Cas9), Cystic Fibrosis (CF), Cystic Fibrosis Transmembrane
47 Conductance Regulator (CFTR), Drug Metabolism and Pharmacokinetic (DMPK), Epithelial-
48 mesenchymal transition (EMT), Extra-cellular matrix (ECM), Forkhead Box protein J1 (FOX
49 J1), Genome-wide Association Studies (GWAS), Hemagglutinin Type 1 and Neuraminidase
50 Type 1 (H1N1), Human Bronchial Epithelial Cell (HBEC), Human Immunodeficiency Virus
51 (HIV), Human Nasal Epithelial Cell (HNEC), Intercellular Adhesion Molecule 1 (ICAM-1),
52 Interleukin (IL), Isolated Perfused Lungs (IPL), Knockout (KO), Matrix Metalloproteinase 1
53 (MMP-1), Middle East Respiratory Syndrome Coronavirus (MERS-CoV), Mucociliary
54 Clearance (MCC), National Centre for the Replacement, Refinement and Reduction of
55 Animals in Research (NC3Rs), Poly(ethylene glycol) (PEG), Precision Cut Lung Slices
56 (PCLS), Quantitative Polymerase Chain Reaction (qPCR), Severe Acute Respiratory
57 Syndrome Coronavirus-2 (SARS-CoV-2), Thermally induced Phase-separation (TIPS), Three-
58 dimensional (3D), Trans-epithelial Electrical Resistance (TEER), Transforming Growth Factor
59 β (TGF- β), Tumor Necrosis factor- α (TNF α), Two-dimensional (2D), Tyrosine-Isoleucine-
60 Glycine-Serine-Arginine (YIGSR), Zonula Occuldins (ZO).

61 **1. Introduction**

62 There exists a clear and present need to improve the human relevant tools at our disposal for
63 mechanistic investigations of respiratory pathogenesis and therapeutic drug development.
64 Current *in vivo* models almost exclusively utilise non-primate animals which have been
65 indispensable for aiding advancements in the mechanistic understanding of pulmonary
66 pathogenesis and therapeutic drug development (Bonniaud et al., 2018). However, despite their
67 utility, these animal models have been limited by their poor correlation to the human condition.
68 Organisations such as the NC3Rs (UK National Centre for the Replacement, Refinement and
69 Reduction of Animals in Research) have accelerated efforts to move beyond the use of animals
70 for scientific purposes. Recent advances in the multidisciplinary fields of complex 3D cell
71 culture, biofabrication and microfluidics offer unique opportunities to address the problem of
72 generating models which faithfully replicate the biological processes of human organs *in vivo*.
73 This review highlights the current state-of-the-art of respiratory epithelium modelling, and
74 describes some of the inefficiencies of the current respiratory translational models used in drug
75 discovery and target validation (Hendrickx et al., 2018).

76 Preclinical drug development processes have been optimised with the aim of determining
77 potential toxicities and efficacies of novel compounds to reduce the inherent risk of first-in-
78 man studies. Whilst these processes vary according to the disease and target being studied, they
79 utilise common frameworks. For example: Initial target discovery stages serve to establish
80 potential therapeutic roles of enzymes and membrane-bound receptors for a known
81 pathological hall mark of disease while assessing known mechanisms of toxicity (also
82 selectivity, tractability etc). Next, tens of thousands to millions of novel or repurposed
83 molecules housed in ‘compound libraries’ are screened for ‘hits’ against these identified targets
84 (‘hit identification’), usually via 2D cell-line based, high-throughput *in vitro* assays (Marx et
85 al., 2016). More complex *in vitro* models are used during both the initial target discovery stages
86 and subsequent target validation and lead optimisation studies, where promising early lead
87 molecules are screened for their toxicity and efficacy and subsequently cut to candidate
88 molecules. Finally, animal models are utilised during DMPK (drug metabolism and
89 pharmacokinetic) and ADMET (absorption, distribution, metabolism, excretion and
90 toxicology) studies to determine optimal dosages, potential side effects and drug-drug
91 interactions. Only compounds delivering continual success to this stage are selected to progress
92 into human clinical trials. However, the effectiveness of the current drug development process

93 has been undermined by its reliance upon the implementation of inadequate models that lack
94 translatability to the human condition.

95 Despite earnest efforts, drug development has increasingly failed at phase II/III of human
96 clinical trials, attributable to the lack of predictivity of human *in vivo* efficacy from the current
97 *in vitro* models used in early stage studies, thus emphasising the need for better design and
98 validation of models (Booth and Zimmel, 2004; Harrison, 2016). Novel therapeutic
99 compounds entering clinical trials for respiratory disorders have shown a 7% and 15% chance
100 of success from phase I and II trials respectively, and an overall success rate of less than 7%
101 (Dowden and Munro, 2019). Though this figure is in the middle echelons of therapeutic-area
102 dependent averages for novel compound success in clinical trials (3-16%) (Dowden and
103 Munro, 2019), it still represents a huge drug attrition problem for the sector as a whole.
104 Analysis into the causes of clinical failure across therapeutic areas showed between 2013-2015,
105 73% and 69% of all failures in phase II and III trials respectively, were due to insufficient
106 efficacy and safety (48% and 25% in phase II and 55% and 14% in phase III respectively)
107 (Harrison, 2016). Perhaps most worryingly, these figures remain largely unchanged as of 2016-
108 2018, with 79% of overall failures due to safety and efficacy (with the remaining 21% citing
109 operational, strategic and/or commercial reasons for failure) (Dowden and Munro, 2019).

110 Importantly, failures due to insufficient efficacy are almost twice as likely in phase II, and more
111 than twice as likely in phase III, than failures due to toxicity (Harrison, 2016). This is directly
112 attributable to the implementation of large-scale, standardised *in vitro* safety assays early in
113 drug discovery. Here, the use of standardised safety assays via reductionist *in vitro* screening
114 models, allow for efficient testing of molecules during hit-to-lead studies. This approach has
115 been largely successful, and has contributed to a significant reduction in the number of failures
116 due to toxicity in phase I and II trials (compared to efficacy failures (Dowden and Munro, 2019;
117 Harrison, 2016)). However, this approach has yet failed to address the current drug attrition
118 problem. Concerns pertaining to effectively determining efficacy have especially been
119 undermined (Ledford, 2011).

120 Toxicity failures may be addressed in a number of ways, such as a greater use of humanized
121 monoclonal antibodies relative to small molecules due to their reduced off-target toxicity (Paul
122 et al., 2010). Efficacy failures have been attributed to the lack of control of bias in preclinical
123 proof of concept studies, where removing such biases in preclinical assessments of efficacy
124 may serve as an effective accelerator of clinical success (Lindner, 2007). Furthermore, a recent

125 analysis of 28 projects at AstraZeneca attributed 40% of project failures to insufficient target
126 linkage to the disease and the availability, or lack thereof, of validated models (Cook et al.,
127 2014). Therefore, addressing the unmet preclinical needs for efficacy testing with either more
128 appropriate animal models (Kola and Landis, 2004), or increased use of complex *in vitro*
129 models, may serve to significantly improve compound efficacy studies. Certainly, there exists
130 a requirement for more predictive models in the target validation stages of drug development,
131 practically in the form of organotypic *in vitro* human assays.

132 A wide array of functional *in vitro* models have been utilised for the study of the pathologies
133 associated with the human respiratory system (Ball and Padalia, 2019; Fraser, 2005) (see FIG
134 1). Many of these systems utilise models of the respiratory epithelium, which serves to warm,
135 moisten and remove harmful pathogens and particulates from inspired air. The most commonly
136 utilised *in vitro* model of the respiratory airway is that of the tracheo-bronchial epithelium.
137 Here, the extrapulmonary conducting airways are comprised of C-shaped hyaline cartilaginous
138 rings (Kia'i and Bajaj, 2020), a collagenous submucosa (Fraser, 2005), and a pseudo-stratified
139 ciliated epithelium supported by a fibroblast-laden lamina propria and basement membrane
140 (Khan and Lynch, 2020). The tracheo-bronchial respiratory epithelium subsequently contains
141 a number of specialised cellular phenotypes (see Table 1). Replicating each of these
142 components in a model system, as well as the array of specialised cell phenotypes present,
143 remains a challenge.

144 Bacterial and viral infections most frequently affect the upper respiratory tract in humans
145 (Thomas and Bomar, 2020). The rhinovirus or common cold remains the most common of the
146 viral infections, but others include the coronavirus, respiratory syncytial virus and the
147 adenovirus. Inflammatory lung diseases also characteristically involve pathologies pertaining
148 to the respiratory airway epithelia (Huang et al., 2011). These include chronic obstructive
149 pulmonary disorder (COPD) which is currently the third leading cause of death worldwide,
150 with estimates for a COPD-derived economic burden of £1.7 trillion by 2030 (Quaderi and
151 Hurst, 2018).

152 Furthermore, asthma, the most prevalent respiratory disease in the world (GBD 2015 Chronic
153 Respiratory Disease Collaborators, B et al., 2017), and the genetic, autosomal recessive
154 disorder cystic fibrosis (CF), both develop pathologies that arise from a loss of respiratory
155 epithelium function. The primary pathology of CF is characterised by the secretion of
156 abnormally viscous mucus from goblet cells and serous mucus glands, which inhibits
157 mucociliary clearance (MCC) and causes an increased risk of infection due to improper

158 clearance of the respiratory airways (Huang et al., 2011). Similarly, a loss of MCC caused by
159 a reduced number of ciliated cells and goblet cell hyperplasia is an underlying physiology of
160 bronchitis and COPD (Gohy et al., 2019). Loss of functions of the respiratory epithelium, such
161 as a defective epithelial barrier derived from inhalation of cigarette smoke and environmental
162 insults have been linked to the onset of COPD and asthma respectively (Gon and Hashimoto,
163 2018a; Xiao et al., 2011). These insults can damage the protein complexes present between
164 various cells in the respiratory epithelia and cause a breakdown of paracellular transport
165 mechanisms and a loss of efficient control of substance diffusion in/out of the subepithelial
166 space (Brune et al., 2015) (see table 1). Ciliated epithelial cell dysregulation, squamous
167 metaplasia and goblet cell hyperplasia are also associated with COPD (Gohy et al., 2019).
168 Therefore, the use of models which effectively model these phenomena are vital for the
169 effective development of novel therapeutics.

170 It is true that *all* models are reductionist in nature, and therefore will ultimately fail to fully
171 recapitulate the complexity of a target organism. Therefore, it's imperative that we seek models
172 that provide an 'economical description of the natural phenomena' while remaining alert to
173 their underlying failings (Box, 1976). Current translational approaches lack the ability to
174 provide the required understanding of disease mechanisms and signalling pathways that
175 underpin respiratory pathogenesis. Existing *in vitro* models are complementary rather than
176 alternative models to animal studies (albeit they can serve to reduce the number of animal
177 studies required), with the sole use of multiple *in vitro* models remaining insufficient
178 (Bonniaud et al., 2018). As a result, the transition from *in vitro* modelling and animal testing
179 of novel compounds to first-in-man studies remains a "leap of faith" (Bonniaud et al., 2018).

180 The focus of this review is to highlight the current state-of-the-science of respiratory
181 translational models used in drug discovery and target validation (Hendrickx et al., 2018).
182 Here, the utility and limitations of *in vivo* and *ex vivo* modelling of the respiratory epithelium
183 are described, with a focus on reviewing the current *in vitro* models of the tracheo-bronchial
184 epithelium.

185 2. In vivo models

186 2.1 *In vivo* lung models

187 Traditionally, disease modelling of respiratory disorders in small animals has been the primary
188 method of understanding the mechanisms and pathologies of a disorder in man. Schanker's
189 seminal work in the development of pulmonary drug absorption and inhaled therapeutic drug
190 deposition in *in vivo* respiratory models has remained a foundation for respiratory models
191 (Burton and Schanker, 1974; Enna and Schanker, 1972a, 1972b; Mahato and Narang, 2010;
192 Schanker and Burton, 1976). The development of this work with innovative dosing devices,
193 and optimisation of drug delivery sites and anaesthetics have maintained their usability with
194 small rodents and their relative importance in pharmacokinetic studies (reviewed here
195 (Sakagami, 2006)).

196 Animal models are now most commonly used to bridge the gap between animal-to-man
197 translation of ADMET testing (Tanner et al., 2019), drug dosage studies (Hu et al., 2019) and
198 drug delivery studies (Cryan et al., 2007a). Models of this nature aim to improve the
199 determination of a therapeutic human dosage for efficacious, first-in-man clinical studies, and
200 to validate novel compounds via standardised end-point readouts (reviewed by Altamirano-
201 Lagos et al., 2019a; Coraux et al., 2005; Gretebeck and Subbarao, 2015; Kips et al., 2003;
202 Takayama, 2020a; Yuan et al., 2020). Particular advancements of current *in vivo* pulmonary
203 models have targeted utilisation for translational pharmacokinetic studies (Trist, 2011). A
204 recent multi-compartmental rat model consisting of plasma and a deep lung compartment was
205 developed to predict human plasma profiles to known, soluble, bronchodilator compounds, and
206 showed efficient cross-species translatability (to relevant dog and human data) of
207 physicochemical, pharmacological, and pharmacokinetic properties (Hendrickx et al., 2018).
208 The recent application of CRISPR/Cas9 genome editing technologies has served to increase
209 the applicability of small rodent models for preclinical drug discovery (Zuberi and Lutz, 2016).
210 Other efforts such as providing a murine milieu with a 'human immune system', also function
211 to increase the predictive validity of small rodents as models of human disease (Allen et al.,
212 2019).

213 The model compliance with genome editing technologies allows for its more effective use in
214 drug efficacy studies. As a result, animal experimentation remains key to novel inhaled drug
215 development and validation, as well as progressing our understanding of respiratory

216 pathogenesis and pathology (Cryan et al., 2007b). Small animal models of cystic fibrosis via
217 conditional cystic fibrosis transmembrane conductance regulator (CFTR^{-/-}) knockout (KO)
218 mice are still providing key insights into the functions of CFTR in neurons and T-cells (Keiser
219 and Engelhardt, 2011). The utilisation of novel CFTR^{-/-} pig and ferret models have also allowed
220 for mechanistic studies of CF progression in the lung and pancreas which have not been
221 previously identified in mice (Keiser and Engelhardt, 2011). Further still, efforts to model lung
222 cancer (Janker et al., 2018; Kellar et al., 2015; Kwon and Berns, 2013), COPD (Ghorani et al.,
223 2017; Tanner and Single, 2020; Vlahos and Bozinovski, 2014), respiratory syncytial virus
224 (Altamirano-Lagos et al., 2019b; Bem et al., 2011), and uniquely human diseases such as
225 asthma (Holmes et al., 2011) have also been developed and enhanced in recent years.

226 2.2 Limitations of *in vivo* lung models

227 A reliance on the use of non-humanised animal models remains a major issue in drug
228 development (Ledford, 2011). The 2018 European respiratory society task force concluded that
229 there remains no single animal model which captures all of the clinical features of asthma,
230 COPD, pulmonary fibrosis or acute lung injury (Bonniaud et al., 2018). Therefore, despite the
231 advances with *in vivo* models' abilities to reflect individual features of pulmonary disorders,
232 they should be selected based on specific hypotheses and with any strong conclusions being
233 drawn with their respective limitations in mind (Bonniaud et al., 2018). One may also argue
234 that genetically homogeneous animals raised and experimented upon in a controlled, clean
235 environment will inherently fail to create the translatability required to accurately model human
236 diseases (G. Liu et al., 2019). Furthermore, rodent models may also be hindered by possible
237 genetic discrepancies, i.e. the reserve-capacity hypothesis of transformed telomere length
238 (Weinstein and Cizek, 2002), which remain to be addressed.

239 The phylogenetic differences between small rodents and humans restrict their effectiveness as
240 models of human pathology (Mestas and Hughes, 2004). The development of these models
241 while utilising non-foetal tissue (or risk major ethical concerns for use in large-scale preclinical
242 studies) is one of many developments that are still required. Currently, many animal models of
243 respiratory pathologies fail to translate to the human condition. For instance, respiratory
244 syncytial virus models are generated via the administration of large doses of the virus directly
245 introduced into the lungs of small rodents, diametrically opposed to the small dose exposure to
246 the virus over time seen in humans and thus drastically reducing their validity (Taylor, 2017).

247 The ability of rodents to produce a systemic response to a drug, e.g. an inhaled aerosol, has
248 remained a defining reason in their use over *in vitro* models (Prytherch and Berube, 2014).
249 However, structural differences in the relative size of the respiratory tract in rats and mice and
250 their bronchiolar divisions i.e. the absence of a left lung lobe division, are all significant
251 variations to human anatomy (Perinel et al., 2017). Functional differences in cell types have
252 also been identified which are trickier, and perhaps impossible, to normalise. For example, it
253 has been found in rodents that non-ciliated secretory cells act as a progenitor cell for the
254 respiratory airways, whereas in humans it is the basal cell that plays this role (Bonniaud et al.,
255 2018). Physiological variations such as the significantly greater rate of respiration at rest (80
256 breaths/min in rodents compared to 12-20 breaths/min in man), have also been shown to
257 significantly alter the deposition of inhaled aerosols in the rodent lung (Perinel et al., 2017).
258 The relatively high cost and strenuous amount of manual handling required for the use of *in*
259 *vivo* models also reduces their utility in any preclinical high-throughput setting (see Table 3).
260 Animal models will also continue to struggle to accurately mimic uniquely human diseases
261 such as asthma (Barnes et al., 2015).

262 Non-human primates, such as baboons and macaque monkeys, have been utilised as models of
263 the child respiratory tract. The increased resemblance of these species to humans in cellular
264 expression, macroscopic and microstructure anatomy and functional genomics allow for more
265 accurate and valid conclusions to be drawn from their experimental data (Tanner and Single,
266 2020). However, a number of key issues persist, such as the very high cost of study and
267 physiological differences including an altered inspired-to-expired ratio during spontaneous
268 breathing (Perinel et al., 2017). These factors highlight how current *in vivo* models may fail to
269 predict toxicity in man (discussed in detail here (Van Norman, 2020)). A greater limitation to
270 the use of non-human primate models, is one of fundamental ethical considerations, such as
271 those outlined in the European directive passed in 2010 adopting the principles of the NC3Rs.
272 The 3Rs (replacement, reduction and refinement) have evolved since their conception in 1953,
273 with the NC3Rs now stating to accelerate the development of models and tools that address
274 current scientific questions without the use of animals (Tannenbaum and Bennett, 2015). The
275 implementation of the 3Rs has helped reduce the overall use of animals in research (7% year-
276 over-year fall in 2018 (UK Home Office, 2018)), as well as to drive the development of
277 alternative methodologies such as *in silico* and *in vitro* modelling.

278 3. Ex vivo models

279 3.1 Ex vivo lung models

280 The limitations of the current animal models and 3D cell culture systems to accurately mimic
281 the respiratory epithelium have led to the use of human *ex vivo* tissue models, involving the
282 culture of explanted human lung tissue. The resulting *ex vivo* tissue possesses the cellular
283 composition of the native human lung, as well as all of the correct extracellular matrix
284 components and complexity (G. Liu et al., 2019).

285 Isolated perfused lungs (IPL), derived from rejected lungs for transplantation, have proved
286 valuable for testing of pulmonary drug absorption and novel therapeutic interventions for lung
287 (Tronde et al., 2008) (reviewed by Briot et al., 2016; Chan et al., 2020; Costa and Andrade,
288 2016; Tane et al., 2017)). The process of lung selection, preparation, perfusion, ventilation and
289 oxygenation has been well described in Ross *et al* (2019). Their use in the validation of
290 therapeutics such as keratinocyte growth factors have led to subsequent progression into
291 clinical trials (McAuley et al., 2017; Perkins et al., 2014). Furthermore, a number of
292 standardised endpoints for isolated perfused lung experimentation exist including alveolar fluid
293 clearance, lung weight gain and pulmonary arterial pressure (Ross et al., 2019). This improves
294 their feasibility for preclinical studies as validated, pre-defined endpoints are required to allow
295 for comparability between compounds.

296 The use of animal IPLs for drug absorption studies remains more common place than the use
297 of human IPLs due to a number of intrinsic limitations associated with the latter (discussed in
298 the next section). Moreover, the use of non-human primates for IPL studies remains
299 controversial (aptly discussed by Dahlmann and Sewald, 2017). Consequently, several
300 advances with rodent (Eriksson et al., 2018), rabbit (Beck-Broichsitter et al., 2009) and porcine
301 (Klassen et al., 2018; McCormack et al., n.d.) *ex vivo* pulmonary models have been established.
302 These recent developments include an *ex vivo* IPL rodent model which was proven to
303 accurately predict rat *in vivo* plasma concentration-time profiles after inhalation of several
304 compounds (Eriksson et al., 2020). The model hopes to improve the accuracy of drug
305 performance predictions when compared to *in vitro* data, and to ultimately increase mechanistic
306 understanding of pulmonary drug absorption (Eriksson et al., 2020). A porcine *ex vivo* model
307 with controllable breathing parameters has also been recently developed consisting of a human
308 plastinated head connected to an artificially ventilated *ex vivo* porcine pulmonary tract (Perinel
309 et al., 2017). The authors showed physiologically relevant ventilation characteristics (i.e. tidal

310 volume, rate and homogeneity of ventilation) in aerosol deposition studies. Furthermore,
311 comparative studies between *in vivo*, *ex vivo* and *in vitro* models of intratracheal inhalation
312 (Sciuscio et al., 2019), pharmacokinetic modelling (Sakagami, 2006) and drug absorption
313 (Bosquillon et al., 2017) have established *ex vivo* IPL systems to be as predictive as *in vivo*
314 models (see Table 3). Porcine *ex vivo* lung perfusion models have also been used to
315 successfully predict the outcome of organ transplantation (Sommer et al., 2019).

316 Precision cut lung slices (PCLS) have also emerged as a useful tool for studying the
317 inflammatory response and pathogenesis in the respiratory system (G. Liu et al., 2019)
318 (reviewed by Alsafadi et al., 2020; Henjakovic et al., 2008; Morin et al., 2013; Rosales Gerpe
319 et al., 2018). This *ex vivo* tissue is derived from slices cut using a microtome (and therefore
320 highly precise with less than 5% variability in the thickness of each slice) from selected
321 healthy/diseased human donor lung tissue with minimum co-morbidities (G. Liu et al., 2019).
322 This method markedly increases the number of tests obtainable from a single lobe of a human
323 lung in comparison to an IPL set-up thus increasing its utility. The resultant models have
324 recently been used to study asthma (Bourke et al., 2020), COPD (Dvornikov et al., 2019;
325 Herbert et al., 2019; Maarsingh et al., 2019), pulmonary fibrosis (Cedilak et al., 2019b, 2019a;
326 Yanagihara et al., 2020) and respiratory infections (Caid et al., 2019; Danov et al., 2019).
327 Functional innovations of PCLS with siRNA knockdown in animals (Ruigrok, 2019), live-cell
328 imaging (Akram et al., 2019), and ECM-mimicking biomaterials (Bailey et al., 2020) further
329 enhances the applicability of PCLS methodology for pulmonary studies. Furthermore, animal-
330 derived PCLS cultures have been shown to be compatible for high-throughput screening
331 applications (Watson et al., 2016). The generally short lifespan of PCLS cultures was overcome
332 with successful cryopreservation. Whilst the authors did show differences between fresh PCLS
333 cultures and those having undergone a single freeze-thaw cycle (including higher glutathione
334 levels in the latter), cryopreservation was concluded not to have any significant negative effect
335 on the cultures. As a result, both mouse and rat PCLS cultures were utilised in a high-
336 throughput toxicological screen (toxicity of zinc chloride at 6 varying concentrations in a 96
337 well plate format) (Watson et al., 2016). A continuation of this optimisation research will
338 facilitate PCLS cultures to be used in high-throughput screening applications, though much
339 further protocol development and validation is required at this stage.

340 Human lung tissue explants have also been utilised as a source of a number of primary human
341 alveolar epithelial type II (Chu et al., 2020) and bronchial (Tane et al., 2017) epithelial cells.

342 *Ex vivo* mesenchymal fibroblasts obtained from primary human tissue were analysed via
343 single-cell RNA sequencing to discover the expression of Sonic Hedgehog, a key secreted
344 protein present in the hedgehog signalling pathway, to be preferentially expressed in the
345 proximal respiratory airways (Ross et al., 2019). This data, in combination with genome-wide
346 association studies (GWAS) mapping COPD loci to genes which alter the hedgehog pathway,
347 have provided significant insight into the onset of respiratory disorders (Kheirallah et al.,
348 2016). Tissue explants obtained from cancer patients have recently been optimised to study
349 tumour pathophysiology, overcoming shortcomings with traditional explants regarding drug
350 uptake, tissue stratification, and modelling of immune-responses to drug treatments (Powley et
351 al., 2020). Similarly, *ex vivo* tissue explants have been used to study the pathophysiology of
352 lung carcinomas (Karekla et al., 2017), asthma (Morin et al., 2005), viral infections (Thakker
353 et al., 2019), environmental insults (KC et al., 2020) and COPD (Lea et al., 2019; Mathysen
354 et al., 2020).

355 3.2 Limitations of *ex vivo* lung models

356 Although human *ex vivo* IPL models are highly relevant, they are rarely used in preclinical
357 studies due to the sporadic supply of healthy, normal donor tissue which inhibits proper
358 experimental planning (Huang et al., 2011). Therefore, human IPL, PCLS and tissue explant
359 models may remain unsuitable for most preclinical drug discovery applications. It is also
360 important to distinguish between healthy tissue and one which has been surgically sliced and
361 removed from its native environment, thus inherently reducing the comparability of *ex vivo*
362 tissue models to native human tissue. Moreover, donor variability arising from the intrinsic
363 heterogeneity of human lungs arising from sex, age and smoking history of the donor,
364 extending in this context to include any trauma suffered to the individual, the cause of death
365 and co-morbidities, has a significant effect on the quality and reliability of lung samples
366 (Perinel et al., 2017). This variability limits comparability between studies. There is also an
367 inability to utilise genome editing technologies to interrogate targets/proteins of interest due to
368 ethical considerations for genome editing of human-derived cells and tissue (e.g. embryos and
369 sperm cells), which would require genetically engineered humans from an early developmental
370 stage before the organ is collected. Conversely, genome editing of primary human cells is well
371 established, and has been effectively applied to an *in vitro* respiratory model (Rapiteanu et al.,
372 2020).

373

374 Possibly the greatest challenge to the use of *ex vivo* human lung tissue culture in drug discovery
375 is the rapid degradation of tissue slices or whole IPLs. Most IPL experiments are restricted
376 from time of tissue preparation to fixation for analysis e.g. for histological staining, in 6-10
377 hours, which maybe prolonged to 48 hours with the use of bioreactors (Perinel et al., 2017).
378 These time constraints, in combination with the sporadic supply of human tissue (Ross et al.,
379 2019), therefore require laboratories to have flexible working hours for dedicated research
380 staff, further increasing the costs associated with this relatively expensive method e.g. costs of
381 organ transportation, dedicated experimental set-ups and support staff necessary for immediate
382 analysis. Recent advances for PCLS cultures have increased their culture time (from 7-10 days)
383 up to 21 days via the embedding of slices into extra-cellular matrix (ECM)-mimicking hydrogel
384 (poly(ethylene glycol)-based hydrogels with RGDA and YIGSR ligand cohesions) support
385 structures (Bailey et al., 2020). Further advances are required to standardise such protocols to
386 overcome this critical limitation in coming years. The introduction of validated and
387 standardised cryopreservation protocols for human *ex vivo* models will help improve their
388 utility for target identification and validation research. A greater availability of genetic
389 expression and/or single-cell RNA-sequencing data obtained from human lung tissue explants
390 may also serve as an invaluable resource to improve the understanding of genetically driven
391 mechanisms of human respiratory pathology.

392

393 **4. Two-dimensional *in vitro* models**

394 *4.1* 2D cell-line airway models

395 Two-dimensional (2D) monolayer culture systems are still heavily used in preclinical drug
396 development for high-throughput toxicity screening of novel compounds due to their ease-of-
397 use, availability and convenience e.g. rapid time to cell confluency (reviewed by Castellani et
398 al., 2018; Faber and McCullough, 2018; Hiemstra et al., 2018; Lechanteur and das Neves,
399 2018; Nikolić et al., 2018). The relatively successful implementation of these reductionist
400 models in standardised high-throughput safety screening has helped reduce novel therapeutic
401 compound attrition due to insufficient safety in recent years (Dowden and Munro, 2019;
402 Harrison, 2016; Lindner, 2007; Paul et al., 2010). Most 2D *in vitro* models of the tracheo-
403 bronchial respiratory airways commonly utilise the adenocarcinomic human alveolar basal
404 epithelial A549 cell line, the virally transformed BEAS-2B cell line derived from a non-
405 cancerous human bronchial epithelium, and the bronchial adenocarcinoma-derived Calu-3 cell
406 line. Such immortalised cell lines, either carcinoma-derived or virally-transformed, have many

407 desirable and promising characteristics for drug development studies (Prytherch and Berube,
408 2014). They are usually expanded and cultured on rigid 2D tissue-culture treated polystyrene
409 surfaces and are commonly used for high-throughput *in vitro* screening assays utilising small
410 compound libraries for lead identification (Langhans, 2018). These models therefore aim to
411 predict non-specific, toxic and/or adverse reactions to novel compounds in humans and to
412 determine the efficacy of novel targets and compounds in the respiratory airways.

413 The culture of cell lines is relatively simple, cost-effective, and allow studies into specific
414 pathological processes. The relative low requirements for manual handling and manipulation
415 also increases their utility in drug discovery and their applicability for automation. A549 cells
416 have been recently utilised to determine the anti-inflammatory properties of novel plant-based
417 compounds (Henz Ryen et al., 2020). The carcinomic nature of A549 cells have directed their
418 use for compound efficacy testing of novel anti-cancer treatments (Pokrovsky et al., 2019).
419 Recent studies have shown metformin-dependant upregulation of microRNA-7 can suppress
420 A549 cell growth via regulation of several signalling pathways (Dong et al., 2020).
421 Furthermore, a potential anti-tumoral mechanism of action for the low-molecular weight
422 heparin enoxaparin, was determined in A549 cells (Henz Ryen et al., 2020). The applicability
423 of cancerous 2D cell lines to human physiology is inherently limited, yet such studies may be
424 useful in narrowing the search for novel therapeutics.

425
426 The BEAS-2B cell line is able to maintain their ability to undergo squamous differentiation *in*
427 *vitro* in response to foetal bovine serum or transforming growth factor-beta (Huang et al.,
428 2011). However worryingly, new data has shown evidence discounting the well-established
429 bronchial epithelial origins of BEAS-2B in favour of a mesenchymal-derived lineage (Han et
430 al., 2020). Despite this, BEAS-2B cells were recently utilised as a normal human respiratory
431 system to analyse the cytotoxic effects of electronic cigarette fluids (Hua et al., 2019). BEAS-
432 2B cells have also been utilised to analyse the effect of cigarette smoke and particulates in the
433 airways (Dugour et al., 2013), and for mechanistic and toxicological studies (Ong et al., 2013).
434 Further still, both A549 and BEAS-2B cell lines were utilised in a recent proof-of-principle
435 drug toxicity study, concluding that aerosolizable marine phytotoxins effectively downregulate
436 the mTOR pathway without significant toxicity, providing support for the biogenic amine
437 hypothesis (Van Acker et al., 2020).

438 Calu-3 cells were recently used as a reference cell line for *in vitro* toxicity studies of intranasal
439 delivery of zonisamide for central nervous system diseases, and were effectively used to inform

440 subsequent *in vivo* testing (Gonçalves et al., 2020). This cancerous cell line has been heavily
441 utilised to investigate the biological mechanisms (Hoffmann et al., 2020; Kong et al., 2020;
442 Zecha et al., 2020) and efficacy of novel compounds (Felgenhauer et al., 2020; C. da Silva et
443 al., 2020) or repurposed drugs (Felgenhauer et al., 2020; C. da Silva et al., 2020; C. S. B. da
444 Silva et al., 2020; Yamamoto et al., 2020) for the treatment of severe acute respiratory
445 syndrome coronavirus-2 (SARS-CoV-2). Calu-3 cells were also recently shown to functionally
446 express the ABC transporter MDR1, which were shown as missing from healthy human
447 bronchi and in the commercial 3D airway model EpiAirway™(Rotoli et al., 2020). Despite
448 this, these cells have additionally been utilised as *in vitro* cigarette smoke exposure models to
449 validate bioinformatic data in a study of ATP-binding cassette (ABC) transporters (Aguiar et
450 al., 2019). Notably, Calu-3 have a high expression of CFTR and thus have been widely utilised
451 to study CF (Gróf et al., 2020; Ramsey et al., 2020; Sultan et al., 2020; Yang et al., 2020).

452

453 4.2 Limitations of 2D airway models

454 The limitations of 2D models have become increasingly obvious in recent years, which has
455 created a significant shift towards the use of 3D *in vitro* models. Importantly, 2D cellular
456 models force cells to adapt to a rigid environment to survive, creating non-physiological
457 changes in morphology, proliferation, functionality, metabolism and cytoskeletal organization
458 that are not translatable to the cells native state (Sunyer et al., 2012; Wells, 2008).

459 Junctional complex proteins present between epithelial cells *in vivo* form an epithelial barrier
460 which acts as an immunological and physical barrier to pathogenic particulates (Brune et al.,
461 2015) (see Table 1). This epithelial barrier is primarily formed by zonula occludens (ZO-1/2/3)
462 and claudin proteins forming tight junctions, and the transmembrane protein E-cadherin
463 forming adherens junctions between adjacent cells of the epithelium (Wittekindt, 2017).
464 BEAS-2B cells fail to express characteristic airway mucins and tight junction formation, with
465 the latter limiting their ability to form an effective epithelial barrier when compared to A549
466 cells (Prytherch and Berube, 2014). Calu-3 cells lack physiological features of the bronchial
467 airways such as ZO-1 protein expression and consequently fail to differentiate to form tight
468 junctions (Huang et al., 2011). They also lack functional motile cilia and fail to form a
469 pseudostratified epithelium (Huang et al., 2011). Further still, BEAS-2B cells maintain their
470 ability to form primary cilia, yet they do not form motile cilia which are characteristic of the
471 native airways (Prytherch and Berube, 2014).

472 Moreover, the transformation processes of all immortalised cell lines create a dysregulation of
473 signal transduction networks within the cells to varying degrees. Genetic changes lead to
474 chromosomal mutations and often a loss of any inherent differentiation capabilities (Huang et
475 al., 2011). In this way, respiratory cell lines cannot give rise to the differentiated cell
476 phenotypes present in respiratory airways and their respective functional properties e.g. ZO-
477 1/E-cadherin protein expression and subsequent barrier formation, motile cilia formation and
478 subsequent cilia beating, mucociliary differentiation and subsequent mucus secretion. In
479 comparison, 3D cultures provide deeper insights into cell–cell and cell–matrix interactions *in*
480 *vitro* than 2D culture systems by more faithfully replicating *in vivo*-like spatial arrangements
481 and cellular migration speeds, thus allowing for a greater translatability to the human condition
482 (Pampaloni et al., 2007) (see Table 3). Such systems also allow for mechanical and chemical
483 cues to be isolated and examined individually, increasing our ability to understand their role in
484 pathophysiological states (East et al., 2010).

485 Therefore, the use of 2D cell lines for respiratory target validation research, is limited in
486 number of significant ways. And with improvements in the automation of 3D cell cultures, as
487 well as the significant translational improvements provided by 3D co-cultures (see discussion
488 in later sections), it may be the right time to give sincere thought to moving towards exclusively
489 using 3D models in novel therapeutic compound validation research (Watson et al., 2016).

490 5. Three dimensional *in vitro* models

491 5.1 3D air-liquid interface respiratory epithelium models

492 To overcome the issues related with 2D culture of cell-line based airway models, the modern
493 gold-standard for human respiratory airway models consist of culturing primary human
494 bronchial epithelial cells (HBECs) (also applied to human nasal epithelial cells (HNECs)) at
495 an air-liquid interface (ALI) (see FIG. 2). HBECs, often obtained from bronchial brushings or
496 via cadaveric donor tissue, are cultured to confluency on transwell inserts (characteristically in
497 a 24-well plate format). Once confluent, medium is removed from the apical aspect of the
498 transwell, with cells maintaining basal exposure to culture medium through a porous transwell
499 membrane, thus forming an air-liquid interface (Awatade et al., 2018). The HBECs are
500 subsequently cultured for 4-6 weeks. The *in vitro* ALI culture of HBECs functionally resembles
501 the *in vivo* human airways (reviewed by Bérubé et al., 2010; Lacroix et al., 2018; Patel et al.,
502 2012). Consequently, HBECs are able to form apical-basal cell polarity (Chen and Schoen,
503 2019), and differentiate into secretory goblet cells and ciliated epithelial cells while self-
504 assembling into a pseudo-stratified columnar epithelium (Rayner et al., 2019).

505

506 The model therefore captures many of the relevant cellular phenotypes that are present in the
507 lower respiratory airways *in vivo* (Ball and Padalia, 2019; Fraser, 2005; Khan and Lynch, 2020;
508 Kia'i and Bajaj, 2020), and therefore remains the checkpoint measure for many novel drug
509 candidates before entering clinical trials (Awatade et al., 2018). ALI models can be produced
510 using explant human tissue or primary HBECs as a source of cells, with the former providing
511 greater translatability (greater predictive validity) and the latter providing greater flexibility
512 (genetic editing and long-term culture). HBEC ALI cultures exhibit clear epithelial barrier
513 formations via the expression of the junctional complex proteins ZO-1 and E-cadherin, thus
514 creating a significant advantage for their use over cell-line based models. 3D ALI models also
515 provide certain advantages over animals models such as the significant lower costs of
516 maintenance and setup, use of human tissue, and ease of handling (Chen and Schoen, 2019).
517 In comparison to *ex vivo* human tissue models, 3D ALI models possess long-term feasibility,
518 commercially available consumables (i.e. primary human cells), and well-established genome-
519 editing protocols to investigate genetic targets of interest (Rapiteanu et al., 2020).

520

521 The improved translatability, in addition to the use of standardised end-points, enables
522 functional utilisation of the 3D HBEC ALI model in preclinical target validation and lead
523 optimisation research (Awatade et al., 2018). For example, the reproduction of a genetic lesion

524 (CDKN2A disruption) *in vitro* was shown to induce dysregulation in SOX2 production in the
525 HBEC ALI model. This provided sufficient predictive validity to human bronchial dysplasia
526 to enable preclinical screens of novel agents to treat squamous lung cancer (Porter et al., 2019).
527 Additionally, basic research studies subjecting the 3D ALI epithelium to cigarette smoke were
528 shown to increase matrix metalloproteinase 1 (MMP-1) release post-single exposure to
529 cigarette smoke, accurately mimicking the response seen in the *in vivo* airways (Mathis et al.,
530 2013). An overview of critical pathways involved with COPD and asthma pathologies
531 generated from *in vitro* respiratory epithelium modelling are illustrated in figure 3 and 4
532 respectively.

533 The epithelial barrier, created *in vitro* via the expression of junctional complex proteins,
534 namely E-cadherin and ZO-1 (Nawijn et al., 2011), has been implicated to play a role in COPD
535 (Aghapour et al., 2018) (see FIG. 3), asthma (Gon and Hashimoto, 2018b; Xiao et al., 2011)
536 (see FIG. 4) and other chronic respiratory disorders (Roche et al., 2020; Xiao et al., 2011). *In*
537 *vitro* analysis using 3D ALI models has proven the importance of the epithelial barrier for cell
538 proliferation, matter permeability, maintenance of apical-basal cell polarity and modulating the
539 immune response to insult and injury of the epithelium (Nawijn et al., 2011). These numerous
540 functions (and their dysfunction in several disorders) mark the epithelial barrier as a key
541 modulator of the respiratory epithelium and therefore highly essential to model in order to
542 effectively validate novel compounds for respiratory disorders. As a result, recent advances in
543 the development of novel quantitative, high-throughput immunofluorescent imaging protocols
544 have been utilised to qualitatively assess the formation of these junctional complex proteins
545 (Buckley et al., 2018; Pell et al., 2021). Automated trans-epithelial electrical resistance (TEER)
546 protocols have also been enhanced to enable reliable, real-time and high-throughput
547 quantification of epithelial barrier integrity in ALI models (Srinivasan et al., 2015).

548 Mucociliary differentiation of basal progenitor cells into motile ciliated cell phenotypes is
549 sufficiently captured in the 3D ALI model, which is lacking in 2D cell line-based models. As
550 a result, methods for quantifying cilia have progressively evolved with manual counting of
551 immunohistochemical/immunofluorescent preparations (Gohy et al., 2019; Tadokoro et al.,
552 2014a), to automated analysis via single-cell image cytometry using relevant fluorescent
553 markers (Rapiteanu et al., 2020). Functional readouts such as quantified cilia beat frequency
554 via high-resolution video microscopy have also developed using open-source software

555 (CiliaFa) (Smith et al., 2012)). These readouts have been used to functionally analyse motile
556 cilia (Gsell et al., 2020; Khelloufi et al., 2018; Yaghi and Dolovich, 2016a).

557 The loss of the ciliated cell phenotype is a central pathology associated with asthma, HIV
558 infection (Strulovici-Barel et al., 2019), pathologic genetic mutation (Fassad et al., 2018),
559 influenza virus (Wu et al., 2016), and a number of other chronic respiratory diseases. Exposure
560 of human airway cells derived from diseased and healthy lung explant tissue to exogenous
561 transforming growth factor β 1 (TGF- β 1) has been shown to recapitulate the reduced
562 mucociliary differentiation and subsequent reduced number of ciliated cells in COPD airways
563 (Gohy et al., 2019). Similarly, explant nasal tissue from CF patients has been used to
564 successfully develop CF ALI models (Gianotti et al., 2018)(Scholte et al., 2006).
565 Consequently, the mechanistic pathways involved in ciliogenesis have been extensively studied
566 using the 3D ALI respiratory model. The role of the Notch signalling pathway (Rock et al.,
567 2011), interleukin (IL)-6 signalling (Tadokoro et al., 2014b) and FoxJ1 expression (Brekman
568 et al., 2014a) have been identified in multiple studies as vital to normal ciliogenesis.
569 CRISPR/Cas9 mediated depletion of FoxJ1 and subsequent multi-parametric analysis of
570 HBEC ALI models, showed significant reduction of mucociliary differentiation into the
571 ciliated cell phenotype without affecting barrier integrity (Rapiteanu et al., 2020). Efficacy
572 testing of novel compounds, such as proprotein convertase inhibitors, acting via Notch-
573 dependant mechanisms have been shown to promote ciliogenesis in the 3D ALI models (Lee
574 et al., 2017).

575 The functional utility and flexibility of respiratory ALI models has enabled the *in vitro* study
576 of multiple chronic, viral respiratory infections, including the pandemic H1N1 influenza virus
577 generated by the H275Y genetic mutation. Here, genetic editing enabled the reverse-
578 engineering of the H275Y mutation into human airway cells, while the ALI model provided an
579 efficient platform to study the growth kinetics and tolerance of the wild-type and mutant strains
580 of the H1N1 virus to the mutation (Brookes et al., 2011). Transmission electron imaging of the
581 severe acute respiratory syndrome coronavirus (SARS-CoV, 2002) in HBEC ALI models,
582 showed concentrated viral particles in between ciliated cells, as well as in the ciliated cell
583 microenvironment. Further *in vitro* analysis determined SARS-CoV entry, replication and
584 release all occurred exclusively in the ciliated cell phenotype of the respiratory epithelium
585 (Sims et al., 2008).

586 Furthermore, efficacy testing of anti-viral compounds for the Middle East respiratory syndrome
587 coronavirus (MERS-CoV) was conducted using human airway ALI models (alongside animal
588 models) (Agostini et al., 2018). These studies were able to show sufficient efficacy of GS-
589 441524 and its pro-drug GS-5734 (Remdesivir) against MERS-CoV (Agostini et al., 2018).
590 More recently, HBEC ALI models were utilised effectively to isolate the SARS-CoV-2 virus.
591 The point of entry of SARS-CoV-2 virus was isolated to ACE2 and its co-factor TMPRSS2-
592 expressing respiratory cells using single-cell genomic analysis with HBEC ALI models
593 (Lukassen et al., 2020).

594 5.2 Limitations of 3D air-liquid interface respiratory epithelium models

595 The finite number of passages for primary HBECs, and by extension for all primary human
596 cell lines, before cells begin to lose functional *in vitro* characteristics (i.e. differentiation
597 ability) have limited the utility of these ALI models, while raising costs associated with the
598 sourcing of the cells. Recent optimisation research aiming to improve these models have shown
599 HBECs to maintain their differentiation capabilities up to passage 6 (Rayner et al., 2019).
600 However, further protocol validations are required before these practices are widely accepted.
601 The 3-4 weeks of cell culture required until ALI cultures are fully differentiated increases the
602 time required for validation studies. Also, ALI-media dependant variations to the quality of
603 cultured airways have also been recently described (Leung et al., 2020). Validation of ALI
604 media prior to experimentation increases labour, time and cost of experimentation, but also
605 inhibits reliable comparisons to be drawn between studies. Furthermore, the rigid polyethylene
606 terephthalate (PET) porous substrate of ALI transwell inserts adds additional physical stress to
607 the cells and creates a mechanically mismatched interface which may negatively influence
608 epithelium differentiation.

609 The extensive manual handling of transwells utilised in ALI models limits the scalability of
610 the model for early drug discovery toxicology testing as well as for target validation studies.
611 This is due to the introduction of human errors into the culture system such as variations in
612 media levels which result in variations in the integrity of the epithelial layers. These issues are
613 beginning to be addressed via the development of automated, software-driven, long-term,
614 cultivation systems (e.g. CULTEX[®]). Here, transwells are placed into an incubator which
615 regulates adjustments to media levels to minimise manual handling while increasing the
616 consistency of the cultivation process, thus enabling scaling of the model system (Aufderheide
617 et al., 2016). Scalability issues extend to methods of analysis, where recent advances such as

618 *in-situ* immunofluorescent imaging and automated *in vitro* TEER recordings (Pell et al., 2021)
619 (discussed previously), are aiming to address. Provided further optimisation of these
620 technologies is completed (to reduce cost and improve validation), it may enable the use of
621 ALI models for high-throughput screening assays in early drug discovery. This would serve to
622 greatly improve our ability to screen compounds using more translatable 3D models.

623 Human genetic heterogeneity can create donor-dependant responses in *in vitro* HBEC cultures,
624 which hinders the reproducibility and consequently the reliability, of certain aspects of model-
625 generated data. However, donor variability at this stage could be effectively utilised to reduce
626 attrition in later stage clinical trials. To accomplish this, genomic and proteomic analysis of a
627 large donor pool would be required to enable the identification of cellular and molecular
628 mechanisms underlying donor-to-donor variability (Huang et al., 2011). The time and
629 opportunity cost required to accomplish this could prove beneficial, as utilising the donor
630 variation between disease and healthy population may allow for targeting of novel compounds
631 for personalised medicines (Prytherch and Berube, 2014). The lack of representation of cell
632 types in the native respiratory airways poses a major limitation to the translatability of the
633 current gold-standard ALI model. The tracheo-bronchial respiratory epithelium, and nasal and
634 alveolar epitheliums respectively, consist of several cellular phenotypes, including but not
635 limited to, mesenchymal fibroblasts of the lamina propria, endothelial cells of the associated
636 vasculature and chondrocytes of the hyaline cartilaginous housing of the airways (Khan and
637 Lynch, 2020). These cellular phenotypes are crucial in the functioning of the airway epithelium
638 *in vivo*. The mesenchymal fibroblasts of the respiratory airway have been shown to regulate *in*
639 *in vivo* inflammatory responses and repair (Fraser, 2005). Further still, they have been shown to
640 produce cytokines and chemokines to various stimuli and act as local sentinel cells in response
641 to inflammation (Evans et al., 1999). Respiratory fibroblasts also have a significant role for *in*
642 *in vitro* disease modelling of the respiratory epithelium. This has been shown in asthma where
643 fibroblasts relay information to epithelial and inflammatory cells (Evans et al., 1999), and
644 where altered fibroblast-epithelial interactions alter EMT in COPD patients (Nishioka et al.,
645 2015). Roles of fibroblast-epithelial interactions in the respiratory epithelium have been
646 reviewed for pulmonary fibrosis (2013), COPD (2014), fibrosis (Krieg et al., 2007), asthma
647 (Halwani et al., 2010) and EMT (Knight et al., 2020) respectively. Epithelial-endothelial cell
648 cross talk in response to injury has also been well documented in the literature. For instance,
649 an epithelial-endothelial, microfluidic co-culture model showed the release of TNF- α by
650 epithelial cells activated endothelial cells and induced expression of endothelial adhesion

651 molecules (E-selectin and ICAM-1) (Blume et al., 2017). Many endothelial-epithelial and
652 fibroblast-epithelial dependant signalling pathways are therefore lacking in the current gold-
653 standard HBEC ALI models.

654 5.3 3D co-culture air-liquid interface *in vitro* airway models

655 A functional human 3D ALI tracheo-bronchial model of cultured human fibroblasts and human
656 tracheo-bronchial cells was effectively applied to the study of host-pathogen infection
657 (Marrazzo et al., 2016). The model showed histological similarity to native tissue, expression
658 of epithelial barrier, biomarker expressions including cytokeratin-5 (CK5) and CK14 and
659 presence of Club cells in the upper epithelial layer. However, deeper comparison into the
660 fibroblast-epithelial interactions of such models are required. Similarly, healthy HBECs
661 derived from severe asthmatic patients were cultured in co-culture with monocyte-derived
662 dendritic cells from *ex vivo* explant tissue. The model was applied to study the epithelial-
663 dendritic unit and its modulation of CXC-chemokine ligand (CXCL)8, IL-33 and thymic
664 stromal lymphopietin (TSLP) in asthma (Gras et al., 2017). The study concluded that the
665 bronchial epithelial phenotype was significantly involved in modulating the epithelial-dendritic
666 response (Gras et al., 2017).

667 Co-culture models have also been generated aimed at recapitulating particular morphologies
668 of the airway such as the lung branching morphogenesis during development. The fibroblast-
669 epithelial crosstalk *in vitro* was created via a co-culture consisting of a fully-differentiated
670 epithelium of HBECs cultured onto human foetal lung fibroblasts (IMR-90) seeded into a
671 collagen matrix (Ishikawa et al., 2017). The presence of mesenchymal cell populations in this
672 ALI respiratory epithelium model was able to recreate epithelial-mesenchymal transition
673 (EMT) in the epithelium and ECM deposition in airway models induced by TGF- β 1 (Ishikawa
674 et al., 2017). Co-culture models of other areas of the respiratory airways and using cell lines as
675 well as primary cells have also been developed. A co-culture of human macrophages and
676 dendritic cells was used to model the airway epithelial barrier with A549 epithelial cells, and
677 to model the alveolar type II epithelial barrier by replacing A549 cells for 16HBE14o-epithelial
678 cells (Lehmann et al., 2011). Respiratory airway co-culture models for immunological studies
679 have also been developed (Papazian et al., 2016). A human bone-marrow derived mesenchymal
680 stem cell co-culture system with HBECs promoted a matured epithelial tissue analogue
681 utilising a 3D-TIPS (thermally induced phase-separation) printed soft elastomer scaffold (Wu
682 et al., 2020) (see FIG. 2). The substantial enhancement of mucin expression, ciliation, well-

683 constructed intercellular tight junctions and adherens junctions of HBECs in this co-culture
684 model demonstrates a more robust and biologically relevant tissue model for target validation
685 research (Wu et al., 2020).

686 Many of the models that have been described rely on protocols which limits their usefulness
687 e.g. time consuming to develop and culture, labour intensive and costly. As a result,
688 commercial *in vitro* lung models have been developed which are sold as differentiated cellular
689 consumables for research purposes. These commercially available *in vitro* ALI models
690 overcome traditional limitations of 3D ALI models, including reduced labour and model
691 developmental costs. As a result, there exist multiple major competitors in the *in vitro* lung
692 market (Mordor Intelligence, 2018) (see Table 2). The market is expected to grow in the
693 coming years, mainly from increased awareness of the 3Rs, and the subsequent move away
694 from non-humanised animal models, as well as increased funding and investments for the
695 research and development of advanced *in vitro* models (Mordor Intelligence, 2018).

696 Differentiated (ready-to-use) 3D human airway models, which can be acquired with nasal,
697 tracheal or bronchial epithelial cells, from healthy or diseased tissue, are readily commercially
698 available (Huang et al., 2011). Commercial monoculture models (MucilAir™, Epithelix) have
699 been used to characterise CBF in an *in vitro* nasal epithelium (Tratnjek et al., 2020) and study
700 drug interaction with native respiratory ABC transporters (Mercier et al., 2019). Furthermore,
701 toxicity studies involving possibly negative effects of polycyclic hydrocarbons have also been
702 investigated using this model (Cervena et al., 2019). Commercial co-culture models
703 incorporating fibroblasts in a 3D collagen matrix beneath a fully differentiated HBEC epithelial
704 layer have also been developed in an attempt to create a ‘full-thickness’ airway model.
705 Commercial co-culture models of this type (EpiAirway™, MatTek) were reported to show
706 more characteristic expression of ABC transporters when compared to Calu-3 cells (Rotoli et
707 al., 2020), as well as a greater toxicology resistant phenotype when compared to cancerous
708 A549 (Zavala et al., 2016). These models have also been employed to study inhalation
709 toxicology (Jackson et al., 2018), and electronic cigarette smoke (Fields et al., 2017).
710 Significant differences between the response of a co-culture (EpiAirwayFT™) model in
711 modulating goblet cell hyperplasia when compared with traditional HBEC ALI models have
712 also been reported (Bolmarcich et al., 2018). Oral epithelial co-culture models have also been
713 developed (Schlage et al., 2014). An *in vitro* lung-on-a-chip model incorporating changes in
714 mechanical stress during respiration recently developed by AlveoliX™ was reported to

715 effectively model the air-blood barrier (Stucki et al., 2018). This model is also the first of its
716 kind to be utilised in a physiological stretch-induced scratch-wound assay (Felder et al., 2019).
717 Co-cultures with respiratory cells are envisioned for near-future developments of this
718 innovative model.

719 5.4 Limitations of 3D co-culture air-liquid interface *in vitro* airway models

720 There remains a number of limitations with the current *in vitro* co-culture models of the
721 respiratory epithelium (Duell et al., 2011). Co-cultures utilising cell lines (A549 etc.) do not
722 show translatable phenotypes *in vitro* when compared to primary human cell culture (discussed
723 previously). Their utilisation is therefore less desirable when compared to exclusive primary
724 cell models. Also, sufficient nutrient requirements (glucose, serum, vitamins etc) for ALI co-
725 cultures remains to be addressed. At the time of writing, no commercially available and
726 dedicated fibroblast-epithelial or epithelial-endothelial media is available. Validation of in-
727 house generated co-culture media further increases the time, cost and labour associated with
728 the culture and maintenance of ALI models. ALI media-dependant variations in the quality of
729 the cultures is therefore likely to be amplified in co-culture models (Leung et al., 2020). The
730 use of organ-on-a-chip and associated microfluidic technologies shows potential to overcome
731 these concerns by utilising multi-channel systems that allow for the inflow of several bespoke
732 medias. However, these models often struggle to fully recapitulate the complex ECM and tissue
733 architecture of native airways, thus limiting their ability to mimic lung cell-cell interactions *in*
734 *vitro* (G. Liu et al., 2019). Additionally, the use of 3D printed soft porous scaffolds shows
735 stronger integration between the epithelium layer and substrate compared to the standard PET
736 transwell-based ALI model, which not only enhances the differentiation of HBECs but also
737 improves sample collection and processing for post-culture characterisations (Wu et al., 2020).

738 Moreover, the absence of accurate multi-level analysis of some co-culture models inhibit their
739 usefulness. It is therefore necessary to ensure optimal analysis methodology as well as model
740 development to fully realise the benefits associated with the improved cell-cell interactions that
741 are present in these models. The comparatively higher costs of 3D models can serve to limit
742 their usage (Edmondson et al., 2014). However, these costs need to be weighed against their
743 advantages, as commercial models come ready-to-use, often with significant prior validation
744 studies. The physiological translatability of current co-cultures can also be further improved.
745 Co-cultures of lung fibroblasts seeded on the basal aspect of the porous transwell membrane,
746 with bronchial epithelial cells seeded in the apical layer are also commercially available (Mas

747 et al., 2016). These enable co-culture of cells in relatively close proximity, however, the relative
748 distance between the cell types in some models remains much greater than the contact distance
749 found *in vivo*, potentially limiting close proximity cell-cell interactions in the co-culture
750 system, though it may still facilitate the activation of some native pathways via the release of
751 signalling molecules. Several platforms are required to model a complete respiratory
752 epithelium using pre-constructed co-culture *in vitro* lung models, e.g. modelling fibroblast,
753 chondrocyte, immune and epithelial cell interactions within the respiratory epithelium. As a
754 complete model is yet to be realised, procuring multiple models (where possible) remains
755 highly inefficient for high-throughput applications. Therefore, the ability to create co-culture
756 models with fully functional cell-cell interactions while maintaining the flexibility to modify
757 the model to a specific disease or functional output, is still required.

758 5.5 3D organoid *in vitro* airway models

759 Airway organoid models have become increasingly important for functional respiratory drug
760 discovery. Organoids can be defined as complex, self-assembling 3D clusters of organ-specific
761 progenitor, stem or terminally-differentiated cell phenotypes. Organoids have been reviewed
762 extensively, both generally (Clevers, 2016; Fang and Eglen, 2017) and specifically with
763 regards to airway organoids (Y. Li et al., 2020). The significance of airway organoids for drug
764 discovery applications cannot be understated. The potential ability for physiologically relevant
765 and translatable models allowing for high-throughput, functional assays would significantly
766 improve upon the current 2D *in vitro* models being utilised in early stage target identification
767 and for target validation. The application of organoid models for personalised cancer
768 therapeutics, e.g. for drug penetration studies, are particularly promising due to improved cell-
769 cell interactions and heterogeneity of the *in vitro* cultured cell clusters. Briefly, organoids
770 utilise adult or pluripotent stem cells (the former from patient biopsies), an ECM-based
771 basement scaffold (commonly Matrigel) and media with the relevant growth factors. The cells
772 are cultured for around 7 days in a multi-well plate format to produce a sufficient number of
773 organoids for a given application. Specific protocols for the generation of airway organoids are
774 freely available (Hild and Jaffe, 2016).

775 Lung organoid models have been shown to be capable of high-throughput drug candidate
776 analysis, by seeding into 384-well plates with multiple endpoints including gene expression
777 analysis and high-content immunofluorescent imaging. Recently, the identification of several
778 SARS-CoV-2 entry inhibitors via high-throughput screens of FDA approved compounds (in

779 Matrigel-coated 384-well plates with several compounds) was reported using a human
780 pluripotent stem cell-lung organoid (Han et al., 2021). The study of using lung organoids
781 overcame limitations of traditional 2D cell lines, which failed to capture the physiologically-
782 relevant processes of SARS-CoV-2 infection in humans, such as binding with ACE2 and
783 TMPRSS2 (ACE2 expression and its relation to SARS-CoV-2 infection, previously reviewed
784 in detail in Zamorano Cuervo and Grandvaux, 2020). Multiple functional endpoints were also
785 utilised including qPCR, immunofluorescent imaging, single-cell RNA sequencing and cell
786 viability assays. Similar organoids derived from pluripotent cells have also been shown to
787 allow for multiple endpoint measurements including functional cilia beating and expression
788 marker analysis for ciliated, goblet and club cell phenotypes (Zhou et al., 2018a). Other human
789 adult alveolar stem cell-derived organoids have also been applied to study the pathogenesis of
790 SARS-CoV-2 (Salahudeen et al., 2020; Youk et al., 2020) and Influenza A virus (Zhou et al.,
791 2018b).

792 Recently, there has been a growing body of evidence for the applicability and effectiveness of
793 large libraries of airway cancer organoids created from human tumour resections, for the
794 development of patient-specific cancer therapeutics. Normal and cancer human bronchial
795 organoids from surgically resected patient lung samples were shown to histologically replicate
796 the hallmarks of multiple subtypes of lung cancer (including squamous cell, adeno-,
797 adenosquamous, large cell and small cell carcinomas), comprising up to 95% of lung cancer
798 patients (Kim et al., 2019). This is a significant advantage over traditional 2D cell line cultures,
799 which are also used for high-throughput screening, but do not exhibit the cellular heterogeneity
800 required to accurately mimic human tumours. Over 80 lung cancer organoids (cultured in
801 commercial Matrigel, CORNING) were shown to be applicable for a high-throughput drug
802 screening application (4 compounds in 96-well plates) after reconstitution from
803 cryopreservation in this study (Kim et al., 2019). Shi et al (2020) reported the development of
804 large libraries of non-small cell lung carcinoma organoids (NSCLC), which were generated
805 using patient-derived tissue (adeno- and small-cell adenocarcinoma). The study similarly bio-
806 banked lung cancer organoids and showed full recapitulation of histological and functional
807 outputs after reconstitution, and also utilised these organoids in a high-throughput drug
808 screening platform (Matrigel-coated 384 well plate format) (Shi et al., 2020). The ability to
809 cryopreserve airway organoids that maintain their complex tissue architecture after thawing
810 significantly improves the utility and lifespan of these models. Sachs et al (2019) also
811 developed NSCLC organoids which formed a pseudostratified epithelium, and which were

812 shown to regenerate their respective cancer phenotypes *in vitro*. These organoids were
813 similarly utilised to generate an *in vitro* drug screening platform (8 compounds, 384 well plate
814 coated with basement membrane extract (Trevigen)), but were also shown to form functional
815 CFTR disease organoids, and to be susceptible to respiratory syncytial virus infection (Sachs
816 et al., 2019). Finally, Li et al (2020) reported the generation of 12 adenocarcinoma organoid
817 lines from patient tumour resections which were morphologically characterised with their
818 parental tumours. The organoids were utilised for high-throughput screening applications (24
819 compounds, 384 well plate format) and successfully determined the dose-response for the 24
820 compounds tested, as well isolating and determining previously undefined clinical tumour
821 prognostic biomarkers (Li et al., 2020a).

822 These recent efforts clearly demonstrate a markedly improved ability to utilise organoids for
823 the study of the human respiratory epithelium (see Table 3). Though not without its limitations,
824 the use of patient-derived tissue allows for the development of personalised targeted therapies,
825 and therefore, should be supported as a useful tool for drug discovery.

826 5.6 Limitations of 3D organoid *in vitro* airway models

827 The traditional difficulties associated with the use of respiratory organoids in drug discovery
828 include establishing validated, standardised culture protocols for creating uniform organoids
829 of a defined shape and size. This issue is being addressed with recent publications of high-
830 throughput organoid culture protocols (Boehnke et al., 2016). However, as few protocols,
831 currently exist, difficulties for identifying the optimal culture protocol for a specific research
832 goal still remain. Another traditional limitation of organoids is the generation of a large number
833 of organoids for use in high-throughput screening, which are still challenging despite proven
834 possibilities in the research laboratory, including the cryopreservation of organoids while
835 maintaining complex tissue architecture (Kim et al., 2019; Sachs et al., 2019; Shi et al., 2020;
836 Zhou et al., 2018a).

837 Furthermore, the dependency of the current culture protocols on the use of complex biological
838 hydrogels (e.g. Matrigel) as the basement membrane remains a larger issue (Kim et al., 2019;
839 Z. Li et al., 2020). The use of growth-factor reduced versions of these hydrogels will help
840 reduce inherent biological variability (Shi et al., 2020). Therefore, the search for synthetic
841 scaffold matrices that are able to support the growth of organoids remains an important avenue
842 of current research.

843 It is also important to consider a balance of throughput and complexity for the organoids that
844 are to be used for drug discovery applications, as the general appeal of organoids is their ability
845 to provide complex 3D models applicable for high-throughput screening. For high-throughput
846 target identification research, the amount of manual handling required and the complexity of
847 culture protocols may also become limiting factors to the effectiveness of airway organoids.
848 The application of CRISPR/Cas9 gene editing is yet to be fully realised in these models
849 (Driehuis and Clevers, 2017). With regards to cancer organoids, a key missing factor in this
850 culture is cancerous micro-environment present *in vivo*, which is not represented in the
851 organoid modes, including associated effects of immune cell components and changes in the
852 relevant tumour micro-vasculature (Kim et al., 2019; Paolicelli et al., 2019).

853 Finally, the longer time-scale required for generating organoids experiments increase their
854 associative costs and risks, as for all 3D cell culture models. An ALI model requires 21-42
855 days of differentiation after initial cell expansion (~7 days) to form a fully-differentiated
856 respiratory epithelium. In contrast, some organoid cultures can be formed in around 7-14 days,
857 which reduces their relative costs (Hild and Jaffe, 2016). In comparison, human pluripotent
858 stem cell-derived organoids can take from 50-85 days to fully differentiate (Miller et al., 2019).
859 Therefore, the longer times and high costs should be taken into account for organoid models
860 where the reprogramming of iPSCs or growth of human pluripotent stem cells are involved.
861 Selecting between using organoids developed from either pluripotent or adult stem cells,
862 should be decided based upon their relevant merits (discussed in Vaart and Clevers, 2021) and
863 the proposed scientific application in drug discovery.

864 **6. Concluding remarks and future outlook for modelling the respiratory epithelium**

865 All the methodologies presently reviewed serve various functions aimed at studying respiratory
866 physiology. The advancements in 3D cell culture technologies have vastly improved the ability
867 to create functional *in vitro* models that recapitulate *in vivo* organ structures (Moroni et al.,
868 2018). Furthermore, biofabrication methods such as 3D printing (Wu et al., 2020) and
869 bioprinting (Ma et al., 2018; Ong et al., 2017; Vanderburgh et al., 2017; Zhang et al., 2019),
870 electrospinning (Chen et al., 2018), tumoroid/organoid cell culture (Rossi et al., 2018;
871 Takahashi, 2019; Xu et al., 2018), microfluidics (Cui and Wang, 2019; Mullard, 2018; Sun et
872 al., 2019) and organ-on-chip technologies (Esch et al., 2015; Sontheimer-Phelps et al., 2019;
873 Zhang et al., 2018), have already been successfully implemented to generate translational and
874 predictive *in vitro* respiratory models. Bioprinting for instance, has been applied for *in vitro*

875 model fabrication aimed at high-throughput target selection, toxicity screening, and ADME
876 testing (Peng et al., 2017). However, many issues remain to be resolved with these
877 technologies, such as a limited capacity to generate large scale tissue constructs due to
878 inadequate vascularisation (reducing nutrient supply, mass transport and waste removal
879 (Hutmacher et al., 2015)). Therefore, a multi-disciplinary convergence of biofabrication
880 methods is demanded. A successful integration of these innovative technologies is likely to be
881 required prior to the next generation of predictive, functional, and biologically relevant *in vitro*
882 human organ cultures being realised. Furthermore, recent developments in advanced functional
883 biomaterials aiding biofabrication technologies are assisting to significantly advance this effort
884 (Place et al., 2009). Other model systems such as complex respiratory organoid cultures have
885 shown promise for the study of SARS-CoV-2 infection (Lamers et al., 2020; Alyssa J. Miller
886 et al., 2019; Monteil et al., 2020; Takayama, 2020b; Varga et al., 2020). The use of patient-
887 derived induced pluripotent cells (iPSCs) for respiratory modelling is yet to be fully realised
888 (Calvert and Ryan (Firth), 2019). Specifically, with regards to the use of isogenic iPSC pairs
889 which show impressive utility for their applicability in determining the efficacy of novel
890 compounds, by using common statistical comparisons but with an impeccable experimental
891 control.

892 Many *in vitro* models fail to cross the ‘Valley of Death’ (Coller and Califf, 2009), the term
893 now used to describe the gap between the development of a novel 3Rs methodology and its
894 subsequent implementation in industrial applications (Williams and Andrews, 2019). In many
895 cases, this has been attributed to a lack of sufficient model validation, which in turn may have
896 served to create a lack of confidence in these methodologies to create reproducible effects at a
897 mid-to-high throughput. Regulatory hurdles, not discussed in the current review, will also need
898 to be overcome before wide-scale implementation and acceptance of novel 3D cell culture
899 methodologies are seen in preclinical research (Booth and Zimmel, 2004; Moffat et al., 2017;
900 Pridgeon et al., 2018). Furthermore, enhanced collaboration between academia and industry,
901 as well as increased funding for preclinical model development and the use of standardised
902 end-point measurements and commercially available consumables (rather than bespoke
903 instruments/tools) is required to accelerate this process. Ultimately, a well-funded, multi-
904 disciplinary and perseverant approach to novel model development will serve to realise the
905 ability to accurately mimic microscale human respiratory functions.

907

908

	Morphology / Structure	Function(s)	Genetic Markers	Signaling Pathways	Associated Pathologies
Respiratory Cellular Phenotypes					
Ciliated	Elongated columnar terminally differentiated cells (Bustamante-Marin and Ostrowski, 2017), 200-300 motile cilia (5-10µm long, 250nm thick, flagellar ciliary axoneme of 9 peripheral doublets and attached dynein arms with 2 central microtubules (Fliegauf et al., 2007)), and ~400 microvilli per cell (Beule, 2010)	Motile mucus clearance to pharynx to be swallowed or coughed (Bustamante-Marin and Ostrowski, 2017), extracellular fluid flow mechanosensation (Fliegauf et al., 2007)	Acetylated α-tubulin (Schamberger et al., 2015; Xiaojun et al., 2016), DNAI1 (Zuo et al., 2018), CBE1 (Yoshisue et al., 2004), FoxJ1 (Brekman et al., 2014b, 2014a; Gomperts et al., 2004; Rapiteanu et al., 2020; Thomas et al., 2010) TGF-β1 (Gohy et al., 2019)	Notch (Rock et al., 2011), IL-6 signalling (Tadokoro et al., 2014b), STAT3 pathway (Johnson et al., 2018), STK11/MARK3/ERK1/2 (Chu et al., 2019), Hedgehog/Wnt (Anvarian et al., 2019; Christensen et al., 2007; Pala et al., 2017)	Asthma (Jevnikar et al., 2019; Vieira Braga et al., 2019a), HIV infection (Strulovici-Barel et al., 2019), genetic mutation (Fassad et al., 2018), influenza virus (Wu et al., 2016), squamous metaplasia and goblet cell hyperplasia associated COPD (Gohy et al., 2019), SARS-CoV entry, replication and release (Sims et al., 2008), PCD (Leigh et al., 2019), Kartagener's syndrome (Yaghi and Dolovich, 2016b), epithelial hypoplasia (Rock et al., 2010)
Goblet	Highly polarised, organelles situated at the top of the cell, containing high molecular weight mucin glycoproteins (Bustamante-Marin and Ostrowski, 2017)	Primary secretory cell phenotype of the respiratory epithelium (Fraser, 2005). produce and secrete mucus (comprising water (~95%, pH 5.5–6.5), and the large (0.5-20MDa), hydrated mucin glycoprotein (Bansil and Turner, 2006)	MUC5AC (Schamberger et al., 2015; Vieira Braga et al., 2019b) MUC5B (Fahy and Dickey, 2010), CEACAM5 (Vieira Braga et al., 2019b), S100A4 (Vieira Braga et al., 2019b), SARS-CoV-2 entry receptor ACE2 and viral entry-associated protease TMPRSS2 (Gengler et al., 2020) region/disease-dependant: KRT4, CD36, IDO1, NOS2, IL19, CSF3, CXCL10 (Vieira Braga et al., 2019b)	Muc5Ac expression: IL-13 activating Jak1/Stat6 (Fahy and Dickey, 2010), C3 receptor and β2-adrenergic-receptor signalling (Fahy and Dickey, 2010) Development: Sox2, Notch, E2f4, and Math (Fahy and Dickey, 2010) Mucin expression: Purinergic (P2Y2 purinergic receptors (P2Y2R)) (Fahy and Dickey, 2010)	Goblet cell hyperplasia causal role in bronchitis & COPD (Gohy et al., 2019), IPF(Whitsett, 2018), CF (Huang et al., 2011; Zoso et al., 2019), Mucous metaplasia in asthma and COPD (Rock et al., 2010)

Basal	Cuboidal cell population attached directly to the basement membrane (Kia'i and Bajaj, 2020), region-specific multipotent stem cells (Rock et al., 2010)	Key progenitor cell type in the tracheo-bronchial epithelium (Rock et al., 2009), (bronchioalveolar stem cells (Lee et al., 2014) and type 2 alveolar cells (Barkauskas et al., 2013) in bronchi and alveoli respectively) maintains homeostasis in the normal epithelium (Rock et al., 2010)	KRT5 and KRT14 (Rock et al., 2010; Schamberger et al., 2015; Zuo et al., 2018), TP63 and NPPC (Vieira Braga et al., 2019b), TRP63 (Rock et al., 2010)	Notch (Morimoto et al., 2010; Tsao et al., 2009), Jag2 (Whitsett, 2018), EGF and VEGF pathways (Xu et al., 2016), p63 (Sheikh et al., 2004), IL-27/CXCL10 via PI3K-Akt* (Cao et al., 2012), α v β 6 integrin activation via TGF- β 1 signalling* (Branchett and Lloyd, 2019)	IPF (Jonsdottir et al., 2015), MUC2 expression in CF and COPD (Whitsett, 2018), basal cell hyperplasia (Voynow et al., 2005) associated COPD and CF (Rock et al., 2010)
Club (previously Clara)	Non-ciliated, bronchiolar secretory cell, characteristic apical dome shape with microvilli (Fraser, 2005)	Endogenous, stem cell/progenitor population (Fraser, 2005; Rawlins et al., 2009) Secrete mucins post-bronchiolar injury, give rise to alveolar type 1 & 2 cells during repair of the alveolar epithelium (Zheng et al., 2017)	SCGB1A1 (also called CC10, CC16, uteroglobin) (Fraser, 2005; Q. Liu et al., 2019; Schamberger et al., 2015), Muc5b (Zhu et al., 2008), (C16orf89, CLDN22, GNPAT1, UBL4A, CCDC68, EPSTI1, and OSBPL7) (Zuo et al., 2018)	IL-13/CCSP expression via an EGFR- and leukocyte-dependent pathways (Kim et al., 2002), IL-4 and/or IL-13 for allergen-induced mucus production (Kuperman et al., 2005)	Clara cells in pathologic states focus on pulmonary tumors (Singh and Katyal, 1997), squamous metaplasia in CF and COPD (Rock et al., 2010)
Functional Epithelium Phenomena					
Epithelial Barrier	Physical and immunological barrier to inhaled pathogens, composed namely of E-cadherin (lower-basally expressed), ZO-1 (apically expressed) (Nawijn et al., 2011)	Maintain apical-basal cell polarization, regulate EMT, cell proliferation, matter permeability, modulating the immune response to insult and injury <i>in vivo</i> (Nawijn et al., 2011), control paracellular transport pathways between adjacent cells (Wittekindt, 2017)	ZO-1 and claudin proteins (Wittekindt, 2017), Crumbs complex and partitioning defective complex (Fahy and Dickey, 2010)	TGF- β induced EMT (Shirakihara et al., 2011), MEK-Erk pathway (Shirakihara et al., 2011)	Asthma (Gon and Hashimoto, 2018b; Tsicopoulos et al., 2013; Xiao et al., 2011), COPD (Aghapour et al., 2018; Roche et al., 2020; Xiao et al., 2011)

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910

<p>Mucociliary Clearance (MCC) via Ciliary Beating</p>	<p>Planar motion of motile cilia, created by an ATP-consuming sliding filament mechanism (Beule, 2010), aided by cough clearance (Fahy and Dickey, 2010), average CBF of 10-20 Hz (Satir and Christensen, 2007), average MCC velocity 5.5mm/min (Klein et al., 2013)</p>	<p>Clearance of the 10–15 μm mucus layer coating ciliated, columnar epithelial cells of the respiratory mucosa (Beule, 2010)</p>	<p><i>See ciliated and goblet cells</i></p>	<p>Cholinergic, and adenosine-receptor agonists (Fahy and Dickey, 2010) β-adrenergic agonists and increased Ca²⁺, cAMP and cGMP (via PKA and PKB)(Salathe, 2007; Sears et al., 2015) purinergic pathways (P2X and P2Y receptors) (Davis and Lazarowski, 2008), pH (Salathe, 2007), PKC inhibits ciliary beating (Salathe, 2007)</p>	<p>CCNO-deficiency dependant defective ciliary mother centriole generation and placement (Wallmeier et al., 2014), PCD (Bustamante-Marin and Ostrowski, 2017), COPD (Bhowmik et al., 2008; Yaghi and Dolovich, 2016b)</p>
<p>* in airway epithelial cells, + in small airways, ACE2 - Angiotensin-converting enzyme 2, cAMP – Cyclic adenosine monophosphate, CBE1 - Ciliated Bronchial Epithelium 1, CBF – Ciliary beat frequency, CC- Club Cell Protein, CCNO - Cyclin O, CCsp - Club-cell secretory protein, CD - Cluster of differentiation , CEACAM - Carcinoembryonic antigen-related adhesion molecule, CF – Cystic Fibrosis, cGMP - Cyclic guanosine monophosphate, COPD – Chronic obstructory pulmonary disorder, CSF3 - Colony Stimulating Factor 3, CXCL10 - CXC motif chemokine 10, EGF - Epidermal growth factor, EGFR - Epidermal growth factor receptor, EMT - Epithelial-mesenchymal transition, ERK - Extracellular signal-regulated kinase, FoxJ1 - Forkhead box protein J1, HIV - Human immunodeficiency virus, IDO1 - Indoleamine 2,3-dioxygenase, IL – Interleukin, IPF - Idiopathic pulmonary fibrosis, JAG2 - Jagged Canonical Notch Ligand 2, Jak1 – Janus Kinase 1, KRT – Keratin, MUC - Mucin, NOS2 - Nitric Oxide Synthase 2, NPPC - Natriuretic peptide type C, PCD – Primary cilia dyskinesia, PI3K-AKT - Phosphatidylinositol 3-kinase/protein kinase B, PKA/PKB/PKC – Protein kinase A/B/C, SARS-CoV - Severe acute respiratory syndrome coronavirus, Sox2 - Sex determining region Y-box 2, STAT3 - Signal transducer and activator of transcription 3, TGF-β – Transforming growth factor β, TMPRSS2 - Transmembrane protease, serine 2, TP63 - Tumor Protein P63, Trp63 - Transformation related protein 63, VEGF - Vascular endothelial growth factor, ZO-1 - Zonula occludin 1.</p>					

911 **Table 1 | Functional Cellular Phenotypes of the Respiratory Epithelium:** Structure,
912 function, genetic expression profiles and associated pathophysiology of ciliated, goblet, basal
913 and club cell phenotypes, and of the respiratory epithelial barrier and functional mucociliary
914 clearance of the tracheobronchial respiratory epithelium.

<i>In Vitro</i> Lung Model Providers⁺	Technology/Platforms	Products/Services
Epithelix	Provider of cells, 3D transwell-based ALI tissues models and testing services	MucilAir™ - 3D Human Airway Epithelia (Chioccioli et al., 2019) SmallAir™ - 3D Human Small Airway Epithelia (Huang et al., 2017) OncoCilAir™ - Human 3D Lung Cancer Model (Benainous et al., 2017)
MatTek	<i>In vitro</i> tissues, primary human cells and culture ware	EpiAirway™ - model of the tracheobronchial epithelium (Czekala et al., 2019) EpiAlveolar™ - co-culture model alveolar epithelial and pulmonary endothelial and fibroblasts (Gusch et al., 2009)
Emulate	Human Emulation System comprised of proprietary Chip-S1 'stretchable' Organ-Chips	Alveolus Lung-chip (gaseous exchange of the alveolus)(Jain et al., 2018) Airway Lung-chip (small airways)(Henry et al., 2017)
AlveoliX	Organ-on-a-chip technologies	AlveoliX Lung-on-a-chip tissue model (Stucki et al., 2018)
ATCC®	Cell lines and <i>In vitro</i> model system	ATCC® CCL-185EMT™ Lung cancer model using ATCC A549 cell line (Thiery and Sleeman, 2006)
Mimetas	Microfluidic 3D cell culture plate - OrganoPlate®	OrganoTEER® - real-time epithelial barrier function OrganoPlate 2/3-lane® - multiple perfusion channel systems for co-cultures (Beaurivage et al., 2019; Petrosyan et al., 2019; Wevers et al., 2018) OrganoFlow® - rocker to maintain perfusion
TissUse	Multi-organ/Human-on-a-chip technology platform – Devices, Chips and Cells/accessories	Devices, Chips and Cells/Accessories Chip Design service using primary cells, iPSC stem cells etc (Ramme et al., 2019)
Insphero	Prequalified, assay-ready 3D models - 3D InSight™ Microtissue models	3D Liver, Islet & Tumour models (Boos et al., 2019) 3D InSight™ Services
Cn Bio Innovations	Lab-on-a-chip microphysiological systems - PhysioMimix™ OOC benchtop device	Lung-on-a-chip Transwell® model - Multi-MPS 12 (T12) Consumable Plate (Edington et al., 2018)

915 **Table 2 | Various commercial suppliers of *in vitro* lung models:** Examples of current
916 technology/platforms, products and services provided by commercial developers of *in vitro*
917 respiratory models. This table is intended to provide examples only (Mordor Intelligence,
918 2018). ⁺ The commercial entities listed may provide additional services to those listed above
919 and other commercial entities may provide products and services not included in this table.

Model Type	Applications in Drug Discovery	Advantage	Disadvantage	References
<i>In vivo</i> models	Pharmacokinetic studies ADME-Tox testing Drug dosage studies Drug delivery studies Disease modelling e.g. lung cancer, COPD, respiratory syncytial virus	Compatible with CRISPR/Cas9 genome editing e.g. CFTR knockout mice	Incompatible for HTS Physiological variations to human anatomy e.g. inspired-to-expired ratio during spontaneous breathing High cost	(Yuan et al., 2020)(Sakagami, 2006)(Tanner et al., 2019)(Hu et al., 2019) (Tanner and Single, 2020)(Altamirano-Lagos et al., 2019b)(Zuberi and Lutz, 2016)(Keiser and Engelhardt, 2011)(Perinel et al., 2017)
<i>Ex vivo</i> models	Intratracheal inhalation Pharmacokinetic modelling Drug absorption Disease modelling e.g. COPD and pathophysiology of lung carcinomas, asthma High-throughput toxicological screening	Standardised endpoints for IPL models e.g. alveolar fluid clearance, lung weight gain and pulmonary arterial pressure. PCLS models are compatible with siRNA knockdown in animals Functional endpoints e.g. live-cell imaging PCLS models are compatible with ECM-mimicking biomaterials	Largely incompatible for HTS toxicity screening Sporadic supply of healthy Large Donor-to-Donor variability Expensive method e.g. costs of organ transportation, dedicated experimental set-ups and support staff necessary for immediate analysis	(Sciuscio et al., 2019)(Alsafadi et al., 2020)(Sakagami, 2006)(Bosquillon et al., 2017)(Mathyssen et al., 2020)(Karekla et al., 2017)(Morin et al., 2005)(Watson et al., 2016)(Ross et al., 2019)(Ruigrok, 2019)(Akram et al., 2019)(Bailey et al., 2020)(Huang et al., 2011)
2D Cell-line <i>In vitro</i> models	Compound efficacy testing Toxicity testing Drug toxicity Mechanistic studies Disease modelling e.g. CF	Compliant with HTS Small time delay to generate data Cost-effective Low level of manual handling and manipulation required increases applicability for automation	Limited translatability in morphology, proliferation, functionality, metabolism and cytoskeletal organization to the native state Failure to express physiologically-relevant features e.g. BEAS-2B fail to express mucins and tight junctions Calu-3 cultures lack ZO-1 expression, functional motile cilia and an <i>in vitro</i> pseudostratified epithelium	(Felgenhauer et al., 2020)(Nikolić et al., 2018)(Van Acker et al., 2020)(Ong et al., 2013)(Hoffmann et al., 2020)(Gróf et al., 2020)(Langhans, 2018)(Prytherch and Berube, 2014)(Huang et al., 2011)

<p style="text-align: center;">3D</p> <p style="text-align: center;">Air-Liquid Interface</p> <p style="text-align: center;"><i>In vitro</i> models</p>	<p>Preclinical target validation and Lead optimisation research</p> <p>Preclinical compound efficacy screening of</p> <p>Disease modelling e.g. HIV infection, influenza virus, CF</p>	<p>Semi-automated endpoints e.g. TEER and immunofluorescent imaging</p> <p>Functional endpoints e.g. CBF</p> <p>Compatible with genome editing</p> <p>Compliant with use of patient-derived cells</p> <p>Automated, cultivation systems</p>	<p>Donor-to-donor variability</p> <p>Low compatibility for Tox screening</p> <p>Large time delay to generate data (3-6 weeks)</p> <p>Media dependant model variations</p> <p>Relative high cost compared to other in vitro methods</p> <p>Limited lifespan of HBECs</p>	<p>(Lacroix et al., 2018)(Awatade et al., 2018)(Porter et al., 2019)(Strulovici-Barel et al., 2019)(Wu et al., 2016)(Gianotti et al., 2018) (Pell et al., 2021)(Gsell et al., 2020)(Leung et al., 2020)(Rayner et al., 2019)(Aufderheide et al., 2016)(Rapiteanu et al., 2020)</p>
<p style="text-align: center;">3D</p> <p style="text-align: center;">Organoid</p> <p style="text-align: center;"><i>In vitro</i> models</p>	<p>High-throughput compound screening with patient-derived cells</p>	<p>Variable time delay to generate data e.g. 7-14 days for human adult stem cells and 22-50 days for human pluripotent stem cells</p> <p>Compatible with cryopreservation</p> <p>Availability of standardised and high-throughput culture protocols</p> <p>Compatible with multi-parametric analysis e.g. qPCR, IF imaging, scRNA-seq and metabolic assays</p>	<p>The application of CRISPR/Cas9 technology is yet to be fully realised in these models</p> <p>Dependent on use of Matrigel basement membrane, introducing small biological variability</p> <p>Missing tissue micro-environment, including immune component</p>	<p>(Kim et al., 2019)(Vaart and Clevers, 2021)(Nikolić and Rawlins, 2017) (Hild and Jaffe, 2016)(K Shi et al., 2020) (Boehnke et al., 2016)(Han et al., 2021)(Driehuis and Clevers, 2017).</p>
<p>Abbreviations: ADME-Tox - Absorption, Distribution, Metabolism, Excretion and Toxicity, ALI – Air-liquid interface, CBF – Ciliary beat frequency, CF – Cystic Fibrosis, HBECs – Human bronchial epithelial cells, hiPSCs – Human induced pluripotent stem cells, HIV - Human immunodeficiency virus, HTS – High-throughput screening, qPCR – Quantitative polymerase chain reaction, scRNA-seq - Single cell RNA-sequencing, TEER – Trans-epithelial electrical resistance.</p>				

921 **Table 3 | Summary of the current respiratory epithelium models for use in drug**
922 **discovery: The table presents a non-exhaustive comparison of the relative advantages and**
923 **disadvantages for models of the respiratory tract, generated from the primary literature**
924 **discussed in this review and referenced in the table.**

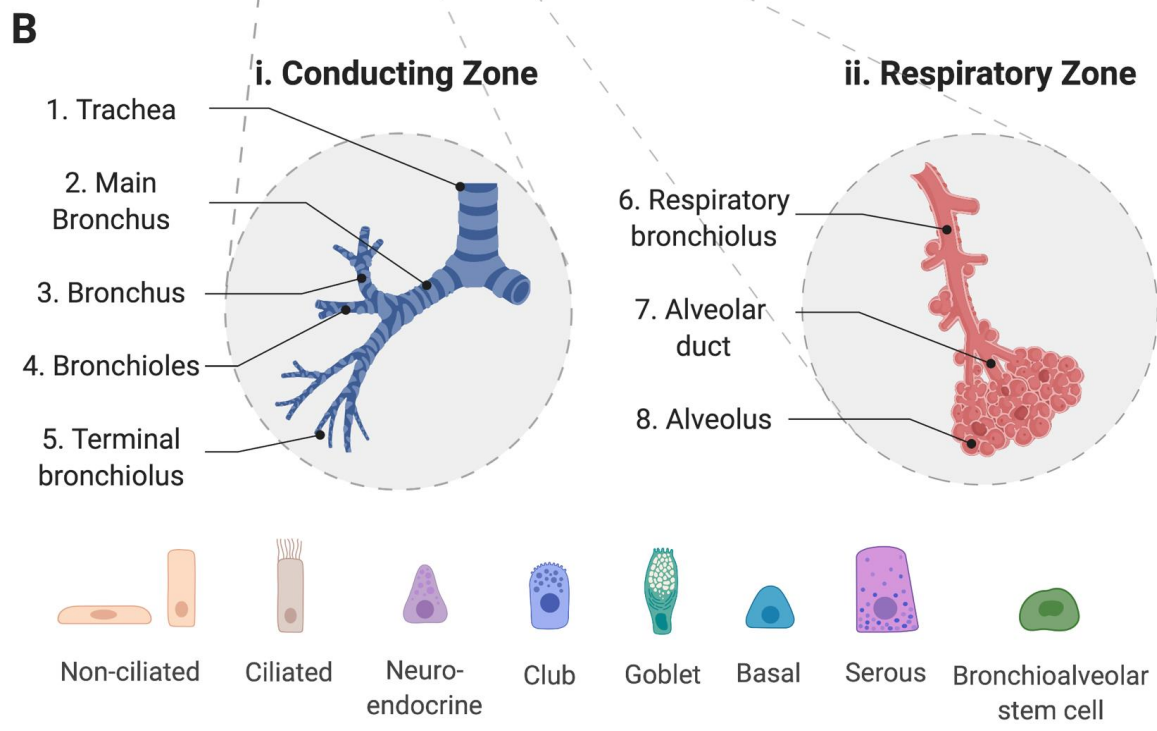
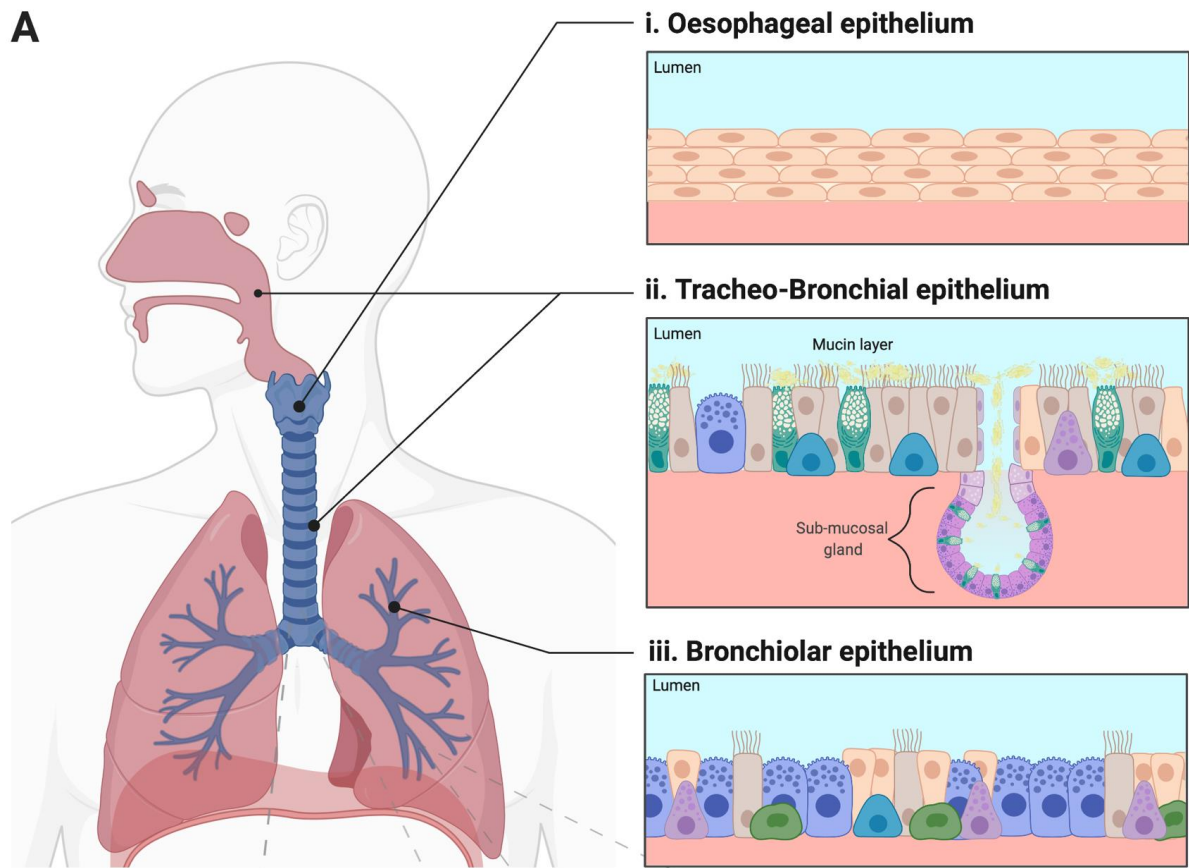
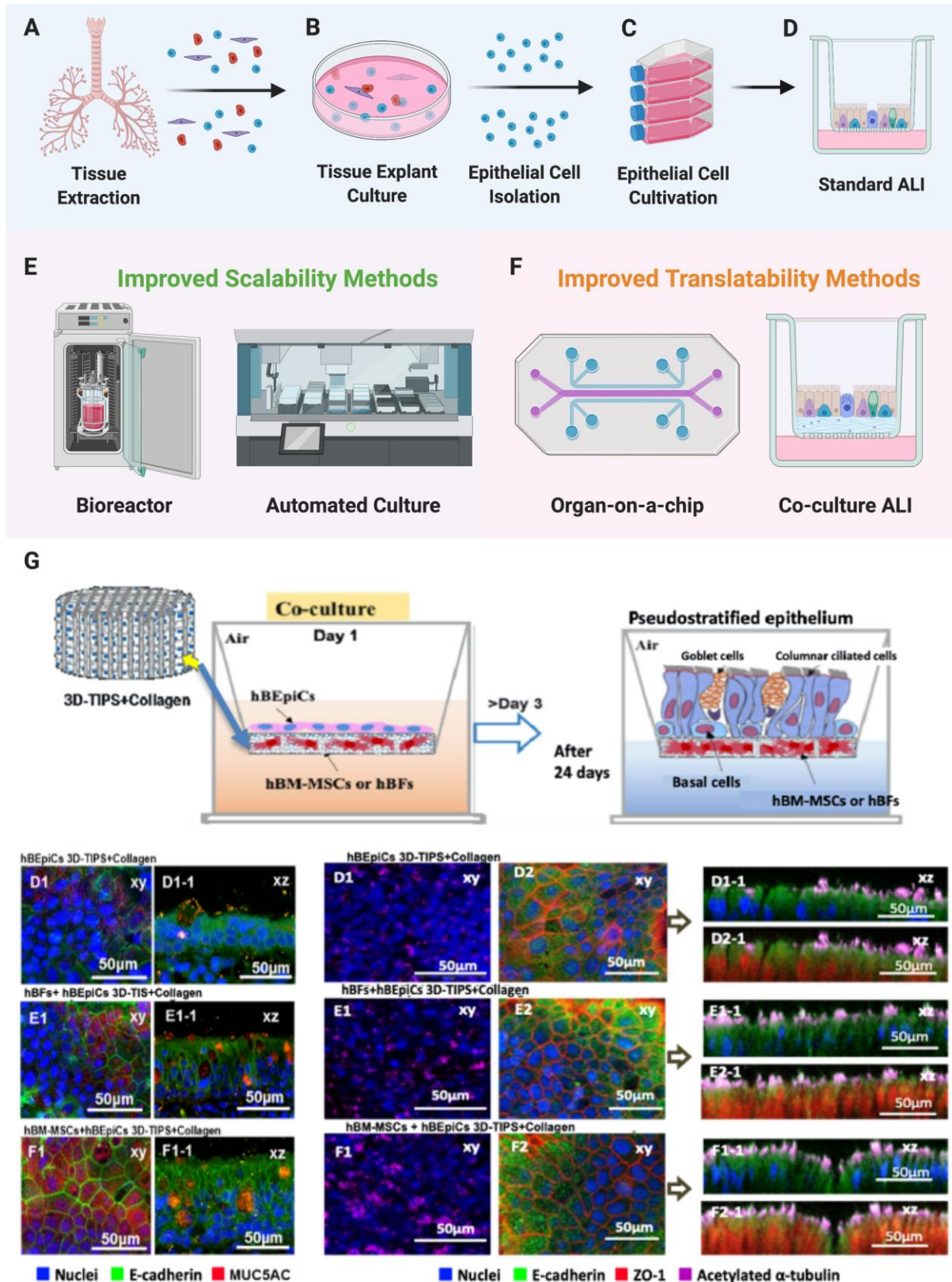


Figure 1 |. Illustration depicting gross human respiratory tract anatomy and relative cell densities present in various airway epithelia. (A) (i) The nonkeratinized stratified squamous

929 *oesophageal epithelium* serves a protective function, supported by the loose connective tissue
930 of the lamina propria (not shown). **(ii)** The pseudo-stratified ciliated, columnar epithelium of
931 the *nasal* and *tracheal* airways is made up of ciliated, goblet, basal, club cells, neuroendocrine
932 and serous cells, with seromucous glands extending into the mucosal space. **(iii)** A simple
933 cuboidal epithelium of the *bronchiolar epithelium* comprises of bronchoalveolar stem cells
934 and club cells, the predominant cell type in the simple cuboidal epithelium of the bronchiolar
935 epithelium. **(B) (i)** The *conducting zone* airways includes the nasal cavity, pharynx and the
936 larynx which houses the organs of the epiglottis, the vocal cords or voice box and glottis. The
937 larynx is continuous with the *trachea* which bifurcates into the lungs via the *main bronchi*,
938 which divide serially into conducting, terminal (or membranous) and respiratory (alveoli-
939 containing) *bronchioles*. **(ii)** The *respiratory zone* of the airways facilitates gaseous exchange
940 and begins with *respiratory bronchioles*. Each bronchiole gives rise to *alveolar ducts* and later
941 to alveolar sacs containing *alveoli*.



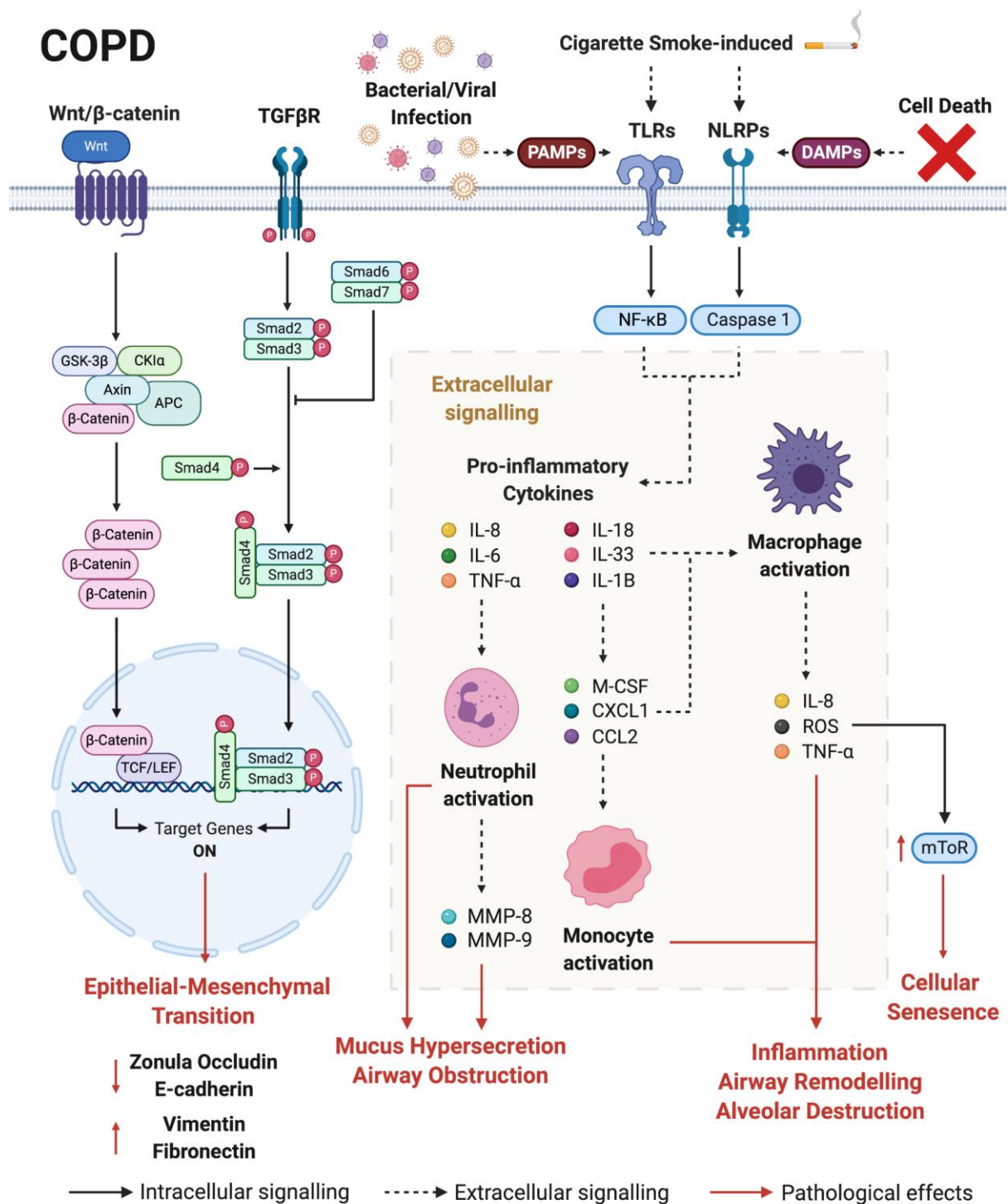
942

943 **Figure 2 | Overview of current 3D Air-liquid interface (ALI) culture protocols.** A generic

944 protocol is described from which significant differences may exist between commercial

945 vendors and current variations of respiratory air-liquid interface models. (A) Lung *tissue*

946 *extraction* is commonly acquired from post-mortem human cadavers. **(B)** Tissue *explant*
947 *culture* using standardised protocols allows for bronchial/tracheal *epithelial cell isolation*. **(C)**
948 Epithelial cell cultivation is often carried out to passage 1-2, with *epithelial cell expansion* at
949 passage 2-4 and subsequent ALI differentiation between passage 1-6. **(D)** *Standard ALI* refers
950 to the typical 3D ALI model widely adopted in preclinical studies. Advancements to increase
951 scalability by reducing the manual labour involved, and translatability by introducing multiple
952 native cell populations are shown in **(E)** and **(F)** respectively. **(G)** An example co-culture ALI
953 model is shown, adapted with permission from Wu et al, 2020. Here, a human lung fibroblast
954 (hBFs) and human bone-marrow derived stem cell (hBM-MSCs) co-culture with bronchial
955 epithelial cells (hBEpiCs), utilising a 3D-TIPS (thermally induced phase-separation) printed
956 soft elastomer scaffold, enabled enhanced epithelial barrier formation (increased ZO-1 and E-
957 cadherin staining shown in red and green respectively) and ciliation (increases acetylated
958 alpha-tubulin staining shown in purple) in matured epithelial tissue analogues.



Abbreviations: APC - Adenomatous polyposis coli, CCL - CC chemokine ligand, CK1a - Casein kinase Ia, COPD - Chronic obstructive pulmonary disease, CXCL - CXC chemokine ligand, DAMPs - Damage-associated molecular patterns, ECM - Extracellular matrix, G-CSF - Granulocyte colony-stimulating factor, GSK-3b - Glycogen synthase kinase, IL - Interleukin, M-CSF - Macrophage colony-stimulating factor, MMP - Matrix metalloproteinase, mTOR - Mechanistic target of rapamycin pathway, NF-κB - Nuclear factor-κB, NLR - Nucleotide-binding oligomerization domain like receptor, NLRP - Nucleotide-binding oligomerization domain, Leucine rich Repeat and Pyrin domain containing proteins, PAMPs - Pathogen-associated molecular patterns, PRR - Pattern recognition receptor, ROS - Reactive oxygen species, TCF/LEF - T-cell factor/lymphoid enhancer factor, TGF-βR - Transforming growth factor-β receptor, TLRs - Toll-like receptors, TNF-α - Tumor necrosis factor-α, TSLP - Thymic stromal lymphopoietin, Wnt - Wingless-related integration site.

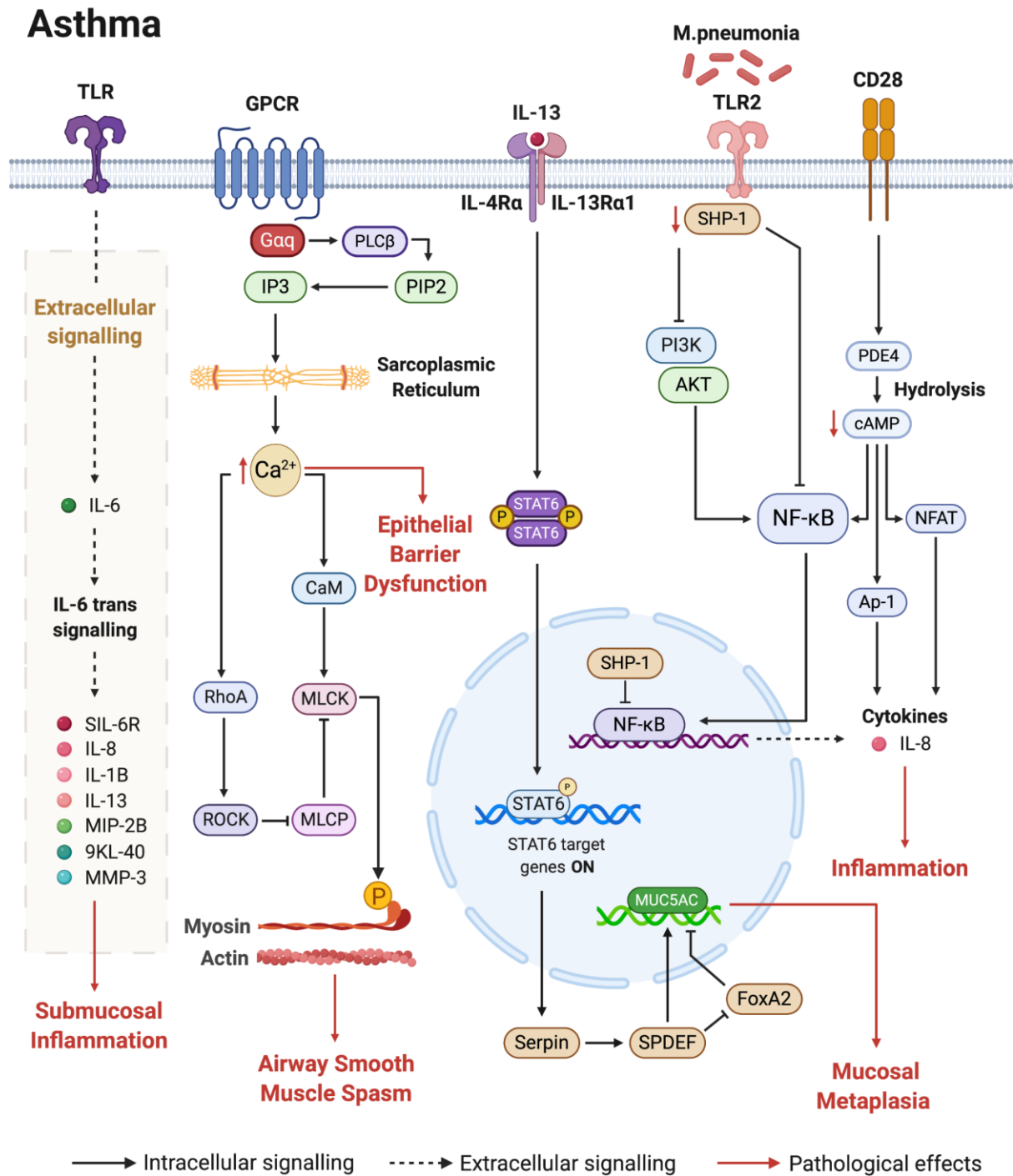
959

960 **Figure 3 | Illustration depicting the multifaceted signalling mechanisms of the respiratory**

961 **epithelium in COPD.** TGFβR activation leads to SMAD2/3-SMAD4 complex translocation

962 into the nucleus, while Wnt receptor activation leads to β-catenin translocation into the nucleus

963 of epithelial cells. These pathways cooperatively induce transcriptional changes leading to
964 EMT in bronchial epithelial. Activation of PRRs, namely NLRPs and TLRs in COPD leads to
965 prolonged, inflammatory responses. PRRs are activated by DAMPs released after tissue injury,
966 while TLRs interact with PAMPs. Their activation leads to the production of inflammatory
967 cytokines IL-1 β , IL-33, and IL-18, and subsequent increases in TNF- α , IL-6 and IL-8.
968 Activation of TLRs directly produces IL-8 via the NF- κ B pathway. IL-1 β induces the release
969 of M-CSF which potentiates chronic inflammatory disease via induction of monocytes. The
970 proinflammatory cytokines IL-1 β , IL-8 and IL-18 activate neutrophils and macrophages.
971 Cigarette-smoke induced activation of TLRs leads to ROS production via macrophage activity,
972 which produces a plethora of effects in bronchial epithelial cells including, but not limited to,
973 remodelling of the ECM, cell apoptosis, altered mitochondrial respiration, causing both direct
974 and indirect epithelial injury. Pathway data was adapted from the relevant literature and
975 generated utilising *in vitro* respiratory models (Baarsma and Königshoff, 2017; Barnes et al.,
976 2003; Chung and Adcock, 2008; De Rose et al., 2018; Eapen et al., 2019; Hikichi et al., 2019;
977 Mortaz et al., 2011).



Abbreviations: AKT - Protein kinase B, AP-1 - Activator protein 1, Ca²⁺ - Calcium, CaM - Calmodulin, cAMP - Cyclic adenosine monophosphate, CD - Cluster of Differentiation, GαQ - Gq protein alpha subunit, GPCR - G protein-coupled receptor, IL - Interleukin, IP₃ - Inositol 1,4,5-Triphosphate, KCl - Potassium chloride, MIP-2B - Macrophage inflammatory protein-2-beta, MLCK - Myosin light chain kinase, MLCP - Myosin light chain phosphatase, MMP - Matrix metalloproteinase, MUC5AC - Mucin 5AC, NFAT - Nuclear factor of activated T cells, PDE4 - Phosphodiesterase-4, PI3K - Phosphoinositide 3-kinase, PIP₂ - Phosphatidylinositol 4,5-bisphosphate, PLCβ - Phospholipase C beta, RhoA - Ras Homolog Family Member A, ROCK - Rho-associated coiled-coil protein kinase, SHP-1 - Src homology 2 domain-containing protein tyrosine phosphatase 1, SPDEF - SAM pointed domain containing ETS transcription factor, STAT6 - Signal transducer and activator of transcription 6, TLR - Toll-like receptor, YKL-40 - Chitinase 3-like protein 1.

978

979 **Figure 4 | Illustration depicting the core signalling mechanisms involved in the asthmatic**

980 **respiratory epithelium.** In a novel subset of asthmatic patients, TLR-mediated increase in

981 epithelial IL-6 trans signalling leads to increased submucosal inflammation. Activation of Gαq,

982 subsequently activates PLC β and enables IP3 binding to the sarcoplasmic reticulum to increase
983 intracellular calcium. Calcium initiates myosin phosphorylation via CaM activation.
984 Subsequently, MLCK phosphorylation and disinhibition of MLCP causes airway smooth
985 muscle spasm in the asthmatic airway. Activation of the IL-13 receptor in airway mucous
986 progenitors phosphorylates STAT6 which subsequently translocates into the nucleus to
987 activate STAT6-gene promoters. The subsequent downstream processes include a SERPIN-
988 mediated activation of the transcription factor SPDEF, activating mucosal cell differentiation
989 directly or via the disinhibition of FOXA2, leading to bronchial airway mucosal metaplasia.
990 *M. pneumoniae*-activated TLR2 signalling in asthmatic patients fails to recruit SHP-1, which
991 normally inhibits NF- κ B function, therefore increasing NF- κ B activity alongside increased
992 PI3K/Akt signalling and contributes to excessive IL-8 production. Similarly, CD28 receptor
993 activation induces PDE4, which hydrolyses cAMP and increases AP-1, NFAT and NF- κ B
994 activity serving to increase proinflammatory cytokine production. Pathway data was adapted
995 from the relevant literature and generated utilising *in vitro* respiratory models (Athari, 2019;
996 Erle and Sheppard, 2014; Heijink et al., 2020; Jevnikar et al., 2019; Wang et al., 2012).

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2199 The authors declare that they have no known competing financial interests or personal
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