1	Mixed cytomegalovirus genotypes in HIV positive mothers show compartmentalization and
2	distinct patterns of transmission to infants.

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4	Juanita Pang <sup>1¶</sup> , Jennifer A. Slyker <sup>2¶</sup> , Sunando Roy <sup>1</sup> , Josephine Bryant <sup>1</sup> , Claire Atkinson <sup>3</sup> , Juliana
5	Cudini <sup>1</sup> , Carey Farquhar <sup>4</sup> , Paul Griffiths <sup>3</sup> , James Kiarie <sup>5</sup> , Sofia Morfopoulou <sup>1</sup> , Alison C. Roxby <sup>4</sup> ,
6	Helena Tutil <sup>1</sup> , Rachel Williams <sup>1</sup> , Soren Gantt <sup>6</sup> , Richard A. Goldstein <sup>1&amp;</sup> , Judith Breuer <sup>7&amp;</sup>
7	
8	<sup>1</sup> Division of Infection and Immunity, University College London, Cruciform Building, Gower St,
9	London, WC1E 6BT
10	<sup>2</sup> Departments of Global Health and Epidemiology, University of Washington, Seattle WA, USA
11	<sup>3</sup> Institute of Immunology and Transplantation, Division of Infection and Immunity, University
12	College London, Royal Free Campus
13	<sup>4</sup> Departments of Global Health, Epidemiology, Medicine (Div. Allergy and Infectious Diseases),
14	University of Washington, Seattle WA, USA
15	<sup>5</sup> University of Nairobi, Department of Obstetrics and Gynaecology, Kenya, World Health
16	Organization
17	<sup>6</sup> Research Centre of the Sainte-Justine University Hospital, Department of Microbiology,
18	Infectious Diseases and Immunology, University of Montréal QC, Canada
19	<sup>7</sup> Department of Infection, Immunity and Inflammation, UCL Great Ormond Street Institute of
20	Child Health, University College London, London, United Kingdom
21	

22 \*Corresponding author. Email: j.breuer@ucl.ac.uk

- <sup>23</sup> <sup>¶</sup>These authors contributed equally to this work.
- <sup>24</sup> <sup>&</sup>These authors also contributed equally to this work.
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## 26 Abstract

Cytomegalovirus (CMV) is the commonest cause of congenital infection (cCMVi) and particularly 27 28 so among infants born to HIV-infected women. Studies of cCMVi pathogenesis are complicated 29 by the presence of multiple infecting maternal CMV strains, especially in HIV-positive women, 30 and the large, recombinant CMV genome. Using newly developed tools to reconstruct CMV 31 haplotypes, we demonstrate anatomic CMV compartmentalization in five HIV-infected mothers 32 and identify the possibility of congenitally transmitted genotypes in three of their infants. A single 33 CMV strain was transmitted in each congenitally infected case, and all were closely related to 34 those that predominate in the cognate maternal cervix. Compared to non-transmitted strains, 35 these congenitally transmitted CMV strains showed statistically significant similarities in 19 genes 36 associated with tissue-tropism and immunomodulation. In all infants, incident superinfections 37 with distinct strains from breast milk were captured during follow-up. The results represent 38 potentially important new insights into the virologic determinants of early CMV infection.

## 40 Introduction

41 Human cytomegalovirus (CMV) is the commonest infectious cause of congenitally-acquired 42 disability [1]. Between 0.2% and 2% of all live births have congenital CMV infection (cCMVi), and 43 of these an estimated 15%-20% develop permanent sequelae ranging from sensorineural hearing 44 loss to severe neurocognitive impairment [2, 3]. Maternal coinfection with HIV, even when 45 mitigated by antiretroviral treatment, is associated with higher CMV viral loads in plasma, saliva, 46 cervix and breast milk, and a greater risk of both congenital and postnatal CMV transmission [4-47 7]. Numerous studies have highlighted the negative health impacts of CMV on both HIV-infected 48 and HIV-exposed uninfected (HEU) infants and children [8-10].

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50 Primary maternal CMV infection during pregnancy confers a 30%-40% risk of transmission to the 51 fetus [11]. Pre-existing maternal CMV immunity appears to reduce the risk of cCMVi, though it is 52 clearly imperfect [12]. Over two-thirds of infants with cCMVi are born to seropositive women, 53 which constitute 88.4% of women in the Kenyan community from whom these study participants 54 were drawn [13]. Moreover, the overall risk of cCMVi is directly proportional to the maternal 55 seroprevalence in a population [14]. Increasing evidence points to the importance of maternal 56 CMV reinfection with new antigenic strains during pregnancy as a major risk factor for non-57 primary cCMVi [12, 15]. Evidence that household children may be a source of maternal 58 reinfection provides additional support for this hypothesis [16, 17].

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60 The CMV genome is the largest of the human herpesviruses. Regions of extensive sequence 61 variability together with high levels of recombination between different strains results in high 62 diversity for a DNA virus [18-20]. Individuals are often infected with multiple CMV strains. We 63 have recently demonstrated that separate CMV haplotypes can be resolved from high-64 throughput sequencing (HTS) data [21]. This advance, by enabling tracking of individual genomes 65 within mixed CMV infections, has already revealed the impact of mutation, recombination and 66 selection in shaping the course of infection [21]. Here we apply these methods to CMV genomes 67 sequenced from samples from five HIV-infected Kenyan women and their infants that were 68 collected between 1993 and 1998 originally for studies of maternal-infant HIV transmission [7]. 69 By reconstructing genome-wide haplotypes from these longitudinal samples, we are able to 70 examine the diversity of CMV shed by HIV-infected women and the specific genotypes that are 71 transmitted in congenital and postnatal infections, and to reconstruct the likely chronology with 72 which specific CMV variants were transmitted from mothers to infants.

# 74 **Results**

#### 75 Participant characteristics, sampling, depth of sequencing

Details of the study cohort, follow-up, sample collection, and HIV and CMV infection status and transmission have been previously described [22-24]. Sufficient residual sample was available from the five families analysed here. To maximise the chance of recovering near full genomes, we selected samples reported in the original publication [23] to have > 10<sup>3</sup> copies/ml, as this is the limit at which we generally can generate whole genomes from blood. Of the five motherinfant pairs analysed, four infants were HIV-exposed uninfected (HEU) (Infants 22, 123, 41, 14), and one was HIV-infected (Infant 12).

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## 84 CMV viral loads and sequencing

85 Cervical, breast milk, and infant blood CMV viral loads, Mother blood plasma HIV viral loads, and 86 time of sample collection for the five mother-infant pairs studied are shown in Figure 1. The 87 percentage of genome coverage and mean read depths are shown in Table 1. While breast milk 88 samples had greater than 70% coverage at depths of 10x or more, the cervical and infant samples 89 were of generally of lower depth, likely due to degradation of DNA due to the age and handling 90 of the samples; genome coverage and mean de-duplicated read depth were directly related to 91 actual CMV genome copy number present in the input material (Figure 1 – Figure Supplement 1). 92 For all subsequent analysis, we removed samples with genome coverage of less than 20%. 93 Fourteen of the remaining 20 cervical and baby samples had genome coverage above 70% and 94 read depths of greater than 10x (Table 1).

#### 96 CMV genome sequence relatedness and diversity

97 We used multidimensional scaling to cluster CMV genomic sequences by nucleotide similarity 98 (Figure 2), as use of phylogenetic trees is problematic due to the high levels of CMV 99 recombination. Sequences from families 12, 14 and 41 all clustered by family. Familes 22 and 100 123 clustered in two distinct spaces, suggesting infection with more than one strain. In all five 101 cases, the first sample from each infant (indicated by an arrow) clustered most closely with that 102 of its mother, indicating the likelihood of recent maternal-infant transmission.

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104 To further investigate the possibility of mixed infections, we calculated the within-sample 105 nucleotide diversity, a metric that we have shown previously can be used as a proxy for the 106 likelihood of mixed strain infections [21]. It has previously been reported that a nucleotide diversity 107 of 0.005 or above is likely to indicate a mixed infection [21]. Figure 2 - Figure Supplement 1 108 shows that almost all the breast milk samples were highly diverse and therefore likely to contain 109 multiple virus strains, a finding consistent with previous analyses of breast milk from HIV-infected 110 women [25]. In contrast, the cervical and infant samples, with the exception of one cervical 111 sample from family 12, showed lower diversity. We used subsampling to demonstrate that 112 computed nucleotide diversities are robust down to sequencing depths of >10 (Figure 2 – Figure 113 Supplement 2). Low diversity was also observed in cervical and blood spots with higher coverage 114 and read depths (Table 1).

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## 116 **Reconstruction of individual haplotypes reveals CMV compartmentalization**

To resolve the individual viral sequences (haplotypes) within each sample, we used our previously described method HaROLD [26]. Figure 3 shows that haplotypes for each sample tended to cluster by family group albeit with clear evidence of distinct clusters even within a family e.g. family 22.

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122 The presence of mixed infections within a single family was supported by data showing that a 123 subset of the sequence haplotypes within each family had pairwise distances as great as those 124 between unrelated GenBank sequences (Figure 3 – Figure Supplement 1). Within-family 125 phylogenetic analysis (Figure 3 – Figure Supplement 2) shows distinct clusters of the 126 phylogenetically related sequence haplotypes recovered from breast milk, cervix and baby, likely 127 to represent variants forming distinct viral strains (Figure 3 – Figure Supplement 2). Based on the 128 distribution of pairwise distances (see Methods, Figure 3 – Figure Supplement 3), we clustered 129 similar haplotypes together into strains henceforth termed genotypes, so that all members of a 130 cluster have a pairwise evolutionary distance with all other members less than 0.017, resulting in 131 26 clusters which we refer to as genotypes. In no cases did haplotypes from different families 132 fulfil our clustering criterion confirming that haplotypes were not shared between unrelated 133 families.

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For ease of reference, genotypes were coloured differently, with the genotype predominating in the first cervical sample of each family coloured red (Figure 3 – Figure Supplement 2). Other genotypes were coloured by their phylogenetic and pairwise distances from this genotype (Figure 3 – Figure Supplement 2). From our data, we identified at total of 26 genotypes with between 3
and 9 genotypes for each family (Figure 3 – Figure Supplement 2).

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141 To elucidate the relationship between maternal and infant genotypes, we plotted the abundance 142 of each within a sample over time (Figure 4). All five mothers were infected with multiple 143 genotypes in breast milk. In many cases genotypes within a single maternal sample were as 144 genetically distant as unrelated database sequences, suggesting the presence of multiple distinct 145 CMV strains (Figure 3 – Figure Supplement 2, Figure 4). Relative genotype abundances present in 146 breast milk changed over time. One unique genotype appeared in the breast milk of mother 22 147 at 6 weeks, disappearing from a subsequent sample (Figure 4). This genotype was genetically 148 distinct not only from other genotypes in family 22 but from genotypes in all other families, 149 reducing the likelihood that it was a contaminant and may therefore have represented a new 150 reinfection or reactivation of pre-existing latent infection. All cervical samples showed a single 151 dominant genotype (Figure 4), including mother 12, whose sample was more diverse and found 152 to contain low levels of other genotypes. Overall, the data point to compartmentalization of CMV 153 populations between cervix and breast milk.

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## 155 **Transmission bottlenecks**

156 CMV genomes from individual infant blood spots also showed lower diversity (Figure 2 – Figure 157 Supplement 1), and predominance of one genotype (Figure 4), including in samples with good 158 sequence read depth e.g. Baby12 DEL and 9M, Baby14 6W,14W and 6M, Baby22 14W, Baby123 159 10W and 12M, (Table 1), indicating the likelihood of a bottleneck in mother-to-child 160 transmission. Two infants (families 12 and 123 Figure 1) who tested positive at birth were first 161 infected with the genotype present in the greatest abundance in the cervix (Figure 4 and Figure 162 3 – Figure Supplement 2). The same pattern was found in a third infant (family 22) whose first 163 sample at two weeks of age tested positive (Figure 2, Figure 3 – Figure Supplement 2, and Figure 164 4). Interestingly, all three of these congenitally infected infants were subsequently re-infected 165 with distinct genotypes present in breast milk (Figure 4). Two infants with initially two (family 14) 166 and three (family 41) negative tests from birth onwards, first became positive at 6 and 10 weeks 167 respectively. The genotypes detected in the blood spots from both of these infants were present 168 in breast milk and differed from the most abundant genotype in cervix (Figure 4).

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#### 170 Subsampling to control for the impact of read depths

171 To determine the degree to which results were affected by the quality of sequence, we 172 subsampled reads of different samples to show that sample diversity calculations are robust at 173 read depths of  $\geq$ 5 (Figure 2 – Figure Supplement 2); eight of the 18 blood spots and four of seven 174 cervical samples had mean read depth ≥10 (Table 1) and all except one were of low diversity 175 (Figure 2 - Figure Supplement 1). To determine the extent to which read depth affected 176 haplotype frequencies, the 12-month breastmilk sample from mother 12, which had a mean read 177 depth of 779.72 and five haplotypes (Figure 3 – Figure Supplement 2), was subsampled down to 178 mean read depth <4 (Figure 4 – Figure Supplement 1). All of the haplotypes in this sample were 179 present for read depths of 22 or more, with three haplotypes identified even at the lowest read 180 depth. Nine out of ten cervical and blood spot samples from four families with read depths of 181 >20 (Table 1), had either single genotypes or multiple closely related variants (Figure 4) 182 supporting previous conclusions around compartmentalization and transmission bottlenecks183 [27].

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# 185 **Genotype compartmentalization**

186 Given the observation of multiple haplotypes in each of the mother-baby pairs, we can ask whether 187 certain genotypes are more likely than others to be found in different compartments, and whether 188 there are common characteristics of the genotypes observed in similar compartments in different 189 individuals. In order to address this question, we considered all possible subsets of between two 190 and five genotypes where each genotype was derived from a different mother-baby pair. We then 191 used fixation index (FST) to compare the genetic similarities of all of the genotypes in this set 192 relative to the remaining genotypes. P-values and false discovery rates for each pair were 193 calculated using non-parametric bootstrapping. In order to compare various subsets, we 194 computed a confidence weighted sum of FST (cwsFST) values for each subset. The distribution of 195 cwsFST values is shown in Figure 5 – Figure Supplement 1. As can be seen, there are a large 196 number of subsets with significant cwsFST values, far in excess of what is observed for scrambled 197 sequences (black line).

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The sum weighted FST value for the subset of five genotypes that predominated in the cervical samples was not significantly different from other subsets, suggesting overall, that genotypes that predominated in the cervix of these women were less closely related than most other comparisons (**Figure 5 – Figure Supplement 1**, black arrow). Intriguingly, however, the subset of cervical genotypes from mother-baby pairs 12, 22, and 123 had a sum weighted FST with a value 204 greater than 99.6% of the other subsets (Figure 5 – Figure Supplement 1, blue arrow), indicating 205 a strong signal of inter-patient viral convergence. These genotypes were from the three mother-206 baby pairs with proven congenital infection based on first detection of CMV in the baby at  $\leq 2$ 207 weeks of age, and in whom the baby's genotype was identical to that predominating in cervix. In 208 contrast, the predominant cervical genotypes from mothers 14 and 41 showed low levels of 209 relatedness (Figure 5 – Figure Supplement 1, red arrow). The infant strains from 14 and 41 were 210 most closely related to those from their mothers' breast milk (Figure 3 – Figure Supplement 2 211 and Figure 4).

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The FST analysis identified 19 genes as likely to be contributing to the genetic similarity between congenitally transmitted genotypes from mothers 12, 22, 123 (FDR < 0.05) (Figure 5). The comparison between these congenitally-transmitted and other genotypes generally yielded the same genes when the pairwise difference was varied to cluster haplotypes into more or fewer genotypes (**Figure 5 – Figure Supplement 2**), suggesting that this finding is not an artefact of decisions about haplotype clustering.

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# 221 Discussion

We used next generation sequencing and haplotype reconstruction of individual CMV genomes, obtained from samples of HIV-infected women and their infants, to identify mixed infections, compartmentalization and distinct viral-genotype associations with transmission of CMV from 225 mother-to-infant. Breast milk CMV showed high nucleotide diversity and, as has been previously 226 reported [25], contained a mixture of viral genotypes, some of which were as genetically distant 227 from each other as unrelated GenBank sequences and can therefore be considered distinct viral 228 strains. Cervical samples were of low nucleotide diversity and dominated by a single viral 229 genotype that was, with one exception, present in lower abundance in breast milk. Our data fit 230 with most but not all [28] previous reports of CMV within-host compartmentalization based on 231 genotyping of subgenomic fragments [29-32]. We found little evidence for widespread new 232 superinfecting or reactivating viruses in these mothers. In line with findings from the 233 immunosuppressed RhCMV monkey model of congenital infection, cCMVi [33] genotypes 234 (strains) comprised families of closely related haplotypes. However, unlike the finding for 235 congenitally transmitted gB and gL RhCMV variants, even where we found transmission of one 236 genotype, maternal and infant haplotypes were not completely identical either in early, 237 potentially congenital CMV infections, or in postnatally transmitted viruses from breastmilk. 238 Neither were haplotypes sampled at different times from maternal breast milk conserved, 239 suggesting a measure of de novo mutation in this patient group, in line with previous findings 240 [20].

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Our method of reconstructing viral haplotypes in serial samples provides insights into the natural history of CMV infection. While all mothers had mixtures of genotypes in breastmilk, the proportions changed over time for some (family 22 and 41) and remained more stable in others. Whether expanding genotypes in mothers 22 and 41 had been recently acquired is not known but would be consistent with incident reinfection. In contrast, all infants were initially infected 247 with a single genotype (Figure 4), supporting a bottleneck to CMV transmission [21, 33, 248 34]. Apparent reinfection by viruses present in breast milk occurred in all four infants with 249 multiple samples (Figure 4). We posit that the appearance of a new strain in an infant sampled 250 from birth can confidently be interpreted as a newly acquired exogenous virus rather than 251 reactivation of a previously undetected one. In all cases, the reinfecting strains were genetically 252 distant from and replaced the previously dominant strain (Figure 4). Taken together with the rise 253 and fall of infant CMV viral loads over time (Figure 1), this pattern is consistent with immunity 254 against the infants' first CMV strain not being protective against reinfection with antigenically 255 distinct strains, a concept that can be further tested. Of note, reinfection with the closely related 256 strains also appears to occur readily with both human CMV and in animal models [16, 35]. 257 Repeated reinfection with distinct strains may explain the high genetic variability observed 258 between sequential samples in early sequencing studies of CMV genomes from congenitally-259 infected infants [19, 32].

260• Those infants who tested positive at <3 weeks from birth were congenitally infected by 261 definition[15]. In contrast, we cannot formally rule out cCMVi in the two others who were 262 classified as having post-natal infection, since sensitivity of PCR detection of CMV DNA in new-263 born blood spots is only approximately 84% [36], and new-born saliva or urine were not available. 264 However, this is unlikely given that only a small minority of infants have cCMVi, even among 265 those born to HIV-infected women. Furthermore, it is striking that genotypes in babies with 266 proven cCMVi were highly similar to maternal cervical genotypes, while those with negative tests 267 for the first six weeks of life were not, and the strains detected later in the blood of these two 268 infants were most similar to those in their mothers' breast milk.

269 While it has previously been noted that a severe genetic bottleneck occurs during CMV 270 transmission from mother to fetus or infant [20, 32, 37], it remains unknown whether CMV 271 transmitted/founder virus populations share genotypic features that confer a fitness advantage 272 for establishing an initial infection, such as seen in HIV [38]. Notwithstanding the apparent 273 dominance of one genotype in each of the cervical samples, our analysis did not show evidence 274 for inter-patient convergence of cervical genotypes per se. Rather the three cervical genotypes 275 that were detected in babies 12, 22 and 123, who were infected at birth showed a higher level of genetic similarity than over 99.6% of other subset comparisons and much greater than would be 276 277 expected by chance (black line) (Figure 5 – Figure Supplement 1). Nineteen genes (Figure 5, Table 278 2) had particularly high (p<0.01) similarity scores. Twelve of the 19 genes with the highest 279 similarity scores (Figure 5) are part of the highly diverse RL11 gene family. Uniquely, RL11 genes 280 form an island of linkage within the otherwise highly recombinant CMV genome [18]. Phylogeny 281 of primate CMV RL11 complexes recapitulates the evolutionary history of the cognate host, 282 suggesting it to be a potential driver of CMV co-evolution and speciation [18]. It is intriguing that 283 RL11 family proteins influence tissue tropism [34] or are immunomodulatory [34, 39-43]. 284 Together with its functional properties (Table 2) and extreme diversity [18], the possibility that 285 within-species CMV RL11 gene-family variation may also influence within-host viral adaption to 286 different compartments and/or transplacental transmission presents a tractable hypothesis that 287 can now be tested. cCMVi is thought to occur primarily through maternal viremia followed by 288 replication in placental cytotrophoblasts resulting in spread to the fetus [44]. The three mothers 289 who transmitted their viruses congenitally had higher cervical viral loads than mothers whose 290 babies become infected post-partum (Figure 1). Analysis of data from the whole cohort of 291 mothers confirmed that women who transmitted CMV *in utero* had mean cervical CMV vial loads 292 at 38 weeks that were 0.83 log<sub>10</sub> copies/ml (SD=1.0, p=0.02) higher than women who did not 293 transmit CMV *in utero* (data not shown) [23]. We therefore speculate that virus sampled in the 294 cervix is representative of CMV populations that infect and cross the placenta, and that a possible 295 explanation for our findings is that the properties that promote replication to higher titers in 296 genital tissue may also predispose to transplacental infection.

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298 Other genes with high similarity (FST) scores include US27, which codes for a G-protein-coupled 299 receptor (GPCR) homologue that modulates signalling of the CXCR4 chemokine and may have a 300 role during viral entry and egress [45], and US26 whose function is unknown. Less marked but 301 still significantly different from non-congenitally transmitted strains, UL40 protein [46] 302 modulates NK cell function. NK cells are the most abundant lymphocytes in placental tissue [44], 303 while UL50 is also immunomodulatory [47, 48]. Finally, UL74, coding for glycoprotein O, which is 304 highly significantly similar in all bar one comparisons (Figure 5 – Figure Supplement 2), is part of 305 the glycoprotein complex which is critical for tropism and entry into both fibroblasts and 306 epithelial cells [49]. Of interest, gB and gL, which showed considerable diversity in the congenital 307 RhCMV model were, as might be expected, not represented among the genes sharing significant 308 genetic similarity in our analysis. One possibility that would unite our findings and those of the 309 congenital RhCMV model is that CMV transmission bottlenecks are agnostic of variation in genes 310 not implicated in transmission.

312 Being born to an HIV-infected women is a major risk factor for cCMVi as well as long term CMV-313 related complications, whether or not the child acquires HIV [8, 9]. We show here that, 314 irrespective of the route of first infection, HIV-exposed uninfected (HEU) children frequently 315 acquire repeated infections with different CMV viruses within the first year of life. Preliminary 316 evidence suggests that breast milk of HIV-uninfected women may have lower CMV viral loads 317 and carry fewer strains [50]. If this is true, the possibility that HEU, as well as HIV-infected, infants 318 are exposed to greater numbers of CMV strains during infancy as compared with HIV-uninfected 319 infants, may provide an explanation for their worse clinical outcomes, a hypothesis that can now 320 be tested in prospective studies. Similarly, these methods promise to be invaluable for studying 321 the role of maternal CMV reinfection during pregnancy, a question of central importance in the 322 field [12].

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324 This study potentially provides several new insights into the pathogenesis of CMV infection. 325 However, the study is limited by the small number of subjects, the fact that all women were HIV-326 1 infected and the lack of samples and data to absolutely confirm the route of CMV acquisition 327 by these infants. Because we were only able to analyse maternal breast milk, cervical samples 328 and infant blood, and only intermittently, it is possible that some transmitted viral variants were 329 not captured. Some, particularly cervical and blood spot samples, had low CMV viral loads and, 330 as a result, suboptimal genome coverage. Mapping data confirmed that in these cases sequence 331 loss was random, excluding the possibility of systematic bias. To further address this potential 332 bias, we subsampled samples with good coverage to identify read-depth thresholds above which 333 the diversity estimation is robust and haplotype frequency to 5% and above is preserved (Figure 2 - Figure Supplement 2 and Figure 4 - Figure Supplement 1). Analysis of only those samples
 with read depths above the identified thresholds supported our overall conclusions. The quality
 of the sequence and the numbers of samples allowed for conclusions to be drawn at gene level
 only and precluded robust identification of putative motifs or single nucleotide polymorphisms
 associated with biological differences.

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340 In summary, by reconstructing the individual CMV haplotypes we found evidence for mixed CMV 341 infection in HIV-infected women, and compartmentalization of viral strains between cervical and 342 breast milk. Infants appeared usually to acquire one virus genotype initially, indicating a 343 transmission bottleneck, though subsequent reinfection with a second virus from maternal 344 breast milk was common. We also found that viruses transmitted congenitally resembled the 345 virus genotypes that were present at highest abundance in cervix, and shared genetic features 346 that distinguished them from CMV strains predominating in breast milk and in the cervices of 347 women whose infants were apparently first infected post-partum. These data provide new 348 testable insights into the pathogenesis of CMV transmission from mothers to their infants, as 349 well as tools to unravel the importance of viral diversity for reinfection and congenital 350 transmission, questions that are central to the development of a vaccine to prevent the global 351 burden of disease due to CMV.

## 353 Materials and Methods

Samples were approved for research by the Institutional Review Board of the University of Washington and the Ethics and Research Committee of Kenyatta National Hospital IRB NCT00530777 and sequenced under the ULCP Biobank REC approval. Approval for use of anonymised residual diagnostic specimens were obtained through the University College London/University College London Hospitals (UCL/UCLH) Pathogen Biobank National Research Ethics Service Committee London Fulham (Research Ethics Committee reference: 12/LO/1089). Informed patient consent was not required.

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# 362 **Patient specimens**

363 Mother-child pairs were selected from a randomized, placebo-controlled trial to determine the 364 impact of twice-daily valacyclovir (500 mg) on breast milk HIV RNA viral load in HIV-1/HSV-2 co-365 infected women (NCT 00530777). Trial design, participant characteristics, and follow-up have 366 been reported elsewhere, [22-24] and the University of Washington Institutional Review Board 367 and Kenyatta National Hospital Research and Ethics Committee approved the research. Women 368 received short course antiretrovirals for prevention of mother-to-child HIV transmission, but no 369 women or infants received combination antiretroviral therapy, as the study was conducted 370 before recommendations for universal treatment. All women were HIV-1, HSV-2 and CMV co-371 infected. For this CMV genomics study, we selected 5 mother-infant pairs from the placebo arm, 372 who had well-defined timing of infant CMV infection. All infants were HIV-exposed, and one was 373 HIV-infected. Women had cervical swabs and blood specimens collected at 34- and 38-weeks 374 gestation. Maternal blood and infant dried blood spots were collected delivery, then postpartum at 2, 6, 10, 14, 24, 36, and 52 weeks. Breast milk was collected at all times after delivery. Blood
plasma, cervical swabs, and breast milk supernatant (whey) were cryopreserved at –80 C for the
study of HIV and other co-infections.

- 378
- 379 **DNA extraction and CMV DNA measurement**

Viral nucleic acids were extracted from blood plasma, dried blood spots, breast milk supernatant and cervical swabs as previously described using the Qiagen UltraSens Viral Nucleic Acid extraction kit [23]. Quantitative real-time PCR was used to measure CMV DNA levels in these specimens [23].

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## 385 Sure-select sequencing

386 Hybridization and library preparation were performed as previously described [51]. Briefly, 387 extracted DNA was sheared by acoustic sonication (Covaris e220, Covaris Inc.). DNA fragments 388 underwent end-repair, A'-tailing, and (Illumina) adaptor ligation. DNA libraries were hybridised 389 with biotinylated 120-mer custom RNA baits designed using all available CMV full genomes in 390 Genbank for 16-24 hrs at 65<sup>0</sup>C and subsequently bound to MyOne<sup>™</sup> Streptavidin T1 Dynabeads<sup>™</sup> 391 (ThermoFisher Scientific). Following washing, libraries were amplified (18 cycles) to generate 392 sufficient input material for Illumina sequencing. Paired-end sequencing was performed on an 393 Illumina MiSeq using the 500 cycle v2 Reagent Kit (Illumina, MS-102-2003). Samples were 394 sequenced in four different batches by family group.

Reads generated were quality checked and mapped to the Merlin Reference sequence followed by removal of duplicates using the CLC Genomics Workbench ver. 10.1. Consensus sequence was extracted with a minimum coverage of 2X. All consensus sequences along with other Genbank reference sequences were aligned using MAFFT 7.212 [52] and refined by manual editing.

400

# 401 Clustering

Pairwise distances between sequences were calculated using the dist.dna function from R
package Ape v.5.3 [53]. Sequences were clustered using multidimensional scaling as
implemented by the cmdscale function from R package Stats v.3.6 [54].

405

#### 406 Nucleotide diversity

407 Nucleotide diversity was calculated by fitting the observed variant frequency spectrum to the 408 mixture of two distributions, one representing sequencing errors (represented by a Beta 409 distribution), the other representing true diversity (represented by a four-dimensional Dirichlet 410 distribution plus delta function, the latter representing invariant sites). The parameters for these 411 two distributions were optimized by maximizing the log likelihood. This framework allows all of 412 the sequencing data to be used and does not require pre-filtering the data to remove sites with 413 low read depth or few variants resulting in the favourable robustness to read depth, as shown in 414 Figure 2 – Figure Supplement 2. Software is available for download at GitHub Repository, 415 https://github.com/ucl-pathgenomics/NucleotideDiversity.

416

### 417 Haplotype reconstruction

418 Haplotype reconstruction was accomplished using HaROLD with default settings [26]. Details of 419 this procedure are described in the associated publications. In brief, HaROLD employs a two-step 420 process. The first step is based on the assumption that there are a limited number of haplotypes 421 that are the same for all of the samples from a given mother/ child data set, so that the 422 differences in the frequencies of polymorphisms represent different mixtures of these 423 haplotypes. By taking advantage of the co-variation of variant frequencies, HaROLD creates a set 424 of haplotypes for each of the data sets, optimized so that linear combinations of these haplotypes 425 can best account for the observed variant frequencies. The number of haplotypes is chosen to 426 maximize the log likelihood of the observed frequencies. The second step involves relaxing the 427 assumption of constant haplotypes, with each sample treated individually. For each sample, 428 reads are assigned probabilistically to the various haplotypes generated by the first step. These 429 haplotype sequences and frequencies are then adjusted based on the assigned reads. The reads 430 are then re-assigned to these adjusted haplotypes, and the procedure is repeated until 431 convergence. During this process, haplotypes can be merged if that decreases the Akaike 432 Information Criterion (AIC) [55]. This procedure results in a set of haplotypes for each sample, 433 loosely based on the haplotypes derived from the first step.

434

## 435 Haplotype trees

436 Maximum Likelihood trees of the haplotypes from each family were computed using RaxML
437 v8.2.10, implementing the GTR model, with 1000 bootstrap replicates [56].

438

439 Haplotype clustering

440 The haplotypes for each mother/baby data set were divided into genotypes. We calculated the 441 pairwise evolutionary distance (the sum of distances on the evolutionary tree between the 442 haplotypes and their latest common ancestor) for all pairs of haplotypes in each family. As shown 443 in Figure 3 – Figure Supplement 3, the observed distribution of such pairwise distances fits the 444 sum of a Gamma distribution (69.3%, alpha = 19.5, beta = 0.0015) and an exponential distribution 445 (30.7%, mean = 0.01), indicative of two classes of relationships – pairs of sequences that are 446 highly similar, modelled by the exponential, representing small accumulated variations, and pairs 447 that are more distinct, represented by the Gamma distribution. We chose the crossing point of 448 these two distributions, at a cut-off distance of 0.017, as differentiating small variations from larger differences (Figure 3 – Figure Supplement 3). We then grouped the haplotypes into clusters 449 450 so that all members of a cluster have a pairwise evolutionary distance with all other members 451 less than 0.017, resulting in 26 clusters which we refer to as genotypes. We used these groups to 452 assign colours to the different haplotype-clusters (genotypes) in Figure 4 and Figure 3 – Figure 453 Supplement 2.

454

We used FST to identify sequence characteristics associated with sets of genotypes. Consensus sequences were constructed for each genotype. FST values, representing the genetic difference between a subset of genotypes and the other genotypes, were calculated for each gene. P-values and corresponding false discovery rates were estimated by non-parametric bootstrapping, through scrambling the bases at each position amongst the clusters. The results are shown for the 26 genotypes obtained with a cut-off distance of 0.017; changing this cut-off resulted in increased or decreased numbers of genotypes, but yielded similar results, especially for the more
confident identifications (Figure 5 – Figure Supplement 2).

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# 464 Evaluating the similarity between subsets of genotypes

We use FST values to identify similarities between individual genes from subsets of genotypes compared with the other genotypes. In order to compare the magnitude of the similarities of different subsets, we would like to take the sum of the FST values for all genes where the similarities are real and not the result of random associations. As we cannot definitively identify these genes, we instead consider the sum of the FST values for all genes weighted by our confidence that the FST value is significant, represented as one minus the false discovery rate.

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### 482 **Data availability**

483 Sequence reads have been deposited in NCBI Sequence Read Archive under BioProject ID484 PRJNA605798.

485

- 486 All software used are available for download at GitHub Repository, https://github.com/ucl-
- 487 pathgenomics/NucleotideDiversity and https://github.com/ucl-pathgenomics/HAROLD.

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## 675 Figures Legends

Figure 1. CMV viral loads of longitudinal samples for each family from breast milk (red), baby
blood spots (green) and cervix (blue), and HIV viral loads from mother's blood plasma. Vertical
line indicates date of delivery. Horizontal line indicates minimum threshold of detection. Red
circles indicate the samples that were submitted for whole genome sequencing.

680

Figure 1 – Figure Supplement 1. Scatter plots showing relationship between input viral load and
(A) mean read depth and (B) genome coverage respectively.

683

Figure 2. Multidimensional scaling showing clustering of consensus genome sequences for each sample by family. Arrows indicate that the first baby blood spot clusters with their own maternal sequences in all cases.

687

**Figure 2 – Figure Supplement 1.** Within sample nucleotide diversity shown by family (colour) and sample type (symbol). BM; breast milk, CV; cervix, BS; baby blood spot. The figure shows that most cervical and blood spot samples are of low diversity, while most breast milk samples are of high diversity. Diversity of breast milk versus cervix; p = 1.619e-07 and versus baby blood spot; p=9.69e-6 (Mann-Whitney test).

693

Figure 2 – Figure Supplement 2. Effect of down-sampling on estimated diversity. Samples tested
include family 14: 14W BS (green squares), family 41: 14W BM (blue dots), family 14: 6W BM
(green triangles), family 12: 12M BM (maroon diamonds) all of which had initial read depths of

697 150 or more. The estimated diversity is relatively insensitive to read depth; in particular, down-698 sampling of high read-depth samples shows no tendency of the analysis to underestimate the 699 diversity of low read-depth samples. This indicates that the low diversity observed in many of the 700 CV and BS samples is not an artefact but is rather consistent with the presence of significant 701 bottlenecks.

702

Figure 3. Multidimensional scaling showing clustering of haplotype sequences by family. Colours
indicate the families; shapes indicate the types of sample.

705

Figure 3 – Figure Supplement 1. Pairwise differences between haplotypes within a family.
Distances are compared with random GenBank sequences and sequences previously analyzed by
the same pipeline and reported [21]. Higher values are similar to those seen between unrelated
database sequences and indicate the presence of distinct strains.

710

711 Figure 3 – Figure Supplement 2. Maximum-likelihood phylogenetic tree to show haplotypes 712 clusters (genotypes). By convention, the genotype most prevalent in cervix was coloured red for 713 each family. Genotypes were designated where a distinct cluster of related haplotypes (pairwise 714 distance  $\leq 0.017$ ) occurred with a bootstrap value of 100 (see methods and supplementary figure 715 9). The genotype containing the most abundant haplotype present in the cervix is coloured red for 716 each family. Thereafter sequences that are genetically closest to the red genotype are coloured 717 magenta. Genotypes that are as distant from the cervical genotype as unrelated GenBank sequences 718 are coloured shades of green, blue and purple. The number of clusters between 18 and 34 did not affect subsequent conclusions about genetic similarly between cervical versus other strains (see
Figure 5 – Figure Supplement 2).

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Figure 3 – Figure Supplement 3 Distribution of pairwise evolutionary distances for haplotypes
 within families. Black, observed distribution of pairwise evolutionary distances; green, gamma
 distribution; blue, exponential distribution; orange, sum of Gamma distribution plus Exponential
 Distribution. The chosen cut-off distance to differentiate small variations from large differences
 is the crossing point of the two distributions, at 0.017.

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**Figure 4.** Abundance of haplotypes within each sample plotted for breast milk (BM), Cervix (CV) and Blood spots (BS). The timing of sampling is shown along the x axis. For ease of reference, the genotype containing the most abundant haplotype present in the cervix is coloured red for each family. Thereafter sequences that are genetically closest to the red genotype (**Figure 3 – Figure Supplement 2**) are coloured magenta. Genotypes that are as distant from the cervical genotype as unrelated GenBank sequences are coloured shades of green, blue and purple. Single variants are coloured in shades of the nearest genotype.

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Figure 4 – Figure Supplement 1. Boxplot showing number of haplotypes reconstructed in
relation to read depth. Analysis was performed on the 12-month breastmilk sample from family
12.

Figure 5. The magnitude of FST values plotted for each gene (x axis). P values, adjusted with false
discovery rate are shown in Red for p <0.01, Grey for p >0.05 and turquoise for p=0.01-0.05.

743 Figure 5 – Figure Supplement 1. Distribution of confidence-weighted sums of FST (cwsFST) values 744 for all subsets of two (cyan), three (purple), four (green) and five (magenta) genotypes from 745 different mother-baby pairs. For comparison, we also show the distribution obtained when the 746 genotype sequences corresponding to each mother-baby pair are scrambled (black line). Arrows 747 mark the values for the five genotypes that predominated in the cervical samples (black), the 748 three predominant genotypes from cervical samples for mother-baby pairs 12, 22, and 123 749 (blue), and the two predominant genotypes from cervical samples for mother-baby pairs 14 and 750 41 (red).

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Figure 5 – Figure Supplement 2. Heatmap showing genes identified as significant in FsT analysis are robust to changes in the number of clusters. Colors indicated the false discovery rate value, red = <0.001; magenta = 0.001-0.01; pink = 0.01-0.05; purple = 0.05-0.1; blue = 0.1-0.2; grey = >0.2.

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### 757 Tables

**Table 1.** Sequencing characteristics for samples from each family. OTR: on target read; %
Genome: % of genome coverage; % Dup: % of duplicated reads. Samples with genome coverages
too low to be included in any analysis are shaded in grey. Cervical or baby samples with good
coverage and read depth are highlighted in yellow.

Sample	%OTR	%Genome	%Dup	Mean Depth	Viral Load			
Family 12								
Breast milk 2W	26.41	99	29.49	224.45	1235136.63			
Breast milk 6W	68.99	99	13.84	578.56	14926741			
Breast milk 14W	76.4	99	5.02	683.04	7309960			
Breast milk 6M	77.47	99	8.07	730.04	10876521			
Breast milk 12M	77.81	99	7.68	779.72	6135712.5			
Cervix 38W Pregnant	14.73	99	47.56	325.97	95842			
Baby Delivery	1.35	76	82.27	31.86	27393.9395			
Baby 6W	0.02	2	81.79	0.29	4067.86694			
Baby 10W	0.1	12	77.77	2.63	1959.9679			
Baby 9M	1.1	78	79.41	28.53	2501.75195			
Family 14								
Breast milk 2W	13.54	98	65.41	101.66	232442.219			
Breast milk 6W	60.32	98	49.85	656.47	20485190			
Breast milk 14W	11.15	97	65.77	80.09	345851.781			
Cervix 38W Pregnant	0.22	63	56.04	4.34	1377			
Baby 6W	1.4	91	69.35	21.35	55400.7148			
Baby 14W	3.33	96	78.59	113.92	3960.64233			
Baby 6M	0.34	66	74.11	11.42	154.414169			
Baby 12M	0.02	7	75.97	0.75	3054.47485			
	Family 22							
Breast milk 2W	6.08	96	34.22	54.34	55000.2891			
Breast milk 6W	43.18	98	44.57	352.49	107861.141			
Breast milk 14W	6.4	97	44.41	38.3	56883.9805			
Cervix 34W Pregnant	0.16	46	54.95	2.97	1125			
Cervix 38W Pregnant	0.16	67	47.91	4.14	1377			
Baby 2W	0.01	1	46.34	0.03	1703.49292			
Baby 6W	0.08	1	43.61	0.03	22082.6465			
Baby 14W	2.29	92	79.42	46.53	10962.7197			
Baby 6M	0.3	33	79.36	5.98	2124.86548			
Baby 9M	0.22	25	79.33	5.01	82937.5			
	Family 41							
Breast milk 2W	43.33	98	60.89	224.53	7163743			
Breast milk 6W	37.05	98	61.89	289.61	323325.531			
Breast milk 14W	48.15	98	68.02	438.05	2697832.75			
Cervix 38W Pregnant	0.61	91	47.53	12.6	122			
Baby 14W	0.12	32	74.47	4.67	1848.62402			

Family 123												
Breast milk 2W	16.11	98	60.11	117.25	518071.875							
Breast milk 6W	16.96	98	64.77	107.35	262400.719							
Breast milk 14W	13.95	98	64.01	122.08	518071.875							
Breast milk 6M	15.81	98	63.07	101.92	678250.313							
Cervix 34W Pregnant	2.45	97	49.46	41.91	7931							
Cervix 38W Pregnant	1.36	96	49.61	28.07	4326							
Baby Delivery	0.21	84	10.93	6.1	939.190735							
Baby 10W	2.19	91	78.64	43.96	93297.3047							
Baby 6M	0.13	20	77.67	3.1	5428.83545							
Baby 12M	1.36	85	80.13	40.56	6205.88281							

762

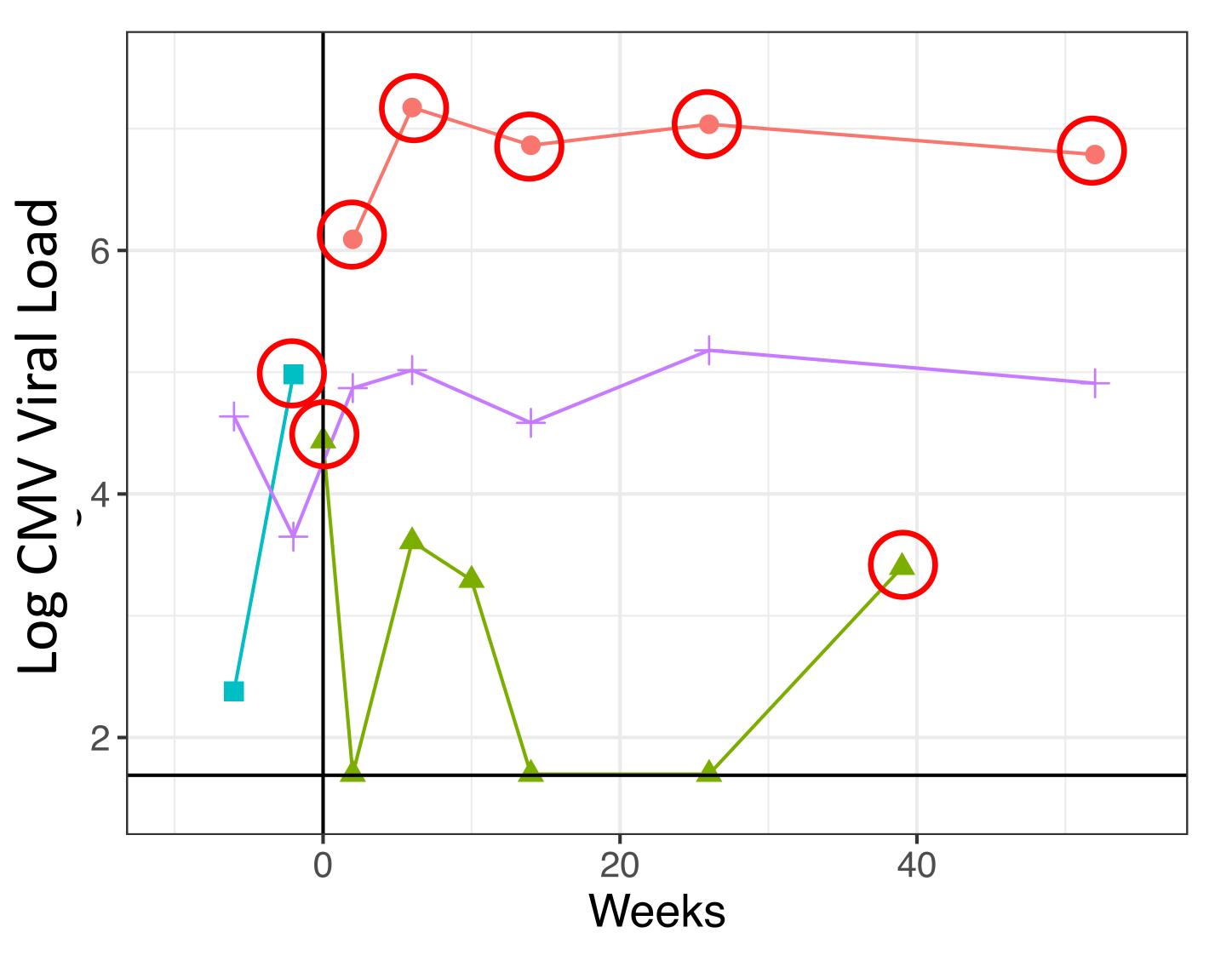
763 <b>Table 2</b> . Open Reading Frames (ORFs) identified by FST as being significantly more similar	763	Table 2. Open Reading Frames	s (ORFs) identified by	FST as being significantly	more similar in
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strains transmitted prenatally. LD: Found to contain one of 33 hotspots of genetic linkage

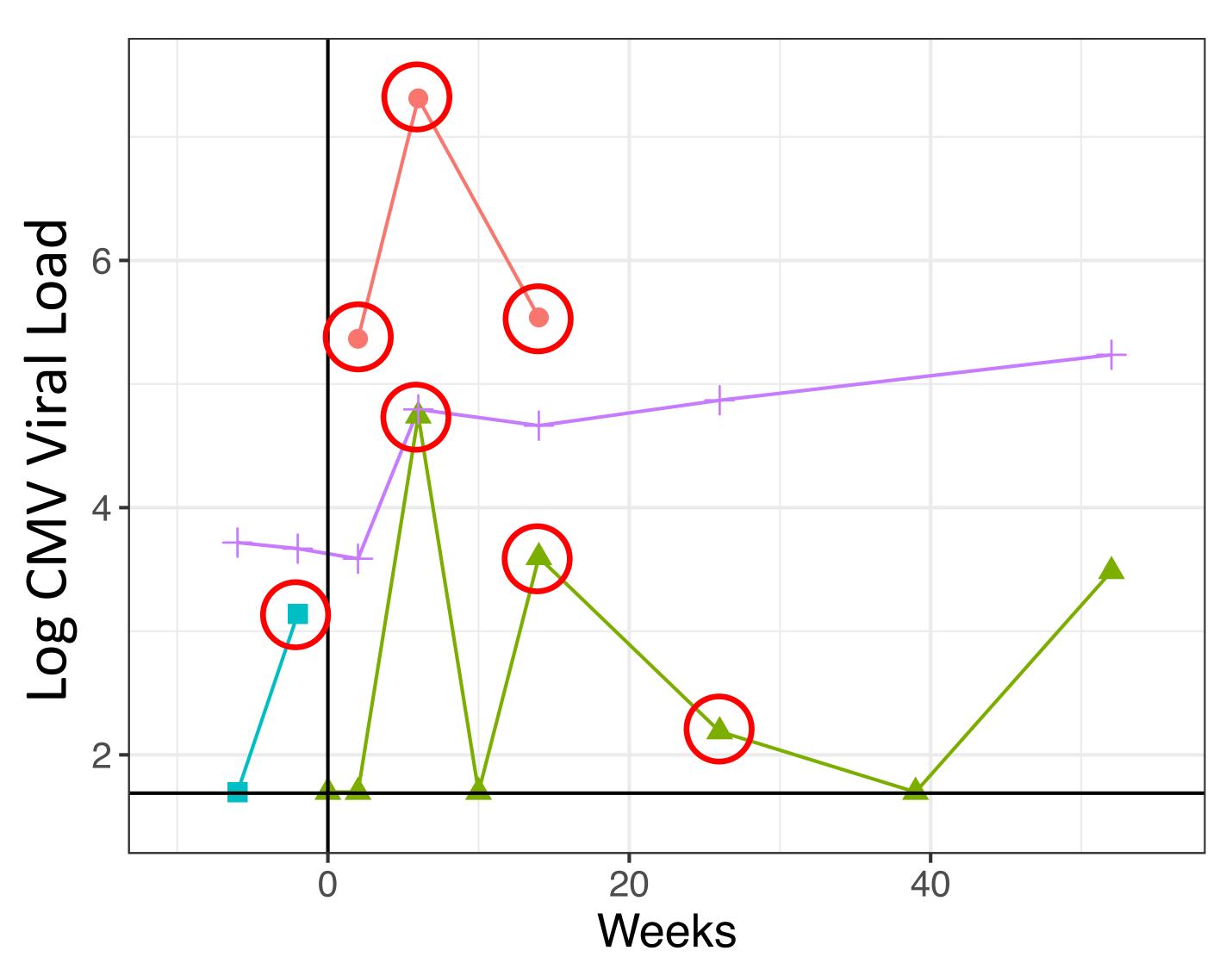
765 disequilibrium [18].

ORF	LD	FUNCTION
UL10	Y	Putative membrane glycoprotein, Immunosuppressive impairs T cell function [42]
UL11	Y	Membrane glycoprotein modulation of T cell signalling/function [43, 50]
UL13		Unknown function
UL4	Y	Putative membrane glycoprotein [40]
UL5		Putative membrane glycoprotein [40]
UL6	Y	Putative membrane glycoprotein [40]
UL7	Y	Membrane glycoprotein, modulates chemo-and/or cytokine signalling function [41]
UL8	Y	Transmembrane glycoprotein. Inhibits proinflammatory cytokines [41]
US26		Unknown function
US27	Y	Membrane glycoprotein Activates CXCR4 signalling to increase HCMV replication [45]
UL150A		Fibroblast and Epithelial cell entry [51]
UL2		Putative membrane glycoprotein [40]
RL11	Y	Membrane glycoprotein. Binds IgG Fc domain involved in immune regulation [40]
UL147		α-chemokine homologue [52, 53]
UL40		Control of NK recognition [46]
RL13	Y	Glycoprotein, repression of replication, bind IgG domain immune regulation [34, 39]
RL10		Membrane glycoprotein
UL57		Ss DNA binding protein [40]
UL50		Nuclear Egress complex. Reduces interferon mediated antiviral effect [48]

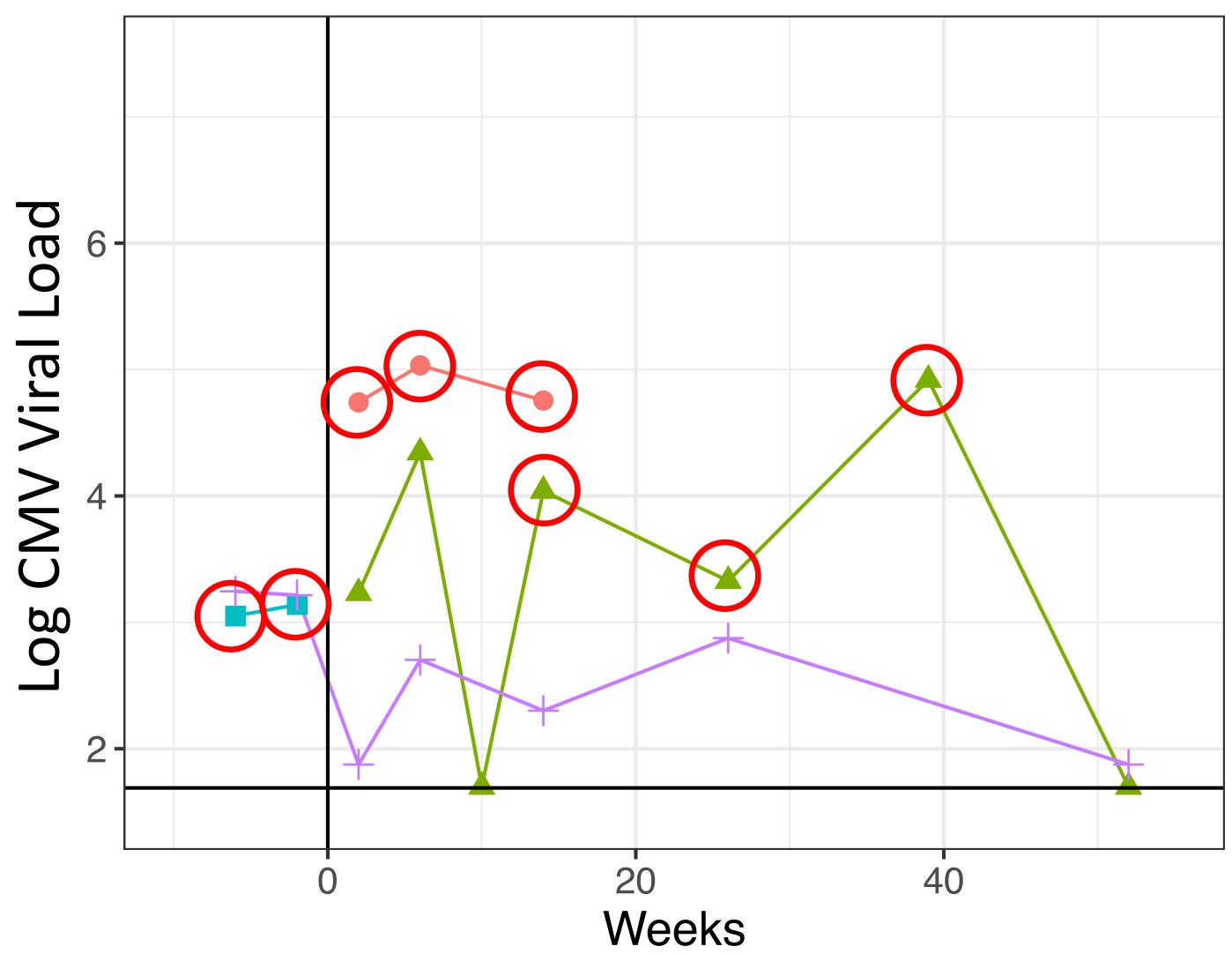
#### Family 12

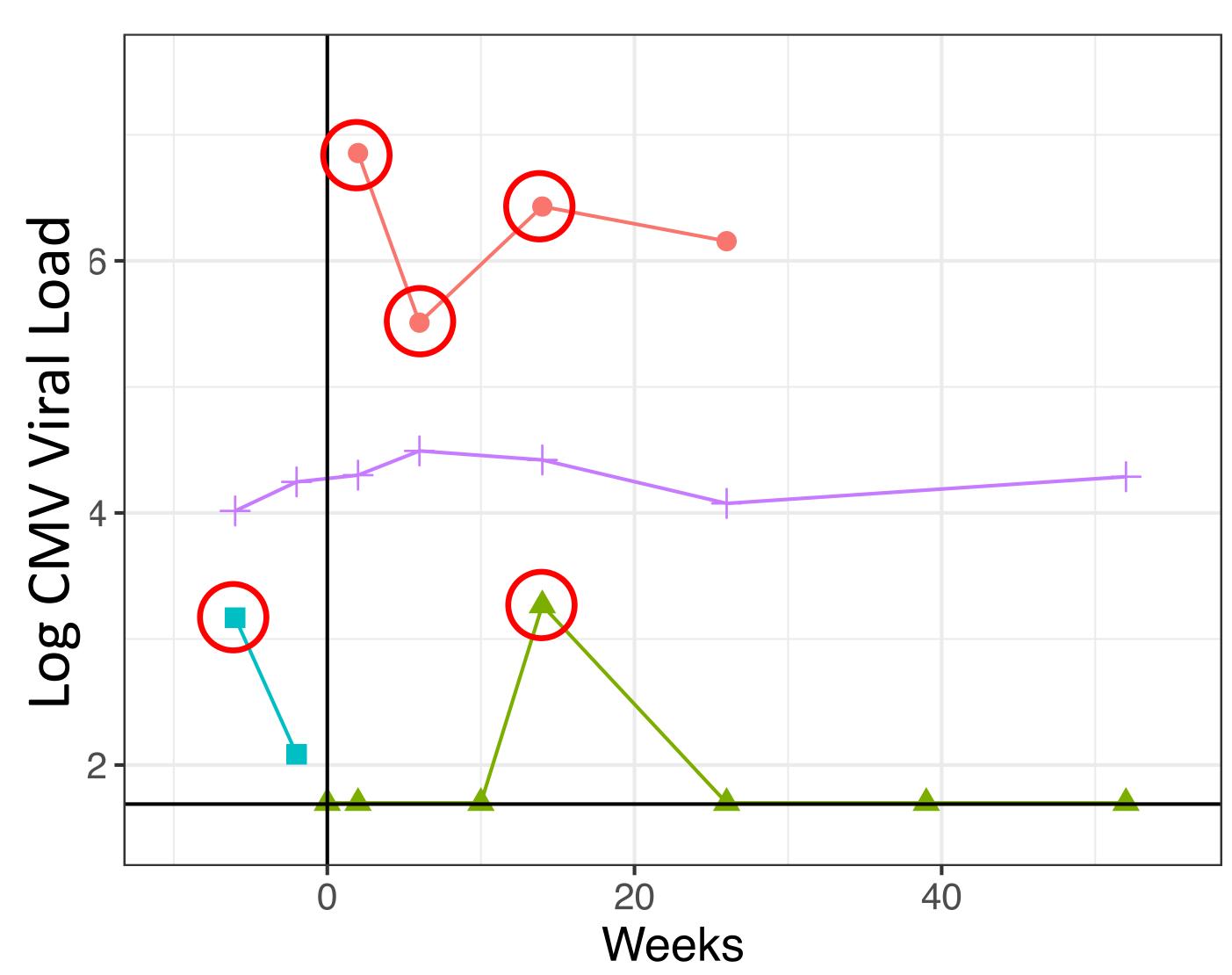


#### Family 14

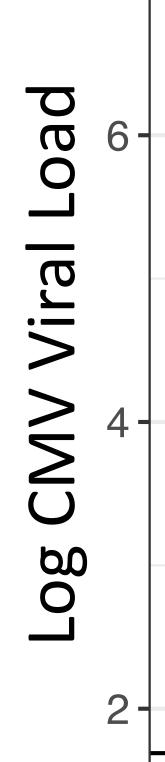


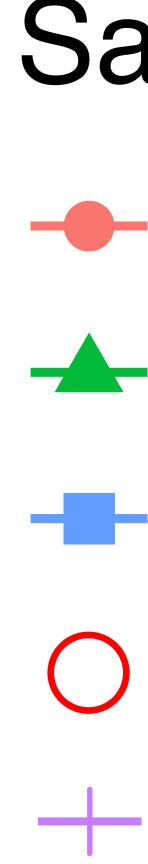
## Family 22







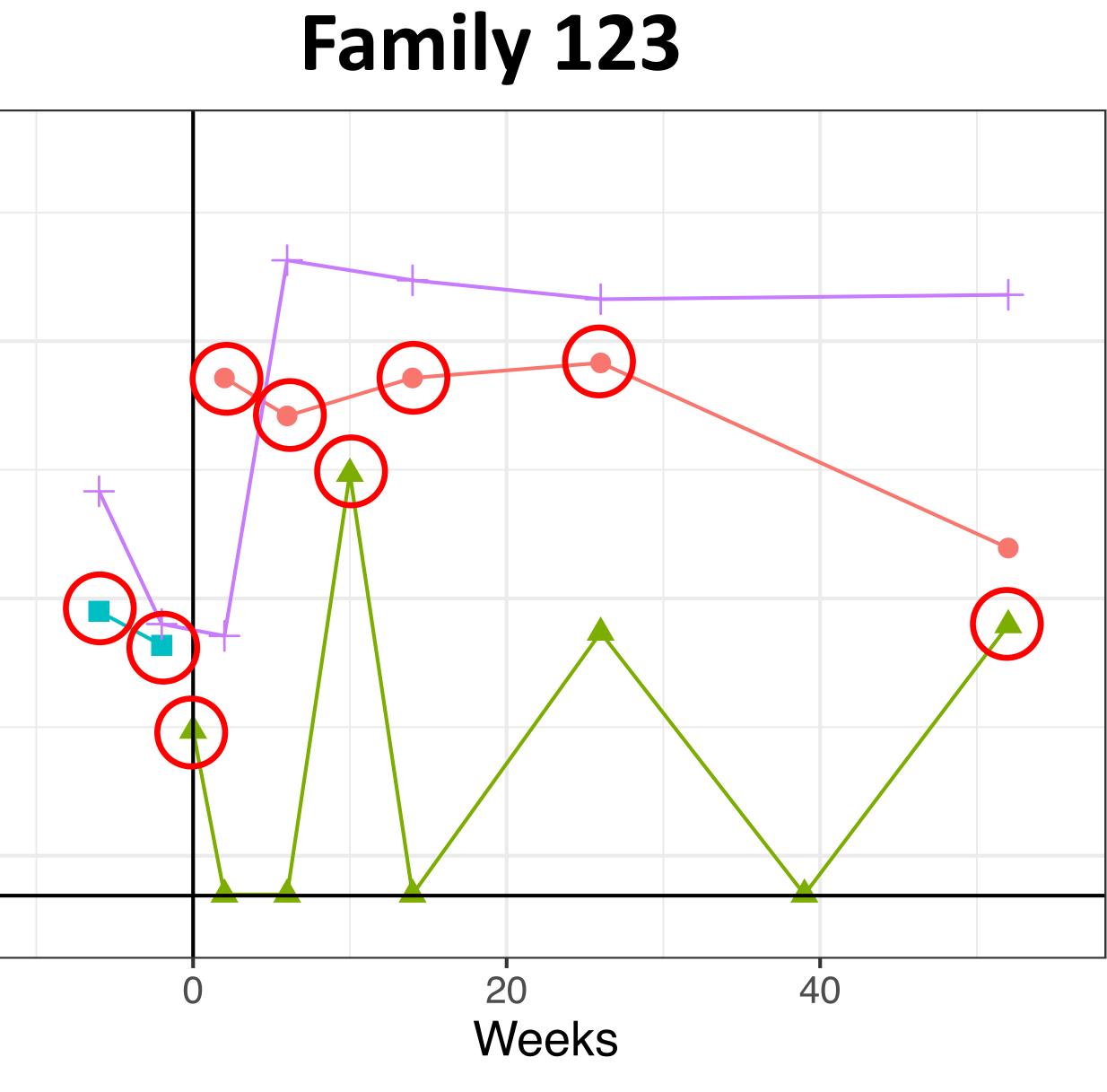


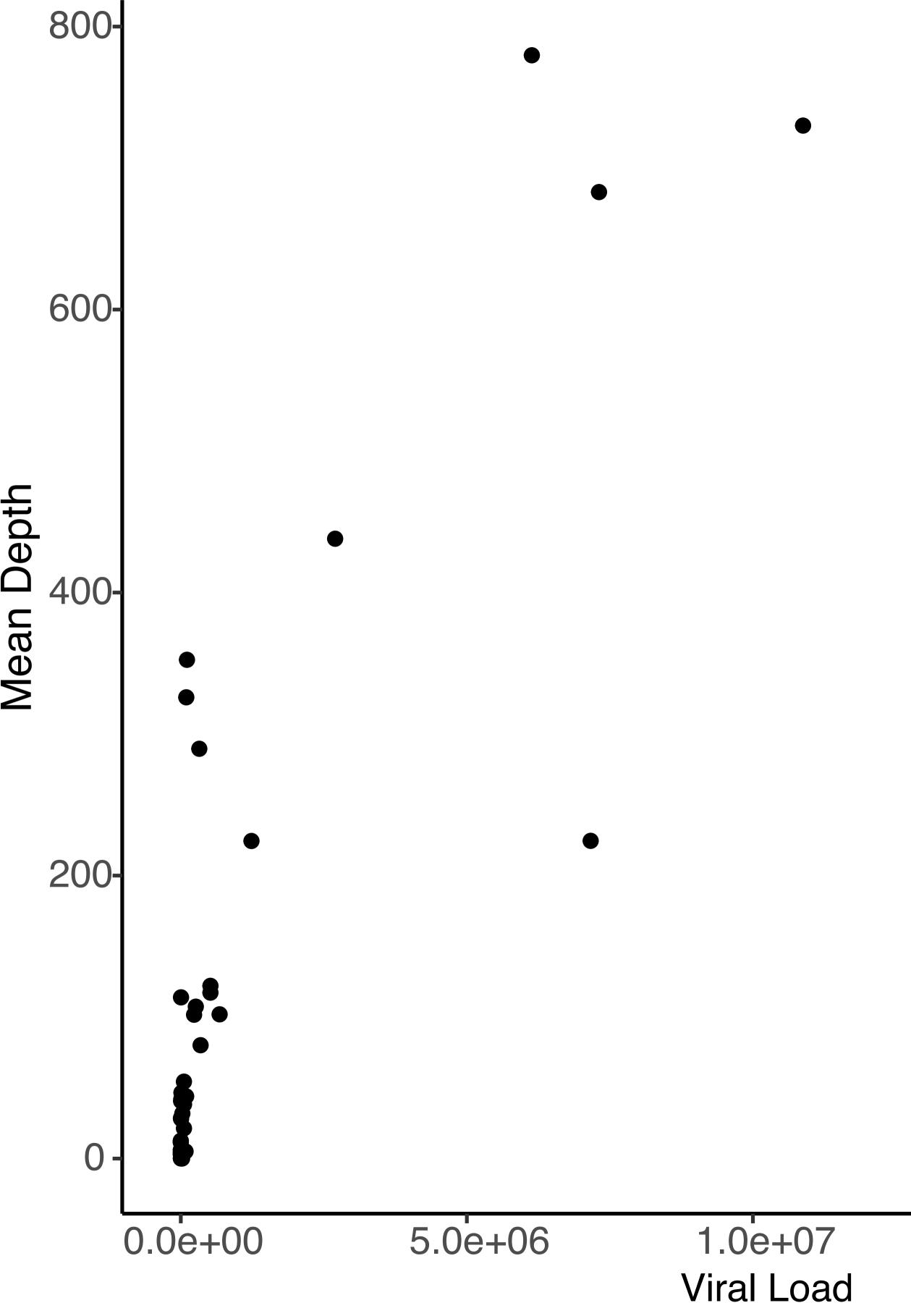


# Viral Sequence Obtained + HIV Plasma Viral Load

- Cervix (CV)
- Baby blood spots (BS)
- --- Breast milk (BM)

# Samples



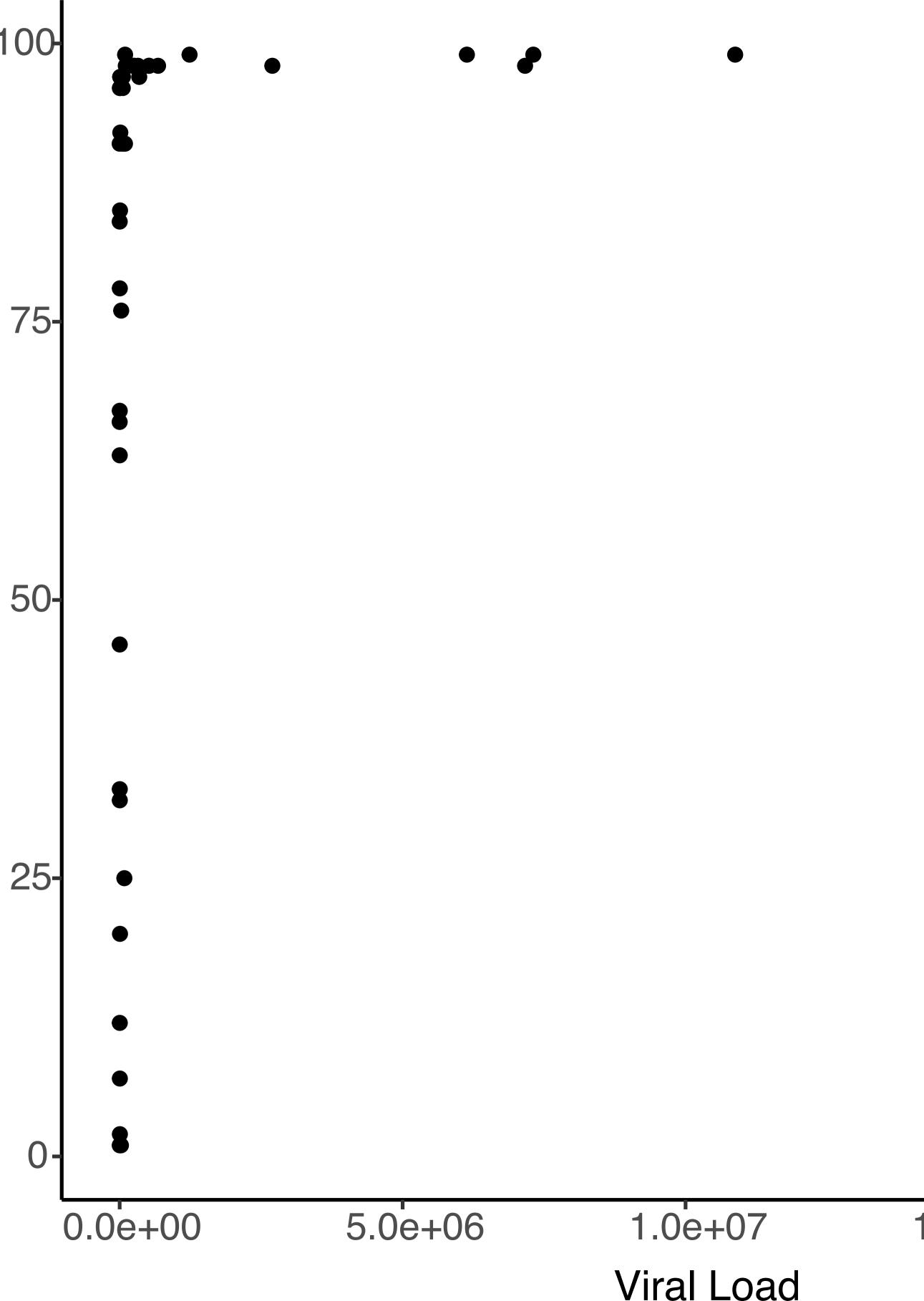


100-

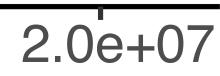
75-

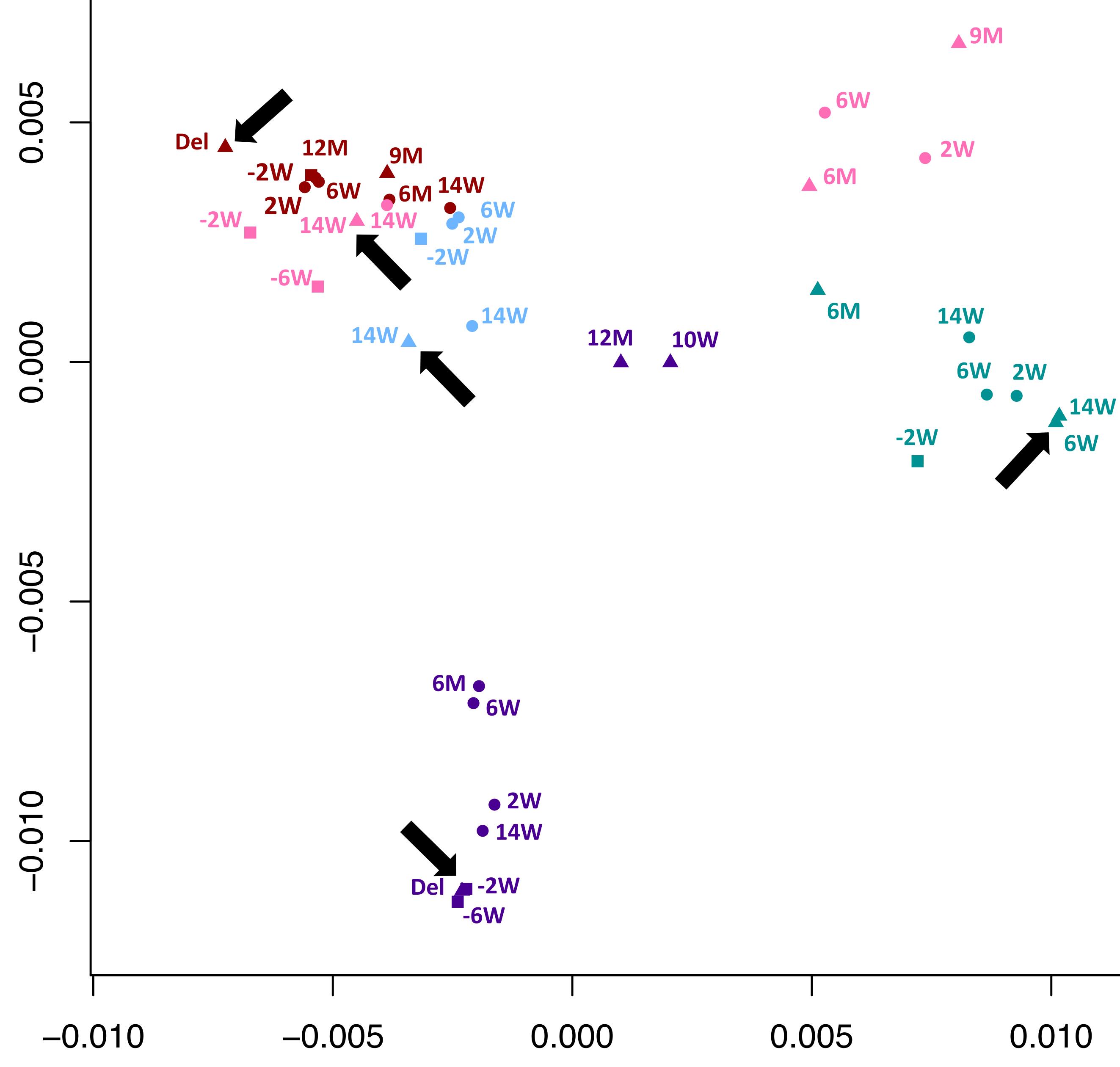
age Ф  $\bigcirc$ 50-Jome Ger

2.0e+07 1.5e+07



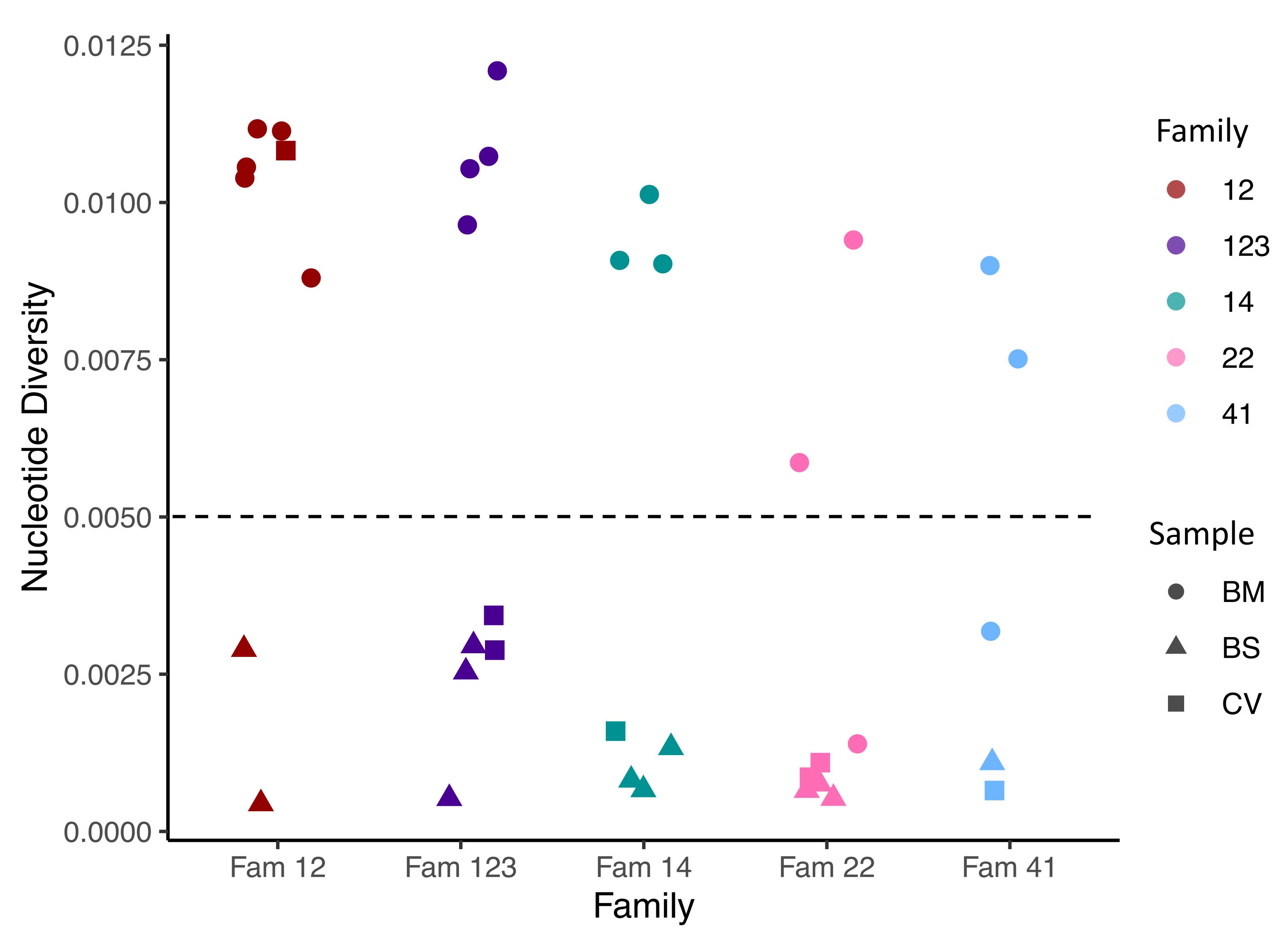


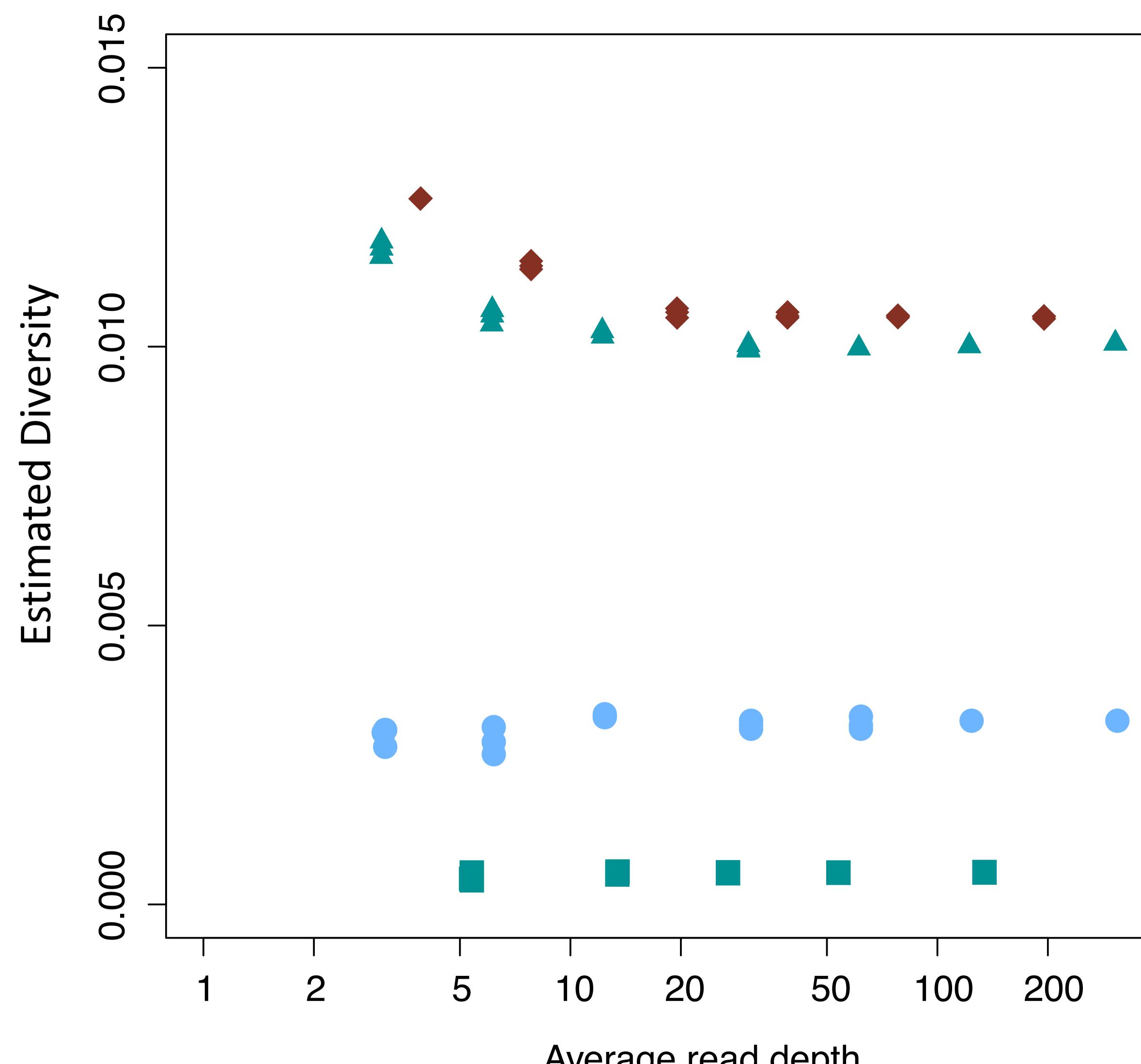




#### Family

- 12
- 123
- 14
- 22
- 41
- Sample
  - BM
  - BS
  - CV

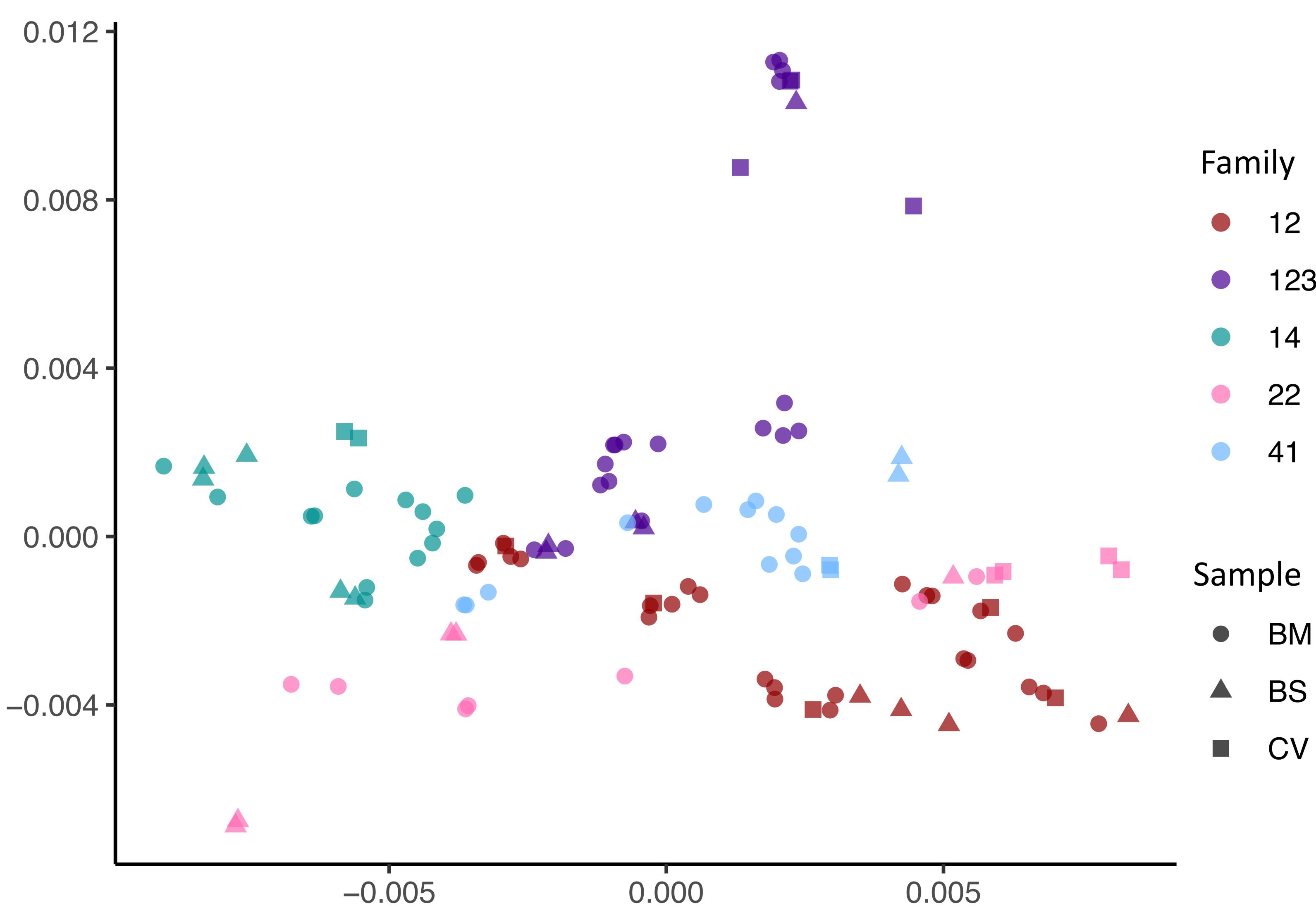




### Average read depth

#### Sample

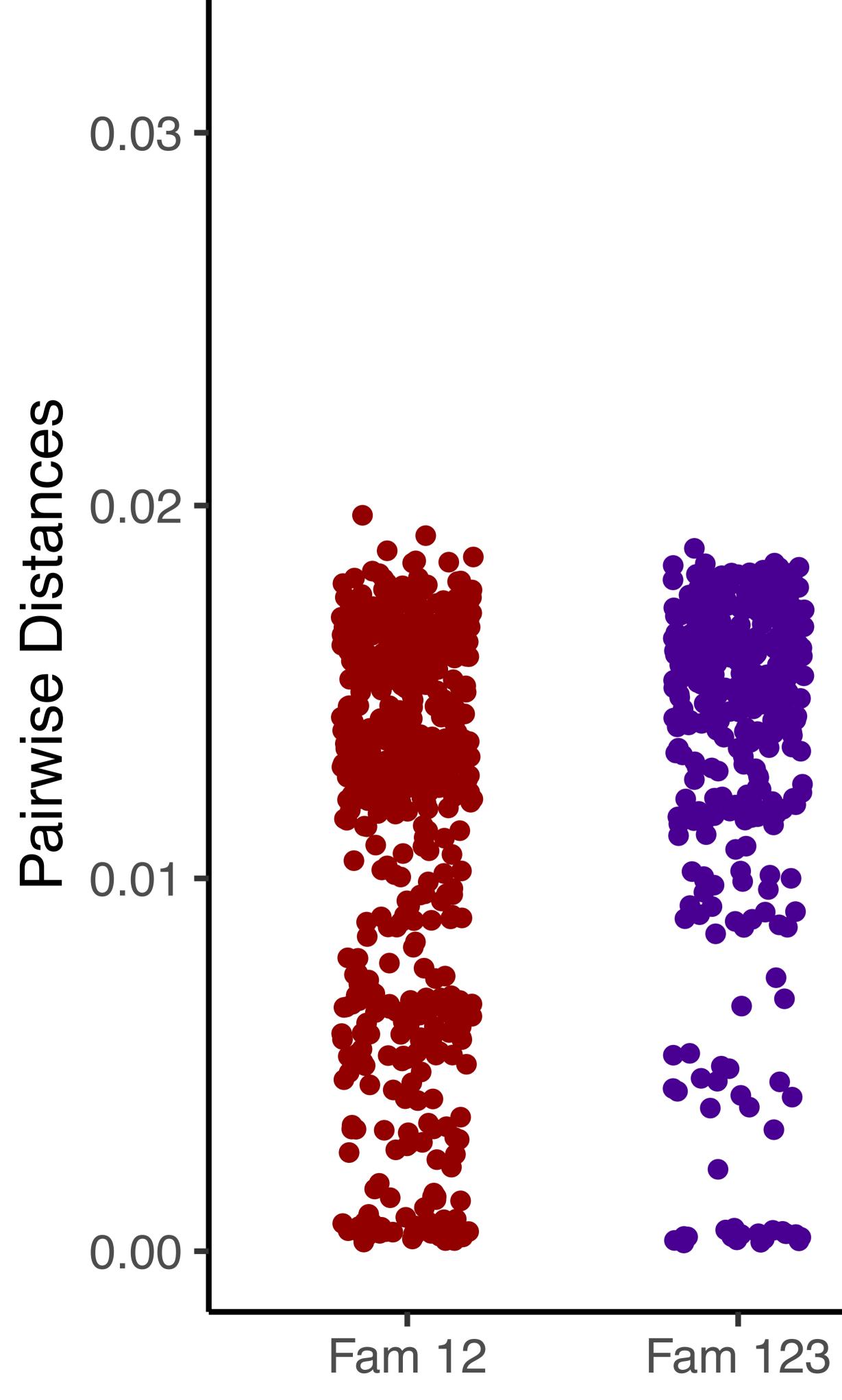
- Fam 12 12M BM
  - Fam 14 6W BM
    - Fam 14 14W BS
  - Fam 41 14W BM



0.000

0.005

- 123

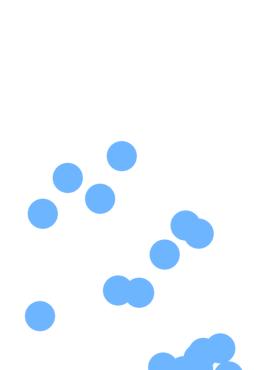


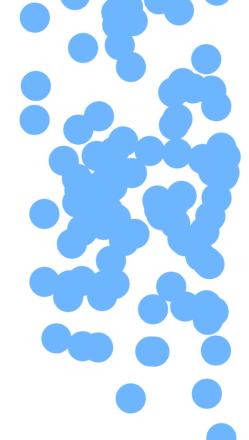
8084 Fam 14 Fam 22 Haplotypes

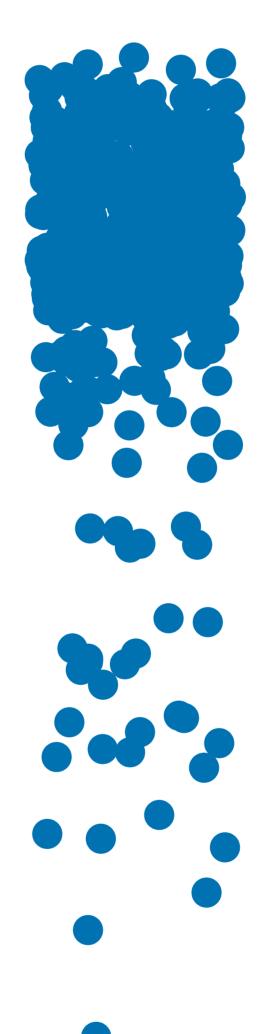
Fam 41

PNAS

GenBank



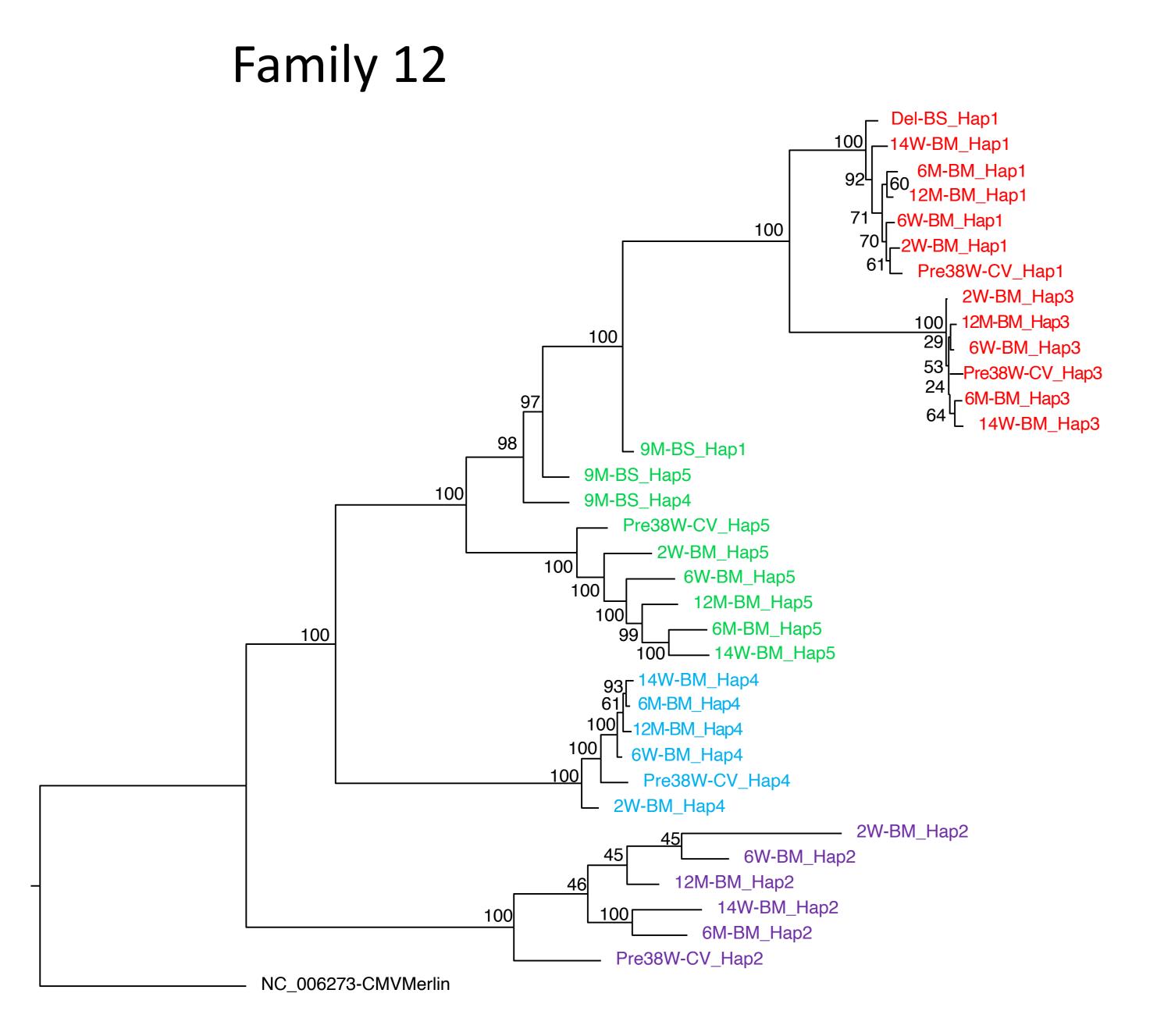




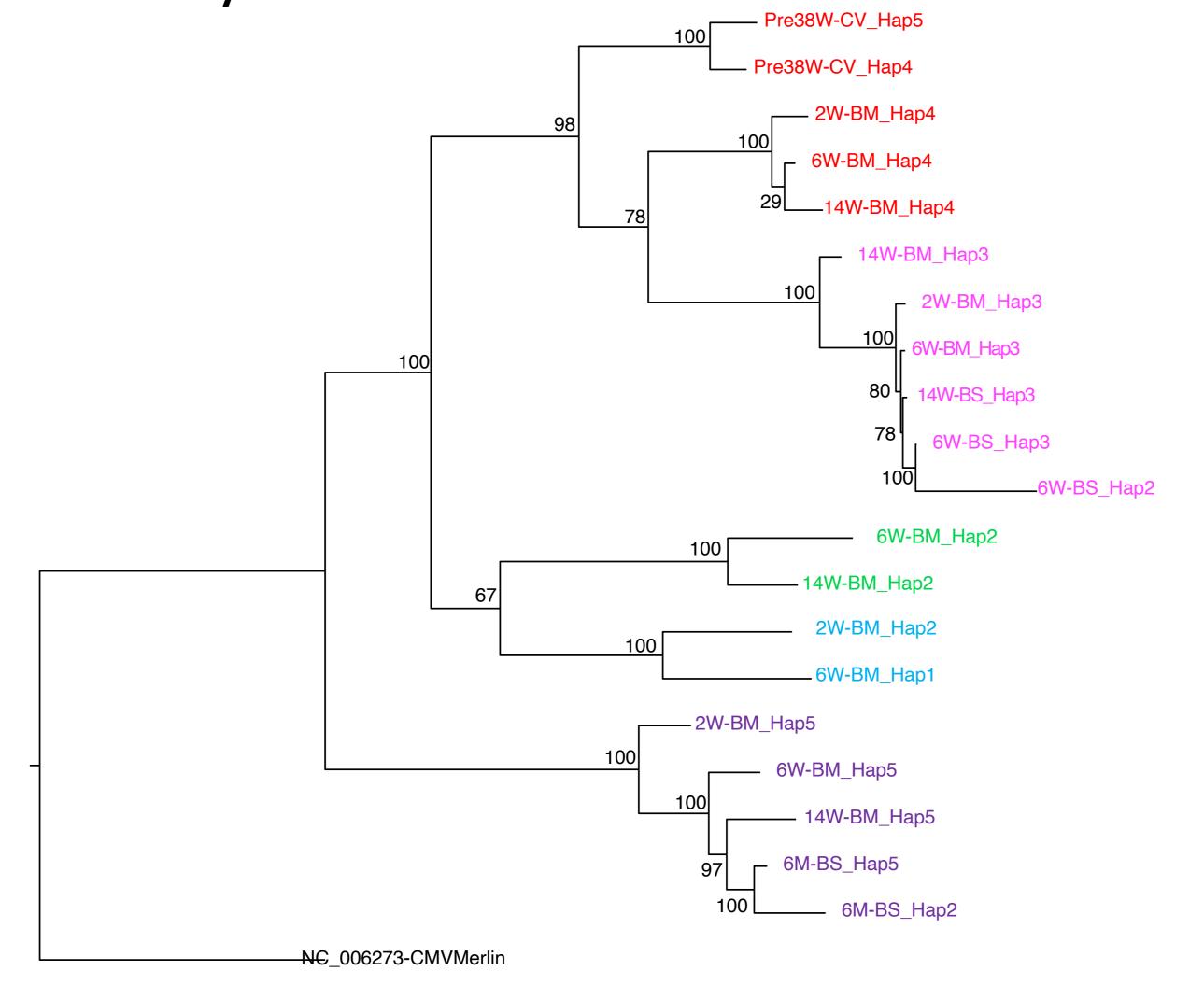


## Family

- Fam 12
- Fam 123
- Fam 14
- Fam 22
  - Fam 41
- PNAS
- GenBank

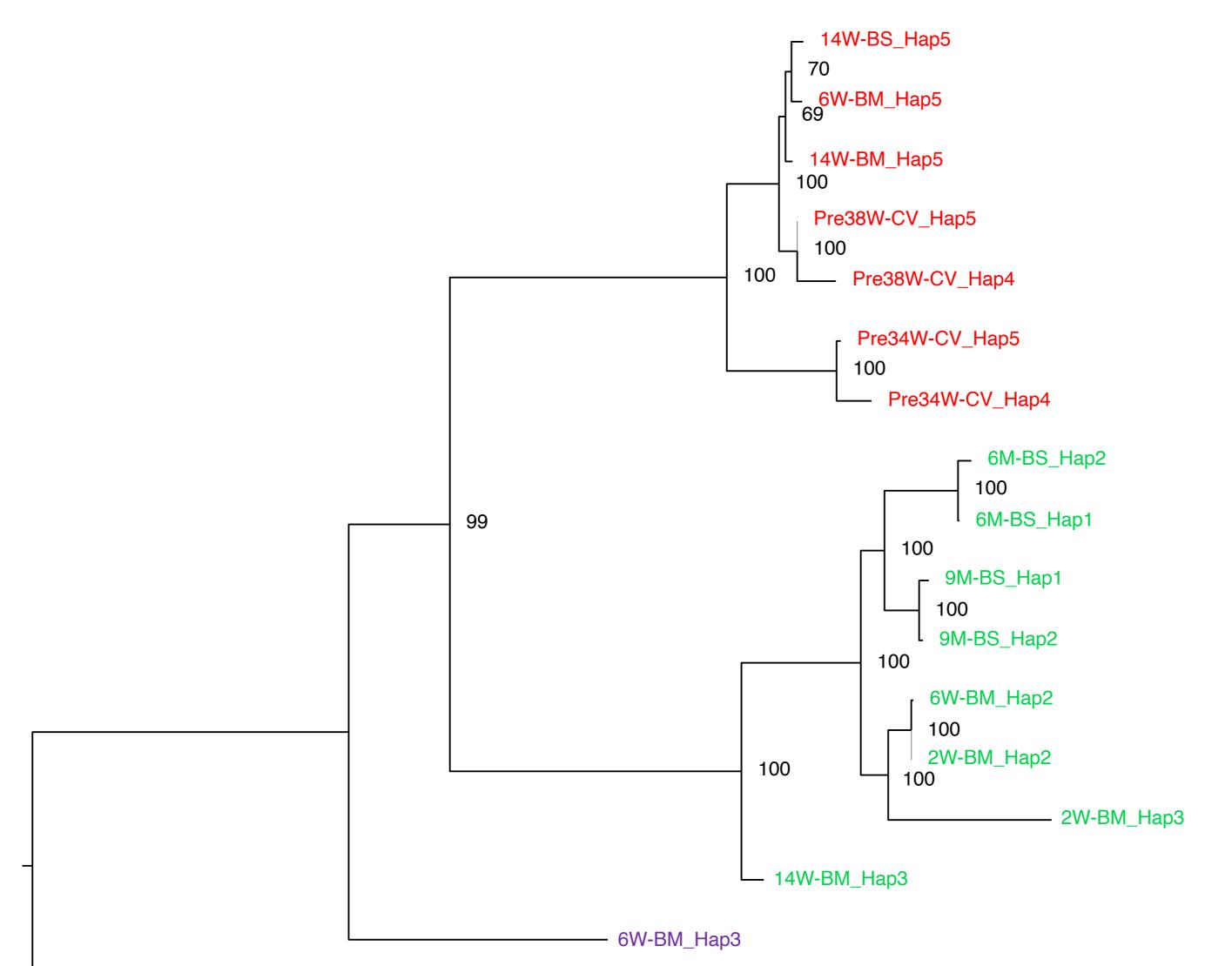


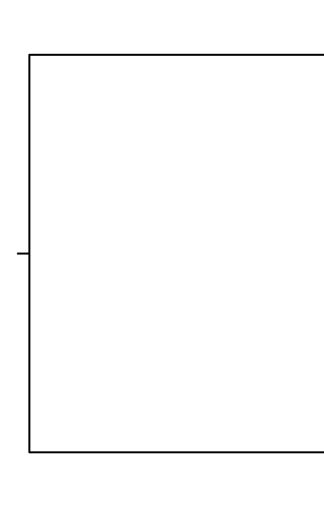
#### Family 14

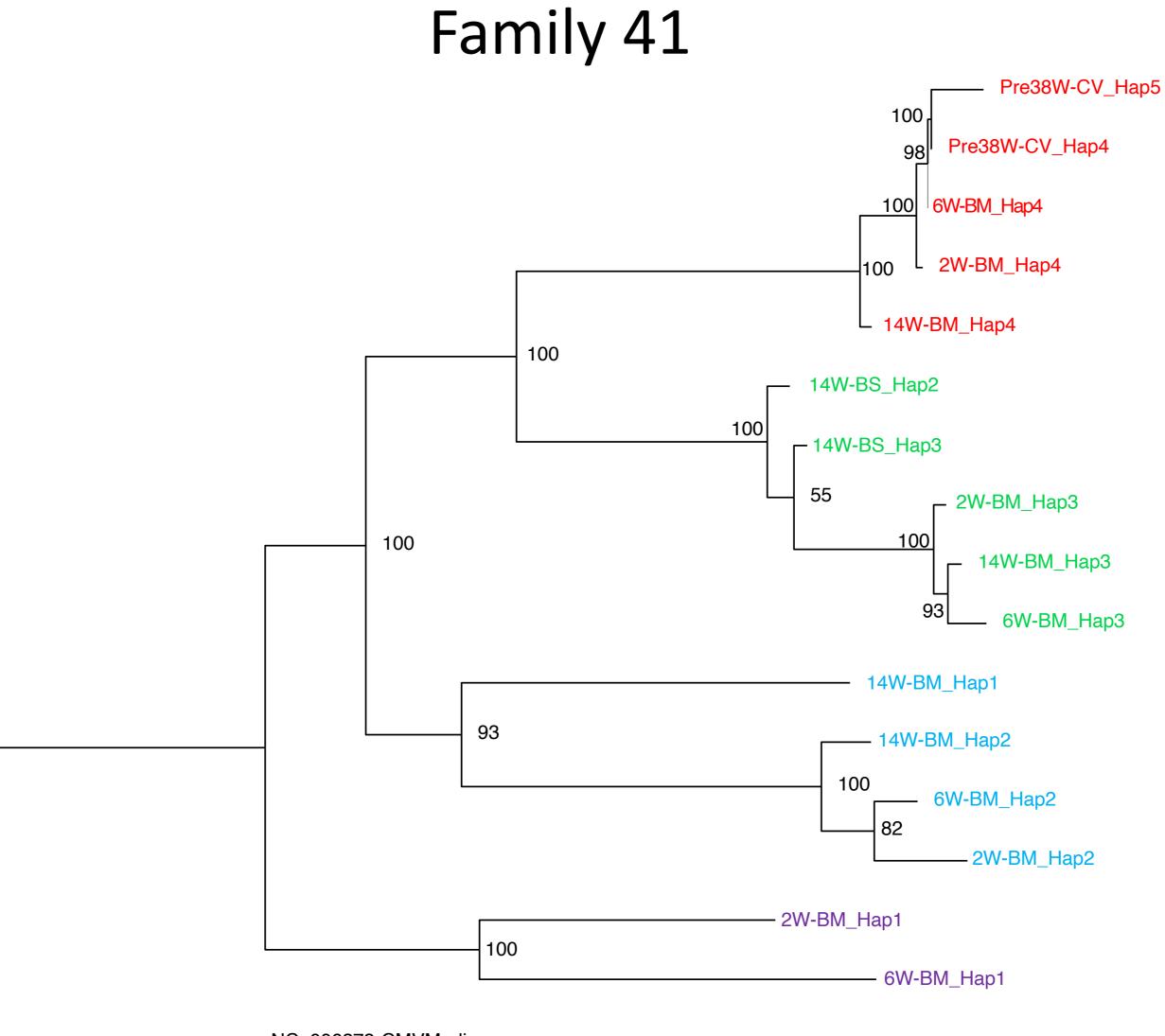


- NC\_006273-CMVMerlin

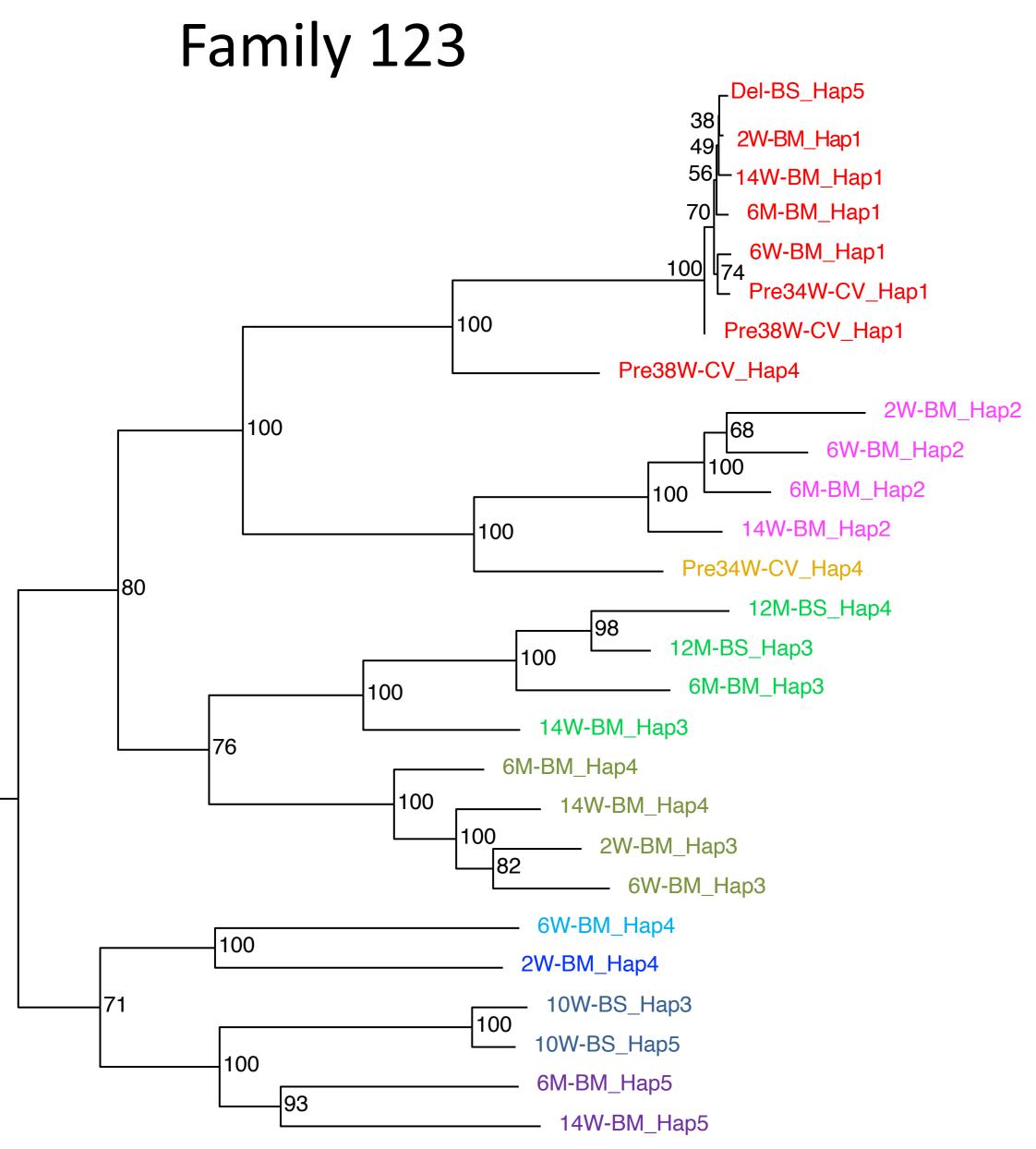
#### Family 22



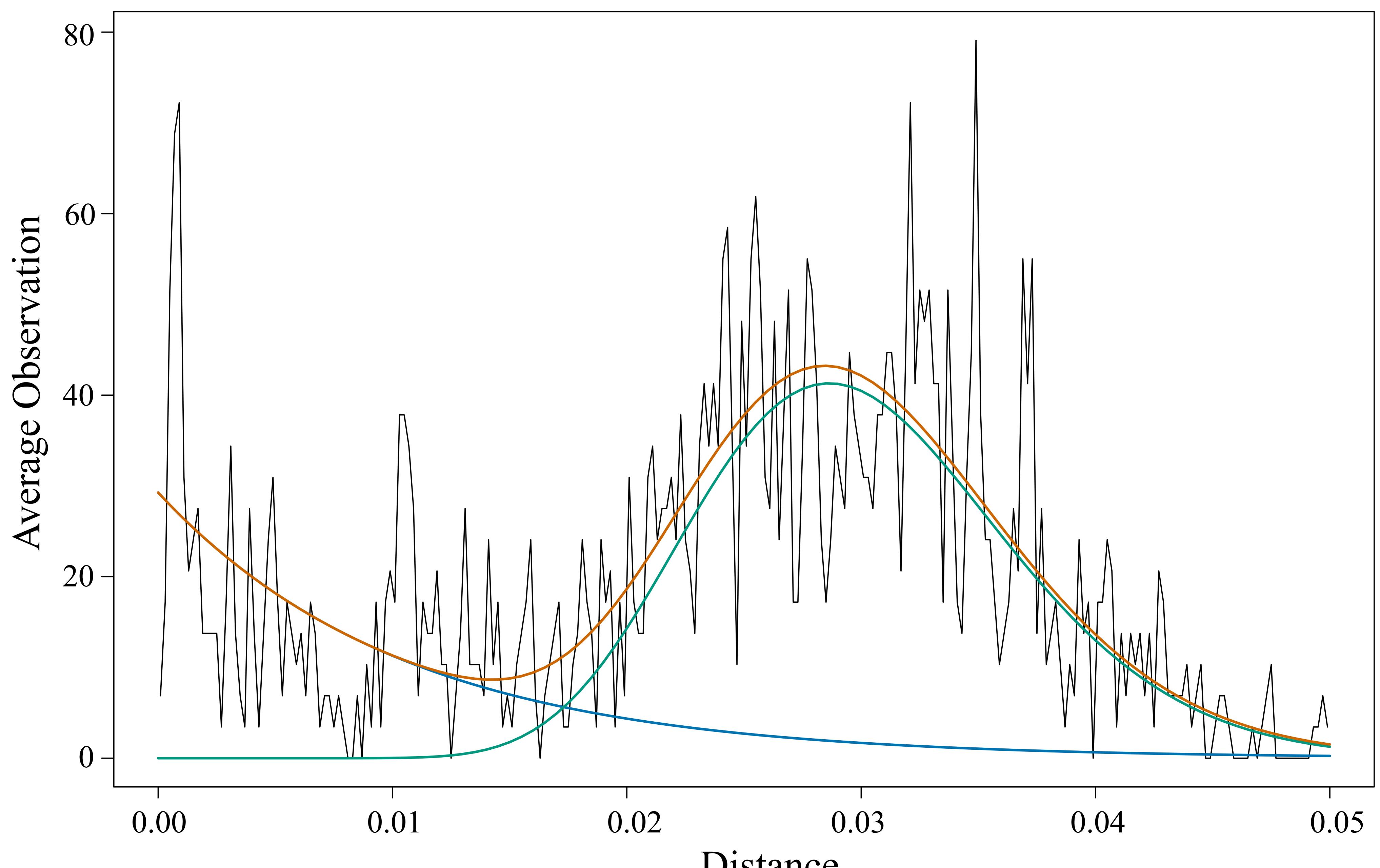




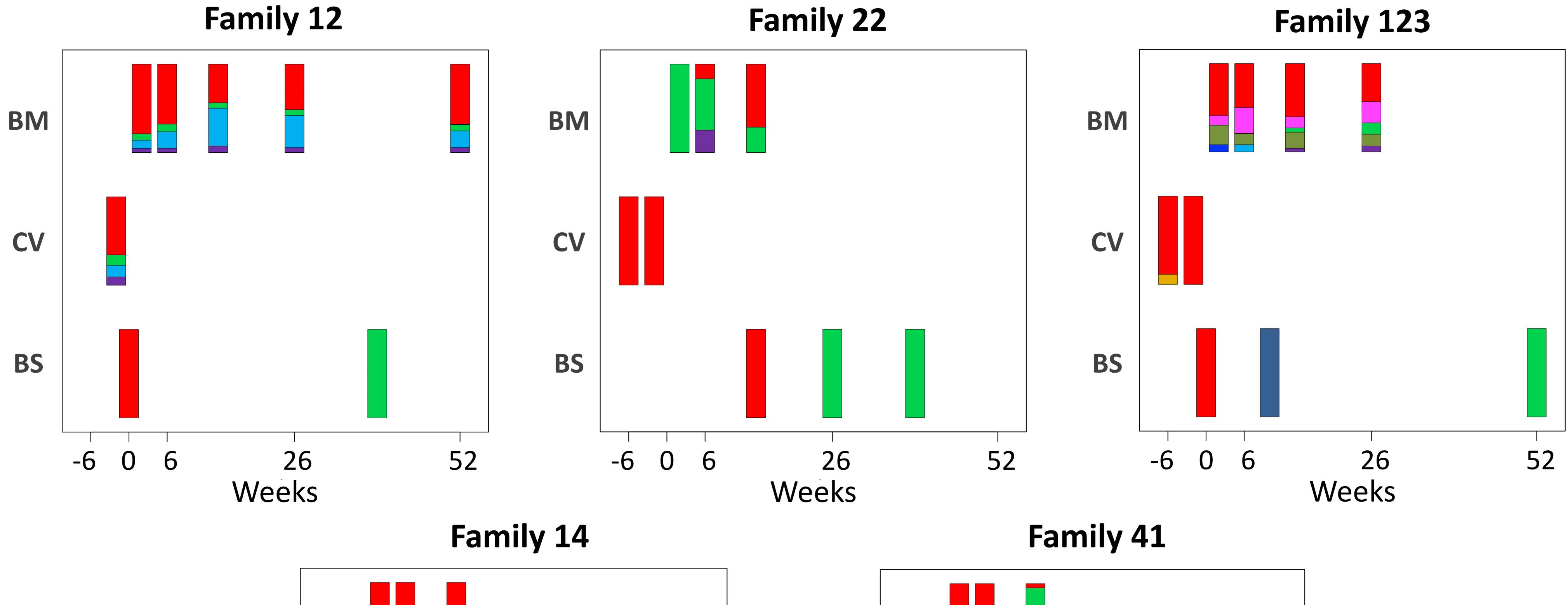
- NC\_006273-CMVMerlin

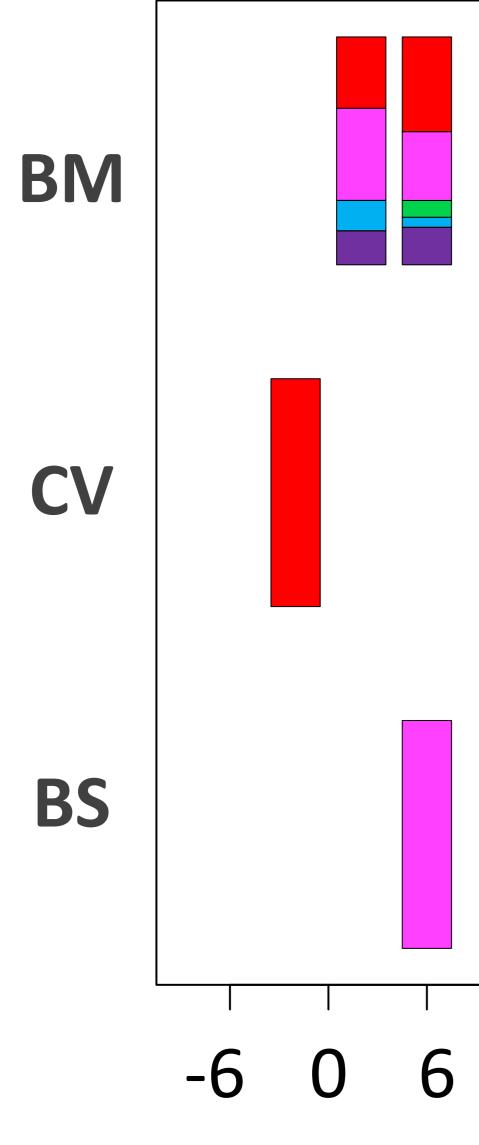


NC\_006273-CMVMerlin



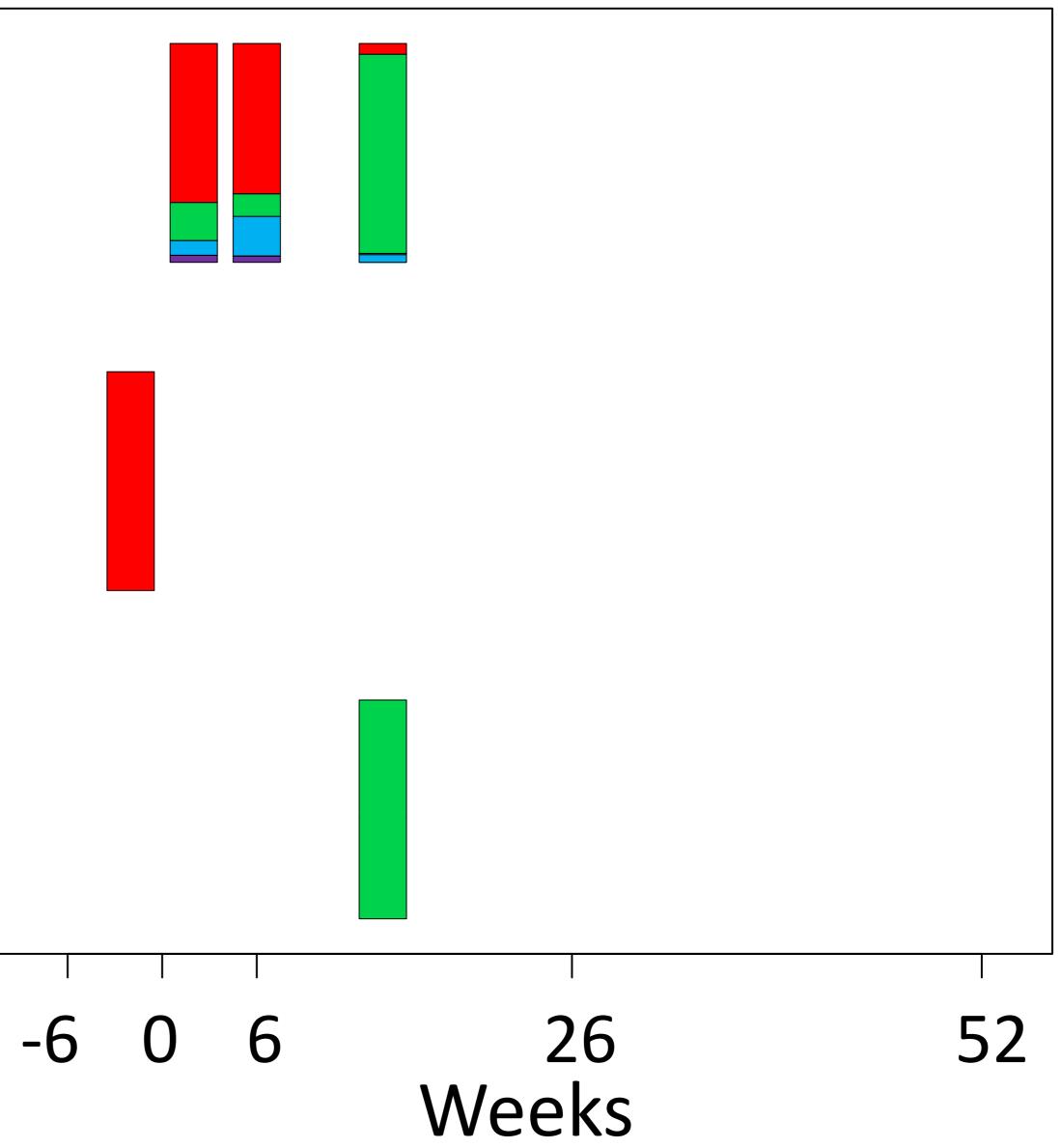
## Distance

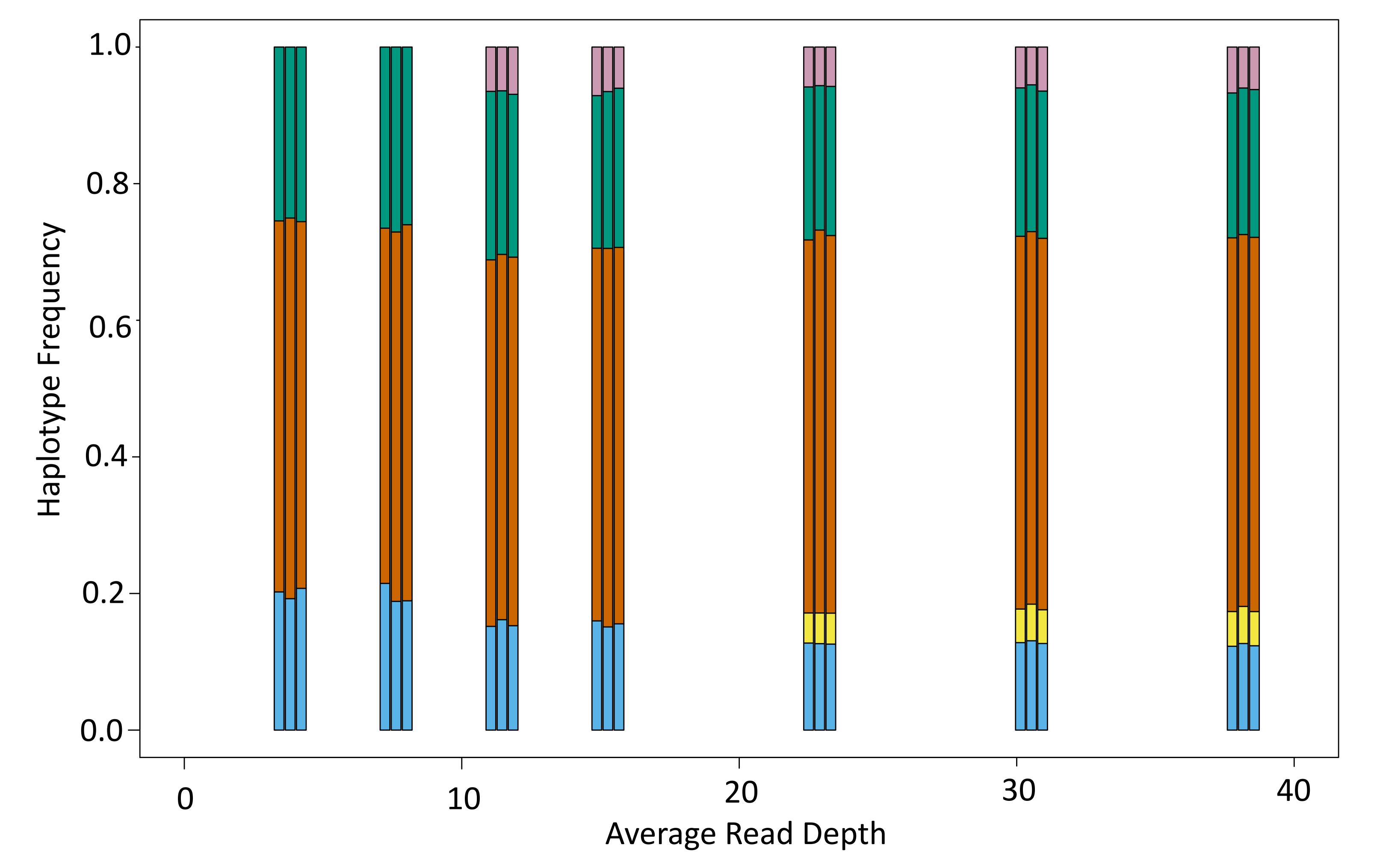


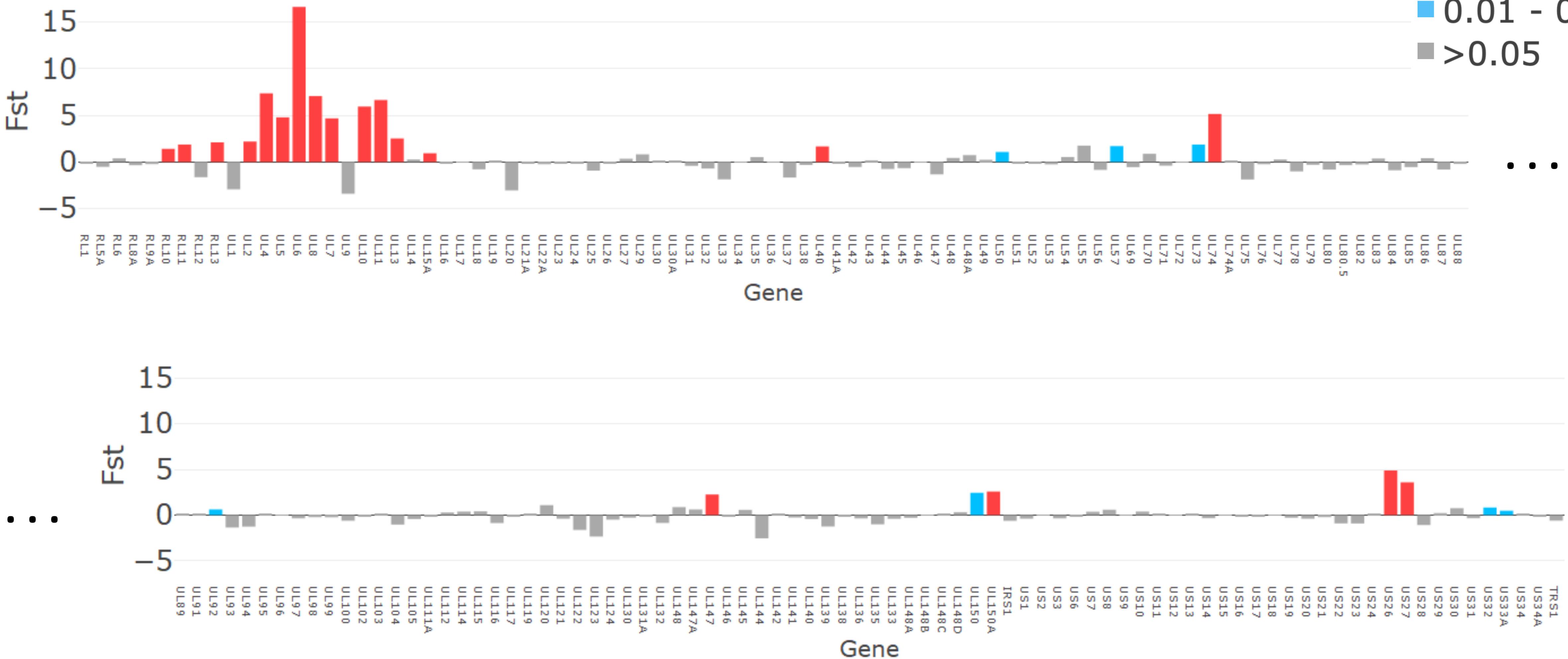


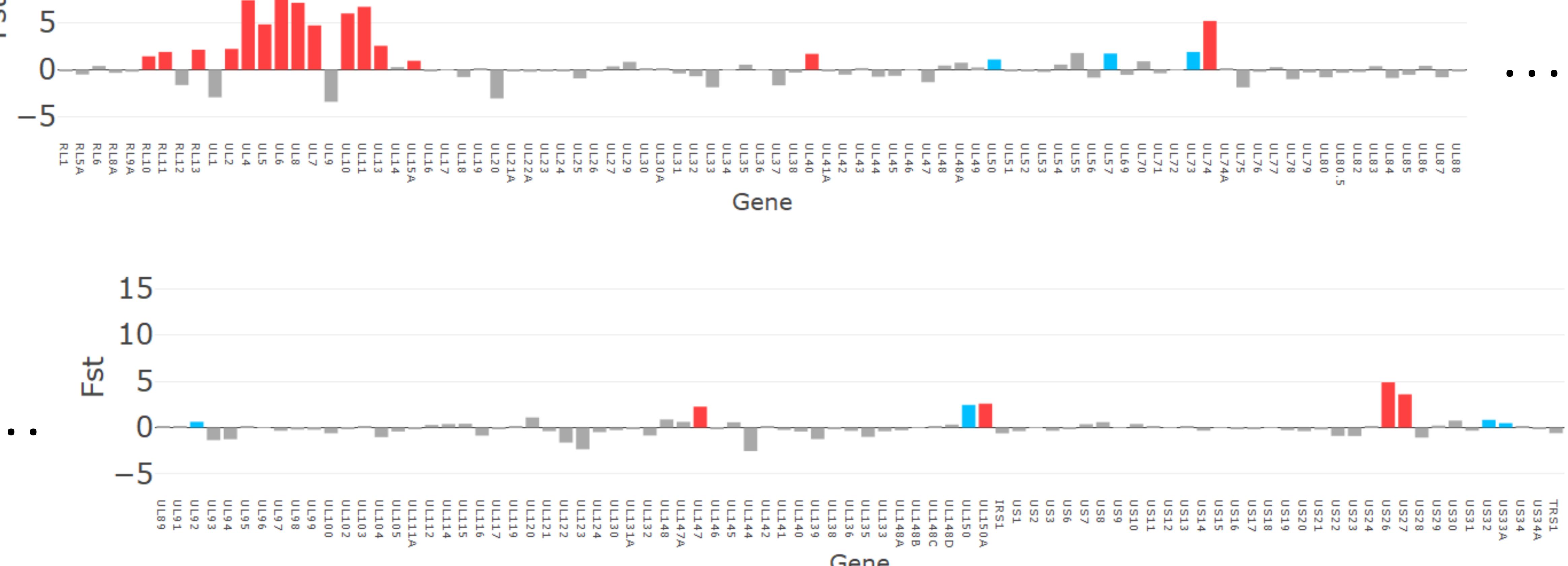
BM CV BS 26 52

Weeks

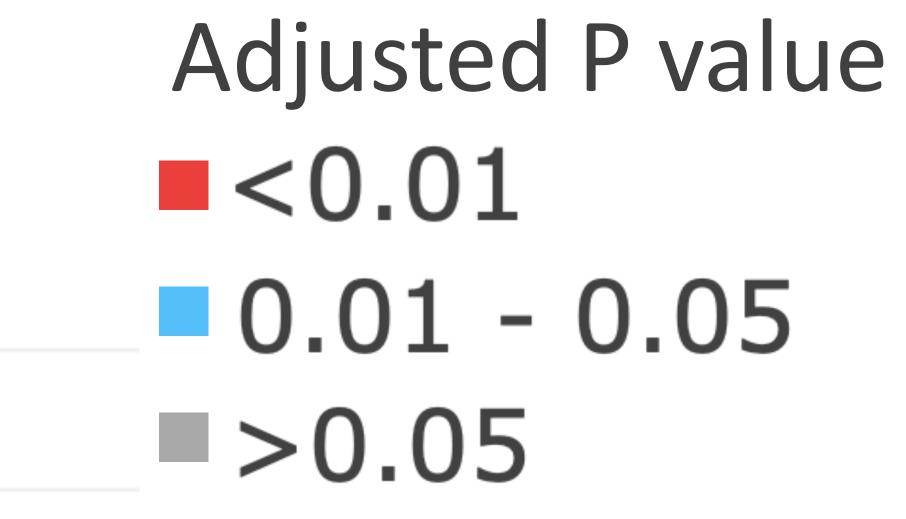


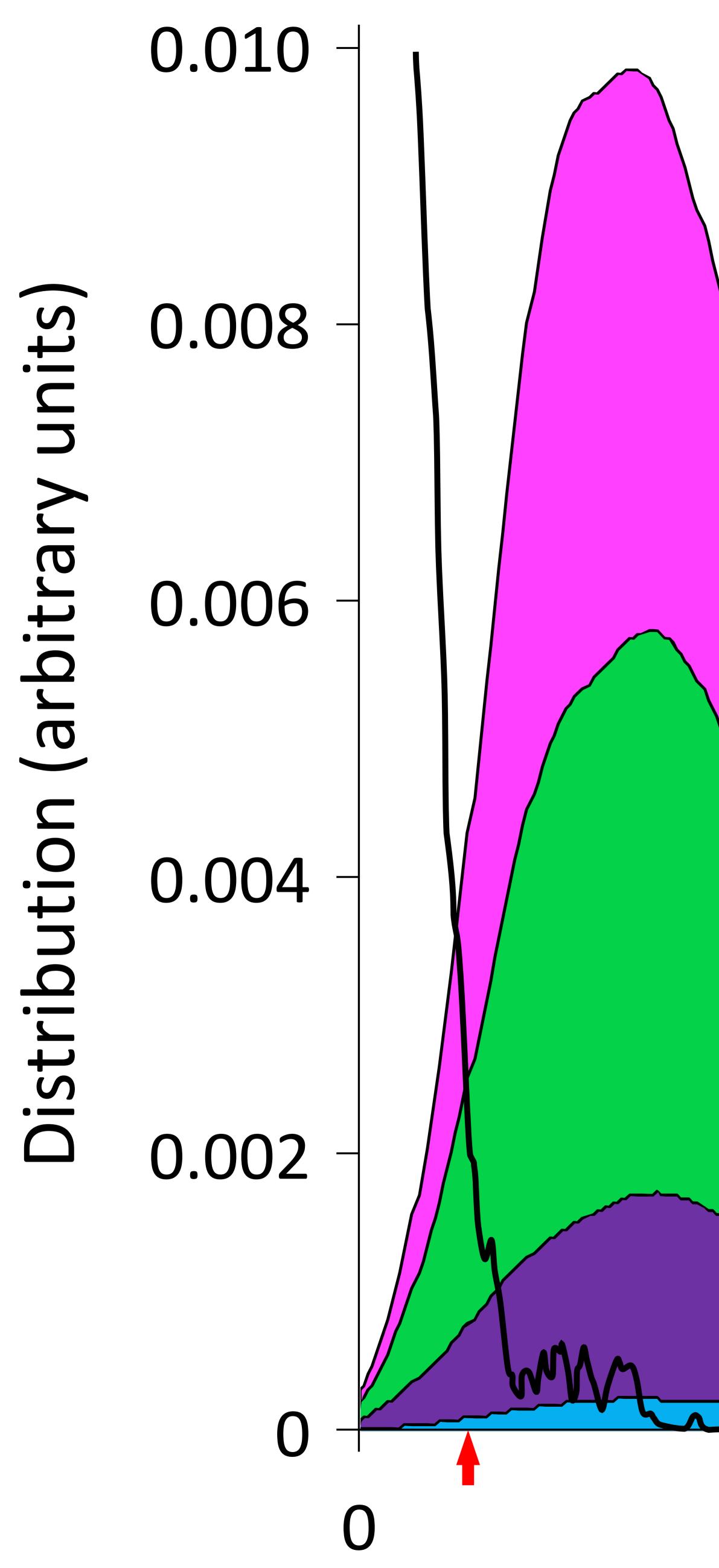






UL139	UL138	UL136	UL135	UL133	00	8	8	00	UL150	0	IRS1	US1	US2	US3	0 S U	US7	8S N	6S N	US10	US11	US12	US13	US14	US15	US16
	6	20	'n																						

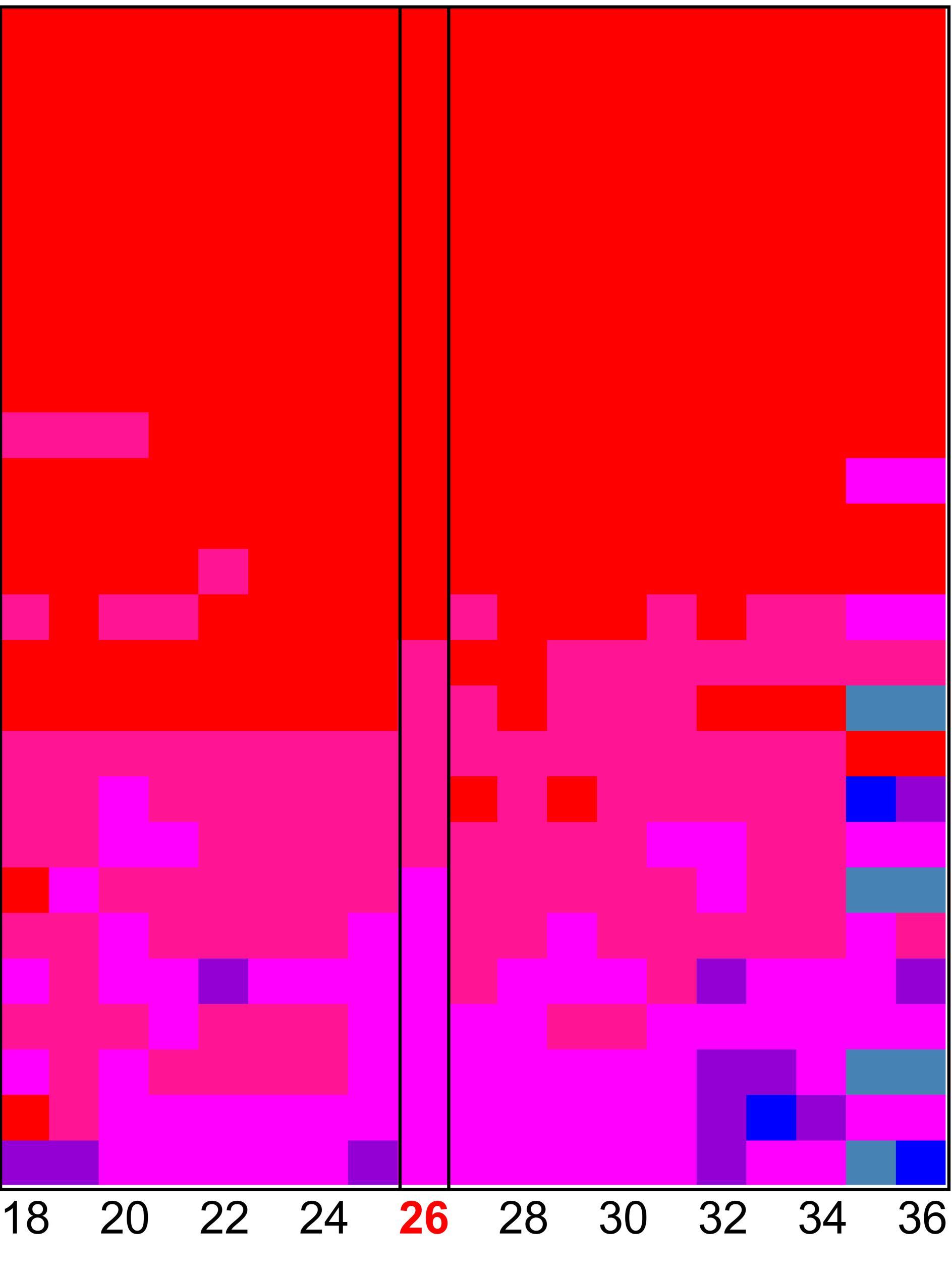




# 50 100 150 Sum of confidence-weighted FST values

C D D

UL10 UL11 UL13 UL4 UL5 UL6 UL7 UL8 US26 **US27** UL150A UL2 **RL11** UL147 UL40 UL74 RL13 UL15A **RL10** UL150 **UL57** UL92 UL50 US32 UL73 US33A



Number of clusters

