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<b>Title:</b>	Immediate post-extraction single-tooth implants and temporary crowns in the aesthetic area: 2-year results of a cohort prospective multi-center study. Patient-centered outcomes.
<b>Keywords:</b>	Cohort study, Dental implants, Esthetics, Osseointegration, Tissue preservation, Tooth extraction
<b>Type:</b>	Clinical

## 1 INTRODUCTION

2 **Single** implants in the aesthetic zone may be placed immediately after tooth extraction in  
3 **conjunction** with an immediate (within 48 hours) **placement of a provisional crown**.<sup>1-9</sup> The  
4 success of immediate implants is influenced by patient and site characteristics as well as op-  
5 erator training.<sup>10,11</sup> No conclusive evidence is available on peri-implant marginal soft tissues  
6 stability, aesthetic and patient-centered outcomes.<sup>9,12,13</sup> Most studies adopt stringent entry cri-  
7 teria to exclude putative risk factors (**e.g. smoking habit or bone dehiscences**) thus reducing  
8 failure rates.<sup>1,3,4,9,14,15</sup> **Several systemic conditions and local risk factors are suspected to af-**  
9 **fect post-extractive implant survival.**<sup>2,16-19</sup> Currently, the most proposed technique consists of  
10 flapless extraction, immediate post extractive implant insertion, and immediate provisional  
11 crown **within 48 hours.**<sup>2,4,5,7,8,20-22</sup> The aim of this study was to assess the role of putative risk  
12 factors (**smoking, systemic conditions and therapies, inability to assume amoxicillin, perio-**  
13 **dontitis, unfavourable anatomic conditions, dental habits**) on implant survival, complications,  
14 and patient-centered outcomes following single-tooth immediate (post-extractive) implant  
15 placement and loading in aesthetic areas.

## 16 MATERIALS AND METHODS

17 The study design was a multi-center cohort prospective clinical trial and was reported accord-  
18 ing to the STROBE guidelines.<sup>23</sup> The followed procedures were in accordance with the ethi-  
19 cal standards of the national committee on human experimentation and with Helsinki Decla-  
20 ration of 1965, as revised in 2000.<sup>24</sup> Patients were informed that their data would have been  
21 used for statistical analysis and gave their informed consent to the treatment. No ethical com-  
22 mittee approval was sought, since it was not required by any authority when the patient re-  
23 cruitment was initiated (June 2007).

24 The study involved 15 centers, consisting of private practices in Italy.

### 25 *Patient Selection*

26 All the consecutive patients treated with a single immediate implant placement in the period  
27 comprised between June 2007 and July 2009 were enrolled into the study. Putative risk fac-  
28 tors were categorized as systemic or local.

29 Systemic risk factors included smoking habit, diabetes, other systemic conditions, ongoing  
30 therapy with anticoagulants or calcium antagonists, previous assumption of bisphosphonates,  
31 inability to assume preoperative amoxicillin, assumption of antibiotics and/or steroids in the  
32 preoperative week.

33 Local risk factors included inadequate oral hygiene, history of past or adjacent endodontic  
34 care, treated periodontitis, thin phenotype, parafunctional and other bad dental habits, suppu-  
35 ration, bone dehiscences, fracture of the facial plate during implant insertion. Periodontitis  
36 was defined by the presence of proximal clinical attachment loss  $\geq 3\text{mm}$  (not ascribed to non-  
37 periodontitis related causes) in at least two non-adjacent teeth and clinical pocket depth  $\geq$   
38  $3\text{mm}$  associated with local bleeding on probing.<sup>25</sup>

39 Refusal of the patient to undergo the treatment of periodontitis, when indicated, was an ex-  
40 clusion criterium. Implants with insertion torque lower than  $35\text{ Ncm}$  were treated with a  
41 standard healing abutment to allow for a secondary stability.<sup>26</sup>

#### 42 *Surgical and prosthetic protocol*

43 The extractions were performed trying to preserve the facial cortex. Fracture of the facial cor-  
44 tex was considered a local risk factor and not an exclusion criterion. The implants were in-  
45 serted immediately after tooth extraction without flap elevation. The facial and lingual bone  
46 surface were located by palpation. A needle was used to locate the palatal bone surface after  
47 anaesthesia. The Gelb probe was used after extraction to assess the contour of the socket and  
48 the presence of fenestrations or dehiscences.

49 Tapered implants (NanoTite Certain Tapered Implants Biomet 3i Inc™, Palm Beach FL)  
50 were selected in order to increase primary stability after undersized osteotomy.

51 The site was prepared with the following objectives: place the **facial** surface of the implant at  
52 least one millimetre from the **facial** wall of the socket; place the implant platform 3-4 mm ap-  
53 ical to the level of the **facial** gingival margin; achieve primary stability (insertion torque  $\geq 35$   
54 Ncm). Spongius granules of bovine demineralized denatured bone (Bio-Oss<sup>®</sup> Geistlich,  
55 Wolhusen, Switzerland) or bone chips harvested from the surgical site were inserted between  
56 implant and residual alveolar wall when the gap exceeded 1 mm.

57 Temporary **screw retained** crowns, tightened at 20 Ncm, were seated within 48 hours after  
58 surgery taking care to provide the soft tissues with an adequate support. **Any occlusal contact**  
59 **was eliminated.**

60 Final restorations were scheduled three months after implant placement.

61 **Data** were gathered **before surgery** and during surgery, immediately after provisionalization,  
62 at the seventh postoperative day and at 3 months after surgery. Subsequent follow-up visits  
63 were scheduled at 1 and 2 years after implant placement.

64 The following variables were recorded for each patient:

65 - *before surgery*: gender, age, extraction site, indications for extraction and putative risk fac-  
66 tors.

67 - *during surgery*: duration of the extraction, U/V-shaped bone dehiscence, bone fenestration,  
68 distance of crestal bone from the gingival margin on the **facial** aspect, diameter and length of  
69 the implant, insertion torque, fracture of the **facial** bone plate, position of the implant plat-  
70 form relative to the bone crest (apical, coronal, same level), **facial** gap between bone and im-  
71 plant, biomaterial inserted into the gap, suture to close the gingiva over the bone gap, dura-  
72 tion of the implant surgery.

73 - *during the provisional prosthetic phase*: time elapsed between the end of surgery and provi-  
74 sional crown, platform switching or not, presence of contact point with adjacent teeth.

75

76 *Outcome measures*

77 Outcome measures were recorded at each follow-up visit.

78 Implant failure was the primary outcome: the removal of any implant for any reason.

79 Gingival recession: facial recession was recorded on the basis of the visual examination at the  
80 mid-facial aspect of the tooth.

81 Aesthetic outcomes: the Pink Esthetic Score (PES) was retrospectively evaluated on clinical  
82 pictures when available at each phase, from preoperative to follow-up.<sup>27</sup>

83 Marginal bone levels: radiographic bone levels were measured at the mesial and distal site of  
84 each implant on the available intra-oral films taken using a long-cone parallel technique with  
85 a Rinn-type film holder at each time point. The distance from the implant platform and the  
86 interproximal bone crest, and the distance from the implant platform and the most coronal  
87 bone-implant contact were measured parallel to the implant axis. The measurements were  
88 made on enlarged pictures, using the distance between the implant threads as a unit and then  
89 converting the obtained figures into millimetres. The inter-thread distance was rounded to the  
90 closest second decimal digit.

91 PES and radiographic measurements were carried out by two independent examiners (CC and  
92 NMS). Discordances were solved by discussion.

93 Mechanical complications were also recorded.

94 Patient-centered outcomes: Intra-operative and postoperative pain was assessed using a nu-  
95 meric ascending scale in 11 scores (0 to 10).<sup>28,29</sup> A similar scale was used to grade the satis-  
96 faction about aesthetics<sup>30</sup> and functional aspects where 0 meant that they could not be more  
97 dissatisfied while 10 meant that they could not be more satisfied. Patient satisfaction was in-  
98 vestigated at each follow-up visit. The satisfaction about function was recorded only at 1 and  
99 2 years, because the patients had been invited not to chew on the provisional crown.

100 Centers unable to provide the required data at the 3-month interval were excluded from the

101 study before statistical analysis.

102 *Statistical analysis*

103 **Analysis unit was the patient since only one implant was placed in each patient.**

104 Descriptive statistics with means, standard deviations and percentages were calculated for the  
105 participant characteristics at baseline, for intervention data and outcomes at different time-  
106 points of follow-up. Fisher's exact test was used to assess differences in the prevalence of  
107 outcome variables among patients exposed to different risk factors and treated by differently  
108 experienced surgeons at different time points.

109 Life table statistics were used to determine survival at different time points censoring data for  
110 drop-outs. Single and multiple logistic regression models were used to assess any influence  
111 on implant failure, recession, pain and satisfaction of the collected variables. Regression  
112 models were conducted considering clustering of patients by center/surgeon. All tests were  
113 two-tailed and all statistical comparisons were conducted at .05 level of significance. Anal-  
114 yses were performed by an independent operator (KZ) using Stata version 13 (Stata Statisti-  
115 cal Software, release 13.0, StataCorp).

## 116 **RESULTS**

117 A total of 215 implants were inserted since June 2007 to July 2009 in 15 centers. One implant  
118 was seated with a torque < 30 Ncm and was not immediately loaded. It was successfully  
119 loaded 10 weeks after placement and was healthy 2 years later. This implant was excluded  
120 from subsequent analysis. The data on the remaining 214 implants inserted in 214 patients  
121 were gathered from 15 centers/operators. Survival rates are summarised in Table I.

### 122 ***Baseline and surgery (T0)***

123 Out of 214 patients, 92 (43%) were males and 122 (57%) females, with an overall mean age  
124 of 48.3, ranging from 17 to 84 years.

125 Absence of potential risk factors was observed in only 46 patients (22%); 24 (9%) smoked

126 more than 10 cigarettes per day and 4 (2%) could be labelled as heavy smokers (more than 20  
127 per day). Preoperative amoxicillin was administered to 196 patients (92%).  
128 Gingival phenotype was judged as thin in 19 patients (9%), medium in 120 (56%), and thick  
129 in 75 (35%). V-shaped and U-shaped dehiscences were found in 14 sites (6.54%) and in 37  
130 sites (17.3%), respectively. The majority of implants were inserted on the maxilla (179/214;  
131 84%) and more than half on the site of maxillary premolars (104/214; 58%). Only 35 im-  
132 plants were placed in the mandible (16.3%). Implants were mostly long 13 mm (112/214,  
133 52.3%) or 15 mm (69/214, 32.2%); the most used diameter was 5 mm (129/214, 60.3%). No  
134 filling material was used to fill the gap between implant and bone in 110/214 (51%) cases.  
135 Bone chips were inserted in 51 (24%) cases, bovine bone granules in 38 (18%) and a mixture  
136 thereof in 15 (7%). The average duration of surgery (extraction+implant surgery) was 32.9  
137 minutes (std deviation (SD) 20.64; range: 23 to 105 minutes.  
138 Mean intra-operative pain was only 0.79/10 (SD 1.60) with 70% of patients reporting no  
139 pain. Regression model indicated that intra-operative pain was associated with three predic-  
140 tive variables: younger age (OR 0.96, 95%CI 0.946 to 0.99, P=0.005), higher surgical inter-  
141 vention duration (OR=1.03, 95%CI 1.02 to 1.05, P=0.007), and the **maxilla** (mandible vs.  
142 maxilla OR=0.18, 95%CI 0.05 to 0.62, P=0.006). The provisional crown was delivered in  
143 less than 24 hours in 157/214 instances (73.5%) and the rest (57/214, 26.5%) within 48 hours.

#### 144 ***Follow-up***

##### 145 *1 week (T1)*

146 Two hundred eight patients with surviving implants were seen at the end of the first postoper-  
147 ative week. Implant failure was observed in 5 patients.

148 Three implants out of 179 (1.6%) failed in the maxillary arch (a central and a lateral incisor,  
149 and a canine) and 2/35 (5.7%) in the mandibular arch (a lateral incisor and a second premo-

150 lar). One patient did not attend the 7-day visit, but came to a later appointment and is ac-  
151 counted for in a subsequent paragraph. Local risk factors ( $P=0.42$ ), or systemic risk factors  
152 ( $P=0.06$ ) were not correlated with failures. Overall one-week survival rate was 0.977 (95%CI  
153 = 0.945-0.990). Fisher's exact test indicated no significant difference between maxillary and  
154 mandibular implants ( $P= 0.611$ ). Regression analysis indicated no important influence of ex-  
155 perience level (1 vs. 0  $P=0.209$ ; 2 vs 0  $P=0.108$ ).

156 Sixteen complications were observed: one mechanical (loosening of a provisional crown) and  
157 15 minor biological complications consisting mainly of superficial infections (mucositis) and  
158 transient disturbances of local sensitivity.

159 More than half of the patients (109) did not take any analgesic on the first week following the  
160 operation. Similarly, 116 patients (55%) reported 0 pain, whereas overall numeric mean score  
161 was 1.31/10 (SD 2.01). Mean score on aesthetic satisfaction with immediate provisional res-  
162 toration was 8.62/10 (SD 1.82). No specific variable seemed to be associated with patients'  
163 satisfaction at this stage.

#### 164 *Three months (T2)*

165 At the time scheduled for the permanent restoration (3 months) patients were recalled even if  
166 they chose to delay the substitution of the provisional crown.

167 Seven patients dropped out by the third month and 25 additional implants were lost, resulting  
168 in an overall survival rate of 0.878 (95%CI = 0.804-0.899). Different reasons were alleged  
169 for the 7 dropouts: one had moved to another city; one did not come to the follow-up visits,  
170 but stated that everything was going well with the implant and did not want to spend money  
171 for a permanent crown; the remaining five could no longer be contacted by the centers. Two  
172 of these patients were recorded as dropouts at 3 months, but attended the 1-year follow-up  
173 visit. One failure was observed in the patient that had missed the previous visit.

174 No significant association of local risk factors ( $P=0.10$ ) was observed with implant failure,



175 whereas presence of more than one systemic risk factor as compared to no risk factor seemed  
176 to increase implant failure (OR=3.14; 95%CI: 1.10 to 8.96; P=0.032).

177 The regression model showed some evidence that implant failure might be associated with  
178 shallower gingiva (moderate vs. thin OR=0.32; 95% CI: 0.11 to 0.98; P=0.047; thick vs. thin  
179 OR=0.25; 95%CI 0.07 to 0.84; P=0.025).

180 Nevertheless, bone grafting (P=0.90) and type of bone grafting (P=0.471) did not seem to  
181 have any influence on implant survival. Similarly, other factors such as implant length, inser-  
182 tion torque, jaw, distance between platform and gingival margin, platform switching and con-  
183 tact point were not associated to implant failure. The logistic regression model suggested a  
184 potential weak association between the narrowest implant diameter and implant failure (4mm  
185 vs. 3.25mm OR=0.22; 95%CI: 0.42 to 1.13; P=0.06; 5mm vs. 3.25mm OR=0.21; 95%CI 0.42  
186 to 1.00; P=0.05). Five failures occurred in the 18 patients unable to take amoxicillin and 20 in  
187 the 196 who had assumed amoxicillin. The difference was statistically significant (Fisher ex-  
188 act test: P<0.05). Finally, 30 failures were recorded 3 months after surgery: 20/156 (12.8%)  
189 occurred when provisional crowns had been seated within 24 hours from implant surgery  
190 while 10/58 (17,2%) in cases with more than 24 hours of delay. Regression analysis indicated  
191 no association between implant failure and time of provisional prosthetic loading (more than  
192 6h vs. less than 6h, P=0.314; more than 24h vs. less than 6h, P=0.507).

193 The individual failure rate varied from 0 to 6/22 (27%) among individual centers, but no as-  
194 sociation was observed between implant failure and surgeon's experience.

195 No gingival recession was observed at this stage in any patient.

196 Mechanical complications were observed in 10 patients (8 provisional crowns fractured and 2  
197 loosened).

198 Overall mean aesthetic satisfaction score was 9.5 (SD 0.83).

199 *One year (T3)*

200 No additional implants were lost. Six patients dropped out in the period between T2 and T3,  
201 whereas two patients that had been recorded as dropouts at 3 months, presented at 1 year.  
202 One patient did not show up at the 1-year follow-up visit because of a car accident, but came  
203 regularly to the following 2 years visit. The other 5 dropouts included a death, a myocardial  
204 infarction, two movings and a patient that could not be contacted any longer. The overall sur-  
205 vival rate was 0.858 (95%CI = 0.804-0.899).

206 Recessions were noticed in three cases only. No recession occurred among patients without  
207 any risk indicator. Two crown fractures and two mucositis were observed. Both aesthetic and  
208 functional satisfaction recorded a mean score of 9.5/10 (SD 0.74 and 0.77 respectively).

#### 209 *Two years (T4)*

210 The number of dropouts reached 37 at the end of second year of follow-up. One of the cen-  
211 ters did not provide follow-up data at this stage (15 patients). Some of the other 22 can be ac-  
212 counted for: these included two deaths, one severe systemic disease, two movings.

213 One additional implant was lost, resulting in an overall survival rate of 0.849 (95%CI =  
214 0.804-0.899).

215 Complications occurred in 4/146 visited patients (6.85%): 3 cases of mucositis, one of prim-  
216 plantitis. No mechanical complication was observed.

217 Three new recessions (2.10%) occurred during the second year of follow-up. No recession  
218 occurred in the no-risk group.

219 Satisfaction scores: a score of 10 was assigned to the aesthetics of the permanent rehabilita-  
220 tion by 97/146 patients (66.44%; 95%CI = 58.16÷74.03%). The mean score was 9.49.

221 A satisfaction score of 10 was assigned to the functional performance of the permanent reha-  
222 bilitation by 102/146 patients (69.86%; 95%CI = 61.72÷77.17%). The mean score was 9.57.

223 Most patients were satisfied (rating  $\geq 7$ ) with both aesthetics and function of their permanent  
224 crowns (95%CI = 97.50÷100%).

225 Pink Esthetic Score (PES)<sup>27</sup> was used to evaluate the aesthetic results in terms of marginal  
226 soft tissue on clinical pictures when available. The average score at 2 years was 13.16  
227 (95%CI = 12.9÷13.5). No significant difference was observed in PES from T1 to T4.  
228 Bone levels were measured at the same sites mesial and distal to 78 implants at surgery and at  
229 the final visit: the measurements at surgery and 2 years later document a substantial stability,  
230 with a mean gain of supporting bone of 0.47mm on the mesial aspect (95%CI = 0.208 to  
231 0.732) and 0.75mm on the distal aspect (95%CI = 0.541 to 0.959), and a correspondent mean  
232 loss of crestal bone (mesial -0.40mm; 95%CI = -0.598 to -0.202; distal -0.60mm; 95%CI = -  
233 0.769 to -0.431). The average distance between the crest and the bone-implant most coronal  
234 contact decreased accordingly, leading to a flattening of the bone profile (Table II).

## 235 **DISCUSSION**

236 A multi-center prospective cohort study was considered adequate for a pragmatic research on  
237 the frequency of implant, prosthetic and aesthetic failures of immediate prostheses on single  
238 tooth post-extractive implants. The explorative nature of the study guided the choice of the  
239 experimental design: possible sources of bias were accepted if it was the price to gain an in-  
240 sight about the mechanisms of failures. Broad inclusion criteria permitted the evaluation of  
241 several putative risk factors. Systemic and local conditions are usually employed as exclusion  
242 criteria in the current literature, thus preventing to obtain information about their actual role  
243 in determining failures. As a result, many of the commonly excluded cases were included in  
244 this work.<sup>1,9,11,31</sup> The main purpose was the identification of possible risk factors and not the  
245 definition of clinical recommendations.<sup>32</sup> Moreover, the subjective evaluation of the indica-  
246 tion for immediate tooth replacement imposes caution in the interpretation of the present re-  
247 sults.  
248 The association between individual risk factors and failures did not reach the threshold of sta-  
249 tistical significance. The failure rate was significantly higher only in patients unable to take

250 amoxicillin. This observation is in agreement with the conclusions of other studies: the ina-  
251 bility to assume preoperative amoxicillin was recently identified as a risk factor<sup>10</sup> and might  
252 be even more harmful in challenging situations such as post-extractive implants, as suggested  
253 by the study of Wagenberg & Froum (2006).<sup>16</sup>

254 The time distribution of implant failures (most of them in the first 3 months) suggests an  
255 overwhelming role of the initial conditions in determining the success or the failure, even if a  
256 strong correlation with any of the investigated putative risk factors could not be substantiated  
257 by the data. Postponing the seating of provisional crowns after 24 hours did not appear to  
258 jeopardise the success of implants.

259 Based on the data of this study, 15% of early failures may be expected, but only prior to the  
260 permanent restoration. On the other hand, some months of patient discomfort and significant  
261 chair-time were saved in the other 85% of cases while improving the quality of life remarka-  
262 bly. Only one implant was lost among the 176 survived at 3 months and controlled up to 2  
263 years. Less than 0.6% of failures in the two first years after permanent restoration and full oc-  
264 clusal loading is an encouraging figure.

265 Immediate implant placement in the anterior maxilla is an attractive option, but several arti-  
266 cles warn against the risk of unpredictable tissue healing after immediate post-extractive im-  
267 plants, reporting mean retraction of the soft tissues of 0.5÷1 mm.<sup>2,3,18,33</sup> Experimental stud-  
268 ies suggest that a flapless approach to tooth extractions and immediate implant placement re-  
269 sults in a better preservation of the soft tissue contour.<sup>34,35</sup> Nevertheless, the flapless approach  
270 entails some inconveniences, including the difficulties in appraising the size and shape of the  
271 crest and the soft tissue thickness: the clinician must rely on indirect evaluation by means of  
272 probing and palpation. Flapless atraumatic extraction, immediate implant insertion in the  
273 fresh socket, and immediate incorporation of a provisional crown are associated with minimal  
274 facial recessions (0.45 mm +-0.25) one year after implant insertion.<sup>5</sup> A significant association

275 was found between U-shaped dehiscences and higher incidence of facial recessions in a pre-  
276 vious study.<sup>36</sup> The exclusion of sites fenestrations and dehiscences is consistent through the  
277 clinical literature on immediate implants. The present multi-center study did not exclude such  
278 bone defects and showed a minimal incidence of facial recession in the two postoperative  
279 years (6/176). These data do not confirm nor disprove the hypothesis of a correlation between  
280 recessions and phenotype or dehiscences, mainly due to the low frequency of recessions. It is  
281 however remarkable the fact that no recession was observed in the patients without any risk  
282 factor and only one recession occurred in the 37 sites with U-shaped bone dehiscences.  
283 Recessions were minimal also in other clinical studies employing immediate provisional  
284 crowns,<sup>11,37</sup> even in a randomised clinical trial.<sup>4</sup> The outcomes of this approach appear to be  
285 better than alternative techniques involving elevation of flap and even GBR.<sup>15,38</sup>  
286 A very interesting point is the incidence and amount of marginal tissue recessions after con-  
287 ventional implant insertion in healed sites: the average values are quite comparable to the re-  
288 cession after immediate post-extractive implants inserted according to the principles of the  
289 trimodal approach.<sup>8,39-43</sup> The observed stability of the peri-implant soft tissues irrespective of  
290 phenotype and bone defects might be explained by the role of the immediate insertion of a  
291 provisional crown, according to the hypothesis of Restorative Tissue Inhibition (RTI).<sup>44,45</sup>  
292 It is interesting to note that despite the dentists recorded recessions, patients scored 10 for the  
293 aesthetic satisfaction in 3/6 cases and 8 and 7 in one and two cases, respectively. The discrep-  
294 ancy between dentists and laymen in appreciating aesthetic defects is well documented.<sup>46</sup> The  
295 upper lip covered the gingival margin in 3 cases and left it exposed in the other 3 when pa-  
296 tients smiled. The analysis of patient-centered outcome (aesthetics and function) demon-  
297 strates that this treatment option is really welcome by the patients even when the dentist may  
298 observe minor defects. It is noteworthy that the average PES score improved over time.  
299 Radiographic measurements of bone levels mesial and distal to implants at surgery and 2

300 years later document a substantial stability. The distance between the crest and the bone-im-  
301 plant most coronal contact remained almost unchanged.

## 302 **CONCLUSIONS**

303 Immediate provisionalization with non-functional loading is a viable option for immediate  
304 implants. Early failures (before the final restoration) were more frequent than those reported  
305 in the conventional approach and loss of implants after occlusal loading was a rare event in  
306 the first 2 postoperative years, even in cases with putative risk factors.

307 **The implant failure rate varied greatly among operators, independently from surgeon's expe-**  
308 **rience.**

309 Little or no discomfort and few trivial complications have to be expected: in particular, very  
310 few and shallow recessions may be observed by the dentists, but they appeared negligible to  
311 the patients. Good levels of patient satisfaction may be expected in association with the sur-  
312 viving implants.

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- 459

460 Table I

461 Life table statistics used to determine survival at different time points, censoring data for

462 dropouts. **Each patient had received only one implant.**

Interval	Total	Failures	Dropouts	Survival	95% CI
T0-T1	214	5	1	0.977	0.945-0.990
T1-T2	209	25	7	0.878	0.804-0.899
T2-T3	179	0	6	0.858	0.804-0.899
T3-T4	173	1	26	0.849	0.792-0.889

463

464

465

466 T0 = baseline

467 T1 = 1 week after surgery

468 T2 = 3 months after surgery

469 T3 = 1 year after surgery

470 T4 = 2 years after surgery

471

472 Table II

473 Bone levels changes on the mesial/distal aspects of implants between T0 (surgery) and T4 (2-  
474 year follow-up): most coronal bone-implant (or bone to abutment) contact levels relative to  
475 the implant platform (BIC), crestal bone levels (crest), and vertical distance between BIC and  
476 crest (distance).

477

Mesial bone level differences	BIC (gain)	crest (loss)	distance (reduction)
Mean	0.47*	-0.40*	-0.87*
S Dev	1.18	0.89	1.33
95%CI	0.208 to 0.732	-0.598 to -0.202	-1.23 to -0.515
Distal bone level differences	BIC (gain)	crest (loss)	distance
Mean	0.75*	-0.60*	-1.35*
S Dev	0.94	0.76	1.64
95%CI	0.541 to 0.959	-0.769 to -0.431	-1.64 to -1.06

478

479

480

481

482

483 N = 78 (sites with available Xr at the time points of interest)

484 \* significant difference (P<0.05)

485 BIC measurements led to record a significant net gain.

486 Crest peaks heights decreased significantly.

487 Mean vertical distance between crestal bone levels and BIC decreased significantly as a con-

488 sequence.

## Comments and answers

We thank the editor and the referee for having suggested changes of the text to improve clarity and accuracy. We have changed the text accordingly.

The corrections are in red in the text to facilitate the checking.

The suggested corrections are reported in red in the text without reporting in this document.

The term “buccal” has been substituted with “facial” through the text.

The comments are addressed below.

### INTRODUCTION

TEXT:

No conclusive evidence is available on peri-implant marginal soft tissues stability, aesthetic and patient-centered outcomes

COMMENT::

will this be addressed in this article?

ANSWER:

Patient-centered outcomes and stability of the marginal tissues are addressed in the text

TEXT:

to exclude putative risk factors

COMMENT:

like what?

ANSWER:

Added: (e.g. smoking habit or bone dehiscences)

TEXT:

Systemic conditions and local risk factors may affect post-extractive implant survival; however evidence is still inconclusive.

COMMENT:

Still not clear what you are talkign about

ANSWER:

The text has been changed to “Several systemic conditions and local risk factors are suspected to affect post-extractive implant survival”. The examples are now in the last sentence of the preceding paragraph.

“; however evidence is still inconclusive” has been eliminated.

TEXT:

Currently, the most proposed technique is conventionally defined “trimodal approach” and consists of flapless extraction, immediate post extractive implant insertion, and immediate provisional crown

COMMENT:

Where and who defined this? it is not in the glossary of oral and maxillofacial implants

ANSWER:

The definition is in the quoted articles by Cabello (2013 and 2015).

However, we have canceled the term from the text.

COMMENT:

within 48 hours.

ANSWER:

Added

COMMENT:

Might be better to describe these risks

ANSWER: a shortened list of grouped risk factors has been added: (smoking, systemic conditions and therapies, inability to assume amoxicillin, periodontitis, unfavourable anatomic conditions, dental habits)

## MATERIALS AND METHODS

TEXT:

Putative risk factors were categorised as systemic or local.

COMMENT:

So this study looked at all; presumed risk factors, this could be a huge risk, certainly more than could be described in one study

ANSWER:

In fact, this is an explorative study on the field. The risk factors are a reality: we can record them and see if any has an overwhelming influence on the outcomes. Patients refusing treatment of periodontitis and implants without sufficient primary stability were excluded. The rest was included to gain information about the possible role of any factor. Of course, the number of factors limits the power of statistics.

COMMENT: smoking is voluntary, the others are not. you might also consider bruxing and other parafunctional activities

ANSWER:

bruxing and other parafunctional activities are considered among local factors in the next paragraph

TEXT:

Local risk factors included periodontitis (treated or already scheduled for timely treatment)

COMMENT:

already scheduled for timely treatment??

inadequate oral hygiene, history of past or adjacent endodontic care

ANSWER:

The sentence has been changed and the changes are highlighted

TEXT:

Implants with insertion torque lower than 35 Ncm were treated with a standard healing abutment to allow for a secondary stability.(26)

COMMENT:

This is an arbitrary factor

ANSWER:

This exclusion criterion was introduced to avoid failures caused by unscrewing the implants during the prosthetic manipulations: the threshold of 32 Ncm was set by the quoted study by Ottoni (IJOMI 2005). We have chosen 35 Ncm to avoid accidents due to minor inaccuracy in the measurements of the torque.

TEXT:

Fracture of the buccal cortex was considered a local risk factor

COMMENT:

you have either systematically removed risk factors or have ignored them

ANSWER:

These cases were included in the study. "and not an exclusion criterion" has been added.



TEXT:

Tapered implants (NanoTite Certain Tapered Implants Biomet 3i Inc™, Palm Beach FL) were selected in order to increase primary stability

COMMENT:

undersized osteotomy

ANSWER:

“after undersized osteotomy” has been added.

COMMENT:

should you record insertion torque?

ANSWER:

insertion torque was measured and recorded, as reported in the subsection “Data gathering-during surgery”

Data gathering

COMMENT:

The relevant data were gathered prior to and during surgery????

ANSWER:

The circulating assistant took notes during surgery. The variables are reported in the next lines. The text was changed to: “Data were gathered before surgery and during surgery”

TEXT:

1 and 2 years after implant placement

COMMENT:

Or was it after the definitive crown was inserted?

ANSWER:

It was after the implant placement.

COMMENT:

Did you record all 26 items for each implant???

ANSWER:

Yes: each implant was placed in a different patient. Some variables do not pertain to implants, but all of them are linked to an individual patient.

Added “a single” (implant) in the first sentence of “Patient selection” (about 2 pages above this comment). The sentence “Analysis unit was the patient/implant since each patient was provided with only on implant” was also added to the beginning of the “Statistical analysis”

Statistical analysis

At the beginning, we have added a line to make it clear that each patient has received only one implants: the patient is the unit of analysis:

“Analysis unit was the patient since only one implant was placed in each patient.”

RESULTS

TEXT:

Mean intra-operative pain was only 0.79/10 (SD 1.60)

COMMENT:

is this a discrete or a continuous variable?

ANSWER:

The variable is continuous, even if the individual measure is a score, rounded to each integer (like the millimeters of probing). The mean is not necessarily an integer.

TEXT:

One patient did not show up at the 1-year follow-up visit because of a car accident, but came regularly to the following 2 years visit. The other 5 dropouts included a death, a myocardial infarction, two movings and a patient that could not be contacted any longer. The overall survival rate was 0.858 (95%CI = 0.804-0.899).

COMMENT:

is this acceptable? It seems low

ANSWER:

Most failures occurred at the 3-month interval, before the final crown. Life tables incorporate these failures even in the following time intervals. In the text it is specified that no one implant was lost in the time interval between 3 months and one year postoperatively.

COMMENT:

were the dropouts the loss of patients or implants, would make a difference relative to censored data

ANSWER:

Each patient received only one implant: the number of patients and implants are the same. This information had disappeared from the text when we reduced the text dramatically. Now we have restored this info by adding "a single" (implant) in the first sentence of "Patient selection" (M&M). The sentence "Analysis unit was the patient since only one implant was placed in each patient." was also added to the beginning of the "Statistical analysis"

COMMENT:

But these might be anticipated based upon numerous publications

ANSWER:

No mechanical complications were observed in this sample during the second year of service while they are reported in the first year and especially in the first 3 months.

TEXT:

Satisfaction scores: a score of 10 was assigned to the aesthetics of the permanent rehabilitation by 97/146 patients

COMMENT:

Continuous or discrete variables

ANSWER:

The variable is continuous, even if the individual measure is rounded to each integer (like the millimeters of probing). The mean is not necessarily an integer.

TEXT:

Pink Esthetic Score (PES) was used to evaluate the aesthetic results in terms of marginal soft tissue on clinical pictures

COMMENT:

Continuous or discrete variables??

ANSWER:

The underlying variable is continuous, but is assessed using an ordinal score (as it happens in using a Gingival Index, for example): in these cases, means and standard deviations are widely used in the dental literature to summarise data, even if the outcomes are measured on an ordinal scale.

Frequency distributions would be more rigorous, but more difficult to interpret.

TEXT:

mean gain of supporting bone of about half millimetre

COMMENT:

Scientific writing should be precise

ANSWER:

The text has been changed to: “mean gain of supporting bone of 0.47mm on the mesial aspect (95%CI = 0.208 to 0.732) and 0.75mm on the distal aspect (95%CI = 0.541 to 0.959), and a correspondent mean loss of crestal bone (mesial -0.40mm; 95%CI = -0.598 to -0.202; distal -0.60mm; 95%CI = -0.769 to -0.431)”

## DISCUSSION

TEXT:

Based on the data of this study, 15% of early failures may be expected, but only prior to the permanent restoration. On the other hand,...

COMMENT:

How many times have you said “on the other hand?”

ANSWER:

Too many, definitely. I have reduced the occurrences of this locution to one.

## CONCLUSION

TEXT:

even if surgeon’s experience did not appear to significantly affect the failure rate.

COMMENT:

????

ANSWER:

The text has been simplified:

The implant failure rate varied greatly among operators, independently from surgeon’s experience.

## Table I

COMMENT:

Were the dropouts patients or implants?

ANSWER:

We have added a short sentence to remind that each implant corresponds to one different patient.