

## Psychometric validation of the European Organization for Research and Treatment of Cancer – Quality of Life Questionnaire Sexual Health (EORTC QLQ-SH22)

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## **Abstract**

**Background:** The European Organization for Research and Treatment of Cancer (EORTC) Quality of Life Group developed a questionnaire to assess sexual health in cancer patients and cancer survivors. This study evaluates the psychometric properties of the questionnaire.

**Methods:** The 22-item EORTC sexual health questionnaire (EORTC QLQ-SH22) was administered with the EORTC QLQ-C30 to 444 cancer patients. The hypothesized scale structure, reliability, and validity were evaluated through standardized psychometric procedures.

**Results:** The cross-cultural field study showed, that the majority of patients (94.7%) were able to complete the QLQ-SH22 in less than 20 minutes, 89% of the study participants did not need any help to fill in the questionnaire. Multi-item multi-trait scaling analysis confirmed the hypothesized scale structure with two multi-item scales (sexual satisfaction, sexual pain) and 11 single items (including five conditional items and four gender-specific items). The internal consistency yielded acceptable Cronbach's alpha coefficients (0.90 for the sexual satisfaction scale, 0.80 for the sexual pain scale). The test-retest correlations (Pearson's  $r$ ) ranged from 0.70 to 0.93 except for the scale communication with professionals (0.67) and male body image (0.69). The QLQ-SH22 discriminates well between subgroups of patients differing in terms of their performance and treatment status.

**Conclusion:** The study supports the reliability, the content, and construct validity of the QLQ-SH22. The newly developed questionnaire is clinically applicable to assess sexual health of cancer patients at different treatment stages and during survivorship for clinical trials and for clinical practice.

**Keywords:** Sexual health, quality of life, cancer, questionnaire development, EORTC, cross-cultural validation, psychometric properties

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## **Introduction**

Cancer and related treatments can impair sexual function and body image (1). Sexual problems such as sexual unattractiveness, alterations to the patient's sexual self-conception, or reproductive concerns can develop across the entire disease and treatment trajectory and persist in the survivorship period (2,3). Common sexual problems are a lack of sexual desire, problems achieving an erection in men (4), and painful intercourse in women (5). More than 50% of patients with pelvic related cancers (2,6–9) and 25–30% with other cancer sites report sexual problems following cancer treatment (10–12). Despite the prevalence of up to 85%, sexual problems are often not identified during routine clinic appointments (13). The ASCO Clinical Practice and Adaptation of the Cancer Care Ontario Guideline, suggested to address and manage sexual problems in cancer patients during and after treatment (14). At the first Survivorship Summit, the European Organization for Research and Treatment of Cancer (EORTC) recommended to develop an instrument for assessing sexual health (SH) specific to cancer patients and cancer survivors (10).

The EORTC Quality of Life Group (QLG) followed this recommendation and developed a multifaceted SH measure. There are numerous tools for assessing sexual functioning but well-validated measures are lacking (15). Most questionnaires have limited multicultural applicability and were initially developed as screening and outcome measures limited to sexual functioning (16–18). However, SH is a much broader concept comprising a psychosexual and socio-behavioral component (19). This view corresponds to the World Health Organization (WHO) definition of SH as a state of physical, emotional, mental, and social well-being related to sexuality (20,21). Based on this broad definition the EORTC QLG developed a multidimensional questionnaire suitable for all cancer sites. The objective of this study was to evaluate the psychometric properties of the EORTC Quality of Life Questionnaire – Sexual Health (QLQ-SH22).

## **Methods**

This study was conducted according to the EORTC QLG guidelines for developing questionnaires including a four-phase methodology (22). This process include: the generation of issues related to the specific population (phase 1); the transformation of issues into a provisional questionnaire (phase 2); pretesting the preliminary questionnaire for relevance and acceptability (phase 3). Phases 1-3 have been published elsewhere (23). In phase 4, the hypothesized scale structure was tested in an international validation study.

Patient eligibility criteria were histological confirmed diagnoses of cancer, any tumor site and stage during and after treatment, no cognitive impairment, and 18 years of age or above. Study participants were recruited from 18 collaborating institutions in 13 countries across Europe and Taiwan. Eligible patients were invited to participate in accordance with the ethical and governance requirements of each center. The Ethical Committee of the Medical University of Graz, Austria was responsible for the Principle Investigator's application and approved the study protocol according to the national requirements. Written informed consent was requested in all countries. The study sample included a consecutive series of cancer patients and survivors allocated into four groups. The study design is shown in table 1.

Table 1

Data of all patients (Groups A-D) were used to evaluate the scale structure, internal consistency, convergent and discriminant validity. For clinical validity Groups A, B, and C were compared. Test-retest analyses were performed in a subsample of patients (Group D). Patients in Groups A, B, and D had two assessment points whereas patients in Group C had only one assessment. The EORTC QLQ-C30 and the QLQ-SH22 were administered during an inpatient stay or during a follow-up visit. Patient demographic and clinical data were recorded using standardized case report forms. A debriefing form surveyed the time to complete the QLQ-SH22, the need for help completing the questionnaire and whether the items were difficult to understand, confusing or upsetting. Reasons for non-completion were noted on a missing questionnaire form.

### ***Measurements***

The EORTC QLQ-C30 (version 3.0) consists of five functional scales (physical, role, emotional, social, and cognitive functioning), three symptom scales (fatigue, nausea/vomiting and pain), an overall QoL scale and six single items (25). All items are scored on a four-point Likert scale from 1 to 4 (not at all, a little, quite a bit and very much) except for the overall health and QoL scales that are rated on the seven-point scale. Higher QLQ-C30 scores on the functioning scale and the global QoL scale indicated better functioning or better QoL, whereas higher scores in the symptom scales represent a higher level of symptoms. The scores of QLQ-C30 were linearly transformed to a 0-100 scale according to the scoring manual of the EORTC QLG (27). The QLQ-SH22 incorporates two multi-item scales assessing sexual satisfaction and sexual pain and 11 single items including five partner-related items, and four gender-specific items. The scoring for the QLQ-SH22 is identical to the QLQ-C30. The QLQ-SH22 was translated into 10 languages (Chinese Mandarin, Croatian, Danish, Dutch, French, German, Italian, Norwegian, Polish, and Spanish) following the EORTC translation guidelines (24).

## ***Statistical analysis***

Multi-item multi-trait analysis was performed to evaluate the scale structure, internal consistency, and convergent and discriminant validity. Confirmatory factor analysis was used to test the hypothesized scale structure. Principal factors and oblique promax rotation were used to explore the factor structure of the QLQ-SH22. According to Tabachnik and Fidell (26) at least 10-15 subjects per item are required. All analyses were performed using SPSS. The reliability of the multi-item questionnaire scales was assessed by Cronbach's alpha coefficient. Internal consistency estimates of a magnitude of  $\geq 0.70$  were considered acceptable (28). The test-retest reliability of scales and single item measures were assessed in a subgroup of patients with no change in health status. Convergent and discriminant validity were examined by Pearson's product moment correlations between the QLQ-C30 and the QLQ-SH22 scales. It was expected that those scales that are conceptually related correlate substantially with one another ( $\geq 0.40$ ). Conversely, those scales with less conceptual overlap are expected to exhibit lower correlations ( $< 0.40$ ) (29). Clinical validity was assessed using the method of known-group comparison exploring the extent to which the questionnaire scores are able to discriminate between subgroups of patients (29). Differences in the QLQ-SH22 scales by patient group, state of disease, ECOG performance status, treatment intention, comorbidity, age, and sex were analyzed by means of the Kruskal-Wallis test with post hoc comparisons. A power calculation (0.5 standard deviations, power 90%, and p-value 5%) indicated that a sample size of 400 patients allowed multivariate analysis techniques in order to generate stable reliability and validity estimates.

## **Results**

### ***Sample***

A total of 444 patients with various cancer sites were enrolled. The socio-demographic data are shown in Table 2. The sample included slightly more females (57%) than males (43%). The age ranged from 20 to 91 years. The majority of the participants had a sexual partner (84%) and lived with a partner or family (72%). Cultural regions were well balanced. Table 2 shows the clinical characteristics of the study sample including all major tumor sites. The majority of patients (76.9%) were treated with curative intention, 23.1% received palliative treatment. Almost half of the patients were newly diagnosed, 37% had NED and 16% had a recurrence. Less than half (43.8%) suffered from various comorbidities.

### Tables 2 and 3

The completion rate was 84.2%. Reasons for missing data were administrative failure (N=37), patient refused (N=7), patient felt too ill (N=3), HCP felt the patient was too ill (N=1), unknown (N=22). Reasons

for missing data because of sexual inactivity were explored separately. At the first assessment, one third did not complete the questionnaire because they were not sexually active. The main reasons were no partner at present (N=34); too tired (N=24); not interested in sex (N=39); partner not interested in sex (N=8); physical impairments (N=23); partner has a physical problem (N=4). Fifty-two patients in Group A (88%) and 84 patients in Group B (66%) provided a second assessment; 110 patients in Group D (72%) were included for the test-retest analysis. Three patients could not be assigned to a group due to missing information and were excluded. The majority of patients (94.7%) were able to complete the QLQ-SH22 in less than 20 minutes. Forty-seven patients (11%) needed assistance reading the items and 23 patients (5.4%) found some items too personal and intimate. The majority (89%) of the study participants did not need any help to complete the questionnaire.

### ***Scale structure***

The analyses confirmed the hypothesized scale with two multi-item scales and 11 single items (Table 4). The internal consistency yielded satisfactory Cronbach's coefficient alpha values of .90 for the sexual satisfaction scale and 0.80 for the sexual pain scale. There were no scaling errors in the multi-item multi-trait analysis. Floor and ceiling effects were detected on all scales: ceiling effects ranged from 1% to 28%, floor effects ranged from 6% to 50% except for the item 'worry about incontinence' (68%) and 'communication with HCP' (75%). The retest correlations (Pearson's  $r$ ) ranged from 0.70 to 0.93 except for the scale communication with professionals (0.67) and male body image (0.69). The confirmatory factor analysis revealed an acceptable fit with 95% confidence level ranging from .95 to .98 and standardized root mean square residual (SRMR)=.07. The 95% confidence level ranged from .06 to .09. All factor loadings were statistically significant at the 5% level (Table 5).

### Tables 4 and 5

Most scales of the QLQ-SH22 were weakly correlated with the QLQ-C30 scales ( $r < 0.40$ ) (Table 6). The correlations between the QLQ-C30 functioning scales and the QLQ-SH22 fatigue scale were higher (physical functioning and fatigue  $r = -0.43$ ; role functioning and fatigue  $r = -0.45$ ; social functioning and fatigue  $r = -0.45$ ; global health status and fatigue  $r = -0.49$ ). The highest correlation was found between the QLQ-C30 fatigue scale and the QLQ-SH22 fatigue scale ( $r = 0.54$ ).

### Table 6

### **Clinical validity**

The uni- and multivariate analyses showed that sexual activity was significantly more important for newly diagnosed patients (mean 57.80; SD 32.22) and for survivors with no evidence of disease (mean 45.53; SD 32.84) than for patients with recurrence or disease progression (mean 36.36; SD 30.32,  $P<.001$ ). Sexual activity was less important for patients with comorbidities (mean 43.46; SD 32.99) compared to patients without comorbid diseases (mean 54.33; SD 32.81,  $P<.001$ ). Sexual activity was significantly more important for patients aged 36-50 years (mean 57.80; SD 29.80) compared to patients aged 66 years or older (mean 42.18; SD 31.22,  $P=.022$ ). Male patients within the age range 36 to 50 years were more confident with respect to their erection than those aged 66 years or higher (mean 77.78; SD 30.56 vs 36.67; SD 35.63,  $P<.001$ ). Concerning gender differences, we found that females reported significantly more severe sexual pain than men did (mean 22.45; SD 27.96 vs mean 9.24; SD 15.68,  $P<.001$ ). Furthermore, an active sex life was rated as less important by female patients compared to male patients (mean 44.44; SD 33.38 vs mean 56.48; SD 31.73,  $P<.001$ ). Patients who underwent curative treatment intention had significantly higher sexual satisfaction scores (mean 47.37; SD 26.25) and higher scores on the sexual activity scale (mean 52.53; SD 32.81) compared to patients with palliative treatment intention (mean 37.04; SD 26.47 and mean 38.83; SD 31.32, respectively  $P<.001$ ). Curatively treated patients had significantly lower fatigue scores and their treatment effects were less severe compared to patients undergoing palliative care (mean fatigue 35.34; SD 35.34 vs mean 51.81; SD 37.27; mean treatment effect 38.47; SD 39.28 vs mean 60.54; SD 39.87  $P<.001$ ). Patients with lower ECOG performance status had significantly higher fatigue scores (mean 63.44; SD 37.86 vs 37.33; SD 35.47,  $P<.001$ ) and their treatment effects were less severe compared to patients with a higher ECOG performance status (mean 76.19; SD 39.25 vs 41.17; SD 39.50,  $P<.001$ ). The libido was also significantly higher in patients with a higher ECOG performance status (mean 71.30; SD 34.87) compared to patients with lower ECOG performance status (mean 52.51; SD 35.96,  $P=.003$ ) (table 7-12).

Tables 7 and 12

### **Discussion**

This study evaluated the psychometric properties of the QLQ-SH22 in a cross-cultural sample of cancer patients and cancer survivors. The questionnaire includes a sexual satisfaction scale and a sexual pain scale with acceptable internal consistency (Cronbach's alpha > 0.80). The hypothesized scale structure with two multi-item scales and 11 single items was confirmed. Five partner-related items are

conditional dependent upon the presence of a partner: three are included in the sexual satisfaction scale, one in the sexual pain scale and one is a single item scale. We explored the item (“Have you been sexually active”) and found that this can be used as a screening item. It has a good factor loading and it fits very well in the sexual satisfaction scale. The item informs us if patients have a sex life that may vary throughout the course of disease/treatment. Newly diagnosed patients under treatment may not be as sexual active as patients during follow-up. They may return to a more active sex life after completion of treatment or in the survivorship phase.

The QLQ-SH22 discriminates well between subgroups of patients differing in terms of their performance and treatment status. The results of the known-group comparisons confirmed differences in the expected direction e.g. sexual activity was less important for patients with comorbid diseases, recurrence or disease progression and more important for younger patients. Instruments that are sensitive to change are useful for recording adverse effects of cancer and the consequences treatment that patients experience (30). The QLQ-SH22 was developed as a stand-alone measure and the domains are distinct from those assessed by the QLQ-C30. Only the fatigue scales correlated  $> 0.40$  with most functioning scales. All other scales were weakly correlated.

One strength of this study was that we paid specific attention to missing data due to sexual inactivity. About one third of the participants were sexually inactive. In other validation studies of site specific EORTC modules the percentage of patients who had not been sexually active was higher (31,32). This can be explained by the fact that women with gynecologic malignancies may have more severe treatment effects in the pelvic region (2,33,34). In order to avoid scoring inconsistencies or lower scoring validity we excluded patients who did not have a sexual partner or were not sexually active. From a psychometric perspective it is important that any scale score of zero to an item explicitly relates to the content assessed by that specific item (35).

Another strength of the QLQ-SH22 is the cross-cultural and cross-lingual applicability and validity of the questionnaire. We succeeded to involve a balanced distribution of countries throughout the entire development process. In the initial development phases information was gained from in depth-interviews to construct a culturally sensitive measurement, and to shape the scope of the QLQ-SH22 (36). This methodological approach fulfills an important criterion of questionnaire development(37).

Some limitations of the validation study need to be addressed. The sample includes only five percent of participants under the age of 35 years. Although cancer is predominant in older age groups, sexual health is an important issue in younger patients. Therefore, the validity of the QLG-SH22 should be further validated in a selected sample of younger adults. Another limitation is that patients with breast



and gynecologic cancer were overrepresented whereas prostate cancer patients were not sufficiently presented in this study. However, almost half of the participants had a cancer diagnosis related to the pelvic region. Almost half of the study participants were male patients indicating a well-balanced sample. The validity of the QLQ SH-22 should further be tested in patients who may have been underrepresented in this study. Nevertheless, this study showed that the QLQ-SH22 has good psychometric properties and is clinically applicable to assess SH of cancer patients at different treatment stages as well as in the survivorship phase. The tool can be implemented in clinical practice as well as in survivorship research as sexual impairments often persist into survivorship (38).

### **Conclusion**

The QLQ-SH22 meets the methodological quality criteria and psychometric properties according to the Consensus based Standards for Selection of health Measurement (COSIM) (39). The newly developed EORTC QLQ-SH22 is available for use and can be obtained via the EORTC Quality of Life Department [www.eortc.org](http://www.eortc.org).

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Table 1: Study design

	<b>Patients and Treatment</b>	<b>First Assessment</b>	<b>Second Assessment</b>
Group A N=59	Newly diagnosed patients with surgery without any adjuvant treatment (curative intention)	Before surgery (time window 1 week)	8-12 weeks after surgery
Group B N=128	Newly diagnosed patients with surgery plus adjuvant first line treatment (curative intention)	Before start of treatment (time window 1 week)	3-6 months after start of treatment
Group C N=101	Patients with recurrence receiving second or third line treatment with or without surgery (palliative intention)	Within 3 months after start of treatment	No assessment
Group D N=153	Cancer survivors after first line therapy with or without surgery and no evidence of disease (NED)	6 months – 5 years after treatment	7 days after 1 <sup>st</sup> assessment

**Table 2: Patient characteristics (N=444)**

<b>Variable</b>	<b>N (%)</b>
<b>Gender</b>	
Female	253 (57%)
Male	191 (43%)
<b>Age groups</b>	
20-35 years	23 (5%)
36-50 years	99 (22%)
51-65 years	215 (49%)
66-91 years	106 (24%)
Missing	1
<b>Living situation</b>	
Living with partner/family	309 (72%)
Living alone	62 (14%)
Living with others	61 (14%)
Missing	12
<b>Sexual partner</b>	
Yes	361 (84%)
No	69 (16%)
Missing	14
<b>Education</b>	
Compulsory school or less	156 (36%)
Post compulsory school education	154 (36%)
University level	124 (29%)
Missing	10
<b>Country</b>	
Austria	55 (12.4%)
Belgium	43 (9.7%)
Croatia	21 (4.7%)
Denmark	7 (1.6%)
France	9 (2.0%)
Germany	66 (14.9%)
Italy	33 (7.4%)
Norway	2 (0.5%)
The Netherlands	43(9.7%)
Poland	61(13.7%)
Spain	23 (5.2%)
Taiwan	60(13.5%)
United Kingdom	21 (4.7%)

Missings are absolute numbers

**Table 3: Clinical characteristics (N=444)**

<b>Variable</b>	<b>N</b>	<b>(%)</b>
<b>Tumor site</b>		
Breast	115	(26.5%)
Gyneacologic	87	(20.0%)
Prostate	61	(14.1%)
Other Genito-urinary	18	(4.1%)
Head and Neck	45	(10.4%)
Colorectal	29	(6.7%)
Lung	38	(8.8%)
Brain	2	(0.5%)
Others (liver, lung, thyroid, gall bladder)	13	(3.0%)
Missing	12	
<b>ECOG performance status</b>		
Fully active	245	(57.8%)
Restricted	141	(33.3%)
Self-care possible	30	(7.1%)
Limited self-care	8	(1.9%)
Missing	20	
<b>Treatment</b>		
Curative	332	(76.9%)
Palliative	100	(23.1%)
Missing	12	
<b>Status of disease</b>		
No evidence of disease (NED)	161	(37%)
Newly diagnosed	200	(46%)
Recurrence/ Progression	71	(16%)
Missing	12	
<b>Comorbidity</b>		
No	243	(56.3%)
Yes	189	(43.7%)
Missing	12	

Missings are absolute numbers

**Table 4: Results of multi-item multi-trait analysis of the EORTC QLQ SH-22**

Scale	Items	Mean	SD	% Ceiling	% Floor	Scaling Error	Cronbach's Alpha	Test-retest Pearson's r	Valid N
<b>Multi-Item scales</b>									
Sexual satisfaction	8	2.35	0.80	1%	6%	0 (0.0%)	0.90	.88	403
Sexual pain	3	1.50	0.73	2%	53%	0 (0.0%)	0.80	.93	392
<b>Single Item scales</b>									
Importance of sexual activity	1	2.49	1.00	17%	20%	n.a.	n.a.	.84	417
Decreased libido	1	2.63	1.09	28%	19%	n.a.	n.a.	.70	412
Worry incontinence	1	1.55	0.93	7%	68%	n.a.	n.a.	.76	408
Fatigue	1	2.18	1.09	16%	36%	n.a.	n.a.	.80	391
Treatment effect on sexual activity	1	2.32	1.22	26%	38%	n.a.	n.a.	.78	389
Communication with professionals	1	1.39	0.76	4%	75%	n.a.	n.a.	.67	405
Insecurity with partner	1	1.87	1.04	11%	50%	n.a.	n.a.	.83	379
Confidence erection	1	2.40	1.15	23%	30%	n.a.	n.a.	.83	171
Body image (male)	1	2.03	1.13	16%	47%	n.a.	n.a.	.69	172
Vaginal dryness	1	2.08	1.10	16%	40%	n.a.	n.a.	.84	205
Body image (female)	1	1.91	1.06	12%	50%	n.a.	n.a.	.74	224

SD standard deviation. n.a. not available

All correlations are statistically significant at the 1% level.



**Table 5: Results of the confirmatory factor analysis of the EORTC QLQ SH-22**

Scale	Standardized factor loadings (95% CI*)
<b>Sexual satisfaction</b>	
Have you been satisfied with your level of sexual desire?	.65 (.57; .71)
Has sexual activity been enjoyable for you?	.83 (.79; .87)
Have you been satisfied with your ability to reach an orgasm?	.79 (.73; .85)
Have you been satisfied with the communication about sexual issues between yourself and your partner?	.48 (.38; .57)
Have you been satisfied with your level of intimacy?	.63 (.54; .71)
Have you been sexually active?	.75 (.70; .79)
To what extend did you feel sexual enjoyment?	.85 (.81; .88)
Have you been satisfied with your sex life?	.82 (.76; .86)
<b>Sexual pain</b>	
Have you felt pain during/after sexual activity?	.65 (.54; .77)
Have you been worried that sex would be painful?	.96 (.87; 1.00)
Have you been worried that your partner may cause you pain during sexual contact?	.69 (.58; .80)
<b>Correlation between the scales</b>	
Sexual satisfaction with sexual pain	-.11 (-.22; -.01)
<b>Goodness of fit statistics</b>	
Goodness of fit index	.98 (.97; .99)
Adjusted goodness of fit index	.97 (.95; .98)
Standardized root mean square residual	.07 (.06; .09)

\* CI: Confidence levels are based on bootstrap-estimation with 1000 replications. Unweighted least squares was used as discrepancy function. Note: Single item scales were not used in the analysis.

**Table 6: Correlations between the EORTC QLQ-SH22 and the EORTC QLQ-C30**

	<i>EORTC QLQ-SH22</i>												
	<i>SXSAT</i>	<i>SXP</i>	<i>ISXA</i>	<i>DLI</i>	<i>WI</i>	<i>FA</i>	<i>TX</i>	<i>CHCP</i>	<i>ISP</i>	<i>CE</i>	<i>BIM</i>	<i>VD</i>	<i>BIF</i>
<i>EORTC QLQ -C30</i>													
Physical functioning	.26**	-.17**	.10*	-.26**	-.19**	-.43**	-.28**	-.01	-.03	.20*	-.29**	-.10	-.22**
Role functioning	.20**	-.12*	.02	-.31**	-.12*	-.45**	-.26**	.00	-.11*	.11	-.22**	.00	-.15*
Emotional functioning	.16**	-.27**	-.11*	-.36**	-.13*	-.34**	-.17**	-.08	-.21**	.02	-.31**	-.05	-.24**
Cognitive functioning	.19**	-.25**	.04	-.27**	-.07	-.33**	-.20**	.03	-.11*	.16*	-.28**	-.10	-.21**
Social functioning	.22**	-.29**	.03	-.34**	-.13**	-.45**	-.20**	-.03	-.18**	.03	-.30**	-.05	-.30**
Global health status	.27**	-.18**	.01	-.35**	-.21**	-.49**	-.21**	.04	-.13*	.08	-.29**	-.03	-.18**
Fatigue	-.23**	.14**	-.05	.29**	.19**	.54**	.32**	.00	.06	-.15*	.31**	.05	.25**
Nausea and vomiting	-.15**	.06	-.04	.15**	.05	.29**	.18**	-.04	.04	-.07	.31**	.02	.10
Pain	-.19**	.23**	-.02	.24**	.17**	.35**	.25**	-.01	.09	-.19*	.30**	.05	.21**
Dyspnoea	-.12*	.09	.04	.18**	.07	.32**	.13*	-.02	.06	-.03	.26**	-.04	.10
Insomnia	-.18**	.19**	.01	.26**	.11*	.31**	.18**	.08	.19**	-.10	.32**	.01	.25**
Appetite loss	-.24**	.10	-.09	.21**	.08	.30**	.07	.00	.19**	-.09	.31**	-.12	.21**
Constipation	-.12*	.06	-.09	.09	.03	.10*	.00	.06	.02	.01	.12	.02	.07
Diarrhoea	-.09	.13**	-.10*	.08	.20**	.16**	.18**	.03	.14**	-.05	.06	.04	.11
Financial difficulties	-.17**	.23**	-.06	.14**	.07	.25**	.21**	.03	.03	-.03	.12	-.06	.13

\* p < .05, \*\* p < .01.

SXSA, Sexual satisfaction. SXP, Sexual pain. ISXA, Importance of sexual activity. DLI, Decreased libido. WI, Worry incontinence. FA, Fatigue. TX, Treatment effect on sexual activity. CHCP, Communication with professionals. ISP, Insecurity with partner. CE, Confidence erection. BIM, Body image (male). VD, Vaginal dryness. BIF, Body image (female).

**Table 7: Differences in the SHQ22 scales by state of disease**

	Newly diagnosed (Groups A,B)			No evidence of disease (Group D)			Recurrence/progression (Group C)			p
	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	
<b>Sexual satisfaction</b>	49.18 ± 26.07	50.00a (29.17; 70.83)	179	42.80 ± 26.39	41.67 (21.58; 62.50)	152	38.64 ± 25.70	35.42b (18.45; 54.17)	62	.008
<b>Sexual pain</b>	14.37 ± 21.72	0.00 (0.00; 22.22)	172	19.98 ± 27.50	11.11 (0.00; 33.33)	151	16.01 ± 22.34	0.00 (0.00; 33.33)	59	.258
<b>Importance of sexual activity</b>	57.80 ± 32.22	66.67a (33.33; 66.67)	188	45.53 ± 32.84	33.33b (33.33; 66.67)	153	36.36 ± 30.23	33.33b (0.00; 66.67)	66	<.001
<b>Decreased libido</b>	55.92 ± 35.12	66.67 (33.33; 100.00)	183	46.84 ± 36.56	33.33a (0.00; 66.67)	153	65.66 ± 34.08	66.67b (33.33; 100.00)	66	.001
<b>Worry incontinence</b>	17.59 ± 31.40	0.00 (0.00; 33.33)	180	17.97 ± 29.80	0.00 (0.00; 33.33)	154	21.88 ± 32.65	0.00 (0.00; 33.33)	64	.492
<b>Fatigue</b>	36.24 ± 35.29	33.33 (0.00; 66.67)	172	37.97 ± 35.70	33.33 (0.00; 66.67)	151	50.57 ± 38.10	66.67 (0.00; 100.00)	58	.037
<b>Treatment effect on sexual activity</b>	31.91 ± 39.83	0.00a (0.00; 66.67)	164	51.32 ± 39.47	66.67b (0.00; 100.00)	152	61.38 ± 36.52	66.67b (33.33; 100.00)	63	<.001
<b>Communication with professionals</b>	9.52 ± 22.32	0.00 (0.00; 0.00)	182	17.44 ± 29.02	0.00 (0.00; 33.33)	151	12.37 ± 24.32	0.00 (0.00; 8.33)	62	.011
<b>Insecurity with partner</b>	28.65 ± 34.93	0.00 (0.00; 66.67)	171	29.63 ± 35.06	16.67 (0.00; 66.67)	144	29.63 ± 33.44	33.33 (0.00; 66.67)	54	.927
<b>Confidence erection</b>	55.42 ± 36.91	66.67a (33.33; 100.00)	83	39.39 ± 37.46	33.33 (0.00; 66.67)	55	34.44 ± 38.64	33.33a (0.00; 66.67)	30	.009
<b>Body image (male)</b>	27.71 ± 37.47	0.00 (0.00; 66.67)	83	39.88 ± 35.63	33.33 (0.00; 66.67)	56	41.11 ± 39.81	33.33 (0.00; 66.67)	30	.051
<b>Vaginal dryness</b>	29.02 ± 31.62	33.33a (0.00; 50.00)	85	46.21 ± 39.93	33.33b (0.00; 100.00)	88	28.00 ± 31.45	33.33 (0.00; 33.33)	25	.010
<b>Body image (female)</b>	26.16 ± 33.64	0.00 (0.00; 50.00)	93	34.03 ± 37.14	33.33 (0.00; 66.67)	96	30.95 ± 36.21	16.67 (0.00; 66.67)	28	.326

Note: the p-value is based on the Kruskal-Wallis test.

**Table 8. Differences in the SHQ22 scales by comorbidity (Groups A-D)**

	Comorbidity			No comorbidity			p
	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	
<b>Sexual satisfaction</b>	42.54 ± 25.80	41.67 (24.40; 62.50)	173	46.21 ± 27.08	45.83 (25.00; 68.75)	221	.212
<b>Sexual pain</b>	16.34 ± 22.61	0.00 (0.00; 33.33)	169	17.47 ± 26.00	0.00 (0.00; 33.33)	214	.787
<b>Importance of sexual activity</b>	43.46 ± 32.99	33.33 (0.00; 66.67)	181	54.33 ± 32.81	66.67 (33.33; 66.67)	227	.001
<b>Decreased libido</b>	57.12 ± 36.69	66.67 (33.33; 100.00)	178	52.44 ± 35.71	66.67 (33.33; 100.00)	225	.181
<b>Worry incontinence</b>	20.67 ± 31.42	0.00 (0.00; 33.33)	179	16.67 ± 30.47	0.00 (0.00; 33.33)	220	.083
<b>Fatigue</b>	43.06 ± 37.26	33.33 (0.00; 66.67)	168	36.76 ± 35.36	33.33 (0.00; 66.67)	214	.108
<b>Treatment effect on sexual activity</b>	44.25 ± 41.20	33.33 (0.00; 100.00)	171	44.18 ± 40.69	33.33 (0.00; 100.00)	209	.977
<b>Communication with professionals</b>	9.52 ± 21.99	0.00 (0.00; 0.00)	175	15.54 ± 27.80	0.00 (0.00; 33.33)	221	.022
<b>Insecurity with partner</b>	30.83 ± 35.77	33.33 (0.00; 66.67)	160	27.78 ± 34.13	0.00 (0.00; 33.33)	210	.452
<b>Confidence erection</b>	41.30 ± 39.34	33.33 (0.00; 66.67)	92	53.15 ± 36.56	66.67 (33.33; 75.00)	74	.048
<b>Body image (male)</b>	39.30 ± 38.59	33.33 (0.00; 66.67)	95	29.17 ± 36.66	0.00 (0.00; 66.67)	72	.075
<b>Vaginal dryness</b>	35.78 ± 35.65	33.33 (0.00; 66.67)	68	35.84 ± 37.07	33.33 (0.00; 66.67)	133	.912
<b>Body image (female)</b>	31.58 ± 34.38	33.33 (0.00; 66.67)	76	29.40 ± 36.02	0.00 (0.00; 66.67)	144	.536

Note: the p-value is based on the Mann-Whitney U-test.

**Table 9. Differences in the SHQ22 scales by age (Groups A-D)**

	20 - 35 years			36 - 50 years			51 - 65 years			66 - 85 years			p
	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	
<b>Sexual satisfaction</b>	57.95 ± 28.74	64.29 (32.29; 84.38)	22	49.18 ± 25.06	50.00 (29.17; 70.83)	95	41.20 ± 26.23	41.67 (20.83; 62.20)	193	44.85 ± 27.03	40.83 (25.00; 70.83)	92	.011
<b>Sexual pain</b>	18.18 ± 23.64	5.56 (0.00; 36.11)	22	19.94 ± 26.76	0.00 (0.00; 33.33)	95	18.06 ± 25.59	5.56 (0.00; 33.33)	184	10.43 ± 17.66	0.00 (0.00; 13.89)	90	.095
<b>Importance of sexual activity</b>	63.64 ± 28.93	66.67 (58.33; 75.00)	22	57.80 ± 29.80	66.67a (33.33; 66.67)	94	48.02 ± 35.01	33.33 (33.33; 66.67)	202	42.18 ± 31.22	33.33b (0.00; 66.67)	98	.002
<b>Decreased libido</b>	39.39 ± 35.09	33.33 (0.00; 66.67)	22	55.20 ± 33.51	66.67 (33.33; 66.67)	93	56.17 ± 36.54	66.67 (33.33; 100.00)	200	52.78 ± 37.98	66.67 (33.33; 100.00)	96	.218
<b>Worry incontinence</b>	12.12 ± 21.93	0.00 (0.00; 33.33)	22	11.23 ± 23.12	0.00 (0.00; 0.00)	95	19.97 ± 33.95	0.00 (0.00; 33.33)	192	24.15 ± 32.03	0.00 (0.00; 33.33)	98	.014
<b>Fatigue</b>	30.30 ± 32.38	33.33 (0.00; 66.67)	22	40.78 ± 33.57	33.33 (0.00; 66.67)	94	43.60 ± 37.71	33.33 (0.00; 66.67)	185	31.84 ± 35.86	33.33 (0.00; 66.67)	89	.044
<b>Treatment effect on sexual activity</b>	28.57 ± 32.12	33.33 (0.00; 33.33)	21	47.87 ± 40.18	50.00 (0.00; 100.00)	94	46.41 ± 41.95	33.33 (0.00; 100.00)	181	39.49 ± 40.12	33.33 (0.00; 66.67)	92	.161
<b>Communication with professionals</b>	16.67 ± 26.73	0.00 (0.00; 33.33)	22	12.06 ± 25.33	0.00 (0.00; 0.00)	94	12.95 ± 26.34	0.00 (0.00; 0.00)	193	12.28 ± 23.85	0.00 (0.00; 33.33)	95	.687
<b>Insecurity with partner</b>	16.67 ± 27.57	0.00 (0.00; 33.33)	20	29.75 ± 34.21	33.33 (0.00; 66.67)	93	30.90 ± 33.99	33.33 (0.00; 66.67)	178	27.59 ± 38.11	0.00 (0.00; 66.67)	87	.214
<b>Confidence erection</b>	71.43 ± 40.50	100.00 (33.33; 100.00)	7	77.78 ± 30.56	100.00a (66.67; 100.00)	24	42.62 ± 36.96	33.33b (0.00; 66.67)	79	36.67 ± 35.63	33.33b (0.00; 66.67)	60	<.001
<b>Body image (male)</b>	42.86 ± 46.00	33.33 (0.00; 100.00)	7	33.33 ± 34.69	33.33 (0.00; 66.67)	25	38.10 ± 39.63	33.33 (0.00; 66.67)	77	29.57 ± 36.27	0.00 (0.00; 66.67)	62	.549
<b>Vaginal dryness</b>	43.59 ± 36.98	33.33 (16.67; 83.33)	13	33.33 ± 34.63	33.33 (0.00; 66.67)	64	36.63 ± 36.97	33.33 (0.00; 66.67)	101	37.04 ± 40.65	33.33 (0.00; 66.67)	27	.804
<b>Body image (female)</b>	35.90 ± 28.74	33.33 (0.00; 66.67)	13	37.81 ± 38.00	33.33 (0.00; 66.67)	67	28.57 ± 35.19	0.00 (0.00; 66.67)	112	17.71 ± 29.31	0.00 (0.00; 33.33)	32	.046

Note: the p-value is based on the Kruskal-Wallis test.

**Table 10. Differences in the SHQ22 scales by sex (Groups A-D)**

	Females			Males			p
	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	
<b>Sexual satisfaction</b>	44.13 ± 25.93	41.67 (25.00; 62.50)	227	45.77 ± 27.34	45.83 (25.00; 70.83)	176	.669
<b>Sexual pain</b>	22.45 ± 27.96	11.11 (0.00; 33.33)	223	9.24 ± 15.68	0.00 (0.00; 11.11)	169	<.001
<b>Importance of sexual activity</b>	44.44 ± 33.38	33.33 (0.00; 66.67)	237	56.48 ± 31.73	66.67 (33.33; 66.67)	180	<.001
<b>Decreased libido</b>	54.45 ± 35.49	66.67 (33.33; 100.00)	232	54.07 ± 37.15	66.67 (33.33; 100.00)	180	.951
<b>Worry incontinence</b>	16.67 ± 28.85	0.00 (0.00; 33.33)	230	20.79 ± 33.41	0.00 (0.00; 33.33)	178	.331
<b>Fatigue</b>	40.21 ± 36.11	33.33 (0.00; 66.67)	223	38.29 ± 36.59	33.33 (0.00; 66.67)	168	.566
<b>Treatment effect on sexual activity</b>	44.70 ± 40.24	33.33 (0.00; 100.00)	217	43.41 ± 41.44	33.33 (0.00; 100.00)	172	.705
<b>Communication with professionals</b>	11.99 ± 24.69	0.00 (0.00; 0.00)	228	13.94 ± 26.48	0.00 (0.00; 33.33)	177	.517
<b>Insecurity with partner</b>	25.69 ± 33.60	0.00 (0.00; 33.33)	218	33.75 ± 35.74	33.33 (0.00; 66.67)	161	.020
<b>Confidence erection</b>	n.a.	n.a.	n.a.	46.59 ± 38.17	33.33 (0.00; 66.67)	171	n.a.
<b>Body image (male)</b>	n.a.	n.a.	n.a.	34.50 ± 37.79	33.33 (0.00; 66.67)	172	n.a.
<b>Vaginal dryness</b>	36.10 ± 36.57	33.33 (0.00; 66.67)	205	n.a.	n.a.	n.a.	n.a.
<b>Body image (female)</b>	30.21 ± 35.37	33.33 (0.00; 66.67)	224	n.a.	n.a.	n.a.	n.a.

n.a., not applicable.

Note: the p-value is based on the Mann-Whitney U-test.

**Table 11: Differences in the SHQ22 scales by intention of treatment (Groups A-D)**

	Curative			Palliative			p
	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	
<b>Sexual satisfaction</b>	47.37 ± 26.25	50.00 (29.17; 66.67)	306	37.04 ± 26.47	29.17 (19.05; 54.17)	87	.001
<b>Sexual pain</b>	17.06 ± 24.38	0.00 (0.00; 33.33)	300	14.66 ± 22.78	0.00 (0.00; 22.22)	83	.318
<b>Importance of sexual activity</b>	52.53 ± 32.81	66.67 (33.33; 66.67)	316	38.83 ± 31.92	33.33 (0.00; 66.67)	91	.001
<b>Decreased libido</b>	51.34 ± 36.18	66.67 (33.33; 66.67)	311	61.54 ± 35.11	66.67 (33.33; 100.00)	91	.018
<b>Worry incontinence</b>	17.91 ± 30.56	0.00 (0.00; 33.33)	309	19.63 ± 31.16	0.00 (0.00; 33.33)	90	.564
<b>Fatigue</b>	35.34 ± 35.34	33.33 (0.00; 66.67)	299	51.81 ± 37.27	66.67 (33.33; 100.00)	83	<.001
<b>Treatment effect on sexual activity</b>	38.47 ± 39.28	33.33 (0.00; 66.67)	292	60.54 ± 39.87	66.67 (33.33; 100.00)	87	<.001
<b>Communication with professionals</b>	14.27 ± 26.51	0.00 (0.00; 33.33)	306	8.24 ± 20.28	0.00 (0.00; 0.00)	89	.041
<b>Insecurity with partner</b>	28.64 ± 34.31	0.00 (0.00; 66.67)	291	27.85 ± 34.36	0.00 (0.00; 66.67)	79	.829
<b>Confidence erection</b>	51.24 ± 37.53	66.67 (33.33; 100.00)	121	35.51 ± 38.75	33.33 (0.00; 66.67)	46	.016
<b>Body image (male)</b>	30.30 ± 35.75	0.00 (0.00; 66.67)	121	46.10 ± 41.44	33.33 (0.00; 100.00)	47	.023
<b>Vaginal dryness</b>	38.29 ± 36.96	33.33 (0.00; 66.67)	168	26.26 ± 32.01	33.33 (0.00; 33.33)	33	.093
<b>Body image (female)</b>	30.19 ± 35.18	33.33 (0.00; 66.67)	180	28.95 ± 35.66	0.00 (0.00; 66.67)	38	.790

Note: the p-value is based on the Mann-Whitney U-test.

**Table 12. Differences in the SHQ22 scales by ECOG performance status (Groups A-D)**

	Higher performance			Lower performance			p
	M ± SD	Median (interquartile range)	N	M ± SD	Median (interquartile range)	N	
<b>Sexual satisfaction</b>	46.33 ± 26.77	45.83 (25.00; 66.67)	350	33.42 ± 22.67	25.00 (16.67; 53.33)	35	.005
<b>Sexual pain</b>	16.12 ± 23.50	0.00 (0.00; 33.33)	343	22.40 ± 28.27	11.11 (0.00; 44.44)	31	.274
<b>Importance of sexual activity</b>	49.95 ± 33.55	66.67 (33.33; 66.67)	363	50.00 ± 30.34	66.67 (33.33; 66.67)	36	.987
<b>Decreased libido</b>	52.51 ± 35.96	66.67 (33.33; 100.00)	358	71.30 ± 34.87	100.00 (33.33; 100.00)	36	.003
<b>Worry incontinence</b>	17.80 ± 30.11	0.00 (0.00; 33.33)	354	27.78 ± 36.95	0.00 (0.00; 66.67)	36	.120
<b>Fatigue</b>	37.33 ± 35.47	33.33 (0.00; 66.67)	342	63.44 ± 37.86	66.67 (33.33; 100.00)	31	<.001
<b>Treatment effect on sexual activity</b>	41.17 ± 39.50	33.33 (0.00; 66.67)	336	76.19 ± 39.25	100.00 (66.67; 100.00)	35	<.001
<b>Communication with professionals</b>	12.82 ± 25.39	0.00 (0.00; 0.00)	351	12.04 ± 22.75	0.00 (0.00; 25.00)	36	.998
<b>Insecurity with partner</b>	29.00 ± 34.59	33.33 (0.00; 66.67)	331	28.89 ± 34.72	16.67 (0.00; 66.67)	30	.998
<b>Confidence erection</b>	48.65 ± 37.77	33.33 (0.00; 66.67)	148	30.00 ± 38.84	0.00 (0.00; 66.67)	20	.036
<b>Body image (male)</b>	32.00 ± 36.82	33.33 (0.00; 66.67)	150	50.88 ± 43.56	33.33 (0.00; 100.00)	19	.055
<b>Vaginal dryness</b>	36.83 ± 36.94	33.33 (0.00; 66.67)	181	36.36 ± 40.70	33.33 (0.00; 66.67)	11	.904
<b>Body image (female)</b>	28.89 ± 35.22	0.00 (0.00; 66.67)	195	38.10 ± 31.64	33.33 (0.00; 66.67)	14	.201

Note: the p-value is based on the Mann-Whitney U-test.



