

1 **Identifying the attributes of a profession in the practice and regulation of Fire Safety**
2 **Engineering**

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10 **Highlights:**

- 11 • A profession is identifiable through the possession of various attributes, including: a
12 systematic body of theory; professional authority and community sanction; a regulative
13 code of ethics; and a professional culture
- 14 • This paper explores some of the evidence of these attributes in the practice of Fire Safety
15 Engineering
- 16 • There is a need for Fire Safety Engineering to formalise the definition of itself as a
17 profession

18 **Abstract:**

19 The attributes of a profession can be identified as: a systematic body of theory; professional
20 authority; a regulative code of ethics; and a professional culture. Through a discussion of the
21 practice in Fire Safety Engineering we review the current state of these attributes.

22 It is argued that reliance on prescriptive solutions that often play the role of both a solution to the
23 problem as well as a de facto performance requirement obscures the need for a competent
24 practitioner who possesses mastery of the application of the systematic body of theory that
25 underpins the profession. This opens the domain to practitioners that do not possess a specialist
26 knowledge in fire safety engineering. Secondly, the fire safety engineering process is often
27 triggered through identification of non-compliances to specific prescriptive provisions, and this
28 negatively impacts on the discipline's professional authority. Thirdly, the way in which the
29 discipline allows itself to operate exposes it to challenges of its ethical code; and finally, the lack
30 of a well-defined accreditation framework challenges the professional culture and the respect for
31 fire safety professionals and its ability to reproduce. The result is an environment that favours a
32 customer relationship between those commissioning the work and the Fire Safety Engineer,
33 rather than the client relationship necessary for adequate professional practise.

34 Many countries implement Fire Safety Engineering within a framework that nominally requires a
35 recognized and recognizable profession. However, the impact of the above is that we fall short of
36 fully implementing such a framework and reaping the benefits that the framework could bring.
37 Thus, at the core of fire safety engineering reform should be the proper implementation of a
38 framework consistent with a profession. Other engineering disciplines learn from failures
39 through a cycle of 'failure – concern – response.' This has historically led to formalisation of

40 engineering professions that refocuses the profession on its duty of care to society by formalising
41 what the profession is. In Fire Safety Engineering, so far, the response has focused on regulation
42 and not, like in other engineering disciplines, on the profession. Recent incidents are a significant
43 impetus and an opportunity for the fire safety profession to formalise itself.

44 **Keywords:** performance-based design; professionalism; Fire Safety Engineering; prescriptive
45 provisions; regulatory environments

46 **1. Introduction**

47 In 1928 the St Francis Dam disaster in Los Angeles resulted in the deaths of hundreds of people
48 and massive damage to residences and public infrastructure. It is considered to be the worst
49 failure of civil engineering in California [1]. The disaster was a catalyst for the passing of the
50 ‘Civil Engineers Act’ in 1929 which required the registration of civil engineers in the state [2].
51 The 1947 amendment extended these registration requirements to professional engineers in the
52 chemical, electrical, mechanical and petroleum streams [3]. This also resulted in the creation of
53 the State Board of Registration for Civil and Professional Engineers which enabled a co-
54 regulatory approach to professional accreditation and registration in the state.

55 The Quebec Bridge disaster in Canada in 1907 remains to this day the worst bridge construction
56 disaster in the world. Its collapse during construction resulted in the deaths of 75 workers [4, 5].
57 The inquiry into the cause of the collapse found that the responsibility lay with two men, the
58 chief design engineer who prepared the original design of the bridge chords and the consulting
59 engineer who reviewed and approved it [6]. Whilst this disaster did not lead directly to the
60 registration of engineers in Canada (for example, in Quebec registration of engineers has been
61 required since 1898 and in neighbouring Ontario registration was only possible since 1922 [7]
62 although the profession remained open until 1937 [8]), the denial by site engineers that the
63 increasing displacement of the chords during construction was an issue, did have an inescapable
64 impact on the registration process throughout Canada. The pressure towards registration placed
65 significant focus on the ethical responsibilities of the profession and this is manifested through
66 the ritual of the calling of an engineer, established in 1925 [9].

67 These two examples illustrate a cycle of “failure-concern-response” in engineering. Other
68 examples exist. For instance, the process that led to regulation of engineers in Germany, which
69 had as a contributory factor a desire to re-orient the focus of post-war engineering away from
70 being a profession that had contributed to significant devastation. The Association of German
71 Engineers, the VDI, published “Engineers Confessions” in 1950 [10], which acted as a moral
72 pledge for engineers in making an explicit commitment to humanity as a whole.

73 A final and more current process, which could also be seen as consistent with the cycle of
74 “failure-concern-response,” is the increasing belief that the progressive concern for engineering
75 ethics emerging in different countries in the last three decades (“concern”) and the resulting
76 explicit inclusion of ethics in engineering education (“response”) relates to “globalization” [11].
77 The “failure” is the strain imposed on engineers for competition on the basis of low-cost
78 production for mass use [12]. Thus, the focus has shifted from the physical failure to the
79 individual and its professional education. Even in countries like France, global competitive
80 pressures, as well as new pan-European efforts, have resulted in challenges to the manner in
81 which engineers are being educated. Traditionally, in France, reassessment of engineering ethics
82 and practises is often seen as a prerogative of the individual and the introduction of external

83 intervention in the form of engineering ethics is perceived as insulting to engineers who are
84 educated as elite professionals “committed to civil service in pursuit of rationalist national
85 progress” [11]. Global commercial interests, a desire for international recognition and a strong
86 shift from the employment of engineers from the public to the private sector has recently resulted
87 in a slow but consistent revisiting of French engineering education and practise.

88 In the examples above, there are two things in common: firstly, the development of the
89 engineering profession follows this cycle (whether this is an engineering failure, in the case of,
90 the St Francis Dam, or a failure of the profession itself). And secondly, the response is always
91 followed by a formalisation or re-formalisation of the professional identity leading to regulation
92 of the professional. The above examples relate to civil engineering or engineering generally.
93 They illustrate the positive impact of the introspection following engineering failures or related
94 disasters. Overall, professionalism of engineering has been significant in enforcing the social
95 responsibility of engineers.

96 In fire safety, the response to failures historically follows a similar cycle, leading to changes in
97 the emergency services, such as the formation of the early organised municipal fire services in
98 the mid to late 19th century [13]; or to changes in the regulations that cover fire safety in the
99 built environment. Many of the aspects of prescriptive design, rather than being based on
100 engineering analysis, are founded on experience of disasters and have appeared in building
101 regulations in a manner that was described by Law and Beever as ‘magic numbers’ [14]. For
102 example: limitations of compartment areas in Approved Document B in England are based on a
103 survey of post-war buildings in the UK [15]; or escape distances inscribed in codes around the
104 world have at their origin the evacuation of the Empire theatre in Edinburgh, in the UK, in 1911
105 [16]; and compartment sizes for firefighting provisions can be traced back to the Tooley street
106 fire in 1861 [17]. The use of these so-called ‘magic numbers’ in Fire Safety Engineering is a
107 well-known practice that has had an influence on the design of buildings for more than a century
108 [14].

109 However, in contrast to the examples from other engineering disciplines, these changes in fire
110 safety engineering tend to focus on the regulation of the built environment, not on those who
111 practise fire safety engineering. The ‘failure-concern-response’ cycle in other engineering
112 disciplines recognizes that professionals’ practice the profession, and that the profession protects
113 and supports the monopoly of qualified practitioners whilst enabling reproduction of the
114 profession itself. In Fire Safety Engineering this cycle has not been recognised.

115 It is important to note that this is not the case with the fire and rescue services where ‘failure-
116 concern-response’ cycle focuses on staff. For example, recent reforms of the fire service in the
117 UK was undertaken by introducing an Integrated Personal Development System to ensure career
118 progression was linked to ability rather than rank and hierarchical position [18].

119 Another example of regulatory changes in Fire Safety Engineering that have contributed to the
120 development of the practice without developing the profession is the first Warren Centre project
121 on Fire Safety Engineering in Australia which reported in the late 1980’s [19]. This project
122 paved the way for the Fire Code Reform Centre work in 1994, and informed the first
123 performance-based building code for fire safety in Australia that was introduced in the late
124 1990’s [20]. It enabled the transition from a prescriptive regulatory environment to a
125 performance based regulatory environment. This also led to the publication of the first version of
126 the International Fire Engineering Guidelines [21].

127 As will be discussed in this article, while this process should have reinforced the role of the
128 professional Fire Safety Engineer in the design process, the way that performance-based design
129 has been implemented in Australia and around the world actually obscures this need. This is
130 because, upon its introduction, performance-based regulation was made to co-exist with
131 prescriptive solutions in such a way that both were seen as viable codified alternatives to
132 demonstrating safety in the built environment. This was a necessity, for two reasons:

- 133 • Unlike other engineering disciplines, such as structural engineering, fire cannot be
134 treated using semi-probabilistic code formats [22] that enable the introduction within a
135 single code structure regulated prescriptive elements (ex. loads) and performance-based
136 analysis (ex. methods for member stress calculation).
- 137 • There was not a sufficient number of well-educated and qualified fire safety practitioners
138 to work in an environment which only permitted performance-based design.

139 The result, however, is that this enabled a growth in the numbers of practitioners to be filled by
140 poorly qualified individuals. These individuals perpetuated the reliance largely on the
141 prescriptive solutions as a means of demonstrating safety but also, in many cases, developed very
142 poorly conceived and justified performance-based designs. New products, new materials, new
143 trends in the built environment were almost without exception held up against the benchmark of
144 prescriptive design. While it is clear that designs of exceptional quality have been developed
145 throughout the years, the lack of definition of what is a ‘quality practitioner’ has confused the
146 assessment of quality and thus disabled the profession from being able to identify and highlight
147 such exemplars [23]. It is much more common to find criticism to the practise than quality
148 highlights [24].

149 Fire killed 3,655 individuals and injured 15,200 in the US in 2018 [25]; in Europe fire kills a
150 similar number, 3500 annually but results in significantly more (70 000) injuries [26]. According
151 to Allianz, fires and explosions in the built environment account for 59 % of annual business
152 interruptions globally [27]. And yet, there has never been up until now a significant introspection
153 into the profession of fire safety engineering in response to a fire. On the basis of the frequency
154 of fires, the economic impact of fires, the numbers of fatalities, and the number of injuries
155 annually the need for such a review should be clear. However the Grenfell tower disaster in the
156 UK in 2017, the Lacrosse fire in Melbourne in 2014 [28], and the results of Government
157 enquiries in Australia such as the Lambert enquiry [29] and the Victorian Attorney General’s
158 report [30], amongst others internationally, have given further high profile impetus to this need.
159 The scrutiny that fire safety is under, following these incidents, has been an opportunity for fire
160 safety engineering to follow that same cycle of ‘failure, concern, response’ but this time to focus
161 on properly defining its professional identity.

162 This opportunity has been taken by the second fire safety project launched through the Warren
163 Centre in 2017. Concluding in 2020, this project has had as its objective the professionalization
164 of Fire Safety Engineering in Australia. This objective echoes similar calls from elsewhere
165 around the world, for example by the SFPE in Europe seeking professional recognition of Fire
166 Safety Engineers, and requiring a consistency in education, competencies, and standards in Fire
167 Safety Engineering [31]. The objective of the current Warren Centre project is further motivated
168 by the Australian Government Productivity Commission reports [32] as well as historic goals of
169 the Australian Building Codes Board to improve market penetration of performance based

170 designed buildings within Australia [33], removing many of the potential barriers to innovation
171 that prescriptive regulation could impose.

172 This article draws on some of the content of two of the reports from this second Warren Centre
173 project on Fire Safety Engineering, to further promote the case for global reform of the fire
174 safety engineering professional community. Specifically, the article draws from the Education
175 [34] and the Method reports [35] and discusses some of the issues highlighted in these in
176 reference to the attributes that define a profession and the identification of these in fire safety
177 engineering practice.

178 The issues presented herein, although largely written from an Australian perspective, are
179 recognisable in other jurisdictions around the world. For example in Europe, and as already
180 noted [31], these issues have been recognized in countries with an accreditation process for
181 practicing engineers that reflects the accreditation process as described by the International
182 Engineering Alliance. Some of the issues discussed are however also recognisable, to some
183 degree, in some countries that are not signatories to the Washington Accord, such as Sweden
184 where it has elsewhere been highlighted that there are no requirements for licensing of fire safety
185 designers, and that the title of “Fire Safety Engineer” is not protected [36]. The issues of
186 inconsistent levels of both education and the accompanying checks on first and second tier
187 accreditation are therefore likely familiar to many; as is the discussion around the over reliance
188 on the prescriptive solution to the problem not just in its own application but also as a de facto
189 performance objective for design.

190 **2. Attributes of a profession**

191 In defining a profession, one inevitably looks to identify the specific attributes that differentiate a
192 profession from a vocation. However, these are difficult to quantify and in many respects the
193 differences between a vocation and a profession may be considered to be more relative than
194 absolute. That is to say, there is a scale between those traditionally vocational occupations at one
195 end and the traditional professions such as medicine or the legal professions at the other end.
196 Most engineering disciplines sit somewhere within this scale. In defining qualitatively what a
197 profession is, various writers have done this from the perspective of a variety of different
198 occupations [37, 38, 39]:

199 *The sociological approach to professionalism is one that views a profession as an organised*
200 *group which is constantly interacting with the society that forms its matrix, which performs its*
201 *social functions through a network of formal and informal relationships, and which creates its*
202 *own subculture requiring adjustments to it as a prerequisite for career success.’*

203 *‘Professional status is ... an implied contract to serve society over and beyond all specific duty to*
204 *client and employer in consideration of the privileges and protection society extends to the*
205 *profession.’*

206 *‘For a profession may be defined as an occupation based upon specialised intellectual training,*
207 *the purpose of which is to supply skilled advice and service to others in return for a definite fee*
208 *or salary.’*

209 The attributes that define a profession according to these same writers are summarised below
210 under four headings: A systematic body of theory and skill in its application; professional
211 authority; a regulative code of ethics, and finally a professional culture. These are based on

212 various attributes identified in the professions of Social Work (Greenwood [38]), Dentistry
213 (Fleming [37]), and Electrical Engineering (Dahrendorf [39]).

214

215 **2.1 A systematic body of theory and the skill in its application**

216 Mastery of a systematic body of theory and skill in its application are the skills that characterize
217 a profession and which flow from and are supported by a fund of knowledge that has been
218 organized into an internally consistent system.

219 This was identified explicitly by Greenwood, writing about social work; as well as by Fleming
220 writing about Dentistry who refers to a “combination of Skills and a Foundation of Theory”; and
221 by Wickenden, a former president of the Institution of Electrical Engineers as a “Body of
222 Knowledge or Art”.

223 **2.2 Professional authority**

224 Professional authority can be either assumed or granted. Assumed authority is based on the
225 mastery of the systematic body of theory and its application which serves to differentiate
226 between the level of knowledge of the professional and the comparative ignorance of the layman.
227 Granted authority is the license granted by the state to members of a profession to practice in a
228 monopoly and which allows their control over the educational programs which enable the
229 profession to reproduce.

230 Identified by Greenwood as separate attributes of “Professional Authority” and “Community
231 Sanction”, this attribute is also similar to the attributes of “Authority” identified by Fleming and
232 of “Recognition of Stature” identified by Wickenden.

233 **2.3 A regulative code of ethics**

234 A regulative code of ethics applies to both the client-professional relationship and the intra-
235 professional relationships. It dictates the neutrality with which professionals must engage with
236 their clients and the supportive nature with which they must engage with their colleagues.

237 This was identified by Greenwood; as well as by Fleming who referred to “Professional conduct
238 and ethics”; and by Wickenden who referred to a “standard of conduct”.

239 **2.4 The professional culture**

240 The professional culture, being the network of formal and informal groups that comprise the
241 profession, includes centres of practice, educational establishments, and the professional
242 associations that comprise that culture. Amongst other things, the function of the professional
243 culture includes the reproduction of the profession through accreditation of university degrees
244 and the “screening” of potential candidates prior to admission to professional practice.

245 This was identified by Greenwood; Fleming discussed “The professions as societies within
246 societies and the reproduction of the profession”; and Wickenden explicitly referred to the
247 Accreditation process which falls under the remit of the profession, the standard of professional
248 qualifications reflected in the accreditation process and the Organisation of the professional
249 group.

250 With a particular focus on the systematic body of theory and the skill in its application, each of
251 these 4 attributes are discussed in the following sections in relation to Fire Safety Engineering.

252 **3. A systematic body of theory and skill in its application**

253 **3.1 The engineering design process**

254 Engineering design generally is the systematic generation and evaluation of specifications for
255 artefacts whose form and function achieve stated objectives whilst respecting certain
256 constraints [40]. The Fire Safety Engineering design process is no different – with the product of
257 the design process being the specification of a ‘Fire Safety Strategy’ for a building that conforms
258 to the drivers and constraints specific to the project [41]. The ‘Fire Safety Strategy’ comprises
259 many components, including for example the detection and alarm system, the egress strategy, the
260 smoke management strategy, provisions for first responder intervention, and the structural fire
261 design. Each of these components has a particular body of theory that underpins their
262 functioning. In achieving the objectives of the ‘Fire Safety Strategy,’ all of these components
263 work together holistically and the performance of one component inevitably has an effect on the
264 required performance of the other components in order to achieve the over-riding objectives of,
265 for example, life safety of the building occupants and first responders, or avoiding
266 disproportionate collapse of the structure; all whilst respecting any constraints.

267 Nominally Fire Safety Engineering in many jurisdictions is undertaken in an environment that
268 permits both a prescriptive approach and a performance-based approach as a means of meeting
269 the performance requirements. These performance requirements are a specific constraint to most
270 projects which are imposed by the regulatory environment. When both a prescriptive and a
271 performance-based approach is permitted according to one set of regulations this is usually under
272 the guise of a performance based regulatory environment with the prescriptive solution being
273 inscribed as a solution which is ‘deemed to satisfy’ the performance requirements.

274 According to Beck in the first Warren Centre project into Fire Safety Engineering [19]; and to
275 Meacham in collaboration with the SFPE [42], a performance-based regulatory environment
276 comprises three components:

- 277 • The code or codes, which explicitly state the societal goals (what we expect from the
278 building), functional objectives (how the building or systems function to meet the goals) and
279 Performance Requirements (a statement of the level of performance that must be met in order
280 for the building to meet the societal goals and the functional objectives) that are a reflection of
281 the expectations of all relevant stakeholders in society of the expected level of safety provided
282 by a building;
- 283 • Guidelines, standards or practices that describe accepted methodologies for compliance with
284 the code. These may be referenced in the code but should be separate documents; and
- 285 • Evaluation and design tools which comprise accepted methods for assisting in the
286 development, review and assessment of designs. These may include for example engineering
287 standards, practices, tools or methodologies and verification methods as may be used for
288 assessment of compliance. These need not be specified as part of the regulatory environment,
289 since they must be allowed to evolve to fit the needs of the profession, nevertheless they form
290 an essential part of the environment.

291 The composition of this environment has been further expanded on and further detail added
292 elsewhere, e.g. [43]. However the basic structure remains largely unchanged since it was first
293 written about in the Fire Safety Engineering literature. In the performance-based regulatory
294 environment, regulatory acceptance of a design is possible contingent on the ability to
295 demonstrate that specified objectives as expressed in the performance requirements, which
296 generally become the legislated legal requirements, have been met in the case of the
297 performance-based approach.

298 Societal goals, functional objectives and performance requirements should be consistent between
299 performance and prescriptive solutions. Thus, performance-based analysis of a prescriptive
300 solution should demonstrate that the expected level of safety has been attained. By definition,
301 there is a wider spectrum of solutions open to the designer in a performance-based regulatory
302 environment than there is in a prescriptive regulatory environment – otherwise the complexity of
303 the prescriptive environment becomes unmanageable. If thought in these terms, a prescriptive
304 solution is, just one pre-analysed solution that meets the same requirements as the many
305 equivalent performance solutions. These requirements are to be established by society and not by
306 the designer [24]. However, in fire safety, in adopting a prescriptive solution, the achievement of
307 this acceptable level of safety is never demonstrated and is implicit based on the adoption of the
308 prescriptive provisions in the development of the specifications of the individual components
309 that comprise the ‘Fire Safety Strategy’ [44]. The ‘Fire Safety Strategy’ and explicit performance
310 requirements are never established and therefore the problem with performance-based design
311 stems already from an ill-defined prescriptive framework. This is discussed in detail in the
312 following sections.

313 **3.2 The role of the prescriptive provisions within the performance -based environment**

314 Many building codes around the world include prescriptive provisions which if followed and
315 incorporated in a building as a solution are a means to satisfy the performance objectives. These
316 prescriptive provisions represent a ‘recipe book’ solution where the required performance of
317 each design element is described in detail [45] and are a route to compliance for a designer that
318 does not want to develop from first principles a means of achieving the Performance
319 Requirements [46].

320 When the prescriptive approach exists in a performance based regulatory environment, this is
321 possible by virtue of it being one of the many solutions that meets the explicit Performance
322 Requirements of the code or codes. When exercising a prescriptive solution this needs to be
323 combined with evidence of suitability, which normally takes the form of evidencing that the
324 prescriptive solution is enabled by the classification of the building. This classification in many
325 building codes is a function of parameters such as the building height, its use, floor area,
326 location, materials of construction, etc. In application the classification therefore also imposes
327 assumptions about the expected performance of certain elements or fire safety measures of the
328 Fire Safety Strategy, thus limiting the fire scenarios to which the building could be exposed, and
329 therefore removing the need to evaluate the ‘Fire Safety Strategy’ for these scenarios. For
330 example:

- 331 • provision of spandrels and cavity barriers in a non-combustible façade are thought to
332 remove the possibility for vertical flame spread for high rise buildings via the external
333 building envelope [47],

- 334 • a lack of suppression will indicate an acceptance of total loss for buildings if little to no
335 structural resistance to fire is provided,
- 336 • a defend in place strategy for hospitals will only be made possible through the provision
337 of adequate compartmentation removing the need to analyse the response of the building
338 structure to fire spread between compartments, etc.

339 If any of these provisions are changed then there is a necessary change to both the scenarios for
340 which the building should be analysed, and to the required performance of the other provisions in
341 order to ensure the overall objective of the ‘Fire Safety Strategy’ is achieved. An approach to
342 design that is based on a prescriptive solution therefore only works when the building that is the
343 subject of that design falls within the classifications available in codes [34]. These classifications
344 are a proxy for the potential consequences of a fire in a building, and the prescriptive solutions
345 are a means to mitigate the risk. The prescriptive solutions also serve to limit in many instances
346 the range of hazards to which a building will be exposed, for example excluding vertical fire
347 spread by preventing the use of combustible cladding, or limiting the spread of fire via internal
348 linings through the Euroclass system [48].

349 However, being based on historical approaches and experiences arising from disasters, the ability
350 to apply the prescriptive provisions to problems that were not conceived when the provisions
351 were written relies on some mastery of the body of theory of fire safety engineering. Frequent
352 solutions could be automated, however in a constantly evolving environment the implication of
353 the application of existing rules in the acceptance of new products is lost. This is nowhere more
354 evident than in the current debate in the literature surrounding the suitability of the fire resistance
355 framework in the certification of cross laminated timber elements in construction [49, 50, 51,
356 52]. There is a degree of skill required in determining when a building falls outside of the scope
357 that permits the prescriptive solution, or when the assumptions or limitations implicit in the
358 background to the prescriptive provisions exclude the use of certain products, layouts, etc.
359 Without some mastery of the body of theory, then the evidence of suitability, the only aspect of a
360 prescriptive solution that requires any form of verification, cannot be adequately checked.

361 It is therefore a misconception, but common within practice, that the implementation of
362 prescriptive solutions requires little to no skill in the application of the systematic body of theory
363 that underpins fire safety engineering. Thus, application of prescriptive solutions is often
364 undertaken without the involvement of a professional Fire Safety Engineer.

365 **3.3 The application of performance-based design**

366 Performance-based design is applied either when buildings fall outside of the classifications
367 available in the codes or when the narrow prescriptive solution afforded by the prescriptive
368 provisions is unsatisfactory to one or more of the stakeholders of a project. In this case, since
369 either one, or both, of the classification and the design solution have now departed from the
370 boundaries of the prescriptive solutions, the implicit assumption of achieving a tolerable level of
371 safety based on these prescriptive solutions no longer applies. There is insufficient evidence for
372 these complex buildings or these bespoke solutions to be able to make any assumptions or
373 implicit determinations with regards to the level of safety. Complex, novel, or unusual aspects of
374 specific buildings can challenge all aspects of the Fire Safety Strategy in unforeseen ways, and
375 since the Fire Safety Strategy is intrinsically holistic in its implementation the need to explicitly
376 demonstrate and evaluate the safety of the solution arises [53].

377 Now the Fire Safety Engineer must adopt some form of calculation method in order to
378 demonstrate a balance between the drivers and constraints which they are working within. This
379 may take the form of, for example, the development of a model or models and then their
380 subsequent manipulation in the form of carrying out simulations to calculate the impact of
381 different scenarios on specific aspects of a ‘Fire Safety Strategy.’

382 It is here that the Mastery of the body of theory in Fire Safety Engineering and its application is
383 demonstrated: in the development of design solutions to complex problems. This is in principle
384 enabled by the performance based regulatory environment, which permits any solution to the
385 problem so long as the performance requirements are met.

386 The role of the engineer in this instance therefore extends to being not only able to evidence
387 applicability of the solution chosen; it now includes the creative responsibility for development
388 of said solution and the determination of a suitable form of assessment of compliance with
389 building code Performance Requirements.

390 Again, the co-existence of the prescriptive solution of the characteristics of those implemented
391 for fire safety in an environment that permits a performance-based solution poses a problem.
392 When exercising a Performance Solution, the level of safety provided by an artefact is often the
393 de facto performance requirement of a Prescriptive Solution that has no explicit performance
394 requirements and that is specified according to the nearest available classification . This is
395 incorrect, since the prescriptive solutions have never been shown to provide an adequate level of
396 safety for a building outside of the related classification. This is a product of the retention of
397 unassessed prescriptive solutions in the performance-based building code and regulatory
398 environment. It is important to restate that these solutions evolved from a prescriptive framework
399 without a return to first principles of the design process or checking of the level of safety of the
400 original prescriptive based designs.

401 The prescriptive solution also has another inescapable and important impact on the format of
402 building regulations in many jurisdictions. The retention of the current prescriptive solution
403 framework in the performance-based environment has meant that the structure of building
404 regulations typically is driven by the specifications of the prescriptive solution. This means that
405 performance-requirements are typically stated in reference to components of the ‘Fire Safety
406 Strategy,’ and not to the overall ‘Fire Safety Strategy’ itself.

407 The question therefore arises for the performance-based solution as to what constitutes an
408 adequately or tolerably safe design? It is here that the need to re-emphasise the role of the Fire
409 Safety Strategy as the artefact being designed becomes clear, and in so doing the ability of the
410 practitioner to apply the specialist body of theory to complex problems becomes of paramount
411 importance. This responsibility can and should only rest with the professional who has the ability
412 to apply the systematic body of theory.

413 The body of theory underpinning Fire Safety Engineering has been described in detail elsewhere.
414 For example, by the Working Group on Fire Safety Engineering Curricula in 1995 [54] and by
415 the more recent curricula published by the Society of Fire Protection Engineers [55, 56]
416 However, the attributes that are required for professional practice go far beyond the body of
417 theory alone, e.g. as in the process described by the International Engineering Alliance [57].
418 Therefore, those attributes that deem a Fire Safety Engineer competent go beyond the body of
419 theory and need to be defined. Fire Safety Engineering is unique, within the engineering

420 professions, in that these attributes have never been defined. There is therefore a need to define
421 these competencies, along with a necessary revisiting of the curricula and pedagogy required to
422 educate Fire Safety Engineers [34]. The systematic body of theory of Fire Safety Engineering
423 and the skill of Fire Safety Engineers in its application are key attributes that are, or rather should
424 be, reflected in the requirements and expectations for accreditation of practicing Fire Safety
425 Engineers.

426 The practice of fire safety engineering varies significantly from jurisdiction to jurisdiction, with
427 accompanying differences in the required education and ability of practitioners. For example, in
428 Europe, many of the Member States have no requirements for any kind of registration or
429 licensing of Fire Safety Engineering practitioners [58]. In Australia there are variations between
430 the states in terms of how individuals performing fire safety engineering are regulated, where
431 some states require accreditation of the practitioner and maintain a regulatory oversight of this,
432 and others do not. This issue, the reasons and evidence for which is discussed in detail elsewhere
433 [34], is summarised by Woodrow et al.[23], who attributes it to the small size of the discipline,
434 the lack of rigour in licensing procedures, the reliance on prescriptive approaches to design and
435 the educational programs which are a part of the professional culture that support this:

436 *“Poor competency awareness within FSE is partly a consequence of the small size of the*
437 *discipline and the lack of support for initial or continuing education, which necessitates the*
438 *utilization of poorly educated practitioners to fill available positions; partly a consequence of*
439 *the lack of rigorous [licensing] procedures for practitioners; partly a consequence of our*
440 *reliance on prescriptive approaches to design, which permit (indeed promote) a lack of*
441 *fundamental understanding of the principles upon which an integrated Fire Safety Strategy*
442 *should be based; and partly a consequence of educational programmes which support all of the*
443 *above.”*

444 All of the above is not to say that there is not a body of theory that underpins Fire Safety
445 Engineering. For example, the SFPE Handbook of Fire Protection Engineering is a substantial
446 synthesis of a significant portion of this knowledge, and while it contains many examples, the
447 focus in this handbook and in the majority of curricula noted above is not on their application to
448 complex engineering problems. Yet the application of the theory to complex problems is an
449 essential and explicit aspect of the professional engineer. For example, the Engineering Council
450 UK defines Chartered Engineers as those who “develop solutions to engineering problems using
451 new or existing technologies through innovation, creation and change and they may have
452 technical accountability for complex systems with significant levels of risk.” Consistent with
453 this, Woodrow et al [23] write that the focus of education should not be on the solution to the
454 problem but on its definition. Knowledge is still required to achieve a solution, but this
455 knowledge will be acquired and applied as and when necessary. This is not to say that on the job
456 education in Fire Safety Engineering is sufficient, since it is the skill in the systematic theory that
457 enables the professional to orient themselves towards the acquisition of new knowledge as and
458 when it is needed.

459 While the knowledge base is a focus of existing curricula in the literature [54 – 56], this concept
460 of its application to design is not. This is with the exception of the framework proposed by
461 Woodrow et al [23]; who highlights the importance of drawing a distinction between training and
462 education of engineers. Training being defined as the imparting of knowledge, and education
463 being defined as the development of skills in students. The former refers to the ability to apply

464 code-based solutions to fire safety problems, or to carry out engineering calculations to calculate
465 the performance of a system or component – a level of application which does not reflect a
466 mastery of the body of theory underpinning the profession. Whereas the latter refers to the ability
467 to apply first principles to engineering problems, working outside of prescriptive codes and
468 applying a creative process to achieve a desired level of safety.

469 Professionals in Fire Safety Engineering require purpose, autonomy and structure. Nevertheless,
470 it is clear that to attain the necessary autonomy required to solve novel problems higher
471 education needs to be centred on purpose. The role of prescriptive solutions to the fire safety
472 problem - their codification and their use as de facto levels of safety for benchmarking
473 prescriptive solutions - obscures the need to properly understand and to fluently apply the body
474 of theory.

475 **4. Professional authority**

476 **4.1 Assumed professional authority**

477 It is the mastery of the systematic body of theory and the skill in its application described in the
478 previous section which gives the professional the ability to assume authority over the discipline.
479 This authority forms the relationship between the professional and the client and is reflected by
480 the expectation that the expertise and the good will of the profession are to be taken on trust.
481 Evidence of a lack of trust in the expertise of the profession of Fire Safety Engineering is clear in
482 recent reviews of building regulations and regulatory systems in countries around the world, e.g.
483 the report into the Hackitt enquiry in the UK [59], the Shergold / Weir enquiry in Australia [60]
484 or in recent research in Sweden where a lack of clarity in roles surrounding fire safety has also
485 been identified [61]. Furthermore, this lack of trust is encouraging other professions to attempt to
486 occupy the professional space of the Fire Safety Engineer. This is the case in the UK where
487 RIBA has set and Expert Advisory Group on Fire Safety where architects are being discussed as
488 the designers with primary responsibility for fire safety [62], or IStructE that has recently
489 published a document where structural performance in fire is treated not considering that
490 adequate performance of a structure is an integral part of an overall ‘Fire Safety Strategy’ [63].

491 As a result of the regulatory framework and the way in which fire safety is implemented around
492 the world, we assert that Fire Safety Engineers have customers more often than they have clients.
493 There are only a limited number of cases in which Fire Safety Engineers seek to or are invited to
494 review, as a whole, the ensemble of features of a building that comprise a Fire Safety Strategy
495 and to provide advice as to an overall solution. This is enabled by the current environment in
496 many countries where the performance requirements are not stated holistically, but in reference
497 to the components of a prescriptive solution.

498 At this point it is interesting to draw a comparison between the role of trades and the role of
499 professions. Trades can be said to have customers whereas professions have clients. Customers
500 determine what service or commodity that they want and shop around for them. Customers have
501 the capacity to determine what it is that they want and to judge the ability of the source to deliver
502 that need. Clients however are led by professionals in determining what it is that is required for
503 them in their current situation. Clients seek advice, whereas customers seek a service or a
504 specific solution. The Fire Safety Engineering process and the involvement of the Fire Safety
505 Engineer is often only triggered as a result of an inability to implement the prescriptive

506 specifications to a *specific* component of the Fire Safety Strategy. This often results in customers
507 seeking a solution to only a specific aspect of the problem in Fire Safety Engineering.

508 The current framework often disables Fire Safety Engineers from working in projects with
509 clients. It is common that the competency of the Fire Safety Engineer is not recognized and thus
510 those commissioning the work carry the perception that they know what they need, i.e. they are
511 customers. There are notable exceptions and these statements are clearly not universal. There are
512 many examples of buildings where the Fire Safety Engineer has been involved from the outset of
513 the process and where they have had a key role in the realisation of the building. Almost
514 universally this is through the recognition on the part of developers and architects as to the
515 unique skills that professional Fire Safety Engineers can bring to a project. Nevertheless it is
516 currently common that client relationships are often undermined by customer relationships, in
517 many case driven and promoted by fire safety practitioners. These fire safety practitioners allow
518 themselves to operate within the framework of a trade, and the regulatory environments that they
519 work in promulgate this. This is evidence of a lack of assumed professional authority. The role of
520 professional bodies in this cannot be understated, and as will be discussed in the following
521 section those bodies which represent the profession have a role in promoting both the importance
522 of Fire Safety Engineering and the superior skill required.

523 **4.2 Granted professional authority**

524 State granted professional authority comes with a number of different responsibilities. Of
525 primary importance is the license to practice in a sanctioned monopoly, which comes as a result
526 of granting of the professional title, *sine qua non*. Administered by an organisation representing
527 the body of the profession, this licensing system is reflective that the holder has attained the
528 competence and attributes that are required in order to be able to perform in the role with a high
529 degree of efficacy in regard to the expectations of that role.

530 Normally, the granted authority of a profession over their domain of practice is a result of a
531 representative body demonstrating that the effective performance of the duties of the occupation
532 requires specialised education, and that the importance of the activity being undertaken is such
533 that the superior skill implied by the specialised education justifies the granting of a monopoly to
534 those who have the skill. The provision of Fire Safety Engineering is of such importance.

535 While there are nominal professional bodies which represent Fire Safety Engineers, for example
536 the Institution of Fire Engineers (IFE), or the Society of Fire Protection Engineering (SFPE), as
537 discussed above, membership of such a body is not always a requirement to practice. Therefore,
538 in contrast to many other established professions, Fire Safety Engineering as a profession has
539 very little evidence of granted authority over the domain of practice in many jurisdictions.

540 All of this is a result of the apparent lack of complexity in the development of the specifications
541 of a Fire Safety Strategy through the implementation of prescriptive provisions. Their
542 promulgation, as noted, apparently simplifies the process of developing the specifications of a
543 Fire Safety Strategy for all but the most complex buildings and so we cannot argue that superior
544 skill is required.

545 **5. A regulative code of ethics**

546 Typically, as part of the professional accreditation process, professional engineers have to sign
547 up to ethical codes of conduct. Examples include: the Engineering New Zealand Code of Ethical

548 Conduct [64]; Engineers Australia’s code of ethics [65]; the SFPE Code of Ethics for Fire
549 Protection Engineers [66]; and the IFE code of conduct [67]. Some jurisdictions, such as New
550 Zealand, require annual reaffirmation of the professional’s continued observance of the code of
551 ethics [64].

552 The regulative code of ethics may be challenged by many of the actions that the Fire Safety
553 Engineer may take. The discipline has responsibility for the development of solutions which
554 under normal operation are never tested and therefore errors in the process, either deliberate or
555 accidental, only in relatively few instances become apparent.

556 For example: in application of partial Performance Solutions to the development of a Fire Safety
557 Strategy without due consideration of the overall impact of the deviations on the overall level of
558 safety afforded by the resulting solution; or through failure to comment on matters of potential
559 concern that fall outside of the remit of the brief of the practitioner, but which fall within the area
560 of expertise that may be expected of the practitioner based on the mastery of the body of theory.
561 Clearly, a professional cannot be expected to have complete competence either in terms of
562 awareness or skill in application of the entire body of theory underpinning the profession, but
563 this recognition serves to highlight the importance of the ethical practice and the ability of the
564 professional to recognise and to work within the bounds of the limitations of their own
565 competence. Obviously, this latter example has at its core the expected competence of the
566 practitioner and so is also related to the professional culture as will be discussed.

567 One such example of the above is the result of the Victorian Civil and Administrative Tribunal,
568 VCAT, ruling into Lacrosse Building fire in Melbourne in 2014, where the judge ruled that,
569 despite the fact that the combustible Aluminium Composite Panel, ACP, cladding did not fall
570 under the brief of the Fire Safety Engineer on the project, there was a failure to exercise due care
571 and skill in failing to advise their customer of the inherent risks of this material [68]:

572 *“failing to conduct a full engineering assessment of the Lacrosse tower in accordance with the*
573 *requisite assessment level dictated within the [International Fire Engineering Guidelines] and*
574 *failing to include the results of that assessment in the Fifth [Fire Engineering Report (FER)];*
575 *[and] failing to recognise that the ACP proposed for use in the Lacrosse tower did not comply*
576 *with the [Building Code of Australia] and failing to warn at least LU Simon (and probably also*
577 *Gardner Group, Elenberg Fraser and PDS) of that fact, whether by disclosing these matters in*
578 *the Fifth FER or otherwise.”*

579 This ruling is also of relevance to one of the findings of the Shergold Weir enquiry [60]:

580 *“Many building practitioners focus narrowly on issues of technical compliance with the NCC*
581 *[the National Construction Code, of Australia} and regulations while overlooking or ignoring*
582 *their wider responsibility to ensure fitness for purpose on buildings.”*

583 The relation of the public to the profession clearly has the potential to be one of Caveat Emptor,
584 let the buyer beware. This is also reflective of the decomposition of the objectives of the Fire
585 Safety Strategy as discussed above into the performance of the individual components as given
586 in the building regulations. The recommendations from both the Hackitt Enquiry and the
587 Shergold / Weir enquiry strongly promote a culture of Credat Emptor, let the buyer have trust.

588 **6. A professional culture**

589 Generally, professional accreditation requires a proof of certain common knowledge, skills and
590 attributes. According to the International Engineering Alliance (IEA) this is a two-stage process
591 comprising a first stage which includes a mastery of the body of theory and its application and a
592 second stage which comprises a period of supervised professional practice during which an
593 engineer obtains certain professional attributes and experience that cannot be taught at University
594 [69]. This first stage is, in most professions, achieved by successfully completing a higher-
595 education program accredited by a body of professionals practicing in the relevant discipline.
596 Where the body accrediting the degree program is located in a country that is a signatory to the
597 Washington Accord then this first tier accreditation of the practitioner is recognized and
598 transferable between jurisdictions. Alternatively, an individual can seek assessment of their basic
599 competencies and provide evidence that they possess the same attributes as would be expected of
600 an individual with a Washington Accord accredited degree. Regardless of which route is
601 followed, the result is the same and that is that first tier accreditation of an individual according
602 to the process outlined by the IEA is recognition that an individual possesses a common set of
603 attributes required to enter practice.

604 Once the individual demonstrates this mastery of the basic knowledge and skills then the
605 individual can enter practice under the supervision of an accredited professional. What follows is
606 a demonstration of competent practice during which the individual obtains certain professional
607 attributes. The relevant professional body will then make an assessment to determine whether or
608 not the individual can exercise technical competence in practice, as well as ensuring the
609 professional has the ethical attributes expected of a practising professional engineer. This is
610 called second tier accreditation. After successfully completing this process, the individual is
611 admitted to professional practice and offered professional accreditation (sometimes called
612 registration) by the same relevant professional engineering body [69]. Generic first and second
613 tier attributes are listed by the IEA [70], and recognizable in the competencies that are looked for
614 before admission to practice in Washington Accord signatory countries. Again, these
615 competencies are rarely discipline dependent. A list of signatories to the Washington accord is
616 given elsewhere [71].

617 As previously discussed, frameworks in different countries around the world do not always
618 require Fire Safety Engineering to be practised by accredited practitioners. On this basis, some
619 have argued that Fire Safety Engineering functions as a trade as opposed to a profession [72].
620 The acceptance of this argument however requires the drawing of a clear distinction between
621 these two terms, which is difficult to find. Above, this has been argued based on our assertion
622 that Fire Safety Engineers often have customers rather than clients. Elsewhere this has been
623 argued based on the level of education that permits an individual to professional practice [34].

624 This specific issue of education has also been highlighted as a problem in, e.g. Europe [23].

625 This challenges the definition of Fire Safety Engineering as a profession according to the
626 definition of an engineering professional given by, e.g., the Australian Standard Classification of
627 Occupations (ASCO) [73]. ASCO defines an engineering professional as someone who
628 “perform[s] analytical, conceptual and practical tasks in relation to the chemical and physical
629 properties of the universe, life forms and the environment and the design and function of
630 machines, production systems and structures.” According to ASCO, most occupations which
631 constitute an engineering profession require a level of skill commensurate with a bachelor’s

632 degree in the subject of practice and some period of relevant experience. This is consistent with
633 the process for accreditation described by the IEA.

634 Fire Safety Engineering falls well short of the standards of the accreditation process of many of
635 the more established engineering disciplines and the most important weakness of Fire Safety
636 Engineering today is arguably the lack of a robust first tier accreditation process. Most
637 professions will have a path for individuals with no first-tier accreditation to enter the
638 professional realm. Nevertheless, these are exceptions that are rigorously scrutinized. In the
639 absence of first tier accreditation there is no guarantee that the individual has the fundamental
640 knowledge or that all the scrutiny and filters common of tertiary education have been enacted.

641 Professional institutions are therefore very careful when admitting someone to practice without
642 such first-tier accreditation. Currently, only a few Fire Safety Engineering programs hold first
643 tier professional accreditation globally, but even for these institutions, the process followed for
644 accreditation has not been fully rationalized or kept up to date [23].

645 Second tier accreditation is currently granted, in many countries, through the exception scheme
646 (either when an engineer moves from a country that is not a signatory to the Washington Accord
647 to one that is, or when an engineer simply does not possess an accredited degree), then there
648 needs to be an assessment of their competencies as part of this alternative path to accreditation.
649 Given that the majority of Fire Safety Engineering applicants fall within the exception and since
650 there is no well-defined framework of required knowledge or attributes, this process of second
651 tier accreditation also has questionable value [74].

652 **7. Conclusions**

653 The Fire Safety Engineering community globally has an opportunity before it, unlike at any time
654 since the introduction of performance-based regulation, to formalize the profession.

655 In this article we have compared the practice of fire safety engineering with attributes that have
656 been identified elsewhere that define a profession. We have focused largely on the practice of
657 fire safety engineering, evaluating the role that prescriptive solutions implemented in their
658 current form play in the need for competency in the development of the ‘Fire Safety Strategy,’
659 the impact of this on assumed and granted authority of the profession, the ethical standards that
660 the profession holds itself to, and the professional culture.

661 The authors do not disagree with the deeming principle that supports the application of
662 prescriptive fire safety design. However, when departures from the prescriptive provisions are
663 necessary, the evaluation of whether or not a performance solution achieves the performance
664 requirements of the regulations through the demonstration of equivalence with a part of the
665 prescriptive solution cannot be done. This also applies to the use of a mixture of performance-
666 based approaches and prescriptive provisions, where the use of a performance-based approach
667 should draw into question whether the remaining prescriptive provisions are still applicable
668 within the altered classification.

669 All of the above requires a re-emphasis of the ‘Fire Safety Strategy’ as the artefact that is being
670 designed. This requires the skill and competency of a true professional. However, the need for
671 this is obscured by a reliance on prescriptive solutions for both specification and verification.
672 With a re-emphasis of the fire safety strategy as the artefact that is being designed the necessity

673 for competency in practitioners, knowledge of the systematic body of theory and skill in its
674 application, becomes clear.

675 The lack of a well-defined set of competencies for fire safety engineering has led to a situation
676 whereby the value of Universities in enabling the reproduction of the profession has been
677 diminished. The profession and practice enables itself to reproduce almost exclusively from
678 within, through on the job training, the pitfalls of which have been discussed in this paper.

679 A professional culture is lacking. This lack of a professional culture could also be likened to a
680 culture of ignorance, one which does not benefit from fundamental knowledge, or from the
681 generation of new knowledge but which seeks to continue to propagate or even to evolve
682 prescriptive solutions without all adequate checks and balances which come from rigorous
683 academic research.

684 Robust professional accreditation frameworks cannot exist without a transparent process, and
685 this process cannot be consistent without agreed upon competencies that reflect the needs of the
686 profession. Likewise, the process cannot be effective if the practice admits people without the
687 necessary attributes and yet it is the practice and implementation of fire safety that often focusses
688 on deviations from prescriptive solutions that enables this.

689 While it can be argued that Fire Safety Engineering has a long way to go before it can be deemed
690 a profession on the same level as other engineering disciplines, this is a critical time to change
691 the course of its evolution. Recent incidents have provided significant impetus for Fire Safety
692 Engineering to redefine the cycle of ‘failure – concern – response’ from regulatory reform to
693 properly formalize and define the profession. Fire safety engineering has a systematic and
694 adequate body of theory that can enable higher education institutions to deliver the necessary
695 skill in its application. A change in focus towards the appropriate definition of the competencies
696 and attributes as well as a focus on a comprehensive ‘Fire Safety Strategy’ with clear
697 performance objectives that meet societies requirements will enable the development of a
698 regulative code of ethics. As a result an appropriate professional culture will develop granting
699 Fire Safety Engineers the professional authority required for a proper, fair and equitable practice.

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