

*Table 1. Zero Order Correlations, Means and Standard Deviations*

	1	2	3	4	5	6	7	8	9	10	<i>M (SD)</i>
1. Preoccupation	–										3.11 (0.39)
2. Interference	.20**	–									2.29 (0.81)
3. Self-sufficiency	.12*	.40**	–								2.72 (0.72)
4. Childhood Trauma	.01	.32**	.48**	–							1.46 (0.61)
5. DIF	.35**	.38**	.37**	.32**	–						18.36 (7.00)
6. DDF	.18**	.25**	.34**	.21**	.68**	–					18.24 (5.77)
7. EOT	.16**	.07	.07	-.03	.29**	.38**	–				20.09 (4.94)
8. Dieting	.14**	.31**	.30**	.24**	.52**	.31**	.19**	–			5.73 (7.81)
9. Bulimia	.13*	.30**	.28**	.24**	.46**	.30**	.09	.76**	–		1.68 (2.85)
10. Oral Control	.22**	.25**	.23**	.15**	.43**	.27**	.19**	.60**	.56**	–	2.48 (3.74)

Note. DIF: Difficulty Identifying Feelings; DDF: Difficulty Describing Feelings; EOT: Externally Oriented Thinking of the Toronto Alexithymia Scale.

\* $p < .05$ , \*\* $p < .01$