

1 Title: **Staging childhood cancers in Europe: application of the Toronto stage principles for**
2 **neuroblastoma and Wilms tumour. The JARC pilot study.**

3 Short title: **Toronto stage principles for childhood cancers**

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22 **List of abbreviation:**

CC	Childhood cancer
COG	Children's Oncology Group
CRs	Population-based cancer registries
ENCR	European Network of Cancer Registries
EoD	Extent of disease
IDREFs	Image defined risk factors
INRG	International Neuroblastoma Risk Group
INT	Fondazione IRCCS 'Istituto Nazionale dei Tumori'
JARC	European Joint Action on Rare Cancers
NB	Neuroblastoma
NWTSG	National Wilms' Tumor Study Group
SIOP	International Society of Paediatric Oncology
SIOPEN	European society of paediatric oncology neuroblastoma
TG	Toronto consensus principles and guidelines
WT	Wilms tumours

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24 **Article category:** Research article

25 **Key words:** neuroblastoma; Wilms tumours; stage at diagnosis; population cancer registries; survival; Europe.

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31 **Abstract**

32 Background

33 The "Toronto consensus principles and guidelines" (TG) provided paediatric-specific staging system affordable by
34 population-based cancer registries (CRs). Within the European Rare Cancers Joint Action, a pilot study of the
35 application of TG for childhood cancer (CC) was conducted to: test the ability of CRs to reconstruct stage, describe
36 stage across countries and assess survival by stage.

37 Procedure

38 Twenty-five CRs representing 15 countries contributed data on a representative sample of patients with neuroblastoma
39 (NB) and Wilms tumours (WT) <15 years, diagnosed between 2000 to 2016. Outcome was calculated by Kaplan Meier
40 method and by Cox regression model.

41 Results

42 Stage was reconstructed for 95% of cases. Around half of the children had localised or loco-regional disease at
43 diagnosis. The proportion of metastatic cases was 38% for NB and 13% for WT. Three-year survival was >90% for loco-
44 regional cases both of NB and WT, 58% for NB M-stage and 77% for WT stage-IV. Older age was associated with more
45 advanced stage.

46 Conclusions

47 European CRs were able to reconstruct stage according to the TG. Stage should be included in the routine collection of
48 variables. Stage information had clear prognostic value and should be used to investigate survival variations between
49 countries or over time.

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54 **Background**

55 The most recent EURO CARE study showed that 5-year survival for all CC combined is increasing in Europe[1]. Despite
56 these improvements, survival disparities persist between European countries and regions: from 70% in Eastern Europe

57 to 81% in Northern Europe. One of the reasons that may explain survival differences between countries and over time
58 could be differences in tumour stage at presentation [2], an information difficult to collect, as most population-based
59 cancer registries (CRs) use TNM staging systems, which are not applicable to the majority of CC [2]. A standardised
60 way to assign tumour stage, that takes account of the special characteristics of cancer in childhood and can be used for
61 complete collection of this variable by CRs, is crucial for comparison and interpretation of survival differences.

62 Recently, the “Toronto consensus principles and guidelines” (TG) provided recommendations on which paediatric-
63 specific staging systems should be adopted by CRs for each of the major childhood malignancies [3].

64 Within the European Joint Action on Rare Cancers (JARC) [4], we conducted a pilot study to test the use of the TG by
65 CRs and to undertake analysis of survival by tumour stage in the two commonest extra-cranial childhood solid tumours,
66 namely neuroblastoma (NB) and Wilms tumour (WT). The aims of this study were:

- 67 • To involve European CRs in applying the TG to a defined set of incident cases;
- 68 • To describe the distribution of stage at diagnosis by country and overall survival by stage;
- 69 • To describe the data sources used, the resources required and any barriers to obtaining the clinical data
70 needed to assign the TG;
- 71 • To enable a future international benchmarking study of survival by stage to be conducted.

72 The experience and learning gained during the pilot study are expected to support wider adoption of the TG for future
73 international comparative incidence and outcome studies between CRs.

74 75 **Methods**

76 We asked registries to provide information on stage for at least 10 consecutive cases each of NB and WT. For the larger
77 registries, with more than 10 cases/year of each tumour type, we required all cases incident in the most recent and
78 complete year of incidence. Smaller registries had to include all the cases diagnosed in a sufficient number of years, to
79 achieve the required minimum cases. Depending on the size of the population covered and the tumours rarity, some
80 registries included cases back to the early 2000s. Registries contributing data were described in Table 1. All cases

81 incident in the relevant time period for each registry was included with the exception of cases defined of the basis of
82 death certificate only.

83 A protocol with the variables to be collected was agreed upon with the CRs. Variables required were age, sex, codes of
84 topography and morphology [5], imaging and examinations considered for defining the stage at diagnosis, TG stage
85 (Supplementary material:Table S1) [3], follow-up for vital status and date of death/last contact. The registries were also
86 asked to report sources used for assigning stage e.g. clinical records, pathology reports, administrative files. CRs had to
87 be assigned tumour stage at diagnosis for NB and after surgery for WT. For the latter it was required to assign the prefix
88 'y' in case of neoadjuvant chemotherapy. Exception was WT in stage M. The staging manual for registry staff, was
89 made available by the Australian CR [6] and was used by all the participants along with the agreed study protocol. The
90 TG include a nested two-tiered level system to define stage [3,6]: Tier 2 staging systems are more detailed and intended
91 for use in high resource settings. Tier 1 system is based on collapsing Tier 2 system categories to preserve
92 comparability across registries, The full details of Tier 1 and Tier 2 staging criteria for each cancer type are available
93 elsewhere [3,6]. This study invited use of Tier 2, however if this were not possible, Tier 1 could be adopted. Those
94 responsible for the data collection were physicians or paediatricians or registrars together with clinicians. A central 'help
95 desk' for discussing possible problems and answering specific questions was provided at the Fondazione IRCCS
96 'Istituto Nazionale dei Tumori' (INT), however, the helpline was never utilised, because CRs were assisted by physicians
97 or paediatric oncologists. Revision of the staging data, asked to registries with a low proportion of NB with stage M and
98 a low proportion of WT in localised stage, confirmed the staging. Cases were provided by CRs as individual record form.
99 For all cases, we requested the most recent follow-up information for survival. However, they had to assure at least
100 three years of follow-up.

101 Descriptive analyses of proportions of NB and WT cases by stage for each country and overall by age were performed.
102 Due to the small number of cases, countries were anonymized in Figure 1 to avoid improper formal comparisons.
103 Overall survival was estimated using Kaplan Meier method. Log rank test was used to identify significant differences in
104 survival between stages. In the survival analyses, cases from Hungary and Portugal CRs (both cancers) and Germany
105 (NB only) were excluded because they could not assure three years of follow-up. Multivariable Cox regression were
106 carried out to estimate relative risk of death by age, sex, and stage, also including country as an adjustment variable.

95% confidence intervals were shown for single variable levels, while likelihood ratio test was used to evaluate the global significance of the included variables.

Results

Twenty-five CRs from fifteen countries contributed data. Overall, 621 NB and 494 WT were included in the analysis. Table 1 shows the distribution of cases by country together with the period of incidence (year of diagnosis) and the corresponding follow-up. Five countries, two regionally covered (Italy and Spain) and three paediatric (specialized) and national (France, Germany and Greece) contributed > 100 cases, each. The other registries provided a number of cases ranging between 20 (Denmark) and 34 (Belgium). For 3% of NB and 8% of WT cases CRs could not assign the stage, because no access to the medical record of the main hospitalization. Registries were able to define stage according to the most detailed Tier 2. Exceptions were the German CR which used Tier 1 stage for NB, and 5 NB and 8 WT cases scattered in other 5 registries.

Source of data

Data sources used to assign stage were clinical records, administrative files, pathological reports and clinical study data bases. Table 2 shows how much the specific sources of data were used by tumour type. Except for Germany that used the Clinical trial/study report for staging the tumours, both clinical records and pathological reports were used to define stage in almost all the other NB patients and about 50% of the WT patients. Moreover for WT 17% of the cases were staged using only pathological report.

The assignment of stage was undertaken by paediatricians, medical doctors or registrars in cooperation with clinicians. Revision of the staging data was asked only from those registries with a low proportion of NB with stage M and WT in localised stage. The revision confirmed the staging.

Neuroblastoma.

CRs were able to assign stage in 604/621 (97%) of cases. About half 300/621 (49%) of children were diagnosed with localised (L1) or regional disease (L2/locoregional) (Table 3). However, the proportion of metastatic tumour, stage M, was relatively high (38%), with a further 11% diagnosed with metastatic disease in the first 18 months of life (infants) [6],

132 categorised as stage MS. Figure 1A shows the geographical variability of the distribution of stage. Stage M accounted
133 for the highest proportion of cases (ranging from 36% to 64%) in all countries, except for four countries.

134 Infants were more likely to be diagnosed at L1 (36%) or L2 (24%) stages. The disease was more aggressive in older
135 children: more than half of them diagnosed at stage M (Table 4).

136 Three-year survival, based on all 459 cases, was the highest for stage L1-2 (99% and 92%, respectively), followed by
137 stage MS (84%) and M (58%). In all stages, infants had the highest 3-year survival (from 100% in L1 to 70% in M).
138 Children aged >18 months with stage M had the lowest survival rate (53% and 56%).

139 There were significant differences in survival between stages L1 vs L2 and MS vs M, but not between L2 and MS (log
140 rank $p=0.28$) (Table 4).

141 The Cox analysis (Table 5) showed a significant and strong increase of the adjusted risk of dying for stage L2, MS and
142 M, with respect to stage L1. Children aged >18 months had a two-fold increased risk of dying compared to those aged
143 0-18 months.

144

145 Wilms tumours

146 In this study as in Europe, children with WT are mainly treated (78%) according to the International Society of Paediatric
147 Oncology (SIOP) Renal Tumour Study Group protocols that use preoperative chemotherapy for a number of weeks prior
148 to nephrectomy, with local (abdominal) tumour stage assigned on the surgical specimen [7]. In this situation, the local
149 stage is pre-fixed with 'y'. Some centres routinely use the alternative treatment approach that is standard in North
150 America, of upfront nephrectomy with staging of a "chemo-naïve" tumour specimen [7]. Only 18% of patients in this
151 study received immediate nephrectomy, 4% had no information on the treatment approach followed, for most of them
152 stage was also missing.

153 The majority (79%) of children were diagnosed with localised tumours: 40% with stage I/yI, 21% with stage II/yII and
154 19% with stage III/yIII (Table 3). Sixty-one percent of infants, here defined as aged <1 year, were diagnosed with Stage
155 I/yI and remarkably there were only 2 cases with metastases at presentation. Children aged 5-14 had the highest
156 proportion of metastatic disease (stage IV) (24%). In nearly all countries, stage I/yI was the most common stage,
157 ranging between 60% and 24% (Figure 1b). Three-year overall survival was favourable, at 93% for the overall
158 population and varying by stage between 97% (stage I/yI) to 77% (stage IV).

159 There were significant differences in survival between stages, except I/yl vs II/yII (Table 4).
160 The adjusted risk of dying (Table 5) increased by the extent of disease: III/yIII and IV by 7 and 18 times versus stage I/yl
161 ($p < 0.0001$).
162

163 Discussion

164 This is the first population-based study describing the feasibility of assigning stage according to the TG for two
165 paediatric solid cancers in several European countries. Information on tumour stage in children with WT and NB was
166 assigned in accordance with the guidelines in almost all the cases and collected from European registries. In only 5% of
167 cases, it was not possible to assign tumour stage with the information accessible to the CR. Almost half of NB and 79%
168 of WT cases presented with localised stage at diagnosis and nearly half children with NB and slightly more than 10%
169 with WT were diagnosed with distant metastases. Three-year survival in the study sample was 93% for WT and 80% for
170 NB. Toronto stage was highly predictive of survival: 3-year survival varied significantly between 99% (L1), 92% (L2) and
171 58% (M) for NB and from locoregional (I/yl+II/yII+III/yIII) 96% and 77% (IV) for WT.

172 In the literature, there are few population-based studies illustrating survival by stage for CC, and, to our knowledge,
173 none addressing geographical differences in the distribution. Studies conducted by paediatric or non-specialized CRs
174 using different types of stage (extent of disease, TNM, Evans stage, INSS) reported a proportion of missing from 0 to
175 36% [8-15]. Compared to the Australian experience [16] which applied the TG for the registration of stage in the national
176 paediatric registry, we found for NB a similar proportion of L1 (27% vs 26%) and a lower proportion of stage M (38% vs
177 51%) (see Table 3). For WT, we showed an earlier stage distribution (more Stage I and less Stage III) in the European
178 than the Australian study (stage I/yl 40% vs 29% and stage III/yIII 19% vs 31%). In the Australian study, 51% of children
179 received preoperative chemotherapy (vs 78% of our study) [16]. Five-year survival for the Australian children with NB
180 was 98% in L1, 87% in L2, 60% in M stages [16], and 76% overall close to the 3-year survival in our study (80%, see
181 Table 3). For WT, 5-year survival was very good for stages I/yl to II/yII and for all stages combined, all over 91% [16],
182 similar to 3-year survival in our study (93%, see Table 4). Survival for stage IV was higher in Australia (83%) [16] than in
183 our study (77%) .

184 We found a fair heterogeneity in the distribution of stage across countries for both NB and WT which may partly be
185 explained by differences in the distribution of age at the time of diagnosis. Infants with NB and WT arrived at earlier

186 stage at diagnosis, see Table 2. The proportions of infants with NB in the four countries with lower proportion of M, was
187 slightly over the overall proportion of infants in the study (52%). For WT there was no difference in the proportion of
188 cases diagnosed as infants across countries. However, the small sample size of this pilot study allows to put in evidence
189 some heterogeneity in stage attribution, but not to interpret differences between single countries.

190
191 In most registries, stage was recorded thanks to informative sources and competent staff. Nevertheless, in some cases
192 it was required to review stage: 4 CRs with relatively low proportion of stage M and 1 CR with none case diagnosed in
193 L2 Stage in NB. Cases were all queried and re-confirmed with the CRs - one CR explained that the absence of L2
194 suggested the possibility that some L1 cases might have been L2, because the invasion of vital structures was not easy
195 to detect from the clinical records which lacked of some definitive imaging.

196 Our population-based survival values are lower than those reported in the literature by clinical trial/studies [17-24]. This
197 is expected, since clinical studies are always carried out in a controlled setting and in specialized centres and aim to
198 provide the highest outcome achievable and evaluate the efficacy of a treatment protocol. Furthermore, one cannot
199 exclude the selective inclusion of cases, based on a set of clinical criteria.

200 Population-based studies provide instead the overall survival in a defined population and therefore evaluate the efficacy
201 of the regional health programmes.

202 In a review [17], based on 3,600 children with WT registered in the SIOP 2001 trial, 5-year survival across stages I-III
203 ranged between 98% and 90% and it was 82% for stage IV (Table S2). However, infants, patients with bilateral tumours
204 and patients that could not adhere to the protocol were excluded from the analysis. The most important prognostic
205 factors for recurrence leading to reduced survival were the histology risk group (blastemal type remaining after
206 chemotherapy or diffuse anaplasia) and advanced tumour stage (III & IV). In the SIOP WT database 14% of cases, of all
207 stages, were in this high risk histology group. Five-year survival for those in stage IV was 35%, while for those in low or
208 intermediate risk were 94% and 89%. The SIOP WT database shows almost the same distribution by stage as our study
209 (Table S2).

210 From the European society of paediatric oncology neuroblastoma (SIOPEN) , 661 NB cases analysed by the
211 International Neuroblastoma Risk Group (INRG) , 5-year overall survival was 96% for patients diagnosed at INRGSS
212 stage L1 and 89% for stage L2, outcome and the distribution by L1 and L2 were similar to our study in which the

213 locoregional cases were defined according to the 'surgical risk factors' [18]. In the study by Kholer at al., 5-year survival
214 in unresectable localised NB with non-amplified MYCN was 87.5%, even better for younger children and favourable
215 histology [19]. In Infants [20,21] with amplified MYCN from stage 2-4, 2-year survival was 30%, while in infants with non-
216 amplified MYCN and with stage M and MS was >90%. Children with localised resectable tumours, age <18 months was
217 more common and other prognostic variables as the urine tests (HVA, VMA), DNA index, serum LDH were not altered
218 or favourable in a high percentages of the children in the study. From clinical studies we know that patients are stratified
219 by risk factors, at least by age, stage, resectability, MYCN and histopatological features and that age and stage are
220 related to the other prognostic factors. Actually, they are determinant for the choice of the treatment protocol [22-24].
221 One merit of our study is that we increased the awareness and dissemination of the TG in stage recording for paediatric
222 cancers in several European CRs. To encourage the routine collection of stage according to TG by the CRs, it is
223 necessary to get the endorsement of their respective International and National associations. Both the International
224 Association of Cancer Registries (IACR)
225 [http://www.iacr.com.fr/index.php?option=com_content&view=article&id=153&Itemid=657] and the European Network of
226 Cancer Registries (ENCR) [<https://encr.eu/news/encr-endorsement-toronto-childhood-cancer-stage-guidelines>] are
227 promoting the collection of stage for all cancer cases, including paediatric cancers with the TG. The ENCR will ask
228 stage for childhood cancers according to the TG in their next call for data [<https://encr.eu/call-for-data>]. Furthermore, the
229 ENCR training courses now include the Toronto Staging Guidelines in the programme [[https://encr.eu/news/encr-jrc-](https://encr.eu/news/encr-jrc-training-material-coding-cancer-available-now-encr-website)
230 [training-material-coding-cancer-available-now-encr-website](https://encr.eu/news/encr-jrc-training-material-coding-cancer-available-now-encr-website)]. To collect stage at diagnosis for cancer cases is now more
231 feasible thanks to the increase of sources linkage for CRs. A new project 'International Benchmarking of Childhood
232 Cancer Survival by Stage' is starting to promote the collection of childhood cancer stage in Europe
233 [[https://www.childrenwithcancer.org.uk/childhood-cancer-info/we-fund-research/projects-we-fund/understanding-why-](https://www.childrenwithcancer.org.uk/childhood-cancer-info/we-fund-research/projects-we-fund/understanding-why-childhood-cancer-survival-varies-between-countries/)
234 [childhood-cancer-survival-varies-between-countries/](https://www.childrenwithcancer.org.uk/childhood-cancer-info/we-fund-research/projects-we-fund/understanding-why-childhood-cancer-survival-varies-between-countries/)] for the major solid paediatric tumours in order to promote its
235 routinery collection. The study will then verify the applicability of TC in other continents like Japan, Canada, Brazil and
236 US CRs which accepted to participate together with an higher number of the European CRs. Also, the project will
237 promote the linkage with key national clinical/hospital database in collaboration with SIOPE and National specific
238 societies.

239 SIOPE has endorsed and is encouraging the active joint work of CRs and clinical registries to improve data quality and
240 completeness with more clinical information on first line therapy and relapse [25].

241 The major achievement of our work is having demonstrated that TG can be applied in a regular and precise way in the
242 registration of paediatric cancers, fostering and facilitating collaboration between international and national paediatric
243 and registries cancer societies/associations. Wide adoption of these guidelines in registries will ease international
244 comparative incidence and outcome studies. Finally, the adoption of the TG by the majority of registries will definitely
245 improve the interpretation of survival data and help find the more appropriate solutions for improving the outcome of
246 childhood cancers.

247

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250 **Conflict of interest statement**

251 The authors declared no conflicts of interest.

252

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258 **Data availability statement**

259 Grouped data are available from the corresponding author

260

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345 **Figure Legend:**

346 Figure 1: Neuroblastoma (A) and Wilms tumours (B) by Toronto stage by European country (indicated by letter)

